

Desiccation resistance: effect of cuticular hydrocarbons and water content in *Drosophila melanogaster* adults

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Background. The insect cuticle covers the whole body and all appendages and has bi-directional selective permeability: it protects against environmental stress and pathogen infection and also helps to reduce water loss. The adult cuticle is often associated with a superficial layer of fatty acid-derived molecules such as waxes and long chain hydrocarbons that prevent rapid dehydration. The waterproofing properties of cuticular hydrocarbons (CHs) depend on their chain length and desaturation number. *Drosophila* CH biosynthesis involves an enzymatic pathway including several elongase and desaturase enzymes.

Methods. The link between desiccation resistance and CH profile remains unclear, so we tested (1) experimentally selected desiccation-resistant lines, (2) transgenic flies with altered desaturase expression and (3) natural and laboratory-induced CH variants. We also explored the possible relationship between desiccation resistance, relative water content and fecundity in females.

Results. We found that increased desiccation resistance is linked with the increased proportion of desaturated CHs, but not with their total amount. Experimentally-induced desiccation resistance and CH variation both remained stable after many generations without selection. Conversely, flies with a higher water content and a lower proportion of desaturated CHs showed reduced desiccation resistance. This was also the case in flies with defective desaturase expression in the fat body.

Discussion. We conclude that rapidly acquired desiccation resistance, depending on both CH profile and water content, can remain stable without selection in a humid environment.

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24

25 **Abstract**

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27 directionnal selective permeability: it protects against environmental stress and pathogen
28 infection and also helps to reduce water loss. The adult cuticle is often associated with a
29 superficial layer of fatty acid-derived molecules such as waxes and long chain hydrocarbons that
30 prevent rapid dehydration. The waterproofing properties of cuticular hydrocarbons (CHs) depend
31 on their chain length and desaturation number. *Drosophila* CH biosynthesis involves an
32 enzymatic pathway including several elongase and desaturase enzymes.

33 **Methods.** The link between desiccation resistance and CH profile remains unclear, so we tested
34 (1) experimentally selected desiccation-resistant lines, (2) transgenic flies with altered desaturase
35 expression and (3) natural and laboratory-induced CH variants. We also explored the possible
36 relationship between desiccation resistance, relative water content and fecundity in females.

37 **Results.** We found that increased desiccation resistance is linked with the increased proportion
38 of desaturated CHs, but not with their total amount. Experimentally-induced desiccation
39 resistance and CH variation both remained stable after many generations without selection.
40 Conversely, flies with a higher water content and a lower proportion of desaturated CHs showed
41 reduced desiccation resistance. This was also the case in flies with defective desaturase
42 expression in the fat body.

43 **Discussion.** We conclude that rapidly acquired desiccation resistance, depending on both CH
44 profile and water content, can remain stable without selection in a humid environment.

45 Introduction

46 The resistant yet flexible outer layers of the insect exoskeleton, generally known as the
47 cuticle, are involved in many vital functions and possess great structural, mechanical, and
48 chemical complexity (Locke 1966). The cuticle constrains the animal's shape, serves as an
49 attachment point for muscles, and is the basis for a variety of specialized organs such as sensory
50 hairs, respiratory trachea, feeding and copulatory structures (Demerec 1950). It also provides
51 protection against physical and chemical environmental stressors such as desiccation. The cuticle
52 not only limits desiccation (Wigglesworth 1945), it also permits selective exchanges between the
53 organism and the outer world (Moussian 2010).

54 The soft and unpigmented cuticle of young adult insects undergoes a rapid process of
55 melanization (Andersen 2010) during which stabilized lipids, produced by the oenocytes and fat
56 body, combine with proteins and stiffen the cuticle before sclerotization, which constitutes the
57 final developmental phase (Wigglesworth 1988). Most of our knowledge of the biochemical and
58 genetic pathways involved in these processes comes from *Drosophila*, where they depend on the
59 activity of the neurohormone, bursicon (Honegger et al. 2008), coupled with its rickets receptor
60 (*rk*; (Harwood et al. 2013), as well as on lipid production. A large part of the lipids contained
61 within or secreted onto the epicuticle are long-chain hydrocarbons, generally known as cuticular
62 hydrocarbons (CHs), the production of which depends on the *Cyp4g1* gene (Qiu et al. 2012), and
63 on several genes coding for an elongase (Chertemps et al. 2007; Howard & Blomquist 2005) and
64 for substrate-specific lipid desaturases (*desat1*, *desat2*; Bousquet et al. 2012; Dallerac et al.
65 2000; Flaven-Pouchon et al. 2016). In *Anopheles gambiae*, a *Cyp4g1* ortholog, associated with
66 insecticide resistance, catalyzes CH production (Balabanidou et al. 2016).

67 The waxes, lipids and CHs found on the epicuticle appear to have several functions.
68 They act as a barrier against pathogenic microorganisms and insecticides (Balabanidou et al.
69 2016; da Silva et al. 2015; Gołębowski et al. 2008), they reduce the heat load by reflecting solar
70 radiation and they deter predators (Eigenbrode & Espelie 2003; Hadley 1994). They also help to
71 limit transpiration (Gibbs 1998; Hadley 1994). Although the adult CH profile shows seasonal
72 and environmental variation (Gibbs & Pomonis 1995; Howard & Blomquist 2005; Savarit &
73 Ferveur 2002; Toolson & Hadley 1979) some of its components serve as sex- and/or species-
74 specific pheromones (Ferveur 2005; Jallon 1984; Savarit et al. 1999). The *desat1* gene affects

75 both the production and the reception of *Drosophila melanogaster* sex pheromones, while it has
76 been suggested that *desat2* is involved in speciation (Fang et al. 2002). *desat1* is also expressed
77 in tissues involved in water balance, in particular the Malpighian tubules (Bousquet & Ferveur
78 2012; Bousquet et al. 2012; Dow 2009).

79 Several studies of *D. melanogaster* have used artificial selection to enhance desiccation
80 resistance by altering water loss, osmotic regulation and CH content. There is a clear link
81 between desiccation resistance and water retention, dry mass and ionic content (Folk & Bradley
82 2004; Gibbs et al. 1997), but the role of CH profile in preventing water loss in such selection
83 experiments remains unclear (Gibbs et al. 1997; Gibbs & Rajpurohit 2010). Selected lines
84 showed no differences in the quantity of CHs, but sex differences in CH chain length were linked
85 to variation in resistance – faced with a desiccation challenge, females survived longer than
86 males (Gibbs et al. 1997; Qiu et al. 2012).

87 To reveal the link between desiccation resistance and CH profile in *D.melanogaster*
88 flies, we carried out a three-part investigation using (i) experimentally selected lines, (ii) *desat1*
89 transgenics and (iii) a *desat2* natural variant and *rk* mutants.

