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Percentile curves for peripheral and truncal skinfold thickness for Canadian children and youth

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Background: Skinfold thickness (SFT) measurements are a reliable and feasible method for assessing body fat in children but their use and interpretation is hindered by the scarcity of reference values in representative populations of children. The objectives of the present study were to develop age- and sex-specific percentile curves for five SFT measures (biceps, triceps, subscapular, suprailiac, medial calf) and to describe body fat composition in a representative population of Canadian children and youth. **Methods:** We analyzed data from 3938 children and adolescents between 6 and 19 years of age who participated in the Canadian Health Measures Survey cycles 1 (2007/2009) and 2 (2009/2011). Standardized procedures were used to measure SFT. Age- and sex-specific centiles for skinfolds and body fat were calculated using the GAMLSS method. **Results:** Percentile curves were materially different in absolute value and shape for boys and girls. Percentile girls in girls steadily increased with age whereas percentile curves in boys were characterized by a pubertal centered peak. Median body fat percentage at age 18 was 13.2 and 25.4% among boys and girls, respectively. **Conclusions:** The current study has presented for the first time percentile curves for five SFT measures and body fat in a representative sample of Canadian children and youth.

1 **Percentile curves for peripheral and truncal skinfold thickness for Canadian children and**
2 **youth**

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19

20 **ABSTRACT**

21 **Background:** Skinfold thickness (SFT) measurements are a reliable and feasible method for
22 assessing body fat in children but their use and interpretation is hindered by the scarcity of
23 reference values in representative populations of children. The objectives of the present study
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25 subscapular, suprailiac, medial calf) and to describe body fat composition in a representative
26 population of Canadian children and youth. **Methods:** We analyzed data from 3938 children and
27 adolescents between 6 and 19 years of age who participated in the Canadian Health Measures
28 Survey cycles 1 (2007/2009) and 2 (2009/2011). Standardized procedures were used to measure
29 SFT. Age- and sex-specific centiles for skinfolds and body fat were calculated using the
30 GAMLSS method. **Results:** Percentile curves were materially different in absolute value and
31 shape for boys and girls. Percentile girls in girls steadily increased with age whereas percentile
32 curves in boys were characterized by a pubertal centered peak. Median body fat percentage at
33 age 18 was 13.2 and 25.4% among boys and girls, respectively. **Conclusions:** The current study
34 has presented for the first time percentile curves for five SFT measures and body fat in a
35 representative sample of Canadian children and youth.

36

37 **Keywords:** children; percentile curves; skinfolds; obesity

38

39

40 INTRODUCTION

41 The rising prevalence of overweight and obese children and associated public health toll in
42 Canada and other developed countries is well established (1–3). Effective obesity prevention and
43 treatment efforts require reliable identification of the at risk population. Specifically, accurate
44 characterization of childhood body composition is essential for identifying children who
45 currently exceed recommended weight norms or may be at risk of future excess weight and
46 related cardiovascular and metabolic health conditions. Though body mass index is the most
47 commonly used method for assessing childhood body composition, it does not provide an
48 accurate estimate of adiposity (4, 5). Childhood adiposity is potentially more strongly associated
49 with future body composition and metabolic status than childhood BMI (6, 7). Childhood
50 adiposity is also positively associated with certain cardiovascular and metabolic disease risk
51 factors (8, 9). Skinfold thickness (SFT) measures are a feasible and reliable estimate of body fat
52 (10–12), and have been shown to be predictive of elevated levels of cardiovascular disease risk
53 factors (13, 14) and metabolic syndrome (15). The widely used equation developed by Slaughter
54 et al. allows for calculation of the body fat percentage using subscapular and triceps SFT
55 measurements as the sole anthropometric measures (16). Williams et al. reported that body fat
56 percentages exceeding 25% in males and 30% in females significantly predicted presence of
57 cardiovascular disease risk factors in an US population aged 5-18 years (17). A more recent
58 analysis of a US National Health and Nutrition Examination Survey (NHANES) data reported
59 that body fat percentage exceeding 35.1% in boys and 38.6% in girls predicted metabolic
60 syndrome risk at age 18 (18). Interpretation and uptake of SFT measurement as a method for the
61 assessment of body fat is hindered by the lack of reference data. While there are health-related
62 cutoffs for BMI (19, 20), waist circumference (21), and waist-to-height ratio (22), there is no

63 comparable definition based on SFT for either children or adults. Percentile curves have been
64 developed for US (15, 23) and European (24–31) children. The applicability of these values to
65 the Canadian population is limited due to differences in childhood overweight and obesity
66 prevalence. Moreover, previous SFT references have either been developed with a limited
67 number of skinfolds (15, 23, 27, 28) or were based on a narrower age range (24, 26, 32).
68 Therefore, the objective of the present study was to develop age- and sex-specific percentile
69 curves for five SFT measures (biceps, triceps, subscapular, suprailiac, medial calf) and to
70 describe body fat composition in a representative population of Canadian children and youth.

71

72 **METHODS**

73 The present study used data from the Canadian Health Measures Survey (CHMS) cycles 1 and 2.
74 The CMHS is a representative, cross-sectional survey that assesses indicators of health and
75 wellness in Canadians between 3 and 79 years (33, 34). The survey consists of a household
76 interview to obtain sociodemographic and health information, and a visit to a mobile
77 examination centre to perform a number of physical measurements and tests. The sampling
78 frame of the Canadian Labour Force Survey was used to identify the collection sites for the
79 mobile examination centres. Within each collection site, households were selected using the
80 2006 Census as the sampling frame. Interviews and examinations for the CHMS Cycle 1 and 2
81 were performed between 2007 and 2009, and 2009 and 2011, respectively. The overall response
82 rate in the two cycles was 51.7% and 55.7%, respectively. Data from the two cycles was
83 combined as per Statistics Canada guidelines (35) and weighted to account for the design effect
84 and non-response bias (35). A total of 11,999 persons participated in the physical examination

85 part of the survey. The present analysis uses data from 3938 children and adolescents (1996
86 males and 1942 females) between the ages of 6 and 19 years.

87

88 **Skinfold thickness measurements**

89 All SFT measurements were performed by trained health professionals at the mobile examination
90 centres using a Harpenden skinfold caliper to the nearest 0.2 mm. Each SFT was measured three
91 times and the average of the three measurements was used. Triceps SFT was measured on the
92 midline of the back of the arm at the mid-point level between the acromium process and the tip
93 of the olecranon process. Biceps SFT was measured over the biceps at the same level as the
94 midpoint for the triceps. Subscapular SFT was measured below the inferior angle of the scapula
95 at an angle of 45 degrees to the spine. Suprailiac SFT was measured in the mid-axillary line
96 above the crest of the ilium. Medial calf SFT was measured at the medial side of the calf at the
97 point of the largest circumference. SFT measurements were not done on individuals with a BMI
98 $\geq 30 \text{ kg/m}^2$.

99

100 **Body fat percentage**

101 The percentage of body fat was predicted from the triceps and subscapular SFT for each
102 individual in the sample using the equation by Slaughter et al. (16). The equation for boys
103 contains an intercept term for biological maturation; since this information was not available in
104 the CHMS, we used age as a proxy (boys < 12 years: prepubescent; boys 12.0 - < 14 years:
105 pubescent; boys ≥ 14 years: postpubescent) as previously suggested (15).

106

107 **Statistical analysis**

108 The data were split by sex and modeled using a four parameter (μ , σ , ν , τ) Box–Cox power
 109 exponential distribution (36). The GAMLSS method is an extension of the LMS method
 110 developed by Cole and Green (37) and assumes that when the data (Y) is transformed using the
 111 transformation:

$$112 \quad z = \frac{(y/\mu)^\nu - 1}{\nu\sigma} \quad \nu \neq 0$$

$$113 \quad z = \frac{\log_e(y/\mu)}{\sigma} \quad \nu = 0$$

114 Z follows a standard power exponential distribution with power parameter τ .

115 The age-specific distribution expresses the mean, coefficient of variation, skewness, and kurtosis
 116 as parameters that change smoothly as a function of age by modeling them as cubic splines.

117 These functions can be plotted as smooth curves in terms of age and are referred to as the μ
 118 (mean), σ (variance), ν (skewness), and τ (kurtosis) curves. Centiles for a particular age are
 119 computed by using the values of the four parameters for the corresponding age. The 3rd, 10th,
 120 25th, 50th, 75th, 90th, and 97th centile curves were computed for biceps, triceps, subscapular,
 121 suprailiac, and medial calf SFT as well as for body fat percentage.

122 To avoid unusual behaviours of the spline functions near the end of the age range, data from
 123 respondents up to age 30 years were used to fit the models. This modification produced smoother
 124 curves that more accurately reflect the population characteristics. Residual quantile plots ("worm
 125 plots") (38) were used to assess the goodness of fit of each component of the models.

126 All calculations were performed using the sampling weights provided by Statistics Canada (35)
 127 to account for design effect and non-response bias. The CHMS uses a multistage sampling
 128 design with two sampling frames to select its sample. The probability of an individual to be
 129 selected for the survey is determined as the product of the probability of selection at each stage.

