

Effects of variation in temperature and preservation buffer on canine fecal microbiota

Katti R Horng^{Corresp., 1,2}, Holly H Ganz^{3,4}, Jonathan A Eisen³, Stanley L Marks⁵

¹ Department of Medical Microbiology and Immunology, University of California, Davis, Davis, California, United States

² William R. Pritchard Veterinary Medical Teaching Hospital, School of Veterinary Medicine, University of California, Davis, Davis, California, United States

³ Department of Evolution and Ecology, University of California, Davis, Davis, California, United States

⁴ AnimalBiome, Inc., Berkeley, California, United States

⁵ Department of Medicine and Epidemiology, School of Veterinary Medicine, University of California, Davis, Davis, CA, United States

Corresponding Author: Katti R Horng

Email address: krhorng@ucdavis.edu

Studies involving gut microbiome analysis play an increasing role in the evaluation of health and disease in humans and animals alike. Fecal sampling methods for DNA preservation in laboratory, clinical, and field settings can greatly influence inferences of microbial composition and diversity, but are often inconsistent and under-investigated between studies. Many laboratories have utilized either temperature control or preservation buffers, but few studies have evaluated the effects of combining both methods to preserve fecal microbiota. To determine the optimal method for fecal DNA preservation, we collected fecal samples from one canine donor and stored aliquots in RNAlater, 70% ethanol, 50:50 glycerol:PBS, or without buffer at 25°C, 4°C, and -80°C. Fecal DNA was extracted, quantified, and 16S rRNA gene analysis performed on days 0, 7, 14, and 56 to evaluate changes in DNA concentration, purity, and microbial diversity and composition over time. We detected overall effects on bacterial community of storage buffer (F-value= 6.87, DF= 3, P<0.001), storage temperature (F-value=1.77, DF= 3, P=0.037), and duration of sample storage (F-value=3.68, DF= 3, P<0.001). Changes in microbial composition were observed in samples stored in -80°C without buffer, a commonly used method for fecal DNA storage, suggesting that simply freezing samples may not be optimal for bacterial analysis. Fecal preservation with 70% ethanol and RNA later very closely resembled that of fresh samples, though RNA later yielded significantly lower DNA concentrations (DF=8.57, P<0.001). Although microbial composition varies with temperature and buffer storage, 70% ethanol was the best method for preserving bacterial DNA in canine feces, yielding the highest DNA concentration and minimal changes in microbial diversity and composition. The differences observed between samples highlights the need to consider optimized post-collection methods in microbiome research.

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6 ¹William R. Pritchard Veterinary Medical Teaching Hospital, School of Veterinary Medicine,

7 University of California, Davis, Davis, CA, USA

8 ²Department of Medical Microbiology & Immunology, University of California, Davis, Davis,

9 CA, USA

10 ³Evolution & Ecology, University of California, Davis;

11 ⁴AnimalBiome, Inc., Berkeley, CA, USA

12 ⁵Department of Medicine & Epidemiology, School of Veterinary Medicine, University of

13 California, Davis, Davis, CA, USA

14

15

16 Corresponding Author:

17 Katti R. Horng

18 5605A GBSF, 415 Health Sciences Dr., Davis, CA, 95618, USA

19 e-mail: krhorng@ucdavis.edu

20 tel: (530) 752 - 3542

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23

24 **ABSTRACT**

25 Studies involving gut microbiome analysis play an increasing role in the evaluation of health and
26 disease in humans and animals alike. Fecal sampling methods for DNA preservation in
27 laboratory, clinical, and field settings can greatly influence inferences of microbial composition
28 and diversity, but are often inconsistent and under-investigated between studies. Many
29 laboratories have utilized either temperature control or preservation buffers for optimization of
30 DNA preservation, but few studies have evaluated the effects of combining both methods to
31 preserve fecal microbiota. To determine the optimal method for fecal DNA preservation, we
32 collected fecal samples from one canine donor and stored aliquots in RNAlater, 70% ethanol,
33 50:50 glycerol:PBS, or without buffer at 25°C, 4°C, and -80°C. Fecal DNA was extracted,
34 quantified, and 16S rRNA gene analysis performed on days 0, 7, 14, and 56 to evaluate changes
35 in DNA concentration, purity, and microbial diversity and composition over time. We detected
36 overall effects on bacterial community of storage buffer (F-value= 6.87, DF= 3, P<0.001),
37 storage temperature (F-value=1.77, DF= 3, P=0.037), and duration of sample storage (F-
38 value=3.68, DF= 3, P<0.001). Changes in microbial composition were observed in samples
39 stored in -80°C without buffer, a commonly used method for fecal DNA storage, suggesting that
40 simply freezing samples may be suboptimal for bacterial analysis. Fecal preservation with 70%
41 ethanol and RNAlater very closely resembled that of fresh samples, though RNAlater yielded
42 significantly lower DNA concentrations (DF=8.57, P<0.001). Although microbial composition
43 varied with temperature and buffer storage, 70% ethanol was the best method for preserving
44 bacterial DNA in canine feces, yielding the highest DNA concentration and minimal changes in
45 microbial diversity and composition. The differences observed between samples highlights the
46 need to consider optimized post-collection methods in microbiome research.

47 INTRODUCTION

48 The intestinal microbiota is comprised of trillions of bacteria that contribute to nutrition,
49 digestion, immune defense, and various disease processes (Peterson & Round, 2014; West et al.,
50 2015). However, it is estimated that 60-70% of resident gut bacteria cannot be discerned using
51 culture-dependent methods (Hayashi, Sakamoto, & Benno, 2002). Microbiota research
52 involving culture-independent techniques such as DNA sequencing have gained great
53 momentum in the past decade with recent technological advances in next-generation sequencing
54 and bioinformatics, providing more accurate taxonomic analysis and reproducibility between
55 studies (Wu et al., 2012). The human gut is the perhaps the most well-known and well-studied
56 microbiome, but there is increasing interest in other biological sites in humans, domestic
57 animals, and wildlife in an effort to study the interaction between the host and its environment
58 (Paulino et al., 2006; Verhulst et al., 2011; Weese, 2013; Fliegerova et al., 2014; Lowrey et al.,
59 2015). These studies have paved the way for linking distinct microbial communities within and
60 between individuals. Recently, these efforts have greatly contributed to molecular fingerprinting
61 and DNA identification in forensic science (Fierer et al., 2010; Tims et al., 2010). Despite the
62 technological advances in noninvasive genetics (Beja-Pereira et al., 2009), there remains a lack
63 of standardized methods for sample collection, bacterial preservation, and DNA extraction (Yuan
64 et al., 2012; Kennedy et al., 2014; Gorzelak et al., 2015). Many studies that have evaluated
65 bacterial preservation and DNA extraction showed variability in processing samples, leading to
66 significant over- or underrepresentation of microbial populations. For example, fecal storage at
67 room temperature decreases the relative abundance of Firmicutes and increases Bacteroidetes,
68 whereas storage in freezing conditions introduces the opposite effect (Bahl, Bergstrom, & Licht,
69 2012; Choo, Leong, & Rogers, 2015). Furthermore, the use of fecal swabs in human patients led

70 to an overestimation of Enterobacteriaceae and Ruminococcaceae bacterial families (Tedjo et al.,
71 2015). This highlights the need for more comprehensive evaluation of current techniques for
72 optimal fecal DNA storage and isolation.

