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Sea whip coral *Leptogorgia virgulata* in the Mid-Atlantic Bight: Colony complexity, age, and growth

Rebecca P. Wenker¹ and Bradley G. Stevens¹

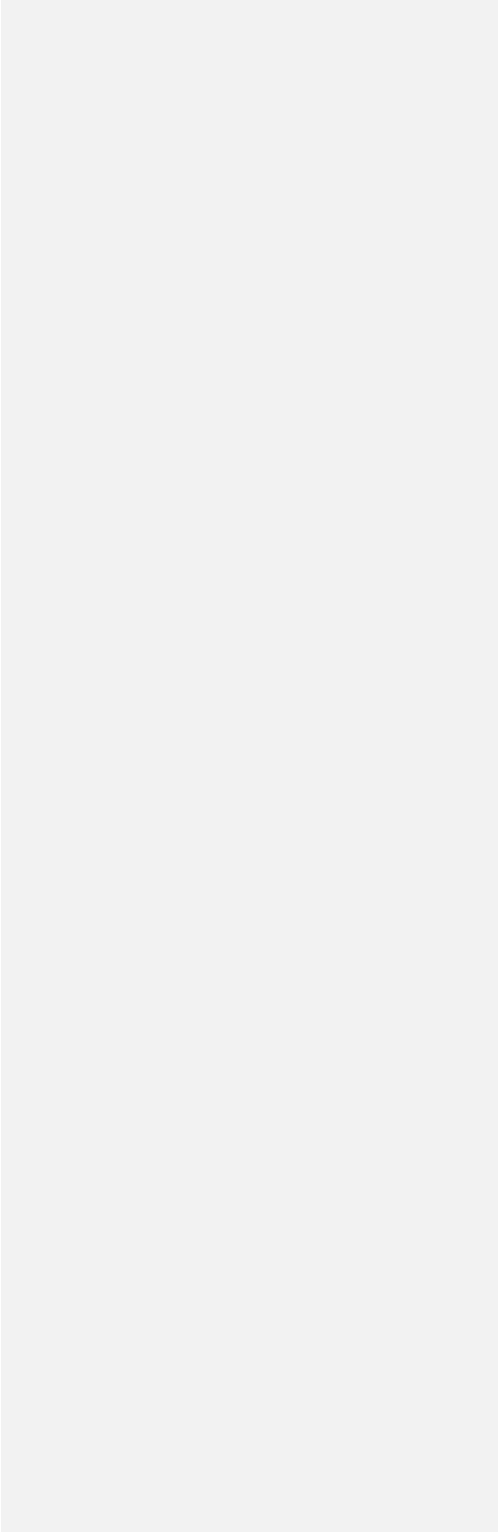
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37 Abstract

38 Sea whip coral *Leptogorgia virgulata* are a common structural component of **both natural**
39 **and artificial hard-bottom reef** habitats in the **mid**-Atlantic region and may serve as essential
40 habitat for commercially valuable species. However, they are slow-growing, easily damaged, and
41 especially vulnerable to damage by **passive** fishing gear. Despite their potential importance, **until**
42 **recently**, sea whips are generally understudied in this region. We examined the colony
43 complexity, length, age, and growth of sea whips from four **artificial reef** sites in the **mid**-
44 Atlantic region to gain a better understanding of their biology in the area. There were no
45 significant differences in the bifurcation (R_b) and tributary to source (T/S) ratios between sites,
46 with the $R_b \approx 3$ for all sites, indicating similar complexity between sites. The total length
47 distribution was 8.3 cm to 85.3 cm, and 50% of corals in the range of 34.2-56.4 cm. Age,
48 estimated from annual growth ring counts, ranged from 2 to 15 y, with 50% of corals in the range
49 of 6 to 8 y. The large proportion of middle-sized and middle-aged corals suggests episodic
50 recruitment. Age-length keys showed the trend of age increasing with total coral length, and a
51 von Bertalanffy growth model demonstrated size-dependent growth following the equation:
52 $E[L|t] \text{ (cm)} = 86.1(1 - e^{-0.14(t-1.44)})$. This is the first study providing such data for sea whips in the
53 coastal **mid**-Atlantic region, and the baseline created will be a useful reference to study changes
54 over time.

56 Introduction

57 Cold-water corals are an important contributor to benthic habitat complexity on
58 continental shelves and slopes, canyons, seamounts, oceanic banks, and ocean ridges (Freiwald
59 et al. 2004). They have also been observed to colonize man-made structures, such as artificial
60 reefs or shipwrecks (Steimle and Zetlin 2000; Freiwald et al. 2004). These coral habitats often
61 serve as biodiversity hotspots and are used by other species for numerous purposes, including
62 nurseries, feeding and spawning grounds, and refuge sites (Freiwald et al. 2004; Foley et al.
63 2010; Watling et al. 2011; Baillon et al. 2012). However, **these communities have been**
64 **negatively impacted by fishing activities such as bottom trawling, bottom-set gillnets and**
65 **longlines, pots, and traps (Van Dolah, et al. 1987; Freiwald et al. 2004; Watling et al. 2011;**
66 **Schweitzer, et al. 2018), which can inflict structural damage to the coral or completely remove**
67 **them from the seafloor.**

