

# Optimization of U-shaped pure transformer medical image segmentation network

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In recent years, neural networks have made pioneering achievements in the field of medical imaging. In particular, deep neural networks based on U-shaped structures are widely used in different medical image segmentation tasks. In order to improve the early diagnosis and clinical decision-making system of lung diseases, it has become a key step to use the neural network for lung segmentation to assist in positioning and observing the shape. There is still the problem of low precision. For the sake of achieving better segmentation accuracy, an optimized pure Transformer U-shaped segmentation is proposed in this paper. The optimization segmentation network adopts the method of adding skip connections and performing special splicing processing, which reduces the information loss in the encoding process and increases the information in the decoding process, so as to achieve the purpose of improving the segmentation accuracy. The final experiment shows that our improved network achieves 97.86% accuracy in segmentation of the Chest Xray dataset, which is better than the full convolutional network or the combination of Transformer and convolution.

# 1 Optimization of U-shaped Pure Transformer 2 Medical Image Segmentation Network

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## 9 ABSTRACT

10 In recent years, neural networks have made pioneering achievements in the field of medical imaging.  
11 In particular, deep neural networks based on U-shaped structures are widely used in different medical  
12 image segmentation tasks. In order to improve the early diagnosis and clinical decision-making system  
13 of lung diseases, it has become a key step to use the neural network for lung segmentation to assist in  
14 positioning and observing the shape. There is still the problem of low precision. For the sake of achieving  
15 better segmentation accuracy, an optimized pure Transformer U-shaped segmentation is proposed in  
16 this paper. The optimization segmentation network adopts the method of adding skip connections and  
17 performing special splicing processing, which reduces the information loss in the encoding process  
18 and increases the information in the decoding process, so as to achieve the purpose of improving the  
19 segmentation accuracy. The final experiment shows that our improved network achieves 97.86% accuracy  
20 in segmentation of the Chest Xray dataset, which is better than the full convolutional network or the  
21 combination of Transformer and convolution.

## 22 INTRODUCTION

23 With the development of deep learning, computer vision technology has made immense splash in the field  
24 of medical image analysis. Medical image segmentation has become an important branch of medical  
25 image analysis(Chen et al., 2021; Z Li et al., 2022; Hengyi Li et al., 2023; Xuebin Yue et al., 2022). Stable  
26 and highly accurate medical image segmentation can greatly improve the clinical speed and diagnostic  
27 accuracy of doctors.

28 Technological developments have led to an increased focus on more comprehensive anatomical  
29 models(Simpson A L et al., 2019), which has led to the development of models for organ analysis. In  
30 the context of organ analysis, the brain and abdomen have emerged as the most popular areas of medical  
31 image analysis. Rapid advances in imaging techniques and deep learning techniques have resulted in  
32 numerous datasets for different applications in different organs. These data sets can be used to train a  
33 dedicated medical segmentation network model that can segment important organs, tissues, or lesions in  
34 the image and extract the segmented object features. Anatomical models can be constrained and labeled  
35 with contextual information from stable abdominal structures (e.g., liver, spleen, kidneys, stomach, pleural  
36 effusion) as well as the pelvic cavity (colon, prostate)(Heller N et al., 2021; Ma J et al., 2022, 2021).  
37 In addition, there are many studies on human tumors, such as brain tumors, abdominal tumors, head  
38 and neck tumors, breast tumors, etc(J Ma et al., 2022; Bilic P et al., 2021; Clark K et al., 2013).The  
39 latest ones, such as (Yuan, Mingze, et al., 2023), have an average segmentation accuracy of 77.97% and  
40 69.04% respectively in pancreatic tumors and liver tumors. Accurate segmentation is crucial for clinical  
41 applications, including disease diagnosis, treatment planning, and disease progression detection.

