

A six-microRNA signature can better predict overall survival of patients with esophagus adenocacinoma

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Background The MicroRNAs (miRNAs) have been validated as prognostic markers in many cancers. The aim of this study was to construct a miRNA-based signature for predicting the prognosis of esophagus adenocarcinoma (EAC).

Methods The RNA sequencing data set of EAC was downloaded from The Cancer Genome Atlas (TCGA). 84 patients with EAC were randomly divided into a train and a test set. Using univariate Cox regression analysis and The least absolute shrinkage and selection operator (LASSO), we identified prognostic factors and construct a prognostic miRNA signature. Receiver operating curve (ROC) analysis was applied to validate the accuracy of the signature.

Result In general, 6 miRNAs (has-let-7b, has-mir-23a, has-mir-3074, has-mir-424, has-mir-425, has-mir-505) were demonstrated to be predictive biomarkers of overall survival for EAC patients in train set. Patients assigned to the high-risk group based on the risk score of this miRNA model had significantly shorter overall survival than those in the low-risk group. This 6-miRNA model was validated in test and entire set. The Aera under curve (AUC) for ROC at 3 years was 0.868 in the entire set. Molecular functional analysis and pathway enrichment analysis indicated that the target mRNAs associated with 6-miRNA signature were closely related to multiple signaling pathways linked to carcinogenesis, especially cell cycle.

Conclusion In summary, we identified and validated a novel 6-miRNA-expression-based prognostic signature based on EAC data of TCGA.

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41 **ABSTRACT**

- 42 Background
- 43 The MicroRNAs (miRNAs) have been validated as prognostic markers in many cancers. The aim
- of this study was to construct a miRNA-based signature for predicting the prognosis of
- 45 esophagus adenocarcinoma (EAC).
- 46 Methods
- 47 The RNA sequencing data set of EAC was downloaded from The Cancer Genome Atlas
- 48 (TCGA). 84 patients with EAC were randomly divided into a train and a test set. Using
- 49 univariate Cox regression analysis and the least absolute shrinkage and selection operator
- 50 (LASSO), we identified prognostic factors and constructed a prognostic miRNA signature.
- 51 Receiver operating curve (ROC) analysis was applied to validate the accuracy of the signature.
- 52 Result
- In general, 6 miRNAs (has-let-7b, has-mir-23a, has-mir-3074, has-mir-424, has-mir-425, has-
- 54 mir-505) were demonstrated to be predictive biomarkers of overall survival for EAC patients in
- 55 train set. Patients assigned to the high-risk group based on the risk score of this miRNA model
- 56 had significantly shorter overall survival than those in the low-risk group. This 6-miRNA model
- was validated in test and entire set. The Area under curve (AUC) for ROC at 3 years was 0.959,
- 58 0.840, and 0.868 in train, test, and entire set respectively. Molecular functional analysis and
- 59 pathway enrichment analysis indicated that the target mRNAs associated with 6-miRNA
- 60 signature were closely related to multiple signaling pathways linked to carcinogenesis, especially
- 61 cell cycle.
- 62 Conclusion
- 63 In summary, we identified and validated a novel 6-miRNA-expression-based prognostic
- signature based on EAC data of TCGA.

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Keywords: Esophagus adenocarcinoma, TCGA, Prognosis, Bioinformatics

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INTRODUCTION

- 71 Esophagus cancer is the seventh common cancer worldwide and the sixth most common cause of
- cancer death in 2018 according to the Global Cancer Observatory (GCO) (Global Burden of
- 73 Disease Cancer et al. 2018). Although the diagnosis and treatment strategies have been
- developed, this cancer remains a major problem due to insufficient information on its etiology,
- and the overall five-year survival rate for patients with esophageal cancer is 15% to 25%
- worldwide (Pennathur et al. 2013). More often, There are two types of malignancies: squamous
- cell carcinoma (90% of cases) and adenocarcinoma (10%). The prevalence of esophagus
- adenocarcinoma (EAC) has rapidly increased over the past few decades (Thrift & Whiteman
- 79 2012). EAC carries a poor prognosis, with an overall 5-year survival rate of 30% (Hirst et al.
- 80 2011). Due to the poor outcomes of EAC, it is important to explore the molecular mechanisms
- 81 involved in the occurrence and development of EAC. More biomarkers that can effectively



