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The importance of sponges and mangroves in supporting fish communities in degraded coral reefs in Caribbean Panama

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Fish communities associated with coral reefs worldwide are threatened by overexploitation and other human impacts such as bleaching events that cause habitat degradation. We assessed the fish community on coral reefs on the Caribbean coast of Panama, as well as those associated with mangrove and seagrass habitats, to explore the influences of habitat cover, connectivity and environmental characteristics in sustaining biomass, richness and trophic structure in a degraded tropical ecosystem. Overall, 94 % of all fishes across all habitat types were of small body size (≤11 cm), with communities dominated by fishes that usually live in habitats of low complexity, such as Pomacentridae (damselfishes) and Gobiidae (gobies). Moreover, total fish biomass was very low, small fishes from low trophic levels were over-represented, and top predators were under-represented relative to other Caribbean reefs. For example, herbivorous/omnivorous/detrivorous fishes (trophic level 2-2.7) comprised 37 % of total fish biomass, with the diminutive parrotfish Scarus iseri comprising 72 % of the parrotfish biomass. However, the abundance of sponges and proximity of mangroves were found to be important positive drivers of reef fish richness, biomass and trophic structure on a given reef, presumably by promoting functional processes of ecosystems. The masked goby (Coryphopterus personata) was a strong indicator of reef degradation, apparently benefiting from the reduced density of large predators on local reefs. The damselfish Abudefduf saxatilis was more common on reefs with high sponge cover, and also to proximity to mangroves. Our study suggests that a diverse fish community can persist on degraded coral reefs, and that the availability of habitat forming organisms other than corals, including sponges and mangroves, and their arrangement on the landscape, is critical to the maintenance of functional processes in these ecosystems.

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1 The importance of sponges and mangroves in supporting fish communities in degraded 2 coral reefs in Caribbean Panama 3 Janina Seemann^{1*}, Alexandra Yingst², Rick D. Stuart-Smith³, Graham J. Edgar³, Andrew H. 4 5 Altieri1 6 7 ¹Smithsonian Tropical Research Institute, Apartado 0843-03092, Balboa, Balboa, Ancón, Panamá, Republic of Panama 8 ² University of Pittsburgh, 4200 Fifth Ave, Pittsburgh, PA 15260, USA 9 10 ³ Institute for Marine and Antarctic Studies, University of Tasmania, Hobart, Tasmania 7001, 11 Australia 12 13 Email: seemannj@si.edu 14 15 **Keywords** 16 Overfishing, reef degradation, trophic imbalance, mangrove connectivity, sponges 17



Abstract

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Fish communities associated with coral reefs worldwide are threatened by overexploitation and other human impacts such as bleaching events that cause habitat degradation. We assessed the fish community on coral reefs on the Caribbean coast of Panama, as well as those associated with mangrove and seagrass habitats, to explore the influences of habitat cover, connectivity and environmental characteristics in sustaining biomass, richness and trophic structure in a degraded tropical ecosystem. Overall, 94 % of all fishes across all habitat types were of small body size $(\leq 11 \text{ cm})$, with communities dominated by fishes that usually live in habitats of low complexity, such as Pomacentridae (damselfishes) and Gobiidae (gobies). Moreover, total fish biomass was very low, small fishes from low trophic levels were over-represented, and top predators were under-represented relative to other Caribbean reefs. For example, herbivorous/omnivorous/detrivorous fishes (trophic level 2-2.7) comprised 37 % of total fish biomass, with the diminutive parrotfish *Scarus iseri* comprising 72 % of the parrotfish biomass. However, the abundance of sponges and proximity of mangroves were found to be important positive drivers of reef fish richness, biomass and trophic structure on a given reef, presumably by promoting functional processes of ecosystems. The masked goby (Coryphopterus personata) was a strong indicator of reef degradation, apparently benefiting from the reduced density of large predators on local reefs. The damselfish *Abudefduf saxatilis* was more common on reefs with high sponge cover, and also to proximity to mangroves. Our study suggests that a diverse fish community can persist on degraded coral reefs, and that the availability of habitat forming organisms other than corals, including sponges and mangroves, and their arrangement on the landscape, is critical to the maintenance of functional processes in these ecosystems.



