

# Size dimorphism and sexual segregation in pheasants: tests of three competing hypotheses

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Sexual segregation outside of the mating season is common in sexually dimorphic and polygamous species. A number of hypotheses predict sexual segregation but these are often contradictory with no agreement as to a common cause, perhaps because they are species specific. We explicitly tested three of these hypotheses which are commonly linked by a dependence on sexual dimorphism; the Predation Risk Hypothesis, the Forage Selection Hypothesis, and the Activity Budget Hypothesis, in a single system the pheasant, *Phasianus colchicus*. Over four years we reared 2400 individually tagged pheasants from one day old and after a period of 8-10 weeks we released them into the wild. We then followed the birds for 7 months, during the period that they sexually segregate, determined their fate and collected behavioural and morphological measures pertinent to the hypotheses. Pheasants are sexually dimorphic during the entire period that they sexually segregate in the wild; males are larger than females in both body size and gut measurements. However, this did not influence predation risk and predation rates (as predicted by the Predation Risk Hypothesis), diet choice (as predicted by the Forage Selection Hypothesis), or the amount of time spent foraging, resting or walking (as predicted by the Activity Budget Hypothesis). We conclude that adult sexual size dimorphism is not responsible for sexual segregation in the pheasant. We suspect that constraints imposed on birds by flight does not allow for sufficient sexual dimorphism to prompt behavioural differences that drive sexual segregation. Instead, we consider that segregation may be mediated by a fourth hypothesis, the Social Preference Hypothesis, whereby social preferences acquired during ontogeny may have the greatest influence on sexual segregation of pheasants, as adults, in the wild.

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2

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12

13

#### 14 **Acknowledgements**

15 We thank RA Wills and Rothamsted Research for access to their land. The gamekeepers, Steve  
16 Ridge and Jeremy Stickland, provided information and technical assistance. Aiden Hulatt, Seb  
17 Bekker, Kenzie Bess, Jack Buckingham, Louise Dean, Pip Laker, Rachel Peden, Chris Peel, Sara  
18 Raj Pant, Louise Saul and Alicia Wiltshire assisted with collecting the observational data,  
19 analysing photos from camera traps, and conducting experiments. We thank Dr Rufus Sage for  
20 his advice and constructive criticism of the manuscript.

21

#### 22 **Funding**

23 The work was jointly funded by the University of Exeter, the Game and Wildlife Conservation  
24 Trust and an ERC Consolidator Award (616474) awarded to JRM.

25

26

**27 Abstract**

28 Sexual segregation outside of the mating season is common in sexually dimorphic and  
29 polygamous species. A number of hypotheses predict sexual segregation but these are often  
30 contradictory with no agreement as to a common cause, perhaps because they are species  
31 specific.

32

33 We explicitly tested three of these hypotheses which are commonly linked by a  
34 dependence on sexual dimorphism; the Predation Risk Hypothesis, the Forage Selection  
35 Hypothesis, and the Activity Budget Hypothesis, in a single system the pheasant, *Phasianus*  
36 *colchicus*.

37

38 Over four years we reared 2400 individually tagged pheasants from one day old and after  
39 a period of 8-10 weeks we released them into the wild. We then followed the birds for 7 months,  
40 during the period that they sexually segregate, determined their fate and collected behavioural  
41 and morphological measures pertinent to the hypotheses.

42

43 Pheasants are sexually dimorphic during the entire period that they sexually segregate in  
44 the wild; males are larger than females in both body size and gut measurements. However, this  
45 did not influence predation risk and predation rates (as predicted by the Predation Risk  
46 Hypothesis), diet choice (as predicted by the Forage Selection Hypothesis), or the amount of  
47 time spent foraging, resting or walking (as predicted by the Activity Budget Hypothesis).

48

49 We conclude that adult sexual size dimorphism is not responsible for sexual segregation  
50 in the pheasant. We suspect that constraints imposed on birds by flight does not allow for  
51 sufficient sexual dimorphism to prompt behavioural differences that drive sexual segregation.  
52 Instead, we consider that segregation may be mediated by a fourth hypothesis, the Social  
53 Preference Hypothesis, whereby social preferences acquired during ontogeny may have the  
54 greatest influence on sexual segregation of pheasants, as adults, in the wild.

55

**56 Key-words**

57 Behavioural synchrony, Body size dimorphism, Diet, Group living, Gut morphology, Predation,

58

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60

## 61 **Introduction**

62 Sexual segregation, in which females and males experience separation in time and/or space  
63 outside of the mating season, is common in a variety of birds, mammals, fish and reptiles (Bleich  
64 et al. 1997; Ruckstuhl and Neuhaus 2005; Ruckstuhl and Neuhaus 2000). Sexual segregation is  
65 particularly prevalent in species with strong sexual dimorphism (Ruckstuhl and Neuhaus 2002)  
66 and those with polygynous mating systems (Clutton-Brock 1989). However, there is little  
67 consensus about the underlying factors driving sexual segregation (Alves et al. 2013; Bonenfant  
68 et al. 2007).

69

70       There are three main, but non-exclusive, hypotheses proposed to explain why sexual  
71 segregation occurs in polygynous populations that are commonly linked by a dependence on  
72 sexual dimorphism (Bon and Campan 1996; Bowyer 2004). The first, the Predation Risk  
73 Hypothesis (PRH), or Reproductive Strategy Hypothesis, postulates that sexual segregation  
74 results from differing strategies between sexes as they try to maximise their own reproductive  
75 success (Main and Coblentz 1996). Here, females, perhaps accompanied by dependent and  
76 vulnerable young, trade-off habitat quality and nutrient intake with predation risk (Corti and  
77 Shackleton 2002; Main and Coblentz 1996). In contrast, males may opt to maximize their  
78 competitive advantage by investing in growth and therefore exploit nutrient rich habitats despite  
79 the risk of increased predation (Clutton-Brock et al. 1982; Prins 1989). The second, the Forage  
80 Selection Hypothesis (FSH), or Sexual Dimorphism Body-size Hypothesis (Main 1996), predicts  
81 that allometric differences in body size, bite size, energy requirements and/or fibre digestion  
82 between the sexes can lead to differences in diet selection and habitat choice (Barboza and  
83 Bowyer 2000; Demment 1982; Main and Coblentz 1996). Individuals, typically females, with a  
84 smaller gut system are less able to digest lower quality food items and are predicted to feed on  
85 higher quality diets than larger (typically male) conspecifics (Barboza and Bowyer 2001;  
86 Demment and Van Soest 1985). The third, the Activity Budget Hypothesis states that body size  
87 dimorphism promotes differences in activity budgets and synchrony of these behaviours results  
88 in aggregation of the sexes (Conradt 1998; Ruckstuhl and Neuhaus 2002; Ruckstuhl and  
89 Neuhaus 2000). Here, energetic requirements and digestive abilities predict that the smaller sex  
90 will spend more time foraging and less time resting and digesting than the larger sex (Ruckstuhl

91 1999; Ruckstuhl 1998), such that females will congregate to engage in foraging together while  
92 males rest in areas with low risk of predation.

