

Antioxidant activity, α -glucosidase inhibition and phytochemical profiling of *Hyophorbe lagenicaulis* leaf extracts

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Abstract Background Diabetes mellitus type II (DMT-2) is widely spread metabolic disorder both in developed and developing countries. The role of oxidative stress is well established in DMT-2 pathogenesis. The synthetic drugs for DMT-2 are associated with serious side complications. Antioxidant and α -glucosidase inhibitory actions of phytochemicals from various plant species are considered as an alternative to synthetic drugs for DMT-2 management. The present study aimed to evaluate the antioxidant activity, α -glucosidase inhibitory potential and phytochemical profiling of *Hyophorbe lagenicaulis*.

Methods The total phenolic and flavonoid contents, *in vitro* antioxidant activity (DPPH assay and phosphomolybdenum method) and α -glucosidase inhibition of ultrasonicated hydroethanolic *Hyophorbe lagenicaulis* leaf extracts were determined spectrophotometrically. The results of DPPH assay and α -glucosidase inhibition were reported in terms of IC₅₀ value. The phytochemical profiling was accomplished by UHPLC-Q-TOF/MS/MS technique.

Results and Discussion Findings leaped 60% ethanolic extract as rich fraction regarding total phenolic and flavonoid contents. The 60% ethanolic fraction was promising source of natural antioxidants and α -glucosidase inhibitory agents as indicated by anti-radical and enzyme inhibitory activities. Kaempferol, rutin, hesperetin 5-O-glucoside, kaempferol-coumaroyl-glucoside, luteolin 3-glucoside, Isorhamnetin-3-O-rutinoside, trimethoxyflavone derivatives and citric acid were identified by UHPLC-Q-TOF-MS/MS. These compounds were believed to be responsible for the strong antioxidant and anti-enzymatic activity of plant extracts. The extensive metabolite profiling of *H. lagenicaulis* was carried out first time as never reported previously. The *H. lagenicaulis* might be an appropriate choice to manage diabetes mellitus in alternate way. The findings may be further exploited extensively for toxicity evaluation to proceed with functional food development having antidiabetic attributes.

1 **Antioxidant activity, α -glucosidase inhibition and phytochemical profiling of *Hyophorbe***
2 ***lagenicaulis* leaf extracts**

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13

14 **Abstract**

15 **Background**

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17 developing countries. The role of oxidative stress is well established in DMT-2 pathogenesis.
18 The synthetic drugs for DMT-2 are associated with serious side complications. Antioxidant and
19 α -glucosidase inhibitory actions of phytochemicals from various plant species are considered as
20 an alternative to synthetic drugs for DMT-2 management. The present study aimed to evaluate
21 the antioxidant activity, α -glucosidase inhibitory potential and phytochemical profiling of
22 *Hyophorbe lagenicaulis*.

23 **Methods**

24 The total phenolic and flavonoid contents, *in vitro* antioxidant activity (DPPH assay and
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26 *Hyophorbe lagenicaulis* leaf extracts were determined spectrophotometrically. The results of
27 DPPH assay and α -glucosidase inhibition were reported in terms of IC₅₀ value. The
28 phytochemical profiling was accomplished by UHPLC-Q-TOF/MS/MS technique.

29 **Results and Discussion**

30 Findings leaped 60% ethanolic extract as rich fraction regarding total phenolic and flavonoid
31 contents. The 60% ethanolic fraction was promising source of natural antioxidants and α -

32 glucosidase inhibitory agents as indicated by anti-radical and enzyme inhibitory activities.
33 Kaempferol, rutin, hesperetin 5-O-glucoside, kaempferol-coumaroyl-glucoside, luteolin 3-
34 glucoside, Isorhamnetin-3-O-rutinoside, trimethoxyflavone derivatives and citric acid were
35 identified by UHPLC-Q-TOF-MS/MS. These compounds were believed to be responsible for the
36 strong antioxidant and anti-enzymatic activity of plant extracts. The extensive metabolite
37 profiling of *H. lagenicaulis* was carried out first time as never reported previously. The *H.*
38 *lagenicaulis* might be an appropriate choice to manage diabetes mellitus in alternate way. The
39 findings may be further exploited extensively for toxicity evaluation to proceed with functional
40 food development having antidiabetic attributes.

41 INTRODUCTION

42 Diabetes is one of the leading non-infectious diseases with multiple side complications
43 characterized by persistent hyperglycemia due to reduced insulin secretion or action (*Schwartz et*
44 *al., 2016*). More than 90% diabetic patients are suffering from diabetes mellitus type 2 (DMT-2)
45 and it is estimated that by 2035 the expansion of DMT-2 will result in 592 million diabetic
46 patients worldwide (*Guariguata et al., 2014*). The huge expansion rate of DMT-2 is now
47 considered a socio-economic burden and covers about 10% of the total health care expenditures
48 in many countries (*Pari and Saravanan, 2007*). The modern life style and dietary habits are
49 among the key factors responsible for the DMT-2 progression. These factors are associated with
50 the production of reactive oxygen species (ROS) which in excess may generate the state of
51 oxidative stress. The role of ROS and oxidative stress in DMT-2 progression is evident from
52 scientific studies (*Charokopou et al., 2016; Sami et al., 2017*). The mechanism of action through
53 which oxidative stress contributes to DM pathogenesis is not fully clear. However, the
54 hyperglycemia is reported to produce free radicals which impair the function of antioxidant
55 enzymes in plasma (*Asmat et al., 2016*). The oxidative stress also impairs the insulin secretion,
56 alteration in glucose uptake, abnormal glucose release from liver and mediation of metabolic
57 pathways (*Akash et al., 2011*). The natural antioxidants in body are mainly enzymes which
58 include superoxide dismutase, glutathione peroxidases and reductases. The vitamin A and E are
59 also important endogenous antioxidants which substantially reduce the level of oxidative stress
60 (*Madhikarmi & Murthy 2014*). The glycation of antioxidant enzymes also alters the structure
61 based function of enzymes to increase the chances of damage by ROS (*Sing et al., 2014*). The
62 lipid oxidation and glutathione metabolism impairments are used as biomarkers for DM and

63 oxidative stress usually alters this to initiate DMT-2. Antioxidants are believed to encounter ROS
64 to reduce level of oxidative stress to prevent development of DMT-2. High levels of ROS are
65 involved in glycation of proteins, lipid peroxidation and glucose oxidation and these collectively
66 impart in DMT-2 development and related disorders (*Asmat et al., 2016*). The elimination of
67 ROS or reduction in level of oxidative stress may diminish the chances of DMT-2 pathogenesis
68 and prolongation by improving the intra cellular antioxidant defense (*Ceriello & Testa 2009*).
69 The antioxidants based therapy is considered as promising approach to treat DMT-2 as
70 antioxidants effectively scavenge the free radicals and ROS to prevent DM pathogenesis and
71 related complications (*Rahimi et al., 2016*).