Introduction

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41 Recent research has revealed ongoing degradation of coral reef fish communities from habitat 42 destruction and other human impacts (Hughes et al. 2003; Knowlton and Jackson 2008; 43 Wilkinson et al. 2008; Jackson et al. 2014). Human disturbances to coastal ecosystems, including 44 pollution, sedimentation, degradation of water quality and climate change, are causing the 45 decline of hard coral cover (Hughes 1994; Jackson et al. 2001; Aronson et al. 2003). In particular, the mass mortality of hard corals from regular coral bleaching, hypoxia events and 46 storms has led to a structural collapse (Beukers and Jones 1998; Wilson 2006; Alvarez-Filip et 47 48 al. 2009; Wilson et al. 2010; Altieri et al. 2017). Consequences for biodiversity and ecosystem 49 functioning are visible in a declining fish density (Wilson et al. 2010) and diversity (Bell and 50 Galzin 1984; Jackson et al. 2001; Kuffner et al. 2007; Alevizon and Porter 2015; Mora 2015). 51 52 At the same time, reef fish populations are apparently declining, as a result of unsustainable reef 53 fisheries and the increasing demand for fish products for a growing population (Hodgson 1999; 54 Jackson et al. 2001; Zaneveld et al. 2016). The negative effects of subsistence and commercial 55 fisheries compound and affect fish population structure, growth, and reproduction, with indirect 56 effects on non-target fish or invertebrate populations and their reef habitats also possible (Saila et 57 al. 1993; Jennings and Lock 1996). The ultimate outcomes of these processes are 58 overexploitation, trophic shifts in the food web, and a decline in reef fish biomass (Berkes 2001; 59 McClanahan et al. 2009). The disproportionate targeting and depletion of larger size classes and 60 high trophic levels can also contribute to trophic imbalance in the reef fish community (Pauly et 61 al. 1998). These negative impacts on fish populations threaten livelihoods and food security,



62 given that reef fishes provide a major food source for coastal communities across the tropics 63 (Cesar et al. 2003). 64 65 An additional important factor affecting the reef fish community is the connectivity to, and 66 integrity of, other associated habitats. Nearshore estuarine and marine ecosystems (i.e. seagrass 67 meadows, marshes and mangrove forests) have a very high primary and secondary productivity 68 and support a great abundance of fish biodiversity (Beck et al. 2001). Mangroves and seagrass 69 typically support greater densities of organisms than unvegetated substrates (Nagelkerken et al. 70 2000; Mumby et al. 2004). The nursery-role concept suggests that many reef fishes (e.g. families 71 Lutjanidae, snappers; Serranidae, groupers; Haemulidae, grunts) have life cycles that include 72 seagrass meadows and mangroves as nursery and feeding grounds (Beck et al. 2001; 73 Nagelkerken et al. 2002; Unsworth et al. 2008; Ley 2014; Serafy et al. 2015). 74 75 Our study system, Bocas del Toro on the Caribbean coast of Panama, is affected by multiple 76 threats within a strongly connected coastal reef-seagrass-mangrove habitat system (Rawlins et al. 77 1998; Guzmán 2003; Cramer et al. 2012; Cramer 2013; Seemann et al. 2014). Bocas del Toro is 78 a semi-lagoon system composed of six major islands and the mainland, which surround 79 Almirante Bay with large coastal swamps and mangrove forests. Mangrove islands are also 80 scattered across the bay (Collin 2005). Several rivers, creeks and oceanic inlets discharge 81 sediments and nutrients into the bay (Collin 2005). Additionally, human population growth, 82 which is strongly connected to agriculture (banana industry) and tourism (Seemann et al. 2014), 83 exacerbates degradation of water quality and physical destruction (Guzmán and Jiménez 1992; 84 Collin 2005; D'Croz et al. 2005; Aronson et al. 2014). Global impacts also cause degradation of



85 coral reefs, as described elsewhere across the world (Smith and Buddemeier 1992; Hughes 1994; 86 Riegl et al. 2009; Sammarco and Strychar 2009). Bleaching and low oxygen events in 2010, in 87 particular, killed up to 95% of the hard coral cover (Seemann et al. 2014; Altieri et al. 2017). 88 89 The persistence of invertebrate communities on these degraded reefs suggests that some 90 resilience mechanisms are operating (Nelson et al. 2016; Kuempel and Altieri 2017). Whereas 91 most studies focus on documenting the negative drivers that cause the loss of fish biomass and 92 diversity, our study takes the alternative perspective by investigating the positive factors that 93 maintain fish communities in a degraded ecosystem. We investigated the extent to which the fish 94 communities have been affected by over-exploitation, and how the remnant fish communities at 95 degraded reef sites are supported by habitat quality and connectivity. Specific questions we 96 address include: Does this southwestern Caribbean fish community show signals of reef 97 degradation and over-fishing? Is the reef fish community affected by proximity to other biogenic 98 coastal habitats (e.g. seagrass beds and mangroves)? Do reef organisms other than hard corals 99 support the biomass and structure of the fish community? Which factors support fish species 100 richness, biomass and trophic structure? 101 Answers to these questions are needed to improve future research and conservation efforts on 102 degraded coral reefs in the Caribbean and beyond. 103 104 Methods 105 In order to place results within the wider Caribbean context, visual fish surveys were conducted 106 at reefs inside and outside marine protected areas with different management restrictions on 107 fishing in five different ecoregions within the Caribbean. Additional fish surveys using the same



