

Measuring the clients' experiences with care during pregnancy before and after childbirth: Does it matter?

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Background. When clients' experiences with maternity care are measured for quality improvement, surveys are administered once, usually six weeks or more after childbirth. Most surveys conveniently cover pregnancy, childbirth and postnatal care all in one. However, the validity of measuring the experiences during pregnancy (antenatal experiences) after childbirth is unknown. We explored the relation between the measurement of antenatal experiences late in pregnancy but prior to childbirth ('test' or gold standard) and its retrospective measurement after childbirth (retrospective test). Additionally, we explored the role of modifying determinants that explained the gap between these two measurements. **Methods and Findings.** Client's experiences were measured by the ReproQuestionnaire that consists of an antenatal and postnatal version, and covers the eight WHO Responsiveness domains. 462 clients responded to the antenatal and postnatal questionnaire, and additionally filled out the repeated survey on antenatal experiences after childbirth. First, we determined the association between the test and retrospective test using three scoring models: mean score, equal or above the median score and having a negative experience. The association was moderate for having any negative experience (absolute agreement=68%), for the median (absolute agreement=69%) and for the mean score (ICC =0.59). Overall, women were slightly more positive in the test than in the retrospective test. Multiple linear and logistic regression analysis for all three scoring models revealed systematic modifiers. Adverse experiences during childbirth and postnatal care and lack of professional continuity during childbirth negatively influenced postnatal measurement of antenatal experiences. **Conclusions.** The antenatal experiences should be measured before and not after childbirth, as the association between the antenatal experiences measured before and after childbirth is moderate.

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20 ABSTRACT

21 **Background.** When clients' experiences with maternity care are measured for quality
22 improvement, surveys are administered once, usually six weeks or more after childbirth. Most
23 surveys conveniently cover pregnancy, childbirth and postnatal care all in one. However, the
24 validity of measuring the experiences during pregnancy (antenatal experiences) after childbirth is
25 unknown. We explored the relation between the measurement of antenatal experiences late in
26 pregnancy but prior to childbirth ('test' or gold standard) and its retrospective measurement after
27 childbirth (retrospective test). Additionally, we explored the role of modifying determinants that
28 explained the gap between these two measurements. **Methods and Findings.** Client's
29 experiences were measured by the ReproQuestionnaire that consists of an antenatal and postnatal
30 version, and covers the eight WHO Responsiveness domains. 462 clients responded to the
31 antenatal and postnatal questionnaire, and additionally filled out the repeated survey on antenatal
32 experiences after childbirth. First, we determined the association between the test and
33 retrospective test using three scoring models: mean score, equal or above the median score and
34 having a negative experience. The association was moderate for having any negative experience
35 (absolute agreement=68%), for the median (absolute agreement=69%) and for the mean score
36 (ICC =0.59). Overall, women were slightly more positive in the test than in the retrospective
37 test. Multiple linear and logistic regression analysis for all three scoring models revealed
38 systematic modifiers. Adverse experiences during childbirth and postnatal care and lack of

39 professional continuity during childbirth negatively influenced postnatal measurement of
40 antenatal experiences. **Conclusions.** The antenatal experiences should be measured before and
41 not after childbirth, as the association between the antenatal experiences measured before and
42 after childbirth is moderate.

43

44 INTRODUCTION

45 Clients' experiences with care are considered to be an important independent indicator of
46 health care performance (Valentine et al. 2003; Valentine et al. 2007). Being relevant for its own
47 sake, clients' experiences could also affect health outcome through several pathways (Campbell
48 et al. 2000; Sitzia & Wood 1997; Wensing et al. 1998; Williams 1994). For example, clients who
49 truly understand the explanation of their caregiver are more likely to comply to treatment or
50 lifestyle change.

51 As clients' experiences are an independent indicator of performance, clients' experiences
52 are systematically measured using surveys, usually held after the care-episode. Such
53 measurements could identify areas for improvement (Haugum et al. 2014; Weinick et al. 2014).
54 Targets of quality improvement are found by identifying health care organizations or areas with
55 below average scores or single negative outliers on questions representing the characteristics of
56 service delivery, e.g. communication and prompt access to services. Next, the organization
57 develops and implements a plan to meet these goals, and verifies if the goals are met
58 (Department of Health 2010; Ellis 2006; Ettorchi-Tardy et al. 2012; Kay 2007).

59 Clients' experiences in maternity care are routinely measured in several countries. Data
60 on clients' experiences are usually collected through surveys administered six weeks or more
61 after childbirth. Most surveys cover pregnancy, childbirth and postnatal care in one measurement

62 (Dzakpasu et al. 2008; Hay 2010; Redshaw & Heikkila 2010; van Wagtendonk et al. 2010;
63 Wiegers et al. 1996). As these surveys cover almost about 9 months of care, with different health
64 care professionals, settings and possibly events, measurement of client's experiences bears the
65 risk of being vulnerable to memory failure and/or changes in perception due to modifying
66 intercurrent events that happened since, particularly regarding the antenatal care experiences.
67 Assuming the antenatal measurement of such experiences to be the gold standard, the question is
68 whether the response on the postnatal survey shows random and/or systematic error. Stated
69 otherwise, when the clients' experiences are measured before childbirth and repeated after
70 childbirth, does this lead to the same clients' experience scores? Ideally, valid measurement of
71 antenatal experiences postnatally should not be systematically affected by the care process,
72 experiences or outcomes that occur *after* antenatal measurement. Despite the widespread practice
73 of a one-stage postnatal measurement, to our knowledge this question has never been explored. If
74 random error is considerable or systematic shifts are present, the convenient one-stage
75 measurement perhaps should be replaced by a two-stage measurement procedure, that includes
76 the measurement of clients' experiences not only after childbirth but also antenatally.

