

The effect of using games in teaching conservation

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Games are an increasingly popular approach for conservation teaching. However, we know little about the effectiveness of the games on conservation teaching. Current games are mainly supplemental games (SG) that have no meaningful interaction with the subject matter. We adapted the experiential gaming (EG) model where students were immersed in goal-orientated tasks reflected in real-life situations, and they tackled questions to complete actions for their main task. Classroom-based games were created for 8 different conservation topics for an annual Wildlife Conservation Course and an annual Diploma in International Wildlife Conservation Practice. Data were collected over two cycles, a total sample size of 55 multinational students. We used a combination of repeated-measures design and counterbalanced design: each student was subjected at least twice to each of the EG and didactic instruction (DI) treatments, and at least once to the SG approach. We compared students' perception, learning and behavioral responses to the treatments, including measures of student personality types and learning styles as mediators. Findings revealed multiple benefits of the classroom EG compared to the DI approach, such as increased attention retention, increased engagement and added intrinsic motivation. The improved level of intrinsic motivation was mainly facilitated by increased social bonding between participants. Further, we show that this experiential gaming approach appeals to a wide range of learning styles and personalities. The performance of SG was generally intermediate between that of EG and DI. We propose EG as a beneficial complement to traditional classroom teaching and current gamified classes for conservation education.

1 **The effect of using games in teaching conservation**

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20 Abstract

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22 know little about the effectiveness of the games on conservation teaching. Current games are
23 mainly supplemental games (SG) that have no meaningful interaction with the subject matter.
24 We adapted the experiential gaming (EG) model where students were immersed in goal-
25 orientated tasks reflected in real-life situations, and they tackled questions to complete actions
26 for their main task. Classroom-based games were created for 8 different conservation topics for
27 an annual Wildlife Conservation Course and an annual Diploma in International Wildlife
28 Conservation Practice. Data were collected over two cycles, a total sample size of 55
29 multinational students. We used a combination of repeated-measures design and counterbalanced
30 design: each student was subjected at least twice to each of the EG and didactic instruction (DI)
31 treatments, and at least once to the SG approach. We compared students' perception, learning
32 and behavioral responses to the treatments, including measures of student personality types and
33 learning styles as mediators. Findings revealed multiple benefits of the classroom EG compared
34 to the DI approach, such as increased attention retention, increased engagement and added
35 intrinsic motivation. The improved level of intrinsic motivation was mainly facilitated by
36 increased social bonding between participants. Further, we show that this experiential gaming
37 approach appeals to a wide range of learning styles and personalities. The performance of SG
38 was generally intermediate between that of EG and DI. We propose EG as a beneficial
39 complement to traditional classroom teaching and current gamified classes for conservation
40 education.

41 **Keywords:** Conservation education, conservation games, intrinsic motivation, personality,
42 learning style

45 **Introduction**

46 Effective conservation of biodiversity depends on people's knowledge and actions.
47 Conservation education aims at developing lifelong knowledge and skills relevant for
48 conservation action (Hungerford & Volk 1990). As the human population continues to increase,
49 intensifying the demand for natural resources, there is an increasing need for improved education
50 and outreach methods to effect attitude and behavioural change. In recent years, many
51 techniques have emerged to bring conservation education to life. These techniques integrate the
52 conservation message with a form of delivery that immerse learners in different perspectives.
53 Some of these exciting delivery methods include hands-on activities, role-play and games
54 (Jacobson et al. 2015).

55 Gamification, the application of game elements in a non-game context (Deterding et al.
56 2011) has become a trending topic over the past decade. Games are increasingly popular for
57 serious or social purposes in a wide range of fields, including conservation education (Sandbrook
58 et al. 2015). Given the potential to enhance engagement and motivation, environmental educators
59 have utilised games as a way to teach and learn (e.g. Hewitt 1997; Bromley 2000). Conservation
60 often involves hard choices, compromises, and even conflict (Redpath et al. 2013), both of which
61 are rich source material for game creation. By incorporating active learning principles, games
62 can also empower pupils to exercise responsibility for their own lives and for the environment
63 (Tilbury 1995). Thus, games can be a powerful tool for demonstrating and teaching conservation
64 concepts to both children and adults (e.g. Project WILD 2007). However, despite its increasing
65 popularity in conservation education (Bång et al. 2009), there is no empirical evidence on the
66 effectiveness of conservation games. Additionally, when examining the effects of non-
67 conservation games on education, while some studies have demonstrated benefits (Brunsell &

68 Horejsi 2011; Muntean 2011), others have shown negative effects on motivation and
69 performance (Christy & Fox 2014; Hanus & Fox 2015). This inconsistency in effects could be
70 attributed to a variety of reasons, from the different game types to the different personalities and
71 learning styles of the students (Codish & Ravid 2014b; Hamari et al. 2014b).

72 Game types comprise of two major forms: supplemental and experiential games. The
73 majority of games in classrooms are supplemental games which use points, badges and
74 leaderboards as a way to motivate and increase engagement amongst students ranging from
75 primary school students to undergraduates (Hamari et al. 2014a; Hanus & Fox 2015). Such
76 gaming mechanisms have been criticized because they offer tangible, expected incentives to
77 students who are already interested in a topic and as a result they may shift motivations from
78 intrinsic (i.e., because they wanted to) to extrinsic (i.e., because they want to achieve the reward;
79 (Deci et al. 2001). However, there is also evidence of incentives given for undertaking tedious
80 tasks actually increasing intrinsic motivation (Lepper et al. 1973) by distracting students from the
81 tedious task, and making the situation more interesting and engaging. This suggests that the
82 points, badge and leaderboards system can be either beneficial or disadvantageous depending on
83 circumstances. An example of a supplemental conservation game is the 'Freshwater Board
84 Game' where players move around a board and face ecological events that help them advance or
85 move backwards (School 2013). Players learn about freshwater ecosystem but they have no
86 control over their actions or movements which are mainly determined by the dice roll. The
87 second form of gaming, experiential gaming, differs from supplemental gaming in that players
88 learn about the subject matter while doing other, related tasks. Importantly, experiential gaming
89 advocates immediate feedback on players' actions, giving the players relevant challenges while
90 they work towards a goal (Kiili 2005). Such a model integrates educational theories and game

91 design to facilitate understanding and optimal learning for participants (Kiili 2005). For example,
92 in the board game ‘Conservation Crisis’, players manage a wildlife reserve in crisis with a
93 species on the verge of extinction (Gilhead & Milburn 2016). They must thrive to protect their
94 wildlife and mitigate conservation challenges. Hence, players learn about challenges faced by
95 conservationists and the measures needed to protect wildlife. This type of game emphasises on
96 the application of knowledge and students learn about the consequences their actions. Therefore,
97 they are ideal for teaching cause-and-effect systems like conservation biology.

98 The different game types might also interact with the learning styles and personality traits
99 of learners to give rise to differential responses. Previous studies have demonstrated that an
100 individual’s performance is an outcome of an interplay between the educational method, learning
101 style and personality attributes (Chamorro-Premuzic et al. 2008; Richardson et al. 2012). For
102 example, students with high agreeableness and low neuroticism have been shown to prefer more
103 interactive lessons such as group work and practical teaching (Chamorro-Premuzic et al. 2007b).
104 In another study, achievement motivation was positively correlated with the meaning,
105 reproduction and the application-directed learning style, and negatively correlated with the
106 undirected learning style (Busato et al. 1998). Yet, there have been few studies investigating the
107 interplay between these personal factors and an individual’s affinity for the different types of
108 games (Codish & Ravid 2014a). This is pertinent especially in the context of conservation
109 education which is usually aimed at a range of large and diverse audiences. Our study aims to
110 address this, examining the appeal and effectiveness of the different gaming approaches to
111 individuals of different learning styles as well as personality traits.

