

Estimating the impact of mobility patterns on COVID-19 infection rates in 11 European countries

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Background

As governments across Europe have issued non-pharmaceutical interventions (NPIs) such as social distancing and school closing, the mobility patterns in these countries have changed. Most states have implemented similar NPIs at similar time points. However, it is likely different countries and populations respond differently to the NPIs and that these differences cause mobility patterns and thereby the epidemic development to change.

Methods

We build a Bayesian model that estimates the number of deaths on a given day dependent on changes in the basic reproductive number, R_0 , due to differences in mobility patterns. We utilize mobility data from Google mobility reports using five different categories: retail and recreation, grocery and pharmacy, transit stations, workplace and residential. The importance of each mobility category for predicting changes in R_0 is estimated through the model.

Findings

The changes in mobility have a considerable overlap with the introduction of governmental NPIs, highlighting the importance of government action for population behavioral change. The shift in mobility in all categories shows high correlations with the death rates one month later. Reduction of movement within the grocery and pharmacy sector is estimated to account for most of the decrease in R_0 .

Interpretation

Our model predicts three-week epidemic forecasts, using real-time observations of changes in mobility patterns, which can provide governments with direct feedback on the effects of their NPIs. The model predicts the changes in a majority of the countries accurately but overestimates the impact of NPIs in Sweden and Denmark and underestimates them in France and Belgium. We also note that the exponential nature of all epidemiological models based on the basic reproductive number, R_0 cause small errors to have extensive effects on the predicted outcome.

1 **Estimating the impact of mobility patterns on COVID-19 infection** 2 **rates in 11 European countries**

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9 **Abstract**

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12 social distancing and school closing, the mobility patterns in these countries have changed. Most
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29 Our model predicts three-week epidemic forecasts, using real-time observations of changes in
30 mobility patterns, which can provide governments with direct feedback on the effects of their
31 NPIs. The model predicts the changes in a majority of the countries accurately but overestimates
32 the impact of NPIs in Sweden and Denmark and underestimates them in France and Belgium.
33 We also note that the exponential nature of all epidemiological models based on the basic
34 reproductive number, R_0 cause small errors to have extensive effects on the predicted outcome.

35 **Keywords:** COVID-19, infection rate, mobility pattern, non-pharmaceutical intervention,
36 Bayesian model

37

38 Introduction

39 In December 2019 a new coronavirus (COVID-19) emerged in Wuhan, China. China
40 implemented a quick strategy of suppression by imposing a lockdown in the city of Wuhan on
41 January 23 (<https://www.reuters.com/article/us-china-health-who-idUSKBN1ZM1G9>, last
42 accessed 1 May 2020), and implementing social distancing procedures nationwide, with a
43 successful outcome [1]. Still, the virus rapidly spread across the world through our increasingly
44 interconnected flight network, and shortly arrived in Europe. In February 2020 the number of
45 cases started to increase quickly in some European countries. European countries introduced
46 non-pharmaceutical interventions (NPIs) similar to those used in China to limit the spread of the
47 virus. These NPIs include social distancing, school closures, restrict international travel and
48 lockdown [2]. The NPIs results in behavioral changes, and these can be traced by tracking the
49 location of mobile phones.

50
51 After an initial rapid spread in China, control measures proved very successful to stop the spread
52 both in China[3] and in other parts of the world[4],[5]. However, there is still a risk for
53 subsequent infections upon lifting of these restrictions[5,6]. There is, therefore, an urgent need
54 both for understanding and tracking the effects of governmental interventions and their removals.
55 Largescale testing could provide valuable information about the impact of interventions.
56 However, these are expensive, sometimes inaccurate and might violate privacy rights. In
57 contrast, the use of largescale data from anonymous tracking of mobile phones is inexpensive
58 and readily available.

59
60 Google recently released a time-limited sharing of mobility data
61 (<https://www.google.com/covid19/mobility>, last accessed 29 March 2020) from across the world
62 as represented by summary statistics to combat COVID-19. The mobility data is measured in 6
63 different sectors: retail and recreation, grocery and pharmacy, parks, transit stations, workplace
64 and residential. The effects of the government-issued NPIs can be seen through changes in these
65 patterns.

66
67 It is likely that different countries respond in different manners to the same NPIs, why it is vital
68 to consider the effect of NPIs country wise. Here, we show that by using real-life mobility data
69 to model changes in the basic reproductive number, R_0 , the impact of NPIs across different
70 countries can be modelled more accurately. The mobility data utilised here have some
71 uncertainties and lack resolution. Still, to the best of our knowledge, this data is the best openly
72 available data source for tracking a population's movement in the eleven studied countries.
73 Governments can, in collaboration with telephone companies, obtain much more fine-grained
74 data, enabling them to evaluate the effect of the NPIs in more detail.

75
76 Recently, a group from Imperial College released a report [5] that estimates the effects of NPIs
77 on R_0 . Subsequently, a modified version of this report was published [7]. The report had a
78 massive impact on how the UK government changed its intervention strategy
79 (<https://www.imperial.ac.uk/news/196477/j-ideas-neil-ferguson-tells-mps-lockdown/>, last
80 accessed 1 May 2020). A limitation of the ICL model is the assumption that each intervention
81 has the same impact in all countries, ignoring cultural and sociological differences as well as

82 differences in the details of the NPIs. Here, we try to overcome this by developing an extension
 83 to their model utilizing country-specific mobility data in a Bayesian framework [8], we estimate
 84 the impact of each change in mobility pattern on R_0 . The resulting information provides a
 85 smooth, straightforward way for governments to analyze if NPIs are working and to what extent.
 86 We show that in a three-week forecast, our method makes a better prediction than the model
 87 from Imperial College.

