

# The relationship between serum uric acid within the normal range and $\beta$ -cell function is dependent on body mass index in Chinese patients with type 2 diabetes

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**Background.** Elevated serum uric acid (SUA) has a positive correlation with insulin secretion and insulin resistance indexes. However, whether weight-specific differences regarding the relationship between SUA within the normal range and  $\beta$ -cell function and insulin resistance exist is unknown in type 2 diabetes mellitus (T2DM) patients.

**Methods.** Three hundreds and eighty patients with type 2 diabetes were divided into two groups as overweight / obesity (n=268) and normal weight (n=112). Each group were again divided into low- (LSUA) and high - normal SUA (HSUA). The HbA1c, C-peptide, SUA, creatinine, and lipids profiles were measured. HOMA2IR and HOMA2%B were estimated using fasting glucose and C-peptide by homeostasis model assessment (HOMA). Pearson's correlations and multiple linear regression analyses were conducted to assess the associations between SUA levels and islet function indexes.

**Results.** In overweight/obesity subgroup, the levels of body mass index (BMI), fasting C-peptide (FCP), postprandial C-peptide (P2hCP), fasting C-peptide index (FCPI) and postprandial C-peptide index (PPCPI),  $\Delta$ C-peptide, HOMA2%B and HOMA2IR were higher in HSUA group than in LSUA group. In contrast, the HbA1c, fasting plasma glucose concentration (FPG), and postprandial plasma glucose concentration (P2hPG) were lower in HSUA than in LSUA. In normal weight subgroup, there were no differences between the HSUA than LSUA group in terms of clinical characteristics. Pearson's correlations indicated that there were no significant correlations between SUA and insulin secretory capacity in normal weight group, but in overweight/ obesity group, SUA had positive significant correlations with P2hCP, FCPI, PPCPI,  $\Delta$ C-peptide, and HOMA2%B. Multiple linear regression showed that SUA was significantly associated with HOMA2%B, but not with HOMA2IR.

**Conclusions.** Our study shows that SUA levels within normal range were associated with  $\beta$ -cell function in T2DM patients with overweight/obesity. This finding supports the potential link between SUA, even within normal range, and insulin secretion ability.

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## 15 **Abstract**

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25 linear regression analyses were conducted to assess the associations between SUA levels and  
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27 **Results:** In overweight/obesity subgroup, the levels of body mass index (BMI), fasting C-  
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29 C-peptide index (PPCPI),  $\Delta$ C-peptide, HOMA2%B and HOMA2IR were higher in HSUA group  
30 than in LSUA group. In contrast, the HbA1c, fasting plasma glucose concentration (FPG), and  
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35 overweight/obesity group, SUA had positive significant correlations with P2hCP, FCPI, PPCPI,  
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37 associated with HOMA2%B, but not with HOMA2IR.

38 **Conclusions:** Our study shows that SUA levels within normal range were associated with  $\beta$ -cell  
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41

## 42 Introduction

43 Type 2 diabetes mellitus (T2DM) has become a serious issue in China with increasing incidences  
44 over the past decades(Ogurtsova et al. 2017). Increasing evidence suggests that high serum uric  
45 acid (SUA) level is not only associated with metabolic syndrome (MS) (Babio et al. 2015), but  
46 also is regarded as a potential tool for early diagnosis of MS (Chen et al. 2016). Elevated the  
47 level of SUA is associated with increased risk of T2DM and prediabetes in individuals with  
48 normoglycaemia in a large population-based cohort study (Dehghan et al. 2008; van der Schaft et  
49 al. 2017). However, changes in SUA and blood glucose do not exhibit a linear relationship. SUA  
50 rises with increasing blood glucose concentrations in the normal and prediabetes population,  
51 while SUA levels are negatively associated with HbA1c in T2DM (Kawamoto et al. 2018).  
52 Progressive deterioration of islet  $\beta$ -cell function and insulin resistance are considered as primary  
53 pathophysiological factors during the development of T2DM. SUA is the end product of an  
54 exogenous pool of purines and endogenous purine metabolism, and the final oxidation product of  
55 purine metabolism in humans, which is responsible for the production of UA and damage of free  
56 radicals. In hyperuricemic subjects with IGT, the failure of beta-cell function to compensate  
57 variation of insulin sensitivity, compared with non-hyperuricemic(Simental-Mendia et al. 2009).  
58 Furthermore, elevated SUA harbors a positive correlation with insulin secretion and insulin  
59 resistance indexes in newly diagnosed T2DM patients(Hu et al. 2018), implying a possible role  
60 for SUA in  $\beta$ -cell function. However, it remains unknown of the interaction of SUA within the  
61 normal range and body mass index on  $\beta$ -cell function and insulin resistance in T2DM patients.  
62 Therefore, we investigated the relationship between SUA within the normal range and  $\beta$ -cell  
63 function as well as their potential confounding factors such as age, gender, diabetic duration,  
64 blood pressure, blood lipid profiles, renal function, and HbA1c by body mass index (BMI).

