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Title of the paper: Psychometric properties of the Children's Revised Impact of Events Scale (CRIES) with Bangladeshi children and adolescents

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## Abstract

Identification of possible cases suffering post-traumatic stress disorder (PTSD) is important, especially in developing countries where traumatic events are typically prevalent. The Children's Revised Impact of Events Scale is a reliable and valid measure that has two brief versions (13 items and 8 items) to assess reactions to traumatic events among young people. The current study evaluated the psychometric properties of both versions of the CRIES in a sample of 1342 children and adolescents aged 9-17 years ( $M=12.3$  years,  $SD=2.12$ ) recruited from six districts of Bangladesh. A sub-group of 135 children from four schools was re-tested on the measures within 3.5 weeks. Confirmatory factor analysis supported factor structures similar to those found in other studies for both versions of the CRIES. Multiple group confirmatory factor analysis showed gender and age-group differences within the sample, supporting established age and gender differences in prevalence of PTSD symptoms. Analyses also indicated moderate to excellent internal consistency and test-retest reliability and clear discriminant and convergent validity. These data support use of both the CRIES-13 and CRIES-8 to provide quick and psychometrically sound assessment of symptoms of PTSD among children and adolescents from Bangla-speaking communities.

*Keywords:* Trauma; assessment; post-traumatic stress; children; Bangla; Bangladesh

## Introduction

1           In the aftermath of exposure to traumatic events, about 70% of children develop  
2 symptoms of Post-Traumatic Stress Disorder (PTSD) within the first month after the  
3 incident (Aaron, Zaglul, & Emery, 1999) and almost 20-30% will meet full diagnostic  
4 criteria for PTSD within the first 12 months (Atle Dyregrov & Yule, 2006; Schnurr et al.,  
5 2007). When children with PTSD are left untreated, the disorder can persist for years  
6 limiting their psychosocial functionality and increasing risk for other disorders (Bolton,  
7 O'Ryan, Udwin, Boyle, & Yule, 2000; Weber et al., 2008; Yule et al., 2000). Trauma can  
8 also produce marked neurobiological consequences and impaired cognitive development  
9 that can reduce academic and social performance in a young person's life (Teicher et al.,  
10 2003; Yasik, Saigh, Oberfield, & Halamandaris, 2007). In the long run, the impact on  
11 individual levels of productivity across the life-span increases burden on the whole society.  
12 To help reduce this long-term impact, early identification of post-traumatic stress reactions  
13 is very important (Cohen et al., 2010).

14           Unfortunately traumatic events are more common in the lives of children from  
15 developing or low and middle income countries than those of developed countries creating a  
16 greater vulnerability to mental health problems (Matzopoulos, Bowman, Butchart, & Mercy,  
17 2008; Patel & Kleinman, 2003; Whetten, 2011). Despite the frequency of traumatic events  
18 in developing countries, a lack of standard assessment and screening tools to identify young  
19 people suffering distress is a common problem that limits the efficiency of service delivery.  
20 Direct interviews and more importantly, structured diagnostic interviews require resources  
21 that are simply not available in most developing countries, especially following large-scale  
22 traumas (e.g. Ahmed, Hossain, RajaChowdhury, & Bhuiya, 2011; Rousham, 1996).  
23 Therefore, increased availability of free and well validated measures that have been  
24 translated and evaluated in developing countries, is vitally important.

25 Bangladesh is one developing country where children's lives are continually affected  
26 by a variety of traumatic events. The range of traumatic events includes natural traumas,  
27 accidents, and man-made traumas. Bangladesh is well known to the rest of the world for its  
28 frequent natural disasters and has been identified as the country with the highest number of  
29 natural disasters in the world (Government of the People's Republic of Bangladesh, 2008).  
30 Young people are typically most severely affected by natural disasters through death,  
31 disability, loss of family, and displacement. A large number of subsequent problems add to  
32 the vulnerability of children including, neglect, abuse, human trafficking, or loss of  
33 education (UNICEF, 2008). In addition to frequent natural traumas, large numbers of  
34 children in Bangladesh are traumatised each year due to a variety of accidents (Linnan et al.,  
35 2007). More than 82 children die every day in Bangladesh as a result of unintentional  
36 traumatic injury, one of the highest rates in the world (Rahman, 2005). Many young people  
37 also face a range of man-made traumatic events, including trafficking (Ali, 2005), rape (Al-  
38 Azad et al., 2012), acid attack (Zafreen, Wahab, Islam, & Rahman, 2010) and many other  
39 serious forms of violence (UNICEF, 2012).

40 Despite mounting recognition of the quantity of traumatic events in the lives of young  
41 Bangladeshi people which point to the need for both physical and mental health support,  
42 there are few reliable data in the country regarding childhood post-traumatic stress  
43 reactions. In one large-scale survey, children showed higher levels of aggression and  
44 enuresis following a major flood compared to levels before the flood (Durkin, Khan,  
45 Davidson, Zaman, & Stein, 1993). Similarly, high levels of traumatic reactions were  
46 reported following a tornado (13 May 1996) where among 150 victims (both adult and  
47 children), 66% were found to be psychologically traumatized (Choudhury, Quraishi, &  
48 Haque, 2006).

49           Given the high frequency of trauma in the country and the particular vulnerability of  
50 children, it is highly likely that a significant proportion of Bangladeshi children will suffer  
51 post-traumatic stress reactions. Yet no formal reports are currently available that quantify  
52 levels of traumas in the country. This gap in knowledge partly reflects the decreased  
53 importance given by policy makers and the public to mental health issues, combined with a  
54 lack of resources to address these problems. Being able to quantify psychological reactions  
55 to trauma through the use of brief, valid and easily administered self-report measures would  
56 assist in redressing this situation (Ohan, Myers, & Collett, 2002). Availability of such  
57 measures will not only be useful for epidemiological surveys, but would also be of value for  
58 clinical practice or research.