112 There is a need for research in this area to establish to what extent games really can
113 contribute to conservation teaching. Here, we tested the effectiveness of different game types

114 (SG and EG) and compared these with the conventional approach of didactic instruction when
115 teaching conservation. We quantified perception with questionnaires, learning effectiveness with
116 quizzes and behaviour via observations and video-recording. Additionally, we assessed whether
117 these responses to different lesson types were affected by the students' personality types and
118 learning styles.

119

120

121 **Material Methods**

122 *Participants and course details*

123 Our study was conducted on 55 early-career conservation biologists from two courses: a
124 Wildlife Conservation Course in Malaysia and the Recanati-Kaplan Centre Postgraduate
125 Diploma in International Wildlife Conservation Practice in Oxford, United Kingdom.

126 21 conservation biologists from different countries in Southeast Asia were selected to
127 attend the Wildlife Conservation Course that took place between 19th and 30th January 2015. In
128 2016, the same course was held again on 4th to 15th January for 16 other participants. This course
129 was held in the University of Nottingham Malaysia Campus (UNMC) and was jointly organized
130 by the Wildlife Conservation Research Unit (WildCRU, University of Oxford) and UNMC. It
131 comprised eight topics (Table 1), ranging from concepts in conservation biology, to transferrable
132 and practical skills. A game was developed for each topic, whereby students were divided into
133 teams competing with one another on the tasks given. All topics were taught by the same tutor,
134 irrespective of the teaching method. This study was approved by the University of Nottingham
135 Malaysia Campus Ethics Committee and participants involved willingly signed an agreement
136 form prior to the lessons.

137 Another set of participants comprised of sixteen international students (eight each for
138 year 2015 and 2016) attending the 7-month Recanati-Kaplan Centre Postgraduate Diploma in
139 International Wildlife Conservation Practice directed by the Wildlife Conservation Research
140 Unit, University of Oxford. Individuals who were existing conservation biologists were chosen
141 via an interview process by a panel not involving the tutor leading this study. There were 4 males
142 and 4 females in both years. The taught Diploma covered a range of subjects in conservation
143 biology but only in 3-4 topics were the participants subjected to different lesson types (treatment)
144 and had data collected for this study. On two occasions, two PhD students from the Wildlife
145 Conservation Research Unit joined in the lessons and they were included in the study. This study
146 was approved by the University of Oxford Central University Research Ethics Committee and
147 participants involved willingly signed an agreement form prior to the lessons.

148

149 *Personality and learning style questionnaires*

150 Prior to the start of the course, questionnaires were administered to participants to
151 assess their personality traits and learning styles. The Five Personality Factor test, 5PFT" (five
152 personality factors test) is the first published personality questionnaire specifically created to
153 measure the personality traits now known as the big five (Elshout & Akkerman 1975):
154 agreeableness, conscientiousness, extroversion, neuroticism and openness. The learning styles
155 were measured via the Inventory of Learning Styles (ILS) (Vermunt 1994). Scores were
156 subsequently calculated for each component of Vermunt's four learning styles: undirected,
157 reproduction-directed, application-directed and meaning-directed. Details on the definition of
158 each category of personality and learning style are provided in Supplementary Method S1.

159

160 *Experimental design*

161 We employed three lesson types: Didactic Instruction (DI), supplemental game (SG) or
162 experiential game (EG) for our classes. The guidelines used to create the games are explained in
163 Supplementary Method S1. We adopted two experimental designs to examine the differences
164 between lesson types: repeated-measures design or counterbalanced design. In a repeated-
165 measures design, a single group of students was taught the first session with one lesson type and
166 then the second session with another lesson type. In a counterbalanced design, the class was
167 divided into two groups and both were taught a two-session lesson. During the first session, one
168 group was taught using one lesson type and the other was taught using the other lesson. In the
169 second session, the treatments were swapped and thus each group experienced both types of
170 lesson in a balanced ordered manner.

171 The design used was dependent on the number of students and the time available. The
172 counterbalanced approach utilized twice the amount of time and half the number of students each
173 time as compared to the repeated-measures design. Therefore, this design would be limited to
174 situations with more time and with larger groups of students (i.e. student for the Wildlife
175 Conservation Course) because most of the games required a minimum of 8 players (for 4 teams
176 with at least 2 persons each). However, we recognize that the repeated-measures design has a
177 limitation in which students' response to the second session depended on the lesson type of the
178 first session, i.e. order effect. Therefore, where possible, we alternated the order of the lesson
179 type for different topics and different groups of students. Details of the experimental design and
180 order utilized for the different groups of students are provided in Table 1.

181

182 *Assessment*

183 Participants were assessed in three ways: (1) perception: via questionnaires administered
184 to participants, collecting data of individual perceptions of each lesson (Supplementary
185 Information S1); (2) learning: via quizzes pre and post-session to examine the knowledge
186 acquired by each individual. In 2016, a third quiz was conducted one week after the lesson to
187 quantify long-term knowledge acquisition; and (3) behaviour: via observational surveys and
188 video recording during the classroom sessions.

189 The questionnaire designed to test students' perceptions was divided into three sections. In the
190 first section, students were asked to compare the lesson to that of a traditional teaching method
191 experienced previously (not during the course) and rate each statement (e.g. teaches me more
192 content) according to whether they strongly disagreed (1 point), disagreed (2 points), no
193 difference (3 points), agreed (4 points) and strongly agreed (5 points) (Supplementary
194 Information S1). The first section of the questionnaire differed slightly between courses and
195 years in terms of the questions asked (statements of 'Encouragement to ask questions', 'Learning
196 from peers' and 'Connection with peers' were not asked of participants of the Wildlife
197 Conservation Course 2015 and statements of 'appreciation of application' were not asked of
198 students in 2015). Sections 2 and 3 of the questionnaire were only administered to students of
199 2016. The second section of the questionnaire focused on the degree of intrinsic motivation and
200 its predictors: perceived choice, perceived competence, pressure/tension and social bonding (see
201 Supplementary Method S1 for details).

202 Quizzes consisted of questions asking facts, meaning or application of topic to a real-
203 world situation. Therefore, a question could be categorised as reproduction-, meaning- or
204 application-based question type. They were in a multiple-choice format with 4 options, only 1 of
205 which was right. There were 10 questions for each quiz, comprising of a mixture of question

206 types. Quiz questions based on the questioning or gaming step were a derivative of the questions
207 asked during these steps, not an exact repeat.

208 We noted the frequency of joyful behaviour (smiling, laughing, clapping, cheering),
209 distracted behaviour (yawning, falling asleep expressions, looking at phones), asking questions,
210 and answering questions. Due to logistical constraints, we did not record behaviour for the R
211 analysis lessons in the Wildlife Conservation Course 2015. Behaviours that occurred for a
212 duration of more than a minute were considered as multiple counts if there was at least a 10-sec
213 interval between the behaviours. During the DI lessons, the same questions used in the gaming
214 lesson were asked verbally and the tutor waited for answers from the participants.

