

# Illustrating a free, open-source method for quantifying locomotor performance with sprinting Aegean wall lizards

Colin Donihue, Ben Kazez

Locomotion is an important characteristic of many animals' natural history. With the increasing availability of high-speed video cameras, videography is a powerful tool for analyzing fast or subtle motions with unprecedented resolution. However, the programs currently available for analyzing these videos are either dauntingly time intensive or prohibitively expensive. We have developed a free, open-source video analysis program, SAVRA, that enables the quick capture of scaled position data. Here we demonstrate its use with an analysis of several videos of the Aegean wall lizard (*Podarcis erhardii*). We hope making this program freely available will facilitate the analysis of video data across taxa, not just in laboratory settings but also in natural contexts.

1 **Illustrating a free, open-source method for quantifying locomotor performance with**  
2 **sprinting Aegean wall lizards**

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10

11 **Abstract:** Locomotion is an important characteristic of many animals' natural history.  
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13 tool for analyzing fast or subtle motions with unprecedented resolution. However, the  
14 programs currently available for analyzing these videos are either dauntingly time  
15 intensive or prohibitively expensive. We have developed a free, open-source video  
16 analysis program, SAVRA, that enables the quick capture of scaled position data. Here  
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21

22 *Keywords:* functional biology, locomotion, sprint speed, analytical tools, lizard, *Podarcis*  
23 *erhardii*

24 **Introduction:**

25 Whole-organism performance metrics provide valuable information on the natural  
26 history and evolution of animals; vertebrates and invertebrates (Huey, 1980; Reidy, Kerr  
27 & Nelson, 2000; Vanhooydonck, Herrel & Irschick, 2006; Hawlena et al., 2010).  
28 Locomotion performance in particular is critical for foraging and escape behaviors, and  
29 integrates a suite of associated morphological and physiological traits (Bauwens et al.,  
30 1995; Ji, Du & Sun, 1996; Herrel et al., 2008). While measuring these traits is often  
31 relatively easy, selection acts on the organism's performance as a whole (Lewontin  
32 2000), and so methods facilitating the study of these performance traits are especially  
33 useful.

34 Among lizards, locomotion is directly related to escape behavior, habitat domain,  
35 and hunting mode (Huey et al., 1984; 1989; Irschick & Losos, 1998). The study of these  
36 metrics have enabled valuable insights within an evolutionary framework, across species  
37 and contexts (Huey, 1982; Bauwens et al., 1995). Several techniques have been used for  
38 these measurements. Often, photovoltaic light cells are arrayed along a gauntlet, and  
39 precision timers record when a sprinting animal breaks those light beams (Huey et al.  
40 1981; Miles & Smith, 1987). These techniques are well established, but often obscure  
41 useful details in, for example, acceleration (Bergmann & Irschick, 2006).

42 In recent years, high-speed videography has enabled more detailed analyses of  
43 fast or subtle motions. While a number of software tools are available for the analysis of  
44 these videos, we believe they have not been used to full potential because they are either  
45 dauntingly labor-intensive or prohibitively expensive for most researchers.

46 ImageJ (National Institute of Health, Bethesda, MD, USA) is a free static-image  
47 analysis tool. While it was originally designed for microscopy measurements, it has been  
48 used for locomotion analyses through a laborious process of either calculating scaled  
49 positions frame-by-frame, or simply counting the number of frames elapsed during a  
50 movement between known “point a” and “point b.” While this method has proven  
51 effective (Hawlana et al., 2010; Les et al., 2014), it is exceedingly inefficient for large  
52 sample sizes or long recordings. An additional open source program, DLTdv3 (Hedrick,  
53 2008), has been developed to track positions of control points (e.g., beads glued to an  
54 animal) in three-dimensional space, utilizing multiple synchronized video cameras.  
55 While, with appropriate equipment, this software is immensely powerful, it requires  
56 laboratory conditions and sophisticated hardware. Several kinematics programs have also  
57 been developed for analysis of human gait or sport performance. These tools have been  
58 effectively used for non-human locomotion analysis – e.g., Eagle Eye Pro Viewer:  
59 (Logan, Cox & Calsbeek, 2014); Peak Performance MOTUS: (Vanhooydonck et al.,  
60 2006; Herrel et al., 2008) – yet these programs are prohibitively expensive (> \$2,000) for  
61 many researchers.