## 65 Materials & Methods

### 66 2.1. Study Subjects.

67 A total of 380 patients with type 2 diabetes who visited the Second Affiliated Hospital of Anhui  
68 Medical University were randomly selected in this cross-sectional study. The diagnosis of T2DM  
69 was according to the criteria of the American Diabetes Association (ADA). The exclusion  
70 criteria were 1) with hyperuricemia defined as serum uric acid  $\geq 420$   $\mu\text{mol/L}$  (male) and  $\geq 360$   
71  $\mu\text{mol/L}$  (female), 2) with renal dysfunction defined as serum creatinine  $\geq 106$   $\mu\text{mol/L}$  in male and  
72  $\geq 97$   $\mu\text{mol/L}$  in female or chronic kidney disease, 3) patients with severe pancreatic disease and

73 liver disease and those who suffered recent diabetic ketoacidosis and hyperosmotic nonketotic  
74 diabetic coma. Informed consent was provided by all participants. The study was approved by an  
75 ethics committee of the Second Affiliated Hospital of Anhui Medical University.

## 76 **2.2. Measurements**

77 Study participants were inquired about their age and family history. Body weight, height and  
78 blood pressure were measured by the diabetic nurses. Body mass index (BMI) was calculated by  
79 dividing weight (in kilograms) by square of the height (in meters). Normal weight and  
80 overweight/obesity were defined as  $BMI < 24 \text{ kg/m}^2$  and  $BMI \geq 24 \text{ kg/m}^2$ , respectively (Hou et  
81 al. 2013). Blood tests were carried out after an overnight fasting for glucose, serum total  
82 cholesterol (TC), triglycerides (TG), high-density lipoprotein cholesterol (HDL), low-density  
83 lipoprotein cholesterol (LDL), SUA, liver/renal functions and glycated hemoglobin (HbA1c).

84 After collecting fasting blood samples, subjects received a noodle mixed-meal in patients with  
85 T2DM. Blood samples were collected to measure the concentrations of glucose and C-peptide 2h  
86 after the meal. HOMA2IR and HOMA%2B were assessed using homeostasis model assessment  
87 based on paired of FBS and fasting C-peptide measurements (<http://www.dtu.ox.ac.uk/homa>)  
88 (Wallace et al. 2004). Insulin secretory capacity was also evaluate by C-peptide index (CPI) and  
89  $\Delta$ C-peptide. Fasting CPI (FCPI) and postprandial CPI (PPCPI) were calculated by a ratio of  
90 serum C-peptide to plasma glucose concentrations at baseline and 2h after meal, which we  
91 termed FCP (nmol/L)/ FPG (mmol/L). The value of  $\Delta$ C-peptide was defined as increment in  
92 serum C-peptide level (nmol/L) at 2h after the meal.

93 Serum C-peptide was measured by chemiluminescent enzyme immunoassay. HbA1c was  
94 measured by high performance liquid chromatography. Plasma glucose was evaluated with the  
95 glucose oxidase method. TC, TG, HDL, LDL, SUA and liver/renal functions were analyzed by  
96 the standardized enzymatic method.

## 97 **2.3. Statistical analyses**

98 Continuous variables were expressed as means and standard deviation (SD) or medians and  
99 interquartiles. Categorical variables were expressed by numbers. In all the analyses, parameters  
100 with non-normal distributions were used after log transformation. For categorical variables, the  
101 Chi-square test was performed, while for continuous variables, Student *t* test was used. Pearson's  
102 correlations were calculated to characterize the associations between islet function indexes and  
103 SUA levels within each group. To evaluate whether SUA was an independent risk factor for  $\beta$ -

104 cell function in T2DM, we performed the multiple linear regression analysis. A two-tailed  $p$   
105  $\leq 0.05$  was considered as statistically significant. All statistical analyses were conducted with  
106 SPSS software (Version 21.0).