215

216 *Statistical analysis*

217 All analyses were conducted using R 3.0.2. For the questionnaire, we examined the
218 effects of lesson type (DI, SG or EG) on students' perceptions using a multinomial model with
219 level of agreement as the response, lesson type as the fixed factor, and student and topic as
220 random factors. Year, course (Wildlife Conservation Course or Diploma), age, gender, teaching
221 experience (yes or no), formal teaching training (yes or no) were included as covariates. We used
222 one model for each statement.

223 We analysed the variation in each behaviour (joyful, distracted, question-asking and
224 question-answering) with two analyses: (i) a Generalised Linear Mixed Model (GLMM) with a
225 binomial error distribution, the 'probability of performing the behaviour' as a response variable,
226 and (ii) a Linear Mixed Model (LMM) with a normal error distribution and the 'rate of behaviour
227 per hour' as the response variable, omitting zeros.

228 To examine whether learning effectiveness differed with lesson type for the three topics,
229 we entered in a Generalised Linear Mixed Model, with binomial error distribution, correctness as
230 a response (1 = correct; 0 = wrong), lesson type and period (before or after or long-term post
231 lesson (for 2016 only)) and their interaction as fixed factors, and topic and student as random
232 variables. Details on checking for assumption violations, and fixed factors and random factors
233 entered for each analysis are provided in Supplementary Method S1.

234

235 **Results**

236 *Students' perception*

237 Students scored EG and SG significantly higher than DI in the following questionnaire
238 statements: 'remembrance of content', 'motivation to learn after lesson', 'broadens perspective',
239 'nurtures creativity', 'challenging', 'attention retention, 'engagement with tutor' and
240 'engagement with student' (Fig. 1A-C; Table S1 & S2). For the statements 'learning from peers'
241 and 'appreciation of application', only EG was scored significantly higher than the DI method,
242 SG attained an intermediate score between EG and DI (Fig. 1A-C; Table S1). EG was scored
243 significantly higher than SG and DI in the questionnaire statements 'connection with peers' (only
244 for 2015 students; Fig. 1C). SG was scored significantly higher than DI in the questionnaire
245 statement 'better understanding'. Lastly, for statements 'amount of content' and 'encouragement
246 to ask questions', no significant differences were found among the lesson types (Fig. 1A & C;
247 Table S1 & S2).

248 Intrinsic motivation parameters measured only for 2016 students revealed significantly
249 higher scores of 'interest / enjoyment' for EG than for DI (SG attained an intermediate score;
250 Fig. 1D). This self-report measure of intrinsic motivation was not explained by 'perceived

251 competence', 'perceived choice' nor 'pressure or tension' which are predictors of intrinsic
252 motivation (Fig. 1D). Bondedness rating with peers within team, considered a positive predictor
253 of the intrinsic motivation, was significantly higher for EG than for DI (Fig. 1E).

254 When examining whether the overall rating was affected by personality and learning
255 styles, all except 'Undirected learning style' had non-significant interactions with lesson type on
256 overall rating (Undirected learning score*lesson type: $\chi^2_1 = 7.29$, $p = 0.026$; Table S1). The
257 correlation between overall rating and 'Undirected learning' scores was negligible for EG, and
258 positive for DI and SG (Fig. S1).

259

260 ***Behavioural response***

261 There was a significant difference in the probability of 'asking question', 'joyful
262 behaviour' and 'distraction' occurring among lesson types: students displayed a higher
263 probability of question-asking for EG lessons compared to DI and SG lessons, higher probability
264 of joyful behaviour in EG and SG lessons than in DI lessons and higher probability of distracted
265 behaviour in DI than in SG and EG lessons (Fig. 2A; Table S3 & S4). The frequency of 'joyful'
266 behaviour per unit time was significantly higher in EG compared to SG and DI lessons and the
267 frequency of 'distracted' behaviour per unit time was significantly lower in EG compared to DI
268 lessons (Fig. 2B; Table S3 & S4).

269

270 ***Learning***

271 Overall, students scored higher in quizzes after the lesson than before the lesson. Long-
272 term quiz scores varied (only 2016 students), depending on lesson type. The average long-term
273 quiz scores were similar to that of the after-lesson quiz.

274 When analyzing all quiz questions, there was no significant difference in learning
275 effectiveness among lesson types (DI *versus* SG *versus* EG), as shown by the lack of interaction
276 between lesson type and period (before or after) on the proportion of quiz answers being correct
277 ($\chi^2_1 = 5.18, p = 0.075$; Fig. 3Ai). This lack of significance of lesson type was consistent across
278 both years (Fig. 3Aii and Aiii; Table S5). However, when examining only reproduction-type
279 questions, there was a significant interaction between lesson type and period on the proportion of
280 quiz answers being correct ($\chi^2_1 = 30.0, p < 0.001$): the proportional increase in quiz score was
281 higher for DI and EG than for SG (Fig. 3Bsi). This effect was largely attributed to the quiz
282 performance of 2015 students (Fig. 3Bii and Biii). When analyzing meaning-directed and
283 application-directed question scores separately, the non-significant interaction between lesson
284 type and period indicate that students performed equally well in these questions despite the
285 lesson type (Fig. 3C and 3D: Table S5).

286

287 **Discussion**

288 We have adapted the experiential gaming model to conservation teaching and our
289 results demonstrated multiple benefits of experiential gaming (EG). Based on our behavioural
290 observations and perception data, EGs performed better than DI control in retaining the
291 students' attention, increasing their interactions with other students and the tutor, improving
292 intrinsic motivation via social bonding and motivating students to learn more after the lesson.
293 Additionally, these positive effects of EGs were mostly consistent across personalities and
294 learning styles. SGs performed better than DI in a few perception parameters (e.g. motivation to
295 learn more after lesson), was mostly on par with DI, but fared worse than DI with

296 'Conscientious' persons and in reproduction-directed learning scores. EG was as effective as DI
297 in learning rate.

298 Supplemental games have the potential to increase engagement and fun in conservation
299 teaching but they offer extrinsic rewards (points, badges, or token movements) for the
300 participants without providing control over the outcome nor role-immersion (e.g. (School 2013)).
301 Cognitive evaluation theory proposes that when an incentive system is perceived as controlling,
302 it can cause one to feel restrained and less competent, which in turn hinders intrinsic motivation
303 (Deci et al. 1975). As such, these game mechanisms can lower students' satisfaction and
304 confidence. In contrast, a student-focused environment for learning like EG, could develop
305 intrinsic motivation (Entwistle et al. 2002) and improve the motivation to study and reach
306 success (Diseth & Martinsen 2003). Our study supports this idea: EG fared better than DI in
307 improving intrinsic motivation and the effect of SG was intermediate between that of EG and
308 DI. Increased intrinsic motivation may in turn encourage students to adopt a deeper approach
309 towards learning, which is associated with intentions to understand rather than to reproduce the
310 material. Moreover, if students prefer teaching methods that are interactive (Chamorro-Premuzic
311 et al. 2007a), or facilitate understanding of relevance (Entwistle & Tait 1990), they are more
312 inclined to use a deep approach. This is especially beneficial for practical conservation like
313 population management and conflict resolution. It would thus be interesting to examine if the
314 learning direction of students change after being subjected to experiential gaming.