77 We explored the presence of memory effects in the measurement of clients' experiences
78 in maternity care using the Repro Questionnaire (ReproQ). The ReproQ is the national survey for
79 client experience measurement in childbirth care. It was especially designed for a two-stage
80 measurement procedure, consisting of antenatal and postnatal versions. ReproQ was extensively

81 validated ($n > 18,000$) (Scheerhagen et al. 2015; Scheerhagen et al. 2016) and is currently
82 regarded as one of the national maternity care indicators (CPZ 2015).

83

84

85

86 METHODS

87 *ReproQuestionnaire*

88 The ReproQ consists of two versions, each covering the experiences of two reference periods.

89 The antenatal version covers the experiences during early and late pregnancy; the postnatal

90 version covers the experiences during childbirth and postnatal care. Both versions are identical,

91 in the sense that the same type of experiences is asked for, but items (questions) are contextually

92 adapted. Altogether, a client is invited to judge a typical item for four consecutive periods.

93 The conceptual basis of the ReproQ was the WHO responsiveness model (Valentine et al.

94 2003; Valentine et al. 2007). The WHO developed this universally applicable concept that

95 consists of four domains on the interactions of the client with the health professional (dignity,

96 autonomy, confidentiality, and communication), and of four domains on the client orientation of

97 the organizational setting (prompt attention, access to family and community support, quality of

98 basic amenities, and choice and continuity of care) (Valentine et al. 2003; Valentine et al. 2007).

99 The response mode of all the experience items uniformly consists of four categories: “never”,

100 “sometimes”, “often”, and “always”, with a numerical range of 1 (worst) to 4 (best).

101 Additional sections of the ReproQ address the client’s socio-demographic characteristics,

102 details about the care process during pregnancy and childbirth, and maternal and infant health

103 outcomes in non-medical terms as perceived by the mother. We added also a relevance question

104 on which two out of eight domains were most important to the client.

105 Previous psychometric analyses showed that content and construct validity were good, as
106 was the test-retest reliability of the experience during childbirth. Full details of the development
107 and the psychometric properties of the questionnaire are described elsewhere (Scheerhagen et al.
108 2015; Scheerhagen et al. 2016).

109

110

111 *Design, ReproQ scoring models, outcomes*

112 The Medical Ethical Review Board, Erasmus Medical Center, Rotterdam, the Netherlands,
113 approved the study protocol (study number MEC-2013-455).

114 The study was designed as a cohort study with three measurements. First, women received an
115 invitation to fill out the antenatal ReproQ around a gestational age of 34 weeks. This is called
116 ‘test’. Second, women received an invitation to fill out the postnatal ReproQ six weeks after the
117 expected date of childbirth. Non-responding women received a reminder two weeks after
118 invitation to the antenatal and postnatal questionnaire. Third, we invited women who responded
119 to the antenatal and postnatal ReproQ again to fill out the antenatal experiences after childbirth.
120 This is called the ‘retrospective test’. We sent the retrospective test at least 14 days after women
121 filled out the postnatal ReproQ.

122 Three different scoring models exist to summarize clients’ experiences and to monitor
123 adverse outcomes at the individual or aggregate level. The three models may be applied to an

124 individual item, to an individual domain (called domain score), to two summary scores of the
125 four personal and four setting domains (called personal and setting score), or to a summary score
126 of all domains (called total score).

127 The first model creates a dichotomous variable (called ‘negative score’) at the client
128 level, reflecting the presence of any so-called negative experience (for details see below). The
129 second scoring model computes a continuous mean score (called ‘mean score’, range 1.0-4.0) at
130 the client level, for each domain or group of domains separately. The third model creates a
131 dichotomous variable at the client level reflecting whether her mean item score is equal or above
132 the median of the respective domain or summary scores (called ‘median score’). This third
133 scoring model was added because of the skewed distributions of the experience scores.

134 A ‘negative’ experience was defined as ticking the category ‘never’ in at least one of the
135 items of a domain (indicating a very poor experience), and/or filling out ‘sometimes’ in at least
136 one of the items of a domain that the client identified as most important, thereby creating a
137 personalized score. Since the likelihood of a negative experience partially depends on the
138 number of items per domain, absolute percentages of negative scores cannot be compared across
139 domains. The negative score model assumes that, for the individual client or for an organisation,
140 a negative experience cannot be compensated by very good experiences on other items or
141 domains. This is contrary to the mean score where good experiences can compensate poor
142 experiences.

143 The mean score was defined as the unweighted average score of items within a domain,
144 treating the item response categories numerically. The total, personal and setting summary scores
145 are not the mean of all items involved in the domains, but the mean of the mean domain scores
146 involved in that summary measure. For the calculation of the summary scores, each domain has
147 the same weight, even if the domains rest on a different numbers of items.

148

149 *Data collection*

150 ReproQ data were obtained from two sources: 10 perinatal units (a hospital with its associated
151 community midwife practices) and two maternity care organizations. These organizations deliver
152 postnatal care at home from childbirth onwards over a period of seven to 10 days. Women can
153 register and apply for this service during pregnancy.

154 For perinatal units, clients were invited to participate by their caregiver, who asked for consent.

155 For maternity care organizations, all women were invited to fill out the client experience
156 questionnaire, after consent was ticked.

157 Data were collected in two periods. In the first period (October 2013 to January 2015),
158 data was collected with the antenatal ('test') and postnatal ReproQ. There were no restrictions to
159 invite women to fill out the antenatal and postnatal ReproQ; all women could participate
160 provided that informed consent was signed or ticked. The second period, December 2014,
161 administered the data of the retrospective test. Women were excluded from participation of the

162 retrospective test for the following reasons: 1) women did not respond to the antenatal and
163 postnatal questionnaires, 2) women filled out less than 50% of the antenatal and/or postnatal
164 experience score, or 3) they filled out the questionnaires on paper. Women were excluded from
165 analyses if they filled out less than 50% of items of the retrospective test questionnaire, or if
166 women filled out the retrospective test over 1.5 years after childbirth. The latter criterion
167 excluded women who could be pregnant again.

