

Method to collect ground truth data for walking speed in real-world environments: description and validation

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Background. Physical activity (PA) is increasingly being recognized as a major factor related to the development or prevention of many diseases, as an intervention to cure or delay disease and for patient assessment in diagnostics, as a clinical outcome measure or clinical trial endpoint. Thus, wearable sensors and signal algorithms to monitor PA in the free-living environment (real-world) are becoming popular in medicine and clinical research. This is especially true for walking speed, a parameter of PA behaviour with increasing evidence to serve as a patient outcome and clinical trial endpoint in many diseases. The development and validation of sensor signal algorithms for PA classification, in particular walking, and deriving specific PA parameters, such as real world walking speed depends on the availability of large reference data sets with ground truth values. In this study a novel, reliable, scalable (high throughput), user-friendly device and method to generate such ground truth data for real world walking speed, other physical activity types and further gait-related parameters in a real-world environment is described and validated.

Methods. A surveyor's wheel was instrumented with a rotating 3D accelerometer (actibelt). A signal processing algorithm is described to derive distance and speed values. In addition, a high-resolution camera was attached via an active gimbal to video record context and detail. Validation was performed in the following main parts: 1) walking distance measurement is compared to the wheel's built-in mechanical counter, 2) walking speed measurement is analysed on a treadmill at various speed settings, 3) speed measurement accuracy is analysed by an independent certified calibration laboratory - accreditation by DAkkS applying standardised test procedures.

Results: The mean relative error for distance measurements between our method and the built-in counter was 0.12%. Comparison of the speed values algorithmically extracted from accelerometry data and true treadmill speed revealed a mean adjusted absolute error of 0.01 m/s (relative error: 0.71 %). The calibration laboratory found a mean relative error between values algorithmically extracted from accelerometry data and laboratory gold standard of 0.36% (0.17-0.64 min/max), which is below the resolution of the laboratory. An official certificate was issued.

Discussion. Error values were a magnitude smaller than the any clinically important difference for walking speed.

Conclusion. Besides the high accuracy, the presented method can be deployed in a real world setting and allows to be integrated into the digital data flow.

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13 **Abstract**

14 **Background.** Physical activity (PA) is increasingly being recognized as a major factor related to
15 the development or prevention of many diseases, as an intervention to cure or delay disease and
16 for patient assessment in diagnostics, as a clinical outcome measure or clinical trial endpoint.

17 Thus, wearable sensors and signal algorithms to monitor PA in the free-living environment (real-
18 world) are becoming popular in medicine and clinical research. This is especially true for
19 walking speed, a parameter of PA behaviour with increasing evidence to serve as a patient
20 outcome and clinical trial endpoint in many diseases. The development and validation of sensor
21 signal algorithms for PA classification, in particular walking, and deriving specific PA
22 parameters, such as real world walking speed depends on the availability of large reference data
23 sets with ground truth values. In this study a novel, reliable, scalable (high throughput), user-
24 friendly device and method to generate such ground truth data for real world walking speed,
25 other physical activity types and further gait-related parameters in a real-world environment is
26 described and validated.

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29 signal processing algorithm is described to derive distance and speed values. In addition, a high-
30 resolution camera was attached via an active gimbal to video record context and detail.

31 Validation was performed in the following main parts: 1) walking distance measurement is
32 compared to the wheel's built-in mechanical counter, 2) walking speed measurement is analysed
33 on a treadmill at various speed settings, 3) speed measurement accuracy is analysed by an
34 independent certified calibration laboratory - accreditation by DAkkS applying standardised test
35 procedures.

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38 counter was 0.12%. Comparison of the speed values algorithmically extracted from
39 accelerometry data and true treadmill speed revealed a mean adjusted absolute error of 0.01 m/s
40 (relative error: 0.71 %). The calibration laboratory found a mean relative error between values
41 algorithmically extracted from accelerometry data and laboratory gold standard of 0.36% (0.17-
42 0.64 min/max), which is below the resolution of the laboratory. An official certificate was issued.

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44 **Discussion.** Error values were a magnitude smaller than the any clinically important difference
45 for walking speed.

46

47 **Conclusion.** Besides the high accuracy, the presented method can be deployed in a real world
48 setting and allows to be integrated into the digital data flow.

49

50

51 **Introduction**

52 Physical activity (PA) is increasingly being recognized as a major factor related to the
53 development or prevention of many diseases (Warburton, Nicol & Bredin, 2006; Reiner et al.
54 2014), as an intervention to cure or delay disease and for patient assessment in diagnostics, as a
55 clinical outcome measure or clinical trial endpoint (Byrom & Rowe, 2016; Zijlstra et al. 2017).
56 Thus, wearable sensors and signal algorithms to monitor physical activity in the free-living
57 environment (real-world) are becoming popular in medicine and clinical research (Robson &
58 Janssen, 2015; Grimm & Bolink 2016).