315 EGs are particularly suited to conservation teaching for many reasons. Commercially
316 available EGs such as task-based simulations (e.g. The Sims (Electronic Art 2009)) give players
317 a goal or a choice of multiple aims, and players must act consistently in character to achieve it.
318 The beauty of this open-ended concept is that participants can experiment and fail gently. Similar

319 educational EGs such as a jigsaw puzzle to teach Photoshop skills (Dong et al. 2012) and
320 calibration games to teach calibration (Flatla et al. 2011) work on the same principles of task-
321 based simulation and role-play. They allow for users to experience the process of reaching a set
322 target whilst learning. Indeed, all of these studies demonstrated positive effects in terms of
323 students' perception (Flatla et al. 2011; Smith & Baker 2011; Dong et al. 2012), and behaviour
324 (Halan et al. 2010; Dong et al. 2012), similar to our findings. The potential role of digital EGs in
325 conservation education has also been recognized for at least 10 years (Brewer 2003). However,
326 research into the influence of EGs (or games in general) on conservation behaviour is lacking.
327 Moreover, seldom are these games designed specifically for the classroom, that is, they are
328 computer-based games which in turn requires a software developer and may also lack real-time
329 interactive feedback from the teacher/peers. Our study demonstrated that the elevated level of
330 intrinsic motivation when playing experiential conservation games (relative to DI lessons) was
331 largely attributed to increased social bonding with peers. This suggests that EGs might be more
332 beneficial when played in the classroom than on the computer.

333 EGs create opportunities for experiential learning, which is considered more effective
334 than traditional didactic teaching (Garris et al. 2002). Experiential learning is student-centered
335 and allows for constant feedback from the students to the tutor. A DI lesson focuses on one-
336 directional fact learning in which meaning or application of the knowledge content may not be
337 effectively assimilated by students. However, we found that EG is at least as good as DI in
338 improving learning, be it reproduction, meaning or application. This is in contrast with other
339 studies that have demonstrated positive effects of experiential gaming on learning (Flatla et al.
340 2011; Smith & Baker 2011; Dong et al. 2012). In these studies, learning was assessed in terms of
341 whether learners were able to perform the task after the lesson (e.g. using a software), while ours

342 was based on multiple-choice questions which was perhaps more suitable for conceptual (rather
343 than software) learning. Nevertheless, perhaps future works could evaluate the differences in
344 assimilation of the process versus concept.

345 Our results demonstrated that students underperformed in reproduction-based quiz
346 questions during SG classes relative to EG and DI classes. SGs can be considered a distraction
347 from the content such as ones encouraging competition and jeopardise the recall capacity of the
348 students. Similarly, another study propose that the controlling game mechanics of SG can
349 decrease intrinsic motivation and hence reduce exam scores (Hanus & Fox 2015).

350 While some of the differences in results as reported by past studies can be explained by
351 game type, there are differences in how individuals are affected by gamification which can be
352 explained by personality differences (Hamari 2013; Hamari et al. 2014b). In our study, there are
353 a couple of interesting results on the effects of personality and learning styles on the appeal of
354 games. Importantly, the lack of interaction between personality scores and lesson type on
355 questionnaire scores suggests that the preference of EG over DI is universal across different
356 personality types. These results are contrary to a study showing that agreeableness and
357 neuroticism were positively and negatively associated (respectively) with preference for
358 interactive lessons such as group work and practical teaching (Chamorro-Premuzic et al. 2007a).
359 Perhaps the EG approach is both interactive and fun, which might appeal better to people with low
360 agreeableness (cynical of the world around them) and high neuroticism (tendency to experience
361 negative emotions very intensely). The undirected learning approach is characterised by a lack of
362 discipline and of interest (Tait & Entwistle 1996) and has been shown to be associated with poor
363 academic performance (Boyle et al. 2003; Kimatian et al. 2017). Hence, the preference for EG
364 over SG and DI for students with low undirected scores was not unexpected. SG could be

365 perceived as spontaneous and disorganised and DI could be seen as dry, in contrast to EG where
366 the game is relevant to the topic and students are centre to the learning process.

367 The EG educational approach does not come without caveats. Creating a game aligned
368 with the topic and obtaining its various components requires more time than preparing a DI
369 lesson. Additionally, the duration of an EG lesson is on average twice the time of a typical DI
370 classroom. We suggest ways of minimizing time expenditure in preparing and teaching EG
371 lessons. First, give students time limit for answering the questions (usually 1 minute) and this
372 would enable the lesson to be time-regulated. Second, instead of regurgitating a lot of knowledge
373 as in DI, focus on teaching important concepts and then provide Supplementary Method for the
374 motivated students to learn after the class. Nevertheless, when there is large volume of content to
375 be covered as dictated by a syllabus and when time is limited, the approach of EG or any form of
376 gamification alone might not be suitable. Further, in developing countries where students might
377 not have access to comprehensive libraries or online access to academic material, the content
378 would have to be provided and explained by the teacher.

379 To the best of our knowledge, this is the first study to examine the effects of games on
380 conservation teaching. There is scope for many further studies. The effects of the EG approach
381 could be tested on the general public which might have less interest for the work (in this case
382 biodiversity conservation) to examine if the EG approach is able to increase intrinsic
383 motivation in non-conservationists, and cultivate people's minds to be more aware and
384 involved in conservation issues. Further, it would be interesting to examine the effects of
385 personality on group dynamics in an EG environment to better understand the interaction
386 between individual traits and group performances (Kramer et al. 2014). Future work should

387 also investigate the long-term effect of the training such as students' application of the acquired
388 skills and friendship bonds.

389

390 **Conclusions**

391 EG provides a novel approach to first-hand conservation teaching. Despite the extra time
392 needed for the tutor and for the lesson, our findings demonstrate the many benefits for the
393 students as compared to the traditional DI. The focus shifts from the teacher to the learners,
394 acknowledging the students' voice as central to the learning experience. Educational reforms and
395 pedagogical research are current hot topics (Swallow 2012; Wadner & Compton 2015). The aims
396 are to shift from memory-based learning to meaning- and application-focused education, creating
397 innovative thinkers and developing team-players. Experiential gaming is one approach that could
398 cater to these objectives. Conservation games, if used appropriately, can play an important role
399 in making conservation more immersive, fun and appealing. In particular, EG could be an
400 educational approach towards engaging multinational citizens and professionals with
401 biodiversity conservation and building capacity among conservationists in both NGOs and
402 governmental organizations.

403

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411

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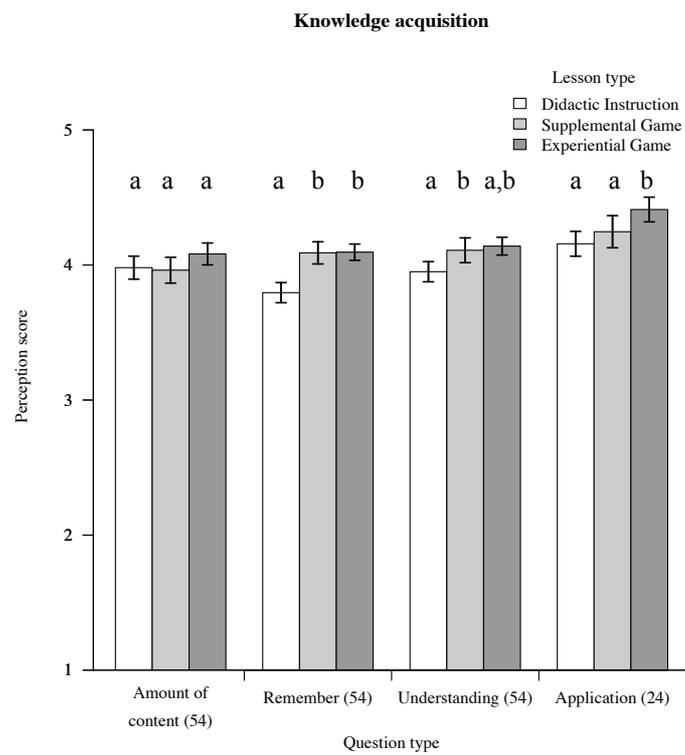
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Figure 1(on next page)