72 Many synthetic drugs are available to manage diabetes but the side effects associated with these
73 compounds are matter of keen concern (*Chaudhury et al., 2017*). Health related drawbacks of
74 synthetic medicines emphasize on the need to develop alternate treatments for DMT-2. Plants are
75 rich source of natural, safe and potent phytochemicals of medicinal attributes to treat chronic
76 ailments. The many of natural bioactive ingredients in plants are also associated with α -
77 glucosidase inhibition. The α -glucosidase inhibitors restrict the hydrolysis of carbohydrates
78 (Oligosaccharides, trisaccharides and disaccharides) in intestine and slow down their absorption,
79 hence limit the postprandial glucose level (*Rouzbehan et al., 2017*). Plants also contain natural
80 antioxidants which encounter the exceeding ROS levels in body to reduce the risks of DMT-2
81 pathogenesis and progression (*Zaid et al., 2015*). Therefore search for α -glucosidase inhibitors
82 from plants for DMT-2 management is workable, safe, reliable and cost effective approach.

83 Family *Arecaceae* contains more than 189 genera, 3000 species and some species are very rich in
84 antioxidants and other functional molecules. Plants from family *Arecaceae* have been studied for
85 their potential medicinal use however many species are still needed to explore for their hidden
86 biological and pharmacological role (*Govaerts and Dransfield, 2005*). *Hyophorbe lagenicaulis*
87 (*H. lagenicaulis*) of family *Arecaceae* is among such plants which are not completely studied for
88 their potential biological activities (*Elgindi et al., 2016*). In spite of effective role of *H.*
89 *lagenicaulis* in folk medicines, no scientific evidence is available on biological activities and
90 phytochemical distribution in this plant. The current work was performed to evaluate the *in vitro*
91 antioxidant and antidiabetic potential of *H. lagenicaulis*. The metabolite profiling of leaf extract
92 of *H. lagenicaulis* was also carried out.

93 MATERIAL AND METHODS

94 Collection of plant material

95 The plant material was collected from Lahore, Pakistan and was identified from Department of
96 Botany, GC University Lahore.

97 Green extract preparation

98 Quenching of fresh leaves was done in liquid nitrogen and grinded to fine powder to enhance
99 surface area. The obtained powder was lyophilized using a freeze-dryer (Christ Alpha 1-4 LD
100 (Germany) and subjected to hydroethanolic solvent compositions (Ethanol, 100%, 80%, 60%,
101 40%, 20%) for 48 hours. Mixtures were sonicated at soniprep 150 disintegrator below 10 °C.
102 Samples were shaken for 2 hours and filtered. The excess solvent from filtrate was removed
103 under vacuum on rotary evaporator at 40 °C. The extracts were again freeze dried for 48 hours.
104 Extract yields (%) were calculated and extracts were stored at -80 °C till further use.

105 Determination of total phenolic and flavonoid contents

106 Total phenolic contents (TPC) of freeze dried leaf extracts were determined by Folin Ciocalteu
107 reagent method with slight modification in previously reported scheme (*Zhishen et al., 1999*).
108 The plant extract (1 mg) was dissolved in methanol (1 mL) and 0.25 µL of this was added to 1
109 mL of Folin Ciocalteu reagent. Then 2 mL of 10% solution of Na₂CO₃ followed by addition of 2
110 mL distilled water. The resultant mixture was stayed for 120 min at ambient conditions of
111 temperature. The absorbance was noted at 765 nm. Standard curve of gallic acid was also drawn.
112 Results were expressed as gallic acid equivalent (GAE) mg/g dried extract (*Zengin et al., 2010*).
113 Total flavonoid contents (TFC) were determined by AlCl₃ colorimetric method. The 0.1 mg of
114 plant extract was dissolved in methanol (2 mL) and added by 5 ml of distilled water. Then 0.5
115 mL of NaNO₂ (5%) was added to mixture followed by addition of 10% AlCl₃ solution. After 10
116 min NaOH (1molar) was added to resultant mixture and after vigorous shaking, absorbance was
117 measured at 510 nm. The results were expressed as rutin equivalent mg/g dried extract (RE
118 mg/DE) (*Zhishen et al.,1999*)

119

120 Antioxidant activities

121 Antioxidant potential of extracts was determined by DPPH scavenging assay as reported
122 previously with little modification (*Fki et al., 2005*). The 1 mg plant extract was dissolved in
123 methanol. The 50-200 ppm of these dilutions were added to 10 ml of DPPH solution (0.001
124 molar). After 30 min incubation in dark at room temperature, absorbance was measured at 520

125 nm. BHA was used as standard for comparison. All the measurements were carried out in
126 triplicate and standard deviation was applied.

127 Phosphomolybdenum complex formation method was used as per previously reported method
128 with minute modifications (*Prieto et al., 1999*). Initially, 250 µg/mL of each extract was mixed
129 with solution composed of sulphuric acid (0.6 M), ammonium molybdate (4 mM) and 28 mM
130 sodium phosphate. The mixtures and blank solution both were incubated at 95°C for 90 min at
131 water bath. After cooling, absorbance was noted at 695 nm wavelength. Ascorbic acid standard
132 curve was drawn and butylated hydroxyanisole (BHA) was used as standard antioxidant. The
133 results were represented as ascorbic acid equivalent per gram dried plant extract (AE/g DE).

134 **Anti-α-glucosidase activity**

135 Inhibition potential of extracts against α-glucosidase was measured to evaluate *in vitro*
136 antidiabetic potential. Various concentrations of extracts (200 ppm) were added to phosphate
137 buffer (70 µL of 50 mM) followed by addition of α-glucosidase (1 unit/mL). After 10 min
138 incubation at 37 °C, 5 mM of p-nitrophenolglucopyranoside was added and absorbance was
139 noted at 405 nm after 30 min. Acarbose was used as standard reference and results were
140 represented as IC₅₀ (µg/mL) values for each extract (*Jabeen et al., 2013*).

$$141 \text{ \% inhibition} = \frac{Ab - As}{Ab} \times 100$$

142
143 Where, Ab is absorbance of blank, As is absorbance of Sample.