73

74 For many research laboratories, it is a challenge to minimize exposure of samples to the
75 environment and minimize time between sample collection and DNA extraction (Hale et al.,
76 2016). Preserving DNA through deactivation of nucleases, removal of cations or lowering
77 temperature becomes crucial to inhibit enzymes that degrade DNA. Most studies have utilized
78 freezing conditions (Carroll et al., 2012; Wu et al., 2012) or the use of preservatives such as
79 ethanol (Murphy et al., 2002; Bressan et al., 2014; Huang et al., 2016), RNAlater (Nechvatal et
80 al., 2008; Sorensen et al., 2016), and PBS-glycerol (McKain et al., 2013; Fliegerova et al., 2014)
81 to preserve bacterial DNA before extraction. However, few studies have examined the
82 combination of chemical buffers and temperature reduction to preserve DNA and optimize
83 microbial analysis. We designed a longitudinal study to evaluate the effects of temperature (room
84 temperature at 25°C vs. refrigeration at 4°C vs. freezing at -80°C) as well as immersion in 70%
85 ethanol, RNAlater, and 50:50 glycerol:PBS on fecal DNA preservation over the course of a 56-
86 day storage period.

87

88 **METHODS**

89 Stool collection and storage

90 One fresh stool sample from a healthy canine donor was collected at the UC Davis Veterinary
91 Medical Teaching Hospital. The donor, a male Labrador retriever, was on a consistent
92 commercial diet and had access to both indoors and outdoors. Fecal sampling occurred

93 immediately after defecation. The sample was then homogenized and processed (within 1 hour of
94 collection) in the laboratory. Untreated feces were placed in three common fecal preservation
95 buffers RNAlater (Ambion, Austin, TX, USA), 70% ethanol, and 50:50 Glycerol:PBS. The fecal
96 sample was homogenized, divided into ninety-six 0.25 g aliquots (4 treatment groups, 3
97 temperatures, 4 time points, in duplicate), and placed in 1.5 mL Eppendorf tubes with
98 preservation buffers. All tubes were vortexed to allow buffer penetration in each fecal sample
99 and incubated for two hours at room temperature. Each treatment group was subjected to various
100 temperature conditions: room temperature (25°C), refrigeration (4°C), and freezing (-80°C) on
101 the day of collection (day 0) and on days 7, 14, and 56 post-collection. Temperatures were
102 consistently maintained using a microbiological incubator at 25°C, a refrigerator at 4°C, and a
103 Revco freezer at -80°C. Day 0 samples were processed for DNA extraction after 2 hours of
104 temperature treatment, while other samples were stored at the indicated temperatures until DNA
105 extractions on day 7, 14, and 56.

106

107 DNA extraction

108 Genomic DNA was extracted from all samples using the 100-prep MoBio PowerSoil DNA
109 Isolation kit (MoBio, Carlsbad, CA). Fecal material was isolated from preservation buffer by
110 pelleting (centrifugation at 10,000 x g for 5 minutes, pouring off supernatant). Samples were
111 placed in bead tubes containing C1 solution and incubated at 65°C for 10 minutes, followed by 1
112 minute of bead beating with the MoBio vortex adapter. The remaining extraction protocol was
113 performed as directed by the manufacturer. DNA concentration was recorded using a QUBIT™
114 dsDNA HS Assay and the DNA purity (A260/A280 ratio) was analyzed using a Nanodrop 1000
115 spectrophotometer (ThermoFisher Scientific, Wilmington, DE).

116

117 PCR and 16S rRNA Sequencing

118 Bacterial diversity was characterized via amplification by a PCR enrichment of the 16S rRNA
119 gene (V4 region) using primers 515F and 806R, modified by addition of Illumina adaptor and an
120 in-house barcode system (Lang, Eisen, & Zivkovic, 2014) After an initial denaturation step at
121 94°C for 3 minutes, we ran 35 cycles of the following PCR protocol: 94°C for 45 seconds, 50°C
122 for 60 seconds and 72°C for 90 seconds, followed by a final hold at 4°C. Prior to sequencing, the
123 amount of input DNA per sample was normalized using a SequelPrep Normalization Plate,
124 following the standard protocol (ThermoFisher Scientific, Wilmington, DE). Libraries were
125 sequenced using an Illumina MiSeq system, generating 250 bp paired-end amplicon reads.

126

127 Data analysis and statistics

128 We used a custom script (available in a GitHub repository
129 https://github.com/gjospin/scripts/blob/master/Demul_trim_prep.pl), to assign each pair of reads
130 to their respective samples when parsing the raw data. This script allows for one base pair
131 difference per barcode. The paired reads were then aligned and a consensus was computed using
132 FLASH (Magoč & Salzberg, 2011) with maximum overlap of 120 bp and a minimum overlap of
133 70 bp (other parameters were left as default). The custom script automatically demultiplexes the
134 data into fastq files, executes FLASH, and parses its results to reformat the sequences with
135 appropriate naming conventions for Quantitative Insights into Microbial Ecology {QIIME
136 v.1.9.1, (Caporaso et al., 2010)} in fasta format. Each sample was characterized for taxonomic
137 composition (number and abundance) using QIIME. For presence/absence analyses,
138 representative operational taxonomic units (OTUs) were clustered at the >97 percent identity

139 level and an OTU table was constructed using QIIME's pick_otus_through_otu_table.py script.

140 In addition, we removed chimeras from the OTU table and filtered for chloroplast and

141 mitochondrial DNA.

142

143 We compared alpha diversity (mean species diversity per treatment) using the Shannon Index as
144 implemented in the vegan library (Solymos, Stevens, & Wagner, 2016) in R (Team RC, 2016).

145 We compared OTU richness (number of OTUs found in each sample) and Pielou's evenness

146 (calculated by dividing the Shannon index for diversity by the log of OTU richness). We tested

147 for statistical significance in alpha diversity measures using the Analysis of Variance (ANOVA)

148 to determine the effects of temperature, storage buffer, and sampling date in R. We compared

149 beta diversity (the ratio between regional and local species diversity) using Bray-Curtis

150 dissimilarity and we used PCOA for ordination and clustering. We then used adonis, a

151 multivariate ANOVA based on dissimilarities to test for significant categorical differences with

152 1000 permutations in the picante library (Kembel et al., 2010) in R. Spearman correlation

153 coefficients and regressions were calculated on R and GraphPad Prism Software.

154

155 **RESULTS**

156 To explore the effects of preservation buffer and temperature on the composition, abundance,

157 and quality of bacterial DNA in fecal samples, we performed a longitudinal study over 56 days

158 to evaluate the consequences of different storage methods in grouped samples (**Fig. 1**).

159

160 DNA Concentration and Purity

161 We used ANOVA to test for an effect of storage method on DNA concentration. We detected an
162 overall effect of buffer on DNA concentration (F-value= 70.733, DF= 3, P<0.00001). In all
163 storage methods, DNA concentration decreased over time (F-value = 7.5, DF=1, P<0.01).
164 Significant interactions between buffer and time (F-value=3.77, DF=3, P=0.015) and
165 temperature and time (F-value=9.8, DF=1, P=0.0027) were also detected.

