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Antioxidant nutrition in Atlantic salmon (*Salmo salar*) parr and post-smolt, fed diets with high inclusion of plant ingredients and graded levels of micronutrients and selected amino acids

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The shift from marine to plant based ingredients in fish feeds affects the dietary concentrations and bioavailability of micronutrients, amino acids and lipids and consequently warrants a re-evaluation of dietary nutrient recommendations. In the present study, an Atlantic salmon diet high in plant ingredients was supplemented with graded levels of nutrient premix (NP), containing selected amino acids, taurine, cholesterol, vitamins and minerals. This article presents the results on the antioxidant nutrients vitamin C, E and selenium (Se), and effects on tissue redox status. The feed ingredients appeared to contain sufficient levels of vitamin E and Se to cover the requirements to prevent clinical deficiency symptoms. The body levels of α -tocopherol (TOH) in parr and that of Se in parr and post-smolt showed a linear relationship with dietary concentration, while α -TOH in post-smolt seemed to be saturable with a breakpoint near 140 mg kg⁻¹. Ascorbic acid (Asc) concentration in the basal feed was below the expected minimum requirement, but the experimental period was probably too short for the fish to develop visible deficiency symptoms. Asc was saturable in both parr and post-smolt whole body at dietary concentrations of 190 and 63-89 mg kg⁻¹, respectively. Maximum whole body Asc concentration was approximately 40 mg kg⁻¹ in parr and 14 mg kg⁻¹ in post-smolt. Retention ranged from 41 to 10% in parr and from -206 to 12% in post-smolt with increasing NP supplementation. This indicates that the post-smolts had an extraordinarily high consumption of Asc. Analyses of glutathione (GSH) and glutathione disulphide (GSSG) concentrations and the calculated GSH based redox potentials in liver and muscle tissue, indicated only minor effects of diets on redox regulation. However, the post-smolt were more oxidized than the parr. This was supported by the high consumption of Asc and high expression of gpx1 and gpx3 in liver. Based on the present trials, the recommendations for supplementation of vitamin C and E in diets for Atlantic salmon are similar to current practices, e.g 150-200 mg kg⁻¹ of α -TOH and 190 mg kg⁻¹ Asc which was the saturating concentration in parr. Higher concentrations than what would prevent clinical deficiency symptoms are necessary to protect fish against incidents of oxidative stress and to

improve immune and stress responses. There were no indications that the Se requirement exceeded the current recommendation of 0.3 mg kg^{-1} .

1 **Antioxidant nutrition in Atlantic salmon (*Salmo salar*) parr and post-smolt, fed diets with high**
2 **inclusion of plant ingredients and graded levels of micronutrients and selected amino acids**

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19

20 **Abstract**

21 The shift from marine to plant based ingredients in fish feeds affects the dietary concentrations and
22 bioavailability of micronutrients, amino acids and lipids and consequently warrants a re-evaluation of
23 dietary nutrient recommendations. In the present study, an Atlantic salmon diet high in plant
24 ingredients was supplemented with graded levels of nutrient premix (NP), containing selected amino
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26 nutrients vitamin C, E and selenium (Se), and effects on tissue redox status. The feed ingredients
27 appeared to contain sufficient levels of vitamin E and Se to cover the requirements to prevent clinical
28 deficiency symptoms. The body levels of α -tocopherol (TOH) in parr and that of Se in parr and post-
29 smolt showed a linear relationship with dietary concentration, while α -TOH in post-smolt seemed to be
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41 vitamin C and E in diets for Atlantic salmon are similar to current practices, e.g $150\text{-}200 \text{ mg kg}^{-1}$ of α -TOH
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45 exceeded the current recommendation of 0.3 mg kg^{-1} .

46

47

48 Introduction

49 The shift from marine to plant based ingredients in fish feeds leads to changes in dietary concentrations
50 and bioavailability of several nutrients. So far, research on plant based diets for Atlantic salmon has mainly
51 focused on balancing the amino acid profile and reducing the amounts of antinutrients (Espe et al. 2006;
52 Espe et al. 2007; Krogdahl et al. 2005), while micronutrients have received far less attention. In the present
53 study, two feeding experiments were conducted on salmon, one with parr in freshwater and one with
54 post-smolt in seawater, using a basic diet containing 10% fishmeal and 3.5% fish oil of the total recipe, in
55 addition to plant based protein and lipid sources. A nutrient premix (NP), containing potentially critical
56 micronutrients, amino acids, taurine and cholesterol, was added at graded levels to this diet and health
57 indicators and biomarkers were used to estimate optimal supplementation of the different nutrients.
58 Hemre et al. (in prep.) presents data on general fish performance, retention of macronutrients, B-vitamins
59 and amino acid metabolism. Data on selected minerals and vitamin A, D and K are presented by Lock et
60 al. (in prep). The present publication is related to antioxidant nutrients and redox regulation.

61 Vitamin E is the general term for a group of lipid soluble antioxidants, tocopherols and tocotrienols, where
62 α -tocopherol (α -TOH) has the highest biological activity (United States Pharmacopeia 1993). α -TOH is
63 selectively retained in the body of mammals (Kayden & Traber 1993; Rigotti 2007) and Atlantic salmon
64 (Hamre 2011; Hamre et al. 1998), possibly due to a liver TOH binding protein, with high affinity for this
65 isomer (Kayden & Traber 1993; Yoshida et al. 1992). Vitamin E breaks the chain of lipid peroxidation by
66 reducing fatty acid peroxide radicals, preventing oxidation of new fatty acids (Buettner 1993). It takes
67 approximately 3 months for Atlantic salmon parr to adjust their body concentration of α -TOH to the
68 dietary concentration and there is a linear relation between dietary and whole body concentrations when
69 dietary α -TOH ranges between 0 and 300 mg kg⁻¹. The slope is quite reproducible between experiments,
70 at approximately 0.25 between fish concentration on wet weight and feed concentration on dry weight
71 (Hamre et al. 1997; Hamre & Lie 1995). Vitamin E is added as α -tocopheryl acetate (α -TOAc) in fish feed,
72 thereby protected against oxidation. The requirement is highly variable, in rainbow trout (*Oncorhynchus*
73 *mykiss*) dietary requirements between 5 and 100 mg kg⁻¹ have been reported, dependent on dietary
74 composition and experimental conditions. Factors that affect the vitamin E requirement are dietary PUFA,
75 vitamin C and Se concentrations and oxidized feed (Hamre 2011). Furthermore, the estimated
76 requirement varies with the response variable used. Hemoglobin concentration is a sensitive indicator of
77 overall health and growth performance while indicators of immune function respond at higher dietary
78 levels of vitamin E and will often give very high requirement assessments (Hamre 2011). In the present

79 study, γ -TOH is used as a representative of the non- α -TOHs, since it is often present in plant oils at high
80 concentrations.

81 In classical nutrition, vitamin C (ascorbic acid, Asc) has a well defined role as a cofactor for the enzymes
82 catalyzing the hydroxylation of proline and lysine, necessary for formation of collagen and bone matrix
83 (Barnes & Kodicek 1972; Gould et al. 1960; Terova et al. 1998). The function of Asc is to keep the iron
84 present at the enzymes' active site in the reduced state (Meister 1994). More generally, Asc is a water-
85 soluble antioxidant, it scavenges free radicals and probably participates in recycling oxidized vitamin E
86 (Hamre et al. 1997; Tappel 1962). The resulting Asc radical or dehydroascorbic acid can in turn be reduced
87 by glutathione (GSH) and ultimately by NADPH produced in energy metabolism (Mrtensson & Meister
88 1991). Crystalline Asc is very unstable, susceptible to leakage from feed pellets immersed in water and to
89 oxidation. It was therefore not until stable and fully bioavailable forms of vitamin C were developed that
90 meaningful requirement studies in fish could be designed (Woodward 1994). Sandnes et al. (1992)
91 performed one of the first of such studies in Atlantic salmon using Ca ascorbate-monophosphate (AP).
92 They found a minimum dietary requirement, based on growth, mortality and skin and backbone
93 hydroxyproline concentration, of 10-20 mg kg⁻¹. Severe deficiency symptoms appeared first after 18 weeks
94 of feeding the non-supplemented diet. Concentration of Asc in the liver was linearly related to dietary AP
95 up to 160 mg kg⁻¹ Asc equivalents. These findings were confirmed by Hamre *et al.* (1997), however, the
96 appearance of vitamin C deficiency symptoms depended on the dietary concentration of vitamin E and is
97 probably affected by other variations in the experimental conditions as well (Dabrowski et al. 2004;
98 Gabaudan & Verlhac 2001; Sandnes et al. 1992). It is common for several fish species that dietary Asc
99 required for maximum body or tissue storage surpasses the requirement levels for growth, survival and
100 hydroxyproline concentrations (NRC 2011). Furthermore, immune response indicators are stimulated by
101 Asc levels far above conventional requirements, which also protect against stress (Trichet 2010; Waagbø
102 1994; Waagbø 2006).

