A peer-reviewed version of this preprint was published in PeerJ on 18 May 2018.

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Malekar VC, Morton JD, Hider RN, Cruickshank RH, Hodge S, Metcalf VJ. 2018. Effect of elevated temperature on membrane lipid saturation in Antarctic notothenioid fish. PeerJ 6:e4765 https://doi.org/10.7717/peerj.4765



Effect of elevated temperature on membrane lipid saturation in Antarctic notothenioid fish

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Homeoviscous adaptation (HVA) is a key cellular response by which fish protect their membranes against thermal stress. We investigated evolutionary HVA (long time scale) in Antarctic and non-Antarctic fish. Membrane lipid composition was determined for four Perciformes fish: two closely related Antarctic notothenioid species (Trematomus bernacchii and Pagothenia borchgrevinki); a diversified related notothenioid Antarctic icefish (Chionodraco hamatus); and a New Zealand species (Notolabrus celidotus). The membrane lipid compositions were consistent across the three Antarctic species and these were significantly different from that of the New Zealand species. Furthermore, acclimatory HVA (short time periods with seasonal changes) was investigated to determine whether stenothermal Antarctic fish, which evolved in the cold, stable environment of the Southern Ocean, have lost the acclimatory capacity to modulate their membrane saturation states, making them vulnerable to anthropogenic global warming. We compared liver membrane lipid composition in two closely related Antarctic fish species acclimated at 0 °C (control temperature), 4 °C for a period of 14 days in Trematomus bernacchii and 28 days for Pagothenia borchgrevinki, and 6 °C for 7 days in both species. Thermal acclimation at 4 °C did not result in changed membrane saturation states in either Antarctic species. Despite this, membrane functions were not compromised, as indicated by declining serum osmolality, implying positive compensation by enhanced hypoosmoregulation. Increasing the temperature to 6 °C did not change the membrane lipids of P. borchgrevinki. However, in T. bernacchii, thermal acclimation at 6 °C resulted in an increase of membrane saturated fatty acids and a decline in unsaturated fatty acids. This is the first study to show a homeoviscous response to higher temperatures in an Antarctic fish, although for only one of the two species examined.

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Effect of elevated temperature on membrane lipid saturation

2 in Antarctic notothenioid fish

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Abstract

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Homeoviscous adaptation (HVA) is a key cellular response by which fish protect their membranes 16 against thermal stress. We investigated evolutionary HVA (long time scale) in Antarctic and non-17 Antarctic fish. Membrane lipid composition was determined for four Perciformes fish: two closely 18 related Antarctic notothenioid species (Trematomus bernacchii and Pagothenia borchgrevinki); a 19 diversified related notothenioid Antarctic icefish (Chionodraco hamatus); and a New Zealand 20 species (Notolabrus celidotus). The membrane lipid compositions were consistent across the three 21 Antarctic species and these were significantly different from that of the New Zealand species. 22 23 Furthermore, acclimatory HVA (short time periods with seasonal changes) was investigated to determine whether stenothermal Antarctic fish, which evolved in the cold, stable environment of 24 25 the Southern Ocean, have lost the acclimatory capacity to modulate their membrane saturation states, making them vulnerable to anthropogenic global warming. We compared liver membrane 26 lipid composition in two closely related Antarctic fish species acclimated at 0 °C (control 27 temperature), 4 °C for a period of 14 days in *Trematomus bernacchii* and 28 days for *Pagothenia* 28 29 borchgrevinki, and 6 °C for 7 days in both species. Thermal acclimation at 4 °C did not result in changed membrane saturation states in either Antarctic species. Despite this, membrane functions 30 were not compromised, as indicated by declining serum osmolality, implying positive 31 compensation by enhanced hypo-osmoregulation. Increasing the temperature to 6 °C did not 32 change the membrane lipids of P. borchgrevinki. However, in T. bernacchii, thermal acclimation 33 at 6 °C resulted in an increase of membrane saturated fatty acids and a decline in unsaturated fatty 34 acids. This is the first study to show a homeoviscous response to higher temperatures in an 35 Antarctic fish, although for only one of the two species examined. 36



Introduction

When the cell membranes of fish and other poikilothermic organisms are subjected to thermal change, modifications in membrane lipids and fluidity may occur in order to maintain membrane properties and functions. Altered membrane composition in response to lower or higher temperature, known as homeoviscous adaptation (HVA), is observed across all poikilotherms (Hazel & Williams 1990). HVAs that occur over short periods during the lifetime of an individual are acclimatory adaptive changes; e.g. as observed in eurythermic temperate fish, which possess a broad thermal adaptable range. Acclimation to lower temperature results in increases in the proportion of unsaturated fatty acids in membranes, to allow optimal membrane fluidity to be maintained. This suggests a protective role of the homeoviscous response in short-term acclimation (Skalli et al. 2006; Snyder et al. 2012). In contrast to these acclimatory adaptive changes observed in non-Antarctic fish, the HVA response in Antarctic fish can be a long-term evolutionary adaptive change in response to the low temperatures experienced in the Southern Ocean. Antarctic notothenioid fish, for example, display an evolutionary adaptive mechanisms where their cell membranes possess an increased proportion of unsaturated fatty acids (Hazel 1995).

Marine Antarctic ectotherms are stenothermal as they experience negligible seasonal variation (-1.9 °C to approximately 1.8 °C), resulting in limited ability to adapt to temperature variation (Somero 2010), and increased vulnerability to climate change effects (Aronson et al. 2011). In temperate and tropical latitudes, marine ectotherms experience much greater seasonal variation in temperature, and are correspondingly more thermally tolerant or eurythermal (Aronson et al. 2011). Evolution of stenotherms in a "stable ice bath" has involved many critical changes in the genome that facilitate life in extreme cold, such as losses of certain traits that are no longer required (Pörtner et al. 2007). Loss of heat shock response (HSR) has been observed in Antarctic fish (Hofmann et al. 2000), resulting in extreme stenothermality due to an incapability to minimise damage to their protein pool caused by elevated temperatures (Podrabsky 2009). Homeoviscous adaptation to the constant cold temperatures of the Southern Ocean is one of the key evolutionary adaptive changes in Antarctic notothenioid fish, but it is not known whether they have the capacity to change their membrane saturation states in response to warmer temperatures, as one trade-off cost for stenothermality may be reduced adaptive capacity.



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Anthropogenic global warming (AGW) poses a threat to polar and especially stenothermal polar 66 species, and there is a need to determine the impact of warmer temperatures on the acclimatory 67 responses of these species, including cellular membrane remodelling. There is evidence that 68 Antarctic fish may not exhibit an acclimatory HVA response to transient temperature changes, as 69 unchanged membrane lipid saturation states were observed in Antarctic fish (Trematomus 70 bernacchii and T. newnesi) acclimated to a temperature of 4 °C for five weeks (Gonzalez-Cabrera 71 et al. 1995). However, these fish showed positive compensation with an increase in the Na+/K (+)-72 ATPase activity and a decline in the serum osmolality, implying that membrane functions were 73 not compromised in spite of the unmodified saturation states. 74

Temperature is also a major determinant of membrane-cholesterol levels, with high membrane cholesterol observed in warm-acclimated marine copepods (Hassett & Crockett 2009). Levels of cholesterol have been shown to increase at higher temperatures resulting in reduced membrane fluidity (Crockett 1998). It is not known whether Antarctic fish share this adaptive membrane cholesterol change in response to increased temperature.

