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There and back again: Putting the vectorial movement planning hypothesis to a critical test

Based on psychophysical evidence about how learning of visuomotor transformation generalizes, it has been suggested that movements are planned on the basis of movement direction and magnitude, i.e. the vector connecting movement origin and targets. This notion is also known under the term “vectorial planning hypothesis”. Previous psychophysical studies, however, have included separate areas of the workspace for training movements and testing the learning. This study eliminates this confounding factor by investigating the transfer of learning from forward to backward movements in a center-out-and-back task, in which the workspace for both movements is completely identical. Visual feedback allowed for learning only during movements towards the target (forward movements) and not while moving back to the origin (backward movements). When subjects learned the visuomotor rotation in forward movements, initial directional errors in backward movements also decreased to some degree. This learning effect in backward movements occurred predominantly when backward movements featured the same movement directions as the ones trained in forward movements (i.e., when opposite targets were presented). This suggests that learning was transferred in a direction specific way, supporting the notion that movement direction is the most prominent parameter used for motor planning.

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7 Introduction

8 An approach frequently used to investigate the functional organization of the motor system is to
9 study learning of visuomotor transformations and the transfer of such learning to untrained
10 conditions. For example, visuomotor rotations have frequently been applied while subjects
11 perform simple reaching movements. Initially, the transformation leads to movement errors
12 reflecting the magnitude of the rotation, but gradually, most subjects are able to adapt to the
13 rotation. For this to happen, the internal representation of the movement has to be changed
14 (Imamizu, Uno & Kawato, 1995). There are several ways how this may be achieved: Remapping
15 of the locations of origins and targets (“position remapping”) is one possibility. Another is that
16 subjects remember the posture assumed when successfully reaching the target, based on the idea
17 that movements are planned by converging to a final end posture (Polit & Bizzi, 1978,
18 Rosenbaum et al., 1995). A third possibility is that the alteration of movement direction to a given
19 target is remembered, based on the idea that movements are planned on the basis of the vector
20 connecting the starting location to the target (“vectorial planning” Gordon, Ghilardi & Ghez,
21 1994).

22 While some early studies provided evidence supporting the idea of final end posture being
23 assumed by subjects (Polit & Bizzi, 1978, Rosenbaum, Meulenbroek & Vaughan, 1999), other
24 evidence points more towards the vectorial planning hypothesis (Gordon, Ghilardi & Ghez, 1994;
25 Vindras et al., 1998; Messier & Kalaska, 1999; Krakauer et al., 2000; Krakauer, 2009).

26 When visuomotor rotations were trained, learning was found to be transferred only to movements
27 in the same direction as the trained one, and not to previously trained targets that were
28 approached from other directions (Krakauer et al., 2000, Wang & Sainburg, 2005). These studies,

29 however, used different areas of the workspace for learning and test trials, and therefore
30 introduced space as a confounding variable to the experiments. In the Krakauer et al. (2000)
31 study, test trials started at the same origin, but were aimed at targets that had not been visited
32 during learning. In the Wang & Sainburg (2005) study, the starting positions for test trials were in
33 completely different regions of the workspace, which were not visited during learning at all. The
34 transfer of learning that both studies found for test targets might as well be due to a position
35 remapping learning effect that remained restricted to the trained workspace as to a transfer of the
36 learned direction.

37 To test this possibility, we applied a revised version of the center-out-and-back task, making use
38 of the fact that backward movements occur in exactly the same location of the workspace as
39 forward movements. Our task provided visual feedback about hand position only during forward
40 movements. During backward movements, the cursor denoting hand position was not visible.
41 Thus, learning could occur only in forward movements, and backward movements could be used
42 for testing of learning transfer. This experiment constitutes an essential test of the vectorial
43 planning hypothesis, the important factor being that position in workspace is not added as a
44 confounding variable (see Figure 1).

45 Forward and backward movements in our experiment were separated by a short break at the
46 target, rendering forward and backward movements clearly distinguishable. Although Krakauer et
47 al. (2000) also used a center-out-and-back paradigm in their experiments, they did not include
48 any detailed analysis of backward movements. This may partly be due to the fact that their task
49 did not require subjects to stop at the target, making backward movements not very well
50 distinguishable from forward movements. Also, in their task, visual feedback was present
51 throughout the task.

52 To put the hypothesis of vectorial planning to a crucial test, we designed three different variants
53 of the center-out-and-back paradigm. In all variants, a 60 degrees visuomotor rotation was
54 applied in the learning trials. In the first variant (paradigm one = P1), subjects moved to and from
55 12 targets distributed on a circle around the central starting position, such that learning during
56 forward movements included movement directions from 0 to 360 degrees in 30 degree
57 increments. In the second (paradigm two = P2) and third (paradigm three = P3) variant,
58 movements were directed only to two targets, either 180 (P2) or 60 degrees (P3) apart from each
59 other. This means that in P2, the directions of forward movements to one target were equal to
60 backward movements from the other target, while in P3, backward and forward movement
61 directions did not match.

62 If subjects would learn the shifted locations of the target and would make use of this knowledge
63 when planning backward movements, transfer of learning from forward to backward movements
64 would occur in all three variants of the paradigm, supporting the position remapping theory. If
65 learning would be based on learning the rotated directions, however, backward movements
66 should only be affected if they would occur in the directions that were trained during forward
67 movements, i.e., in experiments one and two. This would be in accordance with the vectorial
68 movement planning hypothesis (Figure 2).

69 We found that transfer of learning from forward to backward movements preferentially occurred
70 in paradigms one and two. Thus, our study further supports the vectorial planning hypothesis and
71 strengthens the idea that movement direction rather than the locations of origin and target is the
72 most prominent parameter used by the motor system for planning movements.

73 **Materials and Methods**

74 **Experimental Setup**

75 A phantom device 1.5 HF (SensAble technologies, Woburn MA, USA) was used to track
76 subjects' movements. The device was programmed to move frictionlessly in a horizontal plane
77 directly under a horizontal board in front of which subjects were seated. During the experiment,
78 the momentary position of the Phantom handle end point was recorded, digitized, visualized on a
79 computer monitor and projected onto the board in such a way that projection and actual position
80 of the phantom end-point were vertically aligned (in the non-rotated condition, see Figure 1A).
81 The sampling rate for the position recording was 100 Hz, and the gain with respect to the real
82 movements was set to one, i.e., cursor movements had the same amplitudes as hand movements.
83 The phantom device was programmed to autonomously move back to the centre of the horizontal
84 workspace after each trial.

85 **Participants**

86 All subjects participating in the experiment were right-handed (verified by a modified Edinburgh
87 Handedness Inventory, (Oldfield, 1971)) and naive as to the purpose of the study. Experimental
88 procedures were approved by the local ethics committee (University of Freiburg), and all
89 participants gave their informed written consent prior to starting the experiment. In total, 42
90 subjects were tested in the experiment. Thirteen of these had to be excluded from analysis since

91 they failed to learn the visuomotor rotation. Successful learning was defined as a significant
92 difference between the first and last 50 movement errors under the rotation, using a standard t-
93 test with $p < 0.05$, see below. As we wanted to test the transfer of learning from forward to
94 backward movements, it was necessary to exclude subjects who did not show any learning in the
95 forward movements. Of the remaining subjects, 9 were tested in the first, and 10 each in the
96 second and third paradigm described in the following paragraph (see also Figure 1B).

97 **Paradigms and Trial-Sequence**

98 In all experiments, a visuomotor rotation of 60 degrees clockwise (CW) around the central
99 location was applied during forward movements. To prevent subjects from adapting to the
100 rotation in backward movements, no visual feedback was provided while they returned from the
101 target locations to the origin of their movements.

102 Subjects in all three groups had to absolve three experimental blocks. In the first block
103 (familiarization block), subjects got veridical visual feedback about their movements and we
104 assessed their baseline performance. In the second block, the visuomotor rotation was introduced
105 (learning block). In the third block, again veridical, non-rotated cursor feedback was given during
106 the forward movements (washout block). The familiarization block consisted of 120 trials, the
107 learning block of 360 trials, and the washout block of another 120 trials.

108 The first group of subjects was tested in a paradigm in which 12 targets were presented in a
109 pseudo-random order (P1). The 12 targets were equidistantly distributed (i.e. 30 degrees apart
110 from each other) on a circle with radius 5 cm around the movement origin (Figure 1B P1).

