

Comparison of diversity and composition of macrofungal species between intensive mushroom harvesting and non-harvesting areas in Oaxaca, Mexico

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Wild edible mushrooms have been collected and consumed by human groups for centuries, and today they represent a relevant source of food and income for many rural families worldwide. Preserving these non-timber forest products is of great interest, and there is concern about the damage caused by intensive mushroom harvesting on macromycete communities. The aim of this study was to evaluate variation in diversity and composition of macromycete species between areas regularly used for mushroom harvesting and non-harvested areas in the Mixteca region of Oaxaca, Mexico, as well as to assess the influence of microclimatic and environmental factors on this variation. We selected two harvested and two non-harvested sites within the study area. In each one, we established 10 permanent plots of 10 m x 10 m where we sampled all the observed fruit bodies weekly from June to October 2017. We recorded a total of 856 individuals corresponding to 138 species, and 23 of these were identified as edible. Overall macromycete diversity, edible species diversity and composition were similar in Sites 1(non-harvested) and 3 (harvested), and in Sites 2 (non-harvested) and 4 (harvested). Variation of diversity and species composition along the studied area was mainly related to microclimatic variables, while most environmental variables and variables related to vegetation structure similarly affected macromycete species in the four sites. Our results indicate that intensive harvesting of wild edible mushrooms is not affecting the diversity and distribution of macromycete species in our study area. Knowledge on the sustainability of mushroom harvesting practices can help improve current regulations regarding the management of these valuable non-timber forest products.

1 **Comparison of diversity and composition of macrofungal species between intensive**
2 **mushroom harvesting and non-harvesting areas in Oaxaca, Mexico**

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20 Abstract

21 Wild edible mushrooms have been collected and consumed by human groups for centuries, and
22 today they represent a relevant source of food and income for many rural families worldwide.
23 Preserving these non-timber forest products is of great interest, and there is concern about the
24 damage caused by intensive mushroom harvesting on macromycete communities. The aim of
25 this study was to evaluate variation in diversity and composition of macromycete species
26 between areas regularly used for mushroom harvesting and non-harvested areas in the Mixteca
27 region of Oaxaca, Mexico, as well as to assess the influence of microclimatic and environmental
28 factors on this variation. We selected two harvested and two non-harvested sites within the study
29 area. In each one, we established 10 permanent plots of 10 m x 10 m where we sampled all the
30 observed fruit bodies weekly from June to October 2017. We recorded a total of 856 individuals
31 corresponding to 138 species, and 23 of these were identified as edible. Overall macromycete
32 diversity, edible species diversity and composition were similar in Sites 1(non-harvested) and 3
33 (harvested), and in Sites 2 (non-harvested) and 4 (harvested). Variation of diversity and species
34 composition along the studied area was mainly related to microclimatic variables, while most
35 environmental variables and variables related to vegetation structure similarly affected
36 macromycete species in the four sites. Our results indicate that intensive harvesting of wild
37 edible mushrooms is not affecting the diversity and distribution of macromycete species in our
38 study area. Knowledge on the sustainability of mushroom harvesting practices can help improve
39 current regulations regarding the management of these valuable non-timber forest products.

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41

42 **Introduction**

43 Fungi are of great importance in forest ecosystems worldwide. As decomposers, they are the
44 most important organisms for the degradation of organic matter, and play a key role in nutrient
45 cycling (Lodge 1993; Deacon 2006). Mycorrhizal fungi form symbiotic associations with higher
46 plants, facilitating plant uptake of water and nutrients such as phosphorus and nitrogen, in
47 exchange for photosynthetically fixed carbon (Hall, Yun & Amicucci 2003; Egli 2011). Plant
48 and animal pathogenic fungi impact ecosystems mainly by acting as natural population
49 regulators, thereby influencing productivity and species diversity and composition (Hansen &
50 Stone 2005; Deacon 2006).

51 In addition to their roles in ecosystem functioning, fungi are highly relevant for humans and
52 human-related activities (Mueller, Bills & Foster 2004). Wild edible mushrooms have been
53 collected and consumed by people for thousands of years and, given their nutritional value, some
54 species are used as substitutes of meat in developing countries (Boa 2004). Wild edible
55 macromycetes are also among the most important non-timber forest products sold worldwide,
56 generating ca. US\$2 billion each year (Boa 2004; Voces, Diaz-Balteiro & Alfranca 2012).
57 Information compiled from 10 countries revealed 2166 known species of wild edible
58 mushrooms, but they are known sources of food and income in more than 80 countries (Boa
59 2004).

60 In Mexico, at least 371 macromycete species are traditionally consumed, making it the second
61 country with the most species of wild mushrooms used as food, only after China (600 species),
62 and it is the sixth country in the world with the highest number of ethnic groups (Ruan-Soto,
63 Garibay-Orijel & Cifuentes 2006; Garibay-Orijel & Ruan-Soto 2014). The state of Oaxaca is one
64 of the most biodiverse regions in the planet, and the most biologically and culturally diverse

65 region in Mexico (Flores-Villela & Gerez 1994), but there is a lack of mycological information
66 for this area (Garibay-Orijel et al. 2006). The few studies on macromycetes in Oaxaca have
67 focused on the functional diversity of macrofungal communities in the Costa region (Caiafa et al.
68 2017), taxonomy and traditional use of *Psilocybe* species in different localities of the state
69 (Guzmán et al. 2004; Ramírez-Cruz, Guzmán & Ramírez-Guillen 2006), the traditional use of
70 macrofungi in the Mixteca region (Santiago et al. 2016), and the diversity and traditional use of
71 macromycetes in the Sierra Norte region, which has the most complete inventory of useful
72 macromycetes in Mexico, comprising a total of 159 taxa (Garibay-Orijel et al. 2009).
73 Nevertheless, it is common knowledge that many communities throughout other regions of
74 Oaxaca also use wild mushrooms.

75 However, it has been suggested that mushroom harvesting may affect macromycete communities
76 and fruit body production in subsequent years by lowering spore-release, damaging mycelia, and
77 disrupting biotic interactions with other species (Arnolds 1995; Leonard 1997; Money 2005).
78 Due to the role of macromycetes in ecosystem processes, and their nutritional and economic
79 importance, concern about the negative effects of harvesting has grown among mycologists,
80 conservation agencies, forest managers, landowners, and mushroom traders (Boa 2004; Leonard
81 1997; Pilz et al. 2007; Pilz & Molina 2002) Nevertheless, results from experimental and long-
82 term research have indicated that over-harvesting causes no damage to the macromycete
83 communities since only the fruit bodies are removed and the mycelium is left untouched (Norvell
84 1995; Egli et al 2006). Yet, soil compaction associated with mushroom collecting can reduce the
85 number of fruit bodies per year (Egli, Ayer & Chatelain 1990, Egli et al 2006).