59

60 The development and validation of sensor signal algorithms for PA classification (e.g. walking)
61 or deriving specific PA parameters (e.g. walking speed) at clinical grade quality depends on the
62 availability of large reference data sets with ground truth values for the activities and parameters
63 to be derived. This is especially true when the machine learning methods are employed in
64 algorithm development requiring large and patient-specific datasets for algorithm training and
65 validation. Thus, reliable, scalable (high throughput), practical and itself valid methods to
66 generate such datasets at reasonable effort and cost are required but no gold-standard methods
67 have yet been established (Awais, Mellone & Chiari, 2015).

68

69 This is especially true for walking speed, a parameter of physical activity behaviour increasingly
70 gaining recognition as a powerful dimension of patient outcome in many disease areas (Hardy et
71 al., 2007; Abellan van Kan, 2009; Greic et al., 2011; Studenski et al., 2011; Schimpl et al., 2011;
72 Bohannon & Glenney, 2014; Hass et al., 2014) and as endpoint candidate in clinical trials. The
73 generation of ground truth data for algorithm development to derive walking speed a real-world
74 setting (Schimpl, Lederer & Daumer, 2011) is particularly challenging. Video-observation and
75 manual annotation as common for the classification of basic physical activities such as sitting,
76 standing, walking and transfers are not able to produce a true value for walking speed. Thus, a
77 new method needs to be developed and validated to generate ground truth data for walking
78 speed.

79

80 The definition of walking speed in the real world is not yet standardised and may affect the
81 design of a suitable method to generate ground truth measurements. In a laboratory setting
82 walking continuously and straight on an even surface for a measured distance, the definition of
83 walking speed seems straightforward. Walking in the real-world however usually involves a
84 curved trajectory and may take place on inclined or uneven surfaces. Possible definitions of
85 walking speed may e.g. account for a straight-line distance between the beginning and end of a
86 walking episode, or the distance described e.g. by the polygon created by the lines connecting

87 individual steps or by the curved projection of the body centre-of-mass on to the ground. Instead
88 of following a body-centre-of-mass trajectory which is influenced by shifting mass of the upper
89 body alone and when stationary, we define real-world walking speed based on the distance
90 described by the trajectory of the geometric centre between the left and right hip joint centre.
91 Reference to this point of skeletal anatomy seems most related to the walking motion,
92 reproducible to identify and by being geometric, most practical to follow by any tracking
93 method.

94

95 It is the aim of this study to describe and validate a novel, reliable, user-friendly and affordable
96 device and method to generate ground truth data for real world walking speed as defined above,
97 other physical activity types and gait-related parameters in a real-world environment using a
98 surveyor's wheel instrumented with a 3D accelerometer and carrying a video-camera.

99

100 **Materials & Methods**

101 *Method to measure walking speed:*

102 The method to generate ground truth data for walking speed in a real-world environment
103 comprises two devices, a wheel and a spoke-mounted accelerometer, together with a signal
104 processing algorithm to derive distance and speed data. In addition, a camera is attached to
105 video-record context and detail known to aid and expand algorithm development possibilities.

106

107 *a) Wheel*

108 With (walking) speed being the derivative of (walking) distance, the use of an established
109 distance measurement tool such as a surveyor's wheel as e.g. applied in civil engineering made
110 the appropriate basis for a device to collect walking speed from a human ambulating in the
111 natural environment. Such a surveyor's wheel, also called click wheel, odometer or perambulator
112 mechanically counts partial (equidistant segments) and full revolutions (common wheel
113 circumference= 1m) to derive the distance the wheel has travelled. The successful use of such a
114 mechanical wheel for measuring walking distance and speed for reference and algorithm
115 development has already been described before (Schimpl, Lederer & Daumer, 2011) albeit here
116 in combination with a bicycle computer to electronically register the distance.

117

118 In this study, the surveyor's wheel model used was the calibratable geoFennel M 10 (Baunatal,
119 Germany) comprising a built-in mechanical precision counter with a tolerance <0.02%. When
120 distance (and speed) are to be collected from a walking human in a real-world environment, an
121 observer is instructed follows the free roaming subject with the surveyor's wheel from slightly
122 behind and lateral (ca. 1m)) allowing free and natural ambulation of the test subject while closely
123 following the route in in direction and speed.

124

125 *b) Accelerometer*

126 In order to digitally record wheel travel distance and speed, a 3D accelerometer, in particular the
127 recording box of the actibelt RCT2 (trium, Munich, Germany), a belt-buckle integrated activity
128 monitor was mounted onto the wheel's spoke near the hub (50mm distance to rotational axis) in
129 a position so that two axes were aligned with the wheel plane (Figure 1, here in final design with
130 hub-mounted actibelt). The actibelt recording box (Figure 2) measures ca. 50x40x10mm and
131 records accelerations in three axes at 100Hz sample frequency with data storage (4GB) and
132 battery capacity enabling for up to 8 weeks of continuous recording.

