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# Advances in cultivation, wastewater treatment application, bioactive components of *Caulerpa lentillifera* and their biotechnological applications

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The edible seaweed *Caulerpa lentillifera*, a powerful natural food source that is rich in protein, minerals, dietary fibers, vitamins, saturated fatty acids and unsaturated fatty acids, has been mass cultured in some Asian countries and has been the focus of researchers in recent years. Here, the operational conditions of its culture, application in wastewater treatment, and bioactive components are summarized and comparatively analyzed. Based on previous studies, salinity, nutrient concentrations, irradiance and temperature are stress factors for algal growth. Moreover, dried *Caulerpa lentillifera* seaweed is efficient in the biosorption of heavy metals and cationic dyes in wastewater, and fresh seaweed can be introduced as a biofilter in aquaculture system treatment. In addition, among the rich bioactive compounds in *Caulerpa lentillifera*, the phenolic compounds show the potential ability for regulating glucose metabolism in vivo. Polysaccharides and oligosaccharides exhibit anticoagulant, immunomodulatory effects and cancer-preventing activity. Siphonaxanthin is a compound with attractive novel functions in cancer-preventing activity and lipogenesis-inhibiting effects. Furthermore, the antioxidant activity of siphonaxanthin extracted from *Caulerpa lentillifera* could be stronger than that of astaxanthin. This review offers an overview of studies of *Caulerpa lentillifera* addressing various aspects including cultivation, wastewater treatment and biological active components which may provide valuable information for the cultivation and utilization of this green alga.

1 Advances in cultivation, wastewater treatment application, bioactive components of *Caulerpa*  
2 *lentillifera* and their biotechnological applications

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20 **Abstract:**

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21 The edible seaweed *Caulerpa lentillifera*, a powerful natural food source that is rich in  
22 protein, minerals, dietary fibers, vitamins, saturated fatty acids and unsaturated fatty acids, has  
23 been mass cultured in some Asian countries and has been the focus of researchers in recent years.  
24 Here, the operational conditions of its culture, application in wastewater treatment, and bioactive  
25 components are summarized and comparatively analyzed. Based on previous studies, salinity,  
26 nutrient concentrations, irradiance and temperature are stress factors for algal growth. Moreover,  
27 dried *Caulerpa lentillifera* seaweed is efficient in the biosorption of heavy metals and cationic  
28 dyes in wastewater, and fresh seaweed can be introduced as a biofilter in aquaculture system  
29 treatment. In addition, among the rich bioactive compounds in *Caulerpa lentillifera*, the phenolic  
30 compounds show the potential ability for regulating glucose metabolism in vivo. Polysaccharides  
31 and oligosaccharides exhibit anticoagulant, immunomodulatory effects and cancer-preventing  
32 activity. Siphonaxanthin is a compound with attractive novel functions in cancer-preventing  
33 activity and lipogenesis-inhibiting effects. Furthermore, the antioxidant activity of  
34 siphonaxanthin extracted from *Caulerpa lentillifera* could be stronger than that of astaxanthin.  
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36 including cultivation, wastewater treatment and biological active components which may provide  
37 valuable information for the cultivation and utilization of this green alga.

38

## 39 1. Introduction

40 **Fig. 1 *Caulerpa lentillifera* grown in Huang Hai, China (photographed by XiaolinChen)**

41

42 As shown in Fig. 1, *Caulerpa lentillifera*, a green seaweed with high economic value, is  
43 naturally distributed in tropical and subtropical regions, such as the south China Sea, Southeast  
44 Asia, Japan, Okinawa, Taiwan and Oceania (Paul *et al.*, 2014). As reported in the literature, this  
45 green seaweed was documented for the first time on the Red Sea coast (Agardh, 1837), and then  
46 it was observed at many other locations, especially in the Indo-Pacific region (Hackett, 1977;  
47 Taylor, 1977; Menez and Calumpong, 1982; Coppejans and Beeckman, 1989; Phillips *et al.*,  
48 1999; Schils and Coppejans, 2003; Titlyanov *et al.*, 2012). Because its upright branches  
49 resemble grapes, *C. lentillifera* is also called “sea grapes” (Guo *et al.*, 2015a), and it can grow on  
50 sand and rock bottoms in the upper sublittoral zone of tropical coral reefs (Horstmann, 1983;  
51 Mao *et al.*, 2011). Because of its good texture, *C. lentillifera* is often cooked as a salad in some  
52 Asian countries. In addition, *C. lentillifera* is rich in polyunsaturated fatty acids (PUFAs) (Saito  
53 *et al.*, 2010), multiple essential amino acids, minerals, dietary fibers, vitamin A and Vitamin C  
54 (Matanju *et al.*, 2009) and has low levels of lipids (Niwano *et al.*, 2009). Therefore, there has  
55 been increasing demand and rising market prices for *C. lentillifera* in some Asian countries in  
56 recent years. However, although this alga is widely cultivated in the Philippines (Zemkewhite  
57 and Ohno, 1999), Okinawa (Kurashima *et al.*, 2003), Taiwan Island (Shi, 2008), Fujian and  
58 Hainan provinces in China (Wang, 2011), the commercial-scale production of *C. lentillifera* is  
59 still not sufficient, and its productivity does not meet the demand. This might be due to lack  
60 optimum cultivation conditions of the alga. Therefore, the mass culturing of *C. lentillifera* with  
61 high productivity is quite necessary.

