

The effects of autotomy and regeneration on the locomotion and behavior of brittle stars (Echinodermata: Ophiuroidea) of Moorea, French Polynesia

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Autotomy and regeneration of body parts is a defense mechanism that a multitude of taxa have evolved in order to escape predation. While both autotomy and regeneration are very commonly observed traits in brittle stars, little has been studied about them in relation to many aspects of their ecology, including its effects on their locomotion and behavior. This study compared the tendency to autotomize across brittle star taxa by way of a field survey and quantified the effects of autotomy on the locomotion and behavioral ecology of genus *Ophiocoma*. This was done by taking and analyzing videos the movements of eighteen individuals over the course of four weeks, comparing locomotive and behavioral changes over the course of the autotomization and regenerative process. Of the three genera of large epibenthic brittle star found, there was no one genus that seemed more likely to autotomize than another. When examining the effects of autotomy on *Ophiocoma*, there were very few differences among any of the sampling periods or treatments. Any changes occurred immediately after autotomy, but did not persist for more than that one sampling period, and yielded results comparable to those of pre-autotomy one week into regeneration. This may imply that *Ophiocoma*—and brittle stars as a whole—are extremely well adapted to autotomy as a defense strategy, more so than many other taxa who also employ autotomy as a defense mechanism.

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THE EFFECTS OF AUTOTOMY AND REGENERATION ON THE LOCOMOTION AND
BEHAVIOR OF BRITTLE STARS (ECHINODERMATA: OPHIUROIDEA) OF MOOREA,
FRENCH POLYNESIA

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Abstract. Autotomy and regeneration of body parts is a defense mechanism that a multitude of taxa have evolved in order to escape predation. While both autotomy and regeneration are very commonly observed traits in brittle stars, little has been studied about them in relation to many aspects of their ecology, including its effects on their locomotion and behavior. This study compared the tendency to autotomize across brittle star taxa by way of a field survey and quantified the effects of autotomy on the locomotion and behavioral ecology of genus *Ophiocoma*. This was done by taking and analyzing videos the movements of eighteen individuals over the course of four weeks, comparing locomotive and behavioral changes over the course of the autotomization and regenerative process. Of the three genera of large epibenthic brittle star found, there was no one genus that seemed more likely to autotomize than another. When examining the effects of autotomy on *Ophiocoma*, there were very few differences among any of the sampling periods or treatments. Any changes occurred immediately after autotomy, but did not persist for more than that one sampling period, and yielded results comparable to those of pre-autotomy one week into regeneration. This may imply that *Ophiocoma*—and brittle stars as a whole—are extremely well adapted to autotomy as a defense strategy, more so than many other taxa who also employ autotomy as a defense mechanism.

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INTRODUCTION

71 The act of predation, both lethal and sub-lethal, is considered one of the major processes that
72 drives adaptive evolution [1, 2]. Organisms have various strategies for avoiding predation; these

73 include physical defenses such as spines, camouflage and cryptic coloration, and the manufacture
74 of bodily toxins [2]. One complex strategy of predator avoidance involves sacrificing biomass in
75 order to avoid lethal predation. This phenomenon referred to as ‘autotomy’. Autotomy is
76 observed in diverse variety taxa, including lizards [3, 4], arthropods [5, 6], and echinoderms [7,
77 8, 9]. After autotomy, individuals usually regenerate the lost or injured body part, which allows
78 the organism to continue to survive after predation and contribute to the reproductive population
79 [10]. Despite the short term benefits of autotomy regarding immediate increased chance of
80 survival, autotomy and regeneration can affect aspects of overall fitness. These include feeding
81 capacity [11], behavior [12], reproductive output [13], growth [14], and locomotion [6, 15]. Loss
82 of a locomotive structure can significantly impair running or swimming ability [16], ability to
83 forage or hunt for food [17], and even escape from future predation attempts [18]. Studies also
84 suggest that there are energetic costs associated with regeneration as well. Redistributed energy
85 allocation due to regeneration may hinder growth as well as locomotive ability [7, 8].

86 Autotomization and regeneration occurs in all five classes of echinoderms. All echinoderms
87 have a high capacity for regeneration, as they can replace both internal organs such as digestive
88 structures and gonads as well as external structures such as arms and spines [19]. Members of the
89 class Ophiuroidea, known as the basket and brittle stars, are well known for their capabilities for
90 autotomy and regeneration concerning their long, fragile arms. It has been widely observed in the
91 literature that brittle star arms are often autotomized either voluntarily or via trauma, which is
92 then followed by total regrowth of the lost structures [7, 20]. Many individuals surveyed in
93 nature either have lost or are re-growing arms, which suggests that brittle stars may not only be
94 highly adapted to autotomy as a defense mechanism, but it is also an essential part of their
95 ecology [19].

96 While the process of regeneration on its own has been highly studied in brittle stars due to
97 their impressive regeneration time, there is actually very little literature examining the effects of
98 autotomy and regeneration on other specific aspects of brittle star ecology, especially locomotion
99 and escape behavior. Brittle star movement and locomotion is complex. Unlike other
100 echinoderms, they do not entirely rely their tube feet for locomotion. Instead, they rely on the
101 physical movement of their long, multijointed limbs to pull themselves over the substrate [21].
102 Even though brittle stars have perfect pentaradial symmetry, they exhibit distinct bilateral motion
103 with noted coordination among each of their limbs despite their lack of a central “brain” to
104 control their movements [22]. Brittle stars exhibit two distinct locomotor modes—“rowing” and
105 “reverse rowing” [22, 23, 24]. “Rowing” involves four arms being used to propel the brittle star
106 along the substrate with the fifth arm pointed in the direction of motion either passively or for
107 sensory purposes [22]. “Reverse-rowing” is similar, but with the passive/sensory arm trailing
108 behind [22]. Brittle stars use their pentaradial symmetry to their advantage by having the ability
109 to change direction extremely efficiently. They turn not by physically moving their oral disk, but
110 by simply changing which arm is the leading or trailing arm [22]. Consequently, there is
111 seemingly no preference in leading or trailing arms in intact individuals, fixed limb identities, or
112 presence of an anatomical anterior (despite other radially symmetrical organisms such as
113 jellyfish moving along a fixed axis of motion [25]).

114 The mechanism for arm coordination in brittle stars is unclear [22]. Brittle star arms have
115 chemo-, photo-, and mechanoreceptors on each of their arms, allowing them to perceive and
116 react to local stimuli [20, 26]. The only existing previous study that quantitatively examines
117 brittle star locomotive behavior and coordination only examined intact individuals of a single

118 species [22]. Loss of sensory and mobility structures can also lead to a loss in coordination, and
119 cause organisms to favor lost or weakened structures [27, 28].

