

Quality assessment of the commercially available alcohol-based hand sanitizers with femtosecond thermal lens spectroscopy

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Using femtosecond-pulse-induced thermal lens spectroscopy (FTLS), we report a novel method for the quality measurements of Alcohol-Based Hand Sanitizers (ABHS). To sustain its effectiveness, the ABHS must contain the recommended concentration of alcohol content. We diluted the hand sanitizer with water to reduce the quantity of alcohol in the mixture and then performed thermal measurements on it. We performed both dual-beam Z-Scan and time-resolved TL measurements to identify the alcoholic content in the ABHS. The Thermal Lens (TL) signal of the solvent is capable of detecting any relative change in the alcohol content in the mixture. Our technique, therefore, emerges as a sensitive tool for quality testing of alcohol-based hand sanitizers.

1 Quality Assessments of the Commercially Available
2 Alcohol-based Hand Sanitizers with Femtosecond
3 Thermal Lens Spectroscopy

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30 **Abstract:**

31 Using femtosecond-pulse-induced thermal lens spectroscopy, we report a novel method for the
32 quality measurements of Alcohol-Based Hand Sanitizers (ABHS). To sustain its effectiveness, the
33 ABHS must contain the recommended concentration of alcohol content. We diluted the hand
34 sanitizer with water to reduce the quantity of alcohol in the mixture and then performed thermal
35 measurements on it. We performed both dual-beam Z-Scan and time-resolved TL measurements
36 to identify the alcoholic content in the ABHS. The Thermal Lens (TL) signal of the solvent is
37 capable of detecting any relative change in the alcohol content in the mixture. Our technique,
38 therefore, emerges as a sensitive tool for quality testing of alcohol-based hand sanitizers.

39 **Keywords:** Thermal Lens Spectroscopy, Femtosecond Laser, Alcohols, Sanitizers.

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57 **Introduction:**

58 Hand sanitizers have become a part of our daily life post-Covid-19 pandemic. There are primarily
59 two types of hand sanitizers, alcohol-free hand sanitizers and alcohol-based hand sanitizers
60 (AHBS). The alcohol-free sanitizer uses chemicals having antiseptic qualities to achieve its
61 antimicrobial effects. Depending on their chemical functional groups, these compounds operate
62 and function in various ways [2,3]. ABHS may include one or more types of alcohol, together with
63 additional excipients and humectants. Without the need for water or drying with towels, ABHS
64 can effectively and rapidly eliminate a broad spectrum of microorganisms [4]. ABHS formulations
65 on the market consist of low-viscosity liquids, gels, foams, dispensers, and wipes [5]. The efficacy
66 of ABHS is reliant on the interaction of multiple parameters, including alcohol type and amount,
67 formulation, other components, manufacturing method, and correct usage technique [6].

68 The alcohol content of ABHS products ranges from 60 to 95% (v/v). The US Centers for Disease
69 Control and Prevention (CDC) recommends a concentration of 60–95% Ethanol (EtOH) or 2-
70 propanol (IPA) mixed with distilled water for alcohol-based hand sanitizers [5,7]. The World
71 Health Organization (WHO) has advised using alcohol-based hand sanitizers in the absence of
72 water to prevent the spread of the coronavirus since the SARS-CoV-2, CoViD-19 outbreak [8].

73 Because of this recommendation, there is a lot of demand for ABHS. With this heavy demand for
74 sanitizers, the quality of these hand sanitizers is compromised by reducing the alcoholic quantity
75 in the solution [9]. The effectiveness of an ABHS depends on its alcohol concentration; therefore,
76 quality control is crucial to maintain product integrity and to ensure that consumers are purchasing

77 and using products that have virucidal activity against COVID-19. It is, therefore, critical for
78 developing simple and quick measurement techniques for detecting alcohol in ABHS as well as in
79 determining the alcohol content in commercial ABHS to verify that the user is purchasing an
80 effective product.

81 A few previous attempts have been made for the requirement of quality control. The hand sanitizers
82 have been examined using a qualitative NMR method to check for impurity chemicals [10]. The
83 gas chromatographic method was utilized in order to measure the amount of alcohol present in
84 both commercially available and homemade ABHS that were liquid and gel-based, respectively
85 [9][11]. The quality of the ABHS was also evaluated using NIR spectral data analysis [12].

86 However, most of these analytical measurements require rigorous experimental treatment. The
87 NMR method demands an expensive instrumentation capability. Other measurement techniques
88 require external calibration and a sensitivity issue exists for low-level impurities [10]. We,
89 therefore, propose a simple yet powerful approach to examine the alcoholic content in a sanitizer
90 using Thermal Lens (TL) spectroscopic technique [13]. The recent work aims to fulfill the
91 requirement of a simple yet powerful tool for quality measurements of these sanitizers.

92 Thermal lens spectroscopy is a widely used tool for understanding thermo-optical properties
93 [14–18], Nonlinear optical properties [19,20], trace analysis [21], photochemical reactions [22,23],
94 molecular isomerism [24], distinguishing isotopes [25], etc. This spectroscopic tool has already
95 been used to learn about the structural information of molecules [26,27] and intermolecular
96 interactions [28,29].

97 Thermal lens spectroscopy is a highly sensitive non-destructive spectroscopic technique that can
98 take advantage of localized photothermal heating in liquids. Photothermal heating creates a
99 temperature gradient and a consequent refractive index gradient. The sample then starts to act like

100 a thermally induced lens. The collimated probe beam encounters a spatially modified refractive
101 index inside the sample, which modulates the wavefront. In a time-resolved thermal lens
102 experiment, we quantify the probe beam's relative change due to the pump beam. The measurement
103 continues until the sample reaches a steady state or a thermal equilibrium [30–32].

