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# High unexpected genetic diversity of a narrow endemic terrestrial mollusc

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A large array of species and species complexes from the Iberian Peninsula display strong genetic subdivisions indicative of past population isolation in separate glacial refugia as a result of survival throughout the Pleistocene ice ages. We used mitochondrial and nuclear sequence data to analyse phylogeographic patterns in a group of endemic land snails of the genus *Candidula* from a valley of central Portugal (Vale da Couda) showing an exceptionally narrow distributional range. Phylogenetic analyses recovered Vale da Couda specimens in two main clades that do not share a common ancestry. Considering the restricted geographic distribution, an unusual high number of haplotypes was found. These haplotypes were unevenly distributed among the sampling sites. Our results show a departure from the expectation that species with restricted distributions have low genetic variability. The putative past and contemporary models of geographic distribution of Vale da Couda lineages are compatible with a scenario of species co-existence in more southern locations during the last glacial maximum (LGM) followed by a post-LGM northern dispersal tracking the species optimal thermal, humidity and soil physical conditions. Mismatch analysis indicated a population expansion during the LGM, which corroborates our biogeographic scenario.

1 **High-unexpected genetic diversity of a narrow endemic terrestrial mollusc**

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22

23 **Abstract**

24 A large array of species and species complexes from the Iberian Peninsula display strong genetic  
25 subdivisions indicative of past population isolation in separate glacial refugia as a result of  
26 survival throughout the Pleistocene ice ages. We used mitochondrial and nuclear sequence data  
27 to analyse phylogeographic patterns in a group of endemic land snails of the genus *Candidula*  
28 from a valley of central Portugal (Vale da Couda) showing an exceptionally narrow  
29 distributional range. Phylogenetic analyses recovered Vale da Couda specimens in two main  
30 clades that do not share a common ancestry. Considering the restricted geographic distribution,  
31 an unusual high number of haplotypes was found. These haplotypes were unevenly distributed  
32 among the sampling sites. Our results show a departure from the expectation that species with  
33 restricted distributions have low genetic variability. The putative past and contemporary models  
34 of geographic distribution of Vale da Couda lineages are compatible with a scenario of species  
35 co-existence in more southern locations during the last glacial maximum (LGM) followed by a  
36 post-LGM northern dispersal tracking the species optimal thermal, humidity and soil physical  
37 conditions. Mismatch analysis indicated a population expansion during the LGM, which  
38 corroborates our biogeographic scenario.

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## 42 **Introduction**

43 Phylogeography combines evidence from both population genetics and phylogeny, to understand  
44 the evolutionary processes that shape geographic population structure (Avice 2000). These  
45 evolutionary processes include divergence between gene pools, demographic changes in  
46 populations, and migrations between metapopulations, generally promoted or constrained by  
47 geological and/or climate events. If genetic isolation is in place by whatever mechanism (e.g.  
48 allopatry or sexual selection), it is possible that, in time, local variants of a species turn into  
49 endemic species. Endemic species are usually found in relatively small areas (Gaston 1994),  
50 occupying specialized habitats with small population sizes that are more susceptible to local  
51 extinctions (Primack 2006). Endemic species constitute therefore a model to explore population  
52 genetics in what effectively can be seen as an island setting. The geographic and demographic  
53 components interact with the genetic dynamics of the species, often determining species  
54 viability. Genetic diversity is essential to ensure that populations can withstand environmental  
55 fluctuations during short timeframes and also serves as the basis for selection and capacity to  
56 adapt to changes in the environment in the long run (Frankham 2005; Laikre et al. 2009). It is  
57 therefore important to assess the genetic properties of the populations of those species, such as  
58 genetic diversity and connectivity, as well as historical demography.

59

60 Identifying the drivers of species distribution patterns is also essential to understand the species  
61 dynamics in space and time. Species distribution modeling (SDM) allows relating statistically  
62 the identified presence records of a species with the environmental characteristics of these  
63 locations. From the inferred relationship it is possible to estimate the response, function and  
64 contribution of environmental variables (Austin et al. 2006), and predict the potential

65 geographical range of a species (Elith & Leathwick 2009). Recently, there has been a growing  
66 trend towards the integration of SDM hindcasts with phylogeography as a useful approach to  
67 obtain consistent eco-evolutionary hypotheses. This combination allows getting insights how the  
68 distribution of climatic refuges and postglacial colonization pathways may have influenced  
69 genetic diversity of current populations (see e.g. Hewitt 2004).

70

71 Land snails are good models for evolutionary studies, since phylogeographic patterns are often  
72 preserved due to their limited dispersal capabilities and specific habitat requirements (Pfenninger  
73 et al. 2007). Also, snails display an unusual high intraspecific genetic variation, ca. 10-30% in  
74 mtDNA sequences (Bond et al. 2001; Hayashi & Chiba 2000; Pinceel et al. 2005; Shimizu &  
75 Ueshima 2000), which renders the taxa appropriate to understand processes shaping the  
76 partitioning of genetic variation in space. Additionally, many land snail examples in the literature  
77 show the existence of cryptic species in sympatry (Köhler & Burghardt 2015).

78

79 The land snails of the genus *Candidula* present in Europe, from eastern Canary Islands to the  
80 Balkans and northwards to Scotland and southernmost Sweden are represented by 24 putative  
81 species. Portugal has 8 endemic species (*C. coudensis*, *C. setubalensis*, *C. scabiosula*, *C.*  
82 *arrabidensis*, *C. belemensis*, *C. carrapateirensis*, *C. codia* and *C. strucki*) from a total of 12 (*C.*  
83 *gigaxii*, *C. intersecta*, *C. ponsulensis*, *C. olisippensis*) (Holyoak & Holyoak 2014) (see Figure 1  
84 for details on geographic distribution). Most species are hard to distinguish using only  
85 conchological characters and it takes a combination of morphological characters, such as the size  
86 of the penial flagellum or shell shape, to classify the specimens (Holyoak & Holyoak 2014).  
87 Nevertheless, a clear, comprehensive, taxonomic assessment based on both morphological and

88 molecular data has not been previously done. Most *Candidula* species prefer open and dry  
89 habitats, usually with calcareous substrate. In Portugal, species can be found in a variety of  
90 habitats, ranging from rocky limestone grasslands to sand dunes. There are records of coexisting  
91 *Candidula* species in Portugal: *C. coudensis* and *C. olisippensis* in Vale da Couda, and *C.*  
92 *setubalensis* and *C. arrabidensis* in Serra da Arrábida, *C. belemensis* and *C. olisippensis* in  
93 various locations of Beira Litoral, such as Serra do Sicó, and *C. gigaxii* and *C. ponsulensis* in  
94 eastern Baixo Alentejo (Holyoak & Holyoak 2014) (see Figure 1A).

95 *Candidula coudensis* (*Candidula coudensis* Holyoak & Holyoak, 2010) is a recently described  
96 endemism with a highly restricted geographic distribution of ca. 13.5 km<sup>2</sup> in Vale da Couda,  
97 Leiria, Portugal (inset Figure 1) (Moreira et al. 2015). The species can be found in open rocky  
98 limestone substrata, olive tree grounds, areas of natural vegetation, in roadside areas or even in  
99 stone-walls in nearby houses (Moreira et al. 2015). The extremely constrained geographic  
100 distribution is somewhat rare and there are several possible non-exclusive reasons that would  
101 justify such circumscribed distribution: (i) active dispersal may be very small with individuals  
102 hardly moving; (ii) very strict environmental and ecological requirements; (iii) present-day  
103 individuals of the species are remnants of an older wide-spread haplogroup that range-contracted  
104 due to reduction of humidity levels after the Last Glacial Maximum (LGM, c. 20 ka), and/ or (iv)  
105 present-day habitat disturbance processes. Specifically, we tested the following hypotheses based  
106 on premises that are likely to shape the phylogeographic structure of the land snails from Vale da  
107 Couda: (1) Vale da Couda individuals may form a monophyletic clade, indicative of a single  
108 population on a restricted area in the absence of major phylogeographic breaks (e.g. rivers or  
109 large mountains); (2) the population from Vale da Couda may show reduced levels of haplotype  
110 and nucleotide diversities, consistent with isolated population on a limited geographical area, and

111 (3) the population from Vale da Couda may have undergone demographic expansion after the  
112 LGM, similarly to many other terrestrial species.