88 Methods

89 Here, we introduce an MCMC model to estimate the spread of the COVID-19 infection in
 90 various countries. The ICL model strongly inspires the model, and all parameters are taken from
 91 earlier studies. For each country, we define a starting point when the total number of observed
 92 deaths has reached ten. The model is trained using data starting 30 days before this day and until
 93 29 of March 2020. Finally, the model is used to simulate a three-week forecast from 30 March to
 94 19 April.

95 Infection model

96 The number of cases acquired at day τ in country m , $c_{\tau,m}$ is modelled with a discrete renewal
 97 process [9,10]:

$$98 \quad c_{\tau,m} = R_{\tau,m} \sum_{\tau=0}^{t-1} c_{\tau,m} g_{\tau-t}, \quad (i)$$

99 where

$$100 \quad g_{\tau-t} \sim \text{Gamma}(6.5, 0.62) \quad (ii)$$

101

102 (Gamma distribution with a mean of 6.5 days and a standard deviation of 0.62 days) is the serial
 103 interval distribution used to model the number of cases [5,11].

104

105 g_s is discretized in steps of 1 day accordingly:

$$106 \quad g_s = \int_{\tau=s-0.5}^{s+0.5} g(\tau) d\tau \text{ for } s = 2, 3, \dots \text{ and } g_1 = \int_{\tau=0}^{1.5} g(\tau) d\tau \quad (iii)$$

107

108 The number of cases today is thus dependent on the cumulative number of cases from the
 109 previous days, weighted by the serial interval distribution, multiplied with the basic reproductive
 110 number (R_0) at day t . The discretizations, here and elsewhere, of 1 day are motivated by the
 111 intervals in reporting. Just as in the ICL model [5], we assume the starting point for the infection
 112 was 30 days before the day after each country has observed ten deaths in total. The time delay of
 113 30 days is necessary due to the relationship between infection and death (see Death model
 114 described below). From this assumed starting point, we initialize our model with six days [1] of
 115 cases drawn from an Exponential(0.03) distribution, which are inferred in the Bayesian posterior
 116 distribution ($D_{t,m}$).

117

118 Impact on the basic reproductive number

119 Our model is based on the model used in the recent report [5] from Imperial College London
 120 (ICL). The ICL report tries to estimate the impact of NPIs on R_0 in the same 11 countries
 121 modelled here. The main difference between the ICL model and the current one is the modelling

122 of the change of R_0 . In the ICL model, the basic reproductive number at day t in country m ($R_{t,m}$)
 123 is estimated as a function of the NPI indicators $I_{k,t,m}$ in place at day t in country m as:

$$124 \quad R_{t,m} = R_{0,m} e^{-\sum_{k=1}^6 \alpha_k I_{k,t,m}}, \quad (\text{iv})$$

125
 126 where $I=1$ when intervention k is implemented at day t in country m and α the impact of each
 127 intervention.

128
 129 Here, we instead estimate $R_{t,m}$ to be a function of the relative change in mobility pattern for each
 130 country:

$$132 \quad R_{t,m} = R_{0,m} e^{\alpha_1 I_{1,t,m} + \alpha_2 I_{2,t,m} + \alpha_3 I_{3,t,m} + \alpha_4 I_{4,t,m} - \alpha_5 I_{5,t,m}}, \quad (\text{v})$$

133
 134 where $I_{1-5,t,m}$ is the relative mobility in retail and recreation, grocery and pharmacy, transit
 135 stations, workplace and residential sectors respectively at day t in country m . The residential
 136 mobility parameter has a negative sign as it is assumed that when people stay at home it lowers
 137 R_0 . In our model, we assume that the impact of each relative mobility change has the same
 138 relative impact across all countries and across time. This assumption is a requirement to enable
 139 the estimation of the impact of mobility on R_0 . If the mobility impacts were allowed to differ
 140 between countries, it would not be possible to discern between other country-specific factors and
 141 the effect of changes in mobility.

142
 143 The parameter alpha is set to be gamma distributed with mean 0.5 and a standard deviation of 1.
 144 A narrow gamma distribution was chosen due to the assumption that the impact on R_0 is almost
 145 instantaneous, with an effect that decreases quickly with time. We did not include the data for the
 146 mobility category ‘‘Parks’’ as this data displayed much noise and cyclic peaks, possibly caused by
 147 varying weather (<https://www.google.com/covid19/mobility>, last accessed 29 March). The prior
 148 for R_0 is set to:

$$150 \quad R_{0,m} \sim \text{Normal}(2.79|\kappa), \text{ with } \kappa \sim \text{Normal}(0,0.5) \quad (\text{vi})$$

151
 152 The value of 2.79 is chosen from the median value of a recent analysis of 12 modelling studies
 153 [12], and the normal distribution from [1].

154
 155 The relative mobility is modelled as the relative value change compared to a mobility baseline
 156 estimated by Google (<https://www.google.com/covid19/mobility>, last accessed 29 March). The
 157 baseline is the median value, for the corresponding day of the week, during the 5-week period of
 158 2020-01-03 to 2020-02-06. For the days for which no mobility data is available, the values were
 159 set to 0. The mobility data for the forecast (and days beyond the date for the last available
 160 mobility data) was set to the same values as the last observed days. The time points for the
 161 interventions were taken from the ICL report[5], whose initial efforts were crowdsourced.

