

## Aromatisation of steroids in the bivalve *Mytilus trossulus*

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In this study, we demonstrated the presence of the enzymatic complex able to perform aromatization (estrogen synthesis) in both, the microsomal and mitochondrial fractions of gills and gonads from *Mytilus trossulus*. Based on *in vitro* experiments, we highlighted the importance of temperature as the limiting factor of aromatisation efficiency (AE) in mussels. After testing range of temperatures (4°C - 23°C), the highest AE was found during incubation at 8°C and pH 7.6 (41.66 pmol/h/mg protein in gills and 58.37 pmol/h/mg protein in gonads). The results were confirmed during field studies where the most efficient aromatisation occurred in bivalves collected in spring while the least effective in those collected in winter. During *in vitro* studies, AE turned out to be more intensive in female gonads than in male gonads. The process was also more intensive in mitochondrial fraction than in microsomal one (62.97 pmol/h/mg protein in male gills and 73.94 pmol/h/mg protein in female gonads). Enzymatic complex (aromatase-like enzyme) catalysing aromatisation in mussels was found to be insensitive to inhibitory effect of selective inhibitors of mammalian aromatase such as letrozole and anastrozole, suggesting its different structure from vertebrate aromatase. Further *in vivo* studies using <sup>13</sup>C-labelled steroids at 8°C temperature window confirmed that bivalves are able to uptake testosterone and androstenedione from the ambient environment and metabolise them to estrone and 17β-estradiol thus confirming endogenous estrogen' synthesis.

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9

## 10 Abstract

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13 of gills and gonads from *Mytilus trossulus*. Based on *in vitro* experiments, we highlighted  
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17 pmol/h/mg protein in gonads). The results were confirmed during field studies where the  
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25 anastrozole, suggesting its different structure from vertebrate aromatase. Further *in vivo*  
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29 synthesis.

30

## 31 1. Introduction

32 Since the presence of various sex steroids has long been confirmed in many species of  
33 marine bivalves, the two main questions in bivalves endocrinology are related to i) the  
34 role of steroids and ii) their origin in these organisms. Indeed, some studies provide

35 evidence that sex steroids serve various physiological functions in bivalve tissues. For  
36 example, fluctuations of  $17\beta$ -estradiol (E2) and testosterone (T) levels in *Sinonovacula*  
37 *constricta* were related to the reproductive cycle of the clams indicating their possible  
38 role as endogenous modulators of the gametogenetic cycle (Yan et al., 2011). In a  
39 study of Mezghani-Chaari et al. (Mezghani-Chaari et al., 2017) an exposure of  
40 *Ruditapes decussatus* to high  $17\beta$ -estradiol doses resulted in sex-specific disorders in  
41 gametogenesis. In Li et al. (Li et al., 1998) *Crassostrea gigas* was exposed to E2 which  
42 promoted vitellin formation in the ovarian tissue. In *Mytilus edulis* an exposure to  $17\beta$ -  
43 estradiol induced various alterations in the mRNA expression of monoamine serotonin  
44 receptor and cyclooxygenase that correlated with the bivalves' reproductive stage  
45 (Cubero-Leon et al., 2010). Yet, comparable exposure of *M. edulis* to E2 led to  
46 increased tissue concentrations of free and total estradiol, but induction of VTG or  
47 estrogen receptor (ER) gene expression in gonads was not confirmed (Puinean et al.,  
48 2006). Similarly, in other studies no or very little endocrine-related reproductive effect  
49 was identified (Ketata et al., 2008; Markov et al., 2009; Morthorst et al., 2014). Hence,  
50 Scott (Scott, 2013) in a critical review concluded that there is no indisputable bioassay  
51 evidence that vertebrate sex steroids have endocrinological or reproductive roles in  
52 molluscs. In spite of that, an association between gametogenesis stage and steroid  
53 content was reported with maximal steroids concentration often observed during  
54 reproduction peak and minimal concentration during low stage of gametogenesis  
55 (Jianbin, 2013; Wang & Croll, 2007; Liu, Li & Kong, 2008; Ciocan et al., 2010; Morthorst  
56 et al., 2014; Hallmann et al., 2016). In *M. trossulus* from the Gulf of Gdańsk (Baltic Sea,  
57 Poland), seasonal differences in E2 and T concentrations in gonads and gills were also  
58 found, but no direct relation between steroids level and stage of gonad development  
59 was confirmed (Zabrzańska et al., 2015; Hallmann et al., 2016; Smolarz et al., 2018).  
60 Instead, a strong correlation between water temperature and steroids level was  
61 observed (Smolarz et al., 2018) suggesting temperature as an important factor  
62 influencing tissue steroids content.

63 With regards to steroids such as estrogens, neither their origin nor their role in bivalves  
64 has been confirmed because steroidogenesis is not yet indubitably documented in this  
65 group of organisms. Known similarities in functioning of endocrine system in vertebrates  
66 and invertebrates include various signals of transduction to appropriate target sites for  
67 regulating gene expression (Janer et al., 2005). In higher organisms, the cytochrome  
68 P450 aromatase (CYP19) - a member of a large superfamily of cytochrome P450  
69 enzymes - is involved in steroid biosynthesis and is expressed in estrogen-producing  
70 cells (Hall, 1985). Aromatase is responsible for the conversion of the androgens;  
71 androstenedione and testosterone into the estrogens: estrone and  $17\beta$ -estradiol,  
72 respectively (Thompson & Siiteri, 1974; Kellis & Vickery, 1987; Yoshida & Osawa,  
73 1991). Aromatization of androgens to estrogen occurs after multiple oxygenation  
74 processes, loss of the methyl group at C-19 and the elimination of the  $1\beta$  hydrogen

75 (Numazawa, Yoshimura & Oshibe, 1998). During aromatization, three moles of oxygen  
76 and three moles of NADPH for every mole of metabolized steroid substrate are used,  
77 resulting in three H<sub>2</sub>O molecules (Osawa et al., 1987). In vertebrates, aromatase is  
78 mainly present in the microsomal fraction (Simpson et al., 2002). However, earlier  
79 studies report that this enzyme can also be found in the mitochondria of human  
80 placenta (Finkelstein et al., 1985; Meigs & Moorthy, 1984). Aromatase activity level in  
81 fish equals to 16 pmol/h/mg protein (Orlando, Davis & Guillette, 2002), in birds equals to  
82 50 pmol/h/mg protein (Foidart et al., 1998) and in human placenta 95 pmol /min/mg  
83 protein (Milczarek et al., 2008).

84 Despite determination of androgens and estrogens in bivalve tissues, the occurrence of  
85 aromatization in this group of organisms is still unclear since most studies suggest that  
86 aromatase activity is either absent or at a very low level (Scott, 2012). In marine  
87 invertebrates, determination of aromatase activity is based on methods such as ELISA  
88 test, in which the content of final product is measured (Tinwell et al., 2011). This  
89 approach, however, lacks specificity since the reaction can be catalysed by aromatase  
90 as well as by other unidentified enzymes belonging to cytochrome P450 superfamily.  
91 Hence, the usage of antibodies against mammalian CYP19 in immunohistological  
92 staining in scattered single bivalve cells may spot non-specific cross-reactivity.  
93 Commercially available kits such as aromatase (CYP19A) Activity Assay Kit  
94 (Fluorometric, BioVision) seem to be suitable when applied to human tissue only, as  
95 they contain specific inhibitors of human aromatase that may not inhibit the reaction in  
96 bivalves. However, a method allowing to measure aromatization efficiency (AE) was  
97 described by Lavado et al. (Lavado, Janer & Porte, 2006). It uses isotope-labelled  
98 substrate utilized by the 1 $\beta$ -<sup>3</sup>H androstenedione. In the presence of aromatase, a  
99 quantified amount of <sup>3</sup>H<sub>2</sub>O is produced from isotope-labelled substrate allowing for  
100 quantification of aromatization. Also here, non-specific cross-reactivity cannot be  
101 excluded since the reaction can be catalysed by aromatase as well as by a random  
102 enzyme belonging to the group of the cytochrome P450 family that contributes to  
103 oxygenations and loss of the methyl group at C-19 position. Aromatase (or aromatase-  
104 like) activity measured using isotopic method in *Crassostrea gigas* was as low as 6  
105 fmol/h/gram of wet weight (Le Curieux-Belfond et al., 2001) and therefore close to the  
106 measurability threshold. AE measured in gonads and digestive gland of *M. edulis* was  
107 also low (1 pmol/h/mg and 3 pmol/h/mg of protein at maximum, respectively) (Lavado,  
108 Janer & Porte, 2006). In addition, aromatase (CYP19) gene orthologue first appeared in  
109 a direct ancestor of the chordates - amphibians and there is no information about  
110 CYP19 gene in invertebrates available (Callard et al., 2011). Hence, Scott (Scott, 2012)  
111 in a critical appraisal gave a strong reasoning against the hypothesis of endogenous  
112 steroid origin in molluscs. Nevertheless, comparative phylogenetic analyses suggest the  
113 presence of aromatase gene also in lower organisms (Castro, Santos & Reis-  
114 Henriques, 2005).

115 Since vertebrate aromatase is very sensitive to the inhibitory effects of certain drugs  
116 such as letrozole, anastrozole and ketoconazole, one way of comparing the similarity of  
117 an enzyme catalysing aromatization in various species to vertebrate aromatase is by  
118 using targeting selectivity of known aromatase inhibitors. Letrozole inhibits aromatase  
119 activity in a variety of mammalian tissues by iron binding in hem moiety of CYP-450  
120 which is a subunit of the aromatase enzyme complex (Haynes et al., 2003; Bhatnagar,  
121 2007). Anastrozole, by competitive inhibition achieved by direct and reversible bond to  
122 aromatase, blocks the conversion of androgens to estrogens (Hortobagyi & Buzdar,  
123 1998). Ketoconazole, characterized by the widest work spectrum, is commonly used as  
124 a synthetic antifungal pharmaceutical. It inhibits in a dose-dependent manner ovarian 3 $\beta$ -  
125 hydroxysteroid dehydrogenase and 17-hydroxylase, essential enzymes for the  
126 formation of C-19 steroids (Nagai et al., 1986). It is also used as an irreversible steroidal  
127 aromatase inhibitor in pharmacotherapy. Ketoconazole also inhibits cholesterol side  
128 chain cleavage enzymes in the adrenal and testis, thus affecting androgen biosynthesis  
129 (Nagai et al., 1986; DiMattina et al., 1988).