59           Well-developed self-report screening tools to assess children's psychological  
60 symptoms require several key characteristics. Such tools need to be brief to ensure that they  
61 can be quickly completed with minimum disruption to the individual (Brewin et al., 2002;  
62 Stallard, Velleman, & Baldwin, 1999) and items need to be easily understood by children  
63 (Yule, 1992). Within communities with few resources, it is also important that instruments  
64 are easily administered and able to be scored by non-professionals (Brewin et al., 2002).  
65 Several widely used measures of post-trauma reactions among children fail to meet all of  
66 these criteria. Among the measures of childhood PTSD, the Children's Revised Impact of  
67 Events Scale (CRIES; Children and War, 2005) fulfils the criteria for good screening  
68 instruments and has been used across a large number of countries and cultures (both  
69 Western and Eastern). This measure has been translated into more than 15 languages and  
70 has been used in a number of countries following various large and small scale disasters.  
71 Examples include its use with children and adolescents affected by war in Bosnia-  
72 Hercegovina (Smith, Perrin, Yule, & Rabe-Hesketh, 2001), by earthquakes in Greece  
73 (Giannopoulou, Strouthos, et al., 2006) and China (Zhao et al., 2009), tsunami in Sri-Lanka

74 (Ketumarn et al., 2009), and also following road–traffic accidents or other emergency  
75 medical injuries in the UK (Perrin, Meiser-Stedman, & Smith, 2005) and Australia  
76 (Kenardy, Spence, & Macleod, 2006). The CRIES has shown good reliability, satisfactory  
77 face and construct validity, a stable factor structure, and has been used to screen large  
78 samples of at-risk children following a wide range of traumatic events (Smith, Perrin,  
79 Dyregrov, & Yule, 2003). Particular advantages of the CRIES include its brevity, simple  
80 scoring that requires minimal training, clear adherence to PTSD diagnostic criteria in the  
81 DSM, and it can be used even with children as young as five (e.g. Uemoto, Asakawa,  
82 Takamiya, Asakawa, & Inui, 2012). Above all, the CRIES is a free resource that is made  
83 available through the website of the Children and War Foundation, a Norwegian-based non-  
84 profit organisation.

85       Although the original 15-item CRIES (Malmquist, 1986; Yule & William, 1990) was  
86 designed to cover the three components of PTSD, avoidance, arousal, and emotional  
87 numbing, confirmatory factor analyses failed to support a three-factor structure. Several  
88 studies found that most items loaded onto two factors (avoidance and arousal), and several  
89 items did not load on either factor or on more than three factors (Dyregrov, Kuterovac, &  
90 Barath, 1996; Sack, Seeley, Him, & Clarke, 1998; Yule, Bruggencate, & Joseph, 1994). In  
91 response, Yule (1997) removed seven items from the original scale and developed a short,  
92 eight-item version, the CRIES-8 comprised of the two factors, avoidance and arousal.  
93 Finally, to better reflect DSM-defined PTSD symptoms (American Psychiatric Association,  
94 APA, 2000), five additional items were added to the CRIES-8 to represent the third cluster  
95 of PTSD symptoms, arousal (Perrin et al., 2005; Smith et al., 2003). These additional items  
96 completed the CRIES-13 and the three sub-scales were labelled Intrusion, Avoidance and  
97 Arousal (Children and War Foundation, 2005).

98 The factor structure of the CRIES-13 across several studies has been slightly  
99 inconsistent, variously showing a two-factor structure (intrusion and arousal vs avoidance)  
100 (Chen, Zhang, Liu, Liu, and Dyregrov, 2012) , three distinct but inter-correlated factors  
101 (Zhang, Zhang, Wu, Zhu, and Dyregrov, 2011) , and a three-factor structure loading onto a  
102 single higher order factor (Giannopoulou, Smith, et al. 2006). Nonetheless, psychometric  
103 properties for both the CRIES-8 and CRIES-13 have been solid. Internal consistencies range  
104 from .75-.87 for the total CRIES-13, .75-.84 for the total CRIES-8 and for the three  
105 subscales; Intrusion: .70-.90; Avoidance: .62-.82 and Arousal .60-.74 ( Dyregrov et al.,  
106 1996; Giannopoulou, Smith, et al., 2006; J. T. Lau et al., 2013; Smith et al., 2003; van der  
107 Kooij et al., 2013; Yule et al., 1994; Zhang et al., 2011). Test retest reliability up to 6  
108 months is good for the total CRIES-13 ( $r$ 's=.70-.80) (Greenwald, Satin, Azubuike, Borgen,  
109 and Rubin, 2001; Panter-Brick, Goodman, Tol, & Eggerman, 2011; van der Kooij et al.,  
110 2013), but is less acceptable for the subscales; Intrusion  $r$ =.58,  $p$ <.01; Avoidance:  $r$ =.68,  
111  $p$ <.01 and Arousal:  $r$ =.53,  $p$ <.01(van der Kooij et al. (2013).

112 Validity for both the CRIES-8 and CRIES-13 has also proven satisfactory (Perrin et al.,  
113 2005). For instance, children experiencing symptoms of PTSD have been shown to score  
114 higher on the CRIES-8 than children without PTSD (Stallard et al., 1999). Similarly, in a  
115 large sample of children affected by war (N=2976) in Bosnia-Herzegovina, scores on the  
116 CRIES-13 and all subscales showed small positive correlations ( $r$ =.05-.36) with self-  
117 reported level of traumatic event exposure, and depression (Smith, Perrin, Yule, Hacam, &  
118 Stuvland, 2002) and also with ratings of children's distress from parents and teachers and  
119 with mothers' levels of trauma exposure and distress (Smith et al., 2001).

120  
121 Both versions of the CRIES have shown good utility when used as screening tools  
122 for children exposed to traumatic events (Dow, Kenardy, Le Brocque, & Long, 2012; Perrin  
123 et al., 2005). A cut-off score of 17 on the CRIES-8 and a cut-off score of 30 on the CRIES-

124 13 were found to produce the best balance between sensitivity (.94 and .91) and specificity  
125 (.59 and .65) to identify PTSD in a group of children referred for assessment, and sensitivity  
126 (1.0 and .86) and specificity (.71 and .73) to identify PTSD in a group of children assessed  
127 in a hospital accident and emergency department (Perrin et al., 2005).

