

R-DECO: An open-source Matlab based graphical user interface for the detection and correction of R-peaks

Jonathan Moeyersons^{Corresp., 1}, Matthew Amoni^{2, 3}, Sabine Van Huffel¹, Rik Willems^{2, 3}, Carolina Varon¹

¹ STADIUS Center for Dynamical Systems, Signal Processing and Data Analytics, Department of Electrical Engineering (ESAT), KU Leuven, Leuven, Belgium

² Department of Cardiovascular Sciences, KU Leuven, Leuven, Belgium

³ Department of Cardiology, University Hospitals Leuven, Leuven, Belgium

Corresponding Author: Jonathan Moeyersons

Email address: Jonathan.Moeyersons@esat.kuleuven.be

Many of the existing ECG toolboxes focus on the derivation of heart rate variability features from RR-intervals. By doing so, they assume correct detection of the QRS-complexes. However, it is highly likely that not all detections are correct. Therefore, it is recommended to visualize the actual R-peak positions in the ECG signal and allow manual adaptations.

In this paper we present R-DECO, an easy-to-use graphical user interface for the detection and correction of R-peaks. Within R-DECO, the R-peaks are detected by using a detection algorithm which uses an envelope-based procedure. This procedure flattens the ECG and enhances the QRS-complexes. The algorithm obtained an overall sensitivity of 99.60% and positive predictive value of 99.69% on the MIT/BIH arrhythmia database.

Additionally, R-DECO includes support for several input data formats for ECG signals, three basic filters, the possibility to load other R-peak locations and intuitive methods to correct ectopic, wrong, or missed heartbeats. All functionalities can be accessed via the graphical user interface and the analysis results can be exported as Matlab or Excel files. The software is publicly available.

Through its easy-to-use-graphical user interface, R-DECO allows both clinicians and researchers to use all functionalities, without previous knowledge.

1 R-DECO: An open-source Matlab based 2 graphical user interface for the detection 3 and correction of R-peaks

4 Jonathan Moeyersons¹, Matthew Amoni^{2,3}, Sabine Van Huffel¹, Rik
5 Willems^{2,3}, and Carolina Varon¹

6 ¹STADIUS Center for Dynamical Systems, Signal Processing and Data Analytics,
7 Department of Electrical Engineering (ESAT), KU Leuven, Leuven, Belgium

8 ²Department of Cardiovascular Sciences, KU Leuven, Leuven, Belgium

9 ³Department of Cardiology, University Hospitals Leuven, Leuven, Belgium

10 Corresponding author:

11 Jonathan Moeyersons

12 Email address: jonathan.moeyersons@kuleuven.be

13 ABSTRACT

14 Many of the existing ECG toolboxes focus on the derivation of heart rate variability features from RR-
15 intervals. By doing so, they assume correct detection of the QRS-complexes. However, it is highly likely
16 that not all detections are correct. Therefore, it is recommended to visualize the actual R-peak positions
17 in the ECG signal and allow manual adaptations.

18 In this paper we present R-DECO, an easy-to-use graphical user interface for the detection and correction
19 of R-peaks. Within R-DECO, the R-peaks are detected by using a detection algorithm which uses an
20 envelope-based procedure. This procedure flattens the ECG and enhances the QRS-complexes. The
21 algorithm obtained an overall sensitivity of 99.60% and positive predictive value of 99.69% on the MIT/BIH
22 arrhythmia database.

23 Additionally, R-DECO includes support for several input data formats for ECG signals, three basic filters,
24 the possibility to load other R-peak locations and intuitive methods to correct ectopic, wrong, or missed
25 heartbeats. All functionalities can be accessed via the graphical user interface and the analysis results
26 can be exported as Matlab or Excel files. The software is publicly available.

27 Through its easy-to-use-graphical user interface, R-DECO allows both clinicians and researchers to use
28 all functionalities, without previous knowledge.

29 INTRODUCTION

30 The electrocardiogram (ECG) is one of the primary screening and diagnostic tools of the cardiologist. It
31 records the electrical activity of the heart, which generates the myocardial contractions. A crucial step in
32 the study of the ECG is the location of the QRS-complexes. As can be seen in Fig 1, these complexes
33 are the most prominent waveforms in the ECG. They contain an enormous amount of information about
34 the state of the heart. This is why the detection of the QRS-complexes constitutes the basis for almost
35 all automated ECG analysis algorithms (Kohler et al., 2002). Once these have been identified, more
36 elaborated analyses can be performed, such as heart rate variability (HRV).

37 Four decades of automated QRS detection research has resulted in a variety of methods using different
38 approaches. These methods can be stratified based on derivatives, digital filters, wavelet-transforms,
39 classifiers, etc (Pan and Tompkins, 1985; Dohare et al., 2014; Fujii et al., 2013; Sharma and Sunkaria,
40 2016; Chen et al., 2006). Despite the wide methodological variety, most of these QRS detectors have the
41 same algorithmic structure. This can be divided in two steps: pre-processing and decision making (Kohler
42 et al., 2002).

43 In the pre-processing step the QRS-complex is highlighted and the other signal components are
44 suppressed to facilitate the detection. The resulting signal is then used to detect the occurrence of QRS-
45 complexes in the decision making step. This is done by using either fixed or adaptive thresholds. Despite

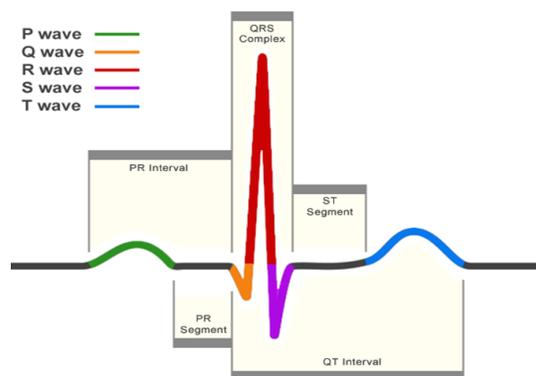


Figure 1. A normal heartbeat as recorded by an ECG. The QRS-complex can be observed in the center. The detection of this complex is crucial for almost all ECG analysis algorithms.

46 high detection rates, some QRS-complexes remain undetected. Reasons for this might be small amplitudes,
47 wide complexes or contamination by noise (Arzeno et al., 2008). Therefore, in many algorithms an
48 extra post-processing step is added for the exact determination of the temporal location of the detected
49 QRS-complex.

50 One of the most established QRS detection algorithms is the Pan-Tompkins algorithm (Pan and
51 Tompkins, 1985). Although it was developed in the eighties, it achieved comparable performance to many
52 more elaborate algorithms. In this paper, an envelope-based procedure that enhances the QRS-complexes
53 and flattens the rest of the ECG is used in combination with an adapted version of the threshold-based
54 approach of the Pan-Tompkins algorithm. This method, which was proposed by our group in (Varon et al.,
55 2015), combines the simplicity of an envelope-based procedure, while maintaining the accuracy of many
56 more elaborate methods.

