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Protein kinase C in the wood frog, *Rana sylvatica*: reassessing the tissue-specific regulation of PKC isozymes during freezing

The wood frog, *Rana sylvatica*, survives whole-body freezing and thawing each winter. The extensive adaptations required at the biochemical level are facilitated by alterations to signaling pathways, including the insulin/Akt and AMPK pathways. Past studies investigating changing tissue-specific patterns of the second messenger IP₃ in adapted frogs have suggested important roles for protein kinase C (PKC) in response to stress. In addition to their dependence on second messengers, phosphorylation of three PKC sites by upstream kinases (most notably PDK1) is needed for full PKC activation, according to current generally-accepted models. The present study uses phospho-specific immunoblotting to investigate phosphorylation states of PKC- as they relate to distinct tissues, PKC isozymes, and phosphorylation sites- in control and frozen frogs. In contrast to past studies where second messengers of PKC increased during the freezing process, phosphorylation of PKC tended to generally decline in most tissues of frozen frogs. All PKC isozymes and specific phosphorylation sites detected by immunoblotting decreased in phosphorylation levels in hind leg skeletal muscle and hearts of frozen frogs. Most PKC isozymes and specific phosphorylation sites detected in livers and kidneys also declined; the only exceptions were the levels of isozymes/phosphorylation sites detected by the phospho-PKC α/β II (Thr638/641) antibody, which remained unchanged from control to frozen frogs. Changes in brains of frozen frogs were unique; no decreases were observed in the phosphorylation levels of any of the PKC isozymes and/or specific phosphorylation sites detected by immunoblotting. Rather, increases were observed for the levels of isozymes/phosphorylation sites detected by the phospho-PKC α/β II (Thr638/641), phospho-PKC δ (Thr505), and phospho-PKC θ (Thr538) antibodies; all other isozymes/phosphorylation sites detected in brain remained unchanged from control to frozen frogs. The results of this study indicate a potential important role for PKC in cerebral protection during wood frog freezing. Our findings also call for a

reassessment of the previously-inferred importance of PKC in other tissues, particularly in liver; a more thorough investigation is required to determine whether PKC activity in this physiological situation is indeed dependent on phosphorylation, or whether it deviates from the generally-accepted model and can be “overridden” by exceedingly high levels of second messengers, as has been demonstrated with certain PKC isozymes (e.g. PKC δ).

**Protein kinase C in the wood frog, *Rana sylvatica*: reassessing the tissue-specific regulation
of PKC isozymes during freezing**

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1 Introduction

2

3 For animals living in boreal climates, cold temperatures- in particular, sustained periods
4 of subzero temperatures for months at a time- present a challenge to survival. For many of these
5 animals, the solution is migration- retreating to warmer zones until temperatures in their boreal
6 homes rise once again. For other animals, however, migration of this scope is not possible, and
7 unique arrays of adaptive mechanisms are utilized to endure the prolonged cold. One such
8 animal is the wood frog, *Rana sylvatica* (reviewed in Storey and Storey, 1996). Each winter, this
9 anuran endures whole-body freezing; approximately 65-70% of extracellular and extra-organ
10 water freezes in the form of nucleated ice, via the actions of ice-nucleating proteins or ice-
11 structuring proteins. During this time, cerebral and cardiovascular activities are undetectable by
12 conventional means. Intracellular freezing and any resulting irreparable damage to cellular
13 contents is prevented by natural cryoprotection; liver glycogen stores undergo extensive
14 hydrolysis (causing a decrease in liver mass by approximately 45%), and glucose is exported and
15 systemically distributed, accumulating in some tissues at levels up to 40-60 times higher than
16 euglycemic levels (Storey and Storey 1985; Costanzo et al., 1993). Such a broad reorganization
17 requires numerous modulations at several levels of the signaling and metabolic hierarchy of
18 glucose metabolism, including: 1) phosphorylation and sustained activation of liver glycogen
19 phosphorylase (Crerar et al., 1988; Mommsen and Storey, 1992); 2) adaptations to plasma
20 membranes in order to facilitate glucose transport and distribution (King et al., 1993); 3) tissue-
21 specific adjustment of anabolic and catabolic signaling pathways (e.g. the insulin/Akt pathway,
22 and the adenosine monophosphate-activated protein kinase or AMPK pathway) to optimize
23 glucose production, distribution, uptake, and utilization as a cryoprotectant (Rider et al., 2006;

24 Dieni et al., 2012; Zhang and Storey, 2013; do Amaral et al., 2013), and; 4) suppression of
25 metabolic pathways that would otherwise divert glucose away from cryoprotection (e.g. pentose
26 phosphate pathway, glycolysis; Dieni and Storey, 2010; 2011), among others. Following the
27 return of warmer temperatures and the arrival of spring, frogs thaw and resume their natural life
28 cycle with no apparent debilitating results of the freeze-thaw process.

29 Given the scope of these necessary adaptations, it is likely- and has in fact already been
30 demonstrated- that altered signaling comprises a major facet of the mechanisms behind the
31 biochemical outcomes facilitating survival. In addition to those signaling enzymes already
32 referenced (i.e. Akt, AMPK, glycogen synthase kinase-3 or GSK3, protein kinase A or PKA),
33 additional kinases and phosphatases have been shown to play a role in wood frog freeze-
34 tolerance. For instance, mitogen activated protein kinases (MAPKs) are activated in various
35 tissues and are suggested as having a role in regulating metabolic or gene expression responses
36 that would facilitate survival in the freezing and/or thawing processes (Greenway and Storey,
37 2000). Past studies have also suggested a potential role for protein kinase C (PKC) in freezing,
38 anoxia, and dehydration, based on patterns of inositol 1,4,5-trisphosphate (IP₃), a second
39 messenger associated with cytosolic calcium increases and a co-product of diacylglycerol (DAG;
40 Holden and Storey 1996; 1997). Increases in cytosolic calcium and DAG both lead to PKC
41 activation.

