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- 1 Contributions to a neurophysiology of meaning: The interpretation of
- 2 written messages could be an automatic stimulus-reaction mechanism
- **before becoming conscious processing of information.**

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14 Abstract

15 *Background*. Interpretation is the process through which humans attribute meanings to 16 every input they grasp from their natural or social environment. Formulation and

17 exchange of meanings through natural language are basic aspects of human behaviour

18 and important neuroscience subjects; from long ago, they are the object of dedicated

19 scientific research. Two main theoretical positions (cognitivism and embodied cognition)

20 are at present confronting each other; however, available data is not conclusive and

21 scientific knowledge of the interpretation process is still unsatisfactory. Our work

22 proposes some contributions aimed to improve it.

23 *Methodology*. Our field research involved a random sample of 102 adults. We presented 24 them a real world-like case of written communication using unabridged message texts. 25 We collected data (written accounts by participants about their interpretations) in 26 controlled conditions through a specially designed questionnaire (closed and opened 27 answers). Finally, we carried out qualitative and quantitative analyses through some 28 fundamental statistics.

29 **Principal Findings**. While readers are expected to concentrate on the text's content, they 30 rather report focusing on the most varied and unpredictable components: certain physical 31 features of the message (e.g. the message's period lengths) as well as meta-information 32 like the position of a statement or even the lack of some content. Just about 12% of the 33 participants' indications point directly at the text's content. Our data converge on the 34 hypothesis that the components of a message work at first like physical stimuli, causing 35 readers' automatic (body level) reactions independent of the conscious attribution of 36 meaning. So, interpretation would be a (learned) stimulus-reaction mechanism, before 37 switching to information processing, and the basis of meaning could be 38 perceptual/analogical, before propositional/digital. We carried out a first check of our 39 hypothesis: the employed case contained the emerging of a conflict and two versions 40 ("H" and "S", same content, different forms) of a reply to be sent at a crucial point. We 41 collected the participants' (independent) interpretations of the two versions; then, we 42 asked them to choose which one could solve the conflict; finally, we assessed the 43 coherence between interpretations and choice on a 4-level scale. The analysis of the 44 coherence levels' distribution returned that, with regards to our expectations, incoherence

45 levels are over-represented; such imbalance is totally ascribable to "H" choosers. "H" 46 and "S" choosers show significant differences (p << 0.01) in the distributions of 47 coherence levels, what is inconsistent with the traditional hypothesis of a linear 48 information processing resulting in the final choice. In the end, with respect to the 49 currently opposing theories, we found out that our hypothesis has either important 50 convergences or at least one critical divergence, joined with the capacity to encompass 51 they both.

53 Introduction

- Human-environment interactions have something special, with regards to the 55 other animals' interactions: human behaviour is not restricted to appropriate reactions; it 56 encompasses also conscious knowledge, which entails the attribution of meanings 57 (semantic aspect) to the incoming signals and stimuli. The other animals can perform 58 sophisticated reactions to the environmental inputs; however, it seems they do not 59 "understand" them (Gruber et al., 2015), even though they certainly can socially 60 exchange some learnings through imitation (about this, a classic study in Mainardi, 1988 61 and some recent examples of research in Baciadonna, McElligott & Briefer, 2013; 62 Carter et al., 2014; Suchak et al., 2014).
- Interpretation, namely the operation through which the meaning is attributed, is a 64 still widely unknown process. A specific difficulty is represented by natural language, i.e. 65 the main instrument through which human species (the only one endowed with such 66 capability in Nature) formulates and exchanges meanings and consciously understands 67 things. Natural language and its use have been studied almost since the dawn of 68 humankind, with researches ranging from the ancient rhetoric (for example, Geymonat, 69 1970; Barthes, 1970; Perelman, 1977) to the most recent approaches integrating 70 linguistics with biology and neurosciences (for example Zuberbühler, 2005; Locke, 2009; 71 Stekelenburg & Vroomen, 2012). Nevertheless, none of the hypotheses proposed up until 72 the present times can be considered capable to exhaustively solve the problem of 73 interpretation (some general reflections on this subject's complexity in Deacon, 2012).

75 symbol-based system, the way it works cannot be reduced to a simple coding-decoding 76 procedure. By one hand, a one-to-one correspondence among written signs (or spoken 77 sounds) and words does exist; by the other hand, no such correspondence can be found 78 between any word/expression and the meaning attributed to it. This led a famous Italian 79 linguist to label natural language as structurally "equivocal" (De Mauro, 2003)¹. 80 Messages are (or, at least, they appear) made up just of words; however, understanding a 81 message always goes far beyond the message's words². The available data does not give 82 definite answers to the researchers' questions; in fact, interpreting the interpretation 83 process is a challenge that modern science has not yet won. Our field research brings 84 some contributions to such endeavour.

Research lines and ideas: a synthetic overview. The available scientific literature 86 is so wide to make it impossible, inside the boundaries of our work, an exhaustive 87 analysis. However, a rapid survey is sufficient to reveal some trends, the first of which is 88 the accelerating extension of these studies from the pure humanistic disciplines to science 89 field; recently, even a "hard" natural science like physics has generated a 90 "psychophysics" branch, specifically oriented to deepen the knowledge problem through 91 the instruments of that discipline. Another trend, thanks to the extraordinary development 92 of technology and informatics, is the enhancement of the studies that explore

 $^{10^{\}circ}$ De Mauro, 2003 states that natural language is "equivocal" in etymological sense: from Latin *aeque*

¹¹ vocare (to name [different things] in the same way). That means: a same word can be used to refer to

¹² different meanings and different words can be used to indicate the same meaning.

^{13 &}lt;sup>2</sup> Material regarding the attempts to explain human communication and the questions of meaning and

¹⁴ interpretation is really countless. Specific works will be indicated within the manuscript. Taking

¹⁵ linguistics apart, we make reference to Pettigiani & Sica, 2003 for a review (in Italian) of

⁶ psychological main approaches; Krauss & Fussell, 1996 for a wide survey from the perspective of

¹⁷ social psychology.

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93 interpretation inside the neural processes of the brain cortex; the neuron-level research 94 and the wide use of advanced imaging techniques witness for this. All this considered, 95 we can roughly outline a picture with two main scientific research lines:

- Mind-centred approaches Understanding/interpretation is totally based on abstract (conceptual) knowledge. Information feeds are provided through the body (perception) but the "mind" processes stimuli and incoming signals at symbolic level, transforming them in propositional representations in the brain cortex and understanding them in terms of concepts. The answer to the inputs (reaction) is based on such comprehension and is shaped as a command to some effectors (typically the motor system). Knowledge is the result of a sort of computation; the mind is separated from the body and rules it. The role of the motor system is totally passive.
- Body-centred approaches Understanding/interpretation is attained through a motor reaction of the body that can, at maximum, co-exist with conceptual knowledge. When an external stimulus/signal is perceived, it is firstly "understood" through a motor reaction which is automatic, involuntary and based on "mental maps" that are motorial, not (or not only) propositional. Understanding is a sort of motor experience that goes along with conscious (rational) in-

^{20 3} We will not enter the disputed question of mind, its existence, its nature and its relationships with

²¹ the body in general and the brain in particular. For a first level of delving further into the subject: by

²² one hand, the early survey of Sperry, 1952; by the other hand, the more recent works of Marcus,

^{23 2004;} Rose, 2005; Zeki, 2010. In the context of this introduction, the "mind" is simply intended as a

²⁴ factor which, by following some theoretical positions, totally controls body through different

²⁵ functions with respect to biological processes.

111 formation processing; the body is not detachable from the mind and can drive 112 it. The role of the motor system is active and decisive for understanding. 113 The first group theories' main features are synthesized in some recent works like, 114 for example, Zipoli Caiani, 2013 (Chapters 1 and 2); Ferrari & Rizzolatti, 2014 (specially 115 Pag. 2); Gallese, 2014 (specially Pag. 2, with the concept of ontological reductionism); 116 Pulvermüller et al., 2014 (specially Introduction and Fig. 1). In addition to this, a 117 browsing of the literature unveils a wide series of theories that, even if they differ in 118 many details, consider the mind (see Footnote 3) through the metaphor of the computer, 119 or even of simpler mechanisms. The range goes from the merely mechanical (and naïve) 120 theories of psychoneural isomorphism (Sperry, 1952, pp. 293-294) and those inspired by 121 the first electronic computers (Newell, Shaw & Simon, 1958), to the various I.P. 122 (information processing) models (Massaro & Cowan, 1993) and current cognitive 123 science positions (Negri et al., 2007; Mahon & Caramazza, 2008; Mahon & Caramazza, 124 2009). The shared concept is that information is essentially processed in a linear and 125 unidirectional sequence, based upon a functional (besides the anatomical) separation 126 among sensory, associative and motor areas of the brain cortex (for a general 127 presentation and discussion see also <u>Rizzolatti & Sinigaglia</u>, 2006, Chapter 1, specially 128 pages 20-22; for a synthesis of the cognitivism paradigm see <u>Gallese</u>, 2000, page 27). 129 The motor system is conceived as a merely operative instrument, totally dependent on the 130 output from associative areas. For precision's sake, we must add that our description is a 131 simplification: there are theories and ongoing research lines that can be included in this 132 first group while they, nonetheless, take motor processes into a special account. For

133 example, the current formulations of Common Coding principle (<u>Prinz, 1997</u>; <u>Hommel et 134 al., 2001</u>) and Ideomotor principle (<u>Pezzulo et al., 2006</u>; <u>Sauser & Billard, 2006</u>; <u>Melcher 135 et al., 2008</u>).

The second group of theories (the body-centred ones) can be traced back, at least, 137 to XIXth Century, up to the works of Lotze, 1852 (cited in Rizzolatti & Sinigaglia, 2006) 138 and James, 1890, which present reflections on the relationships between perception and 139 action. Other philosophers followed⁴, up until a new series of neurophysiological studies 140 appeared, in the second part of XXth Century⁵. Such researches gathered evidence that the 141 sequential processing theory and the supposed totally passive role of motor system are 142 untenable. In addition, a leap ahead has probably been accomplished with the discovery 143 of mirror neurons (di Pellegrino et al., 1992) and the following studies on them (for 144 example Gallese, 2000; Rizzolatti & Craighero, 2004; Iacoboni et al., 2005; Rizzolatti & 145 Sinigaglia, 2006). According to this theory, understanding (at least, understanding of 146 motor acts) would be firstly attained through a motor reaction of the body, "immediately 147 and automatically". Cognition would be "embodied".

^{30 4} Some special mentions about the philosophers: Mach, 1897, in particular pages 1-8 (on the

³¹ relationship between scientific knowledge and perceptual experience of physic world), pages 15-17

^{32 (}a famous example on subjectivity of perspective) and pages 93-95 (sense organs as active elements

³³ of perception, fine-tuned through experience, rather than as passive receptors); Poincaré, 1902

^{34 [2003],} especially Chapter 4 (on the relations between geometrical space and "representative", i.e.

perceptual, space); Poincaré, 1908 [1997], Part I, specially pages 52-63 (phenomenology of a

³⁶ mathematical discovery and the role of sensitivity and aesthetic feeling); Merleau-Ponty, 1965,

³⁷ particularly Part II (with special regards to introduction chapter, on the impossibility to have a

knowledge of the environment that is independent of the body experience).

^{39 &}lt;sup>5</sup> Some special mentions about the neurophysiological studies: Sperry, 1952, especially pages 299-

^{40 300} about the relationships between perceptions and ideas; Jeannerod et al., 1995; Liberman &

⁴¹ Wahlen, 2000; Fowler, Galantucci & Saltzman, 2003.

^{42 6} We are intentionally employing the words "immediately and automatically": they are typically used

⁴³ in describing the mirror-systems' working.

Embodiment of cognition, and its consequences on knowledge and interpretation 149 process, are the object of a heated scientific dispute. Some parts of our work will touch 150 such question; then, it is worth referring to an example, in order to clarify out the 151 different positions. In a review that critically examines the mirror neuron-based approach 152 to cognition (Hickok, 2009) the author proposes an example, aimed to dispute the 153 embodied cognition hypothesis (direct reference to Rizzolatti, 2001). He invites to 154 imagine someone pouring a liquid from a bottle into a glass. Then, he continues arguing 155 that, by following that hypothesis, an observer can "embodily" understand such action 156 since, thanks to his mirror neurons, he undergoes a motor reaction "as if" himself was 157 actually pouring (by the way, such reaction does not turn into any actual movement, it 158 remains virtual). This said, the author replies that pouring "could be understood as 159 pouring, filling, emptying, tipping, rotating, inverting, spilling (if the liquid missed its 160 mark) or defying/ignoring/rebelling (if the pourer was instructed not to pour)..." (see 161 Hickok, 2009, page 1240, italic by the author).