104

105 **Experimental Details**

106 The TL measurements were performed by a mode mismatched pump-probe spectroscopic
107 arrangement. A dual output (1560 nm & 780 nm) Er-doped fiber laser was employed as the light
108 source. The 1560 nm beam was used as the pump beam, whereas the 780 nm line was used as the
109 probe source. The pump beam is focused using a convex lens for photothermal heating, and the
110 probe beam is kept collimated over the entire path. The schematic diagram of the experimental
111 setup is given in figure 1.

112

Figure 1

113 For the dual beam z-scan experiment, we placed the sample on a motorized translational stage, and
114 then the stage was moved along the pump beam direction. The transmittance of the probe beam as
115 a function of the sample beam was then recorded in a large-area photodetector. A mechanical
116 shutter is placed on the pump beam arm, which allows the pump beam to be incident for a period
117 of 5 seconds and then blocks its incidence for the next 5 seconds. Now for the time-resolved TL
118 measurements, the sample is positioned at the focus of the pump beam, and then we record the
119 transient behavior of the transmitted probe beam.

120

121 **Mathematical Background and Theoretical Foundations of Thermal Lens** 122 **Models**

123

124

125 The TL signal for dual beam Z-Scan is written in the form of

(1)

126
$$S(z, t_{\infty}) = \frac{T(z, t_{\infty}) - T_0}{T_0}$$

127 Here $T(z, t_{\infty})$ is the transmittance of the probe beam through the aperture in the presence of the
128 pump beam. T_0 is also the same probe beam transmittance but when the pump beam is absent [24].

129 We recently demonstrated that the most widely used model proposed by Shen et al. is incapable
130 of explaining the unusual thermal lens signatures of alcohols with strong absorption at the pump
131 wavelength, causing a greater heat load inside the sample [13,15]. Later, a new model was
132 developed to account for the thermal lens behavior of highly absorbing samples by incorporating
133 both conductive and convective heat transfer modes[33].

134 The time-resolved TL signal is defined as follows [34]

135

136
$$S(t) = \frac{I(t)}{I(0)} \tag{2}$$

137 Where, $I(t)$ is the intensity of the probe beam transmitted through an aperture when the pump beam
138 is turned on, whereas $I(0)$ is the intensity of the probe beam transmitted through the aperture when
139 the pump beam is turned off. Now, we can express the steady-state thermal lens signal as

140
$$S(\infty) = \frac{I(\infty) - I(0)}{I(0)} \tag{3}$$

141 Here $I(\infty)$ is considered to be the TL signal after a sufficiently long period of time has
142 passed with no change in the TL signal. The TL signal is additionally written as:

143

144
$$TL(t) = 1 - S(t) \tag{4}$$

145

146 The following Modified Shen model equation describes the time-resolved thermal lens.

147

$$\frac{I(t)}{I(0)} = \left[1 - \frac{\theta_1 + \theta_2}{2} \tan^{-1} \left\{ \frac{2mv}{((1+2m)^2 + v^2)^{\frac{t_c}{2t}} + 1 + 2m + v^2} \right\} \right]^2$$

$$+ F \left[\frac{\theta_1 + \theta_2}{4} \ln \left(\frac{[1 + 2m/(1 + 2t/t_c)]^2 + v^2}{(1 + 2m)^2 + v^2} \right) \right]^2 \quad (5)$$

150

151 The quantities θ_1, θ_2 and t_c contain all of the sample's properties that affect the strength of the
 152 thermal lens. The geometrical parameters are denoted by m and v . which is defined as, $m =$

$$153 \frac{\omega_p^2}{\omega_e^2} \quad \text{and} \quad v = \frac{z_1}{z_c} + \frac{z_c}{z_2} \left[1 + \left(\frac{z_1}{z_c} \right)^2 \right].$$

154

$$155 \theta_1 = -Al \left(\frac{dn}{dT} \right) / \lambda_p \kappa, \quad \text{and} \quad \theta_2 = \left[(\alpha(P - A)l \left(\frac{dn}{dT} \right) / \lambda_p h \right] \exp(-t_d/t) = \theta_{conv} \exp(-t_d/t),$$

156 dn/dt is the thermo-optic coefficient of the sample, The wavelength of the probe beam is denoted

157 by λ_p , the sample path length is denoted by l , and the absorption coefficient is denoted by A . ω_e

158 denotes the radius of the pump beam, and ω_p denotes the radius of the probe beam at the sample

159 position; P_e denotes the power of the pump beam; $t_c = \frac{\omega_e^2}{4D}$, denotes the characteristic time

160 constant, and D denotes the thermal diffusivity.

161

162 Sample Preparation

163 In our experiment, we used three alcohol-based Sanitizers (S1, S2, and S3), which were further

164 diluted with deionized water before the experiments. S1 is an IPA-based sanitizer where the main

165 constituent of S2 is ethyl alcohol (EtOH). The sanitizer S3 is a mix of both IPA & EtOH. These

166 three sanitizers and the other two pure solvents (EtOH & IPA) were mixed with DI water at desired

167 volumetric proportions. These samples were further sonicated at room temperature for 15 minutes.

168

169 Results and Discussions

170 The UV-Vis-NIR absorption spectroscopy of the samples used (Figure 2) gives us an idea of the
171 absorption coefficient of the samples at the pump wavelength. The optical absorption of the pump
172 wavelength is very critical to TL measurements as it is directly correlated to the photothermal
173 heating inside the samples.