42 PKC in fact consists of a family of 15 serine/threonine-protein kinase isozymes in
43 humans, divided into subfamilies with specific second messenger requirements and upstream
44 regulators (Mellor and Parker, 1998). Our lab has previously demonstrated *in vivo* roles for PKC
45 in various forms of animal stress physiology, including: 1) reptilian anaerobiosis (Mehrani and
46 Storey, 1996); 2) mammalian hibernation (Mehrani and Storey, 1997), and; 3) fish exercise and

47 bioenergetics (Brooks and Storey, 1998). Meanwhile, *in vitro* stimulation of endogenous PKC
48 has been shown to significantly affect the kinetic properties of glucose-6-phosphate
49 dehydrogenase (G6PDH; Dieni and Storey, 2010), and hexokinase (Dieni and Storey, 2011)
50 from wood frog tissue extracts. Given the potential importance of PKC in wood frog freeze-
51 tolerance, the present study further explores the regulation of this family of kinases *in vivo*, using
52 phospho-specific immunoblotting to establish tissue-specific phosphorylation states of the PKC
53 isozymes in control and frozen frogs.

54

55 **Materials and methods**

56

57 *Animals*

58

59 Conditions for animal care, experimentation, and euthanasia were approved by the
60 Carleton University Animal Care Committee (B09-22) in accordance with guidelines set down
61 by the Canadian Council on Animal Care. Male wood frogs were captured from spring breeding
62 ponds in the Ottawa, Ontario area. Animals were washed in a tetracycline bath, and placed in
63 plastic containers with damp sphagnum moss at 5°C for two weeks prior to experimentation.
64 Control frogs were sampled from this condition. For freezing exposure, frogs were placed in
65 closed plastic containers with damp paper toweling on the bottom, and put in an incubator set
66 at -3°C. A 45 min cooling period was allowed during which body temperature of the frogs cooled
67 to below -0.5°C and nucleation was triggered due to skin contact with ice crystals formed on the
68 paper toweling (Storey and Storey, 1985). Subsequently, timing of a 24 h freeze exposure began.
69 All frogs were sacrificed by pithing, followed by rapid dissection, and flash-freezing of tissue

70 samples in liquid nitrogen. Tissues were then stored at -80°C until use.

71

72 *Tissue extract preparation for SDS-PAGE and immunoblotting*

73

74 Soluble protein extracts were prepared from tissues that had been previously stored
75 at -80°C. Briefly, samples of frozen tissues were weighed and then quickly homogenized using a
76 Polytron PT1000 homogenizer (Brinkmann Instruments, Rexdale, ON, Canada) at 50% of full
77 power in a 1:5 w:v ratio with ice-cold buffer A (20 mM Hepes, 200 mM NaCl, 0.1 mM EDTA,
78 10 mM NaF, 1 mM Na₃VO₄, and 10 mM β-glycerophosphate). Protease and phosphatase
79 inhibitors were added just prior to homogenization: 1:1000 v:v protease inhibitor cocktail
80 (P8340, Sigma, St. Louis, MO, USA), 1:1000 v:v phosphatase inhibitor cocktail 1 (P2850,
81 Sigma, St. Louis, MO, USA), and a few crystals of phenylmethylsulfonyl fluoride (PMSF).
82 Samples were centrifuged at 10,000 x g for 15 min at 4°C and then supernatants were removed
83 and held on ice.

84 Soluble protein concentration was quantified by the Bradford assay (Bradford, 1976)
85 using the Bio-Rad Protein Assay Dye Reagent Concentrate (500-0006, Bio-Rad, Hercules, CA,
86 USA), according to the manufacturer's instructions, and a Dynatech MR5000 microplate reader
87 (DYNEX Technologies Inc., Chantilly, VA) set at 595 nm. Samples were then adjusted to equal
88 soluble protein concentrations by the addition of small volumes of buffer A; this compensates for
89 differences in the wet:dry ratio of tissues from control versus frozen frogs. Aliquots were mixed
90 1:1 v:v with SDS-PAGE sample buffer containing: 100 mM Tris-HCl (pH 6.8), 4% w:v sodium
91 dodecyl sulfate (SDS), 20% v:v glycerol, 5% v:v 2-mercaptoethanol and 0.2% w:v bromophenol
92 blue. Following boiling for 5 min, samples were cold-snapped on ice, and stored at -20°C until

93 use.

94

95 *SDS-PAGE and polyvinylidene difluoride membrane transfer*

96

97 Aliquots of thawed samples containing 20 μ g of protein were loaded into wells of SDS-
98 polyacrylamide gels (8% resolving gel, 5% stacking gel, made from a 30% acrylamide and bis-
99 acrylamide solution, 37.5:1; 161-0158, Bio-Rad, Hercules, CA, USA), along with Kaleidoscope
100 prestained markers (161-0324, Bio-Rad, Hercules, CA, USA) to estimate molecular weight of
101 PKC isozymes. Samples were electrophoresed at 180 V in a Mini-PROTEAN III apparatus (Bio-
102 Rad, Hercules, CA, USA) using 1x running buffer (5x running buffer contained 15.1 g Tris-base,
103 94 g glycine, and 5 g SDS per litre, pH 8.3). Proteins were then wet-transferred to polyvinylidene
104 difluoride (PVDF) membrane (Millipore, Bedford, MA, USA) using a current of 300 mA for 1.5
105 h at 4°C in a Bio-Rad Mini Trans-Blot Cell apparatus (Bio-Rad, Hercules, CA, USA). Transfer
106 buffer contained 25 mM Tris-base pH 8.8, 192 mM glycine, and 20% v:v methanol, chilled to
107 4°C.

108

109 *Immunoblotting of PVDF membranes and analysis*

110

111 Primary antibodies (Cell Signalling Technology, Danvers, MA, USA) were the
112 following: phospho-PKC (pan) (β II Ser660) antibody (9371), which detects all of PKC α , β I, β II,
113 δ , ϵ and η isoforms only when phosphorylated at a carboxy-terminal residue homologous to
114 Ser660 of PKC β II; phospho-PKC δ / θ (Ser643/676) antibody (9376), which detects both PKC δ
115 when phosphorylated at Ser643 and PKC θ when phosphorylated at Ser676; phospho-PKC α / β II

116 (Thr638/641) antibody (9375); phospho-PKC δ (Thr505) antibody (9374; this antibody has since
117 become unavailable after this work was carried out); phospho-PKC θ (Thr538) antibody (9377);
118 phospho-PKC ζ/λ (Thr410/403) antibody (9378); PKD/PKC μ antibody (2052); phospho-
119 PKD/PKC μ (Ser916) antibody (2051); phospho-PKD/PKC μ (Ser744/748) antibody (2054). All
120 primary IgG antibodies were raised in rabbit. These were purchased together as the Phospho-
121 PKC Antibody Sampler Kit (9921; this kit has since become unavailable after this work was
122 carried out). Stock primary antibodies were diluted between 1:5000 to 1:10,000 in Tris-buffered
123 saline supplemented with Tween-20 (TBST; 20 mM Tris pH 7.5, 150 mM NaCl, 0.05% v:v
124 Tween-20). Secondary antibody used was the anti-rabbit IgG, HRP-linked antibody (7074; also
125 supplied within the Phospho-PKC Antibody Sampler Kit). Stock secondary antibodies were
126 diluted 1:2000 in TBST.

