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The physiologic and therapeutic role of Heparin in implantation and placentation

Implantation, trophoblast development and placentation are crucial processes in the establishment and development of normal pregnancy. Abnormalities of these processes can lead to pregnancy complications named the great obstetrical syndromes (preeclampsia, intrauterine growth restriction, fetal demise, premature prelabor rupture of membranes, preterm labor, and recurrent pregnancy loss). There is mounting evidence regarding the physiological and therapeutic role of heparins in the establishment of normal gestation and as a modality for treatment and prevention of pregnancy complications. In this review we will summarize the properties and the physiological contribute of heparins to the success of implantation and placentation and normal pregnancy.

1 **The physiologic and therapeutic role of Heparin in implantation and placentation**

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1. Introduction

The use of Heparins have increased constantly since their discovery, and this is due to the number of properties and effects shared by these molecules. In addition to their anticoagulant and anti-inflammatory effect, that justifies their employment in the prevention and treatment of pregnancy complications, these molecules have a physiologic role during gestation and especially during implantation and placentation; which is a critical process in the establishment and success of pregnancy¹. In this review we will present the role of heparin in implantation, placentation, and we will discuss their role in the immunologic balance among the mother and the fetus.

2. The physiological role of heparin

Heparin is one of the oldest drugs currently in widespread clinical use. Its discovery in 1916 predates the establishment of the Food and Drug Administration of the United States, although it did not enter clinical trials until 1935. It was originally isolated from canine liver cells², hence its name (hepar or "ήπαρ" is Greek for "liver").

It is principally employed for its anticoagulation properties. Moreover, its true physiological role in the body remains uncertain, since blood anticoagulation is achieved mostly by heparan sulfate proteoglycans derived from endothelial cells³. Heparin is usually stored within the mast cells secretory granules and released only into the vasculature at sites of tissue injury. It has been proposed that, in addition to its anticoagulant properties heparin may play a role in the defense against invading bacteria and other foreign materials⁴.

Heparin is a glycosaminoglycan composed of chains of alternating residues of d-glucosamine and uronic acid. It's major anticoagulant effect is accounted for a unique pentasaccharide (GlcNAc/NS(6S)-GlcA-GlcNS(3S,6S)-IdoA(2S)-GlcNS(6S) structure that has a high binding affinity sequence to anti-thrombin III (AT III)⁵; however, *in-vitro* studies suggest that this structure is present only in about one third of heparin molecules⁶.

The interaction between heparin and AT-III mediates the majority of the anticoagulant effect of the former. Their binding produces a conformational change in AT-III (Fig. 1) that accelerates up to 1000 fold⁷ its ability to inactivate the major coagulation factors, including mainly thrombin (factor IIa), factor Xa, and factor IXa⁵.

Heparin increases the inhibitory effect of AT-III on thrombin and Factor Xa activity by distinct mechanisms (Fig. 2). The acceleration of the inhibition of thrombin by AT-III necessitates the binding of this molecule to the heparin polymer proximally to the pentasaccharide units. Heparin has a highly negative charge that is derived from the number of its saccharide units, which contributes to the strong [electrostatic](#) interaction of AT-III with [thrombin](#). Thus, heparin's activity against thrombin is size-dependent, and the ternary complex (including thrombin, ATIII and

55 heparin) requires at least 18 saccharide units for efficient formation and thrombin inactivation^{8,9}.
56 In contrast, the effect of heparin on the inhibition of factor Xa by ATIII is dependent on the
57 conformational change of this molecule at the heparin-binding site; therefore, the size of heparin
58 has no importance in the inhibition of factor Xa by ATIII. This has therapeutic implications and
59 led to the development of a new generation of heparin derived anticoagulants including [low-](#)
60 [molecular-weight heparins](#) (LMWH) and [fondaparinux](#). LMWH are obtained as fragments of
61 unfractionated heparin as a result of enzymatic or chemical depolymerization, yielding to
62 molecules of mean weight of 5000 Da (Table 1)¹⁰ while fondaparinux is a synthetic
63 pentasaccharide based on the heparin antithrombin-binding domain¹¹.
64 These medications target the anti-factor Xa activity rather than anti-thrombin (IIa) activity of AT-
65 III, aiming to facilitate a more subtle regulation of coagulation with an improved therapeutic
66 index and less side effects. Indeed, each molecule of fondaparinux binds to one molecule of AT-
67 III at a specific site, and with very high affinity. The binding is rapid, non-covalent, and
68 reversible. It induces a critical conformational change in AT-III, exposing a loop containing an
69 arginine residue that binds factor Xa. Exposure of the arginine-containing loop greatly increases
70 the affinity of AT-III for factor Xa, potentiating the natural inhibitory effect of AT-III against
71 factor Xa by a factor of approximately 300^{8,9}.

