


Biofilm released cells can easily be obtained in a fed-batch system using *ica+* but not with *ica-* isolates (#48028)

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Biofilm released cells can easily be obtained in a fed-batch system using *ica*⁺ but not with *ica*⁻ isolates

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S. epidermidis is one of the major opportunistic bacterial pathogens in healthcare facilities, mainly due to its strong ability to form biofilms in the surface of indwelling medical devices. To study biofilms under *in vitro* conditions, both fed-batch and flow systems are widely used, with the first being the most frequent due to their low cost and ease of use. **Aim.** To asses if a fed-batch system previously developed to obtain biofilm released cells (Brc) from strong biofilm producing *S. epidermidis* isolates could also be used to obtain and characterize Brc from isolates with lower abilities to form biofilms. **Methodology.** The applicability of a fed-batch system to obtain Brc from biofilms of 3 *ica*⁺ and 3 *ica*⁻ isolates was assessed by quantifying the biofilm and Brc biomass by optical density (OD) and colony forming units (CFU) measurements. The effect of media replacement procedures of fed-batch systems on the amount of biofilm was determined by quantifying the biofilm and biofilm bulk fluid, by CFU, after consecutive washing steps. **Results.** The fed-batch model was appropriate to obtain Brc from *ica*⁺ isolates, that presented a greater ability to form biofilms and release cells. However, the same was not true for *ica*⁻ isolates, mainly because the washing procedure would physically remove a significant number of cells from the biofilm. **Conclusions.** This study demonstrates that a fed-batch system is only feasible to be used to obtain Brc from *S. epidermidis*, when studying strong and cohesive biofilm forming isolates.

Comment [S1]: At the first appearance in the abstract and the text, abbreviations should be preceded by words for which they stand

Staphylococcus epidermidis

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29 Abstract

30 *S. epidermidis* is one of the major opportunistic bacterial pathogens in healthcare facilities,
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 32 study biofilms under *in vitro* conditions, both fed-batch and flow systems are widely used, with
 33 the first being the most frequent due to their low cost and ease of use.

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 47 obtain Brc from *S. epidermidis* when studying strong and cohesive biofilm forming isolates.

48
 49 **Keywords.** Fed-batch systems; Biofilm-released cells; Biofilm disassembly; *S. epidermidis*
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63 Introduction

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65 *Staphylococcus epidermidis* is a well-known nosocomial pathogenic associated with recurrent
66 biofilm-infections, acknowledged as the major agent involved in biofilm-associated medical
67 devices infections (Becker et al., 2014). Importantly, this bacterium, which was previously seen
68 as a commensal microorganism due to its benign relationship with the host (Cogen et al., 2008;
69 Gardiner et al., 2017), is nowadays accepted as an important opportunistic pathogen, of
70 particular concern in ill and immunocompromised patients (Otto, 2009). *S. epidermidis*
71 infections are more likely to happen upon invasive procedures involving indwelling medical
72 devices, in which the physiological barriers are compromised, since this bacterium is a
73 ubiquitous inhabitant of the skin and mucosae in humans (Ziebuhr et al., 2006) and has a strong
74 ability to form biofilms on the surface of medical devices (Cerca et al., 2005; Lavery et al.,
75 2013). Bacteria within biofilms are undoubtedly more resistant to antibiotics (Albano et al.,
76 2019; Cerca et al., 2005a; Dias et al., 2018) and to the host immune defense (Cerca et al., 2006;
77 Gray et al., 1984; Yao et al., 2005), contributing to the persistence and recurrence of infections
78 (Mah, 2012; Schommer et al., 2011; Singh and Ray, 2014). For all the reasons, biofilms have
79 been a major research target and extensive studies allowed to characterize the biofilm lifecycle
80 and divide it into three main stages: attachment, maturation and disassembly (as reviewed in
81 (Boles and Horswill, 2011; Otto, 2013)). The importance of a better characterization of the
82 disassembly process in biofilms has been pointed out, since cells released from the biofilm can
83 enter systemic circulation and contribute to the spreading of the infection (Boles and Horswill,
84 2011; Kaplan, 2010) and cause severe systemic diseases, as bacteraemia (Cervera et al., 2009;
85 Wang et al., 2011) which are associated with high levels of morbidity and mortality among
86 immunocompromised patients (Kleinschmidt et al., 2015; Rogers et al., 2009).
87 Both fed-batch and dynamic systems have been used to study and characterize initial adhesion
88 (Cerca et al., 2005b; Isberg and Barnes, 2002) and maturation of the biofilm (Moormeier and
89 Bayles, 2014; Periasamy et al., 2012). However, both present advantages and drawbacks,
90 depending on the main focus of the study (Bahamondez-Canas et al., 2019). The few studies
91 addressing disassembly rely almost entirely in dynamic systems, which is not surprising, as these
92 systems present key advantages such as a controlled flow, allowing a continuous diffusion of
93 oxygen, nutrients and waste, and are thought to be a more accurate representation of the