This study aimed to investigate both evolutionary and acclimatory HVA responses in Antarctic fish, and brings together existing evidence, along with new experimental data, to understand the evolutionary adaptive response associated with cold tolerance. Firstly, to investigate evolutionary adaptive HVA in cold-water fish, we established the normal lipid saturation profile of liver tissue from three Antarctic fish species collected in their normal physiological temperature for comparison with a non-Antarctic New Zealand fish species. More specifically, we compared liver membrane lipid profiles of two closely related Antarctic species, *Pagothenia borchgrevinki* (PB) and Trematomus bernacchii (TB), and a more distantly related icefish species Chionodraco hamatus (CH) of Antarctic notothenioid fish, as well as the non-Antarctic Perciformes species Notolabrus celidotus (NC). Icefish have evolved a suite of physiological adaptations to account for their loss of haemoglobin (Kock 2005), following their diversification from the other Antarctic notothenioids, and we sought to determine whether CH had a different membrane lipid profile to the two closely related Antarctic fish species (PB and TB). Previous study indicates that erythrocyte membranes of icefish have fluidity consistent with those of TB, but with observed lipid differences (Palmerini et al. 2009). It is unknown whether the membrane lipid composition of other icefish tissues, especially liver, also differs from other notothenioids. Secondly, we



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- 96 investigated the acclimatory response of Antarctic fish to higher temperatures by examining
- 97 whether thermal stress at 4 °C and 6 °C resulted in membrane restructuring in two Antarctic fish
- 98 species (PB and TB), as indicated by altered membrane saturation states and cholesterol content.
- 99 We hypothesised that membrane saturation, the major thermal adaptive mechanism, would occur
- only at reduced levels in Antarctic notothenioid fish as a response to elevated temperatures due
- their stenothermal nature, and thus make them vulnerable to the effects of AGW.

Materials and Methods

Fish samples and experimental design

The fish species used in the study are described in Table 1, and details of the fish harvest and husbandry are provided in S1 (supporting information). The field study comprising thermal acclimation experiments were conducted in the laboratory facilities at Scott Base, Antarctica approved by Antarctica New Zealand (K058 - 2007/2008). The procedures of fish handling were approved by the Animal Ethics Committees at the University of Canterbury (AEC 2006/2R and 2008/11R). Liver tissue from Antarctic notothenioid and non-Antarctic fish species sampled from their normal habitat were taken for the establishment of normal lipid profiles. PB and TB and CH were compared with the non-Antarctic fish NC, a common native New Zealand Perciformes species (Ayling & Cox 1982). NC is non-migratory and has a broad thermal range (eurythermal), experiencing daily and seasonal variations in temperature (Jones 1984). PB and TB samples comprised the pre-acclimation controls of the thermal acclimation experiment described in S1 (supporting information), while sampling locations of CH and NC are provided in Table 1. Briefly, with respect to the thermal acclimation experiments, the fish were initially held at an ambient temperature of -1 °C. Fish were transferred to tanks for the experiment where the temperature was raised to the target temperature over 1 to 3 days and then maintained at that temperature. PB was acclimated for 28 days but TB species was only acclimated for 14 days primarily due to limitations in the Antarctic aguaria space and duration of the field season. Standard procedures were involved in liver tissue collection for all fish (S1 supporting information).



122 Phospholipid fatty acid analysis

Lipid extraction

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- The lipid extraction method followed that of Folch et al. (Folch et al. 1957) but was modified as
- follows. Total lipids were extracted from 0.2 g frozen liver tissue. Samples were ground under
- liquid nitrogen and suspended in 6 ml of dichloromethane/methanol 2:1, 0.01 % butylated
- hydroxytoluene (BHT). After sonication (W-225 from Watson Victor) for 5 minutes, 2 ml of 0.88%
- 128 potassium chloride was added. The samples were vortexed for two minutes and centrifuged at
- 129 1000 g for 5 minutes. The aqueous layer was re-extracted with 2 ml of dichloromethane/methanol
- 2:1, 0.01 % BHT and the two organic layers combined and dried under nitrogen. Dried samples
- were then stored at 4 °C until fractionation.

Lipid fractionation

- The lipid fractionation method followed that of Zelles (Zelles 1997), but was modified as follows.
- Phospholipids were separated by re-suspending the total lipid extracts in chloroform and loading
- on to a solid phase extraction column (Biotage isolute SI 500 mg 6 ml SPE). The sample was
- allowed to stand for 2 minutes in the column and the lipids sequentially eluted with 5ml of
- chloroform for elution of neutral lipids, 5ml of acetone for glycolipids and 5ml of methanol for
- phospholipids. The phospholipid fraction was dried with nitrogen then stored at 4 °C before
- 139 proceeding with methylation.

Methylation

- 141 The tubes containing the evaporated samples were brought to room temperature and 1 ml of
- tetrahydrofuran: methanol (1:1v/v) was added, then vortexed for 30 seconds. 1 ml of 0.2M
- potassium hydroxide was added followed by 30 seconds vortex and incubation at 37 °C for 15
- minutes. After incubation, 2 ml of hexane: chloroform (4:1) plus 0.3 ml of 1M acetic acid and 2
- 145 ml of deionised water were added and vortexed for 1 minute followed by centrifugation at 1000 g
- 146 for 5 minutes. The top organic layer was transferred to a holding tube and 2 ml of hexane:
- chloroform (4:1) was added to the lower aqueous layer and vortexed for 1 minute followed by
- centrifugation at 1000 g for 5 minutes. The top organic layer was transferred to the holding tube
- containing the first organic fraction. The organic layer was evaporated under N₂ in a water bath at



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- 150 37 °C. Hexane (50 μl) was added to the evaporated organic layer and this was then transferred to
- a 150 μl insert with a poly spring held in an amber vial for GC analysis.

Gas chromatographic separation

- 153 Fatty acid methyl esters were analysed on a Shimadzu GC-2010 Gas Chromatograph (Shimadzu,
- Tokyo, Japan) fitted with a silica capillary column (Varian CP7420, 100m, ID 0.25mm, film
- thickness 0.25μm, Serial # 6005241) and helium flow 0.96ml/minute. The split ratio was 15 to 1
- and the injector temperature was 250 °C. The initial column temperature was 45 °C for 4 minutes,
- then ramped at 13 °C/minute to 175 °C held for 27 minutes before another ramp of 4 °C/minute to
- 215 °C. This temperature was held for 35 minutes before a final ramp 25 °C/minute to 245 °C for
- 5 minutes. All GLC conditions were based on adapting the initial conditions indicated by Lee and
- 160 Tweed (Lee & Tweed 2008). A flame ionisation detector was used at 310 °C and fatty acids were
- identified by comparison of retention times to standards (GLC 463, NuChek). Known fatty acids
- are reported as a percentage of total fatty acids and fatty acids less than 1% were not reported.