130 The *M. edulis* complex belongs to strictly gonochorous species reaching sexual maturity  
131 at the age of one year with typical sex ratio around one (Kautsky, 1982; Newell et al.,  
132 1982). The reproduction of the blue mussel from the Baltic Sea, like many other  
133 temperate species, follows a seasonal pattern since it is correlated with temperature  
134 and food availability (Kautsky, 1982; Kautsky & Evans, 1987). Early phase of  
135 gametogenesis occurs in late winter and/or early spring and the main spawning event  
136 takes place between May and July, but a second spawning peak can also be observed  
137 in autumn. To our knowledge, there is no data confirming the presence of hormone  
138 receptors initiating multiple signalling pathways and ultimately leading to sex  
139 determination and/or gametogenesis in bivalves. There is, however, a confirmed  
140 relationship between ambient water temperature and steroid content in *M. trossulus*  
141 (Smolarz et al., 2018). Additionally, the blue mussels are characterized by double  
142 uniparental inheritance (DUI) in which females inherit maternal mitochondria only while  
143 males inherit maternal and paternal ones. Since in pair mating this mtDNA biparental  
144 inheritance was associated with strong sex ratio bias, a relationship between DUI and  
145 sex determination in genus *Mytilus* was proposed by Passamonti et al. (Passamonti &  
146 Ghiselli, 2009) and Zouros et al. (Zouros et al., 1994). Still little is known about  
147 interactions between reproduction pattern, sex determination and steroids in bivalves,  
148 hence a regulative role of estrogens in DUI-related sex determination cannot be  
149 excluded.

150 The main purpose of this study was therefore to confirm the occurrence of endogenous  
151 synthesis of steroids in marine bivalves by addressing aromatization in *in vitro* and *in*  
152 *vivo* studies using *M. trossulus* as a model species. In particular, we aimed at analysing  
153 i) the effect of temperature (season) and pH on the effectiveness of aromatization; ii) AE

154 in microsomal and mitochondrial fractions of gills and gonads; iii) similarity of an  
155 enzyme catalysing aromatization in bivalves to mammalian aromatase using targeting  
156 selectivity of known aromatase inhibitors and iv) sex- and tissue- related differences in  
157 aromatization efficiency.

## 158 2. Material and methods

### 159 2.1. Chemicals and reagents

160 Dexamethasone (internal standard), 4-Androstene-3,17-dione-2,3,4-<sup>13</sup>C<sub>3</sub>, Estrone-2,3,4-  
161 <sup>13</sup>C<sub>3</sub>, 17β-Estradiol-2,3,4-<sup>13</sup>C<sub>3</sub>, Testosterone-2,3,4-<sup>13</sup>C<sub>3</sub>, Anastrozole, Letrozole,  
162 Ketoconazole, protease from *Bacillus licheniformis* (subtilisin), formic acid, acetone,  
163 methanol, acetonitrile, hexane, methylene chloride, charcoal activated, Tris, HCl,  
164 KH<sub>2</sub>PO<sub>4</sub>, K<sub>2</sub>HPO<sub>4</sub>, KCl, NADPH, glycerol, BSA, scintillation cocktail and Supel™-Select  
165 SPE HLB (6 mL, 200 mg) columns were provided by Sigma-Aldrich (St. Louis, MO,  
166 USA). 1β-<sup>3</sup>H Androstene-3,17-dione (30 Ci/mmol) was obtained from Perkin-Elmer Life  
167 Science (Boston, MA, USA).

### 168 2.2. Sampling and tissue preparation

169 The blue mussels *Mytilus trossulus* were collected by dredging from a sampling station  
170 located on the coastline of the Gulf of Gdańsk, Poland (N: 54° 40' 00" E: 18° 33' 55" ) at  
171 10.0 m depth. The shell length of collected individuals varied from 25 mm to 30 mm  
172 which corresponded to an age range of 3 to 4 years and indicated their sexual maturity.  
173 Next, mussels were transported to the laboratory and kept in aerated aquaria in  
174 conditions resembling natural when sampled (temperature and salinity).

175 *In vitro* analyses were performed on organisms collected in the period from 2012 to  
176 2018. After dissection, gills and gonads were separated and mitochondria and  
177 microsomes were isolated, frozen and kept in -80°C until the analysis. The analyses of  
178 temperature- and pH- related changes in AE in bivalve tissues were performed between  
179 2012 and 2014 on 150 individuals. Seasonal analyses of AE were performed on approx.  
180 400 blue mussels sampled in May 2012, July 2012, November 2012 and February 2013  
181 (approx. 100 mussels analysed per season). In March 2015, the effect of aromatase  
182 inhibitors was studied on 100 organisms. Sex- and tissue- related differences in AE  
183 were performed on 100 organisms sampled in April 2016. Sexing was based on a small  
184 subsample of gonadal tissue placed on the microscope slide with saline solution and  
185 covered by cover slides. Prepared smears were analysed under light microscopy for the  
186 presence of ovaries (oocytes) or testis (spermatocytes) and classified accordingly as  
187 females or males. *In vivo* analyses were performed on individuals collected in April  
188 2018. Exposure to <sup>13</sup>C<sub>3</sub>-labelled steroid mixture of blue mussels was performed without  
189 (in the first experiment) and with (in the second experiment) sexing after which bivalves

190 were dissected and the whole soft tissue was frozen in liquid nitrogen and stored at -  
191 80°C.

192 2.3. Temperature, pH, seasonal, sex and tissue – related aromatisation efficiency based  
193 on *in vitro* experiments

194 2.3.1. Preparation of gills and gonadal mitochondrial and microsomal fraction

195 Gonadal and gill tissues were pooled separately in order to obtain 25 ml of each tissue  
196 volume. The tissue was manually homogenized in a glass Potter–Elvehjem  
197 homogenizer with Teflon pestle in ice-cold 100 mM  $\text{KH}_2\text{PO}_4/\text{K}_2\text{HPO}_4$  buffer (pH 7.4)  
198 containing 0.15 M KCl. Homogenates were centrifuged at  $500 \times g$  for 15 min for  
199 removing nuclei and cell membranes. Next, centrifugation at  $15\,000 \times g$  for 30 min was  
200 performed to obtain mitochondria. Obtained supernatant was further centrifuged at  $100\,000 \times g$   
201 for 1h for gaining microsomal pellet. The mitochondrial and microsomal pellets  
202 were diluted in 100 mM  $\text{KH}_2\text{PO}_4/\text{K}_2\text{HPO}_4$  buffer (pH 7.4) containing 0.15 M KCl and  
203 20% (w/v) glycerol. Suspended mitochondrial fraction (volume ranging from 2 to 3 ml)  
204 containing 20–50 mg of protein per 1 ml was divided into 100  $\mu\text{l}$  subsamples. Similarly,  
205 microsomal fraction (volume ranging from 1 to 2 ml) containing approx. 20 mg of protein  
206 per 1 ml was divided into 100  $\mu\text{l}$  subsamples. The subsamples (containing at least 1 mg  
207 of protein) were then frozen in  $-80^\circ\text{C}$  for further analyses. Protein content was  
208 determined after Lowry et al. (Lowry et al., 1951) with bovine serum albumin (BSA) as a  
209 standard. Temporal differences in AE were analysed in both tissue types based on  
210 microsomal isolates pooled from various individuals.

211 2.3.2. Determination of aromatization in model species

212 Aromatisation efficiency was determined in the mitochondrial and microsomal fractions  
213 of both, gill and gonadal tissues, by the tritiated water release method as described in  
214 Shimizu et al. (Shimizu et al., 1995) with some modifications. Both fractions (1 mg) were  
215 incubated in glass tubes in temperature gradient  $4^\circ\text{C} - 23^\circ\text{C}$  (tested temperatures were  
216 4, 5, 6, 7, 8, 9, 10, 11, 18,  $23^\circ\text{C}$ ) for 1h in a final 1 mL volume in the presence of 100  
217 mM Tris–HCl buffer of various pHs (pH 6.0, 6.6, 7.0, 7.6, 8.0, 8.6 and 9.0), 10  $\mu\text{M}$  [ $1\beta$ -  
218  $^3\text{H}$ ]-androstenedione (with specific activity ranging from 150 to 200 DPM/pmol) and 200  
219  $\mu\text{M}$  NADPH. First, temperature-based changes in AE were studied in order to select  
220 temperature window in which the process is most efficient. Next, the effect of pH on AE  
221 was analysed. In order to study similarity of an enzyme catalysing aromatization in  
222 bivalves to vertebrate aromatase, 1 mg of microsomal fraction isolated from gonads  
223 characterized by high AE was incubated for 1 hour in the presence of letrozole,  
224 anastrozole and ketoconazole at concentrations of 0.1 mM, 0.25 mM, 0.5 mM and 1  
225 mM.

226 Next, organic metabolites and the excess of substrate were removed from the aqueous  
227 phase by extraction with methylene chloride (3 mL). The samples were further  
228 centrifuged at 4000 × g for 15 min. After centrifugation, 5% activated charcoal (2 mL)  
229 was added to the aqueous phase, the solution was shaken for 2 min at room  
230 temperature and covered probes were left overnight. The next day, the solution was  
231 centrifuged at 4000 × g for 1 h and afterwards the collection of supernatant was  
232 performed. The supernatant was mixed with 4 mL of scintillation liquid and the solution  
233 was analysed using Beckman LS 6000 IC counter. AE was assessed as tritium release  
234 to water from  $1\beta$ - $^3\text{H}$  of androstenedione upon aromatization and was expressed as  
235 DMP (Disintegrations Per Minute) per hour per milligram protein and calculated as  
236 pmol/h/mg protein.

#### 237 2.4. Biosynthesis of estrogens – *in vivo* study

238 15 blue mussels collected in spring 2018 were kept at 6°C and further individually  
239 transferred to glass beakers with aerated artificial seawater (200 mL) treated with 500  
240  $\mu\text{L}$   $^{13}\text{C}_3$ -labelled steroid mixture (4-Androstene-3,17-dione-2,3,4- $^{13}\text{C}_3$  or Testosterone-  
241 2,3,4- $^{13}\text{C}_3$  in acetonitrile) at the final concentration of 250 ng/mL and 1000  $\mu\text{L}$  of algae  
242 suspension. The control sample consisted of specimens transferred to glass beakers  
243 containing 200 mL of seawater, 500  $\mu\text{L}$  of acetonitrile and 1000  $\mu\text{L}$  of algae suspension.  
244 Next, beakers were placed in a water bath at a temperature of 6°C for two hours. After  
245 the two-hour incubation period the temperature was gradually increased to 8°C and the  
246 incubation continued for another 22 hours. After incubation, mussels were dissected,  
247 the whole soft tissue was frozen in liquid nitrogen and stored at -80°C. Subsequently,  
248 the soft tissue was prepared for solid phase extraction followed by analysis of steroids  
249 content using LC-MS/MS method. The above-described exposure to labelled androgens  
250 was repeated in identical conditions using 10 additional mussels on which, after soft  
251 tissue dissection, sexing was performed.