68 In the Mid-Atlantic Bight (MAB), **ranging from Massachusetts to North Carolina on the**
69 **U.S. east coast, benthic habitats are primarily flat and homogenous topography composed of**
70 **sand and mud bedforms. Within this region, hard-bottom reef habitats are scarce, patchy, and**
71 **widely scattered (Steimle and Zetlin 2000). Reef habitats vary in composition and include both**
72 **natural rocky bottom and mud outcrops as well as anthropogenic structures such as shipwrecks,**
73 **pipes, lost cargos, and cable cars that form artificial reefs (Steimle and Zetlin 2000). Due to the**
74 **relative infrequency of natural hard-bottom substrate, introduced or artificial reef habitat is most**
75 **likely a significant source of habitat complexity. Artificial reef structures provide multi-**
76 **dimensionality and can support biological communities that the surrounding soft-bottom habitat**

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87 cannot, including mussels, crabs, lobsters, corals, sponges, and numerous fish species (Sedberry
88 and Van Dolah 1984; Steimle and Figley 1996; Steimle and Zetlin 2000; Fabrizio, et al. 2013;
89 Ross et al. 2016). Due to the high utilization of reef habitat by fish species, mid-Atlantic reefs are
90 often well-known and targeted by recreational and commercial fisheries (Steimle and Zetlin
91 2000).

92 In the Delaware, Maryland, and Virginia (Delmarva) region of the MAB the sea whip
93 *Leptogorgia virgulata* is a common component of hard-bottom reefs (Steimle and Zetlin 2000;
94 Cullen and Stevens 2017; Schweitzer, et al. 2018; Schweitzer and Stevens 2019). These corals
95 can be found along the North American Atlantic coast, and have been observed at depths of 2-59
96 meters (Bayer 1961; Gotelli 1988; Packer et al. 2017). Sea whips are soft corals, but do have a
97 stiffened axial skeleton and a 3-dimensional structure with branches arranged around a central
98 axis, adding additional height to reef substrate (Bayer 1961; Mitchell, et al. 1993; DeVicor and
99 Morton 2010). Annual growth rings are deposited into this axial rod, enabling age estimation
100 (Grigg 1974; Mitchell, et al. 1993). Notably, the structural complexity provided by sea whips and
101 the biotic community associated with them may make these corals a significant habitat for many
102 commercially and recreationally valuable species (Van Dolah, et al. 1987; Ruppert and Fox 1988;
103 Steimle and Figley 1996; Able and Fahay 1998; Wicksten and Cox 2011; Cullen and Stevens
104 2017). These include species like snapper *Lutjanus* spp., grouper *Epinephelus* spp., and porgy
105 *Calamus* spp. in the Southeast Atlantic, and black sea bass *Centropristis striata*, tautog *Tautoga*
106 *onitis*, and lobster *Homarus americanus* in the Delmarva region (Van Dolah, et al. 1987; Steimle
107 and Figley 1996; Able and Fahay 1998; Cullen and Stevens 2017). Additionally, Schweitzer and
108 Stevens (2019) found fish abundance to positively correlate with sea whip coverage on Delmarva
109 reef habitats, and that sea whips were the only biogenic structure in the study significantly
110 related to fish abundance.

111 Several studies have also indicated that healthy sea whips produce a strong chemical
112 defense system, preventing the attachment, settlement, and fouling by epibionts (Targett et al.,
113 1983; Standing, et al. 1984; Gerhart, et al. 1988; Clare et al., 1999). Sea whips in the Delmarva
114 region show evidence of damage and overgrowth by fouling organisms (personal observation;
115 Schweitzer, et al. 2018; Schweitzer and Stevens 2019). This includes overgrowth by organisms
116 such as mussels, bryozoans, ascidians, and sponges, as well as damaged and stripped tissue. The
117 presence of overgrowth and fouling could suggest that the underlying coral tissue has been
118 damaged or killed, and the coral's chemical defense system impaired.

119 Despite their potential importance to commercially valuable fish and shellfish species,
120 sea whips are generally understudied in the western Atlantic, and little is known about the local
121 reefs nor the sea whip colonies that occupy them. No standard or baseline information exists for
122 comparison in case of major changes to this habitat, whether caused by human or natural
123 disturbance. For example, there is currently no information regarding growth rates, effects of
124 damage or fouling on growth and mortality, or rates of recovery from damage.

125 In response to this lack of information, this study was undertaken to provide new insights
126 into the biology of sea whip corals. The goals of this project were to determine colony

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147 complexity, age, and growth rates of sea whips from four artificial reef sites in the mid-Atlantic
148 region, in order to gain a better understanding of reef ecology in this understudied region.

150 Materials & Methods

151 Study sites

152 Sea whips were collected from four artificial hard-bottom reef sites located
153 approximately 16 km offshore Ocean City, MD (Table 1; Fig. 1). Samples were taken from
154 the Memorial Barge on October 3, 2016 and August 7, 2017, South Ledges on August 11, 2017,
155 Sussex Wreck on August 10, 2018, and Boom Wreck on October 1, 2018.

157 Measurement and collecting

158 All sample collections were made via regular scuba diving. Though sea whips are not a
159 managed species, approval for their collection was obtained from the National Oceanic and
160 Atmospheric Administration. A total of 102 sea whips were collected; 24 from Memorial Barge,
161 26 from South Ledges, 29 from Sussex Wreck, and 23 from Boom Wreck (Table 1). At each site,
162 two dives were conducted per each sampling day. On the first dive, scuba divers measured size
163 frequency of the corals present by stretching out a 50 meter tape measure along the central axis
164 of the habitat, and selecting the specimen nearest to every 0.5 m mark along the tape in order to
165 obtain a random selection of specimens. Coral colonies were stretched out, and their height (total
166 length, TL) was marked with a pencil on a section of 1/2 inch diameter PVC pipe marked at 1 cm
167 intervals. This helped ensure that we sampled all size classes in proportion to their abundance at
168 each site. A total of 119 corals were measured in-situ; 29 from Memorial Barge, 28 from South
169 Ledges, 31 from Sussex Wreck, and 31 from Boom Wreck (Table 1). The length of the transect
170 differed per site due to the varying size of each reef structure and abundance of sea whips,
171 though we tried to stretch the tape across areas with higher densities of sea whips.

