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An elaborate data set on human gait and the effect of mechanical perturbations

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ABSTRACT

Here we share a rich gait data set collected from fifteen subjects walking at three speeds on an instrumented treadmill. Each trial consists of 120 seconds of normal walking and 480 seconds of walking while being longitudinally perturbed during each stance phase with pseudo-random fluctuations in the speed of the treadmill belt. A total of approximately 1.5 hours of normal walking (> 5000 gait cycles) and 6 hours of perturbed walking (> 20,000 gait cycles) is included in the data set. We provide full body marker trajectories and ground reaction loads in addition to a presentation of processed data that includes gait events, 2D joint angles, angular rates, and joint torques along with the open source software used for the computations. The protocol is described in detail and supported with additional elaborate meta data for each trial. This data can likely be useful for validating or generating mathematical models that are capable of simulating normal periodic gait and non-periodic, perturbed gaits.

Keywords: gait, data, perturbation

INTRODUCTION

The collection of dynamical data during human walking has a long history beginning with the first motion pictures and now with modern marker based motion capture techniques and high fidelity ground reaction load measurements. Even though years of data on thousands of subjects now exist, this data is not widely disseminated, well organized, nor available with few or no restrictions. David Winter's published normative gait data, Winter (1990), is widely used in biomechanical studies, yet it comes from few subjects and only a small number of gait cycles per subject. This small source has successfully enabled many other studies, such as powered prosthetic control design, Sup et al. (2008), but success in other research fields using large sets of data for discovery lead one to believe that more elaborate data sets may benefit the field of human motion studies. To enable such work, biomechanical data needs to be shared extensively, organized, and curated to enable future analysts.

There are some notable gait data sets and databases besides Winter’s authoritative set that are publicly available. The International Society of Biomechanics has maintained a web page (http://isbweb.org/data) since approximately 1995 that includes data sets for download and mostly unencumbered use. For example, the kinematic and force plate measurements from several subjects from Vaughan et al. (1992) is available on the site. At another website, the CGA Normative Gait Database, Kirtley (2014) shares normative gait data from several studies and these files have influenced other studies, for example the average gait cycles from children used in van den Bogert...
Chester et al. (2007) report on a large gait database comparison where one database contained kinematic data of 409 gait cycles of children from 1 to 7 years old but the data does not seem to be publicly available. This is, unfortunately, typical. Tirosh et. al, recognized the need for a comprehensive data base for clinical gait data and created the Gaitabase, Tirosh et al. (2010). This database may contain a substantial amount of data but it is encumbered by a complicated and restrictive license and sharing scheme. However, there are examples of data with less restrictions. The University of Wisconsin at LaCrosse has an easily accessible normative gait data set, Willson and Kernozek (2014), from 25 subjects with lower extremity marker data from multiple gait cycles and force plate measurements from a single gait cycle.

More recent examples of biomechanists sharing their data alongside publications are: van den Bogert et al. (2013) which includes full body joint kinematics and kinetics from eleven subjects walking on an instrumented treadmill and Wang and Srinivasan (2014) who includes a larger set of data from ten subjects walking for five minutes each at three different speeds but only a small set of lower extremity markers are present. The second is notable because it publishes the data in Dryad, a modern citable data repository.

The amount of publicly available gait data is small compared to the number of gait studies that have been performed over the years. The data that is available generally suffers from limitations such as few subjects, few gait cycles, few markers, highly clinical, no raw data, limited force plate measurements, lack of meta data, non-standard formats, and restrictive licensing. To help with this situation we are making the data we collected for our research purposes publicly available and free of the previously mentioned deficiencies. Not only do we provide a larger set of normative gait data that has been previously available, we also include an even larger set of data in which the subject is being perturbed, something that does not currently exist. We believe both of these sets of data can serve a variety of use cases and hope that we can save time and effort for future researchers by sharing it.

Our use case for the data is centered around the need of bio-inspired control systems for emerging powered prosthetics and orthotics. Ideally, a powered prosthetic would behave in such a way that the user would feel like their limb was never disabled. There are a variety of approaches to developing bio-inspired control systems, some of which aim to mimic the reactions and motion of an able-bodied person. A modern gait lab is able to collect a variety of kinematic, kinetic, and physiological data from humans during gait. This data can potentially be used to drive the design of the human-mimicking controller. With a rich enough data set, one may be able to identify control mechanisms used during a human’s natural gait and recovery from perturbations. We have collected data that is richer than previous gait data sets and may be rich enough for control identification. The data can also be used for verification purposes for controllers that have been designed in other manners.

With all of this in mind, we collected over seven and half hours of gait data from fifteen able bodied subjects which amounts to over 25,000 gait cycles. The subjects walked at three different speeds on an instrumented treadmill while we collected full body marker locations and ground reaction loads from a pair of force plates. The protocol for the majority of the trials included two minutes of normal walking and eight minutes of walking under the influence of pseudo-random belt speed fluctuations. The data has been organized complete with rich meta data and made available in the most unrestricted form for other research uses following modern best practices in data sharing, White et al. (2013).

Furthermore, we include a small Apache licensed open source software library for basic gait
Table 1. Information about the 15 study participants. The final three columns provide the trial numbers associated with each nominal treadmill speed. The measured mass is computed from the mean total vertical ground reaction force just after the calibration pose event, if possible. If the mass is reported without an accompanying standard deviation, it is the subject’s self-reported mass. Additional trials found in the data set with a subject identification number 0 are trials with no subject, i.e. unloaded trials that can be used for inertial compensation purposes, and are not shown in the table. Generated by src/subject_table.py.