174 Figure 2

175 Initially, we took three sanitizers in their pure state and then added DI water in order to dilute the
176 alcohol quantity in the newly prepared mixture. After dilution, the volumetric ratio of the sanitizer
177 and water in the immediate next mixture was set to 90:10. Further, we added water to set the ratio
178 to 80:20. So, again, the amount of water in the mixture was increased in intermediate steps of 10%.
179 All three sanitizers and also EtOH & IPA exhibit significant absorption at 1560 nm (Pump
180 Wavelength) [35]. Among these, water has the highest absorption value, and with the increasing
181 quantity of water in the mixtures, the absorption at the pump wavelength enhances. This results in
182 an increment of thermal heat loading in the system during the TL measurements.

183 Figure 3

184 Figure 3 (a) depicts the dual beam Z-Scan traces for the pure solvents (viz. EtOH, IPA & water).
185 Among these solvents, IPA & EtOH exhibits a very strong TL signature; however, water has a
186 very low TL signal because of its high thermal conductivity [36,37]. In the case of EtOH & IPA,
187 when the sample is moved towards the focal plane, the thermal load inside the system increases
188 accordingly, resulting in an enhanced lensing effect. Thus, the TL signal is found to increase as
189 the sample moves closer to the focal region. Near the focal area, the beam diameter of the pump
190 beam is minimal, so the intensity of the pump beam is the highest, and so is the heat load.
191 Consequent to the immense heat load, the convective mode of heat transfer comes into the picture
192 as a part of the heat dissipation process. Due to such convective processes, we observe a slow rise

193 in the TL signal near the focal region. The TL signal exhibits a "W" type signature because of the
194 convective heat transfer mechanisms. Figure 3 (b) represents the dual beam Z-Scan traces of the
195 three sanitizers. Since the main constituent of these sanitizers is either IPA or EtOH, they all are
196 highly sensitive to TL effects and exhibit a very strong TL signal. We can also observe the "W"
197 type TL signature for the sanitizer S2, which is obvious as the main constituent of S2 is EtOH.
198 Time-resolved TL measurements for the pure solvents are shown in figure 3(c). EtOH & IPA
199 exhibit a strong TL signal in the presence of the pump beam. The TL signal for these two solvents
200 reaches a steady state after passing through the inflection point. The rise of the TL signal from the
201 inflection point to the steady state results from the convective heat transfer processes arising in the
202 system. Water has a comparatively weaker TL response than the other two, which could be
203 attributed to its exalted thermal conductivity. Figure 3(d) represents the time-resolved TL signal
204 for all three investigated sanitizers. As the main constituents of these sanitizers respond positively
205 to the thermal tensing effects, the sanitizers are also highly sensitive to TL effects and exhibit a
206 very strong TL signal during time-resolved measurements.

207

208

Figure 4

209 Figure 4(a), (b), and (c) represent the dual beam Z-Scan traces of the sanitizer S1, S2, and S3,
210 respectively. In all three figures, we observe that the pure sanitizers and their diluted mixtures are
211 very sensitive to the TL measurements. The maximum TL response is observed near the focal
212 plane during the dual beam Z-scan. The amplitude of the TL signal for the pure solvents is found
213 to be the maximum for all three cases. The subsequent addition of water to the mixture reduces the
214 volume fraction of the sanitizer component. From the UV-Vis NIR absorption spectrum (figure 1),
215 we notice that the absorbance value of the mixture at the pump wavelength is increased with the
216 increasing concentration of water in the mixture. As the absorption increases, we expect the

217 thermal heat load deposited to the system also to increase similarly. The enhanced heat load should
218 contribute to a greater TL signal amplitude, but on the contrary, we observe that the TL signal
219 decreases with increasing water concentration.

220 All these results could be attributed to the very high thermal conductivity of water. Water systems
221 have a very strong hydrogen-bonded network. Consequently, the deposited heat could be
222 transported very effectively in the system, and hence the TL signal decreases although the heat
223 load increases in the system. The highly conductive hydrogen-bonded network of the water
224 molecules takes care of the transportation of the accumulated energy.

225 Earlier in figure 3, we observed that the main constituents of the sanitizers, i.e., IPA & EtOH,
226 exhibit a convective property, and so do we observe for the pure sanitizers. In figure 4, also we
227 notice a W-type signature in the z-scan traces of the samples for pure sanitizers. However, this
228 feature diminishes upon mixing water in the system. This indicates that the convective effects
229 slowly die out, and conduction is established as a dominating mode of heat transport in the system.
230 When the sanitizer concentration falls below 60% (v/v), the TL signal amplitude is found to fall
231 very sharply, and the TL response of the system is diminished to much extent when the water
232 content is significantly high in the mixture.

233 Figure 5

234 Figure 5(a), (b), and (c) represent the time-resolved TL signal of the sanitizers and their diluted
235 mixtures with water. Pure sanitizers exhibit the maximum steady-state TL signal. The steady-state
236 TL signal is found to be decreasing when water is added to the system. Very similar to the dual
237 beam z scan traces, the sharp fall in the steady state TL signal is observed when the sanitizer
238 concentration in the system falls below 60% (v/v). The TL response is also negligible in the time-
239 resolved measurements at very low sanitizer concentrations.

240 Till now, we have understood the TL signatures of pure sanitizers and their main constituents. We
241 also explored the TL response of the sanitizers when they were diluted with water. However, to
242 understand the TL response in more detail, it is necessary to comprehend the dilution effects on
243 the main constituents of the sanitizers. We further prepared mixtures by diluting EtOH and IPA
244 with water and performed TL measurements with these samples.

