The qPMO network: quality management tools to improve research efficiency, reproducibility, data management and dissemination

Quality disciplines have been widely used for decades in industrial and business fields. It is only in recent times, however, that Quality management and approaches have received proper attention in life science. In particular, the need for Quality standards in nonregulated research is a matter of considerable current debate inside international research community. The Quality and Project Management OpenLab (qPMO) is a research network involving 5 different Institutes and two Departmentes of the Italian National Research Council (CNR), aimed at realizing a Total Quality Management (TQM) model for Life Sciences laboratories. This TQM OpenLab model will act as a uniform environment in which strong, innovation-oriented research projects can be designed and developed according to international Quality standards and with the planning of Horizon 2020. Our experience demonstrates that Quality management tools can strongly support the management of scientific research through disseminating knowledge, best practice and interoperability and enhance of the economic value of project and research outcomes.

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17 Introduction

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19 The scientific world is facing the "quality revolution": not only results have been led to research and social community attention, but also reliability, safety and efficacy of discoveries and 20 efficiency of fund exploitation. In this context, quality management in scientific R&D has become 21 22 an essential tool in ensuring that modern scientific development is implemented within a rigorous and robust quality framework. The need for Quality standards in non-regulated research is a matter 23 of considerable current debate inside international research community. Researchers should strive 24 for the highest achievable standards and quality tools in the planning, conduct and dissemination of 25 their research and demonstrate integrity in their dealings with others. The Quality and Project 26 Management OpenLab (qPMO) is a research network involving 5 different Institutes and two 27 Departments of the Italian National Research Council (CNR), aimed at realizing a Total Quality 28 Management (TQM) model for Life Sciences laboratories. This TQM OpenLab model will act as a 29 uniform environment in which strong, innovation-oriented research projects can be designed and 30 developed according to international Quality standards and with the planning of Horizon 2020. 31 32

33 Methods

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35 The qPMO network identified four workpackages (WPs), each one focusing on a specific aspect of the integration of Quality and Life Sciences research: Management of knowledge: Definition of 36 guidelines for research laboratories and development of a web platform for the cataloging and 37 38 dissemination of guidelines, experimental procedures, model systems and molecular tools; Management of experimental procedures: Quality methodologies for technology-transfer support 39 via Failure Mode and Effect Analysis (FMEA); Management of a research laboratory: 40 41 management of a research lab via an ISO9001 Quality Management System (QMS); Management of multivariable assays: Application of Design of Experiments (DoE) to protocol set-up and 42 optimization. The WPs cover most Quality aspects of a Life Sciences research laboratory, and the 43 products achieved can be transferred to other research laboratories. High interconnection and 44 interoperability among WPs are key elements of the project and contribute to the creation of a 45 "concept laboratory", based on Total Quality Management. 46

48 **Results**

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50 We defined a model for the drafting of guidelines, based on the principles of Quality and documentation management, among them PDCA. The outcome is an operational flow describing all 51 the phases of the process which has been validated by four different drafting groups through the 52 53 production of 13 guidelines ranging from research activity to equipment and facility management, as well as addressing the design, risk identification and validation of experimental procedures. All 54 the guidelines are currently being applied in Institutes of the CNR, and some of them have also 55 been included in a certified Quality Management System (QMS) for a research laboratory. 56 Furthermore, we have generated and applied a model of a management system for a laboratory for 57 scientific research implementing the ISO 9001:2008 Quality System. To create this Quality model it 58 59 was necessary to use methods and skills related to Quality employed in industry, and apply them in research. As pilot laboratory we chose the MarLab laboratory, that deals with the housing and 60 handling of marine organisms. It has been certified with ISO 9001:2008 in June 2014 and until now 61 passed all the surveillance audits. In addition, based on our quality management system, we have 62 created a modular software, Help4Lab, to manage Quality, safety, environment and documents in a 63 research laboratory. Help4Lab contains the section "Processes" that helps the management of all 64 documentation (management procedures, guidelines, operating instructions and forms) inherent to 65 processes identified in the research laboratory (primary processes: Research, Student training and 66 Science Communication; secondary processes: management processes, quality management system, 67 etc.). A second section (Suppliers List and Ratings, Warehouse, etc.) supports the "material 68 handling". Furthermore, the section "management tools" helps planning maintenance and 69 calibration of instruments. We also applied further Quality tools, among them the FMEA, in order 70 to validate and support research activities and results, to create a standard and controlled workplace, 71 72 and to support the interaction between research and industrial application also. This quality approach led to several major advantages. At first, a set of improvement actions was generated 73 covering most lab aspects, such as management of instrumentation or training of personnel 74 involved. Then, FMEA methodology contributed to the definition of good laboratory practice, 75 76 provided a strong support for the streamlining of protocols and was useful for generating information suitable for knowledge management. Finally, we took advantage of the DoE to identify 77 78 the key factors influencing outcomes of the experiments, the interactions between them, and the best combination that permits to maximize the output. We used this quality statistical analysis to set 79 up and optimize both simple and high-throughput biological assay. We generated some DoE models 80 suitable for different kind of experiments to be transferred to scientific community, in order to 81 improve performance, efficiency and efficacy, according to a Quality management-oriented 82 approach. Finally, we developed a Web platform http://quality4lab.igb.cnr.it/en for the collection, 83 84 cataloging, and dissemination of the scientific information provided by researchers working in biological fields inside the CNR, starting form our own experience of merging Quality and 85 Research. These approaches address the need, both nationally and internationally, to enhance the 86 wealth of knowledge present within the CNR and structure adequately processes for its diffusion 87 and preservation, encouraging the generation of new knowledge according to international Quality 88 89 principles.

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91 Conclusions

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93 The qPMO network provided powerful tools to promote identification and diffusion of standard 94 procedures for research laboratories and increase the efficiency of laboratory activities, giving new 95 opportunities to researchers for disseminating their scientific activity, and to create networking, and 96 increasing cohesion and collaboration among CNR institutes and with others institutions. Our 97 experience demonstrated that Quality tools can strongly support the management of scientific

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research through disseminating knowledge, best practice and interoperability and enhance of theeconomic value of project and research outcomes.

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