

Stigmata maydis increases bacterial vancomycin susceptibility by down-regulating biofilm formation in methicillin-resistant *Staphylococcus aureus* (MRSA) strains isolated from dairy cows with mastitis (#30690)

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First revision

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Stigmata maydis increases bacterial vancomycin susceptibility by down-regulating biofilm formation in methicillin-resistant *Staphylococcus aureus* (MRSA) strains isolated from dairy cows with mastitis

Fei Shang¹, Long Li¹, Lumin Yu¹, Jingtian Ni¹, Xiaolin Chen¹, Ting Xue^{Corresp. 1}

¹ School of Life Sciences, Anhui Agricultural University, Hefei, Anhui, China

Corresponding Author: Ting Xue
Email address: xuet@ahau.edu.cn

Background Mastitis is an inflammatory reaction of the mammary gland tissue, which causes huge losses to dairy farms throughout the world. *Staphylococcus aureus* is the most frequent agent associated with this disease. *S. aureus* isolates, which have the ability to form biofilms, usually lead to chronic mastitis in dairy cows. Moreover, methicillin resistance of the bacteria further complicates the treatment of this disease. Stigmata maydis (corn silk), one kind of traditional Chinese medicine, possess many biological activities. **Methods** In this study, we performed antibacterial activity assays, biofilm formation assays and real-time reverse transcription PCR (RT-PCR) experiments to investigate the effect of stigmata maydis (corn silk) on biofilm formation and vancomycin susceptibility of methicillin-resistant *S. aureus* (MRSA) strains isolated from dairy cows with mastitis. **Results** In this study, the aqueous extracts of stigmata maydis inhibited the biofilm formation ability of MRSA strains and increased the vancomycin susceptibility of the strains under biofilm-cultured conditions. **Discussion** This study proves that the aqueous extracts of stigmata maydis inhibit the biofilm formation ability of MRSA strains and increase the vancomycin susceptibility of the MRSA strains under biofilm-cultured conditions. This indicates that stigmata maydis might be used as an adjuvant ingredient in the vancomycin treatment of MRSA infections.

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Fei Shang, Long Li, Lumin Yu, Jingtian Ni, Xiaolin Chen, Ting Xue¹

School of Life Sciences, Anhui Agricultural University, Hefei, Anhui 230036, China

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¹Corresponding author:

Ting Xue; School of Life Sciences, Anhui Agricultural University, Hefei, Anhui 230036, China;

Tel: (86) 551 65787380; Fax: (86) 551 65787380; E-mail: xuet@ahau.edu.cn

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ABSTRACT

Background Mastitis is an inflammatory reaction of the mammary gland tissue, which causes huge losses to dairy farms throughout the world. *Staphylococcus aureus* is the most frequent agent associated with this disease. *S. aureus* isolates, which have the ability to form biofilms, usually lead to chronic mastitis in dairy cows. Moreover, methicillin resistance of the bacteria further complicates the treatment of this disease. Stigmata maydis (corn silk), one kind of traditional Chinese medicine, possess many biological activities.

Methods In this study, we performed antibacterial activity assays, biofilm formation assays and real-time reverse transcription PCR (RT-PCR) experiments to investigate the effect of stigmata maydis (corn silk) on biofilm formation and vancomycin susceptibility of methicillin-resistant *S. aureus* (MRSA) strains isolated from dairy cows with mastitis.

Results In this study, the aqueous extracts of stigmata maydis inhibited the biofilm formation ability of MRSA strains and increased the vancomycin susceptibility of the strains under biofilm-cultured conditions.

Discussion This study proves that the aqueous extracts of stigmata maydis inhibit the biofilm formation ability of MRSA strains and increase the vancomycin susceptibility of the MRSA strains under biofilm-cultured conditions. This indicates that stigmata maydis might be used as an adjuvant ingredient in the vancomycin treatment of MRSA infections.

KEYWORDS: MRSA, bovine mastitis, biofilm, vancomycin, stigmata maydis

INTRODUCTION

Staphylococcus aureus is a major pathogen that can cause a series of infections in both hospital



and community environments. The infections caused by this bacterium are complicated by frequent and multiple antibiotic use in medical treatment in the past several decades (Lowy 2003; Queck et al. 2009). Methicillin-resistant *Staphylococcus aureus* (MRSA) arose in the 1960's (9), after methicillin became the antibiotic of first choice for *S. aureus* infections because of the wide spread of penicillin-resistant strains (Richmond 1979). In the first few years, MRSA strains only affected people who were associated with risk factors, such as surgery, recent admittance, or long-term residence in care facilities. However, community-associated MRSA affections are now prevalent in the general population and pose a serious threat to public health worldwide (Chambers 2001; Health et al. 1999; Hiramatsu et al. 2001; Naimi et al. 2001). In addition, the treatment for these infections becomes more difficult and complicated due to the development of biofilms (Kiedrowski & Horswill 2011).

The formation of a biofilm is characterized by the structure of a population of bacteria encased within a self-produced extracellular matrix of exopolysaccharide, proteins and some micromolecules, such as DNA (O'Gara 2007). It is well known that the properties of biofilm populations are largely different from planktonic cell populations, and these contribute to better adaptation to the host environment. The presence of glycocalyx layers protects the enclosed bacteria from host defenses and resists the access of antibiotics (Atshan et al. 2012b; Fedtke et al. 2004; Joh et al. 1999). It has been reported that biofilms can resist antibiotic concentration 10-10,000 fold higher than those required to inhibit the growth of their planktonic counterparts (Atshan et al. 2015; Jefferson et al. 2005). Indeed, the ability of biofilm formation in MRSA can lead to resistance to most currently used antibiotics (Ando et al. 2004). Therefore, biofilm

formation brings great challenges for the infection treatment, eventually leading to chronic infections, which can be difficult to eradicate (Kiedrowski & Horswill 2011; Petrelli et al. 2008; Pozo & Patel 2007).

Bovine mastitis is a disease causing substantial economic loss in the dairy industry worldwide (Hillerton & Berry 2005; Huijps et al. 2008; Szweda et al. 2014). Although many species of etiological microorganisms have been isolated from bovine mastitis (Watts 1988), *S. aureus* is a frequent cause that is responsible for the main loss (Kozytska et al. 2010; Malinowski & Kłossowska 2010; Piepers et al. 2007). Since *S. aureus* has the ability to form biofilms and is resistant to many antibiotics, it causes chronic bovine mastitis, which is difficult to treat (Cramton et al. 1999). Moreover, methicillin resistance of *S. aureus* could further complicate the treatment of this disease (Joshi et al. 2018; Lowy 2003).