The contrast between these two positions has not yet been solved even though,

163 with respect to its beginning, the debate has grown up far further. In particular, the

164 hypotheses based on the mirror neurons discovery have been refined, for example

165 through the concepts of Mirroring mechanisms (MM) and Embodied simulation (ES)

166 (Gallese, 2005, 2006, 2007, 2008, 2009a; Gallese et al., 2009; Gallese & Sinigaglia,

167 2011a; Ferri, Gallese & Costantini, 2011; Marino et al., 2011; Gallese & Sinigaglia,

168 2012; Ferrari & Rizzolatti, 2014; Gallese, 2014). About this ongoing dispute, a summary

169 and a state-of-the-art outline can be found in Zipoli Caiani, 2013; apart from this, one of

170 the most interesting documents is a forum (Gallese et al., 2011) inside which the most 171 delicate and controversial questions are widely debated. The main ones, with regards to 172 the subject of our work, are the following four: goal-dependency of mirror reactions, 173 with references provided by upholders (<u>Umiltà et al., 2008</u>; <u>Cattaneo et al., 2009</u>; <u>Rochat</u> 174 et al., 2010) and detractors (Range, Viranyi & Huber, 2007; Hickok, 2009; Hickok & 175 Hauser, 2010; Muller & Cant, 2010); the nature of motor representations in the brain 176 cortex and the hypothesis that action understanding obtained through mirror neurons 177 would be a form of knowledge qualitatively different from the propositional and abstract 178 ones (widely discussed in Gallese et al., 2011); the interpretation of the human ability to 179 understand actions that cannot be performed, like the barking of a dog (Rizzolatti & 180 Sinigaglia, 2006; Hickok, 2009; Rizzolatti & Sinigaglia, 2010); the interpretation of 181 neuropsychological evidence about the relationship among motor impairments and action 182 recognition underperformances (with works that uphold one position, for example Moro 183 et al., 2008; Pazzaglia et al., 2008, or the other, for example Negri et al., 2007; Hickok, 184 <u>2009</u>).

In the end, it is worth dedicating a special mention to the sector of psychophysics, 186 in which researchers investigate cognition and semiosis through probabilistic models 187 (Chater, Tenenbaum & Yuille, 2006; Ingram et al., 2008; Tenenbaum et al., 2011), in 188 particular applying the Bayesian inference to reproduce mental processes and describe it 189 through algorithms (Griffiths, Kemp & Tenenbaum, 2008; Bobrowsky, Meir & Eldar, 190 2009; Perfors et al., 2011; Fox & Stafford, 2012). Such concepts are currently in use also

191 in the Artificial Intelligence (AI) studies? Inside psychophysics, a specific sector
192 concentrates on what follows interpretation, that is confrontation among different
193 "apprehensions" (conscious perceptions); the result of such confrontation is a
194 "judgement", that is decision and conceptualization (Arecchi, 2010a; 2010b; 2010c;
195 2011a). New concepts are introduced to investigate semiosis: semantic and non-semantic
196 complexity (Arecchi, 2008), deterministic chaos (Guastello, 2002; Arecchi, 2011b),
197 inverse Bayesian inference (Arecchi, 2010d), creativity as NON-bayesian process
198 (Arecchi, 2010e), quantum dynamics (Arecchi & Kurths, 2009; Nathan et al., 2012) and
199 the reference to Gödel's incompleteness theorem as a limit to the possibility of
200 understanding cognition "from inside" (since that, while studying cognition, we become
201 a system that investigates itself)⁸.

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203 Method

All this matter has not yet been adequately cleared; one reason is that there are 205 still structural obstacles of technical and ethical nature⁹. Another difficulty is the

 $^{50^{\}circ}$ The origins of Artificial Intelligence (AI) studies can be traced back to the Thirties and the works of

Turing on a possible "intelligent machine". About the origins see <u>Leavitt, 2007</u>, chapters 6 and 7,

⁵² and <u>Turing</u>, <u>1950</u> (the original work of Alan Turing). About the "Turing test" (testing the ability of

⁵³ distinguishing humans from computers through written messages exchanges) see a journalist's

⁵⁴ account in Christian, 2012. Some materials about recent research threads, closer to our article's

⁵⁵ topics (like machine learning and natural language or image interpretation), can be found in

⁵⁶ Mitchell, 1997; Menchetti et al., 2005; Mitchell, 2009; Khosravi & Bina, 2010; Verbeke et al., 2012.

^{57 8} See Goldstein, 2006 for a popular-scientific coverage about Gödel and his theorem; Leavitt, 2007,

⁵⁸ chapters 2 and 3, for a particularly clear synthesis of the theorem and its genesis (in connection with

⁵⁹ the *Entscheidungsproblem*, i.e. the "decision problem").

^{60 9} About the technical difficulties of data collecting: experimental techniques used on macaque

⁶¹ monkeys (electrodes direct insertion inside single neurons) return very accurate measuring, but on

⁶² small brain cortex surfaces. About the ethic difficulties: these techniques are almost impossible to be

⁶³ used on humans, and only indirect techniques as fMRI (functional Magnetic Resonance Imaging).

⁶⁴ MEG (Magnetoencephalography), PET (Positron Emission Tomography) or TMS (Transcranial

206 complexity of natural language (its "equivocal" nature, see De Mauro, 2003 and Footnote 207 1), usually overcome through a laboratory approach, i.e. studying interpretation isolated 208 from the interpreting organism and employing simple stimuli (single words, simple and 209 very short phrases; for instance Bedny & Caramazza, 2011). Such approach entails 210 limitations (underlined, for example, in Pulvermüller et al., 2014, specifically Pag. 80, 211 Chapter 7) that might undermine the research conclusions. In short: a message is not just 212 a bunch of words, and the the question of interpreting a message cannot be considered as 213 satisfactorily cleared through adding up the interpretations of isolated words. On the 214 contrary, studying interpretation in the actual conditions it is usually performed 215 (interpretation of messages) could bring something new to our knowledge.

The methodological aspect is crucial, and we delved a little further into it. Some 217 of the mirror neurons discoverers and theorists have expressly tackled such aspect and 218 highlighted that one strong point of the neurophysiological research that led to such 219 discovery is the researchers' preference for a naturalistic-like approach: they let observed 220 macaque monkeys freely interact with available objects, rather than stimulate them with 221 selected artificial stimuli only (Rizzolatti & Sinigaglia, 2006, p. 3). About the 222 reductionism question, and the distinction between methodological and ontological 223 reductionism, see Gallese, 2000, p. 26, and Gallese, 2009b; Gallese, 2010. Opposite to

⁶⁷ Magnetic Stimulation) are systematically employed. They cover wider brain cortex surfaces but with

⁶⁸ inferior accuracy; moreover, they present difficulties with regards to instrument positioning and

⁶⁹ image interpreting. For a survey of these difficulties see <u>Rizzolatti & Sinigaglia, 2006</u>, chapters 2, 6,

^{70 7,} and <u>Rizzolatti & Vozza, 2008</u>, *passim*. A recent thread of research is investigating the connections

⁷¹ among single neurons activity and the total effects detectable through indirect techniques (see

^{72 &}lt;u>Iacoboni</u>, 2008, chapter 7). In addition to all this, data interpretation and comparing are intrinsically

³ difficult, given the differences in macague and human brain cortex and the associated problem to

⁷⁴ check reliable correspondences.

224 these stances, <u>Pascolo & Budai, 2013</u>, which disputes the monkeys' actual freedom in the 225 experiments and the same existence of mirror neurons in humans.

226 From our point of view, we had in our background two works about interactions 227 inside online collaborative groups (Maffei, 2006; Maffei, Cavari & Ranieri, 2007) which 228 let us appreciate the potential of scientific observation on real-world communication 229 cases. Thus, for our research, we tried a naturalistic approach, designing observations in 230 conditions the closest as possible to the natural ones. On these bases, we designed field 231 research on a random 102 adult sample, challenging them with a real world-like written 232 communication case, using complete and unabridged message texts and collecting the 233 participants' interpretations through a specially designed questionnaire. Further details 234 about method in the Supporting Information, Section 0; a full documentation of the 235 survey process, containing research guide-lines, case description and research protocol, 236 as well as the questionnaire, in the Supporting Information (SI) Sections 1, 2, 3, 4 and 237 Section 5 with Tables S1, S2. In addition: a description of the sample and of the sub-238 samples drawn from it for control purposes in SI Section 6 with Tables S3-S5; some 239 quantitative aspects of collected data in SI Section 7; quality check of the collected data, 240 their compliance with the research necessities and their suitability in SI Sections 8 and 9 241 with Tables S6, S7 and Fig. S1-S3.

It is worth specifying that the study of meaning and interpretation at behavioural as well as neuronal level implies the use of indirect techniques: the meaning is not 244 something that can be directly measured and interpretation is a process that occurs inside 245 the brain and/or the body in ways that cannot be directly observed; for this, just indirect

246 approaches are available. Our research represents no exception; our indirect approach has 247 been based on the participants' accounts for their own interpretations immediately after 248 they had read the submitted messages. Naturally, such conscious accounts cannot be 249 considered an exact report of the actual interpretation process, given the possibility that 250 they are unconsciously biased. Indeed, by one hand, we have employed these data to 251 investigate correlated but different aspects; by the other hand, we have checked them 252 with other data and analyses in order to verify their real contribute to the research's goals. 253 Our work is not a clinical trial and no experimentations on the participants took 254 place. Our sample was not recruited in hospitals or any other institution; we gathered it 255 through the conductors' personal relationship network (details on sampling and survey 256 modalities in SI Section 3, particularly points 10.-13.). In addition, no personal data was 257 collected or anyhow involved in the survey. Through our questionnaire, we just 258 collected, in a strictly anonymous way (details here below and in SI Section 3), the 259 participants' opinions about an exchange of written messages, in order to investigate the 260 process of message interpretation. The submitted case was a fiction closely resembling 261 some real cases the authors had dealt with in their professional activities; its contents 262 were totally neutral with regards to the participants' lives and environments and did not 263 touch any sensitive subject. For these reasons, our research did not involve any critical 264 issue related to ethics; we anyway requested, and obtained, the approval of the Ethics 265 Committee for Scientific Research of the Association ARPA-Firenze. The Committee 266 held a dedicated session to our research (in 2012, april 2d) and its approval was given

267 through a formal decision documented by the session's official report, signed by all the 268 Committee's members and filed in the Association's archives.

269 About the **informed consent** of participants, it was necessary not only for ethical, 270 but also for technical reasons: since the answers to the questionnaire's questions were 271 handwritten by participants (directly on the submitted forms), the research should have 272 been impossible without a conscious, voluntary participation to the survey. Participants 273 (all of them were adult) received written information about the research through the title-274 page of the questionnaire (SI Section 4), being invited by the conductors to carefully read 275 it. After such reading, their consent was requested and obtained verbally. The reasons 276 why we did not collect written consent lie on the sampling and data collection procedure, 277 designed to fully guarantee the participants' anonymity (see also the research protocol in 278 SI, Section 3). By one hand, the technical features of data collection and the personal 279 relations among participants and conductors prevented any possibility of unwilling 280 contribution. By the other hand, a written consent would have implied a general database, 281 whose creation and management would have increased the risks of an accidental 282 information diffusion. Instead, our procedures made it impossible for everyone, all along 283 the research work (and the same is at present and will be in the future), either to trace 284 back participants by starting from the filled questionnaires or to recreate the participants' 285 database. Along with its approval of the research guide-lines, the Ethics Committee for 286 Scientific Research of the Association ARPA-Firenze approved also this informed 287 consent procedure.

We set two objectives for our research: (1) To understand the process of 289 interpretation (i.e. how messages in natural language are turned into meanings by 290 receivers) as it works in real conditions and design a structural model in order to 291 adequately represent it; (2) To produce a first check of the formulated hypothesis. 292 Consequently, we have divided our research into two parts: the first one is referred to 293 Messages #1, #2 and #3 of the case and to Questions #1 and #2 of the questionnaire; it is 294 mainly (even though not only) qualitative, investigates the process of taking into account 295 a message and turns into a hypothesis (a model of the interpretation process). The second 296 part is referred to Messages #4/H, #4/S and #5 of the case and to Questions #3, #4 and 297 Final of the questionnaire; it is quantitative, focused on a decision to be taken about a 298 reply to send, and represents a first check about our hypothesis. See SI Section 4 for the 299 messages' and the questions' texts.

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301 The first part of the research: observing and hypothesizing

The first level of our analysis regarded our research's first part and yielded 303 something expected and something unexpected. We remind that each questionnaire's 304 question sent two inputs to the respondents: at first, they were requested to freely 305 interpret some aspects of the submitted messages; then, they were requested to account 306 for their own interpretations through indicating the "concrete elements" on which these 307 were founded. Data related to the first input provided, through a qualitative analysis, the 308 main expected outcome: the scatter of the participants' interpretations. Data from the 309 second input provided, through a quali-quantitative analysis, the main unexpected

310 outcome: the possibility of an intermediate, unpredicted step following text decoding and 311 preceding text content processing.