3. The role of heparins in implantation and placentation

3.1 What are the stages of implantation and placentation?

Implantation, a critical step for the establishment of pregnancy, requires a complex molecular and cellular events resulting in uterine growth and differentiation, blastocyst adhesion, invasion, and placental formation. Successful implantation necessitates a receptive endometrium, a normal and functional embryo at the blastocyst stage, and a synchronized dialogue between the mother and the developing embryo¹². In addition to the well-characterized role of sex steroids, the complexity of blastocyst implantation and placentation is exemplified by the role played by a number of cytokines and growth factors in these processes. Indeed, the process of implantation is orchestrated by hormones like sex steroids, and hCG; growth factors such as TGF- β , HB-EGF, IGF-1; cytokines as Leukemia Inhibitory Factor, Interleukin-6 and Interleukin -11; adhesion molecules including L-selectin and E-cadherin, the extracellular matrix (ECM) proteins, and prostaglandins¹².

Embryonic implantation is initiated by the recognition and adhesion between the blastocyst surface and the uterine endometrial epithelium. Adhesion occurs when a free-floating blastocyst comes into contact with the endometrium during the 'receptive window' in which it is able to respond to the signals from the blastocyst. This contact is then stabilized in a process known as adhesion in which the trophoblast cells establish contact with the micro protrusions present on the surface of the endometrium known as pinopodes¹³. The last step of implantation is the invasion process, which involves penetration of the embryo through the luminal epithelium into the endometrial stroma; this activity is mainly controlled by the trophoblast.

The trophoblast lineage is the first to differentiate during human development, at the transition between morula and blastocyst. Initially, at day 6 to 7 post-conception, a single layer of mononucleated trophoblast cells surrounds the blastocoel and the inner cell mass. At the site of attachment and direct contact to maternal tissues, trophoblast cells fuse to form a second layer of postmitotic multinucleated syncytiotrophoblast¹⁴. Once formed, the syncytiotrophoblast grows by means of steady incorporation of new mononucleated trophoblast cells from a proximal subset of stem cells located at the cytotrophoblast layer¹⁵.

Tongues of syncytiotrophoblast cells begin to penetrate the endometrial cells and gradually the embryo is embedded into the stratum compactum of the endometrium. A plug of fibrin initially seals the defect in the uterine surface, but by days 10 to 12 the epithelium is restored¹⁶. Only at around the 14th day mononucleated cytotrophoblasts break through the syncytiotrophoblast layer and begin to invade the uterine stroma at sites called trophoblastic cell columns. Such cells

constitute the extravillous trophoblast, and have at least two main subpopulations: interstitial trophoblast, comprising all those extravillous trophoblast cells that invade uterine tissues and that are not located inside vessel walls and lumina; and endovascular trophoblast, located inside the media or lining the spiral artery lumina and partly occluding them (sometimes this subtypes is further subdivided into intramural and endovascular trophoblast)¹⁶.

At a molecular level, trophoblast adhesion from the stage of implantation onwards is an integrin-dependent process^{17, 18} that takes place in a chemokine- and cytokine- rich microenvironment analogous to the blood-vascular interface. Of note, in human, uterine expression of chemokines is hormonally regulated and the blastocyst expresses chemokine receptors. In addition, oxygen tension plays an important role in guiding the differentiation process that leads to cytotrophoblast invasion to the uterus^{19, 20}.

