

Psychometric properties of the Assessment of Positive Occupation 15 final version in individuals with mental disabilities

Purpose: To verify the reliability and validity of the Assessment of Positive Occupation 15 (APO-15) in individuals with mental disabilities living in communities or admitted in hospitals. **Methods:** A sample of 408 individuals with mental disabilities completed APO-15, the Japanese version of the Recovery Assessment Scale (RAS), the Japanese version of the Self-identified Stage of Recovery Part-B (SISR-B), and the General Health Questionnaire 12 (GHQ-12). We analyzed the psychometric properties of APO-15, including confirmatory factor analysis, entropy, polyserial correlation coefficient, average variance extracted, Cronbach's α coefficient, Pearson's product-moment correlation coefficient, item response theory, and cut-off point. Results: This study indicated the validity and reliability of APO-15 in a group of individuals with mental disabilities. The result of this study supported a four-factor model constructing of 15 items; includes a positive relationship, achievement, meaning, and engagement. Validity was supported by various results, i.e. the polyserial correlation and entropy were good, confirmatory factor analysis was a good estimate of the model fit, hypothesis testing was good convergent and discriminant validity, and concurrent validity also good. In addition, reliability was established by various analyses, i.e. the internal consistency reliability was good, and all items of APO-15 demonstrated satisfactory item response. The cut-off point became a 42-point sensitivity (0.770) and demonstrated good results with 1-specificity (0.441). That is, APO-15 can be used to appropriately measure the participation in occupation to promote the well-being of clients. Conclusion: APO-15 demonstrated good psychometric properties in measuring positive occupation in individuals with mental disabilities. APO-15 is an important tool to enable participation in activities that increase well-being in daily living.



- 1 Psychometric properties of the Assessment of Positive Occupation 15 final version in
- 2 individuals with mental disabilities
- 3 Abstract
- 4 **Purpose:** The purpose of this study is to verify the reliability and validity of the Assessment of
- 5 Positive Occupation 15 (APO-15) in individuals with mental disabilities.
- 6 **Methods:** A sample of 408 individuals with mental disabilities is living in communities or
- 7 admitted in hospitals. A sample was completed APO-15, the Japanese version of the Recovery
- 8 Assessment Scale (RAS), the Japanese version of the Self-identified Stage of Recovery Part-B
- 9 (SISR-B), and the General Health Questionnaire 12 (GHQ-12).
- We analyzed the psychometric properties of APO-15, including confirmatory factor analysis
- 11 (CFA), entropy, polyserial correlation coefficient, average variance extracted, Cronbach's α
- 12 coefficient, Pearson's product-moment correlation coefficient, item response theory (IRT), and
- 13 cut-off point.
- 14 **Results:** This study indicated the validity and reliability of APO-15 in a group of individuals
- with mental disabilities. The result of this study supported a four-factor model constructing of 15
- 16 items; includes a positive relationship, achievement, meaning, and engagement. Validity was
- supported by various results, i.e. the polyserial correlation and entropy were good, confirmatory
- 18 factor analysis was a good estimate of the model fit, hypothesis testing was good convergent and
- 19 discriminant validity, and concurrent validity also good. In addition, reliability was established
- 20 by various analyses, i.e. the internal consistency reliability was good, and all items of APO-15
- demonstrated satisfactory item response. The cut-off point became a 42-point sensitivity (0.770)
- 22 and demonstrated good results with 1-specificity (0.441). That is, APO-15 can be used to
- 23 appropriately measure the participation in occupation to promote the well-being of clients.
- 24 Conclusion: APO-15 demonstrated good psychometric properties in measuring positive
- 25 occupation in individuals with mental disabilities. APO-15 is an important tool to enable
- 26 participation in activities that increase well-being in daily living.
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Introduction