57 In a review paper, Elgendi et al. have compared the results of 22 beat detection algorithms on the
58 MIT-BIH arrhythmia database (Elgendi et al., 2014). When comparing the results of the automated
59 algorithms with expert annotations, they have shown that many algorithms obtained excellent accuracy.
60 However, none of the algorithms reached perfection. This means that, no matter how good the QRS
61 detection algorithm is, it is highly likely that not all annotations are correct. Therefore, it is recommended
62 to visually inspect and review each signal before further analysis (Pichot et al., 2016).

63 Many of the existing ECG toolboxes have focussed on the derivation of HRV-analysis parameters from
64 RR-intervals. This makes sense, since most of the available hardware include some kind of QRS-complex
65 detection algorithm. However, this does not necessarily mean that the output of these devices are the raw
66 RR-intervals. Many of these devices have a built-in post-processing algorithm, which compensates for
67 false detections by averaging over a certain range of RR-intervals (Niskanen et al., 2004; Pichot et al.,
68 2016; Vicente et al., 2013). However, for some analyses, such as ECG Derived Respiration (EDR) or
69 Beat-to-beat Variability of Repolarization (BVR), it is of utmost importance that the actual R-peak of the
70 QRS-complex is detected. Therefore, it is necessary to visualize the actual R-peak positions in the ECG
71 signal and allow the possibility to make manual adaptations.

72 In this paper, we present R-DECO, a Matlab based, graphical user interface (GUI) for the detection
73 and correction of R-peaks. This user interface includes the developed R-peak detection algorithm and
74 provides the user with the possibility to correct possible false detections in a very straightforward way.
75 R-DECO was developed by the biomedical data processing research team (BIOMED) at the Department
76 of Electrical Engineering (ESAT) of KU Leuven. The software is freely available for Windows operating
77 systems at ¹.

78 The objective of this paper is to provide a detailed description of R-DECO, including the proposed
79 R-peak detection algorithm and an overview of the different possibilities of this new software.

¹<http://homes.esat.kuleuven.be/~jmoeysers/R-DECO.zip>

80 COMPUTATIONAL METHODS

81 R-peak detection

82 We developed an R-peak detection algorithm that is based on an enveloping procedure. It achieved a
83 99.60% sensitivity and 99.69% positive predictive value on the MIT/BIH Arrhythmia Database (Moody
84 and Mark, 2001). The algorithm can be divided in three steps: pre-processing, decision and post-
85 processing.

86 *Pre-processing*

87 The pre-processing consists of an enveloping procedure, which enhances the QRS-complexes and flattens
88 the rest of the ECG (Varon et al., 2015). A visual explanation of the method is shown in Fig 2.

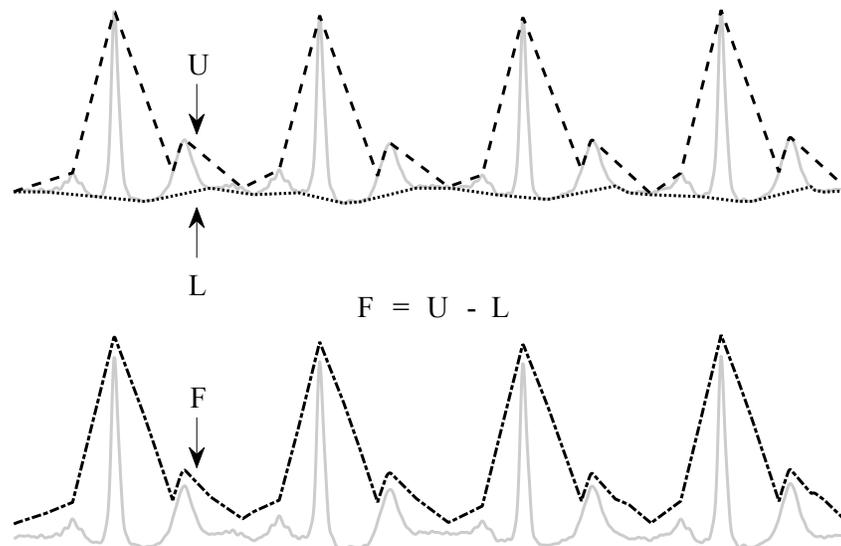


Figure 2. Enveloping procedure. The flattened ECG (F) is constructed by subtracting the lower envelope (L) from the upper envelope (U). This enhances the QRS-complex and flattens the rest of the ECG signal.

89 First, the upper (U) and lower (L) envelopes are computed from the ECG signal by the secant method.
90 This method selects the segment with the steepest positive and negative slope in a user-defined window
91 with length t . Once U and L are obtained, they are used to derive a flattened version of the ECG signal
92 (F): $F = U - L$. Since L is subtracted from U , the baseline is eliminated and only a positive signal, F ,
93 remains.

94 *Decision*

95 The locations of the QRS-complexes are found by detecting the peaks in the flattened ECG. These peaks
96 are detected in three stages. First, all samples with an amplitude lower than the amplitude of the sample
97 80 ms further are selected. The 80 ms step size was experimentally defined. This results in the selection of
98 the upward slopes. As a second step, only the upward slopes that are longer than the step size are selected
99 in order to exclude small peaks. Finally, the maximum is selected in a window, with a length equal to the
100 step size, that starts from the last selected sample of the upward slope. A graphical representation of this
101 process is shown in Fig 3.

102 On this selection of peaks, the adaptive thresholding procedure of the Pan-Tompkins algorithm is
103 applied to define the peaks that correspond to the QRS-complexes.

104 *Post-processing*

105 The thresholding procedure generally produces satisfactory results for the detection of the QRS-complexes.
106 However, some of the automatically generated RR-intervals might be physiologically unreasonable and
107 need to be removed for further analysis. A slightly modified version of the search-back procedure as
108 proposed in (de Chazal et al., 2003) was used for this purpose.

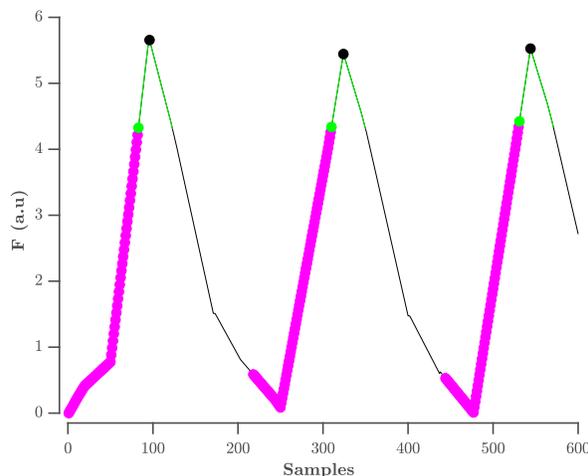


Figure 3. Procedure to select R-peaks The resulting flat ECG denoted F is indicated by the black line. The samples with an amplitude lower than the sample 80 ms further are indicated by the magenta circles, with the last sample indicated by the green circle. The search window is indicated by the green line. The selected R-peaks are indicated by the black circles. A.u. stands for arbitrary units.