##### 252 2.4.1. Extraction procedure

253 Sample extraction method was adopted from Vanhaecke et al. (Vanhaecke et al., 2011)  
254 and further modified as described below. Enzymatic digestion with subtilisin was used in  
255 order to support tissue homogenization via protein cleavage (Blasco, Van Poucke &  
256 Van Peteghem, 2007). Frozen sample was transported into 20 mL glass flasks and  
257 thawed for 15 min in the presence of subtilisin enzyme (0.4 mg/1 g tissue). Afterwards,  
258 samples were microwaved for 60 s at 100 W, the content was transferred to 50 mL  
259 polypropylene tubes and homogenized using an Ultra-turrax instrument (Janke &  
260 Kunkel, IKA-Labortechnik) for 1 min. After adding 5 mL of methanol, samples were  
261 vortexed for 1 min and centrifuged (5000 × g, 10 min, 4°C). Methanolic supernatant  
262 was collected and distilled water (10 mL) was added to the extract. The extract was  
263 concentrated on a Supel<sup>TM</sup>-Select SPE HLB (6 mL, 200 mg) column. The cartridge was

264 washed with water and hexane. The analytes were eluted with methanol. Upon  
265 evaporation under a stream of nitrogen, the dry residue of the eluate was dissolved in  
266 methanol/water mixture (65:35, v/v).

#### 267 2.4.2. Steroids-<sup>13</sup>C<sub>3</sub> identification – chromatographic and MS conditions

268 Chromatographic separation was achieved using LC system coupled with MS (LC-  
269 MS/MS-8050 Shimadzu, Japan). The mobile phase was composed of 0.1% formic acid  
270 in ultrapure water (phase A) and acetonitrile with addition of 0.1% formic acid (phase B).  
271 Analytes of interest were separated using a C-18 core-shell type column (Poroshell 120  
272 EC-C18, Agilent Technologies, St. Clara, CA, USA) with dimensions 3.0 x 100 mm, 2.7  
273 µm particle size with flow rate of 0.5 mL/min. To optimize the gradient elution phase B  
274 was initially set at 31.1% level with successive increase to 55.1% during a 12 minute  
275 period. Next, the proportion of eluent B was increased to 100% during 0.9 min and then  
276 remained isocratic for a period of 3 min. The autosampler' storage compartment was  
277 kept at 15°C to increase sample stability. The injected sample' volume was 1 µL. To  
278 minimize carry-over effect, the needle was flushed with methanol after injection. The  
279 total time of analysis was 16 min. Next, the column rebalanced to the initial conditions.  
280 The injector needle was washed between injections with 50:50 acetonitrile-water and  
281 the needle seat back was flushed with acetonitrile-water mixture (50:50, v/v) at 35 µL/s  
282 for 2 s to evade contamination. LC-MS/MS was operated in the positive ion mode  
283 equipped with electrospray ionization source working with temperature-optimized  
284 conditions of the following components: interface: 300°C, heater block: 200°C,  
285 desolvation line (DL): 200°C and gas flows: drying gas (N<sub>2</sub>): 10 L/min, nebulising gas  
286 (N<sub>2</sub>): 3 L/min and heating gas (air): 10 L/min. Capillary voltage was maintained at 3 kV.  
287 Data were acquired in scheduled MRM mode using a detection window. The device was  
288 calibrated and tuned in agreement with procedures recommended by the manufacturer.  
289 Data acquisition and analysis of chromatograms were processed with LabSolution  
290 software (Shimadzu, Japan). The acquisition range in MS scanning mode was from 50  
291 to 400 m/z with a spectra rate of 1 Hz. Each sample was analysed in triplicate. Details  
292 concerning *m/z* values of precursor and product ions and exemplary chromatograms for  
293 all analysed steroids are presented in Table 1 and Fig. 1. LC-MS/MS method the LOQ  
294 was determined at 0.08 ng/g for E1-<sup>13</sup>C<sub>3</sub> and 17βE2-<sup>13</sup>C<sub>3</sub>, 0.06 ng/g for A-<sup>13</sup>C<sub>3</sub> and T-  
295 <sup>13</sup>C<sub>3</sub>.

#### 296 2.5. Statistical analysis

297 The statistical significance of differences between groups was verified with the non-  
298 parametric Kruskal-Wallis ANOVA test and the significance level was set at  $p < 0.05$ . All  
299 statistical analyses were carried out in STATISTICA 13.0 software.

### 300 3. Results

### 301 3.1. The effect of temperature and pH on AE

302 Differences in aromatase efficiency were found when the process was analysed in  
303 various temperature conditions (Dataset S1). In the temperature range from 4°C to 5°C  
304 AE was low both in gills (10% of maximal activity recorded) and in gonads (5% of  
305 maximal activity) of the blue mussel. An increase of aromatase efficiency (pmol/h/mg  
306 protein) was observed in temperatures above 5°C. In the temperature range from 8°C to  
307 9°C AE was the highest with 41.66 pmol/h/mg protein in the microsomal fraction of gills  
308 and 58.37 pmol/h/mg protein in the microsomal fraction of gonads (Fig. 2A).  
309 Aromatization in temperatures above 8°C resulted in a lower substrate consumption and  
310 thus decreased production of tritiated water (lower efficiency). Room temperature (23°C)  
311 resulted in negligible amounts of  $^3\text{H}_2\text{O}$  produced, i.e. 8% (gills) and 12% (gonads) of  
312 maximal AE (Fig. 2A). Since the highest AE occurred in 8 - 9°C, pH related differences  
313 in AE were performed in controlled temperature conditions using gill and gonad  
314 subcellular fractions (Dataset S2). The process was stable in pH range from 7.6 to 9.0  
315 for gills and showed similar levels of the AE - 41.83 pmol/h/mg protein on average.  
316 Similarly, in microsomes from gonads aromatization level was stable and led to the  
317 production of about 51.89 pmol/h/mg protein in the pH range from 7.0 to 8.6 (Fig. 2B). In  
318 pH levels from 6.0 to 7.0 AE was lower than in the remaining pHs (Fig. 2B). No  
319 statistically significant differences in AE measured in pH levels from 7.6 to 9.0 were  
320 found, thus in further analyses physiological pH 7.6 was used. Each subsequent AE  
321 measurements in the microsomes and mitochondria isolated from the bivalve tissues  
322 were conducted in optimal conditions, at 8°C and pH 7.6. AE was also checked in  
323 conditions such as the absence of NADPH and in denaturated microsomes. In both  
324 cases, the efficiency of AE decreased by min. 70% (Table S1).

### 325 3.2. Seasonal changes in AE

326 Statistically significant seasonal differences in AE were found (Fig. 3). The most efficient  
327 aromatization was recorded in mussels collected in spring in microsomal fraction  
328 originating from both analysed tissues;  $31.75 \pm 7.51$  pmol/h/mg protein in gill and  $39.34$   
329  $\pm 4.25$  pmol/h/mg protein in gonad. In mussels collected in summer and autumn  
330 seasons AE decreased by 50% when compared to spring and equalled to  $13.84 \pm 3.27$   
331 pmol/h/mg protein in gills and  $15.29 \pm 2.28$  pmol/h/mg protein in gonads. The lowest AE  
332 equalled to  $3.17 \pm 1.22$  pmol/h/mg protein in gills and  $1.84 \pm 1.02$  pmol/h/mg protein in  
333 gonads and was measured in winter season (Fig. 3, Dataset S3). No statistically  
334 significant changes in AE between analysed tissues in each season were found except  
335 for winter, where AE, despite being at the lowest level, was twice as high in gills as in  
336 gonads. However, a trend towards more efficient aromatization in blue mussels gonads  
337 compared to gills can be seen in all seasons but winter.

### 338 3.3. Sex-related differences in AE in mitochondrial and microsomal fractions from gills 339 and gonads

340 Sex- and fraction-related differences in AE were also confirmed. In females, AE was  
341 higher in the mitochondrial fraction compared to the microsomal fraction isolated from  
342 both tissues. Activity of an aromatase-like enzyme complex catalysing aromatization in  
343 gills was  $33.73 \pm 6.59$  pmol/h/mg of protein in microsomes and  $43.12 \pm 2.70$  pmol/h/mg  
344 of protein in the mitochondrial fraction. In gonadal tissue, its activity equalled to  $44.78 \pm$   
345  $1.90$  pmol/h/mg of protein in microsomes, while in the mitochondria 1.6-fold higher  
346 activity was measured ( $73.94 \pm 2.41$  pmol/h/mg protein). Similarly, in males a higher AE  
347 in the mitochondrial fraction compared to the microsomal one was found. In gills,  
348 aromatization occurring at  $29.77 \pm 8.41$  pmol/h/mg of protein was confirmed in  
349 microsomes, and at  $62.97 \pm 6.56$  pmol/h/mg of protein in the mitochondria. In gonads,  
350 higher AE was found in the mitochondrial fraction ( $56.71 \pm 1.85$  pmol/h/mg protein)  
351 compared to the microsomes ( $33.91 \pm 6.60$  pmol/h/mg protein). In females, statistically  
352 significant differences in AE between tissues were found. In microsomal fraction of  
353 gonads AE was 30% higher than in the same fraction isolated from gills. Similarly, in  
354 mitochondrial fraction isolated from gonads AE was 1.7 times higher than in  
355 mitochondrial fractions from gills. In males, no statistically significant differences in AE  
356 measured in both tissues were found in microsomal fraction. However, AE was higher in  
357 gill mitochondria than in gonadal mitochondria ( $p < 0.05$ ). Sex-related differences in AE  
358 included 1.3 times higher AE in female gonads when compared to male gonads (both  
359 fractions) and 1.5 times higher aromatization in mitochondrial fraction isolated from  
360 male gills when compared to female gills (Fig. 4, Dataset S4).

#### 361 3.4. The effect of inhibitors on AE in gonads of *M. trossulus*

362 The effect of inhibitors on AE is presented in Dataset S5 (raw data). In the presence of  
363 1mM letrozole 100% increase in AE in subcellular fraction of gonads was found even in  
364 the highest concentration of the inhibitor ( $81.57 \pm 3.62$  pmol/h/mg of protein). Also in the  
365 presence of 0.5 mM anastrozole there was an evident and significant increase in AE  
366 (almost 40%,  $66.43 \pm 1.83$  pmol/h/mg of protein) when compared to the control  
367 ( $p < 0.05$ ). The inhibiting effect of anastrozole was only observed at the concentration of  
368 1 mM, resulting in inhibition of aromatization by 50% ( $21.11 \pm 0.62$  pmol/h/mg of  
369 protein) when compared to the control (Fig. 5). Inhibitory effect of ketoconazole was  
370 confirmed in all tested concentrations. Inhibition was linear and the efficiency of the  
371 process gradually decreased along used concentration gradient (Fig.5).