62 Here, we present an open-source HTML/JavaScript program that will enable a  
63 researcher to quickly and easily analyze the frame-by-frame position of a moving subject,  
64 export those coordinates, and analyze them to determine a suite of locomotor metrics.  
65 This flexible solution is applicable to a host of locomotion questions, but we have  
66 illustrated the technique for calculating maximum spring speed using a series of videos  
67 taken of the Aegean wall lizard (*Podarcis erhardii*) in the Greek Islands.  
68

69 **Methods:**

70 *Wall lizard sprint speed*

71 *Podarcis erhardii* is a medium-sized (snout-to-vent length 49-78 mm) lizard that  
72 is widely distributed south of the Balkans (Valakos et al. 2008). It prefers vertically-  
73 structured habitats adjacent to open patches but can be found in a wide variety of  
74 ecotypes throughout the region (Valakos et al. 2008; Roca et al. 2009). Sprint speed has  
75 never been calculated for *P. erhardii*, though several other Mediterranean *Podarcis*  
76 species have published maximum sprint speeds (e.g., [van Damme et al., 1989; Bauwens  
77 et al., 1995]).

78 We demonstrate sprint speed measurements with SAVRA using five *P. erhardii*  
79 adult males that were captured on the island of Naxos in the Greek Cyclades Island  
80 Cluster during the summer of 2014. The lizards were brought to a laboratory on the island  
81 and were housed in large terraria (100 cm x 45 cm x 45 cm). All lizards were given  
82 access to food (*Tenebrio* mealworms) and water *ad libitum*, and were allowed to  
83 thermoregulate along a temperature gradient created by a suspended lamp (air  
84 temperature between 45 C and 25 C).

85 One-by-one, the temperature of the lizards was taken (Miller & Webber T6000  
86 cloacal thermometer), and each individual was placed in the experimental sprint speed  
87 track – a 2.5 m long, 50 cm wide cage with a sandy substrate mirroring the natural  
88 substrate of this population. The lizards were induced to run the length of this cage by  
89 loud clapping and a closely-following (never contacting) stick wielded by a research  
90 assistant. Meanwhile, a video camera (Sony HDRPJ260V) was placed on a 2 m tripod,  
91 directly over the running path. The video camera had a field of view covering 2 m of

92 track, and was kept stationary for all trials of the experiment. Each lizard run was scored  
93 “good” or “bad” based upon whether the lizard ran for at least 0.5 m at seemingly  
94 maximum capacity (Losos, Creer & Schulte, 2002), and all trials were conducted during  
95 the peak activity time of this species: between 09:00 and 16:00. All procedures involving  
96 lizards were approved under Yale IACUC protocol 2013-11548 and by the Greek  
97 Ministry of Environment, Energy, and Climate Change (Permit 111665/1669).

98 *SAVRA: the Simple Acceleration and Velocity Recording Application*

99 SAVRA facilitates frame-by-frame analyses of performance video. The  
100 program’s capabilities – describing scaled positions of an animal or structure through  
101 time – make it broadly applicable to multiple uses, not just locomotion. The program first  
102 prompts the user to choose a locally-stored video, assign an optional identifier, specify  
103 the frame rate and resolution of the video, and select the number of frames to be  
104 advanced after each click (Fig 1a). Advancing one frame at a time is recommended to  
105 maximize data resolution.