93

94         There is little consensus as to what are the driving mechanisms underpinning sexual  
95 segregation (Conradt and Roper 2000; Ruckstuhl et al. 2006). Typically, studies are unable to  
96 tease apart which hypothesis best predicts why species segregate, often suggesting that multiple  
97 hypothesis could be the cause (Alves et al. 2013; Bonenfant et al. 2007; Loe et al. 2006). One  
98 reason for this could be that much of the research concentrates on ungulates (Alves et al. 2013;  
99 Bon and Campan 1996; Bowyer and Kie 2004), in particular ruminants (Bowyer and Kie 2004)  
100 in systems that are notoriously difficult to study in the wild (Michelena et al. 2004). It is not  
101 always feasible in such free-ranging mammalian systems to collect the physiological and  
102 behavioural data necessary to explicitly separate and test these competing hypotheses.  
103 Furthermore, in some study locations, their natural predators have disappeared, rendering it  
104 difficult to explore the effects of predation risk. Finally, many species that have been studied are  
105 dietary specialists, meaning that variations in diet quality may chiefly depend on differences  
106 between particular plants, even those of the same species, and thus dietary intake is difficult to  
107 determine accurately without measuring the nutrient quality of each mouthful (Dove and Mayes  
108 1996).

109

110         The pheasant, *Phasianus colchicus*, provides an alternative system to ungulates to try to  
111 tease apart hypotheses of segregation based on sexual size dimorphism. Pheasants become  
112 sexually dimorphic by three weeks of age (Whiteside et al. 2017), and chicks in captivity (<8  
113 weeks old) exhibit preference for their own sex (Whiteside et al. 2017). As adults, males have  
114 highly conspicuous plumage and are 40% larger than the cryptic females (Witzell 1991) and  
115 exhibit sexual segregation outside of the mating season (Hill and Ridley 1987). Specifically,  
116 during the late autumn and winter, females aggregate in same sex groups whereas males avoid  
117 both males and females (Whiteside et al 2018 submitted). Such segregation persists until early  
118 March (Hill and Ridley 1987; Hill and Robertson 1988) when harems of females visit and  
119 eventually join territory-holding males, which likely reduces their harassment by other males  
120 (Ridley and Hill 1987) and allows females to decrease their vigilance levels and so increase time

121 spent foraging (Whiteside et al. 2016a), until they independently start to nest and incubate their  
122 eggs (Taber 1949).

123

124 Mechanisms that drive sexual segregation of pheasants are poorly understood. In the  
125 wild, sexual segregation of adults was observed at both a spatial and temporal scale that could  
126 not be explained by crude measures of habitat structure, although the homogenous nature of the  
127 study and reliance on data from feeder use meant that fine scale differences in habitat structure  
128 may have not been captured (Whiteside et al 2018 submitted). During early life when reared in  
129 captivity it appeared that social preferences were driving segregation (Whiteside et al. 2017).  
130 However, under wild conditions, and as adults, when body-size dimorphism is more pronounced,  
131 we may find other hypotheses better explain sexual segregation.  
132 Therefore, we tested three main hypotheses for sexual segregation in free-living, size dimorphic  
133 adult pheasants in this study (see Table 1 for summary of predictions).

134

135 Firstly, pheasants are at risk from terrestrial predators, such as the fox, *Vulpes vulpes*  
136 (Hessler et al. 1970; Krauss et al. 1987), and aerial predators, such as goshawks, *Accipiter*  
137 *gentilis*, sparrow hawks, *Accipiter nicus*, and buzzards, *Buteo buteo*, (Kenward et al. 2001;  
138 Kenward et al. 1981) producing high mortality rates of up to 80% in the first month after release  
139 into the wild (Hessler et al. 1970). Sexual segregation occurs prior to the first breeding season  
140 (Whiteside 2018 submitted) (Hill and Ridley 1987), and this therefore removes the influence that  
141 caring for young could have on assortment. However, males may still opt for a riskier foraging  
142 and movement strategy if there is a benefit for their growth. Therefore, if the Predation Risk  
143 Hypothesis influences segregation then we expect that predation risk (in terms of willingness to  
144 approach an area where predators have recently visited) and consequently predation rates will  
145 differ between sexes.

146

147 Secondly, adult pheasants are dietary generalists (Hoodless et al. 2001) and dietary  
148 choices can be assayed post-mortem from food that is well preserved and identifiable in the crop  
149 of birds that have been shot during recreational hunting (Whiteside et al. 2015). Post-mortem  
150 analyses of these shot birds also allows for the measurements of gut morphometrics. Both these  
151 factors permit explicit testing of the Forage Selection Hypothesis. While gut size is likely to co-

152 vary with body size, with larger males possessing larger guts, allometric differences are  
153 meaningful from a nutritional point of view as larger guts are more effective digesters and  
154 absorbers of low quality diet (Barboza and Bowyer 2000). In addition, body size dimorphisms  
155 may correspond to differences in food processing efficiency via bite size (Illius and Gordon  
156 1987) or grinding capacity in the gizzard (Putaala and Hissa 1995). If the Forage Selection  
157 Hypothesis influences segregation then we expect that the sexes will differ in their gut  
158 morphology matching a corresponding difference in diet.

159

160 Thirdly, adult pheasants are large, sedentary, diurnal and sexually distinct. Consequently,  
161 their behaviours in the wild can be easily observed and their activity recorded. Differences in  
162 behaviour between the sexes have been observed during the breeding season (Whiteside,  
163 Langley et al 2016), however little is known about behavioural differences outside the breeding  
164 season during the period when pheasants sexually segregate. If the Activity Budget Hypothesis  
165 operates then we expect that during the periods of sexual segregation the behaviour, in particular  
166 foraging, locomotion or resting time, will differ between the sexes.

167

168 To tease apart hypotheses we draw on two populations of individually identifiable  
169 pheasants that were reared in captivity, had their morphometrics taken and then released into the  
170 wild. The first population was released in lower numbers in an environment that did not have  
171 predator control or shooting. Although initial release density was unnaturally high, after one  
172 month birds had dispersed across the study site. At this point the population density  $\sim 40$  birds/km<sup>2</sup>  
173 matched those of wild populations, falling within the density (16-54 birds/km<sup>2</sup>) for wild pheasants living  
174 in managed farmland in Austria and the density (0.6-64 birds/km<sup>2</sup>) for pheasants in their native range in  
175 China (Li 1996 in Johnsgard 1999). Crucially, this population showed clear patterns of sexual  
176 segregation (see Whiteside et al. submitted). Releasing on sites without both predator control and  
177 anthropogenic hunting allowed us to measure natural predation rates. By using a system of  
178 motion sensitive camera traps at feeding sites we were able to determine: 1) if pheasants avoid  
179 areas where foxes had been present: and 2) if sexes differ in their willingness to enter an area  
180 where a fox had previously been seen (essential for the PRH). The second population were birds  
181 that were reared in captivity and released into the wild in large numbers as part of a restocking  
182 programme (Whiteside et al. 2015; Whiteside et al. 2016b). On this site there was managed

183 predator control and the birds were subject to hunting. Birds released using this method still  
184 show patterns of sexual segregation (Hill and Ridley 1987) similar to that observed in pheasants  
185 released at lower density. Releasing onto a site that has hunting of pheasants allows for us to  
186 conduct post mortem analysis that: 1) allows us to determine the extent of sexual dimorphism in  
187 body size (essential for PRH, FSH and ABH) and in gut morphology (essential for FSH); and 2)  
188 acts as a dietary snapshot, whereby crop sample analyses allows us to determine diet (essential  
189 for FSH). Observing behaviour of pheasants during this period allows us to determine activity  
190 budgets (essential for ABH).