42 At the present stage, medical image segmentation technology mainly applies the U-shaped structure  
43 of the full convolutional neural network (FCNN)(Shelhamer Evan et al., 2015). The classical U-shaped  
44 structure network consists of a symmetric encoder-decoder with skip connections, also known as U-  
45 Net(Guan et al., 2020; He et al., 2016). In the encoder, numerous convolutional and downsampling layer  
46 combinations are used to extract deep features with large sensory fields at different scales. Then, the

47 decoder up-samples the extracted deep features to the resolution of the initial input image and fuses them  
48 with the different scale features in the encoder introduced by the skip connections, achieving the goal  
49 of improving the prediction accuracy by reducing the information loss in the downsampling process.  
50 Such an efficient and simple structural design has enabled U-Net to achieve great success in the field of  
51 medical images. Continuing this design idea, a series of algorithms such as Res-Unet(Xiao et al., 2018),  
52 R2U-Net(Alom et al., 2018), U-Net++(Zhou et al., 2020), and UNet3+(Huang et al., 2020) have been  
53 developed for 2D medical image segmentation tasks(Geert Litjens et al., 2017). Numerous FCNN-based  
54 methods have demonstrated that CNNs are highly capable at segmentation tasks.

55 Currently, CNN-based segmentation methods(Girshick R et al., 2015; Bo Z et al., 2017; Lee C S et al.,  
56 2017) have achieved excellent results in medical image tasks, but they still cannot fully satisfy the demand  
57 for high accuracy in medical image segmentation tasks. In addition, the limitations of convolutional  
58 operations make it difficult for the CNN approach to learn explicit global and long-range semantic  
59 information. As Transformer has become the dominant network in the field of natural language processing  
60 (NLP), researchers have tried to apply it to semantic segmentation tasks, and the local operations of  
61 convolution and the global operations of Transformer operations well complement each other(Vaswani et  
62 al., 2017). U-shaped segmentation networks combining CNN and Transformer, such as TransUNet(Chen  
63 et al., 2021), emerged to exploit the advantages of each for hybrid coding, where the powerful global  
64 capability of Transformer and the ability of CNN to focus on image details at low resolution to overcome  
65 the problem of long-range contextual interactions improved the segmentation accuracy. In (Z Liu et al.,  
66 2021), a new vision transformer called Swin-Transformer is proposed as a generic backbone to perform  
67 image recognition tasks. Inspired by Swin Transformer, researchers then proposed Swin-Unet(Cao H et  
68 al., 2021), which replaced the original CNN-based composition of encoders and decoders with the Swin  
69 Transformer block to obtain a U-shaped segmentation network with pure Transformer.

70 Swin-Unet has high precision for medical segmentation tasks. Although skipping connections is used  
71 to reduce the loss of spatial information in the downsampling process, a large amount of information loss  
72 will still affect the segmentation accuracy. In order to deal with this problem, an improved Swin-Unet is  
73 proposed in this paper. The improved U-shaped network consists of encoders, decoders, and skip connec-  
74 tions, as well as our addition of multi-scale skip connections and special splicing modules. By adding  
75 multi-scale skip connections, features from different scales of the encoding process and features from the  
76 sampling process on the decoder are introduced for special splicing and fusion, thus obtaining feature  
77 maps that aggregate more information and perform segmentation prediction. Experiments conducted on  
78 the lung dataset show improved network segmentation prediction accuracy. Specifically, our contributions  
79 are summarized as: (1) the addition of asymmetric skip connections in the U-shaped network, which  
80 captures more spatial information. (2) The creation of a new splicing and fusion module that is able to  
81 fuse feature information from adjacent scales in the encoder and upsample features in the decoder thus  
82 achieves the purpose of increasing the prediction accuracy of segmentation.

## 83 RELATED WORK

84 **CNN-based model:** The early medical image segmentation was mainly based on traditional machine  
85 learning techniques( Mcinerney T et al., 1996; Boykov Y et al., 2006; Staal J et al., 2004) such as  
86 edge detection-based segmentation algorithms and aggregation-based segmentation algorithms. With  
87 the continuous development of CNN, U-Net, based on the FCN network, was proposed to achieve a big  
88 leap in the overall accuracy of medical image segmentation. Due to the concise and efficient U-shaped  
89 structure, various U-based methods have been generated, such as U-Net++ and UNet3+. And it has  
90 been extended from 2D segmentation to 3D segmentation, such as in 3D-Unet(S G Kafali et al., 2021),  
91 Dense-U-Net(Wu Y et al., 2021), and KiU-Net(Jose J M et al., 2020). At this stage, CNN-based methods  
92 have achieved great success in the field of medical image segmentation.