111 The second group of subjects was tested in a paradigm in which only two targets were presented
112 (again in pseudo-random order, P2). These targets were positioned at 60 and 240 degrees from
113 the origin (0 degrees meaning rightward, 90 degrees meaning forward direction, seen from the
114 perspective of participants, see Figure 1B, P2), i.e. at 180 degrees from each other. The third
115 group of subjects was also presented with two targets, but these were located only 60 degrees
116 apart (at 60 and 120 degrees from the origin, see Figure 1B, P3).

117 In each trial, subjects started their movements in the centre of the workspace. They had to move
118 the cursor from the origin position shown in the beginning of the trial into the target circle
119 presented after an initial 500 ms wait-period (Figure 1C). Only after the cursor was placed within
120 the target and remained there for 50 ms, subjects were allowed to move back to the origin. This
121 was signified by the disappearance of the target and the cursor, and the reappearance of the circle
122 representing the origin . Subjects were instructed to move back to the centre of workspace as

123 accurately as possible, albeit lacking visual feedback for cursor position. After they thought they
124 had reached the origin, subjects were requested to let loose of the handle and put their hand on
125 their knee until the next trial started. During this period, the handle was autonomously moved
126 back to the exact origin position by the phantom device. Since subjects were not allowed to keep
127 the phantom handle in their hand, they could not feel whether or in which direction the phantom
128 was moving to get back to the centre, and therefore they had no proprioceptive information on
129 whether or not they had actually hit the origin during the backward movements. One second after
130 the Phantom device was reset to the central position, the central target and the cursor reappeared,
131 signalling the start of the next trial and instructing subjects to grasp the handle again.

132 **Data Analysis**

133 Before analysing the movements, we low-pass filtered the recorded trajectories (10Hz cut-off,
134 2nd order Butterworth filter). Oscillations above 10 Hz are unlikely to be caused by subjects'
135 movements, and are therefore presumed to represent recording artefacts. For quantification of
136 subjects' learning, we determined the error of initial movement direction. This error was defined
137 as the signed angular difference between initial movement direction and target direction from the
138 hand location at movement onset. Initial movement direction was defined as the hand position
139 150 ms into the movement in relation to the hand location at movement onset. Movement onset
140 was defined as the point in time 100 ms before 45 percent of maximal hand-velocity was reached.
141 In case velocity was not increasing monotonically until the threshold of 45 percent maximal
142 velocity was reached, the procedure was repeated for the next time point (and monotony tested
143 for 100 ms after that new time point) until the velocity increase was monotonic. If this point
144 could not be reached, we discarded the respective trial. The validity of this procedure was tested
145 by visual inspection of all trials, and the constraints given above yielded the best estimates of
146 movement onset. The initial movements direction was chosen as parameter for assessing the
147 subjects' behaviour because we wanted to assess the change in the internal model of the subjects
148 used for movement planning, before any online corrections, induced by the visual feedback, took
149 place. Although, in the literature, latencies of under 150 ms have been described for visual
150 feedback influencing motor control (Franklin & Wolpert, 2008), in our task, we did not observe
151 any corrective movements before 150 ms after movement onset (see Figure 3 for an exemplary
152 movement, with the portion of the trajectory used for determining the initial movement direction
153 highlighted in colour).
154 To show the time course of performance and learning in the experimental blocks, we plotted

155 initial movement errors against trial number. The time course of initial movement errors was fit
156 with a linear function in the familiarization blocks, and with a single exponential function
157 according to

158 $E(t) = a + b \times e^{(-t/T)}$ in the learning and washout blocks. The parameters derived for the
159 exponential fits are shown in Table 1.

160 For each trial, we tested whether movement errors were significantly different from zero ($p < 0.01$,
161 see Figures 4, 5, and 6). For Figure 7, we pooled initial movement errors over several trials in the
162 beginning and in the end of the learning block to check for significant differences between
163 forward (7A) or backward (7B) movements over learning. Differences between performance in
164 forward and backward movements are shown for the beginning (7C) and the end (7D) of the
165 learning block. For paradigm 1, we pooled 50 trials in the beginning and in the end of the block
166 (equivalent to 50/12 movements to each target). In paradigms 2 and 3, we sorted the trials by
167 target and pooled only over the first and last 15 leftover trials (15 movements to each target). The
168 same analysis for the washout block is shown in Figure 8.

169 **Results & Discussion**

170 **Movement Trajectories**

171 Figure 2 schematically illustrates the kinds of forward and backward movements that could be
172 expected under a visuomotor transformation, based on previous findings observed in this kind of
173 task (Krakauer et al. 2000, Krakauer 2009 for a review on visuomotor rotations).

174 Figure 2A (blue arrow) shows the expected behaviour during forward movements in the
175 beginning of exposure to the transformation: Subjects would start off moving towards the
176 visually perceived location of the target. After initiating the movement, visual feedback would
177 make them realize that they are 60 degrees off the desired direction, leading to a large corrective
178 movement (resulting in a hook-shaped trajectory). With prolonged exposure to the rotation,
179 subjects would be expected to recalibrate their motor system such that they would immediately
180 reach into the required rotated direction, producing straight trajectories again (Figure 2B and C).

181 Figure 2B (orange arrow) shows how subjects would move backwards if they would only take the
182 visually perceived target locations into account, failing to account for the shift induced by the
183 transformation, and making them end up in a position completely off the origin. Figure 2C, in

184 contrast, shows how subjects would move back if they would have learned the effect of the
185 transformation, allowing them to faithfully reach the origin again. If such learning transfer to
186 backward movements was seen in all paradigms, it should be concluded that subjects learned a
187 position remapping of all positions visited during learning in forward movements. If, however,
188 learning transfer was observed only in paradigms one and two, and not in paradigm three, it could
189 be concluded that no general position remapping took place, but rather a specific learning transfer
190 concerning the movement directions trained during forward movement. Note that backward
191 movements are expected to be always straight, since, due to the lack of visual feedback, no
192 corrective movements are expected.

193 Figure 9 shows typical real examples of movements trajectories in the three paradigms at
194 different stages of the learning block. In the forward movements of all three paradigms (Figures
195 9A, C and E), subjects behaved as expected once the rotation was applied. In the first couple of
196 trials, there were large initial movement errors and subsequently large movement corrections to
197 reach the targets. Over the course of learning, forward movements gradually became straighter
198 and the movement direction rotated more and more to compensate for the rotation, such that the
199 target could successfully be reached. over the course of the learning block.

200 In contrast to forward movements and as expected due to the lack of feedback, backward
201 movements (Figures 9B, D, and F) were straight even in the beginning of the learning block .
202 They never displayed the typical hook-like shape induced by corrective movements. Interestingly,
203 backward movements never exactly pointed towards the origin as in Figure 9C. Rather, the initial
204 movement directions seemed to lie between the one required taking the actual hand position into
205 account and the one required based on the visually perceived hand location. In paradigms 1 and 2
206 (Figures 9B and D), it seemed that the backward movement direction would shift over the course
207 of the learning block towards the direction required by the visuomotor rotation.

208 **Initial Movement Errors**

209 To quantify motor behaviour and check for systematic changes in movement direction over the
210 course of the experiment, we computed the initial errors in forward and backward movement
211 directions and plotted them against time. For better visualization and quantification of the results,
212 we fitted the forward and backward movement errors of the training and washout blocks with an
213 exponential function (see methods for procedure and Table 1 for the estimated parameters of the
214 fits).

215 For the first experiment (Figure 4), errors (for individual subjects) are plotted trial-by-trial,

216 irrespective of target direction. For the second and third experiment, we analysed each target
217 separately (Figures 5 and 6). Note that errors depicted in the top row of Figure 5 and the top row
218 of Figure 6 are derived from movements to the same target.

219 **Forward Movements**

220 In forward movements (blue dots and lines in Figures. 4, 5, and 6), as expected, when the rotation
221 of the visual feedback was switched on, subjects in all groups started off with initial movement
222 errors close to the magnitude of the rotation (60 degrees, see Figures 4, 5, and 6, blue dots). In the
223 following trials, initial movement errors decreased until reaching a plateau at which performance
224 remained relatively constant.

225 Performance in the washout block (right panel of Figures 4, 5, and 6) confirmed that a typical
226 sensorimotor learning process had taken place in forward movements. In all experiments, a
227 distinct after-effect was observed: in the beginning of the washout block subjects started off with
228 large errors in the direction opposite to the transformation. These errors decreased rapidly over
229 the following trials.

230 In accordance with the learning process, over the course of both the learning and the washout
231 block, the occurrence of significant differences from zero (based on the movements of all
232 subjects in each experimental group for individual trials), seemed to consistently decrease (blue
233 lines in the bottom of Figures 4, 5 and 6). Given the low statistical power of comparing a sample
234 of only 10 to a mean of zero, these data have to be interpreted with caution, however.