191

192

### 193 **Material and methods**

194

#### 195 *Rearing*

196

197 In May 2012 and 2013 we reared 1800 pheasants (900 / year) from one day old as part of  
198 a long-term study to determine how early rearing conditions can influence development and post  
199 release mortality. Chicks were placed in houses of 30 individuals and each house was randomly  
200 allocated a rearing treatment. While not relevant to this study, the treatments included  
201 differences in supplemented diet in 2012 (see Whiteside et al. 2015) and access to perches in  
202 2013 (see Whiteside et al. 2016b) as well as controls. In 2014 and 2015 we reared a further 400  
203 pheasants (200 / year) from one day old and housed them in groups of 50 under identical  
204 conditions. Each year the birds were housed for two weeks in heated sheds (2012/13: 1.3 m x 1.3  
205 m; 2014/15: 2 m x 2 m) and were then given access to an additional open grass run (2012/13 =  
206 1.3 m x 6.8 m; 2014/15: 4 m x 12 m) until release. All chicks were provided with age specific  
207 commercial chick crumbs (Sportsman Game Feeds) *ad lib* and in excess. Water was provided *ad*  
208 *lib*. In all four years, birds were marked with patagial wing tags (Roxan Ltd, Selkirk, UK) for  
209 identification with additional white PVC wing tags (25mm x75 mm) with individually unique  
210 identifying numbers which could be viewed from several tens of meters away.

211

#### 212 *Release into the wild*

213

214 Following rearing, birds were randomly mixed from across different housing groups and  
215 placed into open topped pens. Release pens typically consisted of wire mesh fences ~2 m high  
216 enclosing an extensive area of woodland (GWCT 1991). In these pens birds were provided with  
217 food and water *ad lib*. Birds could disperse from these pens and were free to roam and mix with  
218 other released, as well as resident, pheasants. In 2012 and 2013 when birds were approximately  
219 seven weeks old we released them onto the Middleton Estate, Hampshire, UK (51°18'N, 1°4'W).  
220 The estate, predominantly arable, hosts a game shoot and employs two game keepers to manage  
221 the released pheasants through habitat management, providing supplementary food, and  
222 controlling predator numbers. Between October and February birds were shot as part of a  
223 recreational shoot. In 2014 and 2015 when birds were ten weeks old they were released at North  
224 Wyke Farm, Devon (50°77'N, 3°9'W). This site is grazed by cattle and sheep and no game  
225 shooting or predator control occurred there. Forty feeders, filled with wheat, were placed within  
226 the pen (n = 4) and in the surrounding countryside (n = 36) at a density of 0.16 per hectare. In  
227 2014, each feeder was continuously monitored with Bushnell® Trophy motion activated  
228 cameras. All animals that visited a feeder and its surrounding area were photographed and the  
229 images were then viewed manually to record the time that pheasants and foxes visited the feeder  
230 site. Individual pheasants could be identified from their wing tag numbers.

231

### 232 *Body size dimorphism*

233 We recorded the mass (Slater Super Samson spring balance – precision 5 g) and tarsus  
234 length (precision 1 mm) of all birds upon release into the wild and for birds released in 2012 and  
235 2013 we scored the same measures within four hours of them being shot.

236

237 For the released populations we used a General Linear Mixed Model (GLMM) to identify  
238 whether males differed from females in their mass and tarsus length with rearing treatment and  
239 sex as fixed factors and the rearing house as a random factor, with all two way interactions  
240 included (Table 2). In 2014 and 2015 all birds were reared under identical conditions and  
241 therefore rearing treatment was not included in the model. For birds shot in 2012 and 2013 a  
242 General Linear Model (GLM) was used to ask if sexes differed in mass and tarsus length as  
243 adults. The bird's age when shot, its rearing treatment and all two way interactions were included  
244 in the GLM (Table 2).

245

246

247 *A test for the Predation Risk Hypothesis: First appearance at a feeder after the presence of a fox*

248

249 We recorded every sighting of a fox and pheasant at each of our feeder sites during

250 December 2014 and January 2015 using the motion camera traps. In order to test whether the

251 presence of foxes at feeders was an indicator of a risky environment that pheasants attended to,

252 we asked whether birds took longer to return to feeders after a fox had been there compared to

253 the time it took them to appear at a feeder after a time-matched control point the previous day.

254 We excluded instances where there were low visitation rates at a feeder, indicated by long

255 periods (>420 mins) between the time-matched control point and the first pheasant appearing.

256 This cut-off point was meaningful and discrete (Figure 1). This left a subset of the previous data

257 including 110 cases. We used a t-test to ask if pheasants took longer to approach a feeder if it had

258 been visited by a fox compared a time matched control point the previous day. We then looked at

259 each appearance of a fox and recorded the sex of the next pheasant to enter the same feeder

260 within a subsequent 30 minutes. We used a binomial test to determine if sexes differed in their

261 likelihood of approaching a feeder following a fox visit.

262

263 *A test for the Predation Risk Hypothesis: Do predation rates differ with sex*

264

265 In 2012 and 2013 between August and October and during February the following year

266 we conducted daily searches of areas surrounding the release site to retrieve birds that had been

267 killed by predators. During the hunting season (late October to February) the area was visited

268 less frequently but more methodically by beaters who were engaged in driving the game to the

269 waiting hunters. They were informed of the project and searched for carcasses and tags as they

270 walked the site. In 2015 we collected birds that has been killed by a predator by searching the

271 release site and surrounding areas for carcasses, locating these either directly or guided by radio

272 tags placed on 50 birds. In 2014 we did not conduct detailed searches for carcasses. A binomial

273 test was used to test whether predation numbers differed between sexes with the expected

274 outcome based on the released sex ratio.

275

276

277 *A test for Forage Selection Hypothesis: Measuring gut morphology*

278

279 We collected linear gut measures (oesophagus, intestine, colon and ceca) and gut masses  
280 (oesophagus, intestine, crop, gizzard and ceca; for methods see Leopold 1953) of 186 birds shot  
281 in 2012. Ceca length and ceca mass were calculated as the average for both ceca. Gizzard  
282 volume was measured as the height multiplied by width. A GLM was used to ask if these gut  
283 morphologies differed with sex. Since rearing treatment can influence gut morphology  
284 (Whiteside et al. 2015) we included the rearing treatment and the age at which the bird was shot  
285 as fixed factors (Table 2).

