

## **Intrinsic disorder in biomarkers of insulin resistance, hypoadiponectinemia, and endothelial dysfunction among the type 2 diabetic patients**

Osama H. Jiffri, Fadwa M. Al-Sharif, Essam H. Jiffri, Vladimir N. Uversky

Type 2 diabetes mellitus (T2DM) is a chronic and progressive disease that is strongly associated with the all-cause and cardiovascular mortality. The present study aimed to analyze the abundance and functionality of intrinsically disordered regions in several biomarkers of insulin resistance, adiponectin, and endothelial dysfunction found in the T2DM patients. In fact, in comparison to controls, obese T2DM patients are known to have significantly higher levels of inter-cellular adhesion molecule (iCAM-1), vascular cell adhesion molecule (vCAM-1), and E-selectin, whereas their adiponectin levels are relatively low. Bioinformatics analysis revealed that these selected biomarkers (iCAM-1, vCAM-1, E-selectin, and adiponectin) are characterized by the noticeable levels of intrinsic disorder propensity and high binding promiscuity, which are important features expected for proteins serving as biomarkers. Within the limit of studied groups, there is an association between insulin resistance and both hypoadiponectinemia and endothelial dysfunction.

1 **Intrinsic disorder in biomarkers of insulin resistance,**  
2 **hypoadiponectinemia, and endothelial dysfunction among the type 2**  
3 **diabetic patients**

4

5 **Running title:** Disorder of T2DM biomarkers

6

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**22 Abstract**

23 Type 2 diabetes mellitus (T2DM) is a chronic and progressive disease that is strongly associated  
24 with the all-cause and cardiovascular mortality. The present study aimed to analyze the  
25 abundance and functionality of intrinsically disordered regions in several biomarkers of insulin  
26 resistance, adiponectin, and endothelial dysfunction found in the T2DM patients. In fact, in  
27 comparison to controls, obese T2DM patients are known to have significantly higher levels of  
28 inter-cellular adhesion molecule (iCAM-1), vascular cell adhesion molecule (vCAM-1), and E-  
29 selectin, whereas their adiponectin levels are relatively low. Bioinformatics analysis revealed  
30 that these selected biomarkers (iCAM-1, vCAM-1, E-selectin, and adiponectin) are characterized  
31 by the noticeable levels of intrinsic disorder propensity and high binding promiscuity, which are  
32 important features expected for proteins serving as biomarkers. Within the limit of studied  
33 groups, there is an association between insulin resistance and both hypoadiponectinemia and  
34 endothelial dysfunction.

35

36 **Keywords:** Adiponectin; Insulin resistance; Intrinsically disordered protein; Type 2 Diabetes;  
37 iCAM-1; vCAM-1; E-selectin.

## 39 **Introduction**

40 The world-wide ubiquity of diabetes is disturbingly high and is growing. Here are just a few  
41 illustrative facts: if in the 2000 world there were 171 million people with diabetes, this number is  
42 expected to upsurge to 366 million by 2030 (Wild et al. 2004). In another study, the national  
43 levels of diabetes prevalence among adults (aged 20-79 years) of 216 countries in 2010 were  
44 evaluated and used to make a projection for 2030 (Shaw et al. 2010). This analysis revealed that  
45 in 2010, the world prevalence of diabetes was 6.4% and this affliction affected 285 million adult  
46 patients, whereas by 2030, the diabetes pervasiveness is expected to rise to 7.7% affecting 439  
47 million adults (Shaw et al. 2010). It is also expected that by 2030, there will be 69% and 20%  
48 increase in the numbers of adults with diabetes in developing and developed countries,  
49 respectively (Shaw et al. 2010).

50 Among other health threats, type 2 diabetes mellitus (T2DM) is an important cardiovascular  
51 disease (CVD) risk factor that causes the reduction of the life expectancy (Leiter et al. 2011;  
52 Seshasai et al. 2011) and is accompanied by the hypertension (Chen et al. 2012). T2DM is often  
53 associated with obesity brought about by the increased adipose tissue mass originating from the  
54 increase in the number and size of adipocytes (DeFronzo 2010). In addition, T2DM is typically  
55 associated with the reduced levels of high density lipoprotein (HDL) cholesterol (HDL-C) and is  
56 characterized by the HDL functional impairment (Besler et al. 2012; Farbstein & Levy 2012).

57 Being an active endocrine organ, adipose tissue is known to secrete various adipocytokines or  
58 adipokines, which are biologically active substances involved in the local and systemic  
59 regulation of numerous metabolic and inflammatory processes (Greenberg & Obin 2006). When  
60 this endocrine function of the adipose tissue is deregulated, serious obesity-related metabolic

61 disorders start to develop including T2DM, insulin resistance, and atherosclerosis (Murdolo &  
62 Smith 2006).