172 On the second dive, colonies were selected for estimation of age and colony complexity
173 in a stratified manner. We attempted to remove a similar number of small, medium, and large
174 colonies, based on the initial size frequency analysis. Specimens were collected by either
175 removing the entire colony with its holdfast intact if possible, or by cutting the basal stalk at the
176 point closest to the holdfast with bone cutters. Sampled colonies were placed in a large mesh bag
177 for transport to the surface.

179 Colony complexity

180 The total length of all collected coral specimens was measured to the nearest mm, and all
181 branches were counted and labeled for branching analysis. Two measures of colony complexity
182 were obtained for each collected colony: a bifurcation ratio (R_b), and a tributary to source ratio
183 (T/S).

184 The R_b is the ratio of the number of branches of a given order to the number of branches
185 of the next higher order, a technique originally used to describe stream networks (Strahler 1952,
186 Brazeau and Lasker 1988). Different branch levels were assigned, with the most distal branches

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Commented [D16]: Table 1 caption suggested revision:

"Descriptive information of the four artificial reef study sites in the Mid-Atlantic Bight. Includes study site name, location, depth (m), date visited/sampled, number of corals measured in-situ (N_i), number of corals collected (N_c)."

Commented [D17]: Fig. 1 caption suggested revision:

"Map of the four artificial reef study sites offshore of Ocean City, MD, where corals were collected: Memorial Barge, South Ledges, Sussex Wreck, and Boom Wreck."

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Commented [D20]: Doesn't that take some of the randomness out of it?

197 being primary, the union of two primary branches forming a secondary, two secondary branches
198 connecting to form a tertiary, etc. (Fig. 2). The R_b is then obtained by regressing the log of
199 number of branches versus branch order, and calculating the antilog of the slope of the regression
200 line. Branching networks that display perfectly dichotomous branching have a R_b of 2, and this
201 value increases as branches that do not increase the order of the system are added. A benefit to
202 this ordering technique is that branches with similar functions are grouped in the same order
203 (Mitchell *et al.* 1993; Brazeau and Lasker 1988). For example, primary branches tend to have
204 younger, non-reproductive polyps, whereas older, reproductive polyps are more frequently found
205 on secondary and tertiary branches (Brazeau and Lasker 1988). We calculated the R_b for each
206 colony, and an average for each site.

207 While the R_b focuses primarily on overall colony complexity, the T/S ratio is more
208 sensitive to differences at each level of branching. The T/S ratio distinguishes between branches
209 which do or do not increase the order of the system (Mock 1971). A branch that joins another
210 branch of equal order is called a “source” branch, while branches that join a branch of higher
211 order are “tributary” branches (Fig. 2) (Mock 1971; Brazeau and Lasker 1988). Following the
212 methods of Brazeau and Lasker (1988) and Mitchell *et al.* (1993), we calculated the T/S ratios of
213 primary and secondary branches in each colony by dividing the number of tributary branches by
214 the number of source branches. We then calculated an average primary and secondary T/S ratio
215 per site.

216 The mean length of in-situ and collected corals were each compared between sites with a
217 One-way ANOVA. The R_b and T/S ratios of collected corals were each compared between sites
218 with a One-way ANOVA. Total length distributions of in-situ corals and collected corals were
219 each compared between sites with two-sample Kolmogorov-Smirnov (KS) tests (R Core Team
220 2017). Only two sites can be compared simultaneously with a KS test, so 6 tests were conducted
221 to compare all the sites for both in-situ and lab measured corals. We adjusted the critical P -value
222 (α) accordingly using the Bonferroni correction method, dividing 0.05 by 6 to get a new critical α
223 of 0.008.

224 225 **Age analysis**

226 After air-drying colonies in the lab until completely dry, short (≈ 10 mm) pieces of the
227 axial skeleton were cut from the base of each coral, and placed in a single 2x3x1 cm well within a
228 silicon tray. Prior to embedding, the molds were sprayed with a silicon spray and left to dry.
229 Coral pieces were embedded using West System™ #105 Epoxy Resin and #206 Slow Hardener,
230 with a 5:1 ratio of resin to hardener delivered via a 1:1 pump system. The solution was mixed for
231 at least a minute, and then poured over the coral sections in the wells until it covered them
232 completely. The epoxy resin blocks were left to dry for at least 8 hours, and then sliced with a
233 diamond bladed saw, into sections of approximately 18 μm thickness (range 15-22 μm). Five
234 sections of each basal piece were mounted on glass slides with crystal bond and photographed
235 under a stereo-zoom microscope. Photos were then viewed in Adobe Photoshop to estimate age
236 by counting annuli rings from the center outwards (Fig. 3). Criteria for rings included either of

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Which is basically my point with the rest of my deletions in this paragraph. Do you really need to name product names?

Deleted: , or until thoroughly mixed. Epoxy was

Deleted: A small labeling strip of paper was also placed in each well for future identification. The epoxy resin blocks

Deleted: (Buehler IsoMet Low Speed Precision Cutter)

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247 two criteria (Mitchell [et al. 1993](#)): 1) A concentric band darker than the surrounding tissue, or; 2)
248 A change in density or color of the axial rod in the inner region of the cross section. Growth
249 rings were counted out to the growing edge of the coral, this edge not being counted as a ring
250 unless it met the previous criteria.

