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The microbe-stuffed gut, rather than the genome, represents the most dynamic gene reservoir within complex, multicellular metazoa (animals). Microbes are known to confer increased metabolic efficiency, increased nutrient recovery, and tolerance of ocean acidity to basal taxa such as sponges, arguably the extant taxa most comparable to the first metazoan. We hypothesize that metazoan origins may be rooted in the capability to compartmentalize, metabolize, and exchange genetic material with a modulated microbiome. We present evidence that the most parsimonious adaptive response of clonal eukaryotic colonies experiencing oligotrophic (nutrient-limited) conditions that accompanied Neoproterozoic glaciation events, which were broadly contemporaneous with metazoan origins, is to evolve a morphological volume to harbor a densified microbiome. Dense microbial communities housed within a cavity would increase instances of horizontal gene transfer between microorganisms and host, accelerating evolutionary innovation at the genetic and epigenetic levels for the holobiont. The accelerated tempo of genetic exchange would continue until the host's metabolic and reproductive cells became spatially and temporally segregated from one another, at which point the process is effectively suppressed with the emergence of specialized gut and reproductive tissues. This framework may lead to new, testable hypotheses regarding metazoan evolution on Earth and a more tractable means of estimating the pervasiveness of complex, multicellular animal-like life with convergent morphologies on other planets.

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The origin of animals as microbial host volumes in nutrient-limited seas

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1 ABSTRACT

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The microbe-stuffed gut, rather than the genome, represents the most dynamic gene reservoir 3 4 within complex, multicellular metazoa (animals). Microbes are known to confer increased 5 metabolic efficiency, increased nutrient recovery, and tolerance of ocean acidity to basal taxa 6 such as sponges, arguably the extant taxa most comparable to the first metazoan. We hypothesize that metazoan origins may be rooted in the capability to compartmentalize, 7 8 metabolize, and exchange genetic material with a modulated microbiome. We present evidence 9 that the most parsimonious adaptive response of clonal eukaryotic colonies experiencing oligotrophic (nutrient-limited) conditions that accompanied Neoproterozoic glaciation events, 10 11 which were broadly contemporaneous with metazoan origins, is to evolve a morphological volume to harbor a densified microbiome. Dense microbial communities housed within a cavity would 12 increase instances of horizontal gene transfer between microorganisms and host, accelerating 13 14 evolutionary innovation at the genetic and epigenetic levels for the holobiont. The accelerated 15 tempo of genetic exchange would continue until the host's metabolic and reproductive cells became spatially and temporally segregated from one another, at which point the process is 16 17 effectively suppressed with the emergence of specialized gut and reproductive tissues. This 18 framework may lead to new, testable hypotheses regarding metazoan evolution on Earth and a 19 more tractable means of estimating the pervasiveness of complex, multicellular animal-like life 20 with convergent morphologies on other planets. 21

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24 INTRODUCTION

25 How did animals arise from earlier eukaryotic ancestors? The emergence of a complex, 26 multicellular respiring organism with distinct soma and germ cell lines from unicellular (Michod 2007) or colonial predecessors continues to be an active area of research (Budd and Jensen 27 2017; Chen et al. 2015; dos Reis et al. 2015; Sperling et al. 2015). Investigation of such a 28 biological innovation must link factors such as protistan-grade morphogenetic variation, 29 environmental variability, and eukaryotic and prokaryotic ecological feedback to the emergence 30 of the metazoan body plan (Hays 2015). A pernicious mirror to the question 'What triggered the 31 32 Cambrian explosion?' also lies in plain sight: why did metazoan complexification essentially 33 cease after the emergence of the bilaterian body plan? There are no obvious reasons why 34 bilaterianism should represent a macroevolutionary zenith for metazoan complexification-five 35 hundred million years of animalian structural stasis (variations on a bilaterian theme) are perhaps 36 just as mysterious as the Cambrian explosion itself, but it is unclear if the two phenomena are 37 linked.