120 The overall goal of this study is to examine autotomy in brittle stars on an ecological level.
121 Specifically, I examined whether autotomy is an avoidance strategy used at a similar magnitude
122 across a number of brittle star taxa, along with quantifying the effects autotomy and regeneration
123 have on their movement and behavior. To achieve this goal, I asked these questions: 1) Are some
124 taxa of brittle stars more prone to autotomy than others in the field? 2) Do brittle stars of species
125 *Ophiocoma* (the most easily found large epibenthic brittle star in the waters of Moorea;
126 observation, 2015) have a preference for rowing or reverse rowing and does autotomy and/or
127 regeneration affect these preferences? 3) Is there a difference in the frequency *Ophiocoma* use an
128 autotomized arm to lead or tail at different points in the regeneration process? 4) Does autotomy
129 or regeneration affect movement speed? And lastly, 5) does autotomy or regeneration affect
130 coordination or other aspects of their behavioral ecology? I hypothesize that 1) no one genus of
131 brittle star will be more prone to autotomy in the field than another, and the percentage of
132 autotomized or regenerating arms will be the same among taxa; 2) *Ophiocoma* will have a
133 preference for reverse rowing and autotomy/the process of regeneration will affect this
134 preference and individuals will reverse row more; 3) brittle stars will prefer to lead and tail with
135 non-autotomized or regenerating arms; 4) brittle stars with autotomized or regenerating arms will
136 be will be on average slower than when they were intact, and will become slower further into the
137 regeneration process; and 5) brittle stars will be less coordinated post autotomy and will switch
138 direction and locomotive mode more than when intact, due to decreased ability to freely change
139 direction and move efficiently. Also, sheltering behavior will be altered due to decreased ability
140 to change direction and sense the shelter.

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METHODS

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Collection and field study sites

144 Moorea (latitude 17 30' S, longitude 149 50' W) is the second largest of the windward

145 group of islands of the Society Islands, French Polynesia. Moorea is surrounded by a barrier reef

146 with a lagoon between the reef and shore, with five reef islands made of cemented conglomerate

147 and coral rubble that are locally known as motus. Three sites around Moorea were chosen as

148 field survey and collection sites that were spatially and ecologically distinct from one another

149 and found in the past to have high densities of brittle stars: Motu Temae, Motu Tiahura, and the

150 mangroves at Ha'apiti, [29].

151 Temae (17.497° S, 149.759° W) is the largest of Moorea's motus, located off its northeastern

152 shore (Fig 1). Unlike the other motus, Temae is connected to the main island due to the fact that

153 the lagoon was filled in upon the construction of an airport in the mid-1900's. The majority of

154 the motu has been converted into a public beach, but there is an area just before the beginning of

155 the conglomerate platform in the intertidal area with a high amount of coral rubble where brittle

156 stars take shelter. The substrate there is primarily composed of very coarse coral sediment and

157 exposed bedrock with some sand, and the water is often less than 10cm deep with a high current

158 just a meter or two further from shore.

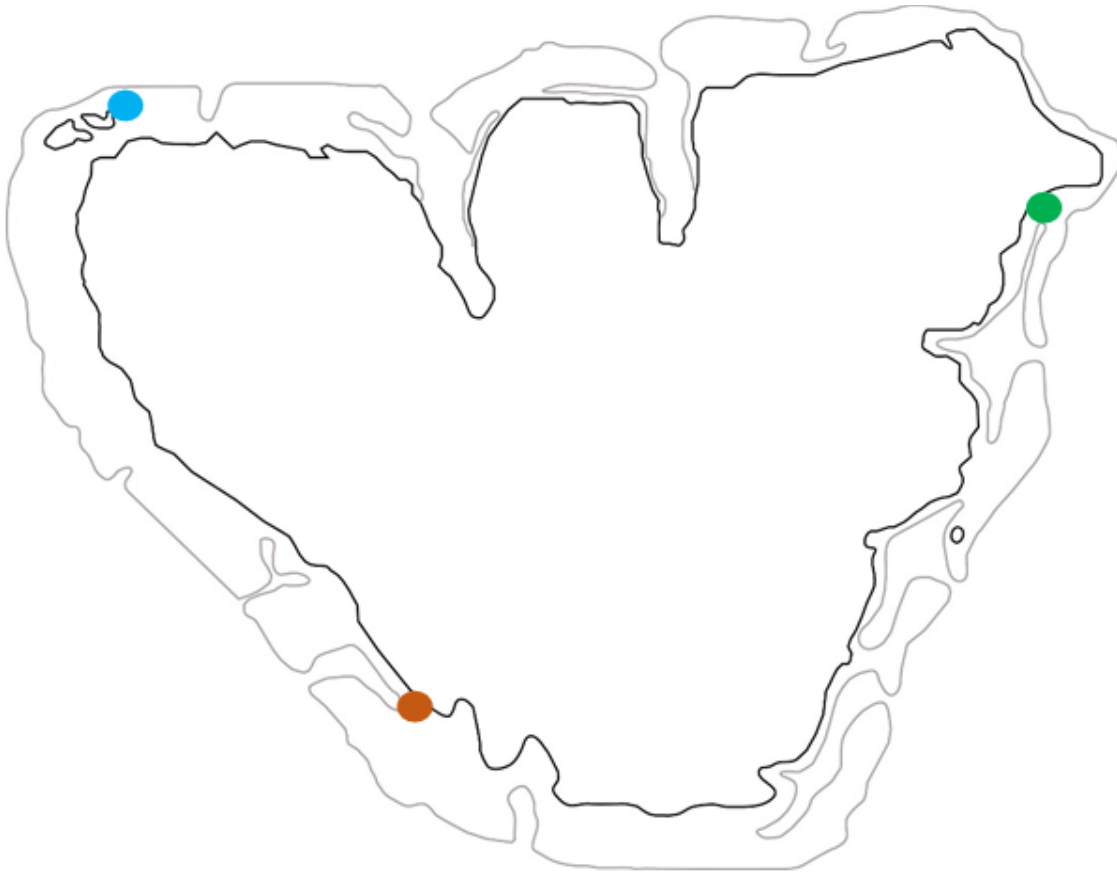
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165 FIG. 1. Sites sampled in this study known to have ophiuroids. Green is Temae, blue is Tiahura,
166 and orange is the Ha'apiti mangrove.

167

168 Tiahura (17.847°S , 149.910°W) is Moorea's third largest motu. It is physically separated
169 from its northeastern tip by a dredged boat channel and only accessible by kayak. Brittle stars are
170 mainly found on the eastern side of the motu just below the intertidal zone and where there is
171 very little current. The vast majority of the substrate is composed of medium-fine coral sand and
172 the water is always less than a meter deep. Large pieces of coral rubble have been deposited
173 along the shore of the motu about 0.5 - 1.5 meters from the intertidal zone, where brittle stars
174 take shelter.

175 Ha'apiti (17.5627° S, 149.871° W) is located on the southwestern side of the island and is
176 one of the main localities of the invasive mangrove *Rhizophora stylosa* on Moorea. The sediment
177 here is a mix of very silty terrestrial-derived sediments and coarser coral sand. There are fewer
178 rocks here than at either Temae or Tiahura, and there is a very strong current present at this site.
179 Water depth can vary depending on the time of day, from more than a meter to less than 0.5m
180 depending on the tides.