109 Once the positions of the QRS-complexes are identified, the original ECG is used to find the exact
 110 location of the R-peaks. The search for an R-peak is performed up to 50 ms from the peak in the flattened
 111 signal. This extra search is necessary because the presence of large S-waves might shift the peak in the
 112 flattened signal towards the valley of the S-wave.

113 **Evaluation on the Physionet MIT/BIH arrhythmia database**

114 We used the MIT/BIH arrhythmia database to evaluate the proposed algorithm (Moody and Mark, 2001).
 115 This dataset consists of 48 half-hour ECG signals, which were recorded in the Boston's Beth Israel
 116 Hospital between 1975 and 1979. All recordings were annotated by two independent cardiologists who
 117 also made a distinction between normal and abnormal beats. In total, 110 122 heartbeats were annotated,
 118 of which 89 133 were labelled as normal. Each recording contains two channel ECG signals with a
 119 sampling frequency of 360 Hz. In most records, one channel is lead II and the other channel is V1.
 120 However, we only used the first channel for the evaluation.

121 As mentioned previously, the pre-processing consists of a flattening step of the ECG with a user-
 122 defined window width. To evaluate the sensitivity of the performance to the choice of the width we have
 123 tested multiple window widths. As can be observed from Fig 4, comparable results were obtained for
 124 window widths between 250 and 350 ms.

125 In Table 1 we list the R-peak detection results of the proposed algorithm with an envelope width of
 126 300 ms and without post-processing. We obtained an overall sensitivity of 99.60% and positive predictive
 127 value (PPV) of 99.69%. When including the post-processing, we obtained an overall sensitivity of
 128 99.09% and PPV of 99.80%. These results are comparable with those in literature, especially with the
 129 Pan-Tompkins algorithm, which reaches a sensitivity of 99.76 % and a PPV of 99.56% (Elgendi et al.,
 130 2014).

Table 1. Performance of the R-peak detection algorithm on the Physionet MIT/BIH dataset.

Record	Total (beats)	TP (beats)	FP (beats)	FN (beats)	Se (%)	PPV (%)
100	2273	2273	0	0	100	100
101	1865	1864	4	1	99.95	99.79
102	2187	2187	0	0	100	100
103	2084	2084	0	0	100	100

Continued on next page

Table 1 – continued from previous page

Record	Total (beats)	TP (beats)	FP (beats)	FN (beats)	Se (%)	PPV (%)
104	2229	2227	3	2	99.91	99.87
105	2572	2542	41	30	98.83	98.41
106	2027	2023	2	4	99.80	99.90
107	2137	2130	0	7	99.67	100
108	1763	1739	80	24	98.64	95.60
109	2532	2532	0	0	100	100
111	2124	2123	2	1	99.95	99.91
112	2539	2539	0	0	100	100
113	1795	1795	0	0	100	100
114	1879	1877	6	2	99.89	99.68
115	1953	1953	0	0	100	100
116	2412	2388	2	24	99	99.92
117	1535	1535	0	0	100	100
118	2278	2278	1	0	100	99.96
119	1987	1987	2	0	100	99.90
121	1863	1861	12	2	99.89	99.36
122	2476	2476	0	0	100	100
123	1518	1518	0	0	100	100
124	1619	1619	0	0	100	100
200	2601	2595	8	6	99.77	99.69
201	1963	1958	0	5	99.75	100
202	2136	2120	14	16	99.25	99.34
203	2980	2749	20	231	92.25	99.28
205	2656	2641	2	15	99.44	99.92
207	1860	1855	8	5	99.73	99.58
208	2955	2941	2	14	99.53	99.93
209	3005	3005	0	0	100	100
210	2650	2582	3	68	97.43	99.88
212	2748	2748	1	0	100	99.96
213	3251	3250	0	1	99.97	100
214	2262	2259	3	3	99.87	99.87
215	3363	3354	0	9	99.73	100
217	2208	2202	0	6	99.73	100
219	2154	2154	1	0	100	99.95
220	2048	2047	0	1	99.95	100
221	2427	2425	2	2	99.92	99.92
222	2483	2475	21	8	99.68	99.16
223	2605	2605	0	0	100	100
228	2053	2044	59	9	99.56	97.19
230	2256	2256	0	0	100	100
231	1571	1571	0	0	100	100
232	1780	1780	17	0	100	99.05
233	3079	3070	0	9	99.71	100
234	2753	2753	1	0	100	99.96
Total	109 494	108 989	317	505	99.60	99.69

131

132 While these results are very promising, we can also observe that for some recordings only moderate
133 detection results are achieved. This decrease in performance is generally due to loss of signal, unusual
134 morphology or stretches of extremely irregular rhythms. For instance, recording 116 and 208 contain
135 stretches where the signal is lost in the first channel. However, the recordings with the highest amount

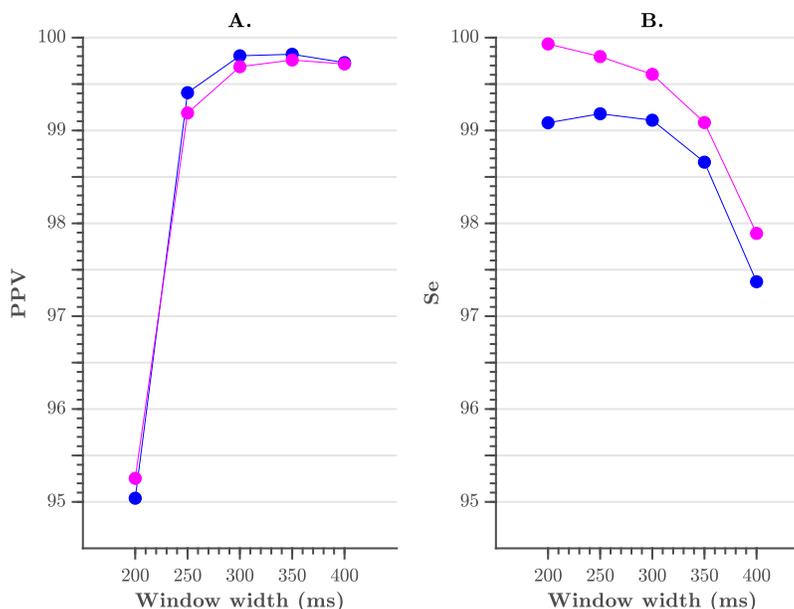


Figure 4. Sensitivity of the performance to the choice of window width. Blue: with post-processing, Magenta: without post-processing, A window width between 250 and 350 ms results in the best performance.

136 of false detections are 108, 203 and 210. Correctly detecting the R-peaks in recording 108 has been
 137 proven difficult for many algorithms (Pan and Tompkins, 1985). It contains a lot of baseline wander
 138 and additionally, very tall and sharp P-waves. These characteristics make it difficult to distinguish
 139 P-waves from R-peaks and thus result in a high false positive count. However, the highest amount of false
 140 positives is observed in recording 203 (92.25% sensitivity). This might be explained by the extremely
 141 high percentage of premature ventricular contractions (PVC) present in the recording, almost 15%. Since
 142 the envelope width was fixed during the detection process, one may assume that the performance could be
 143 improved if manual adjustments were permitted. This holds as well for other records with PVC's, such as
 144 record 210.

