

# Effects of number of parallel runs and frequency of bias-strength replacement in generalized ensemble molecular dynamics simulations

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**Method.** In this study, we performed multicanonical MD simulations for a foldable mini-protein (Trp-cage) and two unstructured peptides (8- and 20-residue poly-glutamic acids) with various settings.

**Results.** As a result, running many short simulations yielded robust results for the Trp-cage model. Regarding the frequency of the bias-potential replacement, although using a high frequency enhanced the traversals in the potential energy space, it did not promote conformational changes in all the systems.

# Effects of number of Parallel Runs and Frequency of Bias-Strength Replacement in Generalized Ensemble Molecular Dynamics Simulations.

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## Abstract

**Background.** The generalized ensemble approach with the molecular dynamics (MD) method has been widely utilized. This approach usually has two features. (i) A bias potential, whose strength is replaced during a simulation, is applied. (ii) Sampling can be performed by many parallel runs of simulations. Although the frequency of the bias-strength replacement and the number of parallel runs can be adjusted, the effects of these settings on the resultant ensemble remain unclear.

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## Introduction

In the past several decades, the molecular dynamics (MD) method has been widely applied to investigate the microscopic behavior of molecular systems. Although advances in high-performance computing technology have extended the timescale that is reachable by MD

39 simulations (Salomon-Ferrer et al., 2013; Shaw et al., 2014; Abraham et al., 2015), there is still a  
40 large gap from experimental measurements. In particular, it is not straightforward to characterize  
41 the free-energy landscape (FEL) of a complex molecular system, because the characteristics of  
42 conformational ensembles obtained via canonical MD simulations largely depend on the initial  
43 conditions. To solve this problem, the generalized ensemble (GE) approach has been extensively  
44 developed and applied to the MD method. The GE approach enhances the conformational  
45 sampling using some tricks. First, in many GE methods, the conformational sampling can be  
46 performed with many parallel runs of simulations in a coupled or independent manner. For  
47 example, the replica-exchange MD (REMD) method (Sugita & Okamoto, 1999) involves  
48 performing many simulations of the same system, i.e., replicas, with different temperatures. The  
49 replicas with adjacent temperatures are coupled by exchanging their temperatures via Monte  
50 Carlo trials. On the other hand, the multicanonical MD (McMD) method (Nakajima, Nakamura  
51 & Kidera, 1997) can be performed by multiple independent runs, and a resultant ensemble is  
52 obtained by concatenating the trajectories of these runs (Ikebe et al., 2010). Second, the GE  
53 approach generates a non-Boltzmann distribution by applying bias potential, e.g., heating/cooling  
54 in the entire system or a part of the system, scaling the potential energies, and applying spring  
55 potentials for parts of system. These biases enhance the conformational changes of molecules  
56 and avoid trapping the molecular system at local minima in the FEL. During a simulation, the  
57 strength of the bias is frequently replaced, and the system alternates between different bias  
58 conditions. After simulations, a canonical ensemble can be obtained by reweighting each  
59 snapshot in the sampled conformational ensemble (Souaille & Roux, 2001; Shirts & Chodera,  
60 2008).

61 For using these two features, users must adjust some settings. First, the number of runs is  
62 an adjustable parameter. In the case of the REMD method, using a larger number of replicas  
63 allows wider overlaps of the energy distributions between adjacent replicas and results in a  
64 higher acceptance probability. However, increasing the number of runs proportionally increases  
65 the computational costs. Users must choose the optimal balance between the number of runs and  
66 the length of each run according to the available computational resources. Previously, Ikebe et al.  
67 reported that an increase in the number of independent runs of McMD yields efficient  
68 exploration of a wider area of the conformational space. (Ikebe et al., 2010) However, the  
69 balance between the number of runs and the length of each run has not been discussed. Second,  
70 the frequency of the bias-strength replacement is also adjustable. In the REMD method, the  
71 frequency of replica-exchange trials must be specified by users. Other methods using a  
72 continuous bias strength, e.g., McMD and adaptive umbrella sampling (AUS), can control the  
73 frequency of bias-strength replacement by using the virtual-system coupling scheme, (Higo,  
74 Umezawa & Nakamura, 2013; Higo et al., 2015) as described later. It is reported that the  
75 frequency of the bias-strength replacement affects the resultant ensembles for the REMD  
76 method. Although higher frequencies enhance the traversals in the temperature space, they are  
77 suspected as an origin of artifacts. (Periole & Mark, 2007; Sindhikara, Meng & Roitberg, 2008;  
78 Rosta & Hummer, 2009; Sindhikara, Emerson & Roitberg, 2010; Jani, Sonavane & Joshi, 2014;

79 Iwai, Kasahara & Takahashi, 2018) Although the effects of these features have been examined,  
80 these studies were mainly based on simple model peptides with helix–coil transitions. The effects  
81 of the features for more practical cases, e.g., a protein folding–unfolding transition, are not fully  
82 understood. More importantly, the relationship between these effects and the complexities of  
83 molecular systems, e.g., the degree of freedom and ruggedness of the free-energy landscape, are  
84 expected to be revealed.

85 In this study, we aim to elucidate the effects of the number of runs and the bias-replacing  
86 frequency for the GE method on the resultant conformational ensembles of molecular models  
87 including a foldable mini-protein and disordered model peptides. We utilized the trivial-  
88 trajectory parallelized virtual-system coupled McMD (TTP-V-McMD) method (Ikebe et al.,  
89 2010; Higo, Umezawa & Nakamura, 2013), which is a variant of the McMD method, for  
90 simulating the three molecular models with an explicit solvent: (i) Trp-cage, (ii) 8-residue poly-  
91 glutamic acid (PGA8), and (iii) 20-residue poly-glutamic acid (PGA20). We chose these models  
92 as test cases to examine the simulation conditions because they are sufficiently small for  
93 elucidating their conformational ensembles within a practical computational time in addition to  
94 the fact that their structural properties have been well studied thus far. Trp-cage, which is a mini-  
95 protein consisting of 20 amino acids, has been widely studied as a prominent model of protein  
96 folding. (Ahmed et al., 2005; Péter Hudáky et al., 2007; Hałabis et al., 2012) Poly-glutamic acids  
97 have been used as model peptides to characterize the conformational properties of polypeptides.  
98 (Clarke et al., 1999; Kimura et al., 2002; Finke et al., 2007; Donten & Hamm, 2013; Ogasawara  
99 et al., 2018) We analyzed their FELs under various parameter settings to provide a guide for  
100 adjusting these parameters for the GE methods. The questions to be answered are as follows:  
101 “Which condition is more efficient: many short simulations or a small number of long-term  
102 simulations?” and “Which is better: frequent or less frequent replacement of the bias strength?”.  
103 Moreover, we discuss the relationship between the relaxation of the energy and that of the  
104 protein conformation. While the McMD method enhances the relaxation in the energy space, it is  
105 not guaranteed to enhance the relaxation in the conformational space. We analyzed these two  
106 relaxation processes using the McMD trajectories calculated with the various settings.

107

## 108 **Materials & Methods**

109 We calculated the FELs of the three explicitly solvated molecular models: Trp-cage, PGA8, and  
110 PGA20, by using the TTP-V-McMD method with various settings. The theory of McMD,  
111 virtual-system coupled McMD (V-McMD), and trivial-trajectory parallelization (TTP) is briefly  
112 presented in the following subsections. Then, the simulation protocol applied in this study is  
113 described.

114

### 115 **McMD**

116 The McMD method efficiently explores the conformational space of a molecular system, by  
117 applying a biasing energy term. The Hamiltonian  $H$  of the system is

$$118 \quad H = K + E_{mc}, \quad (1)$$

119 where  $K$  and  $E_{mc}$  denote the kinetic energy and multicanonical energy, respectively.  $E_{mc}$  is  
 120 defined as follows:

$$121 \quad E_{mc} = E + RT \ln P_c(E, T), \quad (2)$$

122 where  $E$  is the potential energy, and the second term corresponds to the bias potential.  $R$  is the  
 123 gas constant, and  $P_c(E, T)$  denotes the canonical distribution at the temperature  $T$ :

$$124 \quad P_c(E, T) = \frac{n(E) \exp\left(-\frac{E}{RT}\right)}{Z_c(T)}, \quad (3)$$