86 Therefore, researchers have recommended that collection of wild edible mushrooms should be
87 regulated, and that rare/endangered species must be identified and protected from harvesting

88 (Leonard 1997; Money 2005). In Mexico, the lack of official statistics and scientific knowledge
89 on mushroom harvesting has caused the regulatory framework to be ambiguous, inconsistent,
90 and difficult to comply with. The Wildlife Act, for example, considers the use of wild
91 macromycetes, but if supported by a management plan with evidence showing that the extraction
92 rate does not exceed the rate of natural regeneration, making it virtually impossible to obtain an
93 official harvesting permit (Benítez-Badillo et al. 2013). Many rural communities of Oaxaca have
94 community-based systems to decide upon and regulate forest management in their territories.
95 Nevertheless, wild mushroom harvesting is frequently excluded from management plans due to
96 the scarce information about the implications of this activity.

97 The present study was carried out in a community located in the highlands of the Mixteca region
98 of Oaxaca, where people have been intensively harvesting wild edible macromycetes in the same
99 places for many years. In spite of evidence from other regions of the world showing that over-
100 harvesting causes no damage to macromycete communities, there is a widespread perception in
101 Mexico that harvesting the same area for many years diminishes the number of species and fruit
102 body production. These ideas, together with the lack of scientific information and the
103 inconsistent regulatory framework regarding wild edible mushrooms, highlight the need for
104 studies on how mushroom harvesting in different regions and ecosystems of this country may be
105 affecting the structure of macromycete communities. The aim of this study was to assess
106 differences on diversity and distribution of macromycete species between areas used for
107 mushrooms harvesting and non-harvested areas, to infer about the potential effects of collection
108 on macrofungal communities in the Mixteca region of Oaxaca. Since macromycete communities
109 are susceptible to mycelium damage, reduction of spore release, and
110 microclimatic/environmental variation, we predicted that the turnover of species composition

111 between harvested and non-harvested sites would be conspicuous, and the likely changes of
112 diversity and distribution of macromycetes along the study area would be more related to the
113 variation of microclimatic/environmental factors than to the effect of harvesting.

114

115 **Materials & Methods**

116 **Study area and sites**

117 The study was conducted in the community of Independencia (17°05'43" N, 97°39'35" W),
118 which is part of the municipality of San Esteban Atlatlahuca, in the Mixteca region of Oaxaca,
119 Mexico. Independencia is found in the Sierra Madre del Sur mountain range at 2670 m.a.s.l., in
120 an area characterized by Oak-Pine forests. The climate is temperate subhumid with rains in the
121 summer. Temperature ranges from 10 to 16 °C, and annual precipitation from 800 to 1500 mm
122 (INEGI 2008).

123 With the assistance of local mushroom collectors, four study sites were defined in the communal
124 forests of Independencia: two sites in areas where local residents harvest wild edible mushrooms,
125 and two areas where no harvesting takes place. Sites 1 and 2 were established in non-harvested
126 areas, and Sites 3 and 4 have been intensively harvested (all the fruit bodies in these areas were
127 collected every 2 days during 7 months each year) for the past 9 and 5 years, respectively. We
128 chose sites that were similar in their altitude (ranging from 2560 to 2700 m.a.s.l.), tree
129 composition (dominated by one unidentified species of *Pinus* and two unidentified species of
130 *Quercus*), topography of the terrain (hills with homogeneous surfaces lacking notable
131 depressions or conspicuous areas of exposed rocks), and understory coverage (present and
132 homogeneous along the study area). We tried to ensure environmental similarity between sites to

133 avoid great differences that could mask the effects of harvesting on the variables we used to
134 explain diversity and distribution variation. In each site we established 10 permanent plots of 10
135 m x 10 m located at least 10 m apart from each other, totaling a sampling area of 0.1 ha per site.

136 **Explanatory variables**

137 Every sampling date we recorded the following microclimatic variables in each plot: air and soil
138 temperature (°C), relative air humidity (%), water content in soil (%), and soil pH. Soil
139 compaction was determined by calculating bulk density (gm/cm³) and soil porosity (%). Since
140 soil bulk density in the study sites ranged from 0.38 to 0.44 gm/cm³, the soil texture for all sites
141 was classified as sandy clay loam to clay loam. Other environmental variables recorded per plot
142 included: slope (°), aspect (°), canopy openness (%), and moss, rockiness and bare soil cover
143 (%). Leaf litter depth was measured at the beginning, middle, and the end of the sampling
144 season. In each plot we counted and measured the diameter and height of all trees with a
145 diameter ≥ 10 cm at 1.3 m above ground. Vegetation structure was characterized using the basal
146 area (m² ha⁻¹), density (individuals ha⁻¹), and mean and maximum height (m) of the trees
147 counted.

148 **Macromycete sampling**

149 It was not possible to use molecular analyses to determine the number of species in our study
150 area due to the lack of funding and limited access to suitable labs. For this reasons, we based
151 species identification on the macro and micromorphological characters of fruit bodies. Prior to
152 the sampling season, we obtained permission from the municipal authorities of San Esteban
153 Atlatlahuca to collect macromycetes in our study sites. Since mushrooms are ephemeral,
154 samplings consisted in continuously collecting macromycete fruit bodies in the four sites every

155 week. Macromycetes were collected only during the rainy season (June-October) of 2017, and
156 the sampling procedure was the same for the four study sites in order to obtain comparable data
157 useful to analyze how diversity varied along the studied area. Each site was sampled by the same
158 person every week for five months, involving the same sampling effort (i. e. number of plots per
159 site and sampling dates) in each place. To minimize the potential effect of collecting on future
160 fruit body production, only 1 or 2 fruit bodies were collected per species for identification when
161 necessary. Fruit bodies of the same species within a diameter < 50 cm were recorded as a single
162 individual. To avoid soil compaction and raking leaf litter, samplings and data recording within
163 the plots were carefully carried out by a single person. When specimens could not be identified
164 at the species level, they were classified as morphospecies using a higher taxonomic level
165 approach. Species were classified as edible or not based on information from local residents and
166 a literature review (Garibay-Orijel et al. 2009; Karun & Sridhar 2017).

167 **Data analysis**

168 We recorded the number of macrofungal species in each site, and the observed species richness
169 was compared between sites by means of rarefaction curves standardizing the samples to the
170 minimum number of individuals recorded in one site. We constructed species accumulation
171 curves to determine the effectiveness of the sampling effort (i.e. number of plots). We used
172 analyses of variance (ANOVA) to determine differences between sites with regard to the number
173 of individuals for each species, the number of species per site, and soil compaction. We used
174 Tukey's HSD tests to identify pairs of means that differed from each other. Macrofungal
175 diversity was calculated with the Shannon index, and with the true diversity index of first order
176 (qD) using the multiplicative diversity decompositions of the effective numbers of species (Jost
177 2006, 2007). A single linkage hierarchical cluster analysis was performed based on composition

178 and abundance of species. These analyses were conducted in R version 3.4.2 (R Core Team
179 2017). The completeness of the macromycete inventories was estimated using the species
180 richness estimator Jackknife 2, and the turnover of species composition was assessed with the
181 Chao-Jaccard similarity index, both of which were calculated in EstimateS 9.1.0 (Colwell 2013).
182 The Spearman correlation coefficient was calculated to determine the relationship between the
183 explanatory variables and macrofungal richness. To understand the distribution of macromycete
184 species with respect to our set of environmental, microclimatic, and vegetation structure
185 variables, we used canonical correlation analyses (CCA). A lineal regression analysis was carried
186 out to determine the relation between species similarity and geographic distance between sites.
187 The *t*-test proposed by Hutchenson (Zar 2009) was used to determine differences in Shannon
188 diversity values between sites. Unless stated otherwise, statistical analyses were performed in R
189 version 3.4.2. (R Core Team 2017).

