

Analysis of microbiota in patients with Acute Cerebral Infarction

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Abstract

Background and Aims: Recent evidence suggests that the microbiota is associated with almost all major types of diseases, including cardiovascular diseases. Yet its role in Acute Cerebral Infarction remains unexplored. It is important to understand the diversity and distribution of gut microbiota (GM) in patients with Acute Cerebral Infarction, and the role that GM plays in this type of disease.

Methods: To elucidate whether gut microbiota composition differs between patients with acute cerebral infarction and healthy controls, we performed pyrosequencing of the gut microbiota on 40 individuals: 31 with Acute Cerebral Infarction and 9 control individuals. We applied linear regression to calculate the correlation between gut flora and disease risk factors. Finally, KEGG functional enrichment analysis was conducted to examine the correlation between gut flora and Acute Cerebral Infarction.

Results: The overall microbial structure was similar in controls and patients, but the control group had higher relative presence of *Blautia obeum* while the presence of *Streptococcus infantis* and *Prevotella copri* were relatively high in the patient group. Using linear regression, we found that *Blautia obeum* was negatively associated with white blood cell count and *Streptococcus infantis* was positively correlated with creatinine and Lipoprotein. The KEGG pathway analysis indicated that the bio-pathways including methane metabolism, lipopolysaccharide synthesis, bacterial secretion and flagellar assembly of the gut microbiota in the patient group was expressed differently than that of the controls. We identified three differentially expressed gut microbial functions in Acute Cerebral Infarction and found four bacterial pathways that might be related to the development of this disease.

Conclusions : Our study identified three abnormally-expressed bacteria -- *Blautia obeum*, *Streptococcus infantis* and *Prevotella copri* -- in patients with ischemic stroke compared to healthy controls. It reveals a correlation of these bacterial species to Acute Ischemic Stroke as they relate to disease factors and functional pathways. These findings may shed light on the treatment of ischemic stroke because gut microbiota could serve as a potential therapeutic approach for the treatment of cardiovascular and metabolic diseases.

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Analysis of microbiota in patients with Acute Cerebral Infarction

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30 Abstract

31 **Background and Aims:** Recent evidence suggests that the microbiota is associated with almost all major
32 types of diseases, including cardiovascular diseases. Yet its role in Acute Cerebral Infarction remains
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36 infarction and healthy controls, we performed pyrosequencing of the gut microbiota on 40 individuals: 31
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38 correlation between gut flora and disease risk factors. Finally, KEGG functional enrichment analysis was
39 conducted to examine the correlation between gut flora and Acute Cerebral Infarction.

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41 higher relative presence of *Blautia obeum* while the presence of *Streptococcus infantis* and *Prevotella copri*
42 were relatively high in the patient group. Using linear regression, we found that *Blautia obeum* was
43 negatively associated with white blood cell count and *Streptococcus infantis* was positively correlated with
44 creatinine and Lipoprotein. The KEGG pathway analysis indicated that the bio-pathways including methane
45 metabolism, lipopolysaccharide synthesis, bacterial secretion and flagellar assembly of the gut microbiota
46 in the patient group was expressed differently than that of the controls. We identified three differentially
47 expressed gut microbial functions in Acute Cerebral Infarction and found four bacterial pathways that might
48 be related to the development of this disease.

49 **Conclusions:** Our study identified three abnormally-expressed bacteria -- *Blautia obeum*, *Streptococcus*
50 *infantis* and *Prevotella copri* -- in patients with ischemic stroke compared to healthy controls. It reveals a
51 correlation of these bacterial species to Acute Ischemic Stroke as they relate to disease factors and
52 functional pathways. These findings may shed light on the treatment of ischemic stroke because gut
53 microbiota could serve as a potential therapeutic approach for the treatment of cardiovascular and metabolic
54 diseases.

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56 Introduction

57 Stroke caused 6.2 million deaths globally^[1], making it the second leading cause of death. Cerebral
58 infarction, also known as ischemic stroke, accounting for 87 percent of all stroke cases^[2], occurs when the
59 arteries that supply blood to the brain are blocked or narrowed so that blood flow is interrupted. The main
60 cause of ischemic stroke is atherosclerosis, which results in the development of fatty deposits lining the
61 vessel walls. Tissue plasminogen activator (TPA)^[3] is a common treatment for ischemic stroke, but many

62 patients do not access brain-saving treatment because they fail to arrive at the hospital within the limited
63 time that treatment can be effective. Thus it is critical to identify stroke and to seek treatment immediately
64 to have the best possible chance of full recovery.

65 Dysbiosis of the gut microbiota has not only been shown to contribute to the development of the immune
66 system^[4], but also, remarkably, to the development of the Central Nervous System (CNS) ^[5]. Researchers
67 have identified variation in the composition of gut microbiota in strokes^[6-8] but only a few experimental
68 studies focusing on the role of gut microbiota in cerebral ischemia have been published. The link between
69 gut flora and acute cerebral infarction remains to be established, so the exact mechanisms of how gut
70 microbiota are involved in stroke are yet to be determined.