181 *Field survey*

182 A field survey was taken at the three study sites to obtain a baseline of the diversity of the
183 brittle stars of Moorea and to investigate how frequency of autotomy and regeneration may vary
184 among brittle star taxa. A study site at each of the locations was established where physical
185 conditions such as substrate type, current intensity, and water depth were relatively constant.
186 Then, starting at one end of the established site, rocks were flipped over while either walking or
187 snorkeling along the shore until 10 rocks were found with brittle stars taking shelter under them.
188 These individuals were then collected, identified (or taken back to the lab for identification), the
189 diameter of their oral disks measured, and the degree of autotomy or regeneration of their limbs
190 assessed (i.e., how many arms were missing or regenerating). They were then photographed and
191 released back to where they had been found. This research was undertaken as part of the UC
192 Berkeley Biology and Geomorphology of Tropical Islands field course in association with the
193 UC Berkeley Gump Station and adheres to all university rules and regulations according to the
194 appropriate field permit.

195 *Lab Study*

196 Nineteen intact individuals of similar size (with oral disk diameters ranging from 1.5-2cm) of
197 the genus *Ophiocoma* were collected from Temae and Tiahura and brought back to the lab. They

198 were stored in a glass aquarium with flow-through seawater and shelters made with stacked
199 ceramic tiles. Each individual was given a code name and photographed for later reference.

200 The behaviors and movements of each individual were studied over the course of four weeks.
201 A separate arena measuring 64cmx32cmx10cm was constructed out of a clear plastic bin in order
202 to perform movement trials, with a long ruler acting as a vertical scale and a horizontal scale
203 drawn onto the bottom of the arena at regular intervals along the length of it.

204 Trials took place in a well-lit area where each individual was placed under an opaque plastic
205 cup in the middle of the arena order to simulate finding shelter under a rock in the wild. The cup
206 was then lifted and the responses of each individual recorded with a waterproof digital camera
207 (while making sure that a shadow was not cast over the arena) until it found the shelter
208 constructed out of ceramic tiles at one end of the arena, or until five minutes had passed. This
209 provided a baseline estimate of locomotion ability for each individual at each point in time
210 during the regeneration process: Pre-autotomy (W0), immediately post-autotomy (W1), a week
211 into arm regeneration (W2), and then two weeks of regeneration (W3). This provided a baseline
212 estimate for the locomotion ability at each stage of the regeneration process (i.e. pre-autotomy,
213 immediately post autotomy, beginning of soft tissue regeneration, beginning of hard skeletal
214 regeneration).

215 After the first week, the arm of each individual just to the right of the madreporite was
216 amputated 20 arm segments from the oral disk in order to standardize the degree of autotomy
217 among individuals, which was based on an estimate of average degree of autotomy of individuals
218 in the field. Trials were conducted immediately after amputation, and then at two weeks into the
219 regeneration process. Videos and data were collected for each week, with five replicate trials for
220 each week done over the course of two days.

221 Videos were analyzed by examining the behaviors and movements of each individual and
222 recording the distance traveled, the directionality of the escape response, locomotor mode, the
223 leading or trailing arm (designated A1-5, A1 being the amputated arm), and movement speed,
224 along with noting any other significant behaviors such as which arm is the sheltering arm (the
225 arm that first comes into contact and finds the shelter) and noting the number of locomotive and
226 direction switches as a proxy to quantify coordination.

227 *Statistical Analyses*

228 Differences in percentage of autotomized or regenerating arms among genera were examined
229 for significance using ANOVA. Differences among percent distance traveled rowing, reverse
230 rowing, using the amputated arm (A1) to lead or trail, and speed among the weeks in order to
231 examine how autotomy affects the use of arms was examined for significance using a repeated
232 measures ANOVA with a series of post-hoc pairwise t-tests. Differences in number of switches
233 in leading/tailing arms and locomotive mode among different points in time were also examined
234 for significance using a repeated measures ANOVA with a series of post-hoc pairwise t-tests.

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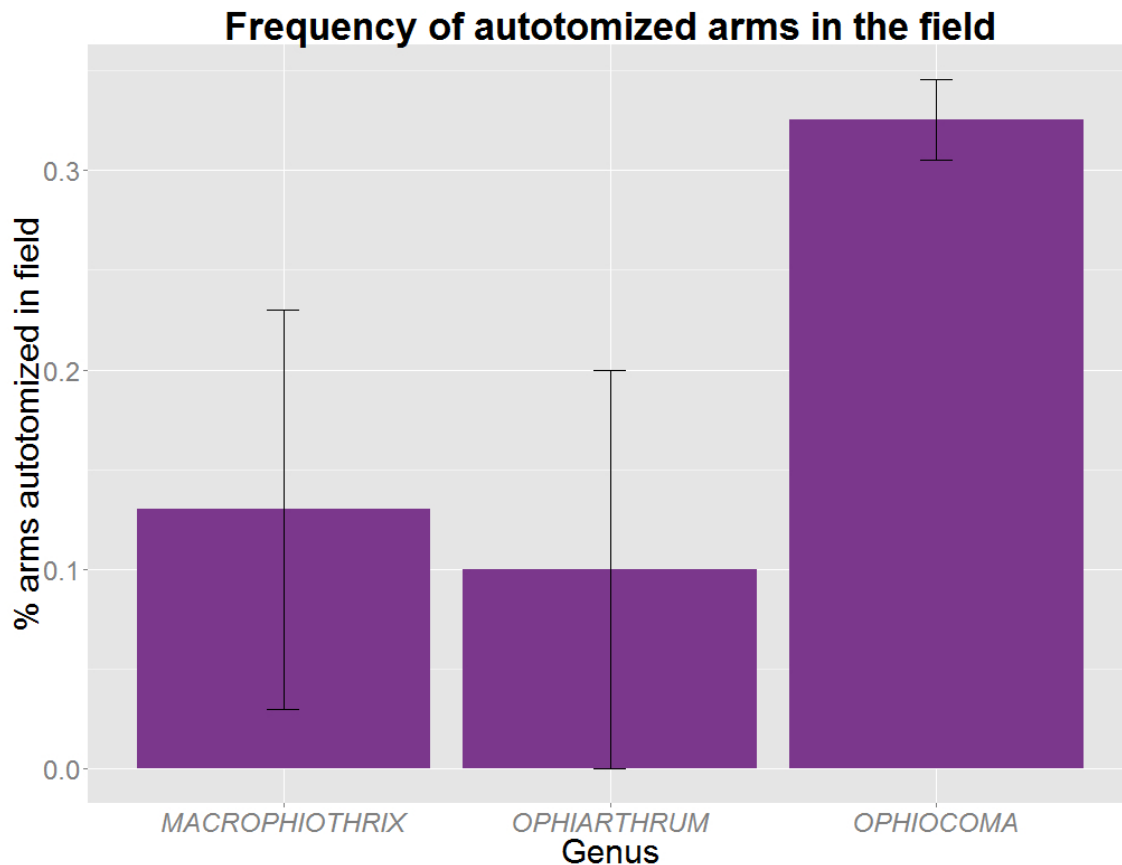
RESULTS

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Field Survey

238 Three genera representing two families of large epibenthic brittle stars were found among the
239 three field sites: *Ophiarthrum*, *Macrophiothrix*, and *Ophiocoma*. *Ophiocoma* dominated both
240 Motu Tiahura and Temae public beach, while *Macrophiothrix* was the only genus of brittle star
241 found at the Ha'apiti mangroves. *Ophiarthrum* was only found at Temae public beach.
242 *Ophiocoma* had the highest percentage of autotomized and regenerating arms in the field, with
243 an average of 32.5% (SD +/- 2.0) of arms either autotomized or regenerating (Fig 2).