63 Among the variety of adipokines secreted by the adipose tissue is an important protein  
64 adiponectin, which is known to have the insulin sensitizing and anti-inflammatory activities, is  
65 able to improve systemic glucose tolerance, and has vasodilatory function protecting the  
66 vasculature from atherosclerosis (Li et al. 2011). In the insulin-resistant humans and animals  
67 (Zhao et al. 2014), as well as in obesity and in the patients with T2DM (Ndumele et al. 2006),  
68 the circulating levels of adiponectin are decreased. Therefore, hypoadiponectinemia is  
69 considered as an independent risk factor for the T2DM and CVD development (Misu et al.  
70 2012).

71 Overall, there is a close association between the T2DM incidence, insulin resistance, the  
72 abnormal levels of inflammatory markers (Ndumele et al. 2006), and the adiponectin circulating  
73 levels. In fact, it is believed that the abnormal levels of inflammatory markers and the endothelial  
74 cell dysfunction (Ansar et al. 2011; Gomez et al. 2008) associated with hyperlipidemia,  
75 hyperinsulinemia, and pancreatic  $\beta$ -cell failure (Ansar et al. 2011) are typical for the T2DM  
76 patients. Furthermore, endothelial dysfunction is characterized by the prothrombic properties,  
77 pro-inflammatory state, and reduced vasodilation (Endemann & Schiffrin 2004; Gomez et al.  
78 2007). One of the reasons for the association between the endothelial dysfunction and insulin  
79 resistance is an essential role played by insulin in the vascular function regulation via stimulation  
80 of the expression of vascular cell adhesion molecules, such as soluble vascular cell adhesion  
81 molecule-1 (vCAM-1), soluble intercellular cell adhesion molecule-1 (iCAM-1), and E-selectin  
82 on endothelium (Cersosimo & DeFronzo 2006).

83 Further support of the importance of adiponectin in regulation of the endothelial function is  
84 given by Lisowska *et al.*, who found that in the angina pectoris patients undergoing coronary  
85 artery bypass grafting (CABG) the concentrations of adiponectin and cell adhesion molecule  
86 CD146 before the surgery were significantly lower than those in the control group (Lisowska et  
87 al. 2014). However, three months after the CABG, the adiponectin and CD146 levels were  
88 significant increased, correlating with the concentrations of thrombomodulin, which is a natural  
89 antithrombin glycoprotein, and the well-established endothelial dysfunction marker, Von  
90 Willebrand factor (Lisowska et al. 2014). These findings suggested that adiponectin and CD146  
91 can serve as markers of endothelial cell dysfunction (Lisowska et al. 2014; Saito et al. 2007), and  
92 that the cardiovascular system can be protected by the high adiponectin levels. However, no  
93 association between the adiponectin levels and the development of coronary artery disease was  
94 found in some other studies (Lindsay et al. 2005). To address some of these controversies, our  
95 study aimed to detect an association between insulin resistance, adiponectin, and endothelial  
96 dysfunction biomarkers and their intrinsic disorder status.

97 Recent studies revealed that many proteins with biologically important functions do not possess  
98 unique 3D-structures (Dunker et al. 2001; Dunker et al. 2008a; Dunker et al. 2008b; Dyson &  
99 Wright 2005; Tompa 2002; Uversky 2002a; Uversky 2002b; Uversky 2010; Uversky & Dunker  
100 2010; Uversky et al. 2000; Wright & Dyson 1999). These intrinsically disordered proteins  
101 (IDPs) and hybrid proteins containing both ordered and intrinsically disordered domains/regions  
102 (Dunker et al. 2013) are very common in nature (Dunker et al. 2000; Tokuriki et al. 2009;  
103 Uversky 2010; Ward et al. 2004; Xue et al. 2012a; Xue et al. 2010b), with IDPs constituting  
104 significant fractions of all known proteomes (Dunker et al. 2000; Oldfield et al. 2005; Uversky  
105 2010; Ward et al. 2004; Xue et al. 2012b), and therefore being considered now as an important

106 extension of the protein kingdom (Dunker et al. 2008a; Dyson 2011; Tompa 2012; Turoverov et  
107 al. 2010; Uversky 2002a; Uversky 2003; Uversky 2013; Wright & Dyson 1999). Despite their  
108 lack of unique 3D-structures, these proteins are involved in crucial biological processes (such as  
109 signaling, regulation, and recognition) (Daughdrill et al. 2005; Dunker et al. 2002a; Dunker et al.  
110 2002b; Dunker et al. 2005; Dunker et al. 1998; Dunker et al. 2001; Dyson & Wright 2005;  
111 Tompa 2002; Tompa 2005; Tompa & Csermely 2004; Tompa et al. 2005; Uversky 2002a;  
112 Uversky 2002b; Uversky 2003; Uversky 2010; Uversky et al. 2000; Uversky et al. 2005; Vucetic  
113 et al. 2007; Wright & Dyson 1999; Xie et al. 2007a; Xie et al. 2007b), and their functions  
114 complement the functional repertoire of the ordered proteins (Vucetic et al. 2007; Xie et al.  
115 2007a; Xie et al. 2007b). Furthermore, being general regulators and controllers, many IDPs are  
116 intimately associated with the variety of human diseases (Uversky et al. 2014; Uversky et al.  
117 2008). Since earlier study revealed that proteins related to CVD are enriched in intrinsic  
118 disorder (Cheng et al. 2006), and since T2DM is an important CVD risk factor, we analyzed the  
119 intrinsic disorder propensity and the presence of disorder-based functional sites in the  
120 biomarkers utilized in this study (human adiponectin, iCAM-1, vCAM-1, and E-selectin) by a  
121 series of bioinformatics tools.