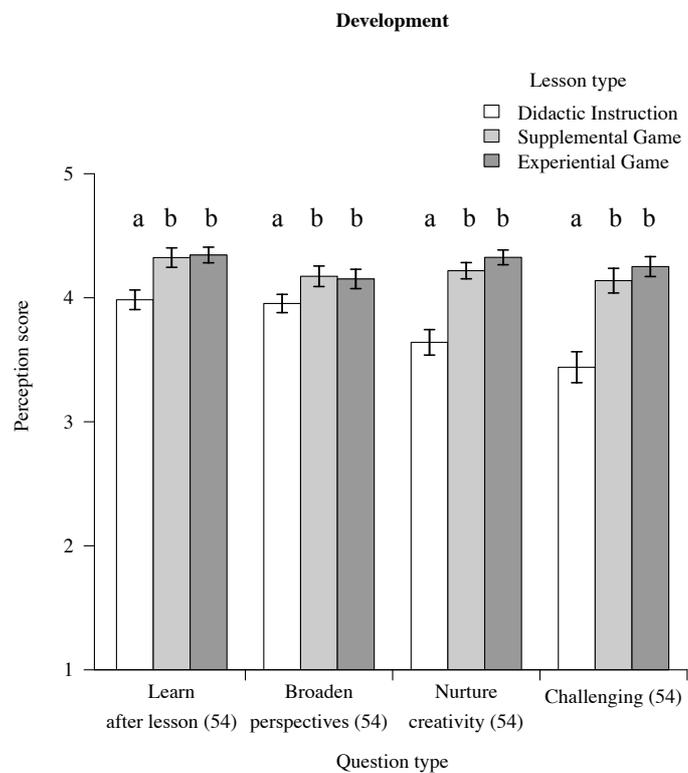
Perception

Figure 1. Students' perception of the different teaching approaches. (A) Knowledge acquisition parameters; (B) Development parameters; (C) Class dynamics parameters; (D) Intrinsic motivation parameters, 'interest or enjoyment' is considered the self-report measure of intrinsic motivation, 'perceived competence', 'perceived choice' are positive predictors of intrinsic motivation while 'pressure or tension' is a negative predictor of intrinsic motivation. (E) Bondedness rating with peers within team, considered a positive predictor of the intrinsic motivation. Error bars denote standard errors of sample size. Sample sizes are indicated in brackets on the x-axis, sample sizes vary because the a few of the questions in the questionnaire were altered between years. Different letters above bars denote significant differences, details of results are shown in Tables S1 and S2.

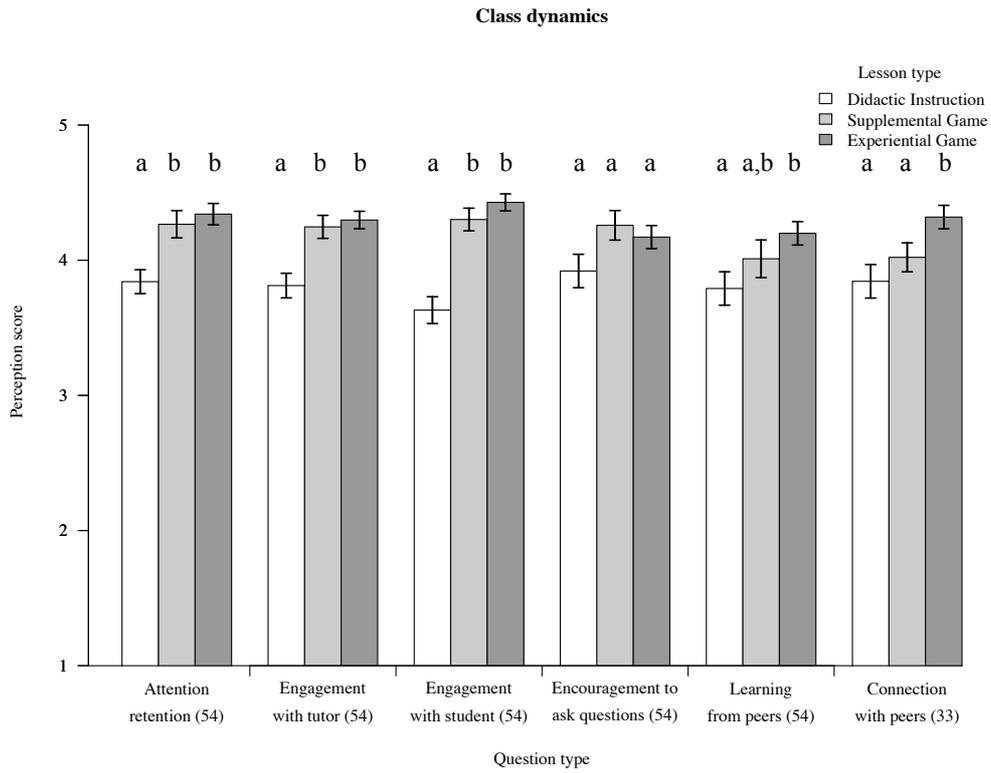
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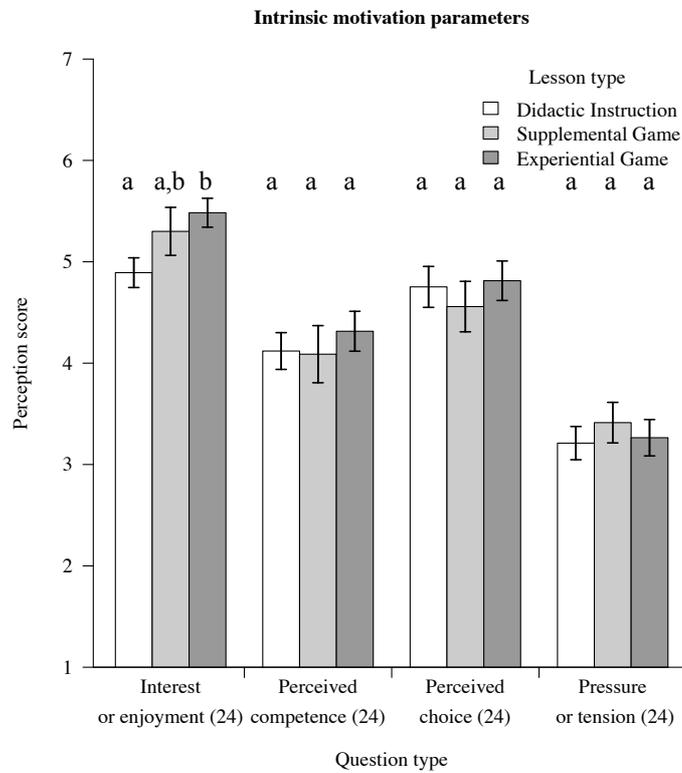
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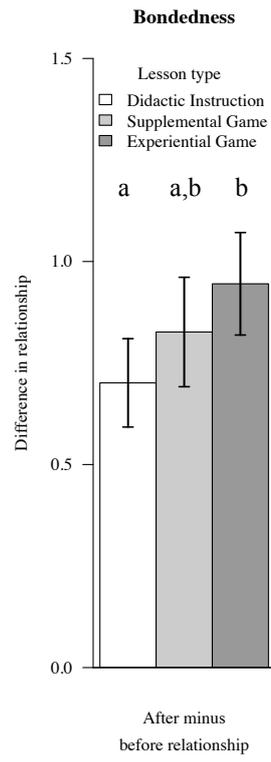
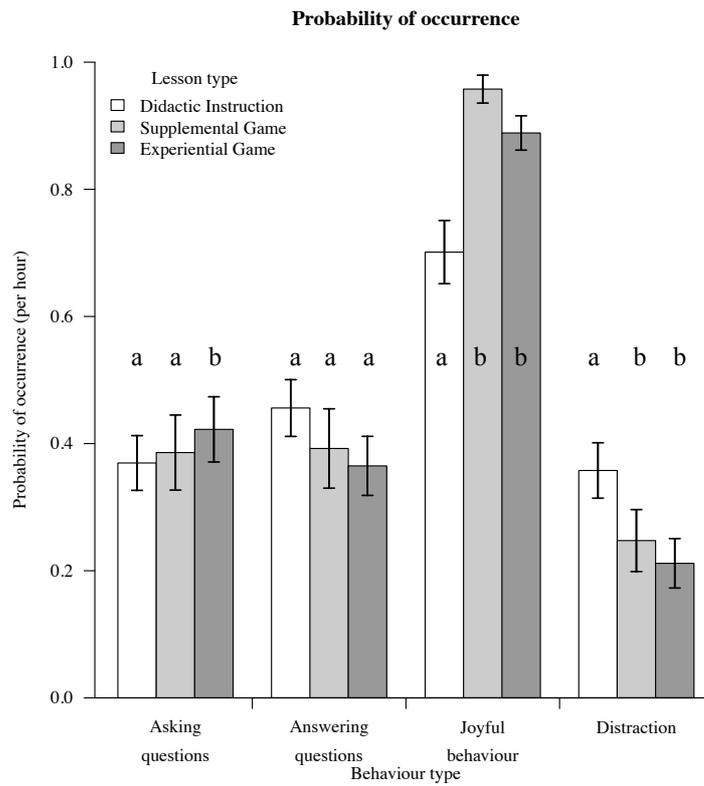