128 Although symptoms of PTSD and post-traumatic reactions have been argued to be  
129 universally consistent (Giannopoulou, Smith, et al., 2006), it remains possible that different  
130 language and cultural groups will demonstrate differences in perceptions and reactions to a  
131 given event (e.g. Anthony & Michael, 2004). Given the importance of having a brief and  
132 inexpensive instrument to assess post-traumatic reactions among young people in  
133 Bangladesh, the present study aimed to establish the psychometric properties of the CRIES-  
134 8 and CRIES-13 among a large sample of children and adolescents from Bangladesh.

135

136

137

## Methods

138 *Participants:*

139 A total of 1342 children and adolescents from a larger sample of 1383 participants for  
140 a different study (XXX) for which children reported 90% or more of the items on the  
141 CRIES-13 were included in the current sample (Boys=467, 34.68% and Girls=875,  
142 65.32%). Children were recruited from 10 schools (primary, secondary and high) and 39  
143 social support centres for children with traumatic experiences, across rural and urban (slum  
144 and non-slum) areas from the six districts of Bangladesh. The staff within the various  
145 organizations selected the children if they believed that the child did not suffer psychosis or  
146 attention deficit hyperactivity, and had no major vision, hearing or intellectual problems.  
147 The age range of the sample was 9-17 years (mean age=12.3 years,  $SD=2.12$ ). There were  
148 756 (56.32%) children aged 9-12 years and 586 (43.66%) adolescents aged 13-17 years.

149 Children who were recruited from schools comprised a group of community children  
150 (N=562, 41.88%) while those who were collected through support centres run by  
151 government and non-government organizations constituted an “at-risk” group (N=780,  
152 58.12%). Most of the latter group had experienced at-least one serious traumatic event in  
153 their life. Children from the social support centres mostly lived in slum areas or shelter  
154 homes. Participation from children in social support centres (90%) was higher than among  
155 children from the community group (75%). Most of the children were students only (53%)  
156 while a substantial minority were engaged in both education and work (15%), or work only  
157 (5%). The remainder were doing neither of these or did not report.

158 A subsample of 120 children (Boys= 49, 40.83%) from four schools in Dhaka  
159 completed the same measures 3-4 weeks (average 3.5 weeks) following initial assessment.  
160 Their mean age was 12.92 years ( $SD=1.96$ ).

161 *Measures:*

162 **Children's Revised Impact of Events Scale-13 (CRIES-13)**

163 CRIES-13 (Children and War Foundation, 2005) as mentioned earlier the CRIES-8  
164 and CRIES-13 share the same eight items that constitute two subscales, Intrusion and  
165 Avoidance and the CRIES-13 includes an additional five items that comprise a third sub-  
166 scale, Arousal. Items are scored on a non-linear scale as follows: 0 (not at all), 1 (rarely), 3  
167 (sometimes) and 5 (often). Scores range from 0-40 for the CRIES-8 and 0- 65 for the  
168 CRIES-13, and higher scores indicate more PTSD symptoms. Psychometric properties have  
169 been described in the introduction to this paper.

170

171 **Spence Children's Anxiety Scale - 20 (SCAS-20)**

172 SCAS-20 (S. H. Spence, personal communication, July 26, 2010) is a simple, brief self-  
173 report questionnaire to assess symptoms of anxiety. The SCAS-20 is a short form of the

174 more commonly used 38-item SCAS (Spence, 1997). Items are rated on a 4-point Likert-  
175 type scale as 0 (never), 1 (sometimes), 2 (often) and 3 (always) and summed to obtain a total  
176 score where higher scores indicate higher levels of anxiety. Items for the short version were  
177 selected from factor analyses of the full version (Spence, 1998; Muris, 2000; Spence, Barrett  
178 & Turner, 2003; Murris, 2003). Although the psychometric properties of the short version  
179 have not yet been published, an unpublished evaluation of the SCAS-20 demonstrated  
180 strong overall reliability of .89 (Coysh, 2011). The psychometric properties of the SCAS-20  
181 among a group of Bangladeshi children and adolescents showed good internal consistency  
182 (Cronbach's alpha .84) and satisfactory construct validity for the scale (Deeba, Rapee, &  
183 Prvan, 2014).

#### 184 **Short Moods and Feelings Questionnaire (SMFQ)**

185 SMFQ (Angold et al., 1995) was developed to identify DSM-IV-based signs and  
186 symptoms of depressive disorders in children and adolescents aged 6-17 years. The scale is  
187 scored on a 3- point Likert-type response scale 0 (Never); 1 (Sometimes true) and 2 (Always  
188 true). The total score is the sum of all items providing possible scores ranging from 0 to 26  
189 with higher scores reflecting lower mood and risk of clinical level depression. The SMFQ  
190 has been shown to comprise a single factor and has good criterion-related validity and  
191 discriminant validity to identify clinical levels of depression in children and adolescents  
192 (Angold et al., 1995; Thapar & McGuffin, 1998; Rhew, Simpson, et al., 2010). Cronbach's  
193 alpha for the SMFQ has been reported ranging from .87 to .90 (Angold et al., 1995). For the  
194 Bangladeshi children and adolescents, Cronbach's alpha was strong at .80 (Deeba, Rapee  
195 and Prvan, 2014).

#### 196 *Translation of measures*

197 Standard guidelines accepted for the successful translation of instruments for research  
198 purposes (e.g. (Brislin, 1986) were used. The bilingual investigator translated the English

199 version of the CRIES to Bangla. Then another bilingual professional psychologist not  
200 associated with the measure translated it back from Bangla to English. Back translation was  
201 checked by the second author of the study, who is a native English speaker. Differences in  
202 the two versions were resolved by the joint agreement of both translators.

