

# Augmented reality in healthcare education: an integrative review

**Background.** The effective development of healthcare competencies poses great educational challenges. A possible approach to provide learning opportunities is the use of augmented reality (AR) where virtual learning experiences can be embedded in a real physical context. The aim of this study was to provide a comprehensive overview of the current state of the art in terms of user acceptance, the AR applications developed and the effect of AR on the development of competencies in healthcare. **Methods.** We conducted an integrative review. Integrative reviews are the broadest type of research review methods allowing for the inclusion of various research designs to more fully understand a phenomenon of concern. Our review included multi-disciplinary research publications in English reported until 2012. **Results.** 2529 research papers were found from ERIC, CINAHL, Medline, PubMed, Web of Science and Springer-link. Three qualitative, 20 quantitative and 2 mixed studies were included. Using a thematic analysis, we've described three aspects related to the research, technology and education. This study showed that AR was applied in a wide range of topics in healthcare education. Furthermore acceptance for AR as a learning technology was reported among the learners and its potential for improving different types of competencies. **Discussion.** AR is still considered as a novelty in the literature. Most of the studies reported early prototypes. Also the designed AR applications lacked an explicit pedagogical theoretical framework. Finally the learning strategies adopted were of the traditional style 'see one, do one and teach one' and do not integrate clinical competencies to ensure patients' safety.

1 AUGMENTED REALITY IN HEALTHCARE EDUCATION: AN INTEGRATIVE REVIEW

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14 **Abstract**

15 **Background.** Developing healthcare competencies in students and professionals poses great  
16 educational challenges. A possible solution is to provide learning opportunities that utilize  
17 augmented reality (AR), where virtual learning experiences can be embedded within a real  
18 physical context. The aim of this study was to provide a comprehensive overview of the current  
19 state of AR in terms of user acceptance, the AR applications currently developed and the effect of  
20 AR on the development of competencies in healthcare.

21 **Methods.** We conducted an integrative review, which is the broadest type of research review  
22 method allowing for the inclusion of various research designs. This allows us to more fully  
23 understand a phenomenon of interest. Our review included multi-disciplinary research  
24 publications in English reported until 2012.

25 **Results.** We found 2 529 research papers from ERIC, CINAHL, Medline, PubMed, Web of  
26 Science and Springer-link. Three qualitative, twenty quantitative and two mixed-method studies  
27 were included. Using thematic analysis, we have described characteristics for research,  
28 technology and education. This study showed that AR was applied across a wide range of topics  
29 in healthcare education. Furthermore, acceptance for AR as a learning technology was reported  
30 among the learners, as well as its potential for improving different types of competencies.

31 **Discussion.** AR is still considered a novelty in the literature, with most of the studies reporting  
32 early prototypes. Additionally, the designed AR applications lacked an explicit pedagogical  
33 theoretical framework. Instead, the learning strategies adopted were of the traditional style ‘see  
34 one, do one and teach one’ and do not integrate clinical competencies to ensure patients’ safety.

35

## 37 1. Introduction

38 Augmented reality (AR) supplements the real world with virtual objects, such that virtual objects  
39 appear to coexist in the same space as the real world (Zhou, Duh, & Billingham, 2008). It has the  
40 potential to provide powerful, contextual, and situated learning experiences, as well as to aid  
41 exploration of the complex interconnections seen in information in the real world. Students can  
42 use AR to construct new understanding based upon their interactions with virtual objects, which  
43 bring underlying data to life. AR is being applied across disciplines in higher education,  
44 including; environmental sciences, ecosystems, language, chemistry, geography and history  
45 (Johnson, Smith, Willis, Levine, & Haywood, 2011; Klopfer & Squire, 2007). Clinical care is  
46 also interested in AR because it provides doctors with an internal view of the patient, without the  
47 need for invasive procedures (Bajura, Fuchs, & Ohbuchi, 1992; Chris, 2010; De Paolis, Ricciardi,  
48 Dragoni, Aloisio, & Paolis, 2011; Lucio T. De Paolis, Pulimeno, & Aloisio, 2008; Pandya, Siadat,  
49 & Auner, 2005). Since students and medical professionals need more situational experiences in  
50 clinical care, especially for the sake of patient safety, there is a clear need to further study the use  
51 of AR in healthcare education. The wide interest in studying AR over recent years (Rolland,  
52 2003; Sielhorst, Obst, Burgkart, Riener, & Navab, 2004; Thomas, John, & Delieu, 2010) has  
53 highlighted the following beliefs:

- 54 • AR provides rich contextual learning for medical students to aid in achieving core  
55 competencies, such as decision making, effective teamwork and creative adaptation of  
56 global resources towards addressing local priorities (Frenk J, Chen L, Bhutta ZA, 2010).
- 57 • AR provides opportunities for more authentic learning and appeals to multiple learning  
58 styles, providing students a more personalized and explorative learning experience.
- 59 • The patients' safety is safeguarded if mistakes are made during skills training with AR.