106 Once the initial settings are entered, the video loads and the user is then required  
107 to specify the scale of the video with two clicks. This is most easily done with a  
108 measuring tape permanently affixed in the field of view. The user can then select two  
109 points that reflect 1, 5, or 10 cm in the field of view (customizable). This scale will be  
110 displayed as video pixels, and users can repeat this process several times to check for  
111 consistency in estimate. Once the scale is set, the user should advance the video using  
112 arrow keys until the subject appears in the field of view. At this point, using the crosshair  
113 cursor, the user should mark the position of a key point on the subject (e.g., the tip of a  
114 lizard’s snout). Every time a point is selected, the video will advance the selected

115 increment (e.g., 1 frame), and an X,Y coordinate will appear in the “Details” dialogue  
116 box. The user should continue clicking that point through the remainder of the video until  
117 the subject is out of the frame of interest. Once the points are delineated, the user should  
118 select all of the scaled and unscaled coordinates in the dialogue box, copy, and then paste  
119 those comma-delimited data into their data organization program of choice (e.g.,  
120 Microsoft Excel, Numbers, etc.). Note that pixel scaling works independently of both  
121 viewport scaling (pinch to zoom) and browser font size scaling.

122 SAVRA is capable of editing all common video file formats (.mov, .mp4, .vid,  
123 .MTS etc.). We have written the program in web-standard HTML, CSS, and JavaScript  
124 (jQuery 2.0/videoJS 4.11.0), enabling it to be used on any desktop web browser on Mac  
125 or PC platforms, with or without connection to the Internet. We have tested the software  
126 on video files exceeding 2GB in size with no noticeable performance loss (MacBook Pro  
127 2.8 GHz Intel i5, 8 GB Ram 1600 MHz DDR3). SAVRA is open source and freely  
128 available on the software database GitHub (<https://github.com/bkazez/savra>). We  
129 welcome comments on and additions to the code.

### 130 *Analysis of 2D coordinates for calculating locomotion variables*

131 In order to analyze and interpret position data, a spline or smoothing function  
132 should be used to reduce displacement variability and enable numerical differentiation for  
133 calculating maximum velocities (the first derivative) and maximum accelerations (the  
134 second derivative; Walker, 1998). Many options exist for these calculations, often  
135 specialized for different fields or applications. In a review of a suite of these smoothing  
136 functions, Walker (1998) found that the mean square error (MSE) quintic spline or the

137 zero phase shift Butterworth filter performed most robustly for calculating velocities  
138 from position data.

139 Quintic splines can be calculated from scaled position data using the SSR package  
140 in R (R development core team, 2014) or the SPAPI function in MatLab (MATLAB 8.0,  
141 MathWorks, Inc., Natick, MA, USA). Additionally, a visual basic (VBA) Microsoft  
142 Excel add-in for calculating fourth-order, zero phase-shift Butterworth low-pass filters is  
143 freely available from Dr. Van Wassenbergh at the University of Antwerp  
144 (<https://www.uantwerpen.be/en/staff/sam-vanwassenbergh/my-website/excel-vba-tools/>  
145 accessed 10-Dec, 2014). All three techniques may be used to calculate maximum velocity  
146 and acceleration data from the position output of SAVRA.

147 Detailed instructions on the use of the VBA tool are available in a help document  
148 on the website above. For the purposes of illustrating SAVRA's use, we will briefly  
149 describe the use of the SPAPI function in MatLab. First, users should import data into  
150 MatLab using (for Excel data files) the xlsread() function, and then assign the time and  
151 position data arrays to corresponding time, X position, and Y position variables. The  
152 quintic spline function, spapi(), will be fit to the X position and Y position data  
153 independently, and so should be parameterized with knots equal to 6 (degree of the spline  
154 plus one), and the previously assigned variables for time, and either X position or Y  
155 position data. Taking the first derivative (using the fnder() function) of this spline fit will  
156 yield the instantaneous velocity in the X or Y direction, and a second derivative, again  
157 using the fnder() function, will yield the acceleration in that direction. These  
158 instantaneous velocity or acceleration vectors can then be combined into a two-  
159 dimensional velocity or acceleration using Pythagorean theorem (i.e. total velocity =



160  $[(\text{velocity X})^2 + (\text{velocity Y})^2]^{1/2}$ ). The maximum velocity or acceleration for that  
161 individual's run can then be calculated using the `max()` function.