372

#### 373 3.5. Estrogens synthesis *in vivo* and identification of other steroids via mass 374 spectrometry

375

376 In 90% of individuals (18 out of 20) both androgens- $^{13}\text{C}_3$  and estrogens- $^{13}\text{C}_3$  were  
377 identified. In bivalves exposed to Testosterone-2,3,4- $^{13}\text{C}_3$  ( $\text{T-}^{13}\text{C}_3$ ) both  $\text{T-}^{13}\text{C}_3$  and 4-  
378 Androstene-3,17-dione-2,3,4- $^{13}\text{C}_3$  ( $\text{A-}^{13}\text{C}_3$ ) were identified but at different  
379 concentrations. High concentration of  $\text{T-}^{13}\text{C}_3$  ( $8.48 \pm 3.29$  ng/g wet weight) and eight

380 times lower concentrations of 4-Androstene-3,17-dione-2,3,4-<sup>13</sup>C<sub>3</sub> (0.96 ± 0.30 ng/g w.  
381 w.) were detected (Fig. 6, Tab. S2). Similarly, an exposure to A-<sup>13</sup>C<sub>3</sub> resulted in  
382 detection of both, T-<sup>13</sup>C<sub>3</sub> and A-<sup>13</sup>C<sub>3</sub> in analysed tissues. In mussels exposed to T-<sup>13</sup>C<sub>3</sub>  
383 the presence of 17β-estradiol-2,3,4-<sup>13</sup>C<sub>3</sub> (0.97 ± 0.44 ng/g w. w.) was confirmed,  
384 whereas in those exposed to A-<sup>13</sup>C<sub>3</sub>, Estrone-2,3,4-<sup>13</sup>C<sub>3</sub> (2.75 ± 1.72 ng/g w. w.) was  
385 found (Fig. 6, Tab. S2). The analysis of remaining labelled steroids revealed mutual and  
386 reversible conversion of androgens with A-<sup>13</sup>C<sub>3</sub> transformed into T-<sup>13</sup>C<sub>3</sub>. Similarly,  
387 reversible transformation of estrogens was observed with E1-<sup>13</sup>C<sub>3</sub> converted to 17βE2-  
388 <sup>13</sup>C<sub>3</sub>. No sex-related difference in the steroid uptake or synthesis was found (Tab. S2 A,  
389 B).

390

## 391 Discussion

392 In marine invertebrates, activities of selected steroidogenic enzymes (3β-hydroxysteroid  
393 dehydrogenase, 17α-hydroxylase, aromatase and aromatase-like enzyme) measured in  
394 microsomal fraction from various tissues were detected at very low levels, or not  
395 detected at all. For example, in coral *Pocillopora damicornis* aromatase-like activity was  
396 determined by measuring the conversion of testosterone to 17β-estradiol using ELISA  
397 test and the resulting activity was calculated as 10-1000 fg E2/min/mg protein (Rougée,  
398 Richmond & Collier, 2015). In sea urchin *Paracentrotus lividus* P450-aromatase activity  
399 measured using an isotopic method equalled to 0.3 - 0.8 pmol/h/mg protein (Barbaglio  
400 et al., 2007). In Lavado et al. (Lavado, Janer & Porte, 2006), an isotopic method with  
401 1β-<sup>3</sup>H androstenedione as a substrate for detection of aromatase activity in microsomal  
402 fraction from gonads and digestive gland of *M. edulis* was applied. At the time of  
403 measurement, a possibility of unspecific cross-reactivity was not taken into  
404 consideration, hence the authors presented their results as a measurement of  
405 steroidogenic P-450-aromatase activity. In spite of methodological similarities,  
406 described in Lavado et al. (Lavado, Janer & Porte, 2006) enzymatic activities were  
407 much lower than presented in our work and ranged from 0.3 to 3.0 pmol/h/mg protein  
408 depending on type of tissue and exposure type. The referred measurement of  
409 aromatase activity was performed under laboratory controlled conditions at 25°C. Since  
410 comparable low activities were obtained in our study in similar temperature regime, we  
411 believe that the main reason behind differences in aromatization rate obtained in our  
412 and in Lavado et al. (Lavado, Janer & Porte, 2006) is temperature in which the actual  
413 measurement was performed. After analysing AE in various temperature regimes in *in*  
414 *vitro* and seasonally, it became clear that aromatization in bivalves is a temperature-  
415 dependent process and temperature is a strong limiting factor for it to occur efficiently.  
416 That is especially important when taking into account mussels inhabiting colder  
417 temperate areas such as the Baltic Sea. It has to be, however, noted, that bivalves from  
418 warmer areas may have different temperature optimum for aromatization to be efficient  
419 than those inhabiting colder regions.

420 In *Mytilus edulis* complex inhabiting temperate and polar waters also gametogenesis  
421 belongs to temperature-related processes which is initiated in late winter and proceeds  
422 until early summer when spawning takes place. In the Baltic Sea, water usually reaches  
423 temperatures of 8 - 9 °C in spring, thus allowing for various metabolic processes  
424 including androgen aromatization to start. During that time the need for estrogens may  
425 also increase. In our previous studies performed on blue mussels collected from the  
426 Gulf of Gdańsk (Poland), the lowest steroids content was recorded in winter when water  
427 temperature is the lowest. In spring, an increase in the amount of estrogen was  
428 identified with the highest estrogens concentration found in mussels collected during  
429 summer season (Smolarz et al., 2018). The estrogen' content in tissues decreased in  
430 autumn together with a temperature decrease. The highest level of estrogen in mussel  
431 tissues found in summer is most likely related not to an increased efficiency of  
432 steroidogenesis, but rather to efficient uptake of steroids from the ambient environment  
433 as it was already proved by various studies including our own (Schwarz et al., 2017a,b,  
434 2018; Smolarz et al., 2018). Active steroidogenesis occurs only in spring when the level  
435 of sex steroids in the ambient environment is low. That may also be related to the fact  
436 that the administration of hormones from the outside simply inhibits their synthesis, a  
437 phenomenon well-known from research on vertebrates. Optimization (consideration of  
438 temperature) of the isotopic method designed for quantification of aromatization allowed  
439 for obtaining aromatisation rate in studied blue mussels at levels similar to those  
440 available for higher organisms (Emoto & Baird, 1988). Interestingly, a strong  
441 dependency of aromatization efficiency (due to changes in aromatase activity) on  
442 temperature, like the one observed in our study, has already been described in various  
443 species displaying temperature-dependent sex determination such as reptiles, including  
444 crocodilians, turtles and lizards (Crews et al., 1994). In these species aromatase activity  
445 remains universally low with steroidogenesis often beginning very early. Indeed, at the  
446 beginning of the thermosensitive period an increase in aromatase activity appears and  
447 is temperature-specific with the temperature window depending on species. In marine  
448 and freshwater turtles rising temperatures cause an exponential increase of aromatase  
449 activity, whereas in lower temperatures aromatase activity remains low. Distinct levels  
450 of aromatase activity drive the differentiation of indifferent gonads into sex-specific  
451 reproductive apparatus, that, once established, becomes no longer affected by  
452 temperature changes (Manolakou, Lavranos & Angelopoulou, 2006). Recent studies  
453 also highlight a possibility of epigenetic regulation of the sex determination in reptiles  
454 mediated by cold-inducible RNA binding protein (Cirpb) (Georges & Holleley, 2018).  
455 The presence of aromatase (or aromatase-like enzyme) in bivalves has not been  
456 confirmed so far either on a protein or on a genetic levels but verification of its (or a  
457 similar gene catalysing aromatization in this group of organisms) localization could  
458 result in the discovery of mechanisms behind sex determination similar as those in  
459 reptiles. According to Castro and others (Castro, Santos & Reis-Henriques, 2005), the

460 probability of aromatase gene ortholog being present in Mollusca genome is quite high  
461 as the presence of a MHC-paralog gene similar to vertebrates was recently confirmed.  
462 The recently published study by Thitiphuree, Nagasawa & Osada (2019) suggests that  
463 aromatisation, if occurring in bivalves, is not based on vertebrates type aromatase, but  
464 on other enzyme from cytochrome P450 family.

465 Since the production of tritiated water may be related to the presence of aromatase as  
466 well as to another enzyme belonging to the cytochrome P450 family, we decided to use  
467 known vertebrate aromatase inhibitors (letrozole, anastrozole and ketoconazole) in  
468 order to confirm that aromatisation in bivalves is catalysed by aromatase in the model  
469 species. Letrozole affects aromatase in a variety of tissues including human placenta  
470 ( $IC_{50}$  -11 nM) and rat ovarian microsomes ( $IC_{50}$  -7 nM), hamster ovarian cells ( $IC_{50}$  – 20  
471 nM), human breast ( $IC_{50}$  0.14-0.8 nM) or JEG-3 human *choriocarcinoma* cells ( $IC_{50}$  0.07  
472 – 0.45 nM) (Haynes et al., 2003). It binds to the iron in heme moiety of CYP-450,  
473 whereas the cyanobenzyl moiety partially mimics the steroid backbone of the enzyme's  
474 natural substrate androstenedione (Bhatnagar, 2007). In non-cellular systems, letrozole  
475 is 2–5 times more potent than anastrozole. Anastrozole hinders human aromatase by  
476 50% at a concentration of 0.043 pg/ml (15 nM) (Hortobagyi & Buzdar, 1998). In our  
477 study, both letrozole and anastrozole proved to be characterized by low or non-existing  
478 inhibitory affinity to the enzyme catalyzing aromatization in bivalves. Atypical  
479 mechanism of action of letrozole was also found since the drug not only did not inhibit  
480 the reaction, but stimulated aromatization process in tested bivalves. Similarly to  
481 letrozole, the lower doses of anastrozole used in our study induced the aromatization  
482 rate in mussels, but higher concentration of anastrozole indeed inhibited the process by  
483 over 50%. Ketoconazole (KZ) is characterized by direct *in vitro* inhibition of the human  
484 ovarian enzymes  $3\beta$ -hydroxysteroid dehydrogenase and 17-hydroxylase activity. These  
485 two enzymes are proven to be essential for the formation of C-19 steroids:  
486 androstenedione and testosterone (DiMattina et al., 1988). Furthermore, KZ has been  
487 shown to inhibit cholesterol side chain cleavage enzyme in both the adrenal and testis.  
488 Santen et al. (Santen et al., 1983) concluded that ketoconazole inhibits several other  
489 cytochrome P-450-dependent steroid hydroxylases. *In vitro* studies (Loose et al., 1983;  
490 Nagai et al., 1986) provided evidence that ketoconazole inhibits hydroxylation of  
491 deoxycorticosterone and renal 24-hydroxylase suggesting that KZ indeed belongs to  
492 nonspecific inhibitors of many cytochrome P-450 enzymes. KZ is also widely used as  
493 antifungal drug exerting its antifungal effect by inhibition of ergosterol biosynthesis and it  
494 appears to be a potent inhibitor of triglycerides and phospholipids synthesis in fungi  
495 (Van Tyle, 1984). In our study, only ketoconazole application brought expected results  
496 as it successfully inhibited tritiated water production in mussel gonads in all tested  
497 concentrations. Summarizing, selected specific (low spectrum) inhibitors of mammalian  
498 aromatase were not effective as inhibitors (letrozole) or only effective when applied in  
499 high concentrations (anastrozole), suggesting that the structure of the protein catalyzing

500 aromatization in mussels differs from the one known as mammalian aromatase. Only  
501 KZ inhibitory potency was confirmed, but since the pharmaceutical is characterized by a  
502 high-spectrum of action it is possible that it can also inhibit aromatase-like protein  
503 belonging to the CYP 450 family that happens to catalyse aromatization in mussels.  
504 Hence, we believe that the presence of non-specific cross-reactivity with aromatization  
505 catalyzed not by aromatase typical for vertebrates but by an enzyme similar in function  
506 but different in structure (belonging to CYT P450 family) is occurring in molluscs. The  
507 results of recently published molecular identification of steroidogenesis-related genes in  
508 scallops suggest that the occurrence of vertebrate type aromatase in bivalves is unlikely  
509 (Thitiphuree, Nagasawa & Osada, 2019), what is also supported by the results of our  
510 study. However, aromatisation (conversion of androgens to estrogens) may still take  
511 place via other enzymes from cytochrome P450 family, whether it is CYP19-like  
512 (“aromatase-like” as suggested by us) or a protein coded by *CYP 3* gene (as suggested  
513 by Thitiphuree et al., 2019). Thus, more research has to be done in order to identify and  
514 describe the protein catalysing aromatisation.