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42	Psychosocial occupational therapy is a client-centered practice concerned with
43	promoting the well-being of individuals through occupation (Giroux Bruce & Borg, 2002).
44	Occupation is defined as a central of the human experience; it includes work, play, routine, and
45	rest (Wilcock, 2006). Well-being is defined as the perceived state of harmony in all aspects of
46	one's life (Low et al., 1998). Occupational well-being is defined as perceived state of satisfaction
47	and pleasure from everyday experience (Charles & Townsend, 2013; Schultz, 2015). The core of
48	occupational therapy is a belief about the engagement between occupation and well-being
49	(Wilcock, 2006; Canadian Association of Occupational Therapists, 1997). Therefore,
50	psychosocial occupational therapy need be able to assess occupation to promote well-being.
51	At present, the relevant assessments used include the Canadian Occupational
52	Performance Measure (COPM), the Occupational Self-Assessment (OSA), the Classification and
53	Assessment of Occupational Dysfunction (CAOD), the Model of Human Occupation Screening
54	Tool (MOHOST), the Occupational Performance History Interview-II (OPHI-II), the interest
55	checklist, the role checklist, the VIA Survey of Character Strengths test, the Intensity and Time
56	Affect Survey (ITAS), the Brief Mood Introspection Scale (BMIS), and the Positive and
57	Negative Affect Schedule (PANAS). These assessments mainly focus on the relationship
58	between occupation and well-being. However, these assessments do not measure participation in
59	occupation to promote well-being in psychosocial occupational therapy.
60	Therefore, we developed a measurement tool called the Assessment of Positive
61	Occupation 15 (APO-15). The assessment properties of APO-15 were studied in 110 individuals
62	with mental disabilities living in the community. The assessment properties of APO-15 were
63	suggested on the basis of statistical evidence, such as exploratory factor analysis (EFA),
64	confirmatory factor analysis (CFA), and item response theory (IRT). Overall, the assessment
65	properties of APO-15 were very good. Therefore, we believe that APO-15 can reveal
66	participation in occupation to promote the well-being of individuals with mental health
67	disabilities living in the community.
68	APO-15 was developed for the mentally ill individuals who lived in the community. (Noguchi et al.,
69	2015)To date, no study regarding its use in hospitalized patients has been reported. Psychosocial occupational
70	therapy supports individuals with mental disabilities living in the community and those admitted to hospitals.



71	Therefore, the purpose of this study was to verify the reliability and validity of APO-15 in the aforementioned
72	individuals.
73	Methods
74	Ethics statement
75	The research protocol was approved by the Ethics Committee of Kibi International
76	University (No. 14-32) and the Research Ethics Committee of Zikei Hospital (No. 103(27-2)).
77	All participants provided both written and verbal informed consents prior to participation.
78	Participation was voluntary, and participants had the right to withdraw from the research at any
79	time without providing any reason. This study was conducted according to the Declaration of
80	Helsinki.
81	Participants
82	Data were obtained from individuals with DSM-5-based diagnosis of mental
83	disabilities in psychiatric hospitals and group homes. We examined age, gender, diagnosis, and
84	sense of happiness. Happiness was scored on a five-point Likert scale, ranging from 1 (very
85	happy) to 5 (not at all happy).
86	Measures
87	Recent years, increase in suicides that continue to increase year after year in mental
88	health problems, has been warning the social issues, such as economic loss (Mental Health
89	Action Plan 2013-2020, 2013). In addition, trends to promote the recovery of individuals with
90	mental disabilities have been observed in the field of mental health (Mental Health Action Plan
91	2013-2020, 2013; Slade, 2009; Corrigan et al., 1999; Corrigan & Phelan, 2004). From these
92	trends, we believe that the recovery of rehabilitation clients with mental disabilities in this study
93	also needs to be investigated using recovery measures.
94	
95	1. APO-15
96	We developed APO-15 for measuring well-being through meaningful occupation in
97	individuals with mental disabilities. APO-15 measures positive occupation based on four factors:
98	positive relationship (5 items), achievement (4 items), meaning (3 items), and engagement (3



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items). Positive relationship is defined as derive happiness and satisfaction from human relationships. Achievement is defined as the attempt to complete a target in life. Meaning is defined as significance found in activities and life. Engagement is defined as the flow experienced and the process leading to it. APO-15 evaluates 15 items on a 4-point Likert scale (1 = disagree, 4 = agree). High total scores are related to a higher degree of well-being through meaningful occupation.