93 **Transformer to complement CNNs:** U-shaped structures have become the de facto standard in  
94 various medical image segmentation tasks, and researchers have introduced attention mechanisms into  
95 CNN networks in order to improve network performance. In (Chen et al., 2021), the self-attention  
96 mechanism is integrated into the U-shaped structure for medical image segmentation. The researchers  
97 combined CNN and Transformer, where the Transformer encodes the feature maps from the convolutional  
98 neural network (CNN) as the input sequence for extracting the context, and the encoder still uses the  
99 convolutional network to upsample the encoded features. The combination of the two enhances finer  
100 details and improves segmentation accuracy. However, these are still CNN-based methods.

101 **Vision transformers:** The Transformer was proposed in (Vaswani et al., 2017) to be applied to machine  
 102 translation tasks (Nie Y P et al., 2017). The powerful global modeling capabilities of the Transformer,  
 103 together with its excellent transferability to downstream tasks under large-scale pre-training, have made  
 104 it a great success in the fields of machine translation and natural language processing (NLP) (Chen PH  
 105 et al., 2018). Driven by the great success of the Transformer, researchers have proposed a novel Vision  
 106 Transformer (ViT) (Dosovitskiy A et al., 2022) that interprets images as a series of patches and processes  
 107 them with the standard Transformer encoder used in NLP, which has achieved surprising speed and  
 108 accuracy in image detection and segmentation tasks. In contrast to CNN-based models, ViT has the  
 109 disadvantage that it requires pre-training processing on large datasets. Recently, several works have  
 110 been done on ViT to alleviate the difficulties in its training process. It is worth noting that an efficient  
 111 vision transformer with hierarchy was proposed in (Liu Ze et al., 2021) as a new vision backbone, called  
 112 Swin Transformer. Based on the hierarchy-shifted window approach, Swin Transformer has achieved  
 113 excellent performance on various vision tasks. After some researchers built a U-shaped encoder-decoder  
 114 segmentation network using Swin Transformer as a backbone but found that it had shortcomings, we tried  
 115 to improve it and build a new medical semantic segmentation network with better performance.

## 116 METHODS

### 117 Overall Architecture

118 The overall structure mentioned in this article is as shown in the figure 1. This design consists of encoder,  
 119 decoder, skip connections. The Swin Transformer is the basic unit block. For the encoder, the medical  
 120 image is segmented into non-overlapping 4×4 patches (Hengyi Li et al., 2023) of varying sizes by a  
 121 patch splitting module. In addition, a linear embedding layer maps the raw-valued features to arbitrary  
 122 dimensions. The mapped output patch vector generates a hierarchical feature representation through  
 123 several Swin Transformer blocks and patch merging layers. In brief, the patch merging layer is applied  
 124 to downsample and increase dimensions, and the Swin Transformer Block is responsible for learning  
 125 feature representation. For the skip connections, inspired by U-Net++ (Zhou et al., 2020), the number  
 126 of connections is increased on the basis of the original skip connection. The encoder is composed  
 127 of the Swin Transformer, Patch Expanding Layer, and Patch Splicing Layer. The extracted context  
 128 information is multi-scale fused by patch splicing module through skip connections to supplement the  
 129 spatial information loss in the down-sampling process. The patch expanding layer is designed to sample  
 130 and reduce dimensions to obtain a higher resolution feature map. In the last patch expanding layer, the  
 131 feature map is recovered to the input image pixel size by quadruple upsampling. Finally, the obtained  
 132 features are applied to the linear mapping layer to output pixel-level segmentation prediction. We will  
 133 explain the role of each module in detail below.