71 To elucidate this relationship, we conducted the described study in which 40 samples (31 from patients with
72 Acute Ischemic Stroke and nine from controls) were analyzed for 16S rRNA genes by pyrosequencing to
73 detect differences in gut microbial composition and to explore the correlation between gut flora and Acute
74 Ischemic Stroke using linear regression and KEGG enrichment analysis.

75

76 **Methods and Results**

77 **Methods**

78 **1. Sample Collection**

79 Fecal samples were collected from patients with Acute Cerebral Infarction from the First Affiliated Hospital
80 of Nanjing Medical University, from February 2018 to May 2018. There was no negative control for age
81 or gender groups; instead, the age range was set from 40 to 80 years. The main inclusion criteria for the
82 study group was Acute Cerebral Infarction as diagnosed by a neurologist. All patients underwent Magnetic
83 Resonance Imaging (MRI) or Computed Tomography (CT) scan to assess ischemic lesions. The large-
84 artery atherosclerotic subtype of atherosclerosis was determined according to the TOAST classification
85 system. Radiological evidence of intracerebral hemorrhage, a definitive cause of stroke or TIA, is not
86 associated with atherosclerosis (e.g., carotid dissection, perivascular programmed stroke, cardiac stroke or
87 other TOAST subtypes), serious comorbidity, or a medical condition within one month prior to admission
88 (i.e., patients with congestive heart failure, respiratory failure, renal failure or severe liver dysfunction, or
89 those taking probiotics or antibiotics, were excluded from the study group). The control group consisted of
90 asymptomatic participants (according to physical examination and self report of no acute disease). The
91 control group excluded participants who had taken antibiotics or probiotics within a month prior to
92 admission, or with a history of cerebrovascular disease. In addition, we exclude interference from diabetes
93 and coronary heart disease. Color Doppler imaging, transcranial Doppler ultrasound were performed in all
94 control groups to determine cardiovascular status. The trial was approved by the ethics committee of the
95 First Affiliated Hospital of Nanjing Medical University, also the experiment was obtained informed consent
96 from patients in hospital.

97 Fresh stool samples were collected in the morning to avoid surface contamination and urine contamination.
98 Internal stool samples of 3-5g were collected with a clean sterile spoon and were placed in a sterile, air tight
99 tube (QIAGEN). In an anaerobic environment, the sample was preserved immediately in a liquid nitrogen
100 tube to avoid repeated freezing and thawing. After dry ice transportation, the sample was stored at -80 °C.
101 Fecal stool collection in the patient group was completed within 48 hours of admission.

102 **2. PCR Amplification and Pyrosequencing of Bacterial 16S rRNA Genes**

103 Bacterial DNA was extracted from fecal samples according to manufacturer instructions using the Fecal
104 DNA Extraction Kit (QIAGEN). The V4 variable region of bacterial 16S rRNA gene was amplified by
105 polymerase chain reaction (PCR) using bar code primers 514F (GTGCCAGCMGCCGCGTAA) and 805R
106 (GGACTACHVGGGTWTCTAAT). The PCR cycle conditions were: initial denaturation at 94C for two
107 minutes; denaturation at 94C for 30 seconds; denaturation at 52C for 30 seconds; denaturation at 72C for
108 45 seconds; and extension at 72C for five minutes. Each 25µL reaction consisted of 0.5µL of template
109 DNA, 2.0µL of dNTP Mix (2.5 mmol/L; TaKaRa), 2.5µL of TaKaRa 10Ex Taq buffer (Mg²⁺ free), 1.5µL
110 of Mg²⁺ (25 mmol/L), 0.25µL of TaKaRa Ex Taq DNA polymerase (2.5 units), 0.5µL of 10 Imol/L bar
111 code primer 514F, 0.5 µL of 10 µmol/L primer 805R, and 17.25µL of double-distilled water. All dilution
112 was carried out with sterile double distilled water.

113 All PCR products were combined and sent to Beijing Genomic Institute for sequencing using the Illumina
114 Miseq (PE 150), according to manufacturer protocol^[23].

115 **3. Statistical Analysis**

116 The tag number of each taxonomic rank (species) or OTU in the samples were summarized in a profiling
117 table or histogram, drawn with R(v3.1.1) software. The nonparametric Wilcoxon Rank-Sum test was used
118 to identify OTU among different groups in QIIME. In order to determine the differences between the two
119 groups not reported in QIIME, the OTU:s of P<0.1 in QIIME analysis were classified into generic levels,
120 and then statistical tests were implemented using Graphpad prim6. A chi-square test was used for
121 categorical variables. A value of P<0.05 was considered statistically significant in the comparison groups.

122 **Results**

123 **1. Composition of Gut Flora in Patients with Acute Cerebral Infarction and in Controls**

124 In this study, a total of 40 blood and fecal samples were collected from 31 patients and nine healthy controls.
125 Clinical characteristics of the whole population are shown in Table 1.