2. The Japanese version of the Recovery Assessment Scale (RAS)

We selected RAS, which is comprised of 24 items, to measure the perceptions of recovery in five factors: personal confidence and hope (9 items), willingness to ask for help (3 items), goals and success orientation (5 items), reliance on others (4 items), and no domination by the symptoms (3 items). RAS is evaluated using a 5-point Likert scale from 1 (strongly disagree) to 5 (strongly agree). A high RAS total score indicates a higher recovery level (Chiba et al., 2010).

3. The Japanese version of the Self-identified Stage of Recovery Part-B (SISR-B)

SISR measures the process of recovery based on four factors: hope (1 item), identity (1 item), meaning (1 item), and responsibility (1 item). SISR is assessed using a 6-point Likert scale from 1 (strongly disagree) to 6 (strongly agree). Higher total scores of SISR indicate a higher recovery level (Chiba et al., 2010).

4. The General Health Questionnaire-12 (GHQ-12)

We used GHQ-12, which is comprised of 12 items, to evaluate the experience of a participant with mental health disabilities in the past few weeks. GHQ-12 had two factors; it includes previous studies on depressive anxiety (6 items) and disability (6 items). Each item is assessed on a 4-point Likert scale from 1 (can have) to 4 (could not have at all). We used a standard 0-0-1-1 scoring system of the GHQ (0 = codes 1 and 2, 1 = codes 3 and 4) (Lesage et al., 2011).

Statistical Analysis



126	SPSS Statistics (http://www.spss.com) was used for the descriptive statistics, internal
127	consistency reliability, and concurrent validity. HAD (http://norimune.net/had) was used for
128	normality test. Exametrika (http://antlers.rd.dnc.ac.jp/~shojima/exmk/index.htm) was used for
129	considering the validity of the items. Mplus 7.3 (http://www.statmodel.com) was used for CFA,
130	hypothesis testing (convergence and discriminant validity), and IRT analysis.
131	1) Sample characteristics
101	17 Sample characteristics
132	The demographic data were summarized using descriptive statistics, and the
133	normality test used was the Jarque–Bera test ($p < 0.05$).
134	2) Item validity
135	We assessed the item validity using polyserial correlation coefficients with critical
136	values above 0.2 and entropy with critical values above 0.5.
137	3) Structural validity
137	5) Structural valuity
138	The factor structure of APO-15 was determined by performing CFA using a
139	weighted least squares estimation with mean and variance (WLSMV), with missing data.
140	WLSMV is suitable for the analysis of categorical data. We used three indices to assess the
141	model fits of CFA based on APO-15 factor structures. The first index was the root mean square
142	error of approximation (RMSEA), with critical values of 0.08-0.10, indicating a mediocre fit,
143	and those of <0.08 indicated a good fit. The second and third indices were the comparative fit
144	index (CFI) and the Tucker–Lewis index (TLI), with critical values above 0.95.
145	4) Hypothesis testing (convergent and discriminant validity)
146	Hypothesis testing was evaluated using the square of the correlation between the
147	factors and average variance extracted (AVE) based on the factor structure of APO-15 supported
148	by CFA. Discriminant validity was assessed by the comparison of the squared correlation
149	between each pair of constructs against the average of AVE. Convergent validity was assessed to
150	investigate whether the square root of each AVE value belonging to each latent construct was
151	>0.5.
152	5) Internal consistency reliability