113 Using a combination of DNA sequences (fragment of the cytochrome oxidase subunit I (COI)  
114 mitochondrial gene and of the first nuclear intron - ITS1) and geo-referenced field records of the  
115 species we sought to address the above hypotheses by (1) reconstructing the phylogenetic  
116 relationship of *C. coudensis* regarding other Portuguese *Candidula* species from different  
117 locations; (2) revealing the genetic diversity and geographic structure of contemporary *C.*  
118 *coudensis*, and (3) reconstructing the demographic history of the species. Using Iberian  
119 environmental data relative to past and current conditions retrieved from public repositories, we  
120 inferred locations of the putative refugia during the LGM and provided estimates of relative  
121 environmental suitability of *C. coudensis* that can assist future fieldwork.

122

## 123 **Material and Methods**

124 **Taxon sampling.** Sampling in Vale da Couda resulted in 73 individuals collected from 4  
125 different sites (Figure 1). In order to place the Vale da Couda samples in a broader phylogenetic  
126 context (see Phylogenetic estimation section below) a few *Candidula spp.* individuals were  
127 collected in different locations (Table 1). We received field permit from the Nature and Forests  
128 Conservation Institute (ICNF), Portugal (identifier: 81S0/201S/DCNF-LVT/DPAP) for sampling  
129 in Arrábida Natural Parque. Immediately after collection, whole shells containing the individual  
130 were stored in ethanol 70%. DNA was extracted from the samples using a CTAB protocol  
131 (Doyle & Doyle 1987). Universal primers (Folmer et al. 1994) were used in PCRs to amplify 600  
132 bp of the COI gene. PCR amplifications were performed in 25 µl total volume, using 5 µl 5X  
133 PCR Colorless Buffer (pH 8.5), 2 mM (of a 1.5 µl 25 mM MgCl<sub>2</sub> solution), 0.2 mM (0.5 µl of a



134 20 mM dNTP stock), 0.2  $\mu$ l 5u/ $\mu$ l 1U GoTaq DNA polymerase Promega (Madison, USA) and  
135 0.2  $\mu$ M (0.5  $\mu$ l of a 10  $\mu$ M stock) of each primer. The COI PCR profile consisted of 2 minutes at  
136 95°C, 35 cycles of 30 seconds at 94°C, 30 seconds at 53°C followed by an extension for 1 minute  
137 at 72°C and a final one with 5 minutes. ITS1 gene was amplified by PCR with forward primer  
138 ITS1 - 5'-TCCGTAGGTGAACCTGCGGAAGGAT-3' (White et al. 1990) and reverse primer  
139 5.8c - 5'-TGCGTTCAAGATATCGATGTTCAA-3' modified from (Hillis & Dixon 1991). PCR  
140 amplifications were performed in 25  $\mu$ l total volume, using 5  $\mu$ l 5X PCR Colorless Buffer (pH  
141 8.5), 2 mM (of a 1.5  $\mu$ l 25 mM MgCl<sub>2</sub> solution), 0.2 mM (0.5  $\mu$ l of a 20 mM dNTP stock), 0.2  $\mu$ l  
142 5u/ $\mu$ l 1U GoTaq DNA polymerase Promega (Madison, USA) and 0.2  $\mu$ M (0.5  $\mu$ l of a 10  $\mu$ M  
143 stock) of each primer. The ITS1 PCR profile consisted of 3 minutes at 97°C, 35 cycles of 1  
144 minute at 95°C, 1 minute at 55°C and 2 minutes at 72°, followed by a final extension of 5  
145 minutes at 72°C. The PCR results were purified by ethanol precipitation (Sambrook & Russell  
146 2001). Sequencing was performed on an ABI 3130xl (Applied BIOSystems) automated  
147 sequencer at CCMAR facilities.

148 COI sequences were aligned using MUSCLE (Edgar 2004), implemented in Geneious version  
149 7.0.4 (Kearse et al. 2012), and contained no gaps. Heterozygous ITS1 sequences were fed into  
150 Mixed Sequence Reader (MSR) (<http://msr.cs.nthu.edu.tw>), which separates the information  
151 from the chromatogram into a major and minor sequence, corresponding to each allele, while  
152 comparing the sequence information with a given reference sequence (Chang et al. 2012). Major  
153 and minor sequences for each sample were recovered and posteriorly aligned using MAFFT  
154 default options (Kato & Standley 2013).

155 **Phylogenetic estimation.** In this study we used phylogenetic inference with the sole purpose to  
156 ascertain the monophyly of the individuals from Vale da Couda. It is not our intention to produce

157 a phylogeny for the genus *Candidula*. We followed Holyoak and Holyoak (2014) taxonomy to  
158 identify specimens based on morphology. The partial sequences of the mitochondrial (mtDNA)  
159 COI gene including 73 *Candidula* from Vale da Couda, produced a data set of 464 nucleotide  
160 positions. The Akaike Information Criterion (Akaike 1974) implemented in MODELTEST selected  
161 the K81uf+I+G as the evolutionary model that best fits the data set. Since this model is not  
162 available in PHYML v.3.0 (Guindon et al. 2003), we selected the second best-fit model, the  
163 HKY+G. The selected model and model parameters were used in the ML analysis performed  
164 with PhyML. The robustness of the inferred trees was tested by nonparametric bootstrapping  
165 (BP) using 1000 pseudoreplicates. ML analysis was carried out at the Mobylye platform  
166 (<http://mobylye.pasteur.fr/cgi-bin/portal.py>).

167 **Population genetics.** Molecular diversity indices, including nucleotide ( $\pi$ ) (Nei 1987) and  
168 haplotype ( $H$ ) (Nei & Tajima 1981) diversities, were estimated using DnaSP v5.10 (Librado &  
169 Rozas 2009). To evaluate the level of population differentiation among four Vale da Couda sites,  
170 we used  $F_{ST}$  genetic fixation (Weir & Cockerham 1984) and  $D_{est}$  genetic differentiation (Jost  
171 2008) statistics were estimated with the modelling package 1.9.5 (Keenan et al. 2013). The  
172 variance of each statistic was assessed through the calculation of 10 000 pairwise bootstrapped  
173 95% confidence limits using a bias corrected method that basically re-centers the confidence  
174 interval (CI) around the initial parameter estimate. We employed both genetic estimators as they  
175 present advantages and drawbacks in quantifying population structure (for a discussion see Bird  
176 et al. 2011; Jost 2008; Meirmans & Hedrick 2011; Ryman & Leimar 2009; Whitlock 2011).

177 Phylogeographic relationships among haplotypes of COI and ITS1 alleles were represented using  
178 the Median Joining Network method (Bandelt et al. 1999) implemented in Network (version  
179 4.6.1.0; fluxus-engineering.com) that infers the most parsimonious branch connections between

180 sequences. Net divergences between and within mtDNA and nuclear DNA (nuDNA)  
181 haplogroups were calculated using MEGA6 (Tamura et al. 2013) using the Tamura-Nei model  
182 (Tamura & Nei 1993) for both data sets.

183 Mismatch analysis was used to explore the demographic history of *C. coudensis* with the  
184 raggedness index (rg, Harpending 1994), the sum of squared deviations (SSD, Schneider &  
185 Excoffier 1999) and R2 (Ramos-Onsins & Rozas 2002) a statistic based on the difference  
186 between the number of singleton sites and the average number of nucleotide differences.

187 Demographic mismatch analysis was based on the null hypothesis of expansion; thus, non-  
188 significant values mean non-rejection of population expansion. DnaSP (Librado & Rozas 2009)  
189 was used to obtain observed and expected distributions under the constant population model and  
190 the growth population model.

191 Initial and final  $\theta$  estimates (before and after population growth or decline) and  $\tau$  values were  
192 calculated with Arlequin v. 3.5.1.3 (Excoffier & Lischer 2010). Time of inferred population  
193 expansion were determined by  $T_{exp} = \tau / (2 \mu n)$ , where  $\mu$  = COI substitution rate per base and  
194 per generation, and  $n$  = number of bases of the COI fragment (Rogers & Harpending 1992),  
195 assuming a generation time of 1 year (Pfenninger et al. 2003).