130 To correct for non-response, the weight of non-respondent households and individuals is
131 redistributed to respondents within homogeneous response groups based on characteristics that
132 are available for both respondents and non-respondents as determined from the Census of
133 Canada (such as dwelling type or household income). A detailed description of the weighting
134 procedure can be found elsewhere (34).

135 The statistical software package R (39) with the *gamlss* package (40) was used to perform the
136 statistical analyses.

137

138 **Ethics**

139 All processes used for cycles 1 and 2 of the CHMS were reviewed and approved by the Health
140 Canada Research Ethics Board to ensure that internationally recognized ethical standards for
141 human research were met and maintained. Written informed consent was obtained from all
142 participants aged 14 years and older; parents or guardians gave consent on behalf of children
143 aged 6 to 13 years, while the child provided his or her assent to participate (33, 34). The current
144 project was approved by the IWK Health Centre Research Ethics Board, Halifax, NS, Canada
145 (File # 1014413).

146

147 **RESULTS**

148 Characteristics of the sample are shown in Table 1. The median and interquartile range for the
149 five SFT measurements by age and sex are shown in Table 2. The parameter values (μ , σ , v , τ) as
150 well as the 3rd, 10th, 25th, 50th, 75th, 90th, and 97th percentiles for the SFT curves are presented by
151 age and sex (Tables 3-7). Model diagnostics showed an adequate fit for all models.

152 Percentile curves are materially different in both absolute values and shape for boys and girls
153 (Figures 1-5). Girls have higher median skinfold thickness than boys at all measurement sites
154 (Table 2). All skinfold thickness measurements among girls are characterized by a relatively
155 steady increase from childhood through adolescence despite differing absolute percentile values
156 and rates of yearly change. Lower body (medial calf, suprailiac) skinfold thickness
157 measurements steadily rise until adolescence at which point the rate of yearly increase
158 diminishes. Among upper body measurements, the biceps percentile curve plateaus in early
159 adolescence, whereas the triceps and subscapular curves steadily increase from age 6 to 19. No
160 substantial differences in truncal (subscapular, suprailiac) and peripheral (triceps, biceps, calf)
161 percentile curves among girls were observed.

162 Skinfold thickness curves in boys are characterized by a peak around age 12 years. The
163 magnitude of this pubertal centered peak was most notable in the percentiles exceeding the
164 median. Subsequent to the post-pubertal peak, skinfold thickness decreased in the peripheral
165 measures (biceps, calf, triceps) and moderately increased in the truncal measures. There were no
166 apparent distinguishing characteristics between the upper and lower body percentile curves in
167 boys.

168 Body fat percentile curves, derived from the equation by Slaughter et al. (16), depict similar
169 patterns as the individual skinfold percentile curves among boys and girls (Figure 6). An early
170 adolescent peak and decline in boys was followed by a moderate increase from age 16 years
171 onwards. This trend was most pronounced in percentiles above the median. Among girls, all
172 percentile curves increased steadily throughout childhood and adolescence. Median body
173 percentage at age 18 among boys and girls was 13.2 and 25.4% respectively.

174

175 DISCUSSION

176 The current study has presented for the first time percentile curves for five SFT measures and
177 body fat percentage based on a representative sample of Canadian children and youth aged 6 to
178 19 years. The percentile curves presented are meant to be descriptive rather than prescriptive as
179 associations with cardiovascular disease markers or outcomes were not assessed. The data may
180 be used by researchers as reference data for future studies.

181

182 Our findings are comparable with other studies that have examined the development of SFT in
183 childhood and adolescence. Both the steady upward trend in girls and the pubertal peak in boys
184 were also observed in US (23), German (26, 28, 41), Polish (29), and Norwegian children (27).

185 Of note, the pubertal peak was less pronounced in samples with a narrower age ranges (24, 26–
186 28). The absolute SFT values in our study were largely comparable to US data of 32,783 children
187 ages 1 to 19 years collected between 1963-1994 (23): Median triceps and subscapular SFT at age
188 12 years were comparable between girls in the CHMS (triceps: 13.5 mm; subscapular: 8.8 mm)
189 and the US study (triceps: 13.1 mm; subscapular: 8.2 mm). Median triceps SFT at age 12 in
190 CHMS boys was slightly lower than reported in US boys (11.3 mm vs. 13.1 mm) whereas
191 median subscapular SFT was slightly higher in the CHMS than in the US sample (7.1 mm vs. 6.0
192 mm). These differences may be due to heterogeneity in timing of data collection, ethnic
193 distribution, and statistical methodology (LMS vs. GAMLSS) between the two studies.

194 Comparison with SFT in adults is a challenge due to the scarcity of adult SFT data. Data from
195 adults in the NHANES recruited between 1971 and 1974 shows that median subscapular SFT
196 values in the youngest adult age category (ages 18-24 years) were moderately higher than
197 median values at age 18 years among CHMS participants (males 11.0 vs. 9.0 mm, females 13.0

198 vs. 12.4 mm) (42). Considering that the NHANES data was collected prior to the obesity
199 epidemic, the higher SFT in the US sample is unexpected. It is possible that these differences
200 reflect the higher rate of obesity in the US compared to Canada (3) or the use of a broader age
201 category and the influence of increasing SFT in early adulthood.

202

203 Unlike other anthropometric measures such as BMI, which have been used as independent
204 indicators of growth, SFT measurements are commonly used to derive an estimate of body fat
205 percentage (15, 16, 26, 43). The body fat percentile curves derived from SFT among CHMS
206 participants are similar in shape to a US NHANES study that used a similar approach in a
207 sample of 8269 children of comparable age range (15). Median body fat percentages at age 18
208 years in the CHMS sample were lower than those reported in this US study (boys 13.2 vs.
209 17.0%, girls 25.4% vs. 27.8%). As previously noted, this difference likely reflects differences in
210 obesity rates between the two countries (3). Comparison with other studies that have derived
211 body fat percentile curves is not straightforward due to differing ages ranges (30) or sample
212 inclusion criteria (31).

213

214 Body fat percentages in excess of 25% and 30% in males and females respectively have been
215 identified as indices of potential adverse outcomes (17). Based on this, boys and girls at age 18
216 that exceed the 90th and 75th percentiles, respectively, for body fat in CHMS may be at increased
217 risk of adverse cardio-metabolic outcomes. However, interpretation of the body fat percentile
218 results warrants recognition of the potential biases inherent in these calculations. While the
219 Slaughter equation has been shown to provide a reasonable estimate of body fat percentage (as a
220 relative index not as an individual measure) in adolescents (43), it was developed based on a

221 historical population and its validity for use in contemporary populations is questionable.

222 Though well correlated with dual energy X-ray absorptiometry, body fat percentage derived
223 from the Slaughter equation may overestimate adiposity in children with larger SFT (44). In
224 recognition of these potential biases, studies that examine the relation between SFT and
225 objectively measured body fat in a current sample of children of all ages are necessary.

226

227 To our knowledge, only one study employed the GAMLSS method (36) like we did to model
228 SFT percentiles. The authors of this multicentre European study derived SFT percentile curves
229 for 18,745 children ages 2 to 10 years but excluded overweight, obese, and underweight children
230 from the analysis (31). Thus, a direct comparison of their findings with ours is not feasible. The
231 LMS method (37) has become the most popular choice for modeling percentiles curves for
232 anthropometric measures due to its ease of use, adoption by the World Health Organization (45),
233 and the availability of a simple software tool (LMSchartmaker, Harlow Healthcare, UK) to
234 generate the curves. In a recent analysis of the same sample of children, we generated percentile
235 curves for BMI, waist circumference, waist-to-height ratio, and sum of five skinfolds with an
236 adequate model fit using the LMS method (46). However, when using the 3-parameter LMS
237 method for the individual SFT measurements in the present study, the diagnostic worm plots
238 revealed a large amount of kurtosis present for some variables. The LMS method attempted to
239 account for the kurtosis with skewness, which lead to a poorer model fit at the tail end of the
240 distribution. By contrast, the GAMLSS method includes a 4th parameter to allow the explicit
241 modeling of kurtosis as a function of age. Diagnostics showed no model inadequacies when the
242 curves were constructed using the GAMLSS method. Future studies should consider using the
243 GAMLSS method if the model fit using an LMS approach is not adequate.

244

245 The strengths of the current study include the nationally representative sample of children and
246 youth, and the use of sample weighting to account for non-response and design effect. The
247 availability of a wide age range in the CHMS study population allowed us to visualize growth
248 related trends that were not apparent in studies with narrower age ranges (24, 26, 27). We did
249 not exclude overweight or obese children as the objective of the present study was to describe
250 body fatness measures in a representative population of Canadian children rather than to attempt
251 to describe what may constitute normal percentile values. Due to the physical burden of the
252 assessments used in the survey, and the need to travel to the mobile examination clinics, there
253 may have been a self-selection toward more mobile, healthier and fitter individuals. Our study is
254 limited by the relatively small sample size, and the cross-sectional nature of the data;
255 longitudinal data may more accurately reflect how body fatness changes with age. The omission
256 of SFT measurements in children with a BMI greater than 30 resulted in an exclusion of 4% of
257 children, which may have resulted in a slight downward shift of the percentiles compared to the
258 full sample. While the flexibility of the GAMLSS method is a notable strength, its flexibility also
259 means that the curves may differ considerably based on the parameter choices made by the
260 researcher.