153 Internal consistency reliability was evaluated using Cronbach's α coefficient. 154 6) **Concurrent validity** 155 Concurrent validity was determined using Spearman's nonparametric correlation to 156 measure the association between each item of APO-15, sensation of happiness, RAS, and SISR-157 В. 158 7) Item response 159 Item response was assessed by performing graded IRT using maximum likelihood 160 robust (MLR). The IRT estimated the item slope parameters and item difficulty parameters, total 161 information curve (TIC), and the item response category characteristic curve (IRCCC) in APO-162 15. The critical values are 0.5 and 2.5 for item discrimination, and the absolute values are -4.0 163 and 4.0 for item difficulty. The IRT was employed to estimate Akaike's information criterion 164 (AIC) and Bayesian information criterion (BIC). 165 8) **Cut-off point** 166 Cut-off point for APO-15 was assessed against GHQ-12 as the gold standard by calculating the receiver operating characteristic (ROC) curves. ROC curve is a graph of 167 168 sensitivity and 1-specificity. The area under the ROC curve of >0.70 was chosen as the critical 169 value to identify good prediction. 170 Results 171 1) **Sample Characteristics** 172 Table 1 shows that there were a total of 408 participants (mean age was 52.4 ± 13.05 173 years): 273 (67%) were males and 135 (33%) were females. The participant details are presented 174 in Table 1. The Kolmogorov–Smirnov test showed that not all scores had a normal distribution. 175 2) Item validity 176 Table 2 shows the values of the Jarque–Bera test, protpolyserial correlation 177 coefficient, and entropy for each item of APO-15. Normal distribution was shown in item 14.



178 Protpolyserial correlation coefficients indicated values ranging from 0.550 to 0.747, and entropy 179 indicated values ranging from 1.661 to 1.837. 180 3) Structural validity 181 Figure 1 shows the results of CFA. CFA of APO-15 was a good estimate of the 182 model fit (RMSEA = 0.087; CFI = 0.946; TLI = 0.932). 183 4) Hypothesis testing (convergent and discriminant validity) 184 Table 3 shows the results of hypothesis testing. APO-15 demonstrated good 185 convergent and discriminant validity. 186 5) **Internal consistency reliability** 187 Figure 1 shows the results related to internal consistency. The internal consistency of 188 APO-15 (total score and all subscales) had a good and acceptable range between 0.741 and 0.893. 189 **6**) **Concurrent validity** 190 Table 4 shows the results related to concurrent validity. The concurrent validity was 191 confirmed by the correlations between APO-15, sensation of happiness, RAS, SISR-B, and 192 GHQ-12. APO-15 showed a negative correlation with participant's happiness for each factor 193 score (r = -0.128 to -0.317, p < 0.01). APO-15 showed a positive correlation with RAS and 194 SISR-B for each factor score (r = 0.256 to 0.660, p < 0.01). Moreover, APO-15 showed a 195 negative correlation with the 2-factor score of GHQ-12 (r = -0.206 to -0.476, p < 0.01). 196 7) Item response 197 Table 5 and Figures 2-3 show the results of item slope parameters (α) and item 198 difficulty parameters (β). Overall, items on APO-15 demonstrated satisfactory item response, 199 with item slopes ranging from 0.769 to 1.300. The item difficulty parameter range from APO-15 200 demonstrated satisfactory item response in providing the appropriate discrimination and 201 difficulty indices. 202 8) **Cut-off point**



Figure 4 shows the cut-off point of APO-15. The cut-off point became a 42-point sensitivity (0.770) and demonstrated generally good results with 1-specificity (0.441).