166

167 *By Time:*

168 The DNA concentration of fecal samples incubated at room temperature without preservation
169 buffer exhibited an 84% decrease in DNA concentration after Day 0 (1/Slope=-0.6812,
170 $R^2=0.9935$, $P=0.0002$) (**Fig. 2**), where levels remained through Day 56. We used ANOVA to test
171 for an effect of storage method on DNA quality (as measured by the ratio of A260/A280). We
172 did not detect an overall effect of storage buffer ($P=0.12$) or storage temperature ($P=0.66$) on
173 DNA quality. However, length of storage significantly affected DNA quality (F-value=4.365,
174 $DF=1$, $P=0.04$) and there was a significant interaction between storage buffer and length of
175 storage (F-value=2.88, $DF=3$, $P=0.043$). DNA quality declined slightly by Day 14 (1/Slope=-
176 43.90, $R^2=0.3135$, $P=0.0024$) and then increased in the samples stored in 70% ethanol and no
177 storage buffer on day 56 (1/Slope=109.4, $R^2=0.4400$, $P=0.0014$) (**Fig. S1**).

178

179 *By Temperature:*

180 Reducing the temperature used to store fecal samples reduced the amount of DNA loss after Day
181 0 (1/Slope=-31.73, $R^2=0.09954$, $P=.0190$). Unbuffered samples and samples in 50:50
182 glycerol:PBS were most affected by storage at room temperature, while samples in RNAlater and
183 70% ethanol were consistent across all temperatures (**Fig. 2**). Unbuffered, refrigerated samples

184 exhibited a 1.5-fold higher DNA concentration at Day 7 and 2.25-fold at Day 14 compared to
185 respective samples stored at room temperature. Refrigeration of samples stored in glycerol:PBS
186 samples exhibited a similar trend in DNA concentration with fold-changes up to 4.9 times that of
187 respective samples stored at room temperature, near levels found in fresh control samples. Of the
188 three temperatures observed, freezing at -80°C yielded the highest DNA concentration over 56
189 days (AUC=76.291), with refrigeration close behind (AUC=72.528), and room temperature with
190 the lowest yield (AUC=52.700). Freezing glycerol:PBS samples at days 14 and 56 led to a 706%
191 and 811% higher DNA concentration, respectively, compared to samples stored in glycerol:PBS
192 at room temperature. Little change was observed in DNA concentration of samples stored in
193 RNAlater and 70% ethanol. DNA purity remained unchanged across all temperatures ($1/\text{Slope}=-$
194 727.4 , $R^2=0.0436$, $P=0.0976$) (**Fig. S1**).

195

196 *By Buffer:*

197 Preservation buffers were evaluated (RNAlater, 70% ethanol, and 50:50 glycerol:PBS) in
198 comparison with unbuffered controls. DNA concentrations in unbuffered samples decreased by
199 75-80% over time, which were greatly improved with the addition of 70% ethanol (**Fig. 2**). 70%
200 ethanol was the optimal method, exhibiting no significant changes in 56 days ($1/\text{Slope}=-61.48$,
201 $R^2=0.0365$, $P=0.4473$). Preservation with 50:50 glycerol:PBS also improved DNA yield, but
202 only under refrigeration or freezing conditions. Preservation with RNAlater yielded the lowest
203 amount of DNA across all temperature and preservation buffers.

204

205 Microbial Diversity and Composition

206 Alpha Diversity measures: We performed an ANOVA to test for effects of storage buffer,
207 storage temperature, and duration of sample storage on the Shannon Diversity Index, Species
208 Richness, and Species Evenness. Storage buffer had a statistically significant effect on Shannon
209 Diversity Index values (F-value=3.07, DF=3, P=0.03). We did not detect an effect of storage
210 temperature (F-value=2.2, DF=1, P=0.14) or duration of sample storage (F-value=0.69, DF=1,
211 P=0.4) on Shannon Diversity values. Storage buffer (F-value=12.4, DF=3, P<0.00001), duration
212 of sample storage (F-value=10.8, DF=1, P=0.0016), and the interaction between storage buffer
213 and duration of sample storage (F-value=9.67, DF=3, P<0.00001) significantly affected observed
214 species richness levels. In addition, for species evenness, we found that there were significant
215 effects associated with interactions between storage buffer and storage temperature (F-
216 value=3.98, DF=3, P=0.01), storage buffer and duration of sample storage (F-value=4.9, DF=3,
217 P=0.004), and buffer, storage temperature, and duration of sample storage (F-value=3.1, DF=3,
218 P=0.03).

219 Beta Diversity measures: We used a permutational ANOVA to test for effects of storage method
220 on the degree of clustering of bacterial communities in our stored samples. We detected overall
221 effects on bacterial community of storage buffer (F-value= 6.87, DF= 3, P<0.001), storage
222 temperature (F-value=1.77, DF= 3, P=0.037), and duration of sample storage (F-value=3.68,
223 DF= 3, P<0.001).

224

225 *By Time:*

226 Complementary to the differences detected in DNA concentration, we found that the microbial
227 composition in unbuffered samples also changed over time. Analysis of weighted and
228 unweighted PCoA plots show that most Day 0 samples (in red) clustered together, indicating a

229 high degree of similarity among samples extracted regardless of buffer preservation at the
230 starting time point. From Day 7 to Day 56 (in purple, blue, green), unbuffered samples did not
231 cluster with fresh control samples, indicating a shift in microbial composition between 0 and 7
232 days after fecal collection (**Fig. 3**). Accordingly, taxonomic evaluation also revealed shifts in
233 relative abundance of bacterial phyla of unbuffered samples, particularly after Day 0 at room
234 temperature. This was exhibited by a marked increase in Firmicutes and decrease in
235 Bacteroidetes (**Fig. 4**), or increase in Firmicutes:Bacteroidetes ratio ($1/\text{Slope}=1.385$, $R^2=0.4687$,
236 $P=0.0419$) (**Fig. 5B**) compared to fresh samples.

237

238 *By Temperature:*

239 Weighted PCoA analysis of unbuffered samples indicated that shifts in microbial composition at
240 room temperature can be minimized by lowering the temperature (**Fig. 3**). Samples clustered
241 very closely when stored at -80°C , and segregated with increasing temperature. Samples stored
242 at room temperature without buffer or with 50:50 glycerol:PBS past Day 7 did not cluster with
243 the sample controls at Day 0. Samples with 50:50 glycerol:PBS clustered closer to control
244 samples with refrigeration and even closer with freezing. However, this pattern was not observed
245 in unbuffered samples. Unbuffered samples did not cluster closely with control samples under
246 refrigeration and freezing conditions. Investigation of the bacterial phyla in these communities
247 revealed a notable reduction in relative abundance of Bacteroidetes and minimal increase in
248 Firmicutes in unbuffered samples stored at refrigeration and freezing conditions (**Fig. 4A**).
249 Although freezing is one of the most commonly used tools for stool preservation, we observed
250 that freezing without buffer lowers the relative abundance of Bacteroidetes (**Fig. 5A**) as
251 previously described (Bahl, MI, Bergstrom, A, & Licht, TR, 2012) and increases the

252 Firmicutes:Bacteroidetes ratio (**Fig. 5B**) compared to fresh samples. With the addition of
253 preservation buffer, a collective analysis of all frozen samples showed that temperature reduction
254 to -80°C led to negligible changes in relative abundances of bacterial phyla compared to fresh
255 samples (**Fig. 5C**).