127 After transfer was complete, PVDF membranes were quickly equilibrated in TBST and
128 then blocked with 5% w:v nonfat milk dissolved in TBST for 15 min at room temperature. The
129 blot was rinsed with TBST and then incubated with primary antibody in TBST on a shaking
130 platform overnight at 4°C. Blots were washed twice with TBST and incubated with secondary
131 antibody for 1.5 h at room temperature. Immunoreactive bands were visualized using enhanced
132 chemiluminescence (ECL; RPN2108, GE Healthcare Life Sciences, Baie d'Urfé, QC, Canada)
133 following the manufacturer's protocol. The luminol and oxidizing reagents were mixed 1:1 v:v
134 on the membrane for 1 min and the ECL signal was detected using a ChemiGenius (SynGene,
135 Frederick, MD, USA).

136 Total protein was then visualized on the PVDF membrane by staining for 30 min with
137 Coomassie blue staining solution (0.25% w:v Coomassie Brilliant Blue R, 50% v:v methanol,
138 7.5% v:v acetic acid) followed by destaining with destain solution (25% v:v methanol, 10% v:v

139 acetic acid). Three Coomassie-stained bands that did not differ in intensity between active and
140 frozen conditions were used to normalize the corresponding intensity of the immunoreactive
141 band in each lane to correct for any unequal protein loading, as described previously (Dieni et
142 al., 2012).

143 Intensities of ECL-visualized and Coomassie-stained bands were quantified using the
144 associated Gene Tools program (v. 3.00.02). Data were analyzed by one-way ANOVA followed
145 by Tukey's test; a statistically-significant difference was accepted with values of $p < 0.05$ or
146 smaller.

147

148 **Results and Discussion**

149

150 *Overall scope of phospho-PKC levels and changes in freezing*

151

152 The generally-accepted model for activation of PKC isozymes has been reviewed (Mellor
153 and Parker, 1998; Parker and Murray-Rust, 2004; Gomperts et al., 2009) and follows here. PKCs
154 are biosynthesized as catalytically inactive, and must first bind to the intracellular face of the
155 plasma membrane in order to be unfolded, and rendered competent. A number of upstream
156 signals can activate phospholipases, hydrolysing inositol phospholipids to various combinations
157 of diacylglycerols and IP₃; IP₃ will in turn trigger calcium efflux from the endoplasmic
158 reticulum, which then propagates further calcium influx from the extracellular environment.
159 Conventional PKC isozymes (cPKC; α , β , γ) bind to the membrane via two specific bridging
160 interactions: C1 domains that bind to DAG and C2 domains that bind to calcium-phospholipid
161 complexes. Once bound, cPKCs unfold such that their hydrophobic motifs interact with and

162 activate 3-phosphoinositide dependent protein kinase-1 (PDK1), and the PKC pseudosubstrate
163 motif is withdrawn from its catalytic core. PDK1, currently the single conclusive upstream
164 kinase responsible for phosphorylation of the PKC activation loop (Le Good et al., 1998; Ron
165 and Kazanietz, 1999), phosphorylates this loop and triggers two successive
166 autophosphorylations- one on the PKC turn motif, and one on the hydrophobic motif. Only once
167 at this stage- phosphorylated at three sites and bound to both DAG and calcium- are cPKCs are
168 recognized as fully-active. Depletion of DAG and calcium will induce cPKC refolding and
169 inactivation; however, as long as the aforementioned sites remain phosphorylated, cPKCs can be
170 instantly reactivated upon reintroduction of DAG and calcium. Thus, for cPKCs, all three criteria
171 of DAG, calcium, and upstream phosphorylation are necessary for full activity; this is
172 complicated for novel PKC isozymes (nPKC; δ , ϵ , η , θ) and atypical PKC isozymes (aPKC; ζ , λ ,
173 μ). nPKCs are calcium-independent, but still rely on DAG for activity; aPKCs rely on neither
174 calcium nor DAG, or any other phospholipids, though they possess other unique domains such as
175 the phox-bem1 domain, which suggests that protein-protein interactions with cytosolic partners
176 may be necessary for activity (Gomperts et al., 2009). In both these PKC subfamilies however,
177 phosphorylation is nonetheless a prerequisite for catalytic competence.

178 Extracts of hind leg skeletal muscle, liver, heart, kidney, and brain from control and
179 frozen frogs were probed with all 9 primary antibodies of the Phospho-PKC Antibody Sampler
180 kit; however, not all antibodies revealed the presence of immunoreactive bands in each tissue
181 extract (e.g. only 2 out of the 9 primary antibodies revealed bands in muscle homogenates). In
182 each case where antibodies detected bands, only a single and distinct band appeared;
183 immunoreactive bands were confirmed to be PKC isozymes by comparing their approximate
184 molecular weights to those listed on the manufacturer's datasheet provided

185 (<http://www.cellsignal.com/pdf/9921.pdf>). A summary of changes between control and frozen
186 frogs is presented in Table 1. In general, levels of phosphorylated PKC isozymes (and non-
187 phosphorylated PKD/PKC μ) tended to globally decrease during wood frog freezing in hind leg
188 skeletal muscle, liver, kidney, and heart; the only tissue in which increases in phospho-PKC were
189 observed was the brain.

190 PDK1 itself, and its targets, have been shown to change in phosphorylation state during
191 wood frog freezing. For instance, levels of phospho-Thr308-Akt (a phosphorylation site of
192 PDK1) decrease in muscle and heart during freezing, suggesting decreased action of PDK1 in
193 these tissues. By contrast, levels of both phospho-Ser241-PDK1 and phospho-Thr308-Akt
194 increase in liver, suggesting increased PDK1 action in livers of frozen frogs (Zhang and Storey,
195 2013). For optimal clarity, specific changes in PKC isozymes will be further described and
196 discussed on a tissue-by-tissue basis, and compared to previously-established changes in PDK1,
197 PKD1 targets, or previously-assessed targets downstream of PKC isozymes.

