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There and back again: Putting the vectorial movement planning hypothesis to a critical test

Based on psychophysical evidence about how learning of visuomotor transformation generalizes, it has been suggested that movements are planned on the basis of movement direction and magnitude, i.e. the vector connecting movement origin and targets. This notion is also known under the term “vectorial planning hypothesis”. Previous psychophysical studies, however, have included separate areas of the workspace for training movements and testing the learning. This study eliminates this confounding factor by investigating the transfer of learning from forward to backward movements in a center-out-and-back task, in which the workspace for both movements is completely identical. Visual feedback allowed for learning only during movements towards the target (forward movements) and not while moving back to the origin (backward movements). When subjects learned the visuomotor rotation in forward movements, initial directional errors in backward movements also decreased to some degree. This learning effect in backward movements occurred predominantly when backward movements featured the same movement directions as the ones trained in forward movements (i.e., when opposite targets were presented). This suggests that learning was transferred in a direction specific way, supporting the notion that movement direction is the most prominent parameter used for motor planning.

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7 Introduction

8 An approach frequently used to investigate the functional organization of the motor system is to
9 study learning of visuomotor transformations and the transfer of such learning to untrained
10 conditions. For example, visuomotor rotations have frequently been applied while subjects
11 perform simple reaching movements. Initially, the transformation leads to movement errors
12 reflecting the magnitude of the rotation, but gradually, most subjects are able to adapt to the
13 rotation. For this to happen, the internal representation of the movement has to be changed
14 (Imamizu, Uno & Kawato, 1995). There are several ways how this may be achieved: Remapping
15 of the locations of origins and targets (“position remapping”) is one possibility. Another is that
16 subjects remember the posture assumed when successfully reaching the target, based on the idea
17 that movements are planned by converging to a final end posture (Polit & Bizzi, 1978,
18 Rosenbaum et al., 1995). A third possibility is that the alteration of movement direction to a given
19 target is remembered, based on the idea that movements are planned on the basis of the vector
20 connecting the starting location to the target (“vectorial planning” Gordon, Ghilardi & Ghez,
21 1994).

22 While some early studies provided evidence supporting the idea of final end posture being
23 assumed by subjects (Polit & Bizzi, 1978, Rosenbaum, Meulenbroek & Vaughan, 1999), other
24 evidence points more towards the vectorial planning hypothesis (Gordon, Ghilardi & Ghez, 1994;
25 Vindras et al., 1998; Messier & Kalaska, 1999; Krakauer et al., 2000; Krakauer, 2009).

26 When visuomotor rotations were trained, learning was found to be transferred only to movements
27 in the same direction as the trained one, and not to previously trained targets that were
28 approached from other directions (Krakauer et al., 2000, Wang & Sainburg, 2005). These studies,

however, used different areas of the workspace for learning and test trials, and therefore introduced space as a confounding variable to the experiments. In the Krakauer et al. (2000) study, test trials started at the same origin, but were aimed at targets that had not been visited during learning. In the Wang & Sainburg (2005) study, the starting positions for test trials were in completely different regions of the workspace, which were not visited during learning at all. The transfer of learning that both studies found for test targets might as well be due to a position remapping learning effect that remained restricted to the trained workspace as to a transfer of the learned direction.

To test this possibility, we applied a revised version of the center-out-and-back task, making use of the fact that backward movements occur in exactly the same location of the workspace as forward movements. Our task provided visual feedback about hand position only during forward movements. During backward movements, the cursor denoting hand position was not visible. Thus, learning could occur only in forward movements, and backward movements could be used for testing of learning transfer. This experiment constitutes an essential test of the vectorial planning hypothesis, the important factor being that position in workspace is not added as a confounding variable (see Figure 1).

Forward and backward movements in our experiment were separated by a short break at the target, rendering forward and backward movements clearly distinguishable. Although Krakauer et al. (2000) also used a center-out-and-back paradigm in their experiments, they did not include any detailed analysis of backward movements. This may partly be due to the fact that their task did not require subjects to stop at the target, making backward movements not very well distinguishable from forward movements. Also, in their task, visual feedback was present throughout the task.

To put the hypothesis of vectorial planning to a crucial test, we designed three different variants of the center-out-and-back paradigm. In all variants, a 60 degrees visuomotor rotation was applied in the learning trials. In the first variant (paradigm one = P1), subjects moved to and from 12 targets distributed on a circle around the central starting position, such that learning during forward movements included movement directions from 0 to 360 degrees in 30 degree increments. In the second (paradigm two = P2) and third (paradigm three = P3) variant, movements were directed only to two targets, either 180 (P2) or 60 degrees (P3) apart from each other. This means that in P2, the directions of forward movements to one target were equal to backward movements from the other target, while in P3, backward and forward movement directions did not match.

If subjects would learn the shifted locations of the target and would make use of this knowledge when planning backward movements, transfer of learning from forward to backward movements would occur in all three variants of the paradigm, supporting the position remapping theory. If learning would be based on learning the rotated directions, however, backward movements should only be affected if they would occur in the directions that were trained during forward movements, i.e., in experiments one and two. This would be in accordance with the vectorial movement planning hypothesis (Figure 2). We found that transfer of learning from forward to backward movements preferentially occurred in paradigms one and two. Thus, our study further supports the vectorial planning hypothesis and strengthens the idea that movement direction rather than the locations of origin and target is the most prominent parameter used by the motor system for planning movements.

Materials and Methods

Experimental Setup

A phantom device 1.5 HF (SensAble technologies, Woburn MA, USA) was used to track subjects' movements. The device was programmed to move frictionlessly in a horizontal plane directly under a horizontal board in front of which subjects were seated. During the experiment, the momentary position of the Phantom handle end point was recorded, digitized, visualized on a computer monitor and projected onto the board in such a way that projection and actual position of the phantom end-point were vertically aligned (in the non-rotated condition, see Figure 1A). The sampling rate for the position recording was 100 Hz, and the gain with respect to the real movements was set to one, i.e., cursor movements had the same amplitudes as hand movements. The phantom device was programmed to autonomously move back to the centre of the horizontal workspace after each trial.

Participants

All subjects participating in the experiment were right-handed (verified by a modified Edinburgh Handedness Inventory, (Oldfield, 1971)) and naive as to the purpose of the study. Experimental procedures were approved by the local ethics committee (University of Freiburg), and all participants gave their informed written consent prior to starting the experiment. In total, 42 subjects were tested in the experiment. Thirteen of these had to be excluded from analysis since

they failed to learn the visuomotor rotation. Successful learning was defined as a significant difference between the first and last 50 movement errors under the rotation, using a standard t-test with $p < 0.05$, see below. As we wanted to test the transfer of learning from forward to backward movements, it was necessary to exclude subjects who did not show any learning in the forward movements. Of the remaining subjects, 9 were tested in the first, and 10 each in the second and third paradigm described in the following paragraph (see also Figure 1B).

Paradigms and Trial-Sequence

In all experiments, a visuomotor rotation of 60 degrees clockwise (CW) around the central location was applied during forward movements. To prevent subjects from adapting to the rotation in backward movements, no visual feedback was provided while they returned from the target locations to the origin of their movements.

Subjects in all three groups had to absolve three experimental blocks. In the first block (familiarization block), subjects got veridical visual feedback about their movements and we assessed their baseline performance. In the second block, the visuomotor rotation was introduced (learning block). In the third block, again veridical, non-rotated cursor feedback was given during the forward movements (washout block). The familiarization block consisted of 120 trials, the learning block of 360 trials, and the washout block of another 120 trials.

The first group of subjects was tested in a paradigm in which 12 targets were presented in a pseudo-random order (P1). The 12 targets were equidistantly distributed (i.e. 30 degrees apart from each other) on a circle with radius 5 cm around the movement origin (Figure 1B P1).

The second group of subjects was tested in a paradigm in which only two targets were presented (again in pseudo-random order, P2). These targets were positioned at 60 and 240 degrees from the origin (0 degrees meaning rightward, 90 degrees meaning forward direction, seen from the perspective of participants, see Figure 1B, P2), i.e. at 180 degrees from each other. The third group of subjects was also presented with two targets, but these were located only 60 degrees apart (at 60 and 120 degrees from the origin, see Figure 1B, P3).