126 To investigate whether gut microbiota composition differed between the study population of patients with
127 cerebral infarction and healthy controls, we performed sequencing of the V4 region of the 16S ribosomal
128 RNA gene from fecal samples. After filtering for quality, a total of 1,670,914 reads were included for
129 downstream analysis and an average of 41,772± 293 sequences (SD) were assigned to each sample.

130 PLS-DA was performed in order to further distinguish between groups. This was achieved by rotating PCA
131 components such that a maximum separation between classes was obtained, and to understand which
132 variables carry the class separating information. The PCA components were calculated to analyze the
133 composition of the gut microbiota in patients with Acute Cerebral Infarction and in the control group
134 (figure1A). However, the diversity of species richness (represented by Chao, observed species, ace), and
135 richness and evenness (represented by Shannon and Simpson indexes) of the microbial community
136 indicated that no significant difference in gut flora diversity could be identified between these two groups
137 (Figure 1B).

138

139 **2. Gut Bacterial Species Variations in Acute Cerebral Infarction Patients and Controls**

140 In contrast, taxa abundance in gut microbiota showed significant differences at the species level between
141 patients with Acute Cerebral Infarction and healthy controls. The bacterial species with the highest relative
142 abundances were *Blautia*, *Streptococcus* and *Prevotella*. The most remarkable difference was found in
143 *Blautia obeum*. The presence of *Blautia obeum* is relatively lower in the patient group while *Streptococcus*
144 *infantis* and *Prevotella copri* are relatively higher in ischemic stroke patients compared to the control group
145 (Figure 2.)

146

147 **3. Correlation between Gut Microbial Taxa at the Species Level and Acute Ischemic Stroke**

148 After identifying three abnormally-expressed gut microbiota species, we analyzed whether there were
149 associations between bacteria and cardiovascular risk factors using linear regression. Findings are indicated
150 in Table 2. They show that *Blautia* was negatively associated with white blood cell count. In contrast,
151 *Streptococcus* showed positive correlation with creatinine and Lipoprotein, whereas *Prevotella* had no
152 significant relation to any disease risk factors.

153 To predict the abundance of gene families and related functional pathways of microbial communities in
154 fecal contents, KEGG functional pathway analysis, a predictive metabolism approach, was performed based
155 on the 16S rRNA gene sequencing and Green Genes database (Figure.3). Results suggested that many
156 bacterial pathways involved in methane, lipopolysaccharide, secretion and flagella functions were
157 significantly modulated in Acute Cerebral Infarction.

158 Functional analysis showed that the methane metabolism of these three bacteria was inhibited in patients
159 with acute IS. But lipopolysaccharide synthesis was enhanced in patients with acute IS. In addition, acute
160 ischemic stroke may be positively correlated with bacterial secretion and flagellar assembly in these three
161 gut microbiota.

162 **Discussion**

163 Pyrosequencing of 40 fecal samples revealed that while the overall microbial structure was similar in
164 controls and patients with Acute Cerebral Infarction, the patient group had a higher relative abundance of
165 the bacterial species *Streptococcus infantis* and *Prevotella copri* and lower abundance of *Blautia obeum*.

166 The intestinal microbiome has been further implicated in the pathogenesis of multiple diseases such as
167 obesity, depressive disorder, chronic ileal inflammation, liver disease, and atherosclerosis.^[9-15] For example,
168 the metabolism by intestinal microbiota of dietary L-carnitine, a nutrient in red meat, was demonstrated to
169 promote atherosclerosis and lead to cardiovascular disease risk by producing trimethylamine and
170 trimethylamine-N-oxide.^[15] However, its role in cerebral infarction is not well understood, with no
171 published reports linking gut flora with clinical data of Acute Ischemic Stroke.

172 To address this void, the present study sought to determine whether the composition of gut microbial
173 community differed between Acute IS patients and healthy controls, and whether gut microbial taxa
174 correlates with risk factors for ischemic stroke. In terms of microbiota composition, no significant
175 difference was identified between the patient group and the control group. But the control group showed a
176 higher prevalence of *Blautia obeum* (0.315%) in the gastrointestinal system than the disease group
177 (0.115%).

178 *Blautia obeum* is a species of anaerobic, gram-positive bacteria found in the gut and that is recognized as
179 being dominant in the human colon^[16]. It has been reported that *B. obeum*, along with other relevant taxa,
180 play an important role both in the recovery process from *V. cholerae* infection and microbiota maturation
181 in children.^[17] There has been speculation about the possibility that some of these bacteria may be helpful
182 in the ‘repair’ of gut microbiota in individuals whose gut communities have been ‘wounded’ through a
183 variety of insults, including enteropathogen infection^[17]. In addition, D. Hatzioanou et. al. identified and
184 characterized a gene cluster from the human gut isolate *Blautia obeum* A2-162 which encodes the novel
185 nisin-like peptides NsoA1-3 and NsoA4. Moreover, the antimicrobial activity of the host strain could be
186 detected in the presence of trypsin.^[18] Thus, based on our discovery, *B. obeum* may function as an anti-
187 stroke factor and therefore its role in Acute Ischemic Stroke deserves thorough investigation.