168

169 *Measures of agreement*

170 In this study we used two dichotomous scores and one continuous score for the domain and
171 summary scores, with two different agreement statistics. For the negative and median scores, we
172 used the percentage absolute agreement (AA), classified as 'excellent' (90%-100%), 'good'
173 (75%-89%), 'moderate' (60%-74%), or 'poor' (< 60%) (Singh et al. 2011). For the mean score,
174 we used the Intraclass Correlation Coefficient (ICC) as measure of agreement (two way mixed
175 model, absolute agreement, single average), and classified the estimated ICCs as: 'excellent' (\geq
176 .81), 'good' (.61 - .80), 'moderate' (.41 - .60), 'poor' (\leq .40) (Singh et al. 2011).
177 For the individual items, agreement between the test and retrospective test was quantified as the
178 percentage absolute agreement.

179

180 *Data analysis*

181 Figure 1 shows the analytic framework. All analyses were performed on the reported experience
182 of the second half of the pregnancy, because in psychometric analysis the experiences during
183 first and second half of pregnancy are highly associated ($AA_{Neg}=91.6\%$; $AA_{MD}=85.9\%$;
184 $ICC=0.83$). The late antenatal experiences were chosen as comparator ('test' or gold standard),
185 because the second half of pregnancy covers more antenatal check-ups than the first half, and
186 therefore thought to be more representative for the entire antenatal phase. Moreover, the
187 timespan between the second half the pregnancy and the retrospective test is smaller than the
188 timespan between early pregnancy and the retrospective test, and therefore the risk of memory
189 effects is probably smaller.

190 We used all retrospective test data collected up to 1.5 years after childbirth (range: 3.5
191 month to 1.5 years after birth). The wide range had limited impact on the experience scores of
192 the retrospective test and the association between the test and retrospective test; both slightly
193 decreased over time (data not shown).

194 First we explored the crude agreement between the antenatal experiences measured before
195 (gold standard) and after childbirth (retrospective test). For that purpose the three outcome
196 measures were computed for a. the total score, b. the personal and setting combined domain
197 scores, and c. the individual domain scores, and subsequently the agreement of golden standard
198 and retrospective test was calculated. The agreement of the individual items between before
199 (gold standard) and after childbirth (retrospective test) was established. While the domain and

200 summary measures were calculated conventionally, for the individual item analyses, we split the
201 ‘no-agreement’ category into “gold standard better experience than retrospective” and “gold
202 standard worse than retrospective”.

203 Second, we explored the effects of background characteristics and effects of presence of
204 systematic effects of intercurrent events, by estimation of the antenatal total experience score as
205 measured after childbirth. For the negative and median score models, we used multiple binary
206 logistic regression analysis. For the continuous mean score model, we applied multiple linear
207 regression analysis. Dependent variable was the antenatal total experience score as measured
208 after childbirth; independent variables were the antenatal total experience score as measured
209 before childbirth (gold standard score) and a set of potentially modifying factors. The following
210 sets of determinants were included (forced entry): socio-demographic characteristics, previous
211 experiences (pregnancy, childbirth and postnatal care), characteristics of the care process during
212 pregnancy and childbirth including interventions during childbirth, and perceived health
213 outcomes of mother and child.

214 Considering the abundance of possible determinants and limited sample size, we included
215 in the multivariable analyses only those that were determinants of clients’ experiences during
216 birth (multivariable analyses) (Scheerhagen et al. 2017). A determinant was overall judged as
217 significant if its the estimated adjusted beta-coefficient (or OR) was statistically significant
218 ($p < 0.05$, two-sided) in at least two of these analyses, a conservative approach.

219 For the binary logistic regression analysis, the goodness of fit was assessed using the
220 proportion of correct predictions. For linear regression we used the adjusted R^2 .

221

222 [Figure 1]

223 RESULTS

224 Figure 2 shows the flow diagram. We invited 3,313 women for the retrospective test, of
225 whom 1091 women responded (33%). Of these, 629 women were excluded from analysis. The
226 remaining 462 women were included in the analysis.

227

228 [Figure 2]

229

230 Table 1 presents the characteristics of the included women (n=462). Mean age was 32
231 years (SD=4.8). Half of the women gave childbirth for the first time. 26 (6%) women were of
232 non-Western background; and 14 (3%) women reported to have a low educational level. 241
233 (52%) women reported not to know the health care professional who supervised their delivery.
234 70 (16%) women were referred to secondary care during their pregnancy, and 144 (32%) were
235 referred during parturition. 84 (18%) women reported that they felt unhealthy and that they were
236 hospitalized after childbirth. Additionally, 59 women (13%) perceived their babies' health as
237 unhealthy and reported that their babies were hospitalized.

238

239 [Table 1]

240

241 Table 2 shows the crude agreement between the antenatal experiences measured before
242 and after childbirth for the summary and domain scores. For the total score, 35% of the women
243 reported one or more negative experiences filling out the test, and 33% when filling out the
244 retrospective test. The absolute test-retrospective test agreement (AA) of ‘having a negative
245 experience’ was 67.5% (CI: 63.0%-71.8). The absolute test-retrospective test agreement (AA) of
246 ‘a score above the median’ was 69.6% (CI: 65.2 %-73.8%). The ICC of the total experience
247 scores ($\text{mean}_{\text{test}}=3.77$; $\text{mean}_{\text{retrospective test}}=3.69$) was 0.59. The negative, median and mean score
248 models all indicated a moderate association. The associations of the personal score and setting
249 score were comparable for the negative and median score, but for the mean score the association
250 of the personal score was weaker than the setting score (ICC 0.49 vs 0.59).

251 All individual domains showed a good to excellent association for having a negative
252 experience. For the median and mean scores, all domain associations were moderate, except for
253 Confidentiality, which had an ICC of 0.27, indicating a poor association.