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The fossil record is enigmatic regarding intermediate macroevolutionary states that link early eukaryotes to the appearance of metazoa. Preceding the "Cambrian explosion" eukaryotic fossils are mostly limited to acritarchs, common fossils interpreted as protistan-grade remains of unknown phylogenetic affinity (Peterson and Butterfield 2005). Molecular clocks tuned with paleontological data set metazoan emergence around 660 Ma (Peterson and Butterfield 2005). These dates suggest the Neoproterozoic (1000 Ma to 541 Ma) as the geological era most

consistent with metazoan emergence (Peterson et al. 2005). The Neoproterozoic fossil record is 1 2 interrupted by intermittent low-latitude glaciations ('Snowball Earth' events), the first occurring 3 around 710 Ma known as the Sturtian glaciation (Hoffman et al. 1998). Sedimentary features from 4 the Trezona Formation in south Australia have been interpreted as remains of organisms thought 5 to lie at the base of metazoa (Maloof et al. 2010). There is evidence for another global glaciation around 635 Ma (Marinoan), followed by a period of glacial guiescence, and another short period 6 7 of glaciation (Gaskiers). At approximately 580 Ma the Ediaracan biota, with relatively large size 8 and coordinated but enigmatic body plans, emerge (Laflamme 2014). Whether these organisms were the predecessors to bilaterian organisms (Cuthill and Morris 2017) or whether they 9 represent 'failed experiments' in complex multicellularity that went extinct has not been 10 11 conclusively resolved. What is certain is that the Ediacara represent a jump in size and complexity compared to nearly anything that came before them (Hoyal Cuthill and Conway 12 13 Morris 2014), and that their demise coincides with the establishment of animalian organisms, 14 robust predator/prey animalian behaviors and physiologies, and bioturbation of the sediment-15 water interface in shallow marine environments (Erwin and Valentine 2013).

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17 Phylogenetic comparisons help fill evolutionary gaps where fossils are inconclusive or missing (Donoghue and Benton 2007). The simplest and closest common ancestor of all metazoa are 18 choanoflagellates (King et al. 2008; Laflamme 2014). Choanoflagellates spend most of their life 19 20 cycle as unicellular organisms, but are capable of forming multicellular colonies by failing to 21 separate individuals at the last step of reproduction. As has long been pointed out by Haeckel 22 (1874), and expanded upon by Cavalier-Smith (2017), individual choanoflagellates also resemble 23 the individual choanocyte cells of sponges, the simplest metazoan organisms in modern oceans. 24 Anatomical comparisons and phylogenetic data demonstrate that metazoans evolved from a 25 sponge-like organism which lacked tightly controlled body symmetry or highly differentiated 26 tissues (Müller 2003).

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Many different ideas offer insight into potential drivers for metazoan evolution, and many of these 28 drivers are not mutually exclusive. The most widespread explanation is the 'Oxygen Control 29 Hypothesis', namely that an increase in available dissolved oxygen drove metazoan evolution 30 from protistan predecessors due to increased energetic availability provided by oxygen 31 respiration (Knoll 1992). However, emerging geochemical evidence suggests that the oxygen 32 requirements of early metazoans were met much earlier than generally thought (Mills and 33 Canfield 2014; Zhang et al. 2016). As such, ample oxygen availability implies additional biological 34 innovations, ecological pressures, or environmental constraints necessary for metazoan 35 36 origination (Sebé-Pedrós et al. 2017). Some have put forward that salinity (Knauth 2005) or temperature (Schwartzman 2002) thresholds would also have enabled metazoans to emerge, or 37 that initial steps in complexification evolved as a defense against ingestion by predators (Knoll 38 and Lahr 2016; Porter 2011). Apart from external drivers, it is also possible that the evolution of 39 metazoan complexity was contingent upon a lengthy process of morphogenetic complexification 40 that followed its own process of genetic, epigenetic and enzymatic trial and error (Newman and 41 Müller 2000). 42

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2 Recently-developed theories incorporate a role for holobionts in the evolution of an urmetazoan-3 a hypothetical last common ancestor of all animals (Müller 2001). This idea stems from noting 4 that choanoflagellates form colonial clusters in response to chemical signals produced by certain species of Bacteroidetes (Alegado et al. 2012; Cavalier-Smith 2017; McFall-Ngai et al. 2013; 5 McFall-Ngai 2015). This theory postulates that clades of bacteria evolved these chemical signals 6 7 to reduce the predatory effectiveness of individual choanoflagellates so as to stave off their own consumption. In this view, urmetazoans evolved in response to complex ecological interactions 8 9 with bacteria, presumably because the induction of colony formation presented selective 10 advantages for choanoflagellates that were not achievable with mostly unicellular counterparts. 11 12 Each theory indicates a possible trajectory from protists toward urmetazoans. None provide a

rigorous accounting for selective pressures or adaptive pathways across intermediate physiological states. Developmental theories are essentially agnostic with respect to whether dramatic innovations in complex multicellularity relate to climatic upheavals (such as Neoproterozoic Snowball Earth events) or how selection might promote emergence of multicellular organisms of extraordinary complexity rather than mere rearrangement of different ecological relationships among existing microbial organisms.