62 Currently, the main research focuses on the treatment of wastewater and the use of bioactive

63 components. *C. lentillifera* has shown the potential ability to remove basic dyes from waste  
64 streams (Marungrueng and Pavasant, 2006), heavy metals from industrial wastewater (Pavasant  
65 et al., 2006; Apiratikul and Pavasant, 2008), and nutrients from aquaculture effluents (Paul and  
66 De Nys, 2008), especially NO<sub>3</sub>-N (Guo et al., 2015b).

67 In recent years, some bioactive components of *C. lentillifera*, such as polysaccharides and  
68 pigments, and their biological potentials, including antioxidant, anti-diabetic and anticancer  
69 activities, have been documented. Therefore, in order to further understand and make better use  
70 of this seaweed, we summarized studies related to some of its aspects: its cultivation conditions,  
71 wastewater treatment abilities, and bioactive components along with their biological activity.

72

## 73 **2. Methods**

### 74 **2.1 Survey Methodology**

75 Two main databases were used to identify available literature including Web  
76 of Science and Google Scholar from the time 1900-2018. The references of selected papers were  
77 listed after the acknowledgement. From the previous researches, the results were reviewed.

### 78 **2.2 Cultivation conditions for *C. lentillifera***

#### 79 **Table 1 The effect of cultivation conditions on *C. lentillifera***

80

81 According to the previous literature (Shown in Table 1) , we concluded that salinity, the  
82 nutrient concentration, irradiance and temperature were all stress factors for growth during all  
83 periods, when these factors changed and they will affect the physiology of the alga. Therefore,

84 it is important to study the optimum factors for the massive culture of the alga.  
85 Deraxbudsarakom *et al.* (2003) suggested that a salinity range of 25-30‰ is suitable for the  
86 normal growth of *C. lentillifera* when the alga was cultured by shrimp farm effluent. Wang  
87 (2011) showed that the maximum growth of *C. lentillifera* supplied by Fujian China occurs at a  
88 salinity of approximately 36‰ cultured filtered seawater with addition of salt; later, a study by  
89 Guo *et al.* (2015b) confirmed this result. *C. lentillifera* transported from Okinawa Japan did not  
90 survive at salinities of 15 and 55 cultured by sterile seawater. This study indicated that the  
91 specific growth rate (SGR) for *C. lentillifera* was different among the groups. The maximum  
92 SGR occurs at a salinity of 35‰, and this result was consistent with the maximum chlorophyll  
93 content and the ratio of fluorescence (Fv/Fm). At salinities of 20‰ and 45‰, only stolons  
94 regenerated from branches. However, new braches grew from stolons at salinities 30‰-40‰.

95 Nitrogen (N) and phosphorus (P) are two essential nutrients, and they are the most important  
96 nutrients for the biomass of *C. lentillifera*. Deraxbudsarakom *et al.* (2003) concluded that a 0.6  
97 mmol/L NO<sub>3</sub>-N concentration and N:P ratio of 8:1 were optimal for the rapid growth of *C.*  
98 *lentillifera* with salinity 25-30‰. However, Guo *et al.*(2015b) reported that the SGR of *C.*  
99 *lentillifera* transported from Okinawa Japan was the highest at a PO<sub>4</sub>-P concentration of 0.1  
100 mmol/L and a NO<sub>3</sub>-N concentration of 0.5 mmol/L (an approximate N:P ratio of 5:1, water  
101 temperature 25°C and light of 40μmol photons/(cm<sup>2</sup>·s)), which was slightly different from the  
102 results of Deraxbudsarakom *et al.* (2003). In addition to the nitrogen concentration, different  
103 oxidation states of N also had effects on the biomass production of *C. lentillifera*. For example,  
104 Wang *et al.* (2017) used four different nutrient salts (NaNO<sub>3</sub>, NH<sub>4</sub>NO<sub>3</sub>, CO(NH<sub>2</sub>)<sub>2</sub> and