145 The noise tolerance of the algorithm was evaluated with the MIT-BIH Noise Stress Test Database
 146 (Moody et al., 1984). We observed that both median PPV and sensitivity remained around 100% above a
 147 Signal-To-Noise-Ratio (SNR) of 6 dB. From this threshold the performance of the algorithm decreased
 148 significantly.

149 From the analysis of the results, we could deduce two main factors that influence the results of the
 150 algorithm: (1) the envelope width and (2) the RR-post processing. The number of samples in the envelope
 151 is important, since it can be regarded as a filter of the RR-intervals. Smaller envelope widths might result
 152 in the enhancement of more peaks than only the R-peaks. This might be beneficial in the case of small
 153 R-peaks, but might also enhance artefact peaks. Larger envelope widths might cause adjacent R-peaks
 154 to be merged in the flattened signal. In practice, this might result in the failure of detecting premature
 155 heartbeats, which appear shortly after the previous heartbeat. In summary, a larger envelope width results
 156 in less false positives and more false negatives and the opposite is true for a small envelope width. A
 157 similar effect can be observed when the RR-intervals are post-processed. This increases the certainty of
 158 detection of the algorithm and thus results in less false positives. The downside is that, in the presence of
 159 abnormal rhythms, it also results in more false negatives.

160 SOFTWARE DESCRIPTION

161 The algorithms have been implemented with MATLAB R2018a. We used GUIDE, Matlab's GUI
 162 development environment, to design the GUI of R-DECO. The current subsection describes the possible
 163 input data formats and the user interface.

164 **Input data formats**

165 The standard input of the toolbox is raw or filtered ECG data. This can be both single- or multichannel
166 ECG. Since a plethora of open formats exist for storing the ECG, it would be impossible to write
167 supporting software for all formats (Niskanen et al., 2004). Therefore, we focussed on the data formats
168 that are most commonly used by our clinical partners in the cardiology department of the UZ Leuven,
169 Belgium. The following file formats are supported:

- 170 • ISHNE-Holter files (*.ecg)
- 171 • Matlab files (*.mat)
- 172 • European Data Format (*.edf)
- 173 • Text files (*.txt)
- 174 • Excel files (*.xls or *.csv)

175 An ISHNE-Holter file is organized in a header record, followed by a data block that contains all
176 digital ECG samples. This file format was developed to facilitate data exchange and research in the field
177 of Holter (Badilini, 1998). The software automatically extracts all ECG channels and also the sampling
178 frequency.

179 A Matlab formatted file can contain one variable, up to an entire workspace. Therefore, if the file
180 contains more than one variable, the user is prompted to select the variable containing the ECG signal. In
181 the specific case that the selected file is a structure, the software allows to search within the structure until
182 the ECG signal is selected.

183 A standard European Data Format, EDF, file consists of a header record and the data records (Kemp
184 et al., 1992). It was originally intended for the digital storage and exchange of EEG and polysomnogram
185 recordings, but currently it can store a variety of annotations and signals, such as EMG, ECG and many
186 more (Kemp and Olivan, 2003). Since not all EDF files have the same standard labels, the user is prompted
187 to identify the ECG channel(s). Additionally, the software attempts to identify the sampling frequency of
188 the selected signal by scanning the file.

189 As an extra feature, the software allows the user to load a session. When the current session is
190 interrupted, the session can be saved as a Matlab file. It includes all the analysis parameters, the ECG
191 signal and the RR-intervals, if computed. When a previous session is loaded, the software restores the
192 entire user interface to the moment on which the session was saved. This allows the user to pause and
193 continue, whenever wanted.

194 **User interface**

195 The strength of this toolbox is that everything is operated through a single GUI. As shown in Fig 5, it can
196 be divided in five segments: Data, Filter, Analysis Period, R-peak Detection and R-peak Correction. All
197 segments are described below.

198 **Data**

199 In the data panel, the user has the option to load data in two different ways: from a file or from the Matlab
200 workspace. Both can be accessed via the respective pushbuttons.

201 When a file is selected, the software visualizes a small segment of the ECG signal. If the signal is
202 inverted, the user can indicate this and the file will be inverted before further analysis. The software also
203 scans the selected file for the sampling frequency. If this is not found, the software prompts the user to
204 manually indicate the sampling frequency.

205 Finally, the data panel also contains a reset button. This button allows the user to reset the entire GUI.
206 It empties all plots, restores all default variables and deletes all results. If the user has not yet saved the
207 current analysis, the user is prompted to confirm the reset action to prevent unwanted loss of information.

208 **Filter**

209 Since ECG signals can be contaminated with noise, filtering is often essential for further analysis.
210 R-DECO provides three basic filters: high pass, low pass and a notch filter.

211 The high pass filter consists of a zero phase, second order Butterworth filter. The low pass filter
212 consists of a zero phase, fourth order Butterworth filter. Finally, a zero phase notch filter is also included.

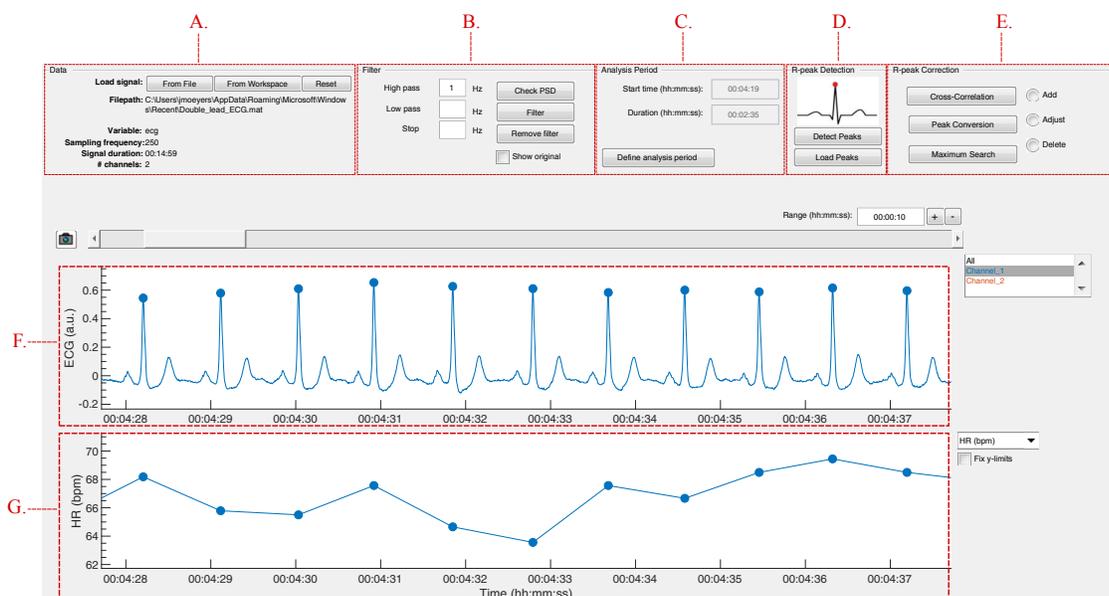


Figure 5. The graphical user interface of R-DECO. The user interface can be divided in five segments: A.) Data, B.) Filter, C.) Analysis Period, D.) R-peak Detection and E.) R-peak Correction. The ECG signal and the resulting tachogram are shown in respectively F. and G. The detected R-peaks are depicted as small blue circles.