190

191 **Results**

192 **Macromycete species richness and taxonomic groups**

193 We recorded a total of 856 individuals corresponding to 138 species, and 23 of these were
194 identified as edible species. The phylum Basidiomycota was represented by 10 orders, 33
195 families, 59 genera, and 134 species; Ascomycota was represented by 4 orders, 4 families, 4
196 genera, and 4 species (Appendix A). Site 4 had the highest macromycete species richness (72),
197 while Site 1 showed the lowest number of species (34). Similarly, the highest richness of edible
198 species was found in Site 4 (14), and the lowest in Site 1 (9) (Table 1).

199 Similarly, the number of species estimated with the rarefaction curves (using a standardized
200 abundance of 115 individuals) indicated that Sites 2 and 4 had the highest richness (42 and 38
201 species, respectively) compared to Sites 1 and 3 (33 and 35 species, respectively) (Figure 1A).
202 The rarefaction and species accumulation curves did not reach the asymptote, suggesting that our
203 species inventories were not complete (Figures 1 A, B), however, the richness estimator Jackknife
204 2 indicated that the inventories were more than 50% complete. Variation of the estimated
205 richness among sites corresponded to the variation of the recorded number of species (Table 1).
206 The ANOVA for the abundance of each species indicated no differences between sites ($p =$
207 0.87), as well as the Tukey's HSD. The ANOVA for the number of species, did indicate
208 differences in species richness between sites ($p = 0.009$), but the Tukey's HSD test revealed that
209 only Sites 1 and 4 differed significantly ($p = 0.017$).

210

211 **Macromycete diversity and distribution**

212 Both the Shannon and true diversity indices (Table 1) indicated that Site 2 had the highest
213 diversity of macromycetes (1.54 and 35, respectively), and Site 1 had the lowest (1.17 and 14.83,
214 respectively). The same patterns of Shannon and true diversity were observed for the edible
215 species (Table 1), with Site 2 being the most diverse (0.96 and 9.08, respectively), and Site 1
216 being the least diverse (0.57 and 3.7, respectively). We found no statistical differences in
217 Shannon diversity between Sites 1 (non-harvested area) and 3 (harvested area), and between
218 Sites 2 (non-harvested area) and 4 (harvested area). The proportion of edible species with respect
219 to the total of species recorded in each site was 26.5% for Site 1, 18.8% for Site 2, 20.8% for Site
220 3, and 19.4% for Site 4.

221 The microclimatic variables showed that air and soil temperature were higher in Sites 1 and 3,
222 while relative air humidity was higher in Sites 2 and 4, and water content in soil was higher in
223 Site 2 (Figure 2). Spearman's correlation coefficient indicated that macromycete richness was
224 positively correlated with relative air humidity, herbaceous plant coverage, slope, maximum tree
225 height and tree basal area; and negatively correlated with air and soil temperature (Table 2).

226 The cluster analysis indicated that Sites 1 and 3 were similar in species composition, and Site 2
227 was similar to Site 4 (Figure 3). Correspondingly, the Chao-Jaccard showed that for both the
228 total macromycete species and the edible species, Sites 1 (non-harvested area) and 3 (harvested
229 area) were the most similar, followed by Sites 2 (non-harvested area) and 4 (harvested area).
230 Sites 1 and 4 were the most dissimilar in terms of total macromycete species, and Sites 1 and 2
231 were the most different with respect to edible species (Table 3). Geographic distance between
232 sites and values of the Chao-Jaccard index were not significantly related ($p = 0.6$).

233 The CCA with microclimatic explanatory variables was carried out for 138 macromycete species
234 considering air temperature, relative air humidity, soil temperature and percentage of water in the
235 soil. The model only retained air and soil temperature, but the other variables were included to
236 better explain the ordination. Axis 1 (eigenvalue = 0.4926) and axis 2 (eigenvalue = 0.3226)
237 accounted for 37% and 24% of the species-microclimate relationship, respectively. CCA results
238 showed that Sites 1 and 3 were clearly separated from Sites 2 and 4 along the first canonical axis
239 (Figure 4).

240 The CCA for environmental variables was also carried out for the 138 macromycete species
241 considering litterfall, canopy openness, slope, aspect, rockiness, moss and herbaceous coverage,
242 bulk density, soil porosity and water-filled soil pore space. The model only retained moss
243 coverage, but the other variables contributed to explain the ordination. Axis 1 (eigenvalue =

244 0.4213) and axis 2 (eigenvalue = 0.3545) accounted for 17% and 14% of the explained species-
245 environmental relationship, respectively (Figure 5).

246 The CCA for vegetation structure also considered 138 species and used mean tree height,
247 maximum tree height, tree basal area and tree density. The model only retained maximum tree
248 height, but the other variables were included to explain the ordination. Axis 1 (eigenvalue =
249 0.4509) and axis 2 (eigenvalue = 0.3049) accounted for 38% and 25% of the explained species-
250 vegetation structure relationship, respectively. CCA results showed that Sites 1 and 3 were
251 separated from Sites 2 and 4 along the first canonical axis (Figure 6).

252

253 **Discussion**

254 Mexico is one of the main consumers of wild edible mushrooms in the world. Different studies
255 have shown the high diversity of these organisms in the country and their importance as sources
256 of food and income for human communities in rural areas. For instance, in a forest of La
257 Malinche National Park in Tlaxcala, 93 macrofungi species were recorded, 91 of them reported
258 in the literature as edible, and 74 species were found to be used by the local people (Montoya et
259 al. 2004). In Ixtlan, Oaxaca, 159 macromycete taxa were reported as having a use, including 113
260 edible species (Garibay-Orijel et al. 2009). In the Sierra del Ajusco, in Mexico City, 29 wild
261 edible species were found in just 800 m² (Zamora-Martinez & Nieto de Pascual-Pola 1994). In
262 Cerro El Zamora, located between Guanajuato and Queretaro, a study identified 130
263 macromycete species, 55 of which were recognized as edible based on a literature review
264 (Landeros et al. 2006). In our study area, a total of 138 macromycete taxa were recorded, and 23
265 were recognized as edible according to a literature review. Interviews with local people,

266 performed as part of an ethnomycological study conducted simultaneously to this one, showed
267 that they consume at least 45 species. Despite the fact that most studies on macromycetes
268 comprise 1 to 3 years of sampling, it has been suggested that 5 to 10 years would be more
269 suitable (O'Dell et al. 2004), but it is rarely possible to sample over the many years required to
270 document most of the species (Gabel & Gabel 2007). Our sampling period spanned only one
271 year, however, the aim of this study was not to obtain complete macromycete inventories but to
272 assess the diversity variation among harvested and non-harvested areas, so we used the same
273 systematized procedure in the four study sites (see Methods) to get comparable data. Although
274 our permanent plots in the harvesting sites were marked with barricade tape and it was agreed
275 with the local population that they would not collect mushrooms within the plots during the
276 sampling season, traces of harvesting were often found. Locals ensure that they only collected
277 *Tricholoma mesoamericanum* in our plots, which could explain why the species was not
278 recorded by us.