103 Selenium (Se) is an essential trace element inserted in selenocysteine (Sec), situated at the active site of
104 Se dependent proteins, termed selenoproteins (Brigelius-Flohe 1999). The selenoproteins can be grouped
105 in stress-related and housekeeping proteins, the first group responds readily to dietary Se and includes
106 glutathione peroxidase (GPX) 1 and 3 (Penglase et al. 2014). In mammals, the dietary Se level at which
107 GPX1 activity and gene expression level off, is commonly used as an indicator of the Se requirement
108 (Sunde et al. 2009; Weiss et al. 1996; Weiss et al. 1997). GPX1 activity in rainbow trout plasma followed a
109 similar trajectory to that in mammalian tissues and leveled off at dietary Se levels (given as Na₂SeO₃)

110 between 0.15 and 0.38 mg kg⁻¹ (Hilton et al. 1980). However, in zebrafish, maximum growth correlated
111 with minimum whole body GPX1 activity and mRNA expression at 0.3 mg kg⁻¹ dietary Se. Dietary Se above
112 this level reduced growth and increased GPX1 activity and expression (Se given as SelPlex, Se enriched
113 yeast which contains mainly selenomethionine; Penglase et al., 2014). Likewise, in whole cod larvae, 3.0
114 compared to 0.7 mg kg⁻¹ dietary Se had a negative effect on growth early in development, whereas GPX1
115 activity and expression were stimulated (Penglase et al. 2010). This may indicate that the relation between
116 GPX1 and Se requirement is different in fish and mammals. There was a linear relationship between
117 dietary Se in the range 0.1 to 1.0 mg kg⁻¹ and whole body Se concentrations in the zebrafish study
118 (Penglase et al. 2014).

119 The cellular redox environment affects the cell's fate because gene expression, protein function and
120 molecular pathways are often redox sensitive (Go & Jones 2013; Jones & Sies 2015; Kirlin et al. 1999). The
121 key mechanism is that protein cysteine residues switch between oxidized and reduced states
122 corresponding to active and inactive states of the involved proteins (redox switches). An example is that
123 a more oxidized cellular environment induces a redox switch that releases the nuclear factor-erythroid 2-
124 related factor 2 (NFE2L2) transcription factor from a complex with another protein, KEAP1. Once released,
125 NFE2L2 induces the transcription of at least 50 mammalian genes; many of which code for antioxidants,
126 thiol oxidoreductases and glutathione synthesis/recycling genes; that are involved in maintaining the
127 redox balance and/or are involved in redox signaling (reviewed by Ma 2013). Cellular redox homeostasis
128 is thought to be maintained by redox couples that act as electron buffers due to their ability to readily
129 cycle between oxidized and reduced forms (Jones & Sies 2015). The major redox couples are
130 reduced/oxidized glutathione (2GSH/GSSG), cysteine (2Cys/CySS) and thioredoxin (Trx(SH)₂/TrxSS)
131 (Huseby et al. 2009) and the related redox potential (E) is proportional to the ratio between the (reduced)²
132 and oxidized forms of the redox couples, according to the Nernst Equation. GSH/GSSG is present in cells
133 in high concentrations. It may therefore be the most important cellular redox couple and is used as an
134 indicator of tissue redox state in the present study.

135 Using a multivariate design, we studied the variation of the 2GSH/GSSG couple in juvenile Atlantic salmon
136 (*Salmo salar*) supplemented with dietary vitamins C and E, astaxanthin, lipid, iron, copper and manganese
137 at levels just above the requirement or just below anticipated toxicity/over supplementation. This
138 resulted in variation of less than 10 % in the GSH/GSSH concentrations and more or less constant redox
139 potentials (E_{GSH}) in muscle, liver and plasma, which were also similar after 14 and 23 weeks of feeding the
140 experimental diets (Hamre et al. 2010b). In Atlantic salmon post-smolts, organ specific E_{GSH} therefore

141 seems to be strictly regulated and stable with regard to variation of the nutrients used in this study. A
142 hypothesis of the present study is therefore that GSH/GSSG concentrations and E_{GSH} are stable in healthy
143 fish and can be used as indicators of fish welfare during the growth phase in salmon. On the other hand,
144 the 2GSH/GSSG redox couple and many genes coding for proteins that maintain the cellular redox system
145 are dynamically regulated during fish embryonic and larval development (Hamre et al. 2014; Penglase et
146 al. 2015; Skjærven et al. 2013; Timme-Laragy et al. 2013).

147 Here we present data on antioxidant nutrients and redox regulation of two feeding trials (freshwater and
148 seawater) with graded NP levels. Tissue concentrations and retention of vitamin C, E and Se, traditionally
149 viewed as the main antioxidant nutrients, as well as effects of a graded nutrient premix on tissue
150 GSH/GSSG concentrations and the related redox potentials were analyzed. We have also measured the
151 expression of some central genes for regulation of redox homeostasis in the liver; the transcription factor
152 *nfe2l2*, *cuznsod*, *mnsod*, *cat*, *gpx1* and *gpx3* which metabolize superoxide anions and H_2O_2 , *gclc* which
153 translates into the rate limiting protein in GSH synthesis, and *g6pd* and *gr* involved in keeping glutathione
154 in the reduced state.

155

156

157

158 **Materials and methods**

159

160 *2.1. Experimental diets*

161 The seven experimental diets were produced at Biomar Technology Centre (Denmark), as described in
162 Hemre et al. (in prep). All diets contained the same basal mixture of ingredients (10.4% marine protein
163 ingredients and 3.5% fish oil of the whole receipt, the rest plant ingredients, Table 1). A nutrient premix
164 (NP) was added in graded amounts, replacing some of the field peas in the formulation. Phosphate, lysine,
165 threonine and choline were added to all diets in equal amounts. An antioxidant mixture to protect the
166 feed during production, and yttrium for later digestibility measurements were also added to all diets. Diet
167 acronyms were as follows: ONP had no addition of the micronutrient premix, then the NP was added in
168 graded amounts to the six diets called 25NP, 50NP, 100NP, 150NP, 200NP and 400NP. The general idea
169 was that the 100NP diets should contain 100% of the assumed requirement, achieved by addition of the
170 nutrient premix to the basal diet (based on available data, primarily for rainbow trout (NRC 2011) for each
171 nutrient). However, some nutrients such as α -tocopherol and Se were already present at or above
172 expected minimum requirements in the basal diet, but these were added in the NP to achieve increasing
173 levels in the 7 diets and to examine if higher requirements could be assessed. The 25NP diet contained
174 0.25 times the NP from the 100NP diet, while the 400NP contained 4 times the NP from the 100NP diet.
175 As all nutrients were also present in the diet ingredients to some extent (not only contributed by the NP),
176 the 400NP diet would never have 4 times higher content than the 100NP diet, and the fold difference
177 would vary depending on the contribution from the NP versus the diet ingredients for each nutrient. The
178 NP contained vitamin D₃, α -tocopheryl acetate, vitamin K₃, vitamin A₁, ascorbyl monophosphate, vitamin
179 B₆, biotin, cobalamin, folate, pantothenic acid, riboflavin, thiamine, niacin, Se (as inorganic sodium
180 selenite), iodine, copper, cobalt, manganese, zinc, crystalline DL-methionine, and taurine. Crystalline L-
181 histidine and cholesterol were also added in graded amounts. The analyzed composition of the diets can
182 be found in Table 2, including proximate composition and contents of the micronutrients focused in this
183 presentation.

184

185 *2.2 Feeding trials*

186 Both feeding trials were conducted in accordance with Norwegian laws and regulations concerning
187 experiments with live animals, which are overseen by the Norwegian Food Safety Authority.

188 Trial 1: The trial with parr in freshwater took place at the Institute of Marine Research (Matredal, 61°N,
189 Western Norway). The salmon were hatched in February, and in June the salmon parr were randomly
190 distributed in fifteen 400 litre (1x1x0.4m³) experimental tanks and acclimated for 1 week while being fed
191 a commercial feed (Ewos). The trial commenced on July 3rd, with duplicate tanks for each diet with the
192 exception of NP100 that was run in triplicates. Each tank contained 100 fish with mean initial body weight
193 of 18.3±2.2 g. The fish were fed *ad libitum* with continuous feeding from automated feeders during night
194 and day. However, care was taken to limit overfeeding, due to uncertainties in the collection of uneaten
195 feed at such a small pellet size. Collection and weighing of uneaten feed was conducted daily at 13:00,
196 with the exception of weekends. The fish were exposed to continuous light, and oxygen saturation was
197 monitored on a regular basis and was never below 75%. The fish were reared in freshwater, but with
198 seawater added as a buffer, creating a salinity of 1.1 to 1.3 g L⁻¹. The temperature was kept constant
199 throughout the experiment, at 12.4 °C (SD ±0.7). The total duration of the feeding trial was 12 weeks, e.g.
200 84 days.