196 **Environmental niche modelling.** The study area considered was the Iberian Peninsula.  
197 Bioclimatic variables for current conditions were retrieved from WorldClim dataset (Hijmans et  
198 al. 2005) in 30 arc seconds (~1 km), resolution used for all modelling analyses. In addition,  
199 because of the species preference for limestone soils, where is most frequently found (Moreira et  
200 al. 2015), we extracted the distribution of carbonate sedimentary rocks (e.g. limestone, dolomite  
201 and marl) from a global lithological map (Hartmann & Moosdorf 2012). The percentage of this  
202 lithological class was calculated for each grid cell of the Iberian Peninsula to be included as a

203 quantitative variable in the models. Assuming that no significant change on the Iberian  
204 distribution of continental rock lithology was produced during the last 21k years, we used the  
205 same lithological variable for the LGM projections. LGM climatic variables were obtained from  
206 Schmatz *et al.* (2015) in 30 arc seconds resolution according to four general circulation models  
207 (GCMs) pertaining to the Coupled Model Intercomparison Project (CMIP5: [http://cmip-  
208 pcmdi.llnl.gov/cmip5/](http://cmip-pcmdi.llnl.gov/cmip5/)): CCSM, CNRM, IPSL and MIROC3.2.

209 As the distribution of this recently discovered species is restricted (Moreira et al. 2015), the  
210 spatial autocorrelation of the variables is high, thus we limited the number of variables to a  
211 maximum of three to avoid over-parameterization. To select the variables, we firstly performed a  
212 Pearson correlation analysis using a threshold of  $r = |\pm 0.7|$ . Then, we performed an Ecological  
213 Niche Factor Analysis (ENFA, Hirzel et al. 2002) with the preselected uncorrelated variables.  
214 ENFA computes factors accounting for the position of the occurrence data in the  
215 multidimensional environmental space of the study area. These factors describe the  
216 environmental niche of the species by computing the distance between the mean habitat for the  
217 species in relation to the study area (marginality) and the variance of the species' niche  
218 (specialization). Thus, ENFA can be an exploratory analysis to select the most relevant variables  
219 describing the niche of the species (see e.g. Chefaoui et al. 2015; Lobo et al. 2010).

220 To model the distribution of Vale da Couda individuals under current and LGM conditions we  
221 used Maxent (Phillips et al. 2006), a maximum entropy algorithm which uses presence and  
222 background data. This technique allows a “clamping” process, which handle predictors outside  
223 the training range as if they were at the limit. We selected ten times more background points than  
224 presences at random in order to set a prevalence of 0.1, as this proportion was used before with  
225 good results (e.g., Chefaoui et al. 2015; Chefaoui & Lobo 2008). We split data (n=89) into a

226 training (80%) and a test set (20%) to perform a cross-validation during 100 iterations. To  
227 validate the models, we obtained the area under the receiver operating characteristic (ROC)  
228 curve (AUC), the sensitivity (presences correctly predicted) and the specificity (absences  
229 correctly predicted) scores using three different thresholds for validation: the prevalence (= 0.1),  
230 the value which maximizes the sum of the sensitivity and specificity, and the highest threshold at  
231 which there is no omission. An ensemble of predictions was obtained for current conditions by  
232 computing the average of the 100 iterations. For LGM projection, we produced a hindcast using  
233 the average of the four GCMs. All analyses were performed in R (R Development Core Team  
234 2013) using “adehabitat” and “dismo” packages.

235

## 236 **Results**

237 **Phylogenetic estimation.** The ML analysis ( $-\ln L = -1622.11$ ) based on the COI data set yielded  
238 the topology depicted in Figure 2. Specimens from Vale da Couda grouped into two main clades  
239 that did not cluster together. One clade included three lineages supported by high BP values (A,  
240 B, C). Lineage I grouped with specimens assigned to *C. olisippensis*. The other clade included  
241 the fourth lineage (D) and a group of eight specimens from Vale da Couda that showed an  
242 unresolved phylogenetic position. These specimens grouped with the clade of *C. setubalensis*  
243 from Arrábida (Fig. 2).

244

245 **Population genetics.** MtDNA sequence data of 73 putative *C. coudensis* individuals generated a  
246 560-bp fragment alignment with a total of 142 polymorphic sites, 124 of which were parsimony  
247 informative. These polymorphisms defined 42 haplotypes with an overall haplotype diversity and  
248 mean nucleotide diversity of  $h = 0.964 \pm 0.011$  and  $\pi = 0.084 \pm 0.004$ , respectively (Table 2A).

249 These haplotypes were organized into five main divergent haplogroups, with 22 to 63 mutation  
250 steps apart (Figure 3A). Net sequence divergence between haplogroups ranged from 11.8 to  
251 47.5%, while within net sequence divergence ranged from 0.1-2.1% (Supplementary information  
252 Figure S1). A large proportion of individuals (45%) possess unique haplotypes. The majority of  
253 haplotypes (88%) is found in only one location (i.e. 'private' haplotypes), and only five  
254 haplotypes are shared among sites (12%). In spite of the existence of these distinct haplogroups,  
255 there is no obvious phylogeographic pattern, and no evidence for closely related haplotypes (i.e.,  
256 same haplogroup) to come from the same location (Figures 3 and 4).

257 NuDNA sequence data was only obtained from 35 individuals from Vale da Couda, generating a  
258 503-bp fragment alignment with a total of 39 polymorphic sites, 17 of which were parsimony  
259 informative. The sequences defined 13 haplotypes with an overall haplotype diversity and mean  
260 nucleotide diversity of  $h = 0.822 \pm 0.050$  and  $\pi = 0.009 \pm 0.002$  respectively (Table 2A). These  
261 haplotypes constitute two haplogroups separated by 12 mutation steps (Figure 3B). Net sequence  
262 divergence between haplogroups was 2.3%, while within net sequence divergence ranged from  
263 0.6-1.6%. Only 26% of the individuals have a unique haplotype. Of the total 13 haplotypes, 10  
264 were private and three (23%) were shared between locations.

265 MtDNA haplotypes are unevenly distributed among the four sampling sites. Sites 1 and 3 have  
266 representatives from all groups while site 2 has no representation of haplogroup C and in site 4  
267 only haplogroups B and D are represented. The two ITS-1 haplogroups are just present in two  
268 sampled sites, 1 and 2. We found no association between nuDNA and mtDNA haplogroups. All  
269 COI haplogroups, except haplogroup C, are represented within ITS-1 haplogroups with  
270 individuals from haplogroup R of ITS-1 belonging to COI haplogroups A, B, D and group of 8

271 non monophyletic individuals, while ITS-1 S haplogroup individuals belong to the most common  
272 COI haplogroup (D) (Figure 4).

273 The mismatch analysis for Vale da Couda haplogroup D shows signs of historical demographic  
274 expansion. The frequency of pairwise differences between haplotypes of lineage A showed a  
275 distribution consisting of a unimodal curve, which combined with non-significant values of SDD  
276 ( $p = 0.13$ ) and raggedness ( $p = 0.08$ ) do not reject the null hypothesis of expansion. Adding to  
277 this, a low and significant value of  $R_2$  ( $p = 0.0035$ ) also supports the hypothesis of population  
278 growth for Vale da Couda haplogroup A. Since the population growth hypothesis is supported by  
279 the mismatch distribution we can use the estimated  $\tau$  to calculate the time of the expansion,  
280 according to the formula  $\tau = 2ut$ , where  $t$  is time and  $u$  is the mutation rate for the gene in study.  
281 We detected a clear signal of demographic expansion for lineage D (Fig. 5). For a population  
282 expansion of this clade to be compatible with LGM, the mutation rate would have to be between  
283 ca. 15%/MY, consistent with the high-end mutation rates observed in some gastropods (Chiba  
284 1999; Davison et al. 2009; Haase et al. 2003; Thomaz et al. 1996).

285 **Niche modelling.** Eight uncorrelated climatic variables were used to perform ENFA analysis,  
286 which finally distinguished lithology, isothermality (BIO3), and the annual precipitation (BIO12)  
287 as the three most relevant variables defining the niche for Vale da Couda lineages (Table 3).  
288 ENFA marginality factor revealed that the lithology (grid cells with high percentage of carbonate  
289 sedimentary rocks) was the most relevant predictor of its distribution, an expectable result as the  
290 species has been found exclusively on limestone (Moreira et al 2015). Besides, ENFA showed  
291 that the species has a preference for locations where the isothermality and the annual  
292 precipitation are higher than the mean conditions of the Iberian Peninsula (Table 3). Maxent  
293 models produced a strong discrimination between presence and background data regardless of

294 the threshold used (Table 4). Overall validation scores of models calibrated under current  
295 conditions were: mean AUC =  $0.981 \pm 0.002$ , mean sensitivity =  $0.979 \pm 0.017$ , and mean  
296 specificity =  $0.982 \pm 0.012$  (Table 4). The resulting ensemble for the current distribution showed  
297 two main areas with high probability of presence of Vale da Couda lineages: (1) one around the  
298 presently known distribution, and (2) different patches at the north of the Iberian Peninsula  
299 (Figure 6A). LGM projection indicates that past distribution of suitable habitats could have been  
300 wider, with also appropriate conditions in the Andalusian region and in a smaller area in the  
301 Central System (Figure 6B).