162 **Death model**

164 As the number of deaths in each country is likely to be the most accurate COVID-19 related data,
 165 we use this as the core of the model, being the posterior in the Bayesian simulations. The number

166 of deaths in country m at day t is modelled as a negative binomial distribution as used in earlier
 167 models [9,13] with mean and variance accordingly:

$$168 \quad D_{t,m} \sim \text{Negative Binomial} \left(d_{t,m}, \frac{d_{t,m}^2}{\psi} \right), \psi \sim \text{Normal}^+ (0,5) \quad (\text{vii})$$

170
 171
 172 The expected number of deaths, $d_{t,m}$, at day t in country m is given by:

$$173 \quad d_{t,m} = \sum_{\tau=0}^{t-1} c_{\tau,m} \pi_{t-\tau,m} \quad (\text{viii})$$

175
 176 where π_m is the infection to death distribution in the country m given by a combination of the
 177 infection to onset distribution (Gamma(5.1,0.86)) and onset to death distribution
 178 (Gamma(17.8,0.45)) (combined with mean 22.9 days and standard deviation 0.45 days) times
 179 the infection fatality rate (ifr) [5],[14],[15] :

$$180 \quad \pi_{t,m} \sim \text{ifr}_m \cdot \text{Gamma}(5.1 + 17.8, 0.45) \quad (\text{ix})$$

182
 183 $\pi_{t,m}$ is discretized in steps of 1 day accordingly:

$$184 \quad \pi_{s,m} = \int_{\tau=s-0.5}^{s+0.5} \pi_m(\tau) d\tau \text{ for } s = 2,3,\dots \text{ and } \pi_{1,m} = \int_{\tau=0}^{1.5} \pi_m(\tau) d\tau \quad (\text{x})$$

185
 186 The *ifrs* are taken from previous estimates of the population at risk is about 1% [16] and adjusted
 187 for the predicted attack rate in the age group 50-59 years of age, assuming a uniform attack
 188 rate[5,6],[14], chosen due to having the least predicted underreporting in analyses of data from
 189 the Chinese epidemic [14]. The uniform attack rate is required due to a lack of age-specific data.
 190 The number of deaths today is thus dependent on the cumulative number of cases from the
 191 previous days, weighted by the country-specific infection to death distribution.

192
 193 The implications on R_0 due to relative mobility variations were estimated simultaneously for all
 194 countries in a hierarchical Bayesian framework using Markov-Chain Monte-Carlo (MCMC)[8]
 195 simulations in Stan[17]. The death data ([https://www.ecdc.europa.eu/en/publications-](https://www.ecdc.europa.eu/en/publications-data/download-todays-data-geographic-distribution-covid-19-cases-worldwide)
 196 [data/download-todays-data-geographic-distribution-covid-19-cases-worldwide](https://www.ecdc.europa.eu/en/publications-data/download-todays-data-geographic-distribution-covid-19-cases-worldwide), last accessed
 197 20200419) used in the form of the number of deaths per day is from ECDC (European Centre of
 198 Disease Control), available and updated daily. We ran the model with eight chains, using 4000
 199 iterations (2000 warm-up), as in the earlier work [5,17]. The parameter specifics of the
 200 simulation are available in the code (see below).

201 **MCMC Convergence**

202 MCMC simulations are considered to converge when the Rhat statistics (a metric for comparing
 203 the variance between pooled and within-chain inferences) reach one[18]. A histogram of Rhat
 204 statistics for the modelled parameters in all simulation runs were constructed and analyzed. We
 205 also ensure that no divergent transitions were observed by setting the adapt delta in the sampler
 206 (see code).

207 **Leave One Country Out Analysis**

208 Since all countries are in different stages of their epidemics, different amounts of data are
209 available for each country. To analyze how the model is influenced by different countries, we fit
210 models using data from all countries except one using all 11 combinations[19]. We then estimate
211 the importance of each mobility parameter in the leave-one-country-out analysis. The relative
212 difference in each mobility parameter provides an estimate of how each country affects R_0 and
213 thus the number of cases and deaths as well. Furthermore, the Pearson correlation coefficients for
214 the mean R_0 across all time points are calculated for each country in the different runs when the
215 other ten were left out (see Figure S1).

216 **Forecast validation**

217 To ensure the forecasts are reliable, we leave out three weeks of data (30 March - 19 April) and
218 fit a model using data from the beginning of the epidemic up to the date for the beginning of the
219 left-out data. We then evaluate the model with one-week intervals from the 30th of March to the
220 19th of April. We evaluate by the average error and the average fractional error (average
221 error÷Σobserved deaths) during each of the three weeks. We compare our results with
222 simulations obtained from the ICL model [5]. We should note here that the ICL model does not
223 converge for three-week predictions using 4000 iterations (see Figure S2).

224

225 **EpiEstim estimates of the basic reproductive number (R_0)**

226 To validate our estimates of R_0 , we estimate R_0 independently using case data from ECDC and
227 the R package EpiEstim [20], based on the SIR model [21]. The serial interval used for the
228 estimations is variable accordingly: `estimate_R(country_cases, method="uncertain_si", config =`
229 `make_config(list(mean_si = 7.5, std_mean_si = 2, min_mean_si = 1, max_mean_si = 8.4, std_si`
230 `= 3.4, std_std_si = 1, min_std_si = 0.5, max_std_si = 4, n1 = 1000, n2 = 1000)))`, allowing more
231 possible scenarios to be explored (see code, Methods section). The R_0 estimates are smoothed
232 using one-week averages, since they are uncertain in the beginning of the epidemic when cases
233 are few. These values are compared with those of the mobility model, only including values
234 under 5 due to the high uncertainty of the larger values in the beginning of the epidemic. The
235 correlations are high and the average errors are low, mainly arising in areas of large uncertainties
236 (see figure S8).

237

238 Correlation analysis

239 To ensure that there is a true relationship between the daily deaths and the mobility changes,
240 correlations between the deaths per day and the different mobility parameters were analyzed.
241 Both the death data and the mobility data were first smoothed using one-week averages. The
242 correlations were made by shifting the daily deaths to infer the time delay of which type of
243 mobility affects the daily deaths. The shifts are from 0-48 days, ensuring all countries have at
244 least ten days of data for the correlation analysis. The correlations, without shifts, between the
245 different mobility parameters, were also analyzed (see Figure S3).

246

247 Code

248 The code is written in Python using the Stan package pystan (v. 2.19.1.1) for MCMC
249 simulations. The code is freely available under the GPLv3 license.