In each trial, subjects started their movements in the centre of the workspace. They had to move the cursor from the origin position shown in the beginning of the trial into the target circle presented after an initial 500 ms wait-period (Figure 1C). Only after the cursor was placed within the target and remained there for 50 ms, subjects were allowed to move back to the origin. This was signified by the disappearance of the target and the cursor, and the reappearance of the circle representing the origin. Subjects were instructed to move back to the centre of workspace as

accurately as possible, albeit lacking visual feedback for cursor position. After they thought they had reached the origin, subjects were requested to let loose of the handle and put their hand on their knee until the next trial started. During this period, the handle was autonomously moved back to the exact origin position by the phantom device. Since subjects were not allowed to keep the phantom handle in their hand, they could not feel whether or in which direction the phantom was moving to get back to the centre, and therefore they had no proprioceptive information on whether or not they had actually hit the origin during the backward movements. One second after the Phantom device was reset to the central position, the central target and the cursor reappeared, signalling the start of the next trial and instructing subjects to grasp the handle again.

Data Analysis

Before analysing the movements, we low-pass filtered the recorded trajectories (10Hz cut-off, 2nd order Butterworth filter). Oscillations above 10 Hz are unlikely to be caused by subjects' movements, and are therefore presumed to represent recording artefacts. For quantification of subjects' learning, we determined the error of initial movement direction. This error was defined as the signed angular difference between initial movement direction and target direction from the hand location at movement onset. Initial movement direction was defined as the hand position 150 ms into the movement in relation to the hand location at movement onset. Movement onset was defined as the point in time 100 ms before 45 percent of maximal hand-velocity was reached. In case velocity was not increasing monotonically until the threshold of 45 percent maximal velocity was reached, the procedure was repeated for the next time point (and monotony tested for 100 ms after that new time point) until the velocity increase was monotonic. If this point could not be reached, we discarded the respective trial. The validity of this procedure was tested by visual inspection of all trials, and the constraints given above yielded the best estimates of movement onset. The initial movements direction was chosen as parameter for assessing the subjects' behaviour because we wanted to assess the change in the internal model of the subjects used for movement planning, before any online corrections, induced by the visual feedback, took place. Although, in the literature, latencies of under 150 ms have been described for visual feedback influencing motor control (Franklin & Wolpert, 2008), in our task, we did not observe any corrective movements before 150 ms after movement onset (see Figure 3 for an exemplary movement, with the portion of the trajectory used for determining the initial movement direction highlighted in colour). To show the time course of performance and learning in the experimental blocks, we plotted

initial movement errors against trial number. The time course of initial movement errors was fit with a linear function in the familiarization blocks, and with a single exponential function according to

$E(t) = a + b \times e^{(-t/T)}$ in the learning and washout blocks. The parameters derived for the exponential fits are shown in Table 1.

For each trial, we tested whether movement errors were significantly different from zero ($p < 0.01$, see Figures 4, 5, and 6). For Figure 7, we pooled initial movement errors over several trials in the beginning and in the end of the learning block to check for significant differences between forward (7A) or backward (7B) movements over learning. Differences between performance in forward and backward movements are shown for the beginning (7C) and the end (7D) of the learning block. For paradigm 1, we pooled 50 trials in the beginning and in the end of the block (equivalent to 50/12 movements to each target). In paradigms 2 and 3, we sorted the trials by target and pooled only over the first and last 15 leftover trials (15 movements to each target). The same analysis for the washout block is shown in Figure 8.

Results & Discussion

Movement Trajectories

Figure 2 schematically illustrates the kinds of forward and backward movements that could be expected under a visuomotor transformation, based on previous findings observed in this kind of task (Krakauer et al. 2000, Krakauer 2009 for a review on visuomotor rotations).

Figure 2A (blue arrow) shows the expected behaviour during forward movements in the beginning of exposure to the transformation: Subjects would start off moving towards the visually perceived location of the target. After initiating the movement, visual feedback would make them realize that they are 60 degrees off the desired direction, leading to a large corrective movement (resulting in a hook-shaped trajectory). With prolonged exposure to the rotation, subjects would be expected to recalibrate their motor system such that they would immediately reach into the required rotated direction, producing straight trajectories again (Figure 2B and C).

Figure 2B (orange arrow) shows how subjects would move backwards if they would only take the visually perceived target locations into account, failing to account for the shift induced by the transformation, and making them end up in a position completely off the origin. Figure 2C, in

contrast, shows how subjects would move back if they would have learned the effect of the transformation, allowing them to faithfully reach the origin again. If such learning transfer to backward movements was seen in all paradigms, it should be concluded that subjects learned a position remapping of all positions visited during learning in forward movements. If, however, learning transfer was observed only in paradigms one and two, and not in paradigm three, it could be concluded that no general position remapping took place, but rather a specific learning transfer concerning the movement directions trained during forward movement. Note that backward movements are expected to be always straight, since, due to the lack of visual feedback, no corrective movements are expected.

Figure 9 shows typical real examples of movements trajectories in the three paradigms at different stages of the learning block. In the forward movements of all three paradigms (Figures 9A, C and E), subjects behaved as expected once the rotation was applied. In the first couple of trials, there were large initial movement errors and subsequently large movement corrections to reach the targets. Over the course of learning, forward movements gradually became straighter and the movement direction rotated more and more to compensate for the rotation, such that the target could successfully be reached. over the course of the learning block.

In contrast to forward movements and as expected due to the lack of feedback, backward movements (Figures 9B, D, and F) were straight even in the beginning of the learning block . They never displayed the typical hook-like shape induced by corrective movements. Interestingly, backward movements never exactly pointed towards the origin as in Figure 9C. Rather, the initial movement directions seemed to lie between the one required taking the actual hand position into account and the one required based on the visually perceived hand location. In paradigms 1 and 2 (Figures 9B and D), it seemed that the backward movement direction would shift over the course of the learning block towards the direction required by the visuomotor rotation.

Initial Movement Errors

To quantify motor behaviour and check for systematic changes in movement direction over the course of the experiment, we computed the initial errors in forward and backward movement directions and plotted them against time. For better visualization and quantification of the results, we fitted the forward and backward movement errors of the training and washout blocks with an exponential function (see methods for procedure and Table 1 for the estimated parameters of the fits).

For the first experiment (Figure 4), errors (for individual subjects) are plotted trial-by-trial,

irrespective of target direction. For the second and third experiment, we analysed each target separately (Figures 5 and 6). Note that errors depicted in the top row of Figure 5 and the top row of Figure 6 are derived from movements to the same target.

Forward Movements

In forward movements (blue dots and lines in Figures. 4, 5, and 6), as expected, when the rotation of the visual feedback was switched on, subjects in all groups started off with initial movement errors close to the magnitude of the rotation (60 degrees, see Figures 4, 5, and 6, blue dots). In the following trials, initial movement errors decreased until reaching a plateau at which performance remained relatively constant.

Performance in the washout block (right panel of Figures 4, 5, and 6) confirmed that a typical sensorimotor learning process had taken place in forward movements. In all experiments, a distinct after-effect was observed: in the beginning of the washout block subjects started off with large errors in the direction opposite to the transformation. These errors decreased rapidly over the following trials.

In accordance with the learning process, over the course of both the learning and the washout block, the occurrence of significant differences from zero (based on the movements of all subjects in each experimental group for individual trials), seemed to consistently decrease (blue lines in the bottom of Figures 4, 5 and 6). Given the low statistical power of comparing a sample of only 10 to a mean of zero, these data have to be interpreted with caution, however.

Comparing the initial movement errors within the first and the last trials of the learning block (Figure 7A, pooling over 50 trials in the beginning and the end of the block for paradigm one, and over 15 for paradigms two and three) yielded a highly significant drop of errors in all experiments, showing that substantial learning was achieved. In the washout block, we found substantial unlearning, again indicated by a significant drop in the initial movement errors from the first to the last trials in the block (Figure 8A).

There was one slight difference between the experiments:

In experiment one and three, subjects' movement errors were smaller in the beginning and in the end of the adaptation than in experiment two (see Figure 7A). This might reflect some local transfer of learning between targets, since in experiments one and three, targets were only 30 degrees and 60 degrees, respectively, apart from each other.