302

### 303 **Discussion**

304 The mitochondrial marker used in this study supports an unequivocal Vale da Couda complex  
305 phylogeny, with four highly divergent and genetically diverse lineages. Our results show a  
306 departure from the expectation that species with restricted distributions have low genetic  
307 variability, adding to a list of exceptions that keeps growing (e.g. Coates et al. 2006; Ellis et al.  
308 2006; Gevaert et al. 2013; Young et al. 1996). The maintenance of diversity in rare species can  
309 be explained by the existence of a large effective population size (Ellstrand & Elam 1993), which  
310 is likely the case with *Candidula* from Vale da Couda that are usually locally abundant. The  
311 distribution models obtained for Vale da Couda lineages should be interpreted as regions with  
312 environmental conditions analogous to those where the species presently occurs (Pearson et al.  
313 2007) and represent a probability of occurrence of the species.

314 **Population genetics.** Studies have shown populations with high genetic structure existing during  
315 the LGM in the Iberian Peninsula (Gómez & Lunt 2007). The particular geographical  
316 characteristics of this Peninsula (the existence of multiple mountain ranges with an east-west



317 orientation creating a wide array of microclimatic changes, the influence of both the North  
318 Atlantic and the Mediterranean Sea, and existence of different climates ranging from  
319 Mediterranean, alpine, desert and Atlantic) foster the perfect conditions for the isolation of  
320 populations creating the “refugia within refugia” (Gómez & Lunt 2007). Even though the LGM  
321 distribution model suggests a larger distribution area for Vale da Couda lineages, it is possible  
322 that populations have endured geographical fragmentation at a micro-geographical level,  
323 compatible with the observed patterns of highly divergent lineages (Byrne et al. 2014). Due to  
324 effects of genetic drift in geographically limited species we would expect that our results showed  
325 lineages from Vale da Couda to be genetically depauperated but each sampled location displayed  
326 high levels of genetic diversity (Table 2B). The four highly divergent mtDNA clades found in  
327 Vale da Couda may have resulted from multiple colonizations by different populations of the  
328 same species that extended their distribution towards more southern locations during the LGM.  
329 There are two main explanations for the maintenance of high genetic diversity in rare species: (1)  
330 large effective population sizes and/ or (2) gene flow between fragmented subpopulations. Large  
331 effective population sizes diminish the loss of genetic diversity due to genetic drift (Ellstrand &  
332 Elam 1993), and this is likely to be the case, as *Candidula* species tend to be locally abundant as  
333 suggested by recent surveys of Vale da Couda populations (Moreira et al. 2015). The existence  
334 of four highly divergent mtDNA lineages grouping in different clades suggests the absence of  
335 gene flow between populations.

336

337 **Species distribution modeling.** Two distribution models were produced for specimens found in  
338 Vale da Couda: a present-day model and a LGM model (c. 20 ka). The LGM model shows a  
339 wider area that extends to the south with higher probability of occurrence compared with the

340 present-day distribution of the individuals from Vale da Couda (Fig. 6B). This predicted  
341 distribution implies a co-occurrence between Vale da Couda lineages and other species of the  
342 genus (e.g. *C. setubalensis* and *C. belemensis*) currently occupying these southern locations. The  
343 differences between the paleo-model and the contemporary model are somewhat unexpected  
344 considering that most of the northern hemisphere terrestrial organisms have contracted their  
345 geographic distributions to the south during the harsher glacial climate conditions, and have  
346 expanded their distribution by re-colonizing former northern territories after deglaciation (Hewitt  
347 1999). However, mountainous regions of the north of the Iberian Peninsula (i.e. Pyrenees and  
348 Cantabrian Range) are known to have been covered by ice during Pleistocene glaciations, though  
349 the precise position of the ice sheet in the LGM remains uncertain (see e.g. Palacios et al. 2015).  
350 Thus, most of those northern regions found suitable by our LGM model could not have been  
351 occupied by these terrestrial land snails because of the existent ice sheet before deglaciation.  
352 According to ENFA results (Table 3) the present-day distribution of lineages from Vale da  
353 Couda is mainly driven by the presence of carbonate-dominated lithological units under rainy  
354 and isothermal climatic conditions. These specific requirements seem to be in agreement with  
355 those shown by other terrestrial mollusc species (Hermida et al. 2000; Kadmon & Heller 1998;  
356 Tattersfield et al. 2001; Tsoar et al. 2007).

357 Given the putative low dispersal capacity of this group, the most plausible hypothesis is that  
358 during Quaternary glaciations Vale da Couda lineages might have dispersed towards suitable  
359 habitat located in south-central Portugal (Lisbon and northeast of Lisbon, including Leiria),  
360 where LGM hindcast suggests appropriate conditions for these organisms. A postglacial change  
361 of climatic conditions towards lower precipitation in the Lisbon area may have caused its  
362 contraction to its actual distribution using the suitable Mesozoic calcareous rock as a corridor.

363 Despite we have addressed some common hindcasting uncertainties by using different GCMs  
364 and a clamping mask hindcast approach, we could not solve the lack of accurate lithological data  
365 for emerged coastal land in the LGM. Thus, further appropriate habitats not depicted in our  
366 models could have existed in regions near the coast.

367

368 **Biogeographic scenario.** The putative past and contemporary models of distribution of Vale da  
369 Couda lineages are compatible with a biogeographic LGM scenario of species co-existence in  
370 more southern locations followed by a northern dispersal tracking the species optimal thermal,  
371 humidity and soil physical conditions. This co-existence is plausible given the fact that *C.*  
372 *setubalensis* and *C. arrabidensis* occur in sympatry, as well as *C. olisippensis* and *C. coudensis*  
373 (Holyoak & Holyoak 2014) and share habitat requirements with Vale da Couda lineages (Figure  
374 2). Moreover, Roucoux (2001) shows low but fluctuating tree pollen through the LGM, along  
375 with abundant grass and some herb pollen, indicating likely widespread suitability of the grassy  
376 habitats for *Candidula* species throughout the LGM. Similar events have already been detected  
377 for other land snail species (Harl et al. 2014; Sauer & Hausdorf 2010; Shimizu & Ueshima  
378 2000). After the LGM, environmental conditions during deglaciation were such that promoted  
379 northward dispersal of land snails and the establishment of populations in locations of suitable  
380 isothermality and precipitation like Vale da Couda. *C. setubalensis* and *C. arrabidensis*  
381 maintained a southern distribution, in the Setubal Peninsula. Specifically, we hypothesize that  
382 Pleistocene conditions may have isolated populations into pockets of suitable habitats in more  
383 southern locations, which promoted population differentiation and intra-specific diversification  
384 without apparent geological barriers.

385

386 **Taxonomic implications.** Divergence between COI sequences has been used as a tool to  
387 identify new species based on the premise that there is a “DNA barcoding gap”, meaning that  
388 the genetic differences between intra- and inter-specific individuals do not overlap, with the  
389 latter being bigger than the former (Bucklin et al. 2011). Several studies have shown that high  
390 levels of mtDNA divergence are extremely common within land snail species, reaching values  
391 as high as 30% (Chiba 1999; Davison et al. 2009; Haase et al. 2003; Thomaz et al. 1996), and  
392 values between species going as low as 1% (Davison et al. 2009). These findings preclude the  
393 application of the DNA barcoding approach to land snails because there is no known “barcoding  
394 gap” and as such species cannot be discriminated solely based on a threshold value of sequence  
395 divergence. Nevertheless, a conservative approach to our results imply the existence in Vale da  
396 Couda of at least two species, represented by the two most divergent lineages (Figure 2). These  
397 lineages are likely to display the highest genetic variability of the two species that according to  
398 Holyoak (2014) coexist in that region, *C. coudensis* and *C. olisippensis*. As discussed before,  
399 patterns of high mitochondrial divergence can be attributed to the maintenance of ancient  
400 polymorphisms from past isolations (Dillon Jr & Robinson 2009) combined with the effects of  
401 present large overall population size and gene flow between fragmented sub-populations.