244 *Macrophiothrix* and *Ophiarthrum* both had an average of 13% (SD +/- 10.0) and 10% (SD +/-
 245 10.0) of autotomized or regenerating arms in the field respectively. However, despite this
 246 apparent trend, these differences are not statistically significant.



247

248 FIG. 2. Bar plot comparing frequency of autotomized arms among three genera, *Macrophiothrix*,
 249 *Ophiarthrum*, and *Ophiocoma*, in the field.

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Locomotive Mode Preference

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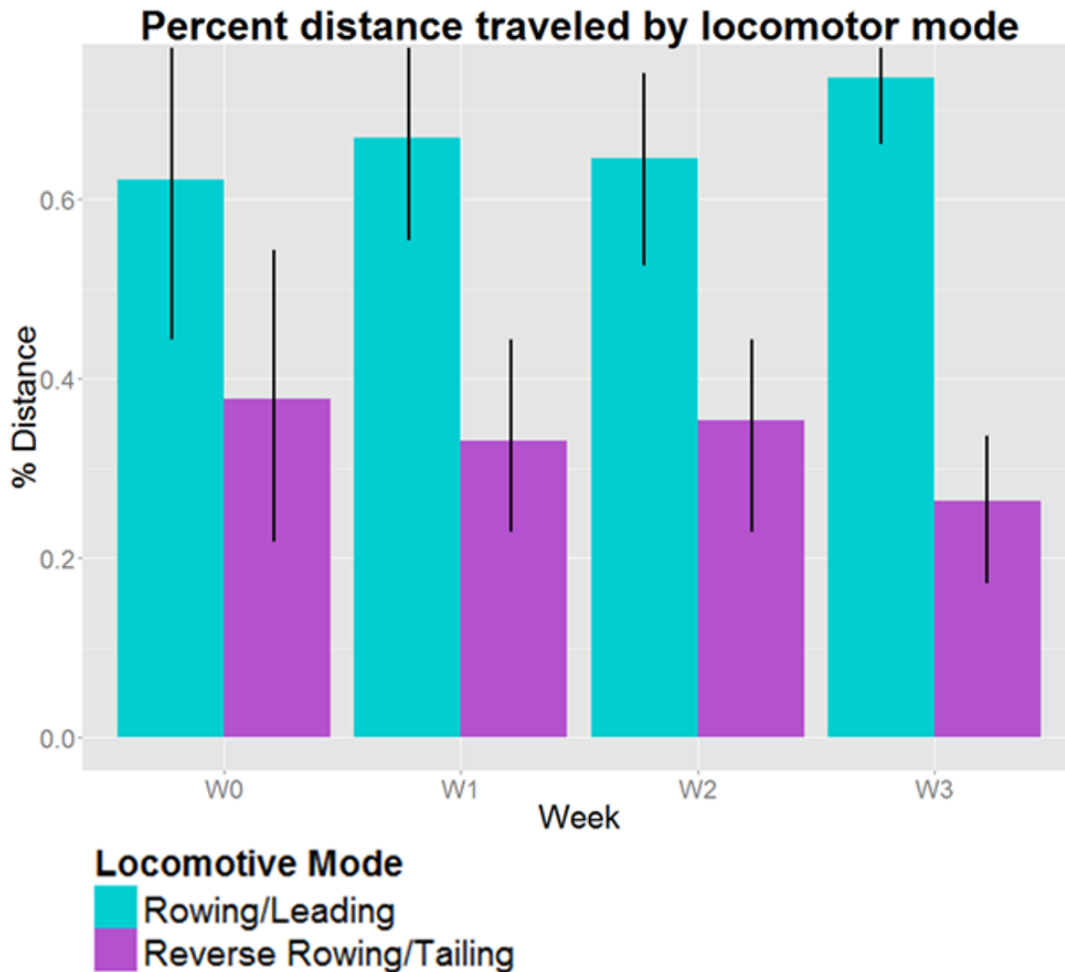
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There was an overall preference for rowing over reverse rowing ($p < 0.001$) within all of the time points. Rowing accounted for 62%-73% of the entire distance traveled by all individuals (Fig 3). Reverse rowing, on the other hand, accounted for only 27%-38% of the percent total distance traveled. However, while the differences in the percent distance rowing versus reverse-

256 rowing were all significant within each sampling period, these values did not differ over time
257 among each sampling period. Rowing was consistently the preferred locomotive mode, with no
258 significant difference in the percent distance traveled among each week.



259

260 FIG. 3. Bar plot comparing distance spent rowing and reverse rowing. There is an overall
261 preference for rowing over reverse rowing, with no change concerning this among each sampling
262 period.

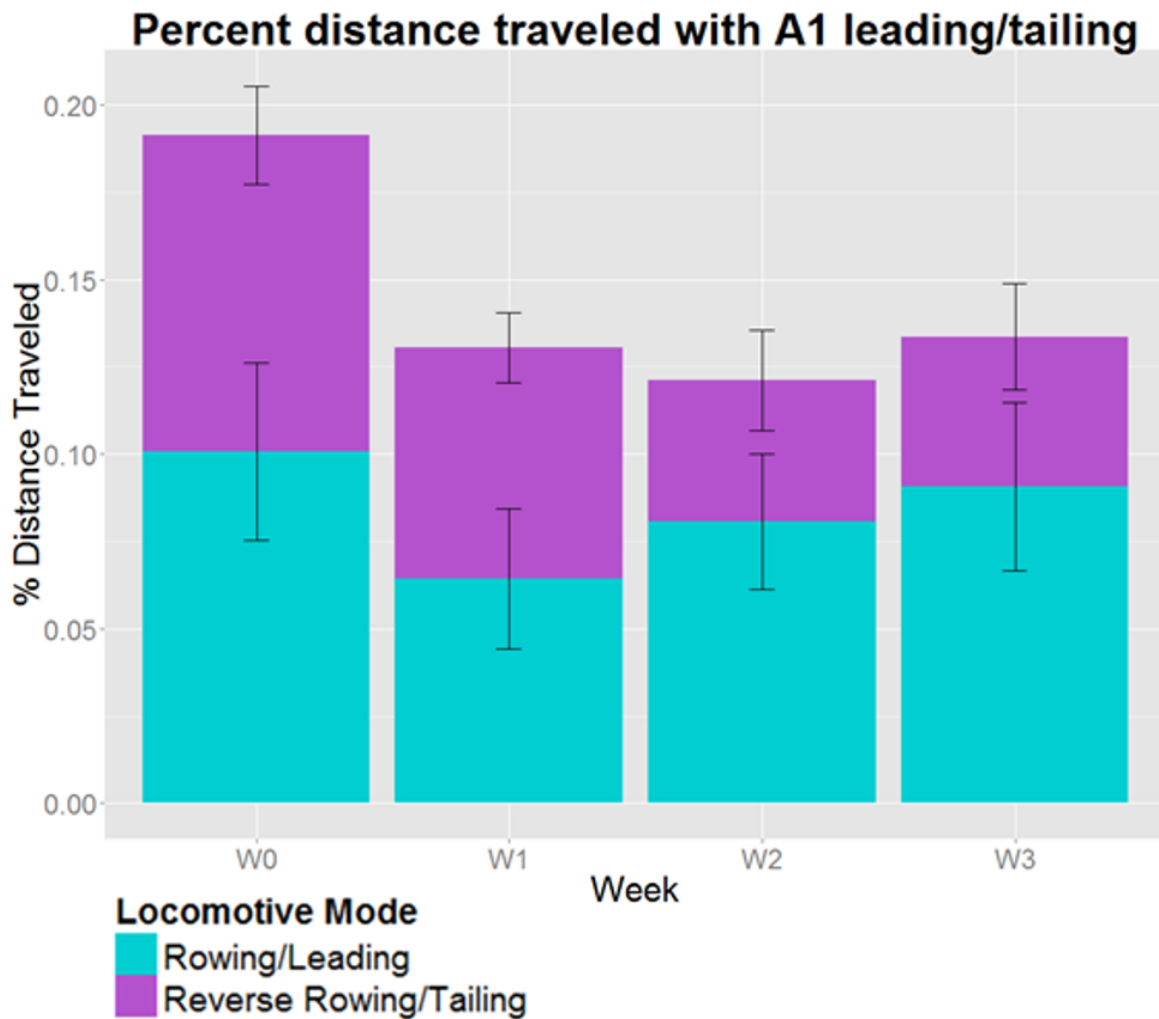
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Autotomized Arm vs Non-Autotomized Arm Preference