125 where  $n(E)$  denotes the density of states, and  $Z_c(T)$  is the partition function of the canonical  
 126 distribution at the temperature  $T$ . With this definition, the potential energy distribution of an  
 127 ensemble obtained from the McMD, or the multicanonical distribution,  $P_{mc}(E)$ , becomes  
 128 uniform:

$$129 \quad P_{mc}(E) = \frac{n(E) \exp\left(-\frac{E_{mc}}{RT}\right)}{Z_{mc}(T)} = \frac{n(E) \exp\left(-\frac{E}{RT}\right)}{P_c(E, T) Z_{mc}(T)} = \frac{Z_c(T)}{Z_{mc}(T)} = \text{const.}$$

$$130 \quad (4)$$

131 As a result, the McMD method performs a random walk in the potential energy space and  
 132 generates a uniform distribution of potential energy in a resultant ensemble. After a  
 133 multicanonical ensemble is obtained, a canonical ensemble at any temperature in a sampled  
 134 energy range can be generated by reweighting the probability of existence of each snapshot.  
 135 Eqs. (3) and (4) include an analytical form of  $n(E)$ , which is usually unknown *a priori*.  
 136 Therefore,  $n(E)$  is approximated as a parametric function, e.g., the polynomial function, and its  
 137 parameters are estimated by iterations of McMD simulations to make  $P_{mc}(E)$  near-uniform. In the  
 138  $i^{\text{th}}$  iteration, the bias potential is calculated using Eq. (2) with the canonical distribution obtained  
 139 from the  $(i-1)^{\text{th}}$  iteration, i.e.,  $P_c^{i-1}(E, T)$ . As the result of the  $i^{\text{th}}$  iteration, we obtain  $P_{mc}^i(E)$ .  $P_c^i$   
 140  $(E, T)$  can be calculated as

$$141 \quad P_c^i(E, T) = P_{mc}^i(E) P_c^{i-1}(E, T). \quad (5)$$

142 See Ref. (Higo et al., 2012) for details.

143

#### 144 V-McMD

145 V-McMD introduces a virtual system, which interacts with the molecular system, and the  
 146 multicanonical ensemble is calculated for the entire system consisting of these two subsystems.  
 147 (Higo, Umezawa & Nakamura, 2013) In practice, this method can be roughly interpreted as a  
 148 combination of McMD and the simulated tempering method. The simulated tempering method  
 149 replaces the system temperature with the Metropolis criterion and performs a canonical  
 150 simulation until the next replacement trial. On the other hand, in V-McMD, the potential energy  
 151 space is split into several regions (Figure S1), and the molecular system is trapped in one of these  
 152 regions. With a certain time interval ( $t_{VST}$ ), the molecular system replaces the region to be  
 153 trapped. The state variable governing which region traps the molecular system is called the  
 154 “virtual state,” and the system defined by the virtual state is called the “virtual system.” The  
 155 energy range of each virtual state is defined to be overlapped with the adjacent virtual states.

156 When the molecular system has the potential energy  $E_k$  in the overlapped region of the  $i^{\text{th}}$  and  
157  $(i+1)^{\text{th}}$  virtual states, the state transition between these two virtual states can occur. Because this  
158 transition does not change the atomic coordinates or potential energy, the Metropolis criterion of  
159 this state transition is always satisfied. The time interval of virtual-state transitions ( $t_{\text{VST}}$ ) should  
160 be determined arbitrarily by users. See Ref. (Higo, Umezawa & Nakamura, 2013) for details.

161

## 162 TTP

163 According to the theory of TTP, trajectories of multiple independent McMD runs with the same  
164 molecular system and different initial conditions can be treated as a single trajectory of an  
165 McMD simulation by concatenating the trajectories in an arbitrary order. This theory requires the  
166 condition that the initial coordinates of each run are sampled from the multicanonical  
167 distribution. Because the initial coordinates of production runs can be obtained from the near-  
168 uniform potential energy distribution generated by iterative simulations, it is expected that this  
169 condition holds. The McMD method with the TTP theory, which is called the TTP-McMD  
170 method, can be considered as a hybrid Monte Carlo sampler, by assuming that the system  
171 transitions from the last snapshot of the  $i^{\text{th}}$  run (the microscopic state  $m_{i|}$ ) to the first snapshot of  
172 the  $j^{\text{th}}$  run (the microscopic state  $m_{j|}$ ) via a Monte Carlo step (Figure S2). See Ref. (Ikebe et al.,  
173 2010) for details.

174

## 175 Simulation protocol

176 We studied the three molecular systems, which are Trp-cage, PGA8, and PGA20 in an explicitly  
177 solvated cubic periodic boundary cell, by using the TTP-V-McMD method. Random coil  
178 structures of Trp-cage, PGA8, and PGA20 were constructed using the Modeller software (Webb  
179 & Sali, 2016) without any template. The termini of the PGAs were capped with acetyl and N-  
180 methyl groups, and the termini of the Trp-cage were not capped. Each of these molecular models  
181 was placed into a cubic box filled by water molecules; the number of water molecules were  
182 5,097, 2,879, and 3,800 for Trp-cage, PGA8, and PGA20, respectively. In addition, a Cl<sup>-</sup> ion was  
183 added to the Trp-cage model to cancel the net charge of the system. The net charge of the PGA  
184 models was zero because all the Glu residues were protonated.

185 The system was relaxed by using the GROMACS software. (Pronk et al., 2013) Energy  
186 minimizations were successively applied using the steepest descent and conjugate gradient  
187 methods. Then, an MD simulation under a constant-pressure ensemble with the Berendsen  
188 barostat was performed for 1 ns. In the first half of the simulation, gradual heating from 10 to  
189 300 K was applied. In the simulation, the positions of the heavy atoms of the Trp-cage were  
190 restrained, the bond lengths were not constrained, and the integration time step ( $\Delta t$ ) was 0.5 fs.  
191 Subsequently, an additional constant-pressure relaxation was applied for 1 ns with  $\Delta t = 2.0$  fs,  
192 and the covalent bonds to hydrogen atoms were constrained using the LINCS method. (Hess et  
193 al., 1997; Hess, 2008) The final configuration of each model was used for the TTP-V-McMD  
194 simulations. The cell dimensions of these configurations were 54.0378 Å, 44.6116 Å, and  
195 49.1174 Å for Trp-cage, PGA8, and PGA20, respectively.

196 For each model, the following steps were performed using our MD simulation program,  
197 which is called myPresto/omegagene and is tailored for GE simulations. (Kasahara et al., 2016)  
198 The protein conformation was randomized with a constant-temperature simulation at 800 K. By  
199 using 30 snapshots taken from a trajectory with an interval of 300 ps, 30 independent runs were  
200 simulated with a gradual decrease in the temperature from 629 to 296 K to estimate the density  
201 of states. Successively, the TTP-V-McMD simulations were iteratively performed while  
202 updating the estimation of the density of states. (Higo, Umezawa & Nakamura, 2013) A total of  
203 84 production runs were performed ( $N_{\text{run}} = 84$ ) for each of three different interval times for the  
204 virtual-state transitions ( $t_{\text{VST}}$ ) meaning the interval times for bias-potential replacement:  $t_{\text{VST}} =$   
205 0.002 ps ns,  $t_{\text{VST}} = 0.2$  ps, and  $t_{\text{VST}} = 20$  ps. The simulation length of each run ( $t_{\text{run}}$ ) was 50 ns  
206 except for the Trp-cage model with  $t_{\text{VST}} = 0.2$  ps,  $t_{\text{run}}$ , of which the simulation length was 200 ns.  
207 In total, 50.4  $\mu\text{s}$  of trajectories were simulated as production runs. The virtual system was  
208 divided into seven states that cover the energy range corresponding to the canonical distribution  
209 from 296 to 629 K (Table S1). The velocity scaling method (Berendsen et al., 1984) was applied  
210 to maintain the system temperature.

211 For the potential parameters, the AMBER ff99SB-ILDN force field, (Lindorff-Larsen et  
212 al., 2010) the ion parameter presented by Joung and Cheatham, (Joung & Cheatham, 2008) and  
213 the TIP3P water model (Jorgensen et al., 1983) were applied. The electrostatic potential was  
214 calculated using the zero-multipole summation method, which is a non-Ewald scheme. (Fukuda,  
215 2013; Fukuda, Kamiya & Nakamura, 2014) The zero-dipole condition with the damping factor  $\alpha$   
216 = 0 was used. (Fukuda, Yonezawa & Nakamura, 2011; Fukuda et al., 2012)

217

### 218 **Comparison of simulated ensembles among different settings**

219 On the basis of the trajectories obtained from of the TTP-V-McMD production runs, the effects  
220 of the simulation conditions, i.e., the time interval for bias-strength replacement ( $t_{\text{VST}}$ ), the  
221 number of independent runs ( $N_{\text{run}}$ ), and the simulation time of each run ( $t_{\text{run}}$ ), were assessed.  
222 For the Trp-cage model, we analyzed the FEL for various conformational ensembles on the basis  
223 of the two structural parameters: the root-mean-square deviation (RMSD) of C $\alpha$  atoms from the  
224 native conformation (PDB ID: 1L2Y, model 1), which is denoted as  $RMSD_{\text{native}}$ , and the radius of  
225 gyration ( $R_g$ ). The FEL is visualized as the map of the potential of mean forces (PMF) on the  
226 plane defined by these two parameters. We defined the *reference* ensemble as the ensemble  
227 calculated for the conditions of  $t_{\text{run}} = 200$  ns,  $N_{\text{run}} = 84$ , and  $t_{\text{VST}} = 0.2$  ps, because it is expected  
228 to have the highest reliability owing to its abundance of samples (it comprises a total of 16.8  $\mu\text{s}$   
229 of simulations). The FELs analyzed in various conditions were compared with the reference FEL  
230 with regard to the Pearson correlation coefficient of the PMF ( $PCC_{\text{PMF}}$ ). To calculate the  
231  $PCC_{\text{PMF}}$  for a pair of FELs, bins without samples in one of the two FELs were ignored. In  
232 addition, the probability of the existence of the native conformations in each ensemble ( $P_{\text{native}}$ )  
233 was measured to characterize each ensemble. The native conformations are defined as the  
234 conformations with  $RMSD_{\text{native}} \leq 2.0$  Å.