### 134 Swin Transformer block

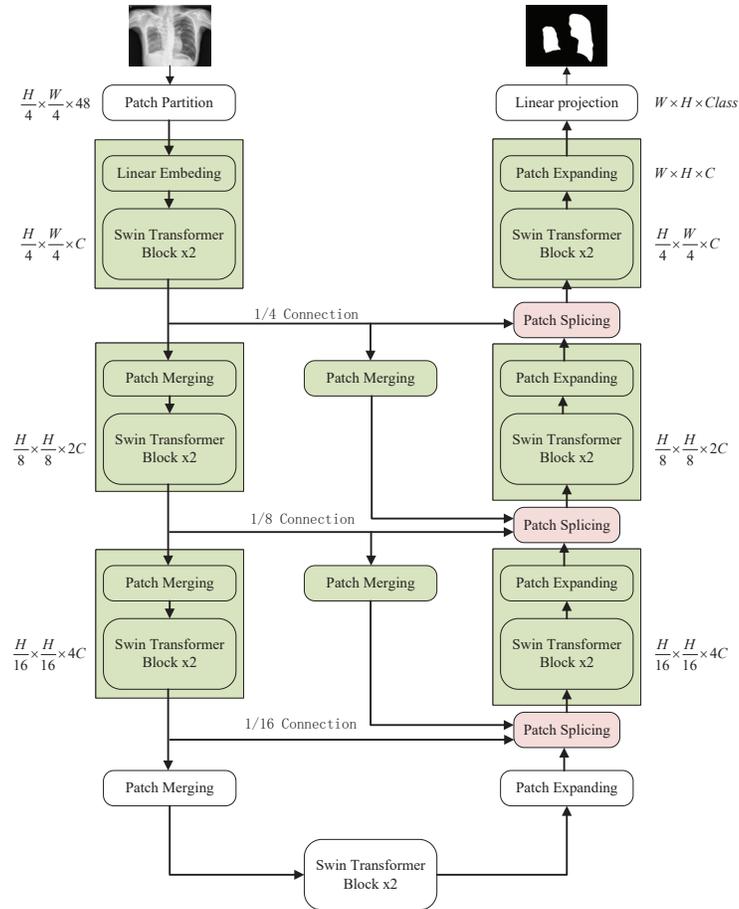
135 Compared with the traditional multi-head self-attention (MSA) module in the NLP network, the Swin  
 136 Transformer block uses more advanced shifted window-based multi-head attention (W-MSA and SW-MSA)  
 137 modules. Non-overlapping windows and cross-window connections are conducive to more effective  
 138 modeling. As shown in Figure 2, two consecutive Swin Transformer blocks are shown. Each Swin  
 139 Transformer block consists of a multi-attention module based on a mobile window, a two-layer MLP with  
 140 GELU nonlinear activation, and two LayerNorm (LN) layers that are normalized.

141 The two attention modules W-MSA and SW-MSA in the block use different window configurations,  
 142 and based on this window mechanism, the consecutive Swin Transformer block can be represented as:

$$143 \hat{z}^l = W - MSA \left( LN \left( z^{l-1} \right) \right) + z^{l-1} \quad (1)$$

$$144 z^l = MLP \left( LN \left( \hat{z}^l \right) \right) + \hat{z}^l \quad (2)$$

$$145 \hat{z}^{l+1} = SW - MSA \left( LN \left( z^l \right) \right) + z^l \quad (3)$$



**Figure 1.** The overall structure of the optimized model: the left half is the encoder, the right half is the decoder, and the middle is composed of multiple skip connections.