94 conditions in which biofilms are formed in various diseases, as previously reviewed (Azeredo et
95 al., 2017; Bahamondez-Canas et al., 2019). However, these systems are significantly more
96 expensive and are often more difficult to assemble, being essential to have a good background
97 knowledge on hydrodynamics to study biofilms in such conditions (Yawata et al., 2016). Hence,
98 it is no wonder that fed-batch systems are more frequently used on biofilm research, since they
99 are easier to implement and already widely used *in vitro* condition (Azeredo et al., 2017; Bahamondez-
100 Canas et al., 2019). Thus, the ability to implement fed-batch systems to high-throughput research
101 in biofilms disassembly would be beneficial, as it would allow more studies to be undertaken on
102 this research topic.

103 Earlier, we demonstrated the feasibility to use a fed-batch system to obtain *S. epidermidis* cells
104 released from biofilms (BrC) (França et al., 2016a; Gaio and Cerca, 2019). However, we failed to
105 include low biofilm forming isolates on those studies and, as a consequence, the applicability of
106 this model on such isolates could be questioned. Hence, the aim of the current study ~~is~~ was to better
107 understand the limitations of a fed-batch system to obtain BrC from *S. epidermidis* biofilms, by
108 testing its potential to characterize BrC from *ica*⁺ and *ica*⁻ isolates with distinct abilities to form
109 biofilms.

111 Materials & Methods

112 Bacterial isolates and growth conditions

113 Six isolates of *S. epidermidis*, with different abilities to form biofilms and characterized by the
114 presence (+) or absence (-) of the intercellular adhesion gene (*ica*), generally involved in *S.*
115 *epidermidis* biofilm formation (Cafiso et al., 2004) were selected to conduct this study (Table 1).
116 Growth conditions followed the fed-batch model previously described to obtain BrC from *S.*
117 *epidermidis* (França et al., 2016a). First, a colony of *S. epidermidis* was inoculated into 2 mL of
118 Tryptic Soy Broth (TSB) (Liofilchem, Teramo, Italy) and incubated overnight at 37°C with
119 shaking at 120 rpm in an orbital shaker. The overnight inoculum was then diluted in the same
120 growth medium to reach an optical density (OD) of 0.250±0.05, measured at 640 nm, which
121 corresponds to a concentration of approximately 2×10^8 CFU/mL (Freitas et al., 2014). To form
122 biofilms, 15 µL of the previously adjusted suspension were added to 1 mL of TSB supplemented
123 with 0.4 % (v/v) glucose (TSBG) to induce biofilm formation, into a 24-well microtiter plate
124 (Orange Scientific, Braine-l'Alleud, Belgium), that was incubated in an orbital incubator at 37

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125 °C with agitation at 120 rpm, for as long as 72 (± 1) hours. Spent medium was carefully removed
 126 after each 24 (± 1) hours of incubation, followed by washing twice the biofilm with a 0.9 %
 127 (m/v) NaCl solution to remove unattached cells. Next, 1 mL of fresh TSBG was carefully added
 128 to the biofilms and the plate was incubated in the same temperature and agitation conditions.
 129 Then, at either 28, 48 or 72-hours of growth, the supernatant was removed and biofilms were
 130 washed twice with saline solution. Remaining biofilms cells were scrapped from the microtiter
 131 plate and resuspended in 1 mL of the NaCl solution. Cells were pooled together from at least 4
 132 distinct disrupted biofilms to decrease biofilm formation variability (Sousa et al., 2014).
 133 Planktonic cultures were grown in an orbital shaker for 24 (± 1) hours at 37 °C with shaking at
 134 120 rpm. Finally, Brc were carefully aspirated from the biofilm bulk fluid after 28, 48 and 72
 135 hours of growth.