201 Trial 2: Post-smolt Atlantic salmon were randomly distributed among fifteen sea cages (5m x 5m x 5m;
202 125 m³; 150 fish per cage) at Gildeskål Research Station, GIFAS, Gildeskål kommune, Norway (67°N,
203 Northern Norway). Prior to the start of the trial, fish were acclimated to the environmental conditions for
204 two weeks, the feeding trial started in January 2013. At start, the average fish weight was 228 ± 5 g and
205 during the 157 day feeding period the fish more than doubled in weight. As in standard aquaculture
206 practice, fish were reared under 24h light regime before the start of the trial and during the first 3 months
207 of the experiment. Cages were illuminated by four 400W IDEMA underwater lights that were positioned
208 at the centre of each block of four cages at a depth of three meters. Fish were hand-fed to satiation two
209 times daily and feed intake was recorded for each sea cage. Total feed intake and mortality were recorded
210 daily. Water temperature, salinity and oxygen saturation over the course of the trial varied from 4.1
211 (January) to 10°C (June), 30-34.2 g L⁻¹, and 8.7-12.2 mg/L, respectively.

212

213 2.3 Sampling

214 Fish were anesthetized (Benzoak® VET, 0.2 ml/L, ACD Pharmaceuticals, Leknes, Norway) and killed by a
215 blow to the head. In Trial 1, the fish in each tank were bulk weighed for total biomass at each sampling
216 point and body weight and length were measured on individual fish, 5-44 fish depending on sampling
217 point (sexually maturing males were excluded). In Trial 2, individual fish were weighed at each sampling

218 (mid sampling 42 fish per cage, end sampling 34 fish per cage). In both trials, blood was drawn from the
219 caudal vein (*Vena caudalis*) by means of a heparinized medical syringe from 8 fish per tank, before organs
220 were dissected and kept as individual samples. Pooled organ samples based on 10 fish for each tank (liver,
221 gills, muscle) were frozen on dry ice and later homogenized, while individual organ samples were flash
222 frozen in liquid nitrogen. Liver weight and gutted weight were recorded (10 fish per tank).

223

224 *2.4 Chemical analysis of diets, whole fish and organs*

225 Multi-element determination in the feed and tissue samples was done by ICP-MS (inductively coupled
226 plasma mass spectrometry) (Julshamn et al. 1999). HPLC was used for determination of ascorbic acid
227 (Mæland & Waagbø 1998) and tocopherols analysed according to (CEN 1999). TBARS was analyzed
228 according to (Hamre et al. 2001). For the analysis of total (tGSH) and oxidised (GSSG) glutathione,
229 supernatants were prepared from samples using a commercial kit (Prod. No. GT40, Oxford Biomedical
230 Research, Oxford, UK) before analysed at 405 nm in a microplate reader (iEMS Reader Ms, Labsystems,
231 Finland) as described by (Hamre et al. 2014).

232

233 *2.5 Gene expression analysis*

234 Total RNA was purified from frozen liver using the EZ1 RNA Universal Tissue Kit on the BioRobot® EZ1
235 (Qiagen, Hilden, Germany), including the optional DNase treatment step in the protocol. Homogenisation
236 in QIAzol lysis reagent from the kit was performed on the bead grinder homogeniser Precellys 24 (Bertin
237 Technologies, Montigny-le-Bretonneux, France) for 3x10 sec at 6000rpm. Quantity and quality of RNA
238 were assessed with the NanoDrop® ND-1000 UV-Vis Spectrophotometer (NanoDrop Technologies,
239 Wilmington, DE, USA) and a selection of samples were evaluated on the Agilent 2100 Bioanalyzer (Agilent
240 Technologies, Palo Alto, CA, USA), with the 6000 Nano LabChip® kit (Agilent Technologies, Palo Alto, CA,
241 USA).). Average RNA integrity number (RIN) for the samples in Trial 1 (39 samples) was 9.4 ± 0.1
242 (mean \pm SEM, n=24), in Trial 2, (90 samples): 9.5 ± 0.1 (mean \pm SEM, n=11)

243 Reverse transcription (RT) was performed on a GeneAmp PCR 9700 (Applied Biosystems, AB) using the
244 TaqMan® reverse transcriptase kit with oligo(dT) primers (Applied Biosystems). Primer sequences are
245 given in Table 3. Samples were run in duplicate (500 ng, $\pm 5\%$), in addition to a six point dilution curve in
246 triplicate (1000 to 31.25 ng), non-template and non-amplification controls. Real-time PCR amplification
247 and analysis were performed on a LightCycler 480 Real-time PCR system (Roche Applied Science, Basel,

248 Switzerland) with SYBR® Green I Mastermix (Roche Applied Science). Pipetting of plates was done using
249 a Biomek®3000 Laboratory automation workstation (Beckman Coulter, Fullerton, USA). Thermal cycling
250 was done for 45 cycles of 10 sec at each of 95°C, 60°C and 72°C (basic programme from Roche), followed
251 by melting analysis to confirm that only one product is present.

252 Cycle threshold (Ct) -values were calculated using the second maximum derivative method in the
253 Lightcycler® software. Amplification efficiency was determined using the dilution curves with the formula
254 $E=10^{(-1/\text{slope})}$, with the slope of the linear curve of Ct-values plotted against the log-dilution (Higuchi et
255 al. 1993). Normalization to the reference genes and data analysis was conducted with GenEx 4.3.5 (MultiD
256 Analyses AB, Gothenburg, Sweden) or with the geNorm applet (Vandesompele et al., 2002).

257

258 *2.7 Calculations*

259 Nutrient retention= [(final biomass × final nutrient concentration) – (initial biomass × initial nutrient
260 concentration)] × 100/ (Total feed intake × nutrient concentration in feed).

261 The two-electron half-cell reduction potential of the 2GSH/GSSG redox-couple was calculated according
262 to the Nernst equation:

$$263 E_h = E^{\circ} - RT/nF \ln([GSH]^2/[GSSG])$$

264 where the GSH and GSSG concentrations are in M and E_h is given in volts. E° is the standard reduction
265 potential at pH7 and 25 °C and was assumed to be -0.240 V (Kemp et al. 2008; Schafer & Buettner 2001).
266 The measurements are the average of whole organs and do not take into account that the reduction
267 potential varies between cell types, and between organelles within the cells (Kemp et al. 2008; Morgan et
268 al. 2013; Schafer & Buettner 2001).

269

270 *2.8 Statistical analyses*

271 GraphPad Prism (ver. 6.05) was used for the regression analyses. For the individual nutrients, the x-axis
272 represented analyzed dietary concentrations, while for glutathione and gene expression data the x-axis
273 represented added NP. Since the nutrient concentrations in the 400%NP diet were outliers in Trial 2, the
274 value of this diet was recalculated to 239%NP, the mean of the concentrations of α -TOH, Asc and Se. Data
275 were fitted to second order polynomials and the fit was then compared to the fit of a first order

276 polynomial. In figures with first order polynomials, the second order polynomial was rejected ($p > 0.05$).
277 The p given in these figures indicates the probability that the slope is equal to 0. In figures with second
278 order fits, p gives the probability that the first order equation fits the data better than the second order
279 equation. None of these equations fitted the data on retention of vitamin C, where a logarithmic equation
280 was applied and p indicates the probability that a second order polynomial has a better fit than the
281 logarithmic function. GraphPad Prism has a function for overall comparison of slopes and intercepts of
282 datasets fitted to linear equations, which was used for comparison of data between Trials 1 and 2. The
283 software also has a function for detecting outliers which was used for the data on muscle GSH/GSSG in
284 post-smolts and on the gene expression data.

285 Correlation analyses of gene expression was performed using the software Statistica (ver. 11, Statsoft Inc.,
286 Tulsa OK) and PCA plots were produced in Sirius (ver 8.1, Pattern Recognition Systems AS, Bergen
287 Norway).