## 107 **Results**

108 The characteristic of the study patients was shown in Table 1. the levels of SBP, DBP, TG, FCP,  
109 P2HCP, FCPI, PPCPI, HOMA2%B and HOMA2IR were higher in overweight/obesity group  
110 than in normal weight group. Furthermore, the patients were divided into two groups according  
111 the median SUA levels of patients with normal weight or overweight/obesity, respectively  
112 (LSUA: low-normal SUA,  $\leq 285$   $\mu\text{mol/L}$ ; HSUA: high-normal SUA,  $>285$   $\mu\text{mol/L}$ ). In  
113 overweight/ obesity subgroup, the levels of BMI, ALT, CR, FCP, P2HCP, FCPI, PPCPI,  $\Delta\text{C}$ -  
114 peptide, HOMA2%B and HOMA2IR were higher in HSUA group than in LSUA group. In  
115 contrast, the HbA1c, FPG, P2hPG and HDL were lower in HSUA than in LSUA (Table 2). In  
116 normal weight subgroup, there were no differences between the HSUA and LSUA group in  
117 terms of clinical characteristics (Table 2).

118 The relationship between confounding factors including SUA and insulin secretory capacity  
119 within normal or overweight/obesity groups was shown in Table 3. In normal weight group,  
120 there were no significant correlations between SUA and insulin secretory capacity. However, in  
121 overweight/obesity group, FCP, P2hCP, FCPI, PPCPI,  $\Delta\text{C}$ -peptide, HOMA2%B, and HOMA2IR  
122 correlated positively with SUA, while HbA1c correlated negatively with SUA. After adjusting  
123 for Cr, BMI, and gender, there were no significant correlations between SUA and HOMA2IR.  
124 After additional adjustment for HbA1c and Duration, SUA still had positive significant  
125 correlations with insulin secretory capacity include P2hCP, FCPI, PPCPI,  $\Delta\text{C}$ -peptide, and  
126 HOMA2%B.

127 To further define the relation between SUA and HOMA2%B in overweight/obesity group,  
128 multiple linear regression was carried out using SUA as the dependent variable. FCP, P2HCP,  
129 FCPI, PPCPI, and  $\Delta\text{C}$ -peptide were excluded from the model because of high correlation with  
130 HOMA2%B. FPG and P2hPG were also excluded because of high correlation with HbA1c. SUA  
131 levels were significantly associated with HOMA2%B in unadjusted analyses. After adjustments  
132 for sex, Cr, BMI, HbA1c and Duration, SUA remained positively associated with HOMA2%B.

133 To identify confounding factors affecting islet function, multiple linear regression was again  
134 performed in overweight/obesity group. Independent variables such as SUA, age, gender,

135 duration, SBP, DBP, BMI, TG, TCH, LDL, HDL, ALT, CR, HbA1c were enrolled. HbA1c  
136 showed a significant negative correlation with FCPI, while BMI, SUA and ALT showed a  
137 positive correlation with it. Moreover, PPCPI and HOMA2%B had positive associations with  
138 BMI and SUA and a negative correlation with HbA1c. Similarly,  $\Delta$ C-peptide had positive  
139 associations with HDL and SUA and a negative correlation with HbA1c. Additionally,  
140 HOMA2IR had positive associations with HbA1c, BMI and ALT.

## 141 **Discussion**

142 In this study, we confirmed that SUA levels are significantly associated with HOMA2%B in  
143 T2DM patients with overweight/obesity group, but not in normal weight group. In addition, we  
144 also demonstrated that other islet function indexes, such as FCPI, PPCPI, and  $\Delta$ C-peptide, did  
145 correlate with SUA levels in T2DM patients with overweight/obesity group. However, our study  
146 observed the absence of a relationship between SUA and HOMA2IR after adjustment for Cr,  
147 BMI, sex, HbA1c, and diabetic duration in T2DM patients with overweight/obesity. To the best  
148 of our knowledge, this study is the first that these effects of SUA within the normal range and  
149 BMI on determinants of  $\beta$ -cell function and insulin resistance in T2DM.