136

137 Homogenization and quantification of the populations

138 Before quantification, all 3 populations (disrupted biofilm cells, Brc and planktonic cells) were
 139 homogenized by sonication through a pulse of 5 seconds at 40 % amplitude (Ultrasonic
 140 Processor Model CP-750, Cole-Parmer, Illinois, U.S.A.). As shown before, this sonication cycle
 141 did not affect cell viability (Cerca et al., 2005a). The total biomass of all bacterial populations
 142 was quantified by OD measurement at 640 nm (OD_{640}), as previously optimized (Freitas et al.,
 143 2014). At least three independent experiments, with technical duplicates, were performed.

144

145 Effect of consecutive biofilm washing on cell detachment from the biofilms

146 Biofilms were formed for 24 hours, as described above. Then, the supernatant was carefully
 147 removed and the total number of cells on the supernatant was quantified by CFU. Biofilms were
 148 then washed with a saline solution, up to 6 consecutive times. Between each wash, bacteria in the
 149 supernatant were quantified by CFU. Simultaneously, the quantification of CFU of the remaining
 150 biofilm was done after 1, 2 and 6 washes. Four independent assays were performed for each
 151 strain and technical duplicates were used.

152

153 Quantification of active dispersion of cells from 24h biofilms

154 After discarding the spent medium and washing twice the preformed 24 hours biofilms, 1 mL of
 155 TSB was carefully added to the wells. In half of the biofilm wells, the newly added TSB was

156 immediately transferred into empty sterile wells, as described in Figure 1. This medium
157 contained cells released from the pre-established biofilm (Brc), due to the shear forces exerted by
158 medium addition, as determined before (França et al., 2016a). The plates were incubated at 37°C
159 with shaking at 120 rpm. At different time points, a 20 µL aliquot was collected from both
160 conditions. The number of cultivable cells was determined by CFU. Four independent
161 experiments with three technical replicates were performed.

163 **Comparison of the antibiotic susceptibility of Brc collected at distinct timepoints**

164 Brc were collected after 28h, 48h and 72h of biofilm formation. The 28h timepoint was included
165 to assess the effect of Brc physiology 4h after the first medium removal. The bacterial cell
166 concentration was adjusted by OD to a final concentration of around 2×10^8 CFU/mL and
167 bacterial suspensions were incubated with peak serum concentrations (PSC) of vancomycin (40
168 mg/L), rifampicin (10 mg/L) or tetracycline (16 mg/L) (National Committee for Clinical
169 Laboratory Standards, 1997) for 2 hours at 37 °C with agitation at 120 rpm. Controls were
170 performed in simultaneous by incubating the suspensions in the same conditions, without the
171 addition of the antibiotics. The effect of the antibiotics was assessed by CFU counting upon 10-
172 fold serial dilutions and plating into Tryptic Soy Agar (TSA) plates. This assay was performed
173 with technical duplicates and at least three independent times.

175 **Statistical analysis**

176 Statistical significance between consecutive washes performed on biofilms (Figure 2) and
177 between control and antibiotic treated samples (Supplementary Figure 1) was determined with
178 one-way ANOVA multiple comparisons ($p < 0.05$). Statistical difference regarding growth
179 kinetics in the presence or absence of the originating biofilm (Figure 3) was determined using
180 multiple T-tests ($p < 0.01$). All analysis was performed using GraphPad Prism version 6 (Trial
181 version, CA, USA). At least three replicates (independent experiments) were performed for all
182 assays.

186 Results

187 Characterization of biofilm formation and Brc collection by multiple *S. epidermidis* isolates

188 A total of 6 distinct *S. epidermidis* isolates, previously characterized regarding their biofilm
189 formation ability and the presence of biofilm associated genes, namely the *ica* operon, were
190 selected for this study (Cerca et al., 2013; Freitas et al., 2017). Initially, biofilms were grown up
191 to 72h. The ability to produce Brc using the implemented fed-batch system was evaluated by
192 calculating the ratio between the number of cells within the biofilm and the number of cells existing
193 in the biofilm supernatant at different time points (Table 2). From the 6 isolates used in this study,
194 all 3 *ica*⁺ isolates produced remarkably more biofilm than isolates without the *ica* gene, especially
195 after 72 hours of incubation. This was not surprising since several studies showed a relation
196 between the presence of the *ica* locus and the increased ability to form biofilms (Heilmann et al.,
197 1996; Mack et al., 1994; Qin et al., 2007a), despite also being known that some *ica*⁻ isolates are
198 also able to produce biofilms (Dice et al., 2009; O’Gara, 2007; Qin et al., 2007b; Tormo, 2005).
199 Interestingly, it was observed that the thickest biofilms produced had a lower ratio between Brc
200 and biofilm cells.