133

134 This approach towards recording distance was chosen over using the wheel's built-in mechanical
135 counter or the electronic bicycle computer because of the cumbersome data readout,
136 documentation and necessary laborious and error prone data transcription and transformation for

137 both the built-in counter or bike computer. For an accelerometer and the actibelt in particular, the
138 same sensor device is used to monitor patient activity (Soaz et al. 2011, Motl et al. 2012,
139 Stellmann et al. 2015) and to generate the ground truth values for distance and speed. Thus, data
140 collection from the walking subject and the turning wheel are conveniently synchronized and of
141 identical format for efficient handling. Such usability aspects are important to allow the
142 generation of consistently documented large amounts of synchronized data required for activity
143 classification and gait parameter algorithm development and validation, especially when
144 machine learning methods are employed demanding large training data sets.

145

146 c) Algorithm:

147 The algorithm to derive distance and speed values from the spoke-mounted accelerometer signal
148 uses the sinusoidal waveform produced by the two accelerometer axes aligned with the plane of
149 the rotating wheel and thus measuring the momentary static gravity component. Each full
150 rotation of the wheel generates one period of a sinusoidal in both axes with a 90-degree phase-
151 shift between them. Thus, automated peak-detection of the maxima and minima in both curves
152 using the “findpeaks” function of the “pracma” package (v1.9.9) in R (version 3.3.2) distinctly
153 marks 4 subsequent quarter rotations. These translate into 4 equidistant units of wheel travel, in
154 the case of a wheel with a 1m circumference as used in this study, marking distances in multiples
155 of 25cm. Speed is then calculated by dividing distance by the know time between two peaks or
156 the peaks marking the start and end of a walking bout episode. Prior to acceleration peak
157 detection, the signal is filtered (Chebyshev, Type 1) to exclude frequencies (e.g. bumps from
158 surface, general noise) outside what a human would produce walking at speeds ranging between
159 0.35 m/s to 1.75 m/s. In a self-written post-processing script, the algorithm only documented a
160 distance and speed value for a walking bout when a minimum number of subsequent quarter
161 rotations of the wheel were recorded and the individual subsequent values showed a certain
162 coherence as expected for human walking characterized by smooth and not abrupt accelerations
163 or decelerations. This feature is used to avoid the output of false distance and speed values from
164 confounding acceleration peaks stemming from e.g. hitting the wheel or moving it slightly back
165 and forth at a moment of stand-still with the accelerometer axes accidentally aligned with
166 gravity. In this set-up validated here, any possible wheel travel distance from rest until recording
167 the first acceleration peak count of a walking bout is missed (<25cm) as well as any possible
168 wheel travel distance at the end of a walking bout after the final peak and before wheel stop. This
169 systematic source of error was neglected as it is also inherent with the mechanical counter (or a
170 wheel magnet driven bike computer) and because for the walking distances studied, even the
171 theoretical maximum error would be relatively small (<1%). In addition, the wheel starting
172 position can be chosen to minimize this effect, Furthermore, if required e.g. to reduce relative

173 error for very short walking distances, missed distances before the first and after the last
174 acceleration peak could be algorithmically estimated from the sinusoidal curves.

175

176 d) Camera

177 In order to document additional context, detail and ground truth data beyond distance and speed,
178 a smartphone (Huawei, Mate 9, Shenzhen, China) with a high-resolution video-camera and an
179 active gimbal for image stabilisation was mounted onto the surveyor's wheel. The camera was
180 augmented with a frog eye lens and the field of view focused onto the lower legs and feet of the
181 subject being followed (Figure 3). This way, each step is visually recorded in detail
182 simultaneously with the wheel speed and the subject-worn actibelt accelerations. For time
183 synchronization between both actibelts and the camera, both sensing units (recording boxes) are
184 coupled and vigorously tapped in front of the running camera before being fit back the test
185 subject's belt and surveyor's wheel.

186

187 Video-recordings were made using the OpenCamera App which allows high-definition videos
188 (1080p) to be captured at 120fps and stored in mp4 format. The video-recording is later manually
189 annotated by a human observer to mark detailed gait events such as individual steps, heel strike
190 and toe-off to generate ground truth for developing and validating algorithms for real-world
191 activity parameters such as step counts, stance or swing time. The feet-focused camera position
192 guarantees the anonymity of the recordings required for collecting data also in public spaces
193 which are well suited for generating real-world data. The camera also records context such as
194 properties of the surface walked on, perturbations from the real-world environment or the
195 subject's footwear which can be useful information for deeper understanding during algorithm
196 validation. Another reason to integrate a camera for video-recording the steps of walking is that
197 computerized image analysis methods under development to detect gait phases and annotate
198 them promises to automate and accelerate the generation of ground truth data for real-world gait
199 monitoring algorithms. This is useful to generate large datasets required especially for machine
200 learning approaches which are popular now.

201

202 e) Real-World parkour

203 Finally, besides the device and algorithm described in this study, the full method to generate
204 ground truth for real-world walking speed also requires a) information about the real-world
205 environments recommended for application and b) instructions for the measured subject and the
206 observer (Figure 4). While the system presented in this study is explicitly designed to be used
207 outside the lab in any natural setting, the efficient generation of ground truth datasets for
208 algorithm development benefits from defining and then finding or creating an environment in the
209 real-world and some instructions to the measured subject on where and how to walk. This way it

210 is possible to combine and assess many typical types and conditions of human walking in a small
211 space and short time frame reducing the burden to test subject and observer. The set-up of such
212 an environment in the real-world and the instructions to the test subject is called Parkour and its
213 detailed description and validation requires a separate study.