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251 The in-situ total length measurements were used to assign putative ages to in-situ corals
252 via the Isermann-Knight Method using the age-length key generated from the collected corals
253 (Ogle 2016), described in the following growth methods section. The functions required to
254 assign these ages are included in the FSA, dplyr, and nnet packages in R (Venables and Ripley
255 2002; R Core Team 2017; Ogle 2016, [2018](#); Wickham [et al. 2018](#)).

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256 Mean ages of in-situ and collected corals were compared between sites using a One-way
257 ANOVA, and a Tukey HSD test was used to determine if any significant differences occurred
258 between sites. Age distributions were compared between sites using two-sample KS tests with a
259 Bonferroni adjusted critical α of 0.008 (R Core Team 2017). Age rings in coral sections were
260 independently counted by two observers to estimate bias (Grigg 1974). In some cases, multiple
261 sections of the same colony were counted; if values differed the average was used. The presence
262 of bias and the proportional agreement between readers was evaluated in R using age-bias plots
263 and three symmetry tests, including McNemar, Evans and Hoenig, and Bowker (Ogle 2016,
264 [2018](#)). The tests differ in how they gather the data for comparison; however, each test produces
265 estimates of the degrees of freedom, a chi-squared value, and a P value. The null hypothesis for
266 these tests is that no asymmetry (or bias) occurs within the age estimates. The McNemar test
267 follows the equation

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$$268 \chi^2 = \frac{\left(\sum_{i=1}^{m-1} \sum_{j=i+1}^m (n_{ij} - n_{ji})\right)^2}{\sum_{i=1}^{m-1} \sum_{j=i+1}^m (n_{ij} + n_{ji})}$$

269 where n_{ij} is the observed frequency of the i th row and the j th column within the table, and n_{ji}
270 describes the frequency observed in the j th row and the i th column. McNemar uses a maximally
271 pooled approach by adding squared values on both sides of the agreement line and determining if
272 the sums are equal. Evans and Hoenig revised this method by altering the equation to

$$273 \chi^2 = \sum_{p=1}^{m-1} \frac{\left(\sum_{j=1}^{m-p} (n_{p+j,j} - n_{j,p+j})\right)^2}{\sum_{j=1}^{m-p} (n_{p+j,j} + n_{j,p+j})}$$

274 including a new variable $p = j - i$. This is a diagonally pooled approach which tests for differences
275 in values pooled from off-diagonals that are the same “distance” from the main diagonal.
276 Bowker’s test calculates chi-squared without any pooling, and tests for differences between cells
277 that are in the same relative positions above and below the main diagonal using the equation

$$278 \chi^2 = \sum_{i=1}^{m-1} \sum_{j=i+1}^m \frac{(n_{ij} - n_{ji})^2}{n_{ij} + n_{ji}}$$

279 Precision of the data was evaluated using three indices: percent agreement (PA), average
280 percent error (APE) and the average coefficient of variation (ACV). PA is defined as:

$$281 PA = 100 \times \frac{F}{N}$$

287 where F is the number of corals that readers agreed on age, and N is the number of corals used in
288 the study. APE is defined as:

$$289 \text{ APE} = 100 \times \frac{\sum_{i=1}^R |X_{ij} - X_j|}{R}$$

290 where R is the number of duplicate ring counts, X_{ij} is the i th ring count of the j th coral, and X_j is
291 the average age for the j th coral. Lower values indicate higher agreement. ACV is defined as:

$$292 \text{ ACV} = 100 \times \frac{\sqrt{\sum_{i=1}^R \frac{(X_{ij} - X_j)^2}{R-1}}}{X_j}$$

293 where symbols are similar to APE. Lower values indicate higher agreement, with $\text{ACV} < 5\%$
294 indicating high precision.

295 296 **Growth**

297 Age-length keys, observed and smoothed, were constructed using the total length and age
298 data from collected corals. These keys show the proportion of ages (ring counts) within bins of 5
299 cm total length. Observed age-length keys were constructed using raw data, whereas smoothed
300 age-length keys use a multinomial linear regression to model proportions at each age for each
301 length category. The predicted proportion of coral at age for any one length interval is influenced
302 by both the data for that interval and age as well as by data for other intervals and ages –
303 resulting in predicted values that follow a smooth curve. Coral growth rate was determined by
304 examining the relationship between length and age, and fitting that age-length data to a von
305 Bertalanffy growth model using the following equation:

$$306 E[L|t] = L_{\infty}(1 - e^{-K(t-t_0)})$$

307 where $E[L|t]$ is the expected or average length at age t , L_{∞} is the asymptotic average length, K is
308 the Brody growth rate coefficient or exponential rate of approach to L_{∞} (yr^{-1}), and t_0 is the age
309 when mean length is zero (model artifact) (Beverton and Holt 1957). Confidence intervals for
310 parameters in non-linear models, like the von Bertalanffy model, are best found through
311 bootstrapping methods and not the model summary. To do this, we followed the methods of Ogle
312 (2016) using the `nlstools` package (Baty et al. 2015). Von Bertalanffy models have been used to
313 study the growth patterns of other gorgonian coral species (Grigg 1974; Mistri and Ceccherelli
314 1993, 1994; Goffredo and Lasker 2006; Munari et al. 2013), as well as corals with size-
315 dependent growth (Chadwick-Furman et al. 2000; Goffredo et al. 2004).

316 The functions required to construct age-length keys are included in the `FSA`, `dplyr`, and
317 `mnet` packages in R (Venables and Ripley 2002; R Core Team 2017; Ogle 2016; Ogle 2018;
318 Wickham et al. 2018). The functions required to perform growth analyses and bootstrapping
319 methods in R are contained in the `FSA` and `nlstools` packages (Baty et al. 2015; R Core Team
320 2017; Ogle 2016, 2018).

