

Pattern recognition techniques for the identification of Activities of Daily Living using mobile device accelerometer

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This paper focuses on the recognition of Activities of Daily Living (ADL) applying pattern recognition techniques to the data acquired by the accelerometer available in the mobile devices. The recognition of ADL is composed by several stages, including data acquisition, data processing, and artificial intelligence methods. The artificial intelligence methods used are related to pattern recognition, and this study focuses on the use of Artificial Neural Networks (ANN). The data processing includes data cleaning, and the feature extraction techniques to define the inputs for the ANN. Due to the low processing power and memory of the mobile devices, they should be mainly used to acquire the data, applying an ANN previously trained for the identification of the ADL. The main purpose of this paper is to present a new method based on ANN for the identification of a defined set of ADL with a reliable accuracy. This paper also presents a comparison of different types of ANN in order to choose the type for the implementation of the final model. Results of this research probes that the best accuracies are achieved with Deep Neural Networks (DNN) with an accuracy higher than 80%. The results obtained are similar with other studies, but we compared tree types of ANN in order to discover the best method in order to obtain these results with less memory, verifying that, after the generation of the model, the DNN method, when compared with others, is also the fastest to obtain the results with better accuracy.

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30
31 **ABSTRACT**

32 This paper focuses on the recognition of Activities of Daily Living (ADL) applying pattern
33 recognition techniques to the data acquired by the accelerometer available in the mobile devices.
34 The recognition of ADL is composed by several stages, including data acquisition, data processing,
35 and artificial intelligence methods. The artificial intelligence methods used are related to pattern
36 recognition, and this study focuses on the use of Artificial Neural Networks (ANN). The data
37 processing includes data cleaning, and the feature extraction techniques to define the inputs for the
38 ANN. Due to the low processing power and memory of the mobile devices, they should be mainly

39 used to acquire the data, applying an ANN previously trained for the identification of the ADL.
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41 a defined set of ADL with a reliable accuracy. This paper also presents a comparison of different
42 types of ANN in order to choose the type for the implementation of the final model. Results of this
43 research probes that the best accuracies are achieved with Deep Neural Networks (DNN) with an
44 accuracy higher than 80%. The results obtained are similar with other studies, but we compared
45 tree types of ANN in order to discover the best method in order to obtain these results with less
46 memory, verifying that, after the generation of the model, the DNN method, when compared with
47 others, is also the fastest to obtain the results with better accuracy.
48

49 INTRODUCTION

50 An accelerometer is a sensor commonly available in off-the-shelf mobile devices (Salazar,
51 Lacerda et al. 2013) that measures the acceleration of the movement of the mobile device, allowing
52 the creation of a method for the recognition of Activities of Daily Living (ADL) (Foti and Koketsu
53 2013). After the development of a method for the identification of ADL, it could be integrated in
54 the creation of a personal digital life coach (Garcia 2016), important for the monitoring of elderly
55 persons, and persons with some type of impairment, or for the training of the lifestyle.

56 The methods related to the recognition of the ADL with accelerometer may be used for the
57 recognition of the daily activities with movement, including running, walking, walking on stairs,
58 and standing. Following the previous research studies (Pires, Garcia et al. 2015, Pires, Garcia et
59 al. 2016, Pires, Garcia et al. 2016), the recognition of the ADL is composed by several steps,
60 such as data acquisition, data processing, composed of data cleaning, data imputation, and feature
61 extraction, data fusion, and artificial intelligence methods for concrete identification of the ADL.
62 However, this study only uses the accelerometer sensor, removing some steps of the proposed
63 architecture. Based on the assumption that the sensor was always acquiring the data, the final steps
64 used are the data acquisition, the data cleaning, and the application of the artificial intelligence
65 methods.

66 During the last years, the recognition of ADL has been studied by several authors (Akhoundi
67 and Valavi 2010, Banos, Damas et al. 2012, Dernbach, Das et al. 2012, Paul and George 2015,
68 Hsu, Chen et al. 2016, Shen, Chen et al. 2016), where Artificial Neural Networks (ANN) are
69 widely used (Wang 1993, Doya and Wang 2015). This paper proposes the creation of a method
70 for the recognition of ADL using the accelerometer, comparing three types of ANN, such as
71 Multilayer Perception (MLP) with Backpropagation, Feedforward Neural Network (FNN) with
72 Backpropagation, and Deep Neural Network (DNN), in order to verify the method that achieves
73 the best accuracy in the recognition of running, walking, going upstairs, going downstairs, and
74 standing. The ADL were selected based on the literature review, where the different studies
75 analysed and reported reliable results for these activities. The main contribution of this study is the
76 comparison of three different architectures of ANN methods in order to achieve the best results in
77 the recognition of the considered ADL. The datasets used are composed with the raw
78 accelerometer data acquired by individuals aged between 16 and 60 years old and with distinct

79 lifestyles, performing their activities with a mobile device in the front pocket of the pants for the
80 acquisition of the different data from the sensors available. For the implementation of these types
81 of ANN are used several datasets with different sets of features, identifying the best features to
82 increase the accuracy of the recognition, and three Java libraries are used for the implementation
83 of the different methods, such as Neuroph (Neuroph 2017), Encog (Research 2017), and
84 DeepLearning4j (Chris Nicholson 2017), reporting the best average accuracy with DNN method.

85 The remaining sections of this paper are organized as follows: Section 2 presents a brief
86 literature review related to the identification of ADL using accelerometer. Section 3 presents the
87 methodology used for the creation of a solution for the recognition of the ADL using the
88 accelerometer sensor. Section 4 presents the results obtained during the research presented. In
89 section 5, the discussion and conclusions about the results are presented.