60  
61 While information technology has been presented as a driver for educational reforms, technology,  
62 by itself, is not a vehicle for learning (Merrill, 2002; Salomon, 2002). To prevent AR from being  
63 a gimmick with tremendous potential, it is important to understand the new capabilities that  
64 technology offers, including how those capabilities may impact learning (Garrison & Zehra,  
65 2009; Salinas, 2008). Therefore, a necessary first step is to analyze the current research on AR in  
66 healthcare education to determine its' strengths and weaknesses.

67  
68 There are two systematic reviews about AR; one is on AR in rehabilitation to improve physical  
69 outcomes (Al-Issa, Holger, & Hale, 12AD), and the other is focused on AR tracking techniques  
70 (Rabbi, Ullah, & Khan, 2012). In addition to these, Lee published a literature review to describe  
71 AR applied in training and education, and discussed its potential impact on the future of  
72 education (Lee, 2012). Carmigniani and Furht developed an overview of AR technologies and  
73 their applications to different areas (Carmigniani & Furht, 2011). Shuhaiber discussed augmented  
74 reality in the field of surgery, including its' potential in education, surgeon training and patient  
75 treatment (Shuhaiber, 2004). Thomas et al., provided a brief overview of AR for use in e-health  
76 within medicine, and specifically highlighted issues of user-centered development (Thomas et  
77 al., 2010). Ong, Shen, Zhang, and Nee presented the use of AR in assistive technology and  
78 rehabilitation engineering, focusing on the methods and application aspects (Ong, Shen, Zhang,  
79 & Nee, 2011). Of the studies include in these reviews, only two focused on medical or healthcare

80 education. The first reviewed the current state of mixed reality manikins for medical education  
81 (Sherstyuk, Vincent, Berg, & Treskunov, 2011). The second analyzed applying AR in  
82 laparoscopic surgery with a focus on training (S. M. B. I. Botden & Jakimowicz, 2009). Both  
83 were helpful in understanding AR from different perspectives, but lacked a broader view of AR  
84 across the whole of medical education. Furthermore, few reviews focused on analyzing AR as it  
85 relates to learning and teaching, which is important for ensuring that AR has an appropriate  
86 instruction design for medical education.

87

88 The aim of this study was to provide a comprehensive overview of the current state of AR in  
89 terms of user acceptance, the AR applications currently developed and the effect of AR on the  
90 development of competencies in healthcare. This overview would inform future studies on the  
91 design of AR in healthcare education.

## 92 2. Material and Methods

93 We conducted an integrative review, as described by Whittemore and Knafl (2005). Integrative  
94 reviews are the broadest type of research review method and allow for the inclusion of various  
95 research designs to more fully understand a phenomenon of interest. In contrast, systematic  
96 reviews combine the evidence of primary studies, with similar research designs, to study related  
97 or identical hypotheses (Whittemore, 2005). They are more useful at providing insights about  
98 effectiveness, rather than seeking answers to more complex search questions (Grant & Booth,  
99 2009). Scoping reviews identify the nature and extent of research evidence to provide a  
100 preliminary assessment of the potential size and scope of available research (Grant & Booth,  
101 2009). However, due to lack of a process for quality assessment, the findings from scoping  
102 reviews are weak resources for recommending policy/practice. Performing an integrative review  
103 helped us to understand how AR has been applied in healthcare education, and our findings will  
104 be used to help guide better practice. Our review included multi-disciplinary research  
105 publications, reported until 2012, which were related to the construct of AR in healthcare  
106 education.

107

### 108 2.1. Inclusion and exclusion criteria

109 In order to present a comprehensive overview of AR relative to healthcare education, we used  
110 broad inclusion criteria. An article was included in the review if it was a research paper (\*), on  
111 AR (\*\*), or on AR in healthcare education (\*\*\*), and was written in English. The criteria of  
112 inclusion and exclusion were further defined as follows in table 1:

113

114 Table 1 *The inclusion and exclusion criteria*

115 [TABLE 1 HERE]

116 Clarification of criteria terms:

- 117 • **Research paper:** There is no widespread accepted set of criteria with which to assess the  
118 quality of studies. Further, research paradigm is different across the various members of  
119 the academic community, such as developer, educator and doctor. We have not restricted  
120 the methodology and the writing style of the research papers but they should contain the  
121 following core information; clear description of the context, study aims, research  
122 question, study design, sampling, data collection and analysis, and findings. Papers were  
123 excluded if they did not describe the core information mentioned above.
- 124 • **AR:** augmented reality, which sometimes is referred to as ‘mixed reality’, or ‘blended  
125 reality,’ is a technology that allows a live real-time direct or indirect real-world

126 environment to be augmented/enhanced by computer-generated virtual imagery  
127 information (Carmigniani & Furht, 2011; Lee, 2012). It is different from virtual reality  
128 which completely immerses the user in a computer-generated virtual environment. We did  
129 not make a clear distinction between augmented reality and augmented virtuality (AV)  
130 where AR is closer to the real world and AV is closer to a pure virtual environment  
131 (Milgram & Colquhoun, 1999). Studies focusing on enhancing the user's perception of  
132 and interaction with the real world through virtual information were included. It would be  
133 excluded if it only discussed the virtual environment.