The learning and unlearning processes seem to be well captured by the exponential fits, the parameters of which are shown in Table 1.

248 **Backward movements**

249 In backward movements (orange dots and lines in Figures 4, 5 and 6), the initial movement errors
250 in the very first trials of the learning block were typically smaller than those observed in forward
251 movements (see Figure 7C). This is in agreement with the observation from movement
252 trajectories that subjects seemed to plan movements in directions in between those required on
253 the basis of the visual and on the basis of the proprioceptive information about the hand's
254 location. Apparently, backward movements were planned by integrating proprioceptive
255 information about the actual hand starting position and the visual information about the cursor
256 position, which is in agreement with other psychophysical experiments (van Beers, Sittig and
257 Denier van der Gon, 1996; van Beers, Sittig and Denier van der Gon, 1999).

258 In addition, in backward movements, as in forward movements, the errors seemed to decrease
259 over the course of the learning and the washout blocks, suggestive of a transfer of learning the
260 transformation from forward to backward movements.

261 An alternative explanation could be that subjects changed the relative weight they attribute to
262 proprioception as compared to vision when planning their movements. It has been shown that the
263 integration of visual and proprioceptive information used for movement control can be altered by
264 task circumstances (Touzalín-Chretien, Ehrler & Dufour, 2010). Generally, subjects tend to rely
265 more heavily on vision than on proprioception for the planning and execution of movements (e.g.
266 Botvinick & Cohen, 1998; Ernst & Banks, 2002) and proprioceptive information is even
267 suppressed in the beginning of reaching movements (Shapiro, Gottlieb & Corcos, 2004; Shapiro
268 et al. 2009; Niu, Corcos & Shapiro, 2012). Maybe the visuomotor transformation even increased
269 the dominance of vision, since, after all, trials were successful only if the cursor ended up in the
270 visually perceived target and not in the hand position in space corresponding to that location.

271 Indeed, depending on availability and/or reliability of sensory information, the weighting of
272 proprioceptive and visual information has been found to be subject to change (Botvinick &
273 Cohen, 1998; van Beers, Sittig & Denier van der Gon, 1999; Ernst & Banks, 2002; Sober &
274 Sabes, 2003). If this would cause the learning seen in backward movements, however, the effect
275 should be a general one that would be observed with similar magnitude in all of our paradigms.

276 A second possible mechanism of learning the backward movements is that subjects learn the
277 shifted target locations during forward movements (consistent with the position remapping
278 hypothesis), and use this knowledge for planning backward movements. However, in that case,
279 again, the effect should be uniform across all our paradigms.

In contrast, we observed a distinct difference in how errors in backward movements developed across our paradigms. The decrease of movement errors was particularly strong in paradigms 1 and 2 (when the paradigm included pairs of targets at a distance of 180°, i.e. in opposite directions), and weaker in paradigm 3.

Statistical comparison of the first and last trials in the learning and washout block, respectively (see methods for details), yielded a significant decrease in all paradigms (Figures 7B and 8B), suggesting that a learning process took place. The significance level, however, was lower in paradigm 3.

Furthermore, in the end of the learning block, performance during backward movements in paradigms 1 and 2 almost reached the level observed in forward movements, while in paradigm 3, it was still significantly lower than for forward movements (Figure 7 D). Actually, the residual error in the end of learning in paradigm 3 was more than twice as large in backward movements as compared to forward movements.

The difference between experiments two and three was most striking when comparing the movement errors to the target located at 60 degrees. The location of the respective target is the same in both groups (making this comparison as fair as it can get), but in P2a, there was only a slight difference in the movement errors between forward and backward movements in the end of the learning block, whereas in P3a the difference was large and highly significant (Figures 7D, P2a and P3a).

All these observations suggest that the decreased errors in backward movements indeed reflect a process based on the transfer of learning from forward to backward movements. The most pronounced learning effect in backward movements occurred whenever forward movements included the movements directions of backward movements, namely in paradigms 1 and 2. In paradigm 3, forward movements were at least 120 degrees away from the directions of backward movements, and the observed change in movement errors was much smaller. We conclude that the transfer of learning occurred in a direction specific way, yielding the highest transfer for the same and much less transfer for different directions. Direction-specific transfer of learning has been described before (Krakauer et al. 2000, Sainburg et al. 2003), and, in addition, it could be shown that learning of visuomotor rotations is transferred between movements starting at different locations of the workspace, as long as they were in the same direction (Wang & Sainburg, 2005). In contrast to these earlier studies, however, our study has the advantage that the learning transfer was tested in an area of the workspace that was completely overlapping with the area trained during learning. Therefore, the workspace could be excluded as a confounding

variable. A general remapping of the transformed target positions would fail to account for our finding that the degree of learning transfer depended on the paradigms. Our results are consistent with the view that movement direction is the major parameter specified during motor programming, encoded separately from position in the motor system, as postulated by the vectorial planning hypothesis.

The idea that movements are primarily planned on the basis of movement direction is also supported by neurophysiological findings that movement direction is a prominent parameter encoded in neuronal activity (Georgopoulos et al., 1986). On the basis of this assumption, planned movements can be amazingly accurately and robustly be decoded from neural signals in monkeys (Schwartz 1994). Directional coding of movements seems also to occur in humans (Cowper-Smith et al. 2010, Fabbri et al. 2010). Brain-machine interfaces can quite successfully exploit decoding of intended movement directions for steering machines or prostheses with brain signals, both in monkeys (Taylor, Tillery & Schwartz 2002) as well as in humans (Milekovic et al. 2012, Hochberg et al. 2012).

The fact that, in addition to the direction-specific transfer of learning, a smaller learning component was also observed for directions that were not trained during learning (in paradigm 3), points to an additional phenomenon. One possibility is that this residual learning could have been caused by non-specific generalization of learning over directions. Although Krakauer et al. in their original study claim that the learning of a visuomotor rotation is local with regards to the direction of movements, their results suggest at least some degree of generalization (Krakauer et al., 2000, Figures 7A and B), especially where there is more than one training direction (see also Brayanov, Press & Smith, 2012). The distance between forward and backward movement directions in our third experiment at 120° was quite large, rendering generalization from the directions of forward movements to the directions of backward movements unlikely. However, it can not be completely excluded to account for the learning seen in paradigm 3.

In addition, it could be that subjects learned the rotated target locations through a different learning mechanism, like, for instance, position remapping, or by learning to put more weight on proprioceptive sensory feedback during backward movements. Also, subjects have been reported to readily learn more than one transformation in case they are training in different contexts (Thomas & Bock, 2012), and to be able to switch between different control mechanisms depending on that context (Scheidt & Ghez, 2007; Ghez, Scheidt & Heijning, 2007; Scheidt, Ghez & Asnani, 2011). The absence of visual feedback in backward movements could function as a cue to switch context, allowing subjects to switch to a location remapping mode during backward

movements. It could also prompt subjects to gradually disregard the distorted visual information during forward movements and instead rely more on proprioceptive information. Very recently, there has been a study proposing that both, the rotated goal location and the rotated direction of movements are learned when subjects are confronted with a visuomotor rotation. This study is in accordance with our results, and also includes a computational model for the learning mechanisms. However, this study – like the ones before – tested the directions in a separate location of the workspace (Wu & Smith, 2013).

Finally, subjects may make use of the mismatch between the location where they left the handle of the tracking device in the end of each trial and the position in which they took hold of it again after the Phantom had moved the handle towards the origin, and started the new trial. To minimize this kind of information, subjects were told to put their hands well away from the tracking device and put them on their lap between trials. Since the movements bringing back the Phantom to the origin were quite small, and given this intermittent movement to the subjects' lap and back, we assume that this effect should be negligible. Supporting this notion, none of the subjects reported to have noticed that the Phantom was moving the handle after they had let it go. While we therefore are confident that we can exclude the latter explanation for the residual, non direction-specific learning in backward movements, further experiments would be necessary to distinguish between the other two explanations mentioned.

To summarize, this study demonstrates two phenomena that shed light on how movements are planned in human subjects.