199 *Muscle*

200
201 Only 2 primary antibodies were immunoreactive to frog muscle extracts: phospho-
202 PKC α/β II (Thr638/641), and phospho-PKC θ (Thr538). Bands detected by both these antibodies
203 decreased in intensity in frozen frogs (Fig. 1; Table 1). Thr638/641 is in the turn motif of
204 PKC α/β II, and is autophosphorylated after initial phosphorylation of the activation loop by
205 PDK1 (Ron and Kazanietz, 1999). Whether phospho-Thr638/641 is necessary for PKC α/β II
206 activity is debatable; rather, it is more recognized for its importance in duration of PKC
207 activation, and slowing the rate of PKC active loop dephosphorylation (Bornancin and Parker,

208 1996). Meanwhile, Thr538 is in the activation loop of PKC θ , and is directly phosphorylated by
209 PDK1; as such, it is unequivocally needed for PKC θ activity (Liu et al., 2002). Taken together,
210 these results suggest a combination of lower activity, a shorter duration of activation, and a
211 higher rate of dephosphorylation of these PKC isozymes in muscle during freezing.

212 These decreases in the phosphorylation levels of PKC muscle isozymes correlate well
213 with recently-presented decreases in phospho-Thr308-Akt (a target that, along with PKC, is also
214 a direct substrate of PDK1; Zhang and Storey, 2013). By contrast, past studies would suggest a
215 need for PKC to remain active in muscle; these have shown that in response to freezing, IP₃
216 levels rose moderately, by 55%, in skeletal muscle (Holden and Storey, 1996; 1997). Moreover,
217 calcium binding and uptake into the sarcoplasmic reticulum were strongly decreased in skeletal
218 muscle of frozen frogs, leading to increased cytosolic calcium levels (Hemmings and Storey,
219 2001). However, in yet other studies, muscle IP₃ levels remained constant in frogs subjected to
220 short-term anoxia at 5°C, and then fell by 40% after 2 days of anoxic exposure. The contrasting
221 past and present findings of increased IP₃ and calcium levels in frozen frogs, yet decreased
222 PKC α/β II and PKC θ phosphorylation in this same physiological state, along with decreased IP₃
223 levels in frogs subjected to long-term anoxia, leaves us with a very uncertain role for muscle
224 PKC in the adaptation to these stresses.

225

226 *Liver*

227

228 8 of the 9 primary antibodies were immunoreactive to frog liver extracts; only the
229 phospho-PKC ζ/λ (Thr410/403) antibody failed to reveal any bands. Overall, band intensities
230 again tended to decrease in frozen frogs (Fig. 2; Table 1). As in muscle, phospho-Thr538-PKC θ

231 levels decreased, but to such an extent where they were non-quantifiable in frozen frogs.
232 Similarly, phospho-Thr505-PKC δ levels also decreased to an extent where they were non-
233 quantifiable. Interestingly, in contrast to Thr538, an activation loop phosphorylation of PKC θ
234 which is unequivocally needed for activity, Thr505 is also an activation loop residue of PKC δ ,
235 but one which is at best only debatably necessary for activity, and is autophosphorylated in
236 addition to being phosphorylated by PDK1 (Le Good et al., 1998; Liu et al., 2002; Steinberg,
237 2004; Liu et al., 2006). Furthermore, phospho-Thr676/643-PKC δ/θ levels (a turn motif
238 phosphorylation) decreased by over 50%. While the role of this turn motif phosphorylation is
239 inconclusive in PKC δ or PKC θ (Li et al., 1997; Liu et al. 2002), decreases in turn motif phospho-
240 Thr676/643 will potentially compound the decreases in activation loop phospho-Thr505/538,
241 further depressing PKC δ and PKC θ activities.

242 Additional decreases are observed in non-phosphorylated levels of PKD/PKC μ , of
243 phospho-Ser744/748-PKD/PKC μ , and of phospho-Ser916-PKD/PKC μ . Ser916 is an
244 autophosphorylation site that correlates with catalytic activity in PKD/PKC μ (Matthews et al.,
245 1999), whereas Ser744 and possibly Ser748 are activation loop phosphorylation sites, also
246 critical to activity (Waldron et al., 2001; Waldron and Rozengurt, 2003). Interestingly, while
247 PKD/PKC μ was originally classified as a member of the PKC family (and is still very much
248 considered as such), Ser744/748 is in fact phosphorylated by other PKC isozymes upstream of
249 PKD/PKC μ , most notably PKC δ (Waldron et al., 2001; Waldron and Rozengurt, 2003). Given
250 that total and phospho-levels of PKD/PKC μ and upstream PKC δ all decreased, these suggest that
251 PKD/PKC μ will also be inactive in frozen frogs.

252 Wood frog liver is quite possibly the best-characterized tissue in terms of proteins and
253 genes that may have potential relationships with PKC; by virtue of their decreased

254 phosphorylation, the potential decline of PKC δ , PKC θ , and PKD/PKC μ activities contrast with
255 previous findings. One early study demonstrated a progressive rise in IP₃ levels over the course
256 of the freezing process, ultimately rising 11-fold higher than control values after 24 h of freezing
257 (Holden and Storey, 1996). Based on this finding, important roles were suggested for PKC,
258 including: i) overriding of normal cellular metabolic controls; ii) enabling “acceptance” of
259 prolonged and extreme reductions in cell volume, along with accompanying hyperosmolality and
260 elevated ionic strength, and; iii) exerting tight control over glycogen phosphorylase, in order to
261 drive glycogenolysis to the degree necessary for extreme the hyperglycemia observed during
262 freezing. A follow-up study, exploring second messenger changes in frogs subjected to
263 dehydration and anoxia, noted increased IP₃ levels in both dehydrated and anoxic frogs (Holden
264 and Storey, 1997). Because of the response to both dehydration and anoxia, the importance of
265 PKC in freezing was reaffirmed; indeed, both dehydration and anoxia result from the freezing of
266 extracellular water in wood frogs.