265 Overall, brittle stars used A1 less to lead or tail after autotomy. Pre-autotomy, brittle stars
266 used A1 as a leading or trailing arm an average of 19.12% (SD +/- 10.86) of the distance they
267 traveled. Immediately following autotomy, individuals tended to use the autotomized arm less,
268 using it as a leading or tailing arm over a mean 13.04% (SD +/- 9.07) of distance traveled in that
269 time point. In the first week of regeneration, individuals used the autotomized arm to lead/tail
270 almost slightly less than immediately post-autotomy, using A1 as a leading or tailing arm a mean
271 12.11% (SD +/- 7.72) of the distance traveled. In the second week of regeneration, individuals
272 used the autotomized arm to lead or tail almost the same amount as they did immediately post
273 autotomy, with A1 leading/tailing 13.36% (SD +/- 9.67) of the distance traveled. However, the
274 differences between these means were not significant at the $p < 0.05$ level for any of the sampling
275 periods (Fig 4).



276

277 FIG. 4. Bar plot comparing frequency autotomized arm is used to lead or tail among the weeks. It

278 is used the most to lead/tail in W0, and there is no overall preference to let it lead or tail.

279

280 However, the breakdown of rowing versus reverse rowing with A1 leading or tailing did not

281 reflect the overall preference for rowing over reverse rowing. While generally brittle stars led

282 with A1 rather than tail with it, these differences within each week proved not to be statistically

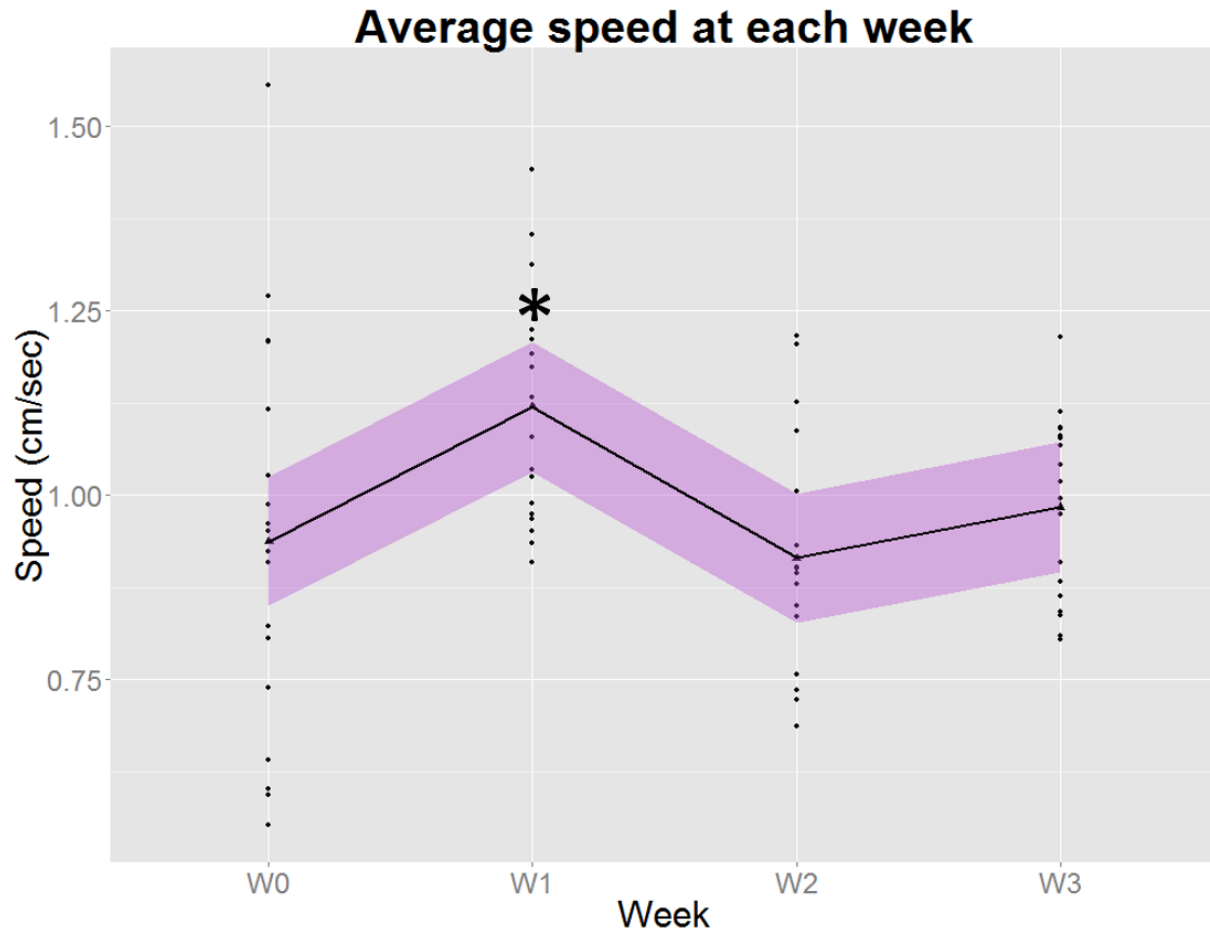
283 significant. There was only one instance where the autotomized arm tailed for a higher

284 percentage of distance than it led, which was the sampling period immediately post autotomy. It

285 tailed for 6.69% (SD +/- 4.25) of the distance and led for 6.43% (SD +/- 8.53) of the distance;
286 even then, the difference is only very slight (Figure 4).