First, when confronted with a transformation at a given moment, the following movement (in our case, the backward movement) is planned based on a mixture of visual and proprioceptive information, suggesting that the transformation induces a re-weighting of information coming from the two perceptual channels.

Second, and most importantly, we have shown that learning of visuomotor rotations is transferred in a direction-specific way from forward to backward movements, supporting the vectorial planning hypothesis of motor control and emphasizing the role of direction as the major control parameter within the motor system.

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Table 1 (on next page)

Parameters of curves fit to initial movement errors

P1 - Paradigm 1, all 12 Targets. P2a - Paradigm 2, target at 60°. P2b - Paradigm 2, target at 240°. P3a - Paradigm 3, target at 60°, P3b - Paradigm 3, target at 120°. For each parameter of the fit, the confidence intervals are given, MSE - mean squared error.

Table1. Parameters of curves fit to Initial Movement Errors

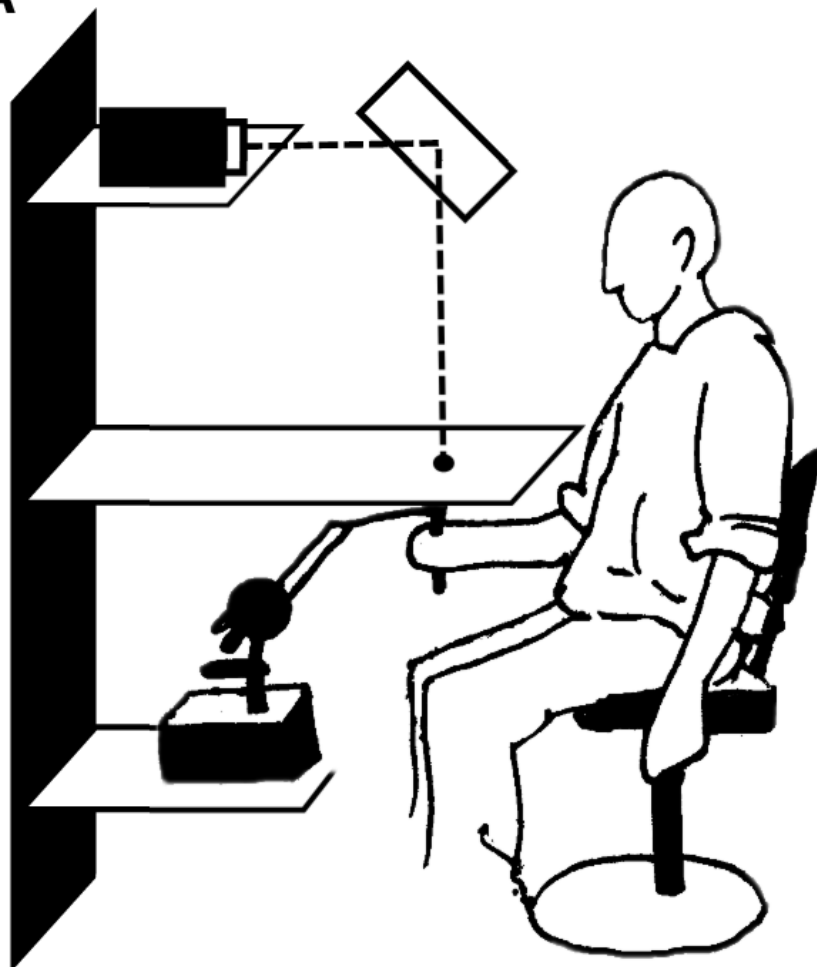
Paradigm	Figure	target	a	b	τ	MSE
P1 forward	3	all	8.3 - 11.9	33.4 - 38.5	81.5 - 120.3	276
P1 backward	3	all	12.9 - 14.4	17.8 - 30.0	15.4 - 31.8	281
P2a forward	4 A	60°	15.5 - 18.2	30.2 - 38.9	23.9 - 38.1	262
P2a backward	4 A	60°	18.4 - 20.2	18.9 - 36.1	5.3 - 13.2	257
P2b forward	4 B	240°	14.2 - 17.9	29.2 - 35.6	34.5 - 56.6	216
P2b backward	4 B	240°	15.4 - 17.5	10.6 - 52.2	0.8 - 6.7	397
P3a forward	5 A	60°	8.8 - 10.8	36.2 - 45.4	19.1 - 27.3	207
P3a backward	5 A	60°	23.5 - 26.3	7.6 - 18.4	8.2 - 46.6	350
P3b forward	5 B	120°	7.7 - 9.6	21.5 - 29.3	18.1 - 30.5	179
P3b backward	5 B	120°	14.5 - 15.8	-3.3 - 15.5	-5.3 - 16.3	156

Figure 1

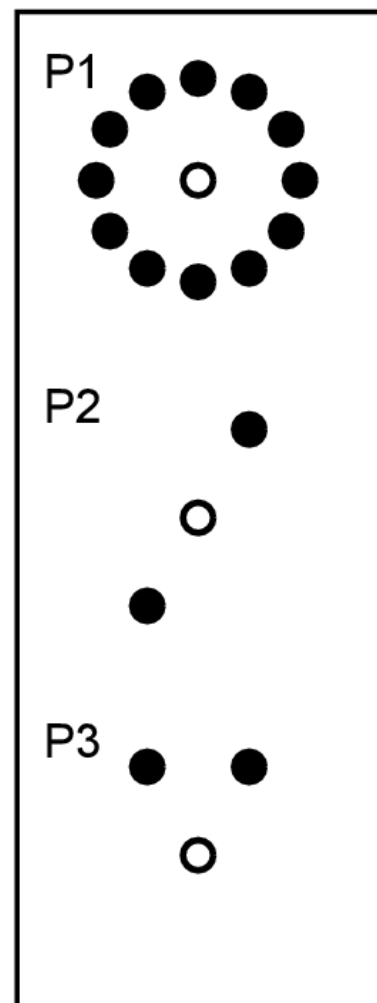
Experimental Setup

(A) Subject sitting in front of the setup. (B) Target locations in the three paradigms (unfilled circle represents the starting location). (C) Trial sequence. The phantom device was programmed to autonomously move back to the location of the origin during the last 2000 ms while subjects were instructed to release the handle and wait for reappearance of the origin.

A



B



C

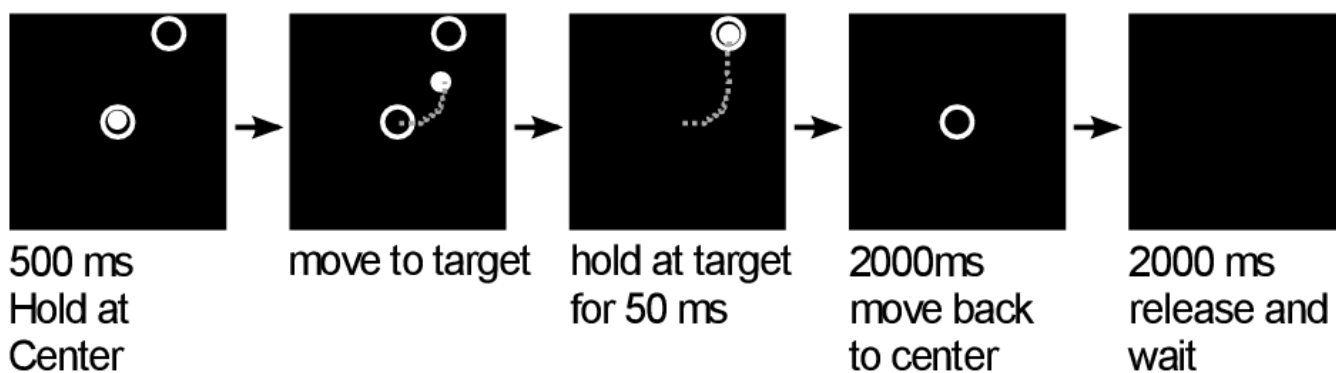


Figure 2

Expected Trajectories in our Task

(A) Initial forward movement under 60 degree clockwise (CW) visuomotor rotation (beginning of training). (B) Expected forward movement after learning the transformation and expected backward movement based on visual information of target position. (C) Expected forward movement after learning the transformation and expected backward movement, based on hand position.