150 Uric acid is the end product of purine metabolism and derives from the conversion of  
151 hypoxanthine to xanthine and of xanthine to uric acid. We observed that SUA was higher in  
152 T2DM patients with overweight/obesity group than in those with normal weight group, SUA  
153 within normal range independently related to obesity in T2DM. Consistent with our results,  
154 several previous studies have also shown the relationship between BMI and uric acid(Han et al.  
155 2018). For example, Chen et al(Chen et al. 2017) also found that prevalence of obesity steadily  
156 increased across SUA quartiles in T2DM. A 10-year follow-up study demonstrated that BMI had  
157 a significant independent association with uric acid in all race-sex-groups(Rathmann et al. 2007).  
158 Furthermore, in subjects without diabetes or hyperuricemia, SUA levels were also associated  
159 with BMI, waist circumference, and waist-to-hip ratio(Jin et al. 2013). Interestingly, Zhou et al  
160 found that successful weight control, mostly >10kg weight reduction, was correlated with  
161 significant uric acid reduction after 2 years observation(Zhou et al. 2017). Therefore, SUA  
162 levels, even in normal range, were associated with BMI in T2DM patient.

163 In addition to strong association with BMI, SUA is also associated with  $\beta$ -cell function in  
164 T2DM. Tang et al. (Tang et al. 2014) found that patients with higher levels of SUA had higher  
165 insulin secretion, including the early phase and total insulin secretion in T2DM patients.

166 Similarly, another study (Hu et al. 2018) has also reported that SUA augments insulin secretion,  
167 particularly basal insulin secretion, in the population-based study of newly diagnosed T2DM.  
168 Even in nondiabetic population, higher SUA levels also significantly correlate with lower early-  
169 phase insulin secretion(Shimodaira et al. 2014). However, the abovementioned studies do not  
170 evaluate the relationship between SUA in the normal range and  $\beta$ -cell function. Most of prior  
171 studies researching the association between SUA and  $\beta$ -cell function did not conduct subgroup  
172 analyses by BMI categories. Our present results show that SUA in the normal range is  
173 significantly associated with HOMA2%B in T2DM patients with overweight/obesity, but not in  
174 normal weight group. Although it is not possible to explain the mechanism underlying this body  
175 weight difference from our study, this observation may be due to the influence of SUA levels,  
176 which our study showed that SUA levels were higher in T2DM patients with overweight/obesity  
177 than in those with normal weight group. Although subjects with higher SUA secrete more  
178 insulin, it does not mean that high SUA is beneficial to  $\beta$ -cell function. SUA becomes a strong  
179 oxidant in the environment of obesity(Johnson et al. 2009), which may in turn promote lipid  
180 oxidation. In addition, obesity is related to elevated SUA level via both low urinary urate  
181 excretion and overproduction of SUA(Matsuura et al. 1998). A recent study found that an  
182 elevated level of uric acid causes  $\beta$ -cell injury via the NF $\kappa$ B-iNOS-NO signaling axis(Jia et al.  
183 2013). Furthermore, Sun et al(Sun et al. 2015) found that uric acid-associated genes have an  
184 impact on insulin secretion in a Chinese patients with T2DM. Finally, another study(Seyed-  
185 Sadjadi et al. 2017) showed that the associations between SUA and diabetes risk factors are  
186 largely dependent on visceral fat mass in a non-diabetic population. Physicochemical properties  
187 define hyperuricemia as levels above the solubility threshold (6.8mg/dl). With regard to  
188 metabolic sequel, high-normal SUA levels are already associated with an increased risk in  
189 patient with overweight/obesity.

190 The disposition index (DI) is thought to reflect the capacity for insulin secretion adjusted for  
191 insulin sensitivity and thus to provide a useful measure of  $\beta$ -cell function. PP-CPI, a ratio of the  
192 circulating level of C-peptide to that of glucose, is correlated with clamp DI(Okuno et al. 2013).  
193 In the present study, we found that PPCPI and  $\Delta$ C-peptide had positive associations with SUA  
194 levels in overweight/obesity group, but not in normal weight group. Our findings agree with  
195 previous report by Tang et al (Tang et al. 2014), which shows that patients with higher SUA had  
196 greater disposition indices (both DI<sub>30</sub> and DI<sub>120</sub>). Taken together, accumulated evidence

197 suggest SUA levels may be associated with insulin secretion in T2DM patients with  
198 overweight/obesity.