245 Figure 6

246 Figure 6(a) depicts the dual beam z-scan traces for the IPA-water mixtures. We observe a "w" type
247 feature in the z-scan trace of pure IPA, similar to figure 3, which indicates the presence of
248 convective characteristics in the system. Surprisingly the pure IPA does not exhibit the maximum
249 TL signal amplitude. When water is added to the mixture, we observe the TL signal amplitude
250 increases up to some extent and then decrease upon further addition of water. The convective
251 feature also slowly diminishes when water is added to the system establishing the conductive mode
252 into a dominating mode of heat transfer when the water proportions are significantly large in the
253 system.

254 Figure 6(b) represents the z-scan traces for EtOH-water mixtures. EtOH also exhibits a very strong
255 convective heat transfer feature in its TL signature. However, these convective effects are diluted
256 upon adding water to the system, similar to the earlier ones. Also, in the TL response of the EtOH-
257 Water mixture, the amplitude of the TL signal is not maximum for the pure EtOH solvent. We
258 observe an initial rise in the TL amplitude when water is mixed into the system. Further addition
259 of water in the mixture leads to a decrement in the TL signal.

260 The time-resolved TL signatures of the IPA-water mixture are presented in figure 6(c). The
261 inflection points in the TL signatures are evidence of the presence of convective mode. When
262 water is added to pure IPA for dilution purposes, we observe that the steady state TL signal of the

263 mixture increases a little compared to the pure IPA. Further addition of water in the mixture
264 eventually leads to a decrement in the steady state TL signal of the mixture. The inflection point
265 and the convective features slowly vanish with increasing water proportions in the mixture, which
266 could be attributed to the very high thermal conductivity of the water molecules.

267 Figure 6(d) represents the time-resolved TL signal for EtOH-Water mixtures. The TL response
268 here is also very similar to the earlier one. The steady-state TL signal initially increases on water
269 inclusion and decreases further when the water content exceeds the alcohol content in the mixture.
270 The convective mode of heat transfer is very much present in the mixtures where the alcohol
271 concentration is sufficiently large. Still, these convective characteristics are diminished at
272 concentrations where water molecules are dominating.

273 An interesting feature in both systems is observed that the pure solvents do not exhibit the highest
274 steady-state TL signal. Rather than the EtOH/IPA (90%)-Water (10%) mixture have a greater TL
275 signal than their pure state. These phenomena arise due to the formation of complex clusters by
276 alcohol and water molecules in the mixtures [38,39]. These clusters are larger, have a very complex
277 shape, and are heavier in size than the standalone alcohol molecules. Therefore, the movement and
278 drifting of these structures are very much restricted compared to the small alcohol molecules. As
279 a result, these molecular complexes have minimal contribution to the convective mode of heat
280 transfer, and the accumulated heat is not carried away smoothly as earlier. Hence, we observe a
281 rise in the steady state TL signal at the initial stages of dilution of alcohols with water.

282

Figure 7

283 Figure 7 represents the variation of the steady-state TL signal of the pure solvents and also their
284 diluted mixtures with water. In figure 7(a), we notice the steady-state TL signal decrement when
285 the volume fraction of water increases. Any amount of water added to the sanitizers changes the

286 photothermal response of the mixture, which is reflected in their TL signature. The decrement of
287 the TL signal is very rapid after a substantial amount of water molecules are present in the system.
288 Our TL measurements are sensitive enough to capture any change in the constituents of the
289 mixture. Hence when we dilute the sanitizers with water, the TL measurement is able to reveal the
290 change in its components through a decrement of the steady state TL signal.

291 Figure 7(b) represents the variation of steady-state TL signals of IPA-water and EtOH-Water
292 mixtures at different volumetric proportions of water. For IPA water mixtures, we observe that the
293 steady state TL signal decreases significantly only after the number of water molecules is near the
294 same or larger than the alcohol molecules. The photothermal response of the mixtures is almost
295 like the pure states when the water molecules are in limited numbers in the mixture. We observe a
296 rapid decrease in the steady state TL signal after IPA (50%) – Water (50%).

297 For EtOH-water mixtures, we observe that the steady state TL signal increases initially upon the
298 addition of water in the mixture, but later, the TL signal is found to be decreasing with increasing
299 water concentration. Pure EtOH doesn't exhibit the highest TL signal due to its convective features.

300 The initial increase of the TL signal is explained earlier, which is attributed to the formation of
301 complex molecular structures.

302 However, when we compare the dilution effects in sanitizers and in pure solvents, we find that the
303 TL response of the sanitizer mixture is very prompt compared to the other one. In the case of the
304 sanitizers, we do not observe any initial increment of the TL signal. The intermolecular interaction
305 of the main constituent of sanitizer and water is reduced due to the presence of other impurities,
306 like fragrances, glycerin, colorant, etc., in the local environment. Hence the TL response of the
307 sanitizers is different from that of the pure solvents. Consequently, we can identify the change in
308 the composition of the sanitizer mixtures through our TL measurements.

309

310 **Conclusions**

311 We performed dual beam Z scan and time-resolved TL measurements of alcohol-based hand
312 sanitizers and their main constituent components IPA & EtOH. We have also conducted TL
313 measurements after diluting the sanitizers with water. The photothermal response was also
314 measured for EtOH and IPA and their mixtures with water to gain greater insight into their
315 intermolecular interactions and dilution effects on heat transfer mechanisms. Our TL
316 measurements appear capable of quantifying the available proportions of alcohols in the sanitizer-
317 water mixtures. Our study correlates the effect of ingredients ratio on the performance of the hand
318 sanitizer. TL measurements could identify any change in the sanitizer compositions; hence, our
319 technique emerges as a sensitive probe to study such complex systems.