267 Upon the discovery of *fr47*, a novel gene associated with freezing survival, it was noted
268 that its expression pattern paralleled that of IP₃ accumulation, suggesting that PKC may activate
269 freeze-response genes (McNally et al., 2003). Later, NF κ B, a transcription factor crucial in
270 cellular stress response and survival, was found to have increased DNA-binding affinity in
271 frozen frogs; its sequestering binding partner, I κ B, was also found to increase in phosphorylation
272 during freezing (Storey, 2008) I κ B is a substrate of the I κ B kinase (IKK), which is in turn a
273 substrate of PKC isozymes (Lallena et al., 1998; Diaz-Meco and Mostat, 2012). Recently, it was
274 shown that Nrf2, a transcription factor activated during oxidative stress, has increased DNA-
275 binding affinity in frozen frogs; moreover, transcription of *gsta*, a gene under Nrf2 control, was
276 elevated in frozen frogs (Zhang, 2013). It was reiterated in this study that PKC phosphorylates

277 Keap1, a sequestering binding partner of Nrf2, inducing dissociation and activation of Nrf2 and
278 the transcription of antioxidant response genes. Lastly, and possibly most conflicting with the
279 presently-observed decrease in liver phospho-PKC levels, are the rise of both PDK1 and Akt
280 phosphorylation levels in frozen frogs (Zhang and Storey, 2013). Given these collective findings,
281 the presently-suggested decline in liver PKC activities is at odds with the previously-inferred
282 importance of PKC in freezing survival mechanisms.

283 A possible reconciliation is that although decreases are observed in the phosphorylation
284 states of PKC δ , PKC μ , and PKC θ , levels detected by the phospho-Thr638/641-PKC α / β II
285 antibody remain apparently unchanged in frozen frogs. Thr638, a turn motif phosphorylation
286 site, is not critical to PKC α catalytic function but rather controls the duration of its activation by
287 regulating the rate of dephosphorylation and inactivation (Bornancin and Parker, 1996; Li et al.,
288 1997; Ron and Kazanietz, 1999). By contrast, Thr641 is also a turn motif phosphorylation site
289 but is fundamental to the activity of PKC β I and PCK β II (Zhang et al., 1993; Ron and Kazanietz,
290 1999; Leonard et al., 2011). Taken together, these suggest that some cPKCs will continue to be
291 active and/or remain active for longer in frozen frogs. It should be noted however, that while
292 levels of phospho-Thr638/641-PKC α / β II remained unchanged, levels detected by the phospho-
293 PKC (pan) (β II Ser660) antibody decreased in frozen frogs. This antibody is specific for PKC α ,
294 β I, β II, δ , ϵ and η when autophosphorylated at a carboxy-terminal residue homologous to Ser660
295 in the hydrophobic motif of PKC β II, following initial phosphorylation of Thr500 by PDK1;
296 phospho-Ser660 plays important roles in correct folding, as well as the binding of protein
297 substrate, ATP, and calcium (Zhang et al., 1993; Ron and Kazanietz, 1999; Leonard et al., 2011).
298 Another possible reconciliation is that while much of the literature supports an activation model
299 where phosphorylation is necessary for PKC activity, there are exceptions; as indicated earlier

300 for instance, the active loop phosphorylation at Thr505-PKC δ is not required for activity
301 (Steinberg, 2004; Liu et al., 2007). As an nPKC, PKC δ - and others that behave similarly- may
302 therefore be active in presence of elevated DAG regardless of phosphorylation state.

303

304 *Kidney*

305

306 6 antibodies revealed bands in frog kidney extracts. As in liver, levels of phospho-
307 Thr638/641-PKC α / β II remain unchanged between control and frozen frogs (Fig. 3; Table 1).
308 However, significant decreases were observed in the levels bands detected by phospho-Thr505-
309 PKC δ , phospho-Thr676/643-PKC δ / θ , non-phosphorylated PKD/PKC μ , and phospho-PKC (pan)
310 (β II Ser660) antibodies. Moreover, decreases were also observed in the intensities of the bands
311 detected by the phospho-PKC ζ / λ (Thr410/403) antibody. Thr410 is an activation loop residue in
312 PKC ζ , as is Thr403 in PKC λ (also known as PKC ι in mammals), and these are directly
313 phosphorylated by PDK1 and are critical to activity (Le Good et al., 1998; Le Good and
314 Brindley, 2004). Together, these results would suggest a decreased overall activity for PKC
315 isozymes in kidney of frozen frogs. As with muscle and liver, however, kidney IP₃ levels were
316 shown to increase in previous studies (Holden and Storey, 1997). In frogs dehydrated by 40%,
317 IP₃ levels rose by 60%; levels remained unchanged in frogs exposed to anoxia (Holden and
318 Storey, 1997) and in frozen frogs (Holden and Storey, 1996). Again, this presents us with
319 potentially contrasting results between second messengers, specific stresses, and PKC
320 phosphorylation state; second messengers responsible for PKC activation increase in kidney (but
321 only in response to dehydration, and not to anoxia or freezing), while PKC phosphorylation itself
322 does not increase during freezing.

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Heart

6 antibodies revealed bands in frog kidney extracts, and all of these decreased in frozen frogs (Fig. 4; Table 1). Levels of bands detected by phospho-Thr638/641-PKC α/β II, phospho-Thr676/643-PKC δ/θ , non-phosphorylated PKD/PKC μ , phospho-PKC (pan) (β II Ser660), phospho-Thr538-PKC θ , and phospho-Thr410/403-PKC ζ/λ antibodies all decreased significantly; indeed, phospho-Thr676/643-PKC δ/θ , non-phosphorylated PKD/PKC μ , and phospho-Thr410/403-PKC ζ/λ levels all decreased to an extent where they were no longer detectable in frozen frogs.

With decreases observed in the phosphorylation levels of all PKC isozymes detected in heart, this would suggest overall decreased PKC activity in this tissue. The decreases in phosphorylation levels of these PKC isozymes also correlate with decreases in phospho-Thr308-Akt in frog heart during freezing (Zhang and Storey, 2013). Previous studies showed no significant changes in IP₃ levels in response to freezing (Holden and Storey, 1996), yet significant increases were observed after only 1 h of enduring anoxia (Holden and Storey, 1997). Thus, our present results in heart are in agreement with decreased phosphorylation of other PDK1 targets and unchanged second messenger levels in freezing, but not with increased second messenger levels in response to anoxia.