Discussion

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Psychometric properties of APO-15

207 We validated the APO-15 self-administered measure for evaluating individuals with 208 mental disabilities living in communities and those admitted to hospitals. To the best of our 209 knowledge, this is the first study on the development of the assessment of occupation 210 participation to promote well-being. Overall, APO-15 had a good model fit. The structural 211 validity of APO-15 was assessed by CFA; it indicated a good model fit (Figure 1). For each item 212 score of polyserial correlation coefficient and entropy of APO-15, the reference value was 213 confirmed as being higher (Table 2). The hypothesis testing of this study demonstrated a good 214 value for convergent and discriminant validity of APO-15 (Table 3). However, positive relation 215 may need to be re-examined in the future because we obtained a rather small value. As assessed 216 by Cronbach's α coefficient, internal consistency was acceptable (Figure 1). 217 A modest negative correlation among APO-15, happiness, and GHQ-12 was 218 observed. In particular, the disability of GHQ-12 showed moderate correlation (Table 4). This 219 indicates that it is consistent with the purpose of measuring occupation participation to promote 220 well-being with APO-15. In addition, APO-15 had strong correlations with RAS and SISR-B. 221 The results of this study indicate that the degree of occupation participation to promote well-222 being, measured by APO-15, is affected by the recovery of individuals with mental disabilities. 223 This suggests that APO-15, RAS, and SISR-B represent subjective experience. IRT was used to 224 assess the individual item characteristics of APO-15 (Table 5). APO-15 had modest item slope 225 parameters in the range of 0.602–1.300. The difficulty parameter scores for APO-15 were very 226 wide, ranging from -3.352 to 1.813. Moreover, these results indicate that the TIF of APO-15 227 was sufficient (Figures 2 and 3). Sufficient amount of information for APO-15 has been obtained. 228 These results clearly demonstrate strong support for good item response in APO-15. In addition, 229 APO-15 item design was based on a 4-point Likert scale. As mentioned above, there is now 230 enough evidence to show that APO-15 has high validity and reliability. From this viewpoint, 231 APO-15 Likert scale design is correct. The cut-off point of APO-15 became a 42-point 232 sensitivity (0.770) and 1-specificity (0.441) with generally good results (Figure 4). Consequently,



233 it can provide useful information for therapists in the selection of clients to be supported through 234 APO-15. 235 Clinical application of APO-15 236 With regard to clinical application, we can use APO-15 in psychosocial occupational 237 therapy practice. APO-15 is its focus on the level of participation in the occupation to promote 238 well-being. It is conceivable that the condition and changes in a patient's occupation-related 239 well-being can be assessed during psychosocial occupational therapy process using APO-15. 240 This assessment may be helpful in distinguishing between positive and negative occupation of 241 individuals with mental disabilities and may serve as a means of promoting the outcomes of 242 psychosocial occupational therapy. 243 Limitations 244 This study design has several limitations. First, we did not perform test–retest 245 reliability to reduce the burden on participants. Second, the survey was conducted at only 20 246 hospitals and group homes. Despite these limitations, APO-15 as a measure for estimating 247 occupation participation to promote well-being of the client is a valid and reliable tool. The 248 validity and reliability of APO-15 in occupational therapy clients other than those with mental 249 disabilities need to be verified. 250 Conclusion 251 Overall, the study findings suggest that APO-15 is a valid and reliable measure for 252 evaluating clients with mental disabilities. APO-15 demonstrates valid psychological 253 characteristics to measure the occupation participation that promotes well-being and can be 254 utilized for effective occupational therapy. 255 **Human Ethics** 256 The following information was supplied relating to ethical approvals (i.e., 257 approving body and any reference numbers): 258 This study was conducted in accordance with the Declaration of Helsinki and was approved by 259 the Ethics Committee of the Kibi International University (No. 14-32). In addition, we gained 260 approval by the facility directors of the institutions that cooperated in this study. We explained to 261 participants that they could freely decide whether to participate in the study and could refuse to



263	information. Furthermore, we obtained written informed consent from all participants.
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Figure 1(on next page)

Fig. 1 Structural validity and internal consistency reliability of APO.



Fig. 1 Structural validity and internal consistency reliability of APO.