235 For the PGA models, the FELs were analyzed using principal component analysis (PCA)  
236 based on the C $\alpha$ –C $\alpha$  distances (28 and 190 dimensions for PGA8 and PGA20, respectively). The  
237 PCAs were performed using aggregations of trajectories with all the three  $t_{\text{VST}}$  conditions for  
238 each model. For each  $t_{\text{VST}}$  condition, the ensemble calculated from the entire trajectory ( $t_{\text{run}} = 50$   
239 ns and  $N_{\text{run}} = 84$ ) was considered as the reference ensemble. The FELs were compared with  
240 regard to  $PCC_{\text{PMF}}$ , similar to the Trp-cage case.

241 To assess the effects of  $N_{\text{run}}$  and  $t_{\text{run}}$ ,  $PCC_{\text{PMF}}$  (and  $P_{\text{native}}$  for the Trp-cage model) were  
242 calculated for ensembles with subsets of the reference trajectories. Because there are many  
243 possibilities to pick  $N_{\text{run}}$  runs from 84 runs and  $t_{\text{run}}$ -length trajectories from the entire set of  
244 trajectories, we analyzed them by using the bootstrap approach. We constructed an ensemble by  
245 taking a random sampling of  $N_{\text{run}}$  runs from 84 runs with replacement and repeated it 100 times.  
246 The statistics over the 100 ensembles were analyzed via simulation with this  $N_{\text{run}}$  setting. This  
247 process was repeatedly performed for  $N_{\text{run}} = 1, 2, \dots, 84$ . For the case of  $t_{\text{run}}$ , the trajectories were  
248 split into 5-ns bins, and an ensemble was constructed by taking a random sampling of  $t_{\text{run}}/5$  bins  
249 with replacement. We confirmed that the results of the bootstrap analyses with 100 and 200  
250 samples were consistent (Figure S3).

251 The sampling efficiency was measured in terms of the frequency of traversals between  
252 low- and high-energy regions, which were defined as the ranges  $[E_{\text{min}}, E_{\text{low}}]$  and  $[E_{\text{high}}, E_{\text{max}}]$ ,  
253 respectively. Here,  $E_{\text{min}}$  and  $E_{\text{max}}$  denote the minimum and maximum potential energies in all the  
254 trajectories, respectively, and  $E_{\text{low}}$  and  $E_{\text{high}}$  are defined as follows.

$$255 \quad E_{\text{low}} = E_{\text{min}} + X(E_{\text{max}} - E_{\text{min}}) \quad (6)$$

$$256 \quad E_{\text{high}} = E_{\text{max}} - X(E_{\text{max}} - E_{\text{min}}) \quad (7)$$

257  $X$  is an arbitrary parameter in the range of 0 to 0.5. We assessed  $X = 0.2$  and 0.3. The traversal  
258 frequency  $F_{\text{travers}}^E$  was calculated as the number of traversals between the two energy regions  
259 during 1.0 ns. The traversal frequencies of  $RMSD_{\text{native}}$  and  $R_g$  ( $F_{\text{travers}}^{RMSD}$  and  $F_{\text{travers}}^{R_g}$ ,  
260 respectively) were also analyzed.

261

## 262 Results

263 In the first part of this section, the results of the Trp-cage model are described. The reference  
264 ensemble is characterized in the subsection, “FEL of folding–unfolding equilibrium of Trp-  
265 cage”. Next, the effects of the parameters  $t_{\text{run}}$ ,  $N_{\text{run}}$ , and their balances are discussed in the  
266 successive subsections: “Effects of simulation time for each run,” “Effects of number of  
267 independent runs,” and “Balance between simulation time and number of runs,” respectively.  
268 Subsequently, the effects of the other parameter  $t_{\text{VST}}$  are discussed in the subsection, “Effects of  
269 frequency of bias-strength replacement.” Additionally, the following subsection, “Effects of  
270 system complexity” describes the results of the PGA8 and PGA20 models and compares them  
271 with those of the Trp-cage model.

272

### 273 FEL of folding–unfolding equilibrium of Trp-cage

274 For the Trp-cage model, we performed 34 iterations of TTP-V-McMD simulations while  
275 updating the estimation of the density of states,  $n(E)$ , and obtained a near-uniform energy  
276 distribution (Figure S4). On the basis of this estimation, we performed production runs with  $N_{\text{run}}$   
277 = 84,  $t_{\text{run}} = 200$  ns, and  $t_{\text{VST}} = 0.2$  ps. This is called the reference setting hereinafter. The resultant  
278 canonical ensemble reweighted at 300 K is referred to as the reference ensemble.

279 The FEL of the reference ensemble projected on the  $RMSD_{\text{native}}-R_g$  plane is shown in  
280 Figure 1A. The most stable basin corresponds to the native structure consisting of an  $\alpha$ -helix at  
281 the N-terminus, a  $3_{10}$ -helix at the middle, and a loop region at the C-terminus (the secondary  
282 structural elements were recognized by using the DSSP software) (Kabsch & Sander, 1983). For  
283 example, the  $RMSD_{\text{native}}$  of one of the most probable structures in this basin was 0.994 Å (Figure  
284 1B). The energy barrier (approximately 3.3 kcal/mol) was observed at  $RMSD_{\text{native}} \approx 3$  Å in a low-  
285  $R_g$  regime. Around this barrier, the  $3_{10}$ -helix at the middle of the peptide chain was partially  
286 deformed; this deformation can be the first step of an unfolding process (Figure 1C). The details  
287 of the unfolding pathway are not discussed in this paper. The second basin was widely spread  
288 around  $RMSD_{\text{native}} = 4-7$  Å and  $R_g = 7-9$  Å. This corresponds to the unfolded state, and examples  
289 of the unfolded structures taken from this basin are shown in Figures 1E and F. The difference in  
290 the PMF between the bottoms of the first and second stable basins was 1.014 kcal/mol, and the  
291 population of the native conformations ( $P_{\text{native}}$ ) was 22.37%. The landscape is qualitatively  
292 similar to that calculated using the REMD method reported by another group (Day, Paschek &  
293 Garcia, 2010). Our TTP-V-McMD simulation successfully identified the native structure as the  
294 most stable basin in the energy landscape, by using the reference setting.

295

### 296 Effects of simulation time for each run

297 The FELs of the Trp-cage model were drawn for a variety of  $t_{\text{run}}$  values under the condition of  
298  $N_{\text{run}} = 84$  and compared with the reference FEL. The FELs based on the trajectories of 0–25, 0–  
299 50, and 0–100 ns are shown in Figures 2A, B, and C, respectively. The overall geometries of  
300 these FELs were qualitatively similar to the reference (Figure 1A); their  $PCC_{\text{PMF}}$  values were  
301 0.936, 0.936, and 0.994, respectively. The bootstrap statistics of  $PCC_{\text{PMF}}$  for each  $t_{\text{run}}$  value are  
302 summarized in Figure 2D. For  $t_{\text{run}} = 200$  ns, the bootstrap average and the standard deviation  
303 (SD) of  $PCC_{\text{PMF}}$  were 0.990 and 0.00720, respectively. Even in the worst case among 100  
304 randomly generated ensembles with  $t_{\text{run}} = 200$  ns,  $PCC_{\text{PMF}}$  was 0.966. From this condition, a  
305 decrease in  $t_{\text{run}}$  yielded a slow decay of  $PCC_{\text{PMF}}$ , and  $PCC_{\text{PMF}}$  reached 0.9 at  $t_{\text{run}} \approx 30$  ns, which  
306 corresponds to 15% of the samples in the reference. Further decreasing  $t_{\text{run}}$  resulted in a steep  
307 decrease of  $PCC_{\text{PMF}}$ . Along with the decrease of the bootstrap average of  $PCC_{\text{PMF}}$ , the SD was  
308 increased. This means that an insufficient simulation time causes a loss of robustness of the  
309 results.

310 In contrast to the fact that the  $PCC_{\text{PMF}}$  decays in a shorter  $t_{\text{run}}$  than the reference, the  
311 balance between the folded and unfolded states ( $P_{\text{native}}$ ) was almost constant regardless of  $t_{\text{run}}$   
312 (Figure 2E); the bootstrap average of  $P_{\text{native}}$  for  $t_{\text{run}} = 5-200$  ns was in the range of 0.220 to 0.225.  
313 However, the SD of  $P_{\text{native}}$  was reduced with the increase of  $t_{\text{run}}$ ; the SDs of  $P_{\text{native}}$  at  $t_{\text{run}} = 5, 50,$

314 and 200 ns were 0.0658, 0.0198, and 0.00838, respectively. The loss of robustness due to the  
315 insufficiency of the simulation time is demonstrated in terms of not only the similarity of the  
316 entire FEL but also the stability of the native fold.

317

### 318 **Effects of number of independent runs**

319 As in the previous subsection, the effects of the reduction of  $N_{\text{run}}$  on the FELs were assessed  
320 under the condition of  $t_{\text{run}} = 200$  ns. Examples of FELs with  $N_{\text{run}} = 10, 21,$  and  $42$  are shown in  
321 Figures 3A, B, and C, respectively; the  $PCC_{\text{PMF}}$  values were 0.637, 0.939, and 0.993,  
322 respectively. Although the positions and wideness of the basins were similar to the reference, the  
323 FELs with a smaller  $N_{\text{run}}$  were smoother and lacked small bumps on the landscapes. The  
324 bootstrap statistics of  $PCC_{\text{PMF}}$  for various  $N_{\text{run}}$  values (Figure 3D) were similar to those for  $t_{\text{run}}$   
325 (Figure 2D). The quantity of the samples required for  $PCC_{\text{PMF}} \geq 0.9$  was approximately one-  
326 fourth of the reference ( $N_{\text{run}} \approx 21$ ). The average (and the SD) of  $PCC_{\text{PMF}}$  at  $N_{\text{run}} = 21$  and  $42$  were  
327 0.906 (0.0733) and 0.956 (0.0399), respectively. Larger  $N_{\text{run}}$  values are needed to obtain robust  
328 results.