Membrane cholesterol analysis

- 164 Cholesterol was extracted with dichloromethane: methanol from 50 mg of liver tissue re-
- suspended in 1 ml of 2-methoxymethane, then stored at -80 °C (Gonzalez et al. 2013). The free
- 166 cholesterol was measured using the cholesterol fluorometric assay 10007640 following the
- manufacturer's instructions (https://www.caymanchem.com/pdfs/, Kit item number 10007640)
- and read on a Fluorostar omega microplate reader (BMG Labtech).

Plasma osmolality determination

Collection and storage of plasma samples

- 171 Blood samples from the experimental Antarctic fish (TB, PB) were collected at Scott Base Wet
- Laboratory. The temperature of the Wet Laboratory was constantly below 5 °C. The experimental
- 173 fish were anaesthetised for five minutes by administration of 0.1 g L-1 solution of MS222 (ethyl
- m-amino benzoate methane sulphonate) dissolved in sea water. Blood samples were immediately
- drawn by cardiac puncture with a 25 gauge needle. Blood volume of 0.5 to 1.0 ml was collected
- into a tube containing anti-coagulant. The collected blood was centrifuged at 3000 g for two
- minutes for the plasma separation. The resultant blood plasma was collected and snap frozen in



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- 178 liquid nitrogen and transported to New Zealand in an insulated container containing dry ice and
- then stored at -80 °C. Plasma from fish samples from both the species acclimated to 4 °C and the
- 180 control temperature of 0 °C, and collected at all the time-points, were taken for osmolality analysis.
- 181 The plasma samples were thawed to room temperature and 10 µl plasma aliquots were taken for
- osmolality determination. Osmolality was measured using a Wescor 5520 C vapour pressure
- osmometer, which was calibrated with standard solutions before the measurements.

Calculations and statistics

- All statistical analysis was performed using Minitab v17 software. Comparison of lipid profiles of
- the different species was performed using principal component analysis (PCA) based on a
- 187 correlation matrix. The raw data consisted of a matrix of the percent contribution of each
- phospholipid fatty acid in each sample. The data were not transformed prior to analysis. One way
- ANOVA followed by a Holm-Sidak post hoc test was performed to compare individual fatty acids
- among the four fish species.
- 191 Desaturase index (DSI) for Δ9-desaturase/Stearoyl-CoA desaturase (SCD) was calculated as the
- ratio of product to precursor of the individual fatty acids using the formula: C16:1c9/C16:0 and
- 193 C18:1c9/C18:0)(Cormier et al. 2014). Two particular unsaturated fatty acids (C16:1c9 and
- 194 C18:1c9) were used for DSI, as the ratio of (C16:1c9/C16:0) and (C18:1c9/C18:0) has been shown
- to correlate with Stearoyl-CoA desaturase activity, degree of desaturation and membrane fluidity
- in a previous study (Hsieh & Kuo 2005).
- 197 Two-way ANOVA was used to assess the effects of temperature (control 0 °C and acclimated 4
- 198 °C), acclimation time (days) and the interaction between temperature and time on plasma
- osmolality. A Holm-Sidak post hoc test was subsequently used to determine which treatments
- 200 differed significantly. Remaining data analysis in the 4 °C and 6 °C thermal acclimation trials was
- 201 performed using an unpaired Student t test.

Results and Discussion

203 Novelty of the study and key results

- This is the first study to show that higher temperature acclimation can induce a homeoviscous
- 205 response in an Antarctic fish species; the response was dominated by changes in membrane



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unsaturation while membrane cholesterol remain unchanged. Our results also reveal that the 206 presence of a homeoviscous response can vary depending on the Antarctic fish species. Thermal 207 acclimation to 4 °C did not induce the HVA response in either of the Antarctic species TB or PB. 208 However, an HVA response was induced in one of the Antarctic fish species, TB, when it was 209 acclimated to a warming temperature of 6 °C. In addition, apart from palmitic acid which had 210 similar levels in icefish and the non-Antarctic fish species, the membrane fatty acid composition 211 of Antarctic fish species was found to differ from that of a non-Antarctic fish species at their 212 respective typical environmental temperatures. 213

Distinct phospholipid fatty acid composition of Antarctic species

The first two principal components (PCs) of the PCA of the phospholipid profiles explained 76.4

216 % of the variance in the data matrix. The PCA clearly separated the phospholipid profiles of the

three Antarctic fish species (PB, TB and CH) from the samples obtained from the non-Antarctic

218 species (NC) along PC1 (Figure 1). The non-Antarctic fish NC was associated with high

proportions of saturated fatty acids (C18:0) and the PUFA (C20:4), while the Antarctic species (all

220 three) were associated with high MUFAs (C16:1c9, C18:1c11, C20:1c11 and an unknown

221 MUFA), and PUFA (C20:5) (Figure 1; Table 2). Within the Antarctic species, the phospholipid

222 profiles of closely-related species TB and PB were separated from those of the more distantly-

related CH along PC2 (Figure 1). CH was associated with relatively high proportions of the SFA

224 C16:0 and the MUFAs C18:1c9 and 20:1c11, whereas PB and TB had higher levels of the MUFA

225 C16:1c9 and the unknown MUFA.

Generally the eurythermal NC had a significantly higher total SFA and lower total MUFA when

227 compared to the Antarctic fish species, but this distinction was not specific for the total PUFA

228 (Table 2). Our results suggest that the Antarctic fish species membrane fatty acid profiles are

relatively consistent and distinct when compared to the eurythermal species(NC) (Figure 1; Table

230 2). Stenothermal fish species such as Antarctic fish exist in constant cold and have a narrow

thermal adaptable range, and have been reported to have higher percentages of unsaturated fatty

232 acids than temperate fish or eurythermal fish (Logue et al. 2000). Similarly liver microsomes of