105  $\text{NH}_4\text{HCO}_3$ ) to cultivate *C. lentillifera* supplied by Ocean University of China with temperature  
106  $27^\circ\text{C}$ , light of  $145.45\text{umol photons}/(\text{cm}^2\cdot\text{s})$  and salinity 30‰. The results showed that nitrate  
107 ( $\text{NaNO}_3$  and  $\text{NH}_4\text{NO}_3$ ) can significantly promote the growth of the alga. Under a concentration  
108 of 20 mg/L  $\text{NH}_4\text{NO}_3$ , the relative growth rate of the alga was the highest. In addition, Liu *et al.*  
109 (2016) indicated that  $\text{NH}_4\text{-N}:\text{NO}_3\text{-N}$  ratios of 1:1 and 1:5 were the most favorable ratios for the  
110 growth of the alga.

111 Different phytohormones, such as gibberellin (GA), 6-benzyl aminopurine (6-BA) and  
112 indoleacetic acid (IAA), have also been shown to be efficient for the growth of *C. lentillifera*  
113 (Tao *et al.*, 2017). The results revealed that 0.8 and 1.4 mg/L 6-BA could induce a relatively high  
114 weight gain rate and SGR of *C. lentillifera* and that 11 mg/L GA was the optimal concentration  
115 for rapid growth, while IAA showed no obvious effect on the biomass of *C. lentillifera*. In  
116 addition, compared to GA, which had no significant effect on the production of crude  
117 polysaccharides in *C. lentillifera*, IAA obviously increased the intracellular crude polysaccharide  
118 content.

119 Temperature has a major effect on the kinetics of cellular enzymes, and irradiance is an  
120 essential source of photosynthetic activity in algae. Hence, the growth of *C. lentillifera* is also  
121 induced by optimal temperatures and irradiances at certain degrees. A previous study showed  
122 that *C. lentillifera* started to become soft and decay and the productivity decreased sharply when  
123 the temperature decreased to  $18^\circ\text{C}$ . Moreover, Guo *et al.* (2015a) found that the alga reached a  
124 maximum of  $6.932 \pm 0.396\% \text{ day}^{-1}$  at  $27.5^\circ\text{C}$  and  $40 \text{umol photons m}^{-2} \text{ s}^{-1}$ . In addition, the  
125 authors also found that higher irradiances ( $40\text{-}100\text{umol photons}/(\text{m}^2\cdot\text{s})$ ) could decrease the



126 chlorophyll content and *rbcL* expression. An experiment by Wu *et al.* (2017) further confirmed  
127 that different levels of light quality showed different effects on the growth and photosynthetic  
128 pigment contents of *C. lentillifera*. The concrete results showed that the light treatment of a  
129 blue/red ratio of 5/1 had significant beneficial effects on the fresh weight/length ratio, the fresh  
130 weight of regenerated vertical branches and the diameter of regenerated spherical ramuli.  
131 However, the contents of total chlorophyll, chlorophyll a, chlorophyll b and carotenoids  
132 significantly increased under full blue light. A comprehensive analysis suggested that 5/1  
133 blue/red ratio and full white treatments were suitable for the indoor culture of *C. lentillifera*.

134 Besides the above cultivation parameters, the origin of the alga such as different area might  
135 lead to the different growth results. However, there was no reference to introduce the research.

136 With the development of culture research, different applications of *C. lentillifera* have been  
137 studied. And wastewater treatment was early studied.

138

### 139 **2.3 Wastewater treatment by *C. lentillifera***

#### 140 **Table 2 Different wastewater treatment process by *C. lentillifera***

141

142 As mentioned in documents, *C. lentillifera* has been studied as a biosorption material to treat  
143 wastewater, such as heavy metal wastewater, toxic dye-contaminated wastewater and  
144 aquaculture wastewater (shown in Table 2). There are several advantages to applying seaweeds as  
145 a biosorbent, including their wide availability, low cost, high metal sorption capacity, reasonably  
146 regular quality, and relatively simple application. Pavasant *et al.* (2006) investigated and proved

147 the ability of dried *C. lentillifera* to biosorb  $\text{Cu}^{2+}$ ,  $\text{Cd}^{2+}$ ,  $\text{Pb}^{2+}$  and  $\text{Zn}^{2+}$ . Moreover, the removal  
148 efficiency of the alga rose with an increased pH of between 2 and 8(temperature  $21\pm 2^\circ\text{C}$ ), and  
149 the sorption process of all metal ions only took 20 min which was much faster than that of  
150 alginate/Mauritanian clay( *Ely et al., 2011*). The sorption of heavy metals on the biosorbents  
151 mainly included two steps:

- 152 1) The metal ions were initially taken up onto the surface of the cells;
- 153 2) They were bioaccumulated within the cells due to the metal uptake metabolism.