214

215

216 ***Validation:***

217 The validation of this method was performed in four parts, 1) validating the distance
218 measurement derived from the wheel-mounted accelerometer versus the built-in mechanical
219 counter, 2) validating the speed measurement derived from wheel-mounted accelerometer versus
220 speeds set on a treadmill, 3) an external validation by a certified calibration service, 4)
221 investigating the influence of centrifugal forces and off-centre position of the wheel mounted
222 accelerometer on signal quality and thus distance and speed measurement. For part 2) the
223 systematic error for speed settings on the treadmill was established first using the mechanical
224 counter built-into the wheel. The Ethics Committee of the Ludwig-Maximilians-University
225 München) granted ethical approval to carry out this study (Ref: 627-16) and written consent was
226 collected from subjects involved.

227

228 *Validation protocol 1: Distance*

229 Three walking bouts of various length and with breaks of variable duration before, in-between
230 and after were performed by one subject walking at self-selected speed with the wheel set-up
231 described above. The three distance measurements derived from the built-in mechanical counter
232 were compared to the distance values derived from the accelerometer and algorithm described
233 above and the mean absolute and relative error were calculated.

234

235 *Validation protocol 2: Walking Speed*

236 A direct comparison between the walking speed derived from the wheel-mounted accelerometer
237 and algorithm and a reference value for speed was performed using a treadmill (Kettler, Boston
238 XL, Germany). It was set to various speed readings with the wheel mounted to the treadmill
239 excluding any potential error of an observer guiding the wheel. Treadmill speeds were run for
240 30s duration per setting with speeds rising from 0.5 m/s to 1.75 m/s in increments of 0.25 m/s.

241

242 As a consumer device, the treadmill satisfies different requirements and thus was expected to be
243 less accurate than a dedicated measurement tool. To enable its usage as a reference device the
244 systematic error of the treadmill was estimated beforehand as follows: The treadmill was
245 operated at two set speeds, 6 km/h and 3 km/h respectively for a time period of 300s each as
246 measured by a stopwatch. The distance as calculated from the set speed and time (“expected

247 distance”) was than compared to the distance as measured by the treadmill mounted wheel and
248 its mechanical counter to derive the errors. The mean relative error was then used to correct
249 speed values from the treadmill for the comparison with the accelerometer derived speed.

250

251 *Validation protocol 3: External validation*

252 The measurement wheel with the hub-mounted actibelt accelerometer was provided to a
253 calibration laboratory (SBS Kalibrierungsservice GmbH, Unterweilerbach, Germany) accredited
254 by the national accreditation body for the Federal Republic of Germany (DAkkS) for official
255 certification. The certificate issued under the number D-K-18447-01-00 can be found in the
256 supplementary material.

257

258 For calibration of the measurement method described here, the calibration laboratory followed
259 the standardised test procedures for measurement instruments measuring revolutions and
260 frequencies (DAkkS, 6.4.05 and 6.4.06). According to these normed procedures, the actibelt was
261 mounted onto a speed-regulated electric screwdriver and the true values for revolutions [1/min]
262 and frequency [1/s] were measured employing a waveform generator (Model 33250A, Agilent
263 Technologies, Santa Clara, Ca, USA) and a Laser tachometer (DT-207 B, Nidec-Shimpo
264 Instruments, Glendale Heights, IL, USA). Nine settings for speed (rotational frequencies) were
265 measured covering a range equivalent to walking speeds ranging from 0.78m/s to 1.94m/s which
266 represents a broad interval of human real-world walking speeds. For each setting, 5
267 measurements were performed to derive a mean value and the relative difference between the
268 true (calibration reference) and measured (actibelt and algorithm) value was calculated.

269

270 *Validation protocol 4: Influence of sensor position*

271 Two positions for the wheel-mounted accelerometer were compared to study the influence of
272 centrifugal forces during rotation on the sensor signal used for the speed calculation algorithm.
273 Based The experiment was meant to identify possible walking speed thresholds up to which
274 values can be considered reliable and when signal drift would critically affect them. For this, the
275 treadmill mounted wheel recorded raw accelerations from two sensor positions, the spoke-
276 mounted actibelt and from an actibelt attached close to the rotational axis (hub). Treadmill
277 speeds were increased step-wise (0.25km/h) from standstill to 10 km/h. The speed where the
278 sinusoidal maxima significantly exceeded the 1g static gravity was considered a threshold.