<table>
<thead>
<tr>
<th>Id</th>
<th>Gender</th>
<th>Age [yr]</th>
<th>Height [m]</th>
<th>Mass [kg]</th>
<th>0.8 m/s</th>
<th>1.2 m/s</th>
<th>1.6 m/s</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>male</td>
<td>25</td>
<td>1.87</td>
<td>101</td>
<td>NA</td>
<td>6, 7, 8</td>
<td>NA</td>
</tr>
<tr>
<td>3</td>
<td>female</td>
<td>32</td>
<td>1.62</td>
<td>54 ± 2</td>
<td>46</td>
<td>47</td>
<td>48</td>
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<tr>
<td>4</td>
<td>male</td>
<td>30</td>
<td>1.76</td>
<td>74</td>
<td>12, 15</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>5</td>
<td>male</td>
<td>23</td>
<td>1.73</td>
<td>71.2 ± 0.9</td>
<td>32</td>
<td>31</td>
<td>33</td>
</tr>
<tr>
<td>6</td>
<td>male</td>
<td>26</td>
<td>1.77</td>
<td>86.8 ± 0.6</td>
<td>40</td>
<td>41</td>
<td>42</td>
</tr>
<tr>
<td>7</td>
<td>female</td>
<td>29</td>
<td>1.72</td>
<td>64.5 ± 0.8</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>8</td>
<td>male</td>
<td>20</td>
<td>1.57</td>
<td>74.9 ± 0.9</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>9</td>
<td>male</td>
<td>20</td>
<td>1.69</td>
<td>67 ± 2</td>
<td>25</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td>10</td>
<td>male</td>
<td>19</td>
<td>1.77</td>
<td>92 ± 2</td>
<td>61</td>
<td>62</td>
<td>63</td>
</tr>
<tr>
<td>11</td>
<td>male</td>
<td>22</td>
<td>1.85</td>
<td>80</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td>male</td>
<td>22</td>
<td>1.85</td>
<td>74.2 ± 0.5</td>
<td>49</td>
<td>50</td>
<td>51</td>
</tr>
<tr>
<td>13</td>
<td>female</td>
<td>21</td>
<td>1.70</td>
<td>58 ± 2</td>
<td>55</td>
<td>56</td>
<td>57</td>
</tr>
<tr>
<td>15</td>
<td>male</td>
<td>22</td>
<td>1.83</td>
<td>80.5 ± 0.8</td>
<td>67</td>
<td>68</td>
<td>69</td>
</tr>
<tr>
<td>16</td>
<td>female</td>
<td>28</td>
<td>1.69</td>
<td>56.2 ± 0.6</td>
<td>76</td>
<td>77</td>
<td>78</td>
</tr>
<tr>
<td>17</td>
<td>male</td>
<td>23</td>
<td>1.86</td>
<td>88.3 ± 0.8</td>
<td>73</td>
<td>74</td>
<td>75</td>
</tr>
</tbody>
</table>

analysis and demonstrate its use in the paper. The combination of the open data and open software allow the results presented within to be computationally reproducible and instructions are included in the associated repository for doing so.

METHODS

Participants
Fifteen able bodied subjects including four females and eleven males with an average age of 24 ± 4 years, height of 1.75 ± 0.09 m, mass of 74 ± 13 kg participated in the study. The study was approved by the Institutional Review Board of Cleveland State University (# 29904-VAN-HS) and written informed consent was obtained from all participants. The data has been anonymized with respect to the participants’ identities and a unique identification number was assigned to each subject. A selection of the meta data collected for each subject is shown in Table 1.

Equipment
The data were collected in the Laboratory for Human Motion and Control at Cleveland State University, using the following equipment:

- A R-Mill treadmill which has dual 6 degree of freedom force plates, independent belts for each foot, and lateral/pitch motion capabilities (Forcelink, Culemborg, Netherlands).
• A 10 Osprey camera motion capture system paired with the Cortex 3.1.1.1290 software (Motion Analysis, Santa Rosa, CA, USA).

• USB-6255 data acquisition unit (National Instruments, Austin, Texas, USA).

• Four ADXL330 Triple Axis Accelerometer Breakout boards attached to the treadmill (Sparkfun, Niwot, Colorado, USA).

• D-Flow software (versions 3.16.1 to 3.16.2) and visual display system, (Motek Medical, Amsterdam, Netherlands).

The Cortex software delivers high accuracy 3D marker trajectories from the cameras along with data from force plates and analog sensors (EMG/Accelerometer) through a National Instruments USB-6255 data acquisition unit. D-Flow is required to collect data from any digital sensors and to control the treadmill’s motion (lateral, pitch, and belts). D-Flow can process the data in real time and/or export data to file.

Our motion capture system’s coordinate system is such that the X coordinate points to the right, the Y coordinate points upwards, and the Z coordinate follows from the right-hand-rule, i.e. points backwards with respect to the walking direction. The camera’s coordinate system is aligned to an origin point on treadmill’s surface during camera calibration. The same point is used as the origin of the ground reaction force measuring system. Figure 1 shows the layout of the equipment.

Early on, we discovered that the factory setup of the R-Link treadmill had a vibration mode as low as 5Hz that is detectable in the force measurements, likely due to the flexible undercarriage and pitch motion mechanism. Trials 6-8 are affected by this vibration mode. During trials 9-15 the treadmill was stabilized with wooden blocks. During the remaining trials the treadmill was stabilized with metal supports. See the Data Limitations Section for more details.

The acceleration of the treadmill was measured during each trial by four ADXL330 accelerometers placed at the four corners of the machine. These accelerometers were intended to provide information for inertial compensation purposes when the treadmill moved laterally or in pitch, but are extraneous for trials greater than number 8 due to the treadmill being stabilized in those degrees of freedom.