199 The evidence of the linkage between SUA and insulin resistance in type 2 diabetes is growing,  
200 but it is unclear if SUA within the normal range directly lead to declines in insulin sensitivity in  
201 T2DM patients. However, our study observed the absence of a relationship between SUA within  
202 normal range and insulin resistance in T2DM patients with overweight/obesity and normal  
203 weight groups. Other researchers (Wang et al. 2011) have also demonstrated that the UA levels  
204 of hyperuricemic patients have no effect on their insulin sensitivity index. Liu et al (Liu & Ho  
205 2011). study suggested that SUA was not associated with insulin resistance after adjustment for  
206 BMI, TG, and BP. There are several possible explanations for the lack of independent  
207 relationship between SUA within normal range and insulin resistance in this study. Firstly, this  
208 result could be driven by SUA levels that are well within the normal range. Secondly, these  
209 discrepancies could be related the techniques used for measurement of insulin sensitivity.  
210 Finally, UA has an important role as an antioxidant (Lippi et al. 2008), but elevated SUA may  
211 cause oxidative stress (Pasalic et al. 2012) and inhibit endothelial NO bioavailability (Sharaf El  
212 Din et al. 2017), all of which closely associated with the insulin resistance. Collectively, the  
213 exact role of SUA within normal range in oxidation is still worth further investigation in T2DM  
214 patients.

215 The relationship between SUA and HbA1c has been reported. For example, Kawamoto et al.  
216 (Kawamoto et al. 2018) found a negative association between SUA and HbA1c was shown  
217 particularly in men with HbA1c  $\geq 6.5\%$ . Cui et al. (Cui et al. 2016) showed that a negative  
218 correlation between uric acid and HbA1c is conditional in newly diagnosed type 2 diabetes  
219 patients. In our study, we also found that SUA within normal range negatively related to HbA1c  
220 in T2DM patients with overweight/obesity. In T2DM patients with normal weight group, the  
221 partial correlation analysis demonstrated the negative correlation between SUA and HbA1c, but  
222 no significant difference was observed with multiple linear regression analysis. These results  
223 indicated that there was negatively association between SUA, even within normal range, and  
224 HbA1c in T2DM patients with overweight/obesity.

225 Unfortunately, this study has some limitations. Firstly, the number of subjects enrolled was  
226 relatively small. Secondly, we do not ascertain whether gender has effect on the association

227 established. Thirdly, the relationship between SUA within normal range and oxidative stress is  
228 still worth further investigation in T2DM.

## 229 **Conclusions**

230 In conclusion, our study shows that SUA levels within normal range were associated with  $\beta$ -cell  
231 function in T2DM patients with overweight/obesity. However, SUA levels were not related to  
232 insulin resistance in T2DM patients. This finding supports the potential link between SUA within  
233 normal range and insulin secretion ability.

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**Table 1** (on next page)

Clinical characteristics and islet function indexes of T2DM patients by BMI

Table 1 Clinical characteristics and islet function indexes of T2DM patients by BMI

Variables	Normal weight group (N=112)	Overweight/obesity group (N=268)	<i>F/χ</i>	<i>P</i>
SUA (umol/L)	262.5(224.3, 297.0)	290.5 (256.0, 333.0)	-5.08	<0.001
Age (years)	54.1±11.9	52.1±12.0	1.50	0.134
Male/Female	63/49	171/97	1.38	0.168
Duration (years)	5.0 (1.0, 10.0)	4.0 (0.3, 9.7)	0.51	0.613
SBP (mmHg)	120.0 (110.0, 131.5)	130.0 (120.0, 140.0)	-2.06	0.040
DBP (mmHg)	77.0 (70.0, 84.8)	80.0 (76.0, 90.0)	0.90	<0.001
BMI (kg/m <sup>2</sup> )	22.3 (20.6, 23.4)	26.1 (25.4, 28.2)	-21.3	<0.001
TG (mmol/L)	1.38 (0.88, 2.12)	2.00 (1.22, 3.12)	-4.24	<0.001
TCH (mmol/L)	4.37 (3.87, 5.11)	4.54 (3.91, 5.20)	-1.01	0.315
LDL (mmol/L)	2.58 (2.18, 2.93)	2.58 (2.18, 3.10)	0.39	0.697
HDL (mmol/L)	1.07 (0.84, 1.38)	1.01 (0.76, 1.10)	2.86	0.004
ALT (U/L)	18.0 (14.0, 27.0)	21.0 (15.0, 33.0)	-1.87	0.063
CR (umol/L)	68.5 (58.0, 81.8)	73.0 (62.0, 85.0)	-1.73	0.084
HbA1c (%)	9.40 (7.53, 11.20)	8.90 (7.60, 10.70)	0.86	0.391
FPG (mmol/L)	9.49±3.38	9.32±3.03	0.47	0.637
P2hPG (mmol/L)	19.17±4.91	18.69±4.37	0.95	0.344
FCP (nmol/L)	1.84 (1.31, 2.82)	2.40 (1.79, 3.31)	-4.28	<0.001
P2hCP (nmol/L)	5.03 (3.52, 7.21)	5.90 (4.13, 7.74)	-2.54	0.011
FCPI	0.22 (0.16, 0.32)	0.28 (0.19, 0.37)	-3.77	<0.001
PPCPI	1.49 (0.94, 2.35)	1.78 (1.14, 2.62)	-2.24	0.026
ΔC-peptide	2.92 (1.76, 4.68)	3.23 (1.90, 4.62)	-1.16	0.245
HOMA2%B	42.2 (28.0, 69.0)	49.7 (33.9, 78.4)	-2.39	0.017
HOMA2IR	1.66 (1.17, 2.43)	2.11 (1.60, 3.11)	0.14	<0.001