279 The diversity of macromycetes did not differ between the non-harvested (Sites 1 and 2) and
280 harvested (Sites 3 and 4) areas. Both for all macrofungi and for the edible species, Sites 2 and 4
281 showed a similar diversity and were the most diverse, while Sites 1 and 3 were similar and less
282 diverse. It is broadly known that macromycete communities are strongly influenced by habitat
283 heterogeneity and microclimatic variation, and our results on diversity can be clearly explained
284 by the observed microclimatic conditions. In spite of having similar environmental conditions
285 and vegetation structure in the four studied sites, microclimate was not homogeneous throughout
286 and the differences corresponded to the observed patterns of diversity where Sites 2 and 4 on the
287 one hand, and Sites 1 and 3 on the other, were more similar to each other in terms of the
288 microclimate and macromycete diversity. Several studies have suggested that humidity,

289 precipitation and temperature are the main factors affecting macromycete fruiting and diversity
290 in both temperate and tropical forests (e. g. O'Dell, Ammirati & Schreiner 2000; Ohenoja 1995;
291 Lodge et al. 2004; Brown, Bhagwat & Watkinson 2006; Durall et al. 2006; Gomez et al. 2012),
292 and that temperature and humidity are the best predictors for fungal richness (Talley, Coley &
293 Kursar 2002). Our results showed that air and soil temperatures were higher in Sites 1 and 3, and
294 negatively correlated with macromycete species richness. Likewise, air humidity was higher in
295 Sites 2 and 4, and positively correlated with species richness. These results suggest that
296 mushroom harvesting is not likely affecting the assemblages of edible macromycetes, nor
297 disturbing environmental factors of relevance for macrofungal communities. This is consistent
298 with different long term studies evaluating the effect of mushroom harvesting on the number of
299 macromycete species and fruit body production. In a 29-year study carried out within two fungus
300 reserves in southwestern Switzerland, systematic harvesting was applied using picking and
301 cutting techniques and the results indicated that regardless of the harvesting technique, neither
302 macromycete species richness nor fruiting were affected (Egli et al. 2006). Similarly, 13- and 40-
303 year studies conducted in the United States and Sweden, respectively, revealed that intensive
304 collecting of wild mushrooms did not reduce annual production of fruit bodies (Jahn & Jahn
305 1986; Norvell 1995). It has been suggested that stability in the number of macromycete species
306 and fruiting in areas under harvesting pressure may be explained by the hundreds of spores
307 released from each fruit body before and during mushroom collection, or because enough spores
308 disperse from adjacent areas (Money 2005; Egli et al. 2006).

309 Apart from microclimatic conditions, numerous environmental variables have been related to
310 macrofungal diversity and fruit body production, such as slope, aspect, basal area, presence of
311 rocks, and density of trees (O'Dell, Ammirati & Schreiner 2000; Ferris, Peace & Newton 2000;

312 Cavender-Bares et al. 2009; Egli et al. 2010; Gomez et al. 2012). Our results showed a positive
313 correlation between slope and the number of macromycete species, agreeing with findings by
314 Caiafa et al. (2017) in the Costa region of Oaxaca. But understanding how the slope influences
315 macromycete richness can be a difficult task due to the variety of biotic and abiotic factors
316 related to the soil environment. Findings have suggested that the slope effect on macromycetes is
317 related to vegetation type, as well as to the moisture and temperature gradient along the slope.
318 However, there are discrepancies between studies since some of them report a positive relation
319 between slope and species richness, and others report it to be negative (Nantel & Neumann 1992;
320 Rubino & McCarthy 2003; Gómez-Hernández et al. 2012). In this study, basal area and
321 maximum height of trees were positively correlated with species richness, and a greater amount
322 of fruit bodies were recorded in areas with wider and taller trees. Correspondingly, the highest
323 basal area, maximum height of trees, and macromycete richness and abundance were recorded in
324 Site 4. Related studies have proposed that the composition and structure of host tree communities
325 can influence macromycete richness and fruit body production by affecting fungal specialization
326 and providing different habitats and resource quality and quantities (Villeneuve, Grandtner &
327 Fortin 1989; Richard et al. 2004; Brown, Bhagwat & Watkinson 2006; Zhang et al. 2010). In our
328 study, herbaceous cover was positively correlated with macromycete species richness, agreeing
329 with results that suggest a trend towards increasing the number of macromycete fruit bodies with
330 increased presence of herbaceous plants, and a positive relation between the number of
331 macromycete species and fruit body production (Mehus 1986; Toledo, Barroetaveña &
332 Rajchenberg 2014). The observed trend can be explained by the fact that the herbaceous layer
333 provides up to 16% of annual litter fall and influences the cycling rates of N, P, K and Mg, which
334 are important nutrients for fungal growth and health (Gilliam 2007). Soil compaction by

335 trampling has been proposed as one of the consequences from harvesting that can trigger a
336 decrease in macromycete diversity and fruit body production by causing mycelium smashing
337 (Arnolds 1995; Watling 2003). Egli, Ayer & Chatelain (1990) intensively trampled a plot every 2
338 days during summer and autumn for 1 year, and observed a strong decrease in fruit body
339 production. People in our study area harvest mushrooms every 2 days for 7 months every year,
340 however, the soil water content (which is directly related to soil compaction) was similar
341 between non-harvested and harvested sites, and macromycete abundance was higher in the
342 harvesting sites. Also, the ANOVA for soil compaction showed no differences between sites.
343 These results suggest that trampling due to mushroom collection has not caused severe soil
344 compaction and damage to the macofungal communities despite many years of intensive
345 harvesting.

346 The sites assessed are covered by pine-oak forests with marked dominance of pines, and the
347 composition of tree species was similar in all sites. In forests with low diversity of tree species,
348 as in our study, the opportunity for macromycete specialization increases due to the high
349 abundance of few tree species, and the composition of specialist fungi has been observed to
350 change across the distribution of a vegetation type (Nantel & Neumann 1992; Ferrer & Gilbert
351 2003; Lodge et al. 2008). The turnover of macromycete species between our four study sites was
352 not as conspicuous as expected. The similarity in species composition ranged from 55 to 79%,
353 and resembled the trend observed for microclimate since it was similar between Sites 2 (non-
354 harvested) and 4 (harvested), and between Sites 1 (non-harvested) and 3 (harvested).