201

202 Washing biofilm and replacing the growth medium in fed-batch systems triggers the physical 203 detachment of biofilm cells

204 It was previously shown that the typical medium replacement procedures needed for fed-batch
205 systems trigger the detachment of cells from the biofilm due to shear forces (França et al., 2016a).
206 Using the selected isolates, a total of 6 consecutive washing steps were performed on each biofilm,
207 followed by quantification of the number of cells released immediately after each wash, as well as
208 cells remaining in the biofilm (Figure 2). Interestingly, all strains used each successive wash kept
209 detaching cells from the biofilm, ranging from ~10⁷ to ~10⁶ CFU/mL per wash, independently of
210 their biofilm formation capacity. Remarkably, the total biomass of stronger biofilms producers
211 (9142, DEN69 and PT13032) was only moderately affected after the 6 washes, with circa 40%
212 decrease of total biofilm biomass from the first to the last washing step. Conversely, *ica*⁻ isolates
213 (ICE102, DEN185 and PT12004) biofilm structure was relatively more affected by shear forces,
214 with more than 70% of the biofilm being removed after the 6 washes ($p = 0.03$).

215

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216 Higher number of cells are released to the supernatant when growing in the presence of
217 strong biofilms

218 To differentiate between physical detachment and active dispersion of cells, a second experiment
 219 was performed. After washing a preformed 24-hours biofilm and replacing the growth medium,
 220 the total number of cells in the bulk fluid was quantified right after medium replacement and after
 221 2 hours of incubation. In half of the wells, the bulk fluid containing Brc was transferred to new
 222 sterile wells. As shown before for strain 9142 (França et al., 2016a), the presence of the originating
 223 biofilm significantly increased the number of cells in the bulk fluid of *ica*⁺ strains, especially at
 224 120 minutes (Figure 3), when compared to the inoculum transferred to new sterile wells (in the
 225 absence of the preformed biofilm). Conversely, the same was not true for the *ica*⁻ isolates, since
 226 the effect of growing in the presence of the biofilm was significantly less pronounced and no
 227 statistical differences between growing in the presence or absence of the originating biofilm were
 228 found, growing up to 120 minutes. This is not surprising, since we know from the previous
 229 experiment that a significant number of cells was removed from the weakest biofilms, leaving a
 230 low amount of cells available to be released.

231

232 Brc obtained at different timepoints present the same antimicrobial susceptibility to
233 vancomycin, tetracycline and rifampicin

234 Previously, we observed that Brc collected from 24h preformed biofilm, up to 4 hours after
 235 medium replacement, presented enhanced tolerance to vancomycin, tetracycline and rifampicin
 236 (França et al., 2016a). As a complementary analysis to be included in this study, we decided to test
 237 if this enhanced antimicrobial tolerance was somewhat influenced if the cells were collected from
 238 more mature biofilms, namely from 48 and 72h biofilms. To assess this, the antimicrobial
 239 susceptibility of Brc obtained at 28, 48 and 72 hours to peak serum concentrations of vancomycin,
 240 tetracycline and rifampicin was determined. Interestingly, no significant differences in the
 241 tolerance to vancomycin, tetracycline or rifampicin were found between the different Brc
 242 populations, obtained 4h (28H biofilms) or 24h (48H/72H biofilms) after medium replacement
 243 (Supplementary Figure 1). This data is an indirect evidence suggesting that the overall phenomena
 244 of Brc is not affected by the maturity of the biofilm.

245

246

247 Discussion

248 It has been point out that during biofilm disassembly phase, cells are released from the biofilm to
 249 the surrounding environment, spreading the infection and increasing the risk of systemic diseases,
 250 as bacteraemia (Cervera et al., 2009; Boles and Horswill, 2011). Recently, we demonstrated the
 251 feasibility of using a fed-batch system to obtain Brc from high biofilm forming *S. epidermidis*
 252 strains (França et al., 2016a), and showed that Brc had enhanced tolerance to antibiotics (Gaio
 253 and Cerca, 2019) and also induced a more inflammatory response in the host (França et al., 2016b).
 254 An important limitation of the previous studies was the fact that we only tested *ica*⁺ *S. epidermidis*
 255 isolates, with considerable abilities to form thick and multi-layered biofilms (Christensen et al.,
 256 1985; Mack et al., 1994, 1992). As inter- and intra-species variability has been observed regarding
 257 *Staphylococcal* ~~spp.~~ sp. biofilm formation (Handke et al., 2004; Oliveira et al., 2015; Tremblay et al.,
 258 2013), it was important to determine if the previous findings were reproducible when using strains
 259 with lower ability to form biofilms. Since it is well known that strains without a functional *ica*
 260 operon form biofilms with lower biomass (Handke et al., 2004), we compared 3 *ica*⁺ and 3 *ica*⁻
 261 isolates.