122

## 123 **Materials and Methods**

### 124 **Computational Analyses of the Amino Acid Sequences of Biomarkers**

125 Amino acid sequences of four human proteins utilized as biomarkers, adiponectin (UniProt ID:  
126 Q15848), inter-cellular adhesion molecule (iCAM-1, UniProt ID: P05362), vascular cell adhesion  
127 molecule (vCAM-1, UniProt ID: P19320), and E-selectin (UniProt ID: P16581) were downloaded  
128 from UniProt (<http://www.uniprot.org/uniprot/>). The intrinsic disorder propensities of these

129 biomarkers were evaluated by several per-residues disorder predictors, such as PONDR<sup>®</sup> VLXT  
130 (Romero et al. 2001), PONDR<sup>®</sup> VSL2 (Peng et al. 2005), PONDR<sup>®</sup> VL3 (Peng et al. 2006b),  
131 and PONDR<sup>®</sup> FIT (Xue et al. 2010a), which were chosen based on their different sensitivities to  
132 the various protein intrinsic disorder-related features. PONDR<sup>®</sup> VSL2B is one of the more  
133 accurate stand-alone disorder predictors (Fan & Kurgan 2014; Peng et al. 2005; Peng & Kurgan  
134 2012), PONDR<sup>®</sup> VLXT is known to have high sensitivity to local sequence peculiarities and can  
135 be used for identifying disorder-based interaction sites (Romero et al. 2001), whereas a  
136 metapredictor PONDR-FIT (Xue et al. 2010a) is moderately more accurate than each of its  
137 component predictors, PONDR<sup>®</sup> VLXT (Romero et al. 2001), PONDR<sup>®</sup> VSL2 (Peng et al.  
138 2005), PONDR<sup>®</sup> VL3 (Peng et al. 2006b), FoldIndex (Prilusky et al. 2005), and IUPred  
139 (Dosztanyi et al. 2005).

140 The D<sup>2</sup>P<sup>2</sup> internet database,(Oates et al. 2013) which is a community resource for the pre-  
141 computed disorder predictions on a large library of proteins from completely sequenced genomes  
142 (<http://d2p2.pro/>) was used to provide more information on the presence of functional disordered  
143 regions in the query proteins. As the measure of disorder predisposition, D<sup>2</sup>P<sup>2</sup> database uses  
144 outputs of PONDR<sup>®</sup> VLXT (Romero et al. 2001), IUPred (Dosztanyi et al. 2005), PONDR<sup>®</sup>  
145 VSL2B (Obradovic et al. 2005; Peng et al. 2006a), PrDOS (Ishida & Kinoshita 2007), ESpritz  
146 (Walsh et al. 2012), and PV2 (Oates et al. 2013). This database is further enhanced by the  
147 information on the curated sites of various posttranslational modifications and on the location of  
148 predicted disorder-based potential binding sites.

149 Finally, the interactivity of biomarkers used in this study was further evaluated by STRING  
150 (Search Tool for the Retrieval of Interacting Genes) database, which is the online resource that



151 provides both experimental and predicted interaction information for query proteins (Szklarczyk  
152 et al. 2011).

153

## 154 **Results**

155 As it follows from literature data and our own results (data not shown) in comparison with  
156 controls, T2DM patients typically show significantly higher levels of iCAM-1, vCAM-1, and E-  
157 selectin, whereas their adiponectin levels are significantly lower than those of the matched  
158 controls. To check the intrinsic disorder status of the biomarkers used in our study, we evaluated  
159 the disorder propensities of human adiponectin, iCAM-1, vCAM-1, and E-selectin by several  
160 per-residues disorder predictors. Results of this analysis are summarized in Figure 1, which  
161 clearly shows that the N-terminal half of adiponectin is predicted to be highly disordered, and  
162 that all other biomarkers contain very substantial amounts of disorder.

163 Next, the disorder predispositions of these proteins were analyzed by the D<sup>2</sup>P<sup>2</sup> database (Oates et  
164 al. 2013). Figure 2 represents the results of this analysis and confirms that human adiponectin,  
165 iCAM-1, vCAM-1, and E-selectin all possess functional disordered regions containing potential  
166 phosphorylation and protein-protein interaction sites. These observations are in agreement with  
167 the well-known fact that phosphorylation sites (Iakoucheva et al. 2004) and sites of various  
168 posttranslational modifications (PTMs) are preferentially located within the intrinsically  
169 disordered regions (Pejaver et al. 2014).