108 methodology were conducted in adjacent seagrass and mangrove fringe areas in Bocas del Toro, 109 where benthic surveys were also conducted and water quality measured for all sites and habitat 110 types. Research was conducted under a Scientific Permit from the Ministry of the Environment Panama 111 112 (MiAmbiente) and Autoridad de los Recursos Acuáticos de Panamá (ARAP) with the Number: 113 SE/APO-1-15 & 10b. 114 Fish surveys. Firstly, we conducted visual fish surveys from 2012 to 2015 using the Reef Life 115 116 Survey (RLS) protocol method 1 (Edgar and Stuart-Smith 2014) at reefs in the southwestern 117 Caribbean, Southern Caribbean, Greater Antilles, Floridian and Bahamian ecoregions (Spalding 118 et al 2007) at 61 sites, including Bocas del Toro and Kuna Yala (Panama), Archipelago of San 119 Andres, Providencia and Santa Catalina (Colombia), Bonaire (Netherlands Antilles), Florida 120 (US), Turks and Caicos Islands and Cayman Islands (British Overseas Territory). Each survey 121 was repeated 2-6 times in depth ranges between 1 and 35 m (see Appendix), with fish surveys 122 conducted at the same time by two divers averaged. 123 124 These data were used to identify the fisheries impacts in relation to protection status. Sites inside 125 and outside marine protected areas with different management restrictions were described using 126 the criteria of Edgar et al. (2014) as NTZ (no take zones, n=27), RZ (restricted zones, which still 127 allows local fishing, n=19) and OZ (open zones, n=8), and these data compared to data from 128 Bocas del Toro (OZ, n=9). 129

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130 At Bocas del Toro the same RLS method was applied in seagrass and mangrove habitats located 131 adjacent to the reef sites (≤250 m distance). Seagrass sites ranged in depth from 1 m to 4 m (see 132 Appendix), whereas mangrove fringe root systems had maximal depth of 2 m. All individual fish 133 sighted were counted, and their size was estimated along a 50 m x 5 m belt transect (250 m²). 134 Mangrove surveys were conducted facing the mangroves prop roots at the uppermost fringe line 135 to the water. All fishes were identified to the highest taxonomic resolution possible. If an 136 individual could not be identified on-site, a photograph was taken for later identification. 137 Abundance, size and species identity were used to estimate biomass in kg m⁻² (Edgar and Stuart-138 Smith 2014). 139 **Fish community factors.** The reef fish community was characterized using a variety of metrics 140 including total abundance, abundance within size classes (10 cm size bin and below; 12.5-20 cm 141 142 size bins; 25 cm size bin and above), total biomass, biomass of fishes ≤11 cm, and total species richness. 143 144 We also calculated the mean trophic level (community trait) of the reef fish community by 145 multiplying the trophic level of each species by their log abundance, summing these values 146 across species recorded on a transect, and dividing by the log abundance of all fish on the 147 transect. 148 149 The classification of the trophic level (2-5) for each species was based on the feeding strategies: 150 herbivores and detritivores (2-2.1), omnivores (2.2-2.7), low-level carnivores (2.8-3.4), mid-level 151 carnivores (3.5-3.9) and high-level carnivores (4-4.5) (values obtained from www.fishbase.org).



152 We also calculated the resilience factor (values obtained from www.fishbase.org) of each fish 153 species, which was estimated from the population doubling time (low, medium, high). 154 155 Habitat assessment. Reef fish communities in Bocas del Toro (Fig. 1) differed due to variation 156 in structural complexity and other potentially-important factors, including amount of live coral 157 cover, hard substrata, sponge cover and distance to nearest mangrove forest (Table 1). Reefs 158 were typically dominated by *Porites furcata* in the shallow (1-4 m) and *Agaricia* spp. (>3 m) in 159 the deeper areas. The associated seagrass meadows were dominated by *Thalassia testudinum* 160 (turtlegrass). Mangrove fringes were exclusively shaped by *Rhizophora mangle* (red mangrove). 161 To characterize the different habitats and their connectivity, benthic surveys were conducted for 162 reefs and seagrass beds. In addition, the distance between reef sites surveyed and nearest 163 mangrove was measured using GPS coordinates. Reef benthos was analyzed with 20 photo 164 quadrats of 0.5 m² along a 50 m transect at each sampling site. Photos were analyzed via point 165 counting using the Coralnet annotation tool (coralnet.ucsd.edu). A total of 25 points were 166 randomly distributed on each photo. Substratum categories for the analyses comprised: healthy 167 hard coral, bleached hard coral, recently-dead coral, anemones, soft coral, sponges, worms, 168 zoanthids, rubble, sand, rock, calcifying algae, seagrass and macroalgae. 169 170 Water quality monitoring. Water quality was assessed by quantifying temperature (°C), salinity 171 (psu), water depth (m), total dissolved solids (TDS, mg L⁻¹), dissolved oxygen (mg L⁻¹), pH, 172 turbidity (FNU), chlorophyll (µg L⁻¹), blue-green alga concentrations (µg L⁻¹), and dissolved 173 organic matter (fDOM, RFU) with an Exo2 multiparameter sonde (YSI, Xylem brand) (Snazelle 174 2015). The sonde was positioned ~10 cm above the bottom in each habitat (reef, seagrass and