235 Comparing the initial movement errors within the first and the last trials of the learning block
236 (Figure 7A, pooling over 50 trials in the beginning and the end of the block for paradigm one,
237 and over 15 for paradigms two and three) yielded a highly significant drop of errors in all
238 experiments, showing that substantial learning was achieved. In the washout block, we found
239 substantial unlearning, again indicated by a significant drop in the initial movement errors from
240 the first to the last trials in the block (Figure 8A).

241 There was one slight difference between the experiments:

242 In experiment one and three, subjects' movement errors were smaller in the beginning and in the
243 end of the adaptation than in experiment two (see Figure 7A). This might reflect some local
244 transfer of learning between targets, since in experiments one and three, targets were only 30
245 degrees and 60 degrees, respectively, apart from each other.

246 The learning and unlearning processes seem to be well captured by the exponential fits, the
247 parameters of which are shown in Table 1.

248 **Backward movements**

249 In backward movements (orange dots and lines in Figures 4, 5 and 6), the initial movement errors
250 in the very first trials of the learning block were typically smaller than those observed in forward
251 movements (see Figure 7C). This is in agreement with the observation from movement
252 trajectories that subjects seemed to plan movements in directions in between those required on
253 the basis of the visual and on the basis of the proprioceptive information about the hand's
254 location. Apparently, backward movements were planned by integrating proprioceptive
255 information about the actual hand starting position and the visual information about the cursor
256 position, which is in agreement with other psychophysical experiments (van Beers, Sittig and
257 Denier van der Gon, 1996; van Beers, Sittig and Denier van der Gon, 1999).

258 In addition, in backward movements, as in forward movements, the errors seemed to decrease
259 over the course of the learning and the washout blocks, suggestive of a transfer of learning the
260 transformation from forward to backward movements.

261 An alternative explanation could be that subjects changed the relative weight they attribute to
262 proprioception as compared to vision when planning their movements. It has been shown that the
263 integration of visual and proprioceptive information used for movement control can be altered by
264 task circumstances (Touzalin-Chretien, Ehrler & Dufour, 2010). Generally, subjects tend to rely
265 more heavily on vision than on proprioception for the planning and execution of movements (e.g.
266 Botvinick & Cohen, 1998; Ernst & Banks, 2002) and proprioceptive information is even
267 suppressed in the beginning of reaching movements (Shapiro, Gottlieb & Corcos, 2004; Shapiro
268 et al. 2009; Niu, Corcos & Shapiro, 2012). Maybe the visuomotor transformation even increased
269 the dominance of vision, since, after all, trials were successful only if the cursor ended up in the
270 visually perceived target and not in the hand position in space corresponding to that location.

271 Indeed, depending on availability and/or reliability of sensory information, the weighting of
272 proprioceptive and visual information has been found to be subject to change (Botvinick &
273 Cohen, 1998; van Beers, Sittig & Denier van der Gon, 1999; Ernst & Banks, 2002; Sober &
274 Sabes, 2003). If this would cause the learning seen in backward movements, however, the effect
275 should be a general one that would be observed with similar magnitude in all of our paradigms.

276 A second possible mechanism of learning the backward movements is that subjects learn the
277 shifted target locations during forward movements (consistent with the position remapping
278 hypothesis), and use this knowledge for planning backward movements. However, in that case,
279 again, the effect should be uniform across all our paradigms.

280 In contrast, we observed a distinct difference in how errors in backward movements developed
281 across our paradigms. The decrease of movement errors was particularly strong in paradigms 1
282 and 2 (when the paradigm included pairs of targets at a distance of 180°, i.e. in opposite
283 directions), and weaker in paradigm 3.

284 Statistical comparison of the first and last trials in the learning and washout block, respectively
285 (see methods for details), yielded a significant decrease in all paradigms (Figures 7B and 8B),
286 suggesting that a learning process took place. The significance level, however, was lower in
287 paradigm 3.

288 Furthermore, in the end of the learning block, performance during backward movements in
289 paradigms 1 and 2 almost reached the level observed in forward movements, while in paradigm
290 3, it was still significantly lower than for forward movements (Figure 7 D). Actually, the residual
291 error in the end of learning in paradigm 3 was more than twice as large in backward movements
292 as compared to forward movements.

293 The difference between experiments two and three was most striking when comparing the
294 movement errors to the target located at 60 degrees. The location of the respective target is the
295 same in both groups (making this comparison as fair as it can get), but in P2a, there was only a
296 slight difference in the movement errors between forward and backward movements in the end of
297 the learning block, whereas in P3a the difference was large and highly significant (Figures 7D,
298 P2a and P3a).

299 All these observations suggest that the decreased errors in backward movements indeed reflect a
300 process based on the transfer of learning from forward to backward movements. The most
301 pronounced learning effect in backward movements occurred whenever forward movements
302 included the movements directions of backward movements, namely in paradigms 1 and 2. In
303 paradigm 3, forward movements were at least 120 degrees away from the directions of backward
304 movements, and the observed change in movement errors was much smaller. We conclude that
305 the transfer of learning occurred in a direction specific way, yielding the highest transfer for the
306 same and much less transfer for different directions. Direction-specific transfer of learning has
307 been described before (Krakauer et al. 2000, Sainburg et al. 2003), and, in addition, it could be
308 shown that learning of visuomotor rotations is transferred between movements starting at
309 different locations of the workspace, as long as they were in the same direction (Wang &
310 Sainburg, 2005). In contrast to these earlier studies, however, our study has the advantage that the
311 learning transfer was tested in an area of the workspace that was completely overlapping with the
312 area trained during learning. Therefore, the workspace could be excluded as a confounding

313 variable. A general remapping of the transformed target positions would fail to account for our
314 finding that the degree of learning transfer depended on the paradigms, Our results are consistent
315 with the view that movement direction is the major parameter specified during motor
316 programming, encoded separately from position in the motor system, as postulated by the
317 vectorial planning hypothesis.

318 The idea that movements are primarily planned on the basis of movement direction is also
319 supported by neurophysiological findings that movement direction is a prominent parameter
320 encoded in neuronal activity (Georgopoulos et al., 1986). On the basis of this assumption,
321 planned movements can be amazingly accurately and robustly be decoded from neural signals in
322 monkeys (Schwartz 1994). Directional coding of movements seems also to occur in humans
323 (Cowper-Smith et al. 2010, Fabbri et al. 2010). Brain-machine interfaces can quite successfully
324 exploit decoding of intended movement directions for steering machines or prostheses with brain
325 signals, both in monkeys (Taylor, Tillery & Schwartz 2002) as well as in humans (Milekovic et
326 al. 2012, Hochberg et al. 2012).

327 The fact that, in addition to the direction-specific transfer of learning, a smaller learning
328 component was also observed for directions that were not trained during learning (in paradigm 3),
329 points to an additional phenomenon. One possibility is that this residual learning could have been
330 caused by non-specific generalization of learning over directions. Although Krakauer et al. in
331 their original study claim that the learning of a visuomotor rotation is local with regards to the
332 direction of movements, their results suggest at least some degree of generalization (Krakauer et
333 al., 2000, Figures 7A and B), especially where there is more than one training direction (see also
334 Brayanov, Press & Smith, 2012). The distance between forward and backward movement
335 directions in our third experiment at 120° was quite large, rendering generalization from the
336 directions of forward movements to the directions of backward movements unlikely. However, it
337 can not be completely excluded to account for the learning seen in paradigm 3.

338 In addition, it could be that subjects learned the rotated target locations through a different
339 learning mechanism, like, for instance, position remapping, or by learning to put more weight on
340 proprioceptive sensory feedback during backward movements. Also, subjects have been reported
341 to readily learn more than one transformation in case they are training in different contexts
342 (Thomas & Bock, 2012), and to be able to switch between different control mechanisms
343 depending on that context (Scheidt & Ghez, 2007; Ghez, Scheidt & Heijing, 2007; Scheidt, Ghez
344 & Asnani, 2011). The absence of visual feedback in backward movements could function as a cue
345 to switch context, allowing subjects to switch to a location remapping mode during backward

346 movements. It could also prompt subjects to gradually disregard the distorted visual information
347 during forward movements and instead rely more on proprioceptive information. Very recently,
348 there has been a study proposing that both, the rotated goal location and the rotated direction of
349 movements are learned when subjects are confronted with a visuomotor rotation. This study is in
350 accordance with our results, and also includes a computational model for the learning
351 mechanisms. However, this study – like the ones before – tested the directions in a separate
352 location of the workspace (Wu & Smith, 2013).