288

290 Results

291 Fish performance is reported in detail by Hemre et al. (in prep). Briefly, fish in Trial 1 grew from an initial
292 weight of 18.3 g (\pm 2.2) to a range of 78.6 g (\pm 1.9) to 87.3 g (\pm 4.5). Both fish growth and protein retention
293 increased with increasing dietary NP, while lipid retention decreased, together with liver index and
294 viscera-somatic index. In trial 2, initial fish size was 228 g (\pm 4.2) and average final weight was 482 g (\pm 17)
295 There was no effect of the NP on growth or protein and lipid retention in this trial. Survival was high in
296 both trials, close to 100%, and with no difference between diet groups.

297 The dietary concentrations of α -TOH, Asc and Se (Figure S1) were well fitted to first order polynomials in
298 Trial 1 ($R^2 > 0.98$). In Trial 2, the diet designated 400% was an outlier, while the other diets showed a good
299 fit to a linear equation ($R^2 > 0.97$). The diet planned to contain 400%NP in trial 2 was recalculated to contain
300 239%NP, based on the nutrient analyses of the diets. Gamma-TOH level was similar in all diets, as it was
301 only derived from the feed ingredients (Figure S1). The dietary concentrations at 100% NP were 118 and
302 141 mg kg⁻¹ for α -TOH, 67 and 63 mg kg⁻¹ for Asc and 0.62 and 0.79 mg kg⁻¹ for Se, in Trials 1 and 2,
303 respectively. At 0% NP the dietary concentrations were 48 and 76 mg kg⁻¹ for α -TOH, 4.7 and <5.5 mg kg⁻¹
304 for Asc and 0.42 and 0.47 mg kg⁻¹ for Se (Table 2).

305 There was a linear relationship between dietary and whole body concentrations of α -TOH in Trial 1
306 ($R^2 = 0.94$; p (slope=0) $< 10^{-4}$; Figure 1). In Trial 2, a second order polynomial fitted the data better than a
307 first order polynomial ($p = 0.03$). The range of whole body concentrations was between 20 and 60 mg kg⁻¹
308 in Trial 1 and between 30 and 50 mg kg⁻¹ in Trial 2. Whole body γ -TOH concentration varied between 5
309 and 10 mg kg⁻¹, with a significant positive slope in Trial 1 ($p = 0.02$) and no effect of diet in Trial 2 (Figure
310 1). Whole body Asc concentration followed a second order polynomial in both trials (Trial 1, $R^2 = 0.92$,
311 $p < 0.0001$; Trial 2, $R^2 = 0.88$, $p = 0.016$). Whole body concentration plateaued at a dietary concentration of
312 Asc of mg kg⁻¹ DM and a whole body concentration of 39.5 mg kg⁻¹ in Trial 1. In Trial 2, the plateau was
313 reached at dietary and whole body concentrations of 100 and 14 mg kg⁻¹, respectively. Whole body Se
314 showed a linear relationship with the dietary concentration in both trials ($R^2 > 0.93$, p (slope=0) $< 10^{-4}$). The
315 diet dependent whole body concentration was significantly higher in Trial 2 than in Trial 1 ($p < 10^{-4}$).

316 The retention of α -TOH was not affected by diet in Trial 1 and followed a second order polynomial in Trial
317 2 ($p = 0.02$) with the highest retentions at intermediate dietary α -TOH concentrations (Figure 2). Diet did
318 not affect the retention of γ -TOH in Trial 1, while increasing the NP in Trial 2 had a negative effect on γ -
319 TOH retention ($p < 0.004$). The range of retention of both α - and γ -TOH was 20-30%. In Trial 1, retention of
320 Asc ranged from 11-42 % and was negatively linearly related to dietary Asc ($R^2 = 0.34$, p (slope=0) = 0.02). In

321 Trial 2, vitamin C retention was negative at dietary levels below 63 mg kg⁻¹ and max retention was 16% at
322 89 mg kg⁻¹. A logarithmic function was found to have the best fit to the data (R²=0.92). Diet did not affect
323 retention of Se, which ranged from 20 to 30%. The retention of Se was higher in Trial 2 than in Trial 1
324 (p<10⁻⁴).

325 GSH and GSSG concentrations were measured in muscle (Figure 3) and liver (Figure 4). In muscle in Trial
326 1, GSH concentrations ranged from 100 to 200 μmol kg⁻¹, GSSG ranged from 0 to 0.4 μmol kg⁻¹ with no
327 effect of diet. There was a tendency that the resulting glutathione based redox potential followed a
328 second order polynomial at dietary NP below 150%, so that the tissue became transiently more reduced
329 at supplementation of 25-100% NP than at 150-400% NP (p=0.058). The redox potential of muscle in Trial
330 1 ranged from -240 to -190 mV. In Trial 2, muscle GSH and GSSG concentrations ranged from 43 to 80 and
331 0 to 0.4 μmol kg⁻¹, respectively, and the redox potential from -170 to -220 mV, with no effect of diet. The
332 muscle GSH/GSSG concentrations in these fish were close to quantification limits and some of the data
333 points were removed as outliers. Muscle GSH concentration was higher (p<0.0001), the redox potential
334 lower (p=0.002) and GSSG concentration similar in Trial 1 compared to Trial 2. In the liver, GSH, GSSG and
335 the glutathione based redox potential were not affected by the diet, however there was a tendency
336 towards a significant second order fit to the data on liver redox potential in Trial 1 (p=0.066), implicating
337 a higher redox potential in fish fed diets with intermediate NP additions. Liver GSH concentration was
338 higher (p<0.0001), while GSSG concentration (p=0.01) and the redox potential (p<0.0001) were lower in
339 Trial 1 than in Trial 2.

340 Muscle TBARS (Figure 5) was negatively correlated to NP addition in both trials (p=0.004 in Trial 1, p=0.03
341 in Trial 2) and the absolute level was similar in the two trials (p=0.09).

342 Expression of redox dependent genes was measured in the liver of individual salmon in both trials. PCA
343 plots showed that the dietary groups were not well separated according to expression of the redox related
344 genes (Figure 6). However, in Trial 1 there was a tendency to grouping of samples related to dietary
345 supplementation of NP, with NP supplementation correlating negatively to *g6pd*, *gclc*, *gpx1* and *gr* (-
346 0.38<R²<-0.43) and positively to *gpx3* (R²=0.39). *Gr* showed the most covariation with other genes and
347 correlated to *g6pd*, *gpx1* and *gclc* at 0.79>R²>0.49 and to *mnsod* and *cuznsod* at R²= 0.39 and 0.34,
348 respectively. *Gr* was also correlated to *nfe2l2* (R²=0.52), *cat* was not correlated to the other genes while
349 *gpx3* was negatively correlated to the other genes, significant for *g6pd* (R²=-0.33). In Trial 2, diet was
350 correlated to *cuznsod*, *mnsod* and *cat* (0.39<R²<0.24). The expression of *gr*, *g6pd*, *gpx1* and *gclc* comprised
351 one distinct group and *mnsod*, *cat* and *cuznsod* another. *Gr* correlated with *g6pd*, *gpx1* and *gclc* at

352 0.67>R²>0.37, while *gr* correlation to *mnsod*, *cat* and *cuznsod* was 0.32>R²>0.25. *Gpx3* and *nfe2l2* were
353 not significantly correlated to the other genes.

354 Relations between diet and gene expression are given in Figure S1. In Trial 1, increasing supplementation
355 of NP gave a reduction in *gclc*, *g6pd*, *gpx1*, *gr* and *mnsod* expression, while *nfe2l2*, *cat* and *cuznsod*
356 expression were unaffected by diet. In Trial 2, data on *nfe2l2* and *gclc* were fitted to second order
357 polynomials and had higher expression at intermediate NP supplementation. *Gpx1* showed the best fit
358 when using a third order polynomial with peak expression at 50 and 100% NP inclusion. *Gpx3* had higher
359 expression at low NP inclusion, while *mnsod* expression increased with increasing NP. *Cuznsod* expression
360 was slightly lower at intermediate NP inclusion than at high and low inclusion, while *G6pd* and *gr*
361 expression were unaffected by the diet. Average expression of *gpx1*, *gpx3* and *mnsod* was higher in Trial
362 2 than in Trial 1 (p<0.0002). Increasing NP inclusion had opposite effects on *mnsod* expression in the two
363 trials, which decreased in Trial 1 (p=0.04) and increased in Trial 2 (p=0.002).