162

163 **Results:**

164 We found that these male *P. erhardii*, at an average body temperature of  $30.1 \pm$   
165  $1.5$  C, achieved an average maximum sprint speed of  $1.78$  m/s (Fig. 2b). Two lizards  
166 achieved instantaneous speeds of  $2.16$  m/s, while the slowest lizard only achieved a  
167 maximum of  $1.36$  m/s.

168 **Discussion:**

169 Using SAVRA to track the position of these five *P. erhardii* lizards, we found an  
170 average maximum sprint speed of  $1.78$  m/s with a maximum of  $2.16$  m/s and a minimum  
171 of  $1.36$  m/s. While sprint speed has never been calculated for *P. erhardii*, these results  
172 fall within the published average sprint speed of two closely related lizards: *P. muralis*  
173  $1.44$  m/s  $\pm 0.07$  and *P. lilfordi*  $1.77$  m/s  $\pm 0.12$  at approximately this body temperature  
174 (Bauwens et al., 1995). Due to this low sample size, these results should not be thought of  
175 as representative of the species. Instead we aim to illustrate the use of SAVRA for sprint  
176 speed analysis, and that the results were comparable to other studies.

177 *SAVRA's contribution:*

178 With the increasing availability of consumer-grade high-speed video cameras,  
179 more detailed analysis of locomotor function and performance is possible than previous  
180 sprint speed track methods (Huey et al. 1981; Miles & Smith, 1987). Videography also  
181 enables measurements over natural substrates and is frequently more convenient in the  
182 field, provided scale references can be taken. However, analysis of high-speed video is

183 difficult, currently necessitating either time-intensive frame-by-frame export and  
184 analysis, or expensive software programs often exceeding the budget of many students  
185 and researchers. SAVRA streamlines the frame-by-frame analysis of video and provides  
186 scaled position data that can be used to calculate locomotion metrics. With its implicit  
187 scaled coordinate system, SAVRA may also be used for calculating not just speed but  
188 also angles and paths. We hope that making this code open source will enable other  
189 scientists to access and use it, increasing the number of analyses conducted on  
190 locomotion across taxa and conditions.

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- 261

**Figure 1**(on next page)

Screenshot of the SAVRA workflow

Figure 1: A screenshot of SAVRA's loading screen (a) and analysis view (b).

a)

Movie File Path

ID Number

Frame Rate

Video Width

Video Height

1 frame ▾

**Load**

PeerJ PrePrints

b)



« Restart

**Summary**

```
URL: /Users/Colin/Dropbox/SprintSpeedExample.mov
Animal ID: Alyko-602-K07
Frame Rate (f/s): 30
Video Width (px): 1280
Video Height (px): 720
Start Time (s): 2.42
Elapsed Time (s): 1.61
Scale: 97
```

**Details**

ID	t	x (px)	y (px)	x (m)	y (m)
Alyko-602-K07	2.423	142.0	478.0	0.000	0.000
Alyko-602-K07	2.457	150.0	478.0	0.008	0.000
Alyko-602-K07	2.490	166.0	478.0	0.025	0.000
Alyko-602-K07	2.522	178.0	478.0	0.037	0.000
Alyko-602-K07	2.555	187.0	473.0	0.046	0.005
Alyko-602-K07	2.588	216.0	470.0	0.076	0.008
Alyko-602-K07	2.622	252.0	452.0	0.113	0.027
Alyko-602-K07	2.653	320.0	438.0	0.183	0.041
Alyko-602-K07	2.687	359.0	428.0	0.223	0.051
Alyko-602-K07	4.037	672.0	440.0	0.546	0.039

## Figure 2 (on next page)

Position and velocity data output from SAVRA

Figure 2. Position data (a) for the paths of five lizards after videos of their runs were processed using SAVRA. These position data were fitted with a mean square error quintic spline, and the instantaneous velocity was calculated throughout the duration of the run (b). From these velocities, a maximum was calculated, and is labeled. Visualization plots were created in JMP 10.0.0 (© 2012, SAS Institute Inc.).