233 Antarctic fish Disostichus mawsomi had higher percentages of MUFA when compared to the

temperate fish such as trout and carp (Römisch et al. 2003). In our study it's the overall MUFA

and some specific PUFA that are higher in Antarctic than the non-Antarctic fish species suggestive



of a central role of MUFA than PUFA in cold adaptation for Antarctic fish, and this phenomenon 236 is considered as part of adaptive homeoviscous response in the fish acquired over their 237 evolutionary history (Cossins 1977; Hsieh & Kuo 2005; Trueman et al. 2000; Williams & Hazel 238 1995). A key question of this study was to determine whether the recently diversified icefish (CH) 239 differ in their membrane lipids when compared to the other Antarctic fish species. This study 240 shows that proportions of saturated fatty acids (SFAs), primarily palmitic acid (C16:0), were 241 similar in the Antarctic species CH and the non-Antarctic species NC; both of these species had 242 significantly higher levels of C16:0 compared to the Antarctic species TB and PB (Table 2). Higher 243 proportions of C16:0 in the membranes of the icefish liver could be one feature acquired after 244 diversification from the other Antarctic species. A previous study on the erythrocyte membrane 245 lipids of CH showed higher levels of unsaturated longer chain fatty acids such as C:20-C:22, 246 while shorter chain fatty acids such as C:16 and C:18 became unsaturated in TB, with both species 247 having consistent membrane fluidity (Palmerini et al. 2009). The icefish species could thus have 248 evolved specific adaptations in liver membrane lipids, such as higher C16:0 levels in liver 249 membranes, as shown in the present study, and unsaturation of longer chain fatty acids in 250 251 erythrocyte cell membranes (Palmerini et al. 2009). 252 Palmitic acid was significantly lower for the two closely related Antarctic species (TB and PB) than the New Zealand species NC, and the other Antarctic species CH (Table 2), and also formed 253 the major fraction of the total saturated fatty acids in the Antarctic fish species. Stearic acid (18:0) 254 was significantly lower in all three Antarctic species and formed the minor fraction. Palmitic acid 255 256 has a role in cold adaptation of membranes (Farkas et al. 1994) and may be the reason for the predominance of palmitic acid among the saturated fatty acids in our study (Table 2). These results 257 align with a study comparing the phospholipid compositions of muscle tissue in 15 marine species 258 from the southeast Brazilian coast and two species from East Antarctica, where palmitic acid 259 comprised 54-63% of the total SFA content (Visentainer et al. 2007); and another study examining 260 the total fatty acid content for all organs in two Antarctic species, Notothenia coriiceps and 261 Notothenia rossii, where palmitic acid represented 16 - 30% of the total FA content for all organs 262 (Magalhaes et al. 2010). Apart from high palmitic acid in Antarctic fish, increases in palmitic acid 263 due to cold acclimation was observed in a study comparing two confamiliar species from different 264 thermal habitats in the muscle of Antarctic eelpout, Pachycara brachycephalum in comparison to 265 266 the temperate eelpout *Zoarces* (Brodte et al. 2008).



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Components of MUFA enhance membrane fluidity

All three Antarctic fish species were associated with high levels of monounsaturated fatty acids 268 (MUFA) associated with membrane fluidity, such as palmitoleic acid (C16:1c9), cis-vaccenic acid 269 (C18:1c11), eicosenoate (C20:1c11) and total MUFA (Figure 1; Table 2). Other studies have 270 reported high cis-vaccenic acid in membranes of the Antarctic fish Pleuragramma antarcticum 271 (Mayzaud et al. 2011), high latitude fish of the sub-Arctic (Murzina et al. 2013), and 272 Caenorhabditis elegans worms exposed to cold (Murray et al. 2007). Cis-vaccenic acid has been 273 shown to enhance glucose transport in adipocytes (Pilch et al. 1980) and serotonin transport in 274 275 endothelial cells (Block & Edwards 1987). The conformation of unsaturated cis-vaccenic acid presents a possible structural advantage and has a potential role in maintaining membrane fluidity, 276 which may be the reason for its selective incorporation in the membranes of Antarctic fish. Lower 277 growth temperature has also been shown to increase the amount of cis-vaccenic acid in E.coli and 278 279 decrease the amount of palmitic acid incorporated in their membranes (Marr & Ingraham 1962).

EPA could offer additional roles other than membrane fluidity

Antarctic fish species had significantly lower levels of arachidonic acid (ARA, C20:4c5, 8, 11, 14) and higher levels of eicosapentaenoic acid (EPA, C20:5c5, 8, 11, 14, 17) than non-Antarctic species (Figure 1; Table 2). Levels of docosahexaenoic acid (DHA, C22:6c4, 7, 10, 13, 16, 19) were not significantly different between Antarctic and non-Antarctic species (Table 2). Higher EPA proportions in the Antarctic fish species included in our study is in alignment with high EPA levels observed in muscle phospholipids of Antarctic fish from the Weddell and Lazarev Seas (Hagen et al. 2000), in Antarctic silverfish, *Pleuragramma antarcticum* (Mayzaud et al. 2011), in cold acclimated fresh water alewives (Alosa pseudoharengus) (Snyder et al. 2012) and in cold acclimated Caenorhabditis elegans (Murray et al. 2007). Higher EPA in Antarctic species, and high EPA induced by cold acclimation in other species, suggest that EPA may play a role associated with cold tolerance, such as anti-inflammation or membrane stabilization. It has been suggested that DHA may possess a structural advantage over EPA in contributing to membrane fluidity due to the expanded molecular conformation of DHA (Hashimoto et al. 2006). We did not see an increase in DHA and perhaps MUFA perform this role in Antarctic species. EPA, but not DHA, has been shown to be a potent anti-inflammatory agent, whereas ARA is highly proinflammatory (Sears & Ricordi 2011; Seki et al. 2009). Hypercholesteraemic rats, in whose



membrane fluidity is reduced, have been shown to display increased membrane fluidity in their platelets when fed DHA but not when fed EPA (Hashimoto et al. 2006). EPA may help in stabilization of hyper fluid membranes, as indicated by a study of the bacterium Shewanella violacea (Usui et al. 2012). EPA is one of the major (n-3) PUFAs present in the membranes of the Antarctic fish and contrary to other studies we do not observe correlation of DHA with membrane unsaturation, suggestive of modulation of particular fatty acids in HVA response. How these fatty acids (EPA, DHA and MUFA) contribute to fluidity and any other roles need further investigation in a larger range of fish species.

Lack of distinction of membrane cholesterol between Antarctic fish and a New Zealand fish species.

Membrane cholesterol was higher in the non-Antarctic New Zealand species NC than the Antarctic species PB, but not different to CH and TB (Figure 2). In general, ectotherms adapted to lower temperature have shown to have reduced cholesterol levels primarily for maintenance of fluid state of membranes (Crockett 1998). Contrary to the trend of a direct relationship with membrane cholesterol and habitat temperature, a higher percentage of cholesterol in muscle was observed in the higher Arctic fish species *Leptoclinus maculatus* in comparison to the related sub-Arctic species *Lumpenus fabricii* (Murzina et al. 2013). Currently there is limited data on the membrane cholesterol of Antarctic fish species. Our study showed cholesterol content varies with species, rather than the habitat temperature, a similar finding to those of (Palmerini et al. 2009) where cholesterol in erythrocyte ghost membranes was highest in CH, followed by the non-Antarctic species *Anguilla anguilla*, and then lower in other Antarctic and non-Antarctic species. Thus, membrane cholesterol from further Antarctic species and from different tissues needs to be determined to establish its role in homeoviscous adaptation.