515 Our results also indicate that in mitochondrial fraction aromatization process appeared  
516 to be more efficient than in microsomal fraction. Mitochondrial fraction is protein-rich  
517 and contains enzymes more efficiently hydroxylating labelled substrate than those found  
518 in the microsomal fraction (Feltz & Roy, 2005). In vertebrates, steroid synthesis starts  
519 from synthesis of pregnenolone from cholesterol, and the reaction is operated by  
520 mitochondrial complex of cholesterol desmolase (protein type group CYT P450 -  
521 CYP11A) (Milczarek et al., 2008; Miller, 2011; Ramalho-Santos & Amaral, 2013).  
522 Synthesized pregnenolone is further relocated to endoplasmic reticulum, where the  
523 synthesis of progesterone takes place. Progesterone, depending on the tissue it  
524 originates from, then becomes the precursor of various steroid hormones. Based on the  
525 final stage of estrogen synthesis, in vertebrates aromatase is active mainly in the  
526 microsomal fraction (Carreau et al., 2003), but can also be found in the mitochondria of  
527 human placenta (Smith et al., 1999; Manolakou, Lavranos & Angelopoulou, 2006). Our  
528 results suggest that aromatase-like enzyme catalyzing aromatisation in bivalves is  
529 characterized by similar to vertebrate’ aromatase mechanism of action and is in affinity  
530 with both the mitochondrial and microsomal fractions regardless the tissue studied. Our  
531 results also highlight that efficiency of aromatisation in female mussels is relatively high  
532 in mitochondrial fraction isolated from the gonadal tissue.

533 Latest studies report that bivalves from genus *Mytilidae* are able to uptake large  
534 amounts of progesterone (Schwarz et al., 2018), testosterone (Schwarz et al., 2017b)  
535 and 17 $\beta$ -estradiol (Schwarz et al., 2017a) from the ambient environment. This high  
536 steroids uptake potential was also confirmed in our study with A-<sup>13</sup>C<sub>3</sub> and T-<sup>13</sup>C<sub>3</sub>  
537 detected in mussel tissues after exposure to labelled substrate. Those androgens were  
538 further metabolized to estrogens: estrone-2,3,4-<sup>13</sup>C<sub>3</sub> (E1-<sup>13</sup>C<sub>3</sub>) and 17 $\beta$ -estradiol-2,3,4-

539  $^{13}\text{C}_3$ . According to our knowledge, this is the first comprehensive study fully  
540 documenting the occurrence of aromatization process taking place in bivalve tissues. In  
541 our previous studies (Hallmann et al., 2016; Smolarz et al., 2018) testosterone level in  
542 *M. trossulus* ranged from 3 to 14 ng/g of wet weight, depending on the season and  
543 tissue type. These values correspond well with the levels of T- $^{13}\text{C}_3$  intercepted by  
544 mussels in the *in vivo* experiment. The amount of naturally occurring estrone ranged  
545 from 0.5 to 3.5 ng/g w.w., and also corresponded with E1- $^{13}\text{C}_3$  concentration in the  
546 mussel tissues. The level of natural  $17\beta$ -estradiol oscillated between 1 and 9 ng/g w.w.,  
547 but the level of synthesized  $17\beta\text{E}2$ - $^{13}\text{C}_3$  was much lower, near 1 ng per gram of wet  
548 tissue. At the same time no sex-related differences in remaining androgens- $^{13}\text{C}_3$  and  
549 synthesized estrogens- $^{13}\text{C}_3$  were found. As described above, incubation of blue mussels  
550 with T- $^{13}\text{C}_3$  or A- $^{13}\text{C}_3$  resulted in the formation of T- $^{13}\text{C}_3$ , A- $^{13}\text{C}_3$ , E1- $^{13}\text{C}_3$  and  $17\beta\text{E}2$ -  
551  $^{13}\text{C}_3$ . Such interconversion of steroids is possible when  $17\beta$ -hydroxysteroid  
552 dehydrogenase ( $17\beta\text{HSD}$ ) is present in mussel tissues and active in the presence of  
553 both, androgen and estrogen substrates. In mollusc,  $17\beta\text{HSD}$  catalysed conversion of  
554 the estrone to  $17\beta\text{E}2$  and the enzymatic pathways is already described (Baker, 2001;  
555 Scott, 2012). In the performed exposure experiment, a substrate-specific preference  
556 was observed since the uptake of T was three times higher than A. The two hormones  
557 can therefore be used as substrates in aromatization and estrogen synthesis. Higher  
558 affinity for testosterone observed in blue mussels can possibly be related to the usage of  
559 T in a synthesis of  $17\beta$ -estradiol while androstenedione can be used in estrone (E1)  
560 synthesis, the latter occurring in lower concentration in bivalve tissues than E1 (Smolarz  
561 et al., 2018). In females, estrogens seem to be important in reproduction and immune  
562 response regulation (Stefano et al., 2003; Ketata et al., 2008; Cubero-Leon et al., 2010).  
563 In male mussels, the role of estrogens may be similar to their role in vertebrates, where  
564 E2 initiates testicular maturation and spermatogenesis advancing the gamete'  
565 development (Carreau et al., 2003).

566 We have proven that bivalves do have a veritable factory necessary for estrogen  
567 production and thus are able to synthesise estrogens, something that has evaded other  
568 researchers over the past 70 years. Our results also indicate that bivalves have a great  
569 potential of uptaking steroids from the ambient environment in high doses, but only a  
570 small part of them will be aromatised. Taking into account mussels ability to concentrate  
571 the steroids from ambient environment and their high clearance rate (estimated at 40 ml  
572 per hour per animal for T (Schwarz et al. 2017b)), all added androgens could have been  
573 absorbed and subsequently modified by the mussels. Hence, obtained in experimental  
574 conditions conversion rate of androgens to estrogens can be regarded as low, thus  
575 esterification of remaining sex steroids is highly expected. Various authors reported  
576 bioaccumulation of  $17\beta$ -estradiol in the form of fatty acid esters in bivalve tissues  
577 (Puinean & Rotchell, 2006, Peck et al., 2007; Scott, 2018). Moreover, in Schwarz et al.  
578 (2017b), apart from esters binding T, dihydrotestosterone,  $5\alpha$ -androstan- $3\beta,17\beta$ -diol

579 and 5 $\alpha$ -androstan-3 $\alpha$ ,17 $\beta$ -diol were found to be formed after exposure of mussels to  
580 similar doses of labelled T. The failure in detection of estrogen production by Schwarz  
581 et al. (2017b) can thus be related to the fact that, apart from temperature and season,  
582 labelled estrogens peaks (low-yield fraction) could have been missed due to the  
583 presence of mentioned above high-yield androgen metabolites possibly reducing  
584 chromatogram' readability.

585 In bivalves estrogens bind to specific receptors but molecular pathway of steroids in  
586 general is not yet fully recognized. The presence of estrogen receptor (ER) and  
587 estrogen response element (ERE) was indeed confirmed in the genome of the Sydney  
588 rock oyster *Saccostrea glomerata* (Tran et al., 2016) whereas in the Pacific oyster *C.*  
589 *gigas* cgER estrogen receptor was found to be homologous in nearly 90% with the  
590 human ER $\alpha$  and ER $\beta$  located in the nuclei of follicle cells (Matsumoto et al., 2007). In *M.*  
591 *edulis* not only the presence of ER2 receptor homologous with human ER $\beta$  was  
592 reported, but also its activation by estrogens in the early stage of gametogenesis was  
593 confirmed (Ciocan et al., 2010). The occurrence of different class of nuclear receptors  
594 able to bind steroids in mollusks has also been suggested after Di Cosmo et al. (Di  
595 Cosmo, 1998; Di Cosmo et al., 2002) proved that the binding proteins for progesterone  
596 and 17 $\beta$ -estradiol in *O. vulgaris* have the ability to bind to DNA. Binding of vertebrate  
597 type estradiol-17 $\beta$  to invertebrate estrogen receptors is, however, a low affinity process  
598 (Thornton, Need & Crews, (2003). Hence, without genomic description of the binding  
599 proteins for steroids (Thornton, Need & Crews, 2003; Bertrand et al., 2004; Bridgham et  
600 al., 2014) it is not possible to confirm whether estrogens are successfully binding to  
601 them and therefore give a biological response in mollusks (Björnström & Sjöberg, 2005;  
602 Keay, Bridgham & Thornton, 2006; Bannister et al., 2013; Schwarz et al., 2017a). In  
603 vertebrates, estrogens may also react in a non-genomic way by attaching to a receptor  
604 located on the cellular membrane. The non-genomic effect of estrogens may affect the  
605 signaling pathways of MAPK kinases, tyrosine and lipid kinases (Simoncini &  
606 Genazzani, 2003; Björnström & Sjöberg, 2005) and this interaction could be similar in  
607 bivalve mollusks. In our study, more efficient aromatization of estrogens in mitochondria  
608 than in microsomes isolated from bivalves was found. Vertebrate models proved that  
609 estrogens easily penetrate the mitochondria through diffusion and endocytosis and  
610 regulate the transcription of the mitochondrial genome in ERE sites (Feltz & Roy, 2005).  
611 In bivalve models ERE regions have not been found so far. However, in DUI species  
612 such as *M. trossulus*, estrogens can be involved in the regulation of sex determination  
613 linked to mtDNA inheritance pattern associated with sex-ratio bias (Zouros et al., 1994).  
614 This may explain estrogens synthesis during gonadal maturation and higher  
615 aromatization efficiency in spring.