90 **Materials and Methods**

91 **Flies**

92 *D. melanogaster* were raised on yeast / cornmeal / agar medium and kept at $24\pm 0.5^\circ$
93 with $65\pm 5\%$ humidity on a 12 L : 12 D cycle (subjective day=8:00am to 8:00pm). Flies were
94 isolated under light CO₂ anaesthesia either 0–4h (for virgin females) or less than 24h (for all
95 other flies) after eclosion. Male and females were held separately in fresh glass food vials in
96 groups of 10 flies until the day of the experiment (4-5 days old, unless specified). Same-sex flies
97 were then transferred to an empty glass vial to obtain groups of 50 ± 5 individuals.

98 We tested two wild-type stocks, Dijon2000 (Di2) and Zimbabwe30 (Z30), which were
99 collected in France and Zimbabwe respectively (Grillet et al. 2012; Houot et al. 2010). We also
100 used the Di2/*w*¹¹¹⁸ line (Di2/*w*), derived from the Di2 strain and introgressed into the genome of
101 the *w*¹¹¹⁸ strain over five repeated backcross generations.

102 We used several *desat1*-Gal4 transgenic drivers built with putative *desat1* regulatory
103 regions (PRRs) fused with Gal4. PRR(RA)-Gal4 is expressed in the wing margin and in the brain
104 as well as in other tissues; PRR(RC)-Gal4 is exclusively expressed in the fat body; PRR(RE)-
105 Gal4 is expressed in the oenocytes; PRR(RB) is expressed in the Malpighi tubules and midgut;
106 PRR(RD) is expressed in a vaginal moon-shaped structure in the female and in the male
107 ejaculatory bulb; PRR(RDiO)-Gal4 is expressed in neural tissues involved in the discrimination
108 of sex pheromones by male flies (Bousquet et al. 2012). We also used a Gal4 transgene
109 containing the complete *desat1* sequence fused to GAL4 (6908bp; *6908*-Gal4; (Bousquet et al.
110 2016)). Gal4 drivers were used to target the UAS-*desat1*-RNAi transgene (IR; VDRC #33338);
111 this allowed us to down-regulate *desat1* expression in the tissues where Gal4 is expressed ([IR x
112 driver-Gal4]; (Houot et al. 2017)). We also controlled for the effect of each driver-Gal4 in the
113 Di2 background ([Di2 x driver-Gal4]). To homogenize genetic backgrounds, all UAS and Gal4
114 transgenes were isogenized in the genetic background of the Di2/*w¹¹¹⁸* strain prior to testing.

115 Two *ricketts* alleles were used, *rk[1]* and *rk[4]*, which contain different mutations that
116 create premature stop codons, and are considered null alleles (Baker & Truman 2002). We
117 carried out reciprocal crosses between virgin adults carrying the *rk[1]* or the *rk[4]* mutation, both
118 of which were maintained in a heterozygous state by the [SM2, CyO] balancer chromosome.
119 From this cross, we obtained *rk[1]/rk[4]* homozygous mutant adults and *rk[1]/CyO* and
120 *rk[4]/CyO* control flies. To control the effect of the SM2, CyO balancer chromosome, we mated
121 Di2/*w* females with either *rk[1]/CyO* or *rk[4]/CyO* males and collected all CyO flies (i.e. those
122 not carrying the *rk* mutation; CyO/*w*).

123 **Experimental selection**

124 Groups of same-sex flies ($n=50\pm 5$) of a given age were kept in glass vials (Fig 1A). Six
125 or seven vials were kept in a transparent plastic box, which was partly filled with silica gel to
126 reduce the humidity to 20%RH and was secured with transparent adhesive tape. We
127 simultaneously tested three or four boxes placed on a hot plate at $25.0\pm 0.2^\circ$ (StörkTronic,
128 Präzitherm, Düsseldorf, Germany). Every hour or two hours, we counted the number of dead
129 flies in each vial. In each box and in each experiment, we mixed vials containing the different
130 genotypes. For each generation, we performed two or three series of tests that were subsequently
131 pooled.

132 To experimentally select lines for desiccation resistance, the 1-2% flies showing the
133 longest life span during the desiccation challenge were placed in a fresh food vial and allowed to
134 mate, producing the next generation (Fig 1B). This procedure, begun with the wild-type Di2
135 strain, was carried out over six successive generations (F1-F6) and was then sporadically carried
136 out until F57. Of ten F1 lines, flies of the #7 line, which showed high desiccation resistance,
137 were used to create six F2 lines called 77S, which were subject to subsequent selection. Between
138 F2 and F6, we also tested flies resulting from the backcross between 77S females and Di2 males
139 (77S x Di2) and the reciprocal backcross. After F6, no selection was carried out on 77S lines
140 except to create six 77S-Sel lines which were subject to selection; each of these derived from
141 their respective 77S lines (e.g. 77S-Sel1 derived from the 77S₁ line).

142 **Cuticular hydrocarbons**

143 5-day-old flies were frozen for 5 min at -20°C and their cuticular hydrocarbons then
144 individually extracted for 5 min at room temperature using 30µl of a mixture of hexane and
145 methylene chloride (50/50 by volume). The solution also contained 3.33 ng/µl of C26 (*n*-
146 hexacosane) and 3.33 ng/µl of C30 (*n*-triacontane) as internal standards. Cuticular hydrocarbons
147 were quantified by gas chromatography using a Varian CP3380 gas chromatograph fitted with a
148 flame ionization detector, a CP Sil 5CB column (25 m x 0.25 mm internal diameter; 0.1 µm film
149 thickness; Agilent), and a split-splitless injector (60 ml/min split-flow; valve opening 30 sec
150 after injection) with helium as carrier gas (50 cm/sec at 120°C). The temperature program began
151 at 120°C, ramping at 10°C/min to 140°C, then ramping at 2°C/min to 290°C, and holding for 10
152 min. Individual CH profiles were determined by integration of 46 peak areas in males and
153 females. This corresponded to all the peaks that could be consistently identified in all individuals
154 (Everaerts et al. 2010). The chemical identity of the peaks was checked using gas
155 chromatography – mass spectrometry equipped with a CP Sil 5CB column. The amount
156 (ng/insect) of each component was calculated on the basis of the data obtained from the internal
157 standards. We calculated the absolute amount of each group of CHs (alkene Q, alkane Q), the
158 relative amount of each CH group (alkene %, alkane %) from the overall CH total (\sum CH) and
159 their ratio (Desaturated:Linear = D:L). At least 10 flies were tested per condition.