Protocol
The experimental protocol consisted of both static measurements and walking on the treadmill for 10 minutes under unperturbed and perturbed conditions. Before a set of trials on the same day, the motion capture system was calibrated using the manufacturer’s recommended procedure. Before each subject’s gait data were collected, the subject changed into athletic shoes, shorts, a sports bra, a baseball cap, and a rock climbing harness. All 47 markers were applied directly to the skin at the landmarks noted in Table 3 except for the heel, toe, and head markers, which were placed on the respective article of clothing. Then the subject self-reported their age, gender, and mass. Finally, their height was measured by the experimentalist and four reference photographs (front, back, right, left) were taken of subject’s marker locations.

After obtaining informed consent and a briefing by the experimentalist on the trial protocol, the subject followed the verbal instructions of the experimentalist and the on-screen instructions from the video display. The protocol for a single trial was as follows:

1The sacrum and rear pelvic markers may have been placed on the shorts for a small number of the subjects.
Figure 1. The treadmill with coordinate system, cameras (circled in orange), projection screen, and safety rope. The direction of travel is in the $-z$ direction.

1. Subject stepped onto the treadmill and markers were identified with Cortex.

2. The safety rope was attached loosely to the rock climbing harness such that no undue forces were acting on the subject during walking, but that the harness would prevent a full fall.

3. The subject started by stepping on sides of treadmill so that feet did not touch the force plates and the force plate signals are zeroed. This corresponds to the “Force Plate Zeroing” event.

4. Once notified by the video display, the subject stood in the initialization pose: standing straight up, looking forward, arms out by their sides (45 degrees) and the event, “Calibration Pose”, was manually recorded by the operator.

5. A countdown to the first normal walking phase was displayed. At the end of the countdown the event “First Normal Walking” was recorded and the treadmill ramped up to the specified speed and the subject was instructed to walk normally, to focus on the “endless” road on the display, and not to look at their feet.

6. After 1 minute of normal walking, the longitudinal perturbation phase begun and was recorded as “Longitudinal Perturbation”.

7. After 8 minutes of walking under the influence of the perturbations, the second normal walking phase begun and was recorded as “Second Normal Walking”.

8. After 1 minute of normal walking, a countdown was shown on the display and the treadmill decelerated to a stop.

9. The subject was instructed to step off of the force plates for 10 seconds and the “Unloaded End” event was recorded.
10. The subject could then take a rest break before each additional trial.

Trials 6-8 included a calibration pose at the start of the trial but the event was not explicitly recorded. In those trials, the “TreadmillPerturbation” event marks the beginning of longitudinal perturbations and the “Both” event marks the beginning of combined longitudinal and lateral perturbations. The force plate zeroing at the end was also not explicitly recorded.

**Perturbation Signals**

As previously described, the protocol included a phase of normal walking, followed by longitudinal belt speed perturbations, and ended with a second segment of normal walking. Three pseudo-random belt speed control signals, with mean velocities of 0.8 m s\(^{-1}\), 1.2 m s\(^{-1}\) and 1.6 m s\(^{-1}\), were pre-generated with MATLAB and Simulink (Mathworks, Natick, Massachusetts, USA). The same control signal was used for all trials at that given speed.

To create the signals, we started by generating random 100 Hz acceleration signals using the Simulink discrete-time Gaussian white noise block followed by a saturation block set at the maximum belt acceleration of 15 m s\(^{-2}\). The signal was then integrated to obtain belt speed and high-pass filtered with a second-order Butterworth filter to eliminate drift. One of the three mean speeds were then added to the signal and limited between 0 m s\(^{-1}\) to 3.6 m s\(^{-1}\). The cutoff frequencies of the high-pass filter, as well as the variance in the acceleration signal, were manually adjusted until acceptable standard deviations for each mean speed were obtained: 0.06 m s\(^{-1}\), 0.12 m s\(^{-1}\) and 0.21 m s\(^{-1}\) for the three speeds, respectively. These ensured that the test subjects were sufficiently perturbed at each speed, while remaining within the limits of our equipment and testing protocol.

To ensure that the treadmill belts could accelerate to the desired values, the high performance mode in the D-Flow software was enabled. This had the side effect of enabling too rapid of accelerations when the belt speed changed to or from zero speed. To eliminate this, a suitable ramped acceleration and deceleration were generated for the speed transitions.

The MATLAB script and Simulink model produce a comma-delimited text file of five desired belt speed signals indexed by the time stamp. There are slow, normal, and fast walking speeds and slow and fast running speeds. The measured speed of the treadmill belts from unloaded trials (79, 80, 81) are compared to these commanded treadmill control input signals in Figure 2 to show the effect of the treadmill and controller dynamics. The system introduces a delay and seems to act as a low pass filter. The standard deviations of the measured speeds do not significantly differ from the desired values: 0.05 m s\(^{-1}\), 0.12 m s\(^{-1}\) and 0.2 m s\(^{-1}\) for the three speeds, respectively.

To show the effects of the treadmill dynamics and give an idea of the frequency content of the actual perturbations, spectral density plots were created by averaging a spectrogram of a twenty second Hamming window, shown in Figure 3. For all speeds, the frequency content of the commanded and measured time series show similarity below 4 Hz and attenuation in the measured spectral density above 4 Hz.