312 Answers to the questions' first input: qualitative analysis. These answers have 313 fully confirmed the expected wide scatter of the respondents' interpretations. About 314 interpretation scatter, we have quoted an example (taken from Hickok, 2009) in our 315 Introduction. In addition, some descriptions, referred to special cases and entailing 316 divergence of interpretations, can be found in Bara & Tirassa, 1999; Sclavi, 2003; 317 <u>Campos</u>, 2007¹⁰. Inside our research, the answers to Question #2 provide us a specific 318 example. Firstly, we asked participants if, through comparing Message #3 to Message #1, 319 they found the attitude of XX (the sender) toward YY (the receiver) being changed (SI 320 Section 4 for the messages' and questions' texts). Then, to the 61 who answered "YES" 321 (60% of the sample), we asked to specify how they would define the new XX's attitude. 322 They provided 83 specifications: 64 stated XX's position as strengthened, 12 as 323 weakened and 7 unchanged (although these seven, too, had answered "YES" to the first 324 part of Question #2). In addition, we can find completely opposing statements in these 325 specifications and we can see that scattering covers very different aspects of the XX-YY 326 interaction (behaviours, emotions and so on, <u>Table 1</u>).

Such a phenomenon can be observed for all the messages and for any part of 328 them, even if accurately selected: it is impossible to find parts of a message that are 329 interpreted in the same way by all the participants. The observed interpretation scatter

^{85 &}lt;sup>10</sup> Specifically: <u>Bara & Tirassa</u>, 1999, pp. 4-6 (communicative meanings as joined constructions);

⁸⁶ Sclavi, 2003, pp. 93-98 (the "cumulex" play); Campos, 2007, pp. 390-394 (analysis of a real

⁸⁷ communication event).

330 can be represented through a "megaphone-shape" picture (Fig. 1): receivers take into 331 account the same information but their final interpretations diverge¹¹. We named this 332 phenomenon "classic interpretation scatter" and tried to delve further into it. We made a 333 first attempt using a semantic approach: we considered the respondents' answer texts like 334 semantic sets to be investigated through pre-defined categories of meaning. After several 335 tries, we abandoned such approach realizing that, whatever category set we used, too 336 many exceptions, not-decidable cases and ambivalences we found (what confirms the 337 "equivocal nature" of human language, see Footnote 1).

Answers to the questions' second input: quali-quantitative analysis. These
339 answers contain the "concrete elements" respondents have indicated as the basis of their
340 interpretations. We found the following categories of concrete elements:

- Summaries of the message texts and syntheses of their information content,

 presented through respondent's own words.
- Quotations between double quotes, referred to selected words, full phrases (or parts of them) or periods. Such kind of indications have been provided also through pointing the beginning and the ending word of the quoted strings ("from... to..."). The string length could cover up to a whole paragraph of the message (from a keyboard "Enter" to the following).

^{90 11} In the exact same way of the example drawn from Hickok, 2009 and presented in Introduction: in

⁹¹ that case a physical action is described as interpretable in very different ways (by different observers

⁹² as well as by only one who is observing from different points of view). However, there is no

⁹³ question about the action per se. In our case, the reading of the same message by different people

⁹⁴ evokes very different interpretations; however, the message information content cannot be under

⁹⁵ question (being the message typed and having a unique editing).

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- Incidental strings, meaningless *per se*. Such strings were extracted from original full phrases and quoted isolated from the rest.
 - Complement/accessory parts of the text: punctuation marks¹², personal or professional titles used in the opening, the salutes used in the closing etc.
- Items unrelated to the text semantics or to the message content; a tight selection is presented in Table 2. The list is indefinite, given that each item generally appears at low frequency while the range of possible items is extremely widespread. Items of this kind are actually unpredictable; even the Lack of some content can be focused and reported as a source of meaning (Table 2, final row).
 - References to some overall effects produced by the message on the respondent (see SI Section 8.a, final part, for details). In fact, in this kind of answers respondents state they cannot indicate any "concrete element"; the meaning they have attributed derives from a "general impression" received from the message, from the message's "general tone".

In such analysis we have tackled the answers like something *physical*, rather than 364 semantic, and have treated their texts independently of their content and meaning. Doing 365 so, we have seen that the meaning can spring from parts of the message bereft of any 366 intrinsic content, from aspects external to the text and even from the lack of content 367 itself. In short: whichever the message, the source of its meaning can lie anywhere; this

^{98 12} In one of the two pilot-sessions of the survey, one message contained an exclamation mark; it was

specifically identified, and noted as a meaningful component *per se*, by one of the participants. For this reason, it was removed in order to limit influencing respondents. In fact, other respondents

successively picked up, from questionnaires now bereft of that exclamation mark, quotation marks

^{102 (}used in certain passages of the submitted messages) as a meaningful component per se.

368 was unexpected. In truth, the idea that the interpretation of a message is a question far
369 overtaking its pure words is widely investigated with regards to spoken communications;
370 this is reasonable if we consider the possible added signals, like non-verbal language and
371 context stimuli, in such situation (see, for example, Horchak et al., 2014, specially the
372 concept of "situated cognition", and Gibson, Bergen & Piantadosi, 2013). It has been
373 quite surprising to discover it in written communications, that are totally bereft of such
374 added signals; there was something else, in this matter, and it did not seem a simple
375 question of added information. Indeed, our impression that the meaning attributed to a
376 message can lie "anywhere" should be taken into a literal account: it seems impossible to
377 previously write up a "complete" list of the features that could become sources of
378 meaning, given that any new reader can introduce new subjective criteria and detect new
379 sources, totally unpredictable for the other readers. The question now is: how does all
380 this work? How can we describe, and model, the process of interpretation, subjected to

In order to answer these questions, we named "components" the items indicated 383 in the answers to the questions' second input and went back to the questionnaires in order 384 to tally the components present in our survey. We have tallied a total of 1,319 385 components clearly indicated by participants and we have displayed in Table 3 their 386 absolute and relative amounts. Indications that clearly focus on the information content 387 constitute only a small minority (around 12%, see Table 3, "%" row, "Cont." column) 388 while references to different text components reach, on the whole, about 65% (Table 3, 389 "%" row, sum of the first five column totals). The indications referred to some overall

390 effects of the message represent about 15% of the total. About the meaningless 391 components (void of content *per se*, mere "form" components), their relative amount can 392 be estimated in at least 35% (holding together symbols, incidental passages, other 393 components and grammatical notations).

394 In order to verify our statement, we firstly carried out some distribution analyses 395 about the components. Such analyses return a picture without any significant imbalance: 396 by one hand, the distribution of the provided indications results uniform with respect to 397 the different questionnaire's questions (Fig. 2) and almost regularly shaped with respect 398 to the types of the components (Fig. 3). By the other hand, the sample distributions with 399 respect to the amount of the component types employed (Fig. 4) and with respect to the 400 total indications provided by each respondent (Fig. 5) result in "bell curve" shapes. 401 Secondly, we have further checked our quantitative analysis; we considered that 402 references to full sentences or periods (20.9% in the total) could be another way used by 403 participants for indicating contained information. However, even in such case the sum of 404 the two components would occupy just one third (exactly, 33.1%) of the total indicated 405 components. Still unsatisfied, we carefully re-examined the filled questionnaires about 406 the information content component. We found (Table 4) that one half of the sample (51 407 people) expresses, among the others, at least 1 reference to such component (no 408 recordable similar hint by the other half). However, only 7 respondents provide a 409 balanced or prevalent amount of indications (50%, or more, of the personal total) about 410 information content. Among them, only one reaches 100%. In fact, references to the 411 information content are a definite minority in participants' indications.

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- In synthesis: our observations do not match the concept of interpretation like a 413 sequential taking into account of the message's content along with its conscious 414 processing. Rather, the emerging picture is the following:
- The interpretation process looks to be starting like a selective and subjective picking up of (or focusing on) the most different components, rather than being a systematic, conscious scanning of the text's content. Such behaviour is widely scattered: in the whole research, with regards to each specific message, it is impossible to find two identical combinations of focused on components.
 - Readers seem to interpret a message indifferently picking up meaningful and meaningless components and subjectively combining them. While reading and text decoding go ahead sequentially, readers go on freely (randomly, from an external observer's point of view) isolating "chunks" of the text (as well as other components and even external context aspects) and selecting them as the foundation of the message's meaning.
 - While the final meaning attributed to the message is justified through the selected components, no reason (at all, in any cases) is provided for that selection: in the respondents' accounts, the focused components suddenly appear; they are presented just as "given", and without any doubt¹³.
- At this point, we named "disassembling" the observed selective focusing and took 431 two measures. At first, we hypothesized a new image for the interpretation process,

^{109 &}lt;sup>13</sup> The unique doubt expressed in the whole research is the following: 1 participant (out of 102)

¹¹⁰ declares uncertainties in his final choice writing that the final effect could be obtained with both the

messages under choice. It must be noted that, with regards to the other questions, also this special

¹¹² participant's answers are totally doubt-free, like the rest of the participants' ones.

432 inverted with respect to the "megaphone-shape" (Fig. 1) one. Our argument was that, if 433 scatter manifests itself in the beginning (scattering of focus), a "funnel-shape" picture 434 (Fig. 6) could be more suitable: people that select one same component are expected to 435 interpret it in very similar ways. Secondly, we picked up from our data an example of 436 disassembling and decided to carry out an in-depth analysis of it.

A disassembling example in detail and a perceptual hypothesis. Question #1
438 requests evaluations with regards to sender-receiver positions and to the relationship
439 between them, on the basis of Messages #1 and #2 (SI Section 4 for the messages' texts).
440 We found that 53 people (52% of the sample) had quoted an expression the sender (XX,
441 see SI Sections 2, 4) used in Message #1¹⁴: she premised her request of a technician
442 inspection with the words "we would be pleased if at least once...". This simple
443 expression, apparently trivial (also short, 8 words in a 67 word message, and in no way
444 highlighted in comparison to the rest of the text), has collected 68 quotations (15 people
445 expressed two, see Footnote 14). Then, respondents have given such specific passage at
446 least 22 divergent interpretations, summarized in Table 5.

This means that focusing on the same component does not imply convergent 448 interpretations. As much as to say that the interpretation scatter manifests at both levels: 449 the disassembling (scattering of focusing on components) and the following attribution of 450 meaning (each sub-group, focused on a same component, provides scattered conscious 451 interpretations). This means also that the "funnel-shape" picture, too, must be revised: 452 what we observed could be better expressed through an "hourglass-shape" picture (Fig.

^{115 &}lt;sup>14</sup> The 53 people have expressed their interpretations answering Question #1-a (23), #1-b (15) or both 116 the questions (15). See SI Section 4 for the questions' full texts.

453 7). In fact, disassembling and classic interpretation scatter would co-exist and manifest 454 themselves **in sequence**. We notice that the expression we are considering appears to be 455 a minor element in Message #1 text, something incidentally expressed; it is composed 456 using common words and bears no inherent information content (once the passage gets 457 isolated from the rest of the message, it is impossible to attribute it a definite meaning). 458 In short: it is a mere form component. So, how could respondents select such incidental 459 passage? And what did they, exactly, grasp in it? What is more, given that the following 460 interpretations are scattered, what did respondents, exactly, interpret, having started from 461 an identical, spontaneous selection?

Now, the message we have used in our research was always the same, invariable with regards to written form as well as to information content. Thus, if the interpretations 464 of the readers are so scattered, this cannot depend on the message itself, it must depend 465 on the readers: they evidently give an active contribution in attributing meanings, they 466 are not passive symbol decoders. Nothing new, so far: our observations confirm old 467 ideas, for example the ones that the constructivist hypothesis proposed many years ago 468 (Watzlawick, 1984). The question is: how can this happen? By one hand, respondents 469 explain through the outcomes of "disassembling" the conscious attribution of meaning 470 that follows; by the other hand, no accounts report about the source of disassembling. 471 The selective focusing manifests "immediately and automatically", apparently preceding 472 and feeding the conscious processing that follows, and that is all.

At this point we felt we had elements enough to draw a conclusion and propose a 474 hypothesis. The first part of the observed process ("disassembling") does not resemble

475 any information processing, symbol treatment or sign decoding; it rather looks like a
476 **perceptual scheme**. We mean that, if we hypothesize that the components are focused
477 because they firstly act like "physical" **stimuli**, triggering automatic reactions off
478 ("body" level) in the receivers, then the observed phenomena will become
479 comprehensible. The main points of our hypothesis are the following:

- Considering interpretation as a process, decoding of written signs must be its first step, for turning them into words. Decoding is the "technical" aspect of reading, not directly linked to meanings and just feeding the following steps.
 - Along with the sequential decoding, words and the other message components would immediately act like stimuli, triggering a receiver's automatic reaction off ("body" level). This would be the second step, i.e. disassembling. Its results would be different from a person to another given that the capacity of a component to act like a stimulus depends on the subjective reactivity of each receiver.
 - Then, the conscious processing of the collected inputs would start. Being the steps set in a cascade, the "input" on which this third step would be carried out should (mainly, at least) consist of the automatic reaction's outcomes, not of the source message's content.
- Our hypothesis is that the interpretation process structure can be represented with 494 a three-step (three sub-processes) model like the one in Fig. 8. It gives account of how 495 respondents focused on the incidental passage and what they grasped from it: they 496 automatically reacted to a stimulus (presumably through some unconscious connections

497 with previous experiences that had involved something similar) and such stimulus
498 oriented the following conscious process. One more question remains: exactly, how can
499 we precisely identify what a reader picks up when he/she selectively focuses on
500 meaningless/contentless components? We think we can label it as **the fact that** one of
501 these components is present in the message; it can be considered some meta-information
502 to which readers can automatically react even though it is not embedded inside the
503 message words (Table 6). This clarifies which aspect of the incidental passage ("we
504 would be pleased if at least once...") has triggered the participants' reaction off: the fact
505 that XX had (redundantly) placed it in a certain point of the message¹⁵.