213 The latter could be used to remove the power-line interference. Important to note is that filtering actions
 214 are always executed on the original signal to ensure repeatability.

215 In order to aid the user in the selection of appropriate frequency threshold(s), R-DECO is able to
 216 compute and display the power spectrum. An estimate of the power spectrum is computed using the
 217 Welch method (Welch, 1967). As a default, we used a window of 500 samples with 60% overlap.

218 To visualize the effect of the filtering in the frequency domain, R-DECO displays both the filtered
 219 and the original power spectrum. Furthermore, the effect of the filtering in the time domain can also be
 220 investigated by checking the “Show Original” checkbox. This will overlay the original signal on top of
 221 the filtered signal (Fig 6).

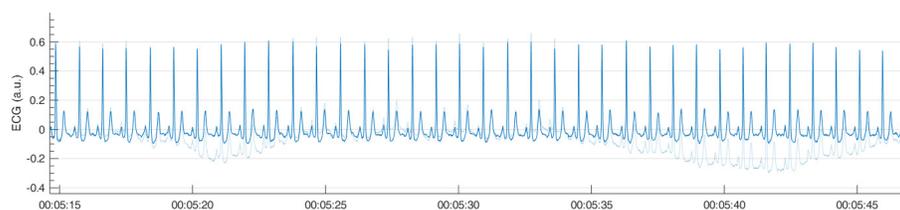


Figure 6. Example of a high pass filter. By clicking the “Show Original” checkbox, the original signal (light blue) is overlaid on the filtered signal (blue).

222 **Analysis period**

223 In the Analysis Period panel the user has the possibility to define an analysis window. After pushing the
 224 “Define analysis period” button, the user has to select a window by clicking, dragging and releasing the
 225 mouse. The window is shown as a transparent patch over the data and can be enlarged, shrunk or moved
 226 with the mouse. After the initial window is drawn, the user can further modify the analysis window by
 227 changing the start time and/or the duration of the window.

228 When a window is selected, the user can accept the analysis window by pressing the “Apply changes”
 229 button. This prompts the x-limits of the graph to match the analysis window and disables the window
 230 modifications. From here on, all further analysis will be performed solely on the selected window.

231 All the above is very useful when the to-be-selected time period is known in advance, but this is not
 232 always the case. Sometimes the selection of the analysis window is depending on certain patterns in the
 233 tachogram, hence the tachogram has to be constructed first. Therefore, if R-peaks have been detected
 234 already, the user is prompted to indicate whether he/she would like to keep the detected R-peaks.

235 **R-peak Detection**

236 The execution of the R-peak detection algorithm, as described in the first section, is initiated when the
 237 "Detect Peaks" button is pushed. However, before the actual algorithm is executed, the user is able to
 238 adjust the default parameters of the algorithm.

239 In Fig 7, an epoch of 10 seconds of the ECG signal and its respective enveloped signal is shown as an
 240 example of the flattening procedure. The user can adjust the envelope size to the desired value and enact
 241 the changes by pressing the "Apply" button. Additionally, an estimation of the average heart rate can be
 242 defined and the user has the possibility to automatically post-process the RR-intervals.

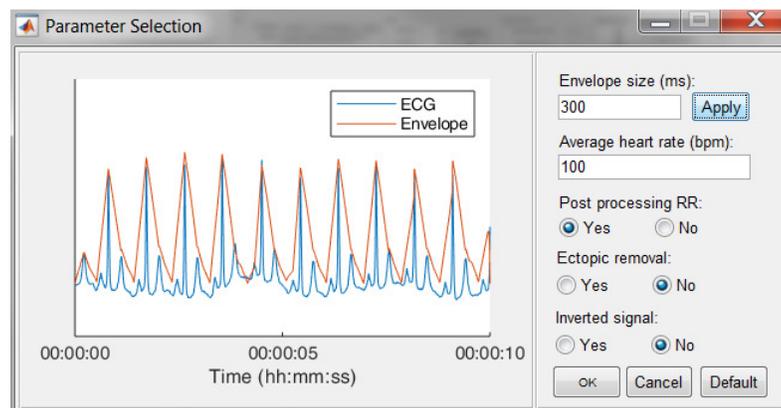


Figure 7. The R-peak parameter selection window. The user can adjust the envelope size, the average heart rate and indicate if RR post-processing is necessary. Pressing the Default button restores the default values.

243 Since some devices have built-in QRS detection algorithms and some researchers have their own
 244 preferred QRS detection algorithm, the software allows to load R-peak locations. These will be displayed
 245 the same way the R-peaks of the algorithm are displayed.

246 **R-peak Correction**

247 In case of heart rate variability studies, only the normal-to-normal RR-intervals need to be taken into
 248 account. This can be achieved by selecting the ectopic removal option. This option corrects ectopic beats,
 249 without altering the normal RR-intervals.

250 After finishing the detection process, either by detecting or loading the R-peaks, it is still possible that
 251 not all R-peaks are accurately detected. In R-DECO, the user can make manual and (semi-)automatic
 252 adjustments to the R-peak locations.

253 The manual methods are: add, adjust and delete. These methods can be activated by selecting the
 254 specific radiobuttons or via a context menu, which is linked to each R-peak. These manual methods allow
 255 the user to correct wrong or missing annotations either in all or in individual leads.

- 256 • Add: When this radiobutton is active, new R-peaks can be added by clicking in the ECG graph. The
 257 program selects the signal sample that is closest to the mouse position in a symmetric window of
 258 300 ms around the mouse position. Upon mouse release, a new R-peak is added and the tachogram
 259 is adapted.
- 260 • Adjust: While hovering over the ECG graph, the R-peak closest to the mouse location is selected.
 261 After clicking on the desired R-peak, it can be moved by dragging the mouse. The movement of the
 262 selected R-peak is restricted by the previous and next R-peak. While adjusting the R-peak location,
 263 the tachogram is automatically updated. Upon mouse release, the new R-peak location is saved.

- Delete: While hovering over the ECG graph, the R-peak closest to the mouse location is selected. After clicking on the desired R-peak, more to-be-deleted R-peaks can be selected by dragging the mouse. Upon mouse release, the selected R-peaks are removed and the tachogram is adapted.