3.2 What is the role of heparin and heparin derived molecules in the process of implantation?

Heparin and heparin derived molecules influence all stages of implantation. This anticoagulant has an effect on the expression of adhesion molecules, matrix degrading enzymes and trophoblast phenotype and apoptosis (see table 2).

3.2.1 Selectins and Cadherins

Selectins and cadherins families are the main adhesion molecules investigated with regard to the implantation process. Selectins are a group of three carbohydrate-binding proteins that are named following the cell type expressing them (E- endothelium, P- platelets, and L- leucocytes): E-selectin is expressed on the endothelial surface; P-selectin on the surface of activated platelets; and L-selectin on lymphocytes, where it plays an essential role in the homing mechanism of these cells^{21, 22}. The selectins adhesion system may constitute an initial step in the implantation process. Indeed, L-selectin is strongly expressed on the blastocyst surface while, during the window of implantation, there is an upregulation in the decidual expression of the selectin oligosaccharide-based ligands, predominantly on endometrial luminal epithelium²³. This may assist in the blastocyst decidual apposition during the implantation process.

The effect of heparin on selectins during implantation is unclear. Due to its high density in negatively charged sulfates and carboxylates, heparin is able to bind the two binding sites of the natural ligand of selectin molecules (P and L-selectins) (one for the sialyl Lewis X moiety and another for the tyrosine sulfate-rich region of its native ligand P-selectin glycoprotein ligand-1 [PSGL-1]), and the number of sites bonded is dependent on the length of the heparin chain. Evidence in support is presented by the study of Stevenson et al²⁴ who investigated the effect of

different unfractionated heparin and LMWH on selectin molecules in cancer cell lines. Tinzaparin, with 22% to 36% of fragments greater than 8 kDa, significantly impaired L-selectin binding to its ligand; whereas enoxaparin, with 0% to 18% fragments greater than 8 kDa, did not affect L-selectin expression²⁴. Thus, heparins with high proportion of fragments longer than 8kDa may reduce inflammatory cell adhesion and homing, on the other hand they may affect blastocyst adhesion by blocking selectins ligand binding sites.

Cadherins are a group of cell adhesion proteins that mediate Ca²⁺-dependent cell–cell adhesion, a fundamental process required for blastocyst implantation and embryonal development²⁵. E-cadherin plays an important role in maintaining cell adhesion. In cancer cells, the reduction of E-cadherin expression promotes acquisition of invasive phenotype. Interestingly, gestational trophoblastic diseases (choriocarcinoma and complete hydatidiform mole) that are characterized by invasive trophoblast behavior has a lower E-cadherin trophoblastic expression than that of first-trimester placenta²⁶. In contrast, the trophoblast expression of E-cadherin is higher in placentas of patients with preeclampsia, than in those of normal pregnant women²⁷. The effect of heparin on E-cadherin expression was studied by Erden and coworkers²⁸, who randomly treated female rats with different heparins (UFH, enoxaparin, and tinzaparin) during the preconceptional period, and examined E-cadherin expression in tissue sections of placenta and decidua from the different groups. The group treated by UFH had a lower E-cadherin placental staining than other study groups. In addition, the decidual staining score of this molecule was lower both in the UFH and Enoxaparin groups in comparison to controls and rats treated with Tinzaparin. Therefore, there is evidence to support the effect of heparins on trophoblast invasiveness through E-cadherin expression, providing a possible mechanism by which heparin could promote trophoblast cell differentiation and motility.

3.2.2 Heparin binding EGF-like growth factor

Heparin-binding EGF-like growth factor (HB-EGF) is a 76–86 amino acid glycosylated protein that was originally cloned from macrophage-like U937 cells. It is a member of the epidermal growth factor (EGF) family that stimulates growth and differentiation. HB-EGF utilizes various molecules as its “receptors”. The primary receptors are in the ErbB (also named HER) system, especially ErbB1 and ErbB4, human tyrosine kinase receptors. HB-EGF is initially synthesized as a transmembrane precursor protein, similar to other members of the EGF family of growth factors. The membrane-anchored form of HB-EGF (pro HB-EGF) is composed of a pro domain followed by heparin-binding, EGF-like, juxtamembrane, transmembrane and cytoplasmic domains. Subsequently, proHB-EGF is cleaved at the cell surface by a protease to yield the