In synthesis: interpretation process would firstly consist in a re-experiencing of 507 past situations through an analogical resounding at body-level, thanks to a stimulus-508 reaction mechanism triggered off through perception. Such reaction would feed forward 509 (presumably through proprioception) the following attribution of conscious meaning to 510 the subjective experience (rather than to the source message).

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512 The second part of the research: checking the hypothesis

Our research's second part represents a first check about our hypothesis. We 514 started submitting to participants two alternative versions (Messages #4/H and #4/S) of a 515 possible reply to Message #3. Then we asked them to, firstly, interpret (independently) 516 the two versions (Questions #3 and #4) in terms of their effects on XX; secondly, to

^{123 15} It is particularly interesting to note that the expression "the fact that..." is spontaneously used by

¹²⁴ several respondents in their answers. For example, in the collected questionnaires we can find

¹²⁵ expression like the following: "the fact that the arguments are presented through a dotted list"; "the

¹²⁶ fact that XX is referring to public money".

518 XX's answer (Message #5, that seals the positive ending of the case; see SI Section 4 for 519 messages' and questions' full texts; Section 5 and Tables S1, S2 for details about the 520 reasons of the alternative). Our rationale was the following: the participant's choice could 521 come as a result of the text information's conscious processing (cognitivism stance) or as 522 an automatic reaction independent of every conscious processing (embodied cognition 523 stance). In the first case (our "Hypothesis 0"), the final choices should be outcomes of 524 the interpretations given to the messages; thus, they should result somehow correlated 525 with them. In the second case, no correlation, or a different kind of correlation, should be 526 found (our "Hypothesis 1"). The problem emerged of measuring such correlation. 527 <u>The coherence between interpretation and choice</u>. Firstly, we displayed (<u>Table 7</u>) 528 the choices indicated by the sample members (SI Section 6 and Tables S3-S5 for the sub-529 samples description) and found out a strong imbalance between "S" and "H" indications. 530 Secondly, we compared the interpretations of Message #4/H with those of Message #4/S 531 (SI Section 4 for messages' full texts). Source data (opened answers) was purely 532 qualitative. However, answers were easily classifiable into two main categories: 533 predictions for the message inducing a solution of the case (easing or solving the

517 choose between them (Final question) the one suitable, in their opinion, to origin the final

537 labelled each questionnaire with two new symbols: one referred to Message #4/H (H+ or

538 H-) and one to Message #4/S (S+ or S-). The combination of the two symbols indicates

534 emerging conflict between the interlocutors); predictions for the message inducing a

535 surge, or escalation, in the conflict. We created the dummy variable "Expected effects"

536 and assigned it two values: "+" in the first condition; "-" in the second one. Then, we

539 the combined predictions each participant expressed about the effects: H+/S+ (both the 540 messages solving the conflict), H+/S- (Message #4/H easing the conflict while Message 541 #4/S escalating it), H-/S+ (the opposite), H-/S- (both escalating). Finally, we arranged the 542 symbols into a dichotomous table (Table 8). There is a clear convergence on combined 543 prediction "H-/S+"; the Chi-squared test highlights, at this first stage, that some 544 correlations between "H" and "S" interpretations could exist (p = 0.001988, total sample; 545 p = 0.015600, sub-sample "AGE"; p = 0.003861, sub-sample "EMPLOYMENT"). Given 546 that the messages' presentation sequence was counterbalanced (see SI, Section 3, Point 547 9), it is unlikely that the respondent's first interpretation can drive the second; probably, 548 some other factor drives both of them.

Then, we cross-checked the combined predictions with the final choices (Table 550 9). The most frequent combined prediction (H-/S+) appears to be strongly associated to 551 "S" choice; indeed, the significance tests (Chi-squared) show that some further relations 552 do exist between combined predictions and choice (p = 0.000017, total sample; 553 p = 0.001174, sub-sample "AGE"; p = 0.000383, sub-sample "EMPLOYMENT"). Such 554 results led us facing the core-question related to our hypothesis: given the existence of 555 some correlations between choice and combined predictions, which is its direction? We 556 mean: do the interpretations (the predictions) drive the choice (cognitivism stance) or, 557 oppositely, does the choice precede and somehow drive, or overcome, the interpretations 558 (embodied cognition stance)? To delve further into such subject, we created a "coherence 559 indicator" starting from the following premises (SI Section 4 for messages' full texts):

- The final Message #5 clearly indicates XX's satisfaction; therefore, the conflict has come to its end.
- Now, let us figure a respondent whose answers to Questions #3 and #4, for example, return a combined prediction H+/S- (Message #4/H solving the conflict, Message #4/S escalating it). Then we expect that this respondent indicates Message #4/H in his final choice (answer to Final question). Such combination (H+/S- & "H" choice) would represent the maximum coherence level.
 - If another respondent provides the same combined prediction but indicates

 Message #4/S in his final choice (combination H+/S- & "S" choice), this

 would represent the minimum coherence level.
 - Given the natural variability always recorded in human samples, we expected to find also intermediate coherence levels, based on the other possible combinations (H+/S+ and H-/S-). These could be also due to the predictable scattering of interpretations about the final Message #5: someone could interpret it as something different from the sign of the conflict's ending (what happened in a fistful of cases).
- We defined four coherence levels, increasing from L (low) to LM (low-medium), 578 MG (medium-great) and G (great); the scale is fully presented in <u>Table 10</u>. In this way, it 579 has been possible to study the final choice with respect to the coherence levels (<u>Table 10</u>). The percent distribution histogram of the whole sample (<u>Figure 9</u>, data from <u>Table 11</u>) shows that the distribution is the expected one except for the frequency of the low

582 coherence bin, over-represented. Actually, we expected L frequency to be null or very 583 close to null; anyway, it should show the lowest frequency of all. On the contrary, we 584 found L values higher than the LM ones and representing 11% of the sample.

585 At this point, we refined our analysis through separately analysing distributions 586 of "H" and "S" choosers; for the reliability of comparison, we excluded data referred to 587 the respondents having just primary education levels (only 4 out of 102 in our sample). 588 Data is displayed in Table 12, 13, 14, which show a surprising asymmetry whose 589 significance is confirmed by Chi-squared tests (always p<0.01). Graphic representations 590 render even better such asymmetry: the total sample histograms (Fig. 10, percent 591 distributions from Table 12) show that the percent frequency of "S" choosers (white 592 bins) increases regularly from L category to G, reminding (as expected) of certain power, 593 or exponential, curves. At the opposite, the percent frequency of "H" choosers (grey 594 bins) is arranged in an irregular, almost bimodal shape. We checked these distribution 595 shapes by using many different sub-samples (selection displayed in Fig. 11-16), included 596 the already mentioned "Age" (Fig. 15, data from Table 13) and "Employment" (Fig. 16, 597 data from Table 14) sub-samples. We always obtained the same significant imbalance. 598 Now, Chi-squared tests and graphic representations clearly indicate the existence 599 of a correlation between the participants' choice and the coherence level; but what about 600 its strength and its direction? In order to investigate the strength, we calculated the odds 601 ratio. Our success item was the L level, our failure items all the other levels of coherence. 602 Using data from Table 12, we can find ODDS1 = 0.346 ("H" choosers, 1 success every

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603 about 2 failures) and ODDS2 = 0.028 ("S" choosers, 1 success every about 36 failures).

604 The final result is ODDS RATIO = 18,9 which highlights a strong correlation between 605 the "H" choice and the L coherence level. As much as to say that, if you choose message 606 #4/H, it is much more likely (with respect to message #4/S choosers) that your choice is 607 inconsistent with your interpretations of the two messages. About the direction of such 608 correlation (the interpretations precede and drive the choice or the choice is independent 609 of interpretations), we think the first position is not tenable; indeed, it could be confirmed 610 just in case of general consistence between interpretations and choice.

All this contrasts our "hypothesis 0": the participants' choice does not seem to 612 come as a result of the text information's conscious processing. Then, the choice should 613 be independent of the previous interpretations, what upholds our "hypothesis 1". After 614 this first conclusion, we set up a second indicator ("block preference" indicator) to 615 further check our hypothesis. For text length reasons, we present details about the 616 indicator, its employment and relative analysis in SI, Section 10 with Tables S8-S11. No 617 contradiction has been found with the previous results.

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619 Discussion

We will start our discussion summarizing our main findings. Then, we will 621 situate our work in the current scenario of scientific research; finally, we will discuss 622 some possible consequences of our results and indicate the possible directions in which 623 this study could be developed.

- 624 <u>Summary of the research's main findings</u>. The following points synthesize our 625 interpretation of the interpretation process, upheld by our work's experimental outcomes 626 (specified in italic).
- In all circumstances, the interpretation of natural language is a complex,
 global experience not reducible to the interpretation of isolated spoken or
 written words. Reference to our qualitative analysis of the participants'
 answers to the first input of the questionnaire's first part questions
 (specifically: description of the message non-word and meta-information
 components, that prevail over verbal components and firstly orient the
 reader's interpretation).
 - After decoding, a random, selective focusing on the most various and unpredictable components of the message ("disassembling") starts, preceding the conscious processing of the information content. Reference to our qualitative analysis of the participants' answers to the first input of the questionnaire's first part questions (specifically: observations about the sudden appearance, extreme subjectivity and unexplained origin of the widely divergent and unpredictable selected components).
 - ➤ "Disassembling" looks like a stimulus-reaction mechanism, rather than an information treating process. Reference to our quali-quantitative statistical analysis of a disassembling example (the case "we would pleased if at least once...") drawn from the participants' answers to the second input of the questionnaire's first part questions.

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- Each message component would at first work like a physical stimulus, rather than an information carrier; in other words, it would trigger an automatic reaction off (body level) before the conscious processing of information content starts. *Our hypothesis, consistent with the data we collected, suitable to give account for our observations and compatible with the current research scenario.*
- Since "disassembling" feeds forward the following step (conscious processing), it orients the attribution of meaning: conscious interpretation would be carried out on the body's reaction, rather than on the source information. Reference to our quantitative statistical analysis of the participants' answers to the questionnaire's second part questions (coherence indicator, coherence level distributions and related significance checks; block preference indicator and related analysis).
 - After disassembling, the receiver's contact with the original message would be lost¹⁶. Consequence of the "in a cascade" setting of our model's three steps (further details, with direct references to recent scientific paper consistent

^{141 &}lt;sup>16</sup> Our data led us to conclude that such contact can be recovered (like a sort of "fourth step" after the

basic three of our model) only later and just in peculiar conditions; however, this is another story

and, in this article, we will not delve further into it. In our research, one example of this can be the

¹⁴⁴ intervention of XX's colleague in the case. Even though the used case is a fiction, it is very close to

observed real cases, in which the process can be described as follows: an expert, after **text decoding**

^{146 (}first step), detects an issue through **becoming alarmed** (automatic reaction, second step). Then,

his/her feelings come to conscience and lead him/her to **consciously attribute** that text a negative

¹⁴⁸ assessment (third step). At this point, he/she starts the **in-depth analysis** of the case (our presumed

^{49 &}quot;fourth step") through recovering the source message and studying it from a different point of view

and through a different approach. The final result is the expert's solution of the case.

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with such conclusion, in next paragraph, which situates our work in the current scientific research scenario).