261

262 This study has presented percentile curves for SFT and body fatness in a representative sample
263 of Canadian children and youth. Since we did not examine any relationships with health
264 outcomes or disease markers, the data should be considered as a reference for future studies and
265 not as a growth standard.

266

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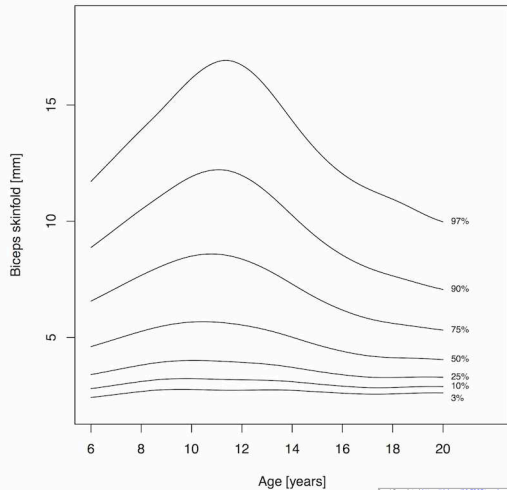
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Figure 1 (on next page)

Percentile curves for biceps skinfold thickness for male and female Canadian children and youth aged 6 to 19 years.

Male



Female

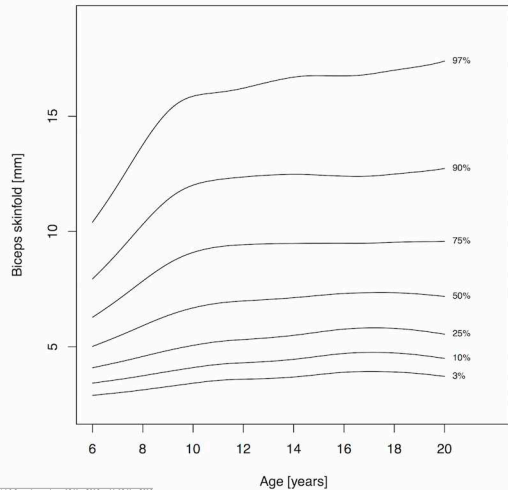
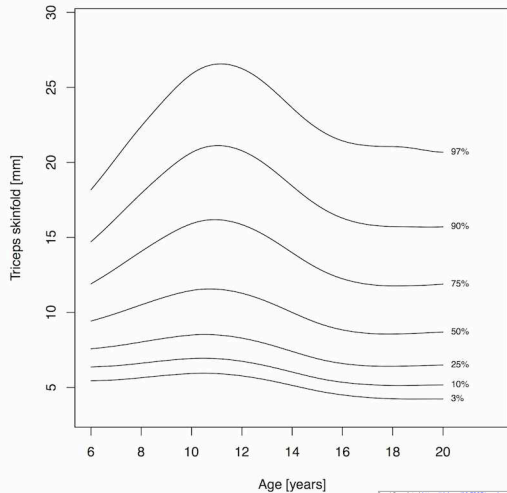


Figure 2 (on next page)

Percentile curves for triceps skinfold thickness for male and female Canadian children and youth aged 6 to 19 years.

Male



Female

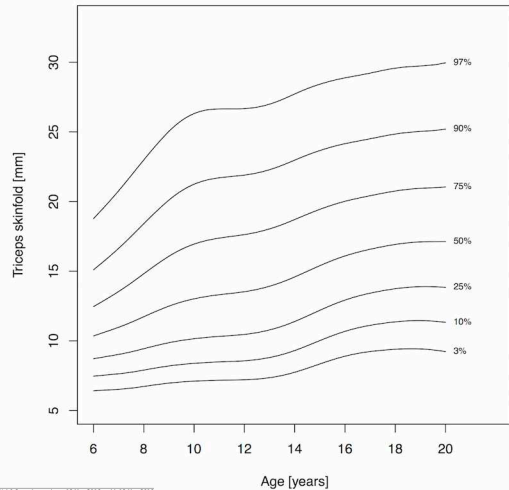
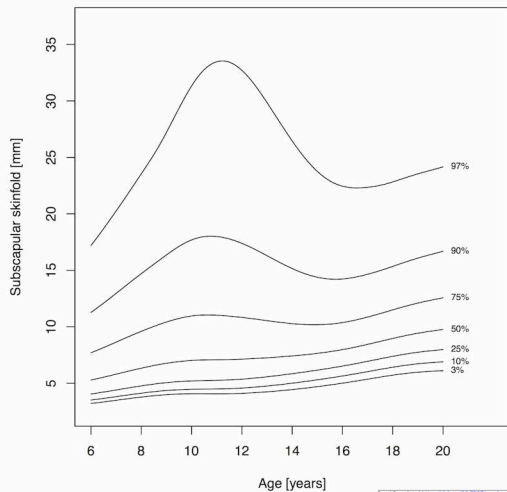


Figure 3(on next page)

Percentile curves for subscapular skinfold thickness for male and female Canadian children and youth aged 6 to 19 years.

Male



Female

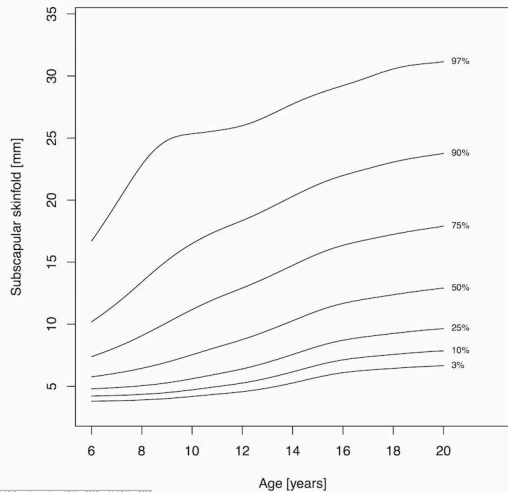
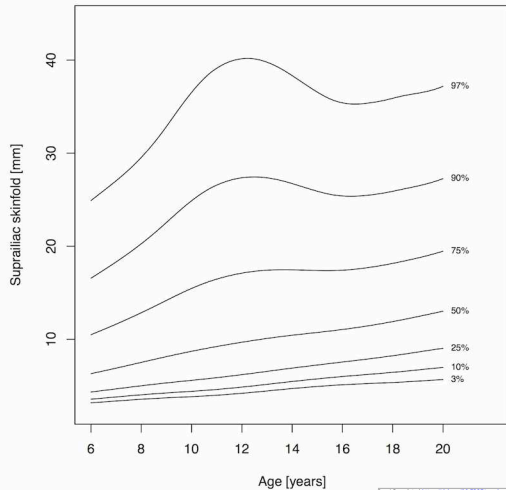


Figure 4 (on next page)

Percentile curves for suprailiac skinfold thickness for male and female Canadian children and youth aged 6 to 19 years.

Male



Female

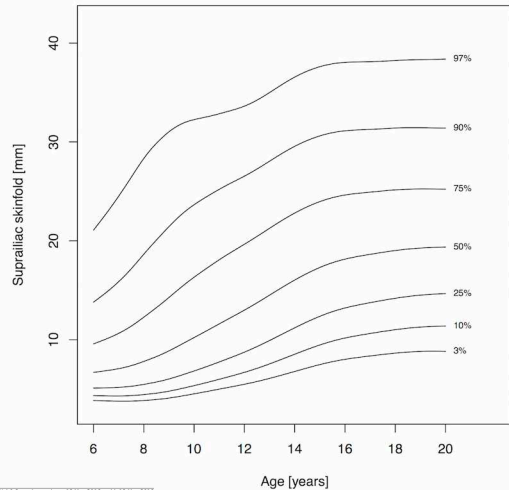
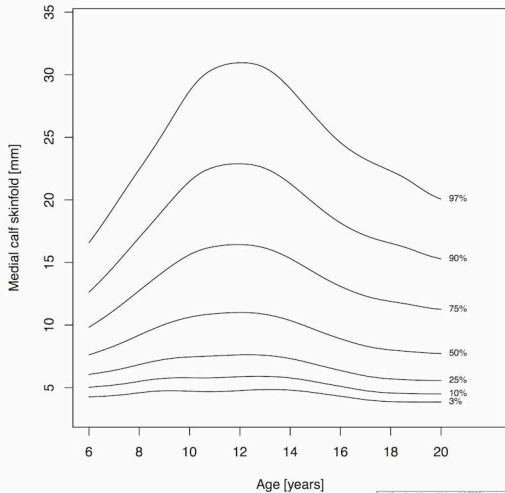


Figure 5 (on next page)

Percentile curves for medial calf skinfold thickness for male and female Canadian children and youth aged 6 to 19 years.