320

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322

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327

328 **Conflict of interest**

329

330 The authors declare no conflict of interest.

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332 **References**

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Figure 1

Schematic diagram of the experimental setup

Schematic Experimental Diagram.

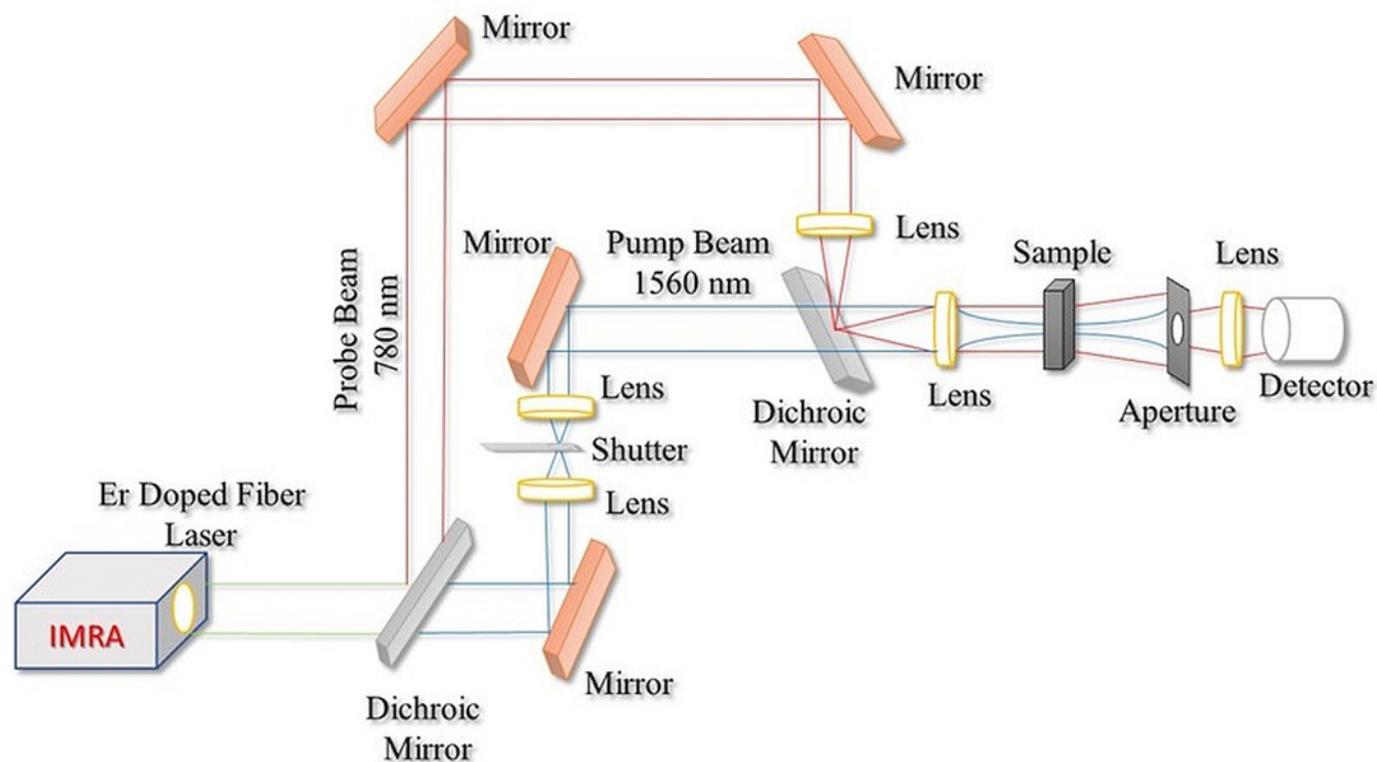


Figure 2

UV-Vis -NIR absorption Spectrum of all the samples used (a), (b), (c), (d) and (e).

The addition of Water in pure solvent increases the absorption of the mixture at 1560 nm for all the samples.