154 Step 1 involved passive transport, and it took place quite rapidly, i.e., within 20-30 min, while  
155 Step 2 took much longer to complete. In this case, the alga was dried and no longer active, so the  
156 sorption could only take place on the surface of the cell, which controlled the whole sorption  
157 process. In addition, it took place only within 20 min. Furthermore, the sorption process followed  
158 the Langmuir isotherm, and the maximum sorption capacities were  $\text{Pb}^{2+} > \text{Cu}^{2+} > \text{Cd}^{2+} > \text{Zn}^{2+}$ .

159 In another study, the authors (*Apiratikul et al., 2008*) continued to use dried *C. lentillifera* to  
160 study the biosorption process of  $\text{Cu}^{2+}$ ,  $\text{Cd}^{2+}$  and  $\text{Pb}^{2+}$ , and the sorption kinetics best followed the  
161 pseudo second-order kinetic model:

$$162 \quad q = \frac{q_e^2 kt}{1 + q_e kt} \quad (1)$$

163

164

165 In Equation (1),  $q$  (mg/g) is the amount of the metal adsorbed at time  $t$  (min),  $q_e$  ( $\text{mmolKg}^{-1}$ ) is  
166 the amount of the metal adsorbed at the time of equilibrium, and  $k$  is the equilibrium rate  
167 constant. The values for  $q_e$ ,  $k$  and  $R^2$  were listed in Table 3.

168 **Table 3 The values for  $q_e$ ,  $k$  and  $R^2$  of  $\text{Cu}^{2+}$ ,  $\text{Cd}^{2+}$  and  $\text{Pb}^{2+}$  in pseudo second-order kinetic**

169 **mode**

170

171 In addition, the sorption isotherm data fit the Langmuir isotherm model:

172  
173 
$$q_e = \frac{q_{\max} C_e}{1 + b C_e} \quad (2)$$
  
174

175 In Equation (2),  $q_e$  represents the amount of metal ion taken up per unit mass of the biomass at  
176 equilibrium (mol/kg),  $q_{\max}$  is the maximum amount of metal ion taken up per unit mass of the  
177 biomass (mol/kg),  $b$  is the Langmuir affinity constant ( $\text{m}^3/\text{mol}$ ), and  $C_e$  is the equilibrium  
178 concentration of the heavy metal ion in solution ( $\text{mol}/\text{m}^3$ ). In addition, according to the Dubinin-  
179 Radushkevich model, the sorption energies are 4-6 kJ/mol, as the process involves a physical  
180 electrostatic force. Ion exchange is believed to be a principal mechanism of the sorption, and  
181 metal ions such as  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$  and  $\text{Mn}^{2+}$  are the main ions released from the algal biomass. In  
182 addition, the binary component systems composed of  $\text{Cu}^{2+}$ ,  $\text{Cd}^{2+}$  and  $\text{Pb}^{2+}$  were also studied in  
183 dried *C. lentillifera*. The experimental data could effectively be described by the partial  
184 competitive binary isotherm model. In addition, the secondary metal ion always reduced the total  
185 sorption capacity of the previous metal ions, which implies that the concomitant metal ions  
186 competed for the same pooled binding sites during the algal biomass sorption process, and  $\text{Pb}^{2+}$   
187 was the most adsorbed metal ion according to the study. The batch scale experiments by fixed  
188 bed column also showed that sorption capacities for various metals could also be prioritized with  
189 the same order:  $\text{Pb}^{2+} > \text{Cu}^{2+} > \text{Cd}^{2+}$ . These results were beneficial for the further design and scaling  
190 up of the system (Apiratikul et al., 2008; Apiratikul and Pavasant, 2006).