160 **Water content**

161 Groups of 10 live anaesthetized females were weighed on a precision balance ($\pm 10\mu\text{g}$;
162 Sartorius R160-P) to obtain their fresh weight. Each group of females was then kept for 24 hours
163 in an empty glass vial in a 37° dry incubator to allow complete desiccation. The dead, dry flies
164 were then weighed to obtain the dry weight. The relative level of water in each group was
165 estimated based on the fresh weight : dry weight ratio.

166

167 **Fecundity**

168 Females and males were kept in groups of ten pairs until they were 4 days old. Females
169 were then isolated (males were discarded) and the total number of male and female adult
170 progeny was noted for 7 days following the emergence of the first offspring. The sex ratio of the
171 progeny was also noted.

172 **Statistics**

173 All statistical analyses were performed using XLSTAT 2012 (Addinsoft 2012). For each
174 desiccation replicate, logistic regression was used to characterize the relationship between
175 mortality and time by estimating the lethal time 50 (LT50) and the regression slope (Robertson
176 & Preisler 1992). Thereafter, for each generation an inter-line comparison for these two
177 parameters was carried out either with a Kruskal-Wallis test with Conover-Iman multiple
178 pairwise comparisons ($p=0.05$, with a Bonferroni correction) or with a Mann-Whitney test, after
179 excluding extreme outliers using Tukey's method (Tukey 1977). The overall amount of CH
180 ($\sum CH$), the Desaturated:Linear ratio (D:L), the fresh weight : dry weight ratio, the total number
181 of adult progeny and the sex ratio were also compared using the same statistical tests.

182 **Results**

183 **Selection for desiccation resistance**

184 5-7 day old flies were placed in groups in a relatively dry environment (20% RH) at
185 $25\pm 0.2^\circ\text{C}$, and two measures of survivorship were taken: LT50 (time at which 50% flies were
186 dead) and lethality slope (the steepness of this curve indicates the proportion of flies dying per
187 hour; Fig 1A). Males were significantly more affected by the dry conditions than females, as
188 shown by a shorter LT50 and a steeper slope ($KW_{(5df)} = 31.74, p < 10^{-4}$; Fig S1). Because of this
189 sex difference, we subsequently focused on female resistance. No significant differences were
190 found between virgin and mated females (see Materials and Methods). Survivors of this initial
191 desiccation challenge were allowed to mate, and a selection experiment on desiccation resistance
192 was then undertaken, with eight replicate lines. After only one generation, significant resistance
193 appeared in one line (#7; Fig 2); we therefore focused on this line, crossing #7 flies to create six
194 replicate selected lines, known as 77S₀₋₅. These lines were then used in our experiment on

195 desiccation resistance; data from all six 77S lines were pooled at each generation for statistical
196 analysis.

197 From F3 to F6, 77S females showed significantly increased desiccation resistance as
198 compared to control Di2 flies, as shown by a higher LT50 ($p < 10^{-4} - 10^{-3}$) and a reduced slope (p :
199 0.001-0.037). In order to explore the genetic control of these characters, female and male 77S
200 flies were separately backcrossed to control Di2 flies, and their desiccation resistance was
201 measured. Although both the LT50 and slope of the offspring of the [77S f x Di2 m] backcross
202 were intermediate between control and 77S lines, flies produced by the reciprocal backcross [Di2
203 f x 77S m] were not significantly different from control (data not shown). The effect of selection
204 on male flies was much less, if any (Fig S2). These data suggest that the character(s) that have
205 been selected for in the 77S flies are primarily transmitted through female flies.

206 After F6, systematic selection of the 77S lines was relaxed (Fig 1B). Over 52
207 subsequent generations, desiccation resistance was sporadically tested in the 77S₀₋₅ lines; we also
208 re-selected females from each 77S line for one or two generations prior to these desiccation
209 resistance tests and tested their progeny (77S-Sel; Fig 3). Compared to control females, 77S
210 females showed a significantly increased LT50 (median value ranges: 14.83-21.67 h and 18.77-
211 24.45 h, respectively) and/or a shallower slope (median value ranges: 9-16 and 5-9 %
212 lethality/h, respectively) that showed little consistent variation over time. Reintroduction of
213 selection in the 77S-Sel lines had no effect – these flies were not significantly different from 77S
214 flies that were reared under relaxed selection, indicating that the character(s) isolated in the
215 selection procedure are at fixation in these lines.

216 **Effects on associated characters**

217 Cuticular hydrocarbons (CH) have regularly been implicated in the evolution of
218 desiccation resistance; we therefore measured CH profiles in F7-F9 77S₁₋₅ females and in F8
219 males, and sporadically thereafter between F18 and F59. Beside the absolute CH amount (\sum CH),
220 we also determined the absolute (Q) and relative amounts (%) of desaturated CHs (alkenes) and
221 of linear saturated CHs (alkanes) and their ratio (Desaturated:Linear = D:L). Although we
222 observed both interline and intergenerational differences in the 77S₀₋₅ flies (Fig 4), all F9 females
223 showed increased levels of alkene Q and most showed an increased alkene % (77S₄ was an
224 exception). Compared to control Di2 females, most lines showed higher \sum CH and D:L (Fig S3 –

225 77S₀ was an exception). At F18, following 12 generations of relaxed selection, only 77S₁ and
226 77S₂ females showed increased D:L, while at F19 only 77S₂ females showed increased D:L (Fig
227 5).

228 At F55, we tested 77S₁-77S₅ flies (the 77S₀ line was lost between F35 and F55), all of
229 which showed a significantly increased D:L, due to their higher alkene levels (Q and %) and
230 lower alkene Q (Figs 5 & S4). In all 77S lines, Σ CH was significantly higher than in Di2
231 females. At F57, 77S females were compared with females that had been re-selected at F55; 77S-
232 Sel – Fig 5). D:L increased in three 77S lines (77S₁-77S₃), but not in 77S-Sel lines. All 77S lines
233 showed increased Σ CH, while only one of the 77S-Sel lines showed such an effect. These
234 differences between 77S and 77S-Sel lines contrast with the results of the desiccation resistance
235 experiments, where there were no significant differences between these sets of lines, and suggest
236 that CH composition and desiccation resistance are not identical.

237 In order to explore the link between CH composition and desiccation resistance, we
238 measured the fresh and dry weight of flies (either freshly killed, or desiccated, respectively) from
239 these lines at F19 and F57/59. Fresh and dry weight can be considered as indirect measures of
240 cuticular surface and their ratio reflects the water retention ability of a particular strain. In F19
241 females, the Fresh : Dry weight ratio was significantly higher in lines 77S₁-77S₃ than in Di2 flies
242 (Fig 6A). However in F57/F59 females, no difference was detected between Di2 and 77S
243 females (Fig 6B).