262 Not surprisingly, significant differences were found between *ica*⁺ and *ica*⁻ isolates, regarding the
 263 effect of shear forces on the biofilm biomass reduction. A higher proportion of cells was found to
 264 be detached from weaker biofilms, as well as the decrease on total biofilm biomass was
 265 significantly more pronounced on *ica*⁻ isolates, while a similar number of cells was being removed
 266 from the second to the last washing step, suggesting an almost inversely proportional ability to
 267 physically detach cells from the biofilms as related to the biofilm cohesiveness (Mack et al., 1996).
 268 The opposite was found for stronger biofilms, as it seems that a higher number of cells was
 269 recovered from initial washes (W1 and W2), but remarkably lower amounts of cells were detached
 270 in the last stages of washing, presumably because deeper layers of the biofilm are more cohesive
 271 and resistant to shear forces.

272 We also assessed if the enhanced antimicrobial tolerance described before (França et al., 2016a)
 273 was dependent on biofilm maturation stage. By obtaining Brc from ~1, 2 and 3 day-old biofilms,
 274 we were able to determine that the effect observed in early stage biofilms also occurred in older
 275 biofilms.

276 As noted before, a key limitation of using a fed-batch model to originate Brc is the difficulty to
 277 differentiate between physically detached cells, resulting from the washing procedures, from

278 actively dispersed cells (Boles and Horswill, 2011; França et al., 2016a; Kaplan, 2010). As shown
 279 with the multiple washing steps experiment, our data confirms that shear forces exerted during
 280 washing and medium replacement trigger the detachment of cells, independently of the ability of
 281 the isolates to produce thicker or thinner biofilms or the number of washes involved. However,
 282 active dispersion could only be determined in the *ica*⁺ strains tested. Conversely, for the strains
 283 without a functional *ica* operon, the amount of cells on the biofilm bulk fluid incubated in the
 284 presence or absence off the biofilm was generally the same. This phenomenon in *ica*⁻ isolates may
 285 be a consequence of the large proportion of cells removed upon washing their weak biofilms,
 286 which led to a higher proportion of cells in the supernatant immediately upon the addition of fresh
 287 media and, consequently, to a lower availability of cells in the biofilm to be continuously released.
 288 On the other hand, stronger biofilms were less affected by the washing steps used to remove non-
 289 adherent cells, leading to a lower proportion of cells detached from shear forces, comparing to the
 290 originating biofilm, and, consequently, to a higher concentration of cells actively released from
 291 the biofilm to the supernatant.

292

293 Conclusions

294 The results obtained herein demonstrated that a fed-batch system is only reliable in obtaining Brc
 295 from *S. epidermidis* biofilms for some isolates, especially from those who can form thick and
 296 strong biofilms. While all *ica*⁺ isolates used herein were found to be high biofilmproducing
 297 strains, it should be noted that some *ica*⁺ isolates lack a functional intact operon (Cafiso et al.,
 298 2004; Cue et al., 2012), and the mere presence of the gene might not be related to its expression
 299 (Freitas et al., 2017; Lerch et al., 2019). As such, to assess the feasibility of this method in more
 300 strains, it is important not only to determine the presence of *ica*, but to assess if the operon is
 301 functional, as mutations in major biofilm regulators may influence the dynamics of Brc
 302 production (Cue et al., 2012).

303

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 470

Table 1 (on next page)

Origin of the 11 *Staphylococcus epidermidis* isolates used in this study.