203 *Procedure:*

204 Ethical issues in the study were reviewed and approval granted by the XXX Human  
205 Research Ethics Committee. Written permission was sought from every institution and  
206 organization where the study was to be conducted. Individual consent was collected for each  
207 child from their parents or caregivers and children provided assent, before all assessment  
208 tasks. Issues of voluntary participation, freedom to respond independently, confidentiality  
209 and seeking clarification during assessment were discussed with the children at the  
210 beginning of the assessment sessions. Assessments were conducted at a time decided by the  
211 organisation, in groups of up to 30 children unless children were aged less than 12 years or  
212 were illiterate. In such cases the maximum number of children in the assessment group was  
213 10 and items were read aloud by the researcher [along with items for another study, see  
214 XXX]. A psychology post-graduate research student was recruited to assist the first author  
215 to conduct assessment sessions. The assistant was trained in administering the measures and  
216 the ethical issues involved with assessment. The test-retest reliability of the measure was  
217 checked after 3.5 weeks following the same procedure stated above with 135 school  
218 children from four schools in the capital city.

219 *Statistical Analysis*

220 All analyses were conducted using SPSS V.21 and its extension AMOS V.21. Missing  
221 data were handled by the Person Mean Substitution method (PMS, (Downey & King, 1998)  
222 due to the non-linear scoring of the items. Confirmatory Factor Analysis (CFA) with the 13-  
223 item CRIES compared three different measurement models based on previous studies (e.g.

224 Giannopoulou, Smith, et al., 2006; Smith et al., 2003; Zhang et al., 2011). The models were:  
225 Model 1- single-factor (PTSD) model, Model 2- two inter-correlated latent factors, [(i)  
226 intrusion/arousal and (ii) avoidance], Model 3 - three inter-correlated latent factors [(i)  
227 intrusion (ii) avoidance and (iii) arousal] and Model 4 - three latent factors [(i) intrusion (ii)  
228 avoidance and (iii) arousal] loading onto a single higher-order factor (PTSD). We did not  
229 run a separate CFA for the CRIES-8 since the items and subscales are embedded in the  
230 CRIES-13.

231 Maximum Likelihood (ML; Byrne, 2010) tests were used on the whole sample  
232 (N=1342) for model identification, and then two separate multiple group confirmatory  
233 factor analyses (MCFA) were run on the best fitting model to evaluate model invariance  
234 between gender and age-groups (younger/older) by group affiliation (community and at-  
235 risk) following Byrne (2004). Standardized parameter estimates are reported. Model fit  
236 statistics in the present study were selected from suggestions by Jackson, Gillaspay, and  
237 Purc-Stephenson (2009) and cut-offs for model fit indices were selected as per Kline (2005)  
238 and Worthington and Whittaker (2006) as best for clinical measures. These included the  
239 goodness-of-fit index (GFI), for which values greater than .90 are acceptable (Hu & Bentler,  
240 1999), the comparative fit index (CFI), and the Tucker-Lewis index (TLI) where values  
241 equal to or greater than .90 are considered a good fit (Dumenci & Achenbach, 2008). To  
242 observe differences between observed and predicted covariances, the Root Mean Square  
243 Error of Approximation (RMSEA) was chosen. RMSEA values less than .06 (Hu & Bentler,  
244 1999) or .08 (Dumenci & Achenbach, 2008) have been proposed as indicating a good-  
245 fitting model, though RMSEA values of .06-.08 are often reported as acceptable or  
246 reasonable rather than good (Kline, 2005; McDonald & Ho, 2002). To determine the  
247 optimal and most parsimonious model, the Akaike Information Criterion (AIC, Akaike,  
248 1973) and Bayes Information Criterion (BIC; Schwarz, 1978) were checked as per

249 suggestions by Bozdogan (1987) that lower values indicate better fit. Factor loadings on  
250 items found not to be invariant across groups in MCFA were reported.

251 Reliability of the measures was evaluated by examining both internal consistency and  
252 test-retest reliability. Convergent validity was determined by calculating Pearson's product  
253 moment correlation coefficients between the CRIES, SCAS-20 and SMFQ and discriminant  
254 validity was determined by comparing scores from at-risk children (from support services)  
255 and community children (from schools). Finally, to understand the influence of age and sex  
256 on the measure, 2 (gender) X 2 (age group) ANCOVAs were conducted on the CRIES-13  
257 and CRIES-8 total and sub-scale scores controlling for group affiliation (at-risk and  
258 community children).

259

## 260 **Results**

### 261 *Confirmatory Factor analysis*

262 All hypothesised models for the CRIES were identified in the measurement model  
263 specification analyses. Results are reported in Table 1. The  $\chi^2$  value was significant at  $p <$   
264  $.001$  for all the models which is common for any large sample; therefore we considered the  
265 other fit indices to decide the best structural model for both the long and short versions of  
266 the measure.

267 As can be seen in Table 1, the modification indices for Models 3 and 4 were identical  
268 and these two models for the CRIES-13 produced a better fit than either Model 1 or Model  
269 2. Therefore, based on the "Principle of Parsimony" (Bollen, 1989), we selected Model 3  
270 (see Figure 1), with three correlated factors as the most suitable representation of the factor  
271 structure of the CRIES-13. All items were positively correlated and correlation coefficients  
272 for the three latent factors were moderate to strong (.52-.81). All items had standardized  
273 estimates that ranged from .36-.58. None of the multiple  $R^2$  values were below .02 although

274 Item 3 (*Do you have sleep problems?*), Item 11 (*Do you get easily irritable?*) and Item 12  
275 (*Are you alert and watchful even when there is no obvious need to be?*) did not load strongly  
276 on their relevant latent factor (arousal;  $R^2 = .13-.16$ ). Factor loadings for items on intrusion  
277 (.47-.58) and avoidance (.44-.57) were generally higher than for arousal (.36-.47). Based on  
278 the covariance matrices, a free parameter was needed between the error terms of Item 3 (*Do*  
279 *you have difficulties paying attention or concentrating?*) and Item 13 (*Do you have sleep*  
280 *problems?*). When these error terms were permitted to vary together (constrained under the  
281 same latent variable) improvements were shown in the fit for Model 3: CMIN=132.33,  
282 DF=61, GFI=.98, CFI=.96, TLI=.95, RMSEA=.03 (95% CI .02-.04), AIC=192.22,  
283 BIC=348.28. Therefore, it was evident that a slightly modified Model 3 provided the best  
284 factor structure for the measure.