353 Finally, subjects may make use of the mismatch between the location where they left the handle
354 of the tracking device in the end of each trial and the position in which they took hold of it again
355 after the Phantom had moved the handle towards the origin, and started the new trial. To
356 minimize this kind of information, subjects were told to put their hands well away from the
357 tracking device and put them on their lap between trials. Since the movements bringing back the
358 Phantom to the origin were quite small, and given this intermittent movement to the subjects' lap
359 and back, we assume that this effect should be negligible. Supporting this notion, none of the
360 subjects reported to have noticed that the Phantom was moving the handle after they had let it go.
361 While we therefore are confident that we can exclude the latter explanation for the residual, non
362 direction-specific learning in backward movements, further experiments would be necessary to
363 distinguish between the other two explanations mentioned.

364 To summarize, this study demonstrates two phenomena that shed light on how movements are
365 planned in human subjects.

366 First, when confronted with a transformation at a given moment, the following movement (in our
367 case, the backward movement) is planned based on a mixture of visual and proprioceptive
368 information, suggesting that the transformation induces a re-weighting of information coming
369 from the two perceptual channels.

370 Second, and most importantly, we have shown that learning of visuomotor rotations is transferred
371 in a direction-specific way from forward to backward movements, supporting the vectorial
372 planning hypothesis of motor control and emphasizing the role of direction as the major control
373 parameter within the motor system.

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Table 1 (on next page)

Parameters of curves fit to initial movement errors

P1 - Paradigm 1, all 12 Targets. P2a - Paradigm 2, target at 60°. P2b - Paradigm 2, target at 240°. P3a - Paradigm 3, target at 60°, P3b - Paradigm 3, target at 120°. For each parameter of the fit, the confidence intervals are given, MSE - mean squared error.

Table1. Parameters of curves fit to Initial Movement Errors

Paradigm	Figure	target	a	b	τ	MSE
P1 forward	3	all	8.3 - 11.9	33.4 - 38.5	81.5 - 120.3	276
P1 backward	3	all	12.9 - 14.4	17.8 - 30.0	15.4 - 31.8	281
P2a forward	4 A	60°	15.5 - 18.2	30.2 - 38.9	23.9 - 38.1	262
P2a backward	4 A	60°	18.4 - 20.2	18.9 - 36.1	5.3 - 13.2	257
P2b forward	4 B	240°	14.2 - 17.9	29.2 - 35.6	34.5 - 56.6	216
P2b backward	4 B	240°	15.4 - 17.5	10.6 - 52.2	0.8 - 6.7	397
P3a forward	5 A	60°	8.8 - 10.8	36.2 - 45.4	19.1 - 27.3	207
P3a backward	5 A	60°	23.5 - 26.3	7.6 - 18.4	8.2 - 46.6	350
P3b forward	5 B	120°	7.7 - 9.6	21.5 - 29.3	18.1 - 30.5	179
P3b backward	5 B	120°	14.5 - 15.8	-3.3 - 15.5	-5.3 - 16.3	156

Figure 1

Experimental Setup

(A) Subject sitting in front of the setup. (B) Target locations in the three paradigms (unfilled circle represents the starting location). (C) Trial sequence. The phantom device was programmed to autonomously move back to the location of the origin during the last 2000 ms while subjects were instructed to release the handle and wait for reappearance of the origin.

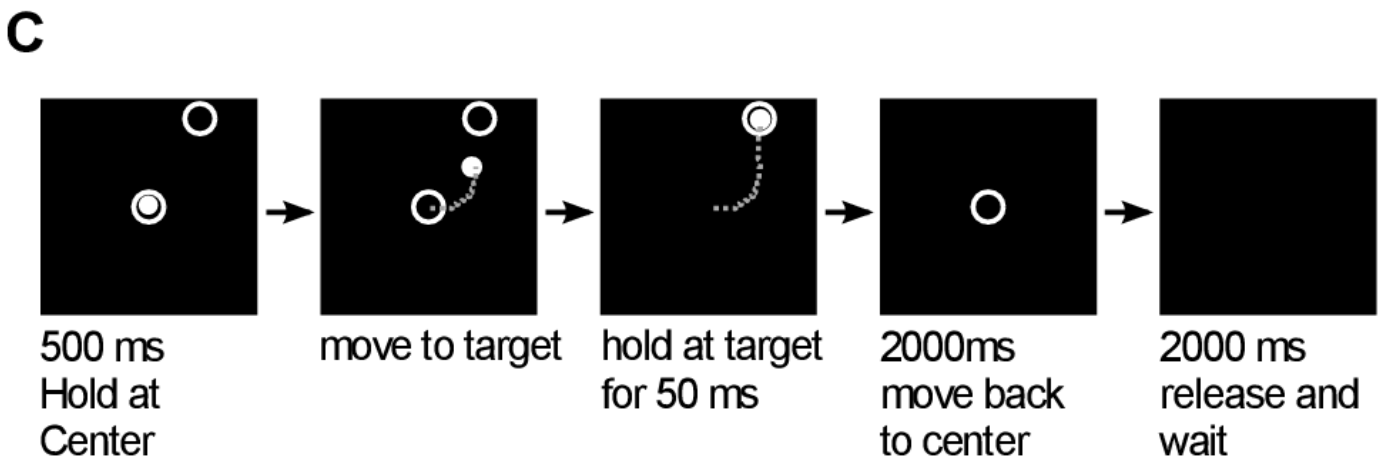
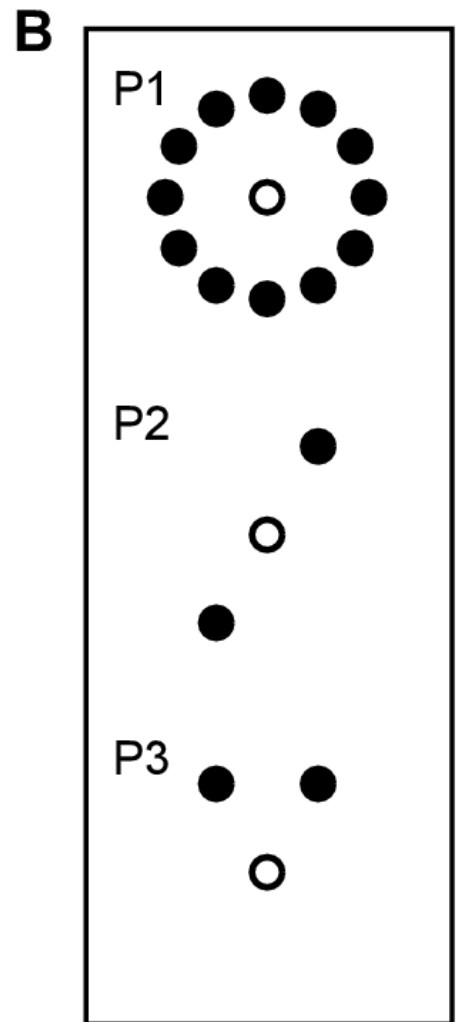
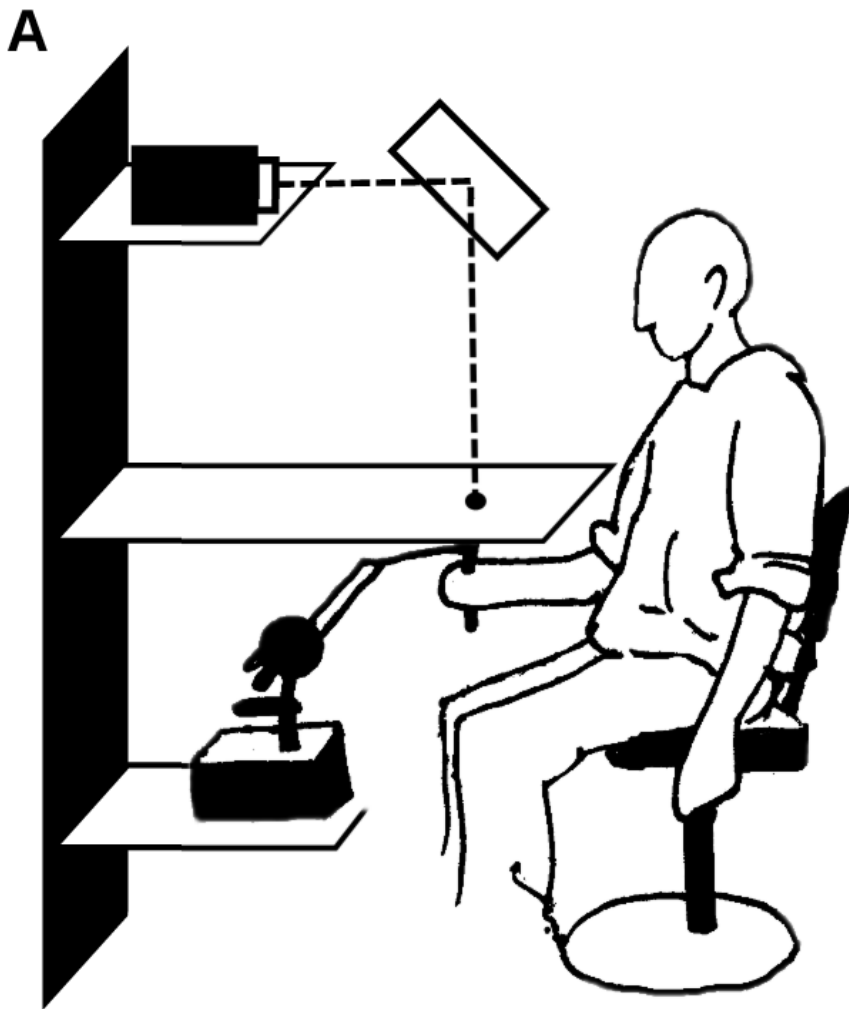