predict the genesis, progress and prognosis of EAC need to be found urgently. 82

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- MicroRNAs (miRNAs) are a group of small noncoding RNA transcripts that are consisting of 84
- approximate 22 nucleotides (Lujambio & Lowe 2012). The predominant function of miRNAs is 85
- 86 to regulate protein translation by binding to target messenger RNAs (mRNAs), and thereby
- regulate mRNA translation negatively (Krol et al. 2010). They have recently been validated and 87
- aided in diagnosis and prognosis of a variety of tumors, including hepatocellular carcinoma 88
- (Parizadeh et al. 2019), prostate cancer (Moya et al. 2019), and breast cancer (Yerukala Sathipati 89
- & Ho 2018) et al. 90

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- 92 Many studys, focus on miRNAs in patients with Barrett's Esophagus (Leidner et al. 2012; Li et al.
- 2018; Revilla-Nuin et al. 2013), a precursor lesion of EAC, comprehensive analysis of miRNA 93
- associated with prognosis of EAC remains poorly understood. Over the past few years, some 94
- studies reported the significant role of miRNAs in the molecular diagnosis and prognosis of 95
- EAC. A 4-miRNAs expression profile score can provide a validated approach of predicting 96
- pathological complete response rates (pCR) to neoadjuvant treatment in EAC (Skinner et al. 97
- 2014). In addition, three miRNAs (miR-99b and miR-199a 3p and 5p) signature is associated 98
- 99 with patient survival and the presence of lymph node metastasis (Feber et al. 2011). However,
- the number of patients enrolled in these studies is small. 100
- The Cancer Genome Atlas (TCGA), a landmark cancer genomics program, provides open access 101
- to many comprehensive miRNA-sequencing datasets spanning 33 cancer types. In this study, we 102
- constructed a prognostic risk score system based on miRNAs dataset from TCGA to predict the 103
- prognosis of EAC. Furthermore, we conducted gene oncology annotation and pathway 104
- 105 enrichment analyses to determine the potential biological functions of mRNAs associated with
- this signature. 106

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MATERIALS AND METHODS

Microarray datasets preparation 110

- 111 From TCGA data portal, RNA-seq data and associated clinical information were downloaded in
- January 2019. On the basis of annotation information provided by GENCODE datasets 112
- (www.gencodegenes.org), Some miRNAs and mRNA are not expressed in certain tissue or show 113
- little variation, thus only miRNAs and mRNAs with raw count value >20 in more than 80% of 114
- samples were retained for further analysis. After normalization by edgeR, the expression profiles
- 115
- of miRNAs and mRNAs were further converted to log2 (normalized value +1) transformation to 116
- be used for the next operation. Samples with a < 1-month censor time are removed, because they 117
- can not be representative samples for analyzing prognostic factors. A total of 84 EAC subjects 118
- with the corresponding clinical data including age, gender, height, weight, race, alcohol history, 119
- barrett's disease history, tumor size, lymph node status, metastasis status, TNM stage were 120
- collected in this study (Table 1). The EAC patients dataset contained 96 samples (84 EAC and 121
- 12 normal tissues) and 272 miRNAs. Since the data comes from the TCGA database, no further 122