$$z^{l+1} = MLP\left(LN\left(\hat{z}^{l+1}\right)\right) + z^{l+1} \quad (4)$$

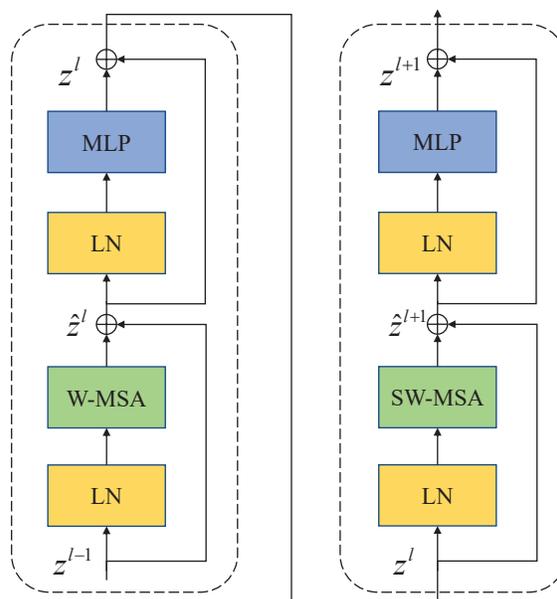
143 Similar to the traditional self-attention calculation method, where  $\hat{z}^l$  and  $z^l$  represent the output of the first  
144 W-MSA module and the MLP module, respectively.

$$Attention(Q, K, V) = SoftMax\left(\frac{QK^T}{\sqrt{d}} + B\right)V \quad (5)$$

145 where  $Q, K, V \in \mathbb{R}^{M^2 \times d}$  respectively represents matrix query, matrix key and value.  $M$  represents  
146 the number of patches in a window and  $d$  represents the dimensionality of query and key. Since the  
147 relative positions of the axes are at  $[-M+1, M-1]$ , Therefore the value of  $B$  comes from the bias matrix  
148  $\hat{B} \in \mathbb{R}^{(2M-1) \times (2M+1)}$ .

#### 149 Encoder

150 In the encoder, the original image being partitioned and processed is mapped to  $C$  dimension, and then the  
151 data input with  $C$  dimension pixel size of  $H/4 \times W/4$  tokens is fed to two consecutive Swin Transformer  
152 blocks for feature learning with feature size and resolution kept constant before and after processing. At  
153 the same time, to produce the layered representation, each patch merging layer will perform  $2 \times$  down-  
154 sampling to reduce the number of tokens and increase the feature dimension to  $2 \times$  the original dimension.



**Figure 2.** Swin Transformer block (W-MSA is a multi-head self-attention module with conventional configuration, and SW-MSA is a multi-head self-attention module based on shifted window configuration.)

155 The above operation is repeated to obtain layered feature maps at different scales similar to those in  
 156 convolutional networks.

157 **Patch merging layer:** To reduce the resolution and increase the dimensionality of the features, the input  
 158 patches are decomposed into four parts and then merged together to achieve a two-fold downsampling  
 159 operation and a four-fold increase in dimensionality. Since the dimension is increased to four times the  
 160 original dimension, a linear layer is applied to unify the feature dimension to two times the original  
 161 dimension.

## 162 Decoder

163 Similar to the encoder, the decoder is also built based on the Swin Transformer block. To restore the  
 164 feature map to the input image size and dimensions, a patch expanding layer is applied to upsample the  
 165 extracted features, as opposed to the patch merging layer in the encoder. With the patch expanding layer  
 166 operation, the feature map is reconstructed to a higher resolution feature map ( $2\times$ upsampling) and the  
 167 feature dimension is reduced to half of the original dimension.

168 **Patch expanding layer:** In a patch expanding layer, first a linear layer increases the input feature  
 169 dimension to twice the input dimension. Immediately afterwards, using rearrangement and image  
 170 transformation operations, the feature resolution is expanded to twice the original input pixels and the  
 171 feature dimension is reduced to one-half of the input dimension. With the above processing, the feature  
 172 dimension becomes one-half of the initial dimension and the feature size is expanded to twice the original  
 173 input pixels.