250 <https://github.com/patrickbryant1/COVID19.github.io/tree/master/simulations/mobility>

251

252

253 Results

254 **Estimating the cumulative number of cases, the number of deaths per day and changes in** 255 **the basic reproductive number, R_0**

256 In Figure 1, for Italy and Sweden, and Figure S4, for all eleven modelled countries, estimates of
257 cumulative cases, daily deaths and the basic reproductive number R_0 are shown. We simulate a
258 three-week forecast from 30 March to 19 April using data up to 29 March from the European
259 Centre of Disease Control (ECDC) in the form of the number of deaths per day, and relative
260 mobility data estimated by Google (<https://www.google.com/covid19/mobility>, last accessed 29
261 March). According to the model, most countries appear to have their epidemic under control
262 (April 19) (Table 1). The most successful nation in terms of reducing R_0 is Italy ($R_0 \approx 0.22$), and
263 the least is Sweden ($R_0 \approx 2.01$).
264

265 From Figure S4, it can be seen that in all countries, the interventions have some positive effect,
266 decreasing the estimated R_0 between the epidemic start and March 29. It can be noted that during
267 the development of the epidemic, R_0 displays a wide range of values. In some countries, the mean
268 of the estimated R_0 shows a rapid increase to values as high as 10, coupled with an increase in
269 mobility (primarily) to grocery and pharmacies exactly when the interventions were introduced.
270 Most posterior distributions for the mean R_0 values are centered around the prior of 2.79 (Figure
271 2). Notable is that Italy and Spain, which both had very rapid spread have distributions centered
272 higher than the prior.
273

274 The estimated number of deaths for up to three weeks after the model is trained, have a good
275 correspondence with the observed number (Figures 1, S4 and Table 2). Compared with the
276 Imperial College London (ICL) model [5], our model displays both lower errors and less
277 uncertainty (see Figures 3, S5 and Table S1). The average absolute errors over the 11 countries
278 in the number of deaths are lower across all three weeks (week 1: 60 vs 159, week 2: 95 vs 472,
279 and week 3: 88 vs 1429 for our model and the ICL model respectively).

280 **Comparing mobility data across countries**

281 When overlaying the implementation dates of the NPIs with the mobility data, it is clear that
282 governmental decisions have a significant impact on the populations in the 11 modelled
283 countries (see Figure S4). Most countries display very similar relative changes in their mobility
284 patterns, with mobility in retail and recreation, grocery and pharmacy, transit stations and
285 workplace decreasing, while mobility in the residential category is increasing.
286

287 Most countries have similar relative changes across the sectors (Figure S4). The ones that display
288 smaller relative changes (Denmark, Norway and Sweden) also demonstrate more modest
289 reductions in R_0 , which is a natural consequence of our model, as it assumes that changes in R_0
290 are directly related to changes in mobility. The mobility patterns in Sweden display barely half of
291 the relative changes compared with France, Spain, and Italy, and the reduction in R_0 is, therefore,
292 smaller in Sweden.

293

294 **The importance of mobility sectors for modelling changes in R_0**

295 Analyzing the importance of each mobility parameter for predicting the reduction in R_0 ($1-e^{-\alpha}$)
296 shows that the grocery and pharmacy sector appears to be the clearest indicator for R_0 change
297 (see Figure 4). The grocery and pharmacy sector is estimated to account for most of the reduc
298 revision2_trackedtion of R_0 , with a median reduction of 95.6 % compared to less than 10 % for
299 the other sectors (retail and recreation 3.8 %, transit stations 3.0 %, workplace 4.0 %, residential
300 7.9 %).

301
302 Investigating the correlation between the deaths per day and the different mobility parameters
303 (Figure 5), one can see that all sectors display high opposite correlations with a shift of about 20
304 days. These correlations are due to the time-delayed relationship between the initial spread of the
305 disease, causing deaths occurring after the reduction in mobility, see Figure S4. The mobility
306 changes have the highest correlations with the number of deaths 30-40 days after they occur,
307 suggesting that the mobility affects the death rate with a time delay of 30-40 days. Roughly in
308 agreement with the 22.9 days in our model. Since the grocery and pharmacy sector displays the
309 most significant correlations, the model assigns most weight to that sector, although the mobility
310 in all sectors is highly correlated with each other (Figure S3).

311

312 **Model validation**

313 The posterior distributions for the mobility parameters (see Figure S6) are almost identical in the
314 leave-one-country-out analysis (LOO) analysis. A bimodal distribution is observed when leaving
315 Italy out in the grocery and pharmacy sector though, emphasizing the importance of the Italian
316 data. The variable R_0 values in the LOO analysis show Pearson correlations close to 1, with Italy
317 and especially the United Kingdom displaying lower correlations of around 0.8 and consistently
318 below 0.8 respectively (see Figure S1). Italy and the United Kingdom correlate badly with each
319 other, with Pearson correlations of close to 0. 11 of 4000 iterations ended with a divergence
320 (0.275 %) Spain was excluded. A histogram of Rhat statistics for the modelled parameters in all
321 simulations for the main analysis is displayed in Figure S7.

322

323 To validate the R_0 estimates, we used a SIR model using EpiEstim [20] to estimate R_0
324 independently from case data (and not death data as in our and the ICL models). This model does
325 not try to determine the cause of changes in R_0 , but just estimates the changes from the number
326 of reported cases. In general, the overlap of the two estimates of R_0 estimates is high, in
327 particular at the crucial time points before and after the effects of NPI implementation (see Table
328 S2 and Figure S8). Denmark, Norway and Spain display the most substantial differences
329 between the estimates, differing 2.98, 1.94 and 3.48 respectively at the point before NPI
330 implementation. The differences that do arise are mainly during the periods with considerable
331 uncertainty in the R_0 estimates, i.e. when the number of reported cases is low. Sweden shows the
332 most substantial error between the estimates after NPI implementation (0.98). Further, the
333 models show very different speeds of the changes in R_0 values, EpiEstim having a much slower
334 response than the mobility model.