When belt speed is not constant, the inertia of the rollers and motor will induce error in the force plate x axis moment, and hence, the anterior-posterior coordinate (z axis) of the center of pressure that is measured by the instrumentation in the treadmill. If needed, this error can be compensated by a linear model as shown by Hnat and van den Bogert (2014). The model coefficients can be identified from the unloaded trials given in Table 2. The error due to inertia is random and does not

\(^2\)The running signals were not used in the experiments presented in this paper.
Figure 2. Treadmill belt speed input signals (purple) and recorded output speeds (blue) for average belt speeds of 0.8 m s\(^{-1}\), 1.2 m s\(^{-1}\) and 1.6 m s\(^{-1}\), respectively.
Figure 3. Frequency spectrum of the treadmill belt velocity input signal (purple) and the recorded output velocity (blue) for average belt speeds of 0.8, 1.2, and 1.6 m/s, respectively.
Table 2. A list of unloaded trials collected for each speed. Each loaded trial includes a compensation file listed in its meta data which matches it to these unloaded trials. Generated by src/subject_table.py.

<table>
<thead>
<tr>
<th>Speed</th>
<th>Trial Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.8 m/s</td>
<td>22, 30, 34, 43, 52, 58, 64, 70, 79</td>
</tr>
<tr>
<td>1.2 m/s</td>
<td>3, 4, 5, 23, 29, 35, 44, 53, 59, 65, 71, 80</td>
</tr>
<tr>
<td>1.6 m/s</td>
<td>24, 28, 36, 45, 54, 60, 66, 72, 81</td>
</tr>
</tbody>
</table>

affect the averaged joint moments presented in Figure 4. Compensation should, however, be done if joint moments from individual gait cycles are of interest rather than the ensemble average.

RESULTS

Raw Data

The raw data consists of a set of ASCII tab delimited text files output from both the “mocap” and “record” modules in D-Flow in addition to a manually generated YAML file that contains all of the necessary meta data for the given trial. These three files are stored in a hierarchy of directories with one trial per directory. The directories are named in the following fashion T001/ where T stands for “trial” and the following three digits are provide a unique trial identification number.

mocap-xxx.txt

The output from the D-Flow mocap module is stored in a tab separated value (TSV) file named mocap-xxx.txt where xxx represents the trial id number. The file contains a number of time series. The numerical values of the time series are provided in decimal fixed point notation with 6 decimals of precision, e.g. 123456.123456, regardless of the units. The first line of the file holds the header. The header includes time stamp column, frame number column, marker position columns, force plate force/moment columns, force plate center of pressure columns, and other analog columns. The columns are further described below:

TimeStamp The monotonically increasing computer clock time when D-Flow receives a frame from Cortex. These are recorded approximately at 100 Hz sampling rate and given in seconds.

FrameNumber Monotonically increasing positive integers that correspond to each frame received from Cortex.

Marker Coordinates Any column that ends in .PosX, .PosY, or .PosZ are marker coordinates expressed in Cortex’s Cartesian reference frame. The prefixes match the marker labels given in Table 3. These values are in meters.

Ground Reaction Loads There are three ground reaction forces and three ground reaction moments recorded by each of the two force plates in Newtons and Newton-Meters, respectively. The prefix for these columns is either FP1 or FP2 and represents either force plate 1 (left) or 2 (right). The suffixes are either .For[XYZ], .Mom[XYZ] for the forces and moments, respectively. The force plate voltages are sampled at a much higher frequency than the cameras, but delivered at the Cortex camera sample rate, 100 Hz through the D-Flow mocap
module. A force/moment calibration matrix stored in Cortex converts the voltages to forces and moments before sending it to D-Flow. The software also computes the center of pressure from the forces, moments, and force plate dimensions. These have the same prefixes for the plate number, have the suffix .Cop[XYZ], and are given in meters.

**Analog Channels** Several analog signals are recorded under column headers Channel[1-99].Anlg. These correspond to analog signals sampled by Cortex and correspond to the 96 analog channels in the National Instruments USB-6255. The first twelve are the voltages from the force plate load cells. We also record the acceleration of 4 points on the treadmill base in analog channels 61-72 that were in place in case inertial compensation for the lateral treadmill movement was required.

*record-xxx.txt*

The record module also outputs a tab delimited ASCII text file with numerical values at six decimal digits. It includes a Time column which records the D-Flow system time in seconds. This time corresponds to the time recorded in the TimeStamp column in mocap module TSV file which is necessary for time synchronization. There are two additional columns RightBeltSpeed and LeftBeltSpeed which provide the independent belt speeds measured in meters per second by a factory installed encoder in the treadmill.

Additionally, the record module is capable of recording the time at which various preprogrammed events occur, as detected or set by D-Flow. It does this by inserting commented (#) lines in between the rows when the event occurred. The record files have several events that delineate the different phases of the protocol:

**A: Force Plate Zeroing** Marks the time at the beginning of the trial at which there is no load on the force plates and when the force plate voltages were zeroed.

**B: Calibration Pose** Marks the time at which the person is in the calibration pose.

**C: First Normal Walking** Marks the time when the treadmill begins Phase 1: constant belt speed.

**D: Longitudinal Perturbation** Marks the time when the treadmill begins Phase 2: longitudinal perturbations in the belt speed.

**E: Second Normal Walking** Marks the time when phase 3 starts: constant belt speed.

**F: Unloaded End** Marks the time at which there is no load on the force plates and the belts are stationary.

*meta-xxx.yml*

Each trial directory contains a meta data file in the YAML format named in the following style meta-xxx.yml where xxx is the three digit trial identification number. There are three main headings in the file: study, subject, and trial. An example meta data file is shown in Listing 1.

The **study** section contains identifying information for the overall study, an identification number, name, and description. This is the same for all meta data files in the study. Details are given below:
**id**  An integer specifying a unique identification number of the study.