1 **Table 1.** Origin of the 11 *Staphylococcus epidermidis* isolates used in this study

S. epidermidis isolate	Description	Country of origin	Ica operon
9142 (42)	Clinical isolate from blood culture	Germany	Detected (36)
DEN69 (36)	Unknown	Denmark	Detected (36)
PT13032 ¹	Clinical isolate from a patient with chronic renal failure	Portugal	Detected ¹
ICE102 (36)	Clinical isolate from a patient with infective endocarditis	United States of America	Undetected (36)
DEN185 (36)	Unknown	Denmark	Undetected (36)
PT12004 (37)	Clinical isolate from a patient with chronic renal failure	Portugal	Undetected (37)

2 ¹ Unpublished isolate obtained from a previous epidemiological study in Portugal. Isolates were obtained after patient informed
3 consent with the approval of the Ethical Committee of the Hospital Geral de Santo António, Porto, Portugal. Each isolate was
4 first identified at the species level using the commercially available VITEK® two identification system using the gram-positive
5 ID card (BioMérieux, Marcy l'Etoile, France) and molecular identification was confirmed by sequencing of the rpoB gene (50).

Table 2(on next page)

Characterization of biofilm biomass

Characterization of biofilm biomass (by OD measurements) and the ratios between the biofilm bulk fluid, containing Brc, and the biofilm suspension (Brc/Bio).

1 **Table 2. Characterization of biofilm biomass** (by OD measurements) and the ratios between the biofilm
2 bulk fluid, containing Brc, and the biofilm suspension (Brc/Bio).
3

Classification	<i>S. epidermidis</i> isolates	OD Biofilm			Ratio Brc/Bio	
		28H	48H	72H	28H	48H
<i>ica</i> ⁺	9142	1.65	2.54	3.05	0.64	0.47
	DEN69	1.92	1.92	2.26	0.51	0.79
	PT13032	0.48	0.88	1.29	1.10	1.29
<i>ica</i> ⁻	ICE102	0.61	0.81	0.89	2.12	3.65
	DEN185	0.43	0.78	0.77	2.85	3.63
	PT12004	0.57	0.69	0.72	1.81	2.77

4
5

Figure 1

Scheme illustrating the process of obtaining biofilm released cells using a fed-batch growth system.

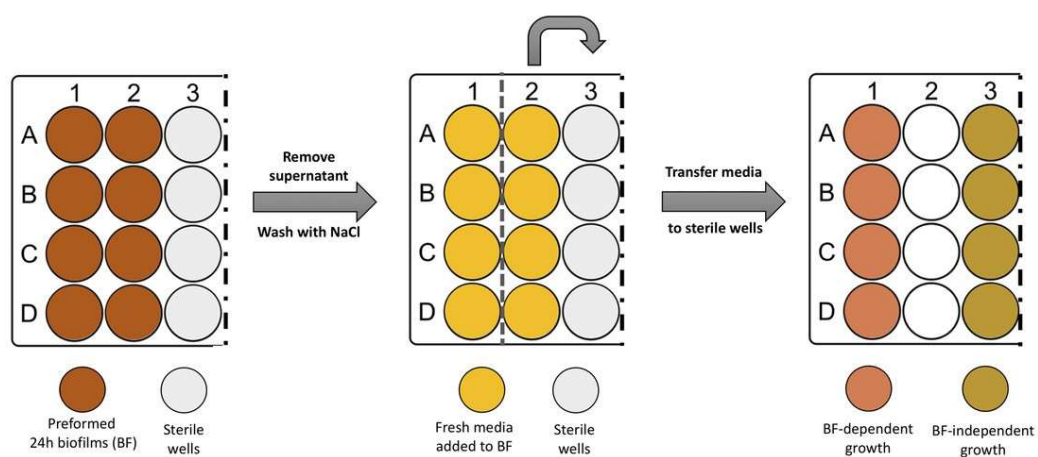


Figure 2

Log₁₀ number of CFU in the biofilm or in the wash liquid after continuous washing steps in (A) *S. epidermidis ica*⁺ isolates or (B) *S. epidermidis ica*⁻ isolates.

CFU were determined from biofilms after 1 (BF1), 2 (BF2) or 6 washes (BF6) and from the NaCl solution obtained after each washing step (W1 to W6). The columns represent the mean plus or minus standard error deviation of at least three independent experiments, with duplicates. Statistical differences were analysed with one-way ANOVA multiple comparisons, with a representing statistically significant differences ($p < 0.05$) between the first condition (BF1 or W1) and all remaining conditions, while B represents significant differences ($p < 0.05$) between each consecutive washing step.