174 **Patch splicing layer:** The patch splicing layer is designed to fuse the multiscale features of the  
 175 encoding process with the upsample features, This is shown in Figure 3. In the first two patch splicing  
 176 layers, the information ( $X^1$  and  $X^2$ ) of the two scales in the encoding process is concatenated, and the  
 177 feature dimension is increased to twice the original input dimension. Subsequently, a linear layer is applied  
 178 to reduce the dimensionality to the original input feature dimension. Then the same operation is performed  
 179 with the upsampled feature information  $X^3$  to obtain the fused output feature  $Y$ . The last patch splicing  
 180 layer directly fuses the two sets of feature information using a single operation.

181 If  $X^1$ ,  $X^2$ , and  $X^3$  are spliced together directly after the fully connected layer, the number of parameters

182 does not simply increase linearly but exponentially, which results in a long model operation time.  
 183 Therefore, in this module, in order to reduce the number of parameters and improve the efficiency  
 184 of information fusion, the design of the fully connected layer is adopted after splicing in stages, and  
 185 the information of three different scales can be fused by adding a small number of parameters. After  
 186 the module processing, it connects the shallow features with the deep features to increase the feature  
 187 information in the decoding process, thus achieving the purpose of improving the segmentation accuracy.

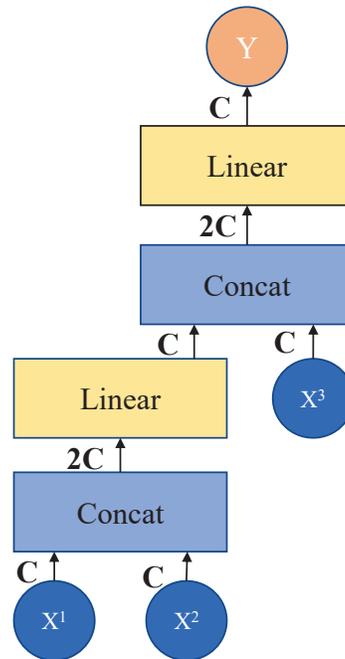


Figure 3. Patch splicing layer

### 188 Skip connection

189 The skip connection plays a key role in the U-shaped segmentation network by combining shallow,  
 190 low-level, fine-grained feature maps from the encoder sub-network with deep, semantic, coarse-grained  
 191 feature maps from the decoder sub-network. Connecting the different features through skip connections  
 192 reduces the loss of spatial information due to downsampling.

## 193 EXPERIMENTS

### 194 Datasets

195 **Chest Xray Masks and Labels dataset:** This dataset (Jaeger S et al., 2014; Candemir S et al., 2014)  
 196 contains the X-ray masks of chest and the corresponding labels; there are 704 images divided as training  
 197 set and 6 images divided as test set. And the average Dice Similarity Coefficient (DSC) and average  
 198 Hausdorff Distance (HD) is used as evaluation metric to evaluate our model for lung segmentation in  
 199 chest.

### 200 Implementation details

201 The model was implemented based on Python 3.9.7 and PyTorch 1.11.0. For all training image cases, data  
 202 augmentation was used to increase data diversity. The input image size is set to  $224 \times 224$ , and the patch  
 203 size is set to 4. We train the model on a NVIDIA Geforce RTX 3060 Laptop GPU with 6GB memory. The  
 204 SGD optimizer with momentum 0.9 and weight decay  $1e-4$  settings is applied to optimize the regression  
 205 propagation of our model. Due to the small number of images in the medical image dataset and the  
 206 unavailability of pre-training on a large dataset, the swin-tiny-patch4-window7-224 weights from Swin  
 207 Transformer are introduced into the network for subsequent training using Transfer learning.

### 208 Experiment results on Chest X-ray Masks and Labels dataset

209 The segmentation results using different networks on the Chest X-ray test set are shown in Table 1. Our  
 210 optimized algorithm achieves 97.86% performance on the DSC evaluation test set. Compared with U-Net  
 211 based on CNN neural networks, TransU-Net combined with CNN network and Transformer, the accuracy  
 212 of SwinU-net before optimization is 0.43%, 0.1%, 0.63%. That is to say, our method achieves a better  
 213 segmentation prediction effect. After comparison, it can be proved that the design with the special fusion  
 214 module added by our design helps to improve the accuracy. The method of two fusions from the encoding  
 215 process can better learn the global and long-distance semantic interaction information so as to achieve a  
 216 better split effect.