188 We also found that both *Streptococcus infantis* and *Prevotella copri* were expressed more in acute ischemic
189 stroke patients than in healthy people. *Streptococcus infantis* is reported to cause minocycline resistance --
190 its genetic basis is due to tet(S) present on a novel low copy number plasmid flanked by IS1216 elements,
191 which likely mediate its excision.^[19] *Prevotella* are members of the oral, vaginal, and gut microbiota and
192 are often recovered from anaerobic infections of the respiratory tract. Overgrowth of *Prevotella* in other
193 diseases has been demonstrated, such as hypertension^[20] and chronic inflammatory disease.^[21] When
194 compared to strict commensal bacteria, *Prevotella* exhibits increased inflammatory properties, and studies
195 indicate that *Prevotella* predominantly activate the toll-like receptor 2, leading to production of Th17-
196 polarizing cytokines by antigen presenting cells, including interleukin-23 (IL-23) and IL-1. Furthermore,
197 the expansion of *Prevotella copri* is correlated with enhanced susceptibility to arthritis, and the colonization
198 of mice revealed the ability of *P. copri* to dominate the intestinal microbiota, resulting in an increased

199 sensitivity to chemically induced colitis. [22] There is growing evidence linking *Prevotella copri* to human
200 diseases.[22] Our study revealed that these two bacteria were found in relatively low abundance in Acute
201 Ischemic Stroke; whether they exert an indirect influence on the pathogenesis of this disease remains to be
202 determined.

203 The correlation between gut flora and disease risk factors was also analyzed, using linear regression. The
204 data revealed a negative correlation between *Blautia*'s and WBC, and a positive correlation between
205 *Streptococcus* and creatinine and Lipoprotein. Combined with previous findings, it may be concluded that
206 *Blautia* may support the immune system, while *Streptococcus* may contribute to the development of Acute
207 Ischemic Stroke.

208 Finally, we compared the differences of microbial bio-pathway enrichment between the patient group and
209 control group by KEGG enrichment analysis. The analysis revealed that methane metabolism inhabited
210 patients with acute IS, while lipopolysaccharide synthesis, secretion pathways and the flagellar assembly
211 process were enhanced in these patients.

212 In conclusion, this study identified three abnormally-expressed bacteria -- *Blautia obeum*, *Streptococcus*
213 *infantis* and *Prevotella copri* -- in patients with ischemic stroke compared to healthy controls. It also
214 revealed a correlation of these bacterial species to Acute Ischemic Stroke as they relate to disease factors
215 and functional pathways. These findings may shed light on the treatment of ischemic stroke because gut
216 microbiota could serve as a potential therapeutic approach for the treatment of cerebrovascular and
217 metabolic diseases.

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223 **Author contributions**

224 L H provided project design, data collection, statistical analysis, writing and revision of articles; T W helped patient
225 screening, sample collection, and data collection; Q W helped in data analysis and article modification, X D helped
226 sample Statistical analysis of data collection and data; F S, D L and X Q participated in patient screening, sample
227 collection, and data collection; L Y helped in research ideas, project design, interpretation of materials, revision of
228 articles, and funding. Q W provided research ideas, project design, data collection, analysis and interpretation of
229 materials, drafting, revision of manuscripts, statistical analysis and supervision of this research.

230 **Conflict interest**

231 The authors report no relationships that could be construed as a conflict of interest.

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285 **Table 1. Characteristics of the study participants**

286 CAD, coronary artery disease; HBP, high blood pressure; HDL, high-density lipoprotein; HLP,
287 hyperlipidemia; LAA, large-artery atherosclerosis; LDL, low-density lipoprotein; TC, total cholesterol; TG,
288 triglycerides; GLU, glucose; WBC, white blood cell count; Cr, creatinine; UA, uric acid;
289 LP(a), Lipoprotein(a). Median and inter-quartile range where applicable. Significant differences between
290 groups were analyzed with the: a, Chi-square test; b Kruskal Wallis Test; c, Student's t test.

291 **Table 2. Correlation between gut microbial taxa at the Species level and disease risk factors**

292 P-values and r^2 -values for linear regression. A + or - indicates positive or negative association, respectively.
293 N.S indicates not significant.

294 **Figure 1. Comparison of a-diversity between the gut microbiota of patients and controls.**

295 A: OTU Based PLS-DA Analysis. Orange triangles represent samples (intestinal microbiota) from patients;
296 blue circles represent samples of controls. B: Five indices were used to represent the a-diversity (observed
297 species, chao, ace, Shannon's diversity, Simpson diversity.) N indicates healthy people and P indicates
298 patients.