The three (semi-)automatic R-peak correction methods are: cross-correlation, peak conversion and maximum search.

- Cross correlation: For this method, a symmetrical window of 300 ms around each R-peak is selected. Then, all heartbeats are normalized by subtracting the mean and dividing it by the standard deviation. Then, a trimmed average QRS-complex is computed of all the positive and 'negative' R-peaks. In this work a 'negative' R-peak is understood as the absence of an R-peak or the presence of a very prominent S-wave, also described as RS-complex.

The user is prompted to select either the positive or the 'negative' average heartbeat. If necessary, the user can also adjust the location of the R-peak on the selected template. This is all graphically displayed as shown in Fig 8. Finally, the cross-correlation of every heartbeat is computed with the trimmed average and the R-peak is re-located, based on the highest correlation value.

- Peak conversion: The absolute amplitude of every R-peak annotation is compared with the previous and next sample's absolute amplitude. If it is bigger than the previous and smaller than the next, the location of the R-peak will be shifted forward, until an extremum is obtained. If it is the other way around, the location of the R-peak will be shifted backwards.

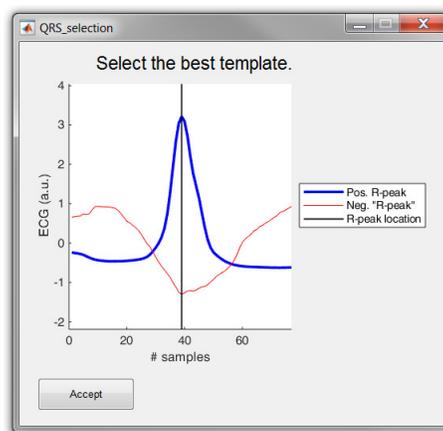


Figure 8. The template selection window. The user can select either the positive or 'negative' R-peak template and can shift the location of the R-peak if necessary.

This functionality avoids the 'jumping' of R-peaks from, e.g., an actual R-peak to a pre-mature ventricular contraction, which might be the case when window search is applied. Furthermore, pressing the button more than once will not affect the relocation after one correction.

- Maximum search: Firstly, a symmetric window of 300 ms around each R-peak is selected. Secondly, the user is prompted to select either the maximum, minimum or absolute maximum. Based on this selection, the respective extremum within the window is selected as new R-peak location.

Save and export results

By default, the results are saved as a Matlab file. This file includes the R-peak locations and the RR-intervals, which can further be used for HRV-, BVR- or any other analysis that requires R-peak detection. Additionally, the software can export the results in two different ways: 1) an Excel file and 2) a Matlab file.

1. Excel file (*.xls): A new workbook is created with a general overview of the file on the first sheet: the number of channels, the sampling frequency, the duration of the signal and the duration of the analysis period. The number of additional sheets is defined by the number of channels, since for

296 every channel, a separate sheet is created. This contains the R-peak locations, the RR-intervals and
 297 a number of basic metrics, such as the mean heart rate.

298 2. Matlab file (*.mat): This file contains a single structure named *data*. In accordance to the structure
 299 of the Excel file, a structure is created per channel. This contains the signal in the analysis window,
 300 the R-peak locations and the RR-intervals. This option is especially useful for further analysis in
 301 Matlab.

302 Data browser

303 In order to graphically correct the R-peaks it is important to have a clear view of the segment to be
 304 investigated. Therefore, after the R-peaks are detected, the software immediately displays the ECG signal
 305 with the R-peak annotations and the respective tachogram, as can be seen in Fig 9.

306 The window width of the x-axis can be adjusted in three different ways: 1) the range edit box, 2) the
 307 plus and minus buttons or 3) by using the zoom button. All three methods also adjust the width of the
 308 scroll bar.

309 The scroll bar can be used to slide through the signal. Since both axes are linked, both slide at
 310 the same time. The limits of the y-axis in both axes are adjusted automatically according to the data
 311 within the selected range. However, if the “Fix y-limits” checkbox is selected, the range of the y-axis
 312 of the tachogram is fixed to the current limits. Since some users favour a tachogram that displays the
 313 RR-intervals, while others favour HR values, we made it possible to switch between the two.

314 An ECG recording with multiple channels might result in axes that become unclear. Therefore,
 315 R-DECO enables the user to switch view between different channels. This way the user can select one,
 316 multiple or all channels. If the channel labels are not present in the signal file, R-DECO names and
 317 numbers the channels itself: Channel 1, Channel 2, etc. However, it also provides the possibility to change
 318 these names. When the user clicks twice on a channel name in the listbox, a dialog box pops up that
 319 allows the user to choose a new name. This will be adjusted in the listbox, and also in the output files.

320 An extra feature is the possibility to take ‘pictures’ of the axes. This saves both axes in a format of
 321 choice, without including any of the buttons or bars from the user interface. In order to design the axes to
 322 the user’s taste, R-DECO allows to change the line colors and the grid lines.

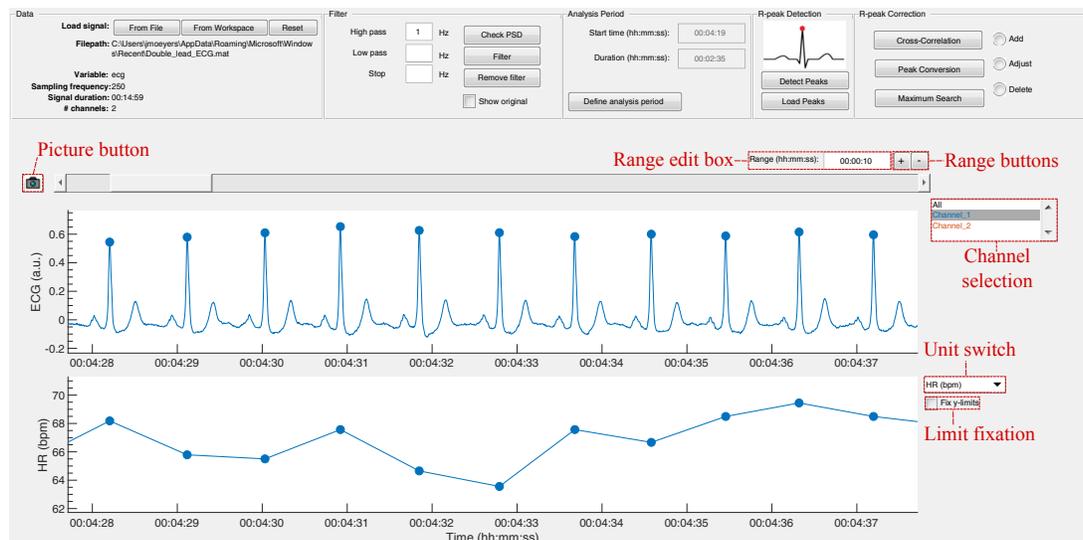


Figure 9. The data browsing options of R-DECO.

323 Preferences

324 The analysis settings of R-DECO can be adjusted via the Preferences menu. Note that the changes only
 325 apply for the current session and are not saved for the next session. This will be adjusted in a future
 326 release.