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20 We address these deficiencies by outlining a new model of urmetazoan emergence. Evolutionary 21 pressure caused by environmental change drove a subset of facultatively colonial protists to 22 become obligate multicellular organisms with microbial symbionts prior to the evolution of a primordial gut, forming a holobiont organism. This model compares well to physiological and 23 24 anatomical intermediate stages of eukaryotic organisms recently outlined by Cavalier-Smith 25 (2017), but includes a detailed accounting of selection factors that distinguished protistan 26 colonial aggregates from urmetazoan holobiont organisms, and provides a possible explanation 27 for why metazoan complexification plateaued with the segregation of digestive and reproductive 28 organs.

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31 URMETAZOAN ORIGINS AS HOLOBIONTS IN OLIGOTROPHIC SEAS

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Microbial symbionts perform critical roles in modern animalian ontogeny and metabolism that 33 34 may have been even more important to metazoan origins. Indeed, modern animals are "metaorganisms" - macroscopic hosts in a synergistic interdependence with bacteria, archaea, 35 36 fungi, and numerous other microbial and eukaryotic species (Bosch 2013). Microbial symbionts 37 are a universal attribute of all animalia, and may be considered as a basal trait of the ancestral 38 organism. Symbionts, owing to their sheer numbers and diversity, represent the most dynamic 39 genetic components of all metazoa and endow them with great capacity for metabolic potential, 40 ecological versatility and responsiveness to environmental change (Cavalier-Smith 2017; McFall-41 Ngai et al. 2013).

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Adaptive versatility would seem to be all the more important during the Neoproterozoic, a period 1 2 of extreme environmental change. We hypothesize that microbial refugia, stabilized by 3 extracellular polymers generated by anaerobic microbes, could exist within the inner lining of 4 colonies of protists (Figure 1). This would have occurred during a part of a life cycle wherein adult 5 choanoflagellate-like organisms were in direct physical contact with a microbial film at the 6 sediment-water interface (Adamska 2015). These relationships were for the most part ephemeral, 7 opportunistic and mutual, with limited vertical inheritance of microbial species amongst the protistan colonies. We further hypothesize that the unique oligotrophic stresses exerted by 8 9 Neoproterozoic climate fluctuations could have opened a mode of selection that favored 10 complex multicellular urmetazoans over equivalent ecological relationships between distinct 11 eukaryotic and prokaryotic populations.

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Figure 1. Conceptual depiction of the holobiont theory of metazoan origins.

The breakup of the Rhodinia supercontinent (Merdith et al. 2017) would have increased shallow 17 marine oxygenated shelf volume while the deep-sea was in early stages of oxygenation (Anbar 18 and Knoll 2002; Canfield 1998). Increased CO₂ draw-down from continental breakup (Hoffman 19 et al. 1998) coupled with increased primary production as a result of oxygenation and 20 21 phosphorus availability (Horton 2015) may have contributed to the onset of global glaciation. 22 This "Snowball Earth" event dramatically altered the fitness landscape of eukaryotic organisms 23 inhabiting the shallow marine environment (Figure 2). A globe-encircling ice sheet isolated this 24 volume of water, simultaneously reducing solar insolation, gaseous exchange with the 25 atmosphere, and the flux of mineral-derived nutrients and metal cofactors from continental weathering in the shallow marine zones that supported the majority of Earth's eukaryotic 26 organisms. Despite an overall trend throughout the Neoproterozoic of stable or slightly 27 increasing atmospheric oxygen, the shallow marine environment would have experienced 28 29 primary productivity and oxygen level declines and suffered an encroachment of euxinic 30 conditions deleterious to most eukaryotic organisms.