244 Finally, to confirm that we had not inadvertently selected for changes in sex ratio or
245 number of eggs laid by the 77S females, we counted the total number of adult progeny left by
246 single 77S, 77S-Sel and control females, and calculated their sex-ratio (female : male). There
247 were no overall differences between these groups (Fig S5). Only 77S₃ females showed a
248 significant variation by producing more progeny than Di2 females (116 and 66, respectively) and
249 more males (64 and 32, respectively), but this did not affect the sex ratio.

250 **Genetic control – *desat1***

251 A major gene involved in CH synthesis is *desat1*, which controls a vital desaturation
252 step in the hydrocarbon biosynthetic pathway. To explore the role of *desat1* in desiccation
253 resistance, we downregulated this gene in subsets of tissues and measured the consequences for

254 desiccation resistance and associated characters. Driver-Gal4 lines, made either with each
255 putative *desat1* regulatory region (PRR-Gal4) or the complete *desat1* regulatory region (6908-
256 Gal4), were used to drive the expression of the UAS-*desat1* RNAi transgenic reporter line (IR).
257 This allowed us to downregulate *desat1* expression either in Gal4-targeted tissues ([PRR-Gal4 x
258 IR]) or in all *desat1*-expressing tissues ([6908-Gal4 x IR]). Under the desiccation conditions used
259 in the selection experiment, [RC-Gal4 x IR] and [6908-Gal4 x IR] females showed reduced
260 desiccation resistance, as shown by a reduced LT50 (Fig 7A), but no difference in the rate at
261 which flies died (as measured by the slope; Fig 7B). This suggests that expression of *desat1*, in
262 particular in the fat body, is required for normal desiccation resistance. Control genotypes were
263 tested simultaneously and showed no effects (Figs 7C, 7D).

264 To confirm that manipulation of *desat1* had altered the CH profiles, the CH levels of [IR
265 x driver-Gal4] females in two generations (F_A and F_B) were compared to simultaneously-raised
266 controls (Di2; Di2/w; [Di2 x IR]; [driver-Gal4 x Di2]; Fig 8). Despite slight quantitative
267 variations between the two generations (Figs 8A, 8B), F_A and F_B flies showed similar effects. In
268 particular, [RE-Gal4 x IR], [6908-Gal4 x IR] and to a lesser extent [RC-Gal4 x IR] flies
269 produced lower alkene levels (Q and %; Fig S6). [RE-Gal4 x IR] and [6908-Gal4 x IR] flies also
270 showed increased alkane levels (Q and %) and lower D:L compared to controls. Comparison of
271 Fresh : Dry weight revealed a significant increase in [RC-Gal4 x IR] females compared to
272 control lines (Fig 9), paralleling the effects on CH levels shown by this line. Although [6908-
273 Gal4 x IR] flies also appeared to show an increased ratio, this was not significant compared to
274 [Di2 x IR] controls. No differences in average fecundity were found when F_A and F_B flies were
275 compared with controls. (Fig S7).

276 Genetic control – natural and lab-induced variants

277 To further explore genetic control of the link between desiccation resistance and CH
278 profile, we studied naturally-occurring and laboratory-induced variants. In Zimbabwe (Z30)
279 flies, the female-specific alkene isomer 5,9-heptacosadiene (5,9HD) largely replaces 7,11HD
280 which is abundant in the other strains studied here (Flaven-Pouchon et al. 2016; Grillet et al.
281 2012). The desiccation resistance shown by these females was not significantly different from
282 Di2 flies. *rk^{1/4}* mutant females produce high absolute amounts of CH (Σ CH, alkene and alkane)
283 but control-like alkene and alkane % and D:L; these mutants showed significantly lower

284 resistance than control females (lower LT50, but no slope variation) (Fig 10). However, *rk/CyO*
285 females showed significantly greater resistance than controls, with a highly increased LT50 and a
286 strongly decreased slope. Increased resistance in *rk/CyO* females was not related to the presence
287 of the *CyO* balancer – *CyO/w* females did not show the same effect. Finally, there was a slightly
288 increased resistance (LT50 and slope) shown by *Di2/w* females compared to *Di2* females.

289 Discussion

290 Desiccation is a major physiological challenge faced by terrestrial arthropods, and both
291 experimental and theoretical arguments have been deployed to suggest that there is a
292 physiological and evolutionary link between desiccation resistance and the presence of certain
293 cuticular hydrocarbons, which act as a waxy outer layer restricting permeability (Gibbs 1998;
294 Qiu et al. 2012; Toolson & Hadley 1979). Using a range of experimentation approaches, we were
295 able to reveal genetic variation for desiccation resistance in our laboratory strain of *D.*
296 *melanogaster*, as shown by the appearance of a desiccation-resistant strain (#7) after one
297 generation, and then a rapid response to selection for desiccation resistance in multiple replicates
298 of that line which was maintained over dozens of generations despite the subsequent relaxation
299 of selection. Furthermore, we found correlated changes in cuticular hydrocarbon composition in
300 these replicate lines, in particular the overall amount of CH and the D:L ratio, together with
301 water retention ability. We suggest that these were causally linked – altered cuticular
302 hydrocarbon composition enabled the selected lines to retain water and resist desiccation. These
303 findings suggest that genetic variability for desiccation resistance exists even in laboratory lines
304 (the *Di2* line was captured in 2000); variability in wild populations is presumably greater, and
305 may help explain the global success of this species.

306 The detection of significant desiccation resistance in line #7 after a single generation
307 enabled us to select for that character over subsequent generations, significantly altering both
308 LT50 and the lethality slope. From the outset, we found that females were significantly more
309 responsive to selection than males, which remained significantly more affected by the
310 desiccation challenge than females. This led us to focus on the female phenotype for the rest of
311 the experiment. Two possible explanations for this sex difference are that the genes we were
312 selecting were sex-limited, expressed only in females, linked to qualitative and quantitative sex

313 differences in CHs (see below), or that the effect was simply due to size – female *Drosophila* are
314 larger than males, with a lower surface area : volume ratio, which in turn would reduce the effect
315 of desiccation.

316 Although selection was relaxed after F6, the resistance character we had selected in the
317 #7 line was stable for over 50 generations, with no significant effect of the reintroduction of
318 selection, indicating that the character(s) involved were at fixation. The fact that these characters
319 were detected after one generation and became fixed after a further five generations of selection
320 suggests that our selection protocol and the available genetic variation in the parent population
321 were well matched and the strongest possible phenotypes were rapidly selected through the
322 available genetic variation.

