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Cortical modulation of pupillary function: Systematic review

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Background. The pupillary light reflex is the main mechanism that regulates the pupillary diameter; it is controlled by the autonomic system and mediated by subcortical pathways. In addition, cognitive and emotional processes influence pupillary function due to input from cortical innervation, but the exact circuits remain poorly understood. We performed a systematic review to evaluate the mechanisms behind pupillary changes associated with cognitive efforts and processing of emotions and to investigate the cerebral areas involved in cortical modulation of the pupillary light reflex.

Methodology. We searched multiple databases until November 2018 for studies on cortical modulation of pupillary function in humans and non-human primates. Of 8808 papers screened, 252 studies were included.

Results. Most investigators focused on pupillary dilatation as an index of cognitive and emotional processing, evaluating how changes in pupillary diameter reflect levels of attention and arousal. Only few tried to correlate specific cerebral areas to pupillary changes, using either cortical activation models (employing micro-stimulation of cortical structures in non-human primates) or cortical lesion models (e.g. investigating patients with stroke and damage to salient cortical and/or subcortical areas). Results suggest involvement of several cortical regions, including the insular cortex, the frontal eye field and the prefrontal cortex, and of subcortical structures such as the locus coeruleus and the superior colliculus.

Conclusions. Pupillary dilatation occurs with many kinds of mental or emotional processes, following sympathetic activation or parasympathetic inhibition. This phenomenon is controlled by several subcortical and cortical structures that are directly or indirectly connected to the brainstem pupillary innervation system.

1 **Cortical modulation of pupillary function: Systematic review**

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27 manuscript.

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ABSTRACT

Background. The pupillary light reflex is the main mechanism that regulates the pupillary diameter; it is controlled by the autonomic system and mediated by subcortical pathways. In addition, cognitive and emotional processes influence pupillary function due to input from cortical innervation, but the exact circuits remain poorly understood. We performed a systematic review to evaluate the mechanisms behind pupillary changes associated with cognitive efforts and processing of emotions and to investigate the cerebral areas involved in cortical modulation of the pupillary light reflex.

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Conclusions. Pupillary dilatation occurs with many kinds of mental or emotional processes, following sympathetic activation or parasympathetic inhibition. This phenomenon is controlled by several subcortical and cortical structures that are directly or indirectly connected to the brainstem pupillary innervation system.

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97 INTRODUCTION

98

99 The pupillary light reflex is a polysynaptic reflex that requires cranial nerves II and III, as well as
100 central brainstem connections ¹. Light falling into one eye stimulates retinal photoreceptors,
101 bipolar cells and subsequently retinal ganglion cells whose axons form the optic nerve. Some of
102 these axons terminate in the pretectum of the mesencephalon; and pretectal neurons project
103 further to the Edinger-Westphal nuclei. Then, preganglionic parasympathetic axons synapse with
104 ciliary ganglion neurons which in turn send postganglionic axons to innervate the pupillary
105 constrictor muscles of both eyes. Conversely, pupillary dilatation relies on the sympathetic
106 system which consists of pre-ganglionic fibers projecting from the hypothalamus to the superior
107 cervical ganglion and post-ganglionic fibers projecting to the iris dilator muscles, via ciliary
108 nerves ¹.

109

110 In addition to brainstem pathways, there exists also a cortical component of pupillary
111 innervation. For instance, emotional responses such as surprise and cognitive processes such as
112 decision making, memory recall and mental arithmetic may produce pupillary dilation ²⁻⁴.
113 Pupillary function may be assessed as changes in pupillary size relative to resting state diameter
114 or alterations of the light reflex in terms of reflex amplitude and latency (i.e. time from light
115 stimulus to pupillary constriction). Cognitive scientists and psychologists have used
116 measurements of pupillary diameters since the 1960ies to monitor mental processes in healthy
117 volunteers and people with a wide range of neurological and psychiatric disorders, including
118 Alzheimer's disease, autism and anxiety ⁵⁻⁸. Testing of emotional processes usually involves
119 neutral versus emotionally salient stimuli, e.g. pictures of everyday life objects versus pictures
120 evoking sadness, anger or happiness, whereas cognitive processes are investigated with tasks
121 such as arithmetic calculations and memory recall tests ^{2,9}. In addition, neuroimaging, including
122 computed tomography (CT) and magnetic resonance imaging (MRI), has been used to correlate
123 changes in pupillary functions with cerebral lesions in patients with stroke and other brain
124 disorders ¹⁰. In the same vein, electrical stimulation of cortical areas such as the frontal eye field
125 has been investigated to correlate pupillary and cortical function in non-human primates ¹¹.

126

127 Although pupillary function is of considerable interest to neurologists, ophthalmologists,
128 neuroscientists, physiologists and psychologists, the exact mechanisms of supratentorial
129 modulation of pupillary function remain poorly understood. Previous (unsystematic) reviews
130 have focus mainly on cognitive aspects such as attention but not on pupillary cortical control¹²⁻
131 ¹⁴. Therefore, in this review we aimed to identify a) the cortical and subcortical areas and b) the

132 behavior and cognitive processes that modulate pupillary function in humans and non-human
133 primates.