254

255 [Table 2]

256

257 The item analyses showed good to excellent associations for having a negative experience
258 (see Table 3). For the median score, the associations varied from excellent to moderate, except
259 for ‘Influence on childbirth plan’ (AA=59.7%). For the mean score, not only this item

260 (AA=56.6%) but also ‘Waiting time for service’ (AA=57.7%) and ‘Continuity of care provision
261 when change of professional’ (across disciplines) (AA=55.2%), had a poor association.

262 Table 3 also depicts the magnitude and direction of change between the before and after
263 birth measurements. For the negative score, level of agreement was very high, indicating that
264 scores were fairly stable between the test and retrospective test, with slightly more clients
265 reporting negative scores at the test, the ‘Birthplan’ item being an exception. The median and
266 mean scores showed more variability in scores between the test and retrospective test, with the
267 overall trend of higher scores at the test.

268

269 [Table 3]

270

271 Table 4 shows the results of the regression analyses. The experience score of the
272 retrospective test were not influenced by any of the socio-demographic characteristics. However,
273 the retrospective test score was significantly associated with the women’s antenatal, childbirth
274 and postnatal experiences. Of the care process determinants, only professional continuity was
275 relevant. Finally, the perceived maternal and infant health outcome had no influence on the
276 retrospective test. Despite the different analyses and scoring models, the goodness of fit was
277 comparable for the three measures (70-73%).

278

279 [Table 4]

280 DISCUSSION

281 To determine the optimal timing of the collection of data on clients' antenatal
282 experiences, we assessed the association between the antenatal experiences measured before and
283 after childbirth for the summary, domain and item scores. The total score showed a moderate
284 association, irrespective of the scoring model used (negative, median or mean score). For the
285 individual domain scores, the associations varied with the scoring model selected, being high for
286 the negative score, and moderate for the median and mean scores, but patterns were quite
287 consistent with the scoring model used. Confidentiality was the only domain with a poor
288 association for the mean score. For the individual items, associations were particularly low for
289 'Influence on your childbirth plan', 'Waiting time for service', and 'Continuity of care provision
290 when change of professional (across disciplines)'. Overall, the measurement of antenatal
291 experiences after birth results in elevated variability of experiences across clients, with the
292 overall trend that scores after birth are somewhat lower than before birth. Additionally, gap
293 between antenatal and postnatal measurement is (partly) associated with clients' experiences
294 during childbirth and postnatal care and by professional discontinuity during childbirth.

295 One key-result is that the antenatal experience score measured after childbirth was only
296 moderately associated with the antenatal experiences measured before childbirth, irrespective of
297 the scoring model applied. In contrast, the personal, setting, domain and item scores were

298 stronger associated for having a negative experience than for the median and mean scores. One
299 explanation for this is that a negative experience lingers better in one's memory than an equally
300 moderate or good experience, as shown in decision and judgment theory (Kahneman & Tversky
301 1979; Redelmeier & Kahneman 1996; Redelmeier et al. 1993). An alternative explanation is of a
302 statistical nature: changes in experiences are less easy to capture using a dichotomous measure
303 like the negative score, producing much more agreement between the test and the retrospective
304 test. The same argument, however, does not apply to the dichotomous median score. For the
305 negative score, the cut-off has a fixed definition and is therefore absolute. In contrast, the cut-off
306 for the median score equals the median of the distribution of the summary and domain scores 'as
307 observed', and is therefore a relative position. Furthermore, the odds of having a negative
308 experience increases with the number of items, whereas the odds of having an experience score
309 equal or above the median is independent from the number of items.

310 In the ideal situation, a strong association between the antenatal experiences measured before
311 and after childbirth is expected and desired. Furthermore, valid measurement of antenatal
312 experiences postnatally should not be systematically affected by the care process, experiences or
313 outcomes that occur *after* antenatal measurement. However, our results strongly suggest the
314 opposite: women's experiences with childbirth and with postnatal care had a positive and
315 systematic impact on the antenatal experiences measured postnatally.

316 One possibility is that women's response scales changed after birth. It is well known from

317 research on judgment and decision (Stiggelbout & de Vogel-Voogt 2008) and response shift
318 (Rapkin & Schwartz 2004; Schwartz et al. 2007; Sprangers & Schwartz 1999), that pre-treatment
319 judgment scales may differ systematically from post-treatment scales with, in our case, childbirth
320 as the so-called catalyst. A change of reference frame or internal standards of comparison might
321 result in scale recalibration (Rapkin & Schwartz 2004; Schwartz et al. 2007; Sprangers &
322 Schwartz 1999; Stiggelbout & de Vogel-Voogt 2008) The change comparison process may be
323 related not only to a change of status quo, but also to the change of women's affect and mood
324 after childbirth (Stiggelbout & de Vogel-Voogt 2008). Another possibility is that retrospective
325 judgement of past experiences invokes the risk of memory errors. Recall bias, i.e. 'wrong'
326 assessment post-hoc of a former outcome (Blome & Augustin 2015), may have occurred under
327 the influence of childbirth and/or postnatal events or experiences. Another form of memory
328 error, so-called hindsight bias (i.e. the influence of outcome knowledge on memory
329 reconstruction, increasing the predictability of the outcome is less likely as (favorable) childbirth
330 and postnatal experiences contributed positively to the gap between antenatal and postnatal
331 measurement instead of bridging it (Fischhoff 2003).

332

333 In the ideal situation, the gap between antenatal and postnatal measurement should be
334 independent from the care process and intervention determinants. Overall, effect sizes of these
335 variables were moderate to negligible and not significant. One exception to this is professional

336 continuity during childbirth that was of significant impact on the antenatal experiences measured
337 after childbirth. This is probably due, at least in part, to clients' expectations: a new professional
338 during childbirth is never as well informed about a client's wishes and customs as her attending
339 professional during pregnancy, and trust between the new health care professional and the client
340 is lacking. Even though the antenatal health care professional could (and should) inform a client
341 that a transfer during childbirth is possible, clients may not feel prepared for a change of
342 professional.