299 **Figure 2. Analysis of the variation of intestinal gut in species level in controls and IS patients**

300 A: The relative abundance of each species in the intestinal gut in each sample from IS patients and
301 controls. B: The average relative abundance of three gut microbiota (*Blautia boeum*, *Streptococcus infantis*,
302 *Prevotella copri*) between patient group and control group. $P < 0.05$ was considered statistically significant
303 in the comparison groups. N indicates normal people and P indicates patients.

304 **Figure 3. Pathway abundance analysis of microbial taxa.**

305 A: KEGG functional pathway abundance analysis of the gut microbiota B: Average pathway abundance of
306 a gut bacterium N indicates normal people and P indicates patients.

307

Figure 1(on next page)

Comparison of a-diversity between the gut microbiota of patients and controls.

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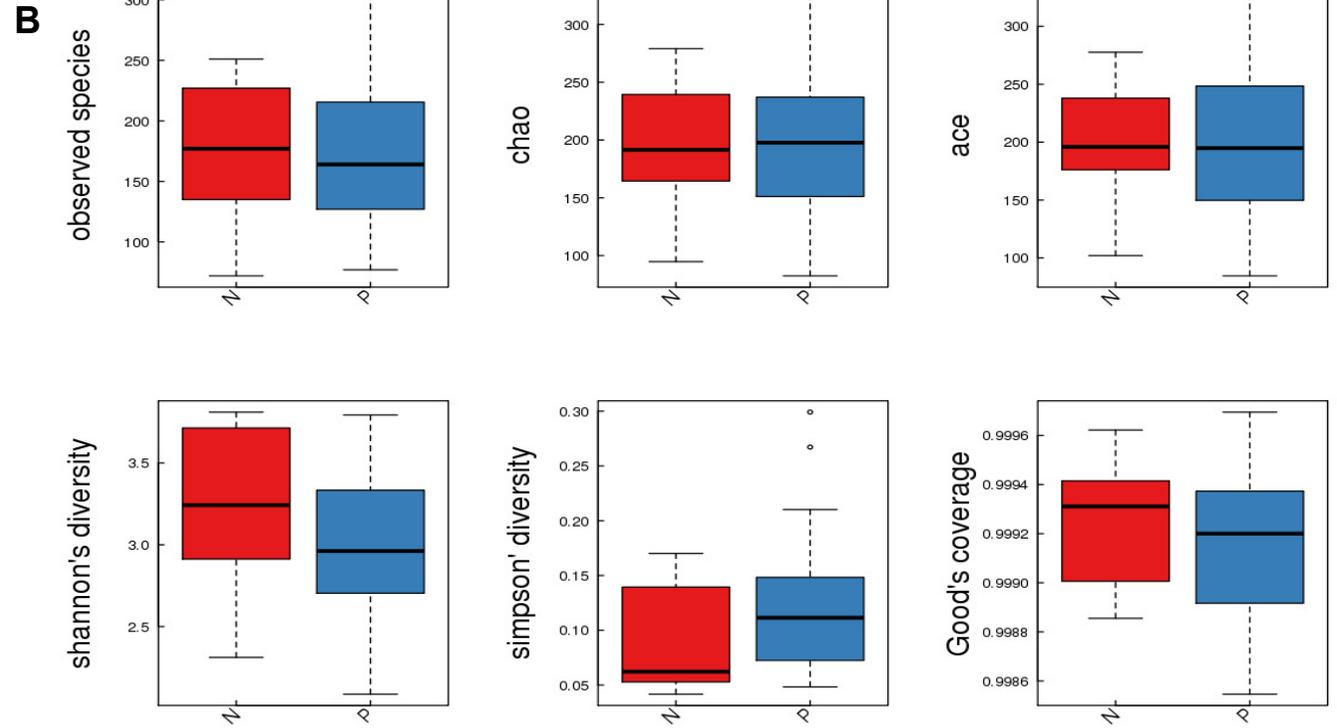
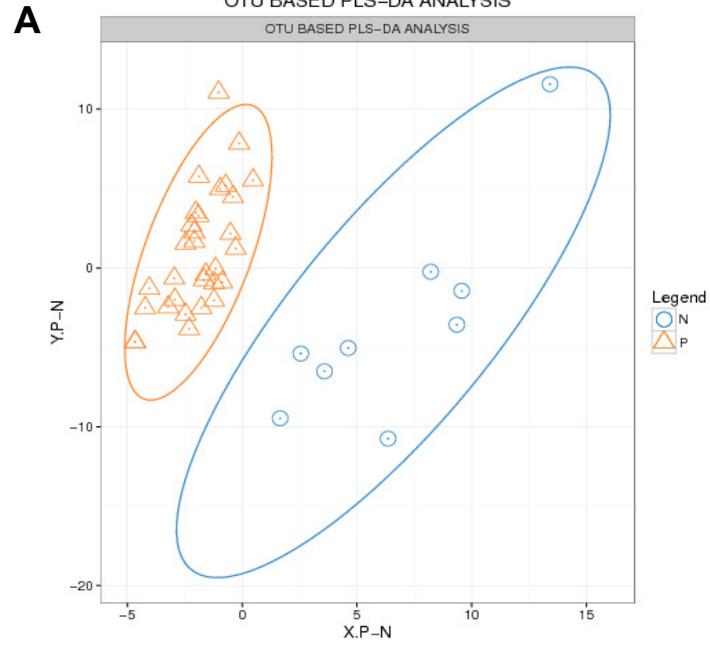
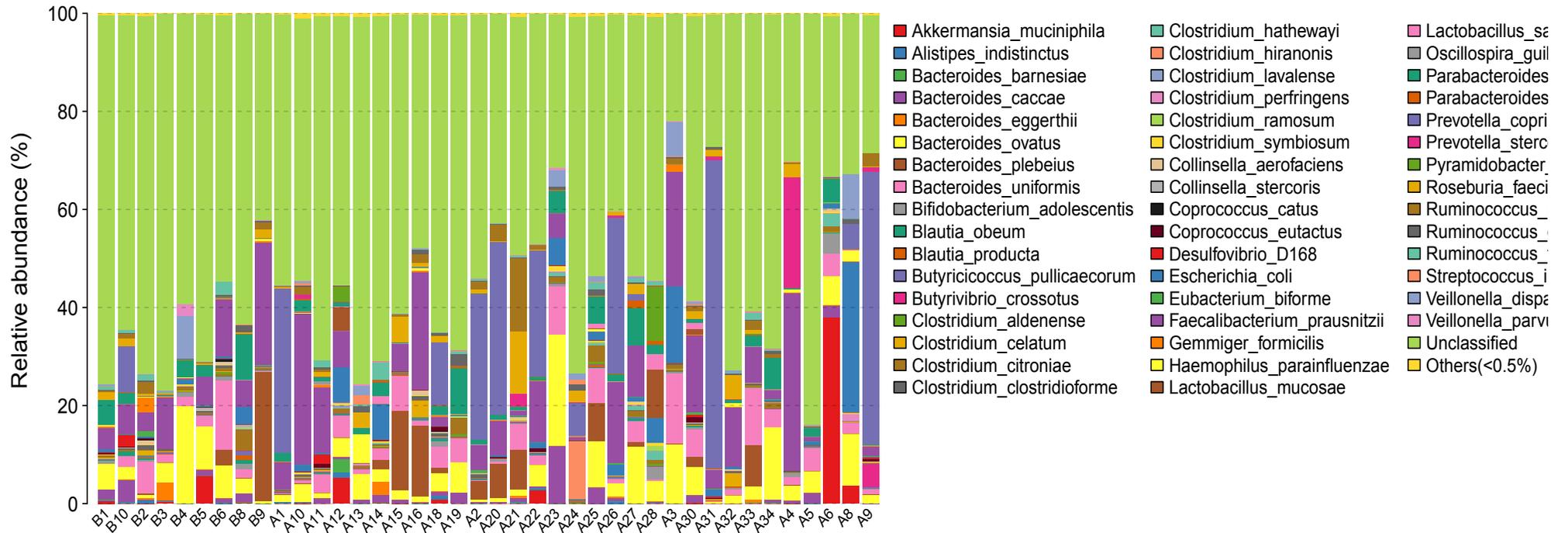