170 Finally, Figure 3 represents the outputs of the STRING online computational platform  
171 (Szklarczyk et al. 2011) that illustrate the interactability of human adiponectin, iCAM-1,  
172 vCAM-1, and E-selectin and shows that these biomarkers are characterized by high binding  
173 promiscuity.

174

175 **Discussion**

176 The hyperglycemia caused in T2DM by the insulin resistance can eventually caused the  
177 development of a multitude of the micro- and macrovascular complications. As a result, in  
178 comparison with healthy controls, the T2DM patients experience two to four times higher risk of  
179 the development of coronary artery disease (Haffner et al. 1998), peripheral vascular disease  
180 (Newman et al. 1993), and cerebrovascular disease (Wannamethee et al. 1999). Furthermore,  
181 CVD-related mortality among the patients with T2DM may be up to four times higher than that  
182 seeing in the background population (Almdal et al. 2004). It is known that insulin resistance and  
183 its manifestations precede T2DM and its cardiovascular complications and therefore can be used  
184 to predict these maladies (Yki-Järvinen 2001). Furthermore, there is an association between the  
185 insulin resistance characterizing the obese subjects and the endothelial dysfunction (Al Suwaidi  
186 et al. 2001; Steinberg et al. 1996). Also, the obese individuals are characterized by the down  
187 regulation of an important circulating adipose tissue-derived hormone, adiponectin (Kim et al.  
188 2010). Experimental studies show that adiponectin may protect against the development of  
189 insulin resistance, atherosclerosis, and inflammation (Shibata et al. 2005).

190 Therefore, it is likely that the obese T2DM patients have insulin resistance and are characterized  
191 by the reduction of the adiponectin levels and alterations in the levels of the endothelial function  
192 biomarkers. This hypothesis is in agreement with the work by Meigs *et al.*, who reported that the  
193 endothelial dysfunction can be used to predict T2DM among women (Meigs et al. 2004). Also,  
194 Thorand *et al.* supported the role of the endothelial dysfunction in the T2DM pathogenesis  
195 (Thorand et al. 2006). The levels of soluble E-selectin were independently found to be associated  
196 with diabetes (Laaksonen et al. 2004; Song et al. 2007). In addition, the Women's Health

197 Initiative Observational Study proved that the E-selectin levels could be considered as a  
198 predictor of diabetes among the U.S.A. women (Ingelsson et al. 2008). The decreased  
199 adiponectin levels among the obese T2DM patients could be due to the decreased adiponectin  
200 production by the enlarged adipocytes in the states of increased adiposity, since adiponectin is  
201 predominantly secreted by the pre-adipocytes (Hajer et al. 2008). One of the mechanisms for the  
202 negative correlation between the adiposity and adiponectin levels might be the increased  
203 secretion of TNF-alpha (TNF- $\alpha$ ) from the accumulated visceral fat which potentially inhibits  
204 adiponectin secretion (Fernandez-Veledo et al. 2009; Matsuzawa 2010; Rui et al. 2001).

205 A study conducted by Vaverkova *et al.* independently found a positive association of soluble  
206 vCAM-1 with adiponectin (Vaverkova et al. 2013). In another study of the high risk  
207 dyslipidemic patients, these authors found altered levels of these biomarkers in the patients with  
208 vascular disease or dyslipidemia (Vaverkova et al. 2008). The existence of the positive  
209 association between the soluble vCAM-1 and adiponectin was also recently described in T2DM  
210 patients with diabetic nephropathy and was associated with the endothelial dysfunction  
211 measured by the flow-mediated dilatation (Ran et al. 2010).

212 The association between the insulin resistance and the endothelial dysfunction can be explained  
213 by the decreased dihydropterin reductase activity caused by the insulin resistance with the  
214 subsequent depletion of an essential cofactor of the catalytic activity of nitric oxide synthase  
215 (NOS), the tetrahydrobiopterin (BH<sub>4</sub>) (Shinozaki et al. 2001). This BH<sub>4</sub> depletion might lead to  
216 the increased levels of the oxidative stress and endothelial dysfunction (Shinozaki et al. 2001). In  
217 agreement with the observations that insulin can serve as a vasodilator and stimulate endothelial  
218 nitric oxide (NO) production (Scherrer et al. 1994; Steinberg et al. 1994), several studies have  
219 demonstrated that the T2DM patients might be characterized by the abnormal NO-mediated

220 vasodilation (Williams et al. 1996). In the same way as insulin resistance may contribute to the  
221 endothelial dysfunction, the defects in the NO-mediated vasodilation may contribute to the  
222 insulin resistance (Baron et al. 1995).