Figure 2

Expected Trajectories in our Task

(A) Initial forward movement under 60 degree clockwise (CW) visuomotor rotation (beginning of training). (B) Expected forward movement after learning the transformation and expected backward movement based on visual information of target position. (C) Expected forward movement after learning the transformation and expected backward movement, based on hand position.

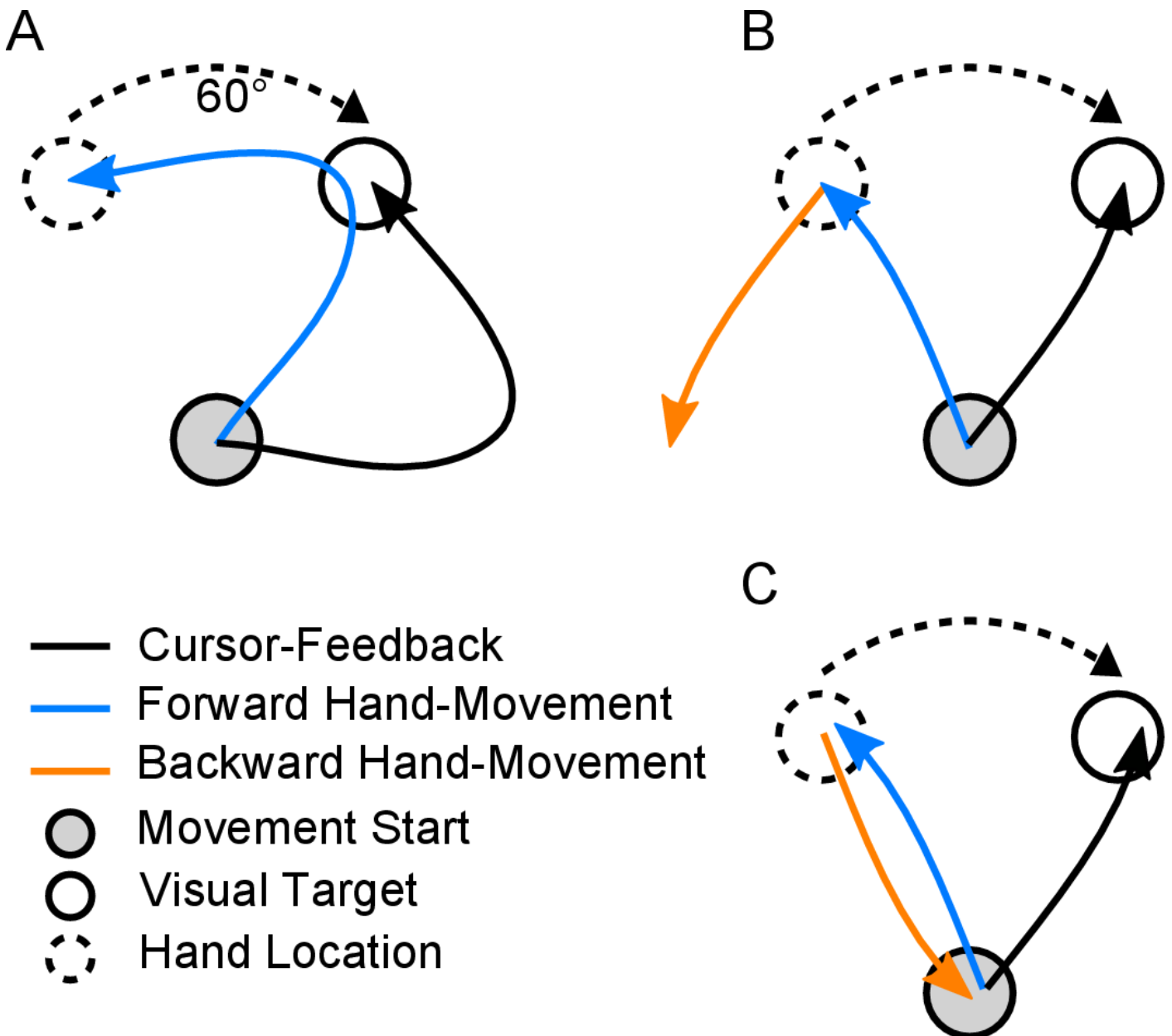


Figure 3

Detection of Initial Movement Error

The coloured parts of the trajectories show the interval of the movement which was used to define the initial movement error (in blue for the forward movement, in orange for the backward movement). Note that the corrective movement in forward direction starts well after the point in time when initial movement error was detected.