286

287 *A test for Forage Selection Hypothesis: Measuring crop contents in the wild*

288

289 In 2012, we removed the crops of 159 shot birds and measured the mass before and after  
290 removal of its contents. Measures were transformed using the SQRT(x) transformation to meet  
291 assumptions of normality and then a GLM was used to test if mass of crop content differed  
292 between males and females. In 2013, we emptied the crops of 168 shot birds and quantified their  
293 contents. We used a GLM to ask whether males differed from females in the number of different  
294 food items discovered in their crops. Diet availability will change depending on when the bird is  
295 shot and diet choice is influenced by rearing treatment (Whiteside et al. 2015) therefore in both  
296 GLMs we included rearing treatment and the age of the bird when it was shot in the model  
297 (Table 2). We separated all known items into common food categories (Wheat, Maize, Grass, Oil  
298 Seed Rape, Insects, Seeds, Galls, Acorns) and used binomial tests to determine if sexes differed  
299 in the likelihood of their crop containing food of each category.

300

301 *A test for Activity Budget Hypothesis: Measuring behaviour in the wild*

302

303 In 2012, we conducted continuous focal follows, for a maximum of 10 minutes,  
304 observing 167 released pheasants between 18 September and 5 November. We recorded the total  
305 time we observed the birds, the time spent foraging and the number of foraging bouts they  
306 performed. A foraging bout began with the lowering of the head and neck towards the ground

307 and ended when the neck was raised. The proportion of time an animal spent foraging was  
308 normalised using a logit transformation:  $\log(y/1-y)$  (Warton and Hui 2010) and a GLM was used  
309 to ask if the percentage of time spent foraging differed between the sexes.

310

311 In 2013, between 15 August and 16 September we conducted a series of 10 minute focal  
312 follows with an instantaneous point sampling procedure at 30 second intervals on 214 pheasants.  
313 This allowed us to collect state behaviours; in particular time spent performing resting, vigilance  
314 and locomotive behaviours. All birds were identifiable from their wing tags and were observed  
315 from a distance so as to not disturb their natural behaviours. Vigilance was described as sitting or  
316 standing with neck extended and eyes open. Resting was determined as either standing or lying  
317 with eyes closed. We used a Generalised Linear Model with a binomial distribution and a probit  
318 link function to ask if sexes differed in their vigilance, walking and resting likelihoods. In all  
319 models early rearing environment, time of day (AM or PM), and degree of aerial protection  
320 (open or closed) were included as fixed factors, and all two-way interactions were assessed  
321 (Table 2).

322

### 323 *Statistical Analyses*

324 All GLM and GLMM analyses were conducted using SPSS v23. All models were  
325 visually inspected for homogeneity of variance, normality of error and linearity.

326

### 327 *Ethical Statement*

328

329 All birds were reared using commercial procedures that adhere to the DEFRA Code of  
330 Practice for the Welfare of Game Birds Reared for Sporting Purposes (DEFRA 2009). During  
331 rearing, minimal handling was used for obtaining morphometrics and placing birds in testing  
332 chambers. In 2012 and 2013, once birds dispersed from the release pen, gamekeepers supplied  
333 supplementary feed and water, which was reduced after the shooting season (from 1<sup>st</sup> February).  
334 The birds were shot as a part of a commercial shoot, and were not specifically shot for this study.  
335 In 2014 and 2015 released birds were attended to by the authors and there was no shooting on the  
336 study site. The work was approved by the University of Exeter Psychology Ethics Committee  
337 and conducted under Home Office licences number PPL 30/3204 & PPL 30/2942

338

339 **RESULTS**

340

341 *Are birds sexually dimorphic during the period of the study?*

342

343       Upon release into the wild males were on average 1.2 times heavier (Table 3) and had  
344 1.09 times longer tarsi (Table 4) than females. Males were on average 1.29 times heavier (Table  
345 3) and had 1.13 times longer tarsi (Table 4) than females when shot as adults.

346

347

348 *Testing the Predation Risk Hypothesis: Do sexes differ in their likelihood of being the first to*  
349 *approach a feeder visited by a fox?*

350

351       Pheasants took about 2.5 times longer to appear at a feeder after a fox was present  
352 (193±35mins) than after a time-matched control point the previous day (76±9mins) ( $t_{109} = 3.37$ ,  
353  $P = 0.001$ , Figure 2). There was no difference in the likelihood that a male or female would be  
354 first to approach a feeding site in the following 30 minutes after the sighting of a fox (Binomial  
355 test:  $P = 0.20$ ).

356

357 *A test for Predation Risk Hypothesis: Do predation rates differ with sex?*

358

359       Predation did not differ with sex in the first 8 months after release in 2012 (Binomial  
360 tests: 2012,  $P = 0.58$ ); 2013 (Binomial test:  $P = 0.20$ ); and 2015 (Binomial test:  $P = 0.12$ ).

361

362 *A test for Forage Selection Hypothesis: Do sexes differ in their gut morphology?*

363

364       Males differed from females in all aspects of measured gut morphologies with larger and  
365 heavier gut regions, crops and gizzards (Table 5).

366

367 *A test for Forage Selection Hypothesis: Does diet composition differ between sexes?*

368

369 Males ( $17.38\text{g} \pm 1.62$ ) shot in 2012 had a 1.4 times greater mass of forage in their crop  
370 compared to females ( $12.75\text{g} \pm 1.08$ ) ( $F_{1,131} = 4.29$ ,  $P = 0.040$ , Figure 3). Males ( $3.33 \pm 0.16$ ) did  
371 not differ from females ( $3.52 \pm 0.27$ ) in the variety of food items found within their crop ( $F_{1,147} =$   
372  $0.93$ ,  $P = 0.34$ ). The sexes appeared to utilise a similar diet with both sexes carrying similar  
373 proportions of eight common food types in their crops. Males did not differ from females in the  
374 likelihood that their crop would contain wheat, maize, grass, oil seed rape, insects, seeds, galls or  
375 acorns (Table 6).

376

377 *A test for Activity Budget Hypothesis: Do other behaviour differ between sexes?*

378

379 Sexes did not differ in their percentage of time spent foraging; the length of each foraging  
380 bout (Table 7); their likelihood of being vigilant ( $F_{1,186} = 0.20$ ,  $P = 0.66$ ) or their likelihood of  
381 walking ( $F_{1,186} = 2.54$ ,  $P = 0.13$ ). There was only one incidence of resting behaviour during the  
382 focal watches which was demonstrated by a male. Hence no statistical comparisons between  
383 sexes could be conducted.