287 *Locomotive Speed*

288 There was a difference in average speed in brittle stars among the sampling periods. Pre-
289 autotomy, the average speed of the brittle stars was 0.937cm/sec (SD +/- 0.260). Immediately
290 after the autotomization of A1, average speed significantly increased to 1.120cm/sec (SD +/-
291 0.156), where it then decreased again the next week to 0.915cm/sec (SD +/- 0.160) and stayed
292 below 1cm/sec the second week of regeneration at 0.984cm/sec (SD +/- 0.119). However, while
293 W1 was faster than either W0, W2, or W3 ($p < 0.005$), the average locomotive speed of the brittle
294 stars at W0, W2, and W3 were not significantly different from each other, which suggests a
295 boost in speed immediately post autotomy (Fig 5).



296

297 FIG. 5. Line graph showing change in speed over the weeks. There was a rise in speed immediately
 298 after autotomy, which then decreased to a speed similar to W0. (*Denotes significance)

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Coordination and Sheltering Behavior

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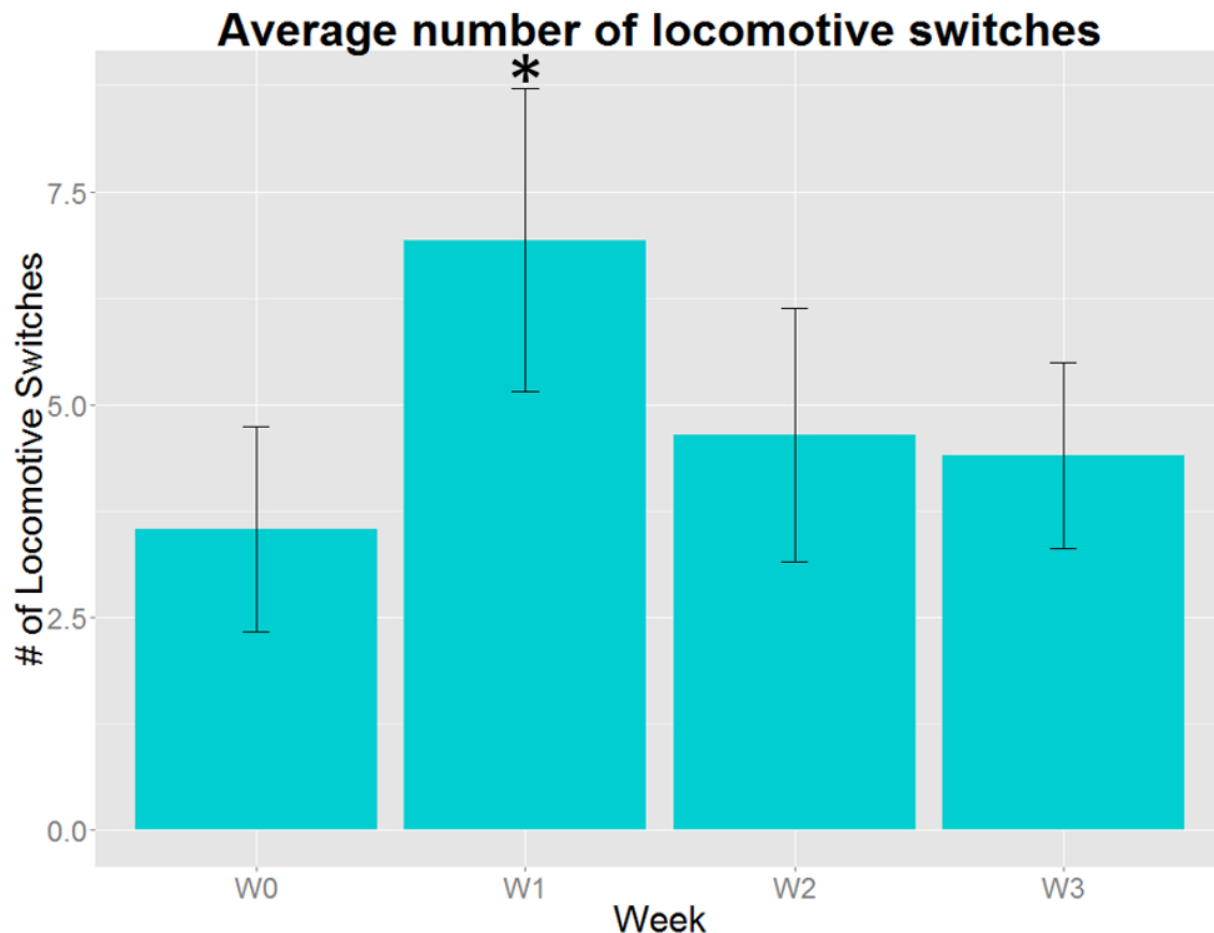
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Brittle stars were overall less coordinated immediately post-autotomy ($p < 0.0001$), but then recovered back to pre-autotomized levels the week afterward and onwards (Fig 6). Pre-autotomy, there was an average of 3.54 (SD \pm 1.21) locomotive switches. In the two weeks of regeneration (W2 and W3), coordination decreased slightly with an increase of locomotive switches to 4.64 (SD \pm 1.48) and 4.40 (SD \pm 1.09) on average respectively. However, there was no statistically significant difference in these means among these weeks. The week

307 immediately post-autotomy (W1), however, the average number of locomotive switches was
308 6.93 (SD +/- 1.78).