- ➤ The final outcome of the whole 3-step process is the meaning consciously attributed to the incoming message and expressed by the receiver through natural language.
- 667 <u>Situating our work in the current research scenario.</u> Scientific research of present 668 times is, naturally, swayed by the confrontation between cognitive and embodied 669 hypotheses. The "cognitive field" frequently engages the noun-verbs dissociation 670 problem, studying it through researches on cortically damaged, selectively impaired 671 patients; such studies are mainly aimed to define the nature of the concepts' 672 representations in the brain cortex (lexical or semantic, lexico-semantic dissociation 673 issue), and to cortically map it (for example Crepaldi et al., 2006; Arévalo et al., 2007; 674 Moseley & Pulvermüller, 2014; Gallese, 2014). Conversely, the "embodied cognition 675 field" mainly go searching for the connections between language and its motor 676 correlates, one well-known of which is the ACE (Action-sentence Compatibility Effect), 677 often checked through measuring and comparing the reaction times collected during 678 language-and-action combined match-advantage experiments (see for example Vitevitch 679 et al. 2013; Horchak et al., 2014). Such studies are frequently carried out through 680 neuroimaging works (for example Tettamanti et al., 2005; Aziz-Zadeh et al., 2006; Speer 681 et al., 2008; Aziz-Zadeh & Damasio, 2008).
- We have already reminded, in the Method section, the methodological aspect we 683 consider common to the two research lines: they both use, during the experiments, words

684 and short phrases isolated from every context (see, for example, Bedny et al., 2008;
685 Bedny et al., 2012, especially the Method sections; and, for some critical reflections
686 about the question, the already cited Pulvermüller et al, 2014, specifically Pag. 80,
687 Chapter 7). Such methodological aspect elicits a further consideration: there is a cross688 concept widely and implicitly shared by cognitivism and embodied theories, namely the
689 idea that the meaning is something embedded inside words. These would work somehow
690 like "carriers" of meaning and interpretation would consist in the "extraction" of
691 meaning from words (actually, the verb "to extract" is overtly used in scientific
692 publications, for instance Mahon & Caramazza, 2011).

The divergence between the two approaches can be synthesized as follows (for 694 further reference see, for example, Bedny et al., 2008; Rizzolatti & Fabbri-Destro, 2008; 695 Goldman & de Vignemont, 2009; Gallese, 2011; Gallese & Sinigaglia, 2011b; Bedny et 696 al., 2012): cognitivism upholds the sequential processing idea, i.e. cognition being 697 conceptual and resulting from a sequence of perception / symbolic processing of the 698 incoming information / (motor) reaction. Oppositely, the embodiment theories uphold the 699 concept of direct connections among cortical sensorial and motor areas ("sensorimotor 700 grounding" of cognition, Guan et al., 2013). In this sense, cognition would be 701 embodied¹⁷. Now, how could our work be positioned in such picture? In a third position, 702 we would say. In fact, both theories are based on the implicit idea that human 703 communication is a continuous, homogeneous process. On the contrary, we hypothesize

^{155 17} Such embodiment, inside the same embodied cognition field, can be conceived in different ways: it can

¹⁵⁶ stand alone, per se resolving the problem of knowledge ("sensorimotor processing underlies and

¹⁵⁷ constitutes cognition", Guan et al., 2013), or can be a "motor representation" that accompanies conscious

knowledge processes (the two kinds of knowledge proposed by Gallese, for example in Gallese et al.,

^{159 2011;} see also Gallese, 2014).

704 discontinuity, with the interpretation process made-up of three discrete, in-a-cascade 705 steps which can result compatible with both ideas.

706 Actually, in our opinion, the embodied concept's features are clearly akin to our 707 second step ("disassembling", see Fig. 8): an immediate and automatic reaction that 708 precedes conscious processing of information. This last (our third step, Fig. 8) is clearly 709 akin to the cognitivist hypothesis, that refers to a conscious processing of the inputs with 710 subsequent conceptual output. We must add that such overlapping is just one aspect of 711 the question; our proposal entails at least one important difference with respect to the two 712 theories: the discrete, in-a-cascade structure of our process implies a feeding chain, with 713 the first step (decoding) that feeds the second (disassembling) which, in turn, feeds the 714 final one. This results, after "disassembling", in the loss of the contact with the source 715 message and in the conscious processing performed on the body-reaction signals 716 (presumably received through proprioception). The real object of our (first level, see 717 Footnote 16) knowledge would not directly be the outer world; rather, it would be our 718 instinctive reactions to it (the outer inputs combined with our inner world). This is a 719 relevant point, and we have selectively examined some of the available literature for a 720 first check of it.

Conscious thinking following (rather than preceding) "body" reaction can be 722 traced back up to the hypotheses of Nineteenth Century philosopher and psychologist 723 William James. In one of his examples (the "James's bear", see <u>James</u>, 1890, Chapter 724 XXV), James explains his theory of emotions suggesting that, for example (our 725 synthesis), we do not run away from a bear because we see it, we know it is very

726 dangerous, so we are scared of it and, consequently, we consciously decide to run away 727 (as common sense would sustain). Conversely, we feel like we are afraid because 728 (consciously and successively) we discover our body having started a desperate run. In 729 other words: what we call "emotion" is usually intended as a body reaction consequent to 730 the rational processing of consciously perceived environmental stimuli; James suggests 731 that the body reaction follows perception immediately and what we call "emotion" is the 732 consciousness of the new body state (a form of self-consciousness). We are aware that 733 James's theory (exactly: James-Lange theory) has been criticized and opposed through 734 several alternative theories (for example Cannon, 1927; Schachter & Singer, 1962); 735 nevertheless, we do refer to it because recent scientific research and reviews seem to 736 suggest some re-consideration of the matter (for example, Friedman, 2010). We will not 737 deepen the question here; however, we feel that James-Lange's intuitions could deserve 738 another chance.

In Twentieth Century, we can find the Gregory Bateson's approach to human 740 communication as a system and to the question of the receiver's active role; he uses a 741 strictly formal presentation (see <u>Bateson, 1972</u>, in particular Chapter 4.8 on the logical 742 categories of communication, founded on Russel and Whitehead's theory of logical 743 types). In addition, we remind of a group of theories and models (which repeatedly refer 744 to Bateson's studies) that tackle the question mainly from a pragmatic slant: the so called 745 "pragmatic models" (<u>Berne, 1961</u>; <u>Watzlawick, Beavin Bavelas & Jackson, 1967</u>; 746 <u>Bandler & Grinder, 1975</u>). Conceived inside a psychoanalytic context, they all put 747 perception and stimuli at the centre of their attention and reverse the relationship between

748 action and thought using action (rather than thought) to induce training and therapeutic 749 effects¹⁸. We find no important contradictions among our hypotheses and such models; 750 rather, we find complementarity: they show how physical stimuli can act like messages; 751 our results tell that words (even if only written) can act like physical stimuli. In addition, 752 we can propose an explication of an unsolved point related to them: the biological 753 foundations of the "aspect of relation" in human communication (Watzlawick, Beavin 754 Bayelas & Jackson, 1967). On the basis of our results, this aspect could be exactly the 755 body-level automatic reaction which precedes the conscious information processing. 756 About the relevance of unconscious processes in human behaviour, some 757 fundamental clarification is provided by Custers & Aarts, 2010 through a review of 758 experimental works that re-examines the disputed question of the passage from 759 perception to action. The authors compare the traditional positions of Sensory-motor 760 Principle (SMP, for example Massaro & Cowan, 1993; and, for a presentation and 761 discussion about the sequential processing of stimuli conceived as the foundation of 762 human/environment interactions see also <u>Rizzolatti & Sinigaglia</u>, 2006, chapters 1, 2) 763 and Ideomotor Principle (IMP, Stöcker & Hoffmann, 2004; Pezzulo et al., 2006; Melcher 764 et al., 2008; and, for a synthesis, <u>Iacoboni</u>, 2008, Chapter 2, pp. 56-57 of Italian edition). 765 In so doing, they show how certain stimuli (images, solid objects or even written words),

^{166 18} By one hand, it is worth mentioning a special work coming from NLP founders (Grinder & Bandler,

^{167 &}lt;u>1979</u>): it appears different from the work that founded this theory (<u>Bandler & Grinder, 1975</u>) and

that has successively been developed by NLP specialists (for example <u>Dilts, 1998</u>). As a matter of

¹⁶⁹ fact, that work gives a central role to perception and to physical stimuli (not mediated by language)

as a possible communication and therapeutic instrument (see, in particular, the concept of "sensorial

anchors" in <u>Grinder & Bandler, 1979</u>). By the other hand, we should remind a Watzlawick's work

on the modern evolution of psychotherapy (<u>Watzlawick</u>, <u>1987</u>) that represents a severe critic to the classic approach and reverses the relation between action and thought (an Italian translation is

¹⁷⁴ retrievable in Nardone & Watzlawick, 1990, Chapter 1). In the same Nardone & Watzlawick, 1990,

see also chapter 2 on perception as one main source of psychopathology.

766 intentionally added to an experimental setting, can alter the sample behaviours, even if 767 such stimuli are not consciously detected: "under certain conditions, actions are initiated 768 even though we are unconscious of the goals to attain... [and] goal pursuit can... operate 769 unconsciously" (Custers & Aarts, 2010). They also sustain that arguments frequently 770 presented as rational motivations for action are, actually, *ex-post* justifications of 771 unconsciously performed behaviours.

The role of physical stimuli in swaying communication through natural language 773 is confirmed by a series of recent works (for example Zhong, Bohns & Gino, 2010; Tsay, 774 2013; and, for a popular-scientific coverage, Lobel, 2014). Further, quite unpredictable 775 factors that can sway message interpretation can be the specific national languages used 776 (for example Marian & Kaushanskaya, 2005; Costa et al., 2014) or the metaphors used to 777 express concepts (Thibodeau & Boroditsky, 2011; Thibodeau & Boroditsky, 2013). Our 778 data is consistent with all this in that it confirms precedence of perception-reaction with 779 regards to conscious processing.

In the end of this rapid survey, we think it is worth re-examining the example 781 (Hickok, 2009, for the opposing point of view see Gallese et al., 2011) presented in our 782 Introduction in order to check our proposal in a concrete case. About the capacity of an 783 observer to understand the action of pouring performed by someone, the author 784 highlights that the "embodied cognition" hypothesis cannot explain the fact that the 785 observer can interpret such action "as *pouring*, *filling*, *emptying*, *tipping*, *rotating*, 786 *inverting*, *spilling* (if the liquid missed its mark) or *defying/ignoring/rebelling* (if the 787 pourer was instructed not to pour)…" (see Hickok, 2009, page 1240, italic by the

788 author). The author also anticipates the counter-argument of a supposed mirror neuron 789 theorist, i.e. that mirror neurons codify the goals, or intentions, of the actor: "But a goal, 790 say to fill a glass with water, can be accomplished with any number of individual actions 791 or sequence of actions: pouring from a pitcher, turning a spigot, dipping a glass in a lake, 792 setting the glass in the rain…" (*ibidem*).

In our opinion, embodied cognition hypothesis looks at the act of pouring in its 794 **purely motor** nature; conversely, understanding it, for example, as "pouring" or 795 "filling", requires the interpretation of a **situation** which is not limited to the act for 796 itself. In order to attribute the "pouring" meaning, one must focus on the liquid flow 797 direction (inside to outside, from the bottle); for the "filling" meaning, one must focus on 798 the glass receiving the liquid; for the "emptying" meaning, one must focus on the bottle 799 content's amount. An operation must be preceding the attribution of a conscious 800 meaning: the previous, unconscious selection of a specific point of view, which is 801 something closely resembling our "disassembling" step.

Some possible consequences. One main consequence of our results, once they 803 will be confirmed, would concern the nature of words. We are used to consider words 804 almost exclusively in their symbolic nature; however, our research shows that they could 805 have a double nature: they could work like symbols as well as physical stimuli. In a 806 specific circumstance, which of the two natures will be active depends on the subjective 807 "disassembling" performed by the receiver, rather than on the sender's intentions. This 808 implies that which nature is in action will become observable only at the moment of the 809 receiver's interaction with the message. This is very similar to what happens in certain

810 physics phenomena, for example the double nature of light (waves/particles) or the 811 uncertainty about some features of many atomic particles: the ambivalence is solved just 812 in the process of measuring the phenomena (Zeilinger, 2010, for a discussion about the 813 case of photons, and von Baeyer, 2013 for a recent point of view about such 814 ambivalence). All this entails what follows:

- There is a structural uncertainty in the human communication process: when a sender prepares a message (message production sub-process), he/she has the intention to produce some effects on the receiver (his/her communication has a goal, this is the pragmatic aspect); however, the actual effects the message will produce will depend on another sub-process (interpretation) that is under control by the receiver, not by the sender. Uncertainty is linked to the irreducible subjectivity of the receiver's "disassembling".
 - ➤ Such subjectivity is not just a question of statistical scatter, with regards to presumed pre-definable message components; the question is that it is impossible to foresee what components, exactly, will trigger the receiver's automatic reaction off (receiver's reactivity is an absolutely individual feature).
 - ➤ What is more, the selective focusing, by the receiver, on specific message components, seems to be a creative act, rather than a simple recognition of something contained inside the message. So, it would be impossible to

^{182 19} Another way to express such concept is considering the sender-receiver couple as a complex

¹⁸³ system, and the meaning like an emergent phenomenon which characterizes it (about this specific

matter see, for example, Guastello, 2002).