329 Regarding  $P_{\text{native}}$ , the influence of the reduction of  $N_{\text{run}}$  (Figure 3E) differed from that of  
330 the reduction of  $t_{\text{run}}$  (Figure 2E). A lower  $N_{\text{run}}$  resulted in the underestimation of the population of  
331 native conformations.  $P_{\text{native}}$  reached at plateau for  $N_{\text{run}} \geq 21$ . A certain number of runs was  
332 needed to obtain robust results, and  $t_{\text{run}} = 200$  ns was too short to reach equilibrium with a small  
333 number of trajectories for this system.

334

### 335 **Balance between simulation time and number of runs**

336 The evaluation for various  $t_{\text{run}}$  values with  $N_{\text{run}} = 84$  runs (Figure 2) and that for various  $N_{\text{run}}$   
337 values with  $t_{\text{run}} = 200$  ns (Figure 3) indicate that reducing  $t_{\text{run}}$  produced better results than  
338 reducing  $N_{\text{run}}$  if the cumulative simulation time ( $N_{\text{run}} \times t_{\text{run}}$ ) was the same. Figure 4 shows direct  
339 comparisons of the results, indicating that high- $N_{\text{run}}$  conditions resulted in a higher  $PCC_{\text{PMF}}$  and  
340 more similar values of  $P_{\text{native}}$  to the reference, with lower SDs, than long- $t_{\text{run}}$  conditions. In  
341 particular, the qualitative difference between the two strategies is shown by the mean of  $P_{\text{native}}$ .  
342 Reducing  $N_{\text{run}}$  resulted in the significant underestimation of the fold stability, but reducing  $t_{\text{run}}$   
343 did not.

344 In addition, we performed bootstrap analyses for all the combinations of 40- $t_{\text{run}}$  settings  
345 (5, 10, 15, ..., 200 ns) and 21- $N_{\text{run}}$  settings (4, 8, 12, ..., 84). The average values of  $PCC_{\text{PMF}}$  and  
346  $P_{\text{native}}$  in all the conditions are presented in Figures 5 and S5. The  $PCC_{\text{PMF}}$  was proportional to  
347  $\log(N_{\text{run}} \times t_{\text{run}})$ . While the trend of  $P_{\text{native}}$  is ambiguous, the use of a larger number of samples  
348 resulted in a higher  $P_{\text{native}}$ . In the case where only small amount of data was available, a lower  
349 ratio of  $t_{\text{run}}/N_{\text{run}}$  (purple plots in Figure 5) yielded better results.

350

### 351 **Effects of frequency of bias-strength replacement**

352 The parameter  $t_{\text{VST}}$  controls the frequency of the bias-strength switching in the TTP-V-McMD  
353 method. We investigated the effects of this parameter by comparing the TTP-V-McMD

354 simulations of the Trp-cage model under the three conditions— $t_{VST} = 0.002, 0.2,$  and  $20$  ps—  
355 with  $t_{run} = 50$  ns for  $N_{run} = 84$ .

356 Table 1 summarizes the frequency of traversals between high- and low-potential energy  
357 regimes ( $F_{trv}^E$ ), as defined in Eqs. (6) and (7) with  $X = 0.3$  and  $0.2$ , as well as the frequency of  
358 traversals between  $RMSD_{native}$  ( $F_{trv}^{RMSD}$ ) and  $R_g$  ( $F_{trv}^{Rg}$ ). The simulations with a shorter  $t_{VST}$   
359 resulted in faster traversals in the potential energy space, indicating that with a shorter  $t_{VST}$ , a  
360 wider potential energy range can be sampled in a shorter time. However, faster traversal in the  
361 potential energy space does not ensure faster transition of the protein conformation. For both  $X =$   
362  $0.2$  and  $0.3$ , although the setting of  $t_{VST} = 0.002$  ps yielded the highest  $F_{trv}^E$ , this condition did not  
363 yield a higher  $F_{trv}^{RMSD}$  and  $F_{trv}^{Rg}$  compared to when a longer  $t_{VST}$  was used. This result indicates  
364 that the relaxation of the conformation requires a longer time than that of the potential energy. If  
365 a strong bias is applied and the system takes a high-potential energy state, it can return to low-  
366 energy states before conformational changes. Therefore, a moderate speed for traversals in the  
367 potential energy space is ideal for efficient conformational sampling. In the case of  $X = 0.2$ ,  $t_{VST}$   
368  $= 0.2$  ps exhibited the most frequent conformational changes.

369 In addition, the resultant ensembles were slightly affected by the setting of  $t_{VST}$ . We  
370 analyzed  $P_{native}$  for ensembles of various  $t_{run}$  values with  $N_{run} = 84$  using the bootstrap method  
371 (Figure S6). The results for all three  $t_{VST}$  values showed similar trends, i.e., near-constant average  
372 values and the gradual decay of the SD with the increase of  $t_{run}$ . While  $t_{VST} = 0.2$  ps showed a  
373 smaller  $P_{native}$  than the other two  $t_{VST}$  settings, the difference was smaller than the SD. On the  
374 other hand, higher SD values were observed in the following order:  $t_{VST} = 0.2 > 20 > 0.002$  ps.  
375 This is consistent with the order of  $F_{trv}^{RMSD}$  and  $F_{trv}^{Rg}$  (Table 1). The result indicates that more  
376 frequent traversals between high- and low- $RMSD_{native}$  conformations make it possible to explore  
377 a wider region of the conformational space; thus, the population of the native conformation  
378 decreases, and the SD increases.

379 Regarding the  $PCC_{PMF}$  with the reference setting ( $t_{VST} = 0.2$  ps,  $N_{run} = 84$ , and  $t_{run} = 200$   
380 ns), the average  $PCC_{PMF}$  values at  $t_{run} = 50$  ns differed among different settings of  $t_{VST}$  (Figure  
381 S6). This indicates that changing  $t_{VST}$  yields subtle differences in the resultant ensemble.

382 Regarding the balance between  $t_{run}$  and  $N_{run}$ , the trends were similar for all the settings of  $t_{VST}$   
383 (Figure S7).

384

### 385 **Effects of system complexity: comparison with the PGA models**

386 We performed the same analyses for the molecular models of PGA8 and PGA20. In contrast to  
387 Trp-cage, these peptides did not exhibit a particular fold. The FELs of both PGA8 and PGA20  
388 were unimodal distributions, the basins of which consisted of a variety of collapsed  
389 conformations (Figure 6 for  $t_{VST} = 0.2$  ps). The ensembles included short secondary structural  
390 elements but they were unstable. Although the shape of the small bumps in the basins differed  
391 depending on the simulation conditions, the overall geometries of the FELs were similar (Figure  
392 S8 for  $t_{VST} = 0.002$  ps and  $20$  ps).

393           Regarding the balance between  $t_{\text{run}}$  and  $N_{\text{run}}$ , Figure 7 shows the bootstrap averages of  
394  $PCC_{\text{PMF}}$  between the ensemble calculated by the full-length trajectory ( $t_{\text{run}} = 50$  ns and  $N_{\text{run}} = 84$ )  
395 and those calculated by the reduced trajectories. No clear differences were found between the  
396  $PCC_{\text{PMF}}$  curve with reduced  $t_{\text{run}}$  and that with reduced  $N_{\text{run}}$  for both the PGA8 and PGA20  
397 (Figure 7 for  $t_{\text{VST}} = 0.2$  ps; Figure S9 for the other conditions). A small number of long  
398 simulations exhibited the similar efficiency as that of many short simulations. In addition, no  
399 significant differences were found between the results of PGA8 and PGA20. It is noteworthy that  
400 the conformational space of PGA20 is considerably wider than that of PGA8 and similar to that  
401 of Trp-cage, because the conformational space volume of polypeptides is determined primarily  
402 by their length. Therefore, we concluded that the effects of balance between  $t_{\text{run}}$  and  $N_{\text{run}}$  are  
403 determined by the complexity of the FEL (e.g., existence of the free-energy barrier) rather than  
404 the conformational space volume. An increase in the number of runs is more effective for a  
405 system with more complex FEL.

406           For the PGA models, the frequencies of traversals in the potential energy and  $R_g$  spaces  
407 ( $F_{\text{trv}}^E$  and  $F_{\text{trv}}^{Rg}$ , respectively) are summarized in Table 2. Both the PGA8 and PGA20 models  
408 yielded similar trends as the Trp-cage model (Table 1). Although frequent replacements of bias-  
409 potential strength enhanced the traversals in the potential energy space, they did not enhance the  
410 conformational changes in terms of  $R_g$ . This implies that the conformational changes are much  
411 slower than the potential energy changes even if there is no free-energy barrier exists in the  
412 landscape. However, in contrast to the Trp-cage case, the drawback of the frequent replacement,  
413 that is, slow traversals in the conformational space, is unclear in the case of PGA20.