256

257 *By Buffer:*

258 Weighted PCoA analysis shows that across all temperatures, microbial communities in samples
259 stored in 70% ethanol and RNA clustered very closely with those in fresh control samples (**Fig.**
260 **3**). Samples stored in 50:50 glycerol:PBS clustered with control samples only under refrigeration
261 and freezing conditions, while samples without buffer did not cluster with fresh samples
262 regardless of temperature. Supporting this notion, 70% ethanol and RNAlater preserved relative
263 abundances of bacterial phyla regardless of temperature, though RNAlater storage led to slightly
264 higher levels of Bacteroidetes and lower levels of Firmicutes. Samples preserved with 50:50
265 glycerol:PBS at room temperature were different from samples without buffer, characterized by
266 a notable increase in bacterial proportions of phylum Actinobacteria, class Coriobacteria . (**Fig.**
267 **4B**).

268

269 DNA Concentration and Microbial Composition

270 Since both temperature and buffer preservation influenced fecal DNA concentration levels, we
271 explored how DNA concentration levels might be associated with microbiota composition. A
272 correlation analysis demonstrated that there was a significant positive association between DNA
273 concentration and relative abundance of Fusobacteria and Proteobacteria (**Fig. 6**).

274

275

276 **DISCUSSION**

277 There is increasing evidence highlighting the importance of microbial DNA preservation in
278 multitude of settings, including health evaluations, research endeavors, and forensic science.
279 Characteristic signatures of microbiota have been explored as a result of the availability of next-
280 generation sequencing, extending our knowledge past culturable methods. One of the most
281 readily available resources to study microbes in humans and animals is fecal collection (Hale et
282 al., 2016). Not surprisingly, microbiota, including that of the gut, is often transient and dynamic,
283 posing a challenge for scientists to make sense of samples post-collection. Microbial DNA can
284 be degraded through environmental perturbation and subsequent hydrolysis, oxidation, and
285 methylation, supporting the need to limit spontaneous decay (Lindahl, 1993). Nevertheless, there
286 is increasing interest in studying animal, human, and environmental health by distinguishing
287 small changes in the microbiome in high resolution. This is accompanied by a need for more
288 effective storage methods that precisely and accurately capture the microbial community at a
289 given time-point. Assessing changes in fecal microbiota over time would provide insight on
290 whether changes we observe are biologically relevant and useful for outcome measures.

291

292 This approach has paved the way for developing microbiome tools in forensic science (Kim, M,
293 Zorraquino & Tagkopoulos, 2015) Microorganisms are ubiquitous and collectively form a
294 potentially unique signature, providing at least in theory the means to locate people in space and
295 time. Next-generation sequencing provides the possibility that microbial information could
296 eventually be used to locate and identify individuals as well as their patterns of decomposition
297 (Fornaciari, 2017) A combination of machine learning techniques and microbiome data may

298 provide unprecedented scientific data for the criminal justice system (Metcalf et al., 2017). It is
299 evident that investigation of optimal methods for DNA preservation will have important impacts
300 on microbiome studies in field, clinic, and laboratory settings.

301

302 A variety of studies have examined preservation methods to minimize post-sampling alterations
303 in fecal microbial DNA. Such experiments have evaluated fixation conditions with 95% ethanol,
304 70% ethanol, FTA card, OMNI gene Gut, RNAlater, glycerol, refrigeration, and freezing.

305 However, there is little consensus on the optimal buffer and temperature condition for microbial
306 preservation (Nechvatal et al., 2008; Cardona et al., 2013; Kolodziej et al., 2013; McKain et al.,
307 2013; Fliegerova et al., 2014; Hale et al., 2015; Song et al., 2016; Hale et al., 2016; Metzler-

308 Zebeli et al., 2016). Furthermore, a limited number of studies have evaluated the combination of
309 these chemical buffers with temperature reduction to optimize DNA preservation. Our study
310 examined the influence of three commonly used preservation buffers on the microbial integrity

311 of canine feces after eight weeks of storage at room temperature (25°C), refrigeration (4°C), and
312 freezing (-80°C). Since we were interested in measuring change over time in identical fecal
313 samples, we utilized one canine donor and homogenized the stool sample prior to tube allocation.

314 We speculate that there may be inter-individual differences in storage because different dogs
315 may have different bacterial compositions and some fecal bacterial groups may be more prone to
316 temperature or buffer alterations. We report that fecal DNA concentration and microbial

317 composition changes over time, and that the common practice of preservation by freezing may
318 not be adequate in maintaining bacterial DNA. In fact, correlations between fecal DNA

319 concentration and bacterial composition indicate that DNA loss is associated with reductions in
320 Fusobacteria and Proteobacteria. Results showed clear differences between preservation methods

321 and analysis of DNA concentration, purity, and microbial diversity and composition,
322 highlighting the need to consider post-collection dynamics in microbiome research. Although
323 there were minor differences, total DNA recovery and fecal composition of samples stored at
324 4°C were like that of samples stored at -80°C over 56 days, suggesting that deep freezing
325 conditions may not be necessary to maintain stability of microbiota in fecal samples. Our
326 findings are consistent with a study previously showing that refrigeration at 4°C is adequate in
327 preserving human fecal microbiota (Choo, Leong, & Rogers, 2015) for subsequent analysis.

328

329 To evaluate methods that are most cost-effective and accessible to all studies, we were especially
330 interested in the efficacy of ethanol preservation. Previous studies have utilized 70% and 95%
331 ethanol, each with varying results in DNA yield and microbial community stability (Hale et al.,
332 2015; Song et al., 2016) Efficacy of ethanol preservation may be dependent on concentration due
333 to species-species differences in stool consistency. Based on our canine stool sample, we decided
334 to use 70% ethanol for fecal preservation. We found that it yielded the highest amount of DNA
335 and most closely resembled that of fresh samples within 56 days compared to other buffer
336 solutions. Studies with contrasting results report that perhaps the penetration of 70% ethanol in
337 fecal samples may play a role in inadequate preservation, but we circumvented this by including
338 a homogenization step. Additional experiments are warranted to examine 70% and 95% ethanol
339 using a homogenizing protocol and various stool consistencies. Another historically supported
340 and commonly used DNA stabilization buffer is RNAlater (Schnecker et al., 2012). Studies have
341 recently shown that this method yields low levels of DNA yield (Hale et al., 2015; Song et al.,
342 2016) due to DNA degradation. We hypothesize that residual RNAlater remaining in fecal
343 samples may interfere with the cell lysis and protein digestion in DNA extraction, inhibiting

344 optimal DNA isolation. However, a thorough analysis of the microbial composition over time
345 showed that RNAlater was effective and consistent across all three temperatures, comparable to
346 that of 70% ethanol. This consistency suggests that temperature control may not be as critical to
347 DNA yield and microbial composition with the use of preservation buffers such as RNAlater and
348 70% ethanol. Further investigation of DNA concentration was performed using both a QUBIT™
349 dsDNA HS Assay and a Nanodrop 1000 spectrophotometer (ThermoFisher Scientific,
350 Wilmington, DE). We noted that Nanodrop-obtained values were consistently higher than that of
351 QUBIT, and markedly higher in RNAlater samples (**Figure S2**). Lastly, fecal DNA is also
352 commonly preserved by subjecting samples to freezing conditions without the use of DNA
353 stabilization buffers. In this study, we showed that despite temperature reduction, microbial
354 DNA changes over time without buffer. Changes in relative abundances of bacterial phyla
355 observed in unbuffered samples were eliminated with the addition of preservation buffer. For
356 example, the use of 50:50 glycerol:PBS in refrigeration and freezing temperatures improved both
357 DNA composition and concentration compared to unbuffered controls at room temperature.
358 Storage of fecal DNA in 70% ethanol was the optimal preservation method regardless of
359 temperature, highlighting its utility in circumstances devoid of temperature control. We conclude
360 that while preservation buffer and temperature have an additive effect, the contributions to
361 microbial preservation are largely buffer-specific.