175 mangrove fringe). Measurements were recorded at intervals of 1-6 min over a time period of at 176 least 30 min during the habitat surveys. 177 178 Data analyses. First, we identified significant correlations across all sites between 179 environmental factors (including coral reef and seagrass cover, distance to mangroves and water 180 quality) and fish community metrics (biodiversity, fish traits, biomass, size structure, abundances 181 of individual fish species). Data were analyzed using a scatterplot matrix (see appendix) based 182 on a nonparametric test (Spearman's test) for pairwise correlation probabilities. For all statistical 183 analyses, fish abundance data were log-transformed to down-weight the extremely high 184 abundance of a few fish species (i.e. Coryphopterus personatus) at some sites (Edgar et al. 185 2014). 186 Second, we performed multiple regression analyses to better understand the combined impact of 187 188 several environmental parameter on particular fish community metrics. Our predictor variables 189 were derived from the habitat assessment and water quality parameters, whereas the response 190 variables were biodiversity metrics, fish traits, biomass and size structure of the fish community. 191 Variables were included only if they showed a significant correlation (P \leq 0.05) with one of the 192 fish community metrics identified in the scatterplot matrix. 193 194 Third, a principal component analysis (PCA) on correlations was used to identify fish species 195 that were indicative of strong environmental trends in fish community structure. Fish were 196 considered only if abundance >3 and abundances were significantly ($P \le 0.05$) correlated with 197 one of environmental factors identified in the scatterplot matrix (Appendix).

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199	Last, mean values for different fish metrics were compared using one-way ANOVA or a
200	Student's <i>t-test</i> . All statistical analyses were conducted using JMP Software 13.01.
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202	Results
203	Characteristics of the fish community. A total of 61 fish species was recorded across all reef
204	sites. This number was low compared to other Caribbean locations surveyed using RLS methods
205	(total of 196 species) and also relative to coral reef locations world-wide (Stuart-Smith et al.
206	2013; Edgar and Stuart-Smith 2014). Total fish biomass in Bocas del Toro was also lower than at
207	other Caribbean reefs, in no-take zones and those with restriction status (ANOVA, P=0.02 and
208	0.001, respectively) (Fig. 2a). The proportion of total biomass comprised by
209	herbivores/omnivores/detrivores (2-2.7) was higher in Bocas del Toro, whereas the proportion of
210	high-level carnivores (4-4.5) was generally lower than at other Caribbean reefs, albeit not
211	significantly for either (Fig. 2b). The abundance of fishes within the smallest size class (\leq 11 cm)
212	was significantly higher in Bocas del Toro than other Caribbean reefs (ANOVA, P<0.0001),
213	whereas the abundances of medium- (12-22 cm) and large- (≥23 cm) sized fishes were
214	significantly lower (ANOVA, P<0.0001) (Fig. 2c).
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216	The biomass of herbivorous/omnivorous/detrivorous fishes (trophic level 2-2.7) was 37% of the
217	total biomass (76% of all fish counted, Fig. 2b), with herbivorous members comprising 27% \pm
218	3.5% (versus $10\% \pm 4\%$ across the wider Caribbean), Pomacentridae (damselfishes) and
219	Scarinae (parrotfishes) being predominant. Scarus iseri (striped parrotfish) contributed 72% of
220	the parrotfish biomass. High-level carnivores contributed 22% \pm 3.5% of total fish biomass,



221 versus 31 ± 4 % elsewhere in the Caribbean. Dominant high-level carnivores were *Carangoides* 222 ruber (bar jack), Cephalopholis cruentata (graysby), Hyplopectrus nigricans (black hamlet) and 223 Scomberomorus regalis (cero). 224 225 A total of 94% of all fishes observed across all habitat types (reef, seagrass, mangrove) were in 226 the smallest size class (≤ 11 cm length). Fishes ≤ 11 cm represented 59% of the total biomass 227 within the reefs. 228 229 Relationships between environmental factors and fish community composition 230 Eight environmental and habitat factors were found to be significantly correlated with fish 231 community metrics (Table 2, Appendix): sponge cover, distance to mangroves, the cover of 232 recently-dead corals, calcifying algae, seagrass cover, sand cover in seagrass, chl a values, and 233 fDOM values. These factors were not independent, as sponge cover was negatively correlated to 234 the distance to mangroves and positively to chl a ($R^2=0.60$ and $R^2=0.70$, respectively, P<0.01). 235 Mangrove fish richness was positively correlated to reef fish richness (R²=0.76, P=0.02), and 236 mean trophic level of the reef fish community was significantly correlated with sponge cover and 237 mangrove fish richness (R²=0.91 P=0.0007, multiple-regression analysis). The three sites without 238 mangroves in close proximity and low sponge cover (Salt Creek, Popa, Hospital Point) showed lower biomass and fish richness (Table 1). The proportion of carnivores was significantly higher 239 240 at the sites closer to the mangroves (ANOVA, P<0.01). However, the sites with a medium distance to mangroves (STRI, Juan Point, Coral Cay) revealed a significantly higher proportion 241 242 of top-level carnivores (Fig. 3, ANOVA, P<0.01). The site (Hospital Point) without either 243 mangroves or seagrass nearby showed the lowest fish diversity.