Male



Female

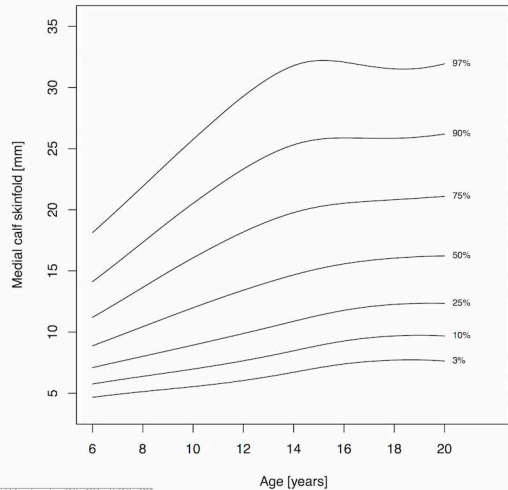
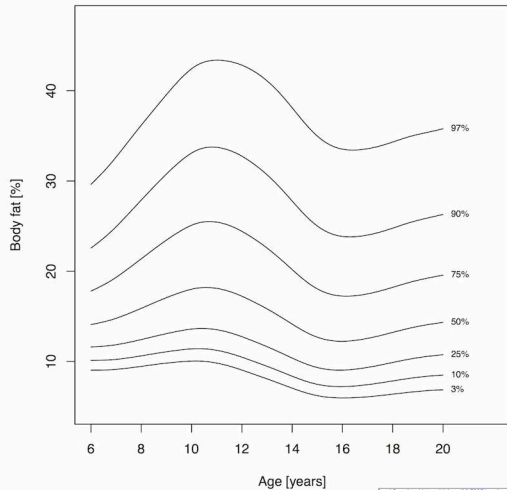


Figure 6(on next page)

Percentile curves for body fat percentage for male and female Canadian children and youth aged 6 to 19 years based on the equation by Slaughter et al. (16).

Male



Female

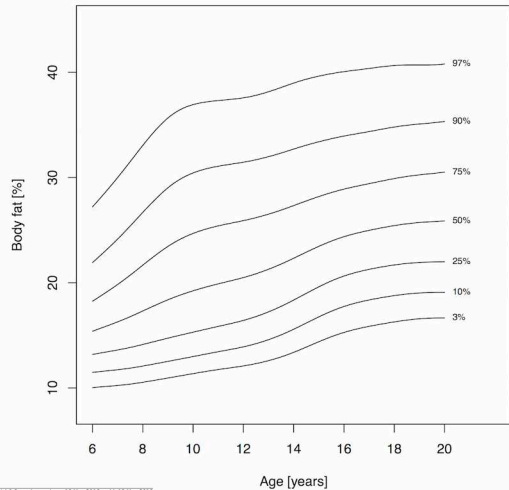


Table 1 (on next page)

Characteristics of 4115 Canadian children and youth aged 6 to 19 years in the Canadian Health Measures Survey cycles 1 and 2.

^E Coefficient of variation between 16.6% and 33.3%; interpret with caution as per Statistics Canada sampling variability reporting guidelines.

1

	Prevalence [%]
Sex	
Male	51.5
Female	48.5
Region of Canada	
Atlantic Canada	6.7 ^E
Québec	22.5
Ontario	40.9
Prairies	17.8
British Columbia	12.1
Racial origin	
White	83.3
Black	6.3 ^E
Asian	8.1
Other	2.3 ^E
Weight status	
Underweight	7.2
Normal weight	66.2
Overweight	17.0
Obese	9.6
Household education	
Secondary school or less	14.1
College	50.2
University	35.7
Household income	
\$30,000 or less	13.6
\$30,001 - \$60,000	23.3
\$60,001 - \$80,000	19.4
\$80,001 - \$100,000	16.6
> \$100,000	27.1

2

Table 2 (on next page)

Sample size, median, and interquartile range for biceps, triceps, subscapular, suprailiac, and medial calf skinfold thickness [mm] for Canadian children and youth aged 6 to 19 years.

Abbreviations: *IQR* Interquartile range.

1

Sex	Age [years]	n	Biceps		Triceps		Subscapular		Suprailiac		Medial calf		
			Media n	IQ R	Media n	IQ R	Media n	IQ R	Media n	IQ R	Media n	IQ R	
Female	6	154	5.0	1.6	10.5	3.1	5.4	2.3	5.9	2.7	8.7	3.3	
	7	140	5.1	2.9	11.0	5.0	5.6	2.7	6.8	5.1	10.0	4.3	
	8	164	6.4	4.3	11.9	6.8	6.6	6.0	8.1	7.7	10.5	7.0	
	9	174	7.3	4.4	13.1	7.7	8.1	8.4	11.2	11.0	12.1	7.3	
	10	193	6.9	3.4	13.1	6.4	8.3	6.4	10.6	10.0	12.7	7.3	
	11	209	7.2	4.1	12.4	6.3	8.5	4.9	11.9	10.3	13.2	7.0	
	12	127	7.5	4.1	13.9	6.4	8.9	7.7	13.6	11.9	12.7	9.4	
	13	131	7.3	3.1	14.0	7.9	9.1	8.3	16.1	14.7	13.6	10.0	
	14	116	7.8	4.1	16.1	8.8	12.0	7.4	17.3	12.3	15.9	9.4	
	15	118	7.4	4.3	16.3	8.0	11.1	8.5	17.7	14.4	15.0	9.5	
	16	109	7.0	1.8	17.0	4.5	10.6	5.4	18.9	8.9	15.9	7.1	
	17	111	7.5	3.5	16.8	6.1	12.9	7.7	21.1	12.3	17.0	8.7	
	18	104	7.4	2.7	17.3	5.1	11.8	8.3	19.4	10.4	14.8	7.0	
	19	92	7.2	4.2	17.5	7.9	11.8	6.0	19.8	11.2	16.9	8.1	
	Male	6	152	4.3	2.6	9.0	3.6	5.0	2.4	5.3	3.4	7.7	4.2
		7	163	5.0	3.6	10.2	7.0	5.3	5.3	5.6	8.1	9.1	7.0
		8	167	5.2	3.6	10.4	5.9	6.1	3.8	7.2	8.5	8.2	5.6
		9	164	6.0	4.8	11.1	7.5	6.2	5.3	7.0	10.3	9.8	9.1
		10	204	6.8	5.8	12.8	8.8	7.5	9.4	9.6	15.2	12.4	11.5
11		185	5.5	4.5	11.1	8.8	6.8	4.8	9.9	9.6	10.3	9.1	
12		148	5.7	4.4	12.1	8.4	6.8	5.0	7.9	13.4	10.6	9.3	
13		141	5.3	4.6	10.8	8.3	7.0	5.7	9.7	10.4	10.5	9.8	
14		136	4.4	2.3	9.0	3.1	7.3	2.4	9.8	5.5	9.5	5.7	
	15	119	4.4	2.2	8.1	5.0	7.2	2.3	9.2	5.2	7.9	5.7	
	16	130	4.0	1.8	8.2	4.9	7.8	2.9	10.2	6.7	7.9	5.5	
	17	11	3.9	1.9	8.4	4.6	8.5	3.8	10.2	11.5	8.4	5.3	

		4										
	18	91	4.2	3.3	8.8	5.7	9.4	4.6	13.2	12.9	7.4	8.5

2

Table 3 (on next page)

Parameter values (μ , σ , ν , τ) and percentiles of biceps skinfold thickness [mm] by age and sex for Canadian children and youth aged 6 to 19 years.