**name**  A string giving the name of the study.

**description**  A string with a basic description of the study.

The subject section provides key value pairs of information about the subject in that trial. Each subject has a unique identification number along with basic anthropomorphic data. The following details the possible meta data for the subject:

**age**  An integer age in years of the subject at the time of the trial.

**ankle-width-left**  A float specifying the width of the subjects left ankle.

**ankle-width-right**  A float specifying the width of the subjects right ankle.

**ankle-width-units**  A string giving the units of measurement of the ankle widths.

**id**  An unique identification integer for the subject.

**gender**  A string specifying the gender of the subject.

**height**  A float specifying the measured height of the subject (with shoes and hat on) at the time of the trial.

**height-units**  A string giving the units of the height measurement.

**knee-width-left**  A float specifying the width of the subjects left knee.

**knee-width-right**  A float specifying the width of the subjects right knee.

**knee-width-units**  A string giving the units of measurement of the knee widths.

**mass**  A float specifying the self-reported mass of the subject.

**mass-units**  A string specifying the units of the mass measurement.

The trial section contains the information about the particular trial. Each trial has a unique identification number along with a variety of other information, detailed below:

**analog-channel-map**  A mapping of the strings D-Flow assigns to signals emitted from the analog channels of the NI USB-6255 to names the user desires.

**cortex-version**  The version of Cortex used to record the trial.

**datetime**  A date formatted string giving the date of the trial in the YYYY-MM-DD format.

**dflow-version**  The version of D-Flow used to record the trial.

**events**  A key value map which prescribes names to the alphabetic events recorded in the record file.
files A key value mapping of files associated with this trial where the key is the D-Flow file type and the value is the path to the file relative to the meta file. The compensation file corresponds to an unloaded trial collected on the same day that could be used for inertial compensation purposes, if needed.

hardware-settings There are tons of settings for the hardware in both D-Flow, Cortex, and the other software in the system. This contains any non-default settings.

high-performance A boolean value indicating whether the D-Flow high performance setting was on (True) or off (False).

id An unique three digit integer identifier for the trial. All of the file names and directories associated with this trial include this number.

marker-map A key value map which maps marker names in the mocap file to the user’s desired names for the markers.

marker-set Indicates the HBM van den Bogert et al. (2013) marker set used during the trial, either full, lower, or NA.

nominal-speed A float representing the nominal desired treadmill speed during the trial.

nominal-speed-units A string providing the units of the nominal speed.

notes Any notes about the trial.

pitch A boolean that indicates if the treadmill pitch degree of freedom was actuated during the trial.

stationary-platform A boolean that indicates whether the treadmill sway or pitch motion was actuated during the trial. If this flag is false, the measured ground reaction loads must be compensated for the inertial affects and be expressed in the motion capture reference frame.

subject-id An integer corresponding to the subject in the trial.

sway A boolean that indicates if the treadmill lateral degree of freedom was actuated during the trial.

Markers
We make use of the full body 47 marker set described in van den Bogert et al. (2013) and presented in detail in Table 3. As with all camera based motion capture systems, the markers sometimes go missing in the recording. When a marker goes missing, if the data was recorded in a D-Flow version less than 3.16.2rc4, D-Flow continues to record the last non-missing value in all three axes until the marker is visible again. In D-Flow versions greater than or equal to 3.16.2rc4, the missing markers are indicated in the TSV file as either 0.000000 or -0.000000. The D-Flow version must be provided in the meta data YAML file to be able to distinguish this detail.
Table 3. Descriptions of the 47 markers used in this study. The “Set” column indicates whether the marker exists in the lower and/or full body marker set. The label column matches the column headers in the mocap-xxx.txt files and/or the marker map in the meta-xxx.yml file.