279

280 Results

281 *Validation protocol 1: Distance*

282 The raw acceleration trace from spoke-mounted accelerometer recorded during distance
283 measurement validation clearly reflected the experimental set-up with three walking bouts of
284 different length interrupted by two breaks (Figure 1). The accelerometer signals from the axes
285 aligned with the wheel plane followed a sinusoidal waveform during rotation (Figure 1).
286 Numerical analysis of comparing the reference distance from the mechanical counter to the
287 accelerometer and algorithm output gave a mean relative error of 0.12% (max: 0.22%, Table 1).
288

289 *Validation protocol 2: Walking Speed*

290 The experiment to establish the error of the treadmill's speed settings revealed a mean relative
291 error for both speed settings of +3.63% (Table 2), indicating that true treadmill speed is slightly
292 higher than the set speed. The mean relative error was used to adjust the subsequent relative error
293 calculations when comparing treadmill speed to speed output from the accelerometer.
294 The speed validation experiment with its stepped treadmill speed increments showed how the
295 accelerometer and algorithm output closely followed these increments with values slightly above
296 the set speeds (Figure 3). Numerical analysis of the 11 paired treadmill and algorithm speed
297 values revealed a mean unadjusted absolute error of 0.03 m/s (adjusted: 0.01 m/s) and an
298 unadjusted mean relative error of 2.89 % (adjusted: 0.71 %).

299

300 *Validation protocol 3: External validation*

301 Performing a standardised calibration protocol for instruments measuring revolutions and
302 frequencies by an independent laboratory accredited by the German authority revealed a mean
303 relative error between the true and measured value for revolutions and frequencies of 0.36%
304 (0.17-0.64 min/max, see Table 4). These values were within the accuracy range of the calibration
305 equipment and an official certificate was issued.

306

307 *Validation protocol 4: Influence of sensor position*

308 For the spoke-mounted accelerometer outside the rotational axis it was seen that the theoretical
309 maximum/minimum acceleration value per axis, gravity at $\pm 1g$, visibly exceeded this threshold
310 at (walking) speeds beyond 5 km/h (Figure 3). At speeds above 10 km/h it exceeded the
311 measurement range of the sensor (6g, Figure 3) due to the added centrifugal forces. When the
312 actibelt was mounted at the hub near the rotational axis, no such effect was visibly throughout
313 the entire speed range up to 10 km/h.

314

315 Discussion

316 The development and validation of algorithms for wearable sensor derived measures of physical
317 activity in the real-world and for accelerometers and walking speed in particular requires large
318 data-sets with reliable ground truth values as reference. This is especially true when machine
319 learning techniques are employed depending on large training and validation data sets for
320 algorithm development. Thus, reliable, user-friendly and proven (i.e. itself validated) methods
321 with high throughput capacity are needed to generate such ground truth reference data. This
322 study describes and validated a method to collect ground truth data for walking speed in real-
323 world environments, a gait parameter of increasingly recognized clinical relevance and until now
324 difficult to generate ground truth for in a simple and valid manner.

325

326 The solution developed comprises a standard surveyor's wheel with an accelerometer mounted
327 close to the hub and an algorithm which detects the peaks of the phase-shifted sinusoidal signals
328 from two accelerometer axes to count wheel revolutions and derive speed from it. As a
329 recommended optional addition, a mounted (smartphone) camera can provide additional context
330 and detail for algorithm development.

331

332 In a 4-part validation, various aspects of the method's validity were established. It was shown
333 that the described solution can measure distance with a mean relative error of 0.22% giving an
334 accuracy much higher than what is currently achieved or would be expected or required for a
335 wearable device and algorithm combination estimating walking distance (or speed) in a real-
336 world environment. Also, the direct speed output showed to be very precise against a reference
337 (treadmill) with both absolute (0.01 m/s) and relative error (0.71%) being negligibly small for
338 real-world practice where e.g. the clinically important differences for walking speed, e.g.
339 ± 0.1 m/s (Bohannon & Glenney, 2014) are one order of magnitude higher. Independent external
340 validation by a certified calibration agency confirmed these results and further supports the
341 method's application in an environment where regulatory requirements may demand such formal
342 approval. Finally, it was also shown that the method can be affected by centrifugal forces when
343 speeds exceed ca. 5 km/h and the accelerometer is mounted off-centre in the spokes. However,
344 this effect can be removed when the accelerometer is mounted at the hub near the centre of
345 rotation. Then the method works reliably at speeds up to and beyond 10 km/h. Thus, the
346 accelerometer position near the rotational axis is recommended and now routinely implemented
347 in our set-up. As walking speeds, especially those of patients or elderly, are usually below 2 m/s
348 (Studenski et al., 2014) and thus well below where centrifugal forces showed signal drift for a
349 spoke-mounted accelerometer, past or future data collected in such an environment are still
350 reliably accurate.

351

352 The method described and the validation performed have some limitations. As stated in the
353 introduction, already conceptually, any attempt to record true human walking speed in the real-
354 world is challenged by the precise definition of it. From various imaginable alternatives, we
355 pragmatically defined real-world walking speed based on the distance described by the trajectory
356 to the ground of a point from skeletal anatomy, the geometric centre between the left and right
357 hip joint centre. This highly reproducible point can easily be generated in computer simulations
358 of gait kinematics, can be closely estimated using video-capture of related anatomical landmarks
359 (reflective markers) and can be aimed at and followed by a human observer. Differences between
360 this definition and alternatives seem small but in certain conditions, definitions based on mass
361 (e.g. upper body motion) or the polygon connecting steps (e.g. uneven, inclined surfaces) seem
362 less appropriate and accessible for a ground truth generating method.