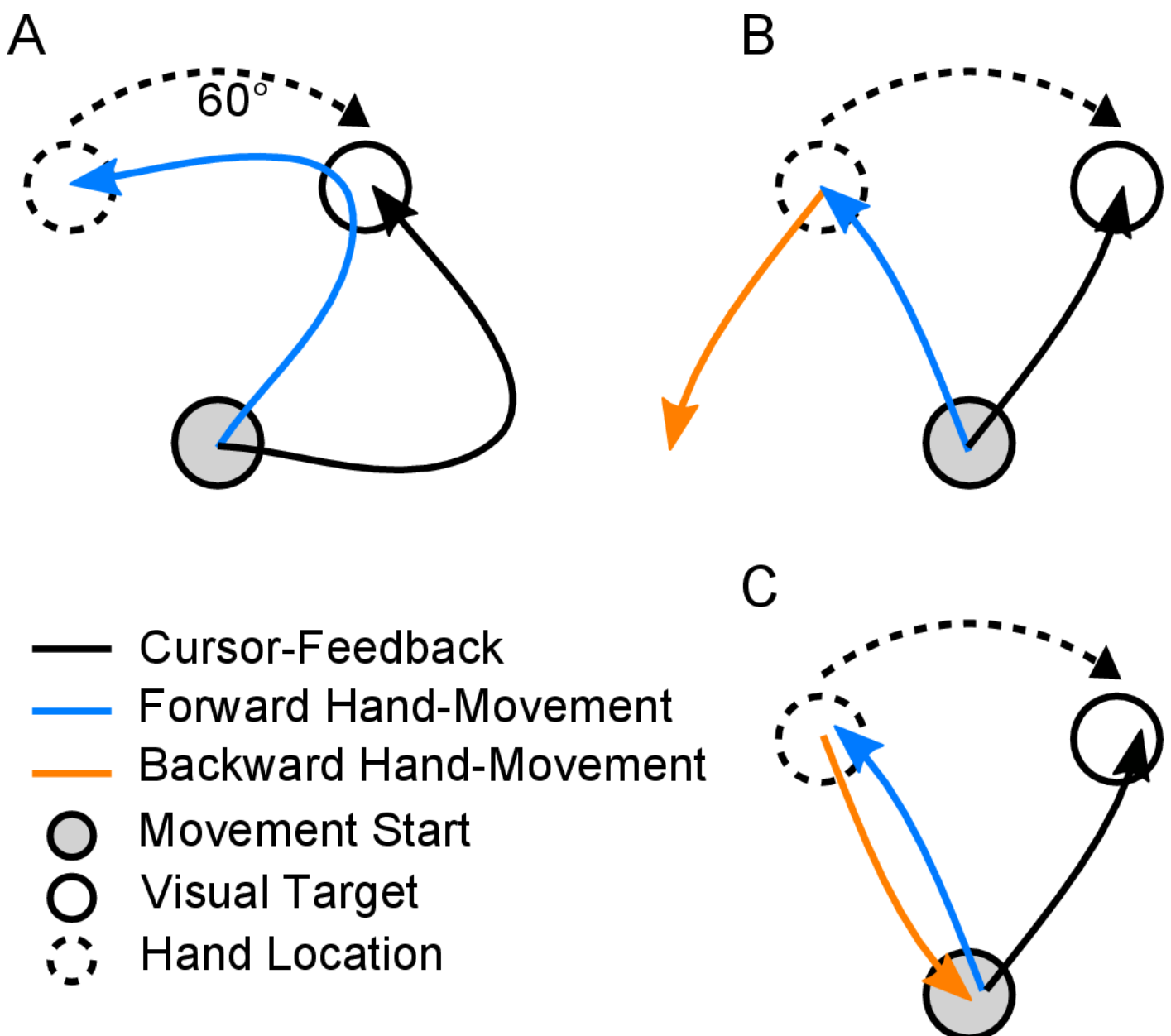


Figure 3

Detection of Initial Movement Error

The coloured parts of the trajectories show the interval of the movement which was used to define the initial movement error (in blue for the forward movement, in orange for the backward movement). Note that the corrective movement in forward direction starts well after the point in time when initial movement error was detected.

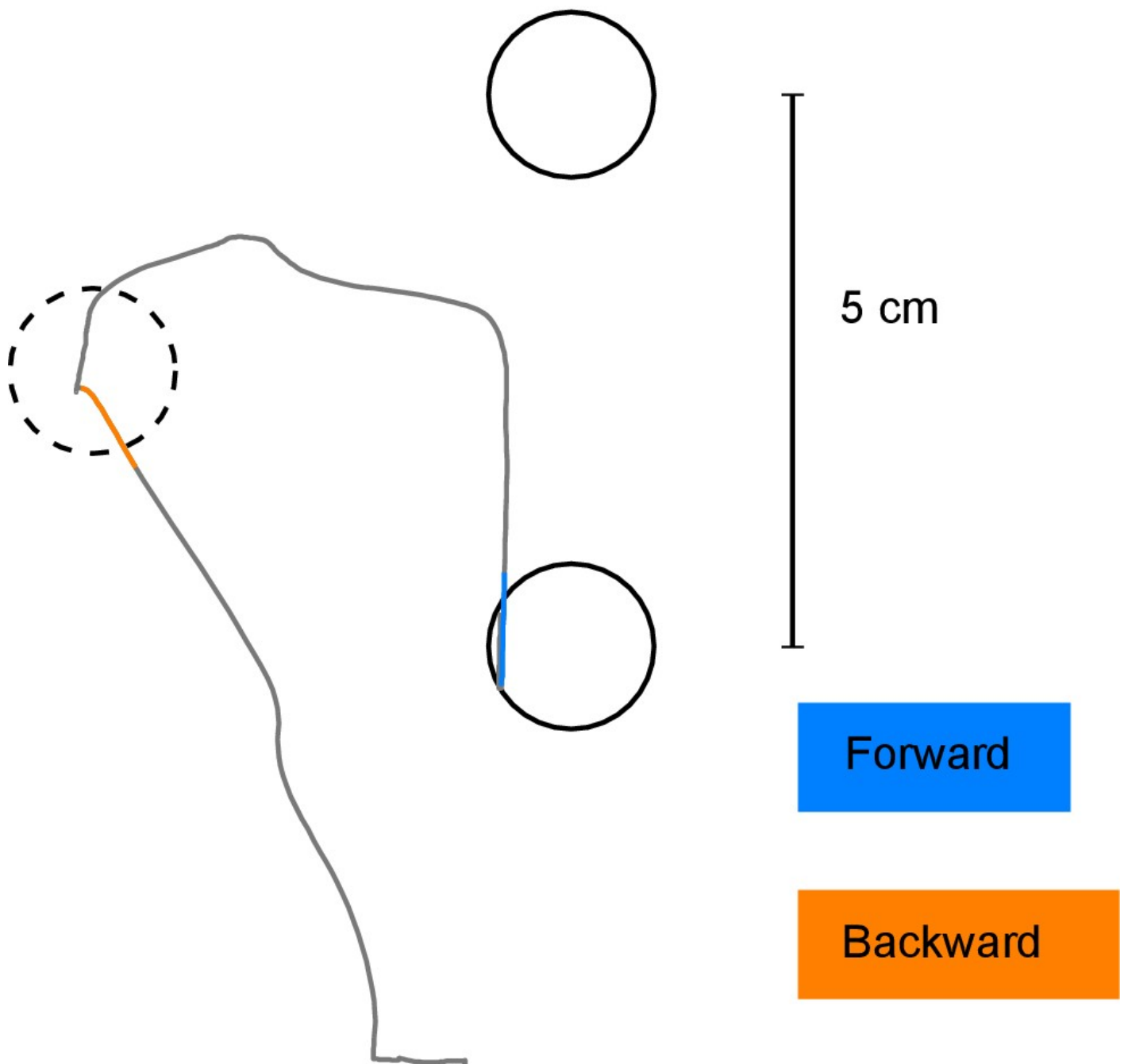


Figure 4

Initial Movement Errors (IME) in the First Paradigm (P1) with 12 Targets

In the familiarization block (far left) and the washout block (far right), feedback was veridical. In the learning block (middle), visual feedback was rotated around the movement origin by 60 degree (CW). Individual errors are shown as dots, solid lines denote the exponential fits to the data (for confidence intervals of the fit parameters, refer to Table 1). The bars at the bottom off the graphs denote individual trials in which the errors were significantly different from zero (ranksum test, $p < 0.01$). Forward movements are shown in blue, backward movements in orange.