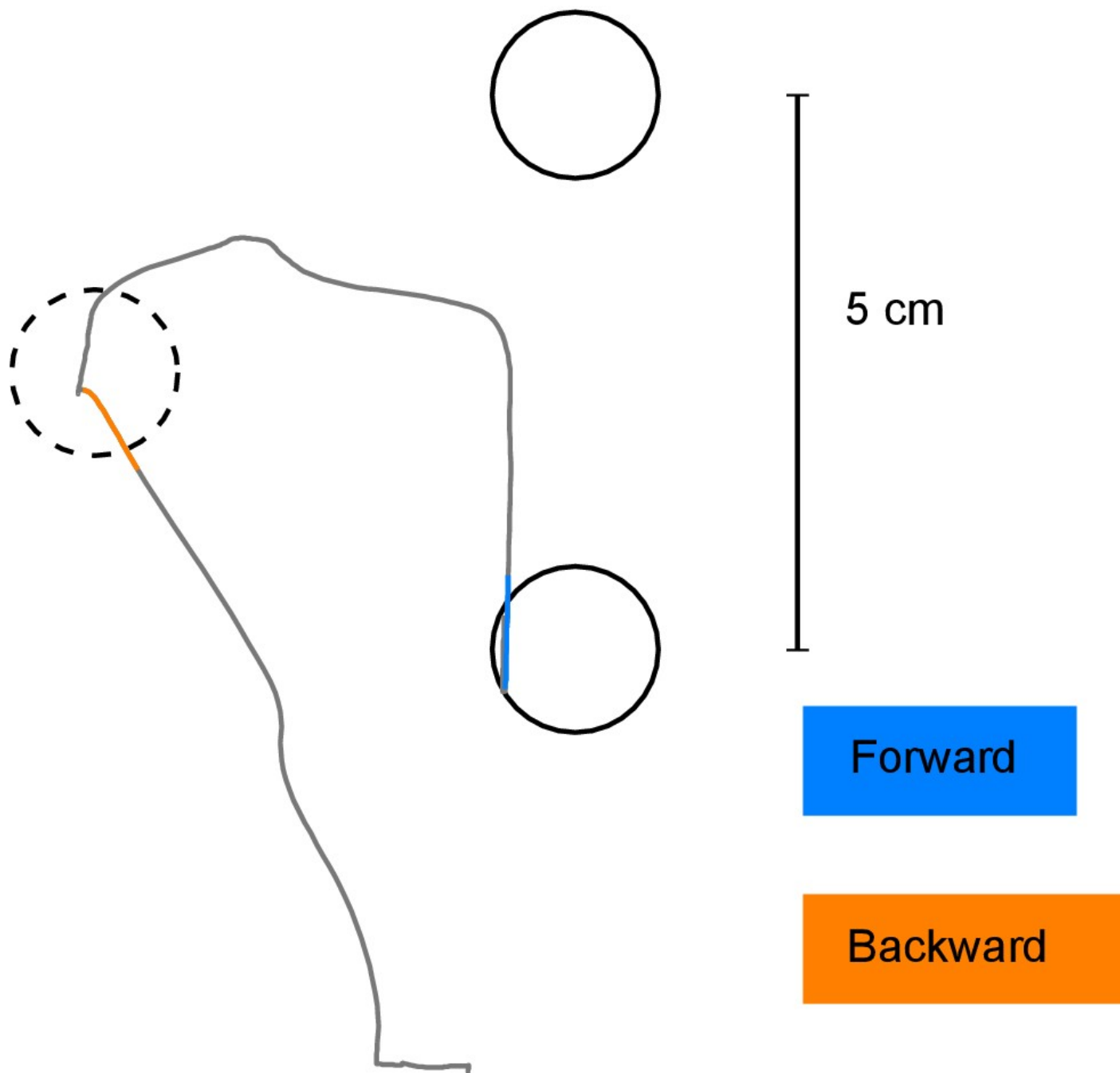


Figure 4

Initial Movement Errors (IME) in the First Paradigm (P1) with 12 Targets

In the familiarization block (far left) and the washout block (far right), feedback was veridical. In the learning block (middle), visual feedback was rotated around the movement origin by 60 degree (CW). Individual errors are shown as dots, solid lines denote the exponential fits to the data (for confidence intervals of the fit parameters, refer to Table 1). The bars at the bottom off the graphs denote individual trials in which the errors were significantly different from zero (ranksum test, $p < 0.01$). Forward movements are shown in blue, backward movements in orange.

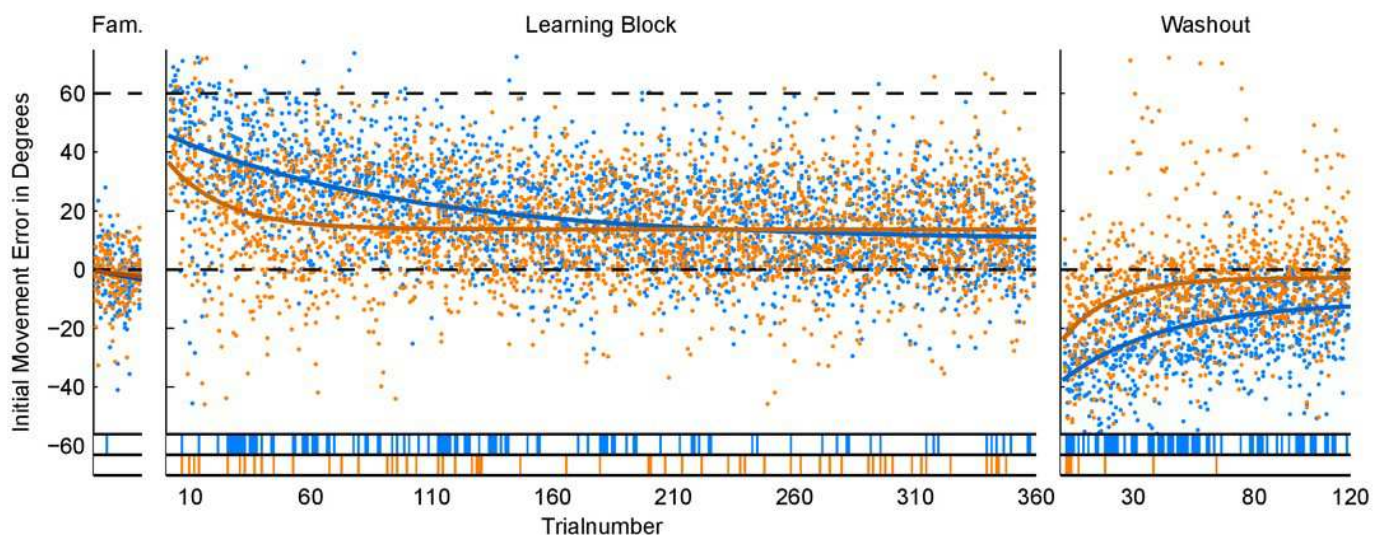


Figure 5

Initial Movement Errors in Paradigm 2 (P2 - targets located 180 degree apart)

(A) Results for the trials to the target at 60 degree. (B) Results for the target at 240° in the bottom row of the figure. Further details like in Figure 3.

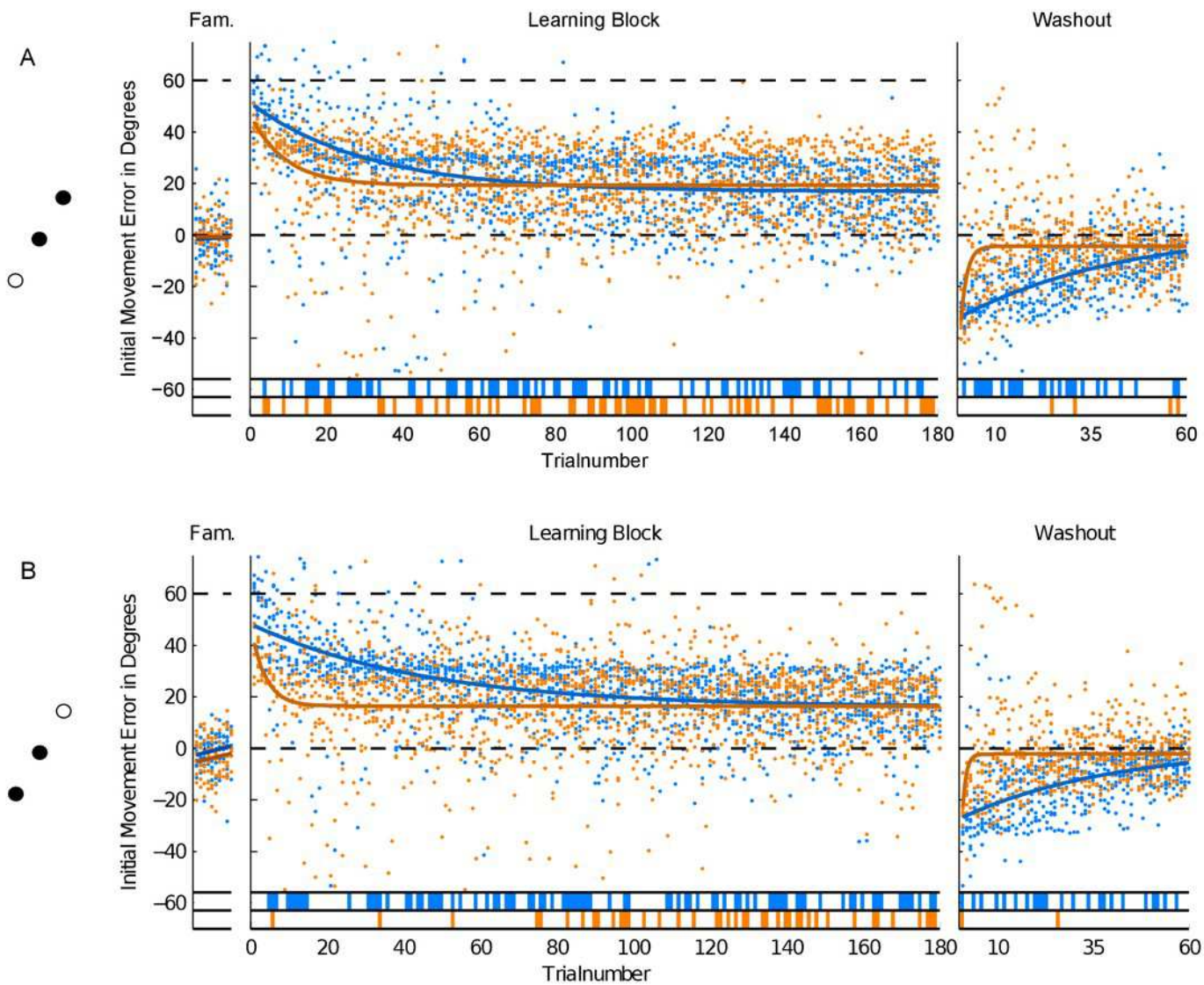


Figure 6

Initial Movement Errors in Paradigm 3 (P3 - targets located 60 degree apart)

Results for the trials to the target at 60 degree are shown in the top row, results for the target at 120 degree in the bottom row of the figure. Further details like in Figure 3.