approval was required from the Ethics Committee. 123 124 Construction and validation of the miRNA risk score 125 84 patients were randomly divided into 2 groups: train set = 42, test set = 42. Train set was 126 127 analyzed to build a miRNA model that further validated in the test and entire set. 128 In the train set, we screen out miRNAs with a significant p value less than 0.1 by using 129 univariate survival analysis based on Cox proportional hazards of each miRNAs. The least 130 absolute shrinkage and selection operator (LASSO) is a generalized linear regression algorism 131 capable of variable selection and regularization simultaneously (Gao et al. 2010). LASSO was 132 133 performed to reduce aboved selected prognostic miRNAs further and to construct the risk score 134 system. To evaluate the survival risk, a miRNA-based prognostic model was established as the following 135 formula: Risk score = $\beta 1 \times \text{gene } 1 + \beta 2 \times \text{gene } 2 + \dots + \beta n \times \text{gene } n$, where β indicates the 136 coefficient of the miRNA, and gene indicates the expression value of the miRNA. 137 138 Using the median score in train set as the cutoff, patients were divided into the high-risk and the 139 140 low-risk groups. We employed Kaplan–Meier (KM) survival analysis by using the R "survival" package to compare the survival rate between the high- and low-risk group. The time-dependent 141 receiver-operating characteristic (ROC) curve was plotted using the R "timeROC" package to 142 evaluate the specificity and sensitivity of the miRNA expression-based prognostic signature. 143 Next, this signature were validated in test set and entire set. ROC and KM curves were carried 144 out to validate the feasibility and accuracy of the miRNA model. Then stratified analysis based 145 146 on clinical parameters was performed in the entire set. 147 All ROC and KM curves were plotted with R (version 3.5.2), and P value less than 0.05 was 148 considered statistically significant. 149 150 Gene set enrichment analysis 151 152 All patients were divided into two groups (high and low) based on the risk score of the 6-miRNA signature, the median score in train set was set as the cutoff. We used gene set enrichment 153 analysis (GSEA, http://software.broadinstitute.org/gsea) (Subramanian et al. 2005) to figure out 154 potential functional annotations in the two groups. The BioCarta dataset 155 (c2.cp.biocarta.v6.2.symbols.gmt) was chosen as the reference gene set. False discovery rate 156 (FDR) < 0.05, enrichment score (ES) > 0.5 were set as the significance threshold. 157 158 **Functional enrichment analysis** 159 Utilizing the miRNA target prediction tool starBase (http://starbase.sysu.edu.cn/index.php), the 160 target genes of the 6-miRNA signature were predicted based on 5 datasets, including TargetScan, 161 PITA, miRmap, microT, and miRanda. Metascape is a free online program that provides a 162

comprehensive set of functional annotation tools for researchers to understand biological



- functions and characteristic behind large list of genes
- (http://metascape.org/gp/index.html#/main/step1). We used Metascape to analyzed functional
- enrichment of Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG)
- pathway based on the prognostic target genes of miRNAs and visualized by R "gglot2" package.

170 **RESULT**

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The predictive 6-miRNA signature in the train set

- 173 The overall design and workflow of this study is presented in Figs. 1. According to the results of
- the univariate Cox regression analyses, 64 miRNAs associated with survival data were selected
- for patients with EAC (Table S1). Using the LASSO Cox regression models, we calculated a risk
- score for each patient based on the 6-miRNA status: Risk score = $(-0.6089 \times \text{has-let-7b})$ + $(-0.6089 \times \text{has-let-7b})$
- $0.1974 \times \text{has-mir-} 23a) + (0.3369 \times \text{has-mir-} 3074) + (0.0294 \times \text{has-mir-} 424) + (0.2421 \times \text{has-mir-} 425)$
- $+ (0.2435 \times \text{has-mir-} 505).$

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- By applying the median risk score as the cutoff, EAC patients were classified into a high-risk
- group and a low-risk group. The risk scores of patients were ranked in the train set, and survival
- status were also plotted for each patient on a dotplot. The mortality of patients in the high-risk
- group was much higher than those in the low-risk group (figs. 2A). In addition, a heatmap of the
- 6-miRNA expression profiles, which were ranked by the risk score of each patient in the train
- set, showed that the levels of has-mir-3074, has-mir-424, has-mir-425 and has-mir-505 were
- higher in the high-risk group than those of the low-risk group. The level of has-let-7b and has-
- mir-23a were lower in the high-risk group than those of the low-risk group (figs. 2C). The
- 188 Kaplan–Meier curve indicated that patients with lower risk scores generally had higher survival
- than did patients with higher risk scores (figs. 2D). We described the predictive value of the 6-
- miRNA signature by using a time-dependent ROC curve. The AUC at 1, 2, and 3 years of the
- signature was 0.860, 0.962, 0.959 respectively (figs. 2B).