364

365 Discussion

366 The present study showed differences in redox status between parr and post-smolts and effects of
367 supplementation of the nutrient premix (NP) on redox regulation. However, there were no clear
368 deficiencies of the antioxidant nutrients, vitamin C, vitamin E and Se, even in fish fed the unsupplemented
369 diet. The reason may be that the plant based feed ingredients contained relatively high levels of vitamin
370 E and Se and that the experimental periods were too short for fish of these body sizes to develop vitamin
371 C deficiency symptoms. The basal feed contained less than 5.5 mg kg⁻¹ Asc, which is below the minimum
372 requirement in Atlantic salmon of 10-20 mg kg⁻¹, however it took 18 weeks to deplete first-feeding Atlantic
373 salmon for Asc (Sandnes et al. 1992) and a longer period of time may be needed to deplete larger fish
374 sizes as the post-smolts. The final concentrations of α-TOH and Se in the basal feed were at or above
375 minimum requirements at approximately 50 and 0.3 mg kg⁻¹ diet, respectively (NRC 2011). Plant oils often
376 have high concentration of tocopherols, however tocopherols are unstable during feed processing and
377 storage and concentrations could vary considerably in the finished feeds (unpublished observations;
378 Hamre et al. 2010a; Olsvik et al. 2011)). Se concentrations in plant ingredients vary according to Se
379 concentration in soil (Alfthan et al. 2015). So even if α-TOH and Se may be sufficient in some plant
380 ingredients, they should be added to fish feeds to ensure safe supplementation. Commercial fish feeds
381 are commonly supplemented with higher levels of antioxidant nutrients than the minimum requirements

382 given by (NRC 2011), which will protect the fish in periods with oxidative stress, such as high water
383 temperatures (Waagbø et al., unpublished data) elevated water oxygen levels (Lygren et al. 2000),
384 vaccination (Lygren et al. 2001) and disease (Trichet 2010; Waagbø 2006). Accordingly, the diets with
385 100% NP used in this study, contained 118-141 mg kg⁻¹ α-TOH, 63-67 mg kg⁻¹ Asc and 0.62-0.79 mg kg⁻¹
386 Se, respectively.

387 The most sensitive biomarker of vitamin E deficiency in salmonids is lowered hemoglobin (Hb)
388 concentration (Hamre 2011). There was a slight positive correlation between NP addition and Hb
389 concentration in fish from Trial 1 ($p(\text{slope}=0)=0.03$)(Hemre et al., in prep), however, the slope was not
390 significantly different from 0 after omitting the 400% NP group ($p=0.44$), so fish fed the diets with low NP
391 supplementation were clearly not vitamin E deficient. In Trial 2, there was no effect of diet on Hb (Hemre
392 et al., in prep). Hamre and Lie (1995) found that mortality due to vitamin E deficiency commenced at
393 whole body levels of α-TOH of 5 mg kg⁻¹ wet weight, while the whole body concentration in fish fed the
394 basal diet in this study were 18 and 32 mg kg⁻¹ in Trials 1 and 2, respectively. Accordingly, none of the fish
395 groups in this study experienced vitamin E deficiency, even though the low level of vitamin C in the diet
396 without NP would make the fish more susceptible to low dietary vitamin E (Hamre et al. 1997).

397 The diets were fed for 12 and 22 weeks in Trials 1 and 2, respectively. The twelve weeks feeding period in
398 Trial 1 should just be enough for the fish to adjust to the α-TOH concentrations of the diet according to
399 previous reports (Hamre 2011; Hamre & Lie 1995). However, the slope of whole body concentration to
400 dietary concentration was lower (0.13 vs 0.25) and the intercept with the y-axis was higher (15.6 vs 0)
401 than previously reported, indicating that the steady state whole body α-TOH concentration had not yet
402 been obtained (Hamre 1995). A relation of body to dietary concentrations of α-TOH has until now only
403 been measured in very young fish and these relationships were always linear (Hamre et al. 1997; Hamre
404 & Lie 1995). In post-smolts in the present study, the relationship followed a second order polynomial. It
405 is possible that uptake of α-TOH is changing over development, moving from a strict linear relationship
406 just after first-feeding to a saturable mechanism at later stages. If this is the case, the diet 100% NP with
407 141 mg kg⁻¹ α-TOH would be sufficient to saturate the system, while supplementation above this gave a
408 decreased retention. In summary, supplementing commercial diets with 150-200 mg kg⁻¹ α-TOH is
409 recommended to promote fish health and welfare. A fish feed surveillance program run by NIFES in 2015
410 reported 185-320 mg kg⁻¹ α-TOH in 18 commercial salmon feeds, while two feeds contained as high as
411 570 mg kg⁻¹ (unpublished results). A variable part of this α-TOH would have been derived from the feed
412 ingredients. One have to take into account that α-TOH in the feed ingredients is in the free form, which is

413 easily broken down in salmon intestine and therefore has quite low retention (Hamre, unpublished
414 results). It is therefore a risk involved in including ingredient contribution when deciding dietary α -TOH
415 supplementation.

416 The non- α -TOHs cannot substitute for α -TOH, because of their lower biological activity (Hamre 2011;
417 Kayden & Traber 1993), however they may have specific biological functions in cell signaling (Golli & Azzi
418 2010; Wallert et al. 2014). In both trials of this study, the retentions of α - and γ -TOH were similar at 20-
419 30%. Due to lower biological activity, retention of γ -TOH should be lower than α -TOH, but the result can
420 be explained by similar retention of α - and γ -TOH in muscle and adipose tissue, which are the main
421 constituents of the whole body sample. Retention of γ -TOH in other vital organs of salmon, such as
422 gonads, intestine, and gills, is less than 30% compared to α -TOH (Hamre & Lie 1997). The body
423 concentration of γ -TOH increased in response to increased analyzed diet concentration in Trial 1, which
424 showed a minor variation even though it was not supplemented in the NP. The effect of diet was driven
425 by lowered levels of γ -TOH in fish fed the diets with 25 and 50% NP, which also had a non-significant
426 tendency of reduced γ -TOH retention. This could indicate that the redox balance of these fish was affected
427 by NP supplementation. Whole body γ -TOH was stable in Trial 2.

428 The whole body concentration of Asc followed a second order equation with respect to Asc
429 supplementation in both trials. It is well known that tissue levels of Asc level off at dietary
430 supplementation that is much higher than the levels where traditional deficiency symptoms are displayed
431 (Gabaudan & Verlhac 2001; Waagbø & Sandnes 1996). Since Asc above this minimum requirement has
432 positive effects on immune function, stress resistance and reproduction (Gabaudan & Verlhac 2001;
433 Waagbø 1994; Waagbø 2006), it may be fruitful to supplement more of the vitamin. In previous studies,
434 Asc concentration in the liver was commonly used as an indicator of Asc status. Whole body concentration
435 was measured in the present study, due to limited amounts of liver sample, and is probably a good
436 indicator of when the system is saturated with the vitamin. The whole body concentration levelled off at
437 a dietary Asc concentration of 190 mg kg⁻¹ in Trial 1 and at 63-89 mg kg⁻¹ in Trial 2. The maximum body
438 concentration of Asc in fish from Trial 2 was approximately 30% of that in fish from Trial 1. While the data
439 from Trial 1 follow the expected trajectory based on the literature, the fish in Trial 2 seems to have had
440 an extraordinary high consumption of Asc, with negative retention for fish supplemented below 63 mg
441 kg⁻¹ and maximum retention of 16% at higher supplementation, compared to max 42% retention in Trial
442 1.

443 There is probably an optimal ratio between supplementation of α -TOH and Asc, based on the hypothesis
444 that vitamin E is recycled by vitamin C. A buildup of tocopheroxyl radicals would occur if too little vitamin
445 C is present to recycle it, which would have a pro-oxidant effect on the tissues (Hamre et al. 1997). An
446 indication of this principle is the higher mortality due to vitamin C deficiency in fish fed 300 compared to
447 150 mg kg⁻¹ vitamin E (Hamre et al. 1997). Another indication is that vitamin E and C in tissues from
448 copepods and wild Ballan wrasse are 100 and 500 mg kg⁻¹ dry matter and 9 and 18 mg kg⁻¹ wet weight,
449 respectively (Hamre et al. 2013; Hamre et al. 2008). Theoretically, one should supplement more Asc than
450 vitamin E, although the exact optimal ratio has not yet been identified. Seventeen commercial salmon
451 feeds analyzed in a fish feed surveillance program performed at NIFES in 2015, contained between 118
452 and 418 mg kg⁻¹ Asc, one feed contained 800 and two feeds contained more than 1300 mg kg⁻¹ Asc. The
453 concentration of Asc in the feeds was frequently below the concentration of α -TOH (NIFES, unpublished
454 results).