223 Another possible mechanism of the endothelial dysfunction induced by insulin resistance is  
224 based on the impaired ability of insulin to inhibit very low density lipoprotein (VLDL)  
225 production in the liver of the T2DN patients (Malmstrom et al. 1997). An increase in serum  
226 triglycerides is accompanied by generation of small dense low density lipoprotein (LDL)  
227 particles that also contributes to the endothelial dysfunction in patients with type 2 diabetes  
228 (Makimattila et al. 1999).

229 The association between the insulin resistance and the hypoadiponectinemia can be due to the  
230 effects of high blood levels of glucose and fatty acids. High blood levels of fatty acids are the  
231 direct cause of the insulin resistance. According to Dresner *et al.* (Dresner et al. 1999) and  
232 Griffin *et al.* (Griffin et al. 1999), an increase in the delivery of fatty acids to the muscles or a  
233 decrease in the intracellular metabolism of fatty acids might lead to the accumulation of the  
234 intracellular fatty acid metabolites, such as diacylglycerol, fatty acyl CoA, and ceramides. These  
235 metabolites activate a serine/threonine kinase cascade leading to the phosphorylation of serine  
236 and threonine sites of the insulin receptor substrate 1 (IRS1) and the insulin receptor substrate 2  
237 (IRS2). This, in turn, reduces the ability of these IRS1 and IRS2 to activate phosphatidylinositol  
238 3 kinase (PI 3 kinase) and eventually leads to the reduced activity of the glucose transporter 4  
239 (GLUT4) (Dresner et al. 1999; Griffin et al. 1999). As a consequence, the glucose uptake in the  
240 skeletal muscle cells is reduced because the diminished glucose transport activity of the insulin  
241 receptors. The decrease in the levels of plasma adiponectin can cause the decreased glucose  
242 uptake, increased gluconeogenesis, and decreased fatty acid oxidation in the skeletal muscles

243 and the liver. The decrease in the oxidation of fatty acids defines the increase in the levels of free  
244 fatty acids, followed by the increase in the insulin resistance, and finally leading to the decrease  
245 in the glucose uptake (Dresner et al. 1999; Griffin et al. 1999). The decrease in the glucose  
246 uptake and the increase in the gluconeogenesis ultimately result in the increase in the levels of  
247 plasma glucose leading to T2DM (Sheng & Yang 2008).

248 Four biomarkers used in our study clearly belong to the class of multitasking proteins which  
249 often rely on intrinsic disorder for their multifunctionality. For example, adiponectin is a unique  
250 and abundant protein hormone that serves as an adipokine responsible for the modulation of  
251 numerous metabolic processes, such as glucose regulation and fatty acid catabolism (Lau et al.  
252 2011; Takeda et al. 2012). At least four major biological functions were ascribed to adiponectin,  
253 regulation of metabolism, vascular protection, anti-inflammatory response, and  
254 cardioprotection/anti-ischemic function (Goldstein et al. 2009; Lau et al. 2011). In these  
255 functions, adiponectin regulates metabolism by participating in the increase in the insulin  
256 sensitivity, glucose utilization, and fatty acid oxidation. The vascular protective function is based  
257 on the adiponectin's roles in the enhancement of the NO production and the angiogenesis  
258 stimulation, whereas its anti-inflammatory role relies on the decrease in both neutrophil adhesion  
259 and macrophage activation (Goldstein et al. 2009). Human adiponectin has 244 residues and  
260 includes a signal peptide (residues 1-18) that targets adiponectin for extracellular secretion and is  
261 cleaved in the mature protein, a non-conserved N-terminal region (residues 19-41) followed by  
262 the collagen-like domain (residues 42-107), and a C-terminal globular domain (residues 108-  
263 244). Structurally, this C-terminal globular domain of human adiponectin is similar to TNF- $\alpha$ ,  
264 despite dissimilar amino acid sequences (Lau et al. 2011). In agreement with the results of our  
265 computational analysis, biological activities of the full-length adiponectin are known to be

266 controlled by numerous post-translational modifications (*e.g.*, hydroxylation and glycosylation).  
267 The adipocyte-secreted adiponectin exists in three forms, trimers (~90 kDa; the basic unit), low-  
268 molecular-weight hexamers (~180 kDa), and high-molecular-weight isoforms consisting of 12-  
269 mers to 18-mers (which can exceed 400 kDa) (Lau et al. 2011). Again, in agreement with our  
270 bioinformatics analysis, monomeric adiponectin is thermodynamically unstable and has not been  
271 observed under native conditions, whereas its proteolytic cleavage product containing globular  
272 C-terminal domain has been postulated to exist *in vivo*. (Lau et al. 2011) Curiously, the  
273 Arg112Cys and Ile164Thr mutations that prevent adiponectin from trimer formation and result  
274 in the impaired secretion of this protein from the cell were shown to be clinically associated with  
275 hypoadiponectinemia (Waki et al. 2003).