90

91 **2. RELATED WORK**

92

93 The identification of the Activities of Daily Living (ADL) (Foti and Koketsu 2013) may be
94 performed with several classification methods using the data acquired from the accelerometer
95 sensor available in the off-the-shelf mobile devices. To data, based on the studies available in the
96 IEEE Xplore library, presented in the Table 1, which only uses the accelerometer data for the
97 recognition of several ADL, there are verified that the different authors recognized between 1 and
98 7 ADL, where the most used methods with best accuracy are the different types of Artificial Neural
99 Networks (ANN), including MLP and DNN methods, reporting reliable results with statistic
100 features (*i.e.*, mean, standard deviation, maximum, minimum, median, and others).

101 With the studies presented in the Table 1, we can verify that the most recognized ADL are
102 the walking, standing, going up stairs going down stairs, sitting, running and jogging, reporting an
103 average of accuracies between 83.97% and 89.21% with the different methods used (see Table 2).

104 Regarding the ADL recognized in the analysed studies, the Table 3 shows the distribution
105 of the different features used, verifying that the mean, minimum, maximum, standard deviation,
106 correlation, median, FFT spectral energy, and variance are the most used features, with more
107 relevance for mean and standard deviation.

108 The distribution of the classification methods used in the studies analyzed is presented in the
109 Table 4, verifying that the methods that reports better accuracy than others are ANN methods,
110 decision tree methods, KNN methods and their variants, and the Random Forest method, reporting
111 and average accuracy between 90.39% and 92.84%.

112 In conclusion, the accuracies reported depends on the number of ADL recognized with the
113 different methods used, as well as the particular dataset, where the best accuracies reported were
114 achieved in studies that recognized few ADL. Therefore, our study is focused on the recognition
115 of 5 ADL, including standing, walking, running, going up stairs and going down stairs,
116 implementing different types of ANN, because these are ones of the most recognized ADL and
117 methods that reported better accuracies in their recognition.

118

119

120 3. METHODS

121

122 Following the previous research studies analyzed in the section 2, and based on the proposed
123 architecture of a framework for the recognition of ADL in (Pires, Garcia et al. 2015, Pires, Garcia
124 et al. 2016, Pires, Garcia et al. 2016), the methods that should be defined for each module of the
125 framework, are: data acquisition, data processing, data fusion, and artificial intelligence. The data
126 processing methods proposed include the data cleaning, data imputation, and feature extraction
127 methods. However, this study assumes that the data acquired from the accelerometer is always
128 complete, therefore not considering the use of the data imputation methods in this study. Due to
129 the fact that this study only uses the accelerometer available in off-the-shelf mobile devices, the
130 data fusion methods are not necessary. As for data cleansing, because the mobile application was
131 developed by us, it already collected properly aligned data which is already clean.

132 Firstly, the data acquisition method for the architecture implemented is presented in the
133 section 3.1. Secondly, in the presentation of the data processing methods, in section 3.2, the
134 solution is forked in data cleaning (section 3.2.1), and feature extraction methods (section 3.2.2).
135 Finally, the implementation of artificial intelligence methods is detailed in the section 3.3.

136

137 3.1 Data Acquisition

138

139 The data acquisition process was performed with a mobile application developed for Android
140 platform (Bojinov, Michalevsky et al. 2014, Katevas, Haddadi et al. 2016) with a BQ Aquaris
141 device (Bq.com 2017), where the values of the accelerometer data are received every 10ms, but
142 the frequency of the capture may varies based on the processing capabilities available at the
143 moment. The mobile application acquires 5 seconds of accelerometer data every 5 minutes. The
144 captures where performed with the mobile device in the front pocket of the user's pants. For the
145 definition of the experiments, 25 individuals aged between 16 and 60 years old were selected. The
146 individuals selected had distinct lifestyles, where 10 individuals are active and the remaining 15
147 individuals are mainly sedentary. During the data acquisition, the ADL captured were running,
148 walking, going upstairs, going downstairs, and standing, because these ADL are included in the
149 most recognized ADL with the best reported accuracies in the previous studies. The data acquired
150 was saved in text files, and it has 2000 captures of 5 seconds for each ADL. The mobile application
151 allows the user to select the ADL performed, for further processing. The data acquired is available
152 in the ALLab MediaWiki (ALLab 2017).

153

154 3.2 Data Processing

155

156 After the data acquisition, the data processing is performed with data cleaning and feature
157 extraction methods. The first stage of the data processing is data cleaning, where the data is filtered,
158 removing the noise. The filter used in the mobile application for the data acquired from

159 accelerometer is the low-pass filter, because this method allows the cleaning of the data, and, based
160 on the literature, it reports better results than other methods (Graizer 2012). After the application
161 of the low-pass filter, the noise will be removed, allowing the correct extraction of the features.
162 Based on the related work presented in the section 2, a set of features was extracted from the
163 filtered data with lightweight methods, where the considered features are the 5 greatest distances
164 between the maximum peaks, the Mean, Standard Deviation, Variance of the maximum peaks and
165 Median of the maximum peaks, and the Standard Deviation, Mean, Maximum, Minimum,
166 Variance and Median of the raw signal.