455 Whole body Se concentration followed a first order relationship with the dietary concentration both in
456 parr and post-smolt, and the retention was not affected by NP supplementation. A similar relationship
457 was found in zebrafish, but this species had higher whole body Se concentration at similar
458 supplementation levels. The difference may be species dependent or perhaps due to the use of Se
459 enriched yeast containing mainly selenomethionine as the Se source in the zebrafish (Penglase et al. 2014)
460 and selenite (Na₂SeO₃) here. Different retention efficiencies of the two Se sources has been shown in
461 Atlantic salmon (Lorentzen et al. 1994). The basal diet contained 0.4-0.5 mg kg⁻¹ Se, while the requirement
462 in rainbow trout is estimated at 0.15-0.30 mg kg⁻¹ (Hilton et al. 1980). It is therefore unlikely that fish fed
463 the diets used in this study would become Se deficient, even when the feed is given throughout the life
464 cycle. Judged by retention efficiency, the Se present in the feed ingredients had similar bioavailability to
465 the added selenite. If *gpx1* expression had been affected by low Se in this study, increased NP would
466 probably have increased this response (Hilton et al. 1980; Penglase et al. 2014). However, *gpx1* was not
467 expressed according to this hypothesis in either trial. Retention and body concentrations of Se were higher
468 in seawater than in fresh water, possibly caused by differences in waterborne Se concentrations. Se
469 toxicity was probably not encountered in the present study, since the diet with the highest NP inclusion
470 contained 1.1 and 1.4 mg kg⁻¹ Se, which is below levels reported to be toxic in fish (Penglase et al. 2014).

471 To examine whether the graded dietary NP affected redox regulation in the salmon, we measured
472 GSH/GSSG concentrations in liver and muscle and calculated the resulting E_{GSH}. In Trial 1, there was a
473 tendency (p=0.06-0.07) that NP supplementation below 150% gave more reduced fish, resulting from

474 higher concentrations of GSH. Considering the above discussion, it is unlikely that this effect would have
475 been caused by low levels of vitamin C, E or Se. In a previous experiment, we also found that zebrafish fed
476 graded levels of taurine and minimum requirement levels of methionine had higher levels of GSH and
477 became more reduced (Guimares et al., unpublished). The diets fed in the present study had graded levels
478 of taurine and methionine (Hemre et al., in prep.) and at low levels of these nutrients, GSH synthesis or
479 recycling and a resulting lowered E_{GSH} could have been stimulated to protect against oxidation induced by
480 low taurine (Jong et al. 2012; Penglase et al. 2015). The relatively higher liver *gclc*, *g6pd* and *gr* expressions
481 at low NP inclusion may have stimulated GSH synthesis and recycling and contributed to make the livers
482 more reduced. In Trial 2, there were no effects of diet on GSH/GSSG concentrations and no correlation
483 between diet and expression of the genes coding for GSH metabolizing enzymes. The higher muscle TBARS
484 at low NP inclusion in both trials confirm that fish fed low levels of micronutrients and selected amino
485 acids may become oxidized. Overall, the results confirm that the tissue GSH/GSSG concentrations are
486 relatively stable within experiments with salmon, even with large variations in dietary composition, as
487 found by (Hamre et al. 2010b).

488 However, the GSH/GSSG concentrations and E_{GSH} were different in Trial 1 and 2, the fish in Trial 2 being
489 more oxidized, with less GSH both in liver and muscle and more GSSG in the liver, than the fish in Trial 1.
490 Expression of liver *gpx1* (cytosol and mitochondria) and *gpx3* (extracellular) was also higher in Trial 2,
491 indicating excess activity in removal of H₂O₂ at the expense of GSH. This corresponds with an increased
492 consumption of Asc in Trial 2. These results indicate that the fish in Trial 2 experienced some sort of
493 oxidative stress. The fish did not seem to be diseased, since the growth and feed intake were good and
494 mortalities were negligible (Hemre et al., in prep.). The feed was not analyzed for oxidation, however,
495 oxidized feed most often leads to reduced vitamin E retention (Baker & Davies 1997; Hung et al. 1981),
496 which was not encountered in the present study. The samples in Trial 2 were taken in June, with rapidly
497 increasing water temperatures and longer day light, resulting in strong growth stimulation in salmon. In
498 cod larvae fed copepods, a similar growth stimulation correlated with more oxidized fish having a higher
499 whole body E_{GSH} (Karlsen et al. 2015; Penglase et al. 2015). Based on these observations, we hypothesize
500 that redox regulation is involved in surges in growth.

501

502 **Conclusion**

503 This study gives no indications that diets rich in plant ingredients increase the vitamin C, E or Se
504 requirements in Atlantic salmon. Feeds produced using the current feed ingredients, seem to have
505 sufficient amounts of α -TOH and Se from the feed ingredients alone. However, due to possible variations
506 in ingredient quality, feed processing and farming conditions, feeds should be supplemented with 150-
507 200 mg kg⁻¹ α -TOH equivalents. The Se in plant based feed ingredients may vary and Se supplementation
508 may be warranted in some cases. However, the legal upper limit of Se in fish feeds is 0.5 mg kg⁻¹
509 (Regulation (EC) No 1831/2003) and the law comes into force if the feeds are supplemented. Fish fed the
510 highest concentration of Se (1.4 mg kg⁻¹) did not show any signs of toxicity. Based on body concentrations,
511 Asc supplementation should be above 190 mg kg⁻¹, where the whole body Asc concentration leveled off
512 in Trial 1. At this supplementation level, Asc deficiency can be avoided in periods with oxidative stress and
513 optimal immune function and stress resistance can be obtained. Redox regulation, which includes
514 differential consumption of antioxidant nutrients, seems to change during the production cycle of Atlantic
515 salmon.

516

517

518 **Table 1.** Feed formulation Trial 1, and with slight difference given for Trial 2 in parenthesis (Trial 2).
 519 Nutrient premix, methionine, taurine and cholesterol were added to the diets in graded amounts, and
 520 balanced by reducing the content of field peas in the diets, all other ingredients were used in equal
 521 amounts in all diets. Numbers are in g kg⁻¹.

Composition	0NP	25NP	50NP	100NP	150NP	200NP	400NP
Fish meal SA 68 superprime	80	80	80	80	80	80	80
Krill meal	24.2	24.2	24.2	24.2	24.2	24.2	24.2
Soy Prot. Conc. 60%	180	180	180	180	180	180	180
Corn gluten 60	40	40	40	40	40	40	40
Pea protein 75	124 (130)	124 (130)	124 (130)	124 (130)	124 (130)	124 (130)	124 (130)
Wheat gluten	180 (150)	180 (150)	180 (150)	180 (150)	180 (150)	180 (150)	180 (150)
Wheat	61 (60)	61 (60)	61 (60)	61 (60)	61 (60)	61 (60)	61 (60)
Field peas	100	98	95	90	85	80	60
Fish oil, capelin	35 (44)	35 (44)	35 (44)	35 (44)	35 (44)	35 (44)	35 (44)
Rapeseed oil	79 (88)	79 (88)	79 (88)	79 (88)	79 (88)	79 (88)	79 (88)
Linseed oil	22	22	22	22	22	22	22
Palm kernel oil	44 (48)	44 (48)	44 (48)	44 (48)	44 (48)	44 (48)	44 (48)
Nutrient premix *	0	0.25	0.5	1.0	1.5	2.0	4.0
Histidine	0.00	0.34	0.68	1.36	2.04	2.72	5.44
Cholesterol	0.00	0.28	0.56	1.13	1.69	2.25	4.50

522 *Times requirement. All diets were added 38 g kg⁻¹ monosodium phosphate, mineral additions were
 523 adjusted to each micronutrient premix (Lock et al. in preparation). All diets were added 9.3 g kg⁻¹
 524 lysine, 1.8 g kg⁻¹ threonine, 8g kg⁻¹ choline (50%), 0.25 g kg⁻¹ barox becp dry, 0.5g kg⁻¹ yttrium oxide.

525

526

527 **Table 2.** Analyzed feed composition. All results are the mean of two analytical parallels. Protein, lipid,
 528 starch ash and dry matter are given in g kg⁻¹, while all other diet components are given as mg kg⁻¹. Slight
 529 difference in macronutrient composition; Trial 2 is given in parenthesis. For the micronutrients close to
 530 similar levels existed in both experiments.

	ONP	25NP	50NP	100NP	150NP	200NP	400NP
<i>Proximate composition, g kg⁻¹</i>							
Protein	453 (480)	469 (472)	449 (440)	456 (480)	462 (480)	470 (480)	461 (480)
Lipid	213 (220)	203 (220)	219 (210)	211(230)	208 (220)	197 (240)	195 (220)
Starch	112	112	109	104	106	107	94
Ash	66	68	66	67	69	60	75
Dry matter	910 (950)	930 (940)	920 (930)	920 (930)	930	920 (930)	920
Energy, joule kg ⁻¹	22.8()	22.7	22.6	22.7	22.4	22.5	22.0
<i>Micronutrients involved in redox regulation mg kg⁻¹</i>							
<i>Trial1:</i>							
α-TOH	48	72	84	118	153	193	339
γ-TOH	49	54	60	61	51	52	51
Ascorbic acid	4.7 ¹	21	43	86	143	192	351
Selenium	0.42	0.45	0.52	0.62	0.80	1.04	1.39
<i>Trial2:</i>							
α-TOH	76	91	109	141	178	230	239
γ-TOH	54	51	51	52	54	61	55
Ascorbic acid	<5.5	14	28	63	89	140	170
Selenium	0.47	0.48	0.56	0.79	0.91	1.0	1.1

531 ¹Below the limit of quantification, uncertain value.