321 322 **Results**

323 **Colony complexity**

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328 There was no significant difference in mean length and total length distributions between
 329 sites for both in-situ (One-way ANOVA, $F(3,115)=1.84, p=0.14$; KS test x 6, all $p>0.008$) and
 330 collected corals (One-way ANOVA $F(3,98), p=0.71$; KS test x 6, all $p>0.008$). Therefore, we
 331 pooled them together into a length-frequency figure containing all 119 corals measured in-situ
 332 and the 102 corals collected (Fig. 4). The mean height of in-situ sea whips was 48.6 ± 1.8 cm
 333 (mean \pm SE), with total length ranging from 7.5 cm to 100.2 cm (Fig. 4), and 50% of in-situ sea
 334 whips were in the range of 33.7-61.8 cm. The mean height of collected sea whips was 46.9 ± 1.7
 335 cm. Total length ranged from 8.3 cm to 85.3 cm, with 50% of corals in the range of 34.2-56.4 cm
 336 (Fig. 4). Total length frequency of both collected and in-situ sea whips per site are illustrated in
 337 Figure 5. No significant differences in the bifurcation (R_b) ratios of *L. virgulata* were found
 338 between sites (One-Way ANOVA, $F(1,97)=0.0597, p=0.81$) (Table 2). The average R_b ratios of
 339 approximately 3 for all sites indicated that for each branch of a given order, there are
 340 approximately three branches in the next lower order. For example, for every tertiary branch
 341 there are three secondary branches, and for every secondary branch there are three primary
 342 branches. There was also no significant difference found between tributary to source (T/S) ratios
 343 in primary (One-way ANOVA, $F(1,100)=3.317, p=0.072$) and secondary (One-way ANOVA,
 344 $F(1,97)=0.348, p=0.556$) branches between sites (Table 2).

345 Age analysis

346 Neither mean age nor age distribution of collected corals differed significantly between
 347 sites (One-way ANOVA, $F(1,100), p=0.55$; KS test x 6, all $p>0.08$). Therefore, data for collected
 348 corals from all four sites were grouped together for further analysis (Fig. 6). Estimated age of
 349 collected sea whips ranged from 2 to 15 y, with 50% in the range of 6 to 8 y. The distribution of
 350 assigned ages for in-situ corals was not significantly different between sites (KS test x 6, all
 351 $p>0.08$), however the One-way ANOVA showed a significant difference in mean assigned age
 352 between sites (One-way ANOVA, $F(3,115), p=0.013$). Further analysis with a post hoc Tukey
 353 HSD test showed that mean age differed significantly ($p=0.008$) between the Memorial Barge
 354 (6.3 y) and South Ledges (8.3 y) sites, with mean ages for other sites not significantly different.
 355 Age frequency of both collected and in-situ sea whips per site are illustrated in Figure 7. Three
 356 tests of symmetry showed no systematic bias between readers (McNemar $p=0.64$, Evans and
 357 Hoenig $p=0.64$, Bowker $p=0.38$) (Table 3). P -values > 0.05 for each test indicate that the null
 358 hypothesis has not been rejected, therefore no significant asymmetry was observed. Indices of
 359 precision show that percent agreement (PA) between readers was 82.35%, with the remaining
 360 18% differing by only 1 year. The average percent error (APE) was 1.2%, and the average
 361 coefficient of variation (ACV) was 1.7%, therefore our age counts can be considered precise
 362 (ACV<5%).

363 Growth

364 The age-length keys generated from the pooled coral data show the trend of age
 365 increasing with total coral length (Fig. 8). In the observed age-length key there are portions that

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The results of the ANOVA should be described in the text, not the figure caption. Delete in caption.

Commented [d23]: Revisions to Table 2 caption: Delete this, as it is already explained in the text:

"Bifurcation ratios (R_b) are the number of branches of a given order to the number of branches of the next higher order, and tributary to source ratios (T/S) are the number of tributary branches vs. the number of source branches. T/S ratios were calculated for both 1st and 2nd, primary and secondary, branches."

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Again, remove statistical results from caption, keep in text.

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372 seem to contradict the overall trend, such as the age 7 and 8 corals in the 65 cm interval
373 following the age 9-13 corals in the three previous intervals. This is a common issue with
374 observed age-length keys, and can be due to highly variable ages within a length interval and
375 small sample sizes in some length intervals. The smoothed age-length key, which applies a
376 multinomial logistic regression model fit to all length intervals and ages, addresses those issues
377 and more clearly shows the trend of increased age with total coral length (Fig. 8).

378 Coral growth was determined by relating age estimates to total coral length in a von
379 Bertalanffy growth model (Fig. 9; Table 5), using all 102 corals collected. Our model
380 demonstrates size-dependent growth, and the parameters were calculated to be: $L_{\infty} = 86.1$ cm, K
381 $= 0.14$ yr⁻¹, and $t_0 = 1.44$ y (Table 5). This results in the equation

$$382 E[L|t] \text{ (cm)} = 86.1(1 - e^{-0.14(t-1.44)})$$

383 where $E[L|t]$ represents length at age t . Therefore, the curve reaches an asymptotic mean length
384 of 86.1 cm at the exponential rate of approach of 0.14 yr⁻¹. The age at which mean length is 0, or
385 t_0 , is 1.44 years. However, t_0 is a modeling artifact and has little biological significance. The
386 maximum observed length of in-situ corals (100.2 cm) was greater than the largest length
387 category in the age-length keys (85 cm). Furthermore, the value of $L_{\infty} = 86.1$ is intended to
388 estimate the mean size of the largest corals, not the maximum size. Therefore, when assigning
389 ages to the in-situ corals the last length category was treated as all-inclusive. Subsequently, the
390 ages of in-situ corals >85 cm are most likely underestimated.