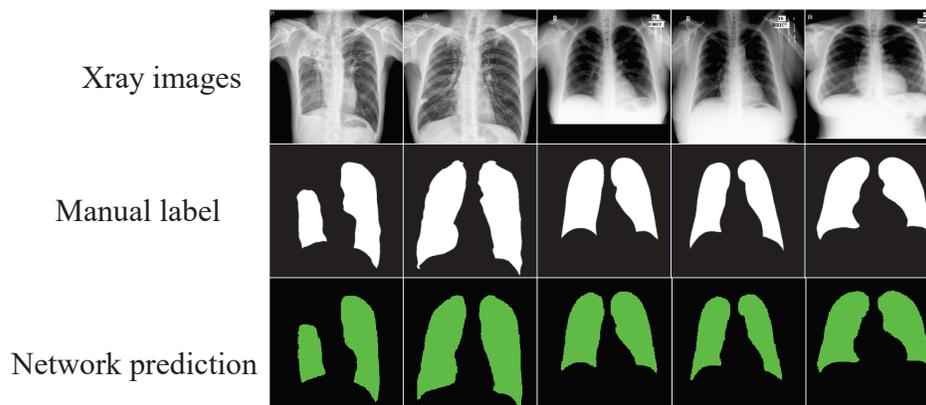
1\* a:U-Net(Xiao et al., 2018),b:FCN(Shelhamer Evan et al., 2015),c:Deeplab-V3(Chen L C et al.,  
 2017),d:TransUnet(Chen et al., 2021),e:SWinU-net(Cao H et al., 2021).

2\* Dice Similarity Coefficient(DSC);Hausdorff Distance(HD)

Framework		Average	
Encoder	Decoder	(DSC)↑	(HD)↓
R50	U-Net(a)	97.43	–
CNN	FCN(b)	97.66	–
R50	Deeplab-V3(c)	97.75	–
R50-Vit	TransUNet(d)	97.76	4.77
Swin-Transformer	SwinU-net(e)	97.23	4.53
our model		97.86	4.37

**Table 1.** Comparison on the Chest X-ray Masks and Labels dataset(average dice score % and average hausdorff distance in mm, and dice score% for each organ).

217 The segmented images automatically output through the network can visualize the shape of the lung  
 218 and its position in the chest cavity, as shown in Figure 4, which can assist doctors in the diagnosis of lung  
 defects and greatly improve the efficiency and accuracy of diagnosis.



**Figure 4.** The segmentation results of the optimized model on the Chest X-ray dataset.

219

### 220 Experiment results on COVID-19 CT scan lesion segmentation dataset

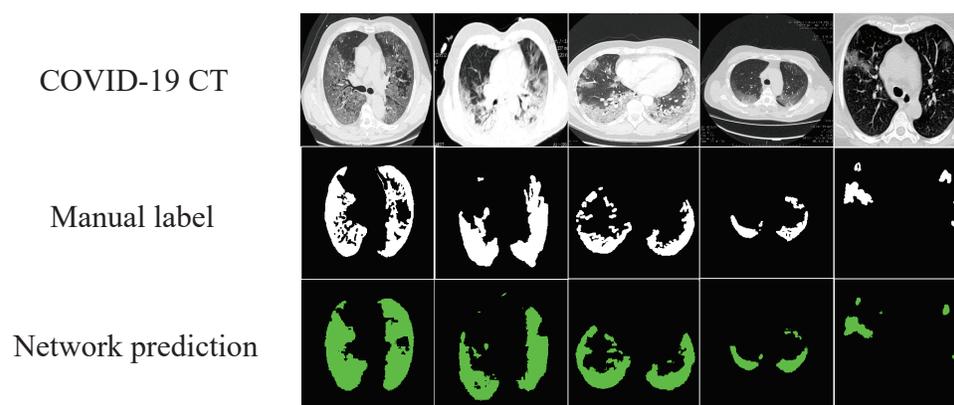
221 Due to the small number of samples in the Chest X-ray Masks and Labels dataset, training was performed  
 222 in the COVID-19 CT scan lesion segmentation dataset as a supplement to perform medical image  
 223 segmentation. The dataset contains 2729 samples, and a 9:1 ratio was used to divide the training and  
 224 validation sets. The results in Table 2 show that our network still achieves excellent performance with an  
 225 accuracy of 86.34%, which also indicates the good generalization ability and robustness of our method.  
 226 In addition, it can be observed in Figure 5 that we can also perform the segmentation task perfectly in the