Lack of homeoviscous response in Antarctic species at 4 °C thermal acclimation

Thermal acclimation at 4 °C did not induce the major common cellular homeoviscous response in either the pelagic species (PB) or the benthic species (TB) after 28 or 14 days, respectively (Table 3). The was no change in the desaturase index D(C16:1c9/C16:0) and (C18:1c9/C18:0) in either species (Table 3). In TB, thermal acclimation changed the PUFA profile with a decrease in EPA (C20:5c 5, 8,11,14,17) levels and an increase in the amount of DHA (C22:6c4,7,10,13,16,19) (Table 3). As explained above, EPA levels may have a specific function in the extreme cold.



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perhaps in stabilizing membranes (Usui et al. 2012), or a protective role by reducing inflammation 327 (Sears & Ricordi 2011; Seki et al. 2009). The present findings of unchanged saturation states for 328 PB and TB align with previous thermal acclimation experiments at 4°C in the benthic Antarctic 329 notothenioid species *T. bernacchii* and *Trematomus newnesi*, where membrane unsaturation states 330 were unchanged and there was no sign of an HVA response in the membranes of gills, kidneys, 331 liver and muscle (Gonzalez-Cabrera et al. 1995). Similarly, mitochondrial membrane saturation 332 states were also unchanged upon thermal acclimation and acidification, in the Antarctic species 333 Notothenia rossii acclimated at 7 °C and the sub-Antarctic species Lepidonotothen squamifrons 334 acclimated at 9 °C (Strobel et al. 2013). Our findings have extended these observations to a 335 cryopelagic species (PB), as well as confirming the lack of change in membrane saturation state 336 in the benthic species TB. 337

Thermal acclimation has no effect on membrane cholesterol in the Antarctic species

- Cholesterol is known to counter the effects of increased temperature on membrane lipids and an increase in cholesterol is often observed at high temperatures (Crockett 1998). The structure of cholesterol mimics phospholipid structure and intercalates in the phospholipid membrane bilayer, resulting in an increase in membrane order and a reduction in membrane fluidity (Crockett 1998). However, the membrane cholesterol in PB as well as TB was unaffected by thermal acclimation (Figure 3; P>0.05). This may be a tissue-specific effect as increased temperature resulted in a significant decline of cholesterol in the gill membranes of goldfish, but had no effect on the brain
- and liver cholesterol concentration (Gonzalez et al. 2013).

Thermal acclimation results in a decline in plasma osmolality in both Antarctic species

Plasma osmolality gives an indication of the functioning of membranes. An inverse relationship exists between serum osmolality and water temperature. In an analysis of 11 teleost species, the serum concentration of Antarctic species was higher than the temperate species (Dobbs & DeVries 1975). Fish inhabiting cold waters have high serum inorganic ion concentrations and these inorganic ions have been shown to have protective roles in freezing avoidance by decreasing the melting point (O'Grady & DeVries 1982). The plasma osmolality change over the 28 days of thermal acclimation at 4 °C in PB is presented in Figure 4. Overall, irrespective of days of acclimation the osmolality at 4 °C was significantly lower in PB (P<0.01), while a numerical but



non-significantly decline with temperature increase was observed for TB. At Day 2, the plasma osmolality was significantly higher in thermally acclimated PB, but not in TB. This transient increase in osmolality has been attributed to increased efflux of water and retention of ions, mainly due to the alteration of permeability to ions brought about by the release of stress hormones, cortisol and catecholamine (Lowe & Davison 2005). It is unclear why this transient increase in osmolality is seen in PB but not TB. The osmolality fell in both species after Day 3 of thermal acclimation and the reduction was significant at Day 7 (P<0.01). Plasma osmolality in PB at 0 °C over the 28 days of acclimation remained unchanged (P>0.05). The plasma osmolality showed a decreasing trend over the 14 day acclimation to 4 °C in TB, but this was not statistically significant (Figure 4). In our study, thermal acclimation caused a decline in serum osmolality for PB. Other studies have also shown reduced osmolality upon thermal acclimation (Gonzalez-Cabrera et al. 1995; Guynn et al. 2002; Hudson et al. 2008; Lowe & Davison 2005) which in some cases has been attributed to increased Na+/K+ -ATPase activity (Guynn et al. 2002). The ability of these fish to control osmolality indicated that membranes were still functioning at 4 °C.

Thermal acclimation at 6 °C results in an HVA response in *T. bernacchii*, but not in the pelagic species *P. borchgrevinki*

One of the key HVA responses is the change in the saturation states of membrane phospholipids (Hazel 1995). TB exhibited an HVA response at 6 °C (Figure 5), as shown by the increase in overall SFAs due to an increase in stearic acid, along with a decline in MUFA component eicosenoic acid (C20:1c11), total MUFAs and the PUFA component EPA (C20:5c5,8,11,14,17), while a significant increase in DHA (C22:6c4,7,10,13,16,19) was observed. Saturated fatty acids reduce membrane fluidity and offset the effects of increased temperature (Hazel 1995). Previous studies of non-Antarctic fish species have shown that warm acclimation resulted in increased SFA and a decline in PUFAs *viz.*, EPA, DHA and ARA in brain phospholipids of *Dicentrarchus labrax* (Skalli et al. 2006), which has also been seen in fresh water alewives (*Alosa pseudoharengus*) (Snyder et al. 2012). In yellow perch (*Perca flavescens*) warm acclimation resulted in decline of MUFA and PUFA in muscle phospholipids (Fadhlaoui & Couture 2016). Although, the mechanism of HVA response upon warm acclimation is primarily dominated by a decrease in unsaturation, within this we observed an increase in DHA upon warm acclimation in TB at 4 °C (Table 3) and at 6 °C (Figure 6), suggesting that particular fatty acids are modulated by temperature which could differ with tissue type and individual fish species. Tissue specific responses were also