soluble form of HB-EGF (sHB-EGF) using a mechanism known as ectodomain shedding. sHB-EGF is a potent mitogen and chemoattractant for a number of different cell types. Studies of mice expressing non-cleavable HB-EGF have indicated that the major functions of HB-EGF are mediated by the soluble form²⁹. Heparin-binding epidermal-growth-factor-like growth factor (HB-EGF) accumulates in the trophoblast³⁰ throughout the placenta³¹. Multiple roles for heparin binding epidermal growth factor-like growth factor are suggested by its cell specific expression during the human endometrial cycle and early placentation, and high levels expression in the first trimester³². The membrane active precursor functions as a justacrine growth factor and cell-surface receptor. It has been demonstrated to promote adhesion of the blastocyst to the uterine wall in a mouse-in-vitro- system³³ suggesting a role for HB-EGF in embryo attachment to the uterine luminal epithelium. As stated above, the majority of HB-EGF's biological functions are mediated by its mature soluble form. A major role in early stages of placentation is represented by cellular differentiation and consequent invasion of the uterine wall and vascular network. Several changes occur in the expression of adhesion molecules as cytotrophoblast differentiation proceeds, which results in pseudovasculogenesis or the adaptation by cytotrophoblast of a molecular phenotype that mimics endothelium¹⁸. For example, during extravillous differentiation in vivo, integrin expression is altered from predominantly $\alpha 6 \beta 4$ in the villous trophoblast to $\alpha 1 \beta 1$ in cytotrophoblasts migrating throughout the decidual stroma¹⁷ or engaging in endovascular invasion¹⁸. Leach et al³⁴ demonstrated the role of HB-EGF in regulating the conversion of human cytotrophoblasts into invasive phenotype and the motility of these cells. This study demonstrated the ability of HB-EGF to induce 'integrin switching' through intracellular signaling induced by ligation of HER tyrosine kinases, alters integrin gene expression to stimulate cytotrophoblast invasion at a molecular level. In addition to its effect on the invasive trophoblast phenotype, HB-EGF can affect cell motility. Indeed, cytotrophoblasts motility was specifically increased by each of the EGF family members examined. The expression by cytotrophoblasts of each growth factor, as well as their receptors, suggests the possibility of an autocrine loop that advances cytotrophoblast differentiation to the extravillous phenotype. The ability of HB-EGF molecule to prevent hypoxic induced apoptosis plays a fundamental role in early stages of placentation. During the entire 1st trimester, the organogenesis period, embryonic development takes place in a low O₂ tension environment. Oxygen concentration is relatively low (18mmHg or 2%) at the human implantation site through the first 10 weeks of gestation due to occlusion of the uterine spiral arteries by extravillous trophoblasts. Oxygen

206 availability serves as a developmental cue to regulate trophoblast proliferation. Experimental
 207 evidence suggests that this environment is essential for both fetal and placental development, and
 208 premature exposure to normal oxygen concentrations is associated with increased rate of
 209 pregnancy complications such as preeclampsia, IUGR and miscarriage³⁵.
 210 First trimester human cytotrophoblast cell survival at 2% O₂ is dependent on HB-EGF
 211 signaling³⁶. Indeed, HB-EGF expression is up regulated by hypoxia, and it functions as a mitogen
 212 and potent cell survivor factor during stress. The mechanism proposed for this effect of HB-EGF
 213 is as follows: sHB-EGF is released by activated metalloproteinases that cleave the extracellular
 214 domain of pro- HB-EGF. sHB-EGF binds to HER1 or HER4 through its EGF-like domain and
 215 to heparin sulfate proteoglycans (HSPG) through its heparin binding domain, and this is followed
 216 by receptor homo- or heterodimerization with other members of the HER family. Subsequent
 217 transphosphorylation of HER cytoplasmatic domains at tyrosine residues initiates a downstream
 218 signaling that increases proHB-EGF accumulation and inhibits apoptosis. This positive feedback
 219 loop upregulates HBEGF secretion to achieve extracellular HB-EGF levels sufficient to maintain
 220 cell survival at 2% O₂³⁶.
 221 As a result HB-EGF has a fundamental role in successful pregnancies. This molecule mediates a
 222 vast number of functions beginning from the earliest stages of pregnancy; from adhesion, to
 223 implantation and invasion, successful placentation, and protection from hypoxic induced
 224 apoptosis from early stages and up to term. The effect of heparin on this molecule is currently
 225 being studied. Di Simone et al³⁷ demonstrated that LMWH induced an increased decidual
 226 expression and secretion of HB-EGF in a dose-dependent manner. In a different study by
 227 D'ippolito et al³⁸ demonstrated that LMWH induces activation of Activator Protein-1 (AP-1), a
 228 DNA-binding transcription factor which regulates the expression of HB-EGF. Activated AP-1
 229 translocates to the nucleus and binds the promoter region of HB-EGF gene thus enhancing its
 230 protein expression. Hills and Abrahams³⁹ demonstrate that heparin is capable of activating the
 231 EGF receptor in primary villous trophoblast.
 232 Thus, we propose that the accumulating evidence suggests that the beneficial effect of heparin in
 233 preventing placental mediated pregnancy complications may derive from its effect on HB-EGF
 234 expression and concentration, especially during the first trimester.