391

392 Discussion

393 The mean height of collected sea whips in our study was 46.9 ± 1.7 cm, with a total
394 length distribution of 8.3 cm to 85.3 cm, and 50% of corals in the range of 34.2 to 56.4 cm. In
395 contrast, sea whips studied by Mitchell et al. (1993) in the Gulf of Mexico had a mean size of
396 18.9 cm and none exceeded 32.5 cm in height. Mitchell et al. (1993) study site was only 1-1.5 m
397 in depth and exposed to more frequent wave action and subsequent sand scouring than our sites,
398 which could have prevented coral growth to larger heights. However, strong and tall
399 communities of gorgonian corals have been documented on habitats exposed to strong surf
400 (Kinzie 1973; Birkeland 1974; Sanchez et al. 1997; Gomez et al. 2014).

401

402 Colony complexity

403 The average bifurcation ratio (R_b) equaled approximately 3 for all study sites, indicating
404 that for each branch of a given order there are approximately three branches in the next lower
405 order. This coincides with the R_b of 3.1 that Mitchell et al. (1993) found for the sea whips in their
406 study, suggesting this may be a characteristic of the species. In many arboreal gorgonians, the
407 distal portion of first order branches include many young, nonreproductive polyps while older,
408 reproductive polyps are more numerous on secondary and tertiary branches (Brazeau and Lasker
409 1988).

410 There was no significant difference found between tributary to source (T/S) ratios in
411 primary and secondary branches between sites. Larger primary T/S ratios at Memorial Barge and

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416 South Ledges indicate that there are more primary than secondary tributary branches in the
417 colonies at each site, which may explain their “bushier” appearance, however it doesn’t
418 contribute to changing the overall colony complexity as indicated by the bifurcation ratio. The
419 lower primary T/S ratios at the deeper Sussex and Boom Wreck sites indicate fewer accessory
420 (tributary) branches, but the difference was not significant. This pattern was also seen in Brazeau
421 and Lasker’s (1988) study, which looked at the colony complexity of two arborescent gorgonian
422 species, *Plexaura homomalla* and *Plexaura flexuosa*, at shallow and deep sites. They found
423 primary and secondary T/S ratios to decrease significantly with depth, leading to the “bushier”
424 appearance of corals at the shallow site (Brazeau and Lasker 1988). Though the differences were
425 not significant in our study, the reoccurrence of the pattern suggests that the colony complexity
426 of arborescent gorgonian corals, like *L. virgulata*, can change with depth. In corals containing
427 zooxanthellae, this change in colony morphology could serve to reduce self-shading at lower
428 light levels (Brazeau and Lasker 1988). However, *L. virgulata*, like other cold-water corals
429 (citation) lacks zooxanthellae. Therefore, morphological plasticity in this species could be due to
430 other factors related to changes in depth, such as wave stress, current strength, food density, and
431 predation (Lasker, et al. 1983; Dai and Lin 1993; West, et al. 1993; Sanchez, et al. 1997).

Commented [D27]: This is one of the definitions of cold-water or deep-sea corals.

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432 Age Analysis

433 Our sea whip samples had an age range of 2 to 15 y, with 50% in the range of 6 to 8 y.
434 Agreement on ring counts between readers was high, and there was no systematic bias displayed
435 in ageing by either reader. There was more disagreement at greater ages, most likely because
436 rings towards the outer edge of the coral tend to be smaller in width and closer together (Grigg
437 1974), making it harder to distinguish between them. However, estimates never differed by more
438 than one year.

439 Despite our systematic approach to sampling and *L. virgulata*’s annual reproductive
440 season (Adams 1980), we observed very few juveniles and a large proportion of middle-age
441 colonies. This is similarly expressed in the size frequency of corals collected and those measured
442 in-situ, which show fewer colonies in the smaller size classes and a larger proportion in the mid-
443 size classes. The dominance of medium-aged *L. virgulata* colonies is consistent with episodic
444 recruitment, with the high frequency of middle-age colonies representing a past “pulse” in
445 recruitment (Munari, et al. 2013). This episodic recruitment may be due to environmental factors
446 influencing the mortality and settlement of coral larvae, newly settled recruits, and/or juvenile
447 colonies. Smaller gorgonian corals have been observed to have higher mortality rates than those
448 in larger size classes (Grigg 1977; Gotelli 1991; Gomez et al. 2014). Yoshioka (1994) observed
449 this trend in gorgonian *Pseudopterogorgia* spp. populations, where larger colonies had a high
450 (96% y⁻¹) and constant survivorship compared to the low (62% y⁻¹) and variable survivorship in
451 smaller colonies. This resulted in episodic variations in *Pseudopterogorgia* population size
452 frequencies. Gotelli (1991) noticed high variation in the number of *L. virgulata* recruits on a
453 monthly scale, as well as low juvenile survivorship. Predation does not appear to be a major
454 factor behind *L. virgulata* juvenile mortality (Patton 1972). Episodic recruitment could
455

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460 potentially explain the significantly different mean ages of the in-situ corals at Memorial Barge
461 and South Ledges. Differential recruitment between the sites could lead to this difference in
462 mean age.