This array of challenging environmental conditions would have placed significant environmental 1 2 stress on eukaryotic organisms. Stresses include a need to access greater amounts of oxygen, 3 to more efficiently use dissolved organic matter (DOM), and to scavenge for scarce nutrients and 4 cofactors under conditions where primary cyanobacterial and algal productivity may have 5 dropped. The modulation of a community of microbial symbionts is one possible adaptive 6 response that can simultaneously address all of these stressors, owing to the genetic and 7 metabolic versatility afforded by microbial symbionts. The result would have been ideal for selection to have occurred, and fitness to have been conferred, at the level of the aggregate 8 9 holobiont, rather than for the hosts or symbionts alone (Moran and Sloan 2015). In the following 10 sections, we illustrate the multiple lines of evidence that link an initial facultative mutualism to 11 the evolution of an obligate urmetazoan holobiont.





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Figure 2. Depiction of environmental stresses that increased selective pressures on obligate holobionts composed of multicellular eukaryotes. Phase 1: Late Meso- and early Neoproterozoic environmental conditions exerted no particular stresses that favored selection at the level of a holobiont organism. Phase 2: Rapid onset of global glaciation events impacted shallow marine geochemical cycles in numerous ways that promoted selection for more efficient scavenging of limited nutrients. Phase 3: Increased cell lysis
 associated with heterotrophy promoted increased HGT between symbionts and hosts.

3

4 PRIMARY EFFECTS: INCREASED METABOLIC EFFICIENCY AND TURNOVER

Modern microbial symbionts are known to facilitate increased metazoan fitness under conditions
analogous to those created by Snowball Earth events. Microbe-bearing sponges are notably
adept at thriving under oligotrophic conditions in unique ways that blur the lines between fitness
advantages conferred by anatomy and by those conferred by the symbionts.

9

10 The most obvious advantage comes from improved capture of dissolved organic matter. An 11 urmetazoan would be able to process larger volumes of water, and microbial symbionts would 12 enable metabolism far beyond the feeding capacity of host cells alone. Microbial associates can 13 comprise as much as 40% of modern sponge tissue volume, with densities in excess of 10⁹ microbial cells per ml of sponge tissue (Taylor et al. 2007a). This is several orders of magnitude 14 15 higher than typical for seawater and approximately equivalent to cell densities found in microbial 16 mats or hydrothermal vents (McKinnon et al. 2009). Sponges remove the same amount of DOM 17 from the water column in 30 minutes as free-living bacteria take up in 30 days, retaining organic matter within the reef community and thereby preventing energy and nutrient losses to the open 18 ocean (De Goeij et al. 2013). An urmetazoan 'presponge' could have reasonably evolved an 19 extracellular matrix dedicated to microbial symbiont exchange (even one only fractionally 20 efficient as a modern sponge), conferring potentially significant fitness advantages to the 21 presponge host, particularly when subjected to oligotrophic conditions. 22

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24 Co-evolution of microbes and urmetazoa would also have conferred advantages regarding 25 nutrient limitation. Cyanobacterial associations would have been particularly advantageous under light-limited conditions, serving as localized sources of oxygen, organic matter and 26 27 biologically-available nitrogen (Sánchez-Baracaldo et al. 2014). Increased retention of biomass would have further enabled increased recovery of critical enzymatic cofactors that would 28 29 otherwise have come from continental weathering such as Mo, Fe and V (Och and Shields-Zhou 30 2012). An associated microbiome would also have enabled effective adaptation to oceanic 31 acidification arising from limited gas exchange with the atmosphere and increased respiration 32 beneath the ice sheet (Kasemann et al. 2010; Ribes et al. 2016).

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34 All of these specific fitness advantages would have benefited both hosts and symbionts. The 35 emergence of a coordinated water-pumping arrangement for increased DOM recovery, however 36 inefficient compared to modern sponges, would have direct ecological and morphological 37 impacts on other organisms far beyond the specific colony itself. A combination of heterotrophy and eukaryovory, perhaps for the first time in Earth's history, was conducted at the organizational 38 level of a holobiont rather than at the level of individual protists in an ecosystem. This innovation 39 40 could facilitate an unprecedented tempo of trophic and genetic interactions that were entirely localized to the holobiont and mostly inaccessible to the wider ecological community. 41