1

Sex	Age [years]	μ	σ	ν	τ	3 rd	10 th	25 th	50 th	75 th	90 th	97 th
Female	6	5.0119	0.3284	-0.4418	1.8070	2.89	3.42	4.08	5.01	6.28	7.94	10.40
	6.5	5.2250	0.3435	-0.4262	1.9030	2.94	3.50	4.20	5.22	6.64	8.49	11.18
	7	5.4445	0.3591	-0.4114	2.0020	3.00	3.57	4.32	5.44	7.03	9.07	12.01
	7.5	5.6746	0.3742	-0.3977	2.1006	3.06	3.65	4.45	5.67	7.44	9.69	12.89
	8	5.9118	0.3874	-0.3847	2.1941	3.13	3.74	4.58	5.91	7.85	10.31	13.76
	8.5	6.1425	0.3979	-0.3716	2.2785	3.20	3.83	4.71	6.14	8.25	10.89	14.55
	9	6.3538	0.4052	-0.3583	2.3518	3.27	3.92	4.84	6.35	8.60	11.39	15.20
	9.5	6.5358	0.4087	-0.3444	2.4148	3.34	4.01	4.95	6.54	8.88	11.76	15.64
	10	6.6843	0.4085	-0.3318	2.4636	3.42	4.09	5.06	6.68	9.09	12.01	15.87
	10.5	6.8017	0.4061	-0.3223	2.4902	3.48	4.17	5.15	6.80	9.24	12.16	15.97
	11	6.8887	0.4035	-0.3159	2.4912	3.54	4.23	5.22	6.89	9.33	12.25	16.03
	11.5	6.9462	0.4021	-0.3131	2.4669	3.57	4.28	5.27	6.95	9.39	12.31	16.11
	12	6.9848	0.4016	-0.3135	2.4202	3.59	4.30	5.31	6.98	9.43	12.36	16.22
	12.5	7.0172	0.4014	-0.3167	2.3565	3.60	4.33	5.35	7.02	9.45	12.41	16.35
	13	7.0502	0.4005	-0.3224	2.2830	3.62	4.36	5.39	7.05	9.46	12.44	16.48
	13.5	7.0857	0.3986	-0.3305	2.2067	3.65	4.40	5.44	7.09	9.47	12.47	16.60
	14	7.1271	0.3956	-0.3402	2.1308	3.69	4.45	5.49	7.13	9.48	12.48	16.69
	14.5	7.1747	0.3910	-0.3507	2.0577	3.74	4.52	5.56	7.17	9.49	12.47	16.75
	15	7.2244	0.3855	-0.3612	1.9904	3.79	4.59	5.64	7.22	9.49	12.45	16.76
15.5	7.2719	0.3802	-0.3707	1.9315	3.85	4.65	5.71	7.27	9.49	12.42	16.75	
16	7.3094	0.3760	-0.3782	1.8827	3.89	4.71	5.76	7.31	9.49	12.40	16.75	
16.5	7.3323	0.3737	-0.3836	1.8459	3.92	4.74	5.80	7.33	9.49	12.39	16.77	
17	7.3447	0.3733	-0.3873	1.8256	3.93	4.75	5.82	7.34	9.49	12.40	16.82	
17.5	7.3491	0.3747	-0.3893	1.8254	3.92	4.75	5.81	7.35	9.51	12.44	16.91	
18	7.3424	0.3774	-0.3895	1.8451	3.90	4.73	5.80	7.34	9.53	12.49	16.99	
18.5	7.3213	0.3812	-0.3886	1.8817	3.88	4.69	5.76	7.32	9.55	12.54	17.08	
19	7.2844	0.3863	-0.3872	1.9314	3.83	4.64	5.70	7.28	9.56	12.59	17.16	
19.5	7.2355	0.3926	-0.3849	1.9906	3.78	4.57	5.62	7.24	9.56	12.65	17.26	
Male	6	4.6047	0.4244	-0.4739	3.4627	2.42	2.79	3.40	4.60	6.56	8.87	11.71
	6.5	4.7687	0.4305	-0.4661	3.5181	2.48	2.87	3.50	4.77	6.84	9.27	12.27
	7	4.9358	0.4363	-0.4586	3.5741	2.55	2.95	3.61	4.94	7.12	9.69	12.83
	7.5	5.1030	0.4417	-0.4516	3.6290	2.61	3.03	3.71	5.10	7.40	10.10	13.39
	8	5.2617	0.4471	-0.4447	3.6814	2.67	3.10	3.81	5.26	7.67	10.50	13.93
	8.5	5.4051	0.4527	-0.4387	3.7288	2.72	3.17	3.90	5.41	7.92	10.89	14.47
	9	5.5233	0.4601	-0.4341	3.7636	2.76	3.21	3.96	5.52	8.16	11.26	15.03
	9.5	5.6104	0.4689	-0.4318	3.7813	2.77	3.23	4.00	5.61	8.35	11.62	15.61
	10	5.6625	0.4775	-0.4333	3.7815	2.76	3.23	4.01	5.66	8.50	11.92	16.15
	10.5	5.6775	0.4843	-0.4396	3.7661	2.75	3.22	4.00	5.68	8.58	12.13	16.58
	11	5.6570	0.4881	-0.4520	3.7424	2.73	3.20	3.98	5.66	8.58	12.21	16.85
	11.5	5.6073	0.4872	-0.4719	3.7241	2.72	3.18	3.96	5.61	8.51	12.16	16.91
	12	5.5336	0.4807	-0.5000	3.7181	2.73	3.18	3.93	5.53	8.37	11.97	16.71
	12.5	5.4364	0.4702	-0.5358	3.7237	2.73	3.17	3.89	5.44	8.17	11.66	16.31
	13	5.3165	0.4566	-0.5778	3.7347	2.74	3.16	3.85	5.32	7.91	11.24	15.74
	13.5	5.1723	0.4417	-0.6236	3.7404	2.74	3.13	3.79	5.17	7.62	10.76	15.05
	14	5.0096	0.4270	-0.6718	3.7345	2.72	3.09	3.71	5.01	7.30	10.25	14.33
	14.5	4.8405	0.4130	-0.7220	3.7191	2.69	3.05	3.63	4.84	6.98	9.76	13.64
	15	4.6786	0.4001	-0.7736	3.6995	2.66	3.00	3.54	4.68	6.68	9.30	13.02
15.5	4.5328	0.3883	-0.8253	3.6730	2.63	2.95	3.46	4.53	6.41	8.89	12.49	
16	4.4054	0.3778	-0.8752	3.6340	2.60	2.90	3.39	4.41	6.18	8.54	12.04	
16.5	4.2974	0.3687	-0.9217	3.5769	2.58	2.87	3.34	4.30	5.98	8.25	11.68	
17	4.2135	0.3604	-0.9645	3.5010	2.56	2.84	3.29	4.21	5.82	8.01	11.40	
17.5	4.1592	0.3521	-1.0039	3.4112	2.56	2.84	3.28	4.16	5.70	7.81	11.17	
18	4.1304	0.3435	-1.0395	3.3156	2.57	2.85	3.28	4.13	5.61	7.65	10.95	
18.5	4.1142	0.3347	-1.0703	3.2195	2.59	2.86	3.29	4.11	5.53	7.49	10.70	
19	4.0987	0.3261	-1.0957	3.1256	2.61	2.88	3.30	4.10	5.46	7.34	10.43	

2

Table 4(on next page)

Parameter values (μ , σ , ν , τ) and percentiles of triceps skinfold thickness [mm] by age and sex for Canadian children and youth aged 6 to 19 years.