343 Surprisingly, the perceived health outcome of mother and child had no impact on the
344 antenatal experiences measured after childbirth. This is in contrast with literature, which suggests
345 that, in retrospect, when women recollect their antenatal experiences after childbirth, these
346 experiences could adapt in the direction of the (perceived) health outcome during childbirth; i.e.
347 hindsight bias (Fischhoff 2003; Pohl et al. 2002; Ruoss 1997). One explanation is that hindsight
348 bias did not occur in our case. Another explanation is that clients do not perceive a relationship
349 between the health outcomes of birth and the experiences during pregnancy, as different services
350 are provided, often by different health care professionals and often in different settings.

351 Another surprise is that none of the included socio-demographic determinants were
352 significantly associated with the gap between the test and the retrospective test. This is contrary
353 to the results of research on judgment and decision (Stiggelbout & de Vogel-Voogt 2008) and
354 response shift (Rapkin & Schwartz 2004; Schwartz et al. 2007; Sprangers & Schwartz 1999).

355 Several explanations can be put forward. Firstly, contrary to Sprangers & Schwartz, a change of
356 antenatal and postnatal scales (recalibration, with childbirth as the so-called catalyst) did not
357 occur or the change was small or undetectable. Secondly, several studies suggest that the
358 agreement between the test and retrospective test is similar between subgroups, even though the
359 experiences are different (Britton 2012; Quintana et al. 2006; Raleigh et al. 2010; Scheerhagen et
360 al. 2017). Stated otherwise, the effect may have been cancelled within patients or even be
361 unrelated to patient characteristics. Thirdly, the socio-demographic characteristics do not directly
362 affect the experience scores but only exert an indirect effect, through influencing the clients'
363 mechanisms to accommodate the change in her situation (here: childbirth) (Rapkin & Schwartz
364 2004; Schwartz et al. 2007; Sprangers & Schwartz 1999). Consequently, the impact of socio-
365 demographics may already be incorporated in the impact of previous experiences. Fourthly, our
366 sample was too small to detect any impact of socio-economic status and ethnicity on the
367 antenatal experiences measured after childbirth. However, that argument did not apply for
368 marital status, maternal age and parity, which are socio-demographic characteristics that did not
369 qualify for the multivariable analyses. Finally, we may have omitted relevant variables, e.g.
370 personality traits or affect and mood (Saposnik et al. 2016; Stiggelbout & de Vogel-Voogt 2008).

371

372 Strengths & Limitations

373 One strength of this study is that, to our knowledge, this is the first study exploring the
374 validity of clients' antenatal experiences measured after childbirth. Nevertheless, several
375 limitations merit discussion. Firstly, women with a low educational level and non-Western
376 women were underrepresented despite considerable efforts to adapt the questionnaire and other
377 measures taken to further their participation. Available data suggests, however, that both
378 variables were unrelated to the gap between the antenatal and postnatal measurements. Secondly,
379 we did not administer whether the clients' situation changed during the interval between test and
380 retrospective test other than the events, experiences and perceptions during childbirth and
381 postnatal care. It is possible that omitted variables could further modify the gap between test and
382 retrospective test.

383

384 Conclusion

385 Clients' experiences during pregnancy, childbirth and postnatal care are often measured for
386 quality improvement cycles. We recommend measuring the antenatal experiences in late
387 pregnancy instead of after childbirth, as the agreement between the antenatal experiences
388 measured before and after childbirth is overall poor to moderate. Measurement of antenatal
389 experiences postnatally is probably subject to postnatal effects. Furthermore, measuring the
390 antenatal experiences during pregnancy is the golden standard from a psychometric point of

391 view. From an efficiency point of view, one could also argue to measure the antenatal
392 experiences after birth and adjust the data to meet the experiences of the golden standard.

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489

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Figure 1

Framework of analyses to determine the association of the antenatal experiences measured before vs. after childbirth.