191 Dried *C. lentillifera* has also been utilized to treat cationic dyes, which are widely used in the  
192 textile industry, because dried *C. lentillifera* contains many functional groups (O-H, COOH, NH<sub>2</sub>  
193 and S=O) that exhibit chemical binding affinity toward several positively charged ions, these  
194 characteristics might also be showed by other algae. Overall, dried *C. lentillifera* was proved to  
195 effectively absorb Astrazon Blue FGRL (AB), Astrazon Red GTLN (AR), and methylene blue  
196 (MB), and its capacity was greater than that of active carbon (*Marungrueng and Pavasant, 2007*).  
197 Some parameters, including the initial dye concentration, pH, temperature, salinity, alga size and  
198 dosage, have important effects on the sorption process. In concrete, the adsorption rate constants  
199 increased with a decrease in the initial dye concentration. At low dye concentrations (20-80  
200 mg/L), the application of an increasing amount of the alga resulted in a higher percentage of the  
201 dye (more than 95%) removed but a lower amount of the dye adsorbed per unit mass  
202 (*Marungrueng and Pavasant, 2006*). For methylene blue adsorption, a pH of 7-11 might be  
203 appropriate because this pH range can supply advantageous surface binding sites in the alga for  
204 the ionization of the dye molecule (*Ncibi et al., 2007*). *Marungrueng and Pavasant (2006)*  
205 reported that high temperatures, such as 70°C, could reduce the adsorption of FGRL, while the  
206 maximum adsorption capacity was obtained at 50°C ( $q_m$  for langmuir was 49.26mg·g<sup>-1</sup>). In terms  
207 of alga size, a small size of 0.1-0.84 mm resulted in the highest adsorption capacity, followed by  
208 intermediate (0.84-2.0 mm) and larger sizes (larger than 2.0 mm) because the small size provided  
209 the most surface area and total pore volume for the adsorption of the dye. Additionally, salinity  
210 was another stress factor in the system, and high salinity caused a decrease in adsorption capacity  
211 due to the competition between Na<sup>+</sup> and the dye cations for the binding sites on the algal surface

212 and electrical repulsion (*Punjongharn et al., 2008*). Furthermore, the kinetic data for the dye  
213 adsorption matched the pseudo second-order kinetic model well, and the adsorption isotherms  
214 also followed the Langmuir model (*Punjongharn et al., 2008; Marungrueng and Pavasant, 2006;*  
215 *Cengiz et al., 2008*). The sorption process is controlled by both film and pore diffusion  
216 (*Marungrueng and Pavasant, 2007*).

217 Dried *C. lentillifera* can adsorb heavy metals and dyes, and fresh *C. lentillifera* can be used  
218 as a biofilter in aquaculture systems because it has a significant capacity for nutrient absorption,  
219 especially that of NO<sub>3</sub>-N (*Paul and De Nys, 2008; Liu et al., 2016*). *C. lentillifera* was  
220 successfully applied at a hatchery scale to a recycling aquaculture system for juvenile spotted  
221 babylons (*Babylonia areolata*), and the results revealed that it had a positive effect on the  
222 survival rate of spotted babylons, seawater quality and the biomass of *C. lentillifera*  
223 (*Chaitanawisuti et al. 2011*). In addition, it has often been cultured in shrimp ponds using water  
224 treatment methods (*Chokwiwattanawanit, 2000*).

225 Besides the application in wastewater treatment, like other algae research, bioactive  
226 components of *C. lentillifera* and their bioactive activities development have also been studied in  
227 recent years.

228

## 229 **2.4 Bioactive components of *C. lentillifera* and their biological potentials**

### 230 **Table 4 Studies on bioactive components of *C. lentillifera***

231

232 *C. lentillifera* contains abundant proteins (10.41% DW (dry weight) ), PUFAs

233 (polyunsaturated fatty acids, 16.76% total fatty acids), and total dietary fiber (32.99% DW)  
234 (*Matanjun et al. 2009; Nagappan and Vairappan, 2014*), and the alga is also rich in some  
235 bioactive components (shown in Table 4).