235 **3.2.3 Matrix metalloproteinases**

236 In addition to the adhesion molecules, matrix metalloproteinases (MMPs) are an important
 237 component in the process of blastocyst implantation. MMPs are a group of matrix degrading
 238 enzymes which are secreted as inactive zymogen and must be cleaved to become active⁴⁰. Among
 239 the members of the MMP family, MMP-2 and MMP-9 type IV collagenases were suggested to be

involved in trophoblast invasion into endometrial tissues⁴¹. Indeed, the profile of pro-MMP 2 and 9 secretion differs during the stages of trophoblast invasion and implantation, and differences in these zymogens expression were found between 6-8 and 9-12 weeks of gestation in extravillous cytotrophoblast cells⁴². Di Simone et al investigated the effect of LWMH specifically on placental MMPS⁴³, and the degrading capacity of the trophoblast cells. This effect is mediated by heparins action on both metalloproteinases (MMPs) and their tissue inhibitors (TIMPs). Heparin increased both the MMPs concentration and activity by affecting their transcription, conversion of the proenzyme into the active form, and reduction of the synthesis of the specific inhibitors TIMPs (both the mRNA and protein levels) in a dose dependent manner⁴³.

3.3 Immunologic and anti-inflammatory effects of heparins

Immune tolerance of the allogeneic fetus is mandatory for a successful pregnancy outcome⁴⁴. Both innate and adaptive immune responses contribute to a maternal fetal cross-talk that balances the anti- and pro-inflammatory processes in the feto-maternal interface^{45, 46}. Maternal blood is in direct contact with the syncytiotrophoblast at the intervillous space and in the decidual tissue where the extravillous trophoblast anchors the placenta, and further differentiate into endovascular trophoblast that invades spiral arteries and remodels the vessel walls^{45, 47, 48}. A successful pregnancy results from the participation of all the components of the immune system including: MHC class I molecules, hormones, complement regulatory proteins, immunoregulatory molecules (i.e. indolamine 2,3-dioxygenase, Fas/Fas- Ligand, IL-10), regulatory T cells (CD4⁺ CD25⁺ Foxp3⁺), regulatory macrophages, and growth factors expressed at the placental-decidual interface⁴⁹⁻⁵⁶. These mechanisms act in concert to sustain the maternal tolerance to the semi-allogenic placenta and fetus⁵⁷. In addition to its well-understood anticoagulant activity, heparin also has an impact on the immune system⁵⁸⁻⁶⁰. The main known effect of heparin is on the migration and adhesion of leukocytes during an inflammatory response²⁴. The anti-inflammatory effects of heparin are derived from several mechanisms: 1) the molecular structure of heparin is so that upon its bounding to the endothelial cells of blood vessels it creates a negatively charged surface that is facing the vessel lumen. These negatively charge molecules repulse the negatively charge leukocytes and prevent their adhesion to the endothelium (heparan sulfate molecules that are expressed on leukocytes surface are responsible for the negative charge of these cells); 2) heparin is a large molecule that can bind a substantial number of proteins which play an important role in inflammation including selectins (L- selectin⁶¹ and P-selectin molecules⁶²) and integrins. The B2-integrin adhesion molecule CD11b/CD18, also known as