<table>
<thead>
<tr>
<th>Set</th>
<th>#</th>
<th>Label</th>
<th>Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>1</td>
<td>LHEAD</td>
<td>Left head</td>
<td>Just above the ear, in the middle.</td>
</tr>
<tr>
<td>F</td>
<td>2</td>
<td>THEAD</td>
<td>Top head</td>
<td>On top of the head, in line with the LHEAD and RHEAD.</td>
</tr>
<tr>
<td>F</td>
<td>3</td>
<td>RHEAD</td>
<td>Right head</td>
<td>Just above the ear, in the middle.</td>
</tr>
<tr>
<td>F</td>
<td>4</td>
<td>FHEAD</td>
<td>Forehead</td>
<td>Between line LHEAD/RHEAD and THEAD a bit right from center.</td>
</tr>
<tr>
<td>L/F</td>
<td>5</td>
<td>C7</td>
<td>C7</td>
<td>On the 7th cervical vertebrae.</td>
</tr>
<tr>
<td>L/F</td>
<td>6</td>
<td>T10</td>
<td>T10</td>
<td>On the 10th thoracic vertebra.</td>
</tr>
<tr>
<td>L/F</td>
<td>7</td>
<td>SACR</td>
<td>Sacrum bone</td>
<td>On the sacral bone.</td>
</tr>
<tr>
<td>L/F</td>
<td>8</td>
<td>NAVE</td>
<td>Navel</td>
<td>On the navel.</td>
</tr>
<tr>
<td>L/F</td>
<td>9</td>
<td>XYPH</td>
<td>Xiphoid process</td>
<td>Xiphoid process of the sternum.</td>
</tr>
<tr>
<td>F</td>
<td>10</td>
<td>STRN</td>
<td>Sternum</td>
<td>On the jugular notch of the sternum.</td>
</tr>
<tr>
<td>F</td>
<td>11</td>
<td>BBAC</td>
<td>Scapula</td>
<td>On the inferior angle to the right scapular.</td>
</tr>
<tr>
<td>F</td>
<td>12</td>
<td>LSHO</td>
<td>Left shoulder</td>
<td>Left acromion.</td>
</tr>
<tr>
<td>F</td>
<td>13</td>
<td>LDELT</td>
<td>Left deltoid muscle</td>
<td>Apex of the deltoid muscle.</td>
</tr>
<tr>
<td>F</td>
<td>14</td>
<td>LLEE</td>
<td>Left lateral elbow</td>
<td>Left lateral epicondyle of the elbow. Upper one in the T-Pose.</td>
</tr>
<tr>
<td>F</td>
<td>15</td>
<td>LMEE</td>
<td>Left medial elbow</td>
<td>Left medial epicondyle of the elbow. Lower one in the T-Pose.</td>
</tr>
<tr>
<td>F</td>
<td>16</td>
<td>LFRM</td>
<td>Left forearm</td>
<td>On 2/3 on the line between the LLEE and LMW.</td>
</tr>
<tr>
<td>F</td>
<td>17</td>
<td>LMW</td>
<td>Left medial wrist</td>
<td>On styloid process radius, thumb side.</td>
</tr>
<tr>
<td>F</td>
<td>18</td>
<td>LLW</td>
<td>Left lateral wrist</td>
<td>On styloid process ulna, pinky side.</td>
</tr>
<tr>
<td>F</td>
<td>19</td>
<td>LFIN</td>
<td>Left fingers</td>
<td>Center of the hand. Caput metatarsal 3.</td>
</tr>
<tr>
<td>F</td>
<td>20</td>
<td>RSHO</td>
<td>Right shoulder</td>
<td>Right acromion.</td>
</tr>
<tr>
<td>F</td>
<td>21</td>
<td>RDELT</td>
<td>Right deltoid muscle</td>
<td>Apex of deltoid muscle.</td>
</tr>
<tr>
<td>F</td>
<td>22</td>
<td>RLEE</td>
<td>Right lateral elbow</td>
<td>Right lateral epicondyle of the elbow. Lower one in the T-pose.</td>
</tr>
<tr>
<td>F</td>
<td>23</td>
<td>RMEE</td>
<td>Right medial elbow</td>
<td>Right medial epicondyle of the elbow. Lower one in the T-pose.</td>
</tr>
<tr>
<td>F</td>
<td>24</td>
<td>RFRM</td>
<td>Right forearm</td>
<td>On 1/3 on the line between the RLEE and RMW.</td>
</tr>
<tr>
<td>F</td>
<td>25</td>
<td>RMW</td>
<td>Right medial wrist</td>
<td>On styloid process radius, thumb side.</td>
</tr>
<tr>
<td>F</td>
<td>26</td>
<td>RLW</td>
<td>Right lateral wrist</td>
<td>On styloid process ulna, pinky side.</td>
</tr>
<tr>
<td>F</td>
<td>27</td>
<td>RFIN</td>
<td>Right fingers</td>
<td>Center of the hand. Caput metatarsal 3.</td>
</tr>
<tr>
<td>L/F</td>
<td>28</td>
<td>LASIS</td>
<td>Pelvic bone left front</td>
<td>Left anterior superior iliac spine.</td>
</tr>
<tr>
<td>L/F</td>
<td>29</td>
<td>RASIS</td>
<td>Pelvic bone right front</td>
<td>Right anterior superior iliac spine.</td>
</tr>
<tr>
<td>L/F</td>
<td>30</td>
<td>LPSIS</td>
<td>Pelvic bone left back</td>
<td>Left posterior superior iliac spine.</td>
</tr>
<tr>
<td>L/F</td>
<td>31</td>
<td>RPSIS</td>
<td>Pelvic bone right back</td>
<td>Right posterior superior iliac spine.</td>
</tr>
<tr>
<td>L/F</td>
<td>32</td>
<td>LGTRO</td>
<td>Left greater trochanter of the femur</td>
<td>On the cetner of the left greater trochanter.</td>
</tr>
<tr>
<td>L/F</td>
<td>33</td>
<td>LFTHI</td>
<td>Left thigh</td>
<td>On 1/3 on the line between the LFTRO and LLEK.</td>
</tr>
<tr>
<td>L/F</td>
<td>34</td>
<td>LLEK</td>
<td>Left lateral epicondyle of the knee</td>
<td>On the lateral side of the joint axis.</td>
</tr>
<tr>
<td>L/F</td>
<td>35</td>
<td>LATI</td>
<td>Left anterior of the tibia</td>
<td>On 2/3 on the line between the LLEK and LLM.</td>
</tr>
<tr>
<td>L/F</td>
<td>36</td>
<td>LLM</td>
<td>Left lateral malleolus of the ankle</td>
<td>The center of the heel at the same height as the toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>37</td>
<td>LHEE</td>
<td>Left heel</td>
<td>Center of the heel at the same height as the toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>38</td>
<td>LTOE</td>
<td>Left toe</td>
<td>Tip of big toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>39</td>
<td>LMT5</td>
<td>Left 5th metatarsal</td>
<td>Caput of the 5th metatarsal bone, on joint line midfoot/toes.</td>
</tr>
<tr>
<td>L/F</td>
<td>40</td>
<td>RGTO</td>
<td>Right greater trochanter of the femur</td>
<td>On the cetner of the right greater trochanter.</td>
</tr>
<tr>
<td>L/F</td>
<td>41</td>
<td>FRTHI</td>
<td>Right thigh</td>
<td>On 2/3 on the line between the RFTRO and RLEK.</td>
</tr>
<tr>
<td>L/F</td>
<td>42</td>
<td>RLEK</td>
<td>Right lateral epicondyle of the knee</td>
<td>On the lateral side of the joint axis.</td>
</tr>
<tr>
<td>L/F</td>
<td>43</td>
<td>RATI</td>
<td>Right anterior of the tibia</td>
<td>On 1/3 on the line between the RLEK and RLM.</td>
</tr>
<tr>
<td>L/F</td>
<td>44</td>
<td>RLM</td>
<td>Right lateral malleolus of the ankle</td>
<td>The center of the heel at the same height as the toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>45</td>
<td>RHEE</td>
<td>Right heel</td>
<td>Center of the heel at the same height as the toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>46</td>
<td>RTOE</td>
<td>Right toe</td>
<td>Tip of big toe.</td>
</tr>
<tr>
<td>L/F</td>
<td>47</td>
<td>RMT5</td>
<td>Right 5th metatarsal</td>
<td>Caput of the 5th metatarsal bone, on joint line midfoot/toes.</td>
</tr>
</tbody>
</table>
We developed a toolkit for data processing, GaitAnalysisToolKit v0.1.2, Moore et al. (2014b), for common gait computations and provide an example processed trial to present the nature of the data. The tool was developed in Python, is dependent on the SciPy Stack (NumPy, SciPy, matplotlib, Pandas, etc) and Octave, and provides two main classes: one to do basic gait data cleaning from D-Flow’s output files, DFlowData, and a second to compute common gait variables of interest, GaitData.