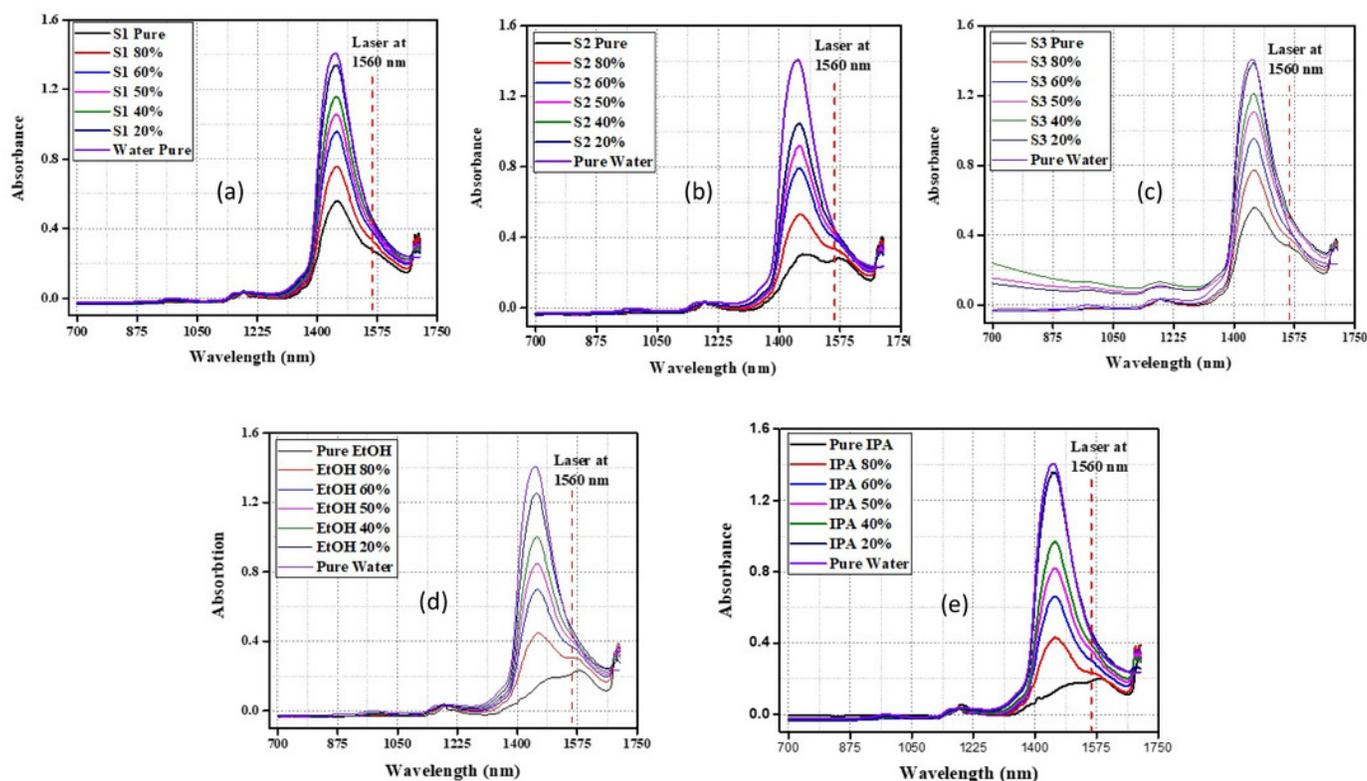


Figure 3

Thermal Lens Spectra of pure solvents

(a) and (b) Dual-beam Z-Scan Thermal Lens Spectra of pure solvents. (c) and (d) Dual-beam Time-resolved TL measurements of Pure solvents.

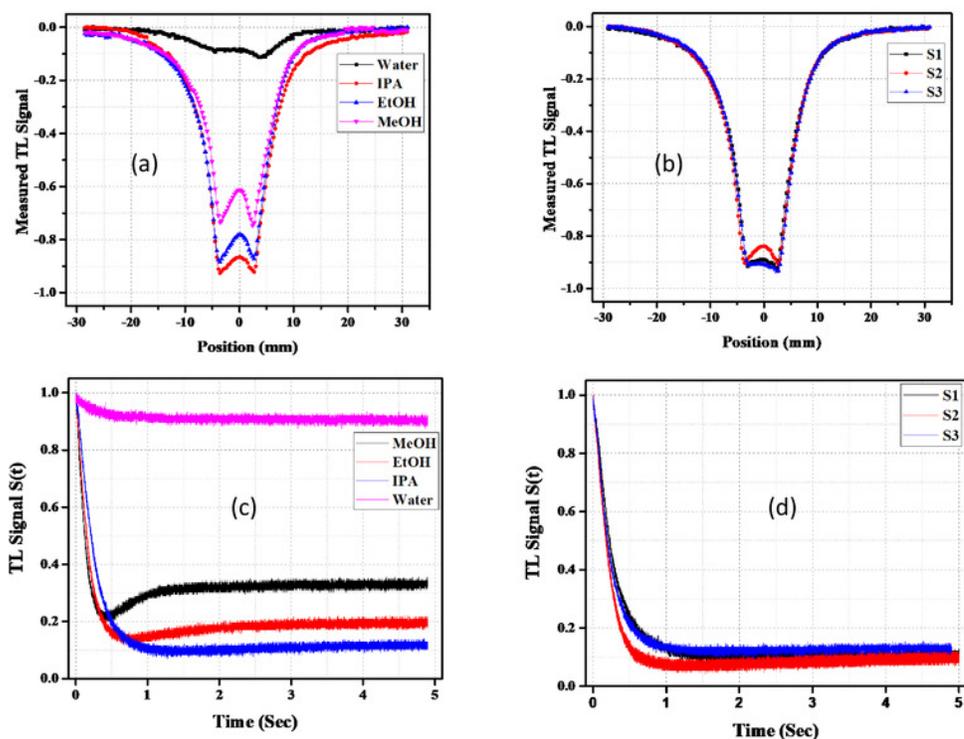


Figure 4

Dual-beam Z-Scan and Time-resolved TL measurements of three sanitizers.

Dual-beam Z-Scan and Time-resolved TL measurements of three sanitizers (S1, S2, and S3) and their mixtures with water.