236 The total contents of phenolic compounds in dried *C. lentillifera* differed due to the climate and  
237 environment in which the alga grew (*Ito and Hori, 1989*). *Nguyen et al. (2011)* reported that the  
238 total phenolic content of thermally dried and freeze-dried *C. lentillifera* were 1.30 mg and 2.04  
239 mg gallic acid equivalent (GAE)/g of dry weight, respectively, which were significantly lower  
240 than the values reported by *Matanjun (30.86% of dry weight; Matanjun et al., 2008)*. As reported in  
241 the literature, the phenolic compounds of *C. lentillifera* are often extracted using ethanol,  
242 methanol or diethyl ether and show different biological activities. The methanolic and diethyl  
243 ether extracts showed better radical-scavenging activity ( $2.16 \text{ mM} \cdot \text{mg}^{-1}$  dry extract by TEAC  
244 method) and reducing power ability ( $362.11 \text{ uM} \cdot \text{mg}^{-1}$  dry extract by FRAP method) than those  
245 in other brown and red seaweeds ( $1.63 \text{ mM} \cdot \text{mg}^{-1}$  dry extract by TEAC method and  $225.00$   
246  $\text{uM} \cdot \text{mg}^{-1}$  dry extract by FRAP method for *Eucheuma cottonii*;  $1.66 \text{ mM} \cdot \text{mg}^{-1}$  dry extract by  
247 TEAC method and  $268.86 \text{ uM} \cdot \text{mg}^{-1}$  dry extract by FRAP method) (*Matanjun et al., 2008*). The  
248 ethanol extracts had strong hydrogen peroxide-scavenging activities and weak DPPH-scavenging,  
249 ferric ion-reducing and FIC activities (*Nguyen et al., 2011*). In addition, the ethanol extracts also  
250 stimulated insulin secretion in pancreatic  $\beta$ -cells and enhanced glucose uptake in adipocytes by  
251 decreasing dipeptidyl peptidase-IV,  $\alpha$ -glucosidase and protein-tyrosine phosphatase 1B activities  
252 using RIN and 3T3-L1 cells as models (*Sharma and Rhyu, 2014; Sharma et al., 2017*) and  
253 regulating glucose metabolism via the PI3K/AKT signaling pathway in myocytes using L6 cells

254 (*Sharma et al., 2015; Abouzid et al., 2014*), which could ameliorate insulin resistance.

255 Polysaccharides are important components of *C. lentillifera* due to their broad spectrum of  
256 biological activity. The crude extract of *C. lentillifera* showed anticoagulant property using  
257 albino rabbits and the blood of adult dogs. And the results of the crude extract exhibited no  
258 significance with that of aspirin (*Arenajo et al., 2017*). Shevchenko *et al.* (2009) extracted three  
259 polysaccharide fractions, water-soluble P1, P2 and base-soluble P3. The concrete study revealed  
260 that the ranges of the molecular weights of these polysaccharides were 20-60 KDa, 20-40 KDa  
261 and more than 70 KDa, respectively. The monosaccharide contents in these three factions all  
262 contained glucose (Glc), galactose (Gal), mannose (Man) and xylose (Xyl); among these,  
263 glucose was the majority monosaccharide. Moreover, IR spectra of the polysaccharides indicated  
264 that the three fractions lacked sulfated groups. However, these results were not inconsistent with  
265 those from the study by Maeda *et al.* (2012a), which reported that the purified polysaccharides  
266 (SP1) contained sulfated xylogalactan with a molecular mass >100 KDa. This xylogalactan is  
267 mainly composed of galactose and xylose and small quantities of glucose and uronic acid, with  
268 44% sulfation. Furthermore, the SP1 could enhance NO production and activate macrophage  
269 cells via NF- $\kappa$ B and increase the phosphorylation of p38 MAPK, which indicates that they can  
270 activate RAW 264.7 cells. In another report,  $\beta$ -1,3-xylooligosaccharides could inhibit the  
271 proliferation of MCF-7 human breast cancer cells and induce the condensation of chromatin, the  
272 degradation of PARP, and the activation of caspase-3/7, which indicates that oligosaccharides  
273 induce apoptosis in MCF-7 cells (*Maeda et al., 2012b*).

274 Valuable pigments are attracting increasing attention because of their important biological

275 activity. Worth mentioning is siphonaxanthin, a novel and oxidative metabolite of lutein, which  
276 is found in *C. lentillifera*. As shown in Fig. 2, its structure contains a conjugated system of 8  
277 C=C double bonds and 1 keto group located at C-8, similar to fucoxanthin. In addition, at the C-  
278 19 position, siphonaxanthin has an extra hydroxyl group, which might make it more beneficial  
279 than other carotenoids (*Ganesan et al., 2011; Walton et al., 1973*).