362

363 It is clear that post-sampling conditions may impact results and interpretations of microbial
364 DNA. Microbial DNA outcomes are widely used in medicine and healthcare, such as the
365 Firmicutes:Bacteroidetes ratio, a comparison of butyrate to propionate/acetate-producing bacteria
366 (Bahl, Bergstrom, & Licht, 2012). This ratio, along with levels of Proteobacteria and

367 Actinobacteria, is used as a potential indicator of gastrointestinal health and immune balance
368 (Honneffer et al., 2014) While there is no direct comparison to disease state in this study, we
369 showed that alterations in fecal DNA composition can markedly shift this ratio, particularly with
370 inadequate temperature reduction or preservation buffer. More studies investigating fecal DNA
371 preservation and stability in chronic diseases are warranted. Preservation buffers may enrich for
372 certain bacteria such as Coriobacteriia, a group whose known members are Gram-positive,
373 nonsporulating, non-motile, facultative anaerobes common to the animal and human gut
374 microbiota population, which we observed in samples with 50:50 glycerol:PBS. Coriobacteriia
375 have been associated with lipid and xenobiotic metabolism (Cho et al., 2016), as well as severity
376 of various human diseases such as periodontitis, halitosis, blood bacteremia, and ulcerative
377 colitis (Saunders et al., 2009; Gupta et al., 2013)
378 Stabilizers such as glycerol can provide a supplemental carbon source (Murarka et al., 2008) for
379 selective bacterial enrichment at room temperature. Our data suggests that caution should be
380 taken in sample handling and use of adequate storage buffers to accurately and consistently
381 analyze fecal microbial DNA.

382

383 CONCLUSIONS

384 A 56-day longitudinal study of canine fecal microbiota was conducted to evaluate storage
385 conditions with RNAlater, 70% ethanol, 50:50 glycerol:PBS, and no buffer at -80°C, 4°C, and
386 25°C. Fecal samples exhibited DNA degradation and altered composition and diversity
387 regardless of temperature reduction, suggesting that gold standard methods of immediate
388 freezing at -80°C may not be optimal for fecal preservation. In fact, minimal differences were
389 seen between samples stored at 4°C and those at -80°C. While temperature reduction and storage

390 buffer have an additive effect, effective preservation was largely driven by buffer, most notably
391 in samples stored in 70% ethanol. Fecal preservation with 70% ethanol yielded DNA
392 concentrations and microbial composition closest to that of fresh samples at all temperatures,
393 highlighting the potential of its utility in field, laboratory, and clinical settings. This study
394 underlines the need for more comprehensive evaluation of fecal DNA storage methods for
395 accurate downstream microbial analysis.

396

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403

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561

Figure 1(on next page)

Chronological flowchart of fecal DNA preservation experiment

Fecal samples from one canine donor were collected, aliquoted, and treated with no buffer (P), RNA later (R), 70% ethanol (E), and 50:50 Glycerol:PBS (G). After 2 hours of incubation at 25°C, Day 0 samples were immediately processed for DNA extraction, while other samples were stored at the indicated temperatures (room temp: 25°C, refrigeration: 4°C, freezing: -80°C) until extractions on days 7, 14, and 56.

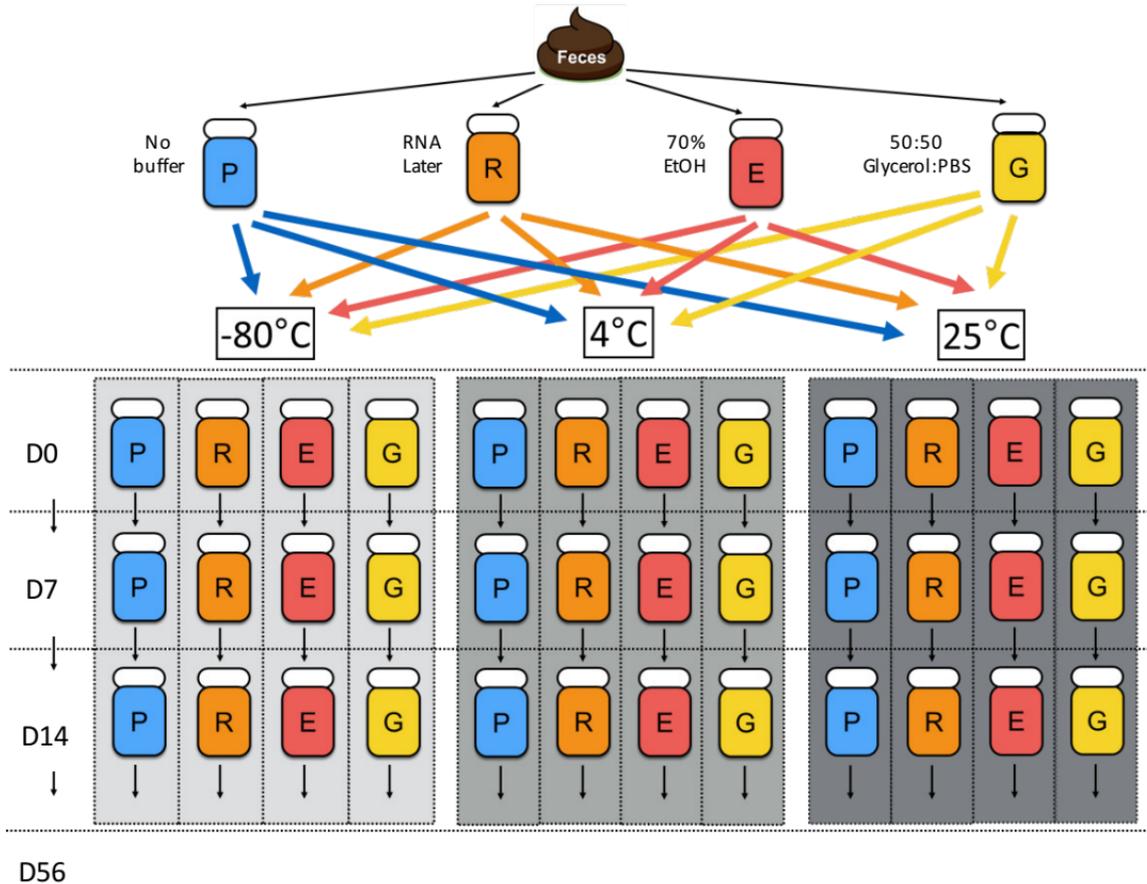


Figure 2(on next page)

Average DNA concentration ($\mu\text{g}/\text{mL}$) by preservation method from Day 0 to 56 at 25°C, 4°C, and -80°C

DNA concentrations of fecal samples were obtained with QUBIT dsDNA HS Assay after DNA extraction. In all storage methods, DNA concentration decreased over time (F-value = 7.5, DF=1, $P<0.01$). Concentrations significantly varied by buffer, with the highest in samples preserved with 70% ethanol and lowest in samples with RNA later (DF=8.57, $P<0.001$).