414

## 415 Discussion

416 We examined the performance of the TTP-V-McMD method with regard to two adjustable  
417 settings: (i) the balance between the number of runs ( $N_{\text{run}}$ ) and the simulation length in each run  
418 ( $t_{\text{run}}$ ) and (ii) the frequency of the bias-strength switching ( $t_{\text{VST}}$ ). For (i), in the Trp-cage model  
419 including folding–unfolding transition, we found higher robustness of the conditions with a  
420 larger number of runs than with longer simulations. In particular, the probability of the existence  
421 of native conformations in a resultant ensemble ( $P_{\text{native}}$ ) was more sensitive to the condition than  
422 the entire similarity of the FEL. However, for the cases of PGAs without free-energy barrier in  
423 their FELs, no significant effect was shown in the balance between the number and length of  
424 simulations. Therefore, the optimal balance depended on the molecular system, and the  
425 complexity of the FELs was a key feature rather than the degree of freedom. In any case,  
426 increasing the number of simulations was recommended because it is not worse than increasing  
427 the length of each run. This result is practically useful because performing many parallel runs is  
428 easier than executing a single long simulation. While the result obtained here encourages  
429 performing many short runs, it requires the condition that the initial structures of the production  
430 runs are uniformly sampled from the multicanonical ensemble, whose energy distribution is  
431 uniform. (Ikebe et al., 2010) As our protocol samples the initial structures of the production runs  
432 from the previous iteration of the McMD, it is expected that this condition holds.

433 For (ii), whereas higher frequencies of bias-strength replacement enhance the sampling of  
434 a wider range of potential energy, they do not ensure the enhancement of the sampling of a wider  
435 range of conformations. This means that the enhancement of the sampling along one variable  
436 (e.g., potential energy or temperature) does not ensure the enhancement of the sampling along  
437 another variable (e.g., RMSD and  $R_g$ ). Rapid traversals in the energy space sometimes obtain a  
438 high energy and return to the low-energy regime before conformational change regardless of the  
439 existence of free-energy barrier in the FEL. A moderate frequency is needed to maximize the  
440 performance for any molecular system.

441 The findings that we obtained by applying the TTP-V-McMD method provide insight  
442 into the characteristics of many other GE methods. (i) For GE methods that involve running  
443 independent parallel simulations, e.g., simulated tempering and AUS, performing many short  
444 runs can be more effective than increasing the length of each run. For GE methods where parallel  
445 runs are coupled, e.g., the REMD method, this conclusion should not be simply applied. For  
446 example, an increase in the number of runs in the REMD method resulted in larger overlaps of  
447 the distributions of neighboring replicas, along with an increase in the acceptance probability of  
448 replica-exchange trials. Our previous evaluation for the REMD method showed that a larger  
449 number of replicas does not always yield better results. (Iwai, Kasahara & Takahashi, 2018) The  
450 number of runs should be adjusted independently from the coupling condition of the parallel  
451 runs; for example, the number of runs in a REMD simulation could be increased by performing  
452 two or more independent REMD simulations with different initial conformations, and  
453 aggregating the resultant ensembles. (ii) Regarding the frequency of the bias-strength  
454 replacement, the conclusion that the interval should be long enough to relax the conformation  
455 could be transferred to other GE methods. For the REMD methods, the effects of the interval for  
456 replica-exchange trials have been reported; while some studies recommended shorter intervals  
457 (Sindhikara, Meng & Roitberg, 2008; Sindhikara, Emerson & Roitberg, 2010), the side effects of  
458 highly frequent exchange trials have also been reported and were consistent to our result (Periole  
459 & Mark, 2007; Iwai, Kasahara & Takahashi, 2018).

460

461

462

## 463 Conclusions

464 In this study, the effects of two parameters of GE methods, i.e., (i) the balance between the  
465 number of runs ( $N_{\text{run}}$ ) and the simulation length in each run ( $t_{\text{run}}$ ) and (ii) the frequency of the  
466 bias-strength switching ( $t_{\text{VST}}$ ) were extensively examined with using all-atom explicit-solvent  
467 models of three polypeptides that are a foldable mini-protein and disordered peptides. We  
468 suggest a guide to adjust the setting for general molecular systems and GE methods. (i)  
469 Increasing in the number of runs should be prioritized rather than increasing the simulation  
470 length. (ii) Highly frequent replacements of the bias potentials may yield side effects because  
471 conformational relaxation was slower than potential energy relaxation. The time interval for  
472 replacement should be longer than or equal to 0.2 ps.

473

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480

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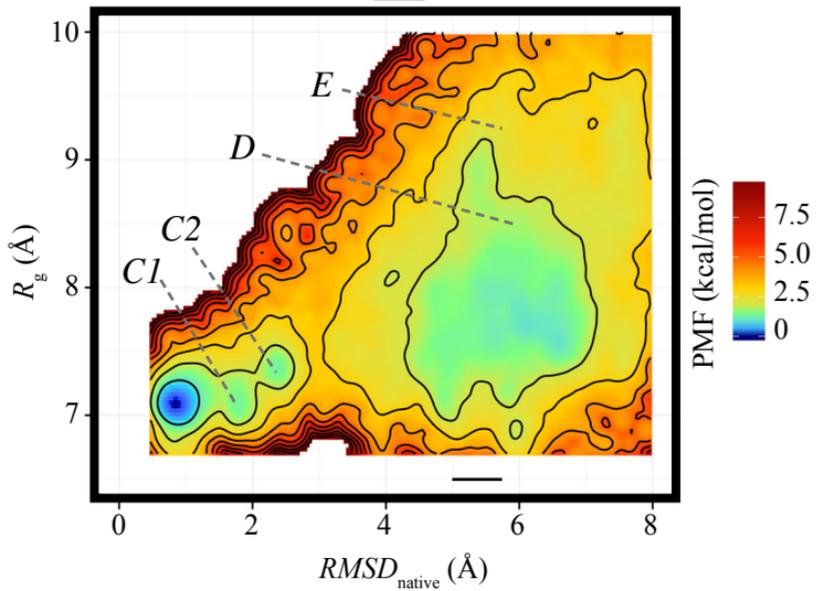
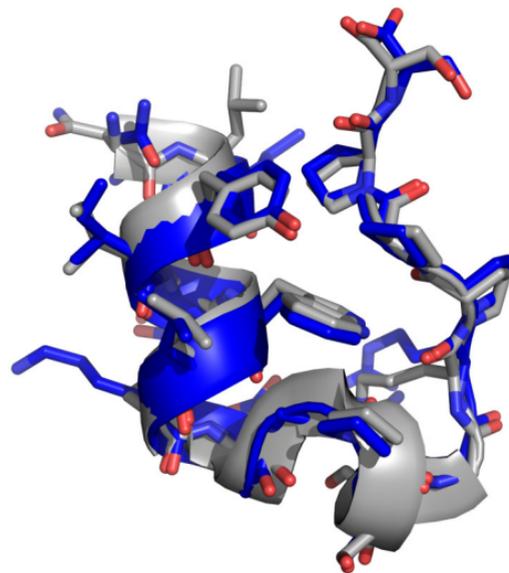
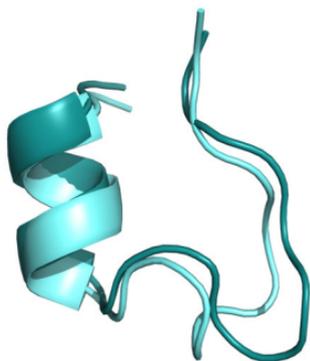
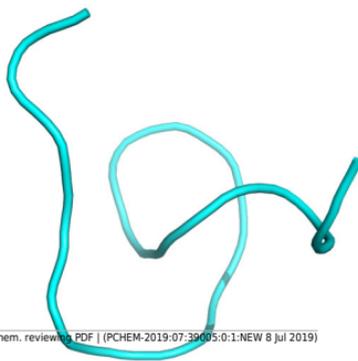
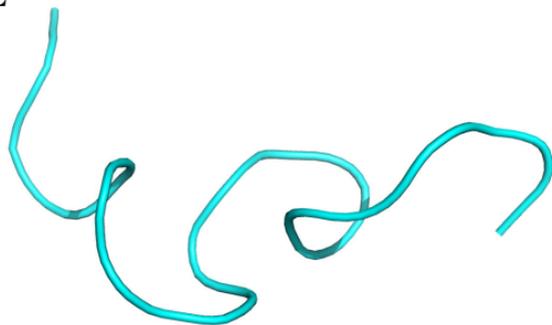
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- 606

## Figure 1 (on next page)

FEL calculated by the reference ensemble of Trp-cage.