830 previously detect and list, in a laboratory condition, "all" the components of a 831 message. In fact, whatever the message, the concept of an inherent message's 832 measurable information content fades. Human communication seems to be a 833 process having a different nature from computer communication. 834 In the end, communication and knowledge processes would be firstly analogical, 835 rather than digital. Meaning would be established starting from the body automatic 836 reaction in the "disassembling step", analogically triggered through individual reaction 837 schemes probably based on similar, previous personal experiences. The final meaning, 838 expressed through natural language, would be the result of the following step, i.e. 839 conscious taking into account of the outcomes of such analogical process. This final 840 meaning would not be directly based on the source message; rather, it will be based on 841 the body reaction. Indeed, all this could lead us to approach natural language like a 842 system of acquired reflexes and such feature could heavily affect the possibility to 843 reproduce human interpretation process on digital computers, regardless of their 844 processing power and data storage capacity. The two systems could result not only 845 different, rather incompatible. We are not the first to propose such observation (for 846 example Arecchi, 2008; Arecchi, 2010b; Arecchi, 2010c on the non-algorithmic nature 847 of knowledge and intelligence). In the end, all this could lead to an operative definition 848 of "meaning" (expressing the meaning of "meaning"), beyond the possible abstract ones: 849 The meaning attributed to a message is the receiver's synthetic conscious report on the

Other possible consequences of our results are the following:

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850 final state of his/her organism after experiencing the interaction with the message.

- The distinction between content and form of a message would lose its sense, given that the apparently most insignificant (from the sender's point of view) variation of the form can completely change the message's meaning (from the receiver's point of view). Given a message, we simply could not distinguish what is "content" and what is "form", before the receiver interacts with it.
 - Human beings do not interpret data or single signals/stimuli; rather they interpret *situations*. Again, the human approach to a message, as well as to the surrounding environment (natural or social), would work analogically, through the organism's resounding to a recognizable situation, rather than digitally, through a rational scanning of the available incoming information.

Opened questions. We have provided some data upholding our hypothesis and seff our discussion; at the same time, we are conscious that our results and our conclusions heed need to be confirmed. Among the undoubtedly several points to be checked, we highlight seff two main questions. The first one is linked to the matter of analogical vs. digital nature of the processes that contribute to meaning and knowledge building. Following our seff hypothesis, both the natures would be playing a role, each in a specific step of the interpretation process: "disassembling" has an analogical nature while the conscious processing has a digital one. The main question is the timing of these two steps: if conscious processing precedes, then some current models would be confirmed; if seff disassembling precedes, then our hypothesis would be confirmed. The problem is just to seff a way in order to definitely answer such question, what does not seem easy.

The second point to be checked regards the reasons of the observed radical 874 difference between the "H" choosers and "S" choosers group behaviours in terms of 875 interpretation/choice coherence; about this, we think there are two possible hypotheses: 876 (1) The two subsamples follow different paths in interpreting natural language messages 877 ("S" choosers would base their choices on rational information processing, which would 878 precede action, while "H" choosers would react instinctively and choose before analysing 879 the available information); (2) The two subsamples actually follow the same path 880 (automatic reaction preceding conscious information processing, in our opinion) and the 881 difference they show is linked to the differences in their automatic reaction schemes ("S" 882 choosers' reaction would privilege the attention to the relational aspects while "H" 883 choosers' reaction would privilege the content aspects). We consider relevant such matter 884 and we will not engage ourselves in extemporaneous considerations about it; rather, we 885 have already begun to think to a dedicated specific research.

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887 Conclusion

Human behaviour (communication through natural language and "understanding" 889 included) must be rooted into biology. We consider established and thoroughly share this 890 idea; for this, our results have to pass the crucial test: valid compliance with the evolution 891 theory. Specifically, we must ask ourselves if a conscious organism that reacts before

892 rationally thinking (what our work seems to confirm) could be a valid outcome of the 893 evolution process.

At present times, human beings live inside sophisticated societies; however, their 895 biology is the result of natural selection and represents the best fitting in a **natural** 896 **hostile environment**. Biologically, we are "still the ones of the stone and of the sling" 897 even though, from a cultural slant, we can account for ourselves in different ways. 898 Rational thinking is, undoubtedly, much slower in comparison to intuitive reactions; at 899 the same time, in a natural environment, fast reaction capacities are a critical surviving 900 factor. Thus, reaction preceding reflection appears to be consistent with the evolution 901 theory. Human communication and culture could have begun by employing the new 902 feature of language through such general rule: at first, perception would not start 903 complex (and slow) information treatment; rather, the entire organism automatically 904 would change its state and, "resounding" similar situations, would be primed for 905 immediate action. Then, rational thinking would follow. Another possible example of the 906 "exaptation" process (Gould & Vrba, 1982).

Summing up all the data, literature and considerations we have presented, two 908 things remain to be said. The first is that, now, we have at least a hypothesis to describe 909 how human beings understand or do not understand one another and their environment: it 910 depends on the way they firstly react (biological level) to the inputs and then can manage 911 (cultural level) their own reactions. The second is that, if there is any possibility to

^{193 20} From the poem *Uomo del mio tempo* (Man of my age), of Italian poet (1959 Nobel Prize) Salvatore

¹⁹⁴ Quasimodo, 1947: Sei ancora quello della pietra e della fionda, / uomo del mio tempo... [You are

¹⁹⁵ still the one of the stone and of the sling, / Man of my Age...]. A complete text of the poem (original

¹⁹⁶ language) is available at http://www.incontroallapoesia.it/poesie%20salvatore_quasimodo.htm

^{197 (}accessed 1 Sept 2014).

912 represent human semantic approach to the surrounding environment through a
913 computational device, then its model should be the whole human being, not the sole brain
914 cortex. As a consequence, what really can prevent present times computers from
915 imitating human thought is not insufficient data processing power or data storage
916 capacity; rather, it is the lack of a special peripheral unit: a human body.

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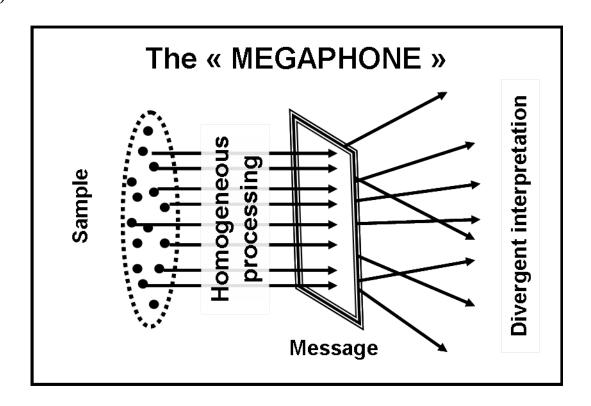


Figure 1: The "megaphone-shape" model.

If the interpretation of a message should be linked only to the processing of its information content, then we would expect a uniform interpretation, given that the source information is absolutely identical for all the participants. On the contrary, a wide scatter is always observed and its process can be represented with a "megaphone-shape" model: information would be homogeneously processed but differently interpreted.

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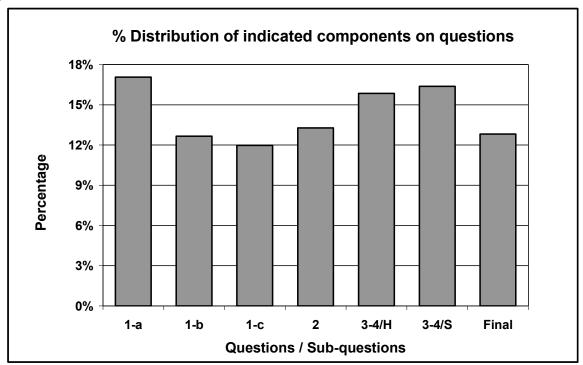
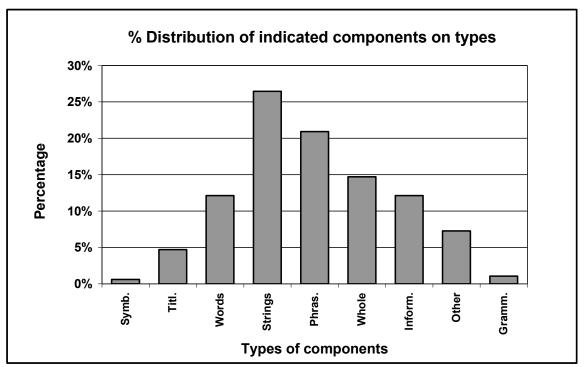


Figure 2: Percent distribution of total indications with respect to questions/subquestions.

With respect to questions, the respondents' total indications about the focused components present a flat-like percent distribution (differences in a range around 5%, from 12% to 17% about, source data from Table 3, "%" column). The range reduces to around 3.6% (from 12.8% to 16.4% about) if we group together the three sub-questions of Question #1 and consider their mean (the reason is that the answers to Questions #1-b and #1-c are often given in short, indicating reference to the already provided answer to Question #1-a). The indications are distributed without any significant imbalance among the different questions of the questionnaire. The approach through subjective selective focusing does not definitely advantage any question or item.

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Figure 3: Percent distribution of total indications with respect to types of components.

1347 [Legend: Symb. = Punctuation marks; Titl. = Title/salutes (opening and closing 1348 expressions); Phras. = Complete phrases/periods; Whole = References to the message as 1349 a whole; Inform. = Information content; Gramm. = Grammar notations (verb tense etc.)] 1350 The respondents' indications have been grouped in bins by type. The presented percent 1351 1352 distribution (source data from Table 3, "%" row) has been built through the ranking of the first six types (from "Symbols" to "Whole") by increasing size of the text "chunks" 1353 1354 considered. The remaining three types (Information content, Other components and 1355 Grammar notations) have been added ranking them by decreasing values. The highest 1356 frequencies correspond to middle-sized "chunks" of the messages.

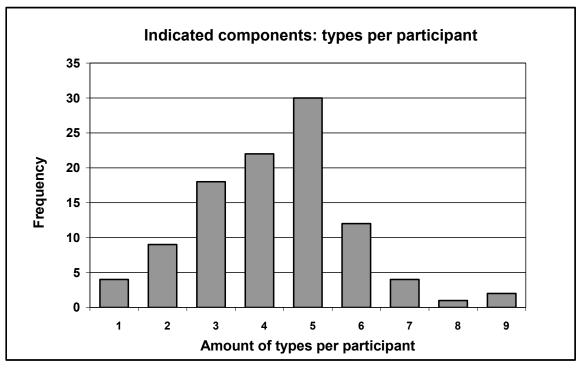
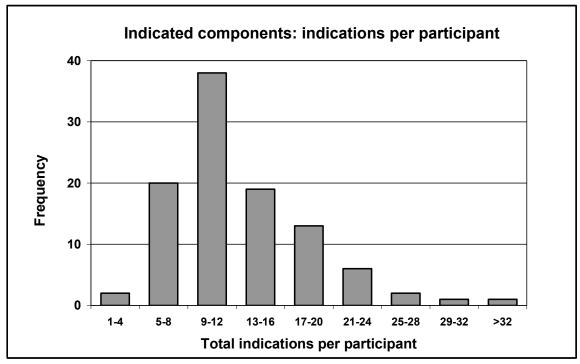


Figure 4: Sample distribution with respect to the amount of component types indicated by participants.

Respondents have been grouped in bins by the amount of types they indicated. The
histogram shows the sample's distribution; it presents the highest frequencies on the 3-4types-per-participant bins and has an almost "bell curve" shape. The main statistical
indexes of the distribution are the following:

Mean =
$$4.3$$
; SD = 1.6 ; Skewness = 0.25 ; Kurtosis = 0.49 .



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Figure 5: Sample distribution with respect to the total indications provided by participants.

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1373 Respondents have been grouped in bins by the amount of total provided indications. The histogram shows the sample's distribution; it presents the highest frequencies on the second, third and fourth bins and has an almost "bell curve" shape (even if it is clearly shifted towards the left side). The main statistical indexes of the distribution are the following:

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Mean = 12.9; SD = 6.2; Skewness = 1.93; Kurtosis = 7.18.

 The « FUNNELS »

Outlierent focusing

Message

Message

Figure 6: The "funnel-shape" model.

1405 If the always observed "classic" interpretation scatter should be based on the scattering 1406 detected in "disassembling" operation, we could expect that the focusing on one same 1407 component would be followed by a convergent interpretation of it, as shown in this

1408 figure. This kind of process would prove itself as the opposite of the "megaphone-shape"

model shown in Fig. 1.

The « HOURGLASSES » Divergent interpretation Sample Message

Figure 7: The "hourglass-shape" model.

1436 This figure is a possible representation of the observed process of message interpretation.

Two kinds of scatter co-exist, manifesting themselves in sequence: the first one regards

dispersion during the focusing on the components ("disassembling" operation) and the

1439 second one regards the interpretation of the focused components ("classic" interpretation

scatter).