SECONDARY EFFECTS: INCREASED RATES OF HORIZONTAL GENE TRANSFER, ADAPTATION AND EVOLUTION WITHIN THE HOLOBIONT

3 Eukaryotic hosts provide a unique niche for retaining and propagating the fitness consequences 4 of horizontal gene transfer events. Large bacterial population sizes and high bacterial genetic 5 diversity enable symbiotic relationships to evolve rapidly (Fisher 1930; Pankey et al. 2017)- both 6 attributes would be expected for a densified symbiotic microbiome. However, a small eukaryotic 7 population would propagate genetic mutations more guickly, since a reduced effective 8 population increases vulnerability to stochastic genetic changes in the eukaryotic genome (Duret 9 2008). In other words, a symbiotic system characterized by prolonged contact between a small (perhaps highly specific) population of eukaryotes and a larger, diverse population of prokaryotes 10 would be predicted to lead to elevated rates of genomic change for all organisms. 11 There are multiple lines of evidence supporting this hypothetical scenario. Sponges support 12 microbial densities comparable to microbial biofilms (McKinnon et al. 2009). However, unlike 13 14 microbial biofilms, sponge-hosted microbes are collected as distinct groups that are isolated 15 from the larger environment and are in constant contact with the host. Several genome-wide 16 studies have shown that horizontal gene transfer (HGT) occurs with high frequency between 17 microbial species if they are closely related or if they coexist in the same habitat or community, conditions which also provide more opportunities for DNA transfer from bacteria to eukaryotes 18 (Lacroix and Citovsky 2016). As an urmetazoan evolved to process greater amounts of biomass 19 in seawater, this increased the amount of free-floating or 'naked' genetic material and lysed cells 20 that would have come into contact with neighboring bacterial and eukaryotic cells lining the 21 symbiont cavity, also increasing rates of HGT via gene transformation. HGT permits fast 22 acquisition of a new function important for species adaptation and survival (Koonin 2011). The 23 24 expanded genetic repertoire, enclosed proximity, high cell density and persistent symbioses 25 between microbes and eukaryotic host opens more frequent and consequential opportunities 26 for ecological interaction and HGT.

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28 Analyses of genomic data reveal that cases of HGT from bacteria to eukaryotes are relatively 29 common, and horizontal gene acquisitions are known drivers of adaptive evolution in eukaryotes 30 (Schönknecht et al. 2014). This suggests that HGT represents a potentially pervasive adaptive 31 response when certain conditions are met (Pankey et al. 2017; Sun et al. 2010). Most notably, 32 the gene ratchet mechanism ("you are what you eat") is based on the observation that many 33 protozoan eukaryotes capture other microbes as food sources (Doolittle 1998). Gene acquisition 34 ensues when lysed DNA from food sources becomes incorporated into the host cell through recombination. Lysed cells produced by heterotrophy in an urmetazoan would release abundant 35 bacterial DNA in close physical proximity to the urmetazoan host genome (Thomas and Nielsen 36 2005). 37

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The urmetazoan thus represented the emergence of a novel, genetically malleable niche that had no prior ecological parallel for either microbial or eukaryotic species. Though external environmental factors such as O₂ concentration, nutrient availability and acidity changed the fitness landscape for all shallow marine organisms, a colonial eukaryote could gain acute (i.e.,

- increased DOM recovery and metabolic efficiency) and prolonged (i.e., increased rates of HGT 1
- 2 and secondary morphogenetic sensing and control) fitness advantages by harboring a densified
- 3 microbiome that would not have been available to any other members of the existing ecology
- 4 (Figure 3).
- 5



6 7 Figure 3. Outline of feedback elements that may have facilitated holobiont urmetazoan 8 emergence. Fitness advantages conferred on a eukaryotic organism in symbiosis with a 9 densified microbiome are nested within a broader array of external environmental drivers 10 associated with Neoproterozoic oligotrohic shallow marine settings.