335

336

338 Discussion

339 The model makes it clear that the non-pharmaceutical interventions (NPIs) introduced by
340 governments across Europe have had substantial effects on both mobility patterns and in
341 preventing the spread of COVID-19. By tracking the relative change in mobility in the grocery
342 and pharmacy sector, it is possible to account for most of the reduction in the basic reproductive
343 number, R_0 , in our model. This information can, therefore, provide a useful, straightforward way
344 for governments to analyze the effect of their NPIs.

345
346 Why the grocery and pharmacy sector has been assigned the highest importance is likely because
347 this sector displays the strongest correlation with the daily deaths. The correlations are highest
348 assuming a 30-40 day shift, suggesting that mobility affects the death rate with a time delay of
349 30-40 days, in rough agreement with our model. Since R_0 is strongly dependent on the changes
350 in mobility, rapid changes in mobility lead to rapid changes in R_0 , with drastic consequences to
351 the estimated development of the epidemic in a country. However, changes in R_0 will not
352 manifest in the number of deaths per day until about three weeks later (the mean value in the
353 gamma distribution for infection to death is 22.9 days, see methods section). Therefore, a three-
354 week forecast is provided.

355
356 The estimates have an acceptable correspondence with the observed numbers in most countries
357 (see Figure 3 and Table 2), and compared with the ICL-model, our model displays both lower
358 errors and less uncertainty (Figures 3, S5 and Tables 2, S1). It can also be noted that the ICL
359 model overpredicts the number of deaths in all countries. The higher accuracy when including
360 mobility data, further suggests the usefulness of our model.

361
362 The estimated number of cases has considerable uncertainty across all countries. One limitation
363 of our model is that it does not take herd-immunity effects into account, which should be reached
364 when around 60-80 % of the population is infected [22]. Still, it is unlikely that sufficiently high
365 infection has been reached yet for this to have a significant effect. Another limitation of the
366 model is the assumption that the impact of each relative mobility change has the same relative
367 impact across all countries and across time. If the mobility impact were allowed to differ
368 between countries and in time, it would not be possible to discern between other country-specific
369 and time factors and the mobility impact. Likely both more detailed mobility data and
370 intermixing patterns need to be considered, metrics that are not available.

371
372 The number of cases is also highly dependent on having the correct infection-fatality-rate (*ifr*).
373 This quantity is only modelled for the age group 50-59 years and does thereby not consider the
374 attack rates for the whole of each country's population (see methods section). If a nation
375 managed to avoid the elderly being infected, that would lower the *ifr* [23], which could explain
376 prediction differences to some extent.

377
378 The model validation, by a leave-one-country-out analysis, comparing with independent R_0
379 estimates from EpiEstim [20] and predicting a three-week forecast ensures the model's
380 robustness. The leave-one-country-out analysis shows that the estimates are mostly affected by
381 the data from Italy and the UK, likely due to these countries having more available data and
382 higher death tolls early in the epidemic, making the model somewhat biased to these data in the
383 beginning of the estimates (Figure S4). The comparison with the R_0 estimates from EpiEstim

384 show differences that arise mainly during the periods with considerable uncertainty in the R_0
385 estimates, i.e. when the number of reported cases are low. The estimates also show very different
386 speeds of the changes in R_0 values, EpiEstim having a much slower response than the mobility
387 model (Figure S8).

388
389 The countries in the three-week forecast where the errors stand out are Denmark and Sweden,
390 with over-predictions, and Belgium and France, which are under-predicted. We note that these
391 two pairs of countries are close both geographically and culturally [24,25], possibly explaining
392 the systematic differences. The differences may also be caused by differences in reporting
393 between the countries ([https://www.bloomberg.com/news/articles/2020-04-09/french-virus-](https://www.bloomberg.com/news/articles/2020-04-09/french-virus-deaths-jump-with-more-nursing-home-patients-counted)
394 [deaths-jump-with-more-nursing-home-patients-counted](https://www.bloomberg.com/news/articles/2020-04-09/french-virus-deaths-jump-with-more-nursing-home-patients-counted), last accessed May 1;
395 <https://www.politico.com/news/2020/04/19/why-is-belgiums-death-toll-so-high-195778>, last
396 accessed May 1). For instance, on April 5 more than 2000 deaths were reported in France, due to
397 sudden inclusion of potential COVID-19 attributed deaths in nursing homes occurring at earlier
398 dates ([https://www.usnews.com/news/world/articles/2020-04-02/frances-coronavirus-death-toll-](https://www.usnews.com/news/world/articles/2020-04-02/frances-coronavirus-death-toll-jumps-to-nearly-5-400-as-nursing-homes-included)
399 [jumps-to-nearly-5-400-as-nursing-homes-included](https://www.usnews.com/news/world/articles/2020-04-02/frances-coronavirus-death-toll-jumps-to-nearly-5-400-as-nursing-homes-included), last accessed May 1). We note the sensitivity
400 to small errors of all epidemic models using exponential measures, such as the basic reproductive
401 number, and the significant effects these minor errors have on the predicted outcome.

402

403 Conclusions

404 Here, we present a model to estimate the effects of public interventions on the spread of COVID-
405 19 that does not assume that interventions have identical results in different geographical and
406 cultural settings. In contrast, our model uses *observational* data of mobility patterns in five
407 environments to estimate changes in the transmission rate. Our model creates the possibility to
408 track rapid changes in the spread, instantaneously and predict their consequences three weeks
409 ahead in time. Therefore, our model enables governments to use anonymous real-time data to
410 adjust their policies. We do foresee that such models will become incrementally more powerful
411 as more detailed mobility data becomes available in the future.