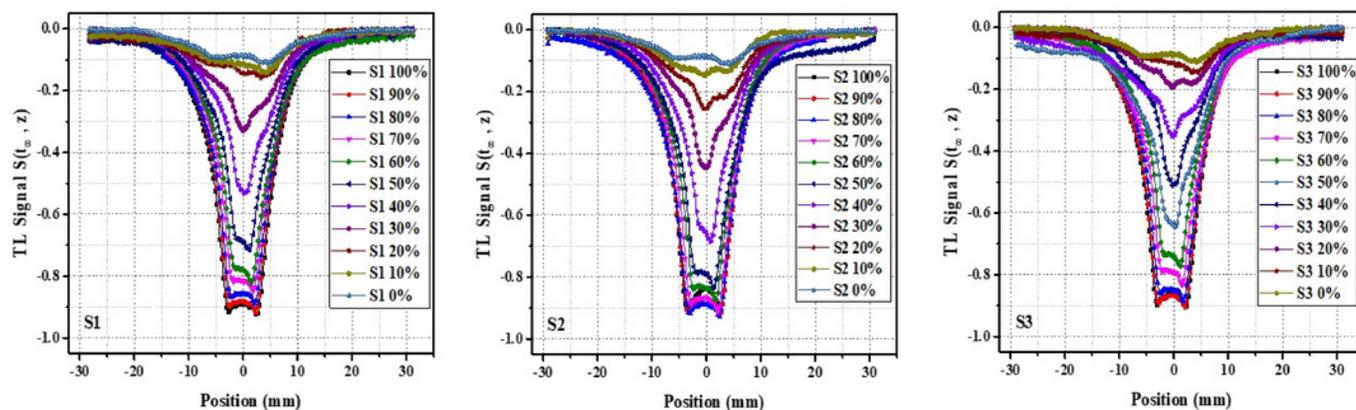
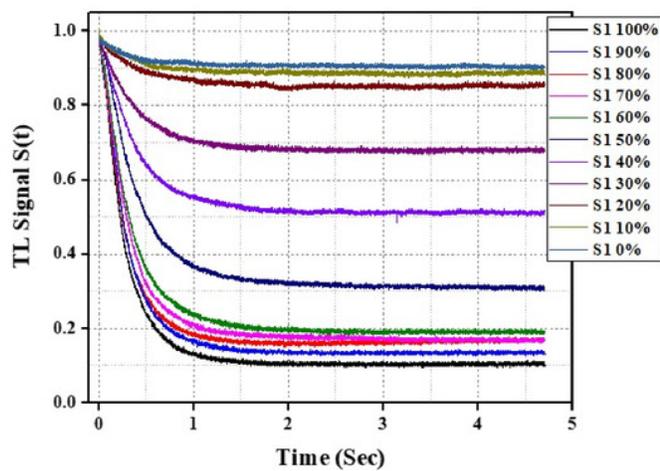


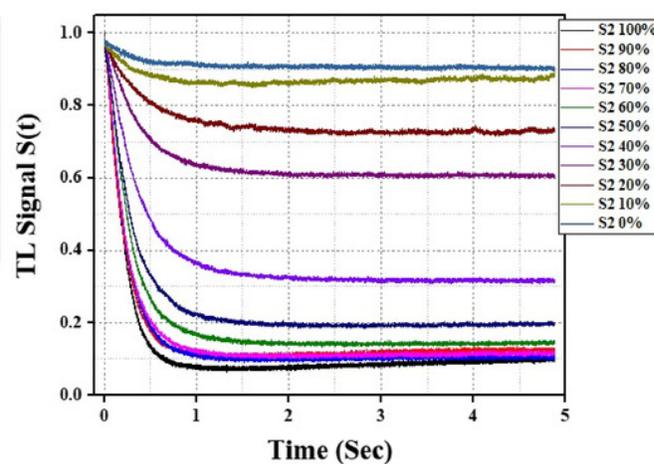
Figure 5

Time-resolved TL signal of the three sanitizers studied.

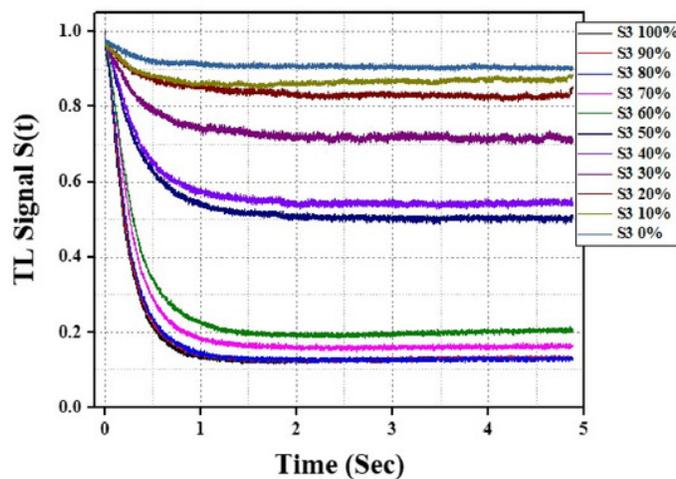
Time-resolved TL signal of sanitizers (S1, S2, and S3) and their mixtures with water as shown in (a), (b), and (c) respectively.



(a)



(b)

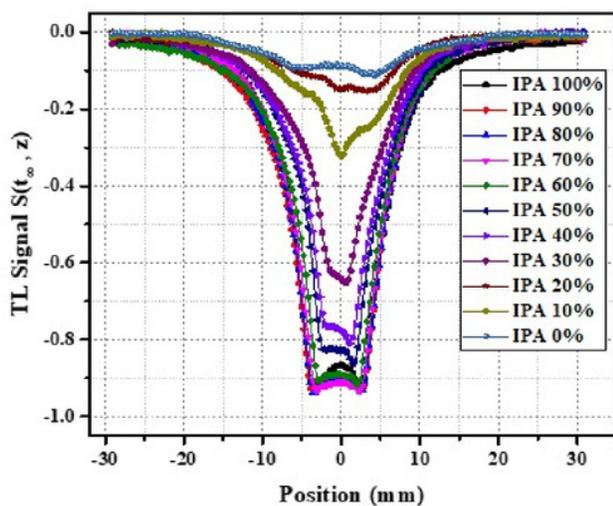


(c)