280

### 281 **Fig. 2 Structure of siphonaxanthin**

282

283 Siphonaxanthin is a specific keto-carotenoid that mainly exists in green algae, such as *Codium*  
284 *fragile*, *C. lentillifera*, *Umbraulva japonica*, and *Caulerpa racemosa*. The content of  
285 siphonaxanthin is approximately 0.03%-0.1% of its dry weight (*Sugawara et al., 2014*). Initially,  
286 this keto-carotenoid was proved to facilitate the highly efficient energy transfer of carotenoids to  
287 chlorophylls (*Akimoto et al., 2008*). Moreover, it might have a largely light-harvesting function  
288 in the green light-rich underwater habitat to reduce light damage (*Wang et al., 2013*). In addition  
289 to its physiological functions, siphonaxanthin has been found to show many biological activities.  
290 It was involved in cancer-preventing action in human leukemia HL-60 cells by increasing in  
291 TUNEL-positive cells and increasing chromatin condensation in the cells by decreasing the  
292 expression of Bcl-2 but up-regulating the expression of DR5. Furthermore, the inhibition  
293 function of siphonaxanthin was stronger than that of fucoxanthin and siphonein, which is an  
294 esterified form of siphonaxanthin (*Ganesan et al., 2011*). In addition, siphonaxanthin can inhibit  
295 adipogenesis in 3T3-L1 preadipocytes and lipid accumulation in the white adipose tissue of KK-



296 Ay mice by inhibiting protein kinase B phosphorylation and regulating the expression of *CEBPA*,  
297 *PPARG*, *FABP4* and *SCD1* (Li *et al.*, 2015). Zheng *et al.* (2018) found that siphonaxanthin can  
298 inhibit lipogenesis in hepatocytes by suppressing the excess accumulation of triacylglycerols  
299 induced by liver X receptor  $\alpha$  agonist and down-regulating nuclear transcription factors.

300

### 301 **3. Subheadings**

302 Salinity, nutrients concentration, irradiance and temperature were the most important factors  
303 to influence *Caulerpa lentillifera* growth.

304 Dried seaweed could be used as biosorbent for heavy metals and cationic dyes, and fresh  
305 seaweed could be biofilter for the aquaculture system.

306 The phenolic compounds showed good antioxidant activity and could regulate glucose  
307 metabolism.

308 Polysaccharides and oligosaccharides exhibited immunodulatory effects and cancer-  
309 preventing activity.

310 Siphonaxanthin as a novel function compound showed cancer-preventing activity and  
311 lipogenesis inhibiting effect.

312

### 313 **4. Conclusion**

314 The green seaweed *C. lentillifera* is quite common and popular in Southeast Asian countries  
315 and Japan due to its delicious taste and abundant nutrients. During the past 30 years, it has been  
316 mass cultivated in some Asian countries, such as the Philippines and Malaysia, and some

317 cultivation conditions, such as the nutrient concentration, salinity, irradiance and temperature,  
318 have been studied in relation to the growth of *C. lentillifera*. In addition, this species has been  
319 applied to treat wastewater using heavy metal, cationic dye biosorption and aquaculture system.  
320 Recently, some bioactive components, such as phenolic compounds, polysaccharides, and  
321 siphonaxanthin, have been extracted from *C. lentillifera*, and their biological activities have also  
322 been analyzed by cells. In conclusion, these compounds showed high antioxidant, anticoagulant  
323 and immunostimulatory, hypoglycemic, cancer-prevention and lipogenesis inhibition activities,  
324 etc in vitro. It is believed that this seaweed will be a new source of health products with its  
325 cultivation at an increasing scale. In addition, maybe, *C. lentillifera* will be used as the resource  
326 of biofuel or CO<sub>2</sub> fixation just like other algae with further research.

327

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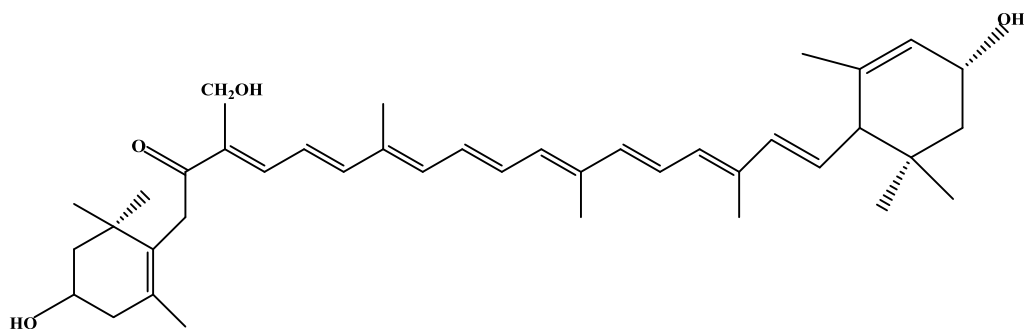
# Figure 1