Many plants have been used as traditional Chinese medicine for the treatment of various diseases in China. The medicinal value of plants lies in some constituents that have definite biological functions. In recent years, many Chinese medicines have been reported to have antimicrobial effects.

Stigmata maydis (corn silk) refers to the stigmas of the female flowers of maize, which contain proteins, carbohydrates, vitamins, Ca, K, Mg and Na salts, fixed and volatile oils, steroids, such as sitosterol and stigmasterol, alkaloids, saponins, tannins, and flavonoids (Bhaigayabati et al. 2011; Hasanudin et al. 2012). Many biological activities of corn silk constituents have been reported. Extracts of corn silk inhibited TNF and LPS-induced cell adhesion, but not cytotoxic activity or TNF production (Habtemariam 1998). Moreover, volatiles

from corn silk showed antifungal activity (Jr 2000). In addition, extracts of corn silk displayed antioxidant activity on the level of lipid peroxidation (Bhaigyabati et al. 2011). Corn silk has also been used as a remedy for acute inflammation of the urinary system, such as urethritis, cystitis and prostatitis in many parts of the world, and it has also been used as an oral antidiabetic agent in China for decades (Hasanudin et al. 2012). However, whether stigmata maydis is associated with biofilm formation and antibiotic resistance in bacteria has not been reported.

In this study, considering that MRSA bacteria that form a biofilm structure usually cause chronic mastitis in cows, we aim at investigating the effect of stigmata maydis aqueous extracts on growth and biofilm formation of MRSA strains isolated from dairy cows with mastitis. The new finding in this study may provide new clues or potential methods to the efficient antibiotic treatment of this disease.

MATERIALS AND METHODS

Bacterial strain and growth condition

Staphylococcus aureus MRSA strains SA2 and SA3 used in this study were isolated from dairy cows with mastitis. The two MRSA strains are *mecA* positive and susceptible to chloromycetin and vancomycin (vancomycin minimum inhibitory concentration (MIC) SA2 0.5 mg/L; SA3: 1 mg/L), and resistant to ampicillin, erythromycin, and oxacillin. The strains were grown at 37 °C in tryptic soy broth (TSB) containing 0.25% glucose media (Oxoid, Basingstock, UK).

Aqueous extraction of stigmata maydis

One gram of stigmata maydis powder was suspended in 10 mL water and soaked for 24 h. The supernatant was dried by vacuum freeze drying and then supernatants were mixed into a 100 mg/mL extract.

Antimicrobial activity assay

The method was performed as described previously as follows (Chen et al. 2015). Colonies of MRSA strains were picked into 2 mL of TSB medium and cultivated at 37 °C with shaking at 200 rpm for 16 h. Then the overnight cultures were inoculated into fresh TSB medium and this was diluted to a final optical density (600 nm) of 0.05, which was dispensed into 96-well plates (Costar, Corning, Steuben, NY) containing serial dilutions of aqueous extracts of stigmata maydis (with appropriate vancomycin, if needed). Plates were incubated at 37 °C for 12 h and then 10-fold serial dilutions of cultures were performed by successive transfer (0.1 mL) through seven microfuge tubes containing 0.9 mL of TSB. The 100 µL dilutions were dropped onto LB agar plates and viable colonies were counted via their colony-forming units (CFU) on TSB agar plates after incubation at 37 °C for 24 h. The survival rate of the control group without exposure to *S. officinalis* L. was designated as 100 percent. CFU of the test groups were all compared with that of the control group. Experiments were repeated three times with four parallels.

Biofilm assays

The method for biofilm quantification was performed as described previously and modified as follows (Chen et al. 2015; Xue et al. 2014). MRSA strains were grown in TSB (containing 0.5% glucose) for 16 h and diluted 1:100 into fresh TSB. The diluted cultures were transferred into

sterile 96 well flat-bottomed tissue culture plates and incubated at 37 °C for 24 h. Aqueous extracts of *stigmata maydis* was added to the TSB media with diluted cultures at different concentrations. The adherent bacteria were stained with crystal violet, and the excess stain was washed off gently with slowly running water. The biomass of the biofilm was determined using a MicroELISA auto-reader (Bio-Rad Co.) at a wavelength of 560 nm under single-wavelength mode (Pozzi et al. 2012; Ziebuhr et al. 1997).

Total RNA isolation, cDNA generation, and real-time PCR processing

Overnight cultures of MRSA strains were diluted 1:100 in LB medium and grown to the late exponential phase in 24 well plates (Costar, Corning, Steuben, NY). Cells were collected and resuspended in TE (Tris-EDTA) buffer (pH 8.0) containing 10 g/L of lysozyme and 40 mg/L of lysostaphin. After incubation at 37 °C for 5 min, cells were prepared for total RNA extraction using the Trizol method (Invitrogen), and residual DNA was removed with DNase (RNase free; TaKaRa). RT real-time PCR was performed with a PrimeScript 1st Strand cDNA synthesis kit and SYBR Premix Ex Taq (TaKaRa) using a StepOne real-time PCR system (Applied Biosystems). The quantity of cDNA measured by real-time PCR was normalized to the abundance of 16S cDNA (Chen et al. 2000). All real-time RT-PCR assays were repeated at least three times with similar results. The primers used in this study were listed in Table 1.

Statistical analysis

The data was analyzed using statistical software SPSS by a one-way ANOVA method, the test

results were (mean \pm standard deviation). The paired *t*-test was used for statistical comparisons between groups. The level of statistical significance was set at a P value of ≤ 0.01 .

RESULTS

High concentration of aqueous extract of *stigmata maydis* did not affect the growth curves of MRSA strains

The growth rates of the cells were tested when they were grown in TSB medium with different concentrations of aqueous extract of *stigmata*. The results showed that the growth rates of the bacteria did not change when the external concentration of *stigmata maydis* was 2.5 mg/mL, 5 mg/mL or 10 mg/mL, but when the concentration of *stigmata maydis* was 25 mg/mL, the growth of the bacteria was a little inhibited (Fig. 1A). These data indicate that aqueous extracts of *stigmata maydis* did not affect the growth curves of the MRSA strains.

Furthermore, in order to examine the antibacterial activity of the aqueous extracts of *stigmata maydis* against *S. aureus in vitro*, antibacterial assays were performed. After exposure to extract of *stigmata maydis* at different concentrations for 12 h at 37 °C, the cells of MRSA strains were inoculated into fresh TSB and then spread onto the TSB agar plates. After cultivating for 24 h at 37 °C, the colony forming units of the bacteria were counted and compared. As is shown in Fig. 1B, the survival rate of the control group without exposure to *stigmata maydis* was designated as 100%. With the increase of the concentration of *stigmata maydis*, the survival rates of the MRSA strain SA2 and SA3 also did not change significantly. These data confirmed that *stigmata maydis* does not have antibacterial activity against the MRSA strains

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170 **Low concentration of aqueous extract of stigmata maydis inhibited the biofilm formation of**

171 **MRSA strains**

172 To examine whether an aqueous extract of stigmata maydis would affect the biofilm formation of

173 *S. aureus*, we performed biofilm assays. As shown in Fig. 2A, strains of the control group

174 without aqueous extract of stigmata maydis formed obvious biofilms, when stigmata maydis at

175 different concentration was added, biofilm formation of the bacteria significantly decreased.