285       Consequently we decided to use the modified Model 3 as the hypothesised baseline  
286 model to examine model invariance with gender and age-group, within each sample  
287 (community/ at-risk). Initially, we tested model invariance with the four different groups of  
288 gender (community boy, community girl, at-risk boy and at-risk girl) and then with the age-  
289 groups (community-younger, community older, at-risk younger, and at-risk older). The  
290 results of the model invariance tests for the baseline model and constrained models are  
291 reported in Table 3 with both gender and age-groups. Results failed to demonstrate complete  
292 structural invariance across gender and age, which is not unusual. Importantly, however, for  
293 all models (i.e. unconstrained, constrained with measurement weights, structural  
294 covariances and measurement residuals) tests for the modified Model 3 yielded an  
295 acceptable range of model fit indices for each subgroup. Factor loadings for individual items  
296 on the three factors (Intrusion, Avoidance and Arousal) were reasonable for community  
297 boys (.27-.64), community girls (.24-.64), at-risk boys (.22-.59), and at-risk girls (.26-.64)  
298 and also for community younger (.29-.55), community older (.11-.67), at-risk younger (.15-

299 .60), and at-risk older (.35-.65) children. Hence these results indicate that the modification  
300 of Model 3 provided the best fit for the data consistently across all subgroups.

301

### 302 *Reliability*

303 Cronbach's alpha for the total CRIES-13 was  $\alpha=.74$  and for the total 8-item version  
304 was  $\alpha=.70$ . Internal consistencies for the three subscales of the two versions of the  
305 CRIES were moderate: Intrusion ( $\alpha=.60$ ), Avoidance ( $\alpha=.58$ ) and Arousal ( $\alpha$   
306  $=.50$ ). Cronbach's alphas within the different sub-groups are reported in Table 3.

307 Pearson product moment correlation coefficients were calculated between  
308 questionnaire scores on the two versions of the measure separated by 3.5 weeks within a  
309 sub-group of community children ( $N=120$ ). Results showed a significant moderate  
310 relationship for the total score on the CRIES-13 ( $r=.72, p<.001$ ), and for the CRIES-8 ( $r=.62$   
311  $p<.01$ ). Test-retest reliability for each sub-scale was also moderate (Intrusion  $.67 [p<.01]$ ,  
312 Avoidance  $.50 [p<.01]$ , and Arousal  $.67 [p<.01]$ ).

### 313 *Validity*

#### 314 Convergent validity

315 The relationship between scores on the two versions of the CRIES and the SCAS-20  
316 and SMFQ were calculated. All correlations were positive and significant at  $p<.01$ .  
317 Specifically the following correlations were demonstrated with the SCAS-20: CRIES-13  
318 ( $.58$ ), CRIES-8 ( $.48$ ), Intrusion ( $.36$ ), Avoidance, ( $.20$ ), Arousal ( $.41$ ). Similarly, correlations  
319 with the SMFQ were as follows: CRIES-13 ( $.42$ ), CRIES-8 ( $.34$ ), Intrusion ( $.44$ ),  
320 Avoidance, ( $.34$ ), Arousal ( $.53$ ).

#### 321 Discriminant validity

322 Scores on the CRIES-13 and CRIES-8 (as well as each subscale) were compared  
323 between the two samples of children: community children (selected primarily from schools

324 in the general community) and at-risk children (selected from social support centres). In  
325 each case, at-risk children scored significantly higher on the various measures than  
326 community children (all  $p$ 's  $<.01$ ), see Table 4.

### 327 *Demographic differences on CRIES*

328 Total scores on the CRIES-13 and CRIES-8 and also each sub-scale were compared  
329 between gender and age groups using a series of 2X2 ANCOVAs<sup>1</sup>, with the two samples  
330 (community and at-risk) included as a covariate. On the CRIES-13, there were significant  
331 main effects for gender,  $F(4, 1337)= 17.99, p<.001, \eta_p^2=.01$  and age-group,  $F(4, 1337)=$   
332  $26.65, p<.001, \eta_p^2=.02$ , but the interaction between gender and age group was not  
333 significant,  $F(4,1337)=.001, p=.94, \eta_p^2=.01$ . Similarly, for the CRIES-8, there were  
334 significant main effects for gender,  $F(4, 1337)= 9.37, p<.01, \eta_p^2=.01$ , and age-group,  $F(4,$   
335  $1337)= 25.48, p<.001, \eta_p^2=.02$ , but no significant interaction between gender and age group,  
336  $F(1,1334)=.08, p=.78, \eta_p^2=.00$ . Means and  $SD$ s for the groups by gender and age-groups are  
337 given in the Table 5. On average, younger boys scored lower on the total scales and  
338 subscales when adjusting for group affiliation.

339 Differences on the three sub-scales were tested separately. For Intrusion, there was  
340 no significant main effect of gender,  $F(4, 1337)= 3.42, p=.065, \eta_p^2=.01$ , but the effect for  
341 age-group was significant,  $F(4, 1337)= 22.84, p<.001, \eta_p^2=.02$ . The interaction between  
342 gender and age group was not significant,  $F(4,1337)=.94, p=.33, \eta_p^2=.01$ . For the Avoidance  
343 sub-scale there were significant main effects for both gender,  $F(4, 1337)= 9.48, p<.01,$   
344  $\eta_p^2=.01$ , and age-group,  $F(4, 1337)= 11.55, p<.001, \eta_p^2=.01$ . However, the interaction  
345 between gender and age group was not significant,  $F(4,1337)=.19, p=.66, \eta_p^2=.01$ .  
346 Similarly, for the Arousal sub-scale, main effects for both gender,  $F(4, 1337)= 12.31,$

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<sup>1</sup> Similar analyses were conducted to examine subgroup differences separately for the two samples, community and at-risk children. Results were very similar to those for the total sample and therefore only the total sample's analyses are reported here.