276 Intercellular cell adhesion molecule-1 (iCAM-1), also known as CD54 (cluster of differentiation  
277 54), is an immunoglobulin-like glycoprotein expressed on the surface of several cell types  
278 including endothelial cells and cells involved in the immune response (Pietruczuk et al. 2004),  
279 where it serves as a ligand for the leukocyte adhesion protein LFA-1 (integrin  $\alpha$ -L/ $\beta$ -2). Besides  
280 its major role in stabilizing cell-cell interactions and facilitating leukocyte endothelial  
281 transmigration, iCAM-1 serves as a site for the cellular entry of human rhinovirus (Abraham &  
282 Colonna 1984; Bella et al. 1998) and is involved in a signal transduction (Etienne-Manneville et  
283 al. 1999) and spermatogenesis (Xiao et al. 2013). Human iCAM-1 has a signal peptide (residues  
284 1-27) and is known to exist in the membrane-bound and soluble forms, with the transmembrane  
285 form possessing a large N-terminal extracellular domain (residues 28-480), a single-span  
286 transmembrane region (residues 481-503), and a small C-terminal cytoplasmic domain (residues  
287 504-532). Human iCAM-1 is a heavily glycosylated and phosphorylated protein, with the  
288 extracellular domain being composed of multiple loops stabilized by seven disulfide bonds

289 (Cys48-Cys92, Cys52-Cys96, Cys135-186, Cys237-290, Cys332-Cys371, Cys403-Cys419, and  
290 Cys431-Cys457). Curiously, many of these loops correspond to the regions predicted to be  
291 disordered in our study.

292 Vascular cell adhesion molecule-1 (vCAM-1), also known as cluster of differentiation 106  
293 (CD106), is an important cell adhesion protein mediating the adhesion of the components of the  
294 immune system (such as lymphocytes, monocytes, eosinophils, and basophils) to vascular  
295 endothelium (Petruzzelli et al. 1999; Wu 2007). It also functions in leukocyte-endothelial cell  
296 signal transduction, it may play a role in the development of atherosclerosis, and rheumatoid  
297 arthritis, and may be used by tumor cells to escape T-cell immunity (Wu 2007). Organization of  
298 vCAM-1 is very similar to that of iCAM-1, and human CD106 has a signal peptide (residues 1-  
299 24), a large N-terminal extracellular domain (residues 25-698), a single-span transmembrane  
300 region (residues 699-720), and a short C-terminal cytoplasmic domain (residues 721-739). The  
301 protein is glycosylated at multiple sites and has several disulfide bond-stabilized loops (Cys47-  
302 Cys95, Cys52-Cys99, Cys137-195, Cys246-291, Cys335-Cys383, and Cys534-Cys579). Similar  
303 to iCAM-1, many of these loops are predicted to contain significant amounts of disorder.

304 Finally, E-selectin, also known as cluster of differentiation 62 (CD62) antigen-like family  
305 member E (CD62E), endothelial-leukocyte adhesion molecule 1 (ELAM-1), or leukocyte-  
306 endothelial cell adhesion molecule 2 (LECAM2), is a cell adhesion protein expressed only by the  
307 cytokine-activated endothelial cells (Robbins et al. 1999). E-selectin plays a role in  
308 immunoadhesion by mediating the adhesion of blood neutrophils in cytokine-activated  
309 endothelium through interaction with PSGL1/SELPLG (Hession et al. 1990). Since E-selectin is  
310 a typical adhesin, its topological structure, being similar to those of iCAM-1 and vCAM-1,  
311 includes a signal peptide (residues 1-21), a large N-terminal extracellular domain (residues 22-

312 556) that contains C-type lectin domain (residues 22-139), an EGF (epidermal-growth-factor)-  
313 like domain (residues 140-175), six Sushi domain (SCR repeat) units (residues 178-249, 240-  
314 301, 303-364, 366-427, 429-490, and 491-549), a single-span transmembrane region (residues  
315 557-578), and a short C-terminal cytoplasmic tail (residues 579-610). There are several  
316 glycosylation and phosphorylation sites in human E-selectin, and this protein is heavily cross-  
317 linked by 16 disulfide bridges (Cys40-Cys138, Cys111-Cys130, Cys143-154, Cys148-163,  
318 Cys164-Cys174, Cys210-Cys237, Cys242-Cys286, Cys272-Cys299, Cys304-349, Cys335-362,  
319 Cys367-Cys412, Cys398-Cys425, Cys430-Cys475, Cys461-Cys488, Cys493-534, and Cys520-  
320 Cys547). Since E-selectin is predicted to be noticeably more disordered than the iCAM-1 and  
321 vCAM-1 (the content of the PONDR<sup>®</sup> VSL2-predicted disordered residues in E-selectin is  
322 42.0%, whereas iCAM-1 and vCAM-1 contain 36.1% and 35.3% disordered residues,  
323 respectively), it is likely that the larger number of disulfide bonds and their more complex  
324 pattern are needed to keep the structure of this protein stable.