244 The highest abundances of all fish observed were recorded for Pomacentridae (damselfishes) and 245 Gobiidae (gobies). However, Gobiidae were only abundant at the sites connected to mangroves. 246 Coryphopterus personatus (masked goby) dominated these sites, with abundances up to 13 247 individuals m⁻². RLS surveys conducted in other places i.e. the close by San Andres Achipelago. 248 Colombian Caribbean, revealed much lower densities (0.2 individuals m⁻²). Abudefduf saxatilis 249 (sergeant major) was significantly correlated to sponge cover ($R^2=0.62$, p=0.0027). 250 251 Generally, fishes with life cycles closely associated with hard corals (Lewis 1997), such as 252 Pomacanthidae (angelfishes), were present in very low numbers (<1 per transect). Other reef 253 fishes typically associated with hard substrates with a high complexity such as Balistidae 254 (triggerfishes), Apogonidae (cardinalfishes), Muraenidae (moray eels), Sciaenidae (drums), 255 Pseudochromidae (dottybacks) and Serranidae (grouper) were scarce within the bay (<1 per 256 transect). Fishes of low and very low resilience, including those at higher trophic levels, such as 257 Diodon hystrix (porcupinefish), Ginglymostoma cirratum (nurse shark), Gymnothorax funebris 258 (moray eel), Lutjanus jocu (dog snapper), Ocyurus chrysurus (yellowtail snapper), Pomacanthus 259 arcuatus (gray angelfish) were only found in reefs with mangroves in closer proximity (≤ 250 260 m), a result associated with the higher biomass of high-level carnivores at sites closely associated 261 with mangroves (Fig. 3). 262 263 The PCA revealed a clustering of fishes based on the identified environmental factors (Fig. 4). 264 Component 1 was primarily influenced by sponge cover, distance to mangrove, chl a and fDOM. Component 2 was influenced by recently dead corals (Table 3). Sampling sites characterized by 265 266 high sponge cover, high seagrass cover, high fDOM and low distance to mangroves were



associated with fishes such as Abudefduf saxatilis, Hypoplectrus nigricans, Coryphopterus personatus and Coryphopterus glaucofraenum. Fishes such as Thalassoma bifascicatum and Acanthurus chirurgus were associated with greater distances from mangroves and calcifying algae. Fishes as Scarus iseri, Stegastes partitus and Cephalopholis cruentatus were associated with recently dead corals. However, the cover of dead coral was negatively correlated with the abundance of most fish species.

Discussion

Our surveys revealed that the local fish fauna is depauperate in richness and biomass by

Caribbean standards. We found further evidence that the fish community is representative of a

degraded ecosystem as the fish community was dominated by small fishes typical of habitats of
low complexity, such as Pomacentridae and Gobiidae, with few representatives of fish families

more closely associated with high-relief coral reefs. Nevertheless, sponges and close proximity

of mangroves were found to be positively correlated with fish richness, biomass and trophic

level, suggesting that these habitat -forming organisms underpin resilience through presence on

reefs and connectivity across the landscape.

Some fish species could be identified as indicator species. Extremely high abundances of a goby which forms schools above the bottom (*Coryphopterus personatus*) suggest that predation rates, and therefore predator abundances, are depleted in our study system. *Coryphopterus personatus* had 65-fold higher abundances than at sites 500 km distant in the San Andres Achipelago.

Moreover, fish surveys in our study area in 2002 revealed densities an order of magnitude lower at 1.2 individuals m⁻² (Dominici-Arosemena and Wolff 2005). We suggest this species represents



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an indicator species for degraded reefs in the Caribbean by benefiting from loss of predatory fishes that historically kept their local densities lower. Scarus iseri was considered as a keystone species given its role as the predominant herbivore, and is likely important for supporting the growth of sponges by cropping competing macroalgae. These functional roles of S. iseri had little redundancy in terms of other species potentially filling the same role if populations decline. Abudefduf saxatilis was identified as an indicator for sponge cover, a factor that could be positively correlated to fish richness, biomass and relatively high mean community trophic levels. A degraded fish community in Bocas del Toro is evidenced by overrepresentation of biomass at low trophic levels and high abundance of small fishes, both classic symptoms of over-fishing (Pauly et al. 1998; Myers and Worm 2003). Exploitation thus appears to have contributed substantially to the patterns observed in the fish community at Bocas del Toro (Guzmán et al. 2005; Cramer 2013). Herbivores, detritivores and omnivores were overrepresented in the fish community, with the proportion of herbivorous fishes much higher than at other Caribbean reef sites (Fig. 2b). Even though most herbivorous fish were in the smallest size category (<11 cm), this group has the potential to control the growth of macroalgae (Kuempel and Altieri 2017). Another plausible reason for low total fish biomass is the degradation of hard corals (Turner et al. 1999; Wilson et al. 2010), which reduced fish species that are known to associate with hard substrata. This was indicated by significant correlations between the proportions of recently-dead