463 Episodic recruitment can also indicate the instability of the species' environment, as the
464 more variable the environment the more irregular the age structure of a respective population
465 will be (Grigg 1975). One such environmental factor affecting the observed age-frequency in our
466 study could be storm events. Though their effect on gorgonian communities can be unpredictable
467 and highly variable, large storms can produce strong currents and wave action resulting in the
468 burial, sand scouring, breakage, and detachment of corals (Yoshioka and Yoshioka 1987).
469 Detachment and abrasion were a major cause of mortality in Grigg's (1977) study examining
470 populations of the branching gorgonians *Muricea californica* and *Muricea fruticosa*, with
471 colonies able to withstand detachment by strong currents until they reached a threshold height
472 and size. Gotelli (1988) concluded that high sediment concentrations limit recruitment of *L.*
473 *virgulata* larvae by restricting settlement sites, and that sand was an important source of juvenile
474 mortality due to the burial or damage of young or newly settled individuals. Larger, adult
475 colonies appear to be tolerant of heavy sediment loads, perhaps due to their established holdfast
476 and additional height (Williamson et al. 2011). Storm events could also be the reason why our
477 age frequency and distribution differed from that of Mitchell, et al. (1993), whose study
478 population of *L. virgulata* experienced two hurricanes within 8 years of the project.

479 Additionally, another factor preventing regular recruitment in the population studied by
480 Grigg (1977) was the lack of available hard substrata for settlement, a determining factor of
481 recruitment for many gorgonians (Kenzie 1973). Therefore, recruitment may be regulated by
482 space limitation in habitats where hard substrata is completely occupied, or covered in a soft
483 sediment layer. Coral larvae that do manage to settle may then have to compete with other sessile
484 organisms, and risk mortality by overgrowth (Gomez et al. 2014). On our study sites, the hard
485 substrata of the artificial reef were often covered in beds of mussels, sponges, and the encrusting
486 star coral *Astrangia poculata*, as well as an occasional layer of fine sediment. Sea whip colonies
487 usually grew in the limited spaces between these other organisms, thus new coral recruits may
488 find stiff competition for available substrata on these sites. Years of high *L. virgulata* recruitment
489 may result after a removal or mortality event affects established sessile organisms or sediment
490 layers, clearing space for coral settlement. This was the case in Grigg's (1977) study, where
491 occasional periods of exposed hard bottom due to shifting sediments resulted in fluctuating
492 recruitment of *Muricea*. Large year classes resulted from years of heavy recruitment after
493 substrata exposure. Similarly, large mussels covered one of our study sites (Memorial Barge) in
494 2016, but when that site was revisited in 2017, the mussels were scarce and much smaller; by
495 2019, the site was again covered with a deep layer of small mussels. This suggests that mussels
496 may have been removed by winter storms between visits, and replaced by new recruits, which
497 could have direct impacts on coral recruitment.

498 Growth

499

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Commented [D29]: Of course, they're impacted by storm events cause *L. virgulata* occurs fairly shallow as compared to most other cold water/deep-sea corals. Care to speculate other ways that depth or, perhaps temperature, may also be a factor here? Anything from the literature?

Commented [D30]: See comment at end of Conclusion.

Commented [D31]: But what if the *Leptogorgia* was there first, and it was the other organisms that grew in the space between them? Wouldn't it be better to simplify the sentence and say the substrate is crowded with other organisms and the coral may face stiff competition for space?

Commented [D32]: Perhaps too speculative. Mussels attached by byssal threads are pretty tough to dislodge - think about the fact that blue mussels can live in the intertidal zone on rocky coasts. So not sure what could cause their disappearance.

501 The generated age-length keys show the overall pattern of coral size increasing with age.
502 Anomalies to the trend found in the observed age-length key could be due to variable ages and/or
503 small sample sizes in some length intervals, which are common issues within these keys. The
504 multinomial logistic regression applied in the smoothed age-length key addresses those issues
505 and better shows the trend of increased age with total coral length. Gotelli (1991) also found a
506 correlation between *L. virgulata* colony size and age, with considerable variation in the size of
507 older individuals. Variation of growth rate between colonies, and the subsequent variation in
508 length for colonies of similar ages, may be due to persistent intrinsic differences, minor
509 differences in food supply related to position on the reef, or other differences in the microhabitat
510 (Grigg 1974).

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511 For organisms with indeterminate growth and variation of size within an age class, it has
512 been recommended to use population dynamic models based not only on age, but on
513 simultaneous analyses of size and age (Kirkpatrick 1984; Hughes 1984; Hughes and Connell
514 1987). We accomplished this using a von Bertalanffy growth model illustrating *L. virgulata* size
515 at age. According to this growth function, *L. virgulata* reaches maximum individual length at
516 approximately 20 years of age. Gorgonian corals tend to grow toward a theoretically high size
517 asymptote, with their size and lifespan then being limited ecologically (Grigg 1974; Mistri and
518 Ceccherelli 1993, 1994; Goffredo and Lasker 2006; Munari et al. 2013) – a trend that appears to
519 apply to *L. virgulata*. Other constraints on size may be physical, like the biomechanics of a coral
520 skeleton with a highly branched structure (Chadwick-Furman et al. 2000). Mitchell et al. (1993)
521 produced a growth function for *L. virgulata* based on annuli ring width, and calculated a K
522 parameter equal to 0.094 y^{-1} . This is a lower rate of approach compared to our K value of 0.14 y^{-1} ,
523 suggesting the sea whips in our study approach L_{∞} at a slightly faster rate.