134

135

136 **METHODS**

137

138 We performed a systematic review of the literature using a predefined search strategy and
139 phrasing research objectives with the PICO approach (a standardized way of defining research
140 questions, focusing on Patients, Intervention, Comparison, and Outcome)¹⁵. The review was
141 registered with PROSPERO registration number CRD42018116653

142 (<https://www.crd.york.ac.uk/prospero/>). The review protocol can be accessed from the online
143 supplementary files (*SI*).

144

145 **Objectives**

146

147 *Primary research objectives:*

148

149 PICO 1: In patients with focal cerebral lesions due to e.g. stroke, traumatic brain injury or brain
150 surgery (P), does involvement of salient cortical and subcortical gray matter areas, including but
151 not limited to the prefrontal eye field, insular cortex and thalamus (I), as compared to healthy
152 controls or neurological patients without such lesions (C), lead to changes of pupillary function,
153 i.e. the light reflex or resting state pupillary diameter (O)?

154

155 PICO 2: In healthy human subjects (P), do cognitive efforts (e.g. decision making or mental
156 arithmetic) and processing of non-painful emotional stimuli (I), as compared to task negative and
157 emotionally neutral conditions (C), lead to changes of pupillary function, i.e. the light reflex or
158 resting state pupillary diameter (O)?

159

160 *Secondary research objectives:*

161

162 PICO 3: In non-human primates (P), does invasive experimental manipulation (e.g. electrical
163 stimulation) of cortical and subcortical gray matter areas (I), as compared to absence of
164 stimulation (C), lead to changes of pupillary function, i.e. the light reflex or resting state
165 pupillary diameter (O)?

166

167 PICO 4: In non-human primates (P), do cognitive efforts such as decision making and processing
168 of non-painful emotional stimuli (I), as compared to task negative and emotionally neutral
169 conditions (C), lead to changes of pupillary function, i.e. the light reflex or resting state pupillary
170 diameter (O)?

171

172

173 **Eligibility Criteria**

174

175 *Types of studies*

176

177 We evaluated all cross-sectional or longitudinal, retrospective or prospective, observational,
178 clinical and research studies as well as interventional trials, including experimental animal work
179 on non-human primates, reporting on pupillary function as related to modulation by cortical and
180 subcortical lesions or stimulations, as well as modulation by cognitive and emotional processes.
181 We excluded reviews and meta-analysis, non-original studies and studies with $n \leq 15$ human
182 subjects.

183

184 *Participants*

185

186 All patients aged ≥ 18 years with ischemic or hemorrhagic stroke, brain trauma and/or brain
187 surgery as well as healthy subjects studied in order to correlate pupillary function with focal
188 lesions and/or to specific cognitive or emotional cerebral processing related to experimental
189 invasive or non-invasive stimulation were included. For secondary research questions we
190 included non-human primates with or without cerebral lesions studied to correlate pupillary
191 function with cerebral cortical and/or subcortical gray matter areas and with specific cognitive or
192 emotional cerebral processing related to experimental invasive or non-invasive stimulation. For
193 exclusion criteria, the reader is referred to the protocol review (online supplementary files *SI*).

194

195 *Outcome measures*

196

197 The main outcome measure was a change in pupillary function, i.e. either a variation of the
198 pupillary diameter or a difference in the light reflex (e.g. a longer latency period), compared to a
199 baseline value or a control group.

200

201 *Index tests and Interventions*

202

203 The index tests comprised neuroimaging (CT, MRI including functional MRI, PET, SPECT),
204 post-mortem examination revealing the extent of brain lesions, quantitative pupillometry (Eye
205 Link 1000 and similar devices) and visual inspection of pupillary function. Concerning
206 interventions, we included all studies with invasive procedures such as electrical cortical and/or
207 subcortical stimulation or induced cerebral lesions as well as non-invasive interventions such as
208 cognitive and emotional tasks or sensorial stimulation of healthy humans, humans with specific
209 cerebral lesions (see above) and non-human primates.

210

211

212 **Search methods for identification of studies**

213

214 *Electronic literature search strategy*

215

216 We searched MEDLINE (PubMed), EMBASE and Scopus for relevant literature from January
217 1st, 1960 to November 15th, 2018. As search strategy, we used both free text-words (TW) and
218 controlled terms obtained with medical subject headings (MeSH). For search strategy and search
219 terms refer to review protocol (*SI*). Reference lists were manually screened for further relevant
220 articles.

221

222

223 **Data collection and analysis**

224

225 *Selection of studies, data extraction and management*

226

227 Titles and abstracts were first reviewed. Eligible studies were assessed on the basis of their full
228 text and referenced using Mendeley Software (<https://www.mendeley.com>). Data were extracted
229 by the first author and checked by the senior author. Preferred Reported Items for Systematic
230 reviews and Meta-analyses (PRISMA) guidelines were followed ¹⁶ (see online supplementary
231 files *S2*).

232

233

234 **RESULTS**

235

236 We screened 8808 papers in the primary search; two additional publications were manually
237 added. After the exclusion of duplicates, studies with different topic and subjects below 18 years
238 of age, 850 citations were screened for eligibility criteria on an abstract basis. Three-hundred and
239 forty-nine articles were analyzed with a full text review, and 252 studies were included for the
240 final analysis. **Figure 1** provides a flowchart of the literature search.