273 Macrophage antigen 1 (MAC1), is a member of a subfamily of related cell-surface
 274 glycoproteins that coordinate adhesive functions including leukocyte migration⁶³. Mac1 is
 275 expressed on myeloid cells and binds to molecules as intercellular adhesion molecule 1 (ICAM1),
 276 fibrinogen, iC3b, and factor Xa. The heparin-Mac1 bond interferes with myeloid cell adhesion
 277 and transmigration⁶⁴. Heparin also binds to platelet/endothelial cell adhesion molecule 1
 278 (PECAM1), a member of the Ig superfamily, expressed on a variety of cells such as platelets,
 279 endothelia, monocytes, neutrophils, T-cell subsets and granulocyte/macrophage precursors. This
 280 molecule is involved in homotypic and heterotypic cellular adhesion and plays a role in the
 281 transmigration of inflammatory cells through the endothelial wall. Heparin is capable of binding
 282 PECAM1 and interfering with its action⁶⁵, reducing by that the effectiveness of the inflammatory
 283 response.
 284 The anti-inflammatory properties of LMWH have been demonstrated within *in vivo* models.
 285 Indeed, Wang et al⁶⁶ investigated the effects of LMWH on dextran sulfate sodium (DSS)-induced
 286 colitis in a mice model. The authors reported that mice which were treated with LMWH had a
 287 significant decrease in the expression of both IL-1 β and of IL-10 mRNA, leading to a down
 288 regulation of inflammatory cytokines production. Of interest, LMWH also imitate the function of
 289 Syndecan-1 (a protein that is inversely correlated to the mRNA expression of IL-1 β in the
 290 intestinal mucosa of DSS-induced colitis), a protein which plays an important role in promoting
 291 wound repair, maintaining cell morphogenesis, and mediating inflammatory responses⁶⁷ by aiding
 292 the clearance of pro-inflammatory chemokines. In addition Li et al⁶⁸ found that treatment with
 293 UFH can attenuate inflammatory responses of lypopolisaccharide induced acute lung injury in
 294 rats. The mechanisms by which UFH exerts its anti-inflammatory effect seem to correlate with its
 295 inhibition of IL-1 β and IL-6 production via inactivation of the NF- κ B pathways.
 296 In humans the anti-inflammatory activity of heparin has been evidenced by small clinical trials in
 297 patients suffering from a range of inflammatory diseases⁶⁹, including rheumatoid arthritis and
 298 bronchial asthma. Remission of disease has been described in nine of ten patients with refractory
 299 ulcerative colitis treated with combined heparin and sulphasalazine⁶⁹. A subjective improvement
 300 of asthma symptoms using intravenous heparin is described^{70, 71}, while other studies with inhaled
 301 heparin demonstrated reduced bronchoconstrictive responses in patients with exercise-induced
 302 asthma^{72, 73}.
 303 The clinical rationale for the use of heparin in the treatment of inflammatory diseases may be
 304 based on the fact that many of the molecular mechanisms involved in tumor metastasis are the
 305 same responsible for cell recruitment in inflammation; and heparin has been successful in treating
 306 both conditions⁷⁴.

307 4. Conclusion

308 Heparins play a role in embryonic implantation and placentation and contribute to the
309 development of a normal pregnancy. This effect is gained through the interaction of heparins with
310 coagulation factors, anticoagulation proteins, their effect on the expression of adhesion
311 molecules, matrix degrading enzymes and trophoblast phenotype and apoptosis, all important
312 components in the process of embryonic implantation and placentation.
313 Moreover, in addition to their physiologic effects, Heparins can be considered as molecules with
314 still some stories to tell. Indeed, their main function is as anticoagulant medication. However,
315 there is increasing evidence, as described in the present review, suggesting that these drugs may
316 have an anti- inflammatory effect and they affect the activation of the immunologic system
317 (principally acting on leukocyte migration and adhesion processes).
318 The understanding of these concepts may assist us in tailoring the use of heparins for the
319 prevention and treatment of pregnancy complications in a more targeted manner.