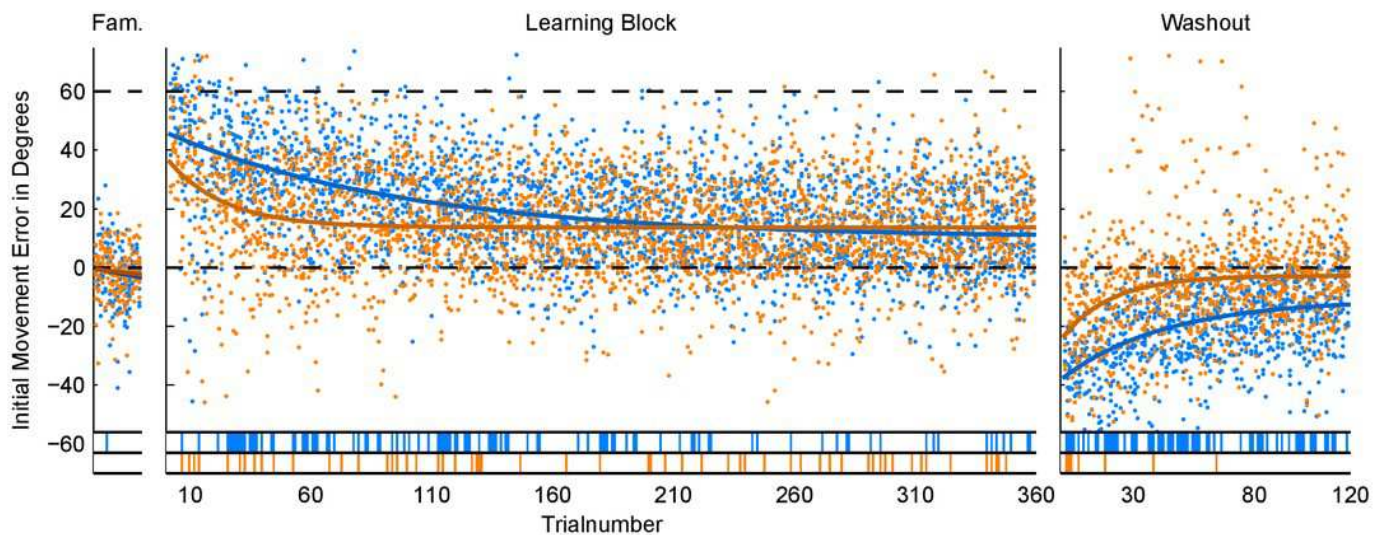


Figure 5

Initial Movement Errors in Paradigm 2 (P2 - targets located 180 degree apart)

(A) Results for the trials to the target at 60 degree. (B) Results for the target at 240° in the bottom row of the figure. Further details like in Figure 3.

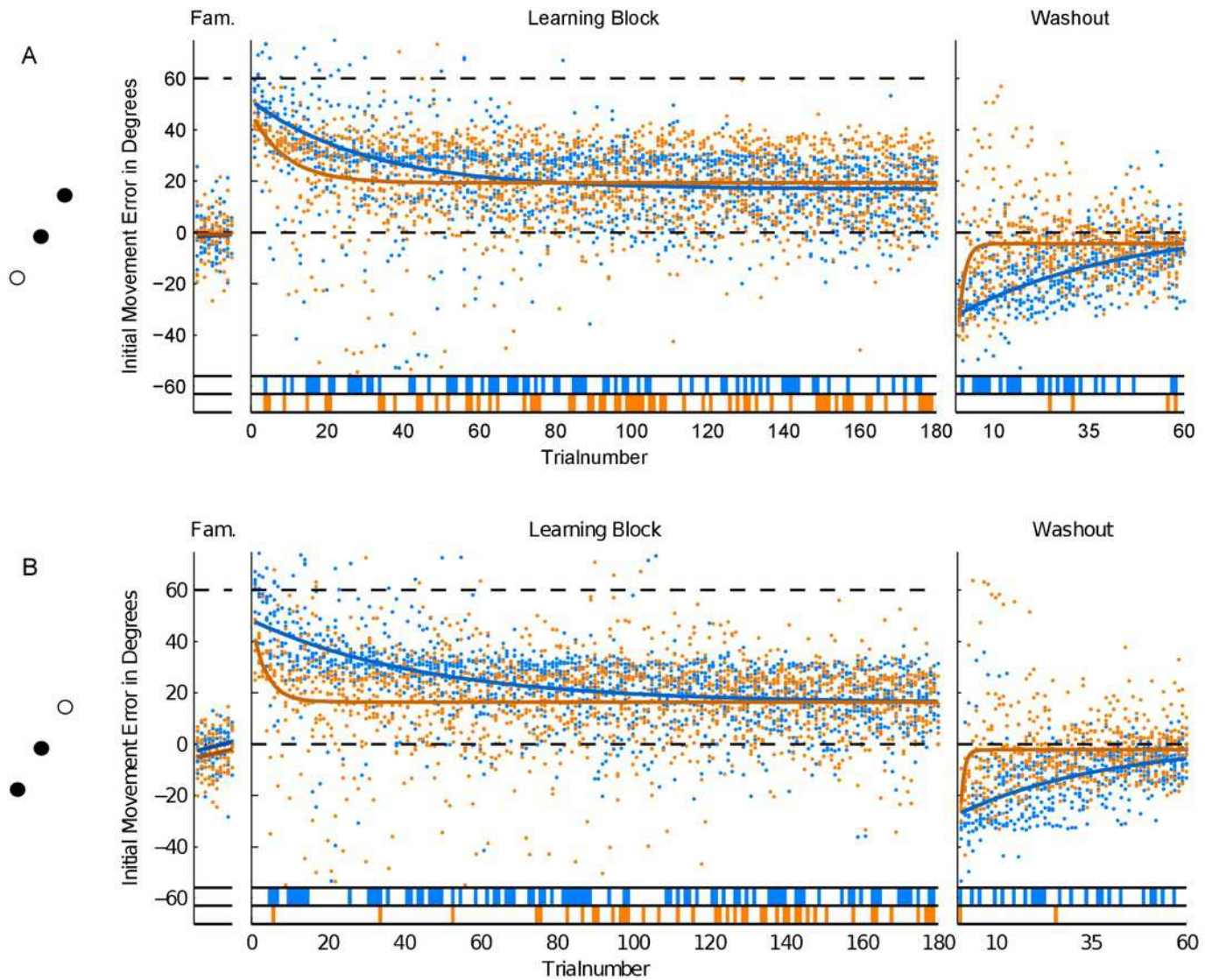


Figure 6

Initial Movement Errors in Paradigm 3 (P3 - targets located 60 degree apart)

Results for the trials to the target at 60 degree are shown in the top row, results for the target at 120 degree in the bottom row of the figure. Further details like in Figure 3.