241

242 ***PICO 1: Pupillary changes associated with cortical lesions in humans***

243

244 Cerebral areas that may modulate the pupillary light reflex were examined in three studies
245 involving patients with cerebrovascular lesions. One study assessed pupillary dilatation as an
246 index of arousal and reward processing during an oculomotor capture task ¹⁷, revealing
247 diminished pupillary dilatation in patients with chronic ventromedial prefrontal damage due to
248 subarachnoid hemorrhage as compared to healthy controls. Another, retrospective study of
249 patients with cerebrovascular lesions ¹⁸, showed persistent anisocoria associated with lesions
250 involving the right or left middle cerebral artery (MCA) territory in the absence of oculomotor
251 nerve compression, but neuroimaging was not available and study results should be cautiously
252 interpreted. Ischemic stroke lesions were verified using CT, in contrast, in a recent, prospective
253 study, in which investigators assessed how anterior circulation strokes involving the prefrontal
254 eye field and/or the insular cortex affected pupillary function. Patients with strategic infarcts in
255 these 2 areas had subtle differences during the dilatation phase of the pupillary light reflex, but
256 not patients with infarcts in other cerebral areas or neurologically normal controls ¹⁰.

257

258 ***PICO 2: Pupillary changes associated with cognitive and emotional activity in humans***

259

260 Most of the papers (n=236) referred to changes in pupillary diameter during cognitive and/or
261 emotional processes in humans. One hundred seventy-five studies (75%) assessed pupillary
262 diameter as an index of mental effort during different cognitive activities. Sixty-one studies
263 (25%) focused on the relationship between emotional arousal and pupil dilatation (**Table 1**). In
264 contrast, three studies reported pupillary constriction as an index of disgust ¹⁹, high level scene
265 processing (i.e. increased visual processing with high contrast or high spatial frequency) ²⁰,
266 novelty during memory formation (i.e. pupillary constriction associated with remembered words)
267 and memory retrieval (i.e. pupillary constriction with forgotten words) ²¹, respectively. In
268 another three studies ^{2,22,23} pupillary contribution was seen with subtracting serial 7's and flanker

269 tests (which assess the ability to suppress inappropriate responses), leading to less pronounced
270 constriction and/or shorter duration of pupillary responses. However, as stated, it was pupillary
271 dilatation, not constriction, that was observed in all other studies (n=230).

272

273 *Cognition*

274

275 Several studies recorded pupillary dilatation with memory tests, revealing how a change in
276 diameter is related to memory retrieval. Pupillary dilatation occurred during testing of short term
277 and working memory, e.g. recognizing previously presented words, pictures, or sounds^{24–29,30–38}
278 or digit-recall tasks^{39–48}. Pupillary dilatation also reflects information storage and mental
279 overload; memorizing more than 5 items evoked a pupillary dilatation lasting as long as the
280 stimulus itself^{41,49,50}. Of note, pupillary dilatation, recorded during an encoding-retrieval phase,
281 is associated with activity in the ventral striatum and in the Globus pallidus as revealed by fMRI,
282 suggesting involvement of these areas in memory formation and pupillary function³⁶.

283

284 Another mental process influencing pupillary diameter is attention, i.e. tasks such as reading and
285 focusing on a target elicit pupillary dilatation. Attention related to the orienting reflex, e.g.
286 associated with sudden noise or a bright stimulus, also elicits pupillary dilatation^{51–54}.

287 Conversely, smaller pupil sizes are seen with mind-wandering and introspection, and decreasing
288 pupillary diameters reflect distraction and poor task performance^{55–63}. Pupillary changes can
289 thus uncover the level of attention and the amount of mental effort with high temporal resolution
290^{64–67}.

291

292 Based on the dilatation evoked by hearing and reading sentences, several authors assessed
293 pupillary diameters to categorize language and word processing. Pupils dilate more with poor
294 intelligibility^{68–74} and increased effort for low compared to high frequency words^{75–77}, as well
295 as for abstract compared to concrete words^{78–81}. Thus, pupillary dilatation reflects the amount of
296 processing required for understanding of complex or ambiguous sentences^{82–84} and allow to
297 explore differences between native and non-native speakers^{77,85,86}.

298

299 Measuring the effectiveness of learning may also be monitored through pupillary dilatation.
300 Learning processes such as Pavlovian, associative learning or categorization are characterized by
301 large pupils initially, when the cognitive load is big, and by smaller diameters when the task or
302 item is being learned^{50,87–91}. Pupils also dilate in response to mental arithmetic^{2,92–98}, decision-
303 making and visual backward masking tasks^{99–109} and they can reveal the degree of certainty
304 during any selection process, i.e. the more undecided one is, the greater the pupillary diameter
305^{110–114}.

306

307 *Emotions*

308 Stimuli causing emotional arousal can be revealed by changes in pupillary diameter. For
309 instance, pupillary dilatation reflects preference for political candidates¹¹⁵, alcoholic beverages
310¹¹⁶ and visual arts (e.g. Rembrandt's paintings)^{117–122} allowing to predict people's tastes. Images
311 of human faces elicit a pupillary reaction as well: Angry or fearful facial expressions and images
312 of females increase pupil sizes, in contrast to happy faces and males' images^{123–131,132–136}.