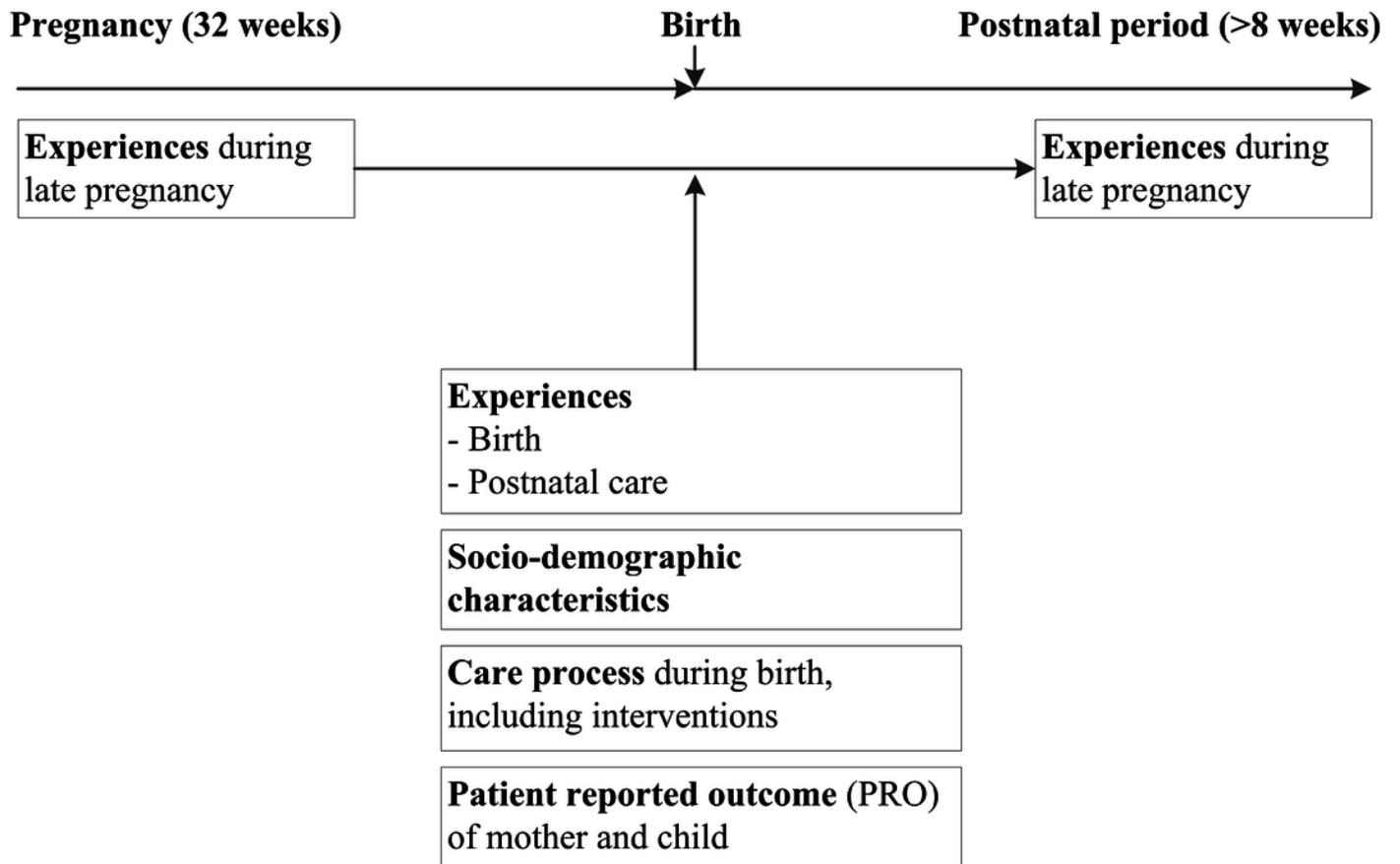


Figure 2

Flow diagram of study

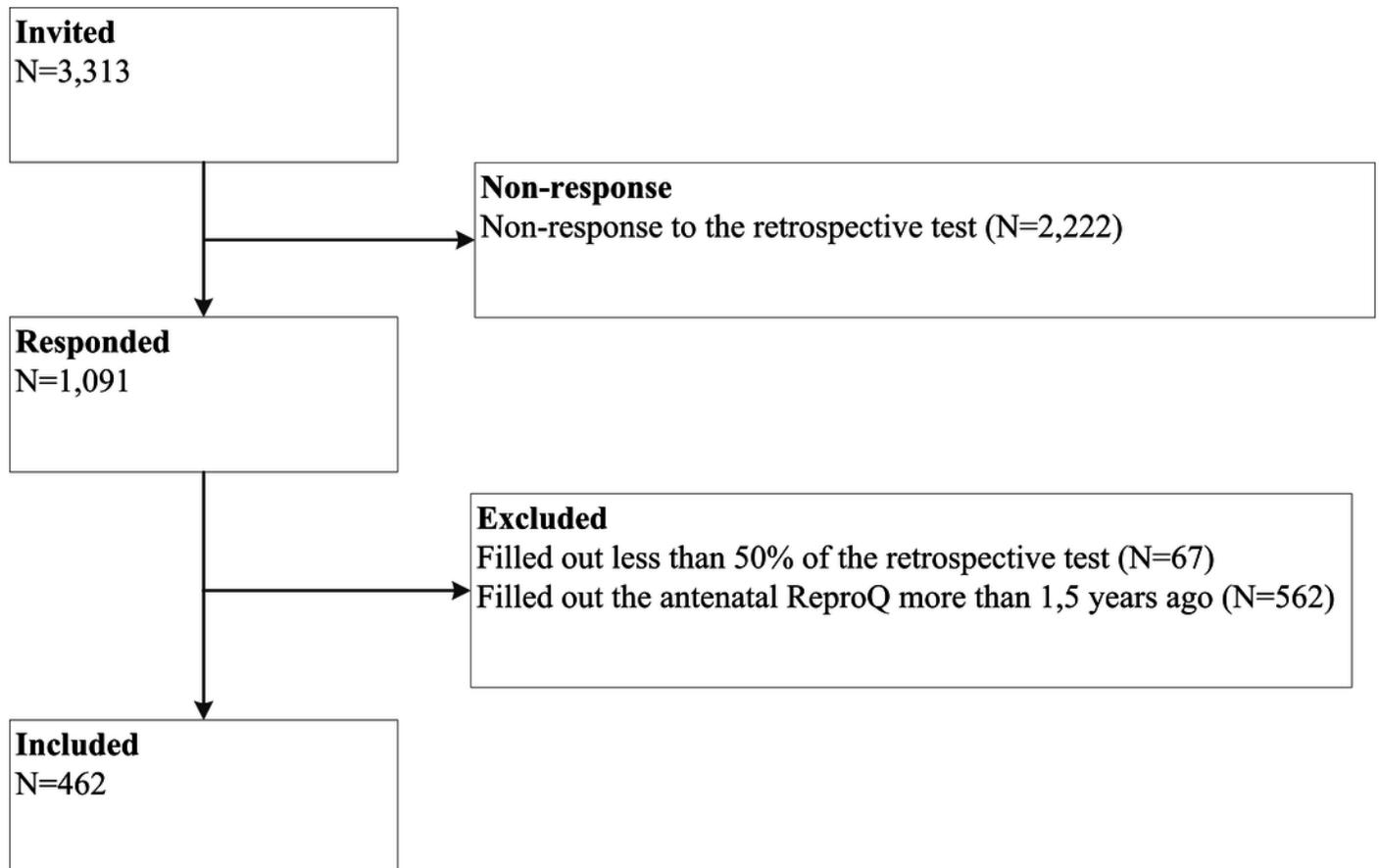


Table 1 (on next page)

Characteristics of women who filled out both the test and retrospective test (n=462)[§].