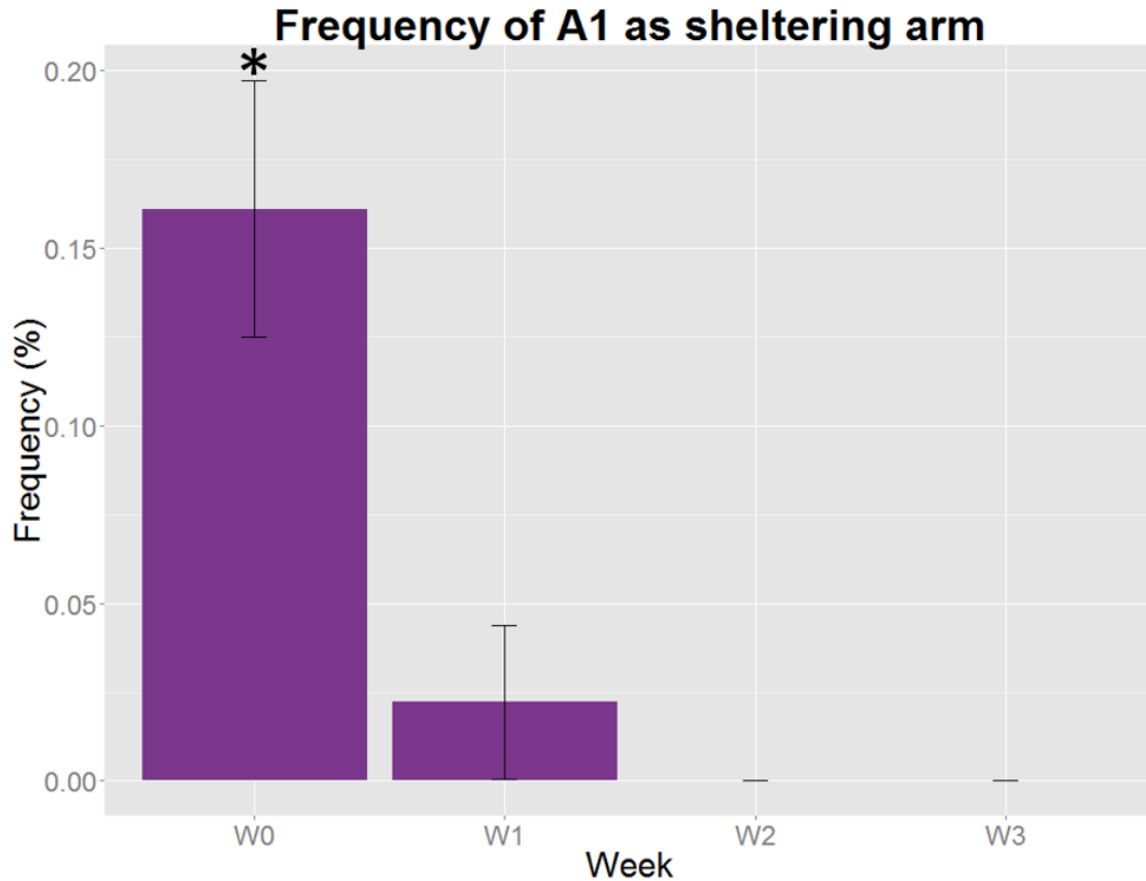


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310 FIG. 6. Bar plot comparing relative coordination among the weeks. Brittle stars were less
311 coordinated in W1, but quickly recovered in W2, which continued to W3. (*Denotes significance)

312

313 Sheltering behavior changed after autotomy ($p < 0.0001$). Before autotomy, A1 was the
314 sheltering arm an average of 16.11% (SD +/- 15.32) of the time, while immediately post-
315 autotomy A1 only found the shelter 2.22% (SD +/- 9.16) of the time, and never found the shelter
316 in any of the sampling periods afterward (Fig 7).



317

318 FIG. 7. Bar plot comparing frequency that A1 found shelter among the weeks. A1 rarely finds
319 shelter after it is autotomized.

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DISCUSSION

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Field Study

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Most comparative studies focusing on autotomy only examine its role among broader taxa such as phylum and class; consequently there is very little literature comparing the use of autotomy within ophiuroids as a group. When I compared the frequency of autotomy among three different genera of brittle stars found at different spots around Moorea, I found there may be a reason for this. I was able to reject the null hypothesis by finding that there was not one or more genera with a higher frequency of autotomy in the field.

329 Of the three genera of large epibenthic brittle stars that were found—*Macrophiothrix*,
330 *Ophiarthrum*, and *Ophiocoma*—the percentage of autotomized or regenerating arms did not
331 differ significantly. These three genera also represent two different families. *Ophiarthrum* and
332 *Ophiocoma* both belong to the family Ophiocomidae, while *Macrophiothrix* belongs to the
333 family Ophiotrichidae. Both of these families belong to the suborder Ophiurinia, but the fact that
334 they do not differ in propensity for autotomy even among families may suggest a relatively equal
335 adaptation to this strategy among a broad taxa of brittle stars. Anecdotal evidence of brittle stars
336 from a wide range of taxa regularly autotomizing or regenerating in the field from a variety of
337 sources also seem to support this [7, 30].

338 However, my confidence in this result is reduced slightly due to the disparity in number of
339 individuals found of each genera. By far the most abundant group was *Ophiocoma*, while only a
340 few individuals of both *Macrophiothrix* and *Ophiarthrum* were able to be recovered and assessed
341 for autotomy. While I standardized my data by averaging the percentage of autotomized arms
342 found at each location for each sampling period, the fact of the matter is that I had much less data
343 for both *Macrophiothrix* and *Ophiarthrum* than *Ophiocoma*, which could potentially skew
344 results. I am also hesitant to make a broad general statement such as, “all brittle stars autotomize
345 at roughly equal frequency,” due to the fact that each of the groups of brittle stars found were
346 more or less morphologically similar and inhabited similar niches. I only focused on large
347 epibenthic brittle stars under rocks; there are a multitude of much smaller brittle stars on rocks
348 and in algae (observation, 2015) that may have different survival strategies and do not rely
349 entirely on autotomization as their main mode of predator avoidance.

350 *Locomotive Mode and Arm Preference*

351 The individuals of genus *Ophiocoma* exhibited an overwhelming preference for rowing over
352 reverse-rowing as their locomotive mode of choice, rejecting the first half of the null hypothesis
353 that there would be no difference in frequency of rowing versus reverse-rowing. This
354 corroborates an earlier study that quantified an analyzed brittle star movement, which also
355 produced results that supported brittle stars having a preference for rowing over reverse-rowing
356 [22]. However, these preferences did not change post-autotomy or at any point during the
357 regeneration process, which may suggest that neither autotomy nor the act of regeneration affect
358 locomotion in this genus at one of its basest levels.

359 Similarly, there was actually no significant differences in the mean distance traveled using it
360 as a leading or tailing arm. This leaves me unable to reject the null hypothesis and suggests that
361 there truly is, in general among *Ophiocoma* as a whole, no preferential treatment for arms as
362 leading or tailing arms whether they are autotomized or intact. This is also in line with Astley's
363 (2012) earlier study of brittle star movement, despite the fact that all of the individuals in that
364 study were intact. This also may imply that overall directionality (aka the ability to move in any
365 direction) is in no way hindered by the fact that the individual has an autotomized or
366 regenerating arm. I am fairly confident in this result due to the fact that the power analysis I ran
367 suggested I had more than enough trials to support my hypothesis if it was true.

368 While autotomy did not affect locomotive or arm preference in general, this is not reflected
369 in the proportion of distance spent with the autotomized arm leading versus the autotomized arm
370 tailing. There was actually no real difference between time spent with A1 as the tailing arm and
371 A1 as the leading arm. Immediately post-autotomy, the time spent doing either were actually
372 roughly the same, with slightly more distance covered with A1 tailing rather than leading. This
373 may actually coincide with an overall decrease in coordination immediately after autotomy. The

374 lack of preference for A1 to lead or tail post autotomy also imply that individuals use the
375 autotomized arm to trail more than usual, due to it perhaps being a more defensive arm position.