134 • **Healthcare education:** According the glossary of medical education terms from AMEE,  
135 medical education is “the process of teaching, learning and training of students with an  
136 ongoing integration of knowledge, experience, skills, qualities, responsibility and values  
137 which qualify an individual to practice medicine (Wojtczak, 2002).” ”With the growing  
138 understanding of the conditions for learning within medical care and health care, and the  
139 increasing focus on the ‘lifelong’ nature of medical education, medical education now,  
140 more so than in the past, needs to span three sectors: undergraduate, postgraduate and the  
141 continuing professional development of established clinicians” (Swanwick & Buckley,  
142 2010).

## 143 2.2. Search strategy and inclusion procedure

144 Agreement about the review protocol, and inclusion and exclusion criteria was reached through  
145 discussion between EZ, NZ and IM. Relevant computerized databases were searched for eligible  
146 studies, including: ERIC, CINAHL, Medline, Web of Science, PubMed and Springer -link.  
147 Separate searches were completed for each database with no date restrictions, no methodological  
148 filter, and the language limited to English. The searches were updated until November 2012.  
149 Word groups representing the key characteristics of our study were created and combined in  
150 several ways. The first group was ‘augmented reality’ and included terminology with similar  
151 meaning such as ‘mixed reality,’ or ‘blended reality.’ The second group was ‘medical education’  
152 and included terms like ‘healthcare education,’ ‘health science education’ and so on. The two key  
153 groups of terms used the Boolean operator ‘(and)’ to combine with the terms one another when  
154 searching for papers to include. Also, we used symbols like ‘medic \* education’ to include more  
155 related articles with potentially different endings.

156  
157 EZ independently searched for eligible studies in the six databases using the methods above and  
158 identified each article meeting the inclusion criteria. ‘Medical education’ and synonyms were  
159 searched in ‘all areas’ in the six databases throughout the search procedure. We began by  
160 searching for ‘augmented reality,’ or its’ synonyms, plus ‘medical education’ in all areas to get the  
161 overall data. Next, ‘augmented reality,’ or its’ synonyms, were searched within the title or abstract  
162 field, but with ‘medical education’ in ‘all areas.’ One reason for this is that we felt the focus terms  
163 should be placed in the title or abstract. Another reason is that the papers in which augmented  
164 reality was neither in the title nor abstract, were not studying augmented reality when we  
165 reviewed them. When the abstract contained insufficient information we sometimes referred to  
166 the full text to assess eligibility. This was then discussed with NZ and IM. After confirming that  
167 the paper’s title and abstract discussed augmented reality on medication education, the full text  
168 was downloaded and printed to re-read and analyze, if it met the review criteria. EZ examined  
169 and marked the full texts to select the articles that met the inclusion criteria. AH checked the  
170 excluded papers by EZ to ensure we did not leave out any papers that should include. NZ  
171 checked the full text and discussed with EZ. IM was involved in the discussions and selection  
172 process when necessary. The quality of the studies was then reviewed by all the co-authors for  
173 final inclusion.

174

### 175 2.3. Data extraction and analysis

176 We extracted information specifically on research, technology and learning from the included  
177 studies. The characteristics and the results of the included studies were recorded with a  
178 standardized data-extraction form. Data was extracted independently and in tripartite for all  
179 characteristics. Three main characteristics, including research, technology and learning, and  
180 eleven sub-characteristics were described through qualitative content analysis for each of the  
181 included studies (Table 2). Also, we used content analysis to describe the study design for each  
182 study (Table 2). Thematic analysis was used to identify the prominent themes that describe  
183 current use of AR in healthcare education. A holistic view on our study, and the strength and  
184 weakness were obtained through discussion of the results among investigators.

## 185 3. Results

### 186 3.1. Identification of relevant studies

187 *Figure 1.* Literature search and selection flow  
188 [FIGURE 1 HERE]

189  
190 We found 2529 papers on AR in medical education in the above-mentioned six databases. After  
191 screening the titles and abstracts, we found 270 citations in the titles and 179 in the abstracts that  
192 included 'augmented reality', 'mixed reality' or 'blended reality.' These terms were selected to  
193 keep focus on the key characteristics that we wanted to scrutinize and identify. After further  
194 reading of the title and abstracts, and removal of any duplicate papers, 77 full-text papers were  
195 retrieved and reviewed in more detail. Twenty-five articles met our inclusion criteria for data  
196 extraction and were analyzed. *Figure 1* shows the selection process. Papers were mainly excluded  
197 if their research aim and context were not clearly described. Some articles which seemed to  
198 discuss medical education were later excluded because they only focused on medicine or  
199 treatment, and not on healthcare education (Bruellmann, Tjaden, Schwanecke, & Barth, 2012;  
200 Loreto, Dokkum, Gouaich, & Laffont, 2011; Pagador et al., 2011), and vice versa, one was  
201 excluded because it discussed education of another discipline that could contribute to the health  
202 of students (Hsiao, 2012).