412

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419

420 Declaration of interests

421 We declare no competing interests.

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Table 1 (on next page)

Changes in R_0 and mobility in the Grocery and Pharmacy sector during the epidemic.

Country	Modelled start of the epidemic	Estimated mean R, at epidemic start	Estimated mean R, at 29 March	Relative change in Groceries and pharmacies on 29 March
Austria	2020-02-22	3.11	0.36	-64%
Belgium	2020-02-18	3.24	0.51	-53%
Denmark	2020-02-21	3.02	1.36	-22%
France	2020-02-07	2.91	0.30	-72%
Germany	2020-02-15	3.08	0.56	-51%
Italy	2020-01-27	3.17	0.22	-85%
Norway	2020-02-24	2.82	0.92	-32%
Spain	2020-02-09	3.19	0.29	-76%
Sweden	2020-02-18	2.89	2.01	-10%
Switzerland	2020-02-14	2.81	0.53	-51%
United Kingdom	2020-02-12	2.82	0.61	-46%

1

Table 2 (on next page)

Average error and average fractional error in the number of deaths for the mobility model.

Average error and average fractional error in the number of deaths for each country between the mean predicted number of deaths per day and the observed number in one, two and three week forecasts respectively. A corresponding table for the ICL model can be found in Table S2.

Three-week predictions for the number of deaths per day						
Country	Average error			Average fractional error		
	week 1	week 2	week 3	week 1	week 2	Week 3
Austria	-3	-6	-2	-2.3 %	-4.0 %	-1.7 %
Belgium	-46	-179	-186	-5.0 %	-8.7 %	-8.8 %
Denmark	0	10	28	0.4 %	10.2 %	32.2 %
France	-318	-445	-427	-6.1 %	-7.1 %	-7.8 %
Germany	-21	-7	-26	-2.2 %	-0.5 %	-1.6 %
Italy	144	201	29	2.7 %	4.9 %	0.8 %
Norway	1	1	3	1.7 %	2.2 %	6.9 %
Spain	-98	84	-8	-1.6 %	1.8 %	-0.2 %
Sweden	-3	28	180	-1.2 %	5.4 %	28.9 %
Switzerland	13	41	48	4.3 %	14.1 %	17.1 %
United Kingdom	17	-42	32	0.4 %	-0.7 %	0.5 %
Average absolute error	60	95	88	2.5 %	5.4 %	9.7 %

1

Figure 1

Model results for Italy and Sweden.

Model results in the form of the cumulative number of cases, deaths per day and R_0 for Italy and Sweden, are displayed on the left axes. The model results start from 30 days before ten accumulated deaths had been observed. The blue curves represent the estimations so far, while the green represents a three-week forecast (30 March-19 April). The 50 % and 95 % confidence intervals are displayed in darker and lighter shades respectively, with the mean as a solid line. The histograms represent the number of cases and deaths reported by the European Center for Disease Control (ECDC). Mobility data for the five modelled sectors represented in terms of relative change compared to baseline (observed in a five-week period of 2020-01-03 to 2020-02-06) is displayed on the right axes. The dates for the introduction of different NPIs are marked with vertical lines. As can be seen, the NPIs have very strong implications for the mobility patterns. The mobility data ranges from 2020-02-15 to 2020-03-29, after which the final levels are fixed. The graph for R_t includes a dashed horizontal line marking the value one of halted epidemic growth.