144 **The α-amylase inhibition activity**

145 The 250 µL of each extract (1.0-10 mg/mL) were added to 0.02M sodium phosphate buffer
146 containing porcine α-amylase (0.5 mg/mL). The reaction mixture was incubated for 10 min at
147 25°C. The dinitrosalicylic acid (DNS) was added to the mixture to stop the reaction. The
148 reaction mixtures were further incubated for a time period of 5 min and diluted with distilled
149 water to note absorbance at 540 nm. A control (no extract) was also run and acarbose was
150 used as standard enzyme inhibitory substance (*Kazeem, Adamson & Ogunwande 2013*). The %
151 inhibition was calculated by following relationship;

$$152 \text{ \% inhibition} = \frac{Ab - As}{Ab} \times 100$$

153

154

155 Where, A_b is absorbance of blank, A_s is absorbance of Sample.

156 Results were represented as IC_{50} ($\mu\text{g/mL}$) values for each extract.

157 UHPLC-Q-TOF-MS/MS analysis

158 Plant extract was extracted with suitable solvent and filtered with plastic filter having $0.45 \mu\text{m}$
159 pore size. The filtered extract sample was subjected to UHPLC-Q-TOF-MS/MS (AB Sciex
160 5600-1, equipped with Eksigent UHPLC system). The scanning range of 50-1200 m/z for
161 MS/MS (negative ionization mode), column Thermo Hypersil Gold ($100 \text{ mm} \times 2.1 \text{ mm} \times 3 \mu\text{m}$),
162 gradient mobile phase composition (water and acetonitrile) each having 0.1% formic acid and 5
163 mM ammonium formate was used. Gradient programming started from 10% acetonitrile to 90%
164 acetonitrile with mobile phase flow rate of 0.25 mL/min . Desolvation temperature (TEM) was
165 $500 \text{ }^\circ\text{C}$ and ion spray voltage was -4500 V .

166 Statistical analysis

167 The experimental findings were evaluated for statistical significance by using Statistix 10.0
168 software. Analysis of variance (ANOVA) was used to compare variations in treatment means to
169 assess efficacy of treatments.

170 RESULTS

171 Extract yields (%), TPC and TFC

172 The extract yields, TPC and TFC with respect to solvent system used for extraction are given in
173 Table I. It was revealed by the findings that solvent influenced extract yields significantly.
174 Maximum extract yield $20.46 \pm 0.25^a \%$ was given by 60% ethanol and second highest yield
175 $18.05 \pm 0.13^b \%$ was obtained with 80% ethanol. Solvent composition not only affected the
176 extract yields but also TPC and TFC. Maximum TPC of $178.56 \pm 1.47^a \text{ mg GAE/g DE}$ were
177 recovered with 60% ethanol. Similarly highest TFC of $133.96 \pm 1.19^a \text{ mg Rutin/g DE}$ were
178 extracted with 60% ethanol. Efficiency of 60% ethanolic extract was significantly higher than
179 other solvent fraction for extract yield, TPC and TFC respectively ($p < 0.05$).

180 Antioxidant activities

181 The DPPH radical scavenging in terms of IC-50 value ($\mu\text{g/mL}$) by plant extracts in comparison
182 with BHA is represented as Figure I. Maximum radical scavenging among extracts was exhibited
183 by 60% ethanolic extract with minimum IC-50 value of $43.11 \pm 0.96 \mu\text{g/mL}$.

184 Total antioxidant power of extracts was determined by phosphomolybdenum methods. This
185 method involved the reduction of Mo (VI) to Mo (V) with characteristic color change due to
186 complex formation. This assay is widely used to evaluate the total antioxidant power of plant
187 extracts and compounds (Prieto *et al.*, 1999; Rani *et al.*, 2018).

188 The results of assay were represented in Figure II. Findings unveiled that 60% ethanolic fraction
189 exhibited maximum antioxidant power with value of 239.33 ± 3.78^b (ASE/g PE) followed by
190 80% ethanolic extract (189.33 ± 2.51^c ASE/g DE). Statistical analysis indicated that antioxidant
191 power of BHA was significantly higher than all extracts ($p < 0.05$). However 60% ethanolic
192 extract was most potent among all plant extracts ($p < 0.05$) regarding antioxidant potential.

193 **Anti- α -glucosidase activity**

194 Inhibition of α -glucosidase enzyme reflects the *in vitro* antidiabetic potential which is
195 determined spectrophotometrically. The IC-50 values ($\mu\text{g/mL}$) of plant extracts and standard
196 drug acarbose are represented in Figure III. The comparison of extracts showed that 60%
197 ethanolic extract among all fractions possessed maximum α -glucosidase inhibition with IC-50
198 value of $41.25 \pm 1.25 \mu\text{g/mL}$. The standard drug acarbose exhibited lowest IC-50 value of 25.50
199 $\pm 0.45 \mu\text{g/mL}$ which was significantly lower than all extracts ($p < 0.05$). Statistical comparison
200 further indicated that 60% ethanolic extract was significantly better than remaining extracts (p
201 < 0.05).

202 **The α -amylase inhibition**

203 The results of α -amylase inhibition are given in Figure IV. The 60% ethanolic extract (IC-50
204 $60.58 \pm 3.24 \mu\text{g/mL}$) exhibited highest α -amylase inhibition followed by 80% ethanolic extract
205 with IC-50 value of $77.57 \pm 2.25 \mu\text{g/mL}$. The 20% ethanolic extract exhibited least inhibition of
206 enzyme activity as indicated by IC-50 value ($114.00 \pm 1.88 \mu\text{g/mL}$). The standard compound
207 acarbose showed highest α -glucosidase inhibition with IC-50 value of $43.37 \pm 0.75 \mu\text{g/mL}$.
208 Statistical analysis revealed that 60% ethanolic extract was the most potent α -glucosidase
209 inhibitory fraction.