327 The Preference menu can be divided in four segments: Power Spectrum, Filter, Detection and
 328 Correction

- 329 • Power Spectrum: All variables of the Welch method can be adjusted here.
- 330 • Filter: The type and order of the filter can be defined here.
- 331 • Detection: The default input parameters for the R-peak detection algorithm can be adjusted here.
- 332 Whenever the default button is pressed in the parameter selection window, see Fig 7, all parameters
- 333 are reset to the values defined in this segment.
- 334 • Correction: For all correction methods, the user can define the window size in which the new
- 335 R-peak is supposed to be located.

336 SAMPLE RUN

337 As a sample run, we used a 24 hour digital Holter signal that was recorded from a male subject with
338 ischaemic heart disease. The idea was to investigate the temporal evolution in beat-to-beat variability of
339 repolarization before spontaneous non-sustained ventricular tachycardia (nsVT). Before analysis could be
340 performed, the nsVT episodes needed to be identified and the R-peaks needed to be detected.

341 Once the signal was loaded and the sampling frequency was defined, we first had a look at the power
342 spectrum. According to the plot, no power line interference was present, since we could not observe a
343 peak at 50 or 60 Hz. However, it was clear that most of the power was situated in the lower frequency
344 bands. This could indicate the presence of baseline wander. Therefore, we high-pass filtered the signal
345 with a cut-off frequency of 0.66 Hz. The result in the power spectrum can be observed in Fig 10.

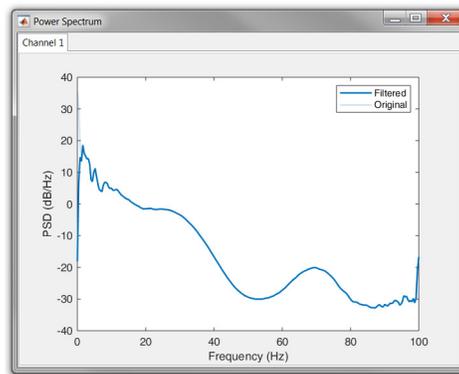


Figure 10. Result of the high pass filtering in the power spectrum.

346 Next, the nsVT episodes needed to be identified. However, the time stamps of the episodes were not
347 known. Therefore, it was necessary to detect the R-peaks first. This way the nsVT episodes could be
348 identified from the tachogram. An example of an nsVT episode, taken with the picture button, can be
349 observed in Fig 11.

350 Based on the example signal, we selected an envelope size of 300 ms, which provided the best results
351 for this signal. This envelope size ensures the enhancement of the QRS-complexes, without skipping any
352 beats. Additionally, we indicated that no post-processing of the RR-intervals is wanted, since we wanted
353 to be able to detect nsVT segments as well.

354 The nsVT episodes were identified based on the resulting RR-intervals. From the start of one of these
355 episodes, we selected 30 consecutive heartbeats (Thomsen et al., 2004). Only normal-to-normal intervals
356 should be taken into account for BVR-analysis. Hence, (ventricular) ectopic and post-extrasystolic beats
357 were removed for further analysis, as can be observed in Fig 12.

358 After the RR-intervals in the wanted analysis window were selected, the analysis results were saved.
359 This was done by selecting "Save Results" on the menu bar and entering a file name. The results are then
360 saved as a Matlab file and can be loaded for the following BVR-analysis. Note that the results can also be
361 exported as an Excel file.

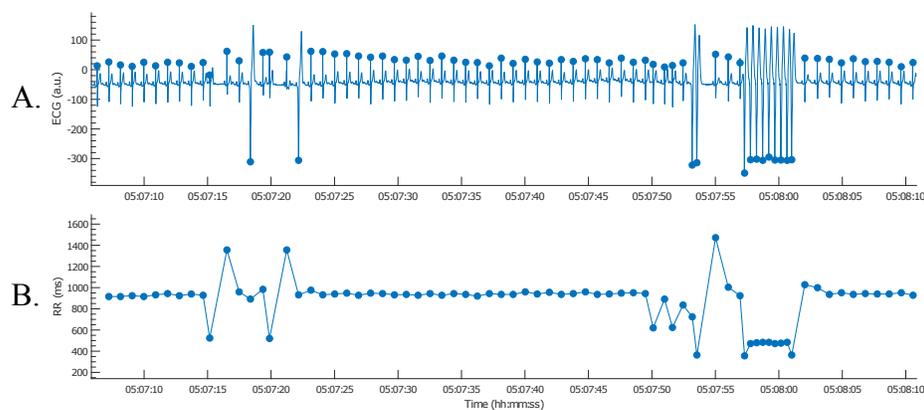


Figure 11. Example of an nsVT segment without correction. The resulting tachogram is shown in B.

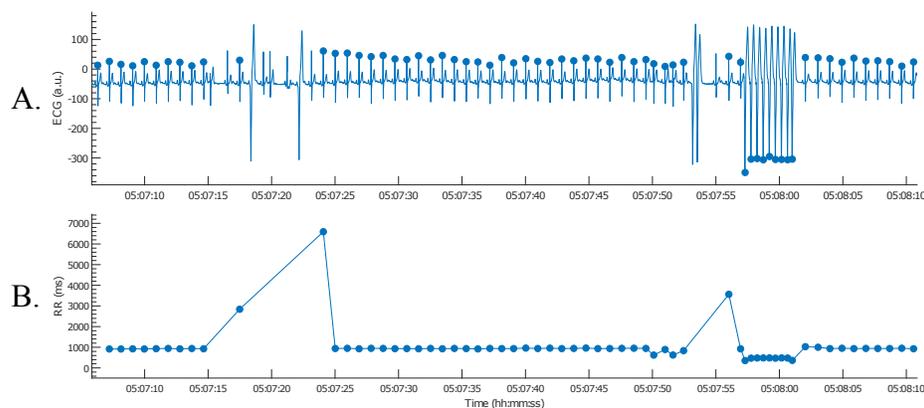


Figure 12. Example of an nsVT segment with correction. The resulting tachogram is shown in B.

362 POTENTIAL OF FUTURE GROWTH

363 R-DECO is the first step towards a complete ECG processing tool. At the moment, it focusses on accurate
 364 R-peak detection and intuitive correction options. Therefore, it is a complementary tool for existing
 365 HRV-analysis toolboxes, which tend to focus on the computation of HRV metrics from RR-intervals.
 366 Although some toolboxes already provide the possibility to detect R-peaks, their possibility to correct
 367 R-peak annotations is rather limited (Pichot et al., 2016; Rodenhauer et al., 2018; Vicente et al., 2013).
 368 Additionally, to the best of our knowledge, none of the existing toolboxes provide filtering, R-peak
 369 detection and correction all together.

370 The main advantage of R-DECO is the easy-to-use, intuitive GUI. All actions are performed in one
 371 window, which simplifies the use and reduces the learning time.