APO-15 Items $\alpha = 0.893$	Estimato	e S.E.	Est./S.E.	Two-Tai
Latent variables				
Factor 1; Positive relationsl	$hip \alpha = 0.741$			
Item 4	0.731	0.032	22.533	0.000
Item 6	0.666	0.037	17.977	0.000
Item 10	0.568	0.039	14.734	0.000
Item 11	0.702	0.030	23.322	0.000
Item 14	0.664	0.033	20.127	0.000
Factor 2; Achievement $\alpha =$	0.797			
Item 1	0.749	0.031	24.131	0.000
Item 2	0.753	0.027	27.787	0.000
Item 3	0.775	0.026	30.359	0.000
Item 5	0.809	0.025	32.634	0.000
Factor 3; Meaning $\alpha = 0.78$	2			
Item 8	0.756	0.029	26.017	0.000
Item 9	0.856	0.021	40.386	0.000
Item 15	0.783	0.025	31.581	0.000
Factor 4; Engagement α = ().787			
Item 7	0.825	0.028	29.652	0.000
Item 12	0.839	0.025	33.446	0.000
Item 13	0.735	0.028	26.153	0.000
Factor correlation				
Factor 2				
Factor 1	0.384	0.032	11.851	0.000
Factor 3				
Factor 1	0.422	0.033	12.903	0.000
Factor 2	0.436	0.032	13.601	0.000
Factor 4				
Factor 1	0.436	0.035	12.349	0.000
Factor 2	0.420	0.032	12.963	0.000
Factor 3	0.393	0.035	11.086	0.000
Model fit information				
RMSEA	0.087 [90% CI =	= 0.077–0.096	1	
CFI	0.946		-	
TLI	0.932			

Positive relationship, Factor 4 = Engagement, α = Cronbach's α coefficient



Figure 2(on next page)

Fig. 2 Test information function (TIF) of APO-15.



Fig. 2 Test information function (TIF) of APO-15.

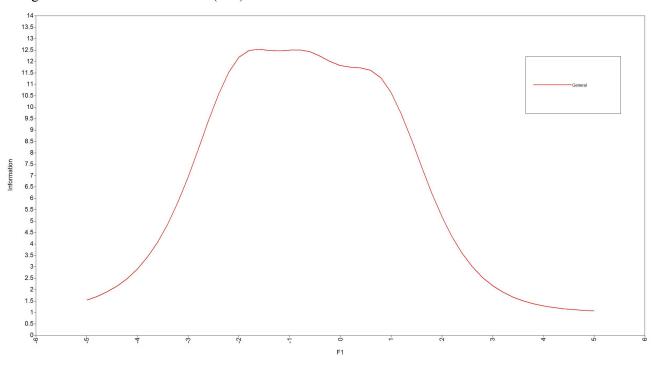




Figure 3(on next page)

Fig.3 Item response category characteristic curve of APO.

Fig 3. Item response category characteristic curve of APO.

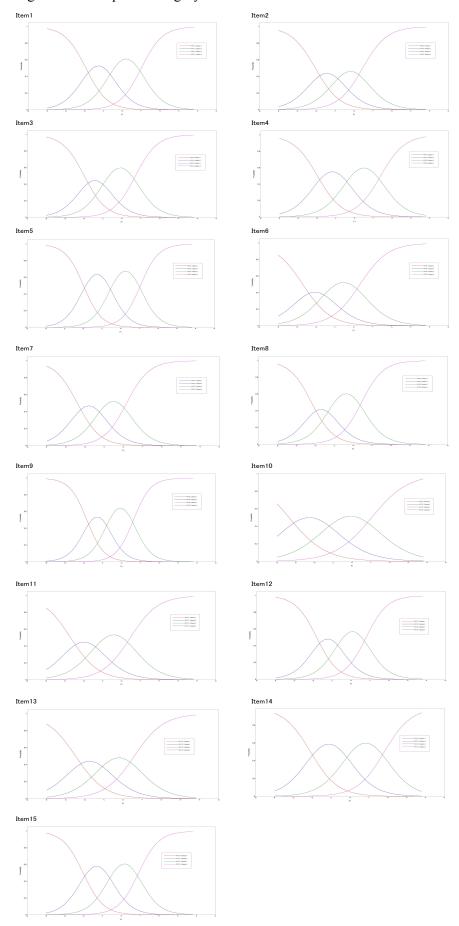




Figure 4(on next page)