347  $p < .001$ ,  $\eta_p^2 = .01$  and age-group,  $F(4, 1337) = 49.70$ ,  $p < .001$ ,  $\eta_p^2 = .04$  were significant, but  
348 interaction between gender and age group was not significant,  $F(4, 1337) = .38$ ,  $p = .54$ .  
349  $\eta_p^2 = .01$ .

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## Discussion

353 The current study reported on the psychometric properties of a Bangla language  
354 translation of the CRIES (both 13-item and 8-item versions) among a large sample of  
355 children and adolescents from community and social support centres in Bangladesh.  
356 Overall, the properties of both versions were found to be solid and broadly consistent with  
357 data from other translations of this measure.

358 The factor structure of the Bangla CRIES was consistent with previous findings that  
359 have demonstrated both a simple, three inter-correlated factor structure (e.g. with flood  
360 affected Chinese children, Chen, Zhang, Liu, Liu, & Dyregrov, 2012) and a higher order  
361 three-factor structure solution (e.g. with earthquake affected Greek children, Giannopoulou,  
362 Smith, et al., 2006). Given that a simple three-factor structure is the more parsimonious  
363 solution, our data are more consistent with the former results, albeit that allowing the error  
364 terms of two items to correlate improved the fit even more. Overall, model fit indices were  
365 within acceptable ranges, however at the individual item level some items showed relatively  
366 low relationships with their respective factor (Items 3, 11, and 12). Nonetheless, we do not  
367 recommend removal of these items since the  $R^2$  values are all above .02 (Hooper, Coughlan,  
368 & Mullen, 2008) and conceptually they provide a broader coverage of the relevant  
369 construct. In general, the arousal factor (.36-.47) did appear to be the weakest of the three  
370 subscales, which is consistent with previous research (Giannopoulou, Smith, et al., 2006).  
371 Therefore, future work may benefit from identification of stronger items reflecting the

372 arousal symptoms of PTSD. However, the overall factor structure suggests that items on the  
373 CRIES sufficiently represent symptoms related to post-trauma reactions among children  
374 from Bangladesh, further supporting the universality of these symptoms (Goenjian et al.,  
375 1995; Smith et al., 2003).

376 The factor structure of the measure was largely consistent across various subgroups of  
377 children, including younger and older as well as girls and boys both within community and  
378 at-risk samples, as the model fit indices were within expected ranges. However, tests of  
379 model invariance indicated some significant differences between factor structures for  
380 particular subgroups suggesting some minor differences in the ways in which younger/ older  
381 and male/ female children verbalize or express PTSD symptoms. The differences between  
382 groups may be due to common response patterns within subgroups (Gregorich, 2006). These  
383 differences may also be reflected in the differences between subgroups on mean scores. On  
384 the other hand, the factor structure for the CRIES appeared largely similar for both  
385 community and at-risk children, supporting the universal characteristics of post-trauma  
386 symptoms irrespective of the types of traumatic exposure. The breadth of the sample in this  
387 study adds to the existing literature, which has mostly been conducted on samples following  
388 a specific type of traumatic experience, for instance, war (Smith et al., 2003), earthquake  
389 (Giannopoulou, Smith, et al., 2006), or flood (Zhang et al., 2011).

390 The data demonstrated that both versions of the CRIES showed good reliability when  
391 used with Bangla-speaking children and adolescents. Internal consistencies for the full 13-  
392 item and 8-item CRIES and also each sub-scale were acceptable and similar to findings  
393 from other cultures (e.g. Dyregrov et al., 1996; Smith et al., 2003; van der Kooij et al.,  
394 2013). Test-retest reliability in our study showed acceptable stability of the measures  
395 although the modest results were not as strong as stability reported in some previous  
396 research (van der Kooij et al. (2013)

397 As expected, the measure correlated highly with measures of anxiety and depression  
398 (see, Table 5) which is consistent with the results found by Lau et al. (2013) with Chinese  
399 adolescents affected by earthquake. Among the three sub-scales, arousal showed higher  
400 correlations with the other measures which is also consistent with findings by Lau et al. The  
401 moderate correlations with all total and sub-scales of the CRIES with the SCAS-20 and  
402 SMFQ indicate that although PTSD is related to both anxiety and depression, it can be  
403 identified as a construct that is distinct from both (Yule & Williams, 1990). Importantly, the  
404 CRIES-13 and CRIES-8 were able to discriminate between children from the general  
405 community and those residing in social support centres. Given that the children from  
406 support centres are considerably more likely to have experienced a large number of  
407 traumatic events (Deeba & Rapee, 2014), these children were also at likely higher risk for  
408 PTSD and related difficulties. Therefore, these results indicate that the Bangla version of the  
409 CRIES is able to identify children who are at increased risk for PTSD, demonstrating its  
410 construct validity. Unfortunately, it was not possible in this study to obtain actual clinical  
411 diagnoses on any groups of children and therefore these conclusions about validity are based  
412 on at-risk status rather than clinical status necessitating caution in their interpretation. The  
413 lack of a clinically diagnosed group with PTSD also means that we were not able to evaluate  
414 diagnostic cut-off scores for the CRIES (Children and War Foundation (2005) among this  
415 Bangladeshi group of young people. Examination within other samples (e.g. Australian  
416 children (Dow, Kenardy, Brocque, and Long, 2012) has suggested different cut-off scores to  
417 those originally suggested by Perrin et al (2005) based on data from children in the UK.  
418 Therefore, further research is necessary to determine the best cut-off scores to identify  
419 clinical cases among children from Bangla speaking communities.