372 Several extra features are being developed and will be released in future versions. We intend to add
 373 support for other input file formats, such as Hierarchical Data Format 5 (HF) files, General Data Format
 374 (GDF) files, etc. However, most improvements will be in the number of analysis options. Some of the
 375 first extra analysis options will be automatic signal quality detection, EDR and HRV-analysis.

376 CONCLUSION

377 R-DECO is a Matlab based GUI for detecting and correcting R-peaks in ECG signals. The goal of
 378 R-DECO is to provide a complete workflow from the raw signal to the tachogram. It includes an accurate
 379 R-peak detection algorithm, the performance of which is comparable to the state-of-the-art, and allows
 380 the user to graphically correct wrong or missing detections. Additionally, R-DECO supports a variety of
 381 ECG input file formats, which allows the processing of recordings directly from the recording device.
 382 This makes it a tool that can be used both by engineers, and clinicians.

383 We included some basic pre-processing options, such as three filters and the possibility to select an

384 analysis window. The analysis results can be exported to the Matlab workspace or Excel for later analysis.
385 R-DECO is available free of charge and can be downloaded from ².

386 ACKNOWLEDGMENTS

387 This work was supported by the Bijzonder Onderzoeksfonds KU Leuven (BOF): C24/15/036, C24/18/097;
388 Agentschap Innoveren & Ondernemen (VLAIO): STW 150466 OSA+, O&O HBC 2016 0184 eWatch;
389 Belgian Foreign Affairs-Development Cooperation: VLIR UOS programs (2013-2019); EU: 26077,
390 766456, 813120, 813483; Carolina Varon is a postdoctoral fellow of the Research Foundation-Flanders
391 (FWO). Rik Willems is a Senior Clinical Investigator of the Research Foundation - Flanders (FWO).

392 REFERENCES

- 393 Arzeno, N. N., Deng, Z. D., and Poon, C. S. (2008). Analysis of first-derivative based qrs detection
394 algorithms. *IEEE Transaction on Biomedical Engineering*, 55(2):478–484.
- 395 Badilini, F. (1998). The ishne holter standard output file format. *Annals of Noninvasive Electrocardiology*,
396 3(3):263–266.
- 397 Chen, S.-W., Chen, H.-C., and Chan, H.-L. (2006). A real-time qrs detection method based on moving-
398 averaging incorporating with wavelet denoising. *Computer Methods and Programs in Biomedicine*,
399 82(3):187–195.
- 400 de Chazal, P., Heneghan, C., Sheridan, E., Reilly, R., Nolan, P., and O'Malley, M. (2003). Automated
401 processing of the single-lead electrocardiogram for the detection of obstructive sleep apnoea. *IEEE*
402 *Transactions on Biomedical Engineering*, 50(6):686–696.
- 403 Dohare, A. K., Kumar, V., and Kumar, R. (2014). An efficient new method for the detection of qrs in
404 electrocardiogram. *Computers and Electrical Engineering*, 40(5):1717–1730.
- 405 Elgendi, M., Eskofier, B., Dokos, S., and Abbott, D. (2014). Revisiting qrs detection methodologies for
406 portable, wearable, battery-operated, and wireless ecg systems. *PLOS ONE*, 9(1):1–18.
- 407 Fujii, T., Nakano, M., Yamashita, K., Konishi, T., Izumi, S., Kawaguchi, H., and Yoshimoto, M. (2013).
408 Noise-tolerant instantaneous heart rate and r-peak detection using short-term autocorrelation for
409 wearable healthcare systems. *35th Annual International Conference of the IEEE Engineering in*
410 *Medicine and Biology Society (EMBC)*, pages 7330–7333.
- 411 Kemp, B. and Olivan, J. (2003). European data format 'plus' (edf+), an edf alike standard format for the
412 exchange of physiological data. *Clinical Neurophysiology*, 114(9):1755–1761.
- 413 Kemp, B., Värri, A., Rosa, A. C., Nielsen, K. D., and Gade, J. (1992). A simple format for exchange of
414 digitized polygraphic recordings. *Electroencephalography and Clinical Neurophysiology*, 82(5):391–
415 393.
- 416 Kohler, B. ., Hennig, C., and Orglmeister, R. (2002). The principles of software qrs detection. *IEEE*
417 *Engineering in Medicine and Biology Magazine*, 21(1):42–57.
- 418 Moody, G. B. and Mark, R. G. (2001). The impact of the mit-bih arrhythmia database. *IEEE Engineering*
419 *in Medicine and Biology Magazine*, 20(3):45–50.
- 420 Moody, G. B., Muldrow, W. K., and Mark, R. G. (1984). A noise stress test for arrhythmia detectors.
421 *Computers in Cardiology*, 1:381–384.
- 422 Niskanen, J.-P., Tarvainen, M. P., Ranta-Aho, P. O., and Karjalainen, P. A. (2004). Software for advanced
423 hrv analysis. *Computer Methods and Programs in Biomedicine*, 76(1):73–81.
- 424 Pan, J. and Tompkins, W. J. (1985). A real-time qrs detection algorithm. *IEEE Transaction on Biomedical*
425 *Engineering*, 32(3):230–236.
- 426 Pichot, V., Roche, F., Celle, S., Barthélémy, J.-C., and Chouchou, F. (2016). Hrvanalysis: A free software
427 for analyzing cardiac autonomic activity. *Frontiers in Physiology*, 7:557.
- 428 Rodenhauer, A., Good, W. W., Zenger, B., Tate, J., Aras, K., Burton, B., and MacLeod, R. S. (2018).
429 Pfeifer: Preprocessing framework for electrograms intermittently fiducialized from experimental
430 recordings. *Journal of Open Source Software*, 3(21):472.
- 431 Sharma, L. D. and Sunkaria, R. K. (2016). A robust qrs detection using novel pre-processing techniques
432 and kurtosis based enhanced efficiency. *Measurement*, 87:194–204.

²<http://homes.esat.kuleuven.be/~jmoeysers/R.DECO.zip>

- 433 Thomsen, M. B., Verduyn, S. C., Stengl, M., Beekman, J. D., de Pater, G., van Opstal, J., Volders, P. G.,
434 and Vos, M. A. (2004). Increased short-term variability of repolarization predicts d-sotalol-induced
435 torsades de pointes in dogs. *Circulation*, 110(16):2453–2459.
- 436 Varon, C., Caicedo, A., Testelmans, D., Buyse, B., and Huffel, S. V. (2015). A novel algorithm for the
437 automatic detection of sleep apnea from single-lead ecg. *IEEE Transactions on Biomedical Engineering*,
438 62(9):2269–2278.
- 439 Vicente, J., Johannesen, L., Galeotti, L., and Strauss, D. G. (2013). Ecglab: User friendly ecg/vcg analysis
440 tool for research environments. *Computing in Cardiology 2013*, pages 775–778.
- 441 Welch, P. (1967). The use of fast fourier transform for the estimation of power spectra: A method based on
442 time averaging over short, modified periodograms. *IEEE Transactions on Audio and Electroacoustics*,
443 15(2):70–73.