*Caulerpa lentillifera*



**Figure 2** (on next page)

Structure of siphoxanthin



**Fig.2 Structure of siphoxanthin**

**Table 1** (on next page)

cultivation conditions

The effect of cultivation conditions on *C. lentillifera*

1 **Table 1:**2 **Table 1 The effect of cultivation conditions on *C. lentillifera***

Cultivation conditions	Effect	Reference
Salinity	Suitable salinity range of 25-30‰; the maximum growth at a salinity of approximately 35-36‰	Deraxbudsarakom <i>et al.</i> (2003); Wang (2011) and Guo <i>et al.</i> (2015b)
Nitrogen and phosphorus	Optimal for the rapid growth at 0.6 mmol/L NO <sub>3</sub> -N and N:P ratio of 8:1; Highest SGR at a 0.1 mmol/L PO <sub>4</sub> -P and 0.5 mmol/L NO <sub>3</sub> -N; Nitrogen types: NaNO <sub>3</sub> and NH <sub>4</sub> NO <sub>3</sub> ) can significantly promote the growth of the alga; NH <sub>4</sub> -N:NO <sub>3</sub> -N ratios of 1:1 and 1:5 were the most favorable ratios for the growth of the alga	Deraxbudsarakom <i>et al.</i> (2003); Guo <i>et al.</i> (2015b); Wang <i>et al.</i> (2017); Liu <i>et al.</i> (2016);
Phytohormones	6-BA and GA could induce the growth of the alga, but IAA could increase the intracellular crude polysaccharide content	Tao <i>et al.</i> (2017)
Temperature	Ideal temperature range 22-28°C	Friedlander <i>et al.</i> (2006) and Guo <i>et al.</i> (2015a)

**Table 2** (on next page)

Different wastewater treatment process

Different wastewater treatment process by *C. lentillifera*

1 **Table 2:**2 **Table 2 Different wastewater treatment process by *C. lentillifera***

Alga types	Wastewater types	References
Dried alga	Cu <sup>2+</sup> , Cd <sup>2+</sup> , Pb <sup>2+</sup> and Zn <sup>2+</sup>	Pavasant <i>et al.</i> (2006) Apiratikul and Pavasant, (2006)
Dried alga	Cationic dyes: Astrazon Blue FGRL (AB), Astrazon Red GTLN (AR), and methylene blue (MB)	Marungrueng and Pavasant(2006; 2007); Ncibi <i>et al.</i> (2007); Cengiz and Cavas (2008); Punjongharn <i>et al.</i> (2008)
Fresh alga	Used as a biofilter in aquaculture systems for nutrient absorption, especially NO <sub>3</sub> -N	Paul and De Nys(2008); Liu <i>et al.</i> (2016); Chokwiwattanawanit(2000)

3



**Table 3** (on next page)

The values for pseudo second-order kinetic mode

1 **Table 3:**2 **Table 3 The values for  $q_e$ ,  $k$  and  $R^2$  of  $\text{Cu}^{2+}$ ,  $\text{Cd}^{2+}$  and  $\text{Pb}^{2+}$  in pseudo second-order kinetic**3 **mode**

Parameters	$\text{Cu}^{2+}$	$\text{Cd}^{2+}$	$\text{Pb}^{2+}$
$q_e(\text{mmol Kg}^{-1})$	6.14	3.97	2.64
$K(\text{Kg mol}^{-1} \text{min}^{-1})$	254	621	2036
$R^2$	0.999	1.000	1.000

4

**Table 4** (on next page)

Bioactive components of *C. lentillifera*

Studies on bioactive components of *C. lentillifera*

1 **Table 4:**2 **Table 4 Studies on bioactive components of *C. lentillifera***

Components	Biological activity	References
Phenolic compounds	Radical-scavenging activity and reducing power ability; Stimulated insulin secretion in pancreatic $\beta$ -cells and enhanced glucose uptake	Matajun et al.(2008); Nguyen et al.(2011); Sharma and Rhyu(2014); Sharma et al.(2017); Sharma et al.(2015); Abouzid et al.(2014)
Polysaccharides	Increase the phosphorylation of p38 MAPK; Inhibit the proliferation of MCF-7	Maeda et al. (2012a); Maeda et al.(2012b)
Siphonaxanthin	cancer-preventing action; Inhibit adipogenesis;	Ganesan et al.(2011); Li et al.(2015); Zheng et al. (2018)

3