532

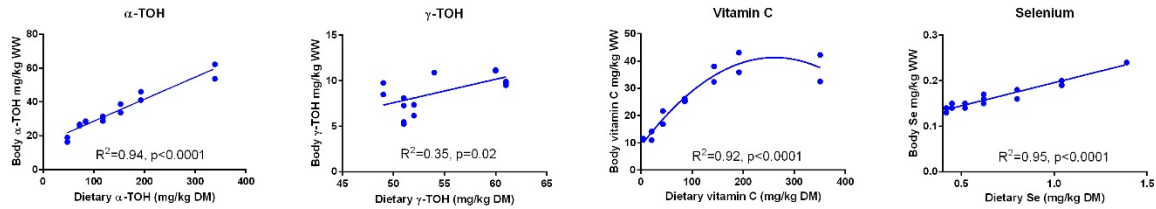
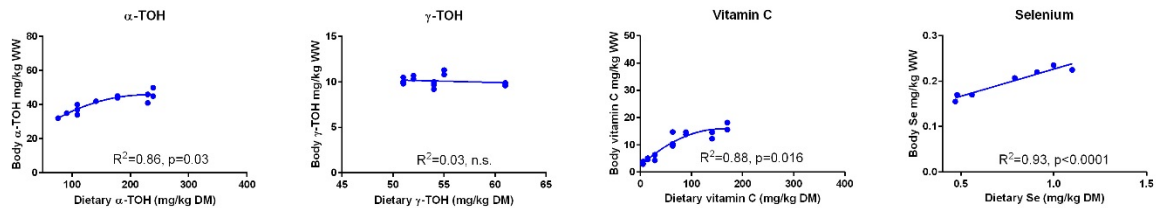
533 Table 3. PCR assays.

Gene	Full gene name	Accession no.	Forward primer	Reverse primer	Amplicon size (bp)	PCR efficiency ^{a/b*}
<i>cuznsod</i>	CuZn superoxide dismutase	BG936553	CCACGTCCATGCCTTTGG	TCAGCTGCTGCAGTCACGTT	141	1.94/1.95
<i>mnsod</i>	Mn superoxide dismutase	DY718412	GTTTCTCTCCAGCCTGCTCTAAG	CCGCTCTCCTTGTCGAAGC	227	1.96/2.06
<i>cat</i>	Catalase	BG935638	CCCAAGTCTTCATCCAGAAACG	CGTGGGCTCAGTGTGTTGA	101	1.90/1.97
<i>gpx1</i>	Glutathione peroxidase 1	DW566563	GCCCACCCCTGTTTGTGTA	AGACAGGGCTCCACATGATGA	103	1.85/2.05
<i>gpx3</i>	Glutathione peroxidase 3	DW561212	TTCCCTCCAATCAGTTTGG	ATCCCCCTCTGGAATAGCA	123	1.97/2.05
<i>gr</i>	Glutathione reductase	BG934480	CCAGTGATGGCTTTTTGAACTT	CCGGCCCCACTATGAC	61	2.03/1.97
<i>g6pd</i>	Glucose-6-Phosphate Dehydrogenase	>Contig7869_Atlantic_salmon	CTTTGGCCAATCTGGAACA	TCCCGGATGATCCAAAGTC	114	2.08/2.00
<i>nfe2l2</i>	Nuclear factor (erythroid-derived 2)-like 2	BT044699	TCGCTGAAGGAGGAGAAGGA	GTCCTCAGCAGACGGAAAA	120	1.83/2.05
<i>gclc</i>	Glutamate-Cysteine Ligase, Catalytic Subunit	>Contig16361_Atlantic_salmon	CGTCCTGCTCACCAGGTTA	GCCCTCTGGACTGCATTTTC	112	1.93/2.00
<i>actb</i>	Beta-actin	BG933897	CCAAAGCCAACAGGGAGAA	AGGGACAACACTGCCTGGAT	92	1.93/20.00
<i>ee1ab</i>	Eukaryotic translation elongation factor 1 alpha B	BG933853	TGCCCTCCAGGATGTCTAC	CACGGCCCACAGTACTG	57	2.04/2.03
<i>uba52</i>	Ubiquitin A-52 Residue Ribosomal Protein Fusion Product 1	NM_001141291	CCAATGTACAGCGCTGAAA	CGTGGCCATCTTGAGTTCCT	110	2.04/-

* a=Trials 1, b=Trials 2

535

536

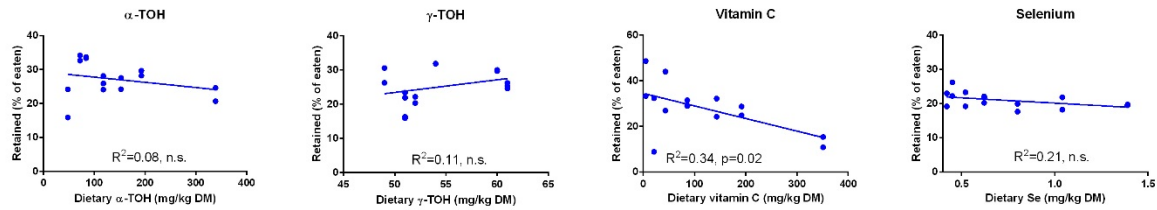
Trial 1**Trial 2**

537

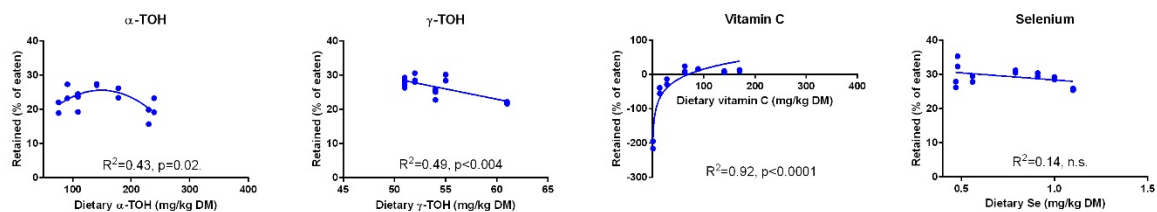
538 Figure 1. Whole body concentrations of redox dependent micronutrients in Atlantic salmon parr (Trial 1)
 539 and post-smolt (Trial 2) in response to dietary supplementation of micronutrients and selected amino
 540 acids at supplementation of 0-400% NP. Data were first fitted to second order polynomials and the fit was
 541 then compared to a first order polynomial fit, which was chosen when $p>0.05$ for the second order
 542 equation. The p given in figures with first order and second order fits indicate that the slope is significantly
 543 different from 0 or that second order fits are significantly better than first order fits, respectively. n.s., not
 544 significant

545

Trial 1



Trial 2

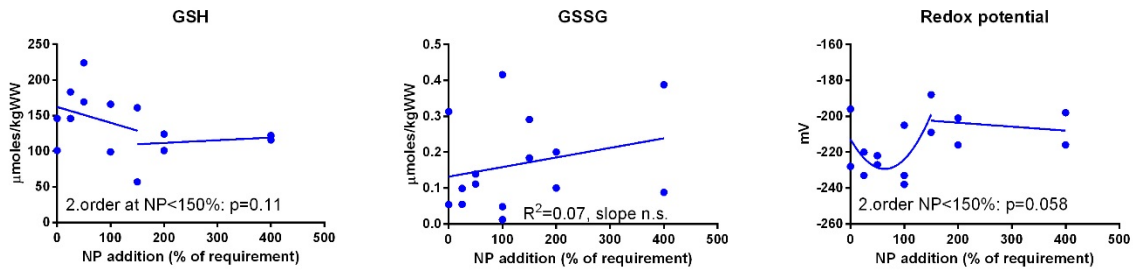


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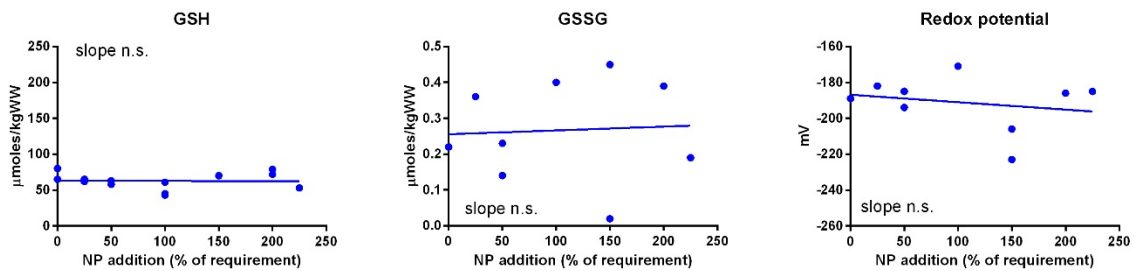
547