Brain

345 8 antibodies revealed bands in frog brain extracts. Of the five tissues investigated in the
346 present study, the results obtained in the brain were the most unique; changes (or lack thereof) in
347 phospho-PKC levels in brain during frog freezing contrasted strongly with those observed in
348 muscle, liver, heart, and kidney (Fig. 5; Table 1). No changes were observed in the levels of
349 bands detected by phospho-Thr676/643-PKC δ / θ , phospho-Ser744/748-PKD/PKC μ , non-
350 phosphorylated PKD/PKC μ , and phospho-PKC (pan) (β II Ser660) antibodies; each of these were
351 detectable in both control and frozen frogs to approximately the same extent. Interestingly,
352 phospho-Thr638/641-PKC α / β II levels increased by 121.3% in brains of frozen frogs. Moreover,
353 phospho-Thr505-PKC δ and phospho-Thr538-PKC θ , which were not detectable in control frogs,
354 were detectable (albeit faintly) in frozen frogs. Overall, whereas phospho-PKC levels generally
355 tended to decline in other organs of frozen frogs, phospho-PKC levels largely remained
356 unchanged or even increased in brain.

357 The increase in brain PKC phosphorylation during freezing is of great interest. Previous
358 studies have shown that brain IP₃ levels rose significantly after 4 h of freezing (Holden and
359 Storey, 1996), and so this is one frog tissue in which the overall increases in PKC
360 phosphorylation state correlate with this rise in IP₃. Numerous other adaptive “activations” occur
361 in frog brains in response to freezing, including: 1) moderately-increased expression of *fr10* (Cai
362 and Storey, 1997) and *li16* (Sullivan and Storey, 2012), novel genes with putative roles in
363 freezing protection; 2) increased levels of c-Fos (Greenway and Storey, 2000), and; 3) up-
364 regulation of genes for ribosomal proteins, including the acidic ribosomal phosphoprotein P0
365 (Wu et al., 2005) and the ribosomal large subunit protein 7 (Wu et al., 2008). At present,
366 however, we cannot conclusive identify any of the proteins listed here as being substrates of

367 PKC, nor can we confirm that any of the upregulated-genes are facilitated by transcription
368 factors downstream of PKC.

369 Conceivably, the phosphorylation and activation of PKC (along with other proteins) in
370 brain- contrasted against the decreased or unchanged phosphorylation of PKC in other tissues-
371 suggests a unique and vital role for brain PKC during freezing. Indeed, the importance of PKC in
372 cerebral protection has been demonstrated well-beyond the niche of wood frog freezing (Sun et
373 al., 2013; Thompson et al., 2013). Future efforts will be required to establish the catalytic
374 competence of PKC isozymes in frozen frog brains, to identify the targets being phosphorylated
375 by PKC, and to determine their most likely role in frog cerebral/neuroprotection during freezing
376 based on our current understanding of other models.

377

378 **Conclusion**

379

380 The present study investigated the phosphorylation state of conventional, novel, and
381 atypical PKC isozymes in five tissues of freeze-tolerant frogs, as well as non-phosphorylated
382 PKC μ /PKD. Broadly, phospho-PKC levels and non-phosphorylated PKC μ /PKD decreased in
383 muscle, livers, kidneys, and hearts of frozen frogs; the only exception was protein detected by
384 the phospho-Thr638/641-PKC α / β II (turn motif), which showed no change in livers or kidneys
385 between the control and frozen states. This protein alone would partially support the findings of
386 past studies, where IP₃ was shown to dramatically increase in livers of frozen frogs and thus an
387 important role was suggested for PKC in the freezing process; however, even the steady
388 phosphorylation state of Thr638/641 is seemingly contradicted by the decreased phosphorylation
389 of Ser660 (hydrophobic motif) in both livers and kidneys of frozen frogs. A particularly

390 interesting finding in this study is PKC would seem to play an important role in the brains of
391 frozen frogs, as the phospho-levels of all isozymes detected remain either remain unchanged or
392 even increase in the frozen state.

393 The results of this study succeed in answering some questions of past studies pertaining
394 to the state of PKC in freeze-tolerance, but raise many others and indeed pose some
395 contradictions. Whereas our lab has previously asserted that based on second messenger patterns,
396 PKC would play an important role (particularly in liver and muscle), our present findings would
397 seem to instead suggest a diminished role for PKC in most tissues, based on our current
398 understanding of PKC isozymes and their generally-accepted activation model. This in itself,
399 however, can be debated by pointing to studies which demonstrate that activation loop
400 phosphorylation is, in fact, not needed for PKC activity (e.g. PKC δ). To clarify the role of PKC
401 in wood frog freezing, it is now evident that catalytic assays are necessary in order to
402 unequivocally establish the actual activities of each of these isozymes in the control and frozen
403 states. Moreover, there is an additional difficulty in contextualizing the role of PKC due to the
404 fact that very few downstream targets of PKC have been assessed in wood frogs. Those that were
405 discussed in this report are either only speculative (e.g. transcription factors that might control
406 expression of *li16*, *fr10* and *fr47*), or are several degrees removed from being direct PKC
407 substrates and/or are under the control of multiple kinases (e.g. NF κ B/I κ B via IKK, Nrf2 for
408 which Keap1 can be modified via several pathways, etc.) There is a clear need to assess the
409 phosphorylation state of direct PKC substrates (e.g. the MARCKS family) in order to better
410 determine the activity and role of PKC in freeze-tolerance.

411

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413

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416

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418

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531

532 **Tables**

533

534 **Table 1.** Summary of changes in phosphorylation levels of PKC isozymes (or non-
 535 phosphorylated PKD/PKC μ) during wood frog freezing. Relative levels were determined from
 536 immunoblots of $n = 5$ independently-prepared tissue homogenates from pooled tissues of control
 537 or frozen frogs. Quantifiable decreases (-) or increases (+) are presented numerically. An equal
 538 sign (=) indicates no significant change. In some instances, bands were detectable in control
 539 frogs but were undetectable or too faint to be accurately quantified in frozen frogs (--), or vice-
 540 versa (++) . ND indicates that bands for that isozyme or phosphorylation site were not detected in
 541 that tissue. Statistical significance as determined by one-way ANOVA followed by Tukey's test
 542 is as follows: *a*, $p < 0.05$; *b*, $p < 0.01$; *c*, $p < 0.005$; *d*, $p < 0.001$.