616 Conclusions

617 In our study, aromatisation of androgens by mitochondria and microsomes isolated from  
618 gills and gonads of *M. trossulus* with temperature strongly influencing the efficiency of  
619 the process was detected. High uptake of Testosterone-2,3,4-<sup>13</sup>C<sub>3</sub> and 4-Androstene-  
620 3,17-dione-2,3,4-<sup>13</sup>C<sub>3</sub> and their conversion to 17β-estradiol-2,3,4-<sup>13</sup>C<sub>3</sub> and Estrone-  
621 2,3,4-<sup>13</sup>C<sub>3</sub> was also identified. Thus, steroids in bivalves can be of endogenic and  
622 exogenic origin with estrogen' biosynthesis taking place only in the narrow temperature  
623 window (Spring) in mussels inhabiting colder temperate area. The vertebrate aromatase  
624 inhibitors such as letrozole and anastrozole had an unusual effect on mussels' AE; with  
625 the process being more rapid after their usage. Only highest dose of anastrozole and  
626 ketoconazole inhibited the aromatization process suggesting that the aromatase-like  
627 enzymatic complex belongs to large CYT450 family. This, and the fact that  
628 aromatisation was more efficient in mitochondrial and microsomal fractions mean that  
629 the aromatase-like enzymatic complex involved in aromatisation in bivalves is  
630 characterised by a different structure than vertebrates aromatase.

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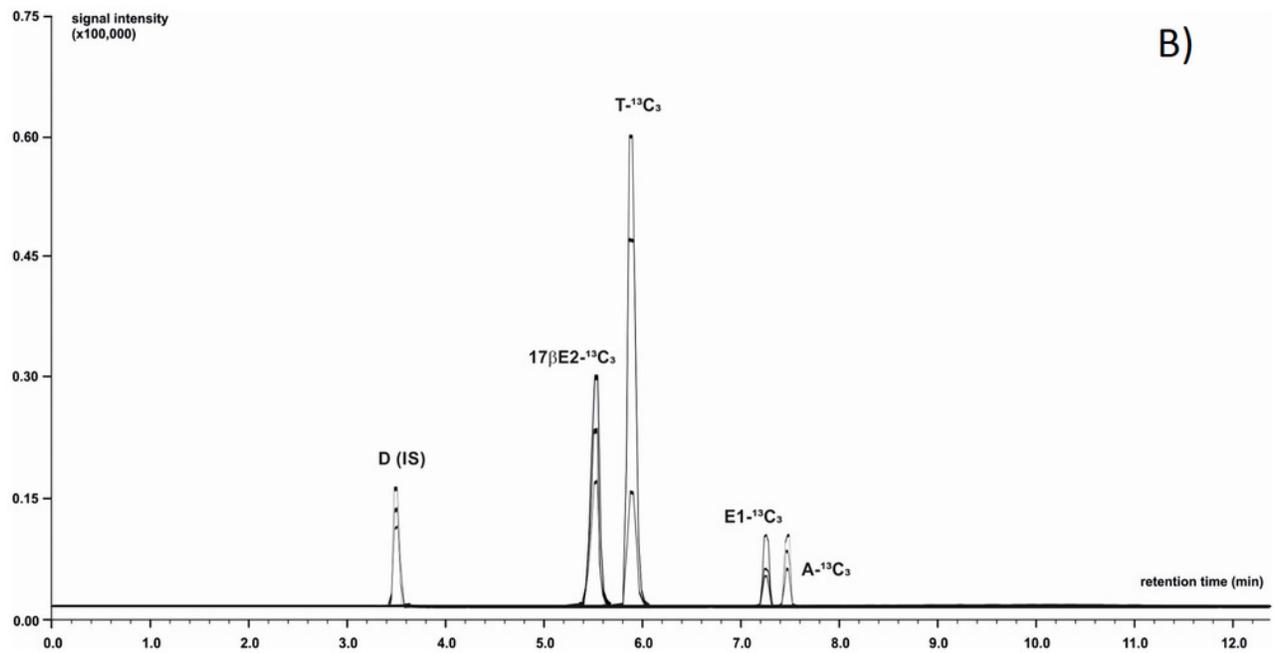
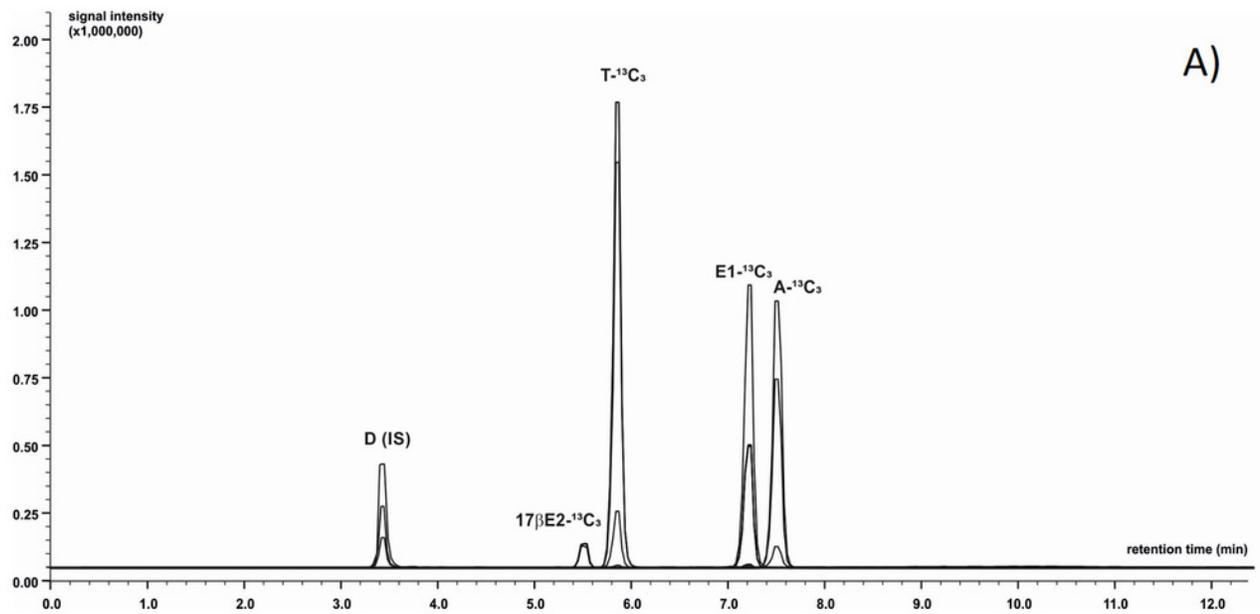
# Figure 1

Identification of  $^{13}\text{C}_3$ -labelled steroids by LC-MS/MS.

Positive ion chromatogram of steroid standards (A) was compared to chromatogram obtained from extract of *M. trossulus* exposed to Testosterone-2,3,4- $^{13}\text{C}_3$  over 24 h (B). Abbreviations:

D: Dexamethasone (internal standard), A- $^{13}\text{C}_3$ : 4-Androstene-3,17-dione-2,3,4- $^{13}\text{C}_3$ , T- $^{13}\text{C}_3$ :

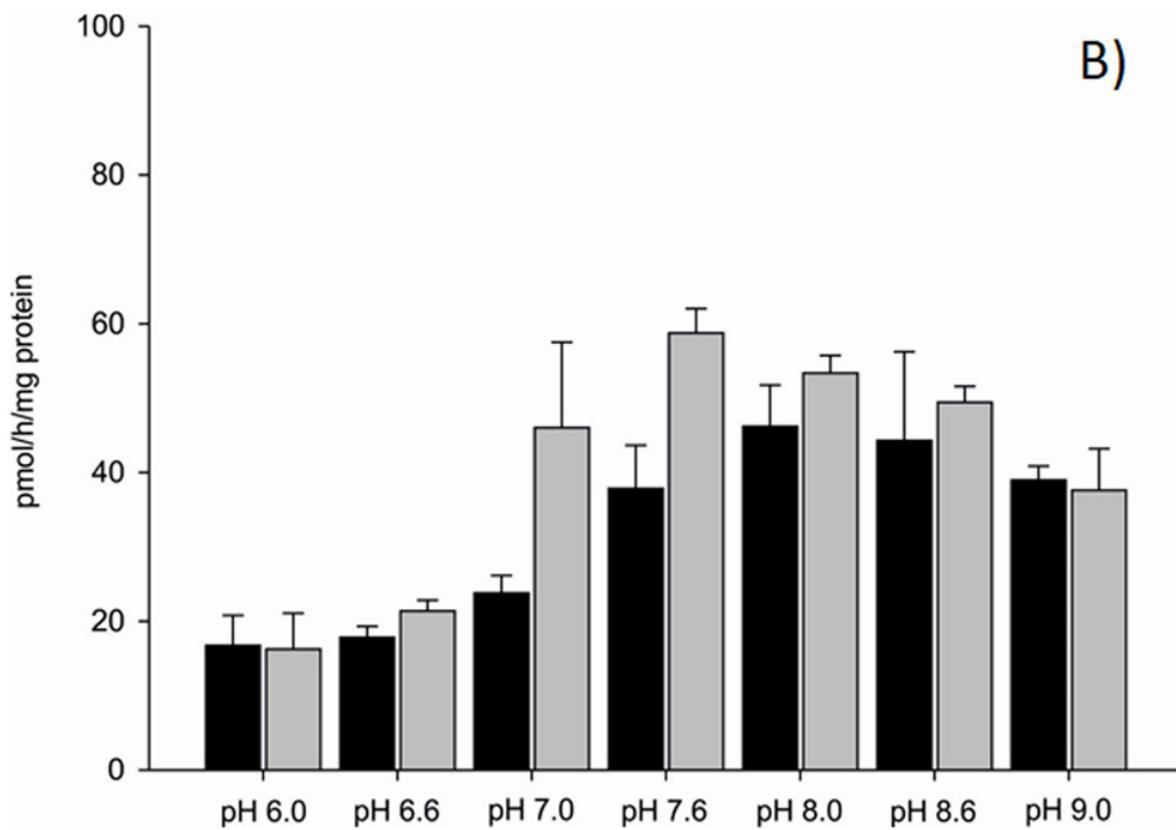
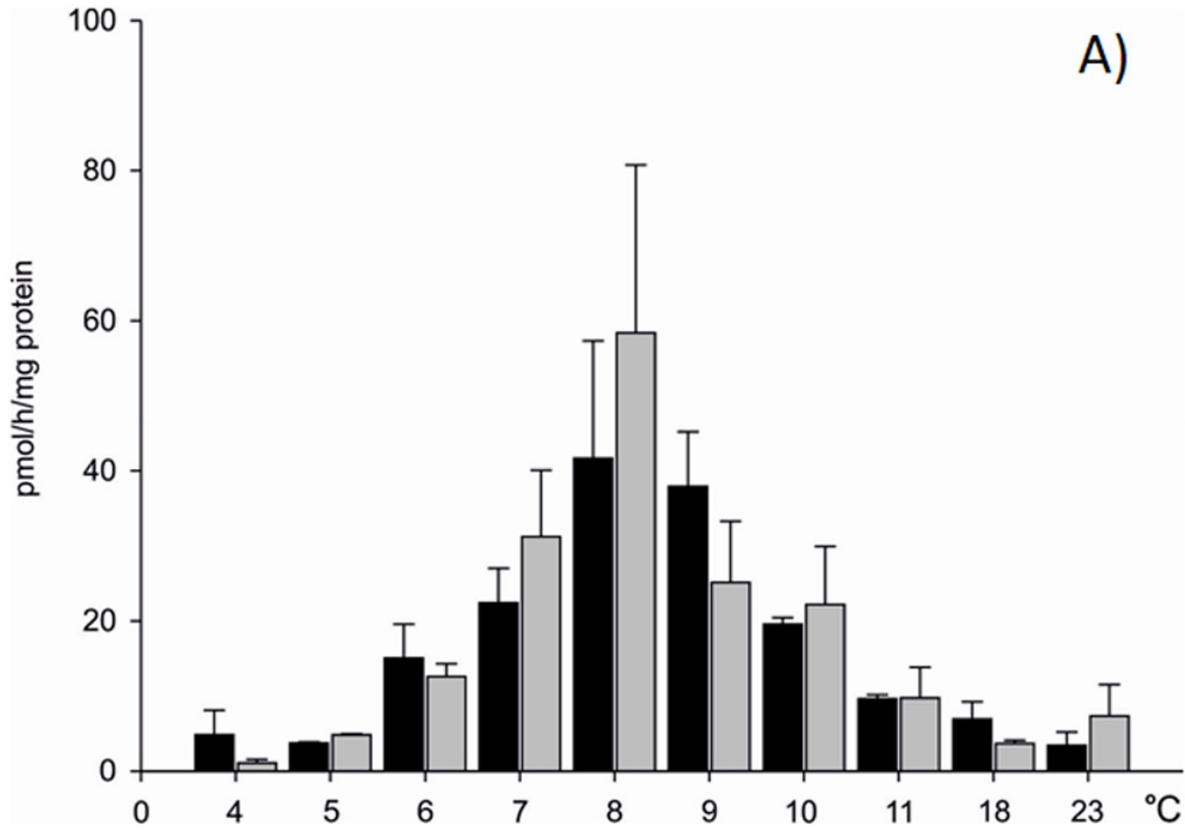
Testosterone-2,3,4- $^{13}\text{C}_3$ , E1- $^{13}\text{C}_3$ : Estrone-2,3,4- $^{13}\text{C}_3$ , 17 $\beta$ E2- $^{13}\text{C}_3$ : 17 $\beta$ -estradiol-2,3,4- $^{13}\text{C}_3$ .