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524 With no corals over the age of 15, and 50% in the range of 6 to 8 y, our study sites are
525 dominated by middle-age colonies. Our curve seems to be slightly below the rapid, two-year
526 initial growth rate of *L. virgulata* which Adams (1980) observed, where age-2 corals averaged 14
527 cm in height. However, that study mimicked water conditions of the Gulf of Mexico, so the
528 warmer temperatures could have potentially increased *L. virgulata* growth rate in comparison to
529 our study. This difference could also be due to sample size limitation, as we found only one coral
530 aged 2 y, and no corals younger than that. In general, younger corals were scarce in our samples,
531 with only fourteen corals under 6 y out of the 102 collected. This could have affected the t_0
532 model parameter, age at length 0 cm. Additionally, only 22.5% of the corals collected were over
533 8 y, which could potentially alter the rate of approach (K) to L_{∞} .

534 The presence of mostly middle-age colonies at our study sites implies that adult
535 survivorship is high for these populations. In Gotelli's (1991) study of *L. virgulata*, the
536 population growth rate (growth rate measured as the proportion of colonies in size class i that
537 grew to size class $i + 1$ in the next month) was close to 0.0. Thus, it was clear that adult
538 survivorship was more important to population growth than either recruitment or fecundity. One
539 reason for this could be fluctuating juvenile mortality (Gotelli 1988; Gotelli 1991; Yoshioka
540 1994). Therefore, the presence of many middle-age adults at our sites could be considered

544 beneficial in terms of maintaining overall population structure and growth. However, Gotelli
545 (1991) did mention that recruitment was important in terms of stabilizing the population growth
546 of *L. virgulata*.

547 In the Delmarva region of the MAB there is evidence of threats to adult survivorship, and
548 subsequently the population stability of *L. virgulata* populations. Schweitzer *et al.*, (2018)
549 observed commercial fishing activities at 3 sites in this region, and found that 50% of the
550 commercial fishing traps observed came into contact with benthic epifauna, including sea whips,
551 upon retrieval. As a result, sea whips could be damaged or experience breakage, reducing their
552 overall structural complexity and density. Our study sites are not commercially fished, however
553 they are fished recreationally. Observed damage to sea whips at these sites includes fishing lines
554 entangled in biotic overgrowth attached to the corals, lines restricting coral branches, lines
555 cutting into coral tissue, and damaged and stripped tissue in general. Future work will need to be
556 done to examine whether these negatively affect coral survival.

558 Conclusions

559 This study currently represents the only measure of colony complexity, age, and growth
560 for *L. virgulata* on artificial reefs in the mid-Atlantic region, and will be a useful reference to
561 study changes over time and/or long-term population trends. However, the number of sites
562 observed and corals analyzed may represent a relatively small fraction of the total number in this
563 region. Therefore, more research into the location and biology of *L. virgulata* in this region is
564 necessary to better verify the coral characteristics presented in our study. While ageing corals via
565 growth ring counts may be a more accurate technique, the growth function generated in our study
566 could be used in the field to estimate age-frequency without removal of specimens. Additionally,
567 measuring in-situ changes in total coral length via tagging studies would give more insight into
568 growth rates of *L. virgulata*. They could also be used to improve our understanding of the
569 capacity for, and rates of recovery of, sea whip populations after damage or removal by either
570 human or natural disturbances. The evidence for episodic recruitment of *L. virgulata* shown in
571 this study suggests that they do not recruit on a regular annual basis, and good recruitment years
572 may only occur at intervals of a decade or longer. Thus, any corals that are damaged or removed
573 due to disturbance by human or natural events may require decades to recover. Changes in
574 fishing patterns, storm events, or climate change may exacerbate or change this pattern.
575 Presently, the most conspicuous human disturbances to *L. virgulata* in the mid-Atlantic result
576 from fishing. However, development of offshore wind-power energy areas may also impact coral
577 populations in the future. In addition, our study only looked at recreationally fished sites.
578 Therefore, it would be beneficial for future studies to examine sea whips at commercially fished
579 sites in order to compare them. Regarding natural disturbance, storm events are most likely the
580 biggest source of damage, and the frequency and intensity of storm events should be considered
581 for long-term modeling, management, and habitat protection. Once the information regarding
582 population distribution, biology, and trends in these waters have been more thoroughly
583 documented, the development of population models for coral communities would be beneficial.

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Commented [D33]: I think it is safe to speculate that it already does. You mention fishing effects on corals in the 1st paragraph of the Introduction, and there's plenty of evidence in the literature (beyond what you've already cited) to show what kind of damage can be done. (I don't think it makes a difference whether it's done by commercial or recreational fishing, except perhaps in matter of degree.) Feel free to remind the reader that this is a real problem here (with more citations).

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Commented [D34]: What makes you say that? There ain't a lot of hard bottom in the MAB, artificial or otherwise, we know that. Perhaps your sites make up -- well, perhaps not an insignificant portion of hard bottom here! Any possible citations for this?

Commented [D35]: As is true for deeper cold-water corals. (Citations.)

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Commented [D36]: Good paper! But there's one thing that needs to be addressed or discussed: might there be a difference, or is there any evidence of a difference (citations?), in growth, colony complexity, age, etc. between colonies inhabiting artificial reefs and those found on natural hard bottoms? I think this is a big gap here. But also, addressing this could lead to all kinds of habitat conservation questions, if one of these habitats is shown to be "better" than the other for the corals. (As you know, these corals are starting to get a lot of attention from both fishers and resource managers.)

Do some digging around and see if this is the case. It's worth discussing and even speculating about, even if there isn't a lot of evidence one way or the other out there.

Don't confine your answer to only this species, and don't necessarily confine it to the exact parameters you studied.

That's why I was a stickler about adding the word "artificial" when talking about your study sites.

587

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590 Burke, and M. Hutchins.

591

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