313 Negative images showing violence, distress and threat but also positive ones depicting happiness
314 elicited a dilatation as opposed to neutral everyday images^{137–142}. Pupillary dilatation may also

315 signal the perception of odors^{143,144} and sexual arousal^{145–149}; salient odors or visual or auditory
316 sexual stimuli lead to pupillary dilatation. Pupillary dilatation results also from pleasant sounds
317 and melodies. Known music tracks enhance pupillary diameters but not unknown and less salient
318 melodies^{22, 150–157}. Finally, measures of pupillary diameter may also reveal active mental efforts
319 associated with coping strategies such as reappraisal or suppression of negative emotions^{22, 158–}
320¹⁶⁵. Neuroimaging studies involving fMRI show that at least some of these emotional conditions
321 leading to pupillary dilatation are associated with increased activation of the amygdala, the
322 ventro-medial prefrontal cortex, the lateral occipital complex¹⁶⁶ and the dorsolateral prefrontal
323 cortex¹⁶⁰.

324

325 **PICO 3: Pupillary changes associated with cortical stimulation and lesions in non-human**
326 **primates**

327

328 Pupillary dilatation occurs in non-human primates in response to electrical stimulation of the
329 frontal eye field during passive viewing tasks¹⁶⁷ (“probe in, probe out” conditions¹¹), and of the
330 superior colliculus^{168,169} during passive fixation tasks. One study compared non-human primates
331 with amygdala lesions to healthy controls during a free viewing task; pupillary dilation was
332 similar in both groups, but the pupillary light reflex was diminished in the lesion group¹⁷⁰
333 (Table 2).

334

335 **PICO 4: Pupillary changes associated with cognitive and emotional activity in non-human**
336 **primates**

337

338 As in humans, cognitive processes lead to pupillary dilatation in rhesus macaques. Changes in
339 pupil diameters occur in non-human primates during different tasks such as button pushing¹⁷¹,
340 visual orientation^{172,173}, recognition and memory¹⁷⁴ or sensorial stimulation (e.g. auditory or
341 electrodermal)^{169,171}. Some investigators correlated pupillary function with specific cortical or
342 subcortical areas, recording neuronal firing through implanted electrodes. Neural activity during
343 pupil dilatation was noted in the frontal cortex¹⁷² and both anterior and posterior cingulate
344 cortex^{169,175}, as well as in key brainstem structures such as locus coeruleus and the inferior and
345 superior colliculi¹⁶⁹ (Table 3).

346

347

348 **DISCUSSION**

349

350 This systematic review reveals that pupils do not only dilate and constrict in response to light,
351 but a large variety of cognitive and emotional processes affect pupillary function and leads to
352 pupillary dilatation (Table 1). Pupil diameter may serve as an index of brain activity, reflecting
353 mental efforts (or lack of efforts). Thus, our pupils dilate, when we are focused in contrast to
354 when we let our minds wander; they dilate when we are dishonest and lying; when we enjoy or
355 dislike what we are seeing; and when we are engaged in learning and processing of information.

356

357 In contrast, pupillary constriction, induced by the parasympathetic system, is rarely associated
358 with cognitive or emotional processes. It is usually due to changes in brightness eliciting the light
359 reflex pathway^{2,138} or to evocation of specific emotions activating the parasympathetic system
360 such as disgust¹⁹. Only two studies^{20,21} reported pupillary constriction that was unexplained by

361 luminance or specific parasympathetic activations. In the first study ²⁰, the authors speculate that
362 seeing images of the sun (as opposed to looking into the sunlight) elicits a constriction because
363 of mental processing of the salient information content of that image: In our mind the sun is
364 associated with intense light which can damage the retina. Thus, the view of a picture of the sun
365 might lead to pupillary constriction via connections to central nervous system other than the
366 sympathetic system ²⁰. The same authors found pupillary constriction associated with formation
367 and retrieval of declarative memory ²¹. This is in contrast to the great majority of the studies on
368 this topic ^{30,31,35} that reveal pupillary dilatation but the difference seems to be methodological,
369 that is, related to the temporal evolution of the pupillary reflects analyzed: the first phase (i.e.
370 constriction) or the second phase (i.e. dilatation), which are present in any task involving visual
371 information processing.

372
373 Notwithstanding these conflicting reports, the most commonly observed response following
374 emotional or cognitive tasks is pupillary dilatation. In humans, as well as in non-human primates,
375 this is due to sympathetic activation or parasympathetic inhibition or a combination of the two ²
376 and based on unconscious mechanisms. Hence, tasks that require a high amount of attention such
377 as memory retrieval, mental arithmetic or language processing elicit a sympathetic activation.
378 Similarly, emotional sounds and images induce a state of arousal, which involves sympathetic
379 activity leading to pupillary dilatation.