176 When the concentration of stigmata maydis reached 2 mg/mL, no biofilm was observed. In

177 addition, the quantity of biofilm formation was further tested using a MicroELISA autoreader.

178 We found that biofilm quantity decreased with the increase of stigmata maydis concentration

179 (Fig. 2B). These data revealed an interesting phenomenon that, although the aqueous extract of

180 stigmata maydis has no apparent antibacterial activity, it affects biofilm formation significantly.

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182 **The aqueous extract of stigmata maydis inhibited MRSA biofilm formation by decreasing the**

183 **transcription of the *icaADBC* operon**

184 The transcript levels of biofilm-associated genes were determined by performing real-time RT-

185 PCR experiments. As is shown in Fig. 3, the transcript levels of *icaA*, *icaB*, *icaC*, and *icaD* were

186 significantly decreased upon the addition of stigmata maydis. Moreover, with increased of

187 stigmata maydis concentrations, the inhibitory effect of stigmata maydis on the *ica* operon was

188 stronger, indicating that stigmata maydis affected the transcription of the *ica* operon in a

189 concentration-dependent manner. To further investigate how stigmata maydis regulates the *ica*

operon, we examined the transcript level of *icaR*, which has been identified as the repressor of the *ica* operon. Results showed that the transcript level of *icaR* increased by adding stigmata maydis to the culture medium with *S. aureus*, confirming that stigmata maydis influences the *ica* operon through the transcriptional regulator *icaR*.

The aqueous extract of stigmata maydis did not affect the vacomycin susceptibility of the planktonic-cultured MRSA strains

To examine the effect of stigmata maydis on vacomycin susceptibility of the MRSA strains, the antibacterial assays were performed in the planktonic cultured MRSA strains. As is shown in Fig. 4A, in the presence of a low concentration of vancomycin (1/4 MIC concentration), with increased concentrations of stigmata maydis, the survival rates of MRSA strain SA2 and SA3 did not apparently change. As is shown in Fig. 4B, similar results were also observed in the planktonic cultured MRSA strains in the presence of a low concentration of vancomycin (1/2 MIC concentration). These data confirmed that stigmata maydis does not affect the vacomycin susceptibility of the planktonic cultured MRSA strains.

The aqueous extract of stigmata maydis enhanced the vacomycin susceptibility of the biofilm-condition cultured MRSA strains

However, the results of the antibacterial assays performed in the biofilm-condition cultured MRSA strains were different with those performed in the planktonic-cultured MRSA strains. As shown in Fig. 5, the survival rates of MRSA strain SA2 and SA3 were all decreased with the

increased concentrations of *stigmata maydis*. When the 2 mg/mL *stigmata maydis* concentration was added, the survival rates of strains SA2 and SA3 were decreased to about 50% in the presence of 1/4 MIC concentration vancomycin (Fig. 5A), and the survival rates of strains SA2 and SA3 were decreased to about 30% in the presence of 1/2 MIC concentration vancomycin (Fig. 5B). These results confirmed that, in the biofilm-cultured condition, the aqueous extract of *stigmata maydis* could enhance the vancomycin susceptibility of the MRSA strains.

DISCUSSION

In our previous work, we reported that the ethanol extract of *Sanguisorba officinalis* L. both inhibited growth and biofilm formation of MRSA strains isolated from dairy cows infected with mastitis (Chen et al. 2015). The data in this study showed that although high concentrations of *stigmata maydis* aqueous extract did not affect the growth of MRSA strains, a low concentration significantly inhibited the biofilm formation of these strains.

According to previous work, biofilm formation in *S. aureus* includes two steps: attachment to the material surface and then the formation of microcolonies and multilayered cell clusters surrounded by a slimy matrix, which has been characterised as polysaccharide intercellular adhesin (PIA). PIA is produced by the enzymes coded in an operon composed of four open reading frames (ORFs) *icaA*, *icaD*, *icaB* and *icaC*. The attachment process and accumulation of bacteria is associated with several adhesion genes such as *fmbpA*, *fmbpB* (encoding fibronectin binding proteins A and B), *fib* (encoding fibrinogen binding protein), *clfA* (encoding clumping factors A), *aap* (encoding accumulation-associated protein), *sspI* (encoding staphylococcal

surface protein), *atlE* (encoding major autolysin) and *bap* (encoding biofilm-associated protein), etc (Atshan et al. 2012a). In this study, we tested the transcript levels of these genes by performing real-time RT-PCR experiments. The results showed that only the transcription of *ica* operon and its regulatory gene *icaR* changed with the addition of *stigmata maydis*. The transcript levels of the adhesion genes exhibited no apparent change (Supplemental File 6).

Previous work indicated that biofilms promote antibiotic resistance of many *Staphylococcus* strains. Since the MRSA strains used in this study are sensitive to vancomycin, we attempted to determine, in the presence of vancomycin (below the MIC concentration), whether or not the addition of *stigmata maydis* aqueous extract would affect the survival of MRSA strains cultured under different conditions. The results showed that the *stigmata maydis* aqueous extracts cannot affect the vancomycin-sensitivity of MRSA bacteria grown in planktonic culture, but can significantly increase the sensitivity of MRSA bacteria grown in biofilm. Because the MRSA bacteria grown in biofilm have higher vancomycin resistance compared with that grown in planktonic culture, and *stigmata maydis* inhibited the biofilm formation of the MRSA bacteria, it indicated that the effect of *stigmata maydis* on vancomycin-sensitivity of MRSA bacteria grown in biofilm is through the inhibition of biofilm formation.

Since *stigmata maydis* is an inexpensive and easily available Chinese medicine, it could be used as an ancillary aid to vancomycin treatment of MRSA, providing new clues for the prevention and control of bovine mastitis caused by MRSA strains.

CONCLUSIONS

253 The aqueous extracts of *stigmata maydis* inhibit the biofilm formation ability of MRSA strains
 254 isolated from dairy cows with mastitis by down-regulating the transcription of the *ica* operon.
 255 However, the aqueous extracts of *stigmata maydis* increase the vancomycin susceptibility of the
 256 MRSA strains under biofilm-cultured conditions.

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Figure 1

Effect of stigmata maydis aqueous extract on growth of MRSA strains.