363 The method described is designed to generate ground truth for walking speed. Stepping motions
364 like side-stepping, shuffling or bouts of a very few steps like common e.g. in the home
365 environment (e.g. household chores) would not be accessible for generating a walking speed
366 value by this method. However, it also does not seem appropriate to label the velocity of such
367 stepping movements as walking speed, nor has the velocity of such events yet been reported as
368 parameter with clinical meaning.

369

370 Besides these definitional aspects, generating ground truth for walking speed by a having a
371 human observer follow a subject with a measurement wheel adds extra effort and some observer
372 subjectivity. The observer's wheel speed and the walker's true speed will differ to some degree
373 especially when sudden starts and stops or changes in speed or direction (corners) happen in a
374 real-world environment causing some delays, false reactions or corrections of the observer.
375 However, in practice, when such reference datasets are created, measurements are often
376 performed in a real-world like gait course ("parkours") to generate many different events of
377 walking in a small space and short period of time. This way walking paths are more predictable,
378 and in addition observers are well experienced. Also, the theoretical effect of influencing the
379 behaviour and gait pattern of the person being followed is avoided or minimised by the observer
380 following from behind and the parkours set-up providing a natural environment and real-world
381 distraction.

382

383 The elaborate 4-part validation protocol described involved level, smooth and non-slippery
384 surfaces and longer walking bouts (>30 steps). Thus, from the data presented, the validity on
385 uneven surfaces with bumps potentially causing "false" acceleration peaks, slippery surfaces
386 potentially causing wheel slip or short bouts with many stops and turns like e.g. encountered
387 roaming indoors at home can only be commented on. The chance for peaks from bumps being of
388 a nature to offset the algorithm seems unlikely and if so, could be removed with a low-pass filter.

389 Wheel slip for a professional surveyor's wheel may only be encountered in theory and on
390 surfaces which would need to be so slippery (e.g. ice) that in the practice of generating patient
391 reference data for algorithm development such situations would not be encountered unless
392 specifically wanted. The performance of the method on shorter walking bouts should be
393 maintained and may only degrade for very short bouts of walking (e.g. <5 or <3 steps). Such
394 short bouts would be encountered e.g. indoors during housework and thus possibly may be better
395 classified as roaming or shuffling instead of walking. In addition, for a "mean real-world walking
396 speed" calculated over a day or week such very short bouts add too few steps to be relevant
397 overall. Thus, their inclusion into a parkours for generating reference data is not typical.
398

399 **Conclusions**

400 A surveyor's wheel equipped with a hub-mounted 3D-accelerometer aligned with the wheel
401 plane and an algorithm counting the peaks of two signal axes has proven to be a highly accurate
402 method to generate ground truth data for walking distance and speed in a real-world
403 environment. Besides its high accuracy, this method can be deployed in a real world setting and
404 allows to be integrated into the digital data flow so that it may serve as a gold standard method
405 for the development and validation of wearable sensor algorithms estimating real work walking
406 speed. Future research will investigate the observer reliability of using this method in various
407 real-world environments and with different subjects or patients, will describe the real-world
408 environments and subject instructions (Parkour) most effective to generate large algorithm
409 training and validation data sets and will develop computerized image analysis methods to
410 automatically annotate video-recordings for additional context and detail.

411

412 **References**

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Table 1 (on next page)

Distance measurement validation: Comparing built-in mechanical counter (reference) to spoke-mounted accelerometer values (algorithm) for three walking bouts.

	Distance Measurement			
	Reference value [m]	Algorithm output [m]	Reference value [m]	Relative error [%]
Bout 1	34.48	34.50	0.02	0.06
Bout 2	27.81	27.75	0.06	0.22
Bout 3	36.03	36.00	0.03	0.08

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Table 2 (on next page)

Establishing the treadmills systematic error for speed: Comparing distance calculated by set speed and measurement duration (expected) versus distance from the wheel's mechanical counter (measured).

	Treadmill set-up [km/h]	Measurement duration [s]	Expected distance [m]	Measured distance [m]	Absolute error [m]	Relative error [%]
Test 1	3	300	250	260.05	10.05	4.02
Test 2	6	300	250	516.15	16.15	3.23

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Table 3 (on next page)

Speed measurement validation: Comparing treadmill speed versus output from the spoke-mounted accelerometer and speed algorithm.

The adjusted relative error takes the treadmill's estimated mean error of +3.63 % into account.

Treadmill setting [m/s]	Algorithm output [m/s]	Absolute error [m/s]	Relative error [%]	Adj. relative error [%]
0.50	0.51	0.01	2.58	1.01
0.75	0.77	0.02	2.99	0.62
1.00	1.03	0.03	2.99	0.62
1.25	1.29	0.04	2.94	0.66
1.50	1.54	0.04	2.83	0.77
0.50	0.51	0.01	2.97	0.64
0.75	0.77	0.02	3.14	0.47
1.00	1.03	0.03	3.02	0.59
1.25	1.29	0.04	2.94	0.67

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Table 4(on next page)

Values from following a prescribed standardised test protocol for instrument calibration comparing the true value from the reference measurement device and the actibelt (measured value).