355 Corresponding with our results, other studies have reported that variation of macrofungal species
356 composition between sites, within a same vegetation type, was more related to precipitation and
357 temperature than to the composition of tree assemblages (Marmolejo & Méndez-Cortés 2007;

358 Cavender-Bares et al. 2009; Gómez & Williams-Linera 2011). Furthermore, the ordination
359 analyses indicated that air and soil temperature, relative air humidity, and the humidity-related
360 variables of moss coverage and maximum tree height were the main factors involved in the
361 distribution of macromycetes throughout our studied area. Other environmental and vegetation
362 structure variables were homogeneous in the four studied sites and equally related to
363 macromycete distribution, thus they did not play a key role in the observed changes in species
364 composition between study sites. In accordance with our results on diversity and species
365 richness, our findings suggest that microclimatic differences best explained the differences in
366 macromycete distribution along the studied area.

367 In order to avoid pseudoreplication issues, we had ten plots (subsamples) in each study site
368 (replicates) for data collection, and these were analyzed as independent samples. Nevertheless, it
369 was only possible to establish four sites in the study area, thus two replicates were assigned to
370 each treatment (i. e. harvested and non-harvested). In spite of having more than one
371 observational unit for each treatment, the low number of replicates could result in an
372 underestimation of the variability in the treatments. Our results correspond to others reported in
373 several previously mentioned studies, but it would have been valuable to include a larger number
374 of study sites in each treatment to make our results more robust.

375

376 **Conclusions**

377 This study has shown that harvesting wild edible mushrooms for several years within a specific
378 area may not represent a threat to macrofungal communities, and it can be a sustainable activity.
379 Patterns of diversity and distribution of macromycetes along harvested/non-harvested areas are

380 mainly determined by the intrinsic microclimatic variation between sites. The present study
381 included only one season of data, which could be a limitation to capture long-term differences.
382 Thus carrying out long term studies on different ecosystems and evaluating harvesting
383 techniques is of great interest to elucidate the most suitable methods to best manage this valuable
384 non-timber forest product. Surveys along disturbance gradients are also desirable to clearly
385 determine whether harvesting wild mushrooms is an innocuous activity as long as the general
386 environment and macromycete habitat are not disturbed. Generating more information on this
387 activity will allow improving regulatory frameworks and not to exclude mushroom harvesting
388 from management and conservation plans.

389

390 **Aknowledgments**

391 We thank Dr. Virginia Ramírez Cruz and M. Sc. Alonzo Cortés Pérez for their help with
392 macromycete identification in the field and herbarium; Dra. Sandra Smith Aguilar for helpful
393 suggestions and comments on earlier versions of this manuscript; Raúl Rivera García for his help
394 with the figures edition. This research was partially supported by CONACyT through the
395 studentship (No. 611195) granted to the first author.

396

397

398

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Figure 1

A) Rarefaction and B) accumulation curves for species richness in the four studied sites based on a standardized number of individuals and plots as sampling effort, respectively.

Vertical dotted line in rarefaction curves indicates species richness for the minimum number of individuals recorded in a study site.

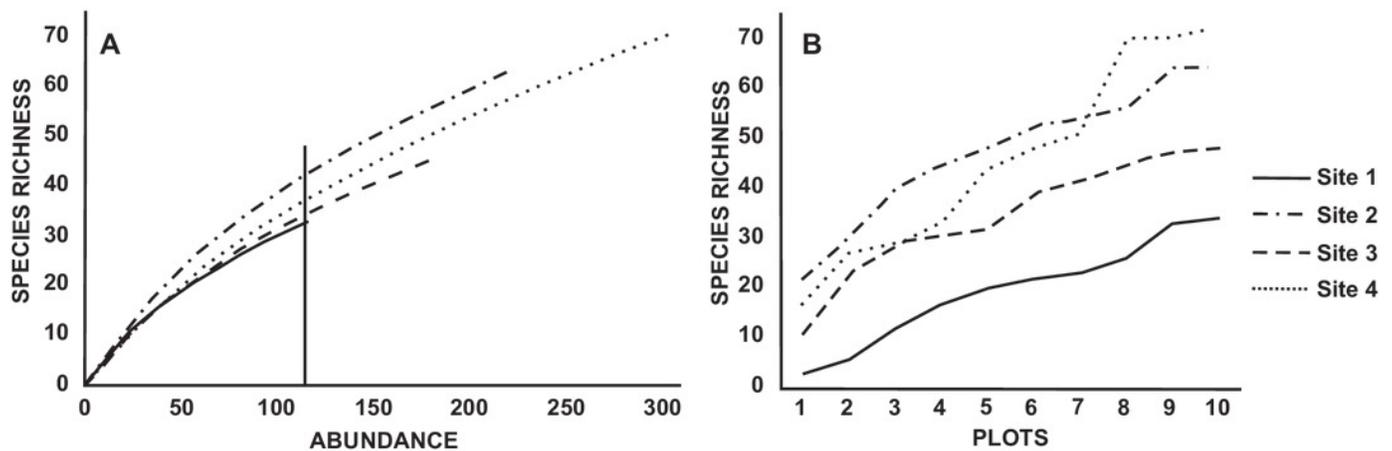


Figure 2

Monthly variation of A) soil water content, B) air temperature, C) air relative humidity, and D) soil temperature in the studied sites through the sampling season.