Values are expressed as mean ±standard deviation (SD) or median (range 25<sup>th</sup>-75<sup>th</sup> percentile)

**Table 2** (on next page)

Clinical characteristics and islet function indexes of overweight/obesity and normal weight group by the median of SUA

1 Table 2 Clinical characteristics and islet function indexes of overweight/obesity and normal weight group by the median of  
 2 SUA  
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Variables	Overweight/obesity group				Normal weight group			
	LSUA	HSUA	<i>t</i> / $\chi$	<i>P</i>	LSUA	HSUA	<i>t</i> / $\chi$	<i>P</i>
SUA (umol/L)	<285	285~420			<285	285~420		
Age (years)	52.9±11.2	51.4±12.5	1.01	0.314	55.4±10.9	51.7±13.5	1.60	0.112
Male/Female	62/56	109/41	11.58	0.001	38/34	25/15	0.99	0.320
Duration (years)	4.0(0.3, 10.0)	4.0(0.29, 9.00)	0.14	0.886	6.0(1.0, 10.0)	4.5(0.42, 10.0)	-0.18	0.861
SBP (mmHg)	129.4±16.3	128.7±17.3	0.35	0.729	126.2±17.1	122.8±20.0	0.96	0.345
DBP (mmHg)	80.5±10.2	82.1±11.6	-1.19	0.235	76.9±9.5	77.1±9.6	-0.07	0.953
BMI (kg/m <sup>2</sup> )	26.5±1.9	27.4±2.7	-3.14	0.002	21.8±1.9	21.6±2.0	-0.17	0.872
TG (mmol/L)	1.88(1.09, 2.58)	2.08(1.34, 3.32)	-1.42	0.156	1.21(0.84, 2.03)	1.43(1.00, 2.15)	-0.51	0.614
TCH (mmol/L)	4.46(3.74, 5.35)	4.57(4.07, 5.15)	-0.83	0.407	4.37(3.95, 5.08)	4.33(3.51, 5.26)	0.53	0.595
LDL (mmol/L)	2.58(2.19, 2.95)	2.59(2.17, 3.13)	-0.59	0.550	2.58(2.31, 2.93)	2.58(2.02, 3.15)	-0.37	0.712
HDL (mmol/L)	1.07±0.38	0.97±0.40	2.35	0.020	1.24±0.49	0.99±0.29	2.94	0.004
ALT (U/L)	20.0(14.0, 30.3)	23.5(17.0, 35.0)	-2.73	0.007	18.0(14.3, 23.0)	20.0(14.0, 30.0)	-0.65	0.515
CR (umol/L)	70.9±16.1	75.4±14.9	-2.53	0.012	70.2±15.5	70.7±14.8	-0.16	0.872
HbA1c (%)	9.50±2.13	8.89±1.96	2.40	0.020	9.32±2.32	9.71±2.75	-0.78	0.434
FPG (mmol/L)	9.7±2.8	9.0±3.2	2.16	0.032	9.5±3.3	9.5±3.5	0.08	0.931
P2hPG (mmol/L)	19.4±3.9	18.1±4.7	2.44	0.015	18.9±4.9	19.5±4.9	-0.49	0.636
FCP (nmol/L)	2.24(1.71, 3.02)	2.50(1.87, 3.41)	-2.52	0.012	1.81(1.30, 2.74)	1.92(1.32, 3.09)	-0.87	0.388
P2hCP (nmol/L)	5.00(3.63, 6.73)	6.52(4.87, 8.43)	-4.45	<0.001	4.87(3.20, 6.68)	5.46(3.58, 7.69)	-0.72	0.474
FCPI	0.24(0.17, 0.34)	0.31(0.22, 0.42)	-3.82	<0.001	0.22(0.16, 0.30)	0.25(0.15, 0.36)	-0.88	0.381
PPCPI	1.46(0.95, 2.36)	2.04(1.35, 2.95)	-4.52	<0.001	1.45(0.94, 2.18)	1.76(0.94, 2.60)	-0.36	0.716
$\Delta$ C-peptide	2.52(1.44, 4.07)	3.81(2.28, 5.46)	-4.26	<0.001	2.82(1.60, 4.77)	3.36(1.77, 4.66)	-0.69	0.492
HOMA2%B	45.4(30.3, 63.4)	60.3(37.6, 90.9)	-1.82	<0.001	40.3(29.2, 64.1)	43.5(26.7, 91.3)	-0.68	0.493
HOMA2IR	2.03(1.53, 2.75)	2.23(1.62, 3.16)	-4.69	0.007	1.64(1.17, 2.32)	1.86(1.12, 2.66)	-0.71	0.477