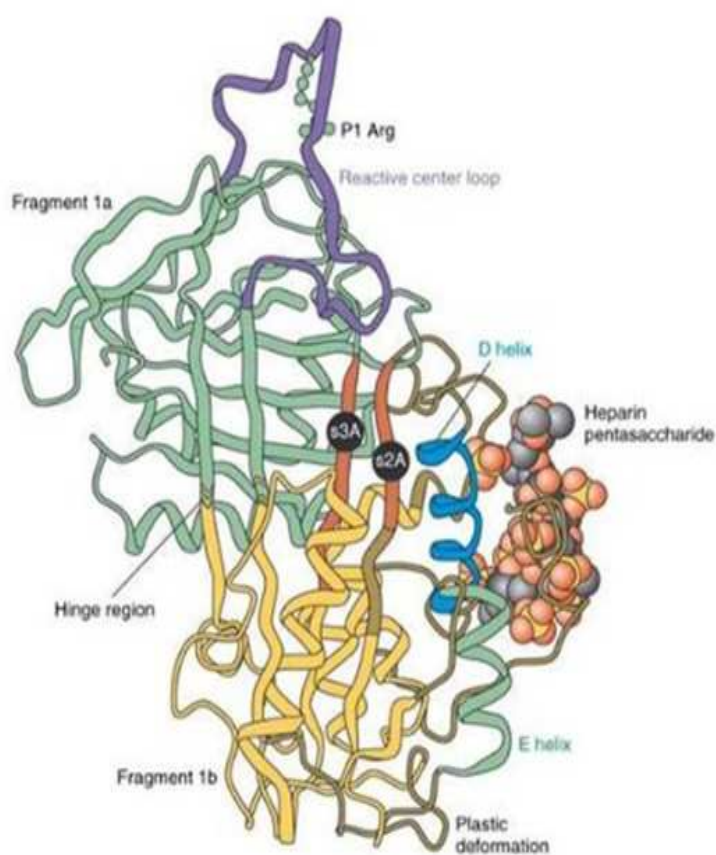
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477 Fig. 1. Antithrombin III after conformational change induced by heparin binding. Reproduced
478 with permission from Whisstock JC, Pike RN, Jin L, Skinner R, et al. J Mol Biol. 2000; 301:128



479 Fig. 2. Mechanisms of interaction between heparin, antithrombin, thrombin and factor Xa.
480 Source: Fauci AS, Kasper DL, Braunwald E, Hauser SL, Longo DL, Jameson JL, Loscalzo J:
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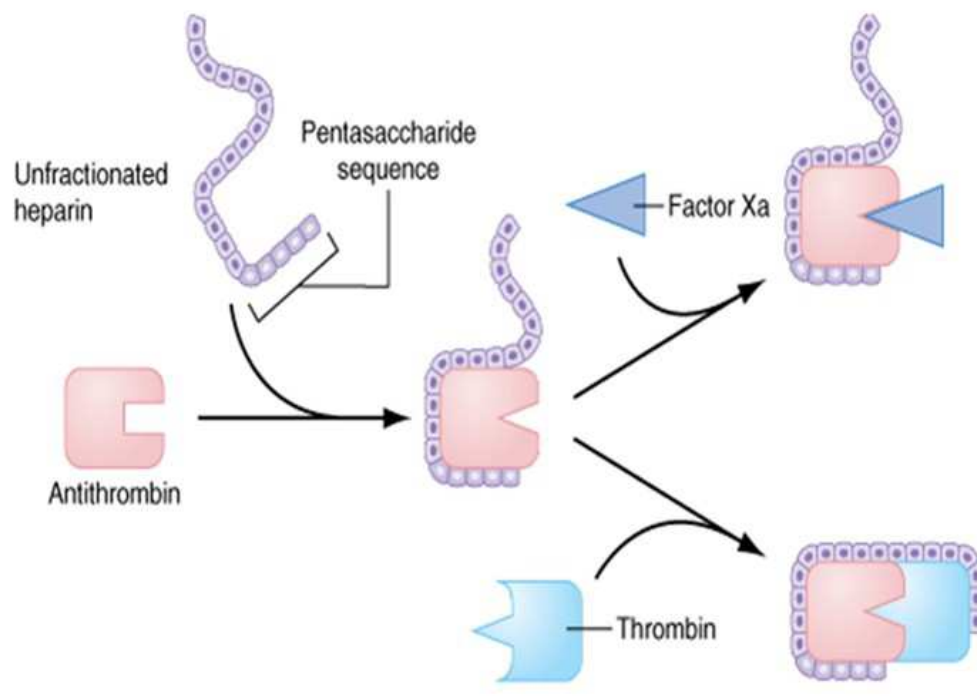