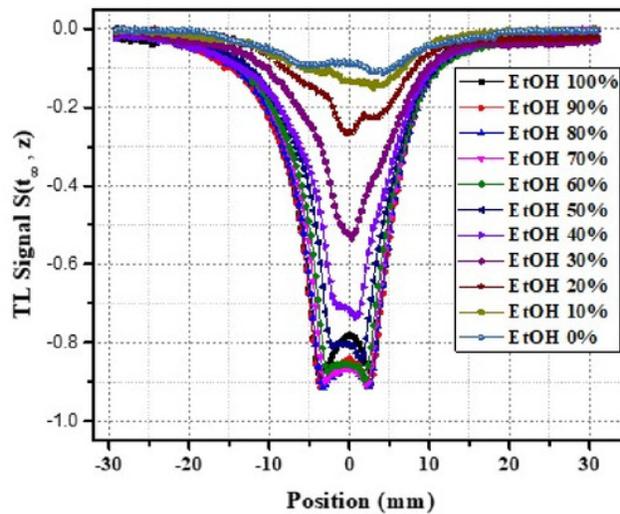
Figure 6

Dual-beam Z-Scan and Time-resolved TL measurements of sanitizers in mixed solutions

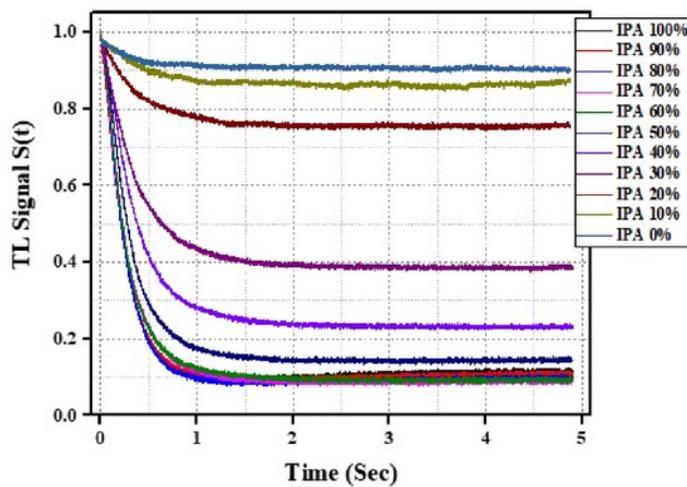
Dual-beam Z Scan traces of (a) IPA-water mixtures, (b) EtOH-Water mixtures, Time-resolved TL signal of (c) IPA-water mixtures, (d) EtOH-Water mixtures



(a)



(b)

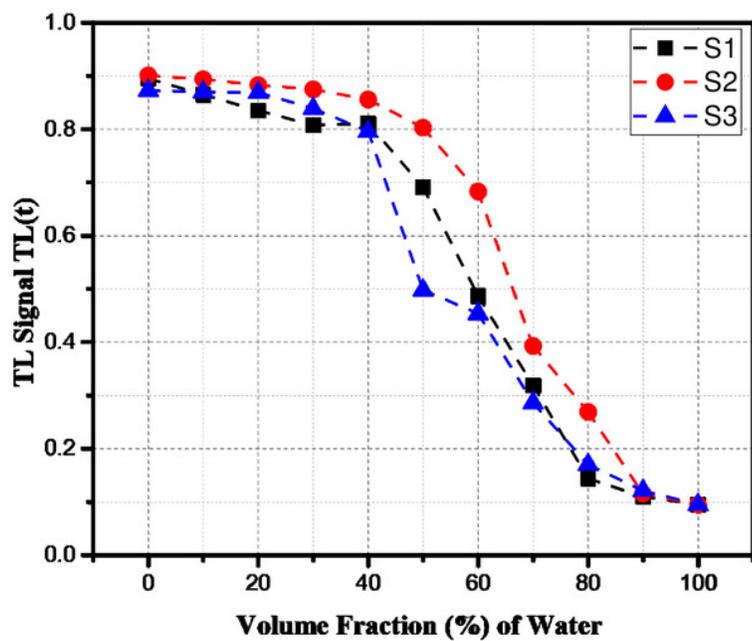


(c)

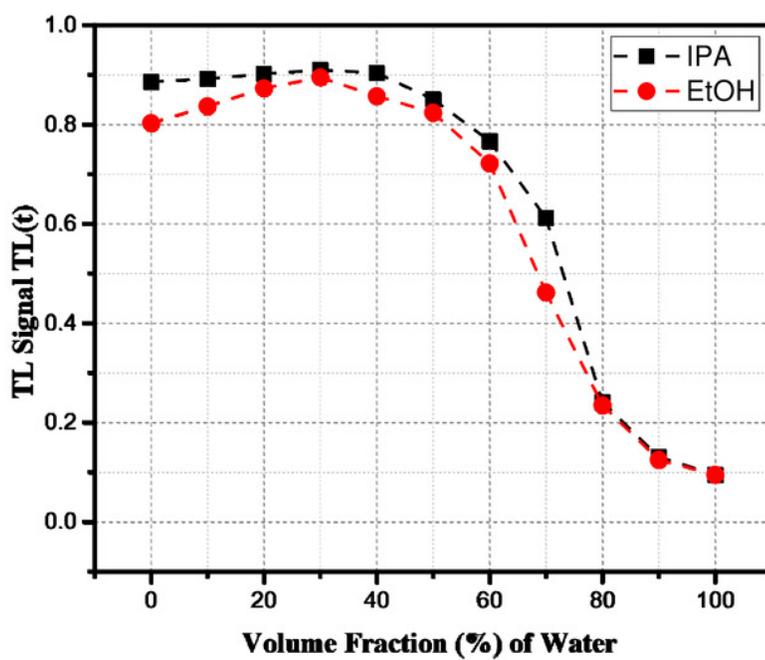
Figure 7

Variation of the steady state TL signal

Variation of the steady state TL signal at various volume fractions of water with (a) different sanitizers, and (b) different solvents.



(a)



(b)