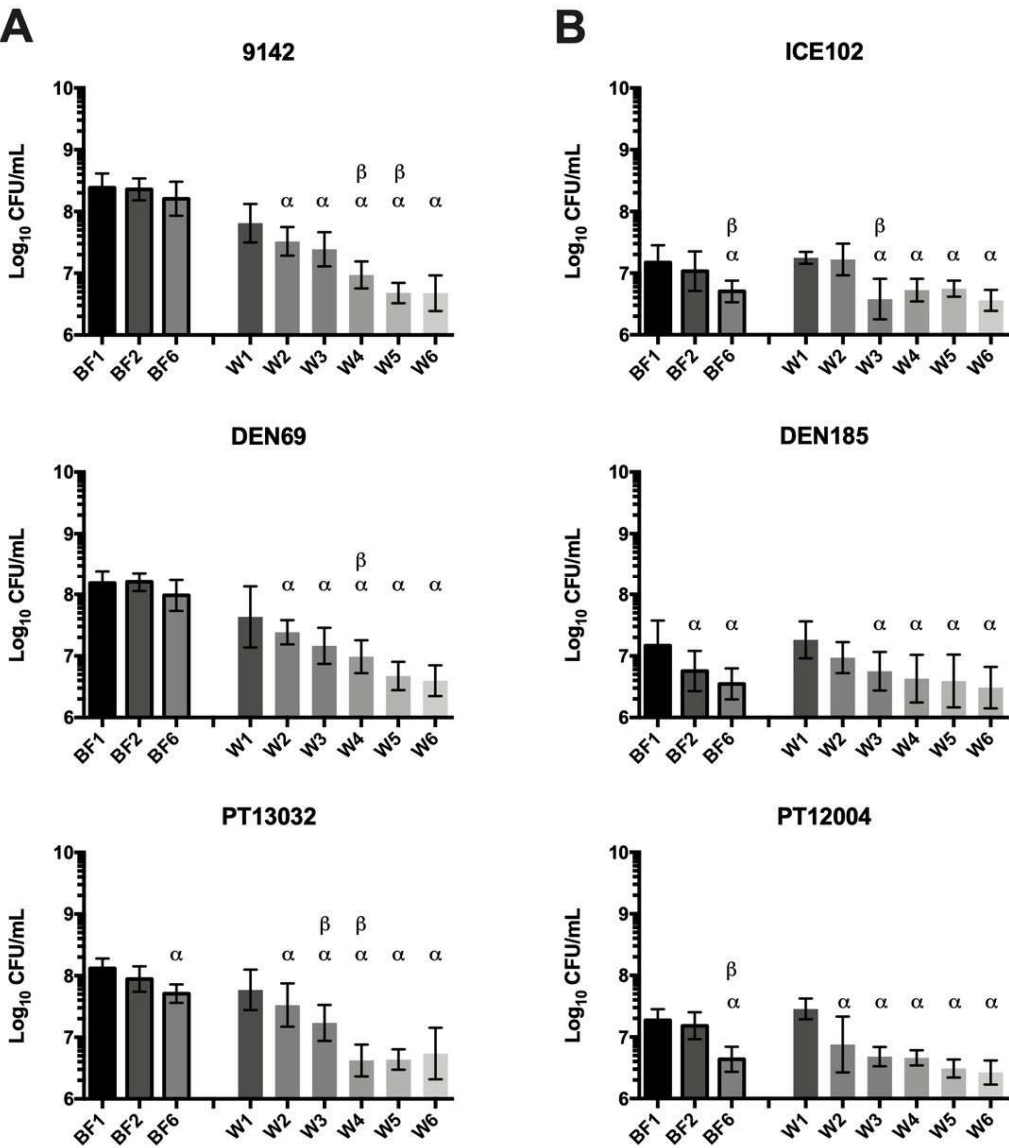


Figure 3

Growth kinetics (Log_{10} CFU/mL) of Brc in the presence or absence of the originating biofilms, under agitation (120 rpm) in (A) *S. epidermidis ica*⁺ isolates or (B) *S. epidermidis ica*⁻ isolates.

The number of CFU ~~were~~ **was** determined at 0, 60 and 120 minutes after media change in the presence (BF-dependent) or absence (BF-independent) of the originating biofilm. The columns represent the mean plus or minus standard error deviation of at least three independent experiments. Statistical differences were **analyzed** with multiple T-tests, with γ ($p < 0.01$) representing statistically significant differences between the number of cells recovered at each **time point** between growth in both conditions (BF- dependent and - independent).