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corals and the biomass of fishes. The trophic imbalance of the fish community in Bocas del Toro furthermore can be related to the degradation and loss of coastal habitats, with associated loss of shelter, and nursery and feeding grounds (Turner et al. 1999; Alevizon and Porter 2015). Instead, fishes known to live on habitats of low complexity (particularly Pomacentridae and Gobiidae) occurred in very high abundances. Sponges covered up to 20% of substrata, and thus provide considerable physical structure on the Bocas del Toro reefs (Diaz and Rützler 2001). In the absence of high cover of hard corals, sponges probably play an important role in supporting richness and biomass of the depauperate fish community in our study system. They are major determinants of the rugosity and height of the reef (Diaz and Rützler 2001), which in turn were found to be the most important predictors for fish abundance and species richness in a prior study (Gratwicke and Speight 2005). Sponges also comprise an important food source for spongivorous reef fishes, such as some members of Pomacentridae (Sammarco et al. 1987; Souza et al. 2011), Pomacanthidae and Scarinae (Dunlap and Pawlik 1996; Pawlik 1998). The pomacentrid A. saxatilis has been identified to have a functional dependency with sponges, through either shelter or other aspects of habitat complexity that sponges provide (Gratwicke and Speight 2005).

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Connectivity to mangroves was another important positive factor associated with fish communities, as the biomass and richness of fish were greater on coral reefs that were closer to mangroves. Mangroves are well known to provide a nursery ground, shelter and food sources for reef fishes (Laegdsgaard and Johnson 2001; Mumby et al. 2004). Our study suggests that the positive effect of mangroves as nursery and feeding grounds can overcome and compensate





some aspects of reef degradation in an ecosystem that has suffered multiple stressors. There are, however, non-linearities in mangrove influences on reefs, with negative influences at distances below 100 m. The reef-mangrove distance driving the highest abundance of carnivores was identified to be between 100 and 250 m.

One possible reason for a negative feedback with distance <100 m is that mangroves increase run-off of nutrients and detritus, providing a food resource for filter feeders (Lee 1995), which can then dominate and flatten the reef substratum. High cover of filter feeders in turn decreases hard coral cover (Granek et al. 2009), resulting in a reduction in fish species associated with high complexity reefs and that depend on hard corals (Beck et al. 2001; Nagelkerken et al. 2002; Unsworth et al. 2008; Ley 2014; Serafy et al. 2015). Nevertheless, lowest fish biodiversity and biomass was found on reefs without seagrass and mangroves in near proximity, presumably because many reef fish species may depend on interconnectivity between habitat types (Ley 2014). Also, the mean trophic level of the fish community declines at locations with no adjacent mangrove forest, probably because of the lack of food sources and nurseries for reef fish in general, and pelagic carnivores in particular (Ley 2014).

Further information on optimal habitat connectivity is critically needed for improved fisheries management and to ensure protection of diversity hotspots in marine protected areas (Linton and Warner 2003; Unsworth et al. 2008). Although fish biomass can be increased through fishing restrictions (Fig. 2a), habitat factors and connectivity of coastal habitats need to be considered to maintain the resilience of fish communities.



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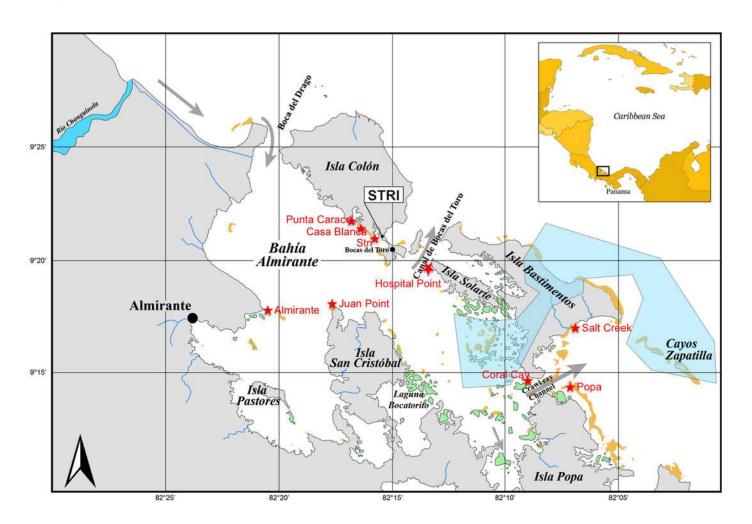
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Sampling sites in Bocas del Toro

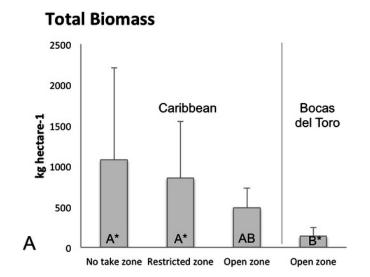
Three reef sites (Punta Caracol, Casa Blanca, Almirante) possess close connectivity with mangrove habitat (within 100m), three sites (STRI, Juan Point, Coral Cay) represent reef sites further away from mangroves (100 - 250m), and three reef sites (Popa, Salt Creek, Hospital Point) are not closely connected to mangroves (> 750 m). Yellow areas are reefs and green areas are mangroves islands, gray is island, white is ocean, blue is river and blue polygon is poorly enforced MPA.