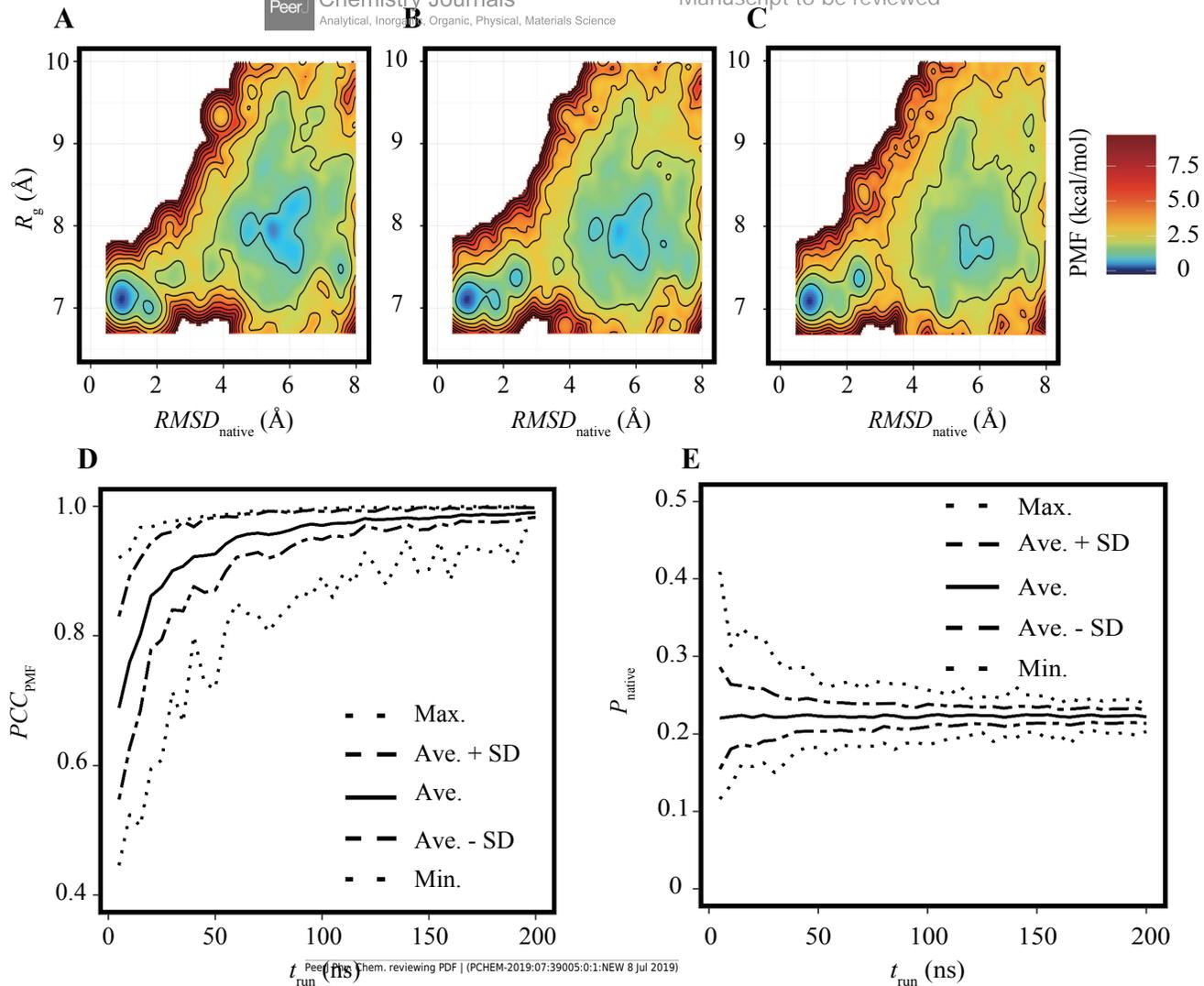
(A) FEL based on the  $RMSD_{\text{native}}-R_g$  plane. The color gradation indicates the PMF. (B) Snapshot taken from the first basin (blue) superimposed on the experimentally solved structure (gray; PDB ID: 1Y2L, model 1). (C) Examples of snapshots near the first basin. The structures colored dark cyan and light cyan correspond to the positions C1 and C2 marked in (A), respectively. (D, E) Examples of unfolded structures in the second basin. The positions of each snapshot on the FEL are marked in (A).

**A****B****C****D****E**

**Figure 2**(on next page)

FELs of Trp-cage for various  $t_{\text{run}}$  values with  $N_{\text{run}} = 84$ .

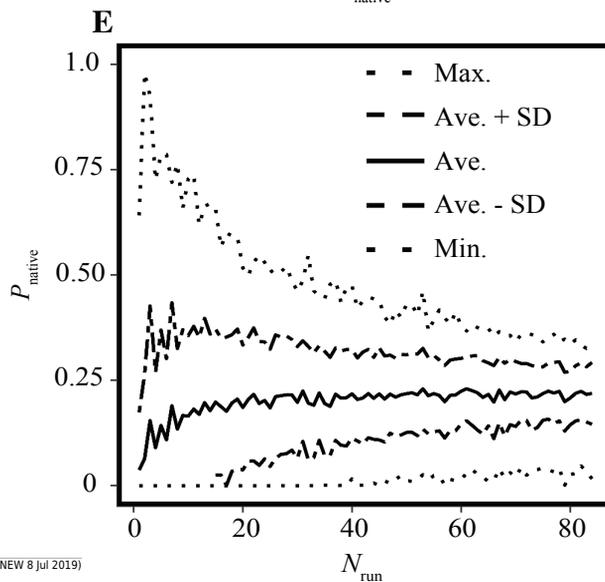
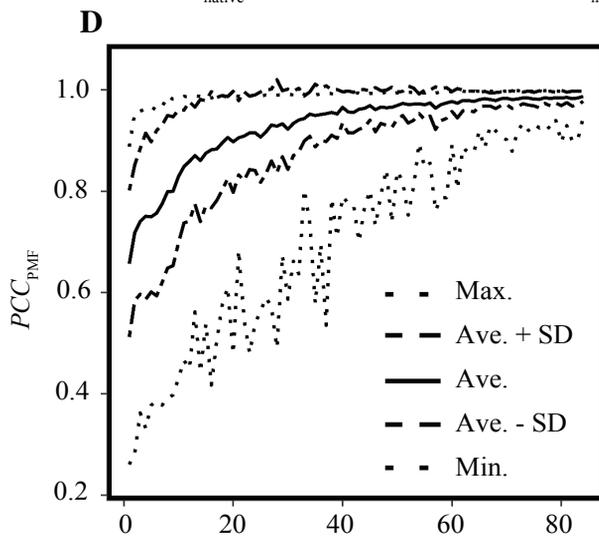
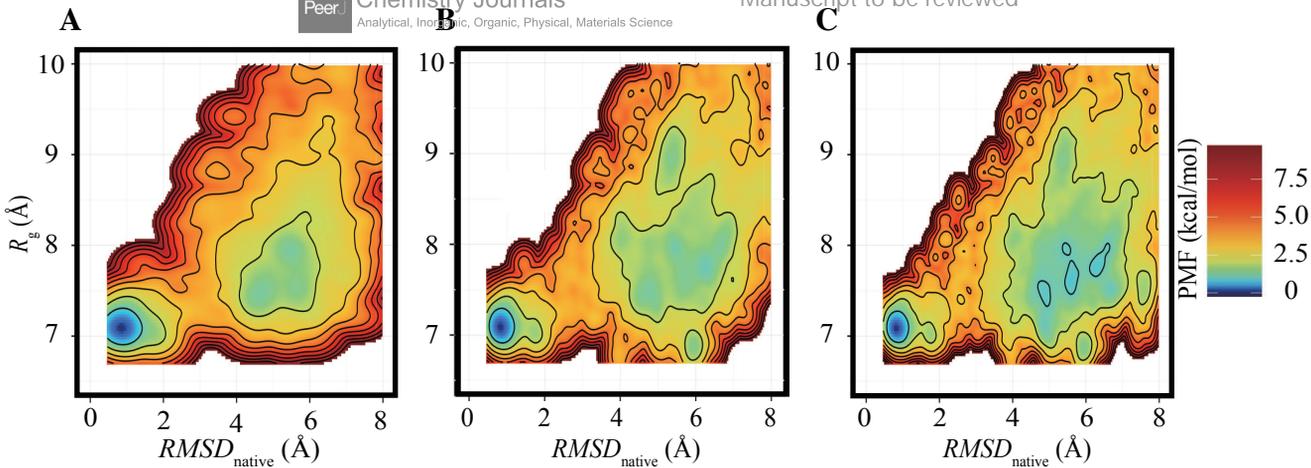
(A, B, C) FELs based on the trajectories of 0–25 ns (A), 0–50 ns (B), and 0–100 ns (C). (D) Bootstrap statistics of  $PCC_{\text{PMF}}$ . The solid line is the average, the dashed lines are the sum of the average and SD and the subtraction of the SD from average. The dotted lines indicate the maximum and minimum values among 100 randomly generated ensembles in each condition. (E) Statistics of  $P_{\text{native}}$  shown in the same scheme as (D).



**Figure 3**(on next page)

Characteristics of FELs of Trp-cage for smaller  $N_{\text{run}}$  values with  $t_{\text{run}} = 200$  ns.