Fig. 4 Cut-off point of APO-15.



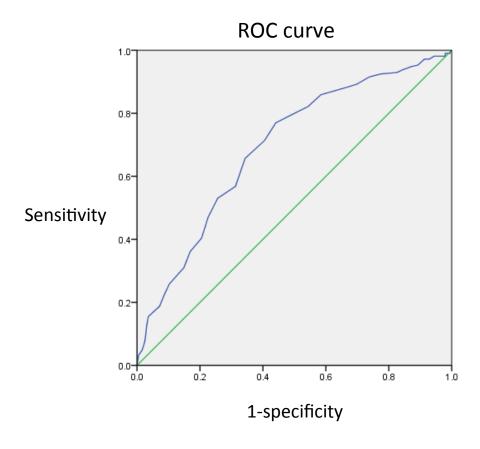




Table 1(on next page)

Table 1. Participant Characteristics.



Table 1. Participant Characteristics (n = 408).

	Characteristics	Mean (SD)	%
Age		52.4 (13.05)	
Gender	Male		273(66.1%)
	Female		135(33.1%)
Living environment	Hospital		132(32.4%)
	Community		276(67.6%)
Diagnosis	Schizophrenia		302(74%)
	Mood disorder		53(13%)
	Alcoholism		9(2.2%)
	Adjustment disorder		12(2.9%)
	Others		32(7.8%)
Sensation of happiness	Very good		37(9.1%)
	Good		97(23.8%)
	Average		150(36.8%)
	Fair		85(20.8%)
	Poor		38(9.3%)
	Unknown		1(0.2%)
Note: SD = Standard Deviation			



Table 2(on next page)

Table 2. APO-15 item analysis.

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	15 items of A DO	Moon	S		JB		Fatrony	DO.
	13 Itellis 01 At O	MEAII	SD	S	K	P-value	Епиору	ICC
Item 1	I am motivated to fulfill hope	2.809	0.880	-0.357	-0.555	.001	1.804	0.658
Item 2	I have a target that I want to achieve, there is a purpose	3.002	0.960	-0.591	-0.681	.000	1.829	0.660
Item 3	I am now making efforts to achieve the goal	2.956	0.891	-0.583	-0.354	.000	1.778	0.710
Item 4	I can work in collaboration through discussion with around people.	2.676	0.858	-0.195	-0.582	.016	1.791	0.713
Item 5	I can direct toward achieving the goal rather than immediate profit.	2.809	0.828	-0.283	-0.464	.011	1.739	0.721
Item 6	I feel that I am supported by the surrounding people	3.181	0.851	-0.861	0.106	.000	1.662	0.579
Item 7	I can tackle it by concentrating on my favorite activities	3.213	0.865	-0.884	-0.007	.000	1.661	0.703
Item 8	I am living my life to the fullest.	3.130	0.848	-0.809	0.111	.000	1.675	0.713
Item 9	I live on the basis of my beliefs	2.960	0.892	-0.540	-0.447	.000	1.787	0.744
Item10	When I encounter people who are in trouble, I want to help them immediately	2.980	0.832	-0.452	-0.417	.000	1.720	0.550
Item11	I feel fulfilled by helping each other and people around me	3.135	0.844	-0.753	-0.047	.000	1.679	0.676
Item12	I can do concentrate on my activity	2.870	0.922	-0.457	-0.614	.000	1.837	0.747
Item13	I can concentrate on my hobby	3.020	0.908	-0.606	-0.488	.000	1.784	0.624
Item14	I always consider the good side of things	2.566	0.824	-0.054	-0.524	.088	1.748	0.653
Item15	I have chosen my own way to live life proactively	2.841	0.868	-0.320	-0.597	.001	1.790	0.683
Note: SD) = Standard Deviation, JB = Jarque-Bera test, S = Skewness, K = Kurtosis, PCC = Polyserial Correlation Coefficient	= Kurtosis,	$PCC = P_0$	lyserial Corr	elation Coe	efficient		