420 Among the Bangladeshi sample, girls and older children obtained higher scores on  
421 both versions of the CRIES than boys, results that are consistent with other studies (Stallard

422 et al., 1999; Voges & Romney, 2003). These gender and age differences are consistent with  
423 broader findings relating to gender and age differences in the experience of traumatic events  
424 and reporting of stress reactions. Many studies have shown that although boys experience a  
425 greater number of traumatic events, girls and older children report higher levels of classic  
426 symptoms of PTSD as reactions to these events (A. Dyregrov et al., 1996; Giannopoulou,  
427 Smith, et al., 2006; Yule, 1999). Other authors have suggested that the three main criteria of  
428 PTSD better represent older children's post-traumatic stress reactions than younger  
429 (Broman-Fulks et al., 2009). This indicates the need for extensive studies on stress reactions  
430 in younger children in future studies.

431         One of the main limitations of this study was the lack of diagnostic data. Diagnoses  
432 provide the gold standard against which to evaluate the validity of a measure of  
433 psychopathology (Jaeschke, Guyatt, & Sackett, 1994) and the lack of this standard means  
434 that it was not possible to determine the ability of the CRIES to identify likely cases. This  
435 limits the conclusions we can draw regarding the use of the Bangla CRIES for population  
436 screening (Dow et al., 2012; Kenardy et al., 2006). Nevertheless, the current data suggest  
437 that the Bangla CRIES is a potentially useful instrument to assess post-trauma reactions  
438 among young Bangladeshi people. Given the impact on functioning of experiences with  
439 severe trauma among children (Terr, 1983; Laor et al., 1996; Abdel-Mawgoud & al-Haddad,  
440 1997; Almqvist & Brandell-Forsberg, 1997), identification of distress in response to these  
441 experiences as early as possible is important in a developing country like Bangladesh. The  
442 particular strengths of the CRIES, including brevity, simplicity, and low cost, means that  
443 this measure will be of tremendous value for identification, assessment, and appropriate  
444 intervention for young people in Bangladesh. Such a tool will be useful for professional  
445 mental health workers as well as semi-skilled professionals who work with emergencies or  
446 in crisis-affected areas.

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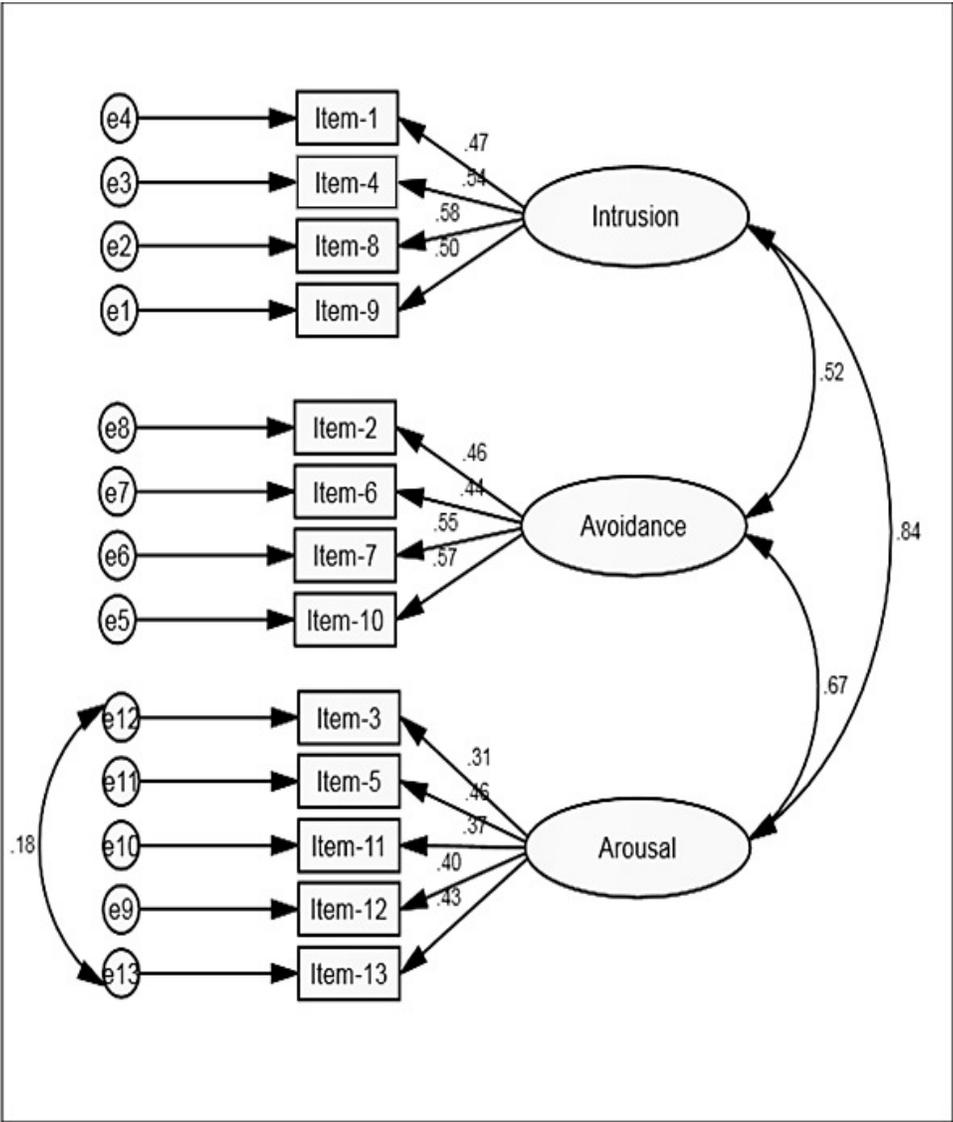
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669 Figure -1

670 Three-factor solution for the CRIES-13 with total group (N=1342)



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Table 1

Fit indices for the four hypothesised models on the CRIES-13 based on the total sample.

	$\chi^2$	df	<i>p</i>	GFI	CFI	TLI	RMSEA (95% CI)	AIC	BIC
Model 1	363.04	65	.001	1.00	.84	.81	.06 (.05-.06)	415.04	550.29
Model 2	206.11	64	.001	.98	.91	.92	.04 (.04-.05)	260.10	400.55
Model 3	166.33	62	.001	.98	.94	.93	.04 (.03-.04)	224.33	375.18
Model 4	166.33	62	.001	.98	.94	.93	.04 (.03-.04)	224.33	375.18

Note: CRIES-13=Children's Revised Impact of Events Scale, 13-item version.