210

211 **UHPLC-Q-TOF-MS/MS analysis**

212 The efficacy of 60% ethanolic extract regarding antioxidant and α -glucosidase inhibition
213 emphasized to explore this fraction for metabolite identification. So the 60% ethanolic extract
214 was subjected to UHPLC-Q-TOF-MS/MS analysis and identified compounds along with their
215 retention time (Rt), fragment ions and molecular formula are listed in Table II. The main
216 chromatogram of UHPLC separation is shown as Figure V. The fragmentation pattern of
217 identified compounds is represented in Figure VI. Citric acid appeared at Rt 1.603 min with
218 characteristic parent ion peak at m/z 191[M-H]⁻ and daughter ion peak at m/z 111[M-CO₂-H₂O]⁻.
219 Trimethoxy flavone derivative arrived at Rt 8.972 min with peaks at m/z 635, m/z 609 and m/z
220 300. Kaempferol was recorded at Rt 9.110 min with m/z 285. The fragment ion peaks at m/z 151
221 and m/z 93 due to removal of fragment of 134 amu and phenoyl moiety respectively. Rutin was
222 recorded at Rt 9.27 min with parent ion peak m/z 609. The fragment ion having m/z 300
223 appeared due to removal of moiety of mass 309 amu. The fragment ion of m/z 271 was produced
224 due to removal of 29 amu from fragment ion m/z 300. Peak at Rt 9.689 was identified as
225 kaempferol-coumaroyl-glucoside with parent peak at m/z 593. The removal of coumaroyl
226 glucoside produced fragment ion peak at m/z 285. Leuteolin 3-glucoside was identified at Rt
227 9.724 with parent ion peak at m/z 447. Removal of glucose from parent ion generated leuteolin
228 characteristic peak at m/z 285. Hesperetin 5-O-glucoside was identified at Rt 9.433 with parent
229 peak at m/z 463[M-H]⁻ and fragment ions at m/z 301[M-glucose-H]⁻, m/z 271[m/z 301-CH₂O-
230 H]⁻ m/z 255[m/z 301-C₂H₂O-H]⁻, m/z 149[m/z 255-C₆H₂O₂-H]⁻ respectively. Isorhamnetin 3-O-
231 rutinoside appeared at Rt 9.995 with m/z 623. The further collision resulted in fragment ions m/z
232 315[M-318-H amu]⁻, m/z 300 [m/z 315-CH₃-H]⁻and m/z 284[m/z 315-CH₃O-H]⁻.

233

234 DISCUSSION

235 The polarity of the solvent system used for extraction might be the decisive factor for enhanced
236 productivity (*Chew et al., 2011*). Phenolic and flavonoid compounds present in plants are
237 associated with medicinal properties. Higher concentration of both phenolics and flavonoids
238 triggers the pharmaceutical and biological attributes of a particular plant (*Baba and Malik, 2015*;
239 *Shreshtha et al., 2017*). The discrimination in TPC and TFC was probably due to solvent
240 polarity interaction with heterogeneous structural features of phytochemicals. The promising
241 antioxidant activity (DPPH and phosphomolybdenum complex method) was exerted by extracts
242 The proton transfer from phenolic compound to DPPH free radical was reported as the possible

243 mechanism in free radical scavenging process (*Liang and Kitts, 2014*). The proton and electron
244 transfer from antioxidants to Mo(VI) resulted in loss of blue coloration to decrease the intensity
245 of absorbance. The reduction in absorbance was used to assess the antioxidant potential (*Prieto*
246 *et al., 1999*). The antioxidant potential of plant extracts is directly proportional to the
247 concentration and quality of phytochemicals including phenolics and flavonoids (*Liew et al.,*
248 *2018*). The high α -glucosidase inhibitory action of 60% ethanolic extract was probably due to its
249 high phenolic and flavonoid contents. Many of plant based bioactive ingredients are well known
250 α - glucosidase inhibitors and this potential may be exploited to manage DM-2 (*Yin et al.,*
251 *2014*). The 60% ethanolic extract might be a rich source of natural α - glucosidase inhibitors. The
252 anti α - glucosidase activity exhibited by natural inhibitors was probably due to active site
253 occupation by a particular inhibitor molecule to restrict the mode of enzymatic action by
254 structural modification (*Martinez-Gonzalez et al., 2017*). Citric acid and other identified
255 compounds of flavonoid origin are well known antioxidants (*Rostamzad et al., 2011*). The
256 antioxidant activities of these identified compounds were due to the interaction of phenolic
257 groups and related structural features with ROS and other free radicals (*Aadesariya et al., 2017*).
258 The antioxidant activities of plants are known as decisive factor to control ROS and to eliminate
259 state of oxidative stress. The reduction in oxidative stress can improve the physiological status to
260 avoid DM pathogenesis and prolongation (*Singh et al., 2018*). The identified compounds in
261 addition to antioxidant potential, were also reported to be associated with antidiabetic potential.
262 The kaempferol and rutin, both flavonoids were proved to inhibit the α -glucosidase activity to
263 control glucose homeostasis. (*Pereira et al., 2011*). Another study reported the comparative
264 evaluation of anti- α -glucosidase activity of kaempferol and quercetin. The findings revealed that
265 kaempferol due to low IC-50 value was more efficient α -glucosidase inhibitor than quercetin
266 (*Dewi and Maryani, 2015*). Rutin is a widely distributed polyphenolic flavonoid of plants.
267 Previous reports also highlighted the effective contribution of rutin against α -glucosidase
268 activity, diabetes and obesity (*Jo et al., 2009; Habtemariam and Lentini, 2015*). Luteolin and its
269 derivatives were reported to have promising anti- α -glucosidase inhibition potential even higher
270 than acarbose suggesting it as a functional tool to control postprandial hyperglycemia (*Kim et al.,*
271 *2000*). Isorhamnetin 3-O-rutinoside a flavonoid, was reported as perfect α -glucosidase inhibitor
272 with significantly low IC-50 values (*Yin et al., 2014*). The α -glucosidase inhibitory activity of
273 acarbose is well established but some gastrointestinal problems also lie with it (*Van de Laar FA*

274 2008). The acarbose was proved as competitive inhibitor of α -glucosidase while plant extracts
275 having phenolics were reported to possess non-competitive inhibition of dietary enzyme. The
276 non-competitive mode provided multiple site interactions of phenolics with α -glucosidase rather
277 than limited binding as in case of acarbose. In contrast to acarbose, α -glucosidase inhibition by
278 phenolics in plant extracts does not depend upon the substrate concentration (Zhang *et al.*, 2015).
279 A recent study evaluated the phenolic contents, flavonoids, antioxidant and antidiabetic activities
280 of hydroethanolic leaf extract of *Conocarpus erectus*. The study supported the linkage between
281 polyphenol based antioxidant activity and hypoglycemic potential of extract (Raza *et al.*, 2018).
282 Another investigation revealed that phytochemicals from plants not only reduce the blood
283 glucose level during diabetes but also improves the hematological parameters (Sudasinghe *et al.*,
284 2018). The antioxidant and anti- α -glucosidase potentials of *H. lagenicaulis* extracts were
285 probably due to synergic behavior commonly observed with biologically functional plant
286 extracts (Adamska-Patruno, 2018). The presence of high value bioactives in plants supports the
287 efforts being made in search of safe and healthy therapeutic approaches for DMT-2 management.
288 The study confirmed the antioxidant and antidiabetic potential of *H. lagenicaulis* leaves. The
289 findings may be helpful to move for the reduction in socioeconomic burden, build by DMT-2.

290 **Conclusion**

291 The promising antioxidant activity and α -glucosidase inhibition by *H. lagenicaulis* plant
292 extracts were probably due to presence of kaempferol, rutin, isorhamnetin and luteolin
293 derivative. The findings provided us leads to proceed for functional food development having
294 antidiabetic attributes. Further *in vivo* studies may be carried out to support the findings of
295 current study and to evaluate the toxicity.