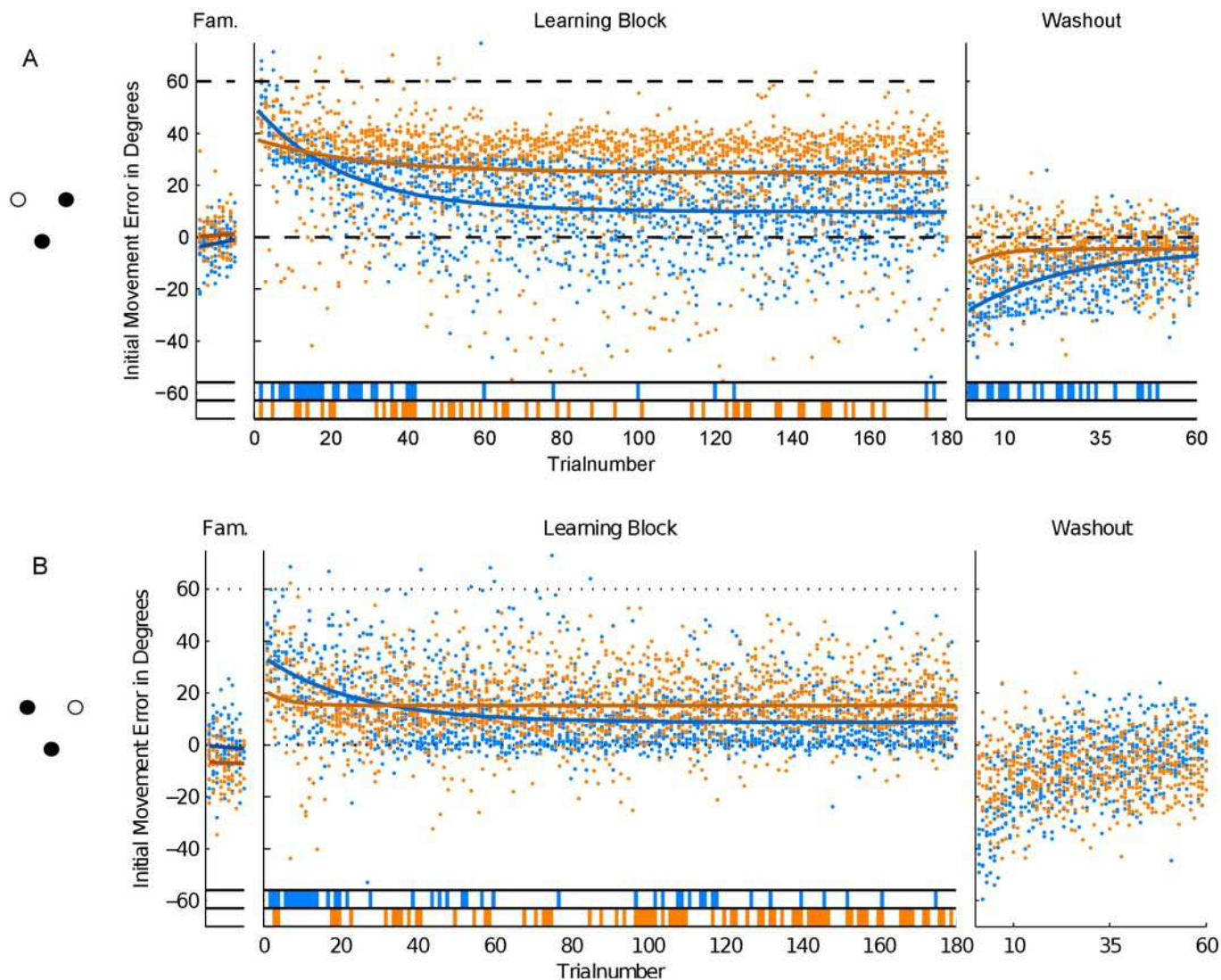
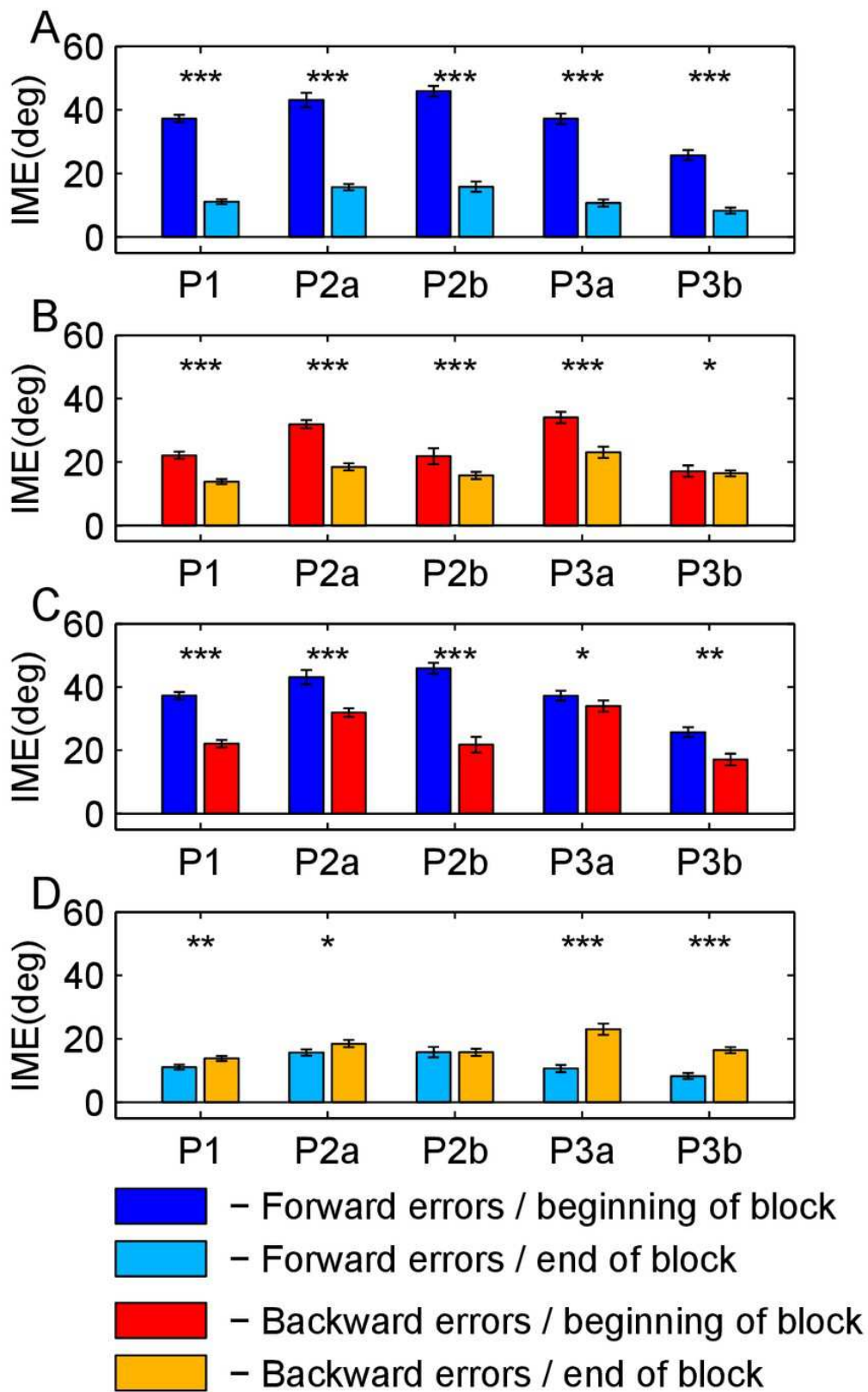


Figure 7

Comparison of Initial Movement Errors in the Beginning and in the End of Learning for Forward and Backward Movements

(A) Comparing forward movements at the beginning and in the end of the learning block. (B) Comparing backward movements at the beginning and in the end of the learning block. (C) Comparing forward and backward movements at the beginning of the learning block. (D) Comparing forward and backward movements in the end of the learning block. Distributions were tested for significant differences with a ranksum test. P1 - Paradigm 1, all targets; P2a – Paradigm 2, target at 60 degree; P2b - Paradigm 2, target at 240 degree; P3a – Paradigm 3, target at 60 degree; P3b - Paradigm 3, target at 120 degree. For Paradigm 1, the beginning of the learning block is taken as the first 50 trials, and the end of the learning block as the last 50 trials. In Paradigms 2 and 3, beginning means the first 15 trials, and end the last 15 trials. The height of the bars corresponds to the mean over trials. Error bars show the standard error of the mean (SEM) over trials and subjects.