384

## 385 **DISCUSSION**

386

387 During the late autumn and winter, when pheasants show an increased tendency to  
388 sexually segregate (Whiteside et al. 2018 submitted), pheasants exhibited strong sexual size  
389 dimorphism. Adult males were 1.3 times heavier than females which is similar to, although  
390 slightly less than, levels of dimorphism observed in other terrestrial species that exhibit sexual  
391 segregation (red deer, *Cervus elephus*, (1.33: Clutton-Brock et al. 1982; Weckerly 1998), merino  
392 sheep, *Ovis aries*, (1.50: Michelena et al. 2004), bighorn sheep, *Ovis canadensis*, (1.43: Blood et  
393 al. 1970). Although males and females differed in size, we found little evidence that sexes  
394 differed in behavioural and morphological measures that are predicted to explain sexual  
395 segregation according to of the three existing hypotheses purporting to explain segregation due  
396 to size dimorphism (Bleich et al. 1997; Bonenfant et al. 2007; Conradt 1998; Ruckstuhl 1998).

397

398 Pheasants may facultatively reduce their risk of predation by increasing the lag between  
399 feeder visitations after a fox visit compared to a time-matched control point the previous day,

400 suggesting that time taken to visit a feeder after fox presence provided a good assay of risk  
401 sensitivity. However, we found that sexes did not differ in their exposure to fox predation risk at  
402 feeders, indicated by their likelihood of being the first bird to visit a feeding site after a fox had  
403 been present. Such similarity between sexes in willingness to enter an area previously visited by  
404 a fox, the most common predator of pheasants in the UK, may explain why we also found no  
405 differences in predation rates between sexes across all three years in which we monitored  
406 predation. Our technique of recovering carcasses could have been biased by our recovery  
407 techniques favouring detection of the larger and more visible males, yet other studies using radio  
408 collared release populations, revealed similar patterns with no differences in mortality between  
409 sexes (Musil and Connelly 2009; Turner 2007). One reason for exposure to similar predation  
410 risks and subsequent predation rates across sexes during autumn/winter is that pheasants do not  
411 nest until the spring (Hill and Robertson 1988) and therefore females, the lone carer (Taber  
412 1949), are without dependent young during the period of sexual segregation. Therefore they may  
413 not discriminate against high predation risk habitats because they do not have to protect their  
414 young. In contrast, immediately after the breeding season, precocial pheasant chicks frequently  
415 stay with their mother for over 28 days (Riley et al. 1998) and during this time (June-August)  
416 females with young may occupy low risk habitats. However, our recording periods did not  
417 encompass this time and our females were all birds hatched in the spring and therefore had not  
418 yet bred. The similarity between the sexes in predation risk and consequent predation rates  
419 suggests that the Predation Risk Hypothesis may not adequately account for sexual segregation  
420 in pheasants.

421

422         During the period that pheasants sexually segregate, females were smaller in both body  
423 size and in all aspects of their gut morphology. The longer intestinal system in male pheasants  
424 suggests a better ability to efficiently digest a lower quality diet (Moss 1983). Larger gizzards in  
425 the males also suggest a more effective grinding mechanism, perhaps allowing the digestion of  
426 harder food items (Putala and Hissa 1995). Such gastro-intestinal dimorphism is common in  
427 sexually segregating ungulates, often with males having a larger rumen, small intestine and  
428 colon, allowing for them to forage on much less digestible forage (Barboza and Bowyer 2000).  
429 Such differences in morphologies could cause sexes to differ in their diet, perhaps with female  
430 pheasants choosing higher quality foods which are easy to grind in the gizzard. However, we did

431 not observe differences in crop content when considering a suite of common food items. in the  
432 sexes exhibited similar dietary preference when tested as chicks in captivity and presented with a  
433 diet choice test (Whiteside et al. 2017). Dietary difference between sexes often occurs, or  
434 become more pronounced, in periods leading up to nesting and incubation (Lewis et al. 2002;  
435 Nisbet 1997). Sexual segregation becomes stronger as the birds get older (Whiteside et al., 2018  
436 submitted), which may indicate that females begin to differentiate their foraging behaviours  
437 more in the run up to the start of the breeding season in March. Our sampling of crop contents  
438 finished at the start of February corresponding with the end of the shooting season, so we may  
439 have missed this dietary switch at the advent of the breeding season. Although dimorphic in  
440 gastro-intestinal morphology, our findings that sexes do not differ in dietary breadth or  
441 composition suggest that the Forage Selection Hypothesis may not adequately explain pheasant  
442 sexual segregation witnessed during the pre-breeding period.

443

444         With body size being proportional to intake requirements in many species (Demment and  
445 Van Soest 1985) and given the consistency between sexes in their dietary breadth observed in  
446 our study (see above), we predicted that males would forage more than females, while exhibiting  
447 correspondingly lower levels of alternative behaviours such as walking or vigilance. However  
448 we found that males and female pheasants did not differ in their proportion of time spent  
449 foraging. One explanation is that there is a sex difference in foraging efficiency and that males  
450 can consume enough nutrients in a similar time period, such foraging efficiency was observed in  
451 male pheasant chicks being twice as quick as females when presented with a forage handling  
452 challenge (Whiteside et al. 2017). A lack of sex differences in foraging has also been observed in  
453 desert big horn sheep, *Ovis canadensis mexicana*, (Mooring et al. 2003) and musk ox, *Ovibos*  
454 *moschatus* (Côté et al. 1997). Differences in time spent foraging between sexes in ungulates is  
455 often attributed to their investment in reproduction (Lewis et al. 2002) and differences in parental  
456 care roles (Gray and Hamer 2001; Thaxter et al. 2009). Prior to nesting, female pheasants will  
457 forage more than males (Ridley and Hill 1987; Whiteside et al. 2016a), but this occurs after hens  
458 have abandoned their winter segregation patterns and joined harems so as to be continuously  
459 associated with at least one harem-holding male. Harem formation occurs after our period of  
460 observations of associations ceased.

461

462 Pheasants have a pair of ceca that are analogous to the ungulate hind gut, and which are  
463 significantly larger in males. Similarly, much of the post-ingestion processing of foods in  
464 pheasants is conducted in the gizzard (Putaala and Hissa 1995), which is smaller in females. As  
465 such, given the consistency in diet between sexes (see above) we may predict that females spend  
466 longer processing food. However, unlike in some sexually dimorphic ruminants (Ruckstuhl and  
467 Neuhaus 2002) we found that males did not differ from females in the likelihood that they would  
468 be resting, hence suggesting that resting activity cannot explain patterns of sexual segregation.

469

470 The Activity Budget Hypothesis is not restricted to behaviours related to food processing,  
471 as synchrony of other behaviours can also result in aggregation of the same sex. For instance,  
472 increased movement rates by females have been suggested as a reason for sexual segregation in  
473 big horn sheep (Ruckstuhl 1998). However, we found that male pheasants did not differ from  
474 females in their occurrence of walking. Similar movement patterns across the sexes were  
475 observed in merino sheep (Michelena et al. 2004). With all behaviours that were measured being  
476 consistent across sexes we consider that the Activity Budget Hypothesis fails to predict sexual  
477 segregation in pheasants.