True value		Measured value		Abs. diff f [1/s]	Rel. Diff [%]
Revolutions [1/min]	f [1/s]	Revolutions [1/min]	f [1/s]		
46.6	0.7767	46.3	0.7717	-0.0050	0.64
48.1	0.8017	48.0	0.8000	-0.0017	0.21
81.0	1.3500	81.2	1.3533	0.0033	0.25
81.5	1.3583	81.4	1.3567	-0.0017	0.12
82.2	1.3700	82.3	1.3717	0.0017	0.12
83.0	1.3833	83.1	1.3850	0.0017	0.12
84.5	1.4083	85.5	1.4250	0.0167	1.18
90.3	1.5050	90.7	1.5117	0.0067	0.44
116.2	1.9367	116.0	1.9333	-0.0033	0.17
Avg.				0.0020	0.36

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Figure 1

Measurement device to generate ground truth data for walking speed in real-world environments. Surveyor's wheel with hub-mounted actibelt and smartphone video-camera attached via an active gimbal.



Figure 2

Detailed view of the accelerometer (open actibelt recording box) positioned at hub near the rotational wheel axis.



Figure 3

Detailed view of the smartphone screen during operation.

Screen shows the camera plus fish-eye lens recording the ground, feet and lower legs during walking to add visual context and additional detail for algorithm development and validation.



Figure 4

Measurement wheel in use by observer following walking subject.



Figure 5

Raw acceleration from spoke-mounted actibelt accelerometer recorded during distance measurement validation. Red, green: axes in wheel plane, blue: axis perpendicular to wheel plane.