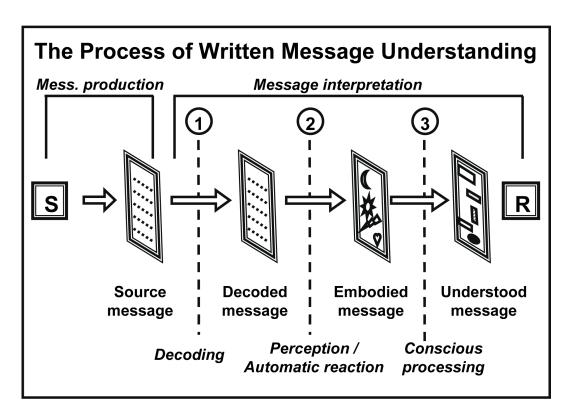


Figure 8: Scheme of the process of written message interpretation (how messages

1466 are understood).

[Legend: S = Sender; R = Receiver; 1-2-3 = Progressive steps of the process]

1468 This figure presents our hypothesis to answer the question: "How is a written message

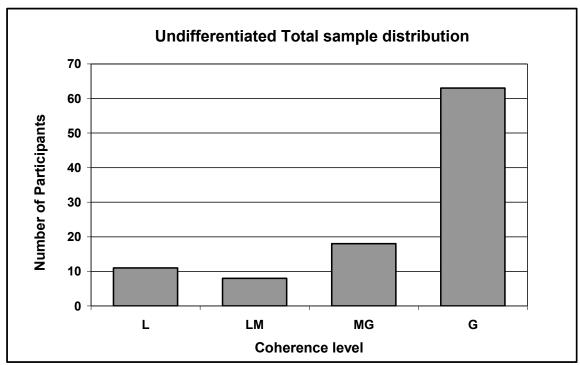
understood by the receiver?". Message production (performed by the sender) is not

1470 deepened. The process of interpretation is made up by three sub-processes, in a cascade.

1471 The automatic reaction on perceptual basis (step #2) is followed by the conscious

1472 information processing (step #3). The step #1 is decoding, given that the words must be

recognized, at first, in order to be interpreted.



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Figure 9: Sample distribution with respect to coherence levels / Undifferentiated

1478 Total Sample

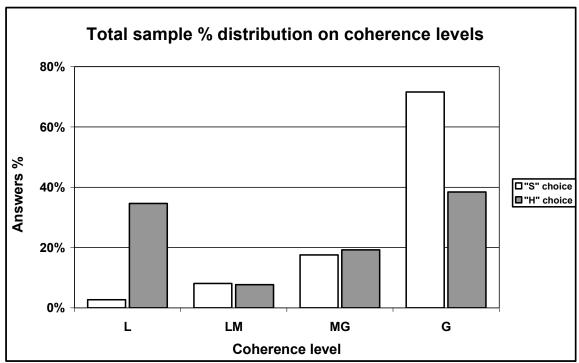
1479 [Legend / Coherence indicator:

1480 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

1481

This histogram shows the distribution of ALL respondents according to the coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is shown for the undifferentiated total sample. The L level results over-represented with respect to what expected.

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1490 1491 Figure 10: Sample percent distribution with respect to coherence levels / Comparing

"H"/"S" choosers - Total Sample
[Legend / Coherence indicator:

1494 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

1496 This histogram shows the percent distribution of ALL respondents according to the

coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is

shown separately for "H" and "S" choosers. Distributions result significantly different

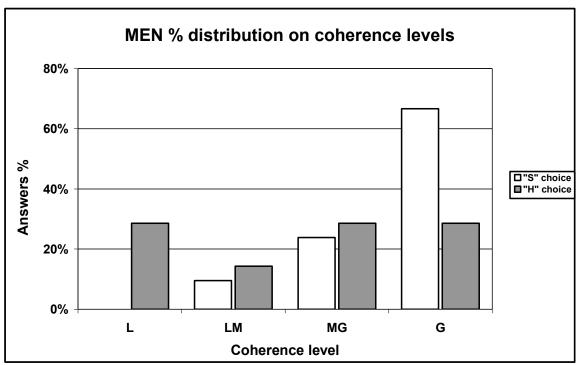
1500 (Chi-squared test: *p*=0.000095).

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1504 1505 Figure 11: Sample percent distribution with respect to coherence levels / Comparing

1506 "H"/"S" choosers - Subsample MEN 1507 [Legend / Coherence indicator:

1508 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

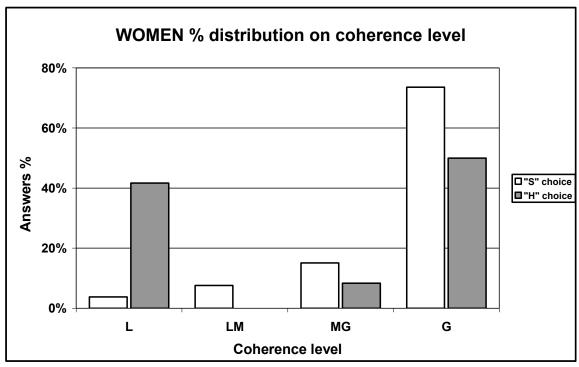
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This histogram shows the percent distributions of MALE respondents according to the coherence (expressed through the coherence indicator) between, by one hand, their 1512 interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is 1513 shown separately for "H" and "S" choosers. Chi-squared test unsuitable for the presence of a zero value.



1517 1518 Figure 12: Sample percent distribution with respect to coherence levels / Comparing

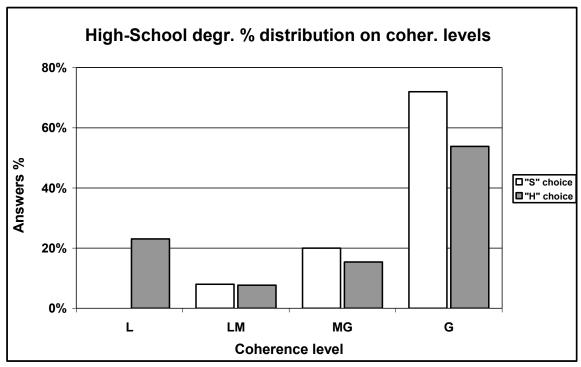
"H"/"S" choosers - Subsample WOMEN[Legend / Coherence indicator:

L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence

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This histogram shows the percent distributions of FEMALE respondents according to the coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is shown separately for "H" and "S" choosers. Chi-squared test unsuitable for the presence of a zero value.

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1530 1531 Figure 13: Sample percent distribution with respect to coherence levels / Comparing

1532 "H"/"S" choosers - Subsample High School

1533 [Legend / Coherence indicator:

1534 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

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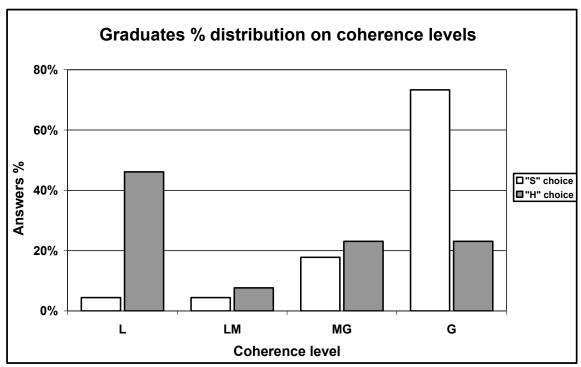
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This histogram shows the percent distributions of HIGH-SCHOOL degree granted respondents according to the coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other 1539 hand, their final choice. Data is shown separately for "H" and "S" choosers. Chi-squared

1540 test unsuitable for the presence of a zero value.



1543 1544 Figure 14: Sample percent distribution with respect to coherence levels / Comparing

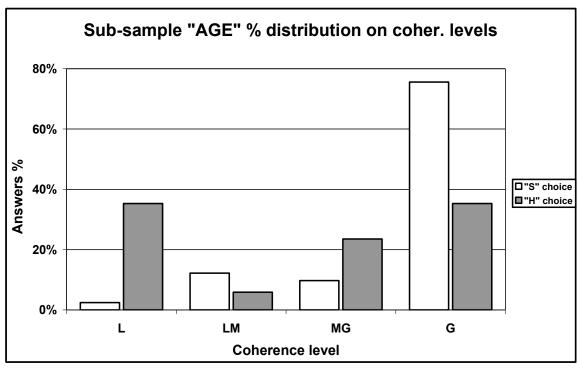
1545 "H"/"S" choosers - Subsample Graduates

1546 [Legend / Coherence indicator:

1547 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

1548

This histogram shows the percent distribution of GRADUATED respondents according 1550 to the coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is shown separately for "H" and "S" choosers. Distributions result significantly different (Chi-squared test: p=0.000649).



1556 1557 Figure 15: Sample percent distribution with respect to coherence levels / Comparing

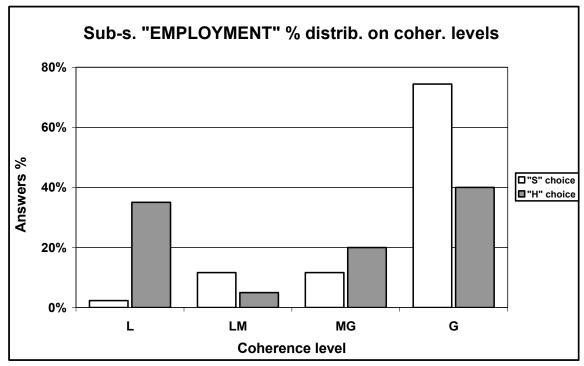
1558 "H"/"S" choosers - Subsample "AGE"

1559 [Legend / Coherence indicator:

1560 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

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This histogram shows the percent distribution of respondents belonging to subsample "AGE" (30 years, and over, old persons) according to the coherence (expressed through the coherence indicator) between, by one hand, their interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is shown separately for "H" and "S" choosers. Distributions result significantly different (Chi-squared test: *p*=0.001174).



1569 1570 Figure 16: Sample percent distribution with respect to coherence levels / Comparing

1571 "H"/"S" choosers - Subsample "EMPLOYMENT"

1572 [Legend / Coherence indicator:

1573 L = Low; LM = Low-Medium; MG = Medium-Great; G = Great level of coherence]

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1575 This histogram shows the percent distribution of respondents belonging to sub-sample

1576 "EMPLOYMENT" (workers only, students and unemployed excluded) according to the

interpretations of Messages #4/H and #4/S; by the other hand, their final choice. Data is shown separately for "H" and "S" choosers. Distributions result significantly different

coherence (expressed through the coherence indicator) between, by one hand, their

1580 (Chi-squared test: p=0.001560).

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Tables

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1583

Category	Sub-category	Examples of participants' interpretations					
Behaviours		XX requests for an intervention					
[7 answers]		She reports flaws					
		She is just sending a duty communication					
Emotions	XX is:	Angry, Disturbed, Worried, Aggressive, Discouraged					
[16 answers]		Brave, Impatient, Afraid					
Relations XX-YY	XX expresses:	Assertiveness, Aggressiveness, Superiority, Subordination					
[41 answers]	XX takes a position:	Tough, Technical, Neutral					
	XX:	Demands a solution					
		Recalls YY to his duty					
		Thwarts YY's plans					
Message form	Msg #3 is more:	Concrete, Correct, Detailed					
[19 answers]		Direct, Effective					

1584

1585 Table 1: An example of interpretation scatter from our research.

1586 Sixty-one individuals (60% of the sample), after having compared XX's Messages #1 and 1587 #3, answered "YES" to Question #2 and provided 83 specifications for the changes they had detected in XX's position toward YY. The table classifies the specifications into 4 main categories and provides some examples for each one of them.

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Components	Examples
The POSITION of a statement	XX explains her absence at the beginning of Msg #3 to forestall possible criticism.
	YY scoffs at XX, expressing a little courtesy just at the end of Msg #4/H.
The LENGTH of a text	Msg #4/H being long / Msg #5 being short have an underlying meaning.
Dotted lists	The use of it in Msg #4/H has a meaning.
Type of lexicon	The use of technical words / expressions imply precision, but also suggest the intention to keep one's distance.
	Thanking and reassuring expressions have détente effects.
The relational or social roles of characters	Some interpreted Msg #4/H as an attack to XX being a woman.
The professional roles of characters	XX not being an Account, she would not cheat.
Grammatical observations	The verbs' tense is noted as having an underlying meaning.
LACK of content	YY does NOT wonder why XX requests a control.
	YY announces a solution NOT clarifying what it will be.

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1595 Table 2: A selection of messages' "other components" that readers may focus on.

The table displays a tight selection of the messages' "other components" focused by respondents. These components are independent of the information content and, in most cases, of the message text. They are extremely various, indeed unpredictable, and return the impression that the receivers' preferences could be totally rule less.

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Quest.	Sym.	Titl.	Words	Incid.	Phras.	Whole	Cont.	Other	Gram.	ТОТ	%
1-a	1	7	46	55	53	16	29	14	4	225	17.1%
1-b] 1	7	26	53	27	18	20	12	3	167	12.7%
1-с	0	6	22	58	34	13	11	12	2	158	12.0%
200	4	5	22	52	32	17	34	7	2	175	13.3%
3-4/H	0	1	13	49	54	35	31	24	2	209	15.9%
3-4/S	0	22	14	52	48	45	29	5	1	216	16.4%
Final	2	14	17	30	28	50	6	22	0	169	12.8%
тот	8	62	160	349	276	194	160	96	14	1,319	100%
%	0.6%	4.7%	12.1%	26.4%	20.9%	14.7%	12.1%	7.3%	1.1%	100%	

Table 3: Statistics on indicated components.