(A) The growth curves of MRSA strains SA2 and SA3 cultured in tryptic soy broth medium with or without specific concentrations of stigmata maydis extract. The results represent a mean of three independent experiments. (B) Colony-forming unit assays of MRSA strains SA2 and SA3. Colony counts of strains SA2 and SA3 were compared after 12 h of incubation at 37 °C with or without addition of stigmata maydis. The colony counts of the test group cultured with different concentrations of stigmata maydis were all compared with that of the control group (without stigmata maydis), the survival rate of which was designated as 100%. (* represents $P < 0.05$).

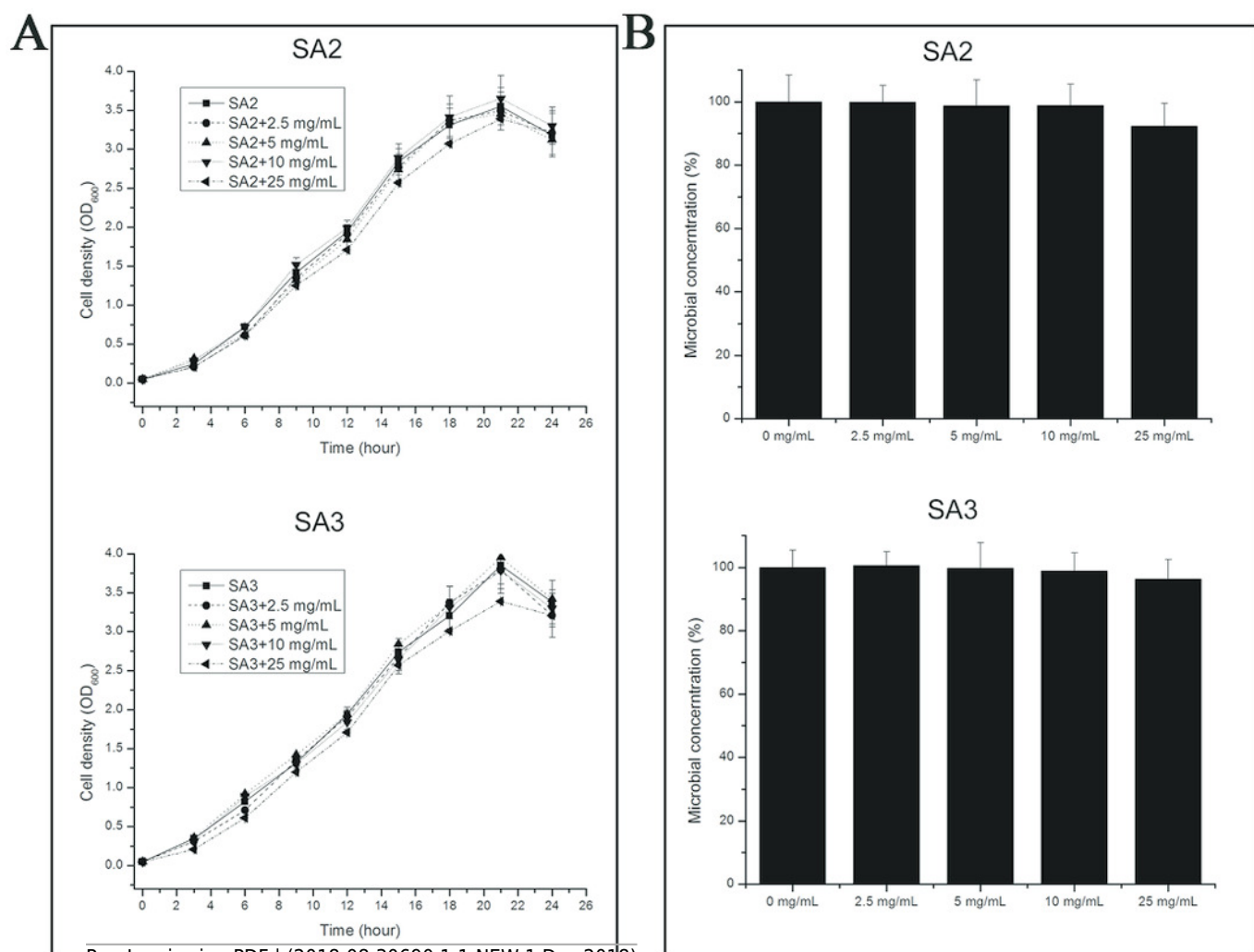


Figure 2

Effect of stigmata maydis aqueous extract on biofilm formation of MRSA strains.

The cells of strains SA2 and SA3 were cultured in 96 well plates for 24 h at 37 °C, and the stigmata maydis extract was added in the tryptic soy broth at concentrations of 0 mg/mL, 0.5 mg/mL, 1 mg/mL and 2 mg/mL, respectively. (A) Photographs of the 96 well plates were taken after staining with crystal violet. (B) The biomass that adhered to the plate after staining with crystal violet was measured by a MicroELISA auto-reader at a wavelength of 560 nm. The results represent a mean of three independent experiments. (** represents $P < 0.01$).