380
381 Cerebral structures involved in vigilance, arousal and attention and responsible for changes in
382 pupillary diameter during cognitive and emotional processes include the locus coeruleus ^{169,176},
383 the superior colliculus ¹⁶⁸ and multiple regions of the frontal cortex ^{11,167} (**Figure 2**). Of these,
384 the locus coeruleus seems to be the most influential mediator of the pupillary light reflex. This
385 pontine nucleus is part of the ascending reticular activating system (ARAS) and intimately and
386 reciprocally linked to the orbitofrontal cortex and the anterior cingulate cortex ^{28,177} which are
387 both fundamental to motivational relevance and target fixation. Evidence from studies of these
388 networks support the notion that attention and vigilance are related to the regulation of pupillary
389 light reflex. Thus, the locus coeruleus modulates an excitatory connection to the sympathetic
390 network of the pupil (in particular to the intermediate-medial-lateral cell column of the spinal
391 cord) and an inhibitory connection to the parasympathetic pathway (directing to the Edinger
392 Westphal nucleus). Activation of the locus coeruleus leads to increased sympathetic and
393 decreased parasympathetic activity and, consequently, pupil dilatation ¹⁷⁸. Two recent studies
394 highlight these aspects. According to Joshi et al. ¹⁶⁹, the locus coeruleus acts together with the
395 inferior and superior colliculi, as well as the anterior and posterior cingulate cortex, likely in
396 response to increased vigilance and alertness, thereby modifying the pupillary diameter. The
397 second study ¹⁷⁹, conducted on human beings, confirms this theory and shows that, based on data
398 from resting state magnetic resonance imaging, pupil dilatation is related to an increased activity
399 of the thalamus and frontoparietal regions, involved in the so-called tonic alert status and
400 vigilance, and to increased metabolism of the visual and sensory-motor regions.

401
402 Besides the locus coeruleus, the superior colliculus seems to play a key role in modulating the
403 pupillary light reflex. Wang and Munoz ¹⁶⁸ reported that pupils temporarily dilate after
404 stimulation of the intermediate layer of the superior colliculus in non-human primates. Further,
405 Mill et al. ³² and Herweg et al. ³⁶ suggested that the superior colliculi receives neuronal inputs

406 from temporal, frontal and parietal areas and basal ganglia, especially striatal and pallidal
407 neuronal groups, leading to pupillary dilatation associated with memory tasks.

408

409 In addition, different experimental conditions in macaques show that stimulation of the frontal
410 eye fields might modulate the pupillary light reflex ^{11,172}. For instance, simultaneous micro-
411 stimulations of the frontal eye fields and of pretectum structures enhance the activity of frontal
412 eye field neurons with similar spatial tuning and reduce, or even suppress, the activity of neurons
413 with different tuning ¹⁸⁰. From these observations, Ebitz and Moore ¹¹ hypothesized that the
414 frontal eye fields and parts of the pretectum interact in regulating pupillary function.

415

416 Although evaluation of the pupils is part of the routine clinical examination, only few human
417 studies have correlated pupillary function with specific cerebral areas to replicate results from
418 (invasive) non-human primate studies. Systematic studies on pupil diameter have been conducted
419 in three clinical settings: Raised intracranial pressure, which may lead to oculomotor nerve
420 compression and brain herniation; traumatic brain injury; and cerebrovascular disease; but only
421 studies on the latter have provided data on candidate cerebral areas that may regulate the
422 pupillary light reflex. The classical work on this topic is by Herman Benzur ¹⁸. In a retrospective
423 study of 363 cerebral infarction patients, having excluded previous ocular pathology, local
424 trauma, and active blood serology, the author reported that 5% of the examined patients had an
425 asymmetrical pupillary response. Among the patients with pupillary asymmetry, 80% showed
426 contralateral hemispheric stroke lesions, associated with other focal neurological signs and 20 %
427 of the patients had a dilated pupil homolaterally to the hemispheric lesion. A more recent work ¹⁰
428 found differences in the second phase of the pupillary light reflex, i.e. when pupils dilate back to
429 baseline diameter, in patients with prefrontal eye field and/or insular infarcts. In this study the
430 authors assessed pupillary function in patients with an acute anterior circulation stroke, treated
431 with endovascular thrombectomy, and compared patients with infarcts in the prefrontal eye field
432 and/or insular cortex to patients with infarcts in other areas (based on neuroimaging). No
433 difference was found in the overall pupillary function, but subtle changes were observed in the
434 dilatation phase. Therefore, the prefrontal eye field and/or insular cortex may have a role in
435 modulation of pupillary light reflex, influencing the autonomic system directly or indirectly,
436 perhaps via connections to subcortical structures such as the locus coeruleus. Similarly, it seems
437 that subjects with focal damage in ventral and medial prefrontal cortex have a constant reduction
438 of reward-induced autonomic pupil responses, compared to age-matched, healthy controls,
439 confirming the involvement of these areas in the cortical modulation of pupillary light reflex ¹⁷.

440

441 It should be noted that this systematic review has some limitations. First, we excluded studies
442 with less than 15 patients, perhaps missing some relevant research. Second, the tools used to
443 measure pupillary function were not the same across studies and, third, the exclusion criteria
444 regarding previous neurological or ocular pathologies were not always clearly stated. Finally, it
445 should be noted that pupillary function can be influenced by medication affecting the
446 noradrenergic system, and very few papers provided information about the presence of absence
447 of such medication. On the positive side, this paper is the only recent review on the topic and
448 includes more than 200 publications on cortical pathways and behaviors modulating pupillary
449 function.