203  
204 From the included 25 research papers focusing on AR in healthcare education, 20 were based on  
205 quantitative research methods, 3 on qualitative research methods and 2 on mixed research  
206 methods. In these studies, AR was applied on 15 healthcare related subjects. Most of studies used  
207 their own AR system and 5 groups used the same system.

### 209 3.2. Methodological quality of the identified studies

210 We chose to apply a broad inclusion criteria and no restriction with regard to the papers'  
211 methodology since research on AR is still in an early innovative phase. Methodological quality  
212 was presented adapting the Medical Education Research Study Quality Instrument (MERSQI)  
213 (Reed et al., 2007). Quality (Table 3) was assessed purely for descriptive purposes, not as  
214 grounds to exclude.

215  
216 Table 3 *Quality of included papers*  
217 [TABLE 3 HERE]

218

### 219 3.3. Use of augmented reality in healthcare education

220 The earliest study on AR in healthcare education was published in 2002 but publications in the  
221 field take off starting in 2008 (See table 2). Table 4 was developed to map our results on AR in  
222 healthcare education, and to give us a clearer understanding of learning paradigms and the  
223 capabilities of AR offered in current research.

224

225 Across the studies we saw high variability in the research aims and also the role of AR in  
226 healthcare education (table 4). Twelve studies focused on evidence that AR can improve learning.  
227 Seven studies were aimed at developing AR systems for healthcare education. Two studies  
228 investigated the user's acceptance of AR as a learning technology. Six studies tested AR  
229 applications. The main use of AR for learning has been to provide feedback, and eight studies  
230 used AR as a means to provide feedback to students. Two studies used AR as an innovative  
231 interface and two studies used it for simulator practice. The other studies tried AR as navigation,  
232 regenerative concept, remote assessment and training, and as a meaningful information tool. One  
233 used it to reduce resources, while another group used it to offer immersion in a scenario, and one  
234 tried to give participatory reality.

235

236 The research results showed that learners can accept AR as a learning technology, and that AR  
237 can improve the learning effect by acquisition of skills and knowledge, understanding of spatial  
238 relationships and medical concepts, enhancing learning retention and performance on cognitive-  
239 psychomotor tasks, providing material in a convenient and timely manner that shortens the  
240 learning curve, giving subjective attractiveness, and simulating authentic experiences (see table 2  
241 and 4).

242

243 Table 4 *Characteristics of AR in medical education*

244

245 [TABLE 4 HERE]

246

#### 246 **Technical Specifications**

247 Three papers did not mention which computing system they used to present the virtual  
248 information. Most of the included papers (50%) employed laptops as a mobile computing system.  
249 A few studies used other lighter mobile configuration, as follows: 1 smart phone, 1 tablet, 1 PDA  
250 and 1 book. Seven papers used computers as stationary systems.

251

252 Of the included papers, 68% used a camera and marker as a tracking device. Two papers used an  
253 electromagnetic tracker but different markers; one a radiographic marker and one used  
254 anatomical landmarks. Two papers used sensors. Other tracking systems, such as hybrid optical  
255 tracker and Wi-Fi signal, were found in at least one of the included papers. One paper described  
256 using a head-and-hand tracking system, but did not provide details on the technology  
257 (Yudkowsky et al., 2012). One did not use a tracking device because they projected the virtual  
258 picture on a manikin (Pretto, Manssour, Lopes, Silva, & Pinho, 2009).

### 259 3.4. The strengths and weaknesses in the current research about AR learning systems for 260 healthcare education

#### 261 3.4.1. The strengths

262 We identified three themes that related to the strengths of AR in healthcare education.

263

264 *AR was applied in a variety of healthcare areas and was aimed at all level of learners*

265

266 AR was applied in various subjects, such as: joint injection, thoracic pedicle screw placement,  
267 laparoscopic surgery, administering local anesthesia, endotracheal intubation, ventriculostomy,  
268 forensic medicine, inguinal canal anatomy, diathermy, tissue engineering, alimentary canal  
269 physiology and anatomy, disease outbreak, clinical breast examination, cardiologic data, and life  
270 support training, all of which are applicable to healthcare education (see Table 4). We found that  
271 64% of the included papers were within surgery, primarily laparoscopic surgery, which  
272 represented 44% (11/25). Two groups provided the majority of publications of laparoscopic  
273 surgery (S. Botden, Buzink, Schijven, & Jakimowicz, 2007, 2008; S. Botden, Hingh, &  
274 Jakimowicz, 2009a, 2009b; LeBlanc et al., 2010; Leblanc, Delaney, Ellis, et al., 2010; Leblanc,  
275 Delaney, Neary, et al., 2010; Leblanc, Senagore, et al., 2010). Other healthcare subject areas had  
276 only one paper included in this research.

277  
278 While two studies did not mention participants, the remaining 23 studies included 713  
279 participants representing medical staff, medical students, high school students and children, (see  
280 Table 3 and Table 4). Participants used AR to learn healthcare skills and acquire knowledge. Most  
281 of the participants were, or will be, healthcare staff, however the children and high school student  
282 participants may not pursue an education or career in healthcare in their future.