observed when warm acclimation induced an increase in DHA and palmitic acid in goldfish liver. 388 but not in brain, gill and muscle membrane lipids (Gonzalez et al. 2013) and also the role of DHA 389 have shown to vary among the eurythermal and stenothermal fish (Brodte et al. 2008). In 390 eurythermal fish DHA is involved in cold acclimation as seen by increase in DHA of mitochondrial 391 phospholipids with cold acclimation in rainbow trout (Guderley et al. 1997), similarly cold 392 acclimation in carp resulted in DHA increase in liver phospholipids (Farkas et al. 1980). While in 393 this study, increase in DHA in stenothermal Antarctic fish TB with temperature increase suggest, 394 DHA does not participate in cold adaptation. Similarly in the Antarctic fish Pachychara 395 bracycephalum, high DHA correlated with temperature of highest growth in the muscle and liver 396 tissue suggestive of a role in growth rather than with cold adaptation (Brodte et al. 2008). Thus 397 our study supports the dual role of DHA depending on thermal environment of fishes. 398 In PB we found that 6 °C did not induce a significant HVA response (Figure 6, although there was 399 a decline in the MUFA component eicosenoic acid. Warm acclimation in both TB and PB caused 400 a significant reduction of eicosenoic acid (Figure 5 and 6). At their normal environmental 401 temperature, these fish are found to have high proportions of eicosenoic acid in their membranes. 402 403 as shown in analysis of the general phospholipid profile (Figure 1), when compared to the New Zealand species, in which it was not detected. A similar role of eicosenoic acid in HVA response 404 405 was observed in warm acclimated goldfish, with a decrease in the percent eicosenoic acid of brain and muscle phospholipids (Gonzalez et al. 2013). Apart from the reduction in eicoseonic acid, a 406 407 major HVA response was not seen in PB. Other tissues may need to be analysed to confirm the apparent lack of a significant HVA response in PB. For example, the warm acclimation of 408 Dicentrarchus labrax resulted in an HVA response in the brain, rather than the liver (Skalli et al. 409 2006). In another study, warm acclimation of the Antarctic species *Notothenia rossii* at 7 °C and 410 411 Lepidonotothen squamifrons at 9 °C did not result in an HVA response in mitochondrial 412 membranes (Strobel et al. 2013). PB has a higher degree of thermal plasticity (Franklin et al. 2007) and higher upper lethal temperature compared with TB (Somero & DeVries 1967). Thus, 413 temperatures greater than 6 °C may be required to induce an HVA response in PB. 414

Desaturase index correlates with membrane saturation state

In the present study the desaturase index (DSI) (C16:1c9/C16:0) and (C18:1c9/C18:0) were shown to correlate with the saturation states of the membrane and DSI has been used as a surrogate for the measurement of stearoyl-CoA desaturase (SCD) enzyme activity in membrane remodelling in



response to temperature (Fadhlaoui & Couture 2016). The enzyme SCD plays a key role in unsaturation of SFA by catalysing the synthesis of MUFA, primarily by the introduction of the first double bond between the C9 and C10 position of the fatty acid which results in increased membrane disorder and enhanced fluidity (Paton & Ntambi 2009). The Antarctic species had a high desaturase index (C16:1c9/C16:0) compared to the non-Antarctic species, whereas this trend is not specific for the DSI (C18:1c9/C18:0) (Figure 7). High DSI (C16:1c9/C16:0) in the Antarctic fish species could be attributed to an increase in the MUFA palmitoleic acid C16:1c9 reflecting higher desaturation of palmitic acid by SCD. Furthermore, in this study there was significant decline in DSI (C16:1c9/C16:0) upon thermal acclimation at 6 °C in *T. bernacchii* (Figure 8). A positive correlation does exist with the desaturase index and membrane saturation states, as previously established in two fish species, milk fish and the grass carp when subjected to cold acclimation from 25 °C to 15 °C over 21 days (Hsieh & Kuo 2005). Similarly higher desaturase index for SCD was observed in yellow perch (*Perca flavescens*) acclimated at 9 °C than at 28°C (Fadhlaoui & Couture 2016).

Conclusions and perspectives

This study has established a consistent membrane lipid profile across three notothenioid Antarctic species, in contrast to a varying membrane lipid composition between Antarctic species and a non-Antarctic New Zealand species. The Antarctic fish exhibit an evolutionary HVA response, as reflected by high levels of unsaturated fatty acids and selective dominance of *cis*-vaccenic acid and EPA in their membranes. This calls for further analysis of a wide range of fish species from different thermal habitats to decipher the specific roles of *cis*-vaccenic acid and EPA in cold adaptation. Previously undetermined is whether Antarctic fish can protect their membranes by exhibiting the acclimatory HVA response, which may make them less vulnerable to the effects of AGW. Our findings suggest that at 4 °C neither of the closely related Antarctic species exhibited any significant HVA response either with phospholipid unsaturation or with membrane cholesterol, but membrane-associated functions such as osmoregulation remain uncompromised. Furthermore, acclimatory HVA response of membrane unsaturation was detected at 6 °C in the liver of the benthic species TB while this response was lacking in liver membranes of the cryopelagic species PB. In the present study HVA response was dominated by phospholipid



149	unsaturation with no change in memorane cholesterol and the potential role of cholesterol in HVA
150	response in Antarctic fish still remain unclear. Future studies especially at higher temperature
151	acclimation as well as in other tissues are needed to determine the role of membrane cholesterol
152	to HVA response in Antarctic fish. In conclusion it appears that some Antarctic fish species can
153	exhibit a limited HVA response to warming temperatures after a given acclimation period.
154	However, this study has reinforced the need for further experimental work involving more species,
155	over a wider range of acclimation temperatures and assaying multiple tissue types in order to
156	ascertain the generality or specificity of acclimatory HVA responses in Antarctic fish.
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161	Acknowledgements:
162	We thank Dr Adrian Paterson for input to manuscript preparation.
163	
164	Data Availability
165	Raw data has been supplied as a supplementary file
166	Supplemental Information
167	Supporting information S1 Thermal acclimation experiment and sampling
107	Supporting information ST Thermal accumation experiment and sampling
168	References
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Table 1(on next page)

Fish species sampled and collection location

* These fish were used for establishment of membrane lipid profiles (pre acclimation controls) and for thermal acclimation studies.

Fish species	Family	Location	Adaptation Temperature(°C)
Trematomus bernacchii	Nototheniidae	McMurdoSound, Antarctica*	-1- 1.9
Pagothenia borchgrevinki	Nototheniidae	McMurdoSound, Antarctica*	-1- 1.9
Chionodraco hamatus	Channicthyidae	Terra Nova Bay, Antarctica	-1- 1.9
Notolabrus celidotus	Labridae	Kaikoura, New Zealand	9-13



Figure 1(on next page)

PCA plot of the contribution of the phospholipid fatty acids to the principal components in liver tissue of the Antarctic species and non-Antarctic species.

Antarctic species *C. hamatus* (CH), *P. borchgrevinki* (PB), and *T. bernacchii* (TB) and the non-Antarctic species *N. celidotus*(NC).



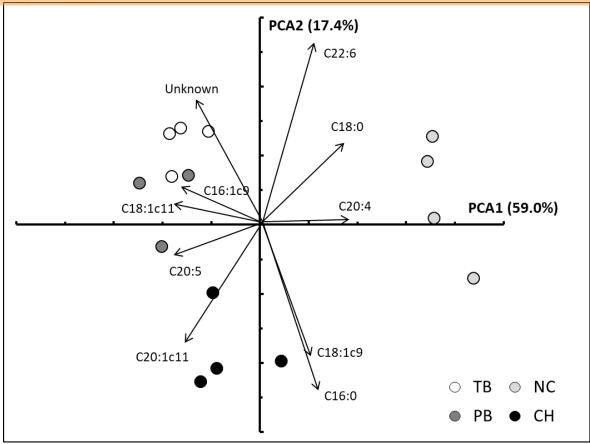




Table 2(on next page)

Fatty acid composition of phospholipids in liver of Antarctic (CH, PB, TB) and non-Antarctic fish (NC) expressed as % of total phospholipid fatty acids.