325

## 326 **Conclusions**

327 There is an association between insulin resistance and both hypoadiponectinemia and endothelial  
328 dysfunction, and proteins used as biomarkers to emphasize these connections are predicted to  
329 contain substantial amount of intrinsic disorder. The elevated disorder content in these important  
330 proteins might explain their exceptional multifunctionality.

331

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333 O.H.A. wrote the manuscript and analyzed data. F.A.M. analyzed data and contributed to  
334 discussion. E.H.A. contributed to discussion and reviewed/edited manuscript. V.N.U. analyzed  
335 data, contributed to discussion, and wrote the manuscript.

336

337 **Disclosure**

338 None declared.

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677



678 **Figure legends**

679 **Figure 1.** Evaluating the intrinsic disorder propensities of the human adiponectin (UniProt ID:  
680 Q15848; **A**), iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**), and E-  
681 selectin (UniProt ID: P16581; **D**) by the family of PONDR predictors. A disorder threshold is  
682 indicated as a thin line (at score = 0.5) in all plots to show a boundary between disorder (>0.5)  
683 and order (<0.5).

684

685 **Figure 2.** Evaluation of the functional intrinsic disorder propensity of the human adiponectin  
686 (UniProt ID: Q15848; **A**), iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**),  
687 and E-selectin (UniProt ID: P16581; **D**) by the D<sup>2</sup>P<sup>2</sup> platform (<http://d2p2.pro/>) (Oates et al.  
688 2013). In this plot, top nine colored bars represent location of disordered regions predicted by  
689 different computational tools (Espritz-D, Espritz-N, Espritz-X, IUPred-L, IUPred-S, PV2,  
690 PrDOS, PONDR<sup>®</sup> VSL2b, and PONDR<sup>®</sup> VLXT, see keys for the corresponding color codes).  
691 Dark red bar shows the location of the functional domain found by the Pfam platform, which is a  
692 database of protein families that includes their annotations and multiple sequence  
693 alignments generated using hidden Markov models (Bateman et al. 2004; Finn et al. 2006; Finn  
694 et al. 2008). Green-and-white bar in the middle of the plot shows the predicted disorder  
695 agreement between these nine predictors, with green parts corresponding to disordered regions  
696 by consensus. Red, yellow and purple circles at the bottom of the plot show the locations of  
697 phosphorylation, acetylation and ubiquitination sites, respectively.

698

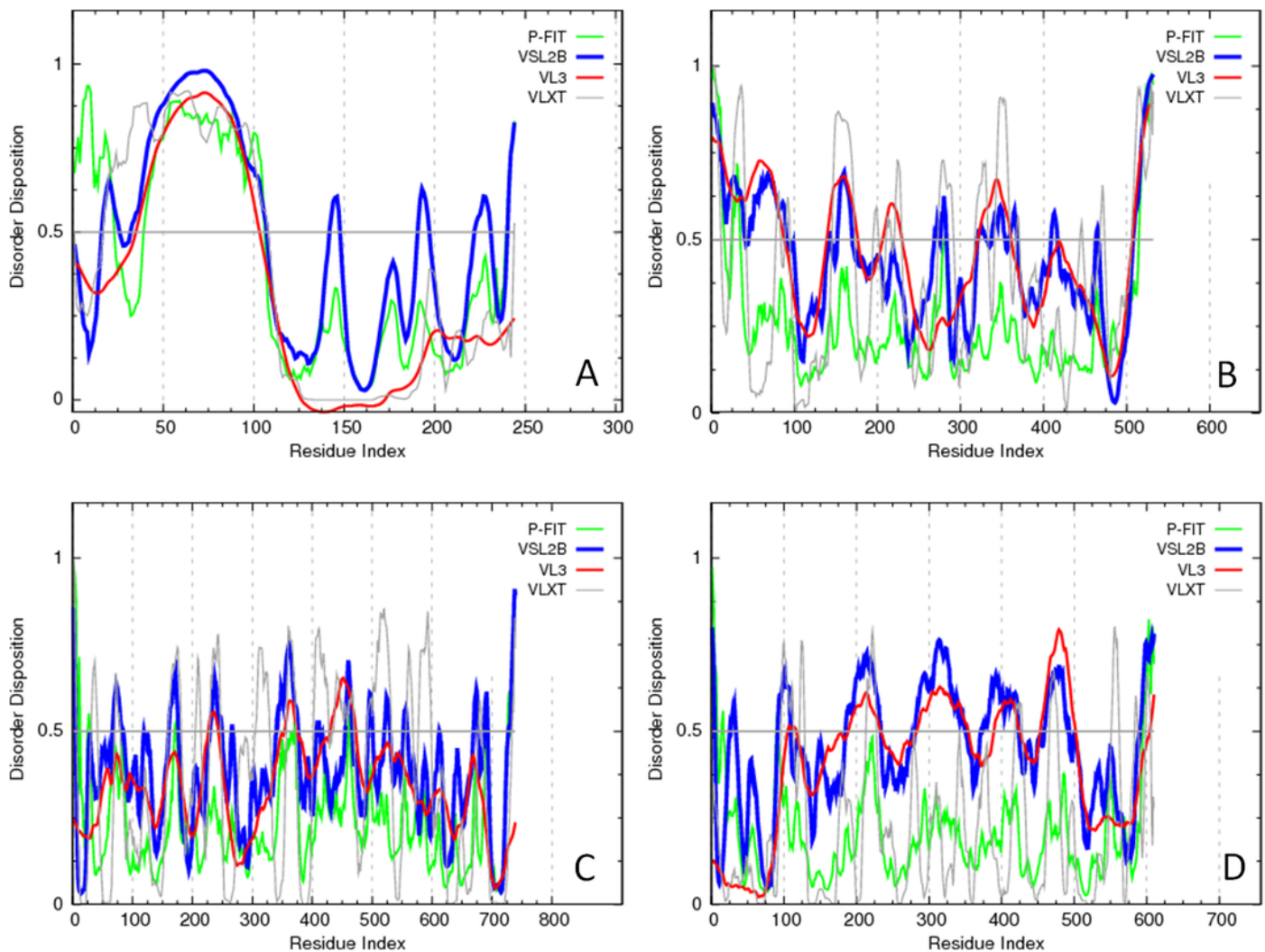
699 **Figure 3.** Analysis of the interactivity of the human adiponectin (UniProt ID: Q15848; **A**),  
700 iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**), and E-selectin (UniProt