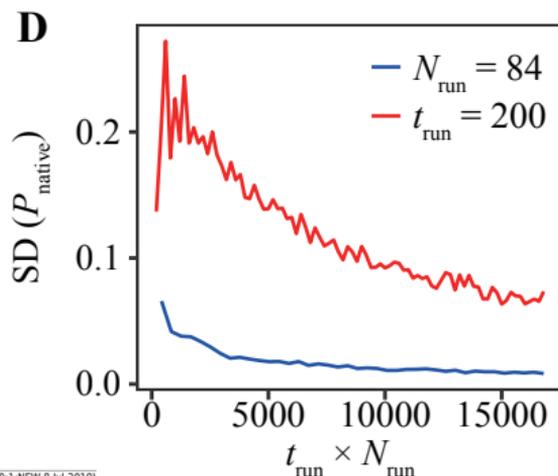
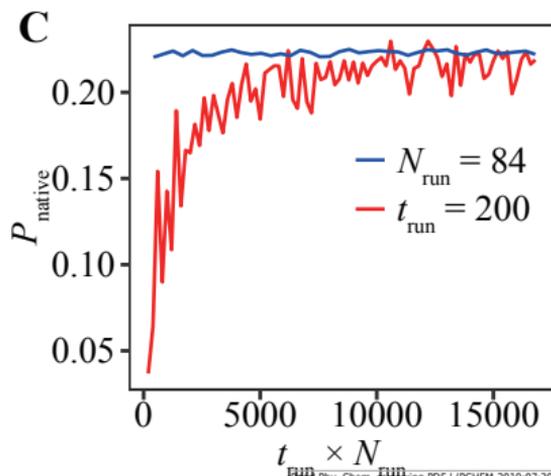
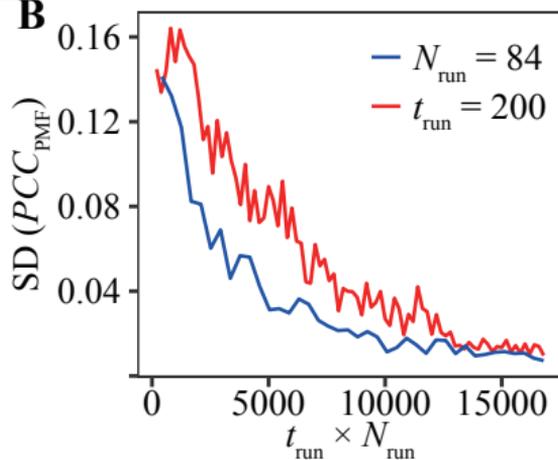
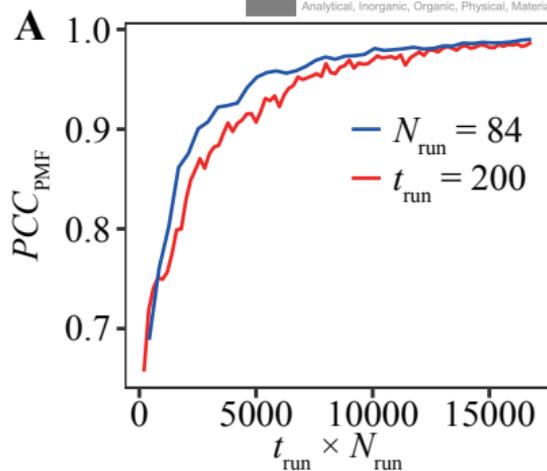
(A, B, C) Examples of FELs with  $N_{\text{run}} = 10$  (A),  $N_{\text{run}} = 21$  (B), and  $N_{\text{run}} = 42$  (C). (D, E) Bootstrap statistics of  $PCC_{\text{PMF}}$  (D) and  $P_{\text{native}}$  (E). See also the legend of Figure 2.



**Figure 4**(on next page)

Direct comparison between reducing  $t_{\text{run}}$  with the fixed- $N_{\text{run}}$  condition (blue line) and reducing  $N_{\text{run}}$  with the fixed- $t_{\text{run}}$  condition (red line) for the Trp-cage model.

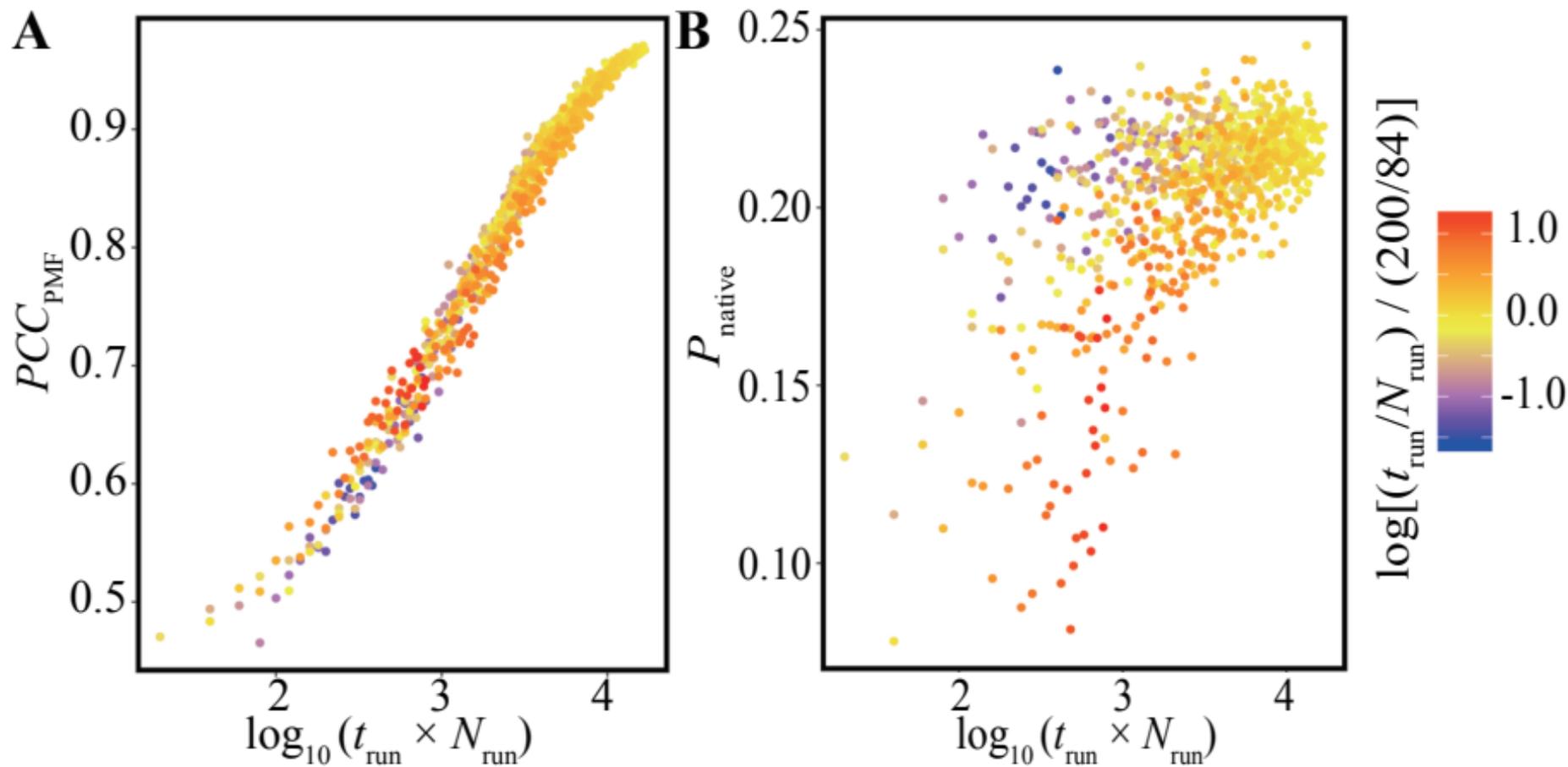
The vertical axes indicate (A) the average of  $PCC_{\text{PMF}}$ , (B) the SD of  $PCC_{\text{PMF}}$ , (C) the average of  $P_{\text{native}}$ , and (D) the SD of  $P_{\text{native}}$ . The horizontal axis indicates the accumulated simulation length ( $N_{\text{run}} \times t_{\text{run}}$ ).



**Figure 5**(on next page)

Distribution of (A) the average of  $PCC_{PMF}$  and (B)  $P_{native}$  along the logarithm of the accumulated simulation length for various combinations of  $N_{run}$  and  $t_{run}$  extracted from the trajectories th