323 At first glance it could be thought that the main effects we observed – increased
324 desiccation resistance, increased quantities of CH, and increased water content – were all
325 produced by an increase in the size of female flies, which would also increase the quantity of CH
326 by increasing the surface area. Such an increase in size would lead to a decreased surface area :
327 volume ratio, thereby increasing water retention at least at some time points. However, there
328 were no evident size increases in the selected females – certainly nothing approaching the
329 difference in size between males and females, which is visible to the naked eye – and we
330 consider that any potential microscopic changes in size would be unlikely to produce the
331 significant differences in survival we observed in the selected lines.

332 Insight into the link between the effects on CH levels, water content and desiccation
333 resistance can be found by inspecting the genetic mapping of desiccation-related phenotypes in
334 *desat1* transgenic flies. The selective knock-down of *desat1* expression in the female fat body
335 simultaneously induced a decreased desiccation resistance and a markedly increased water
336 content. Knocking down *desat1* expression in all relevant tissues (including the fat body)
337 induced very similar effects: the reduction of both desiccation resistance and the ratio of
338 desaturated : linear alkanes. However, selective targeting of *desat1* expression in oenocytes
339 strongly decreased the ratio of desaturated : linear alkanes, but did not affect desiccation
340 resistance or water content. These data suggest that the relative increase of internal water
341 content, but not the decreased ratio of desaturated : linear alkanes, is involved in reduced
342 desiccation resistance. We also found evidence that a higher amount of internal water may not

343 provide a decisive advantage in resisting desiccation: both *desat1* fat-body targeted genotypes –
344 [RC-Gal4 x IR] and [6908-Gal4 x IR] – showed a lower LT50 but no slope change, suggesting
345 that the earlier mean age of death shown by these transgenic flies may have been due to faster
346 water loss compared to flies with a relatively lower water content.

347 It is possible to interpret these complex data in terms of insect physiology. One of the
348 main functions of the fat body is to store and release energy, whereas oenocytes regulate lipid
349 metabolism (Ferveur 1997; Gutierrez et al. 2007). Energy is stored in adipocyte fat-body cells in
350 the form of fatty acids, glycerol, triglycerides, and glycogen, which is stored in a bulky hydrated
351 form (Arrese & Soulages 2010). The amount of glycogen, which is normally lower than that of
352 fat, can fluctuate depending on locomotor activity and environmental conditions (Lorenz &
353 Anand 2004). For example, if the insect is subject to freezing, low humidity or diapause, the fat
354 body accumulates fat and eliminates water through the activity-dependent regulation of
355 aquaporin water channel genes (Izumi et al. 2007; Liu et al. 2011; Sinclair & Renault 2010). We
356 propose that in our *desat1* fat body-targeted flies the capacity to store lipids was affected. This
357 would explain why, under our desiccation challenge, fat body knock-down transgenic flies lost
358 water more rapidly and died earlier than controls.

359 Further insight into the link between desiccation resistance and CH levels can be found
360 from examining the other mutants studied here. *rk^{1/4}* mutant flies showed a highly increased Σ CH
361 but a control D:L ratio of desaturated : linear alkanes. These flies died earlier than controls,
362 showing that a high CH level, even combined with a control-like D:L ratio, cannot compensate
363 for the underlying genetic defect. We suspect that the defective sclerotization process observed
364 in the *rk* mutant affects the permeability of the adult cuticle: this could enhance both CH
365 trafficking and water loss (Flaven-Pouchon et al. 2016; Gibbs 1998; Moussian 2010).
366 Conversely, *rk*/CyO females with a single *rk* mutant allele and a control-like CH profile showed
367 a lower LT50 and a shallower death slope than controls (this was not due to the CyO marker
368 associated with the SM2 balancer). The reduction in the RK gene product may lead to a slowing
369 down of water loss by changing the ultrastructure of the cuticle or of the spiracles (Chown 2002;
370 Moussian 2010). The clear sex differences in desiccation resistance may also be related to
371 differences in CH levels:” mature females express longer chain CHs than mature males (Antony
372 & Jallon 1982; Gibbs et al. 1997). This may explain why immature flies carrying CHs with
373 longer carbon chains and higher number of double-bonds survived longer than mature flies under

374 dry humidity condition (Fig S1). However, no change in desiccation resistance was induced by
375 the replacement of a alkene (7,11HD) by a closely related isomer (5,9HD) in Z30 mature
376 females, which showed similar desiccation responses to Di2 females (Fig 10).

377 **Conclusion**

378 Our three-pronged approach to desiccation resistance and its underlying genetic and
379 phenotypic components – selection, CH analysis and measurements of water content – provides
380 insight into this fundamental aspect of the ecological physiology of insects. Our data suggest that
381 desiccation resistance is not a simple phenotype: increased and decreased resistance depended on
382 different hierarchies of physiological factors. Increased resistance was linked with increased
383 ratios of desaturated : linear alkanes but not with $\sum\text{CH}$ (*rk* mutants, with increased $\sum\text{CH}$ and
384 unchanged D : L ratio, showed very poor resistance). The capacity to retain a relatively high
385 proportion of water was not related to desiccation resistance – transgenic flies with the highest
386 proportion of water ([RC-Gal4 x IR] and [6908-Gal4 x IR]) showed the lowest levels of
387 resistance. Since these two genotypes also showed reduced D : L (alkenes : alkanes) ratios, a
388 decline in desiccation resistance may occur in flies combining a high water content and low
389 alkene levels. Flies in which these characters were dissociated showed no major change in
390 desiccation resistance. All flies that died rapidly showed a very reduced LT50, but no change in
391 their lethality slope: this suggests that early death equally affected all individuals of a given
392 genotype.

393 Our study has revealed an intricate and non-linear relationship between desiccation
394 resistance, CH profile and internal water content in *D. melanogaster* flies. While desiccation
395 resistance and the proportion of desaturated CHs were tightly linked with both measures rapidly
396 increasing after selection and persisting long after selection had been relaxed, a high water
397 content negatively affected resistance, especially in association with a low level of desaturated
398 CHs.

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Figure 1(on next page)

Experimental selection of desiccation resistance line.

(A) Flies were kept in single sex groups of approximately 50 individuals in empty glass vials. 6 or 7 of these glass vials were packed inside an airtight transparent plastic box that was seeded with a layer of silicagel crystals to maintain a low relative humidity ($20\pm 1\%$). The box was placed on a hot plate at $25\pm 0.2^\circ$. Four boxes were simultaneously tested. Every two hours, the number of dead flies was counted, providing a measure of survival over time. This allowed us to estimate when 50% flies died (lethality time 50% = LT50), using logistic regression. The slope of the lethality curve was also determined to evaluate the relative lethality per hour. At the end of each experiment, the few surviving flies (maximum 1-2% of all flies) were transferred into fresh food vials and mated with siblings to produce the next generation. **(B)** Arrows indicate the generations of the experiment. Plain arrows indicate the generations during which experimental selection for desiccation (light blue) and/or phenotypic measurements (CH = cuticular hydrocarbons; W = weight; Fec = fecundity) were carried out. Dashed arrows indicate the generations during which no measurement or selection was carried out.