[§]The percentage of missing data was below 3% for all characteristics.

		N	%
Socio demographic characteristics			
Age	≤24	13	3
	25-29	130	28
	30-34	185	40
	≥35	130	28
Parity	Primiparous	229	50
	Multiparous	233	50
Ethnic background	Western	435	94
	Non-Western	26	6
Educational level	Low	14	3
	Middle	135	29

	High	312	68
Marital status	Married/living together	447	97
	Not living together or no relationship	14	3
Planned pregnancy	Yes	421	91
	No	41	9
Care process			
Professional continuity	Yes	220	48
	No	241	52
Setting continuity	No referral	238	53
	Referral to secondary care during pregnancy	70	16
	Referral to secondary care	144	32

	during parturition		
Realization of the expected	Yes		
place of childbirth		263	58
	No	182	40
	No prior expectations	11	2
Intervention			
Induced labor	No	355	78
	Yes	103	23
Mode of childbirth	None	270	58
	Episiotomy	81	18
	Vacuum or forceps	46	10
	extraction		
	Cesarean	65	14

Patient reported outcome

Baby	Healthy and not		
	hospitalized	315	68
	Healthy, but hospitalized	60	13
	Unhealthy, but not		
	hospitalized	28	6
	Unhealthy and hospitalized	59	13
Mother	Healthy and not		
	hospitalized	245	53
	Healthy, but hospitalized	27	6
	Unhealthy, but not		
	hospitalized	106	23
	Unhealthy and hospitalized	84	18

Table 2 (on next page)

The association between the late antenatal experiences measured during pregnancy and after childbirth, expressed as having a negative experience, below the median score and mean score (n=462).

Having a negative experience (never in an domain and/or 'sometimes' in the individually chosen two most important domains).

\$ Equal or above the median

	Negative experience score #			Median experience score \$			Mean experience score			SD	ICC			
	Negative test (%)	Negative retrospective test (%)	Absolute agreement (AA) (%)	≥ MD test (%)	≥ MD retrospective test (%)	Absolute agreement (AA) (%)	Mean test	Mean retrospective test						
Total score	35.1%	vs.	32.5%	67.5%	60.4%	vs.	47.7%	69.6%	3.77	0.23	vs.	3.69	0.29	0.59
Personal score	22.1%	vs.	19.5%	75.8%	74.6%	vs.	59.0%	70.5%	3.81	0.23	vs.	3.72	0.29	0.49
Setting score	18.8%	vs.	19.9%	76.8%	50.2%	vs.	44.0%	69.6%	3.73	0.28	vs.	3.66	0.33	0.59
Dignity	2.6%	vs.	3.5%	96.1%	74.0%	vs.	58.7%	69.9%	3.89	0.24	vs.	3.81	0.31	0.42
Autonomy	19.9%	vs.	15.6%	77.5%	75.1%	vs.	86.0%	74.0%	3.64	0.42	vs.	3.61	0.45	0.42
Confidentiality	0.4%	vs.	1.1%	98.5%	88.1%	vs.	76.6%	76.8%	3.91	0.26	vs.	3.82	0.38	0.27
Communication	1.9%	vs.	3.0%	96.8%	50.6%	vs.	42.7%	71.4%	3.78	0.29	vs.	3.69	0.38	0.41
Prompt Attention	3.5%	vs.	5.4%	94.2%	53.5%	vs.	43.0%	69.2%	3.68	0.31	vs.	3.59	0.37	0.52
Social Considerations	1.1%	vs.	1.5%	97.8%	67.3%	vs.	64.6%	71.9%	3.79	0.35	vs.	3.76	0.41	0.46
Basic Amenities	2.2%	vs.	1.9%	96.8%	70.1%	vs.	59.1%	69.6%	3.83	0.32	vs.	3.74	0.39	0.48
Choice and Continuity	13.6%	vs.	13.9%	80.7%	53.5%	vs.	47.4%	69.2%	3.61	0.54	vs.	3.54	0.58	0.49

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Table 3 (on next page)

Level of absolute agreement between the items measured during pregnancy and after childbirth (n=462).

Having a negative experience (never in an domain and/or 'sometimes' in the individually chosen 2 most important domains).

\$ Equal or above the median

Itemscore	Negative experience score #			Median experience score \$			Mean experience score		
	Test = retrospec -tive test	Test > retrospec -tive test	Test < retrospec -tive test	Test = retrospec -tive test	Test > retrospec -tive test	Test < retrospec -tive test	Test = retrospec -tive test	Test > retrospec -tive test	Test < retrospec -tive test
Dignity									
Respecting privacy	99.6	0.4	0.0	87.4	10.6	1.9	87.1	10.7	2.2
Treating with respect	99.6	0.2	0.2	90.0	7.8	2.2	89.7	8.1	2.2
Giving personal attention	97.6	1.1	1.3	81.8	12.6	5.6	80.5	13.4	6.1
Treating with kindness	98.9	0.6	0.4	87.0	8.7	4.3	86.3	9.0	4.6
Considering your wishes and customs	97.6	1.7	0.6	77.5	16.0	6.5	74.8	18.0	7.2
Trustworthy as health professional	98.3	1.1	0.6	75.5	16.9	7.6	74.0	17.9	8.1
Autonomy									
Refuse treatment	96.5	0.6	2.8	74.2	15.8	10.0	69.9	17.4	12.7
Involved in decision-making	98.1	1.5	0.4	73.2	16.9	10.0	71.0	17.5	11.6
Consent screening	95.5	2.8	1.7	95.5	2.8	1.7	95.8	3.1	1.2
Birthplan	83.3	6.1	10.6	65.6	17.7	16.7	56.6	25.1	18.3
Confidentiality									
Handeling your medical details and records	100.0	0.0	0.0	85.5	9.1	5.4	85.1	9.6	5.3
Secured provision of medical information to others	98.9	0.9	0.2	82.0	14.1	3.9	80.9	15.2	3.9
Communication									
Responsive to client questions	99.6	0.4	0.0	83.1	12.6	4.3	82.4	13.2	4.3
Consistency of advice across professionals	97.8	1.7	0.4	68.6	20.6	10.8	62.7	24.3	13.0
Comprehensibility of explanation	99.6	0.2	0.2	82.7	11.5	5.8	81.9	12.2	5.9
Provision of information while treated	98.5	0.9	0.6	74.5	16.5	9.1	72.7	17.8	9.5
Prompt attention									
Access for appointment/contact in urgent situations	100.0	0.0	0.0	87.4	8.0	4.5	83.9	9.2	7.0
Access for appointment/contact without urgency	98.5	1.1	0.4	66.9	21.4	11.7	62.5	23.7	13.8