The DFlowData class collects and stores all the raw data presented in the previous section and applies several “cleaning” operations to transform the data into a usable form. The cleaning process follows these steps:

1. Load the meta data file into a Python dictionary.
2. Load the D-Flow mocap module TSV file into Pandas DataFrame.
3. Relabel the column headers to more meaningful names if this is specified in the meta data.
4. Optionally identify the missing values in the mocap marker data and replace them with numpy.nan.
5. Optionally interpolate the missing marker values and replaces them with interpolated estimates using a variety of interpolation methods.
6. Load the D-Flow record module TSV file into a Pandas DataFrame.
7. Extract the events and create a dictionary mapping the event names in the meta data to the events detected in the record module file.
8. Internally compensate the ground reaction loads based on whether the meta data indicates there was treadmill motion.
9. Merge the data from the mocap module and record module into one data frame at the maximum common constant sample rate.

Once the data is cleaned there are two methods that allow the user to extract the cleaned data: either extract sections of the data bounded by the events recorded in the record-xxx.txt file or save the cleaned data to disk. These operations are available as a command line application and as an application programming interface (API) in Python. An example of the DFlowData API in use is provided in Listing 2.

The GaitData class is then used to compute gait events (toe off and heel strike times), basic 2D kinematics and inverse dynamics, and to store the data into a Pandas Panel with each gait cycle on the item axis at a specified sampling rate. This object can also be serialized to disk in HDF5 format. An example of using the Python API is shown in Listing 3.

A similar work flow was used to produce Figure 4 which compares the mean and standard deviation of sagittal plane joint angles and torques from the perturbed gait cycles and the unperturbed gait cycles computed from trial 20. This gives an idea of the more highly variable dynamics required to walk while being longitudinally perturbed.

For more insight into the difference in the unperturbed and perturbed data, Figure 5 compares the distribution of a few gait cycle statistics. One can see that the perturbed strides have a much larger variation in frequency and length.
Figure 4. Right leg mean and $3\sigma$ (shaded) joint angles and torques from both unperturbed (red) and perturbed (blue) gait cycles from trial 20. Produced by src/unperturbed_perturbed_comparison.py.

Data Limitations

The data is provided in good faith with great attention to detail but as with all data there are anomalies that may affect the use and interpretation of results emanating from the data. The following list gives various notes and warnings about the data that should be taken into account when making use of it.

- Be sure to read the notes in each meta data file for details about possible anomalies in that particular trial. Things such as marker dropout, ghost markers, and marker movement are the more prominent notes. Details about variations in the equipment on the day of the trial are also mentioned.

- The subject identification number 0 stands for "no subject" and was used whenever data was collected from the system with no subject on the treadmill, for example during the trials that were intended to be used for inertial compensation purposes. These trials play through the exact protocol as those with a human subject and the matching trials are indicated in the meta data. Matching unloaded trials were recorded on the same day as the loaded trials and is noted in the trial:files:compensation section of the meta data file. See Table 2 for a list of all the compensation trials.

- Trials 1 and 2 were not recorded as part of this study. Those trial identification numbers were reserved for early data exploration from data collected in other studies.

- Trials 37, 38, and 39 do not exist. The numbers were accidentally skipped.
Figure 5. Box plots of the average belt speed, stride frequency, and stride length which compare unperturbed (purple) and perturbed (blue) gait cycles. The median is given with the box bounding the first and third quartiles and the whiskers bound the range of the data. Produced by src/unperturbed_perturbed_comparison.py.
• Trials 9, 10, and 11 used a slightly different event definition where the calibration poses were not explicitly tagged by an event, yet the protocol was the identical to the following trials. The calibration pose will have to be determined manually.

• Trials 6-15 have force measurements are affected by the treadmill vibration mode mentioned in the equipment section and the forces should be not be used. We include the trials because both the kinematic data is valid and trials 6-8 include lateral perturbations in addition to the longitudinal.

• During trials 9-15 we used wooden blocks to fix the treadmill to the concrete floor to eliminate the treadmill’s low vibration mode (approximately 5Hz). But these blocks seem to have corrupted the force plate measurements by imposing frictional stresses on the system. The force plate measurements should not be used from these trials, but the marker data is fine.