478

#### 479 *Conclusion*

480

481 Sexual dimorphism is fundamental to a suite of hypotheses that predict why many  
482 species, mainly ungulates, sexually segregate (Pérez-Barbería and Gordon 1999). Sexual size and  
483 plumage dimorphism is pronounced in pheasants and may therefore be associated with observed  
484 patterns of sexual segregation outside the breeding season. However, we found that the sexes did  
485 not differ in their predation risk, diet or behaviour. We therefore find no support that the  
486 Predation Risk, Forage Selection or Activity Budget hypotheses adequately explain sexual  
487 segregation of pheasants. We may find that sexual segregation is not a consequence of size  
488 dimorphism but instead could be an artefact of early life preferences. The Social Preference  
489 Hypothesis suggests that ontogenetic differences in behaviour result in males and females  
490 differing in their motivation to interact (Bon and Campan 1996; Le Pendu et al. 2000). The  
491 Social Preference Hypothesis provided the best support for why we see segregation of captive  
492 pheasants during early development in conditions that controlled for habitat availability, diet and

493 predation, during a period where sexual size dimorphism would have less effect (Whiteside et al.  
494 2017). However, after release into the wild and as sexual dimorphism became more pronounced,  
495 we predicted that it would impact predation risk, diet choice and activity budgets, and therefore  
496 three hypotheses that rely on size dimorphism could work in concert with early social preference  
497 to drive sexual segregation. We did not test specifically for the Social Preference Hypothesis  
498 amongst wild adults, due to the difficulty of administering preference tests to wild pheasants, our  
499 previous work demonstrates that during the mating season, and outside of the period of sexual  
500 segregation, females that were caught in the wild and faced with a social preference test still  
501 preferred to spend time with their own sex (Madden and Whiteside 2013).

502

503

504 For sexual dimorphism to drive sexual segregation it has to be sufficient to cause  
505 differences in behaviour, dietary choice or predation risk, with attendant differences in patterns  
506 of movement, space use or temporal dynamics. Although pheasants are dimorphic in size to a  
507 similar extent to ungulates, we may find that avian systems, exemplified by the pheasant, may  
508 not have sufficiently large differences in morphology to force sexes to segregate. For instance,  
509 the avian gastro-intestinal system may differ in size, processing and digestive power between  
510 sexes. However, unlike the mammalian system, a bird's weight is constrained by capacities for  
511 flight. The ceca can weigh up to 5 % of a bird's total body weight (Moss 1983). As such, this  
512 mass may dramatically increase the energetic costs of flight (Dudley and Vermeij 1992). Cecal  
513 fermentation may also contribute less than 5 % of the daily energy requirements (Gasaway et al.  
514 1975). As a consequence, the ceca are highly plastic and lengths can change in response to the  
515 season and diet to ensure they are most effective (Gasaway 1976; Whiteside et al. 2015). Where  
516 terrestrial species are able to simply enlarge their gut system to hold more forage, the constraints  
517 of flight may mean that birds cannot (Sedinger 1997). This could have consequences on how  
518 much size dimorphism can influence sexual segregation in birds. Although males have larger  
519 digestive systems, the differences in size between sexes may not be large enough to translate into  
520 significant behavioural differences or dietary differences that provoke sexual segregation in  
521 pheasants. Consequently, our work reveals that studies of sexual segregation should encompass a  
522 wider range of taxa than are commonly considered and that existing hypotheses may not  
523 adequately explain segregation in certain taxa, especially birds.

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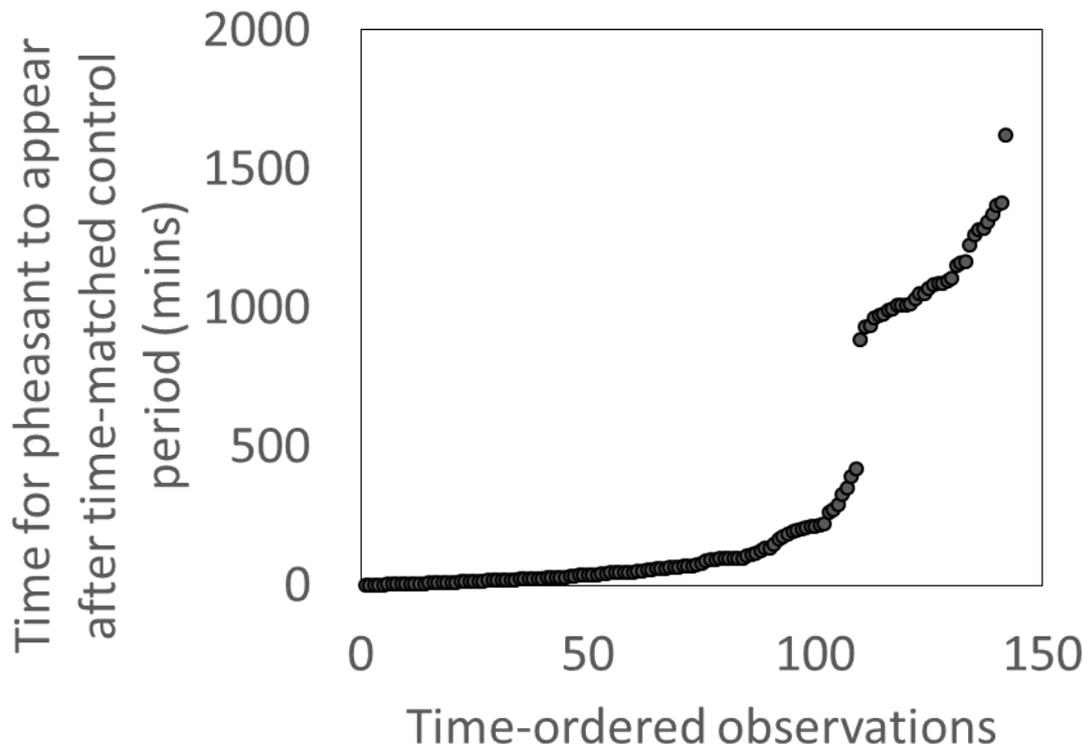
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**Figure 1**(on next page)

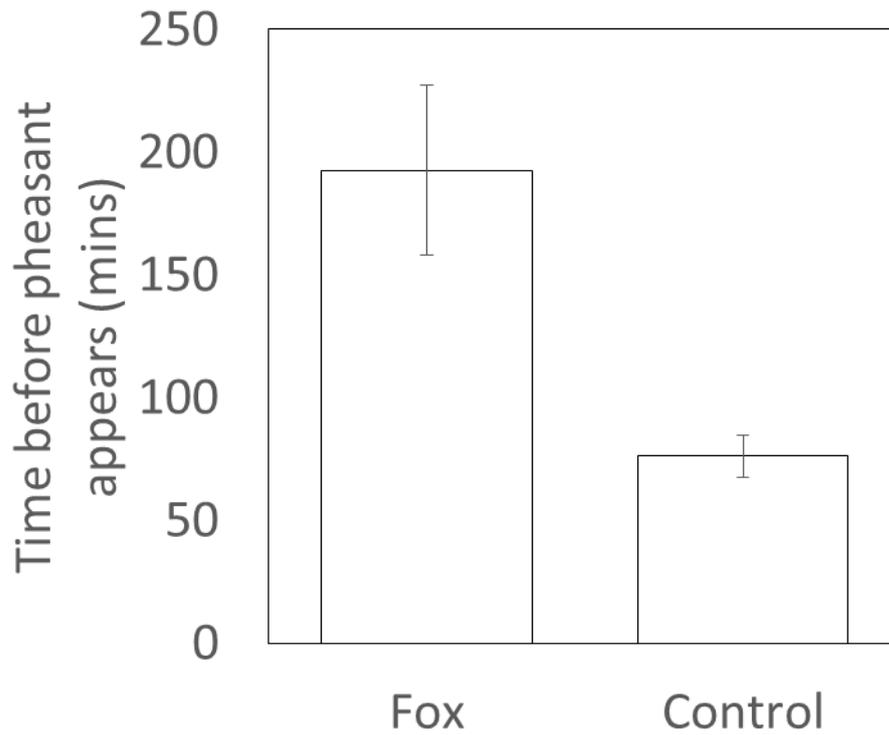
Distributions of the times for pheasants to appear after a time-matched control period, showing a clear break after ~420mins.