167

168 **3.3 Artificial Intelligence**

169

170 After the extraction of the features, five datasets of features have been created with 2000
171 records for each ADL, these are:

- 172 • **Dataset 1:** Composed by the 5 greatest distances between the maximum peaks, the
173 mean, standard deviation, variance and median of the maximum peaks, and the
174 standard deviation, mean, maximum, minimum, variance and median of the raw
175 signal;
- 176 • **Dataset 2:** Composed by the mean, standard deviation, variance and median of the
177 maximum peaks, and the standard deviation, mean, maximum, minimum, variance and
178 median of the raw signal;
- 179 • **Dataset 3:** Composed by the standard deviation, mean, maximum, minimum, variance
180 and median of the raw signal;
- 181 • **Dataset 4:** Composed by the standard deviation, mean, variance and median of the
182 raw signal;
- 183 • **Dataset 5:** Composed by the standard deviation and mean of the raw signal.

184 The goal of creating these 5 different datasets is to identify the best features for the
185 recognition of ADL, which achieves better results than others, because in the literature different
186 sets of features have been used.

187 Following the previous studies presented in the section 2 and shown in Table 3, the method
188 selected for the implementation of the framework for the recognition of ADL, based on the
189 accelerometer of the mobile device are the different types of ANN, because the ANN and DNN
190 methods reports highest accuracies than the other analyzed studies.

191 After the creation of the datasets, three types of ANN were applied for the verification of the
192 best type of ANN for the recognition of ADL, these are:

- 193 • MLP method with Backpropagation, applied with Neuroph framework (Neuroph 2017);
- 194 • FNN method with Backpropagation, applied with Encog framework (Research 2017);
- 195 • DNN method, applied with DeepLearning4j framework (Chris Nicholson 2017).

196 There are different configurations of the neural networks implemented that are presented in
197 the Table 5, and the Sigmoid as activation function and backpropagation parameters are
198 implemented in all neural networks.

199 The MLP with Backpropagation was applied to each dataset in two variants, these are the
200 application with dataset without normalization, and the application with the dataset with the
201 application of a MIN/MAX normalizer (Jain, Nandakumar et al. 2005).

202 The FNN with Backpropagation was applied to each dataset in two variants, these are the
203 application in a dataset without normalization, and the application in a the dataset with the
204 application of a MIN/MAX normalizer (Jain, Nandakumar et al. 2005).

205 The DNN was applied to each dataset in two variants, these are the application in a dataset
206 with the L_2 regularization (Ng 2004), and the application in a dataset with the L_2 regularization
207 and normalized with mean and standard deviation (Ng 2004, Brocca, Melone et al. 2010).

208 For the application of these neural networks, three maximum numbers (*i.e.*, 10^6 , 2×10^6 , and
209 4×10^6) of training iterations have been defined for the identification of the correct number of
210 iterations for the training stage of the neural network.

211 Finally, the best ANN method should be implemented in the framework for the recognition
212 of ADL using the mobile devices' accelerometer.

213

214 4. RESULTS

215

216 The three types of neural networks, proposed in the previous section, were implemented with
217 the three different frameworks and a training dataset with a total of 10000 records. After the
218 creation of the neural network with Neuroph framework as MLP with Backpropagation, the neural
219 network was tested, and the results obtained are presented in the figure 1. In general, the results
220 obtained with the trained neural networks with 10^6 , 2×10^6 , and 4×10^6 iterations, and different sets
221 of features have very low accuracy (between 20% and 40%) with data without normalization,
222 presented in figure 1-a, and very low accuracy (between 20% and 30%) with normalized data,
223 presented in figure 1-b.

224 After the test of the MLP with Backpropagation, the FNN with Backpropagation was created
225 with Encog framework, obtaining the results presented in the figure 2. In general, the results
226 obtained with the trained neural networks with 10^6 , 2×10^6 , and 4×10^6 iterations, and different sets
227 of features have very low accuracy (between 20% and 40%) with data without normalization,
228 presented in figure 2-a, where, as exceptions, the neural networks trained with the dataset 3 with
229 2×10^6 iterations obtains an accuracy around 50%, and with the dataset 5 with 4×10^6 iterations
230 obtains an accuracy around 75%. On the other hand, when the data is normalized, the results
231 presented in figure 2-b, shows that the reduction of the number of the features in the datasets
232 increases the accuracy of the neural network.

233 After the verification that results obtained with MLP with Backpropagation, and FNN are
234 not satisfactory, the DNN method was implemented with DeepLearning4j framework, obtaining
235 the results presented in the Figure 3. In general, the results obtained with the trained neural
236 networks with 10^6 , 2×10^6 , and 4×10^6 iterations, and the different sets of features have an accuracy
237 higher than 70%, but, with data without normalization (Figure 3-a), the results obtained with the
238 datasets 1 and 2 are above the expectations with an accuracy lower than 40%, and, with the

239 normalized data (figure 3-b), the results obtained are higher with dataset 1, decreasing with the
240 reduction of the number of features in the dataset.

241 The maximum accuracies obtained with the MLP with Backpropagation, FNN with
242 Backpropagation, and DNN methods are shown in the Table 6, concluding that the results obtained
243 by MLP with Backpropagation and FNN with Backpropagation are not satisfactory, obtaining best
244 accuracies with the DNN method.

245 In conclusion, the type of neural networks that should be used in the framework for the
246 identification of ADL is the DNN method with all features extracted from the accelerometer data
247 (dataset 1), normalizing the data with mean and standard deviation method and applying the L_2
248 regularization method, because, based on the tests performed with the acquired data, the results
249 obtained are constantly higher than the reported other methods, showing the results with *precision*
250 value of 86.21%, a *recall* value of 85.89% and a *F1 score* value of 86.05%.

251

252 5. DISCUSSION

253

254 The comparison between MLP with Backpropagation, applied with Neuroph framework
255 (Neuroph 2017), FNN with Backpropagation, applied with Encog framework (Research 2017),
256 and DNN method, applied with DeepLearning4j framework (Chris Nicholson 2017), reports that
257 the use of DNN method increases the accuracy of the recognition of the ADL. The datasets used
258 in the neural networks were composed by 10000 records, *i.e.*, 2000 records for each ADL. The
259 best results are obtained with DNN method with L_2 regularization and normalized data.