402

403 **Conclusions.** The genetic survey presented here revealed the existence of four lineages in Vale  
404 da Couda with independent evolutionary histories. These results do not corroborate previous  
405 morphological studies that considered the existence of a single species, *Candidula coudensis*.  
406 LGM hindcasts revealed the existence of putative glacial refugia south of the current  
407 distribution of the lineages of Vale da Couda. We hypothesize a biogeographic scenario, which  
408 is consistent with the inferred LGM distribution and the high genetic diversity observed in a

409 terrestrial snail with an extremely narrow known distributional range. Although unexpected in  
410 organisms with such a restricted distribution, the high genetic diversity found in Vale da Couda  
411 lineages adds to the growing list of exceptions where low-dispersal species show high levels of  
412 genetic variability. These findings have implications for the understanding of the genetic  
413 characteristics of rare and endemic species. From a conservation perspective, Vale da Couda  
414 lineages do not seem to be endangered, with high genetic diversity within and between lineages  
415 maintained by putative large effective population sizes.

416

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419

420

#### 421 **References**

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- 643

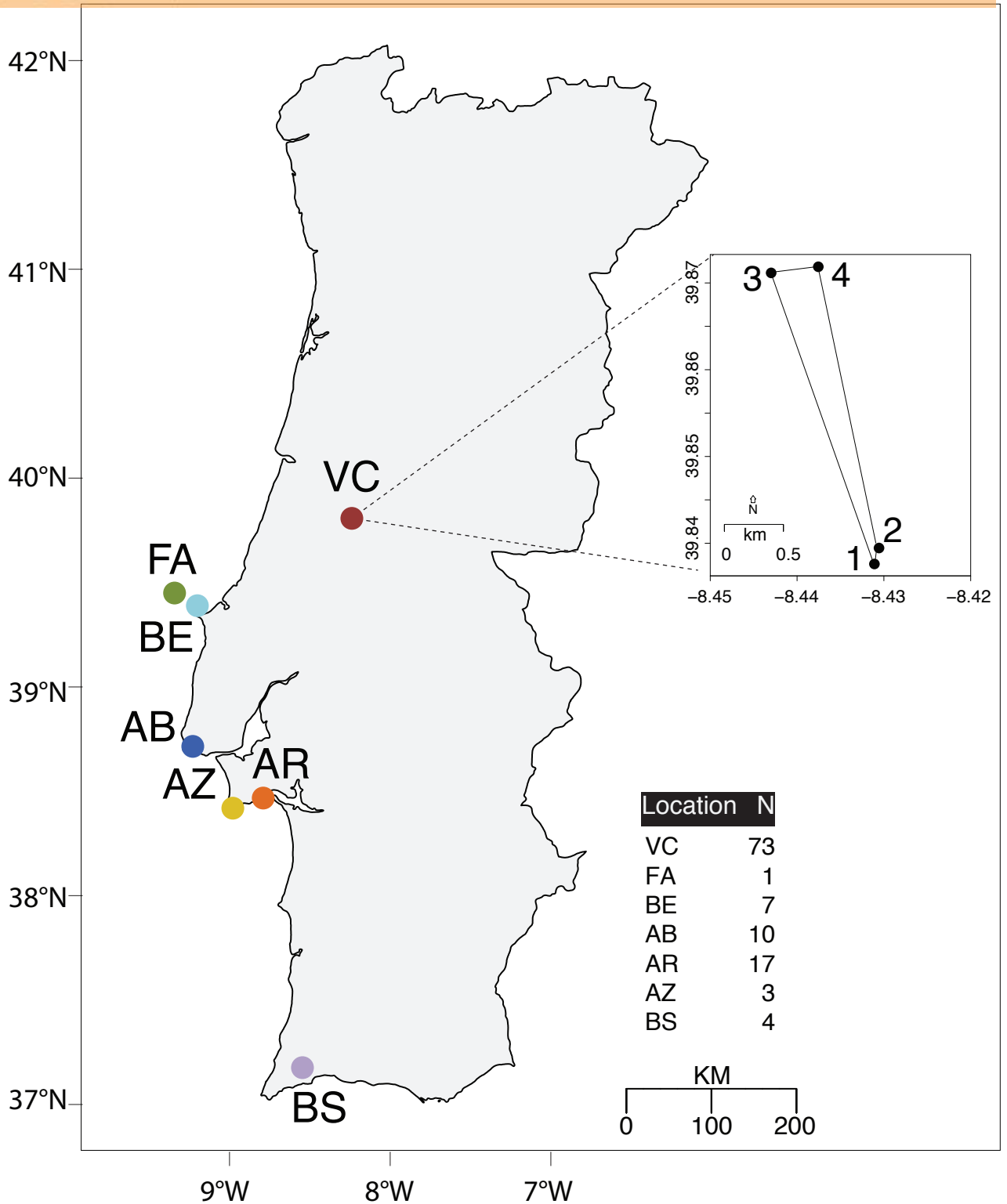
**Figure 1** (on next page)

Distribution of *Candidula* sampling sites.

Figure 1. Distribution of *Candidula* sampling sites in mainland Portugal and number of samples. Inset: detail of Vale da Couda collection sites.



Latitude

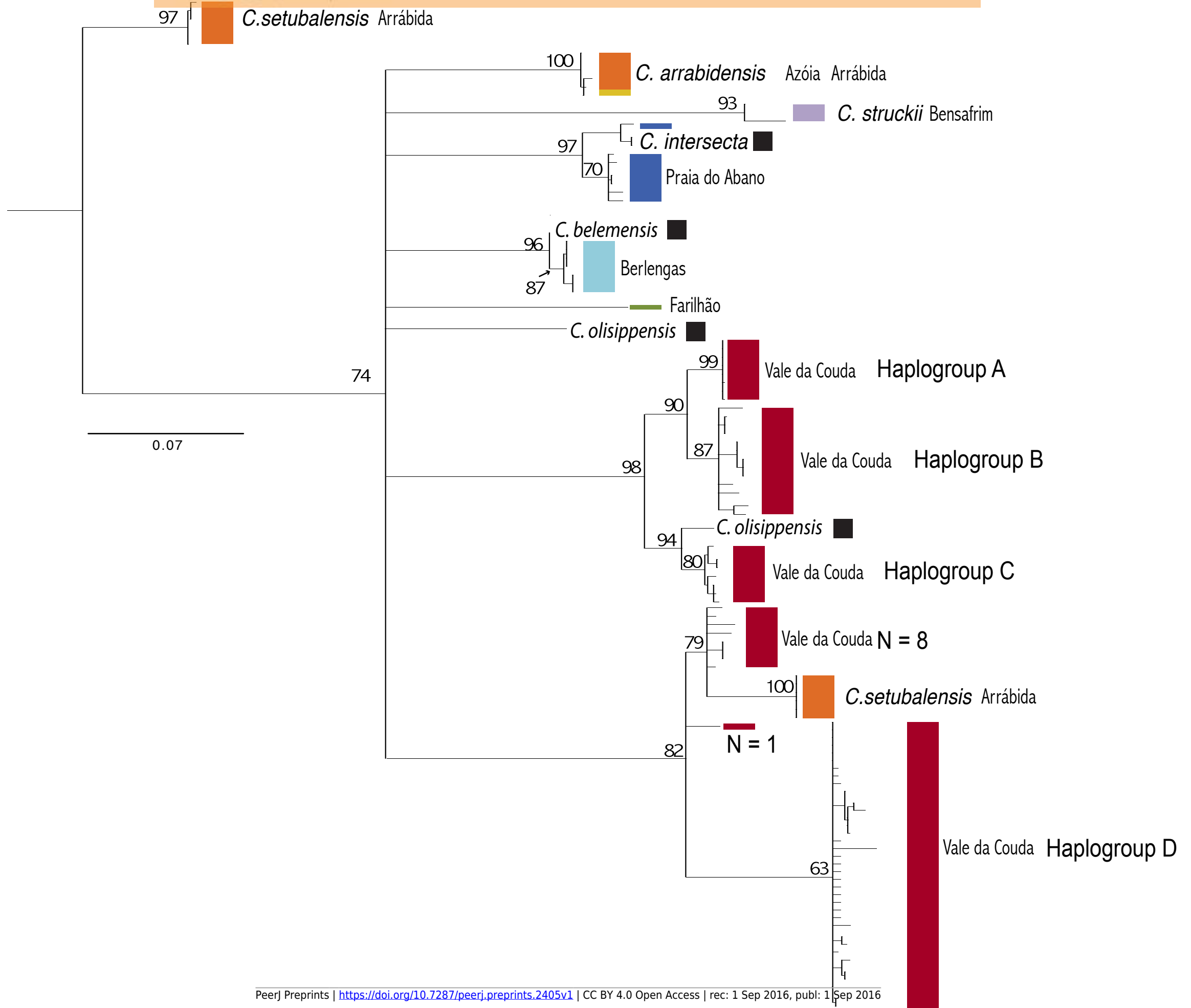


Longitude

**Figure 2** (on next page)

Phylogenetic relationships between individuals from Vale da Couda (in red) and other locations.