Figure 2 (on next page)

Behaviour

Figure 2. Students' behavioural responses to the different teaching approaches. (A) Probability of behaviour occurrence; (B) Frequency of occurrence. Error bars denote standard errors of sample size ($n = 54$). Different letters above bars denote significant differences, details of results are shown in Tables S3 and S4.

A



B

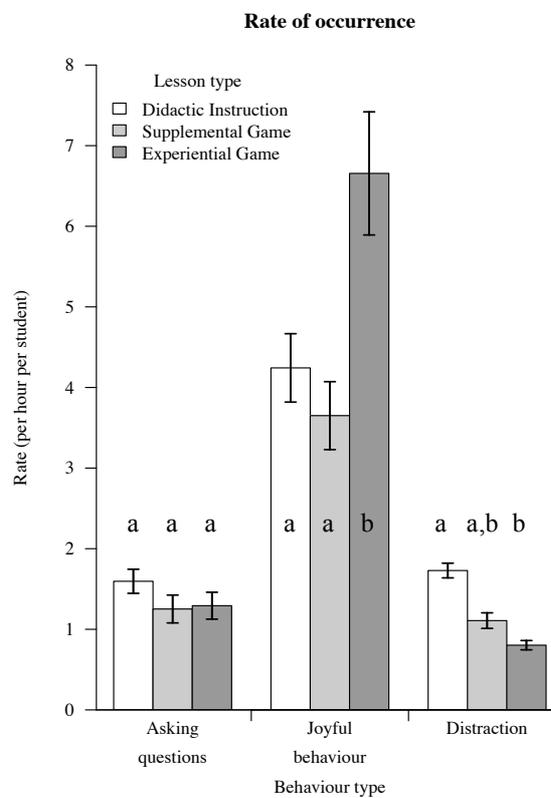
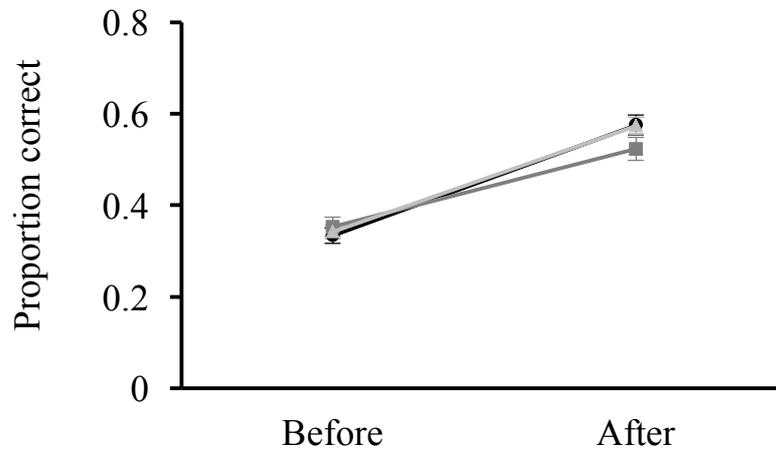


Figure 3(on next page)

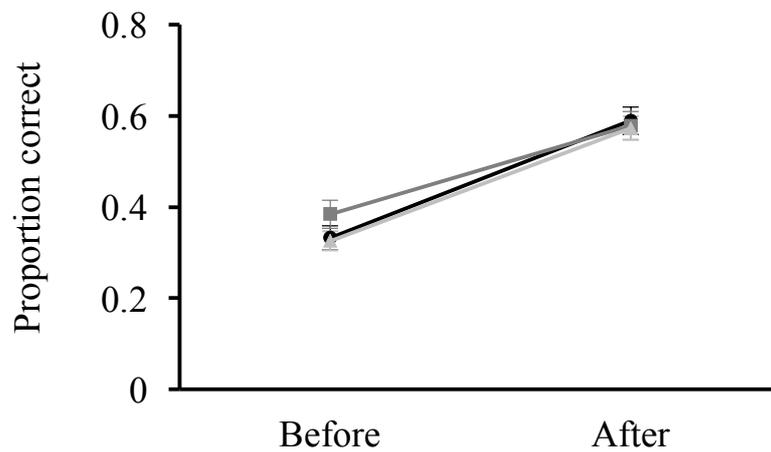
Learning

Figure 3. Learning as measured by proportion of quiz questions correct before or after lesson or long-term (LT) post-lesson. Different lines denote different teaching approaches. (A) All question types; (B) Reproduction-type questions; (C) Meaning-type questions; (D) Application-type questions. Error bars denote standard errors of sample size ($n_{\text{both years}} = 55$; $n_{\text{year 2015}} = 30$; year 2016 = 25). Details of results are shown in Table S5. DI - Didactic Instruction; SG - Supplemental Game; EG - Experiential Game.