260 The low accuracies verified with MLP with Backpropagation, and FNN with
261 Backpropagation are related to the fact of the neural networks created are overfitting, and the
262 possible solutions are the acquisition of more data, the stopping of the training when the network
263 error increases for several iterations, the application of dropout regularization, the application of
264 L_2 regularization, the application of the batch normalization, or the reduction of the number of
265 features in the neural network.

266 The number of the maximum iterations may influence the training of the neural network,
267 and, in some cases, it also increases the accuracy of the neural network, but the influence if the
268 number of iterations are not substantial.

269 Although the accuracy obtained in this study with DNN method is lower than the accuracy
270 reported in (Zhang, Wu et al. 2015), this is probably due to the fact that the number of ADL
271 recognized, the number of records for each ADL, and the features extracted are different in our
272 study. We expect that in similar conditions of (Zhang, Wu et al. 2015) we obtain the same or better
273 results. Nevertheless, this will be impossible to test as authors in (Zhang, Wu et al. 2015) did not
274 make their data publicly available.

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277

278

279 6. CONCLUSIONS

280

281 This paper presents a method for the identification of several ADL, including running,
282 walking, going upstairs, going downstairs, and standing, comparing the results obtained with
283 different types of neural networks. The development of the method presented in this paper was
284 based in (Pires, Garcia et al. 2015, Pires, Garcia et al. 2016, Pires, Garcia et al. 2016), including
285 only the data acquisition, data processing with data cleaning and feature extraction, and artificial
286 intelligence methods, requiring low processing for the correct implementation in the mobile
287 devices.

288 In conclusion, the method implemented in the framework for the recognition of the ADL
289 using only the accelerometer sensor available in off-the-shelf mobile devices should be based in
290 DNN method, applied with DeepLearning4j framework (Chris Nicholson 2017), because it
291 achieves an accuracy above 80% with a neural network trained with all features proposed in this
292 study, these are the 5 greatest distances between the maximum peaks, the mean, standard deviation,
293 variance and median of the maximum peaks, the standard deviation, mean, maximum value,
294 minimum value, variance and median of the raw signal. This research proves the reliability of the
295 use of ANN for the identification of the ADL using the accelerometer.

296

297 ACKNOWLEDGEMENTS

298 This work was supported by FCT project **UID/EEA/50008/2013** (*Este trabalho foi*
299 *suportado pelo projecto FCT UID/EEA/50008/2013*).

300 The authors would also like to acknowledge the contribution of the COST Action IC1303 –
301 AAPELE – Architectures, Algorithms and Protocols for Enhanced Living Environments.

302

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Table 1 (on next page)

Summary of the studies available in the IEEE Xplore library

Summary of the studies available in the IEEE Xplore library

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2 **Table 1.** Summary of the studies available in the IEEE Xplore library

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
Aguiar, B., <i>et al.</i> (Aguiar, Silva et al. 2014)	5	running; walking; standing; sitting; laying	decision tree	Mean; Median; Maximum; Minimum; Root Mean Square (RMS); standard deviation; interquartile range; energy; entropy; skewness; kurtosis	99.5% (decision tree)
Anjum, A., <i>et al.</i> (Anjum and Ilyas 2013)	7	walking; running; going up stairs; going down stairs; driving; cycling; standing	Naïve Bayes; C4.5 Decision Tree; K-Nearest Neighbor (KNN); Support Vector Machine (SVM)	Mean; standard deviation; cross-axis signals correlation; Fast Fourier Transform (FFT) spectral energy; frequency domain entropy; log of FFT	84.7% (Naïve Bayes); 95.2% (C4.5 Decision Tree); 88.7% (KNN); 73.8% (SVM)
Bai, L., <i>et al.</i> (Bai, Efstratiou et al. 2016)	1	shooting	Combination of Random Forest, SVM and KNN methods	Mean; standard deviation; median; maximum; minimum; zero crossing rate; number of peaks; correlation; FFT coefficients	94.31%
Bajpai, A., <i>et al.</i> (Bajpai, Jilla et al. 2015)	6	standing; walking; cycling; jogging; running; driving	MLP	Mean; Maximum; Minimum; difference between maximum and minimum; standard deviation; RMS; correlation between axis; kurtosis; skewness; ratio and difference of the maximum and minimum values in the FFT; median and number of peaks and troughs; average distance between two consecutive peaks and between two consecutive troughs; ratio of the average values of peaks and troughs	97.58% (MLP)
Bayat, A., <i>et al.</i> (Bayat, Pomplun et al. 2014)	5	running; walking; aerobic dancing; going up stairs; going down stairs	MLP; SVM; Random Forest; Logistic Model Trees (LMT);	mean along z-axis; maximum, minimum, standard deviation and RMS from the magnitude of the acceleration; average of peak frequency (APF),	89.48% (MLP); 72.27% (SVM); 85.15% (Random Forest); 85.04% (LMT); 85.05% (Simple Logistic);