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Predictive value of 6-miRNA signature in test set and entire set

- 194 To predict the prognostic value, we applied the 6-miRNA signature to the test set and entire set.
- with the median risk score contained from train set as cutoff threshold, patients in test set and
- entire set were classified into high-risk and low-risk groups. The distribution of risk scores, the
- expression values of the 6 miRNAs and the survival status of patients ranked according to the
- risk scores are shown in test set and entire set (Figs. 3A and 3B). In both test set and entire set,
- patients with the high-risk scores exhibited poorer overall survival significantly than those with
- 200 the low-risk scores did according to the Kaplan–Meier curve (Figs. 3C and 3D). The 3-year AUC
- of the 6-miRNA based signature was 0.840 and 0.868 respectively, for the test set and the entire
- set (Figs. 3E and 3F).

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To evaluate the independent prognostic value of the 6-miRNA signature, various



clinicopathological factors were subjected to univariate Cox regression and multivariate Cox 205 regression. The result demonstrated that the risk score of 6-miRNA signature was an independent 206 correlation with OS after adjustment for other clinical pathological factors (HR=2.95, CI 1.43-207 6.07, p= 0.00338, Table2). When stratified by clinical factors (age, gender, race, height, weight, 208 209 alcohol consumption history, barrett's disease, TNM stage), a nearly universal result was achieved among the subgroups (Figs. 4), demonstrating that high risk score was highly 210 associated with poor prognosis and vice versa. Regardless of height, weight, TNM stage, alcohol 211 consumption history and barrett's disease, the 6-miRNA signature is significantly effective. 212 Moreover, this signature seemed more applicable to male Caucasian patients over 60. Therefore, 213 our findings suggest that the six-miRNA signature can provide predictive value that 214 complements clinical prognostic features. 215

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Function analysis of the 6-miRNA signature

BioCarta pathway enrichment was conducted through GSEA in high-risk group in entire set. It 218 revealed that high-risk patients were associated with some pathways, including "proteasome 219 pathway", "MCM pathway", "G2 pathway" and "cellcycle pathway" (Figs. 5A). Through a 220 miRNA prediction tool, starBase, it yielded 179 target mRNAs of has-let-7b, 147 target mRNAs 221 222 of has-mir-23a, 382 target mRNAs of has-mir-424, 37 target mRNAs of has-mir-425 and 11 target mRNAs of has-mir-505. Unfortunately, no target gene for has-mir-3074 was predicted. 223 We conducted functional enrichment of these target genes by GO and KEGG categories. Cellular 224 component, molecular function and biological process of these target genes based on p-values 225 were showed (Figs. 5B, 5C, and 5D). The top 20 KEGG pathways of these target genes were 226 plotted (Figs. 5E). Among these pathways, MAPK signaling pathway, hippo signaling pathway, 227 228 foxo signaling pathway and TGF-beta signaling pathway were reported to be related to metastasis of cacer (Blum et al. 2019; Janse van Rensburg & Yang 2016; Kim et al. 2018; Sun et 229 al. 2018). Some other pathways are also known to be associated with cancers, such as pathways 230 in cancer, mircoRNAs in cancer, cell cycle, autophagy. 231

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DISCUSSION

Although great progress has been made in the field of the pathogenesis and clinical treatment of 235 EAC, the overall morbidity and mortality for EAC have not been improved significantly, which 236 can be attributed to the lack of reliable biomarkers and genetic signatures for proper 237 individualized treatment. Therefore, it is urgent to build the molecular signature of EAC to 238 improve the survival rate and tailor effective personalized treatment. A large number of studies 239 240 reported that miRNAs can paly an important role in the diagnosis of tumors, the prediction of chemotherapy efficacy, and the genetic marker of cancer risk (Mari et al. 2018). The miRNAs 241 have been reported to predict Barrett's disease development to EAC, Diagnosis, prognosis, and 242 treatment effect in EAC (Maru et al. 2009; Nguyen et al. 2010; Wang et al. 2016; Zhang et al. 243 2013). Data mining of TCGA is an effective way to identify genetic alterations related to clinical 244 outcomes and screen novel therapeutic targets. In the last decade, miRNAs have attracted 245