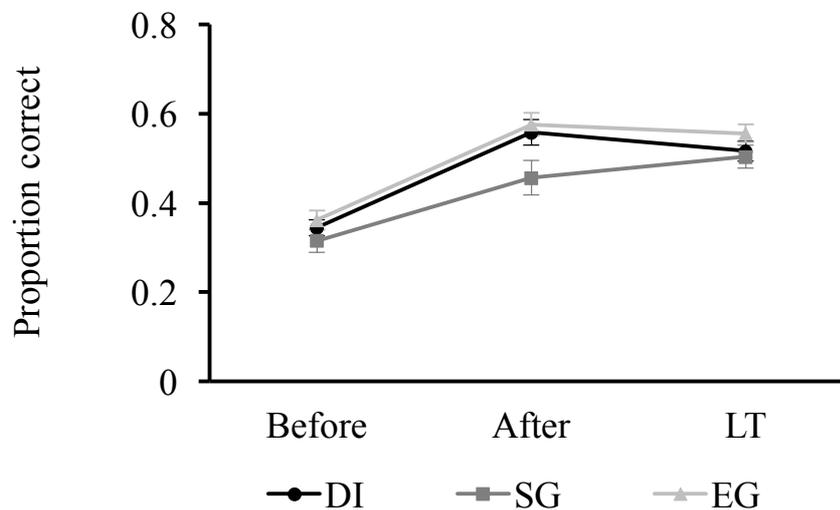
A i. Both years



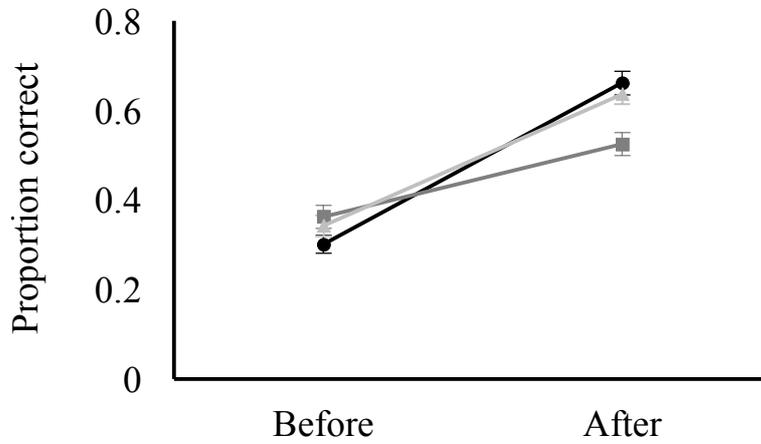
ii. Year 2015



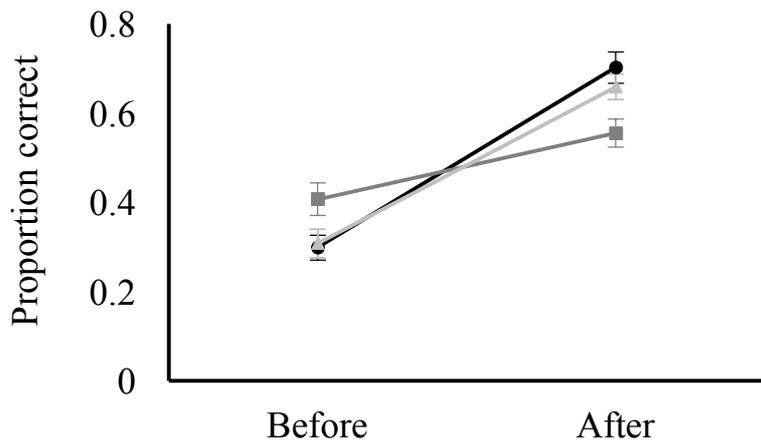
iii. Year 2016



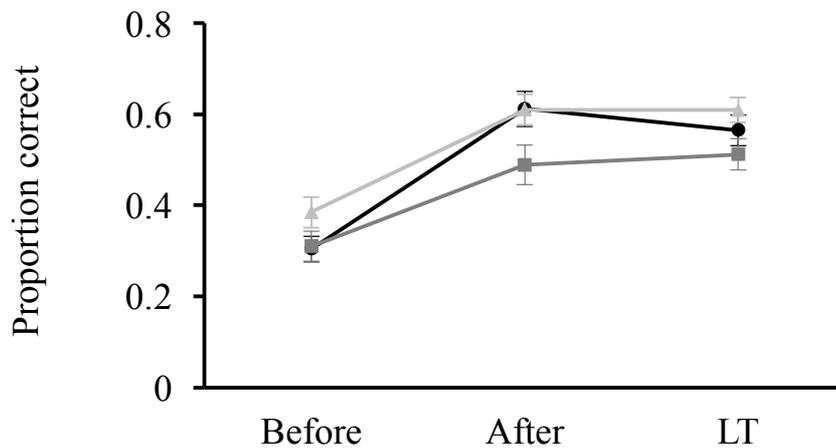
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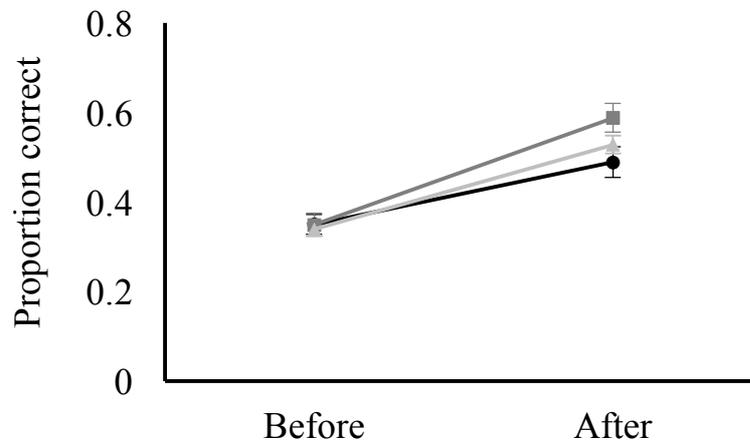
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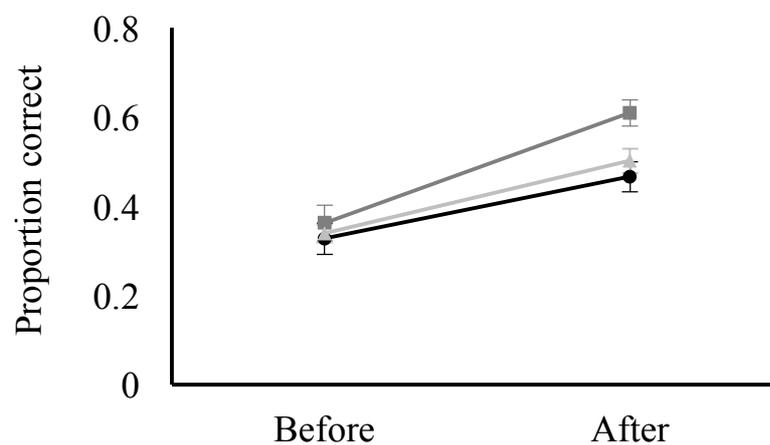
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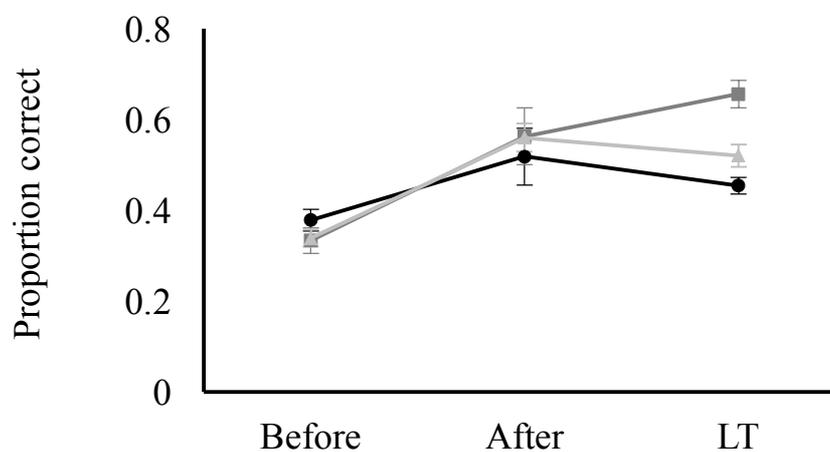
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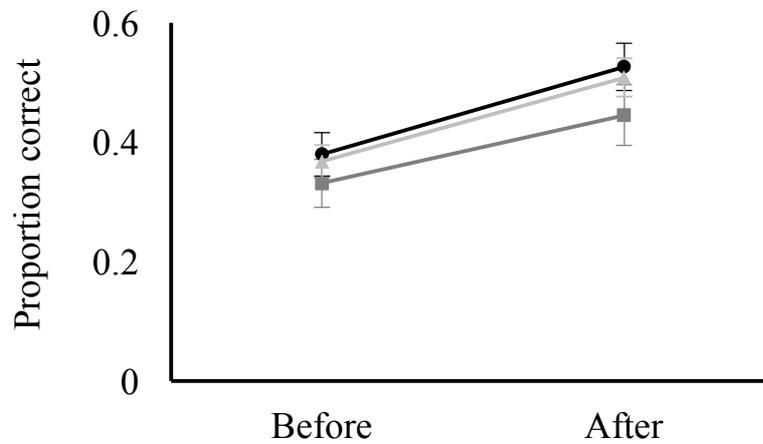
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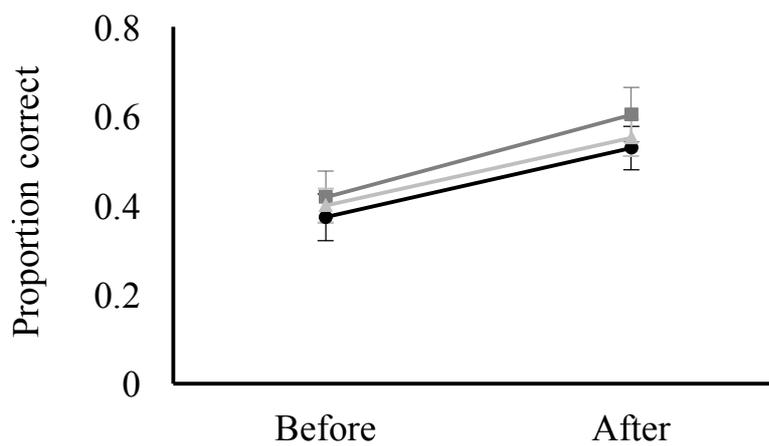
iii. Year 2016