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
			Simple Logistic; Logit Boost	standard deviation, RMS, maximum and minimum along x-axis, y-axis and z-axis; correlation between z-axis and y-axis	82.24% (Logit Boost)
Bujari, A., <i>et al.</i> (Bujari, Licar et al. 2012)	1	walking	MLP	Mean; standard deviation	98% (MLP)
Cardoso, N., <i>et al.</i> (Cardoso, Madureira et al. 2016)	6	walking; standing; travel by car; travel by bus; travel by train; travel by metro	J48 decision tree; SMO; Naïve Bayes	Mean; Median; Maximum; Minimum; RMS; standard deviation; interquartile range; minimum average; maximum average; maximum peak height; average peak height; entropy; FFT spectral energy; Skewness; kurtosis	95.6% (J48 decision tree); 92.4% (SMO); 61.9% (Naïve Bayes)
Dangu Elu Beily, M., <i>et al.</i> (Dangu Elu Beily, Badjowawo et al. 2016)	1	playing tennis	Naïve Bayes; MLP; J48 decision tree; SVM	Mean; Variance; correlation	98.12% (Naïve Bayes); 99.61% (MLP); 99.91% (J48 decision tree); 100% (SVM)
Duarte, F., <i>et al.</i> (Duarte, Lourenco et al. 2013)	4	walking; cycling; running; standing	Naïve Bayes; KNN; Decision Tree; SVM	Mean; standard deviation; correlation; power spectral density	98% (Naïve Bayes); 83% (KNN); 95% (Decision Tree); 96% (SVM)
Fahim, M., <i>et al.</i> (Fahim, Lee et al. 2014)	4	walking; running; cycling; hopping	SVM	RMS; Variance; Correlation; energy	97.69% (SVM)
Fan, L., <i>et al.</i> (Fan, Wang et al. 2013)	5	standing; walking; running; going up stairs; going down stairs	decision tree	Mean; Median; Variance; standard deviation; maximum; minimum; range; RMS; FFT coefficients; FFT spectral energy	88.32% (decision tree)
Guo, H., <i>et al.</i> (Guo, Chen et al. 2015)	5	running; walking; sitting; going up stairs; going down stairs	SVM	Mean; Variance; standard deviation; median; maximum; minimum; RMS; zero crossing rate; skewness; kurtosis; spectral entropy	80% (SVM)
Khalifa, S., <i>et</i>	3	going up stairs;	Decision	mean, standard deviation,	80.59% (decision

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
<i>al.</i> (Khalifa, Hassan et al. 2014)		going up on an escalator; walking on a ramp	tables; J48 Decision tree; Naïve Bayes; KNN; MLP	skewness, kurtosis, average absolute deviation, and pairwise correlation of the tree axis of accelerometer; mean of the resultant acceleration	tables); 82.97% (J48 Decision tree); 87.49% (Naïve Bayes); 89.20% (KNN); 87.86% (MLP)
Kim, Y.J., <i>et al.</i> (Kim, Kang et al. 2015)	6	walking; going up stairs; going down stairs; sitting; standing; laying	Hidden Markov Model Ensemble (HMME)	Mean; standard deviation	83.55% (HMME)
Kumar, A., <i>et al.</i> (Kumar and Gupta 2015)	4	sitting; standing; walking; running	Combination of SVM, J48 decision tree and Random Forest methods	average of peak values; average of peak rising time; average of peak fall time; average time per sample; average time between peaks	98.8283%
Kwapisz, J.R., <i>et al.</i> (Kwapisz, Weiss et al. 2011)	6	walking; jogging; going up stairs; going down stairs; sitting; standing	J48 decision tree; logistic regression; MLP; Straw Man	Mean; standard deviation; average absolute difference; average resultant acceleration; time between peaks; binned distribution	85.1% (J48 decision tree); 78.1% (logistic regression); 91.7% (MLP); 37.2% (Straw Man)
Kwon, Y., <i>et al.</i> (Kwon, Kang et al. 2015)	4	walking; running; standing; sitting	MLP	Mean; Maximum; Minimum; Median; standard deviation	99% (MLP)
Lau, S.L. (Lau 2013)	5	walking; sitting; standing; going up stairs; going down stairs	KNN; decision tree; rule-based learner (JRip); MLP	Mean; standard deviation; variance	92.44% (KNN); 90.77% (decision tree); 90.4% (JRip); 92.91% (MLP)
Lau, S.L., <i>et al.</i> (Lau, Konig et al. 2010)	5	walking; sitting; standing; going up stairs; going down stairs	decision tree; KNN; SMO	Mean; standard deviation; variance; FFT energy; FFT information entropy	91.37% (decision tree); 94.29% (KNN); 84.42% (SMO)
Lau, S.L., <i>et al.</i> (Lau and David 2010)	5	walking; standing; sitting; going up stairs; going down stairs	decision tree; Bayesian Network; Naïve Bayes; KNN; rule-based learner (JRip)	mean, standard deviation and correlation of the raw data; energy of FFT; mean and standard deviation of the FFT components in the frequency domain	95.62% (Bayesian Network); 97.81% (Naïve Bayes); 99.27% (KNN); 93.53% (JRip)