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increasing attention in cancer researches. However, the miRNA prognostic signature of EAC 246 based on TCGA data has been rarely investigated. In this study we used univariate Cox 247 regression analyses to identify 64 miRNAs, among which 6 miRNAs are selected to construct 248 the risk score system for EAC prognosis through LASSO. 249 250 Through our analysis, we proposed that has-let-7b and has-mir-23a may increase the survival 251 rate of EAC patients, while has-mir-3074, has-mir-424, has-mir-425 and has-mir-505 may 252 reduce the survival rate of EAC patients. Previous research has identified has-let-7b as a 253 prognostic marker in NSCLC (Hosseini et al. 2018). Importantly, has-let-7b has been reported to 254 inhibits cell proliferation, migration, and invasion in various malignant tumor by targeting 255 256 different proteins (He et al. 2018; Xu et al. 2014; Yu et al. 2015). It was reported that has-mir-23a played various roles in the initiation, progression, diagnosis, prognosis, and treatment of 257 tumors (Wang et al. 2018). Meanwhile, has-mir-23a was associated with differentiation and 258 carcinogenic process of esophageal squamous cell cancer (Zhu et al. 2013). 259 260 There is a few of published literature about The function of has-mir-3074 in carcinogenesis, it 261 deserves further investigating. Has-mir-424 has been reported to play a dual role in various 262 263 cancers. In colorectal cancer, has-mir-424 was identified as a tumor suppressor by suppressing cancer cell growth and enhancing apoptosis (Fang et al. 2018). On the other hand, has-mir-424 264 was upregulated and correlated with poor survival in ESCC, it can promote cell proliferation by 265 multilayered regulation of cell cycle (Wen et al. 2018). 266 267 The impact of has-mir-425 and has-mir-505 on the other cancers seems to be different from its 268 269 effect on EAC in this bioinformatics analysis. Recent study indicated that has-mir-425 inhibited lung adenocarcinoma cell and promoted cell apoptosis (Liu et al. 2018). Has-mir-425 can also 270 inhibit cell proliferation of renal cell carcinoma by targeting E2F6 (Cai et al. 2018). Meanwhile, 271 A wide range of articles have reported that has-mir-505 suppresses cell proliferation and 272 invasion by targeting certain mRNAs in endometrial carcinoma and gastric cancer (Chen et al. 273 2016; Tian et al. 2018). However, overexpression of has-mir-425 and has-mir-505 was a poor 274 275 prognostic factor in our bioinformatics analysis, and they may play a role as oncogenes of EAC. 276 Functional annotations in high-risk patients with EAC revealed that MCM pathway, G2 pathway 277 and cell cycle pathway was enriched significantly. There are 10 proteins in the family of 278 279 Minichromosome maintenance complex (MCM), named MCM 1-10 (Nowinska & Dziegiel 2010). It has been reported that MCM2-7 paly an important role as the eukaryotic replicative 280 281 helicase due to its unwinding DNA and traveling with the fork (Bochman & Schwacha 2008; Labib et al. 2000), along with the cyclin dependent kinases (CDKs) as master regulators of the 282 cell cycle and the initiator proteins of DNA replication, such as the Origin Recognition Complex 283

(ORC), Cdc6/18 (Chen et al. 2007; Diffley et al. 1994). There is evidence that high expression of

MCM4 and MCM7 were associated with lymph node metastasis and shorter survival in EAC

(Choy et al. 2016). Based on the result of GSEA, molecular function of GO, and KEGG, 6-



287	miRNA signature	maybe is involv	ed in regulation	of cell cycle and	I DNA replication
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- 289 This study has certain limitations. First, the initial screening univariate Cox regression analyses
- 290 included only 272 miRNAs due to eliminating very low expression of miRNAs, whereas more
- than 4000 human miRNAs have been discovered at present (Chou et al. 2018). Although the 6-
- 292 miRNA signature can predict prognosis of EAC well, other miRNAs which have good predictive
- ability of prognosis may have been missed. Second, Due to the patients limitation of TCGA,
- there are only 87 EACs, and the stratified sample size in the subgroup analysis become very
- small. Third, in this study, we lack the external validation cohorts, which can convincingly
- validate the miRNA signature. Therefore, further studies will be needed to validate these
- 297 findings using larger numbers of patients, and to explore potential molecular functions of the six
- 298 separate miRNAs in EAC.