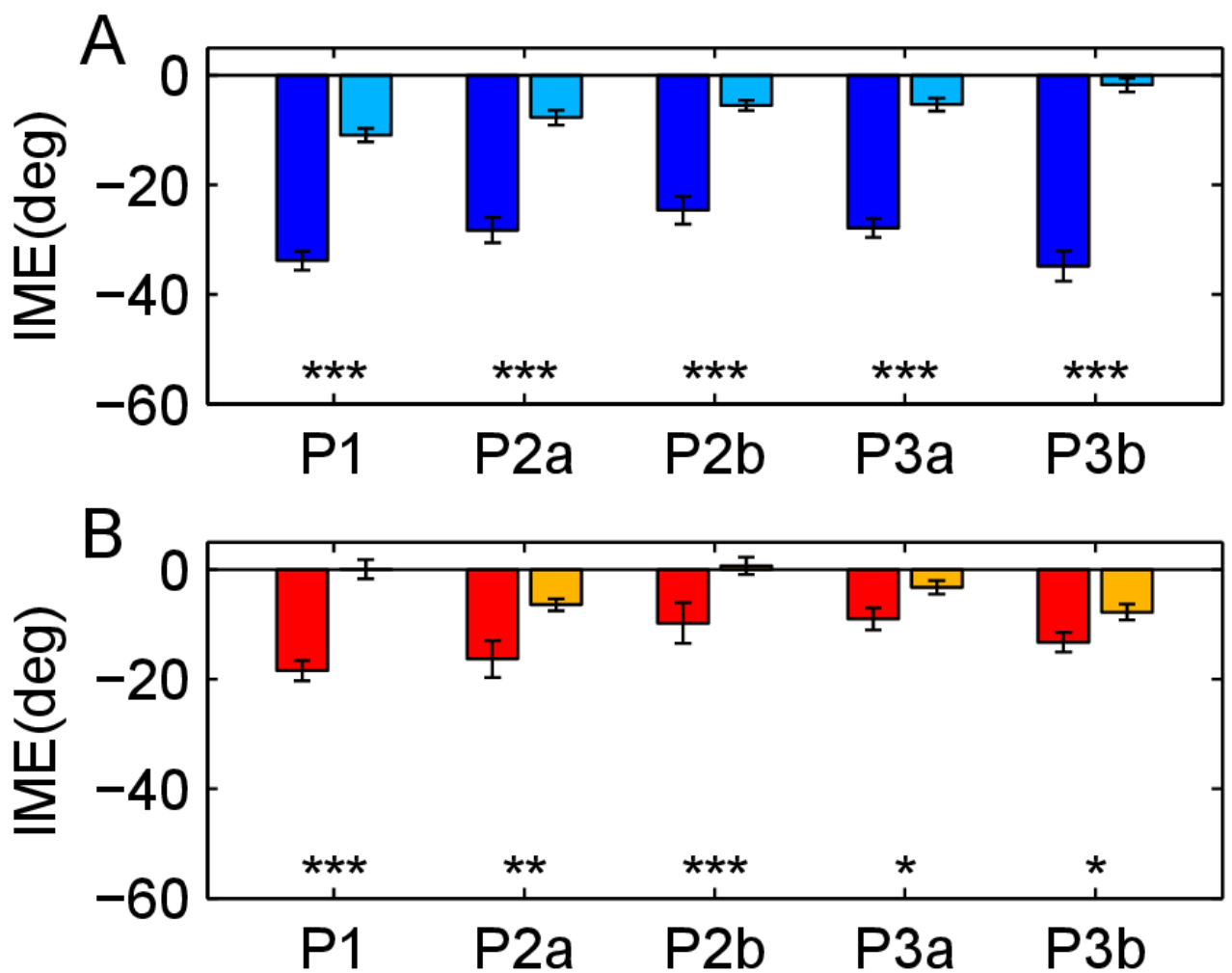


* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$

Figure 8

Differences in Performance at the Beginning and the End of the Washout Block

(A) Forward movements. (B) Backward movements. For color legend and significance levels see Figure 6.







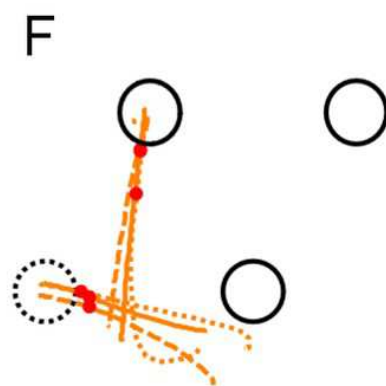
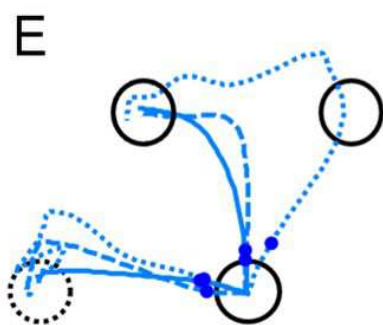
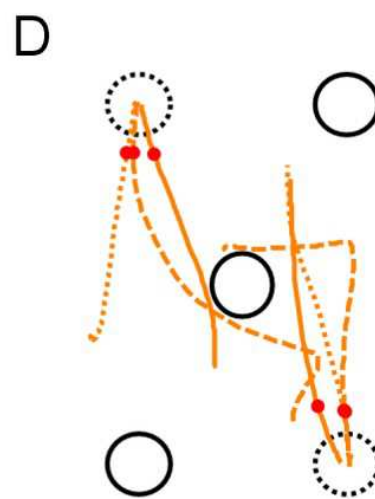
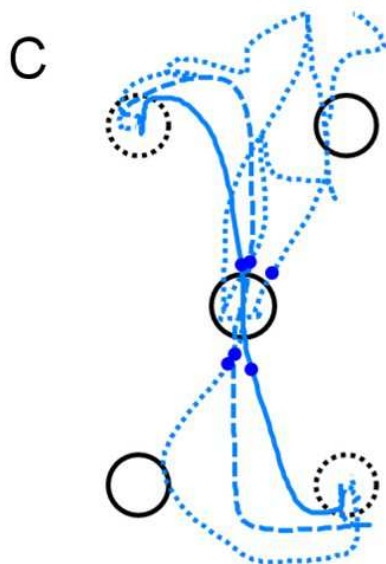
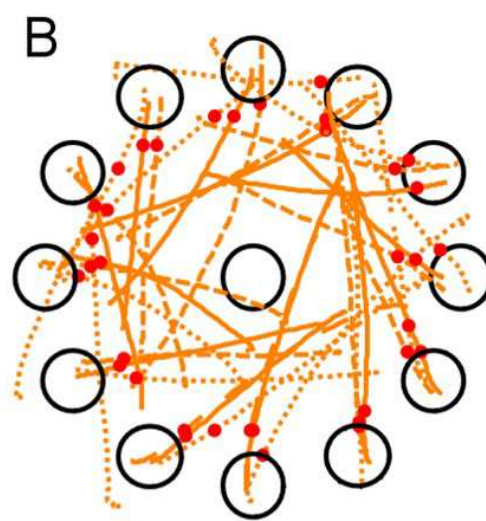
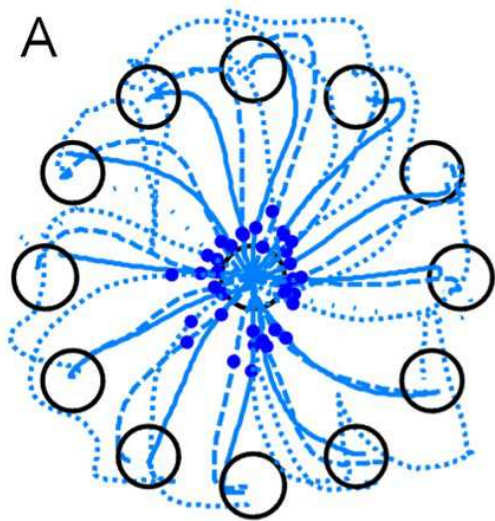
-  - Forward errors / beginning of block
-  - Forward errors / end of block
-  - Backward errors / beginning of block
-  - Backward errors / end of block

Figure 9

Exemplary trajectories during different stages of learning

Trajectories are shown for one representative subject from each of the three experimental groups. Dotted lines denote the first successful trial, dashed lines a trial during learning (the 8th trial) and the solid lines one of the last successful trials in the block (the 17th in the first experiment, the 173rd for the second and third). (A) Forward movements in paradigm 1. (B) Backward movements in paradigm 1. (C) Forward movements in paradigm 2. (D) Backward movements in paradigm 2. (E) Forward movements in paradigm 3. (F) Backward movements in paradigm 3. The red and blue dots show at what moment initial movement errors were detected in the respective trials (see methods). Locations of the rotated targets are given by the dashed target-circles. All trajectories are shown in hand-space.



5 cm