548 Figure 2. Retentions of redox dependent micronutrients in Atlantic salmon parr (Trial 1) and smolt (Trial
 549 2) in response to dietary supplementation of micronutrients and selected amino acids at 0-400% NP. Data
 550 were first fitted to second order polynomials and the fit was then compared to a first order polynomial
 551 equation fit. α-Tocopherol in Trial 2 had significantly best fit to the second order equation($p<0.05$).
 552 Vitamin C retention fitted a logarithmic equation better than a second order polynomial ($p<0.001$). The p
 553 given in figures with first order fits indicates that the slope is significantly different from 0. (n.s.; not
 554 significant)

Trial 1



Trial 2



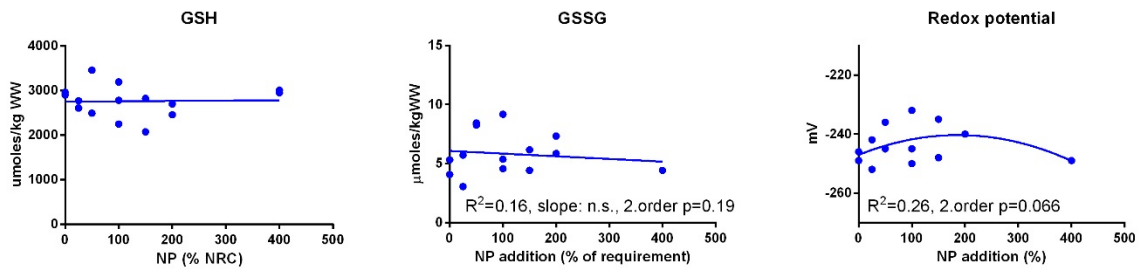
555

556 Figure 3. Muscle reduced and oxidized glutathione (GSH and GSSG) and the GSH based redox potential in
 557 Atlantic salmon parr (Trial 1) and post-smolt (Trial 2) in response to dietary supplementation of
 558 micronutrients and selected amino acids at 0-400% NP.

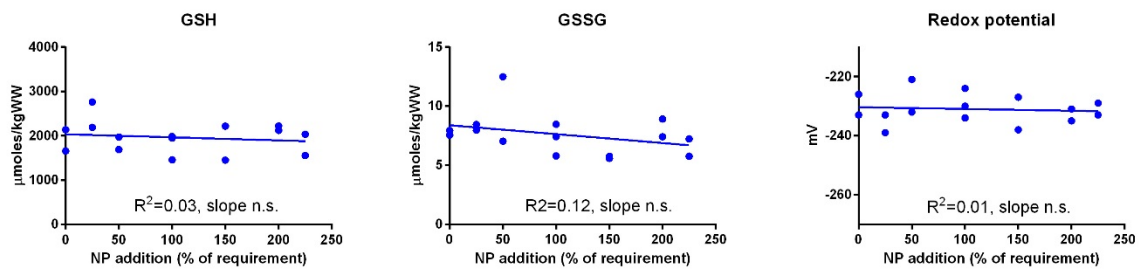
559

560

Trial 1



Trial 2



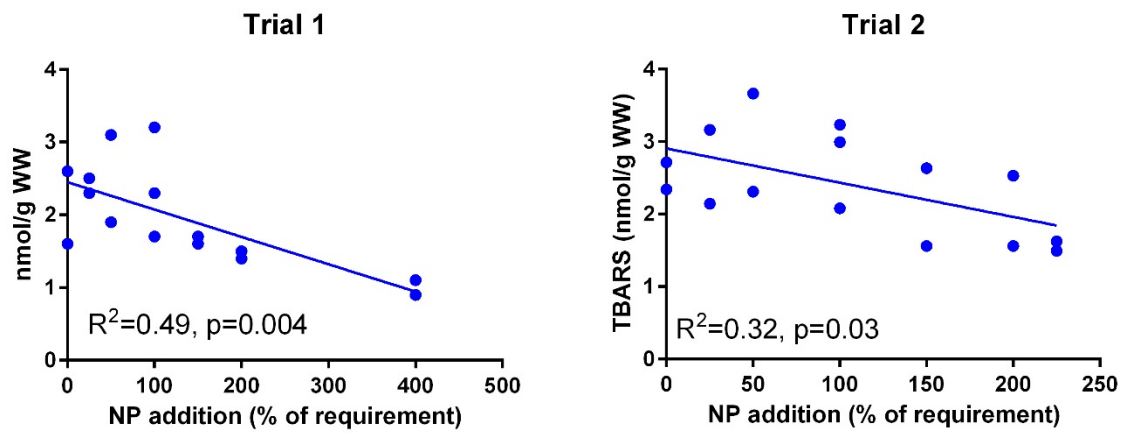
561

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563 Figure 4. Liver reduced and oxidized glutathione (GSH and GSSG) and the GSH based redox potential in
 564 Atlantic salmon parr (Trial 1) and post-smolt (Trial 2) in response to dietary supplementation of
 565 micronutrients and selected amino acids at 0-400% NP.

566

567



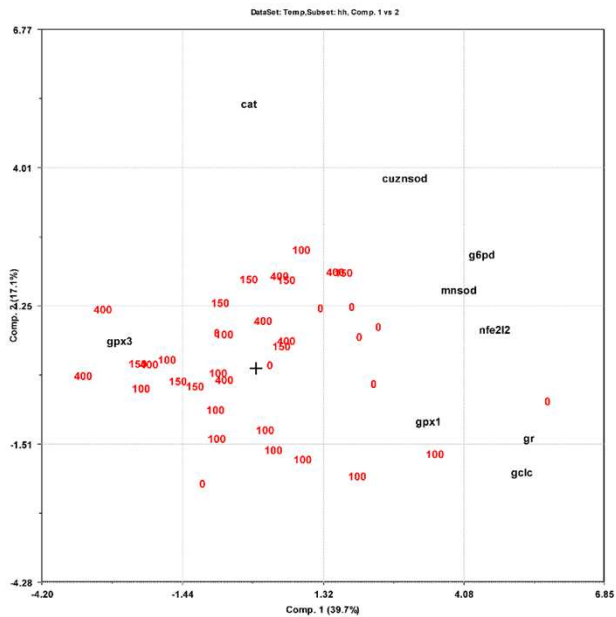
568

569 Figure 5. Muscle TBARS (nmoles g^{-1} ww) in Atlantic salmon parr (Trial 1) and post-smolt (Trial 2) in response
570 to dietary supplementation of micronutrients and selected amino acids at 0-400% NP.

571

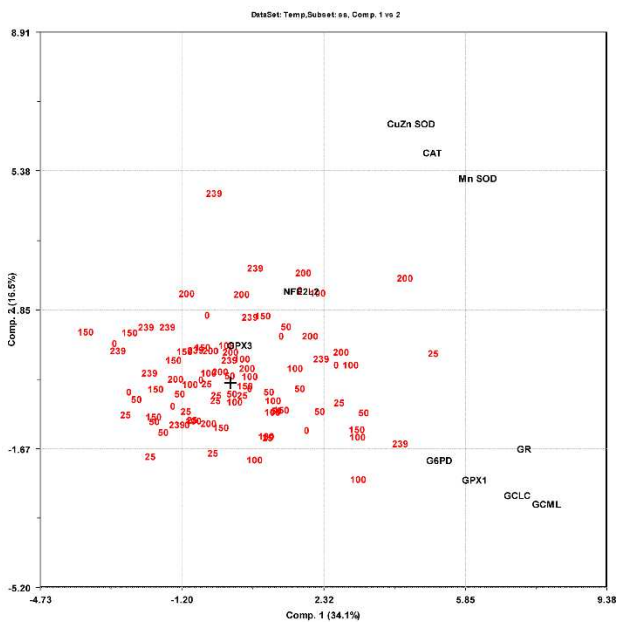
572

573 Trial 1



574

575 Trial 2



576

577 Figure 6. PCA bi-plots on expression of redox dependent genes related to dietary supplementation of
 578 micronutrients and selected amino acids at 0-400% NP.

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