296

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427 acarbose

428 **Figure IV-** The IC-50 values for α -amylase inhibitory potential of extract fractions and acarbose

429 **Figure V-** Main chromatogram of *H. lagenicaulis* (UHPLC) indicating the peaks of eluted
430 compounds

431 **Figure VI-** Fragmentation pattern of identified compounds with respective m/z values

Figure 1

DPPH radicals scavenging activity in terms of IC-50 value for plant extracts and BHA.

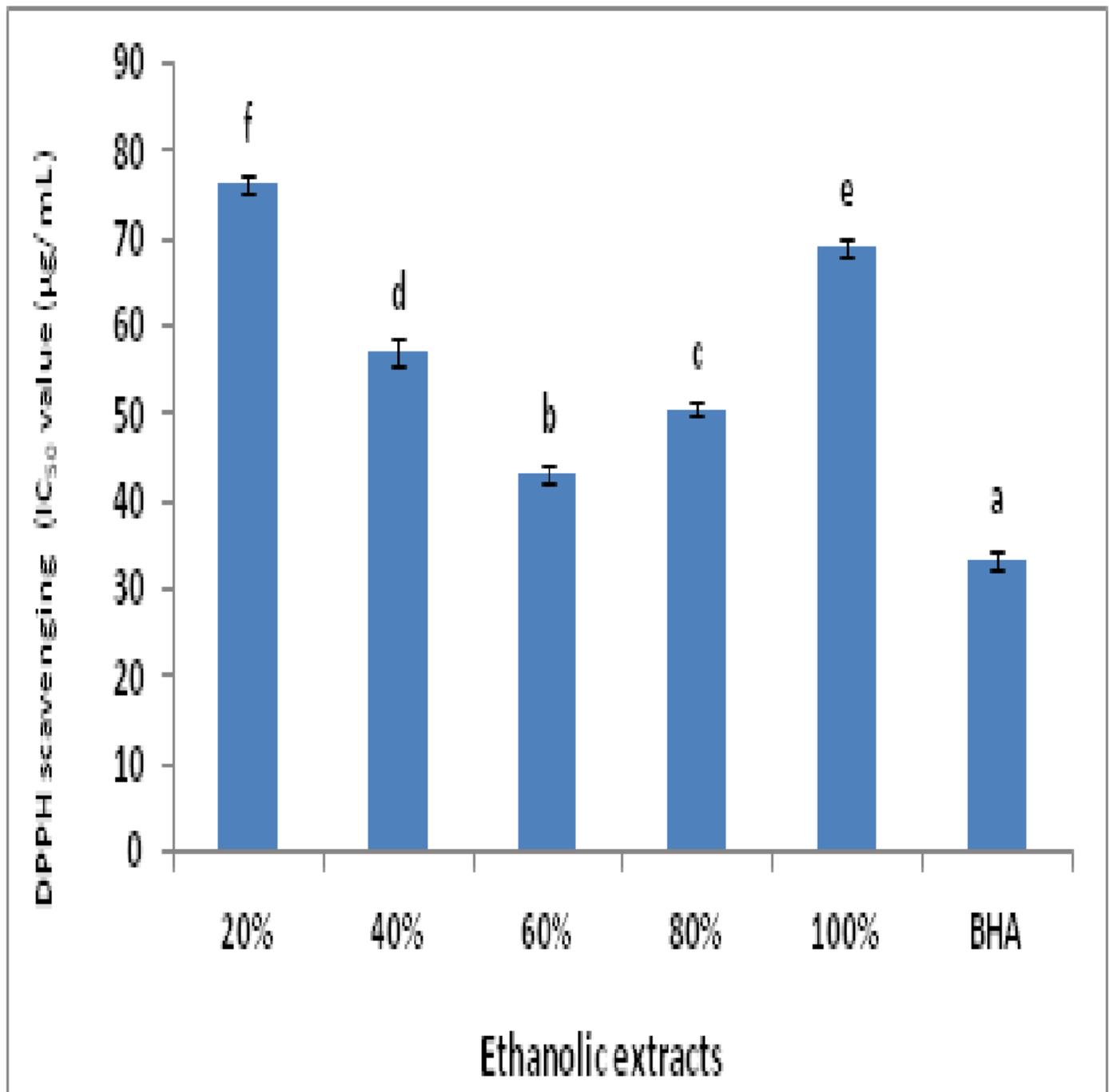


Figure 2

Antioxidant power assay (ASE/g PE) for determination of antioxidant activity of plant extracts and BHA