## Figure 2

Aromatization efficiency in microsomal fraction isolated from gills (black column) and gonads (grey column) of *M. trossulus* A) temperature dependent efficiency, B) pH dependent efficiency.

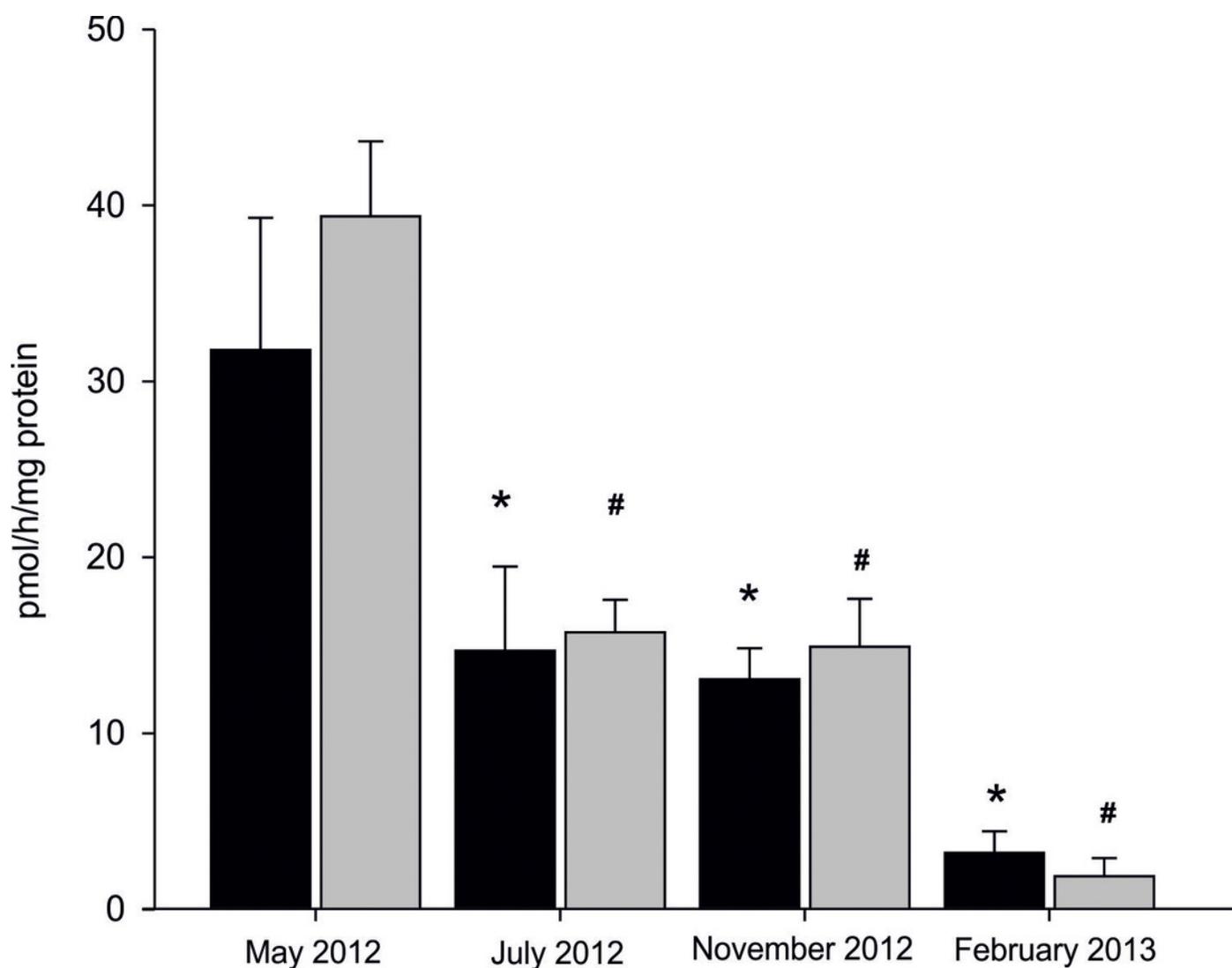
Data presented as mean  $\pm$  SD (n = 5).



## Figure 3

Seasonal differences in AE in microsomes isolated from gills (black column) and gonads (grey column) of *M. trossulus*.

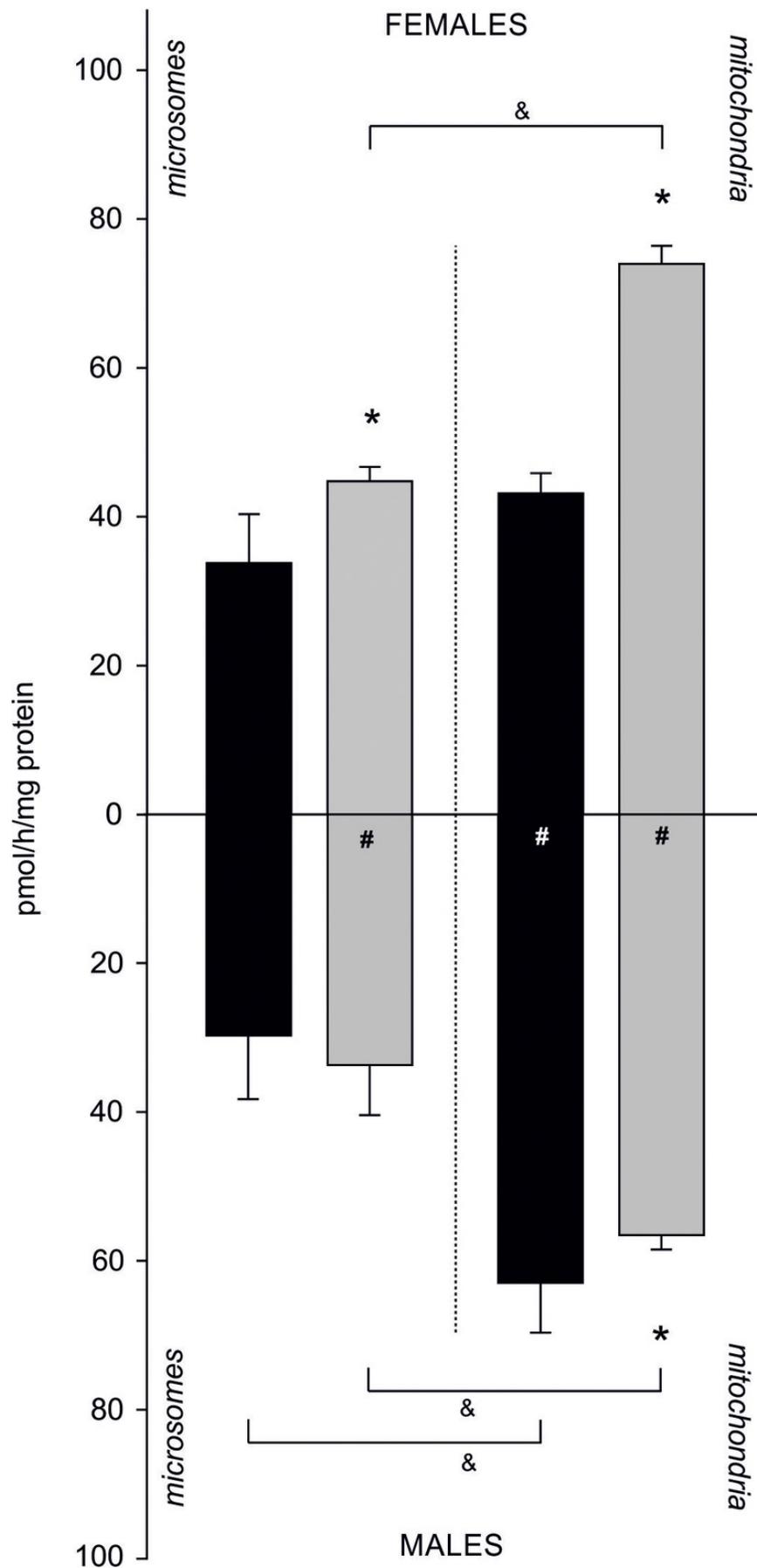
Data presented as mean  $\pm$  SD (n = 3). Significant differences with respect to the "May 2012" groups indicated by \*<sup>#</sup>p < 0.05 (Kruskal-Wallis ANOVA).



## Figure 4

Sex-related aromatization efficiency in microsomes and mitochondria isolated from gills (black column) and gonads (grey column) of *M. trossulus*.