5 Values are expressed as mean ±standard deviation (SD) or median (range 25<sup>th</sup>-75<sup>th</sup> percentile)

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**Table 3** (on next page)

Correlation of selected variables with SUA in T2DM patients with overweight/obesity group

1 Table 3 Correlation of selected variables with SUA in T2DM patients with overweight/obesity group

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	Crude		Adjusted for Cr, BMI, sex		Adjusted for Cr, BMI, sex, HbA1c, Duration	
	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>
HbA1c	-0.186	0.002	-0.226	<0.001		
FCP	0.194	0.001	0.130	0.034	0.115	0.085
P2hCP	0.286	<0.001	0.274	<0.001	0.220	0.001
FCPI	0.268	<0.001	0.222	<0.001	0.142	0.034
PPCPI	0.308	<0.001	0.296	<0.001	0.232	<0.001
ΔC-peptide	0.255	<0.001	0.275	<0.001	0.215	0.001
HOMA2%B	0.257	<0.001	0.235	<0.001	0.137	0.040
HOMA2IR	0.142	0.020	0.082	0.158	0.105	0.117

**Table 4** (on next page)

Multiple linear regression analysis for SUA and HOMA2%B in T2DM patients with overweight/obesity

1 Table 4 Multiple linear regression analysis for SUA and HOMA2%B in T2DM patients with overweight/obesity

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	Partial regression coefficient (B)	Standard error (SE)	Standard partial regression coefficient ( $\beta$ )	t	p-Value
HOMA2%B (unadjusted)	0.076	0.018	0.257	4.337	<0.001
HOMA2%B (adjusted for model 1: sex, Cr, BMI)	0.066	0.017	0.223	3.930	<0.001
HOMA2%B (adjusted for model 2: model 1, HbA1c and Duration)	0.049	0.022	0.182	2.135	0.013

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**Table 5** (on next page)

Multiple linear regression analysis on related variables for isletfunction indexes in T2DM patients with overweight/obesity

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Table 5 Multiple linear regression analysis on related variables for islet function indexes in T2DM patients with overweight/obesity

		Partial regression coefficient (B)	Standard error (SE)	Standard partial regression coefficient ( $\beta$ )	p-Value
FCPI					
	HbA1c	-0.920	0.128	-0.388	<0.001
	BMI	1.346	0.341	0.216	<0.001
	SUA	0.365	0.160	0.128	0.023
	ALT	0.108	0.051	0.118	0.036
PPCPI					
	HbA1c	-1.408	0.145	-0.493	<0.001
	SUA	0.655	0.177	0.191	<0.001
	BMI	1.109	0.379	0.148	0.004
$\Delta$ C-peptide					
	HbA1c	-1.303	0.180	-0.397	<0.001
	SUA	0.785	0.217	0.200	<0.001
	HDL	0.262	0.109	0.130	0.017
HOMA2%B					
	HbA1c	-1.542	0.138	-0.551	<0.001
	BMI	1.169	0.361	0.159	0.001
	SUA	0.426	0.168	0.127	0.012
HOMA2IR					
	BMI	1.178	0.350	0.202	0.001
	ALT	0.138	0.051	0.162	0.008
	HbA1c	0.325	0.130	0.146	0.013