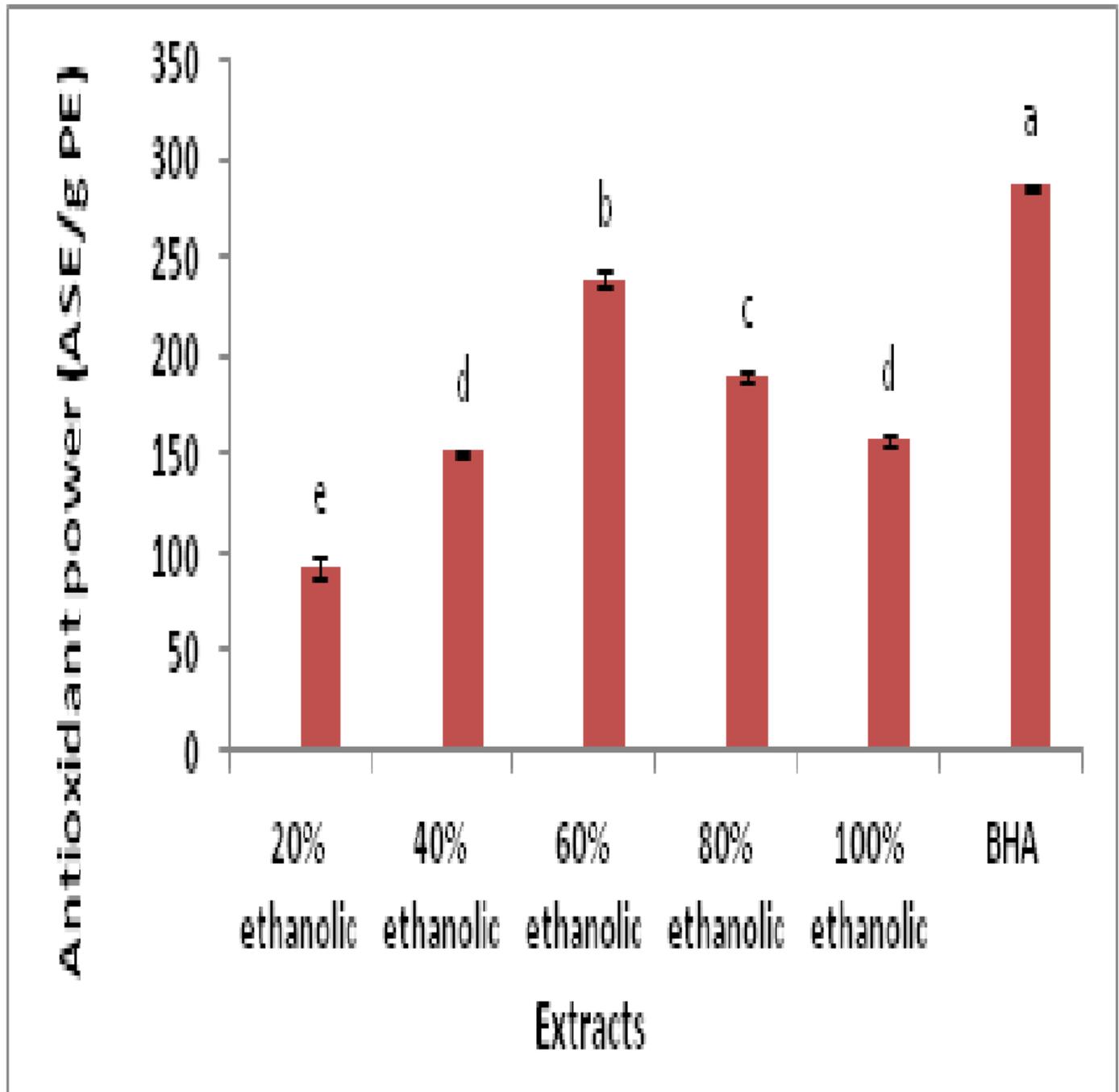


Figure 3

The IC-50 values for α -glucosidase inhibitory potential of extract fractions and acarbose

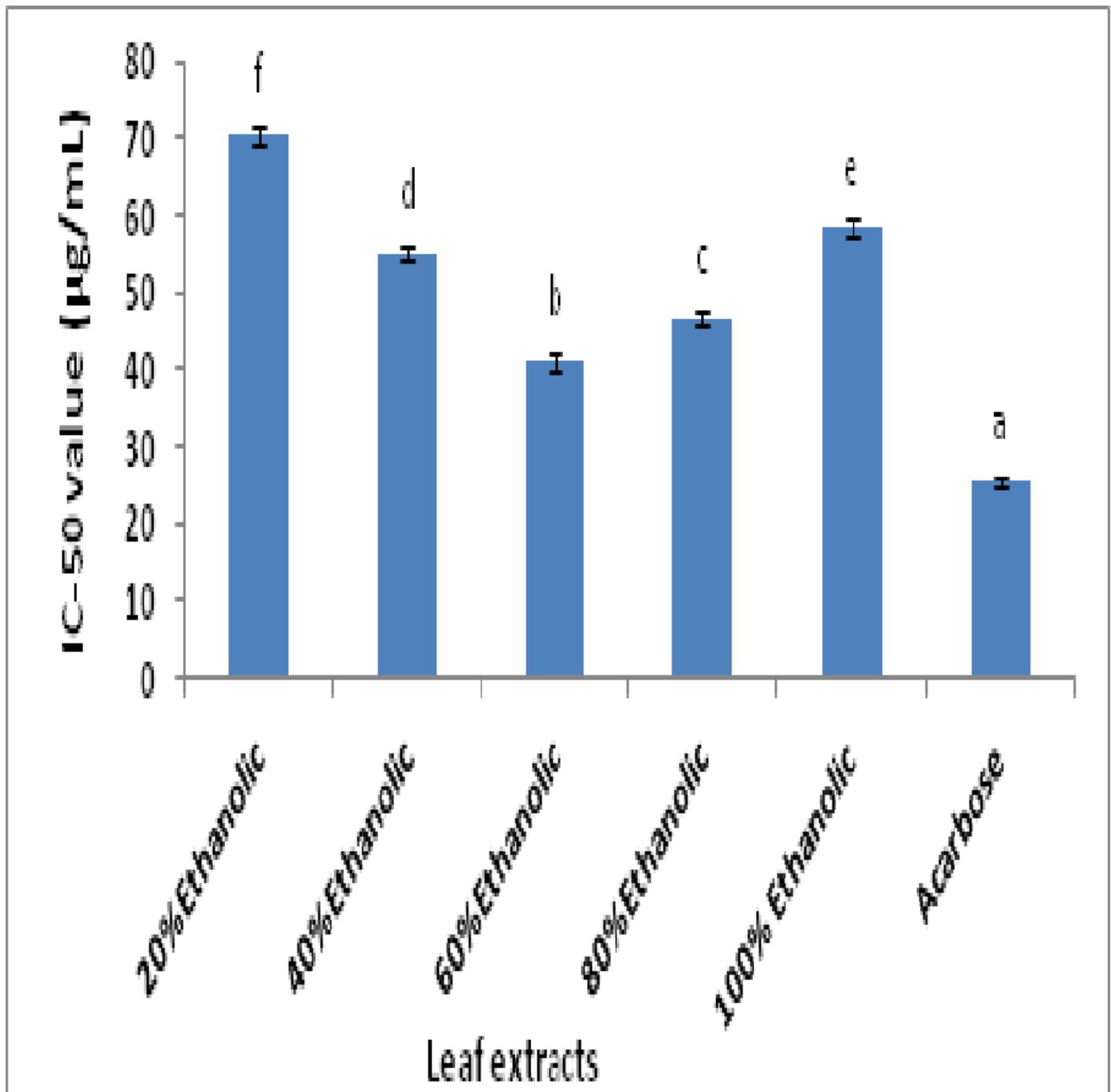


Figure 4

The IC-50 values for α -amylase inhibitory potential of extract fractions and acarbose