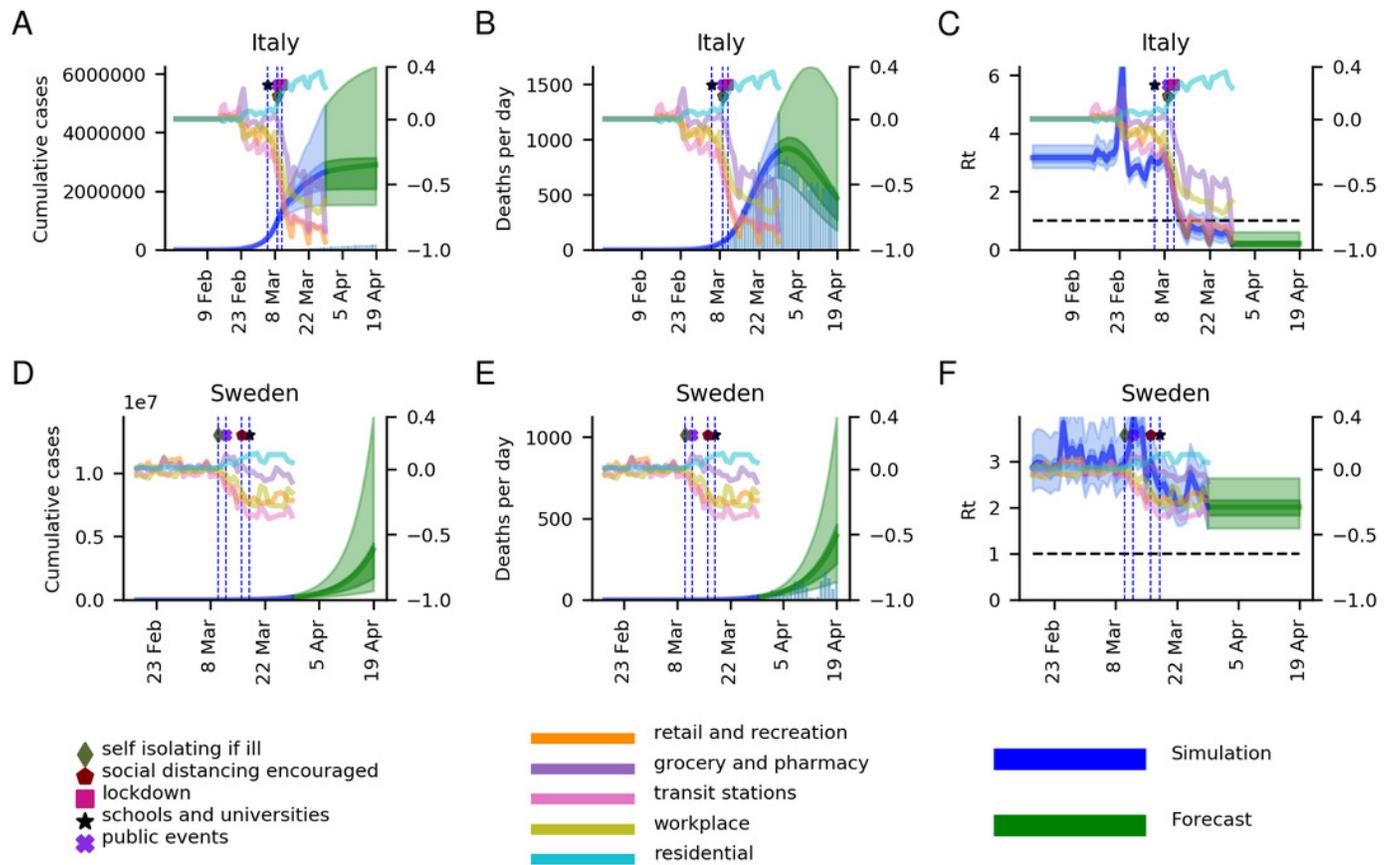


Figure 2

Posterior distributions for the mean initial R_0 sampled per country. The dashed line corresponds to the prior mean, set to 2.79.

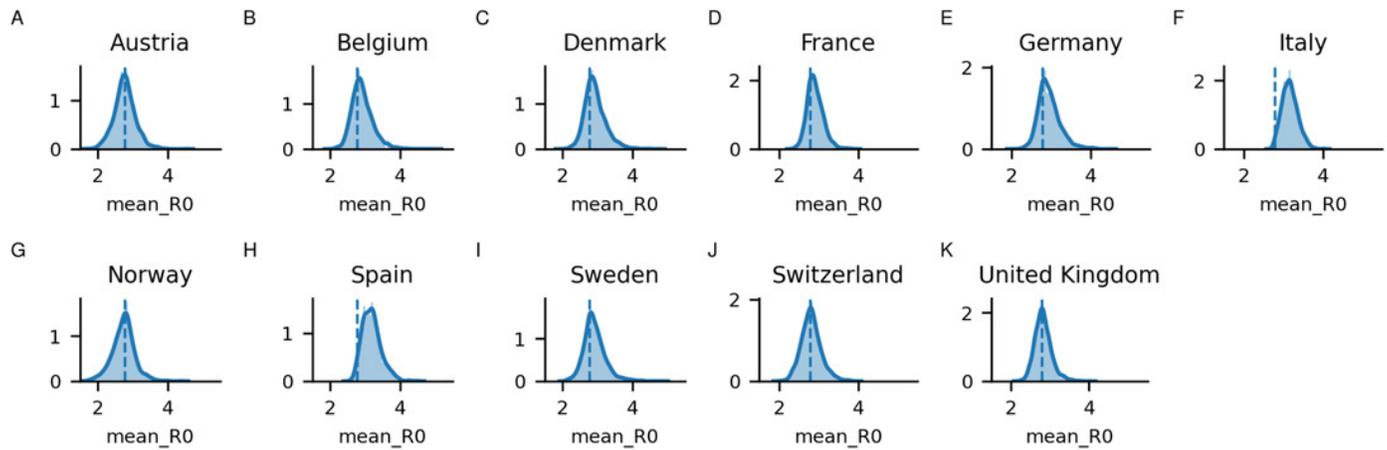


Figure 3

Three-week predictions for all countries.

Three-week predictions for all countries in the form of deaths per day for the weeks 1: (Mar 30 - April 5), week 2 (April 6 - April 12) and week 3 (April 13 - April 19). The 50 % and 95 % confidence intervals are displayed in darker and lighter shades respectively, with the mean as a solid line. The blue histogram represents the observed deaths.