Time from health care professional when requested	99.6	0.4	0.0	77.3	15.8	6.9	75.6	17.4	7.0
Waiting time for service	95.2	2.8	1.9	85.9	10.0	4.1	57.7	25.7	16.6
Setting within reach	99.4	0.4	0.2	82.3	11.3	6.5	81.6	11.6	6.8
Prompt phone response of health professional	99.6	0.4	0.0	76.0	16.2	7.8	74.2	17.7	8.1
Social considerations									
Involvement of the partner in care provision	98.7	0.9	0.4	77.7	13.4	8.9	74.1	15.1	10.8
Taking into account of family duties	99.4	0.2	0.4	78.6	11.9	9.5	75.3	13.3	11.4
Feeling supported by your family	99.4	0.4	0.2	87.7	6.1	6.3	85.8	7.2	7.0
Basic amenities									
Comfort of setting	97.4	2.6	0.0	71.0	19.0	10.0	66.7	22.2	11.1
Hygiene of setting	99.1	0.6	0.2	84.0	11.3	4.8	82.6	12.4	5.0
Accessibilty of setting	99.6	0.2	0.2	88.7	7.4	3.9	88.3	7.6	4.1
Choice and continuity									
Continuity of care provision when change of individual professional (same discipline)	99.1	0.2	0.6	69.9	19.5	10.6	67.8	20.7	11.5
Continuity of care provision when change of professional (across disciplines)	97.8	1.5	0.6	73.2	18.8	8.0	55.2	26.4	18.4
Allowance for selecting a preferred type of health professional	81.6	8.4	10.0	73.8	14.5	11.7	66.8	17.9	15.3
Being clear WHO was in charge of your care	97.0	1.7	1.3	79.4	12.1	8.4	72.0	16.3	11.7

1
2

Table 4(on next page)

Impact of experiences during pregnancy, childbirth and postnatal period, care process, interventions during childbirth, and patient reported outcomes on the total experience score during pregnancy measured after childbirth, expressed as having a negative

Having a negative experience (never in an domain and/or 'sometimes' in the individually chosen 2 most important domains).

\$ Equal or above the median

^ The determinant was of significant influence for at least two of the outcome measures

* $p < 0.05$, two-sided

Goodness of fit	Overall sign ^	Negative experience score#			Median experience score\$			Mean experience score		
		OR	71% 95% CI	p	OR	73% 95% CI	p	β	70% 95% CI	p
Socio demographic characteristics										
Ethnic background										
	Western (ref)									
	Non-Western	1.22	0.47 - 3.13		0.75	0.27 - 2.07		-0.03	-0.11 - 0.06	
Educational level										
	Low / middle	0.75	0.46 - 1.21		1.24	0.76 - 2.01		-0.02	-0.06 - 0.02	
	High (ref)									
Planned pregnancy										
	Yes (ref)									
	No	1.22	0.47 - 3.13		1.33	0.59 - 3.00		0.06	-0.01 - 0.13	
Experiences										
	Antenatal experience *	3.08	1.95 - 4.88 *		3.94	2.51 - 6.19 *		0.62	0.52 - 0.71 *	
	Birth experience *	2.07	1.32 - 3.26 *		1.89	1.16 - 3.08 *		0.27	0.17 - 0.38 *	
	Postnatal experience *	1.45	0.89 - 2.37		2.17	1.35 - 3.49 *		0.14	0.05 - 0.23 *	
Care process										
Professional continuity										
	Yes (ref)									
	No *	1.60	0.99 - 2.60		0.50	0.31 - 0.82 *		-0.05	-0.09 - 0.00 *	
Setting continuity										
	No referral (ref)									
	Referral during pregnancy	0.91	0.47 - 1.76		1.05	0.51 - 2.14		0.00	-0.06 - 0.06	
	Referral during birth	1.16	0.61 - 2.23		0.86	0.43 - 1.70		-0.02	-0.08 - 0.04	
Expected place of birth was realized										
	Yes (ref)									
	No / no prior expectation	0.93	0.52 - 1.64		2.09	1.15 - 3.78 *		0.03	-0.02 - 0.08	

Intervention

Induced labor

No (ref)

Yes

1.50 0.88 - 2.55 0.77 0.44 - 1.35 0.02 -0.03 - 0.07

Intervention

No (ref)

Yes

1.73 1.05 - 2.87 * 0.85 0.51 - 1.43 0.03 -0.02 - 0.07

Patient reported outcome

Outcome baby

Healthy and not hospitalized (ref)

Unhealthy and/or hospitalized

0.98 0.59 - 1.60 0.87 0.52 - 1.46 0.00 -0.05 - 0.05

Outcome mother

Healthy and not hospitalized (ref)

Unhealthy and/or hospitalized

0.89 0.56 - 1.43 0.81 0.51 - 1.30 -0.03 -0.08 - 0.01

Constant

□

0.12 0.29 -0.20

1