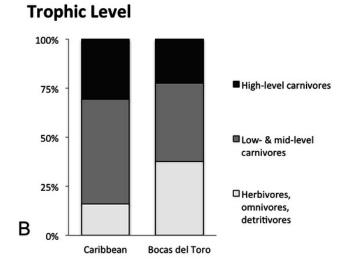


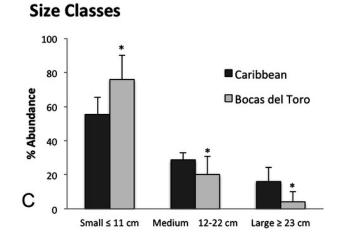


Biomass and composition of the fish community in the Caribbean and Bocas del Toro.

A) The comparison of the total biomass from RLS conducted across the Caribbean, divided in no take zones, restricted zone and open zones, and open zones in Bocas del Toro, Groups with different letters are significantly different. B) Distribution of trophic guilds based on total biomass: high-level carnivores (trophic level 4-4.5), low and mid-level carnivore 2.8-3.9, herbivores, omnivores and detrivores (trophic level 2-2.7). C) The abundance of fish subdivided in size classes (AVR \pm SD), which are indicative of fishing pressure (skew towards smaller body size implies fishing). Asterisk represents significant differences between size abundance data from Bocas and the Caribbean.



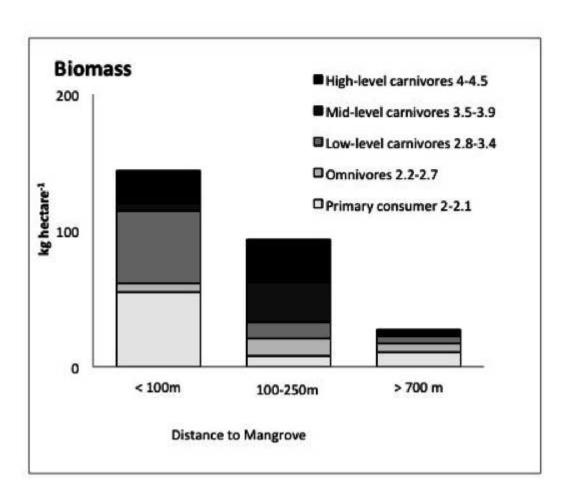






Biomass of trophic guilds pooled by sites with a similar distance to mangroves.

Sites in distance to mangrove < 100 m (Punta Caracol, Casa Blanca, Almirante), 100 - 250 m (STRI, Juan Point, Coral Cay) and > 700 m (Popa, Salt Creek, Hospital Point) (compare Table 1).





Principal Component Analyses

Principal components by site. The PCA showing clustering of sites with similar fish communities, with overlay vector plot showing major correlations of fish species with defined habitat characteristics. Sites are grouped in close (light green), medium (dark green), and far (black) distance to mangroves. Each site point represents the average of two transects at one timepoint. The strongest environmental trigger for component 1 is sponge cover (-0.96) and distance to mangroves (0.81). For component2 it is calcifying algae (-0.31) and recently killed corals (0.28).

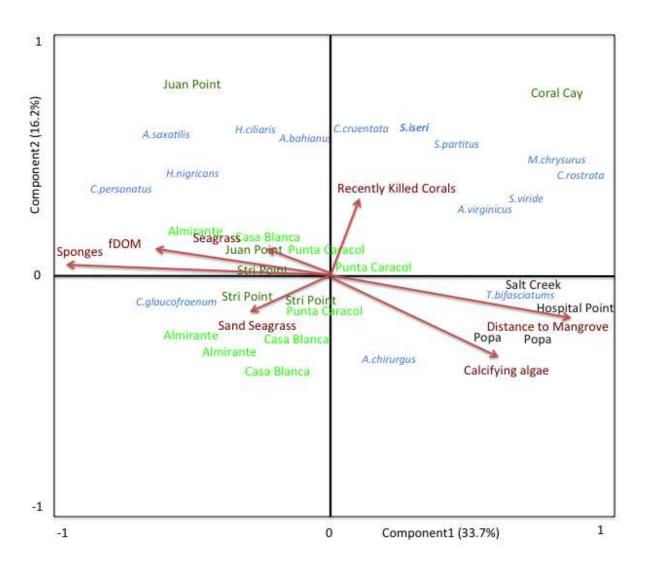




Table 1(on next page)