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
Ling, Y., <i>et al.</i> (Ling and Wang 2015)	4	walking; running; sitting; standing	decision tree	Mean; Variance; bin distribution in time and frequency domain; FFT spectral energy; correlation of the magnitude	98.69% (decision tree)
Liu, Y.Y., <i>et al.</i> (Liu, Zhao et al. 2016)	3	walking; going up stairs; going down stairs	Combination of Hidden Markov Model (HMM), decision tree and Random Forest methods	Mean; Variance; standard deviation; median; minimum; maximum; range; Interquartile range; Kurtosis; Skewness; spectrum peak position	93.8%
Mitchell, E., <i>et al.</i> (Mitchell, Monaghan et al. 2013)	6	walking; jogging; going up stairs; going down stairs; sitting; standing	Naïve Bayes; MLP	energy and variances of the coefficients of discrete wavelet transform (DWT)	79.9% (Naïve Bayes); 82.3% (MLP)
Nguyen, P., <i>et al.</i> (Nguyen, Akiyama et al. 2015)	5	running; standing; walking; going up stairs; going down stairs	SVM	Mean; Minimum; Maximum; standard deviation; energy; mean absolute deviation; binned distribution; percentiles	94.3% (SVM)
Oshin, T.O., <i>et al.</i> (Oshin and Poslad 2013)	3	walking; jogging; marching	Combination of J48 decision tree, decision table and Naïve Bayes	number of peaks; number of troughs; difference between the maximum peak and the minimum trough; sum of all peaks and troughs	93.4%
Paul, P., <i>et al.</i> (Paul and George 2015)	4	walking; running; standing; sitting	Clustered KNN	Mean; Minimum; Maximum; standard deviation	92% (Clustered KNN)
Piyare, R., <i>et al.</i> (Piyare and Lee 2014)	7	walking; jogging; going up stairs; going down stairs; sitting; standing; laying down	Bayesian Network; MLP; Naïve Bayes; C4.5 decision tree; Random Tree; Radial Basis; Function Network; Sequential Minimal	Mean; standard deviation; mean absolute deviation; time between peaks	77.81% (Bayesian Network); 94.44% (MLP); 58.06% (Naïve Bayes); 95.40% (C4.5 decision tree); 94.67% (Random Tree); 73.03% (Radial Basis Function Network); 90.27%

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
			Optimization (SMO); Logistic Regression		(SMO); 92.71% (Logistic Regression)
Sen, S., <i>et al.</i> (Sen, Rachuri et al. 2016)	1	playing fosball	MLP	Mean; Variance; Covariance; Energy; entropy	95% (MLP)
Torres-Huitzil, C., <i>et al.</i> (Torres-Huitzil and Nuno-Maganda 2015)	5	standing; walking; going up stairs; going down stairs; running	MLP	Mean; standard deviation; percentiles	92% (MLP)
Vavoulas, G., <i>et al.</i> (Vavoulas, Chatzaki et al. 2016)	7	standing; walking; jogging; jumping; going up stairs; going down stairs; sitting	J48 decision tree; Logistic regression; MLP	Mean, Median, standard deviation, skewness, kurtosis, minimum, maximum and slope for each axis and for the absolute value	85.1% (J48 decision tree); 78.1% (Logistic regression); 91.7% (MLP)
Wang, C., <i>et al.</i> (Wang, Xu et al. 2016)	5	walking; standing; running; going up stairs; going down stairs	Sliding-Window-based Hidden Markov Model (SW-HMM)	Mean; Variance; quartiles	80% (SW-HMM)
Wang, C., <i>et al.</i> (Wang and Zhang 2015)	6	standing; sitting; going up stairs; going down stairs; walking; jogging	J48 decision tree; Random Forest; Instance-based learning (IBk); rule based (J-Rip)	Dual-tree complex wavelet transform (DT-CWT) statistical information and orientation	76% (Random Forest); 73.8% (IBk); 67.4% (J48 decision tree); 67.4% (J-Rip)
Wannenburg, J., <i>et al.</i> (Wannenburg and Malekian 2016)	5	sitting; standing; laying; walking; jogging	SVM; MLP; Naïve Bayes; KNN; Decision tree; kStart	Mean; Maximum; Minimum; Median; standard deviation; Signal Magnitude Area (SMA); mean deviation; Principal Component Analysis (PCA); Interquartile range; Skewness; kurtosis	94.32% (SVM); 98.74% (MLP); 91.1% (Naïve Bayes); 99% (KNN); 98.8% (Decision tree); 99.01% (kStart)
Weiss, G.M., <i>et al.</i> (Weiss, Lockhart et al. 2016)	7	walking; jogging; going up stairs; going down stairs; standing;	Random Forest	mean and standard deviation for each axis; bin distribution; heuristic measure of wave periodicity	90% (Random Forest)

Study:	# of ADL:	ADL recognized:	Methods:	Features:	Accuracy:
		sitting; lying down			
Zainudin, M.N.S., <i>et al.</i> (Zainudin, Sulaiman et al. 2015)	6	going down stairs; jogging; sitting; standing; going up stairs; walking	J48 decision tree; MLP; Likelihood Ratio (LR)	Minimum; Maximum; Mean; standard deviation; zero crossing rate for each axis; correlation between axis	92.4% (J48 decision tree); 91.7% (MLP); 84.3% (LR)
Zdravevski, E., <i>et al.</i> (Zdravevski, Lameski et al. 2017)	6	walking, standing, sitting, walking up-stairs, walking down-stairs, lying	SVM; Random Forest (RF); Extremely Randomized Trees (ERT), Naïve Bayes (NB), KNN, Logistic regression (LR)	Automated feature selection from a variety of time and frequency domain features	From 83% to 99% (pocket with SVM), depending on used dataset and smartphone position.
Zhang, L., <i>et al.</i> (Zhang, Wu et al. 2015)	7	walking; running; standing; sitting; lying; going up stairs; going down stairs	DNN	Mean; Minimum; Maximum; standard deviation	77% (DNN)
Zhao, K.L., <i>et al.</i> (Zhao, Du et al. 2013)	5	walking; jogging; cycling; going up stairs; going down stairs	Combination of decision tree and probabilistic neural network (PNN) methods	mean of the acceleration; standard deviation, binned distribution and average energy for each axis	97.1%

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Table 2 (on next page)

Distribution of the ADL extracted in the studies analyzed.

Distribution of the ADL extracted in the studies analyzed.

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2 **Table 2.** Distribution of the ADL extracted in the studies analyzed.