450

451 In summary, this review shows that:

- 452
453 - cognitive efforts and processing of emotional stimuli influence pupillary diameter in both
454 humans and rhesus macaques, typically evoking pupillary dilatation,
455 - damage to salient cortical and subcortical areas such as frontal and prefrontal cortex, as
456 well as key structures for autonomic control, seem to affect pupillary function by
457 modulating the pupillary diameter,
458 - and micro stimulation of the frontal eye field, locus coeruleus and superior colliculus in
459 non-human primates leads to pupillary dilatation, suggesting involvement of these areas
460 in the pupillary light reflex.

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465 CONCLUSIONS

466
467 Cognitive and emotional processes evoke a change in pupillary diameter, typically dilatation, in
468 both humans and non-human primates, reflecting vigilance, arousal or attention. This is
469 dependent on autonomic activation. The main structures involved are the locus coeruleus and the
470 superior colliculus because of their direct and indirect connections to the Edinger-Westphal
471 nucleus. Furthermore, cortical areas such as the prefrontal and the frontal cortex, particularly the
472 frontal eye field and areas involved in autonomic control, such as insular cortex and anterior
473 cingulate cortex, modulate the pupillary light reflex via connections to subcortical structures and
474 the Edinger-Westphal nucleus.

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Figure 1 (on next page)

Figure 1: Flowchart of the literature search

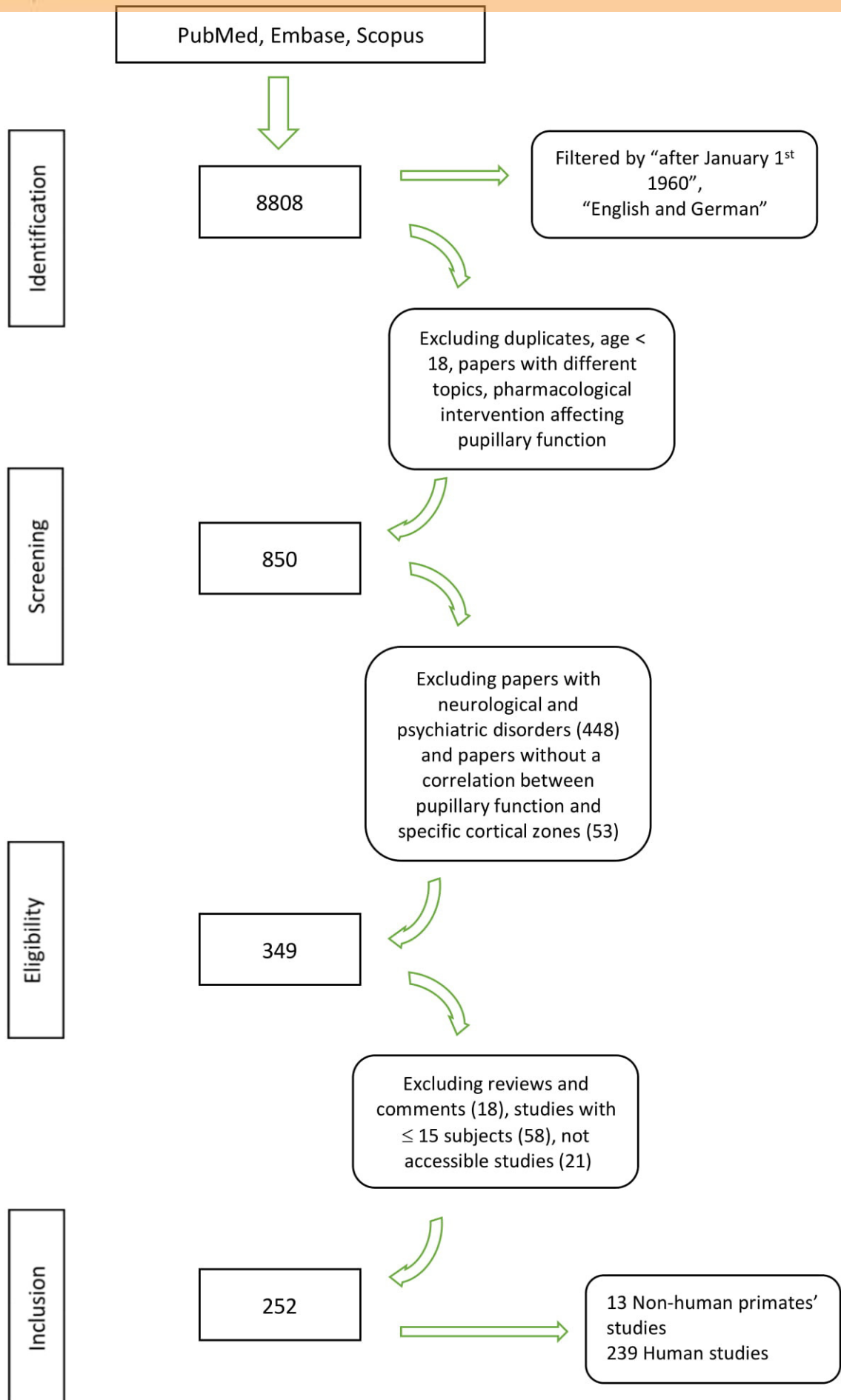


Figure 2 (on next page)

Figure 2: Schematic representation of pupillary pathways that are activated during cognitive and emotional processes, including arousal and vigilance

Pathways, connecting the cortical areas to the parasympathetic system and the sympathetic system, are inhibitory or activating. Neurons emerging from the locus coeruleus inhibit the parasympathetic system at the Edinger Westphal nucleus and activate the sympathetic system via connection to the spinal cord tract of the sympathetic system. Red arrows: connections from cortical areas involved in the autonomic control i.e. anterior/posterior cingulate cortex and insular cortex. Blue arrows: connections from other cortical areas involved in visual processes. Green arrows: connections from subcortical structures i.e. locus coeruleus and superior colliculus.