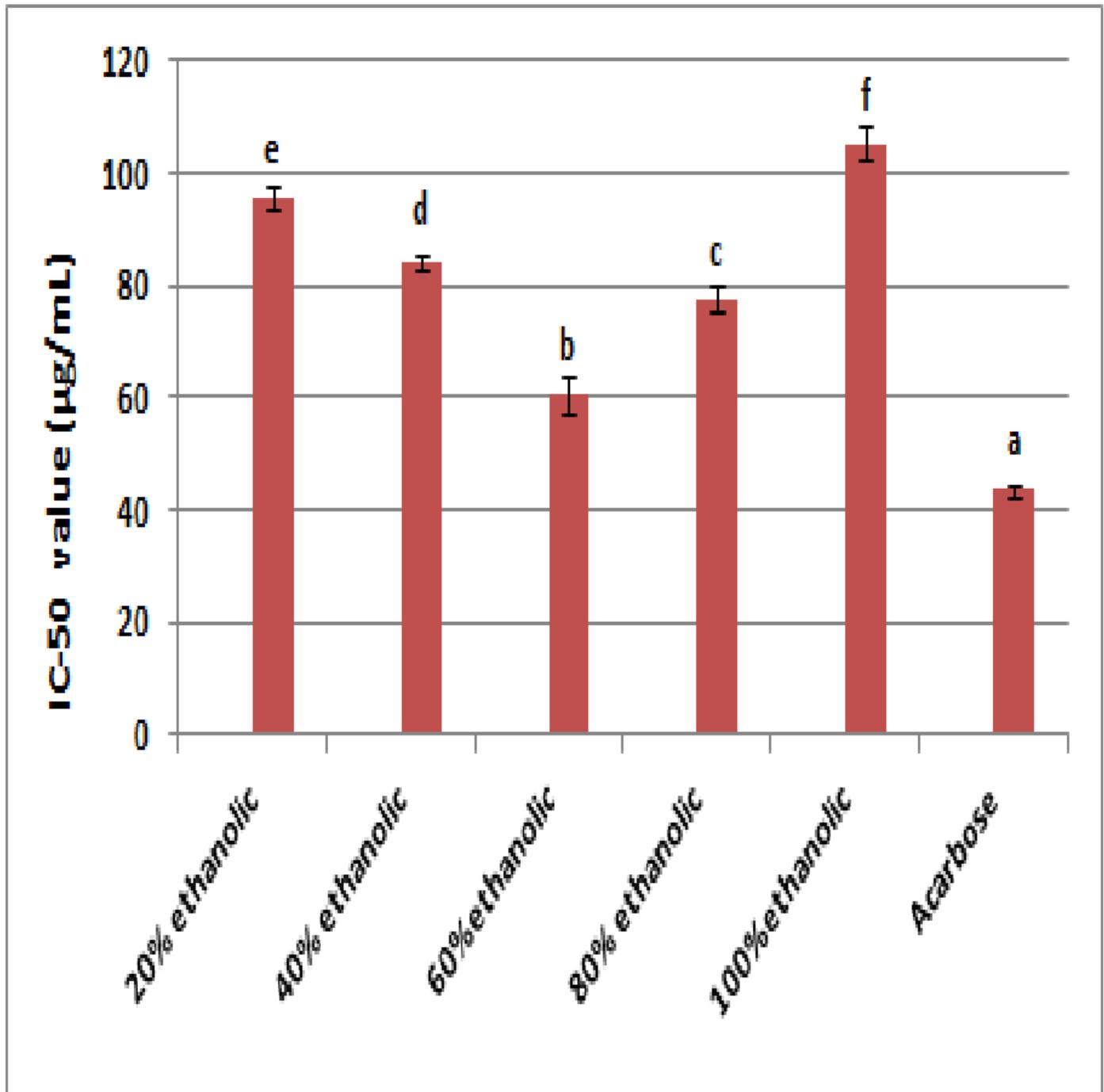


Figure 5

Main chromatogram of *H. lagenicaulis* (UHPLC) indicating the peaks of eluted compounds