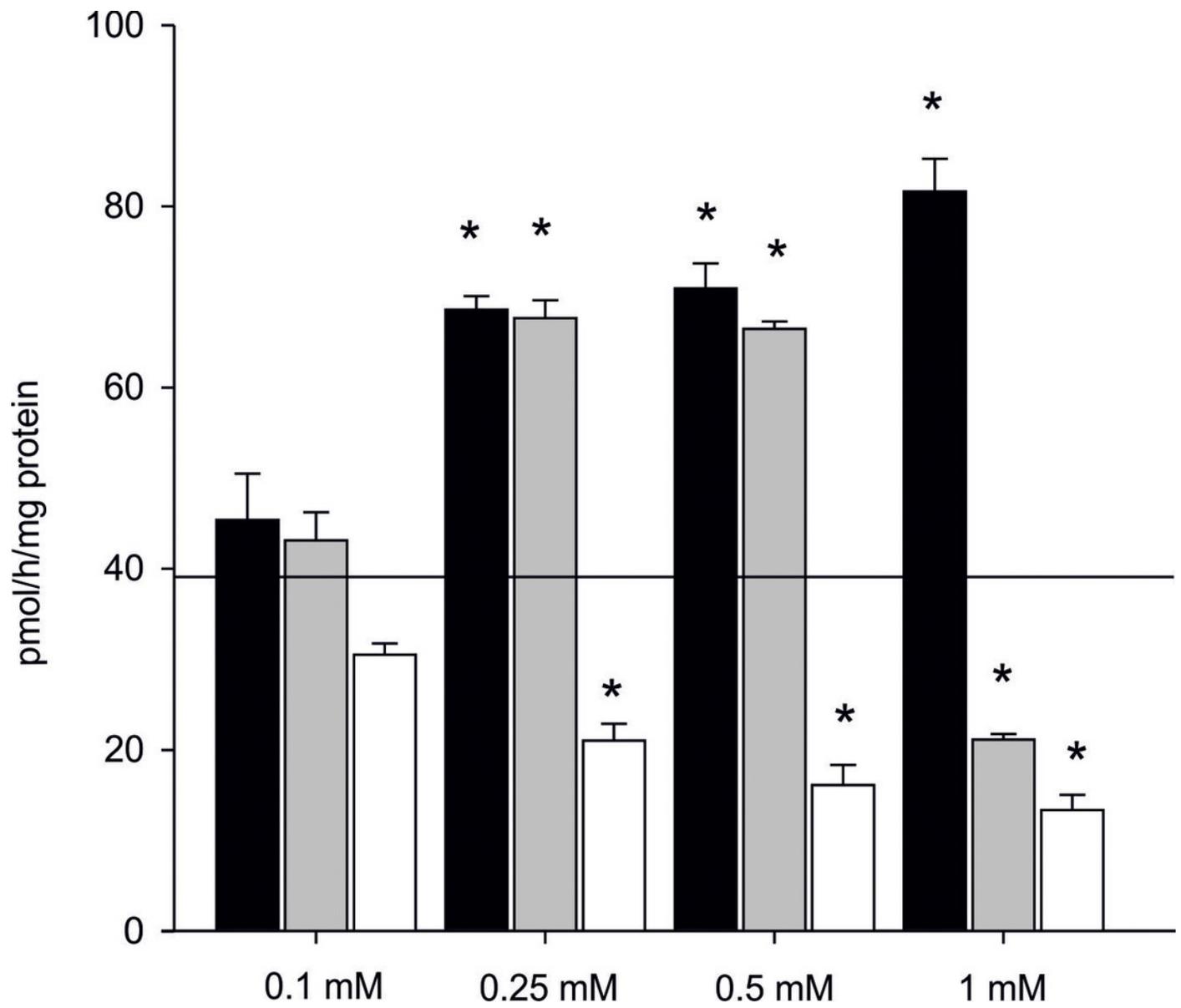
Data presented as mean  $\pm$  SD (n = 3); \*p < 0.05 compared "gill" and "gonads" groups (Kruskal-Wallis ANOVA), #p < 0.05 compared "female" and "males" groups (Kruskal-Wallis ANOVA) and &p < 0.05 compared "microsomes" and "mitochondria" groups (Kruskal-Wallis ANOVA).



## Figure 5

Effect of inhibitors on aromatization efficiency in microsomes isolated from gonads of *M. trossulus*.

The effect of letrozole is presented in black column, anastrozole in grey column and ketoconazole in white column. Data presented AE in relation to control (black line marks: AE without inhibitors =  $39.04 \pm 7.34$  pmol/h/mg of protein). Data presented as mean  $\pm$  SD (n = 3). Significant differences indicated by \* $p < 0.05$  (Kruskal-Wallis ANOVA).

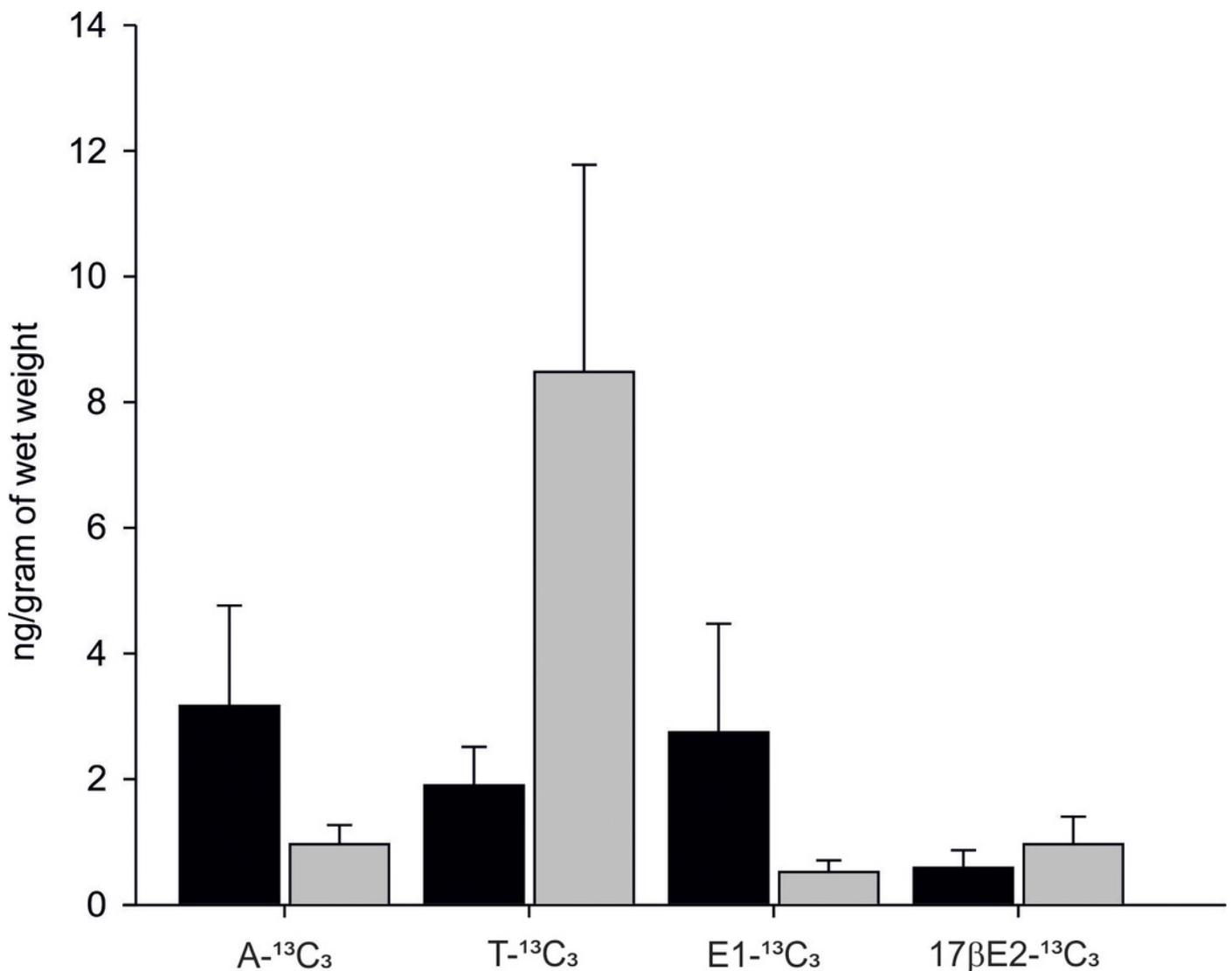


## Figure 6

Levels of A-<sup>13</sup>C<sub>3</sub>: 4-Androstene-3,17-dione-2,3,4-<sup>13</sup>C<sub>3</sub>, T-<sup>13</sup>C<sub>3</sub>: Testosterone-2,3,4-<sup>13</sup>C<sub>3</sub>, E1-<sup>13</sup>C<sub>3</sub>:

E1-<sup>13</sup>C<sub>3</sub>, Estrone-2,3,4-<sup>13</sup>C<sub>3</sub> and 17βE2-<sup>13</sup>C<sub>3</sub>: 17β-estradiol-2,3,4-<sup>13</sup>C<sub>3</sub> in *M. trossulus* exposed to 4-Androstene-3,17-dione-2,3,4-<sup>13</sup>C<sub>3</sub> (black column) and Testosterone-2,3,4-<sup>13</sup>C<sub>3</sub> (grey column).

Data presented as mean ± SD (n = 10).



**Table 1** (on next page)

Isotopically  $^{13}\text{C}_3$ -labelled standards of steroids.

Dexamethasone (internal standard), 4-Androstene-3,17-dione-2,3,4- $^{13}\text{C}_3$ ,

Testosterone-2,3,4- $^{13}\text{C}_3$ , Estrone-2,3,4- $^{13}\text{C}_3$ ,  $17\beta$ -estradiol-2,3,4- $^{13}\text{C}_3$ . Detailed data concerning *m/z* values of precursor and product ions for all analyzed steroids.

1

2

Steroid standards	Molecular weight	Retention time	Precursor ion m/z	Product ion m/z	Collision energy (CE) [eV]
Dexamethasone (internal standard)	392.46	3.51	393.10	237.15 355.05 373.20	-19 -12 -10
4-Androstene-3,17-dione-2,3,4- <sup>13</sup> C <sub>3</sub>	289.39	7.47	290.10	100.15 272.15 112.15	-22 -16 -25
Testosterone-2,3,4- <sup>13</sup> C <sub>3</sub>	291.40	5.89	292.10	100.15 112.05 256.30	-23 -25 -17
Estrone-2,3,4- <sup>13</sup> C <sub>3</sub>	273.34	7.25	274.00	256.10 160.05 136.10	-14 -18 -22
17β-estradiol-2,3,4- <sup>13</sup> C <sub>3</sub>	275.36	5.57	258.00	163.10 58.15 162.10	-19 -24 -18