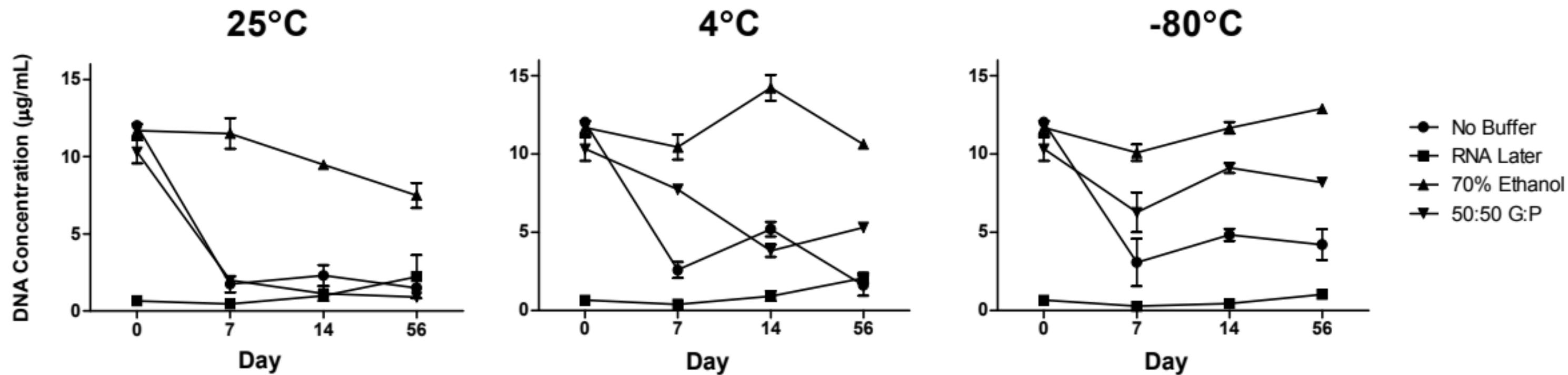
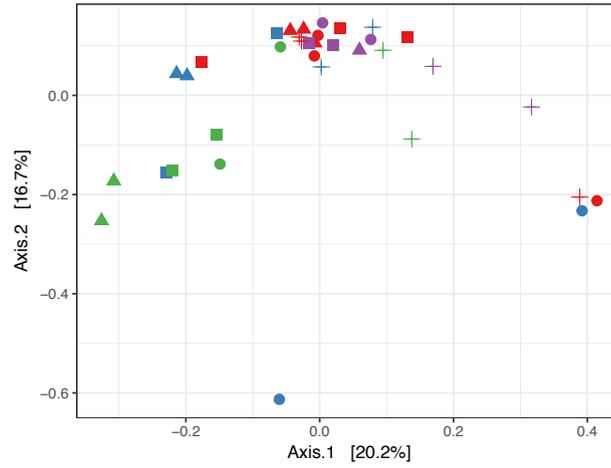
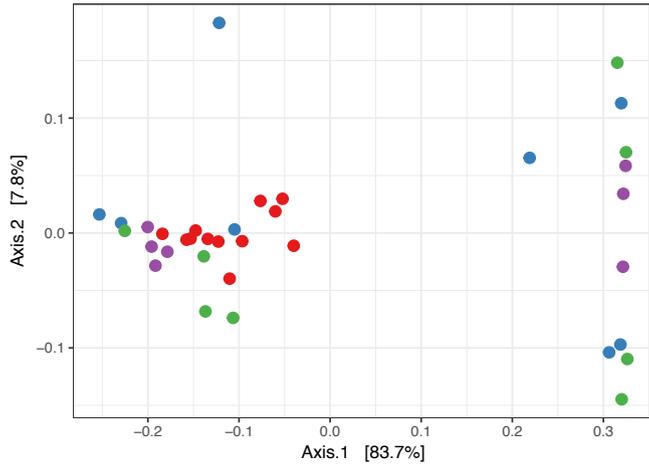


Figure 3(on next page)

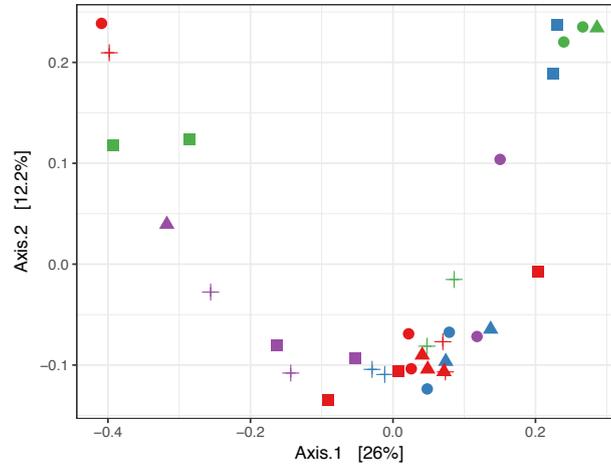
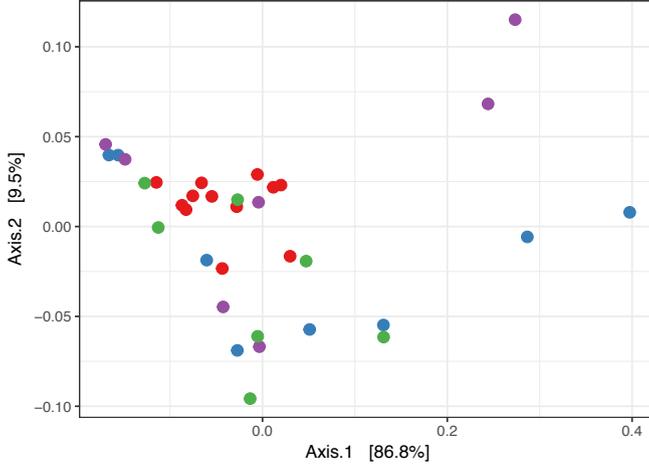
Principal coordinate analysis (PCoA) of weighted and unweighted UniFrac distances of microbial communities by temperature

Weighted UniFrac distances between communities (the evolutionary relatedness of taxa) and unweighted UniFrac distances (the relative abundance of bacterial phyla) reveal that all samples clustered regardless of temperature on Day 0. Samples preserved without buffer and in 50:50 glycerol:PBS diverged after Day 0, whereas those in RNA later and 70% ethanol clustered with fresh control samples regardless of temperature.