ADL:	Number of studies:	Average of accuracy:
Walking	36	87.29%
Standing	29	87.07%
Going up stairs	22	84.41%
Going down stairs	21	84.30%
Sitting	17	86.37%
Running	16	89.21%
Jogging	11	83.97%
Laying down	7	89.30%
Cycling	5	91.52%
Driving	2	97.58%
Playing tennis	1	99.41%
Hopping	1	97.69%
Playing fosball	1	95.00%
Shooting	1	94.31%
Marching	1	93.40%
Going up on an escalator	1	85.62%
Walking on a ramp	1	85.62%
Jumping	1	84.97%
Travel by car	1	83.30%
Travel by bus	1	83.30%
Travel by train	1	83.30%
Travel by metro	1	83.30%
Aerobic dancing	1	83.21%

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Table 3 (on next page)

Distribution of the features extracted in the studies analyzed.

Distribution of the features extracted in the studies analyzed.

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2 **Table 3.** Distribution of the features extracted in the studies analyzed.

Features:	Number of Studies:	Average of accuracy:
Mean (Z axis, X axis, Y axis, Acceleration, Velocity, Gravity, Peaks, Troughs)	32	89.05%
Standard Deviation (Acceleration, X axis, Y axis, Z axis, Gravity)	28	88.38%
Minimum (Acceleration, X axis, Y axis, Z axis)	15	89.33%
Maximum (Acceleration, X axis, Y axis, Z axis)	15	89.33%
FFT spectral energy (Acceleration)	11	91.41%
Variance (Acceleration, X axis, Y axis, Z axis)	10	92.65%
Correlation (X axis, Y axis, Z axis)	10	91.52%
Median (Acceleration, Peaks, Troughs)	7	89.98%
Skewness (Acceleration, X axis, Y axis, Z axis)	7	89.36%
Kurtosis (Acceleration, X axis, Y axis, Z axis)	7	89.36%
Root Mean Square (Acceleration, X axis, Y axis, Z axis)	7	86.59%
Entropy (Acceleration)	5	88.28%
Interquartile-Range (Acceleration)	3	96.78%
Number of peaks (Acceleration)	3	95.10%
zero crossing rate (Acceleration)	3	88.54%
Mean Absolute Deviation (X axis, Y axis, Z axis)	3	85.63%
time between peaks (Acceleration)	3	82.10%
Number of troughs (Acceleration)	2	95.49%
Percentiles (10, 25, 75, and 90) (Acceleration)	2	93.15%
FFT coefficients (Acceleration)	2	91.32%
Range (Acceleration, X axis, Y axis, Z axis)	2	91.06%
Average Peak rising time (Acceleration)	1	98.83%
Average Peak fall time (Acceleration)	1	98.83%
Average Time per sample (Acceleration)	1	98.83%
Average Time between peaks (Acceleration)	1	98.83%
Difference between the maximum peak and minimum trough (Acceleration)	1	97.58%
Signal Magnitude Area (SMA) (Acceleration)	1	96.83%
Principal Component Analysis (PCA) (Acceleration)	1	96.83%
Covariance (Acceleration, X axis, Y axis, Z axis)	1	95.00%
Spectrum peak position (Acceleration)	1	93.80%
Sum (Acceleration, Peaks, Troughs)	1	93.40%
Log of FFT (Acceleration)	1	85.60%
Slope (Acceleration)	1	84.97%
Quartiles (Acceleration)	1	80.00%

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Table 4(on next page)

Distribution of the classification methods used in the studies analyzed.

Distribution of the classification methods used in the studies analyzed.

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2 **Table 4.** Distribution of the classification methods used in the studies analyzed.

Method:	Number of Studies:	Average of accuracy:
ANN (MLP, PNN, DNN)	18	92.84%
Decision Tree (C4.5, J48)	20	92.23%
KNN/IBk/kStart	10	92.20%
Random Forest	7	90.39%
SVM/SMO	13	89.89%
Decision tables	2	87.00%
Bayesian Network	2	86.72%
Hidden Markov Model (HMME, HMM, SW-HMM)	3	85.78%
Naïve Bayes	10	85.05%
Simple Logistic	1	85.05%
LMT	1	85.04%
LR	1	84.30%
Rule-based learner (JRip)	3	83.78%
Logistic Regression	3	82.97%
Logit Boost	1	82.24%
Radial Basis Function Network	1	73.03%
Straw Man	1	37.20%

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Table 5 (on next page)

Configurations of the neural networks implemented.

Configurations of the neural networks implemented.

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2 **Table 5.** Configurations of the neural networks implemented.

Parameters	MLP	FNN	DNN
Activation function	Sigmoid	Sigmoid	Sigmoid
Learning rate	0.6	0.6	0.1
Momentum	0.4	0.4	N/A
Maximum number of training iterations	4×10^6	4×10^6	4×10^6
Number of hidden layers	0	0	3
Weight function	N/A	N/A	Xavier
Seed value	N/A	N/A	6
Backpropagation	Yes	Yes	Yes
Regularization	N/A	N/A	L_2

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Table 6 (on next page)

Best accuracies obtained with the different frameworks, datasets and number of iterations.

Best accuracies obtained with the different frameworks, datasets and number of iterations.

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2 **Table 6.** Best accuracies obtained with the different frameworks, datasets and number of iterations.

	FRAMEWORK	DATASET	ITERATIONS NEEDED FOR TRAINING	BEST ACCURACY ACHIEVED (%)
NOT NORMALIZED DATA	NEUROPH	1	2×10^6	34.76
	ENCOG	5	4×10^6	74.45
	DEEPLARNING4J	3	4×10^6	80.35
NORMALIZED DATA	NEUROPH	3	10^6	24.03
	ENCOG	4	10^6	37.07
	DEEPLARNING4J	1	4×10^6	85.89

3

4

Figure 1

Results obtained with Neuroph framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normalization

Results obtained with Neuroph framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normalization. The figure b) shows the results with normalized data.