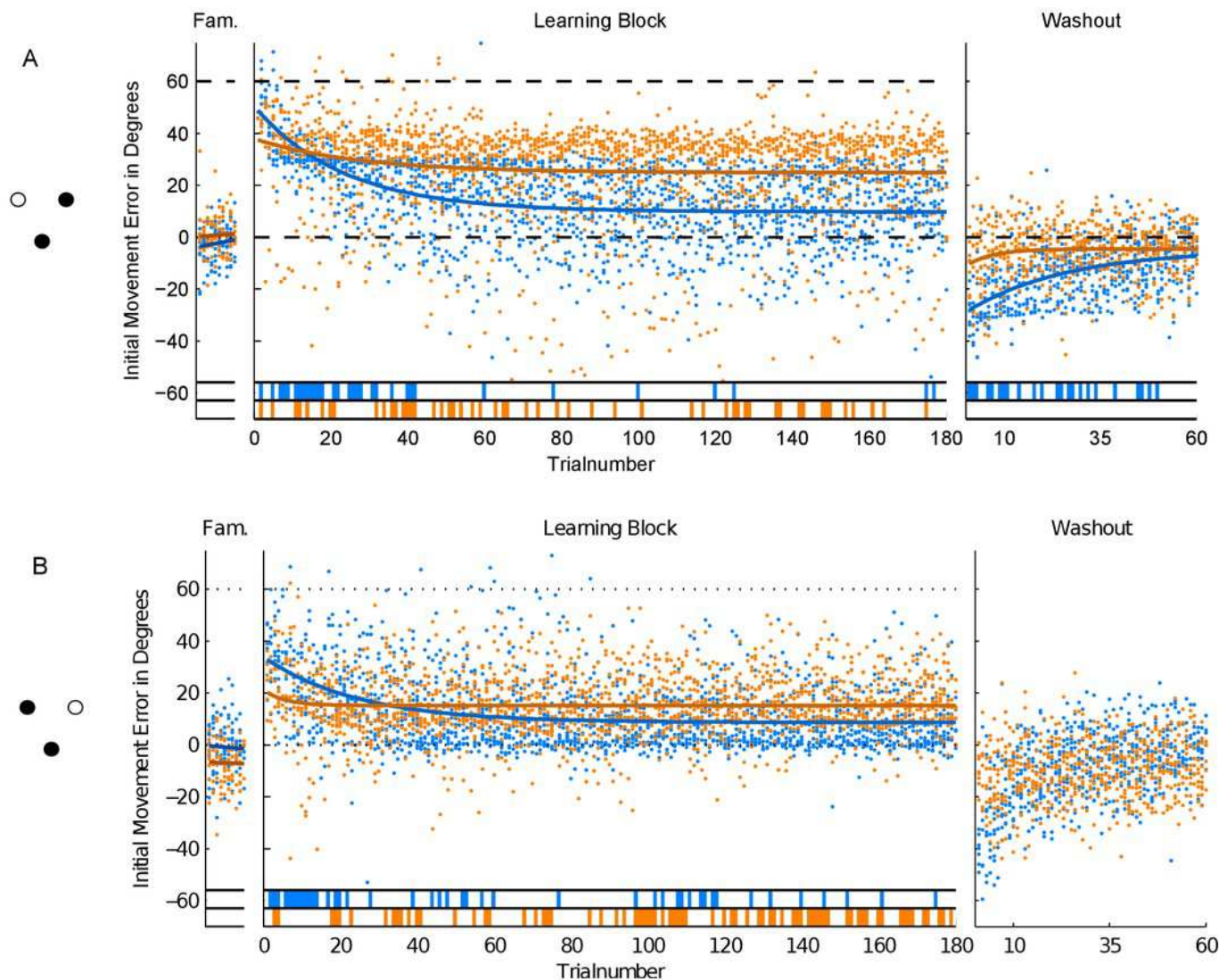
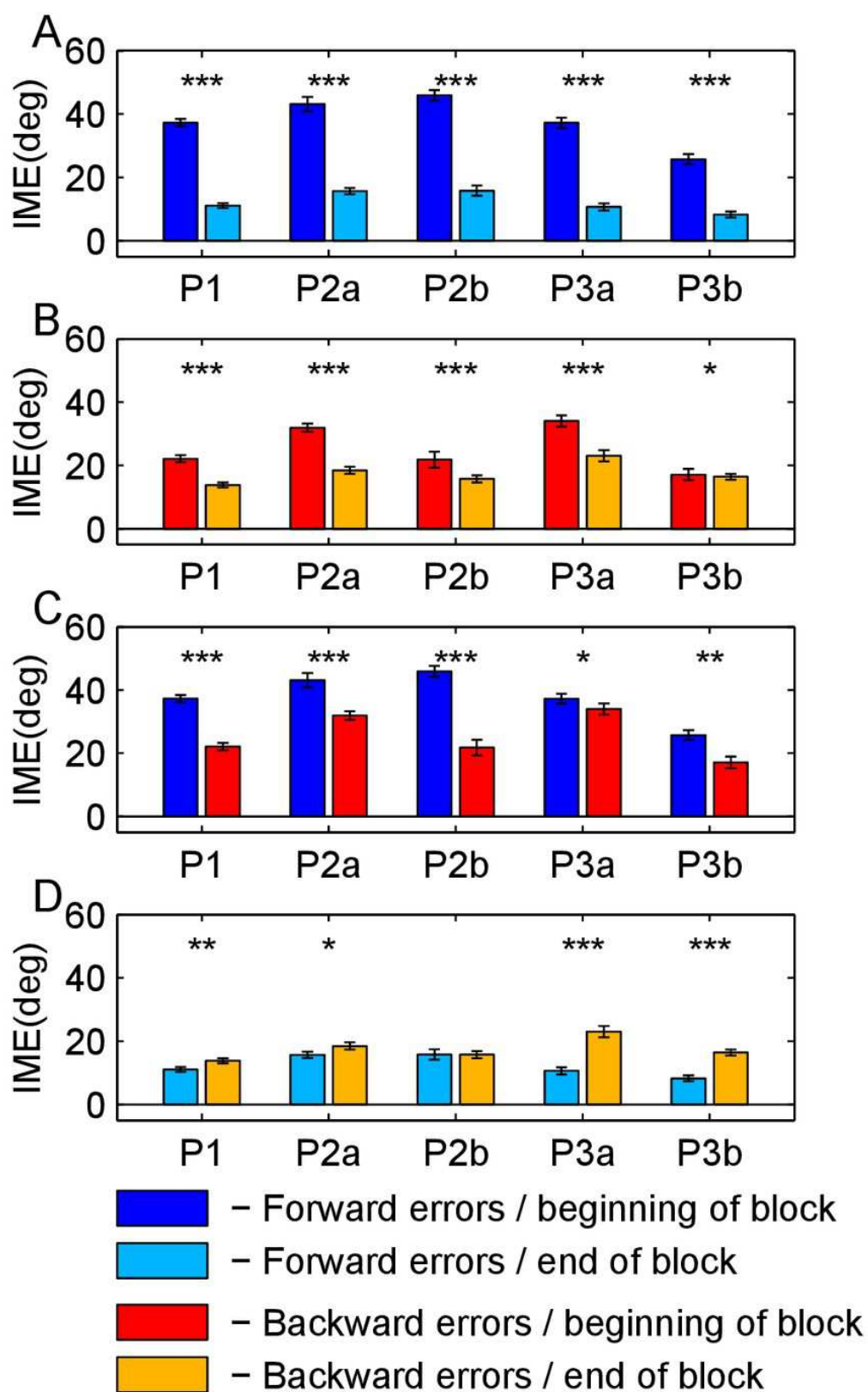


Figure 7

Comparison of Initial Movement Errors in the Beginning and in the End of Learning for Forward and Backward Movements

(A) Comparing forward movements at the beginning and in the end of the learning block. (B) Comparing backward movements at the beginning and in the end of the learning block. (C) Comparing forward and backward movements at the beginning of the learning block. (D) Comparing forward and backward movements in the end of the learning block. Distributions were tested for significant differences with a ranksum test. P1 - Paradigm 1, all targets; P2a – Paradigm 2, target at 60 degree; P2b - Paradigm 2, target at 240 degree; P3a – Paradigm 3, target at 60 degree; P3b - Paradigm 3, target at 120 degree. For Paradigm 1, the beginning of the learning block is taken as the first 50 trials, and the end of the learning block as the last 50 trials. In Paradigms 2 and 3, beginning means the first 15 trials, and end the last 15 trials. The height of the bars corresponds to the mean over trials. Error bars show the standard error of the mean (SEM) over trials and subjects.