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CONCLUSIONS

- 302 In summary, we construct a novel 6-miRNA-expression-based risk model based on TCGA
- dataset which could be used as an independent prognostic factor for patients with EAC. In
- addition, the miRNA signature can help improve our understanding of clinical decision-making
- as potential biomarkers and targets for patients with EAC.

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Table 1(on next page)

Clinical characteristics of EAC patients



Table 1. Clinical characteristics of EAC patients

Table 1. Clinical characteristics of EAC patients					
Variables	Case, n (%)				
Sample number		84			
Age					
<60	29 (34.5)				
≥60	55 (65.5)				
Gender					
male	72 (85.7)				
femal	12 (14.3)				
Height					
<175	46 (54.8)				
≥175	38 (45.2)				
NA	4 (4.8)				
Weight					
<85	46 (54.8)				
≥85	37 (44.0)				
NA	1 (1.2)				
Race					
asian	1 (1.2)				
white	66 (78.6)				
NA	17 (20.2)				
Event					
alive	46 (54.8)				
dead	38 (45.2)				
alcohol history					
no	27 (32.1)				
yes	56 (66.7)				
NA	1 (1.2)				
Barrett's disease					
no	52 (61.9)				
yes	26 (31.0)				
NA	6 (7.1)				
Tumor size					
1	21 (25.0)				
2	14 (16.7)				
3	45 (53.6)				
4	1 (1.2)				
TX	3 (3.6)				
Lymph node status	•				
0	21 (25.0)				
1	47 (56.0)				



2	6 (7.1)			
3	5 (6.0)			
NX	5 (6.0)			
metastsis (%)				
0	57 (67.9)			
1	11 (13.1)			
MX	12 (14.3)			
NA	4 (4.8)			
stage (%)				
I	12 (14.3)			
II	24 (28.6)			
III	33 (39.3)			
IV	11 (13.1)			
NA	4 (4.8)			

NA, non available.



Table 2(on next page)

Univariate and multivariate COX regression analyses of clinicopathologic factors

Table 2. Univariate and multivariate COX regression analyses of clinicopathologic factors

variables	Univ	Univariate analysis			Multivariate analysis		
	HR	95%CI	Pvalue	HR	95%CI	Pvalue	
Riskscore	3.41	1.70-6.84	0.00053	2.95	1.43-6.07	0.00338	
Age (≥60 vs <60)	0.89	0.44-1.81	0.75169				
Gender (male vs female)	0.68	0.20-2.31	0.53893				
Height (≥175 vs <175cm)	0.80	0.39-1.62	0.53522				
Weight (≥85 vs <85kg)	1.07	0.53-2.15	0.84364				
Alcohol consumption (yes vs no)	0.46	0.23-0.92	0.02859	0.67	0.32-1.40	0.28696	
Barrett's disease (yes vs no)	1.16	0.56-2.37	0.69146				
Stage (III+IV vs I+II)	2.30	1.08-4.91	0.03086	1.95	0.88-4.29	0.09782	

HR, Hazard Ratio.