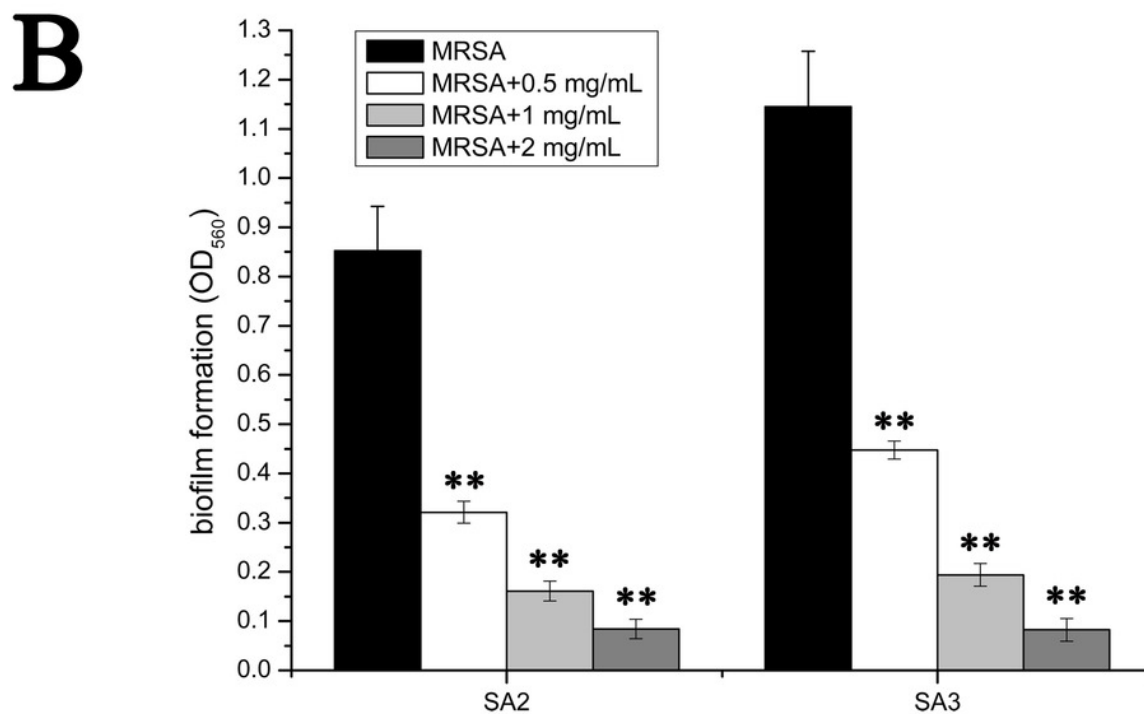
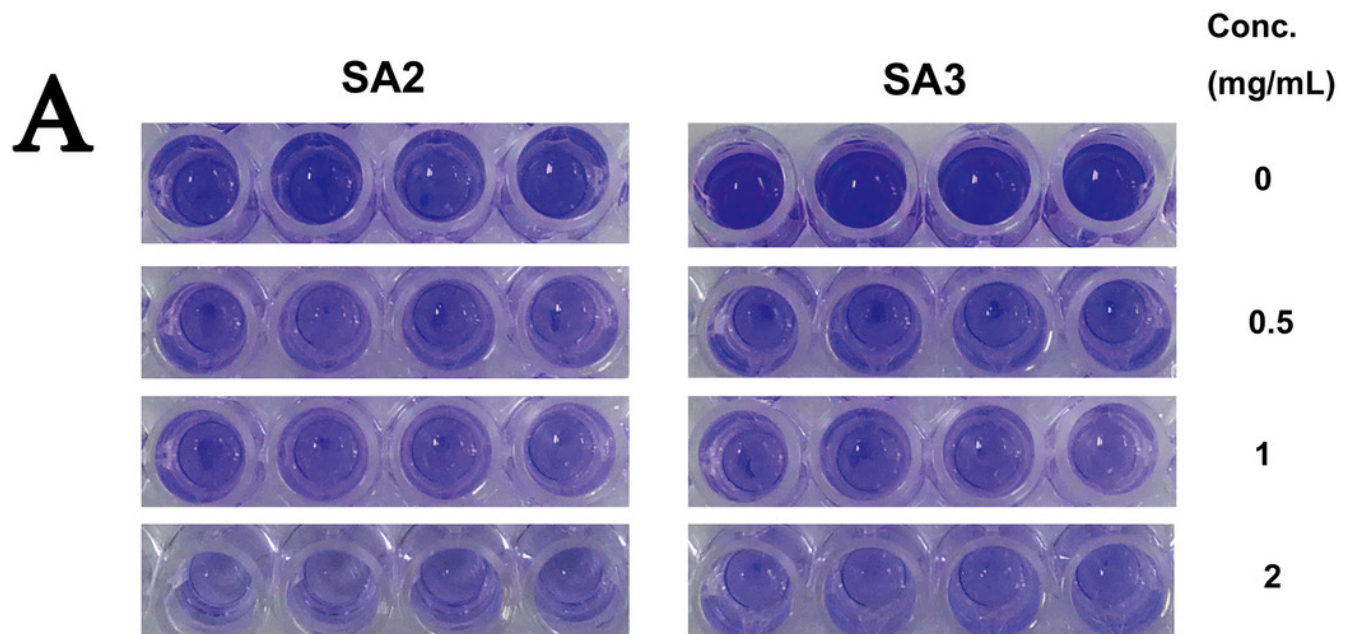


Figure 3

Comparison of the relative transcript levels of several biofilm-associated genes.

The transcript levels of *icaA*, *icaD*, *icaB*, *icaC* and *icaR* were measured by performing real-time reverse transcription-PCR in strains SA2 (A) and SA3 (B). The stigmata maydis extract was added to the culture medium at concentrations of 0 mg/mL, 0.5 mg/mL, 1 mg/mL and 2 mg/mL, respectively.