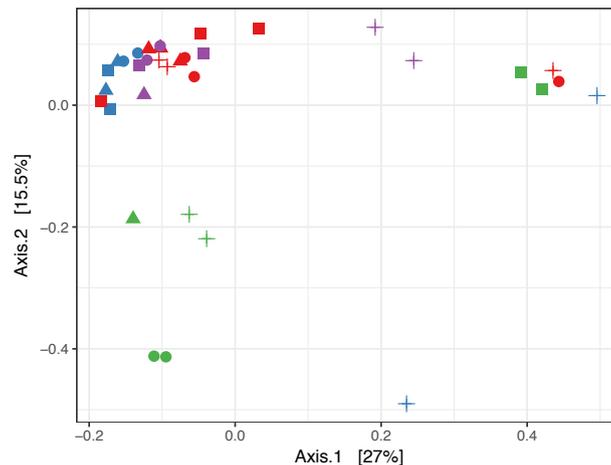
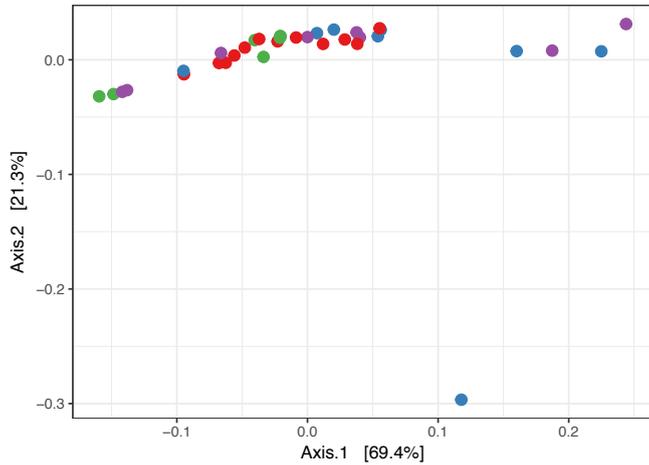
25°C



4°C



-80°C



Day

- Day 0
- Day 7
- Day 14
- Day 56

Buffer

- 70% Ethanol
- ▲ 50:50 Glycerol:PBS
- No Buffer
- + RNAlater

Figure 4(on next page)

Relative abundances of (A) bacterial phyla at 25°C, 4°C, -80°C and (B) bacterial class at 25°C

A) Across all temperatures, fresh control samples (X0) exhibited near identical relative abundances of the top five bacterial phyla. At room temperature after day 0, samples without buffer and samples immersed in 50:50 Glycerol:PBS showed significant relative increases in Phylum Firmicutes and decreases in Phylum Bacteroidetes. Refrigeration or freezing reduced changes in relative abundances of bacterial phyla in plain and glycerol:PBS samples over time. Samples preserved with RNA Later and 70% ethanol exhibited microbial compositions similar with that of fresh control samples. B) The notable increase in Phylum Actinobacteria in samples with 50:50 glycerol:PBS was further investigated by taxonomic class, and found to be attributed to an increase in Coriobacteriia.

A**25°C****PeerJ****4°C**

Manuscript to be reviewed

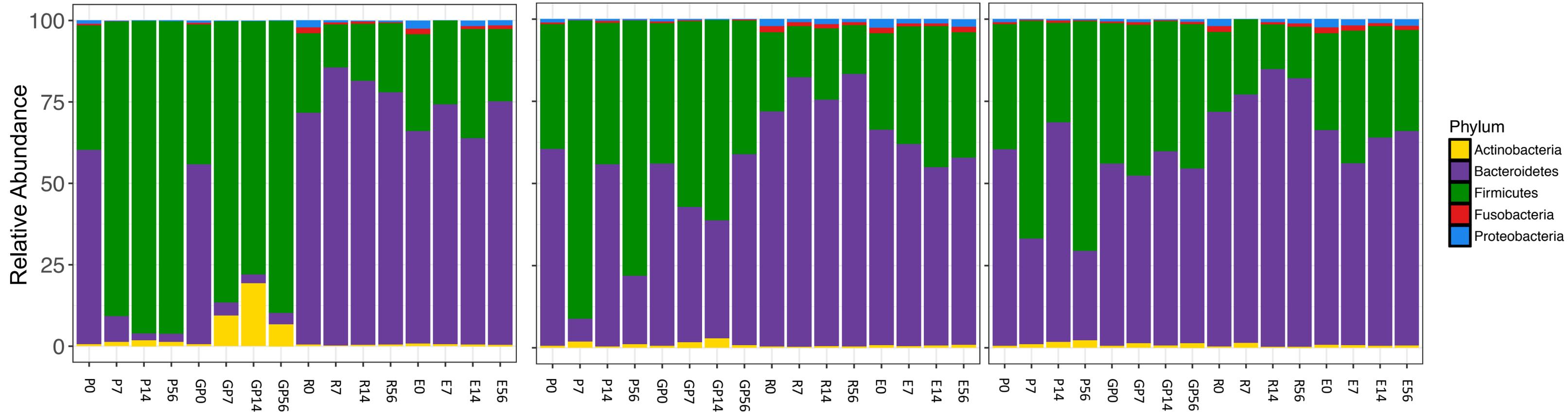
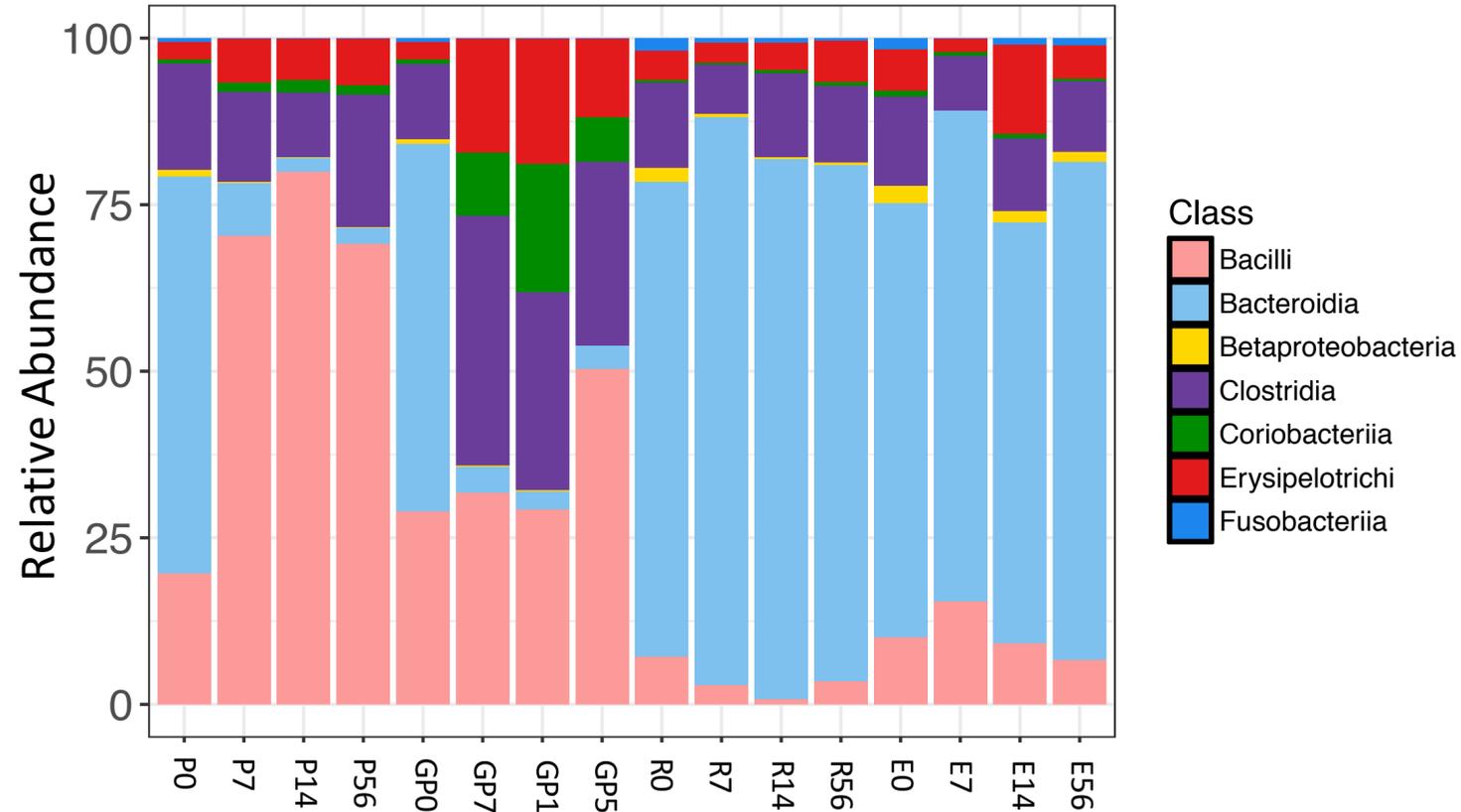
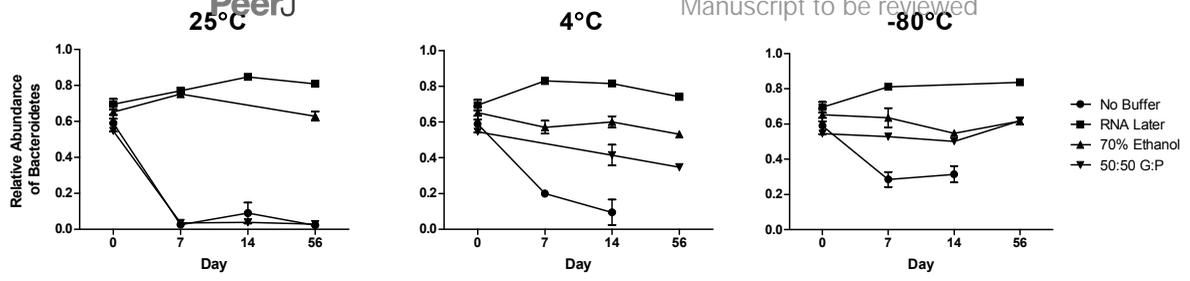
-80°C**B**