Table 1 (on next page)

Table 1.

Comparison among low molecular weight heparin preparations (From Weitz JI. Low-molecular-weight heparins. N Engl J Med 1997;337:688-98. With permission)

Table 1. Comparison among low molecular weight heparin preparations (From WEITZ JL. Low-molecular-weight heparins. N Engl J Med 1997;337:688-98. With permission)

PREPARATION	METHOD OF PREPARATION	MEAN MOLECULAR WEIGHT	ANTI-XA:ANTI-IIa RATIO*
Ardeparin (Normiflo)	Peroxidative depolymerization	6000	1.9
Dalteparin (Fragmin)	Nitrous acid depolymerization	6000	2.7
Enoxaparin (Lovenox)	Benzylation and alkaline depolymerization	4200	3.8
Nadroparin (Fraxiparine)	Nitrous acid depolymerization	4500	3.6
Reviparin (Clivarine)	Nitrous acid depolymerization, chromatographic purification	4000	3.5
Tinzaparin (Innohep)	Heparinase digestion	4500	1.9

*The ratios were calculated by dividing the anti-factor Xa (anti-Xa) activity by the antithrombin (anti-IIa) activity. The ratios are based on information provided by the manufacturers.

Table 2_(on next page)

Table 2

Overview of molecules involved in the process of implantation, trophoblast development and placentation, and effect of heparin on these molecules

Table 2. Overview of molecules involved in the process of implantation, trophoblast development and placentation, and effect of heparin on these molecules

Molecule	Site of expression	Activity	Effect of Heparin
Anti-thrombin III	Maternal circulation Trophoblast	Inactivation of coagulation factors, including mainly thrombin (factor IIa), factor Xa, and factor IXa	Conformational change in AT-III that accelerates its ability to inactivate the coagulation factors
Selectins (E- P- and L-selectins)	E-selectin endothelium, P-selectin platelets, and L-selectin leucocytes and blastocyst surface.	Cell adhesion and homing	Interference with inflammatory cells adhesion and homing but probable interference with blastocyst decidual adhesion
Cadherins	Trophoblast, placenta, decidua	Cell adhesion (invasive phenotype acquired in case of reduction of expression)	Reduction of expression
Heparin-binding EGF-like growth factor (HB-EGF)	Trophoblast and placenta	1)potent mitogen and chemoattractant in its soluble form promoter of adhesion of the blastocyst to the uterine wall in a mouse-in-vitro-system 2)regulation of the conversion of human cytotrophoblasts into invasive phenotype and influence on the motility of these cells 3)prevention of hypoxic induced apoptosis	Increased decidual expression and secretion of HB-EGF
Matrix metalloproteinases (MMPs)	Soluble form	Involvement in trophoblast invasion into endometrial tissues	Increased expression
Tissue inhibitors of metalloproteinases (TIMPs)	Soluble form	Inhibition of metalloproteinases and their function	Reduction of expression
Macrophage antigen 1 (Mac1)	Surface of myeloid cells	Coordination of adhesive functions of leukocyte and their migration	Interference with myeloid cell adhesion and transmigration
Platelet/endothelial cell adhesion molecule 1 (PECAM1)	Surface of platelets, endothelia, monocytes, neutrophils, T-cell subsets and granulocyte/macrophage precursors	transmigration of inflammatory cells through the endothelial wall	Interference with inflammatory cells transmigration