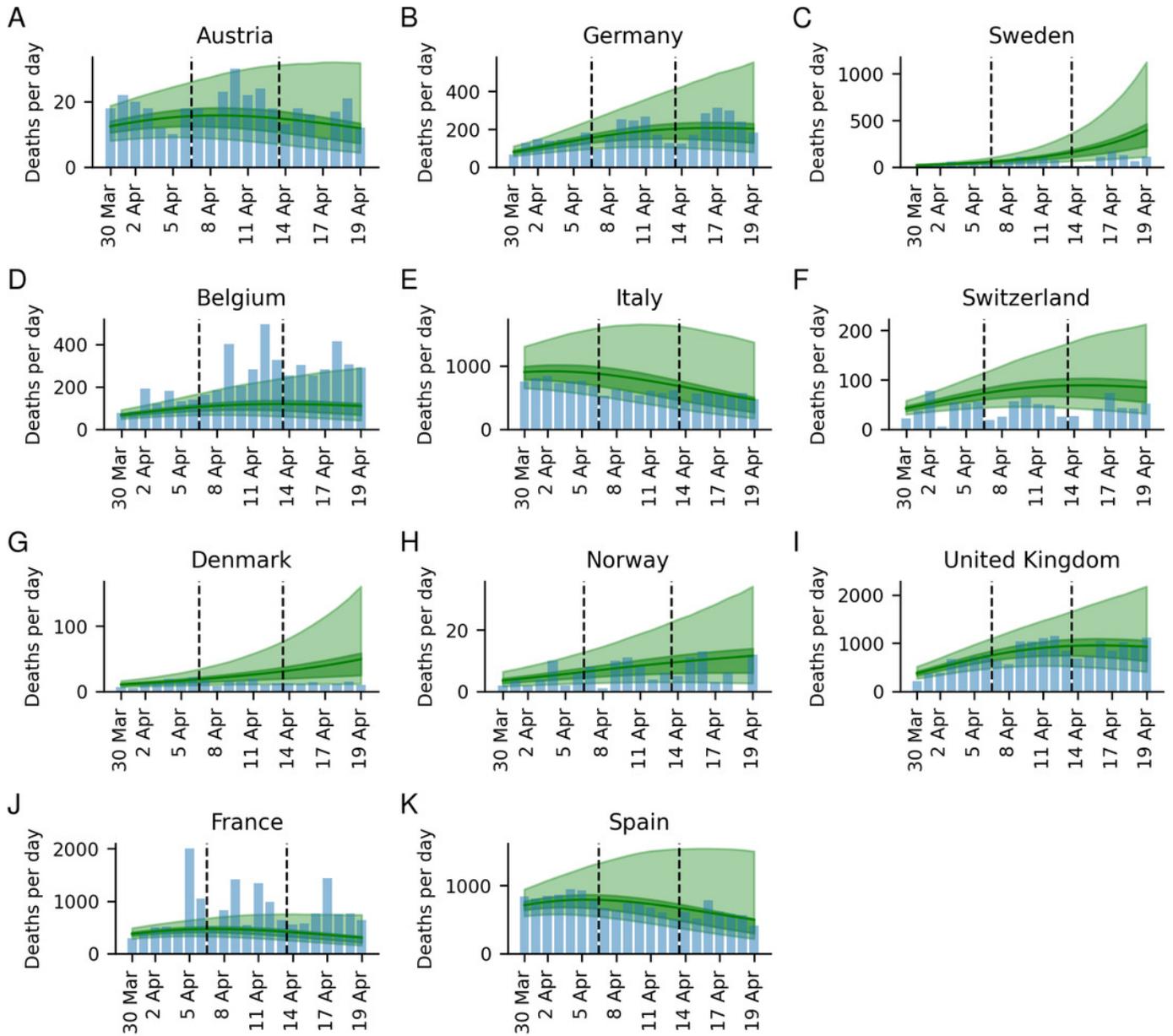


Figure 4

Posterior distributions of the impact of each mobility parameter.

Posterior distributions of the impact of each mobility parameter for predicting the reduction in R_0 . The grocery and pharmacy sector appears to be the clearest indicator for R_0 change. The median impacts are 3.8, 95.6, 3.0, 4.0 and 7.9 % for the retail and recreation, grocery and pharmacy, transit, workplace and residential sectors respectively.

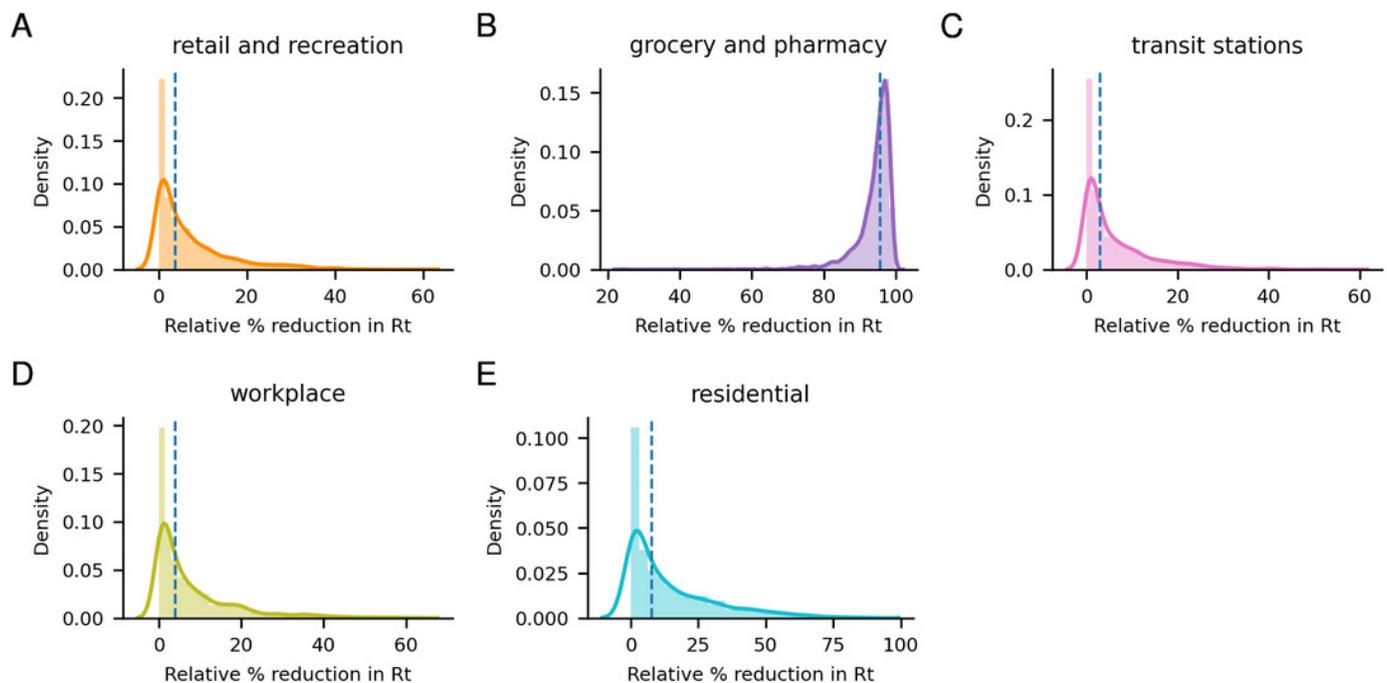


Figure 5

Correlation between daily deaths and mobility changes.

Correlation between deaths per day and mobility changes for different time delays. Each country is represented by one line. The mobility changes have the highest correlations with the deaths about 30-40 days after they occur, suggesting that mobility affects the death rate with a time delay of 30-40 days.