**Figure 1** Distributions of the times for pheasants to appear after a time-matched control period, showing a clear break after ~420mins.



**Figure 2** (on next page)

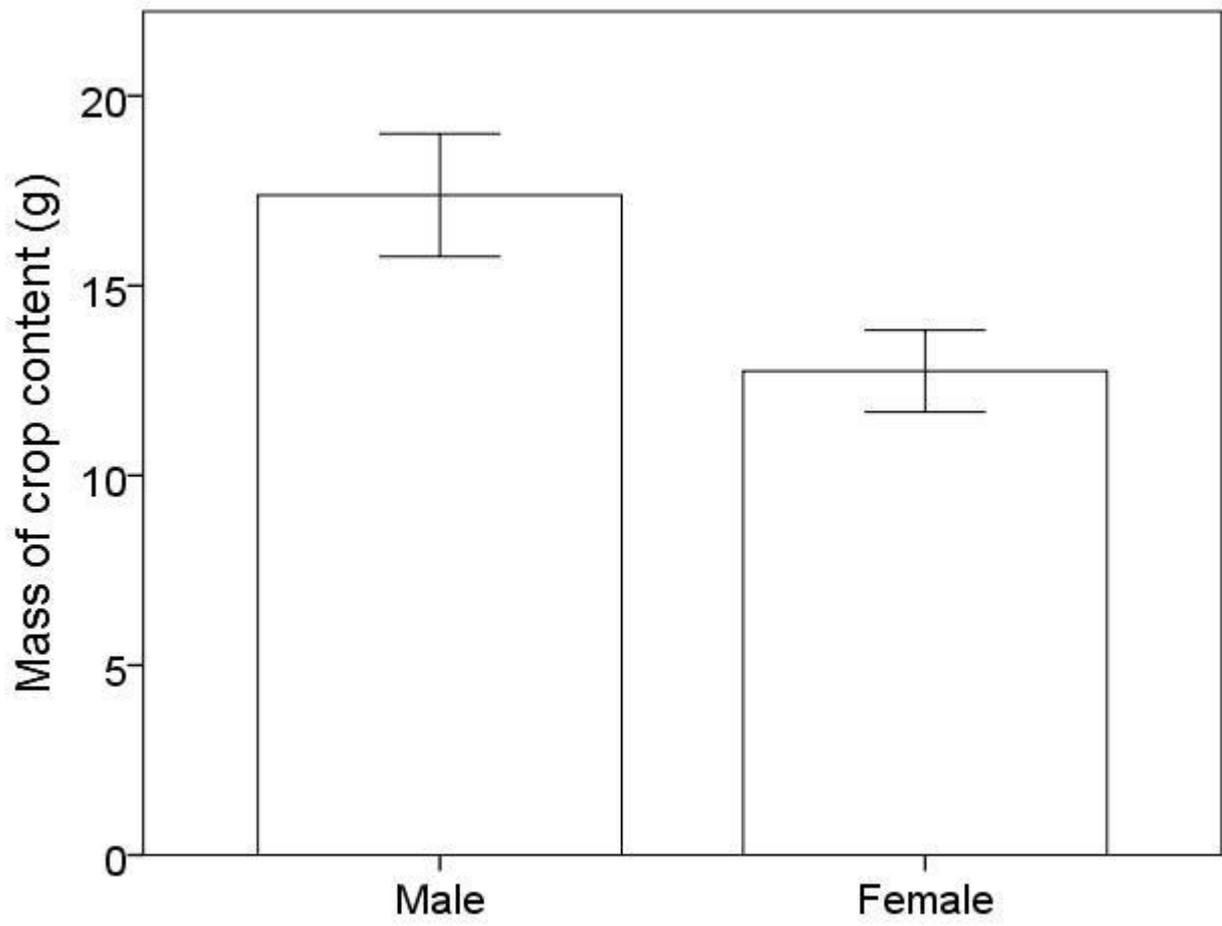
Time delay before a pheasant appears at a feeder after a fox has been present or a paired, time-matched control period 24hrs before the fox was sighted. Error bars =  $\pm 1SE$ .



**Figure 2** Time delay before a pheasant appears at a feeder after a fox has been present or a paired, time-matched control period 24hrs before the fox was sighted. Error bars =  $\pm 1$ SE.

**Figure 3** (on next page)

The mean mass of crop contents from birds shot in 2012. Error bars indicate +/- 1 SE



**Figure 3** The mean mass of crop contents from birds shot in 2012. Error bars indicate  $\pm 1$  SE

**Table 1** (on next page)

Hypotheses and predictions to explain sexual segregation in adult pheasants

<i>Hypothesis</i>	<i>Size dimorphism</i>	<i>Predictions</i>
Predation Risk Hypothesis	Yes	No segregation should occur when monomorphic in body size  Sexually dimorphic males adopt a more risky foraging strategy and have higher predation rates
Forage Selection Hypothesis	Yes	No segregation should occur when monomorphic in body size.  Sexes should differ in their crop contents
Activity Budget Hypothesis	Yes	No segregation should occur when monomorphic in body size.  Foraging or resting behaviour should differ between the sexes during periods when they are dimorphic in body size only.