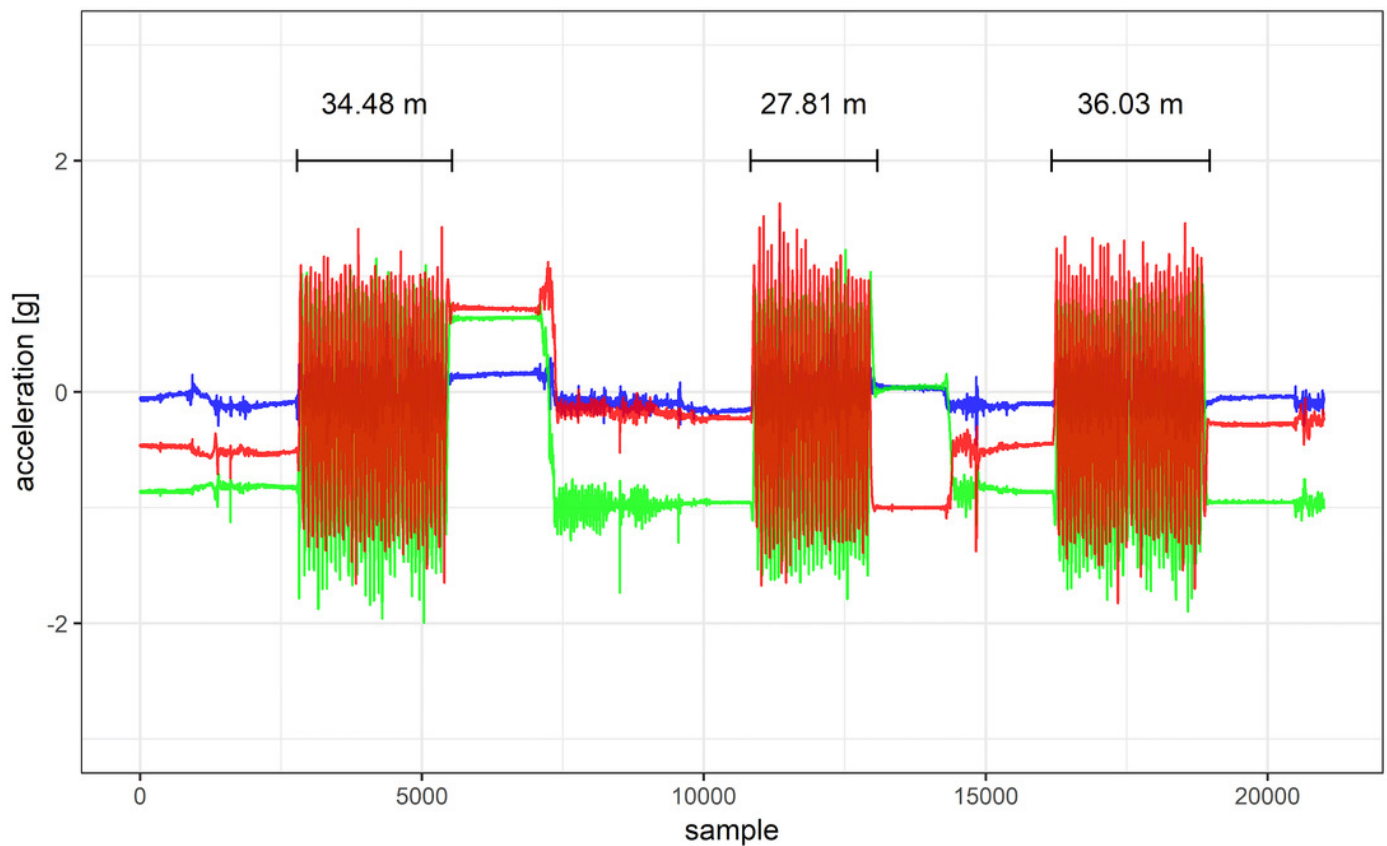


Figure 6

Speed measurement validation: Output from the spoke-mounted accelerometer and speed algorithm (black) versus the stepped treadmill settings (red).

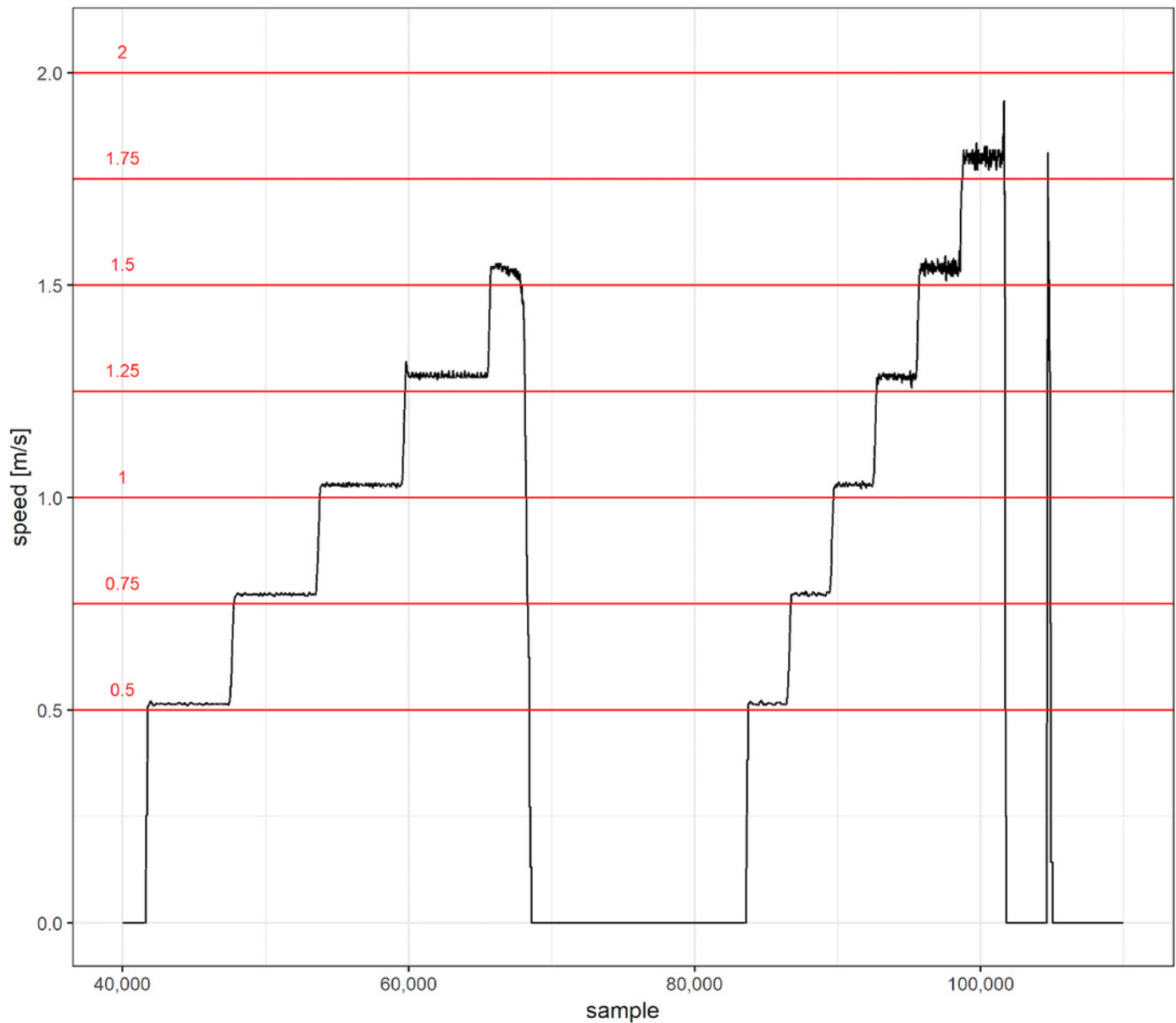


Figure 7

Influence of centrifugal force on raw accelerometry signal depending on wheel speed (from 0 in steps of 0.25 m/s) and sensor position (spoke and hub).

Red and green: axes in wheel plane, blue: axis perpendicular to wheel plane.