1

Sex	Age [years]	μ	σ	ν	τ	3 rd	10 th	25 th	50 th	75 th	90 th	97 th
Female	6	10.3527	0.2772	-0.4045	1.7405	6.41	7.46	8.71	10.35	12.46	15.1	18.77
	6.5	10.6593	0.2898	-0.3782	1.8402	6.47	7.55	8.87	10.66	12.99	15.85	19.74
	7	10.9767	0.3028	-0.3527	1.9457	6.52	7.64	9.03	10.98	13.54	16.64	20.77
	7.5	11.3334	0.3151	-0.3301	2.0578	6.61	7.75	9.21	11.33	14.16	17.50	21.87
	8	11.7320	0.3256	-0.3103	2.1734	6.73	7.90	9.44	11.73	14.82	18.41	22.99
	8.5	12.1291	0.3348	-0.2919	2.2869	6.86	8.06	9.66	12.13	15.47	19.29	24.06
	9	12.4911	0.3431	-0.2737	2.3917	6.97	8.20	9.87	12.49	16.07	20.11	25.04
	9.5	12.7889	0.3498	-0.2538	2.4833	7.05	8.31	10.03	12.79	16.57	20.77	25.81
	10	13.0158	0.3544	-0.2315	2.5568	7.11	8.38	10.15	13.02	16.94	21.24	26.31
	10.5	13.1858	0.3567	-0.2062	2.6095	7.15	8.44	10.25	13.19	17.20	21.54	26.57
	11	13.3113	0.3576	-0.1770	2.6435	7.17	8.49	10.32	13.31	17.38	21.70	26.65
	11.5	13.4136	0.3580	-0.1454	2.6597	7.19	8.52	10.38	13.41	17.50	21.80	26.65
	12	13.5272	0.3579	-0.1136	2.6561	7.20	8.57	10.46	13.53	17.63	21.90	26.67
	12.5	13.6910	0.3569	-0.0836	2.6324	7.26	8.66	10.59	13.69	17.80	22.05	26.77
	13	13.9211	0.3550	-0.0573	2.5904	7.36	8.80	10.79	13.92	18.04	22.29	26.99
	13.5	14.2201	0.3518	-0.0366	2.5346	7.52	9.02	11.05	14.22	18.34	22.60	27.32
	14	14.5871	0.3466	-0.0219	2.4691	7.74	9.30	11.39	14.59	18.71	22.97	27.72
	14.5	14.9915	0.3394	-0.0108	2.3963	8.03	9.65	11.78	14.99	19.09	23.34	28.10
	15	15.3946	0.3311	-0.0005	2.3207	8.34	10.02	12.19	15.39	19.44	23.66	28.42
15.5	15.7700	0.3229	0.0106	2.2476	8.64	10.37	12.58	15.77	19.75	23.93	28.68	
16	16.0934	0.3159	0.0236	2.1810	8.90	10.68	12.92	16.09	20.02	24.15	28.88	
16.5	16.3567	0.3106	0.0384	2.1230	9.09	10.93	13.2	16.36	20.23	24.33	29.04	
17	16.5739	0.3074	0.0549	2.0757	9.23	11.11	13.42	16.57	20.42	24.51	29.22	
17.5	16.7618	0.3058	0.0727	2.0406	9.33	11.25	13.6	16.76	20.60	24.69	29.41	
18	16.9205	0.3048	0.0917	2.0177	9.39	11.36	13.74	16.92	20.75	24.85	29.57	
18.5	17.0364	0.3044	0.1114	2.0040	9.43	11.43	13.84	17.04	20.87	24.96	29.67	
19	17.1018	0.3049	0.1318	1.9946	9.42	11.45	13.89	17.10	20.95	25.03	29.73	
19.5	17.1266	0.3072	0.1525	1.9862	9.35	11.41	13.88	17.13	20.99	25.10	29.81	
Male	6	9.4200	0.3219	-0.2987	2.2897	5.44	6.36	7.57	9.42	11.90	14.71	18.18
	6.5	9.6662	0.3372	-0.2968	2.4350	5.47	6.40	7.66	9.67	12.41	15.47	19.20
	7	9.9299	0.3520	-0.2951	2.5915	5.51	6.45	7.77	9.93	12.94	16.29	20.29
	7.5	10.2151	0.3651	-0.2933	2.7567	5.57	6.52	7.89	10.22	13.51	17.12	21.37
	8	10.5047	0.3761	-0.2908	2.9221	5.65	6.61	8.03	10.50	14.07	17.93	22.41
	8.5	10.7871	0.3856	-0.2881	3.0790	5.73	6.71	8.16	10.79	14.60	18.71	23.38
	9	11.0506	0.3943	-0.2861	3.2188	5.81	6.79	8.29	11.05	15.11	19.45	24.32
	9.5	11.2822	0.4020	-0.2859	3.3368	5.88	6.87	8.41	11.28	15.56	20.11	25.18
	10	11.4608	0.4081	-0.2879	3.4329	5.93	6.93	8.49	11.46	15.91	20.65	25.88
	10.5	11.5533	0.4127	-0.2912	3.5032	5.95	6.95	8.53	11.55	16.13	20.99	26.35
	11	11.5478	0.4160	-0.2954	3.5419	5.92	6.92	8.50	11.55	16.18	21.12	26.55
	11.5	11.4527	0.4182	-0.3004	3.5484	5.86	6.85	8.42	11.45	16.08	21.04	26.51
	12	11.2775	0.4193	-0.3065	3.5262	5.77	6.74	8.29	11.28	15.85	20.77	26.25
	12.5	11.0300	0.4197	-0.3135	3.4821	5.64	6.60	8.11	11.03	15.50	20.35	25.79
	13	10.7229	0.4191	-0.3213	3.4194	5.49	6.43	7.90	10.72	15.05	19.79	25.16
	13.5	10.3697	0.4183	-0.3293	3.3374	5.32	6.23	7.65	10.37	14.53	19.13	24.42
	14	9.9979	0.4173	-0.3373	3.2383	5.14	6.02	7.40	10.00	13.98	18.43	23.64
	14.5	9.6331	0.4169	-0.3444	3.1272	4.95	5.82	7.15	9.63	13.44	17.75	22.89
	15	9.3037	0.4173	-0.3498	3.0095	4.77	5.62	6.92	9.30	12.95	17.15	22.27
15.5	9.0358	0.4179	-0.3528	2.8902	4.62	5.47	6.73	9.04	12.55	16.66	21.78	
16	8.8355	0.4189	-0.3524	2.7730	4.50	5.34	6.59	8.84	12.24	16.28	21.44	
16.5	8.6954	0.4204	-0.3477	2.6613	4.40	5.25	6.50	8.70	12.02	16.02	21.23	
17	8.6080	0.4222	-0.3389	2.5605	4.33	5.19	6.44	8.61	11.88	15.86	21.12	
17.5	8.5657	0.4241	-0.3264	2.4764	4.28	5.15	6.41	8.57	11.80	15.76	21.07	
18	8.5609	0.4257	-0.3112	2.4147	4.24	5.13	6.41	8.56	11.77	15.73	21.05	
18.5	8.5809	0.4262	-0.2939	2.3794	4.23	5.14	6.42	8.58	11.78	15.71	21.00	
19	8.6121	0.4256	-0.2749	2.3676	4.23	5.15	6.45	8.61	11.80	15.69	20.89	

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Table 5 (on next page)

Parameter values (μ , σ , ν , τ) and percentiles of subscapular skinfold thickness [mm] by age and sex for Canadian children and youth aged 6 to 19 years.

1

Sex	Age [years]	μ	σ	ν	τ	3 rd	10 th	25 th	50 th	75 th	90 th	97 th
Female	6	5.7916	0.3158	-1.4955	2.0865	3.79	4.21	4.79	5.75	7.38	10.19	16.69
	6.5	5.9375	0.3313	-1.4087	2.2978	3.81	4.24	4.84	5.90	7.75	10.90	18.18
	7	6.0924	0.3474	-1.3221	2.5290	3.83	4.26	4.90	6.06	8.15	11.67	19.75
	7.5	6.2641	0.3640	-1.2361	2.7759	3.86	4.30	4.96	6.24	8.58	12.51	21.34
	8	6.4656	0.3805	-1.1513	3.0269	3.90	4.35	5.05	6.45	9.07	13.41	22.83
	8.5	6.6905	0.3963	-1.0679	3.2661	3.95	4.41	5.15	6.68	9.59	14.29	24.02
	9	6.9464	0.4105	-0.9870	3.4737	4.01	4.49	5.28	6.94	10.12	15.12	24.80
	9.5	7.2332	0.4223	-0.9091	3.6298	4.09	4.59	5.43	7.23	10.66	15.86	25.18
	10	7.5377	0.4317	-0.8357	3.7182	4.18	4.71	5.61	7.54	11.18	16.49	25.34
	10.5	7.8500	0.4388	-0.7676	3.7348	4.27	4.84	5.80	7.85	11.66	17.05	25.46
	11	8.1575	0.4441	-0.7052	3.6890	4.37	4.98	5.99	8.16	12.11	17.53	25.60
	11.5	8.4551	0.4477	-0.6491	3.5998	4.46	5.11	6.19	8.46	12.52	17.95	25.77
	12	8.7644	0.4495	-0.6001	3.4892	4.56	5.26	6.40	8.76	12.92	18.35	26.00
	12.5	9.1037	0.4494	-0.5588	3.3729	4.70	5.44	6.65	9.10	13.34	18.79	26.34
	13	9.4771	0.4476	-0.5258	3.2654	4.86	5.66	6.93	9.48	13.79	19.28	26.77
	13.5	9.8715	0.4441	-0.5003	3.1753	5.05	5.90	7.24	9.87	14.26	19.79	27.26
	14	10.2792	0.4393	-0.4810	3.1074	5.26	6.16	7.56	10.28	14.74	20.30	27.74
	14.5	10.6873	0.4334	-0.4669	3.0654	5.50	6.44	7.89	10.69	15.22	20.80	28.18
	15	11.0716	0.4272	-0.4570	3.0425	5.73	6.70	8.21	11.07	15.66	21.25	28.56
15.5	11.4057	0.4219	-0.4497	3.0273	5.93	6.94	8.49	11.41	16.04	21.65	28.91	
16	11.6741	0.4182	-0.4439	3.0112	6.09	7.13	8.71	11.67	16.36	21.98	29.23	
16.5	11.8843	0.4163	-0.4389	2.9901	6.21	7.27	8.88	11.88	16.61	22.27	29.55	
17	12.0601	0.4156	-0.4342	2.9646	6.30	7.38	9.01	12.06	16.83	22.54	29.90	
17.5	12.2198	0.4158	-0.4289	2.9386	6.37	7.47	9.14	12.22	17.04	22.81	30.26	
18	12.3746	0.4158	-0.4219	2.9175	6.44	7.56	9.25	12.37	17.24	23.06	30.56	
18.5	12.5249	0.4154	-0.4125	2.9008	6.51	7.65	9.37	12.52	17.42	23.28	30.79	
19	12.6650	0.4149	-0.4006	2.8872	6.57	7.73	9.47	12.67	17.59	23.45	30.94	
19.5	12.7914	0.4146	-0.3862	2.8775	6.62	7.80	9.57	12.79	17.75	23.60	31.04	
Male	6	5.2871	0.3836	-1.0960	4.8016	3.21	3.51	4.05	5.29	7.70	11.28	17.20
	6.5	5.5388	0.3904	-1.0977	5.0401	3.35	3.66	4.22	5.54	8.16	12.09	18.69
	7	5.8079	0.3965	-1.0994	5.2828	3.49	3.82	4.41	5.81	8.64	12.96	20.26
	7.5	6.0797	0.4021	-1.1001	5.5045	3.64	3.97	4.59	6.08	9.13	13.84	21.88
	8	6.3370	0.4077	-1.0994	5.6729	3.78	4.12	4.77	6.33	9.60	14.71	23.55
	8.5	6.5751	0.4133	-1.0974	5.7598	3.90	4.25	4.93	6.57	10.03	15.54	25.25
	9	6.7747	0.4203	-1.0946	5.7440	3.99	4.36	5.06	6.77	10.42	16.36	27.21
	9.5	6.9283	0.4281	-1.0916	5.6129	4.05	4.43	5.15	6.92	10.74	17.12	29.36
	10	7.0323	0.4352	-1.0889	5.3693	4.07	4.47	5.21	7.02	10.96	17.69	31.32
	10.5	7.0859	0.4402	-1.0870	5.0319	4.07	4.48	5.24	7.07	11.04	17.99	32.76
	11	7.1096	0.4423	-1.0872	4.6343	4.07	4.49	5.26	7.08	11.03	18.00	33.47
	11.5	7.1329	0.4406	-1.0906	4.2149	4.08	4.52	5.30	7.10	10.94	17.78	33.43
	12	7.1737	0.4348	-1.0971	3.8024	4.11	4.58	5.37	7.14	10.83	17.39	32.71
	12.5	7.2268	0.4254	-1.1057	3.4165	4.17	4.66	5.46	7.19	10.69	16.88	31.45
	13	7.2915	0.4130	-1.1155	3.0718	4.24	4.76	5.57	7.26	10.54	16.30	29.85
	13.5	7.3647	0.3986	-1.1256	2.7784	4.33	4.88	5.70	7.33	10.40	15.71	28.13
	14	7.4489	0.3831	-1.1352	2.5417	4.44	5.01	5.85	7.42	10.28	15.16	26.46
	14.5	7.5468	0.3677	-1.1438	2.3642	4.56	5.15	6.00	7.52	10.20	14.71	24.97
	15	7.6669	0.3533	-1.1508	2.2436	4.70	5.31	6.16	7.65	10.18	14.39	23.76
15.5	7.8138	0.3410	-1.1553	2.1705	4.85	5.47	6.34	7.80	10.24	14.23	22.92	
16	7.9923	0.3316	-1.1565	2.1345	5.01	5.64	6.52	7.98	10.37	14.24	22.45	
16.5	8.2078	0.3247	-1.1538	2.1262	5.18	5.83	6.73	8.20	10.59	14.39	22.30	
17	8.4528	0.3197	-1.1467	2.1359	5.36	6.03	6.94	8.44	10.86	14.65	22.35	
17.5	8.7139	0.3161	-1.1350	2.1547	5.55	6.23	7.17	8.71	11.17	14.98	22.53	
18	8.9755	0.3145	-1.1183	2.1759	5.72	6.42	7.38	8.97	11.50	15.35	22.83	
18.5	9.2212	0.3145	-1.0964	2.1938	5.87	6.59	7.58	9.22	11.82	15.73	23.20	
19	9.4349	0.3157	-1.0691	2.2048	5.98	6.72	7.75	9.43	12.10	16.08	23.54	