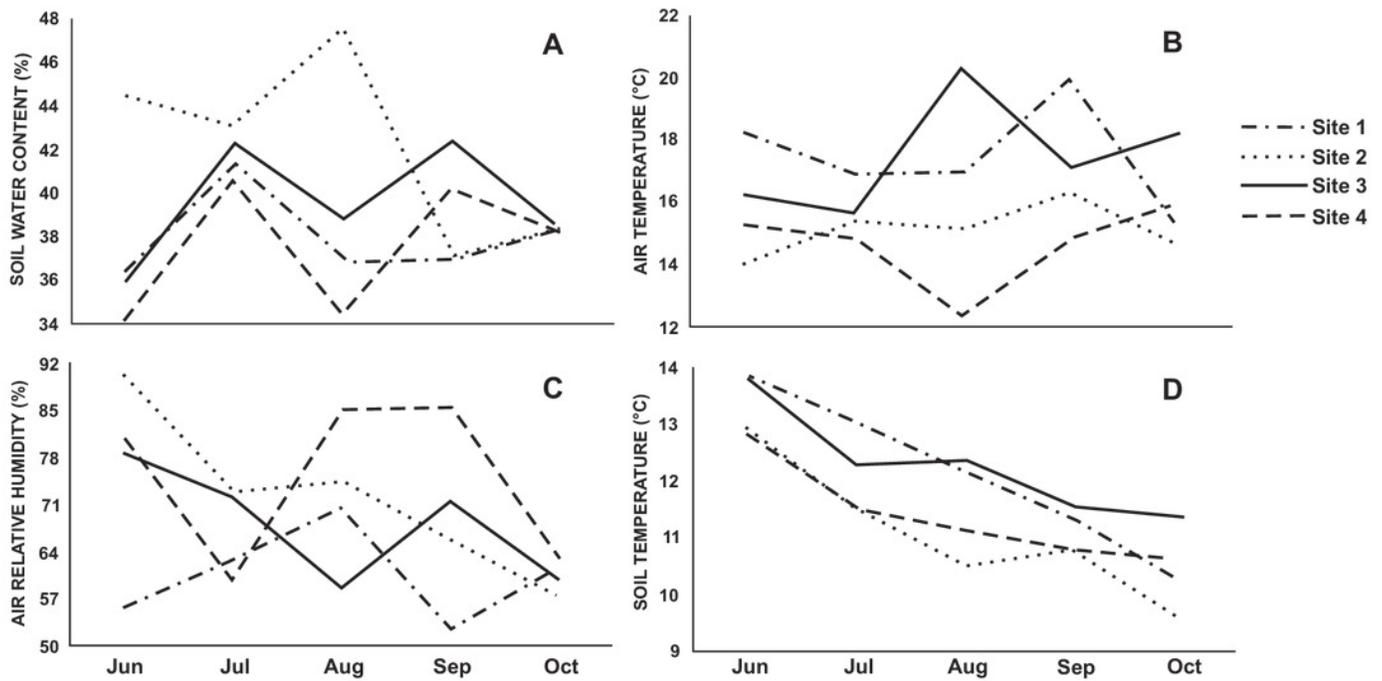


Figure 3

Cluster analysis for the four studied sites, based on composition of species and abundance.

Euclidian distance is indicated by height values.

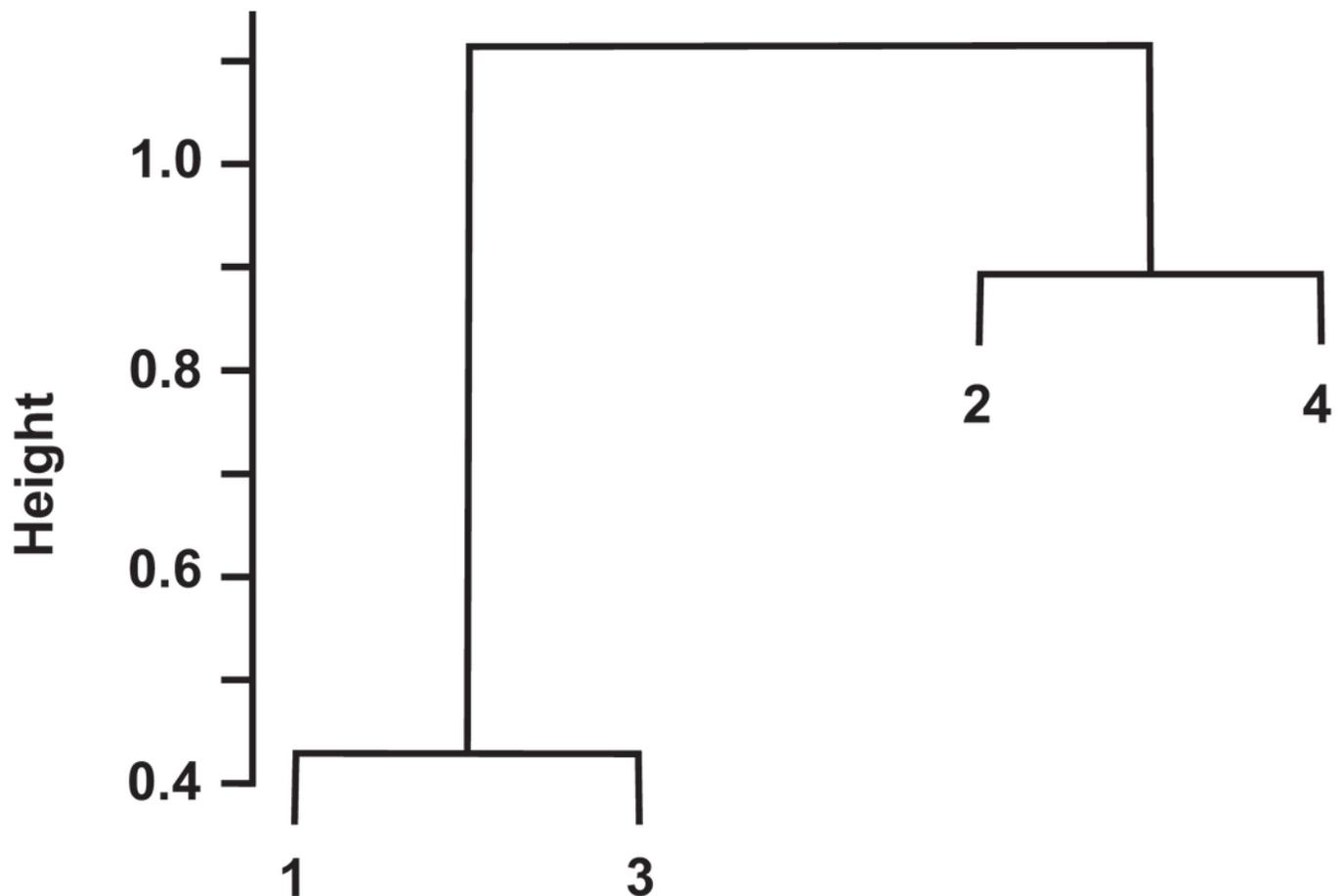


Figure 4

CCA for all the recorded macromycetes in the four study sites.

Vectors are microclimatic explanatory variables: soil temperature (soilT), soil water content (soilW), air relative humidity (airH), and air temperature (airT).