Table 2

Multiple group analyses for model invariance for Model 3 of CRIES-13 with four groups of community and at-risk children by gender and age-groups

	$\chi^2$	<i>df</i>	<i>p</i>	RMSEA (95% CI)	$\Delta\chi^2$	$\Delta df$	Statistical significance
<i>Four groups by gender<sup>a</sup></i>							
Model A: Unconstrained	366.13	244	.001	.019 (.015-.023)	-	-	-
Model B: Measurement weights	140.93	274	.001	.019 (.015-.023)	44.80	30	.040
Model C: Structural covariances	432.94	292	.001	.019 (.015-.023)	66.81	48	.038
Model D: Measurement residuals	524.56	334	.001	.021 (.017-.024)	158.43	90	.001
<i>Four groups by age-group<sup>b</sup></i>							
Model A: Unconstrained	348.51	244	.001	.018 (.013-.022)	-	-	-
Model B: Measurement weights	394.54	274	.001	.018 (.014-.022)	46.03	30	.01
Model C: Structural covariances	437.32	292	.001	.019 (.015-.023)	88.82	48	.01
Model D: Measurement residuals	564.31	334	.001	.023 (.019-.026)	215.80	90	.001

Note: <sup>a</sup> = Community-boy, community-girl, at-risk-boy and at-risk girl, <sup>b</sup> = Community-younger, community-older, at-risk-younger and at-risk

older, CRIES= Children Impact of Event Scale;

Table 3

Internal consistency (Cronbach's alpha) of two versions of CRIES and three sub-scales of the scale with different sub-groups of the sample

Sub-groups of sample		CRIES-13	CRIES-8	Intrusion	Avoidance	Arousal
<i>By types of organizations</i>	Community	.70	.62	.53	.60	.47
	At-risk	.72	.67	.63	.55	.49
<i>By gender</i>	Boys	.68	.60	.57	.53	.45
	Girls	.74	.68	.62	.59	.51
<i>By age-groups</i>	Younger	.70	.61	.56	.54	.50
	Older	.75	.69	.65	.62	.50

Note: CRIES-13= Children Impact of Event Scale-13; CRIES-8= Children Impact of Event Scale-8.

Table 4

Means, SDs of CRIES-13, CRIES-8 and the three sub-scales, first on the total sample and then comparing the two sub-samples

Measure	Total (N=1342) M (SD)	Community (N=562) M (SD)	At-risk (N=780) M (SD)	t-tests comparing community and at-risk samples
<i>CRIES-13</i>	25.12 (11.87)	22.08 (10.97)	27.30 (12.02)	$t(1340)=-8.15, p<.001$
<i>CRIES-8</i>	17.11 (8.35)	15.27 (7.88)	18.43 (8.44)	$t(1340)=-6.96, p<.001$
Intrusion	8.59 (4.86)	7.61 (4.49)	9.30 (4.99)	$t(1340)=-6.39, p<.001$
Avoidance	8.51 (5.44)	7.66 (5.37)	9.13 (5.41)	$t(1340)=-4.91, p<.001$
Arousal	8.00 (5.28)	6.80 (4.78)	8.87 (5.45)	$t(1340)=-7.19, p<.001$

Note: CRIES-13=13 item Children's Revised Impact of Events Scale, CRIES-8=8-item Children's Revised Impact of Events Scale,

Table 5

Means, SDs of CRIES-13, CRIES-8 and three sub-scales of the measure by group, gender and age-groups

		Community				At-risk				Total			
		Boys		Girls		Boys		Girls		Boys	Girls		
		N	M (SD)	N	M (SD)	N	M (SD)	N	M (SD)	N	M (SD)	N	M (SD)
<i>CRIES-13</i>	Younger	114	19.14 (11.09)	175	19.81 (10.01)	156	23.53(10.71)	311	27.74(11.23)	270	21.79(11.04)	486	24.88(11.45)
	Older	114	23.73 (10.44)	159	23.30 (11.29)	83	25.19(10.32)	230	30.04 (13.64)	197	24.35 (10.39)	389	28.10 (12.93)
<i>CRIES-8</i>	Younger	114	13.67 (7.84)	175	13.74 (7.24)	156	16.03 (7.41)	311	18.58 (8.04)	270	15.03 (7.67)	486	24.88 (11.45)
	Older	114	16.46 (7.89)	159	17.25 (8.06)	83	17.83 (7.59)	230	20.09 (9.48)	197	17.04 (7.78)	389	18.93 (9.02)
<i>Intrusion</i>	Younger	114	6.72 (4.16)	175	7.32 (4.43)	156	8.14 (4.82)	311	9.05 (4.84)	270	7.54 (4.59)	486	8.43 (4.76)
	Older	114	8.30 (4.66)	159	8.07 (4.59)	83	9.61 (4.35)	230	10.31 (5.34)	197	8.85 (4.57)	389	9.39 (5.16)
<i>Avoidance</i>	Younger	114	6.95 (5.05)	175	6.42 (4.76)	156	7.89 (5.15)	311	9.52 (5.29)	270	7.49 (5.12)	486	8.41 (5.31)
	Older	114	8.17 (5.58)	159	9.18 (5.17)	83	8.21 (5.16)	230	9.77 (5.68)	197	8.19 (5.39)	389	9.53 (5.69)
<i>Arousal</i>	Younger	114	5.75 (4.80)	175	6.07 (4.55)	156	7.50 (5.11)	311	9.16 (5.24)	270	6.76 (5.05)	486	8.05 (5.21)
	Older	114	7.26 (4.43)	159	8.05 (4.97)	83	7.36 (4.54)	230	9.95 (5.94)	197	7.35 (4.47)	389	9.17 (5.63)

Note: CRIES-13=13 item Children Revised Impact of Event Scale, CRIES-8= 8-item Children Revised Impact of Event Scale