376 *Locomotive Speed*

377 Some past studies into the effects of autotomy note a marked decrease in speed post
378 autotomy, especially if the autotomized body part is a main locomotive structure [16, 32]. I
379 hypothesized that speed would change post autotomy, and I was able to find evidence for this
380 and reject my null hypothesis. However, it was not in the way that I had originally predicted. I
381 predicted that speed would decrease post autotomy and then continue to decrease further into the
382 regeneration process due to the energetic toll regeneration takes on the individual. However, the
383 only significant change in speed was immediately post autotomy. The brittle stars actually
384 became faster than before, but then went back to pre-autotomy speeds for the two sampling
385 periods afterward.

386 This burst of speed may actually be part of an escape response that is included with autotomy
387 due to predation. In a previous study examining the escape speed of two different species of
388 *Ophiocoma*, this burst of speed immediately after autotomy was not observed [33]. However,
389 other studies examining autotomy in different taxa indicate that autotomy occurs when the risk of
390 predation is higher than the cost of fleeing [34]. So all of the organism's energy at that moment
391 may be dedicated to fleeing and finding shelter, which may translate to a burst of speed. This
392 phenomenon occurs in taxa such as lizards and arthropods [3], and may also be true of brittle
393 stars as well.

394 There is no significant difference among locomotive speeds at pre-autotomy and the two
395 sampling periods into the regeneration process. This lack of speed decrease may imply that the
396 energetic costs of regeneration do not affect locomotive speed. Which, considering that autotomy

397 and regeneration is such a regular part of brittle star ecology, may imply an adaptation for
398 energetic redistribution that does not negatively affect their ability to escape future predation
399 events.

400 *Coordination and Sheltering Behavior*

401 One cost of limb autotomy in many taxa is decreased coordination upon loss of a locomotive
402 structure [28, 35]. However, coordination in brittle stars was found to decrease significantly only
403 immediately after arm autotomy, to then return roughly the same as it was pre-autotomy after a
404 week into regeneration. This may indicate that individuals become disoriented after an
405 autotomization event or tend to “scramble” (as denoted by the higher number of locomotive
406 switches) away from the direction of threat as fast as possible in order to find shelter.

407 Compared to immediately after autotomy, brittle stars pre-autotomy and the two weeks into
408 regeneration tended to be more efficient with their movements, switching leading/tailing arm and
409 locomotive mode only where they needed to make a change of direction. Immediately post-
410 autotomy, brittle stars would lose their economy of movement, switching leading arm or
411 locomotive mode despite still attempting to move in the same net direction. There tended to be a
412 lot of slippage of the oral disk when it came to rowing with the autotomized arm, which may
413 have incited some of those locomotive switches. In W1, and even somewhat in W2 and W3,
414 there were a number of times where other limbs had to compensate for the autotomized arm
415 when that arm was being employed as a rowing arm. It may be that the autotomized arm cannot
416 reach as far across the substrate and cannot generate as much force as other arms because of the
417 smaller surface area or simply the amount of tube feet in contact with the substrate. One week
418 post-autotomy saw the regeneration of the distal tube feet, and the second week post-autotomy

419 there was evidence of an increase in autotomized arm length. Increased surface area and tube feet
420 may be a factor as to why the brittle stars seem to be more stabilized at those time points.

421 Autotomy had a drastic effect on sheltering behavior. The way a brittle star would find
422 shelter is an arm would come into contact with a space or entrance to the constructed shelter
423 where it was significantly shaded from the sun. It would then change direction of motion and that
424 arm would lead as it either rowed or reverse rowed into the opening. A1 was almost never the
425 sheltering arm after it was autotomized. Oftentimes the edge of the arm would brush up against
426 the shelter entrance, but was not long enough to actually enter the shelter. However, since there
427 is seemingly no preference for use of non-autotomized arms over autotomized arms to lead or
428 tail, the ability for a brittle star to travel in the direction of the autotomized arm should not be
429 hindered. It may instead indicate an advantage of longer arms, that an individual with longer
430 arms may have a larger sensory radius, which is helpful in finding shelter to escape predators.

431 *Conclusions*

432 Overall, *Ophiocoma* seem to be incredibly well adapted to autotomy as a defense strategy.
433 Autotomy and regeneration seem to have minimal effect on their locomotive ability. Their ability
434 to move in any direction was not hindered upon arm autotomy, and overall speed was not
435 changed negatively either. There was decreased coordination immediately post-autotomy, but
436 this may be compensated by the boost in speed they also experience at the same time. There is
437 evidence of a loss of sensory ability due to the autotomized arm not being able to find shelter.
438 However, that may only be a function of sheer arm length. Brittle stars have no central brain;
439 signals come from receptors on arms that determine direction and mode of movement [21]. With
440 decreased arm length they may have a decreased ability to sense things further away from their

441 oral disk. Autotomy does not seem to have any effect on *Ophiocoma*'s ability to otherwise
442 process environmental signals.

443 Because there was no evidence for any one taxa of brittle star (genus or family) to autotomize
444 arms more frequently than another, these results may be applicable to a broad range of brittle star
445 taxa other than just *Ophiocoma*. In which case, brittle stars as a whole—or in the very least,
446 *Ophiocoma*—do not seem to suffer some of the drawbacks of autotomy that other taxa do.
447 Geckos [31], spiders [16], and crickets [35] often suffer from a significant decrease in
448 coordination and running speed post autotomy. In brittle stars, autotomy does not seem to even
449 affect their basic locomotive preference. Brittle stars may be some of the organisms best well
450 adapted to autotomy as a defense strategy of any taxa. There seem to be very few negative
451 effects from autotomy on apparent future survival, especially in terms of ability to escape from
452 future predation attempts.

453 This study is limited for a variety of reasons. First, there are many more taxa of brittle stars
454 than those just found under the rocks in Moorea. To remedy this, this experiment could be
455 repeated on different taxa of brittle stars from different suborders or families in order to gain a
456 broader scope of how brittle stars have adapted to autotomy as a whole. Second, I only examined
457 arm preference as a function of autotomized arms versus non-autotomized arms. While previous
458 literature supports that as a general rule brittle stars do not have any sort of arm preference, I did
459 not examine each brittle star for individual preferences. A future study could examine how
460 autotomy affects the preferences in individual stars. Third, this study only looked at the effects of
461 single arm autotomy on brittle stars. Many brittle stars out in the field had two or more
462 autotomized or regenerating arms, sometimes even all five. The effects of autotomy on brittle
463 star locomotion could be further examined by looking at multiple autotomy rather than only

464 single autotomy. Fourth, I only looked at the physical effects of autotomy on locomotion; it did
465 not account for autotomy's energetic effects or effects on other aspects of their behavior.
466 Previous studies have found that regeneration of multiple arms has effects on gonad production
467 and ability to forage for food [8]. Future studies could focus on the energetic effects of autotomy
468 and regeneration on brittle star behavior or respiration rates.

469 Despite its limitations, this study provides a deeper examination of aspects of brittle star
470 ecology that is the subject of very little literature. There is only one other quantitative analysis of
471 brittle star locomotion, which serves as the basis for most of the research presented here. Even
472 more generally, this study provides evidence that when adapted as a defense strategy, autotomy
473 and regeneration of body parts can be an extremely effective way to avoid predation without
474 significantly affecting long-term survival. In the words of Monty Python, "Tis but a scratch,"
475 when it comes to brittle stars.

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