701 ID: P16581; **D**) by STRING (Szklarczyk et al. 2011). STRING produces the network of  
702 predicted associations for a particular group of proteins. The network nodes are proteins,  
703 whereas the edges represent the predicted or known functional associations. An edge may be  
704 drawn with up to 7 differently colored lines that represent the existence of the seven types of  
705 evidence used in predicting the associations. A red line indicates the presence of fusion evidence;  
706 a green line - neighborhood evidence; a blue line – co-occurrence evidence; a purple line -  
707 experimental evidence; a yellow line – text mining evidence; a light blue line - database  
708 evidence; a black line – co-expression evidence (Szklarczyk et al. 2011).

## 1

Figure 1

Figure 1. Evaluating the intrinsic disorder propensities of the human adiponectin (UniProt ID: Q15848; **A**), iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**), and E-selectin (UniProt ID: P16581; **D**) by the family of PONDR predictors. A disorder threshold is indicated as a thin line (at score = 0.5) in all plots to show a boundary between disorder ( $>0.5$ ) and order ( $<0.5$ ).



## 2

## Figure 2

Figure 2. Evaluation of the functional intrinsic disorder propensity of the human adiponectin (UniProt ID: Q15848; **A**), iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**), and E-selectin (UniProt ID: P16581; **D**) by the D<sup>2</sup>P<sup>2</sup> platform (<http://d2p2.pro/>) (Oates et al. 2013). In this plot, top nine colored bars represent location of disordered regions predicted by different computational tools (Espritz-D, Espritz-N, Espritz-X, IUPred-L, IUPred-S, PV2, PrDOS, PONDR<sup>®</sup> VSL2b, and PONDR<sup>®</sup> VLXT, see keys for the corresponding color codes). Dark red bar shows the location of the functional domain found by the Pfam platform, which is a database of protein families that includes their annotations and multiple sequence alignments generated using hidden Markov models (Bateman et al. 2004; Finn et al. 2006; Finn et al. 2008). Green-and-white bar in the middle of the plot shows the predicted disorder agreement between these nine predictors, with green parts corresponding to disordered regions by consensus. Red, yellow and purple circles at the bottom of the plot show the locations of phosphorylation, acetylation and ubiquitination sites, respectively.



# 3

## Figure 3

### Figure 3.

Analysis of the interactivity of the human adiponectin (UniProt ID: Q15848; **A**), iCAM-1 (UniProt ID: P05362; **B**), vCAM-1 (UniProt ID: P19320; **C**), and E-selectin (UniProt ID: P16581; **D**) by STRING (Szklarczyk et al. 2011). STRING produces the network of predicted associations for a particular group of proteins. The network nodes are proteins, whereas the edges represent the predicted or known functional associations. An edge may be drawn with up to 7 differently colored lines that represent the existence of the seven types of evidence used in predicting the associations. A red line indicates the presence of fusion evidence; a green line - neighborhood evidence; a blue line - co-occurrence evidence; a purple line - experimental evidence; a yellow line - text mining evidence; a light blue line - database evidence; a black line - co-expression evidence (Szklarczyk et al. 2011).