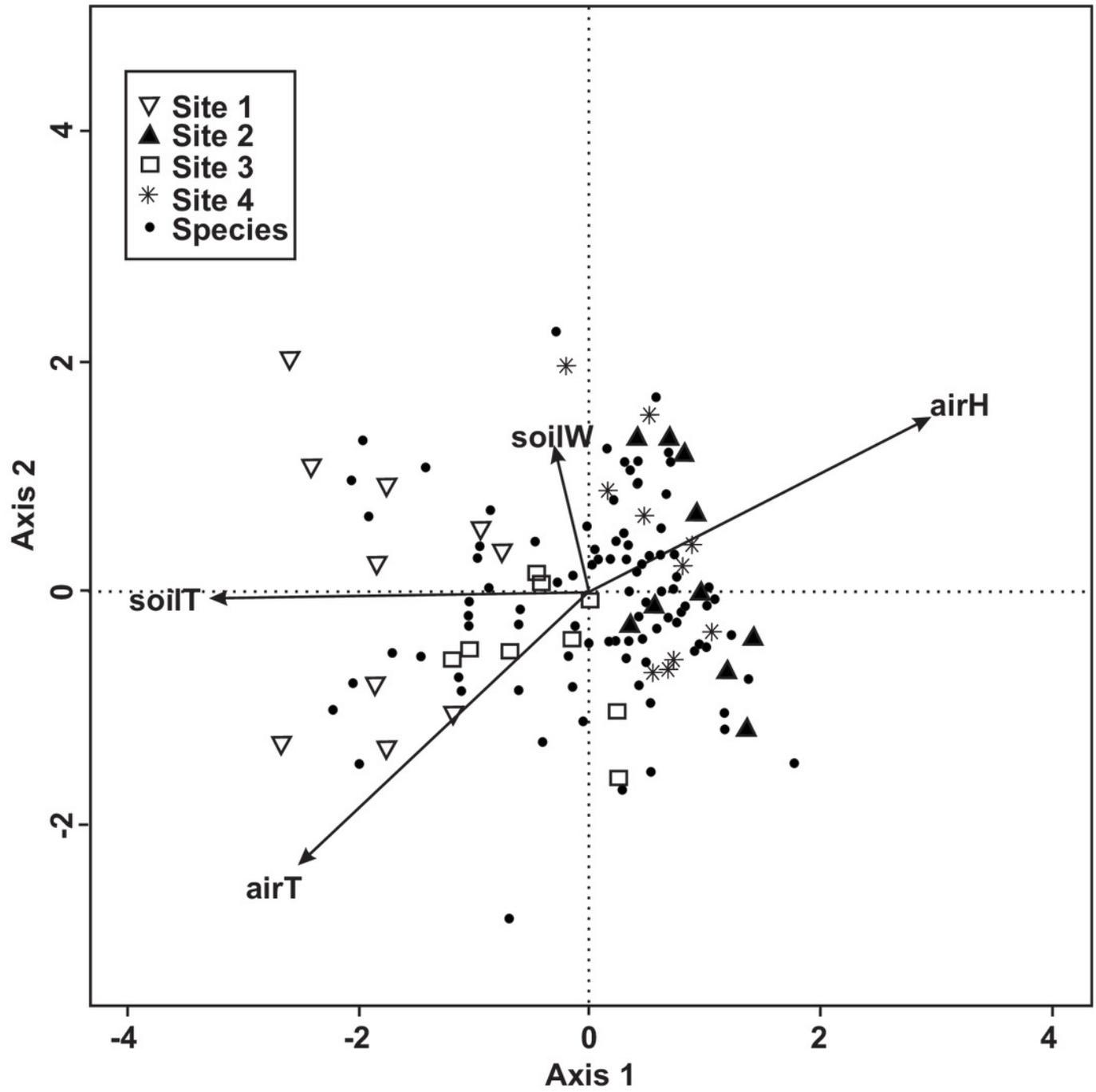


Figure 5

CCA for all the recorded macromycetes in the four study sites.

Vectors are environmental explanatory variables: bulk density (bulkD), herbaceous coverage (herbs), rockiness coverage (rock), slope, canopy, moss coverage (moss), litterfall, aspect, and soil pore space filled with water (waterFPS).

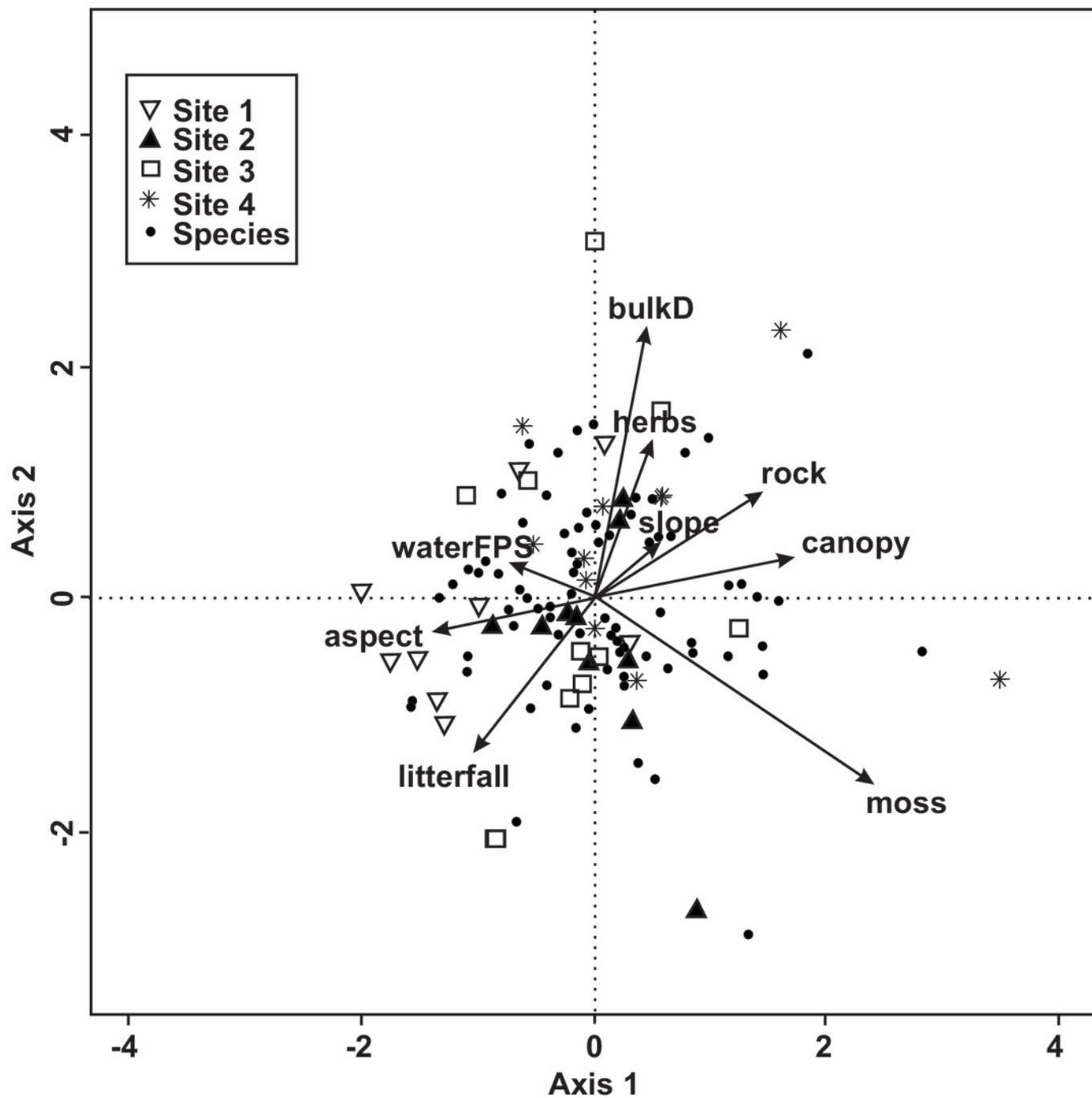


Figure 6

CCA for all the recorded macromycetes in the four study sites.