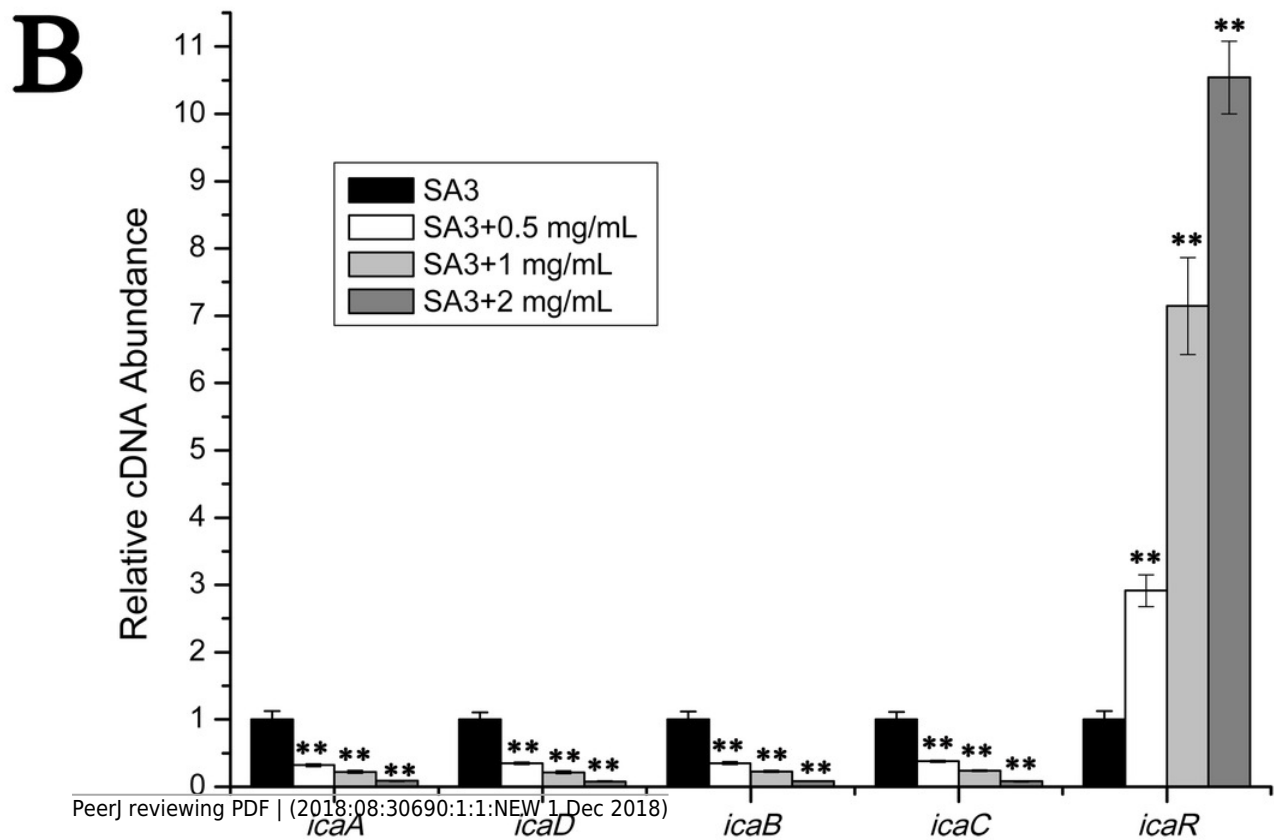
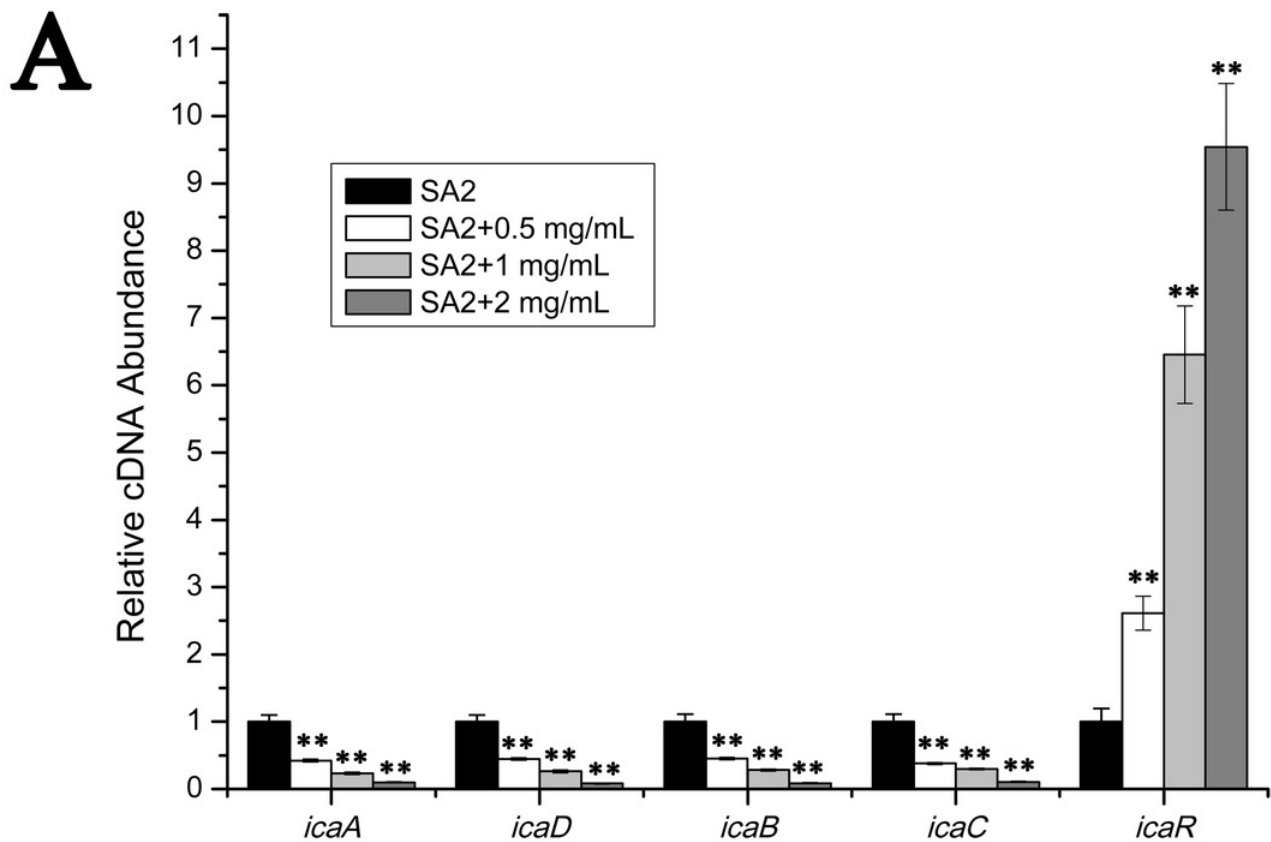
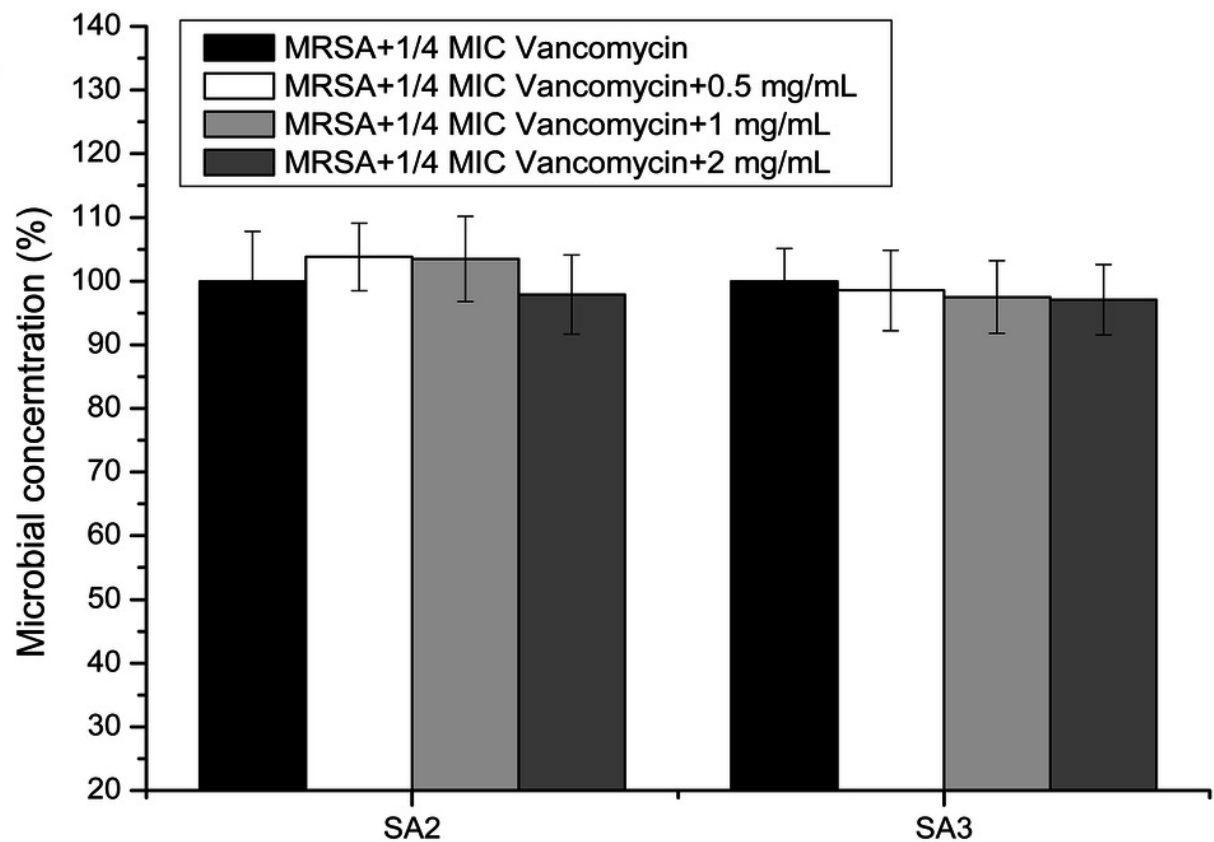