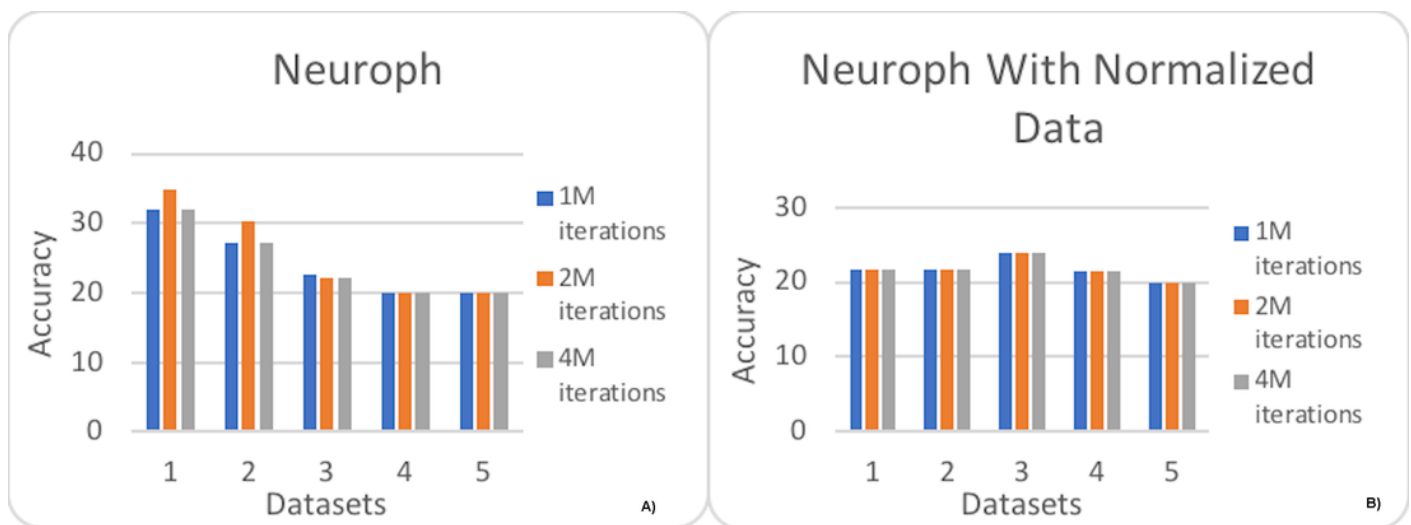


Figure 2

Results obtained with Encog framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normalization.

Results obtained with Encog framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normalization. The figure b) shows the results with normalized data.

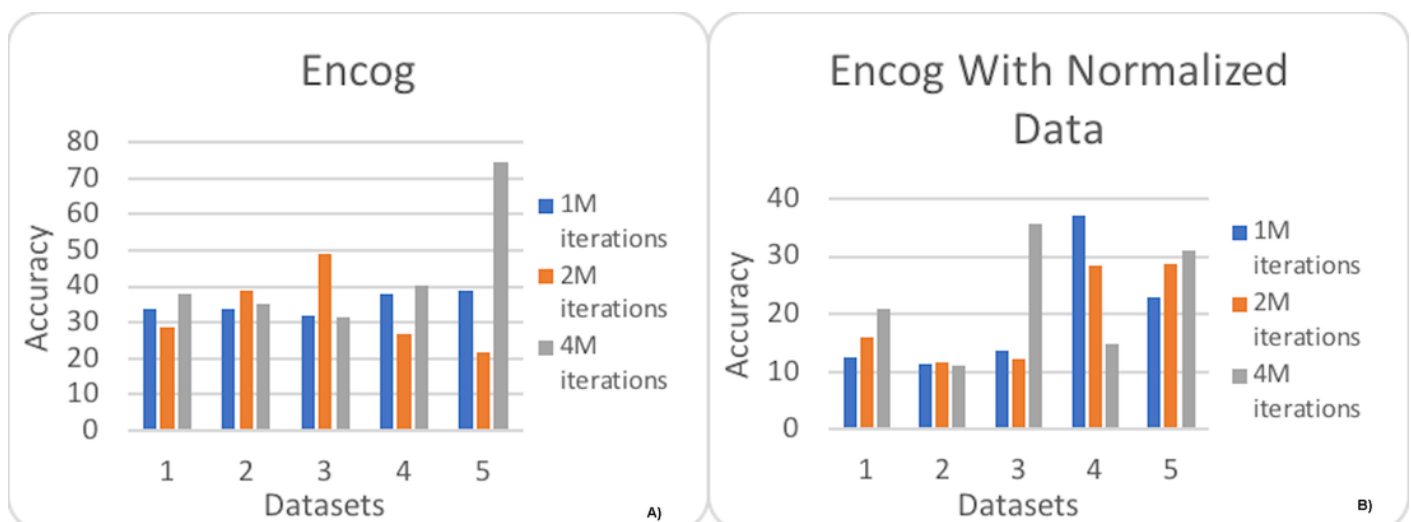


Figure 3

Results obtained with DeepLearning4j framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normal

Results obtained with DeepLearning4j framework for the different datasets (horizontal axis) and different maximum number of iterations (series), obtaining the accuracy in percentage (vertical axis). The figure a) shows the results with data without normalization. The figure b) shows the results with normalized data.