Figure 2(on next page)

Analysis of the variation of intestinal gut in species level in controls and IS patients

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A



B

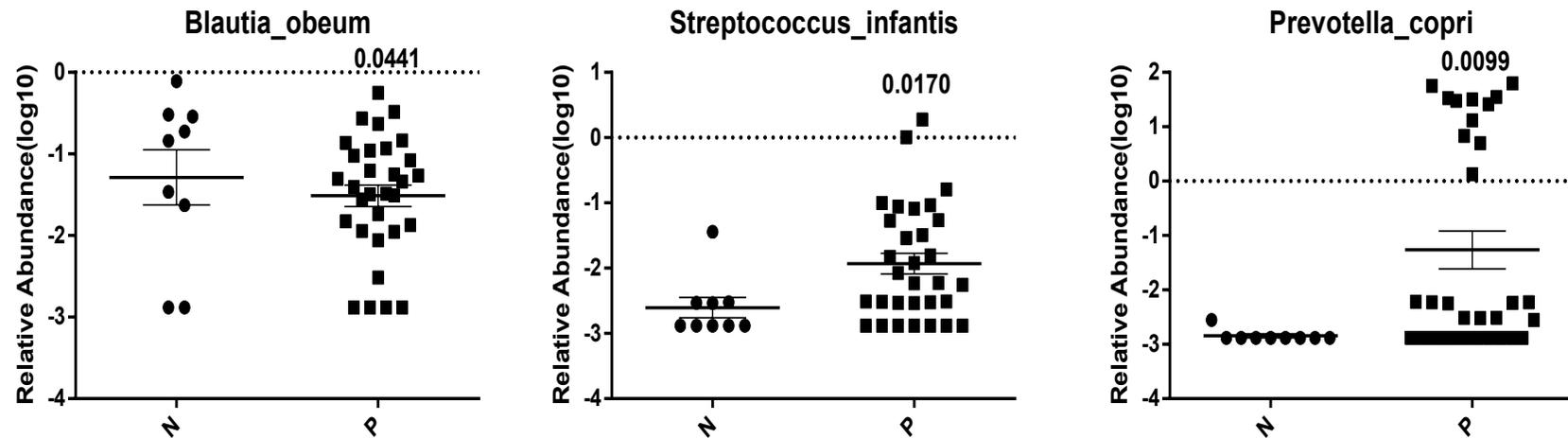
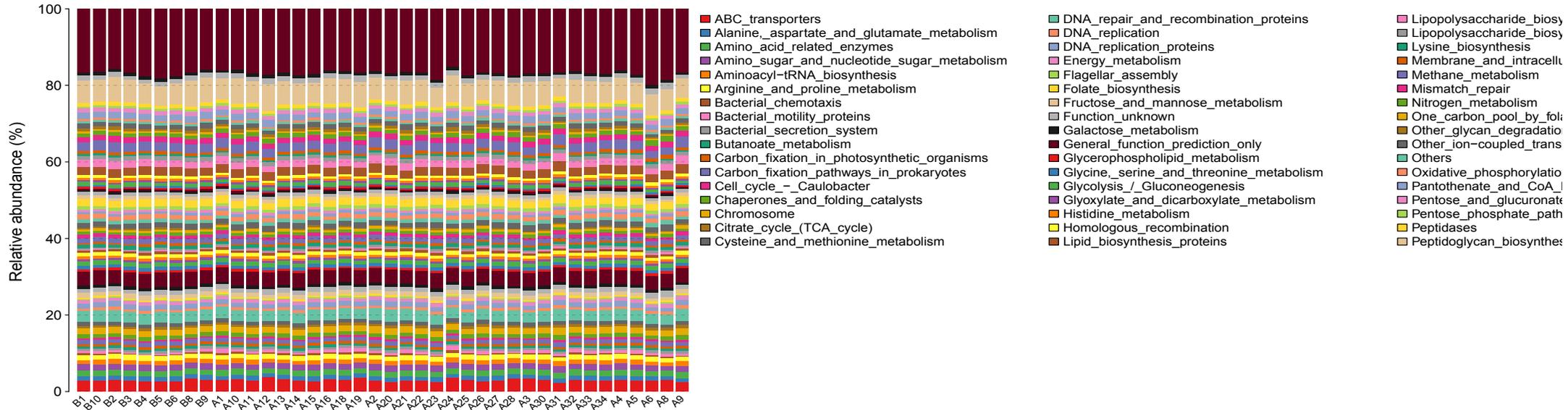


Figure 3(on next page)

Pathway abundance analysis of microbial taxa.

A: KEGG functional pathway abundance analysis of the gut microbiota B: Average pathway abundance of a gut bacterium N indicates normal people and P indicates patients.