Table 3(on next page)

Table 3. Hypothesis Testing of APO-15.

Table 3. Hypothesis Testing of APO-15.

APO-15	AVE		SCC		
		Factor1	Factor2	Factor3	Factor4
Factor 1	0.446	1.000			
Factor 2	0.595	0.491	1.000		
Factor 3	0.638	0.583	0.591	1.000	
Factor 4	0.641	0.521	0.462	0.396	1.000

= Meaning; Factor 4 = Engagement;



Table 4(on next page)

Table 4. Concurrent validity of APO-15.

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,	validity
	y of APO-15
	S

Note: Eactor 1 = Desitive relationship Eactor 2 = Achievement Eactor 3 = Meaning Eactor $A =$	Facto Total	Fac	Fac	Fac	Fac	1 LL	APO-1 Factor	V
	Factor Score Total	Factor 4	Factor 3	Factor 2	Factor 1		APO-15 Factor	
	314**	128*	276**	317**	273**	Happiness		
	.693**	.479**	.627**	.576**	.559**	PC		
	.679**	.444**	.592**	.660**	.500**	Goal		
	.543**	.448**	.407**	.380**	.524**	Support	RAS	
	.545**	.366**	.371**	.388**	.601**	RO		
	.406**	.256**	.361**	.308**	.377**	MS		
	.594**	.389**	.518**	.581**	.436**	Норе		
	.525**	.349**	.485**	.480**	.387**	Identity	SI	
	.600**	.414**	.557**	.507**	.467**	Meaning	SISR-B	
	.585**	.327**	.558**	.509**	.486**	Responsibility		
	273**	224**	245**	206**	226**	AD	GH	
Engagement $PC = Personal confidence RO = Reliance on$	532**	388**	429**	476**	429**	Disability	GHQ-12	



Table 5(on next page)

Table 5. Item Response on APO-15.



Table 5. Item Response on APO-15.

Items of APO-15	α	β1	β2	β3
Factor1				
Item 4	0.920	-1.975	-0.385	1.383
Item 6	0.795	-2.695	-1.413	0.318
Item 10	0.602	-3.352	-1.198	1.036
Item 11	0.803	-2.700	-1.287	0.458
Item 14	0.824	-2.094	-0.163	1.813
Factor 2				
Item 1	1.042	-1.932	-0.603	1.004
Item 2	0.914	-2.050	-0.835	0.451
Item 3	1.021	-1.983	-0.876	0.716
Item 5	1.221	-1.991	-0.542	1.043
Factor 3				
Item 8	1.022	-2.212	-1.186	0.428
Item 9	1.300	-1.841	-0.751	1.588
Item 15	1.094	-2.027	-0.598	0.921
Factor 4				
Item 7	0.999	-2.401	-1.200	0.164
Item 12	1.055	-1.827	-0.651	0.795
Item 13	0.769	-2.482	-1.030	0.579
Information criteria				
AIC	12999.479			
BIC	13240.155			

Note:. α = Item slope parameters; β = Difficulty parameters; AIC = Akaike's Information Criterion; BIC = Bayesian information criterion; Factor 1 = Positive relationship; Factor 2 = Achievement; Factor 3 = Meaning; Factor 4 = Engagement;