543

	Muscle	Liver	Kidney	Heart	Brain
Phospho-PKC α/β II (Thr638/641)	-41.8% ^c	=	=	-28.6% ^a	+121.3% ^b
Phospho-PKC δ (Thr505)	ND	--	-76.6% ^d	ND	++
Phospho-PKC δ/θ (Ser643/676)	ND	-54.8% ^a	-75.7% ^c	--	=
Phospho-PKD/PKC μ (Ser744/748)	ND	--	ND	ND	=
Phospho-PKD/PKC μ (Ser916)	ND	--	ND	ND	ND
PKD/PKC μ	ND	-76.4% ^d	-66.7% ^d	--	=
Phospho-PKC (pan) (β II Ser660)	ND	-82.7% ^c	-74.6% ^a	-38.6% ^c	=
Phospho-PKC θ (Thr538)	-50.4% ^d	--	ND	-35.8% ^b	++
Phospho-PKC ζ/λ (Thr410/403)	ND	ND	-66.8% ^d	--	ND

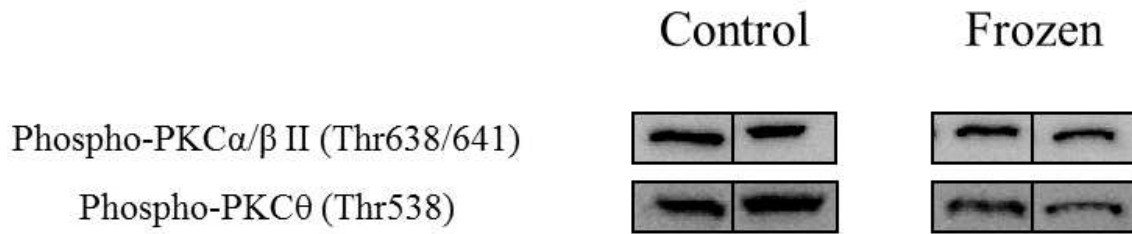
544

545 **Figures**

546

547 **Fig. 1.**

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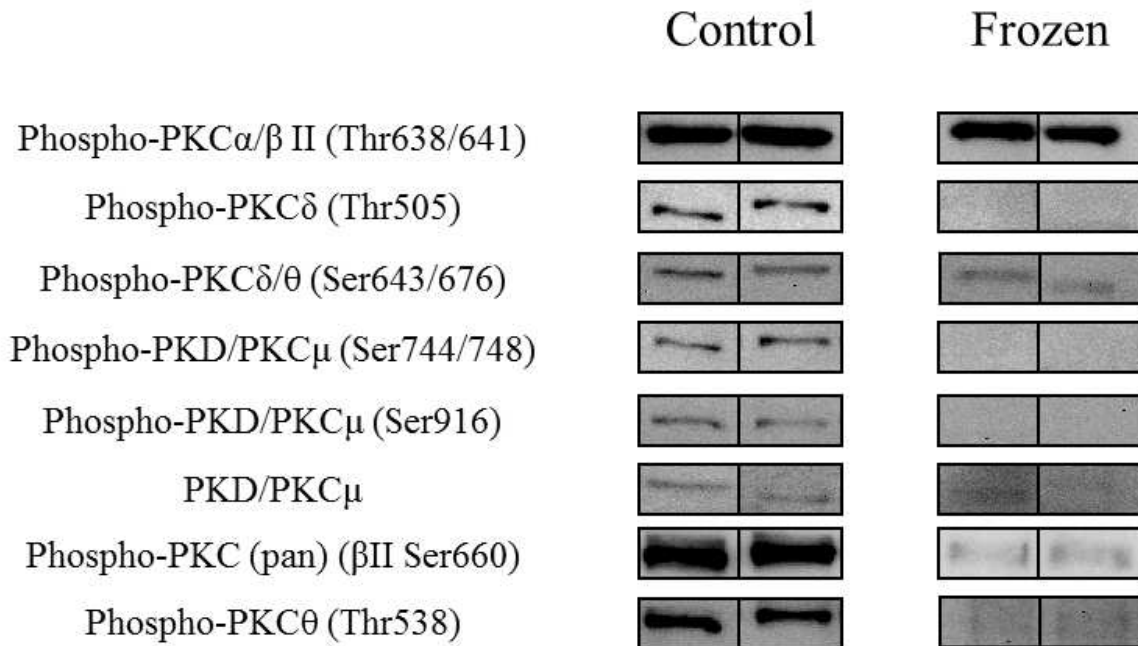
551 **Fig. 1.** Changes in phosphorylation levels of PKC isozymes in frog hind leg skeletal muscle
552 during freezing. Relative levels were determined from immunoblots of $n = 5$ independently-
553 prepared tissue homogenates from pooled tissues of either control frogs, or frogs frozen for 24 h.
554 2 representative bands out of the 5 total bands for both control and frozen frogs are included in
555 this figure.

556

557

558 **Fig. 2.**

559



560

561

562 **Fig. 2.** Changes in phosphorylation levels of PKC isozymes in frog liver during freezing.

563 Relative levels were determined from immunoblots of $n = 5$ independently-prepared tissue

564 homogenates from pooled tissues of either control frogs, or frogs frozen for 24 h. 2

565 representative bands out of the 5 total bands for both control and frozen frogs are included in this

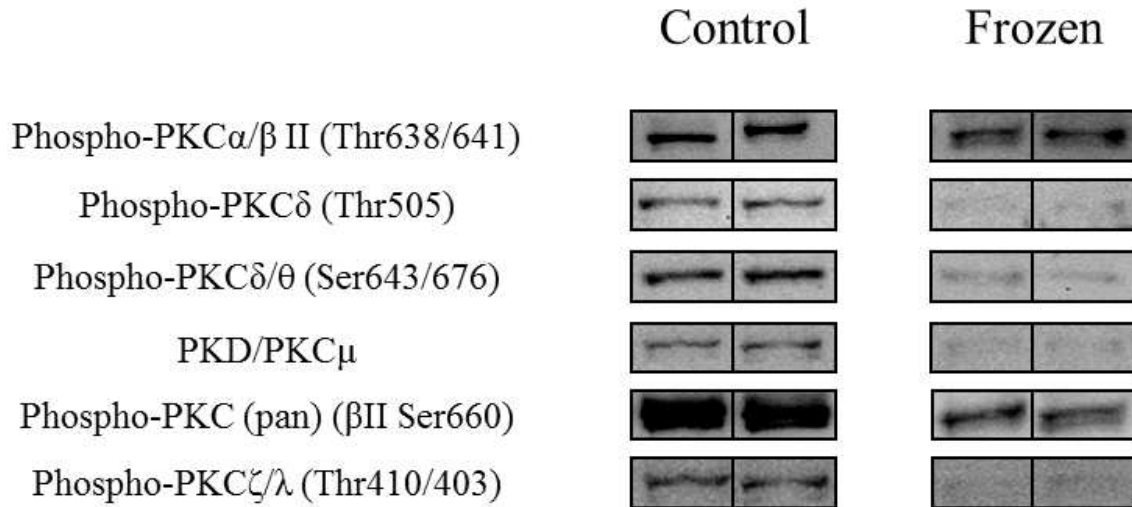
566 figure.