A



B

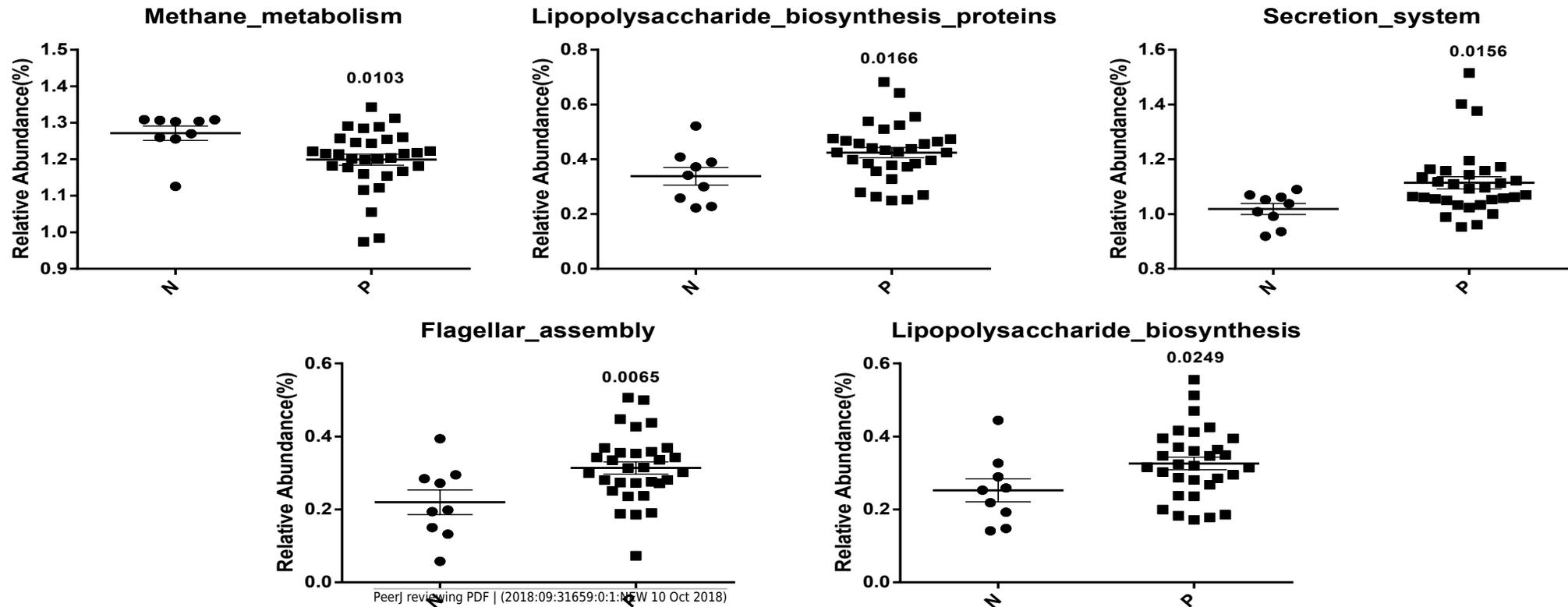


Table 1 (on next page)

Characteristics of the study population.

CAD, coronary artery disease; HBP, high blood pressure; HDL, high-density lipoprotein; HLP, hyperlipidemia; LAA, large-artery atherosclerosis; LDL, low-density lipoprotein; TC, total cholesterol; TG, triglycerides; GLU, glucose; WBC, white blood cell count; Cr, creatinine; UA, uric acid; LP(a), Lipoprotein(a). Median and inter-quartile range where applicable. Significant differences between groups were analyzed with the: a, Chi-square test; b Kruskal Wallis Test; c, Student's t test.

1 Characteristics of the study population.

2	Variable	Patients	Controls	P Value	
3	N	31	9	-	
4	Male, n (%)	22 (70.97)	6 (66.67)	0.385^a	
5	Age (Median, IQR)	61 (40-94)	61 (53-69)	.238^b	Table 1.
6					Charact
7	Current smoker(%)	19 (61.29)	0	0.001^a	eristics
8					of the
9	Previous diabetes, n (%)	0	0	-	study
10					particip
11	Previous CAD, n (%)	0	0	-	ants
12					CAD,
13	Previous HBP, n (%)	23 (74.19)	2 (22.22)	0.005^a	coronar
14					y artery
15	Previous ischemic stroke(%)	1 (3.23)	0	0.585^a	disease;
16					HBP,
17	TC, mmol/L	4.984 (2.87-12.33)	4.089 (3.13-5.13)	0.028^b	high
18					blood
19	HDL, mmol/L	1.056 (0.72-1.98)	1.437 (1.12-2.00)	0.002^b	pressur
20					e; HDL,
21	LDL, mmol/L	3.199 (1.65-7.42)	2.712 (1.980-3.610)	0.199^b	high-
22					density
23	TG, mmol/L	1.93 (0.79-6.26)	0.961 (0.510-1.260)	0.003^c	lipoprot
24					ein;
25	GLU, mmol/L	5.132 (4.03-6.90)	4.646 (4.00-5.800)	0.178^b	HLP,
26					hyperlip
27	WBC, 10⁹/L	6.733 (3.20-10.20)	4.932 (3.110-7.520)	0.023^b	idemia;
28					LAA,
29	Cr, μmol/L	75.28 (42.30-128.5)	59.52 (46.80-72.00)	0.13^b	large-
30					artery
31	UA, μmol/L	329.4 (31.00-510.0)	277.9 (194.0-407.0)	0.134^c	atherosc
32					lerosis; LDL, low-density lipoprotein; TC, total cholesterol; TG, triglycerides; GLU, glucose;
33					WBC, white blood cell count; Cr, creatinine; UA, uric acid; LP(a), Lipoprotein(a). Median and

34 inter-quartile range where applicable. Significant differences between groups were analyzed with
35 the: a, Chi-square test; b Kruskal Wallis Test; c, Student's t test.

36

Table 2 (on next page)

Correlation between gut microbial taxa at the Species level and disease risk factors

P-values and r^2 -values for linear regression. A + or - indicates positive or negative association, respectively. N.S indicates not significant.

1

	TC	HDL	LDL	TG	GLU	WBC	Cr	UA	LP(a)
Blautia	N.S	N.S	N.S	N.S	N.S	P=0.04,r ² = 0.1053 -	N.S	N.S	N.S
Prevotella	N.S	N.S	N.S	N.S	N.S	N.S	N.S	N.S	N.S
Streptococcus	N.S	N.S	N.S	N.S	N.S	N.S	p=0.022 6,r ² =0.1 328+	N.S	p=0.0494, r ² =0.1004 +

2

3 **Table 2. Correlation between gut microbial taxa at the Species level and disease risk factors**

4 **P-values and r²-values for linear regression. A + or - indicates positive or negative association,**
 5 **respectively. N.S indicates not significant.**

6