D i. Both years



ii. Year 2015



iii. Year 2016

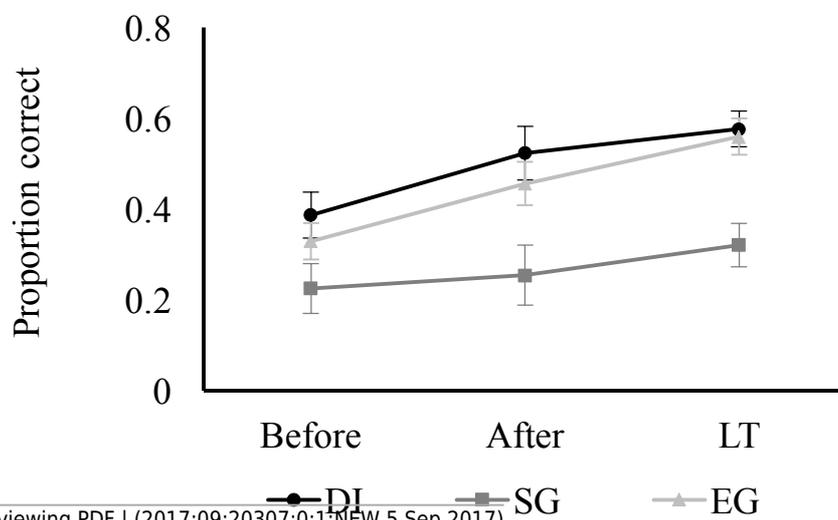


Table 1 (on next page)

Topics taught during the Wildlife Conservation Course (WCC) and Diploma in International Wildlife Conservation Practice and the experimental design used

Table 1. Details on the experiential gaming (EG) task or supplemental game task (SG) assigned to the teams are provided. Repeated-measures design: a single group of students were taught the first session with one lesson type and then the second session with another lesson type. Counterbalanced design: class was divided into two groups and both were subjected to a two-session lesson. During the first session, one group underwent one lesson type and the other underwent the other lesson. In the second session, the treatments were swapped and thus each group experienced both types of lesson in a balanced ordered manner.

1 Table 1. Topics taught during the Wildlife Conservation Course (WCC) and Diploma in International Wildlife Conservation Practice
 2 and the experimental design used. Details on the experiential gaming (EG) task or supplemental game task (SG) assigned to the teams
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 5 session lesson. During the first session, one group underwent one lesson type and the other underwent the other lesson. In the second
 6 session, the treatments were swapped and thus each group experienced both types of lesson in a balanced ordered manner.

7

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Topic	Type	Task	Experimental Design	Course
Behavioural Ecology	EG and DI	Teams were species of mammals interlinked via a food web and had to behave like the species to reproduce, feed or avoid being predated by other teams	Counterbalanced Repeated-measures (EG then DI)	WCC 2015 and 2016 Diploma 2016
Conservation genetics	EG and DI	As conservation geneticists, teams had to manage a population of coloured casino chips by betting on their answers. Different colours represented different	Repeated-measures (EG then DI)	Diploma 2015

phenotypes. The goal is to avoid stochastic and genetic events (e.g. genetic drift) and attain a population as heterogeneous as possible.

Human-wildlife conflict	EG and DI	Assuming the roles of government, conservation biologists, rural population or urban population, teams are given the task of managing a forest where human-wildlife conflict is prevalent	Counterbalanced	WCC 2015 and 2016
Capture-mark-recapture	EG and DI	Teams were conservation biologists tasked to buy different models of camera traps, deploy them in a forest board and subsequently analyse the collected data to reveal the density of clouded leopards	Repeated-measures (EG then DI)	Diploma 2015 and 2016, WCC 2016
Vegetation statistical analysis	SG and EG	Teams aimed to either obtain the most number of chocolates (SG) or prevent the continuous vegetation from being disconnected (EG)	Repeated-measures (SG then EG)	Diploma 2016
Spatial-temporal	EG and DI	Teams were species of mammals attempting to either avoid (as prey) or overlap (as predator) the activity of	Counterbalanced Repeated-measures	WCC 2016 Diploma 2016

patterns		other teams	(DI then EG)	
Population	SG and DI	Teams were to obtain gummies by answering the	Counterbalanced	WCC 2015
viability		questions correctly		
analysis				
R analysis	SG, EG and	Using the software R, teams were answer questions in	Repeated-measures	Diploma 2015,
	DI	order to advance forward on a game board (SG) or to	(SG then EG)	WCC 2015, 2016
		obtain tokens for designing an experiment (EG)	Repeated-measures	Diploma 2016
			(SG then DI then EG)	

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