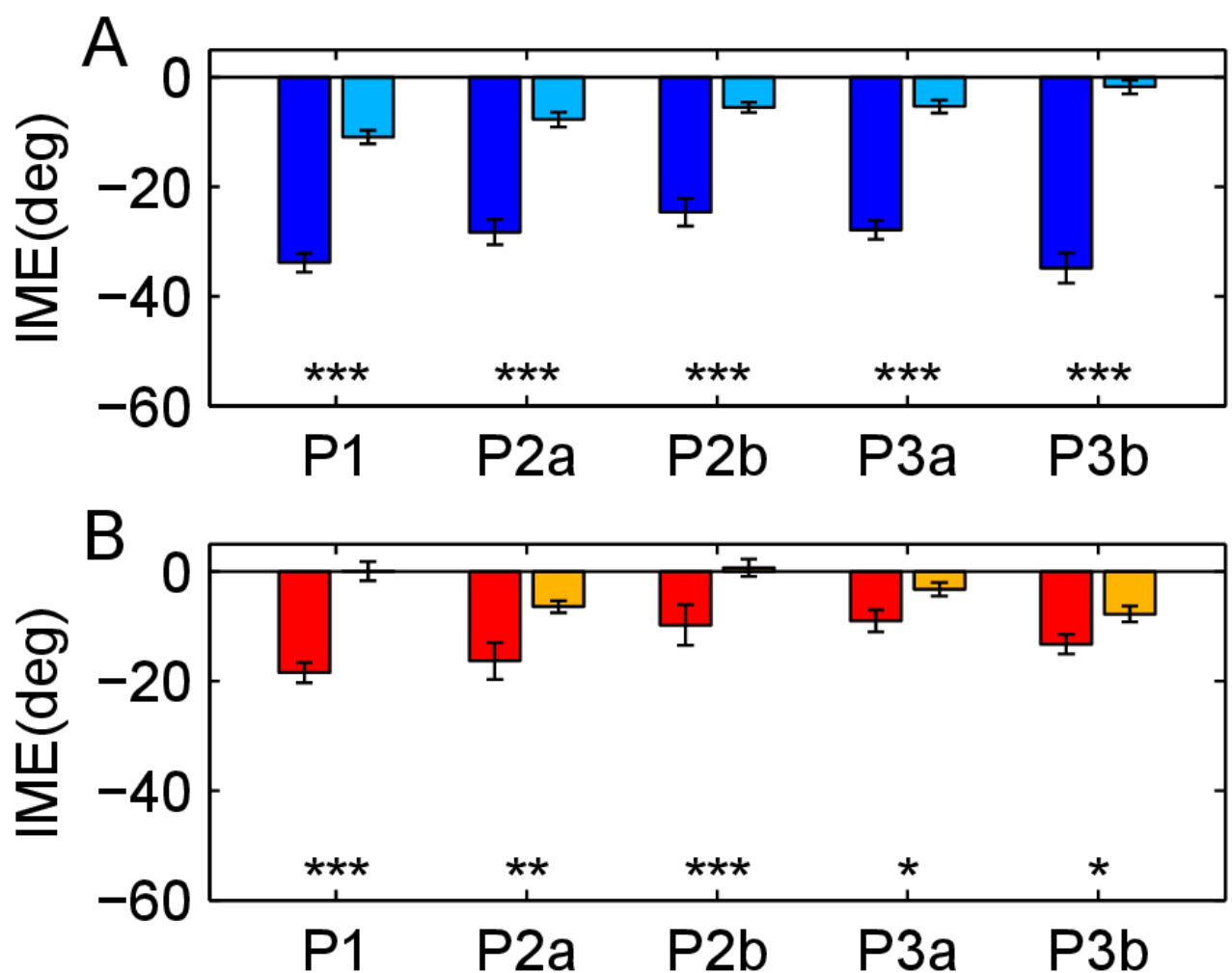


* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$

Figure 8

Differences in Performance at the Beginning and the End of the Washout Block

(A) Forward movements. (B) Backward movements. For color legend and significance levels see Figure 6.

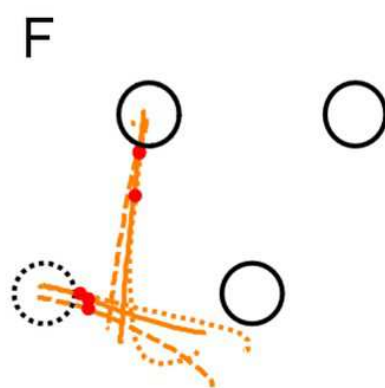
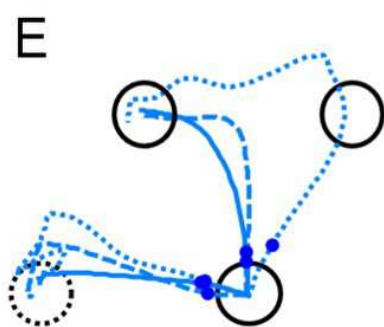
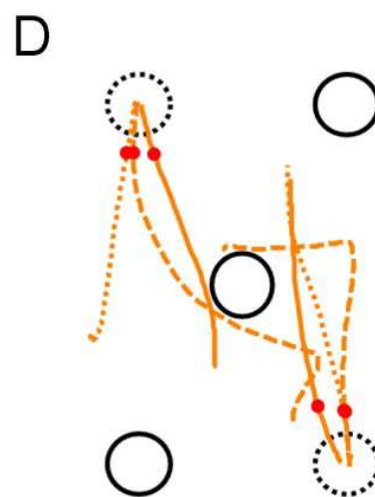
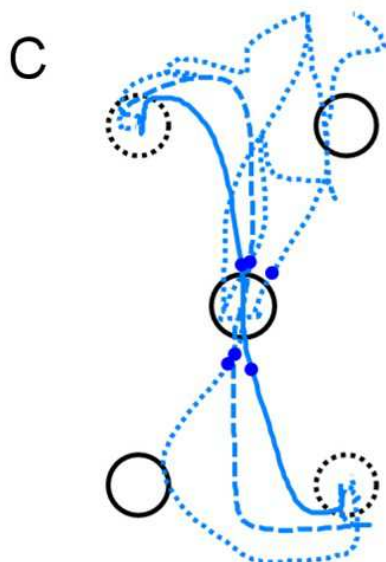
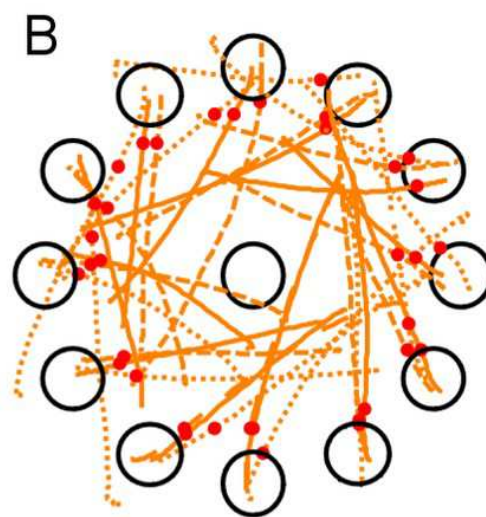
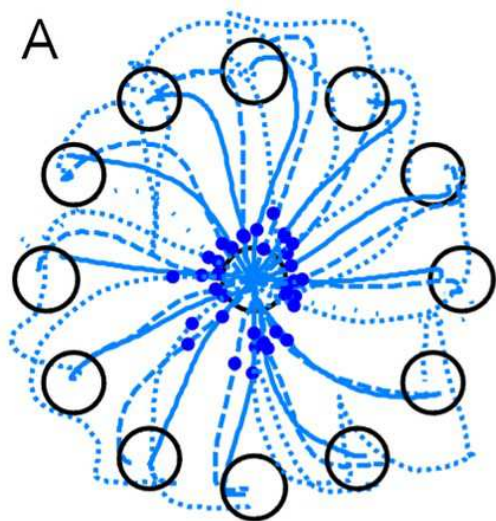


- Forward errors / beginning of block
- Forward errors / end of block
- Backward errors / beginning of block
- Backward errors / end of block

Figure 9

Exemplary trajectories during different stages of learning

Trajectories are shown for one representative subject from each of the three experimental groups. Dotted lines denote the first successful trial, dashed lines a trial during learning (the 8th trial) and the solid lines one of the last successful trials in the block (the 17th in the first experiment, the 173rd for the second and third). (A) Forward movements in paradigm 1. (B) Backward movements in paradigm 1. (C) Forward movements in paradigm 2. (D) Backward movements in paradigm 2. (E) Forward movements in paradigm 3. (F) Backward movements in paradigm 3. The red and blue dots show at what moment initial movement errors were detected in the respective trials (see methods). Locations of the rotated targets are given by the dashed target-circles. All trajectories are shown in hand-space.



5 cm