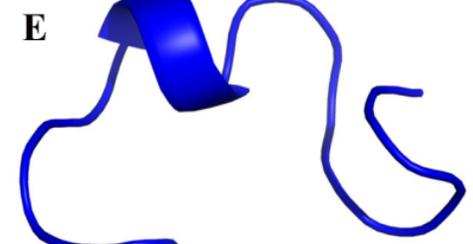
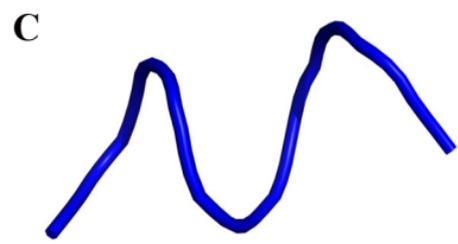
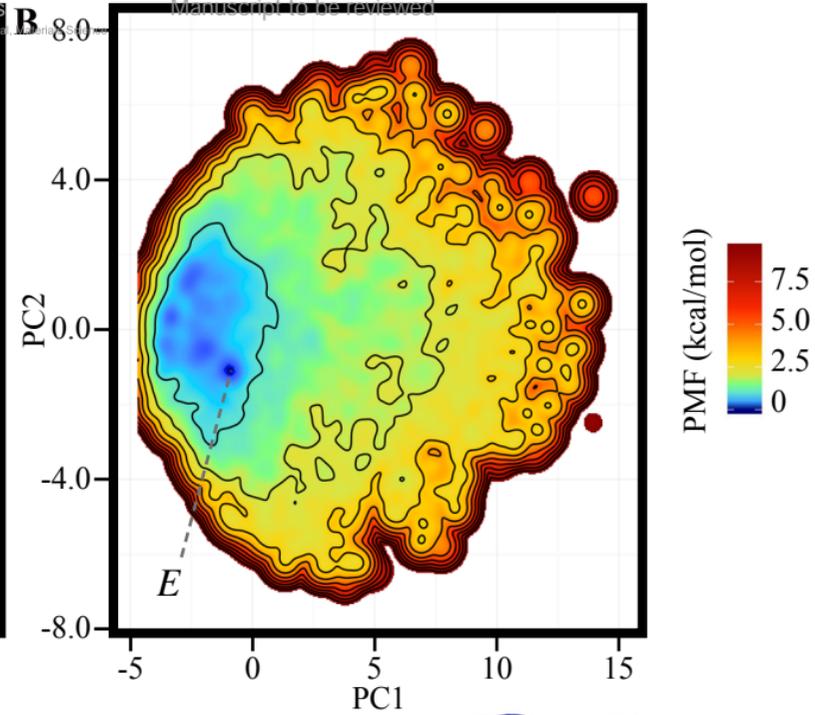
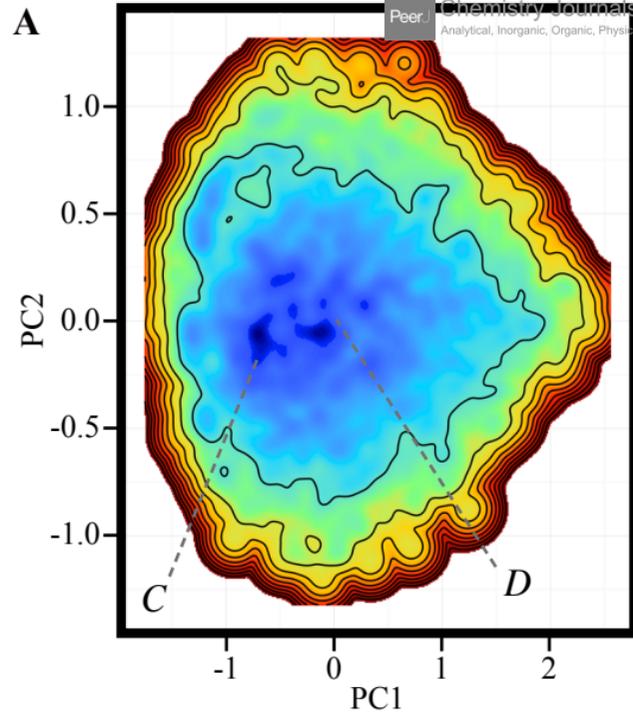
The color of each plot indicates the log-ratio of  $N_{run}$  to  $t_{run}$  compared with the reference. The definition is  $\log[(t_{run}/N_{run})/(200/84)]$ . This value becomes greater than 0 for conditions with a higher ratio of  $t_{run}$  to  $N_{run}$  than the reference.



**Figure 6**(on next page)

FELs calculated by ensembles of (A) PGA8 and (B) PGA20 using  $t_{\text{run}} = 50$  ns and  $N_{\text{run}} = 84$  with  $t_{\text{VST}} = 0.002$  ps.

(C, D, E) Examples of snapshots in the basins marked in the panels (A) and (B).

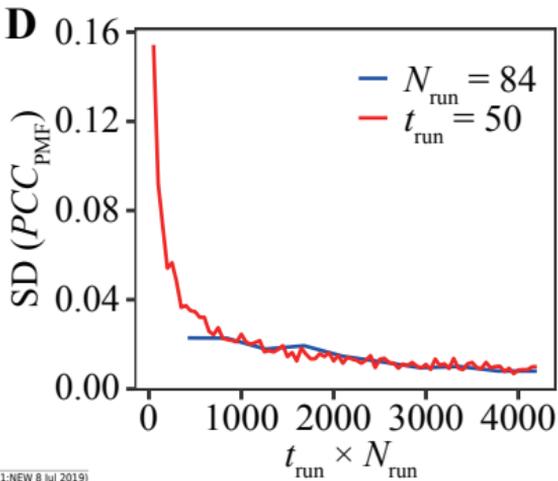
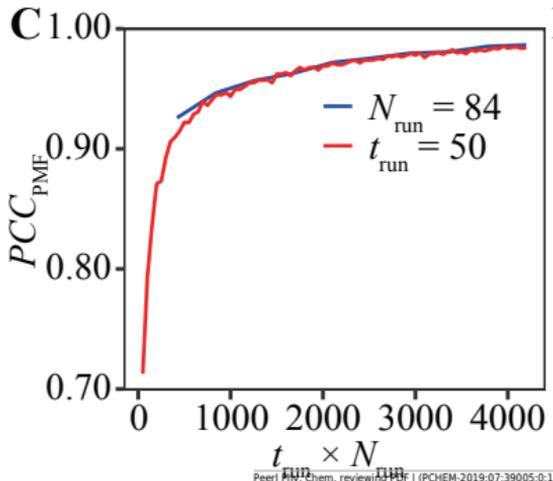
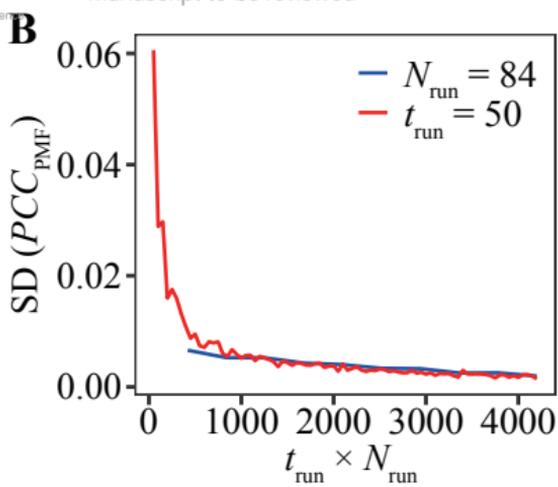
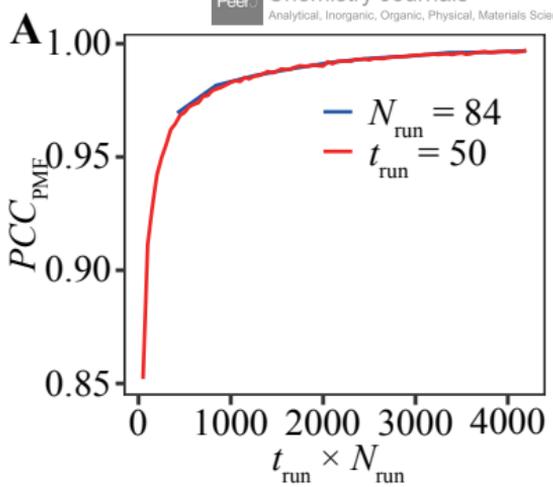


**Figure 7** (on next page)

Direct comparisons between reducing  $t_{\text{run}}$  with fixed- $N_{\text{run}}$  (blue line) and reducing  $N_{\text{run}}$  with fixed- $t_{\text{run}}$  (red line) for (A, B) the PGA8 and (C, D) PGA20 systems.

The vertical axes indicate (A, C) the bootstrap average of  $PCC_{\text{PMF}}$ , and (B, D) the SD of  $PCC_{\text{PMF}}$ .

The horizontal axis indicates the accumulated simulation length ( $N_{\text{run}} \times t_{\text{run}}$ ). The results of  $t_{\text{VST}} = 0.2$  ps are presented. See also Figure S9 for the other  $t_{\text{VST}}$  conditions.



**Table 1** (on next page)

Average values (and the standard errors) of the traversal frequencies over 84 runs for the Trp-cage model.

- 1 **Table 1.** Average values (and the standard errors) of the traversal frequencies over 84 runs for the
- 2 Trp-cage model.

$t_{VST}$ (ps)	0.002	0.2	20
$X$		0.3	
$F_{trv}^E$ (ns <sup>-1</sup> )	1.63 (0.06)	1.45 (0.04)	1.02 (0.04)
$F_{trv}^{RMSD}$ (ns <sup>-1</sup> )	0.057 (0.006)	0.060 (0.004)	0.062 (0.006)
$F_{trv}^{Rg}$ (ns <sup>-1</sup> )	0.040 (0.005)	0.044 (0.003)	0.050 (0.006)
$X$		0.2	
$F_{trv}^E$ (ns <sup>-1</sup> )	0.70 (0.03)	0.62 (0.02)	0.46 (0.02)
$F_{trv}^{RMSD}$ (ns <sup>-1</sup> )	0.005 (0.001)	0.011 (0.001)	0.006 (0.002)
$F_{trv}^{Rg}$ (ns <sup>-1</sup> )	0.008 (0.002)	0.012 (0.001)	0.007 (0.002)

3

**Table 2** (on next page)

Average values (and standard errors) of the traversal frequencies over 84 runs for PGA models.

- 1 **Table 2.** Average values (and standard errors) of the traversal frequencies over 84 runs for PGA  
 2 models.

Model	PGA8			PGA20		
	$t_{VST}$ (ps)	0.2	20	0.002	0.2	20
$X$	0.3			0.3		
$F_{trv}^E$ (ns <sup>-1</sup> )	2.91 (0.03)	2.70 (0.03)	0.86 (0.02)	1.05 (0.04)	0.99 (0.03)	0.46 (0.02)
$F_{trv}^{Rg}$ (ns <sup>-1</sup> )	0.44 (0.02)	0.47 (0.02)	0.47 (0.02)	0.045 (0.005)	0.044 (0.005)	0.049 (0.006)
$X$	0.2			0.2		
$F_{trv}^E$ (ns <sup>-1</sup> )	1.58 (0.02)	1.53 (0.02)	0.50 (0.01)	0.4 (0.02)	0.41 (0.01)	0.22 (0.01)
$F_{trv}^{Rg}$ (ns <sup>-1</sup> )	0.117 (0.007)	0.147 (0.007)	0.146 (0.007)	0.011 (0.002)	0.013 (0.002)	0.015 (0.003)

3