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568

569 **Fig. 3.**

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571

572

573 **Fig. 3.** Changes in phosphorylation levels of PKC isozymes in frog kidney during freezing.

574 Relative levels were determined from immunoblots of $n = 5$ independently-prepared tissue

575 homogenates from pooled tissues of either control frogs, or frogs frozen for 24 h. 2

576 representative bands out of the 5 total bands for both control and frozen frogs are included in this

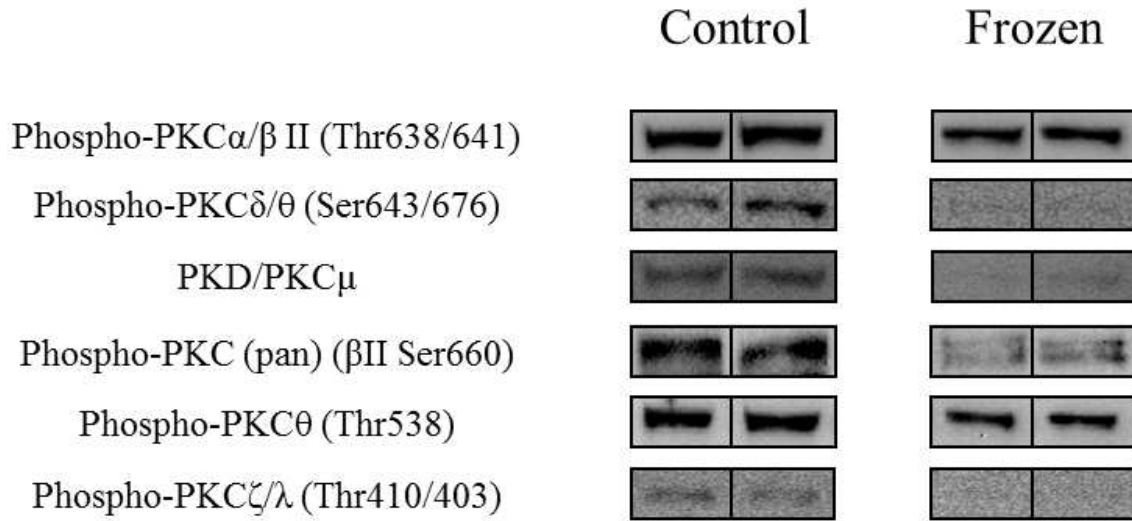
577 figure.

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579

580 **Fig. 4.**

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582

583

584 **Fig. 4.** Changes in phosphorylation levels of PKC isozymes in frog heart during freezing.

585 Relative levels were determined from immunoblots of $n = 5$ independently-prepared tissue

586 homogenates from pooled tissues of either control frogs, or frogs frozen for 24 h. 2

587 representative bands out of the 5 total bands for both control and frozen frogs are included in this

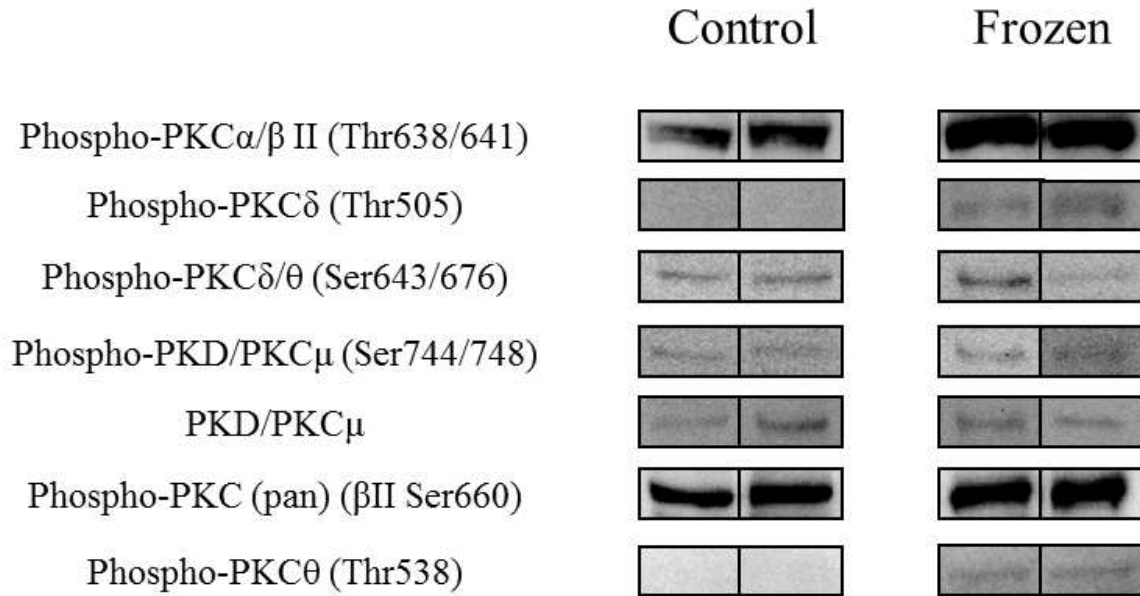
588 figure.

589

590

591 **Fig. 5.**

592



593

594

595 **Fig. 5.** Changes in phosphorylation levels of PKC isozymes in frog brain during freezing.

596 Relative levels were determined from immunoblots of $n = 5$ independently-prepared tissue

597 homogenates from pooled tissues of either control frogs, or frogs frozen for 24 h. 2

598 representative bands out of the 5 total bands for both control and frozen frogs are included in this

599 figure.