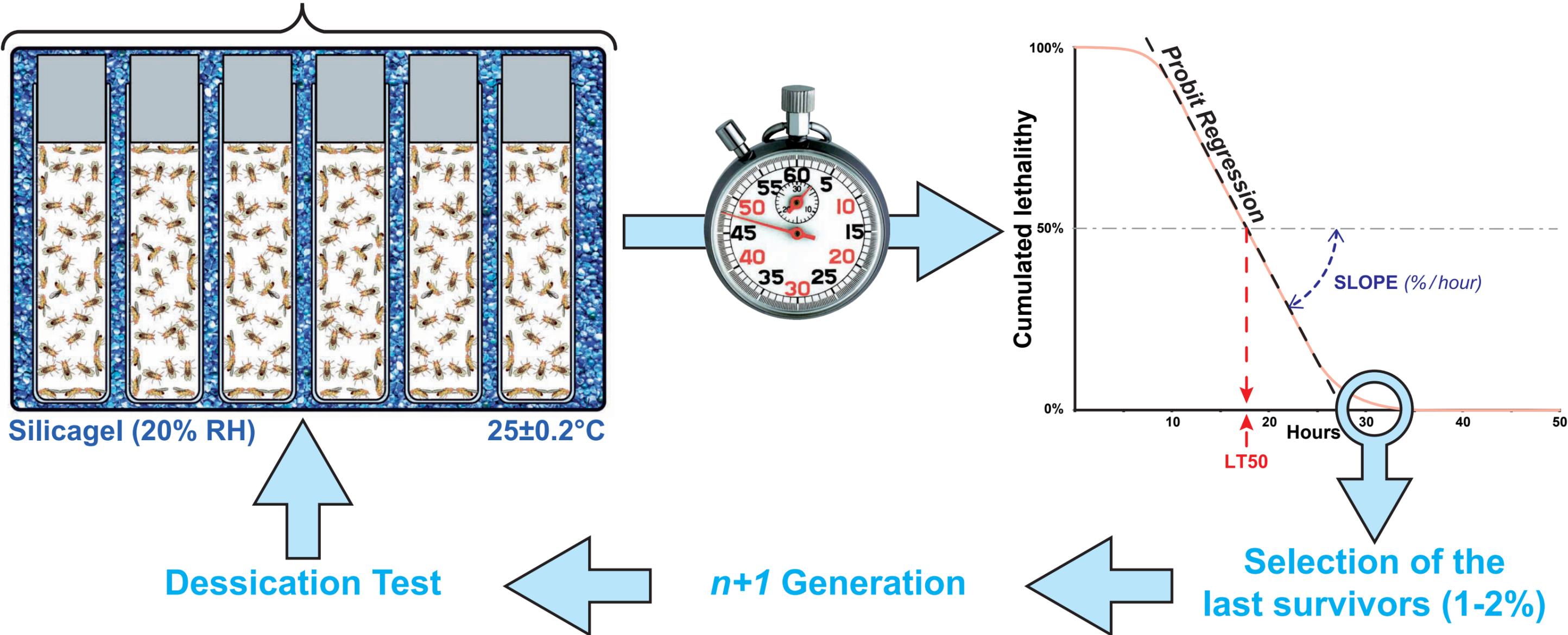
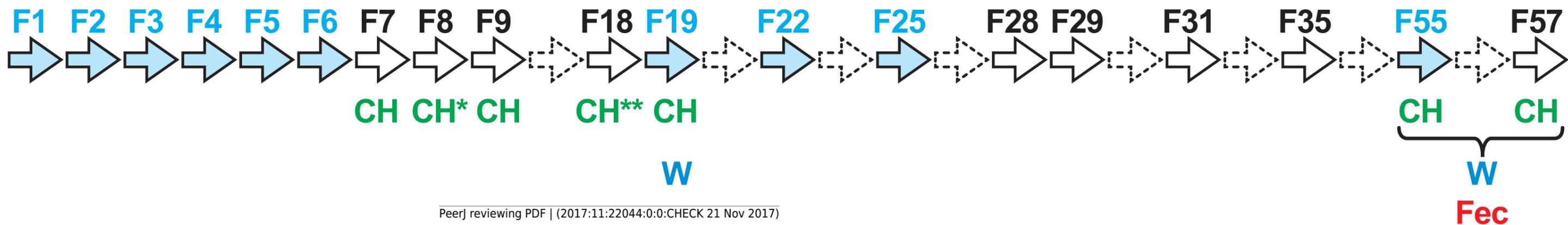
A**Experimental and control genotypes****B**

Figure 2 (on next page)

Survival in females selected for desiccation resistance over the first six generations.

Female flies were selected using the experimental procedure described in Fig. 1. For each generation (F1 to F6), the upper curves represent the survival measured in various genotypes (dashed line = Di2 control line, cyan line = 77S selected lines pooled, magenta line = backcross between 77S females and unselected sibling males; at F1, three selected lines are shown). At each generation, the two box-plots shown below represent the LT50 (left) and the lethality slope (right) using colors similar to those of the corresponding genotypes. Data are shown as box plots representing the 50% median data (the small horizontal bar indicates the median value while the plain dot represents the mean). The whiskers shown below and above each box represent the first and third quartiles, respectively. Stars or different letters indicate significant differences. After excluding extreme outliers using Tukey's method, LT50 and slopes were tested using a Kruskal-Wallis test completed by a Conover-Iman multiple pairwise comparisons at level $p=0.05$ (with a Bonferroni correction) or with a Mann-Whitney test. ***: $p<0.001$; **: $p<0.01$; *: $p<0.05$. The absence of a letter or stars indicates that no significant difference was detected. $N = 5-17$ (except 5S line at F1 and 77sxDi2 line at F3 where $N = 3$). A similar selection procedure was carried out on males between the F1 and F6 generations (Fig. S2).

Figure 3(on next page)

Survival in females of selected lines between F18 and F57.

Female flies were selected at the indicated generations using the procedure described in Figs.1 & 2. $N = 5-22$ (except Di2 line at F18: $N = 4$, and at F25, 28 & 29: $N = 3$). For parameters and statistics, see Fig. 2 legend.