Figure 2. Phylogenetic relationships between *Candidula* individuals from Vale da Couda (in red) and other locations. Black squares represent individuals identified morphologically and anatomically. Colours of locations as in Figure 1. Outgroups removed from figure for illustrative purposes.

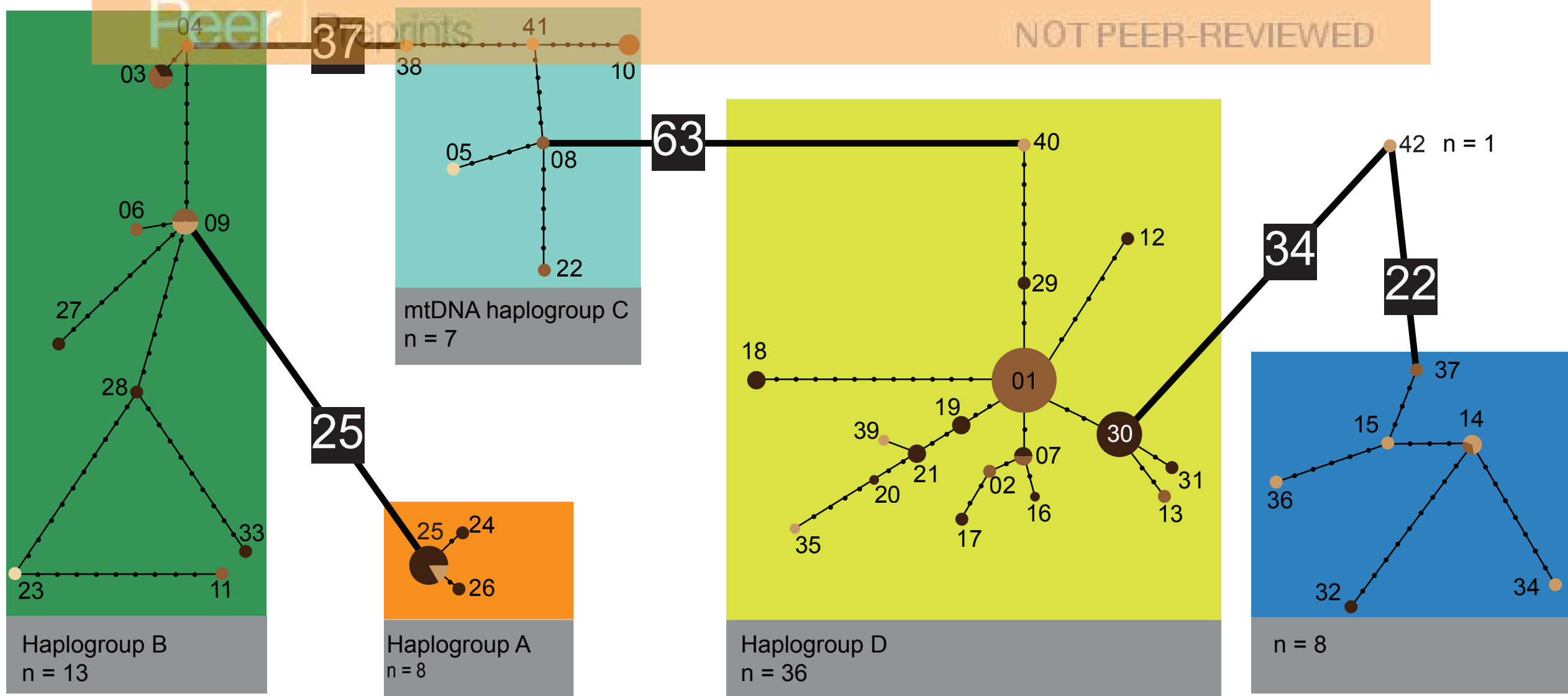


**Figure 3**(on next page)

Statistical parsimony haplotype networks for Vale da Couda individuals.

Figure 3. (A) MtDNA COI statistical parsimony haplotype network for Vale da Couda individuals. (B) Nuclear ITS1 statistical parsimony haplotype network for Vale da Couda individuals. Each branch represents one inferred mutational step; small black circles on branches represent additional inferred mutational steps; numbers in black squares denote more than twenty mutations.