Figure 1(on next page)

Flow chart of data preparation, processing, analysis and validation in this study

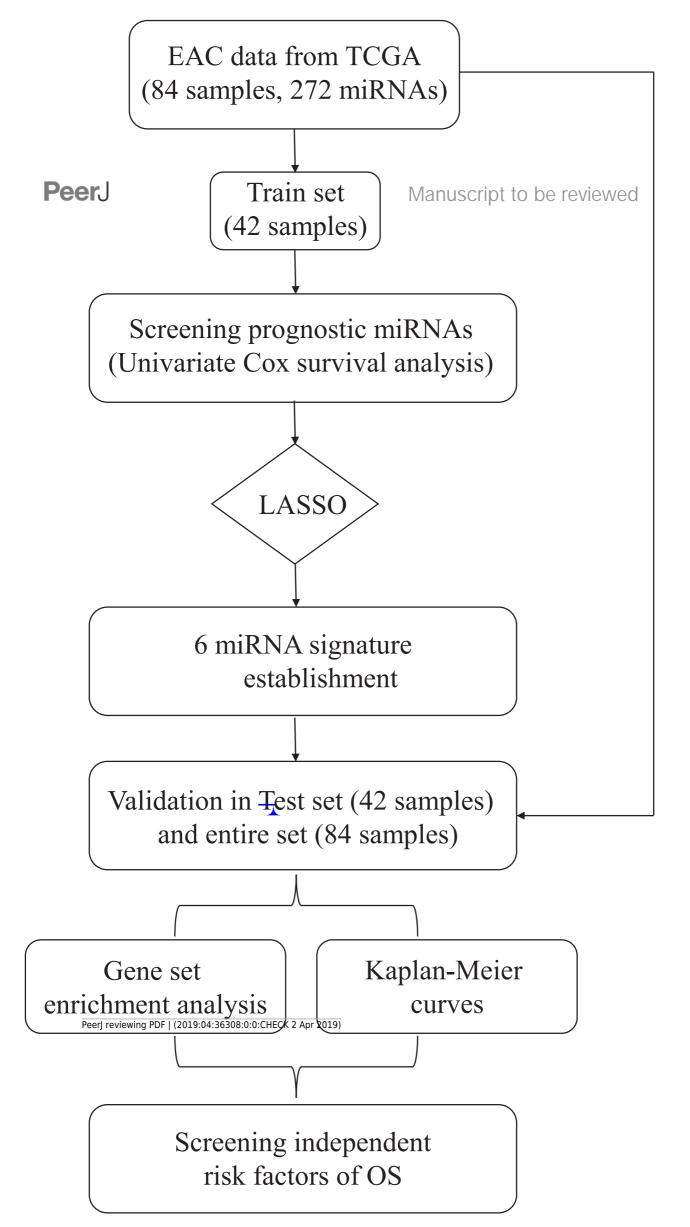




Figure 2(on next page)

The 6-miRNA signature predicted the OS of EAC patients in the train set.

(A) The 6-miRNA based risk score and survival status of EAC patients. (B) Receiver operating characteristic (ROC) analyzes the sensitivity and specificity of the survival time by risk score based on the 6-miRNA signature. (C) Expression heatmap of the 6 miRNAs corresponding to each sample which ranks in order of risk score. (D) Kaplan-Meier analysis for OS using the 6-miRNA signature.

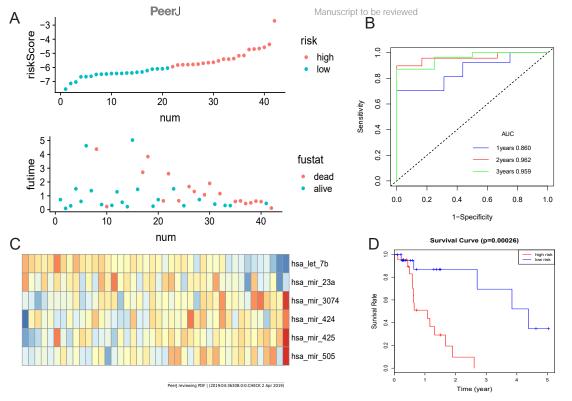




Figure 3(on next page)

The 6-miRNA signature predicted the OS of EAC patients in test and entire set.

The miRNA signature risk score distribution and heatmap of the miRNA expression profiles in test set (A) and entire set (B). survival curves of high- and low- risk samples in test set (C) and entire set (D). Time dependent ROC curve for accuracy of the predicting risk score system in test set (E) and entire set (F).