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Table 6 (on next page)

Parameter values (μ , σ , ν , τ) and percentiles of suprailiac skinfold thickness [mm] by age and sex for Canadian children and youth aged 6 to 19 years.

1

Sex	Age [years]	μ	σ	ν	τ	3 rd	10 th	25 th	50 th	75 th	90 th	97 th
Female	6	6.6972	0.4008	-0.9029	3.3367	3.86	4.34	5.11	6.70	9.58	13.80	21.08
	6.5	6.8654	0.4266	-0.8326	3.4717	3.81	4.32	5.14	6.86	10.07	14.77	22.74
	7	7.0730	0.4535	-0.7626	3.6134	3.78	4.31	5.18	7.07	10.64	15.87	24.51
	7.5	7.3765	0.4800	-0.6931	3.7620	3.79	4.34	5.29	7.38	11.37	17.17	26.42
	8	7.8030	0.5037	-0.6240	3.9130	3.86	4.45	5.48	7.80	12.28	18.65	28.33
	8.5	8.2923	0.5230	-0.5551	4.0595	3.95	4.59	5.72	8.29	13.24	20.07	29.86
	9	8.8705	0.5363	-0.4870	4.1943	4.10	4.80	6.03	8.87	14.27	21.43	31.02
	9.5	9.5357	0.5422	-0.4201	4.3053	4.30	5.06	6.42	9.54	15.34	22.66	31.82
	10	10.2176	0.5420	-0.3544	4.3718	4.53	5.36	6.84	10.22	16.32	23.65	32.26
	10.5	10.9024	0.5379	-0.2901	4.3767	4.76	5.67	7.28	10.90	17.22	24.46	32.54
	11	11.5991	0.5315	-0.2274	4.3136	5.00	6.00	7.75	11.60	18.08	25.21	32.85
	11.5	12.2912	0.5237	-0.1671	4.1882	5.24	6.34	8.23	12.29	18.89	25.89	33.20
	12	12.9890	0.5145	-0.1106	4.0133	5.49	6.70	8.74	12.99	19.65	26.54	33.62
	12.5	13.7280	0.5043	-0.0598	3.8054	5.77	7.10	9.30	13.73	20.45	27.26	34.22
	13	14.5051	0.4933	-0.0163	3.5869	6.09	7.55	9.92	14.51	21.27	28.05	34.99
	13.5	15.2862	0.4817	0.0199	3.3771	6.43	8.04	10.56	15.29	22.07	28.84	35.81
	14	16.0317	0.4695	0.0499	3.1880	6.79	8.53	11.2	16.03	22.80	29.55	36.55
	14.5	16.7126	0.4571	0.0748	3.0276	7.14	9.02	11.81	16.71	23.44	30.15	37.16
	15	17.3039	0.4453	0.0953	2.8954	7.48	9.47	12.37	17.30	23.96	30.61	37.61
15.5	17.7850	0.4348	0.1126	2.7869	7.78	9.86	12.84	17.78	24.36	30.93	37.90	
16	18.1484	0.4259	0.1274	2.6967	8.01	10.17	13.21	18.15	24.63	31.12	38.05	
16.5	18.4145	0.4185	0.1401	2.6189	8.20	10.42	13.50	18.41	24.80	31.21	38.09	
17	18.6318	0.4121	0.1503	2.5499	8.36	10.63	13.75	18.63	24.92	31.27	38.11	
17.5	18.8355	0.4064	0.1579	2.4865	8.51	10.83	13.98	18.84	25.04	31.34	38.16	
18	19.0186	0.4015	0.1640	2.4234	8.64	11.01	14.19	19.02	25.15	31.40	38.23	
18.5	19.1639	0.3973	0.1694	2.3582	8.75	11.17	14.37	19.16	25.22	31.43	38.29	
19	19.2661	0.3942	0.1752	2.2932	8.81	11.28	14.51	19.27	25.24	31.43	38.32	
19.5	19.3275	0.3924	0.1820	2.2315	8.84	11.35	14.60	19.33	25.24	31.41	38.34	
Male	6	6.3018	0.5203	-0.6962	6.1066	3.16	3.56	4.33	6.30	10.49	16.56	24.91
	6.5	6.5930	0.5288	-0.6668	6.2092	3.26	3.67	4.49	6.59	11.05	17.42	25.96
	7	6.8933	0.5374	-0.6381	6.3102	3.36	3.79	4.66	6.89	11.62	18.31	27.04
	7.5	7.2022	0.5462	-0.6105	6.4014	3.46	3.91	4.83	7.20	12.22	19.25	28.21
	8	7.5126	0.5562	-0.5844	6.4749	3.55	4.03	5.00	7.51	12.85	20.26	29.55
	8.5	7.8236	0.5672	-0.5608	6.5276	3.63	4.13	5.15	7.82	13.50	21.36	31.09
	9	8.1293	0.5793	-0.5399	6.5518	3.70	4.23	5.30	8.13	14.17	22.55	32.87
	9.5	8.4238	0.5915	-0.5219	6.5395	3.76	4.31	5.44	8.42	14.84	23.76	34.76
	10	8.7035	0.6017	-0.5068	6.4882	3.83	4.40	5.58	8.70	15.46	24.88	36.53
	10.5	8.9678	0.6086	-0.4954	6.4021	3.90	4.49	5.72	8.97	16.01	25.84	38.04
	11	9.2171	0.6113	-0.4875	6.2895	3.98	4.60	5.87	9.22	16.46	26.57	39.13
	11.5	9.4540	0.6099	-0.4830	6.1530	4.08	4.72	6.03	9.45	16.82	27.06	39.82
	12	9.6782	0.6052	-0.4808	5.9886	4.19	4.86	6.19	9.68	17.10	27.35	40.15
	12.5	9.8876	0.5978	-0.4800	5.7993	4.31	5.00	6.36	9.89	17.30	27.44	40.13
	13	10.0850	0.5877	-0.4799	5.5886	4.44	5.15	6.54	10.09	17.42	27.35	39.77
	13.5	10.2667	0.5761	-0.4790	5.3571	4.57	5.31	6.72	10.27	17.47	27.10	39.16
	14	10.4305	0.5638	-0.4759	5.1099	4.70	5.46	6.90	10.43	17.46	26.73	38.33
	14.5	10.5803	0.5516	-0.4696	4.8578	4.81	5.60	7.06	10.58	17.42	26.31	37.43
	15	10.7272	0.5403	-0.4599	4.6105	4.92	5.74	7.23	10.73	17.39	25.91	36.56
15.5	10.8808	0.5305	-0.4468	4.3691	5.02	5.87	7.39	10.88	17.37	25.58	35.84	
16	11.0471	0.5234	-0.4305	4.1337	5.10	5.99	7.55	11.05	17.42	25.40	35.41	
16.5	11.2298	0.5191	-0.4113	3.9077	5.17	6.11	7.71	11.23	17.53	25.37	35.28	
17	11.4314	0.5170	-0.3898	3.6947	5.23	6.21	7.87	11.43	17.69	25.47	35.38	
17.5	11.6547	0.5158	-0.3666	3.4997	5.29	6.32	8.04	11.65	17.90	25.65	35.59	
18	11.8974	0.5153	-0.3423	3.3301	5.35	6.44	8.23	11.90	18.15	25.90	35.90	
18.5	12.1575	0.5147	-0.3177	3.1943	5.41	6.56	8.42	12.16	18.43	26.19	36.21	
19	12.4347	0.5131	-0.2935	3.0962	5.50	6.70	8.62	12.43	18.74	26.47	36.45	