227 irregular and complex COVID-19 CT and get the suitable segmented images for professionals to review  
228 for identification.

\* Dice Similarity Coefficient(DSC);Hausdorff Distance(HD)

Framework		Average	
Encoder	Decoder	DSC↑	HD↓
R50-Vit	TransUNet	85.50	16.53
Swin-Transformer	SwinU-net	82.18	20.71
our model		86.34	13.75

**Table 2.** Comparison on COVID-19 CT scan lesion segmentation dataset(average dice score % and average hausdorff distance in mm, and dice score% for each organ).



**Figure 5.** The segmentation results of the optimized model on COVID-19 CT scan lesion segmentation dataset.

### 229 Ablation experiments on Chest X-ray Masks and Labels dataset

230 Because the data set authors set too few test samples, the test error may be too large. Therefore, the data  
231 set was adjusted, and the samples in the original training set were re-divided according to the ratio of 9:1  
232 for the next stage of the ablation experiment.

\* Dice Similarity Coefficient(DSC)

Framework	Patch Splicing	No Patch Splicing
Add 1/4 connection	96.18	96.14
add 1/8 connection	96.24	96.21
SwinU-net	-	95.93
Add 1/4+1/8 connection	97.37	97.31

**Table 3.** Ablation experiments on Chest X-ray Masks and Labels dataset(average dice score % for each organ).Different conditions were set for comparison experiments, and the middle parameter was the average Dice Similarity Coefficient(DSC) results of training.

233 From the results of the ablation experiments in Table 3, it can be concluded that adding skip  
234 connections can help improve the accuracy, and using the special splicing module we built can slightly  
235 improve the segmentation accuracy, but using the special splicing can reduce model parameters. Due  
236 to the full connection operation used when splicing skip-connected data, the number of direct splicing  
237 parameters increases exponentially, so we use two-stage full connection operations to achieve the same  
238 effect as the original direct splicing while reducing parameters.

## 239 CONCLUSIONS

240 Our optimized pure Transformer encoder-decoder network can automatically segment lung parenchyma  
241 from chest Xray images. Use the Swin Transformer block as a feature extractor to extract feature  
242 information, and use skip connections and our special splicing to learn long-distance semantic information  
243 interactively.

244 One of the more advanced methods at this stage is the combination of CNN and Transformer, such  
245 as TransU-net, and the other is a U-shaped segmentation network composed of pure Transformer, such  
246 as SwinU-net. The former category combines the advantages of CNN and Transformer to complete  
247 the task well, but for the small number of samples in the medical data set, the generalization ability is  
248 not as good as the network composed of pure Transformer like in this paper. The pure Transformer  
249 model has the disadvantage of being insensitive to local perception, but we use migration learning to use  
250 module weights trained on large-scale datasets and use skip connections and splicing fusion to improve  
251 long-distance information interaction and global modeling capabilities, making up for its shortcoming.  
252 The final experiments show that our model has good generalization ability and excellent segmentation  
253 effects.

254 However, our network can only segment 2D images, and there is a need for stereoscopic segmentation  
255 of 3D medical images. Therefore, the next stage of segmentation and application of 3D medical images is  
256 our goal and direction.

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## 261 DISCLOSURE STATEMENT

262 No potential conflict of interest was reported by the authors.

## 263 AVAILABILITY OF DATA AND MATERIAL

264 Not applicable.

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