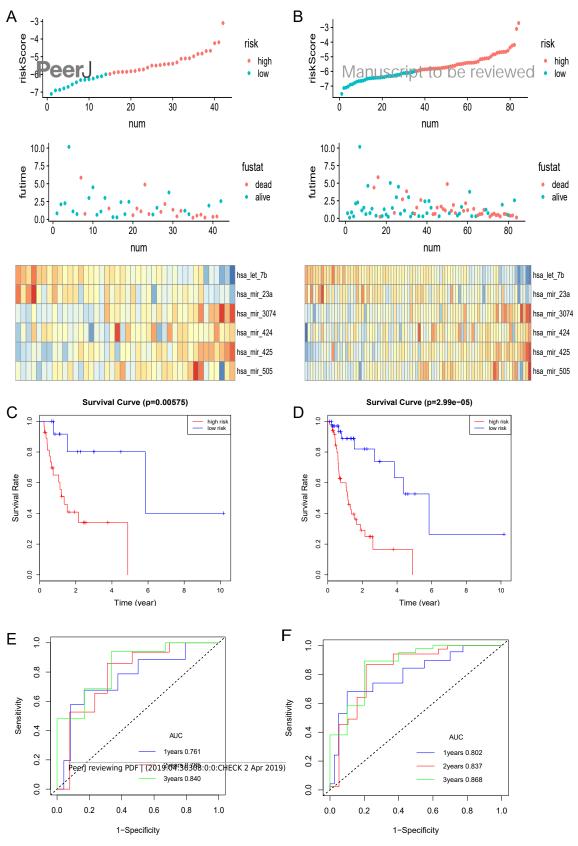




Figure 4(on next page)

Stratified analysis of overall survival in the entire set

Kaplan-Meier analysis for OS in subgroups stratified by age (A), gender (B), height (C), weight (D), Alcohol consumption (E), Barrett's esophagitis (F), Caucasian (G).

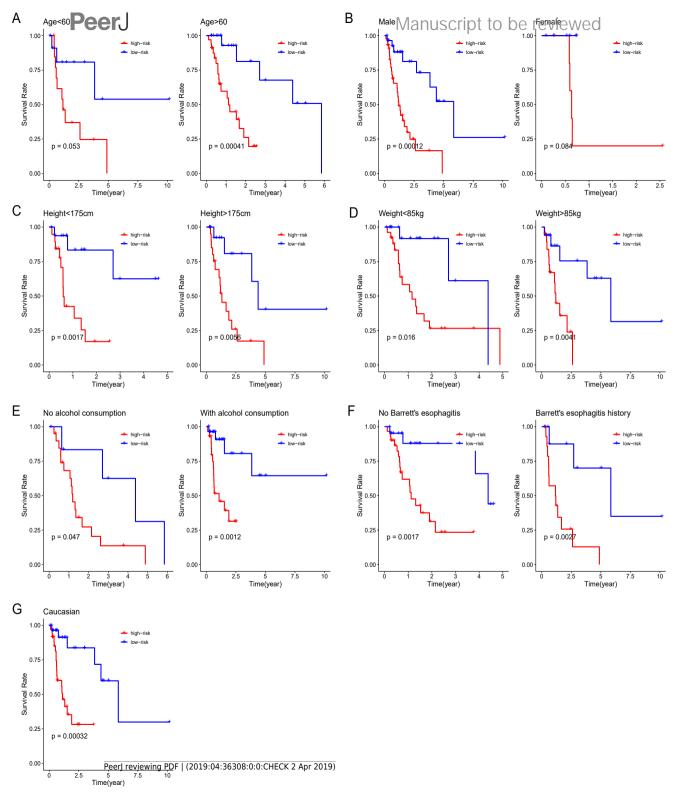




Figure 5(on next page)

Gene enrichment analysis, GO, and KEGG pathways of mRNA associated with the 6-miRNA signature.

(A) Gene enrichment analysis in high-risk patients. The cellular component (B), molecular function (C) and biological process (D) of GO of the target genes. (F) The bar chart of significantly KEGG pathways of the target genes.