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Table 7 (on next page)

Parameter values (μ , σ , ν , τ) and percentiles of medial calf skinfold thickness [mm] by age and sex for Canadian children and youth aged 6 to 19 years.

1

Sex	Age [years]	μ	σ	ν	τ	3 rd	10 th	25 th	50 th	75 th	90 th	97 th
Female	6	8.8756	0.3546	-0.1545	1.7494	4.67	5.76	7.09	8.88	11.20	14.12	18.13
	6.5	9.2641	0.3628	-0.1300	1.8386	4.79	5.92	7.33	9.26	11.80	14.90	19.06
	7	9.6544	0.3713	-0.1055	1.9318	4.91	6.08	7.56	9.65	12.41	15.70	20.00
	7.5	10.0464	0.3798	-0.0817	2.0269	5.02	6.23	7.79	10.05	13.03	16.52	20.95
	8	10.4394	0.3880	-0.0590	2.1171	5.13	6.38	8.02	10.44	13.65	17.34	21.91
	8.5	10.8320	0.3960	-0.0376	2.1960	5.23	6.53	8.24	10.83	14.28	18.16	22.88
	9	11.2226	0.4034	-0.0180	2.2604	5.33	6.67	8.47	11.22	14.89	18.97	23.85
	9.5	11.6082	0.4099	-0.0009	2.3108	5.43	6.82	8.70	11.61	15.49	19.76	24.81
	10	11.9874	0.4154	0.0128	2.3480	5.54	6.98	8.93	11.99	16.07	20.52	25.75
	10.5	12.3598	0.4200	0.0225	2.3743	5.65	7.14	9.17	12.36	16.63	21.27	26.67
	11	12.7243	0.4237	0.0285	2.3936	5.77	7.30	9.41	12.72	17.17	21.99	27.57
	11.5	13.0793	0.4265	0.0308	2.4083	5.90	7.47	9.64	13.08	17.69	22.68	28.45
	12	13.4235	0.4281	0.0299	2.4180	6.04	7.65	9.88	13.42	18.18	23.33	29.28
	12.5	13.7571	0.4283	0.0271	2.4199	6.19	7.84	10.13	13.76	18.64	23.93	30.05
	13	14.0787	0.4274	0.0232	2.4129	6.36	8.04	10.38	14.08	19.06	24.47	30.74
	13.5	14.3853	0.4249	0.0189	2.3988	6.53	8.25	10.63	14.39	19.44	24.93	31.33
	14	14.6745	0.4210	0.0150	2.3798	6.71	8.47	10.88	14.67	19.77	25.31	31.78
	14.5	14.9414	0.4156	0.0139	2.3578	6.90	8.69	11.13	14.94	20.04	25.59	32.08
	15	15.1812	0.4092	0.0180	2.3359	7.08	8.90	11.37	15.18	20.25	25.76	32.20
15.5	15.3921	0.4024	0.0278	2.3153	7.25	9.10	11.58	15.39	20.41	25.85	32.19	
16	15.5739	0.3958	0.0429	2.2962	7.39	9.27	11.77	15.57	20.53	25.88	32.07	
16.5	15.7273	0.3898	0.0617	2.2790	7.51	9.41	11.94	15.73	20.62	25.87	31.91	
17	15.8549	0.3849	0.0820	2.2666	7.59	9.53	12.07	15.85	20.7	25.84	31.74	
17.5	15.9602	0.3811	0.1014	2.2608	7.66	9.62	12.18	15.96	20.76	25.83	31.61	
18	16.0453	0.3785	0.1179	2.2603	7.70	9.68	12.26	16.05	20.82	25.84	31.52	
18.5	16.1127	0.3774	0.1309	2.2605	7.73	9.72	12.32	16.11	20.89	25.88	31.50	
19	16.1645	0.3779	0.1405	2.2579	7.72	9.74	12.35	16.16	20.95	25.95	31.57	
19.5	16.2024	0.3800	0.1470	2.2522	7.69	9.72	12.36	16.20	21.02	26.06	31.71	
Male	6	7.6139	0.3532	-0.4290	2.0886	4.25	5.03	6.05	7.61	9.82	12.62	16.57
	6.5	7.9514	0.3740	-0.4000	2.2278	4.30	5.11	6.21	7.95	10.47	13.61	17.96
	7	8.3241	0.3942	-0.3711	2.3743	4.37	5.21	6.38	8.32	11.18	14.70	19.45
	7.5	8.7435	0.4118	-0.3426	2.5227	4.47	5.34	6.59	8.74	11.95	15.84	20.96
	8	9.1952	0.4264	-0.3147	2.6629	4.58	5.50	6.84	9.20	12.75	17.00	22.45
	8.5	9.6377	0.4404	-0.2878	2.7854	4.69	5.64	7.07	9.64	13.55	18.14	23.92
	9	10.0372	0.4568	-0.2627	2.8827	4.75	5.74	7.25	10.04	14.31	19.31	25.50
	9.5	10.3692	0.4757	-0.2405	2.9490	4.75	5.78	7.38	10.37	15.02	20.46	27.15
	10	10.6239	0.4941	-0.2228	2.9851	4.71	5.78	7.45	10.62	15.62	21.48	28.69
	10.5	10.7952	0.5074	-0.2113	2.9966	4.68	5.77	7.49	10.80	16.03	22.21	29.84
	11	10.9036	0.5136	-0.2077	2.9961	4.67	5.79	7.53	10.90	16.27	22.62	30.50
	11.5	10.9717	0.5145	-0.2128	2.9980	4.71	5.82	7.58	10.97	16.39	22.83	30.84
	12	11.0043	0.5115	-0.2262	3.0093	4.76	5.87	7.62	11.00	16.43	22.88	30.95
	12.5	10.9698	0.5073	-0.2460	3.0302	4.81	5.90	7.63	10.97	16.35	22.80	30.88
	13	10.8526	0.5017	-0.2700	3.0602	4.84	5.90	7.58	10.85	16.15	22.51	30.54
	13.5	10.6446	0.4947	-0.2959	3.0972	4.83	5.86	7.48	10.64	15.79	22.00	29.86
	14	10.3584	0.4868	-0.3214	3.1372	4.80	5.77	7.32	10.36	15.31	21.30	28.89
	14.5	10.0042	0.4798	-0.3446	3.1788	4.71	5.64	7.11	10.00	14.75	20.47	27.75
	15	9.6173	0.4750	-0.3643	3.2226	4.58	5.46	6.85	9.62	14.15	19.64	26.61
15.5	9.2415	0.4714	-0.3799	3.2679	4.45	5.28	6.60	9.24	13.59	18.85	25.52	
16	8.9001	0.4694	-0.3911	3.3148	4.31	5.10	6.37	8.90	13.09	18.15	24.57	
16.5	8.5901	0.4703	-0.3978	3.3649	4.17	4.92	6.14	8.59	12.66	17.59	23.82	
17	8.3241	0.4727	-0.4010	3.4191	4.03	4.76	5.93	8.32	12.32	17.15	23.24	
17.5	8.1317	0.4742	-0.4017	3.4752	3.93	4.64	5.79	8.13	12.06	16.81	22.75	
18	8.0090	0.4733	-0.4007	3.5298	3.88	4.57	5.70	8.01	11.88	16.53	22.31	
18.5	7.9196	0.4702	-0.3983	3.5766	3.86	4.53	5.64	7.92	11.73	16.25	21.81	
19	7.8366	0.4643	-0.3943	3.6102	3.84	4.51	5.60	7.84	11.55	15.90	21.17	
19.5	7.7663	0.4572	-0.3887	3.6266	3.84	4.50	5.57	7.77	11.37	15.55	20.53	

2