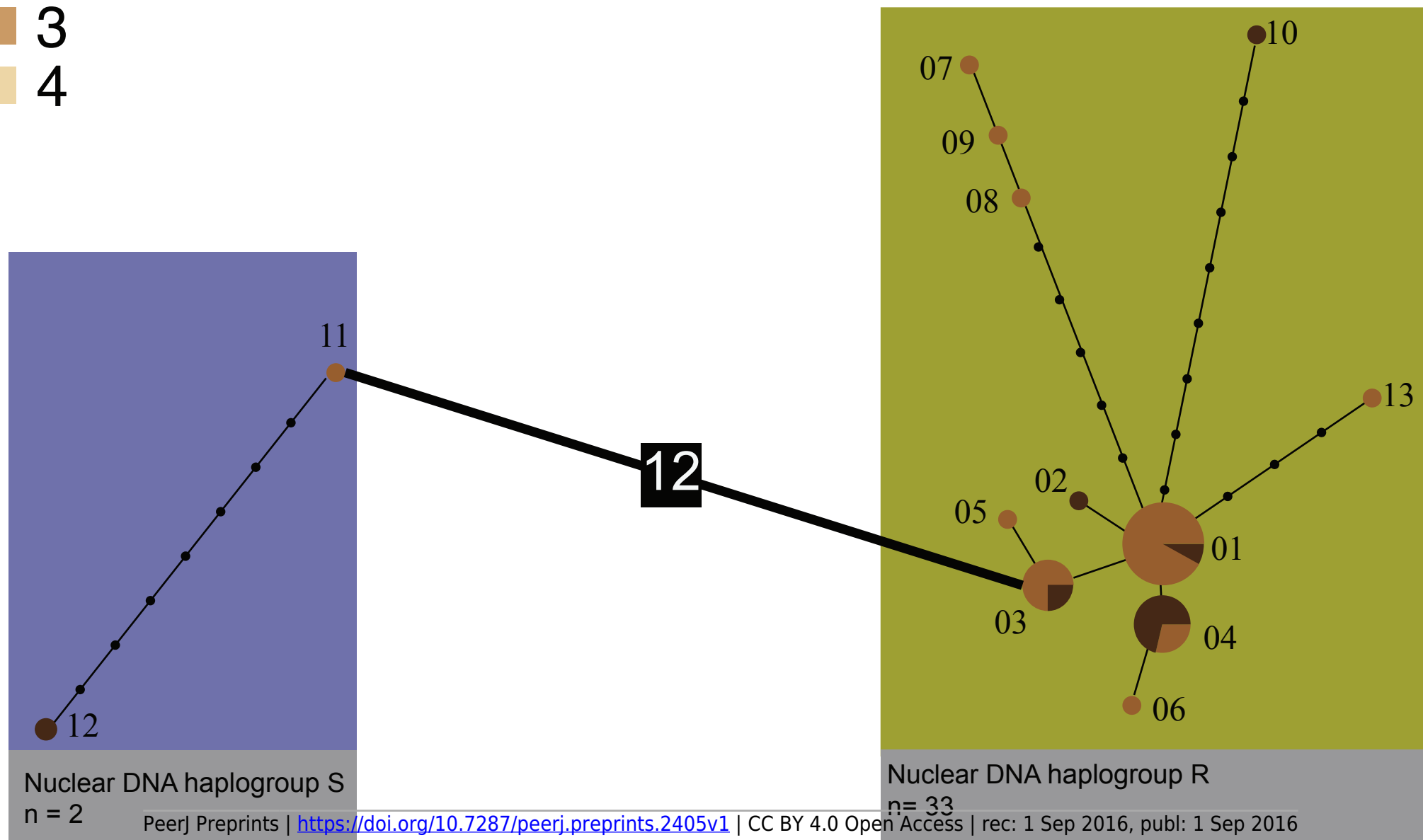
**A**



**Locations**

- 1
- 2
- 3
- 4

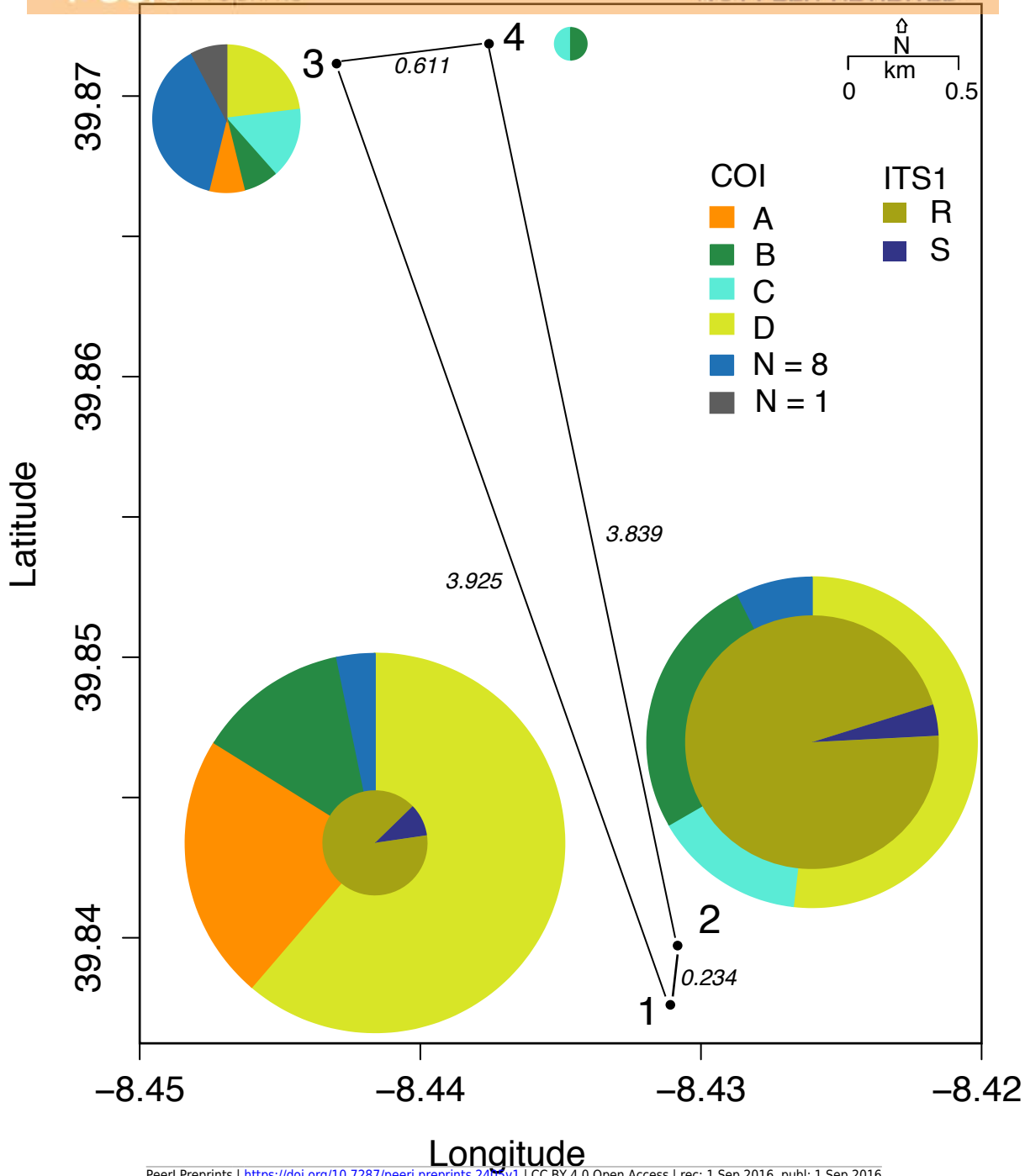
**B**



**Figure 4**(on next page)

Distribution of mtDNA lineages in Vale da Couda sites.

Figure 4. Distribution of mtDNA lineages in Vale da Couda sites. Numbers represent sites; numbers in *italic* represent distance in km between sites. Size of circles is proportional to the number of individuals. Colors depicting haplogroups are the same as in Figure 3.

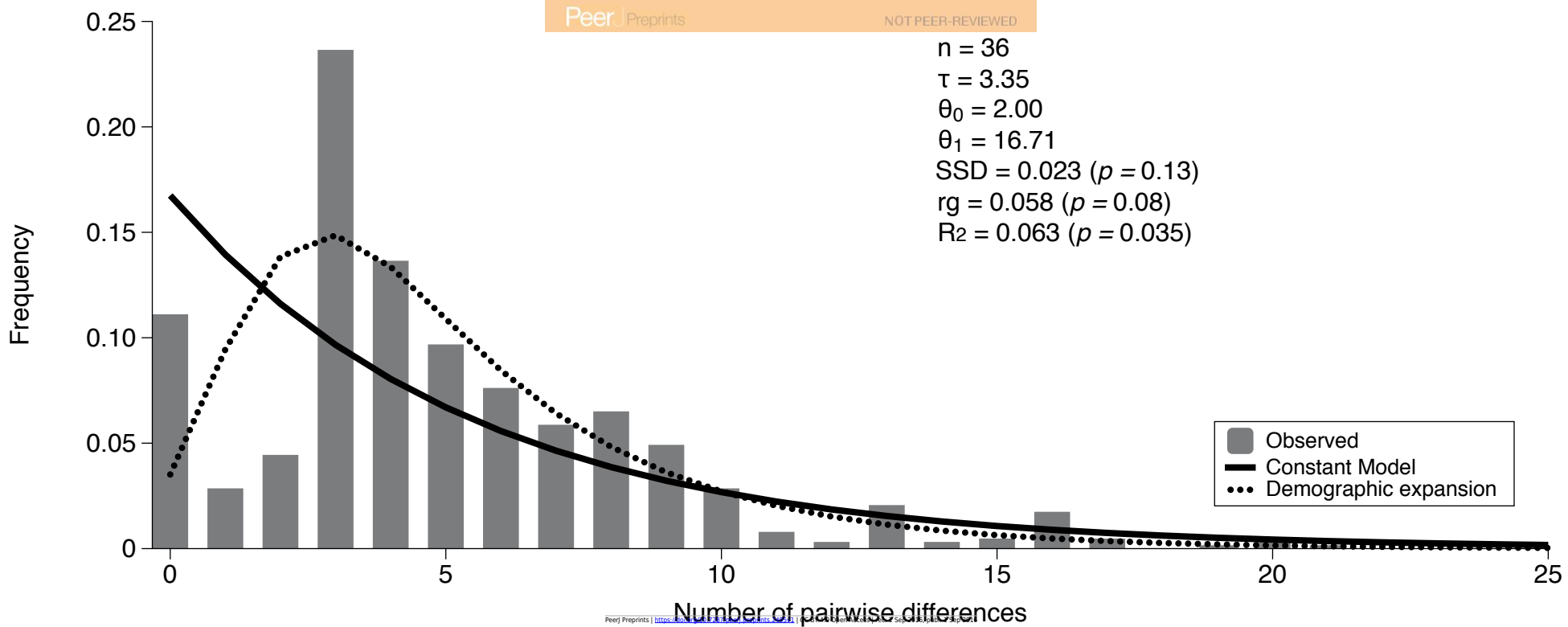


**Figure 5** (on next page)

Mismatch distribution of lineage D from Vale da Couda

Figure 5. Mismatch distribution of lineage D from Vale da Couda, indicating number of individuals in the analysis ( $n$ ), Fu's FS test of selective neutrality and population expansion, evolutionary expansion age in mutational units ( $\tau$ ), effective population size before ( $\theta_0$ ) and after ( $\theta_1$ ) population expansion, and mean expansion time in units of thousand years ( $ka$ ). Note that the range in expansion age corresponds to the 95% confidence interval of ( $s$ ). SSD represents the sum of squares deviations,  $rg$  the raggedness statistics and  $R_2$ .