283  
284 ***AR is useful for improving healthcare learning from different educational objectives***

285  
286 Ninety-six percent of the papers claimed that AR is useful for healthcare learning, even though  
287 the research aims of included papers were different. For example AR showed that it; decreased  
288 the amount of practice needed, reduced failure rate and improved performance accuracy,  
289 accelerated learning and shortened the learning curve, captured the learner's attention more  
290 easily, gave better understanding of spatial relationships, provided experiences with new kinds of  
291 authentic science inquiry, and improved trainee assessment.

292  
293 ***Broad focus of research - from user acceptance, system development and testing, to the study***  
294 ***of learning effects***

295 Even though every paper in this study had its own research aim and focus, together they gave us a  
296 more complete perspective of how AR is being used in healthcare education (table 4). Two papers  
297 investigated user acceptance of AR and they claimed that participants would like to use AR  
298 instructions in their future professional life, primarily due to the perceived usefulness of AR. Six  
299 papers focused on developing AR systems and two of them tested the usefulness of the systems.  
300 One of the six studies, in addition to two other studies focused on evaluating the validity of AR  
301 systems. One paper described the usefulness, reliability and applicability of the AR system, and  
302 one tested the system value. Fourteen out of the twenty-five papers presented AR for various  
303 learning aims.

304

305 3.4.2. The weaknesses:

306 We also identified three themes around the weaknesses in AR for healthcare education.

307

308 ***Lack of learning theories to guide the instructional design***

309

310 Of the included papers, 80% did not clearly describe which kind of learning theory was used to  
311 guide design or application of AR in healthcare education. One claimed that they used activity-  
312 based learning but did not tell us how they used it; moreover, the learning strategies are not  
313 clearly described in the paper (Sakellariou, Ward, Charissis, Chanock, & Anderson, 2009). Two

314 groups used standard skills, such as the manual skills of fundamentals of laparoscopic surgery or  
315 expert illustration of what is done in practice, to guide design of AR systems. The participants in  
316 these groups used the standard skills identified to perform a task. One group, which used situated  
317 learning, allowed the participants to explore and navigate with AR environments, but did not  
318 show any learning effect (Rasimah Che, 2011). Only one group used on location learning theory  
319 and the learning strategy of collaborative inquiry and role play (Rosenbaum, Klopfer, & Perry,  
320 2007). The results indicated that incorporating the affordances of AR games and the dynamic  
321 models of participatory simulations make possible new kinds of authentic science inquiry  
322 experiences.

323

324 ***Most of learning strategies were the traditional ‘see one, do one and teach one’***

325

326 In 64% of the included papers it was shown that they are still using traditional methods of  
327 teaching practical skills in medical education, whether or not AR was used as a guidance system  
328 or as feedback tool. Three included papers (12%) did not describe how the participants used AR  
329 to learn. One wrote that students can explore and navigate with AR environments, but that the  
330 time allotted was only half an hour and no learning effect was shown (Rasimah Che, 2011).

331

332 However, a few studies explored other methods. One study investigated AR in teaching using  
333 different forms such as; group setting, self-learning or revision of cases (Jan, Noll, & Albrecht,  
334 2012). One research group used interactive story and another group used game play to attract  
335 students (Karthikeyan, Mani, Balasubramaniyan, & Selvam, 2012; Nischelwitzer, Lenz, Searle,  
336 & Holzinger, 2007). One group used collaborative inquiry and role-play strategies (Rosenbaum et  
337 al., 2007).

338

339 ***Most of AR applications were still in a prototype stage of development.***

340

341 Fifty-six percent of the papers presented an AR prototype without further studying its impact.  
342 Five groups studied the ProMIS AR simulator, which was used by colorectal surgeons in their  
343 training to improve laparoscopic colorectal skills. The 5 groups contributed with 11 papers. The  
344 usefulness, reliability and applicability of the ProMIS AR simulator system was examined, and  
345 the systems’ value and validity were also evaluated. ProMIS AR was additionally compared to  
346 other systems.

347

#### 348 4. Discussion

349 In this paper, we have shown an overview of AR in healthcare education, additionally, we have  
350 identified the strength and weakness. The result of AR in healthcare is inspiring even though it is  
351 in the prototype stage.

352

353 Most studies said AR is useful for healthcare education, with one exception that did not mention  
354 the learning effect of AR. AR is useful because it helps the healthcare learner to understand  
355 spatial relationships and concepts, to acquire skills and knowledge, to strengthen cognitive-  
356 psychomotor abilities, and to shorten their learning curve and prolong learning retention. Further,  
357 it increases subjective attractiveness by providing students with authentic simulated experiences.  
358 Moreover, AR offers more conveniences, such as with time.