Values are mean \pm SEM (n=4), except for *Pagothenia borchgrevinki* (n=3), nd=not detected. Significant differences among the species for each particular fatty acid are indicated by different letter codes (P<0.05).



	N. celidotus	C. hamatus	P. borchgreviniki	T. bernacchii	
C16:0	20.05 ± 0.51 ^a	20.43 ± 0.69 ^a	13.16 ± 1.11 ^b	13.08 ± 0.52b	
C18:0	12.64 ± 1.16 ^a	3.05 ± 0.56^{b}	4.16 ± 0.64^{b}	4 ^b 5.01 ± 0.29 ^b	
ΣSFA	32.69 ± 1.45^{a}	23.47 ± 0.40^{b}	$17.32 \pm 1.55^{\circ}$	$18.09 \pm 0.68^{\circ}$	
C16:1c9	0.48 ± 0.48^{b}	3.30 ± 0.73^{a}	4.01 ± 0.41^{a}	4.97 ± 0.35 a	
C18:1c9	11.07 ± 1.70	10.51 ± 1.99	9.64 ± 1.12	7.42 ± 0.28	
C18:1c11	3.22 ± 0.50^{b}	7.69 ± 0.59^{a}	9.84 ± 0.74^{a}	9.11 ± 0.49^{a}	
C20:1c11	nd	5.04 ± 0.98	2.78 ± 0.14	3.62 ± 0.38	
Unknown	nd	0.87 ± 0.50	2.93 ± 1.83	4.24 ± 0.81	
ΣMUFA	14.77 ± 1.39^{b}	27.40 ± 1.98 ^a	29.20 ± 0.38 a	31.99 ± 0.72^{a}	
C18:2c9, 12	0.62 ± 0.62	1.17 ± 0.41	nd	nd	
C20:4c5, 8, 11, 14	9.08 ± 0.50^{a}	4.97 ± 0.35 ^b	3.13 ± 0.24^{b}	4.79 ± 0.33 ^b	
C20:5c 5, 8, 11, 14, 17	14.00 ± 0.75 ^b	19.83 ± 0.80 ^a	22.52 ± 1.92 ^a	19.63 ± 1.08 ^a	
C22:5c5	1.41 ± 0.47	nd	nd	nd	
C22:6c 4, 7,10, 13, 16,19	10, 13, 16,19 28.06 ± 1.53^{a} 20.84 ± 1.44^{b} 23.54 ± 1.3		23.54 ± 1.36^{ab}	25.50 ± 0.32^{ab}	
ΣPUFA	53.16 ± 1.96 ^a	46.80 ± 1.13^{b}	49.18 ± 0.50 ^{ab}	49.91 ± 0.73ab	



Figure 2(on next page)

Membrane Cholesterol concentration in the livers of Antarctic species *C. hamatus* (CH), *P. borchgrevinki* (PB), *T. bernacchii* (TB) and non-Antarctic species *Notolabrus celidotus* (NC).

Values are mean \pm SEM (n=4). Significant effects among species are indicated by different letters (P<0.05).



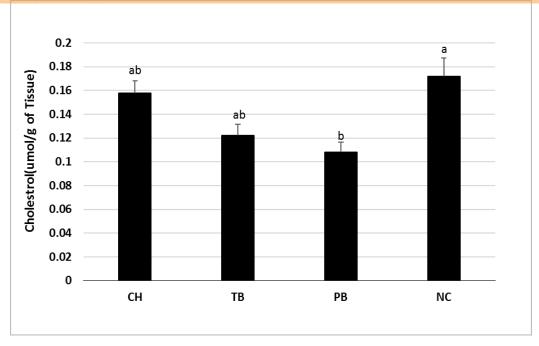




Table 3(on next page)

Fatty acid composition of phospholipids in the liver of *Trematomus bernacchii* (14 days acclimation) and *Pagothenia borchgrevinki* (28 days acclimation) acclimated at 0 °C and 4 °C.

Values are mean \pm SEM (n=4) and expressed in % of total phospholipid fatty acids. Significant effects of thermal acclimation are indicated by asterisks (P<0.05)



	Trematomus bernacchii			Pagothenia borchgrevinki		
	ТО	T4	P-value	T0	T4	P-value
C16:0	16.01 ± 0.76	14.30 ± 0.53	0.13	13.79 ± 1.00	14.18 ± 0.34	0.74
C18:0	6.49 ± 0.30	7.71 ± 0.47	0.08	5.33 ± 0.86	4.20 ± 0.37	0.29
∑SFA	22.50 ± 1.00	22.01 ± 0.54	0.69	19.12 ± 1.5	18.38 ± 0.58	0.67
C16:1c9	4.42 ± 0.78	3.09 ± 0.47	0.22	3.66 ± 0.38	4.17 ± 0.53	0.47
Unknown	2.44 ± 0.87	2.68 ± 0.11	0.81	0.43 ± 0.43	1.81 ± 0.67	0.15
C18:1c9	5.68 ± 0.26	5.98 ± 0.87	0.76	10.05 ± 0.68	11.27 ± 0.32	0.18
C18:1c11	8.55 ± 0.23	9.03 ± 0.83	0.61	9.50 ± 0.50	9.69 ± 0.39	0.78
C20:1c11	3.07 ± 0.27	3.26 ± 0.31	0.66	2.11 ± 0.20	2.05 ± 0.23	0.86
Unknown	1.93 ± 1.20	2.83 ± 1.10	0.59	0.72 ± 0.72	1.17 ± 0.70	0.67
ΣMUFA	26.08 ± 1.20	26.87 ± 1.00	0.64	26.47 ± 0.83	30.15 ± 1.40	0.09
C20:4c5,8,11,14	4.75 ± 0.73	4.68 ± 0.34	0.94	2.56 ± 0.10	3.49 ± 0.36	0.09
C20:5c5,8,11,14,17	24.24 ± 1.10	19.05 ± 0.72	0.01^{*}	18.40 ± 1.30	17.64 ± 2.00	0.76
C22:6c4,7,10,13,16,19	22.43 ± 0.64	27.38 ± 0.93	0.01^{*}	29.51 ± 2.90	30.35 ± 3.20	0.85
∑PUFA	51.42 ± 2.00	51.11 ± 0.55	0.89	50.47 ± 2.30	51.47 ± 1.50	0.73
DSI (Desaturase Index)						
C16:1c9/C16:0	0.27 ± 0.04	0.21 ± 0.03	0.24	0.27 ± 0.02	0.30 ± 0.04	0.564
C18:1c9/C18:0	0.88 ± 0.06	0.78 ± 0.11	0.46	2.11 ± 0.52	2.76 ± 0.31	0.341



Figure 3(on next page)

Effect of thermal acclimation on membrane cholesterol concentration in the livers of *T.bernacchii* (TB) and *P.borchgrevinki* (PB).