Tables

Table 1: Major habitat characteristics and location of monitoring sites. Sites 7 8 and 9 did not have mangroves in close proximity (≤ 250m); site 9 also did not have a

seagrass meadow close to the reef

	Site	Coordinates Lat	Coordinates Long	Depth Reef (m)	Depth Seagrass (m)	Distance Reef- Mangrove (m)	Sponge Cover %	Live Hard Coral Cover %	Hard Substrate %	Reef Fish Biomass kg ha ⁻¹	Seagrass Fish Biomass kg ha ⁻¹	Mangrove Fish Biomass kg ha ⁻¹	Reef Fish Abundance ha ⁻¹	Seagrass Fish Abundance ha ⁻¹	Mangrove Fish Abundance ha ⁻¹	Reef Fish Richness	Seagrass Fish Richness	Mangrove Fish Richness
1	Punta Caracol	9.3757°	-82.2997°	3	2	65	9.5	41.5	33	201	25	111	12929	2820	17423	38	12	21
				2	-												9	
2	Casa Blanca	9.3588°	-82.2737°	3	I	70	17.5	2.5	71	67	32	47	18741	67660	17570	30	9	16
3	Almirante	9.2900°	-82.3429°	3	2	90	19.5	36.5	71	206	2	202	11105	2560	1202510	28	6	15
4	STRI Point	9.3483°	-82.2625°	3	4	120	19.5	3.0	57	257	24	15	71076	73153	42390	35	15	19
5	Juan Point	9.3003°	-82.2921°	4	1	170	17.6	46.4	69	94	14	32	24045	31760	200660	30	11	10
6	Coral Cay	9.2435°	-82.1478°	5	2	230	2.0	16.0	51	25	12	11	1717	50850	42060	25	7	9
7	Popa	9.2336°	-82.1120°	3	1	700	1.1	26.9	61	60	2		2608	560	17423	24	9	
8	Salt Creek	9.2815°	-82.1012°	6	2	950	0.5	24.8	99	13	0		1688	1290		15	12	
9	Hospital Point	9.3326°	-82.2220°	5.5		900	0.5	96.0	33	12			1946			16		

34 5

6

Table 2: Major fish families (only considering >10 counts ha⁻¹ in average in one of the size bins)

	Caribbean			Bocas del Toro									
	Reef			Reef	Seagrass	Mangrove	Reef	Seagrass	Mangrove	Reef	Seagrass	Mangrove	
	≤11 cm	12.5-20 cm	≥25 cm	≤11 cm	≤11 cm	≤11 cm	12.5-20 cm	12.5-20 cm	12.5-20 cm	≥25 cm	≥25 cm	≥25 cm	
Acanthuridae	317	351	127	113	127	120	233	0	20	0	0	0	
Balistidae	100	380	145	0	0	0	0	0	0	0	0	0	
Carangidae	296	1078	145	321	20	2593	330	80	100	40	0	0	
Clupeidae	11500	0	0	0	46000	278080	0	0	0	0	0	0	
Ephippidae	0	80	280	0	0	0	30	0	0	0	0	0	
Gerreidae	0	30	20	0	600	155	0	0	20	0	0	0	
Gobiidae	6239	0	0	18182	30	80	0	0	0	0	0	0	
Grammatidae	434	0	0	0	0	0	0	0	0	0	0	0	
Haemulidae	1959	1395	160	379	752	823	457	300	70	20	0	0	

Holocentridae	253	441	50	0	0	0	20	0	0	0	0	0
Inermiidae	300	3444	0	0	0	0	0	0	0	0	0	0
Kyphosidae	463	733	160	0	0	0	0	0	0	0	0	0
Labridae	1749	659	96	254	568	580	252	180	80	0	0	0
Loliginidae	0	240	0	0	0	0	0	0	0	0	0	0
Lutjanidae	263	800	279	80	137	559	80	20	350	0	0	20
Mullidae	245	429	229	50	20	0	20	0	0	0	0	0
Pomacentridae	2145	414	20	618	325	123	110	0	0	0	0	0
Scaridae	741	252	196	494	753	979	333	20	173	80	0	0
Sciaenidae	532	176	40	60	0	0	60	0	0	0	0	0
Serranidae	855	107	208	297	72	40	93	0	0	0	0	0
Sphyraenidae	120	2100	180	0	0	40	0	20	40	0	0	100
Tetraodontidae	247	0	0	193	100	20	0	0	0	0	0	0

9

10 Table 3: The most significantly correlated environmental factors found to influence characteristics of the reef fish community using a multivariate pairwise correlation

11 (Spearman's test).

Environmental factors	Fish community factors	P
Sponge cover	Reef fish biodiversity	0.05*
	Mangrove fish biodiversity	0.023*
	Trophic level	0.0003*
	Total biomass	0.050*
	Size class ≤11cm	0.001*
Distance reef-mangroves	Reef fish biodiversity	0.003*
	Mangrove fish biodiversity	0.001*
	Trophic level	0.011*
	% fish that live in medium	0.0001*

	substrate complexity	
	% fish that live in low	0.047*
	substrate complexity	
	Biomass ≤11cm	0.050*
	Size class ≤11cm	0.013*
	Size class ≤12.5-≥20 cm	0.046*
Seagrass cover %	Seagrass fish biodiversity	0.0009*
Seagrass sand cover %	% fish that live in low	0.016*
	substrate complexity	
Recently killed corals	Biomass ≤11cm	0.033*
Calcifying algae	% fish that live in medium	0.030*
	substrate complexity	
fDOM	Total biomass	0.050*