Figure 4

Colony-forming unit assays of the planktonic-cultured MRSA strains SA2 and SA3 in the presence of vancomycin.

The colony counts of the test group cultured with different concentrations of stigmata maydis were all compared with that of the control group (without stigmata maydis), the survival rate of which was designated as 100%. (A) MRSA strains were cultured with 1/4 MIC concentration of vancomycin (SA2: 0.125 $\mu\text{g/mL}$, SA3: 0.25 $\mu\text{g/mL}$). (B) MRSA strains were cultured with 1/2 MIC concentration of vancomycin (SA2: 0.25 $\mu\text{g/mL}$, SA3: 0.5 $\mu\text{g/mL}$).

A



B

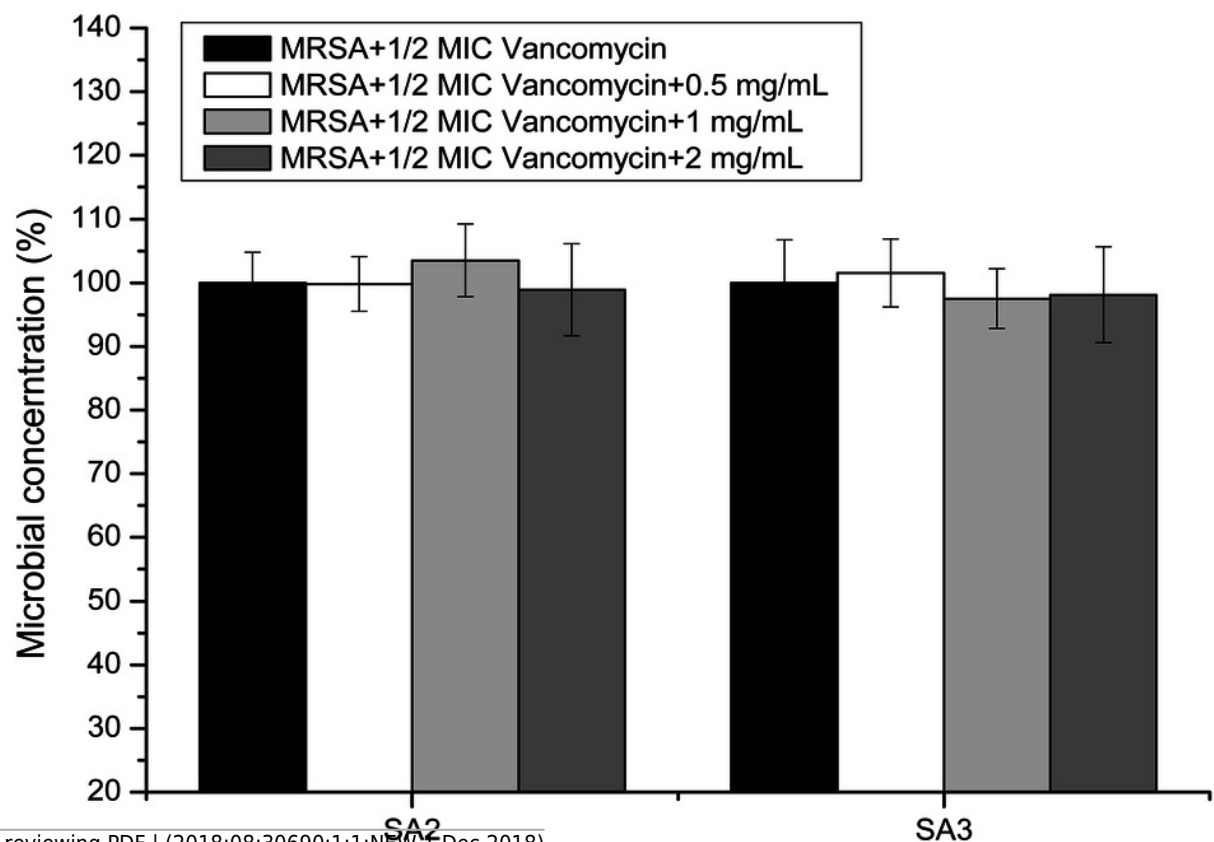
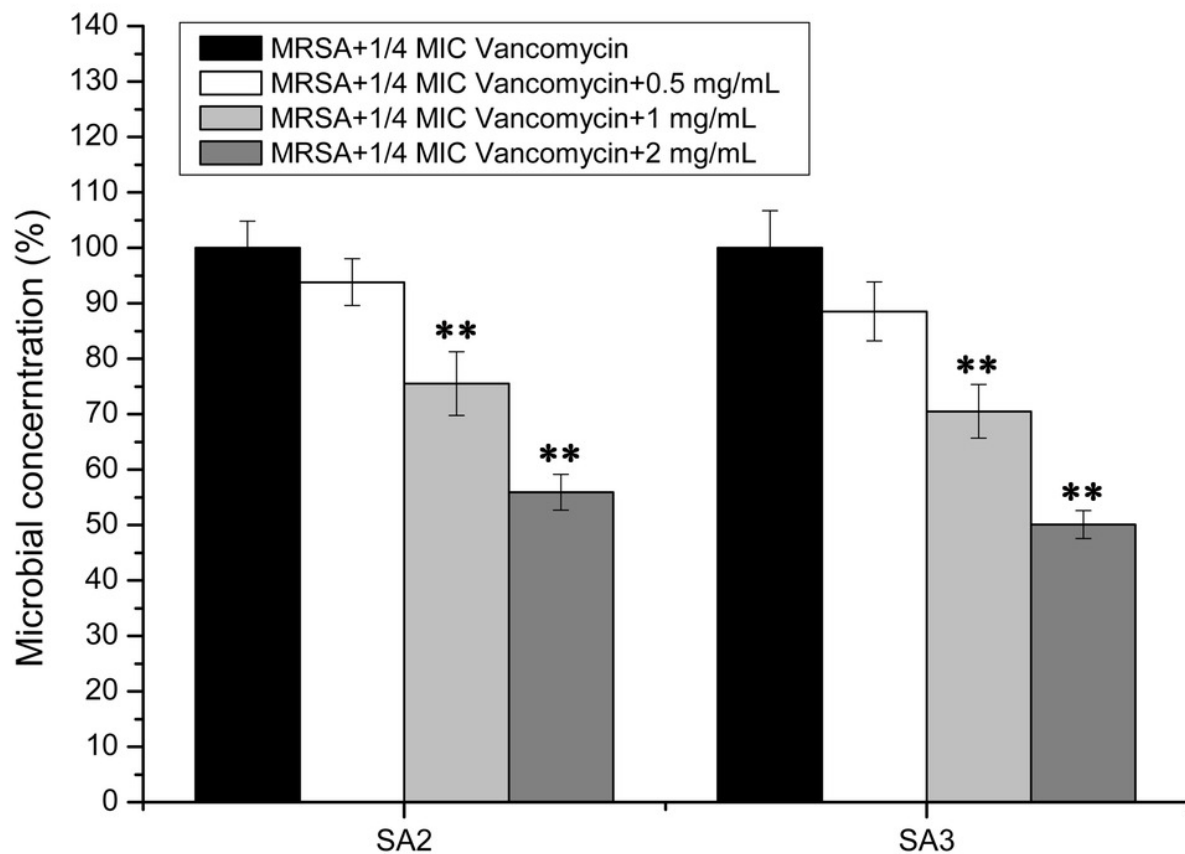