359

360 Most of the studies used AR for learning through feedback or as a navigation system. However, a

361 few used AR to offer immersion into a scenario, a participatory reality or a regenerative concept.  
362 Some used AR as an innovative interface or meaningful information tool. The others tried AR for  
363 remote assessment and training, or simulator practice. One used it to reduce resources.  
364

#### 365 4.1. Comparison with existing literature

366 Two pieces of literature relevant to healthcare education, focused on introducing several  
367 examples of using AR systems. Sherstyuk, et al. introduced human manikins with augmented  
368 sensory input for medical education (Sherstyuk et al., 2011), while Botden and Jakimowicz  
369 compared three AR systems that allow the trainee to use the same instruments currently being  
370 used in the operating room for laparoscopic surgery (S. Botden & Jakimowicz, 2009). Al-Issa, et  
371 al. used systematic review to investigate the effectiveness of physical outcomes through use of  
372 AR in rehabilitation. AR is not currently included in rehabilitation training and the study also  
373 showed that research on AR in rehabilitation is still in its infancy (Al-Issa et al., 12AD). Rabbi, et  
374 al. attempted a systematic review of AR tracking techniques but did not show a result (Rabbi et  
375 al., 2012). Carmigniani and Furht focused on analysis of the technical specifications of different  
376 types of AR and pointed out the advantages and disadvantages (Carmigniani & Furht, 2011).  
377 They also discussed AR for use in medicine and education.

378 This review searched six different databases to determine the characteristics of AR in healthcare  
379 education, and to distinguish the strength and weakness found in current research. It particularly  
380 focused on including studies related to healthcare education. Most of the AR applications found  
381 in this review are based on mobile computing systems, especially on laptops. It is different with  
382 Carmigniani and Furht' study where the medical AR application systems are fixed in-doors.  
383 While light mobile AR has been predicted to be feasible to develop as real-time AR applications  
384 that are locally processed, our findings show that there are still very few examples of light mobile  
385 AR (Carmigniani & Furht, 2011). In our review, we aimed to not only describe the research  
386 outcome and learning effect of included papers, but also to check which kind of learning theory  
387 was used and how they used it.

#### 388 4.2. AR Systems and cost

389 It is important to clarify how to use AR most effectively and cost-efficiently. Carmigniani and  
390 Furht divided AR systems into five categories that allow the user movement or not: fixed indoor  
391 or outdoor systems, mobile indoor or outdoor systems, and mobile indoor and outdoor systems  
392 (Carmigniani & Furht, 2011). Each system has its own advantages and disadvantages depending  
393 upon which type of tracking system, display and interface is used. Deciding which type of system  
394 to build should take into consideration the learning aims, the user acceptance and cost-efficiency.  
395 Most of the papers described the computer system used, but few mentioned the cost. Some  
396 comparative studies focused on the effect of AR versus another system, but did not compare cost-  
397 efficiency. So a cost-efficiency analysis of AR should be investigated.

398

#### 399 4.3. AR and Educational Theory

400 Although each study presented a clear research aim, few suggestions were given for choosing an  
401 AR model that is better for healthcare education. Moreover, there is not enough evidence to  
402 inform the design of suitable learning activities with AR system, where knowledge and skill  
403 development could be integrated into the learner's world. Thus, further research in this area  
404 should be taken to clarify the appropriate AR model, instructional designs and how to effectively  
405 use AR for healthcare education.

406

#### 407 4.4. Study strengths and limitations

408 To our knowledge, this is the first integrative review that specifically addresses AR in healthcare  
409 relative to education. We explored how AR was applied in healthcare education encompassing a  
410 broad range of learners, learning strategy, outcomes and study designs. Content analysis and  
411 thematic analysis were useful to provide a comprehensive understanding on AR in healthcare  
412 education.

413

414 This review tries to provide a comprehensive description of AR in healthcare education with no  
415 research methodology filter. However, it is possible that some studies were missed if the key  
416 words did not appear on the title or abstract. The studies were also limited by excluding any non-  
417 English studies. This was not only because most of papers were published in English, but also  
418 because the authors come from different countries, and English allowed them to reach a  
419 consensus on the articles to include in the analysis. It is useful to minimize bias, but we  
420 possibility excluded some important papers. Further, an interesting AR application could have  
421 been missed because they did not publish a research paper.

#### 422 5. Conclusions

423 AR is in the early stages of application within healthcare education but it has enormous potential  
424 for promoting learning in healthcare based on this review of preliminary AR studies. The infancy  
425 of AR in healthcare education requires more than the testing and improvement of prototype  
426 products, but also needs to identify appropriate learning theories to better guide application of AR  
427 in healthcare education.

#### 428 6. Acknowledgements

429 We wish to thank Anneliese Lilienthal for her role in reviewing this manuscript as a native  
430 English speaker, and helping to improve the quality of the language presented here.