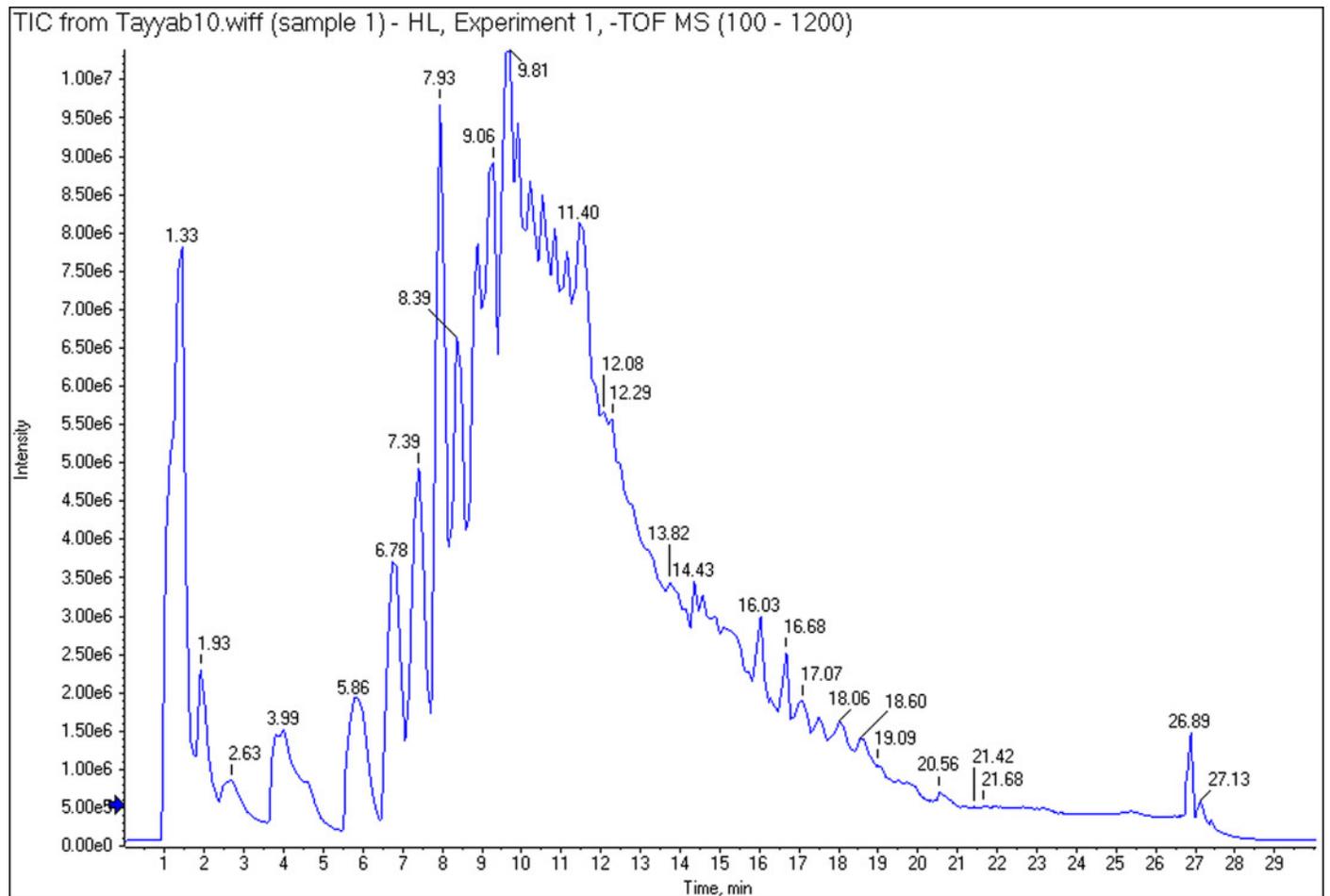


Figure 6

Fragmentation pattern of identified compounds with respective m/z values

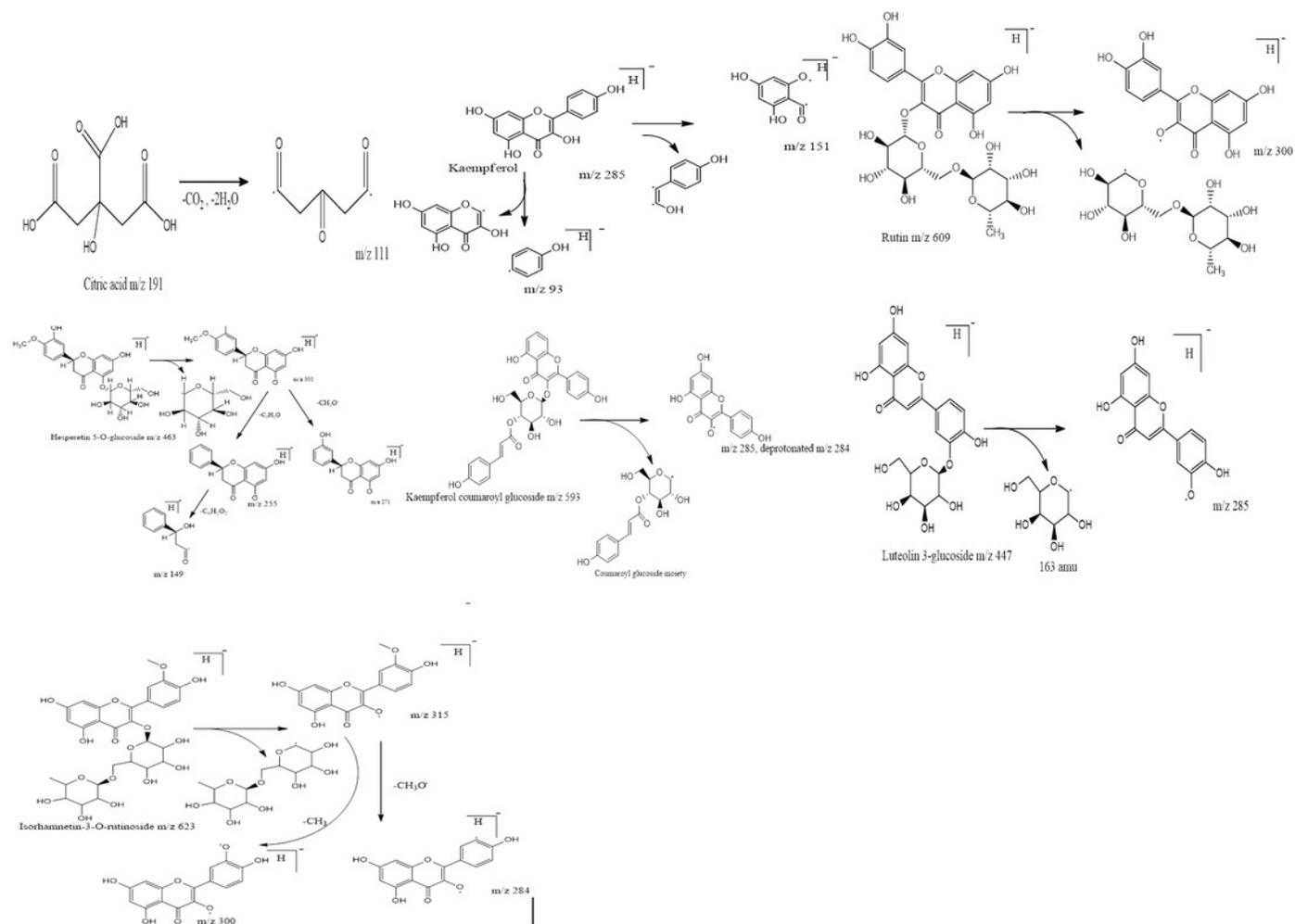


Table 1 (on next page)

Extract yields, TPC and TFC from leaves of *H.lagenicaulis* fractions

1 **Table I-** Extract yields, TPC and TFC from leaves of *H.lagenicaulis* fractions

Solvent composition	Extract yield (%)	TPC in mg GAE/g DE	TFC in mg Rutin/g DE
20% Ethanol	14.31 ± 0.2 ^{de}	78.09 ± 1.36 ^d	68.94 ± 1.61 ^e
40% Ethanol	16.33 ± 0.32 ^c	109.63 ± 1.67 ^c	92.02 ± 1.72 ^d
60% Ethanol	20.46 ± 0.25 ^a	178.56 ± 1.47 ^a	133.96 ± 1.19 ^a
80% Ethanol	18.05 ± 0.13 ^b	144.67 ± 2.31 ^b	115.51 ± 0.90 ^b
100% Ethanol	15.10 ± 0.15 ^d	109.62 ± 0.44 ^c	100.90 ± 1.59 ^c

2 Results were represented with standard deviation values (±) and significant level was indicated
 3 by letter as superscript.

4

Table 2 (on next page)

Peak assignments for identified compounds by UHPLC-MS/MS in negative mode

1 **Table II-** Peak assignments for identified compounds by UHPLC-MS/MS in negative mode

Sr. No	Name of Compound	Rt (min)	Molecular ion peak (m/z)	Main fragments ion (m/z)	Molecular formula
1	Citric acid	1.603	191	111	C ₆ H ₈ O ₇
2	Trimethoxy flavone derivative	8.972	773	635, 609, 300	C ₄₀ H ₃₈ O ₁₆
3	Kaempferol	9.110	285	151, 93	C ₁₅ H ₁₀ O ₆
4	Rutin	9.27	609	300, 271	C ₂₇ H ₃₀ O ₁₆
5	Hesperetin 5-O-glucoside	9.433	463	301,300, 271, 97	C ₂₂ H ₂₄ O ₁₁
6	Kaempferol-coumaroyl-glucoside	9.689	593	285, 284, 255	C ₃₁ H ₃₀ O ₁₂
7	Luteolin 3-glucoside	9.724	447	285, 284, 255, 227	C ₂₁ H ₂₀ O ₁₁
8	Isorhamnetin-3-O-rutinoside	9.995	623	543, 527, 427, 315, 314	C ₂₁ H ₃₆ O ₂₁

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