Figure 5 (on next page)

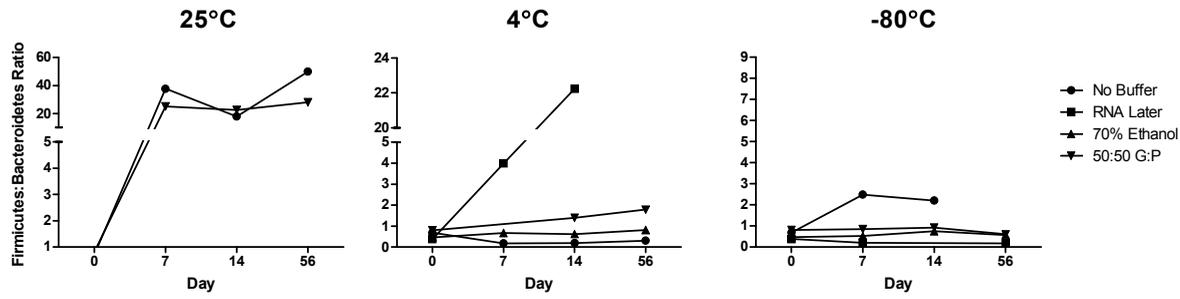
Effects of buffer and temperature on relative abundance of bacterial phyla over 56 days

Relative abundances of phyla **A)** Bacteroidetes and **B)** Firmicutes:Bacteroidetes ratio show maintenance of bacterial composition under freezing conditions and preservation with RNA later or 70% ethanol. C) Mean fold-change (frozen/fresh) of bacterial phyla in all buffered and unbuffered sample.

A



B



C

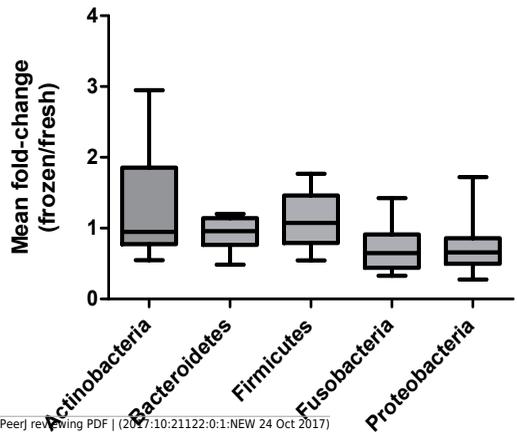
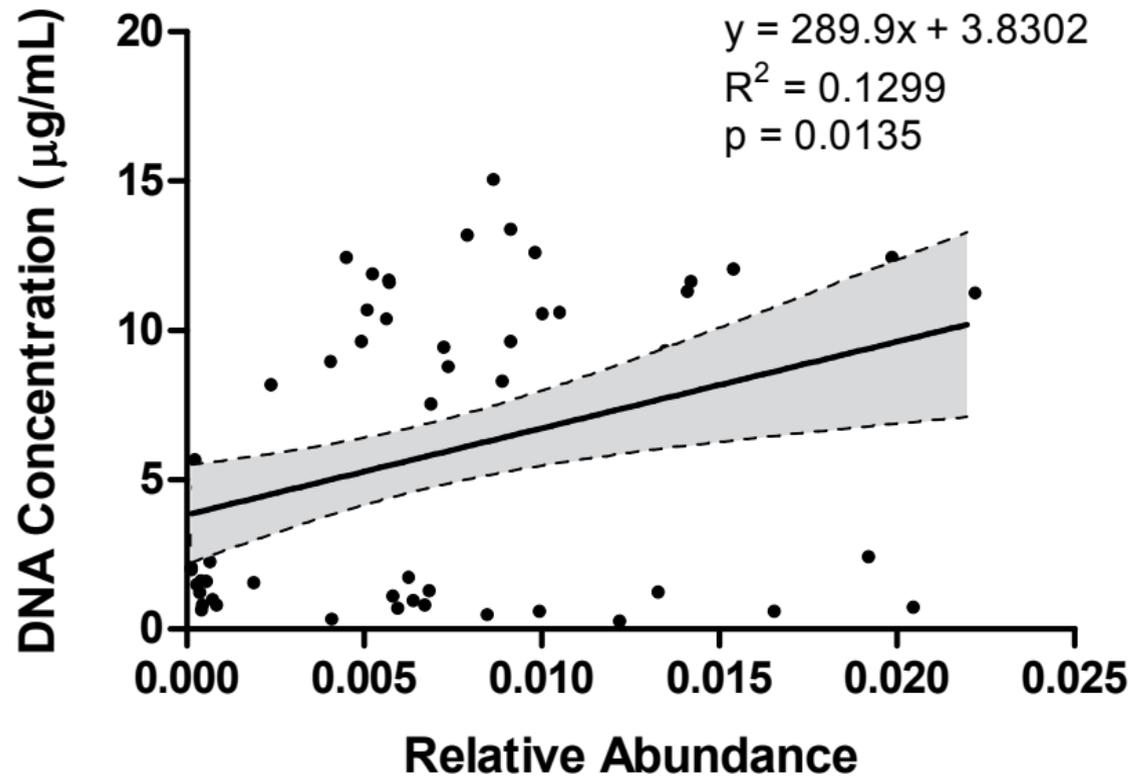


Figure 6 (on next page)

Correlation between DNA concentration and relative abundance of bacterial phyla

Shown as a linear regression, Spearman's correlation coefficient analysis of all samples in the study revealed a significant positive correlation between DNA concentration and phylum Fusobacteria and Proteobacteria.

Fusobacteria



Proteobacteria