Figure 5

Colony-forming unit assays of the biofilm-condition cultured MRSA strains SA2 and SA3 in the presence of vancomycin.

The colony counts of the test group cultured with different concentrations of stigmata maydis were all compared with that of the control group (without stigmata maydis), the survival rate of which was designated as 100%. (A) MRSA strains were cultured with 1/4 MIC concentration of vancomycin (SA2: 0.125 µg/mL, SA3: 0.25 µg/mL). (B) MRSA strains were cultured with 1/2 MIC concentration of vancomycin (SA2: 0.25 µg/mL, SA3: 0.5 µg/mL).

A



B

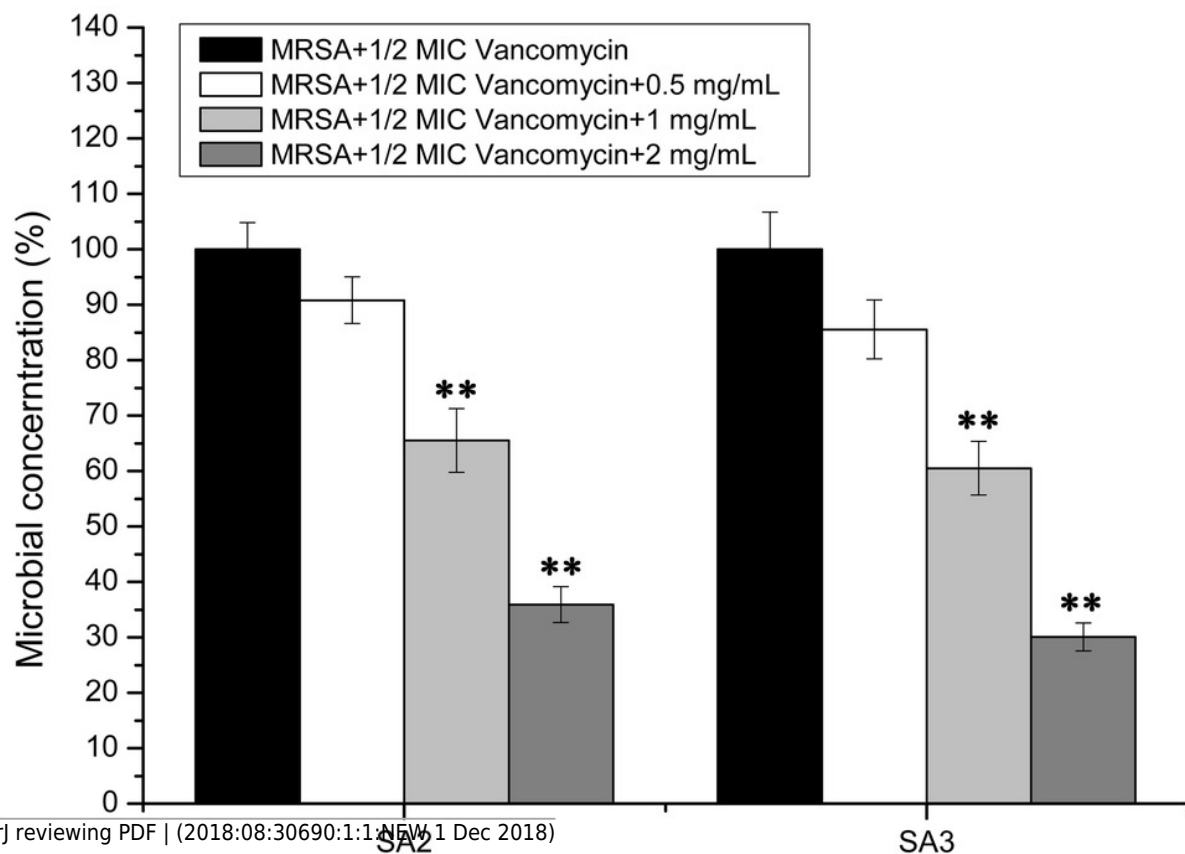


Table 1 (on next page)

Oligonucleotide primers used in this study.

Primer name	Oligonucleotide (5'-3')
rt-icaA-f	TTTCGGGTGTCTTCACTCTAT
rt-icaA-r	CGTAGTAATACTTCGTGTCCC
rt-icaB-f	CCTATCCTTATGGCTTGATGA
rt-icaB-r	CATTGGAGTTCGGAGTGA
rt-icaC-f	TACTGACAACCTTGAATTACCA
rt-icaC-r	AATAGCCATACCATTGACCTAA
rt-icaD-f	CCAGACAGAGGGAATACC
rt-icaD-r	AAGACACAAGATATAGCGATAAG
rt-icaR-f	TTATCTAATACGCCTGAGGAAT
rt-icaR-r	GGATGCTTTCAAATACCAACT