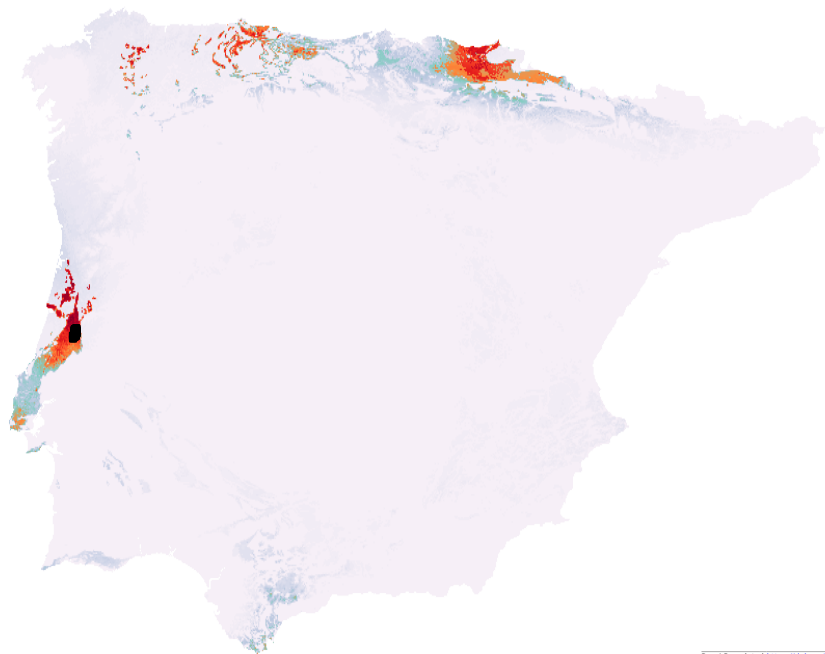


**Figure 6**(on next page)

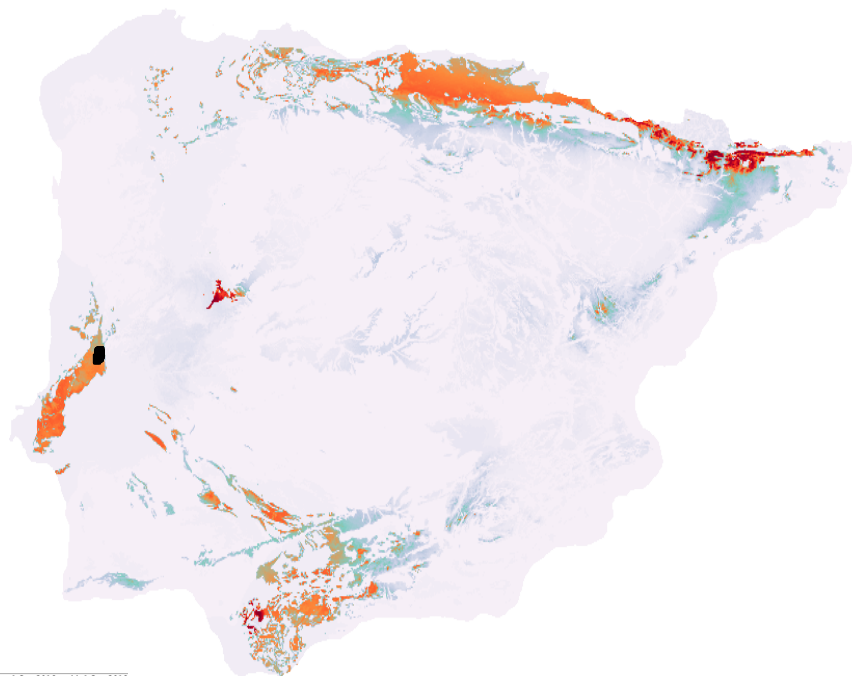
LGM and current climate predicted geographic distributions.

Figure 6. Predicted geographic distribution built with presences of Vale da Couda individuals and based on (A) current climate, and (B) Last Glacial Maximum (LGM) conditions. Colour scale represents high probability of occurrence in red and low levels in blue. Black dots represent the present-day known occurrences in the Vale da Couda. Ice sheet existing during LGM in the north of the Iberian Peninsula is not depicted.

a



b



**Table 1** (on next page)

Sample location and summary statistics for *Candidula*.

Sample location and summary statistics for *Candidula*.

1

Location	Code	Long	Lat	<i>N</i>	<i>nh</i>	<i>h</i> ± <i>s.d.</i>		$\pi$ ± <i>s.d.</i>	
Arrábida	AR	38.5	-9.0	17	9	0.860	± 0.068	0.108	± 0.009
Azoia, Espichel	AZ	38.4	-9.2	3	3	1.000	± 0.272	0.105	± 0.047
Berlengas	BE	37.2	-8.7	7	2	0.571	± 0.119	0.004	± 0.000
Bensafrim	BS	39.4	-9.4	4	3	0.833	± 0.222	0.116	± 0.054
Farilhão	FA	39.5	-9.5	1	1	0.000		-	-
Praia do Abano	AB	38.7	-9.5	10	9	0.978	± 0.054	0.025	± 0.006
Vale da Couda	VC	39.8	-8.4	73	42	0.964	± 0.011	0.084	± 0.004
<b>Total</b>				115	69	0.972	± 0.009	0.122	± 0.004

2

3 *N*: number of individuals; *Nh*: number of haplotypes; *h*: haplotype diversity;  $\pi$ : nucleotide  
4 diversity; *s.d.*: standard deviation.

5

**Table 2** (on next page)

Vale da Couda lineages and sites statistics.

Vale da Couda lineages, sample sizes and summary statistics for COI and ITS1 sequence fragments (A). Vale da Couda site sample sizes, lineages present and summary statistics for COI and ITS1 (B).

1  
2 (A)

Lineages	COI						ITS-1					
	<i>N</i>	<i>Nh</i>	Locations	<i>h</i> ± <i>s.d.</i>	$\pi$ ± <i>s.d.</i>		<i>N</i>	<i>Nh</i>	Locations	<i>h</i> ± <i>s.d.</i>	$\pi$ ± <i>s.d.</i>	
A	36	17	1, 2, 3	0.889 ± 0.001	0.009 ± 0.001		33	11	1,2	0.799	0.054	0.006 ± 0.001
B	7	6	2, 3, 4	0.952 ± 0.096	0.010 ± 0.096		2	2	1,2	1.000	0.500	0.016 ± 0.008
C	8	3	1, 3	0.464 ± 0.040	0.001 ± 0.000							
D	13	9	1, 2, 3, 4	0.936 ± 0.051	0.018 ± 0.002							
-	8	6	1, 2, 3	0.893 ± 0.111	0.013 ± 0.003							

3  
4  
5 (B)

Locations	COI						ITS-1					
	<i>N</i>	<i>Nh</i>	Lineages	<i>h</i> ± <i>s.d.</i>	$\pi$ ± <i>s.d.</i>		<i>N</i>	<i>Nh</i>	Lineages	<i>h</i> ± <i>s.d.</i>	$\pi$ ± <i>s.d.</i>	
1	31	18	A, C, D, E	0.927 ± 0.031	0.075 ± 0.008		10	6	R, S	0.778 ± 0.137	0.011 ± 0.005	
2	27	15	A, B, D, E	0.863 ± 0.062	0.081 ± 0.007		25	10	R, S	0.763 ± 0.007	0.007 ± 0.002	
3	13	12	A, B, C, D, E	0.987 ± 0.035	0.091 ± 0.009							
4	2	2	B, D	1.000 ± 0.500	0.083 ± 0.042							

6  
7 *N*, Sample size; *Nh*, number of haplotypes; *h*, haplotype diversity;  $\pi$ , nucleotide diversity; *s.d.*, standard deviation  
8

**Table 3** (on next page)

## Environmental Niche Factor Analysis

Environmental Niche Factor Analysis (ENFA) results showing marginality and specialization factors scores. The three variables with higher marginality scores (in bold) were selected for subsequent analyses.



1

Variable	Marginality	Specialization
bio1	0.19	0.40
bio3	<b>0.47</b>	0.00
bio7	-0.40	0.10
bio8	-0.10	0.05
bio12	<b>0.45</b>	0.07
bio9	0.07	-0.91
bio17	-0.10	0.03
lithology	<b>0.59</b>	0.00

2

3

**Table 4**(on next page)

Summary of Maxent models

Mean AUC, sensitivity and specificity scores obtained from the 100 Maxent models according to the three thresholds used. (Spec\_sens: threshold that maximizes the sum of the sensitivity and specificity).

1

<b>Model validation</b>	<b>Threshold</b>	<b>Mean <math>\pm</math> standard deviation</b>
AUC	Prevalence	0.983 $\pm$ 0.007
	No omission	0.980 $\pm$ 0.019
	Spec_sens	0.980 $\pm$ 0.018
Sensitivity	Prevalence	0.999 $\pm$ 0.006
	No omission	0.971 $\pm$ 0.037
	Spec_sens	0.969 $\pm$ 0.038
Specificity	Prevalence	0.968 $\pm$ 0.013
	No omission	0.989 $\pm$ 0.020
	Spec_sens	0.990 $\pm$ 0.010

2