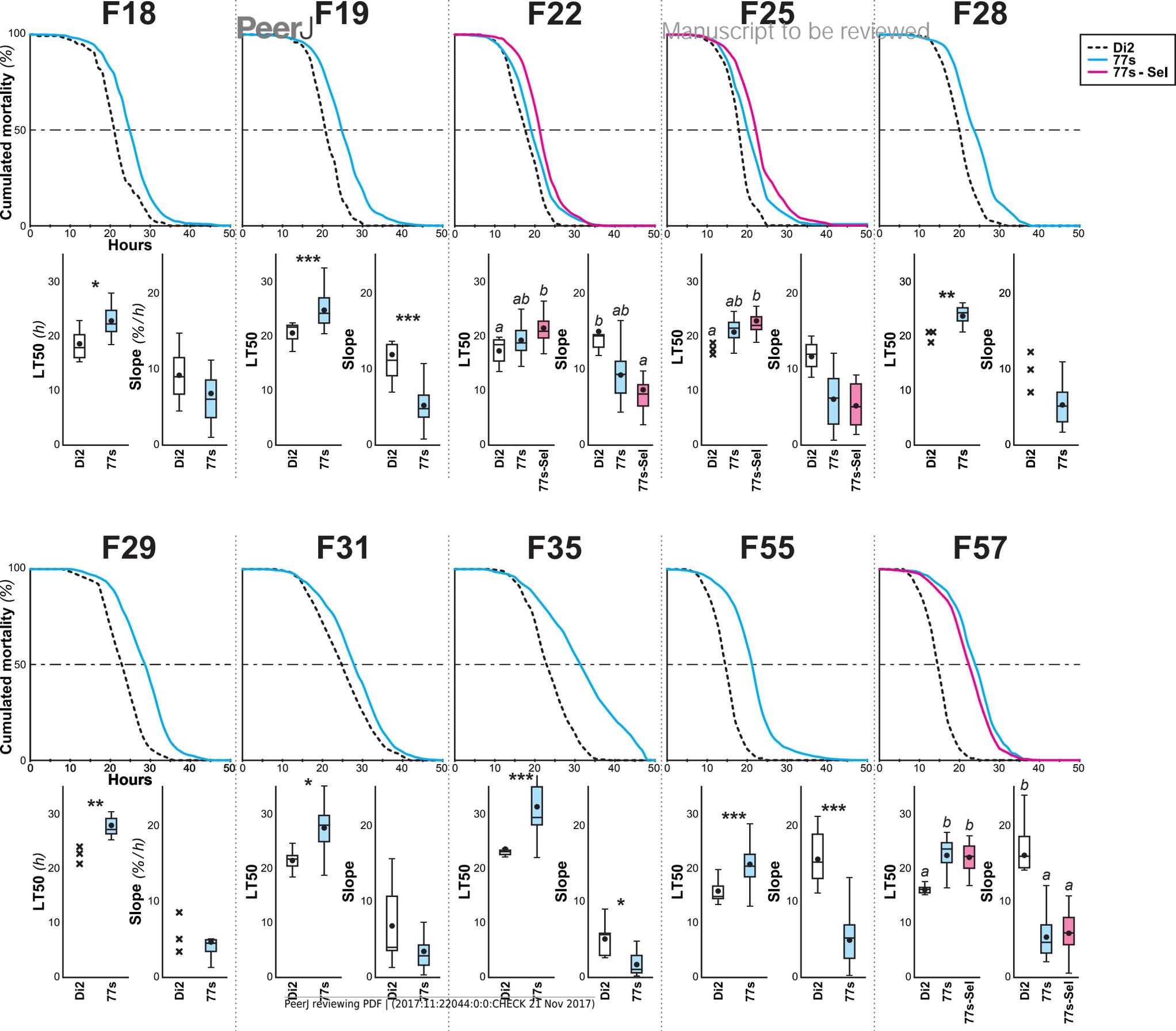


Figure 4(on next page)

Principal cuticular hydrocarbons in flies of selected lines following relaxation of selection.

Cuticular hydrocarbon levels (CHs) were measured in F7, F8 and F9 females and in F8 males separately in the six 77S lines (77S₀-77S₅) experimentally selected for desiccation resistance (F1-F6; see Fig. 2). Here, we show the total absolute amount of CHs (\sum CH in μ g, top box-plots) and the ratio of Desaturated : Linear saturated CHs (D : L ratio) This ratio was calculated using the formula $([D - L] / [D + L])$. $N = 5-20$ for females and $N = 9-14$ for males. For statistics, see Fig.2 legend. We also determined the absolute (Q) and relative (%) amounts of desaturated CHs (alkenes) and of linear saturated CHs (alkanes) (Fig. S3).