• Trials 6-8 use an early experimental protocol which divided the perturbation sections into three sections: longitudinal perturbations, lateral perturbations, and a combination of each. We then learned the treadmill had a low vibrational mode which significantly affects the force plate measurements, requiring us to eliminate the lateral perturbation motions. The force measurements during these trials are corrupted by this vibrational mode and should be used with caution or not at all.

• We did not record unloaded compensation trials for trials 9-15. Regardless, they would likely be useless due to the corruption from the wooden blocks.

• Trials 6-8 use a only the lower body marker set. The remaining trials are full body.

• The ankle joint torques computed from subject 9’s data in trials 25-27 are abnormal and should be used with caution or not at all. We were not able to locate the source of the error, but it is likely related to the force calibration.

CONCLUSION

We have presented a rich and elaborate data set of motion and ground reaction loads from human subjects during both normal walking and when recovering from longitudinal perturbations. The raw data is provided for reuse with complete meta data. In addition to the data, we provide software that can process the data for both cleaning purposes and to produce typical sagittal plane gait variables of interest. Among other uses, we believe the dataset is ideally suited for control identification purposes. Many researchers are working on mathematical models for control in gait and this dataset provides both a way to validate these models and a source for generating them.

DATA AVAILABILITY

The data set, Moore et al. (2014a), is available via the Zenodo data repository. Two approximately 1.2GB gzipped tar balls contain the data and a README file with a short description of the contents. The data is released under the Creative Commons CC0 license (http://creativecommons.org/about/cc0) following best practices for sharing scientific data.
SOFTWARE AVAILABILITY

The tables, figures, and the paper can be reproduced from the source repository shared on Github: https://github.com/csu-hmc/perturbed-data-paper. Along with the source code in the repository, the computations depend on version 0.1.2 of the GaitAnalysisToolKit, Moore et al. (2014b), which can be downloaded from Zenodo or the Python Package Index (http://pypi.python.org).

AUTHOR CONTRIBUTIONS

A.v.d.B. conceived of the experiments and protocol. J.K.M and S.K.H refined the protocol, ran the experiments, collected the data, developed the software, and analyzed the data. J.K.M was the primary author of the paper with significant contributions from S.K.H and A.v.d.B. All authors were involved in the revision of the draft manuscript and have agreed to the final content.

COMPETING INTERESTS

The authors have no financial, personal, or professional competing interests that could be construed to unduly influence the content of this article.

GRANT INFORMATION

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ACKNOWLEDGMENTS

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REFERENCES


study:
  id: 1
  name: Gait Control Identification
  description: Perturb the subject during walking and running.
subject:
  id: 8
  age: 20
  mass: 70.0
  mass-units: kilograms
  height: 1.572
  height-units: meters
  knee-width-left: 107.43
  knee-width-right: 107.41
  knee-width-units: millimeters
  ankle-width-left: 70.52
  ankle-width-right: 67.66
  ankle-width-units: millimeters
  gender: male
trial:
  id: 58
  subject-id: 8
  datetime: 2014-03-28
  notes: >
    The subject did a somersault during this trial instead of following
    instructions to walk. Will have to use for another study.
  nominal-speed: 0.8
  nominal-speed-units: meters per second
  stationary-platform: True
  pitch: False
  sway: False
  hardware-settings:
    high-performance: True
    dflow-version: 3.16.1
    cortex-version: 3.1.1.1290
  marker-map:
    M1: LHEAD
    M2: THEAD
    M3: RHEAD
    M4: FHEAD
    M5: C7
  analog-channel-map:
    Channel1.Anlg: F1Y1
    Channel2.Anlg: F1Y2
    Channel3.Anlg: F1Y3
    Channel4.Anlg: F1X1
  events:
    A: Force Plate Zeroing
    B: Calibration Pose
    C: First Normal Walking
    D: Longitudinal Perturbation
    E: Second Normal Walking
    F: Unloaded End
files:
  compensation: ../T057/mocap-057.txt
  mocap: mocap-058.txt
  record: record-058.txt
  meta: meta-058.yml

Listing 1. A fictitious example of a YAML formatted meta data file. All of the possible keys in the data set are shown.
```
>>> from gaitanalysis.motek import DFlowData
>>> data = DFlowData('mocap-020.txt', 'record-020.txt', ...
...     'meta-020.yml')
>>> mass = data.meta['subject']['mass']
>>> data.clean_data()
>>> event_df = data.extract_processed_data( ...
...     event='Longitudinal Perturbation')
```

**Listing 2.** Python interpreter session showing how one could load a trial into memory, extract the subject’s mass from the meta data, run the data cleaning process, and finally extract a Pandas DataFrame containing all of the time histories for a specific event in the trial.

```
>>> from gaitanalysis.gait import GaitData
>>> gdata = GaitData(event_df)
>>> gdata.inverse_dynamics_2d(left_markers, right_markers, ...
...     left_loads, right_loads, mass, 6.0)
>>> gdata.grf_landmarks('Right Fy', 'Left Fy', threshhold=20.0)
>>> gdata.split_at('right')
>>> gdata.plot_gait_cycles('Left Hip Joint Torque', mean=True)
>>> gdata.save('gait-data.h5')
```

**Listing 3.** Python interpreter session showing how one could use the GaitData class to load in the result of DFlowData and compute the inverse dynamics (joint angles and torques), identify the gait events (e.g. heel strikes), split the data with respect to the gait events into a Pandas Panel, plot the mean and standard deviation of one time history with respect to the gait cycles, and save the data to disk.