Vectors are vegetation structure explanatory variables: tree maximum height (treemaxH), tree average height (treeavH), tree basal area (treeBA), and tree density (treeDen).

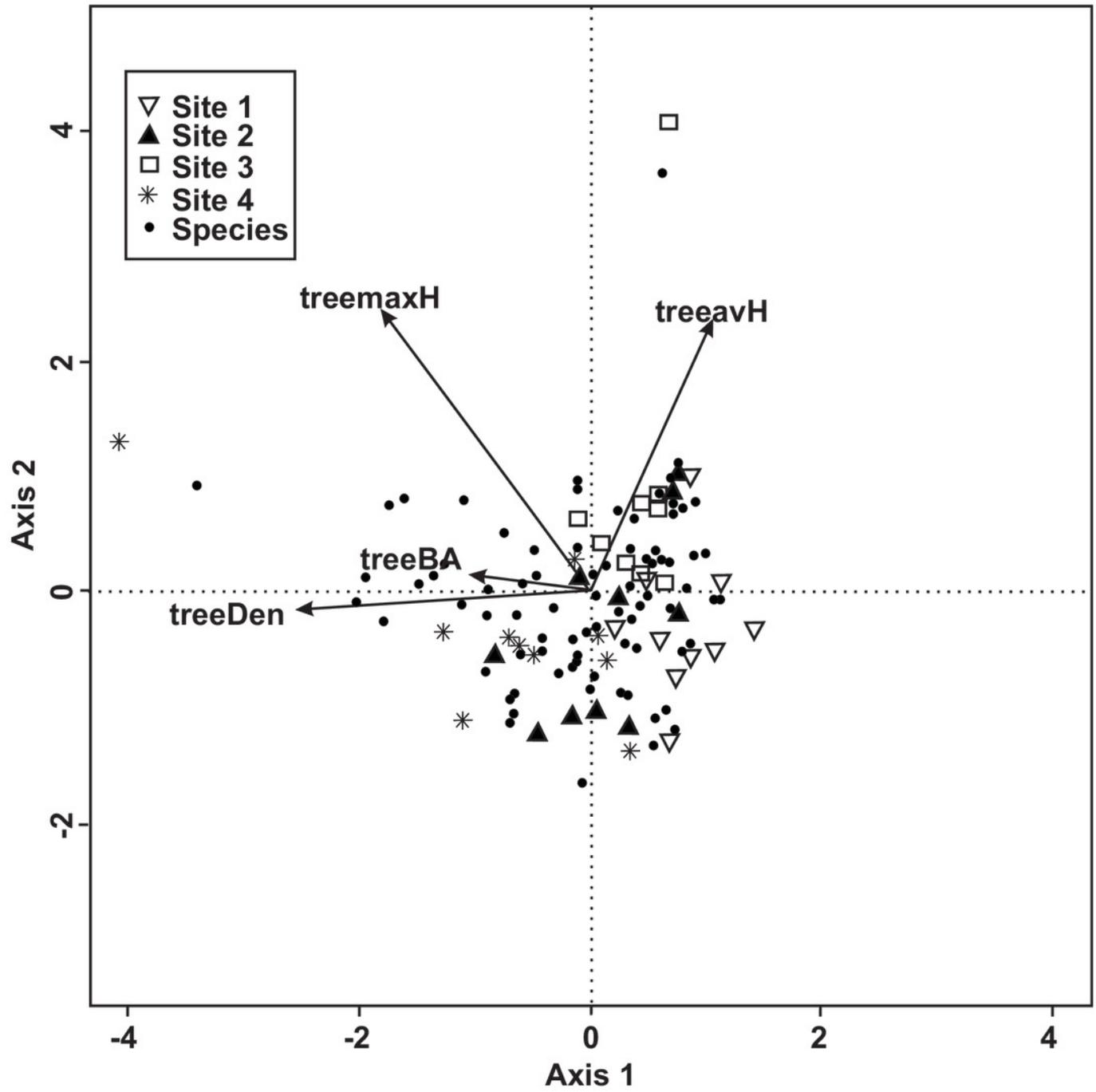


Table 1 (on next page)

Macromycete diversity and abundance in the study sites.

Macromycete species richness, estimated richness (Jackknife 2), diversity and abundance in each studied site of the Mixteca region of Oaxaca, Mexico.

1 Table 1. Macromycete species richness, estimated richness (Jackknife 2), diversity, and abundance in each studied site of the Mixteca
 2 region of Oaxaca, Mexico.

3		Site 1	Site 2	Site 3	Site 4
4	SITE STATUS	Non-harvested	Non-harvested	Harvested	Harvested
5	ALL MACROMYCETES				
6	Richness	34	64	48	72
7	Jackknife 2	65.14	118.07	84.5	139.67
8	Shannon diversity	1.17	1.54	1.33	1.53
9	True diversity	14.83	35	21.28	34.01
10	Abundance	115	221	177	306
11					
12	EDIBLE MACROMYCETES				
13	Richness	9	12	10	14
14	Shannon diversity	0.57	0.96	0.6	0.87
15	True diversity	3.7	9.08	4.02	7.47
16	Abundance	66	36	84	86
17					

Table 2 (on next page)

Spearman correlation coefficients.

Spearman correlation coefficients (ρ) between the species richness of macromycetes recorded in the studied area and the explanatory variables.

1 Table 2. Spearman correlation coefficients (ρ) between the species richness of macromycetes
 2 recorded in the studied area and the explanatory variables.

3

4 Variable	ρ	p-value
5		
6 Air temperature***	-0.58	0.00008
7 Relative air humidity***	0.634	0.00001
8 Soil temperature**	-0.414	0.007
9 Water content in soil	0.098	0.545
10 Soil porosity	-0.004	0.977
11 Soil pore space filled with water	0.03	0.854
12 Bulk density	0.004	0.977
13 pH	0.14	0.388
14 Litterfall	-0.068	0.676
15 Rockiness	0.169	0.294
16 Moss cover	0.214	0.184
17 Herbaceous*	0.336	0.033
18 Slope*	0.36	0.022
19 Aspect	-0.099	0.541
20 Canopy	0.075	0.642
21 Tree average height	0.158	0.327
22 Tree maximum height*	0.372	0.017
23 Tree basal area*	0.329	0.038
24 Tree density	0.172	0.285

25

26 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

Table 3 (on next page)

Chao-Jaccard similarity index.

Chao-Jaccard similarity index between pairs of sites based on the composition of macromycete species.

1 Table 3. Chao-Jaccard similarity index between pairs of sites based on the composition of
2 macromycete species.

3

4	Pairs of sites	All macromycetes	Edible macromycetes
5	1-2	0.7	0.17
6	1-3	0.79	0.88
7	1-4	0.55	0.53
8	2-3	0.69	0.33
9	2-4	0.73	0.74
10	3-4	0.64	0.65

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