Membrane cholesterol was determined 14 days after thermal acclimation in TB and 28 days in PB. Values are means \pm SEM (n=4) for control temperature (T0: 0°C) and warm (T4: 4°C) acclimation.



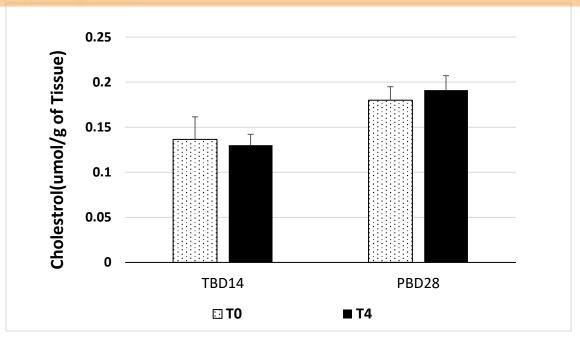
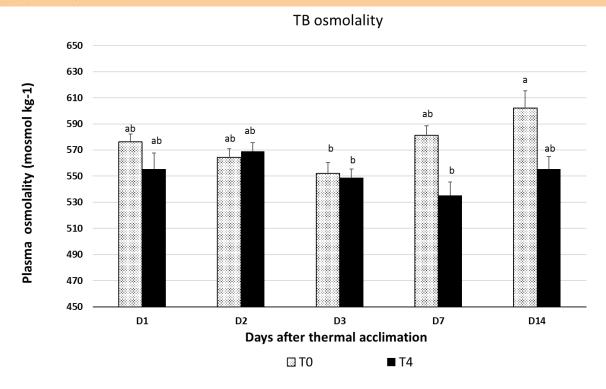




Figure 4(on next page)

Plasma osmolality determined at various time points in *T.bernacchii* (TB) and *P.borchgrevinki* (PB).

Plasma osmolality was determined 14 days after thermal acclimation in TB and 28 days in PB. Days after thermal acclimation D1, D2, D3, D7, D14 and D28 at 4 $^{\circ}$ C (T4) and the control temperature of 0 $^{\circ}$ C (T0). Values are \pm SEM (n=4). Significant effects of the interaction of thermal acclimation and days of acclimation are indicated by different letters.



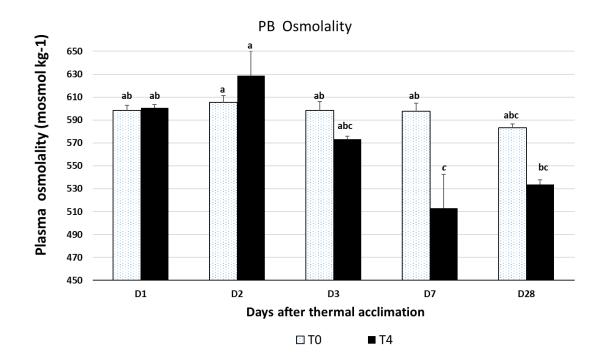




Figure 5(on next page)

Phospholipid profile of *T. bernacchii* (TB) in liver after 7 days (D7) of thermal acclimation at 6 °C.

Values are means \pm SEM (n=4) for control temperature (T0: 0 °C) and warm (T6: 6 °C) acclimation (n=3). Significant effects of thermal acclimation are indicated by asterisks (P<0.05).

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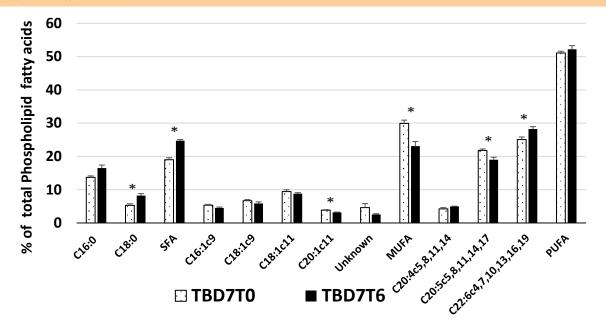




Figure 6(on next page)

Phospholipid profile of *P. borchgreviniki* (PB) in liver after 7 days (D7) of thermal acclimation at 6 °C.

Values are means \pm SEM (n=4) for control temperature (T0: 0 °C) as well as warm (T6: 6 °C) acclimation. Significant effects of thermal acclimation are indicated by asterisks (P<0.05).



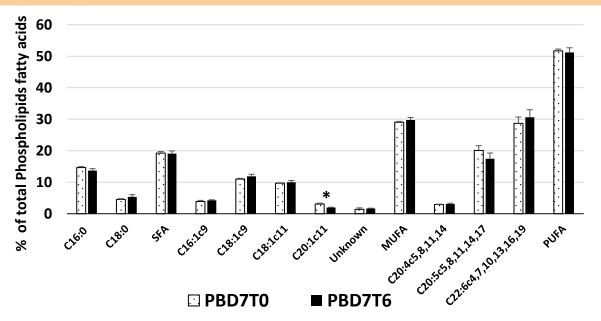


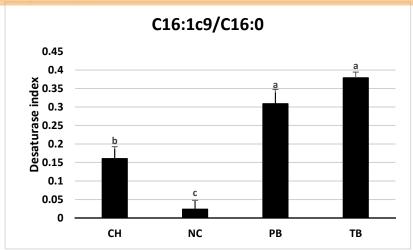


Figure 7(on next page)

Desaturase Index [C16:1c9/C16:0 (above), C18:1c9/C18:0 (below)] in livers of Antarctic species *C. hamatus* (CH), *P. borchgrevinki* (PB), and *T. bernacchii* (TB) and the non-Antarctic species *N. celidotus*(NC).

Values are mean \pm SEM(n=4). Significant effects among species are indicated by different letters (P<0.05).





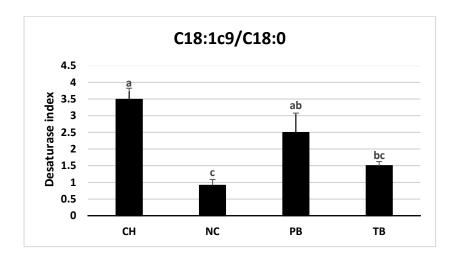




Figure 8(on next page)

Changes in the Desaturation Index [C16:1c9/C16:0 (above), C18:1c9/C18:0 (below)] in the livers of *P. borchgrevinki* (PB) and *T. bernacchii* (TB) acclimated at 6 °C for 7 days.

Values are means \pm SEM (n=4) for control temperature (T0: 0 °C) as well as warm (T6: 6 °C) acclimation. Significant effects of thermal acclimation are indicated by asterisks (P<0.05).