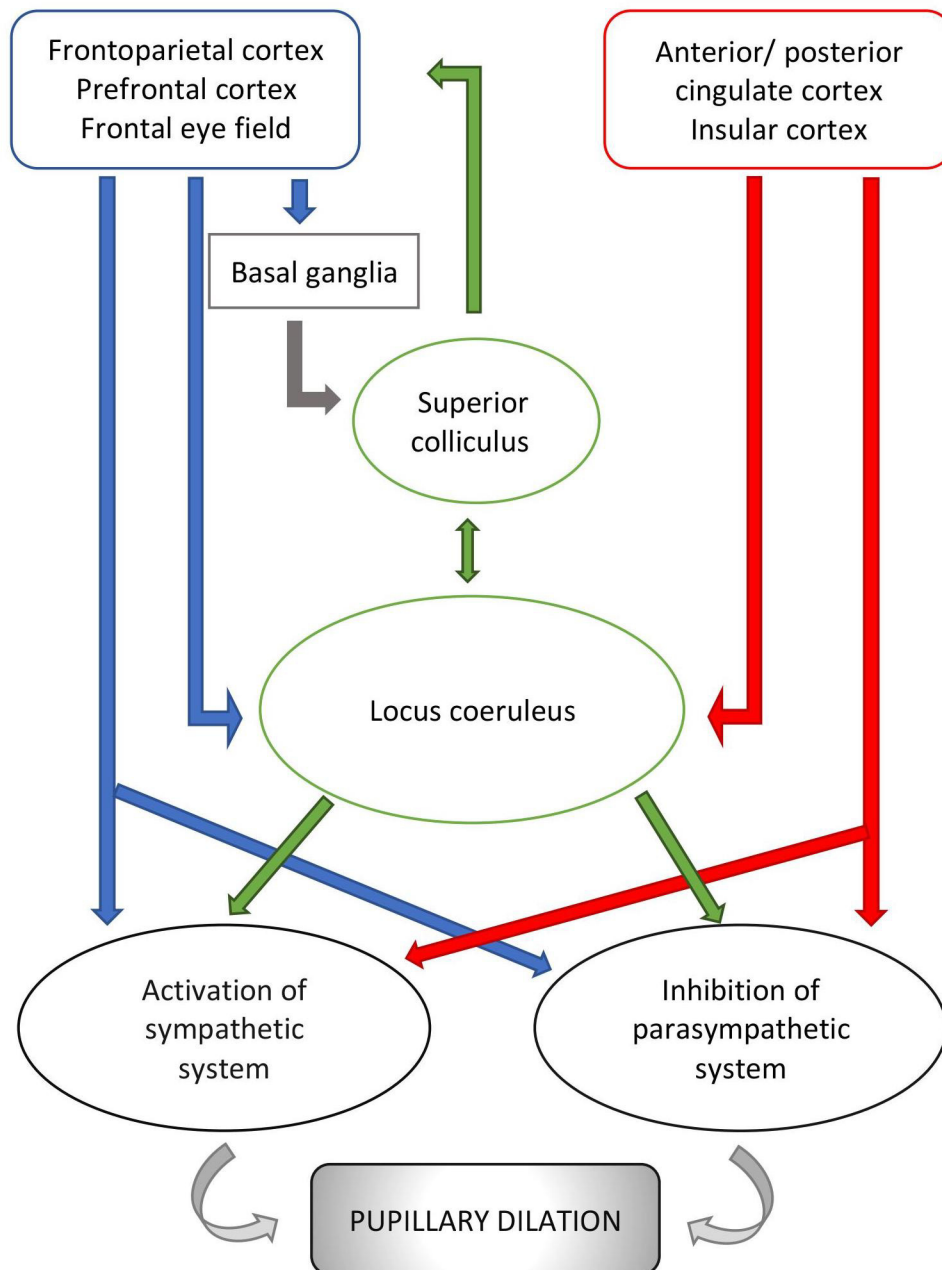


Table 1 (on next page)

Table 1. Human studies of the influence of cognitive and emotional processes on pupillary function.

Every study is categorized depending on the specific task required and/or type of stimuli used (*first column on the left*) and on the observed pupillary response (*central and right column*).