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603 8. **Appendix**

604 Table 2 *Description of 25 comparative studies included in the integrative review of AR in medical  
605 education*

606

607 [TABLE 2 here]

**Table 1** (on next page)

Table 1

Table 1 *The inclusion and exclusion criteria*

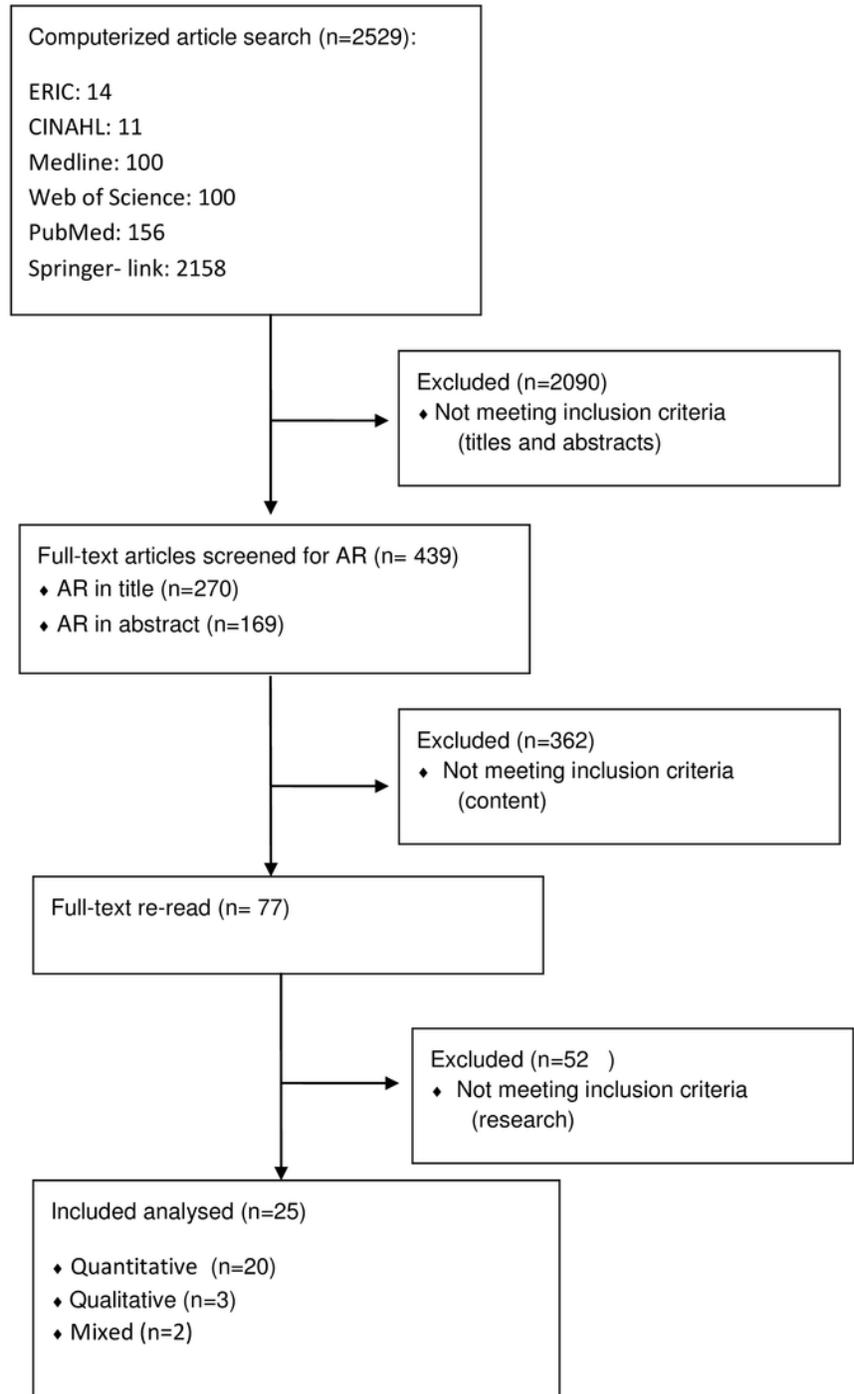
Table 1 *The inclusion and exclusion criteria*

<i>Criterion</i>	Inclusion criteria	Exclusion criteria
Research	<ul style="list-style-type: none"> <li>• Clearly described the goal or research question</li> <li>• A scientific study design</li> <li>• The data collection and analysis methods were clearly described</li> <li>• The results were clearly described</li> </ul>	<ul style="list-style-type: none"> <li>• Neither goal nor research question described</li> <li>• Review papers were put in introduction</li> </ul>
Focus of the Technology	<ul style="list-style-type: none"> <li>• Combination of real and virtual environments</li> <li>• Interactive in real-time</li> <li>• Real or perceived registration in 3D</li> </ul>	<ul style="list-style-type: none"> <li>• Used mixed reality in name, but was only virtual reality.</li> </ul>
Content	<ul style="list-style-type: none"> <li>• Healthcare education</li> <li>• Health science education</li> <li>• Medical education</li> </ul>	<ul style="list-style-type: none"> <li>• Education without medicine</li> <li>• Medicine without education</li> <li>• Veterinary medicine education</li> </ul>