1 **Table 1** Hypotheses and predictions to explain sexual segregation in adult pheasants

**Table 2** (on next page)

The distribution, response variables, explanatory variables and random factors for all GLM and GLMMs used in the study

<i>Question</i>	<i>Distribution</i>	<i>Response</i>	<i>Explanatory Factors</i>	<i>Random Factors</i>
<i>Do sexes differ in mass upon release into the wild?</i>	Normal	Mass	Sex of focal Rearing treatment (2012 and 2013 only)	House
<i>Do sexes differ in tarsus length upon release into the wild?</i>	Normal	Tarsus length	Sex of focal Rearing treatment (2012 and 2013 only)	House
<i>Do sexes differ in mass when shot as an adult?</i>	Normal	Mass	Sex of focal Age when shot Rearing treatment	
<i>Do sexes differ in tarsus length when shot as an adult?</i>	Normal	Tarsus length	Sex of focal Age when shot Rearing treatment	
<i>Do sexes differ in their gut morphology when shot as adults</i>	Normal	Length/ Mass/ Volume	Sex of focal Age when shot Rearing treatment	
<i>Do sexes differ in the mass of food found in their crop?</i>	Normal	Mass	Sex of focal Age when shot	
<i>Do sexes differ in the time spent foraging (2012)?</i>	Normal	Percentage of time spent foraging (logit transformed)	Sex of focal Time of day (am/pm) Rearing treatment Degree of aerial protection (Open/Closed canopy)	

*Do sexes differ in foraging, walking and resting behaviours (2013)?*

Binomial

Likelihood performing behaviour

Manuscript to be reviewed

Sex of focal  
Time of day (am/pm)  
Rearing treatment  
Degree of aerial protection (Open/Closed canopy)

---

**Table 2** The distribution, response variables, explanatory variables and random factors for all GLM and GLMMs used in the study



**Table 3** (on next page)

The mean mass in grams (range) of males and females released into the wild for three rearing seasons and the mass of adult birds shot in 2012 and 2013

<i>Year (age)</i>	<i>Male mass (g)</i>	<i>Female mass (g)</i>	<i>df (df-error)</i>	<i>F</i>	<i>Sig</i>
2012 (50 days)	643.69 (400-800)	536.32 (300-760)	1 (865)	688.29	$P < 0.001$
2013 (43 days)	489.42 (350-630)	412.07 (220-540)	1 (889)	169.90	$P < 0.001$
2015 (62 days)	738.31 (556-936)	607.82 (466-726)	1 (192)	233.37	$P < 0.001$
2012 (Adult)	1577.18 (1140-2200)	1220.32 (1010-1510)	1 (124)	830.03	$P < 0.001$
2013 (Adult)	1574.63 (1170-2000)	1223.66 (920-1500)	1 (223)	503.33	$P < 0.001$

1

2 **Table 3** The mean mass in grams (range) of males and females released into the wild for three  
3 rearing seasons and the mass of adult birds shot in 2012 and 2013

4

**Table 4**(on next page)

The mean tarsus length in mm (range) of males and females released into the wild for three rearing seasons and the tarsus length of adult birds shot in 2012 and 2013

Year (age)	Male tarsus (mm)	Female tarsus (mm)	df (df- error)	F	Sig P <
2012 (50 days)	69.01 (55-79.2)	63.28 (52.7-78)	1 (865)	144.0	0.001
2013 (43 days)	62.70 (51.2- 69.9)	58.56 (45.7-65)	1 (873)	392.1	0.001
2015 (62 days)	72.57 (67.2- 81.1)	65.48 (67.2- 81.1)	1 (192)	312.5	0.001
2012 (Adult)	79.97 (72.95- 88.2)	70.41 (63.2- 76.15)	1 (221)	590.5	0.001
2013 (Adult)	80.79 (75.25- 89.4)	71.34 (61.05- 78.1)	1 (186)	547.3	0.001

**Table 4** The mean tarsus length in mm (range) of males and females released into the wild for three rearing seasons and the tarsus length of adult birds shot in 2012 and 2013

**Table 5** (on next page)

Mass (g) and lengths (mm) of male and female gut morphologies (degrees of freedom = 1,128) for birds shot as adults in 2012 and 2013

<i>Dependent Variable</i>	<i>Sex</i>	<i>Mean</i>	<i>Std. Error</i>	<i>Relative differenc e</i>	<i>F</i>	<i>Sig</i>
Oesophagus Length	Femal e	111.75	1.82	1.10	23.720	<i>P</i> < 0.001
	Male	123.00	1.43			
Oesophagus Mass	Femal e	1.79	0.08	1.27	23.227	<i>P</i> < 0.001
	Male	2.28	0.06			
Crop Mass	Femal e	3.67	0.16	1.22	16.318	<i>P</i> < 0.001
	Male	4.48	0.12			
Gizzard Mass	Femal e	22.55	0.53	1.18	33.098	<i>P</i> < 0.001
	Male	26.45	0.42			
Intestine Length	Femal e	1146.23	15.78	1.09	25.942	<i>P</i> < 0.001
	Male	1248.35	12.37			
Intestines Mass	Femal e	15.73	0.41	1.17	25.475	<i>P</i> < 0.001
	Male	18.34	0.32			
Colon Length	Femal e	100.31	2.02	1.08	11.128	<i>P</i> < 0.001
	Male	108.88	1.58			
Colon Mass	Femal e	2.08	0.09	1.27	24.731	<i>P</i> < 0.001
	Male	2.65	0.07			
Average Ceca Length	Femal e	214.67	3.90	1.12	26.408	<i>P</i> < 0.001
	Male	240.13	3.06			
Average Ceca Mass	Femal e	3.33	0.11	1.21	26.301	<i>P</i> < 0.001
	Male	4.04	0.09			
Gizzard Volume	Femal e	45070.2 3	1501.27	1.13	9.514	<i>P</i> < 0.001
	Male	50955.5 5	1177.55			

**Table 5** Mass (g) and lengths (mm) of male and female gut morphologies (degrees of freedom = 1,128) for birds shot as adults in 2012 and 2013

**Table 6** (on next page)

The percentage of males and females in the population with crop contents containing certain food for birds shot in 2013 with associated binomial statistic

<i>Food item</i>	<i>Males (%)</i>	<i>Females (%)</i>	<i>P</i>
<i>Wheat</i>	62.39	74.51	0.19
<i>Maize</i>	58.12	56.86	0.54
<i>Grass</i>	68.38	62.75	0.42
<i>Oil Seed Rape</i>	8.55	7.84	0.58
<i>Insects</i>	10.26	13.73	0.33
<i>Seeds</i>	47.86	56.86	0.24
<i>Galls</i>	7.69	7.84	0.58
<i>Acorns</i>	23.93	11.76	0.08

**Table 6** The percentage of males and females in the population with crop contents containing certain food for birds shot in 2013 with associated binomial statistics

**Table 7** (on next page)

The mean percentage of time spent foraging and the mean foraging bout length (s) for males and females after release into the wild

<i>Behaviour</i>	<i>Year</i>	Male		Female		<i>df</i> ( <i>df-error</i> )	<i>F</i>	<i>Sig</i>
		<i>Mean</i>	<i>SE</i>	<i>Mean</i>	<i>SE</i>			
<i>Percentage</i>							0.0	0.9
<i>Foraging</i>	2012	32.41	2.24	35.23	3.2	1(139)	1.8	0.1
	2013	33.1	2.1	29.53	2.19	1(186)	4.03	0.08
<i>Forage bout length</i>	2012	14.63	1.29	16.09	1.49	1(139)	3.04	0.07
	2013	10.44	0.66	9.79	0.69	1(160)	6	0.05

**Table 7** The mean percentage of time spent foraging and the mean foraging bout length for males and females after release into the wild