LEGEND	
Sym. = Symbols (punctuation marks)	<u>Whole</u> = General tone of the message / Blocks of text
<u>Titl.</u> = Titles – Salutes (starting/closing expressions)	<u>Cont.</u> = Information content of the message
<u>Words</u> = Meaningful isolated words/expressions	Other = Other components of the message
Incid. = Incidental passages, meaningless per se	<u>Gram.</u> = Grammar notations, like verbs tense and similar
Phras. = Complete phrases/periods	\underline{TOT} = Totals; $\underline{\%}$ = Percentage on totals

The table displays a descriptive statistical analysis of what the respondents look at inside the messages. The information content is focused by 12.1% of respondents only ("Cont." column, "%" row). Even if we suppose that reference to complete 1608 phrases/periods could actually mean reference to their content, the sum of "Cont." and "Phras." column % totals would amount just to 33% of respondents, again a clear minority.

Bins (% on personal total)	N. of respondents	%
0%	51	50,0%
1%-24%	31	30,4%
25%-49%	13	12,7%
50%-99%	6	5,9%
100%	1	1,0%
TOTAL	102	100,0%

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1612 Table 4: Sample distribution with regards to the indicated components referred to information content.

1614 Answering to the second part of the questionnaire's questions (requesting to indicate the 1615 "concrete elements" on which the interpretation was based), just the exact half of the 1616 sample indicated, at least once, information content components. In this table, the sample 1617 is distributed in bins defined through the percentage that the components referred to 1618 information content represent on the personal total of the provided indications. Just for 7 1619 people out of 102 the indications pointing at information content balance the others or 1620 prevail (50% or more); just 1 people among them indicates information content 1621 components only.

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Category	Examples of participants' interpretations					
" we'd be pleased"	Aggressiveness; Office duty expression; Informality; Irony					
[32 quotations]	Just a request; Sarcasm; Highlighting XX's subordinate role					
	Expression of alternative visions					
" if at least once"	Conflict; Doubt on YY's reliability; Expression of courtesy					
[17 quotations]	Taunting; Request for attention; Request for information					
	A reminder; Stimulus to organization top management					
" we'd be pleased	Expression of XX's fear, because she doesn't feel safe					
if at least once"	Insignificant (just a normal office communication)					
[19 quotations]	Complaint/claim					
	Reprimand/reproach, by XX to YY					
	XX's clarification request					
	Information exchange					

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1627 Table 5: Interpretation scatter referred to one component (the incidental passage of

1628 Message #1).

The table displays the result of classifying the interpretations given by a subset of 53 individuals (52% of the sample) to one component of Message #1. These respondents, even though focusing on that same component (the incidental passage "...we would be 1632 pleased if at least once..."), have nonetheless dispersed their interpretations. This means that not even the "funnel-shape" model (Fig. 6) could result acceptable.

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Factors	Examples
Form of address	Using or not titles indicates formality level
Use of idiomatic expressions	Sign of familiarity, informality
Regards / greetings form	Length and presence/absence of thanks are taken into account and interpreted as sign of attention, carelessness, respect, defiance
Reply quickness	Courtesy / promptness sign
Use of technical terms	Sign of intention to keep a distant role
Amount / level of details provided	Sign of major / minor accuracy or interest
Quantifying information	Sign of quibbling, coldness
Referring to rules / laws	Taken as sign of escalation in formality

Table 6: Examples of possible stimulus-factors.

The table displays examples, drawn from the filled questionnaires, of one category of possible stimulus-factors inside the messages. The capability of these factors to work as stimuli is not linked to the information they might contain, but to "the fact that" they are present within the message, in a certain form and/or at a certain point.

Variable	Total Samp	ole	Sub-sample	e AGE	Sub-sample EMPLOYMENT		
	Answers	%	Answers	%	Answers	%	
"H" choice	26	25.7% 17		28.8%	20	31.2%	
"S" choice	75	74.3%	42	71.2%	44	68.8%	
Total	101	100%	59	100%	64	100%	

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1647 Table 7: Statistical distribution of the answers to the Final question (H/S choice).

The table displays (for the total sample and the two control sub-samples) the frequencies of the answers to the Final question (the choice between Message "H" and Message "S" as the solution of the case). A strong imbalance is shown, as indications of Message #4/S overwhelm the Message #4/H ones in all cases.

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	Total sample						Sub-sample "AGE"						Sub-sample "EMPLOYMENT"					
	S+		S-		тот	ALS	S+		S-		TOT	TALS	S+		S-		тот	TALS
H+	18	22.5%	12	57.1%	30	29.7%	8	17.8%	7	50.0%	15	25.4%	9	18.8%	9	56.3%	18	28.1%
H-	62	77.5%	9	42.9%	71	70.3%	37	82.2%	7	50.0%	44	74.6%	39	81.3%	7	43.8%	46	71.9%
Totals	80	100.0%	21	100.0%	101	100.0%	45	100.0%	14	100.0%	59	100.0%	48	100.0%	16	100.0%	64	100.0%
Gen. Total	101		•	59			•	·		64				•				

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Table 8: Distribution of predictions about Message #4/H and Message #4/S effects.

Predictions about Message #4/H and Message #4/S effects are independently expressed, by each member of the sample, through answering to Questions #3 and #4. Answers are classified through the dummy variable "Expected effects" (possible values "+", if respondents point out that the message will solve the XX-YY contrast, or "-", in the opposite case). The table shows that all the possible combinations of predictions (for the total sample and the two control sub-samples) are present. 1664 Distribution is clearly imbalanced (definite preference on "H-/S+" combination). Significance is checked through Chi-squared test: p=0.001988, total sample; p=0.015600, sub-sample "AGE"; p=0.003861, sub-sample "EMPLOYMENT".

	Total sample							Sub-sample "AGE"						Sub-sample "EMPLOYMENT"				
	"H"	Choice	"S"	Choice	Tota	ls	"H"	Choice	"S"	Choice	Tota	ıls	"H"	Choice	"S"	Choice	Tota	als
H+/S+	5	19.2%	13	17.6%	18	18.0%	4	23.5%	4	9.8%	8	13.8%	4	20.0%	5	11.6%	9	14,3%
H+/S-	10	38.5%	2	2.7%	12	12.0%	6	35.3%	1	2.4%	7	12.1%	8	40.0%	1	2.3%	9	14,3%
H-/S+	9 _	34.6%	53	71.6%	62	62.0%	6	35.3%	31	75.6%	37	63.8%	7	35.0%	32	74.4%	39	61,9%
H-/S-	2	7.7%	6	8.1%	8	8.0%	1	5.9%	5	12.2%	6	10.3%	1	5.0%	5	11.6%	6	9,5%
Totals	26	100.0%	74	100.0%	100	100.0%	17	100.0%	41	100.0%	58	100.0%	20	100.0%	43	100.0%	63	100,0%
Gen. Total	100			58			63											

Table 9: Cross-table of combined predictions and final choices between Message #4H and Message #4S.

1670 In this table the combined predictions of Message #4/H and Message #4/S effects (see <u>Table 8</u>) are crossed with the final 1671 choices of the respondents (all the variables are independent). Data shows the association (for the total sample and the two 1672 control sub-samples) between the most frequent combination "H-/S+" and "S" as final choice. In addition, some correlations 1673 between the two choices is underlined by Chi-squared test: p=0.000017 (total sample); p=0.001174 (sub-sample "AGE"); 1674 p=0.000383 (sub-sample "EMPLOYMENT").

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295 Contributions to a NEUROPHYSIOLOGY of MEANING 1675

	L (low coherence)	LM (low-medium c.)	MG (medgreat c.)	G (great coherence)
"H" choice	H-/S+	H-/S-	H+/S+	H+/S-
"S" choice	H+ / S-	H-/S-	H+/S+	H-/S+

Table 10: Plot of the coherence level scale.

The table shows the scale of the coherence levels expressed through the coherence indicator; four levels of coherence are defined and ranked. The indicator rates the degree of coherence among the predictions one respondent expressed about the "H" and "S" versions effects (answers to Questions #3 and #4) and the final choice he/she made ("H" 1683 or "S", answer to the Final question). All the questions were independent. The predictions are represented through the dummy variable "Expected effects" and labelled "+" if they indicate that the message will ease or solve the contrast between XX and YY, "-" in the opposite case.

Contributions to a NEUROPHYSIOLOGY of MEANING

Cahananaa laval	Total samp	le	Sub-sample	"AGE"	Sub-sample "Employm."		
Coherence level	Values	%	Values	%	Values	%	
L	11	11.0	7	12.1	8	12.7	
LM	8	8.0	6	10.3	6	9.5	
MG	18	18.0	8	13.8	9	14.3	
G	63	63.0	37	63.8	40	63.5	
Total	100	100.0	58	100.0	63	100.0	

Table 11: Sample distribution with respect to coherence levels.

[Legend: L = Low; LM = Low-medium, MG = Medium-great, G = Great level of coherence between predictions and choice; H/S = Versions of Message #4; +/- = type of predicted effect (resolution or escalation of the conflict) of the messages on XX.]

The table displays, for the total sample and the two subsamples "Age" and "Employment", the distribution of participants with respect to the different levels of coherence (see <u>Table 10</u>). The L level results over-represented with respect to what expected.

Contributions to a NEUROPHYSIOLOGY of MEANING

"H" Choosers			"S" Choosers			Total	
Coherence level	Values	%	Coherence level	Values	%	Values	%
L (H-/S+)	9	34.6	L (H+/S-)	2	2.7	11	11.0
LM (H-/S-)	2	7.7	LM (H-/S-)	6	8.1	8	8.0
MG (H+/S+)	5	19.2	MG (H+/S+)	13	17.6	18	18.0
G (H+/S-)	10	38.5	G (H-/S+)	53	71.6	63	63.0
Total	26	100.0	Total	74	100.0	100	100.0

1703 Table 12: Sample distribution with respect to coherence levels and expressed choice 1704 (total sample).

[Legend: L = Low; LM = Low-medium, MG = Medium-great, G = Great level of coherence between predictions and choice; H/S = Versions of Message #4; +/- = type of predicted effect (resolution or escalation of the conflict) of the messages on XX.]

The table displays (for the total sample, and separately for the H and S choosers) the distribution of participants with respect to the different levels of coherence. Data highlights some correlations between the two variables coherence and choice: Chi-squared test returns high significance (p<0.01).

Contributions to a NEUROPHYSIOLOGY of MEANING

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"H" Choosers			"S" Choosers			Total	
Coherence level	Values	%	Coherence level	Values	%	Values	%
L (H-/S+)	6	35.3	L (H+/S-)	1	2.4	7	12.1
LM (H-/S-)	1	5.9	LM (H-/S-)	5	12.2	6	10.3
MG (H+/S+)	4	23.5	MG (H+/S+)	4	9.8	8	13.8
G (H+/S-)	6	35.3	G (H-/S+)	31	75.6	37	63.8
Total	17	100.0	Total	41	100.0	58	100.0

1714

1715 Table 13: Sample distribution with respect to coherence levels and expressed choice

1716 (Sub-sample "Age").

1717 [Legend: L = Low; LM = Low-medium, MG = Medium-great, G = Great level of 1718 coherence between predictions and choice; H/S = Versions of Message #4; +/- = type of

predicted effect (resolution or escalation of the conflict) of the messages on XX.]

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1721 The table displays (for the sub-sample "Age", >29yy-old people only, and separately for 1722 the H and S choosers) the distribution of participants with respect to the different levels 1723 of coherence. Data highlights some correlations between the two variables coherence and 1724 choice: Chi-squared test returns high significance (p<0.01).

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"H" Choosers			"S" Choosers			Total	
Coherence level	Values	%	Coherence level	Values	%	Values	%
L (H-/S+)	7	35.0	L (H+/S-)	1	2.3	8	12.7
LM (H-/S-)	1	5.0	LM (H-/S-)	5	11.6	6	9.5
MG (H+/S+)	4	20.0	MG (H+/S+)	5	11.6	9	14.3
G (H+/S-)	8	40.0	G (H-/S+)	32	74.4	40	63.5
Total	20	100.0	Total	43	100.0	63	100.0

1728 Table 14: Sample distribution with respect to coherence levels and expressed choice
1729 (Sub-sample "Employment").

[Legend: L = Low; LM = Low-medium, MG = Medium-great, G = Great level of coherence between predictions and choice; H/S = Versions of Message #4; +/- = type of predicted effect (resolution or escalation of the conflict) of the messages on XX.]

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1734 The table displays (for the sub-sample "Employment", people with a regular employment 1735 only, and separately for the H and S choosers) the distribution of participants with respect to the different levels of coherence. Data highlights some correlations between the two variables coherence and choice: Chi-squared test returns high significance (p<0.01).

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