# Figure 1

Figure 1

*Figure 1.* Literature search and selection flow



## **Table 2**(on next page)

Table 3

Table 3 *Quality of included papers*

*\*Percentage may not sum up to 100% because some used fixed study design*

Table 3 *Quality of included papers*

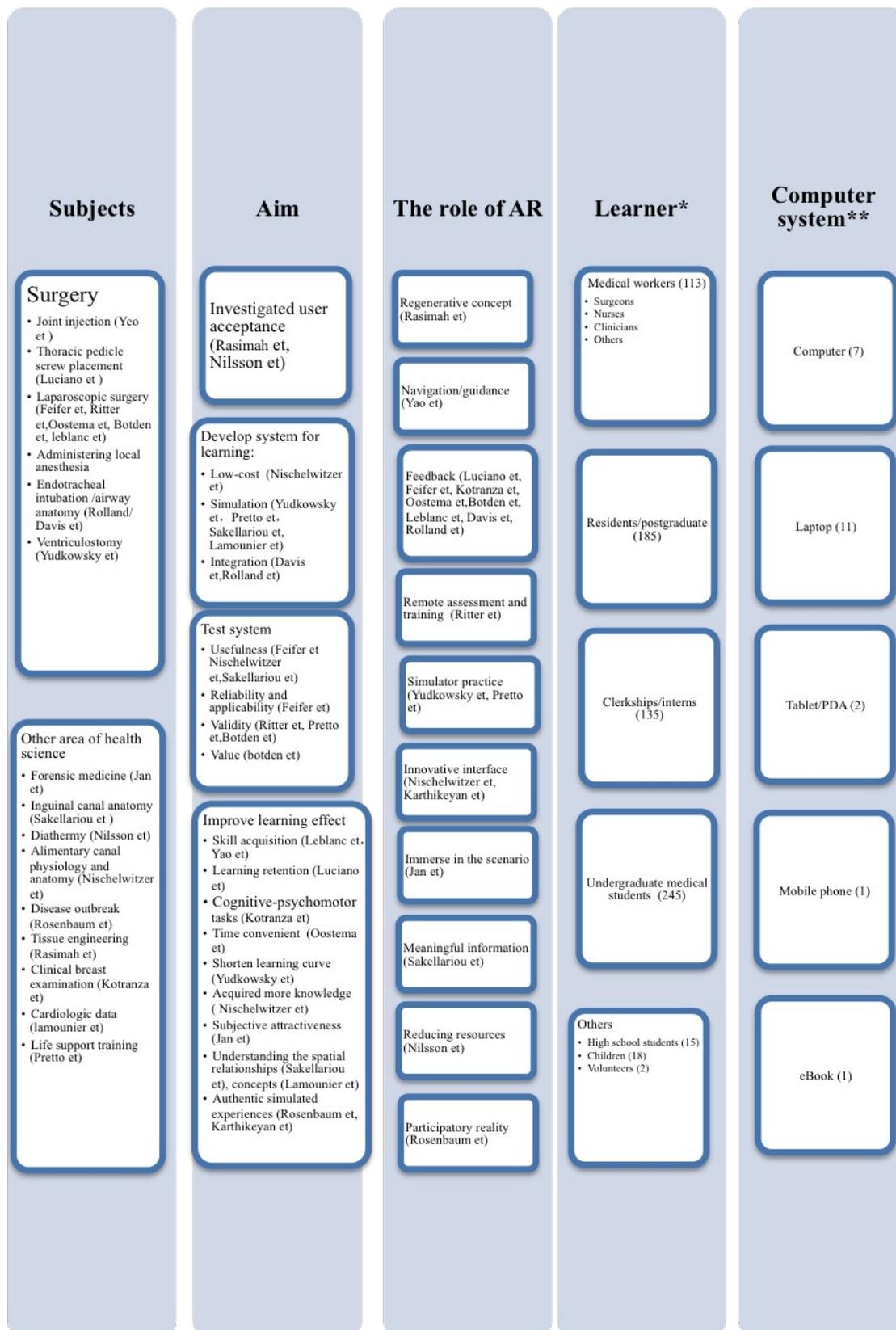
<i>DOMAIN</i>	<i>ITEM</i>	<i>STUDIES NO. %</i>	
Study design*	Experiment	1 group post-test only	2
		1 group pre-test and post-test	1
		2 groups randomized	6
		2 groups non-random	5
		3 groups non-random	4
	Descriptive	Interviews	3
		Questionnaire	10
	Case	2	
Type of data	Assessment by study participant	10	
	Objective measurement	18	
Data analysis	Date analysis appropriate for study design	22	
	Descriptive analysis only	19	
	Beyond descriptive analysis	3	
Outcome	Satisfaction, attitudes, perceptions, opinions, general facts	10	
	Knowledge, skills	16	
	Experiences	2 (one in aim but not in report)	
	Health care outcome	0	
	Not reported	3	

\*Percentage may not sum up to 100% because some used fixed study design

**Table 3**(on next page)

Table 4

Table 4 *Characteristics of AR in medical education*



\*This number is the total of unique participants for all the included papers. We used the largest

number given for two groups (S.Botden et al & Leblanc et al), who published 4 papers.

\*\*This number shows the type of computer system that was used in the included papers.  
Three papers did not describe a computer system (Karthikeyan, Mani, Balasubramaniyan, & Selvam, 2012b; Sakellariou et al., 2009; Yudkowsky et al., 2012a).