1

	Pupillary Dilation *	Pupillary responses other than dilation *
<i>COGNITION</i>		
Memory	24–29,30–38,39–48, 49, 181–188	Pupillary constriction ²¹
Attention including orienting reflex ^a	51–54a,55–63,64–67, 177, 189–197,198–204	Pupillary constriction ²⁰
Language processing and learning	50,68–77, 78–84, 87–91, 85, 86, 205–221, 222–227	
Mental arithmetic	2, 43, 92–98	Attenuated light reflex ²
Decision making including uncertainty ^a	4, 32a, 95,96, 99–109, 110–114a, 228–234	
Various:		
- Deception	235–238	
- Time and preparatory activity	239–247	
- Conflict processing	9,248,249	
- Error	250–253	
- Mental workload	254–256	
<i>EMOTION/AROUSAL</i>		
Preference for		
faces	123–131, 132–136	
political candidates	115	
visual arts	117–122	
alcoholic beverages	116	
Neutral versus emotional stimulus	22, 137–142, 145, 150–157, 158–165, 195, 257–261	Pupillary constriction ^{19, 139} Attenuated light reflex ^{22,23}
Olfactory stimulation	143,144	
Sexual arousal	145–149	

2 *Studies are listed in the References

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Table 2 (on next page)

Table 2. Non-human primate studies on the relationship of pupillary function with specific cortical/subcortical structures.

List of studies investigating if micro stimulation of some cerebral areas, through previously implanted electrodes, resulted in pupillary changes in diameter.

1

Source	Species	Pupillary Assessment	Stimulated Areas	Task	Pupillary Dilation	Pupillary responses other than dilation
Ebitz, Moore 2017 ¹¹	Rhesus Macaque (n=2)	Eyelink 1000 (SR Research)	Frontal Eye Field	Fixation (with distraction) Fixation (without distraction)	None Yes	Enhanced pupillary light reflex
Joshi et al. 2016 ¹⁶⁹	Rhesus Macaque (n=5)	Eyelink 1000 (SR Research)	Locus Coeruleus Inferior Colliculus Superior Colliculus	None	Yes	None
Lehman, Corneil 2016 ¹⁶⁷	Rhesus Macaque (n=2)	ETL 200 (IScan)	Frontal Eye Field	Fixation	Yes	None
Wang et al. 2012 ¹⁶⁸	Rhesus Macaque (n=2)	Eyelink II (SR Research)	Superior Colliculus	Fixation	Yes	None
Jampel 1960 ²⁶²	Rhesus Macaque (n=9)	Visual inspection	Frontal Cortex (Area 8-9-10) Occipital Cortex (Area 18-19-22)	None	Yes	Pupillary constriction and accomodation
Dal Monte et al. 2015 ¹⁷⁰	Rhesus Macaque (n=8)	Arrington View Point	*Amygdala lesions	Free viewing	Yes	Reduction of pupillary light reflex

2 * comparison between monkeys with amygdala lesions and healthy controls

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Table 3 (on next page)

Table 3. Non-human primate studies on the relationship of cognitive and emotional processes with pupillary function and activation of cortical/subcortical areas.

Characteristics of studies investigating which tasks and/or sensorial stimulus evoked a pupillary response and which cerebral areas were simultaneously activated.

1

Source	Species	Pupillary Assessment	Cortical and Subcortical Recorded Activity	Cognitive Task	Sensory Stimulus	Pupillary Dilation	Pupillary responses other than dilation
Hampson et al. 2010 ¹⁷²	Rhesus Macaque (n= 4)	EyeLink 1000 (SR Research)	Frontal Cortex (Area 8)	Visual Delayed Match to Sample	N/A	Yes	None
Iriki et al. 1996 ¹⁷¹	Japanese Macaque (n=2)	MOS camera under infrared illumination	Somatosensory Cortex (Postcentral Gyrus, finger hand region)	Button Pushing	N/A	Yes	None
				N/A	Passive Skin Stimulation	No	None
Joshi et al. 2016 ¹⁶⁹	Rhesus Macaque (n=5)	EyeLink 1000 (SR Research)	Locus Coeruleus Inferior and Superior Colliculus, Anterior and Posterior Cingulate Cortex	*	N/A	Yes	Oscillations
					Startling Tone	Yes	None
Montefusco-Siegmund et al. 2017 ¹⁷⁴	Rhesus Macaque (n=2)	iViewX Hi-Speed (SBI)	Hippocampus	Visual Search and Detection	N/A	Yes	None
				N/A	Visual presentation of natural scenes	Yes	None
Suzuki et al. 2016 ²⁶³	Japanese Macaque (n=3)	iRecHS2 (AIST)	N/A	Time production/ Memory Task	N/A	Yes	None
Ebitz and Platt 2015 ¹⁷⁵	Rhesus Macaque (n=2)	EyeLink 1000 (SR Research)	Dorsal Anterior Cingulate Cortex	Task Conflict and Error	N/A	N/A	Differences in pupils' baselines
Ebitz et al. 2014 ¹⁷³	Rhesus Macaque (n=4)	EyeLink 1000 (SR Research)	N/A	Visual Orienting With Distractors	N/A	N/A	Differences in pupils' baselines
Padgett et al. 2018 ²⁶⁴	Rhesus Macaque (n=2)	EyeLink 1000 (SR Research)	Dorsal and Subgenual Anterior Cingulate	Decision making (gambling task)	N/A	Yes	None

2 * No cognitive task required, only fixation

3