11

Elevated levels of genetic exchange would have been pervasive throughout the process of 12 13 holobiont evolution until a 'new normal' in genetic stability and metabolic efficiency was reached. 14 The evolution of specialized, segregated gut and reproductive tissues would have limited the 15 extent to which host/symbiont HGT could directly affect the rates of evolution of the holobiont organisms, relegating eukaryote evolution to a process that occurred mostly through sexual 16 17 genetic recombination, mutation and vertical inheritance. This would possibly account for how the pattern of Phanerozoic animal evolution that followed consisted of incremental variations on a 18 theme of bilaterianism. 19

PHYLOGENOMIC INSIGHTS FROM CHOANOFLAGELLATES 20

Choanoflagellates have served as a model organism for urmetazoan multicellularity. Their 21 genetics reflect elements of the basal metazoan unicellular organism (Adamska 2015; Cavalier-22 23 Smith 2017). Phylogenomic analyses have identified more than 100 genes of possible algal origin

24 in Monosiga, a unicellular species of choanoflagellates that is perhaps the closest protozoan

1 relative of animals (Bosch 2013). Genes of possible algal origin in *Monosiga* represent a relatively high percentage (1.12%) of the organism's total genome, approaching values typically exhibited 2 by prokaryotes (Schönknecht et al. 2014). Several genes involved in carbohydrate metabolism 3 4 appear to have been transferred independently to Monosiga. Considering that only about 14% 5 (588/4,300) of genes with annotated functions in the Monosiga genome are related to carbohydrate or amino acid metabolism, the enrichment of such genes in the identified algal 6 7 genes is significant (Sun et al. 2010). At a minimum, this demonstrates that the feeding habit of 8 choanoflagellates may be strongly implicated with increased occurrence of HGT (Doolittle 1998; 9 Keeling and Palmer 2008). If a unicellular choanoflagellate ancestor were driven by oligotrophic 10 conditions to undertake a colonial feeding habit with microbial symbionts, the rate of HGT (and thus adaptation at genetic or epigenetic levels) would be predicted to increase commensurately. 11 12 13 The choanoflagellate S. rosetta responds to sulfonolipids produced by Bacteroidetes by forming 14 colonial rosettes, triggering eukaryotic morphogenesis (Alegado et al. 2012). This has been interpreted as a response evolved by bacteria to reduce the probability of consumption by

interpreted as a response evolved by bacteria to reduce the probability of consumption by
individual choanoflagellates. Alternatively, we hypothesize that it is also possible that
choanoflagellates preserve traces of a triggered effect that lead to a holobiont organism.
Bacteroidetes are regarded as specialists for the degradation of high molecular weight organic
matter, i.e., proteins and carbohydrates (Taylor *et al.* 2007b; Thomas *et al.* 2011), which would
be logical if the relationship evolved in response to DOM limitations in oligotrophic shallow marine
environments.

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Choanoflagellates may serve as a direct vehicle for exploring urmetazoan origins. For example, some of the genes responsible for the integrin-mediated adhesion complex (IMAC) are missing from existing choanoflagellates (Brown *et al.* 2013; King *et al.* 2008). The IMAC helps facilitate cell signaling, motility and adhesion to the extracellular matrix. Engineering modern choanoflagellates with the modern or phylogenetically inferred ancestral (Kacar *et al.* 2017) IMAC systems and other associated genes responsible for sensing and modulating an external volume of a colony may regenerate traces of the phenotype that gave rise to urmetazoan intermediates.

30 ASTROBIOLOGICAL IMPLICATIONS: THE UBIQUITY OF ANIMAL-LIKE LIFE?

The relationship between metazoa and the primary energy reservoir that enables metazoan 31 32 metabolism (e.g., the oxygen content of the atmosphere on Earth) is of profound importance. 33 Our proposed holobiont hypothesis of metazoan emergence provides a new framework to 34 discuss the emergence of animal-like life on other planets. Oxygen seems to be needed for complexification (Catling et al. 2005), but may not by itself be a predictive factor for the 35 36 emergence of metazoan-grade organisms. Selection requirements may include a period of nutrient limitation long enough to prompt innovation for colonial eukaryotes to form a densified 37 holobiont organism. Accordingly, we posit that metazoan emergence is correlated to the 38 emergence of a mutually beneficial, eukaryote-curated microbiome that temporarily accelerates 39 gene transfer events. The need for environmental stress to exert selection at the level of a 40 41 holobiont suggests that planetary environments conducive to the origin of life may not necessarily lead to complex life. Animal-like life in the universe may be limited to planets that 42

1 experience dramatically changing environmental conditions over time periods long enough to

- 2 enable holobiont selection.
- 3 4

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