F7 ♀

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F8 ♀

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F9 ♀

F8 ♂

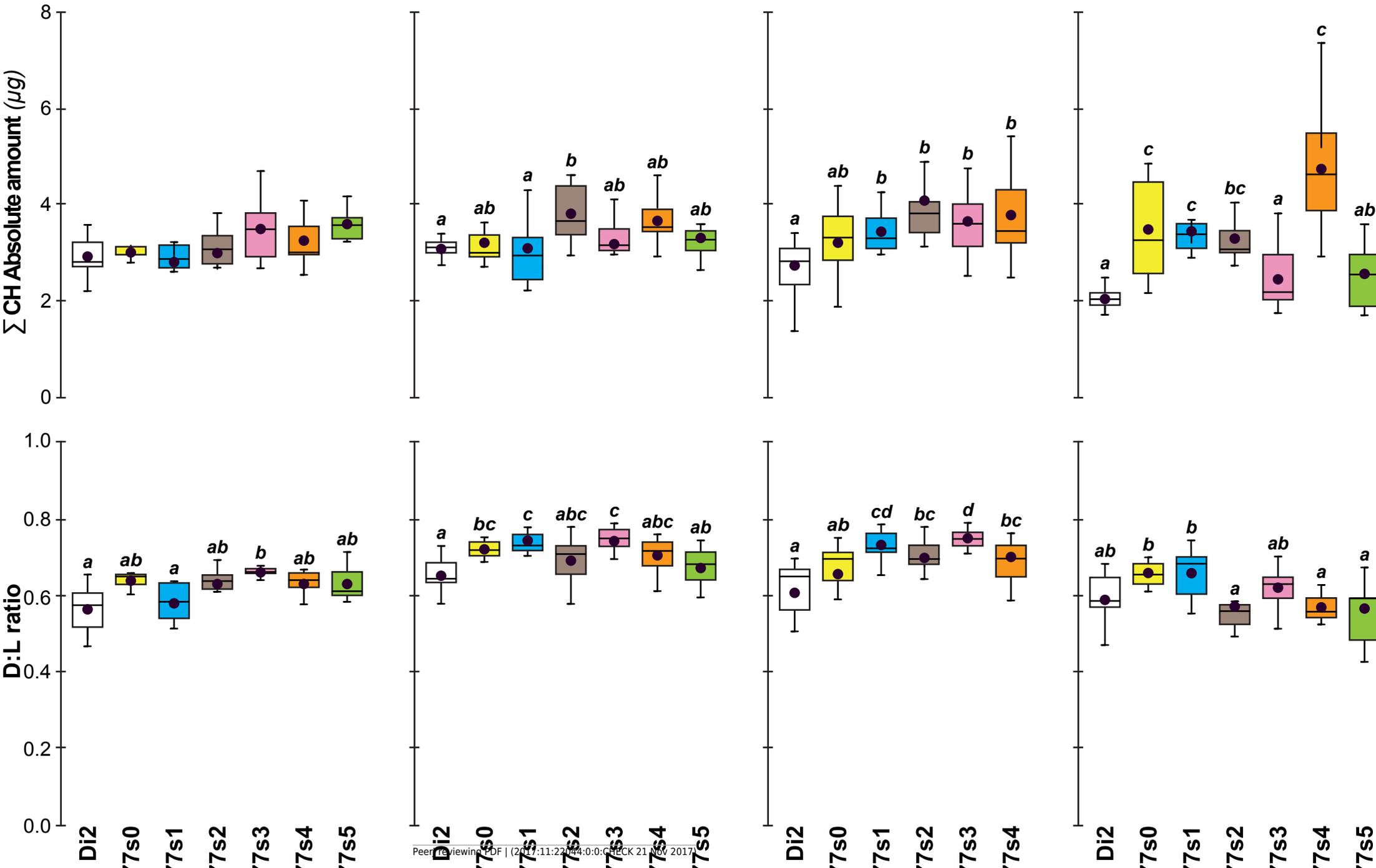


Figure 5(on next page)

Principal cuticular hydrocarbon levels in females of selected lines between F18 and F57.

Σ CH (**A**) and D : L ratio (**B**) were measured in F18, F19, F55 and F57 females. As well as control unselected Di2 females, six 77S lines (77S₀-77S₅) were tested in F18 and F19; only 4 of these lines (77S₁-77S₄) survived to F55 and F57. The 77S-Sel lines (77S-Sel1 - 77S-Sel4) that were tested at F57 were the offspring of F55 reselected females from their respective 77S lines (e.g. 77S₁ females yielded the 77S-Sel1 line). *N* = 7-38. For more information on parameters, lines and statistics, see legends of Fig.2 and Fig.4. The absolute (Q) and relative (%) amounts of desaturated CHs (alkenes) and of linear saturated CHs (alkanes) determined in these flies are shown in Fig. S4.

F18 PeerJ

F19

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d F57

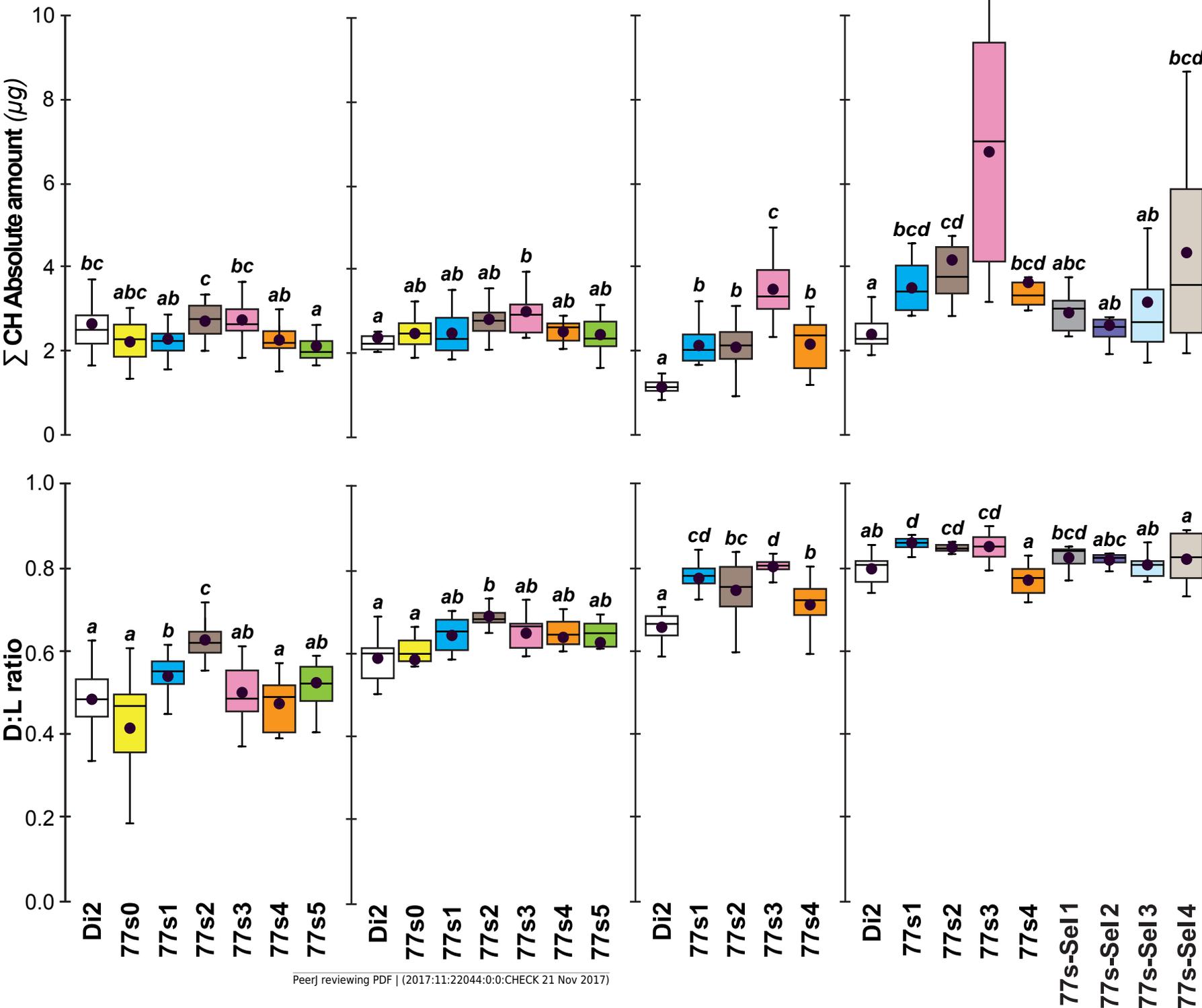


Figure 6(on next page)

Fresh : dry weight ratio in females of selected lines.

Groups of 10 freshly killed females were weighed (fresh weight) and after 24 hours desiccation were weighed again (dry weight). The fresh : dry weight ratio of each group was calculated. Females were weighed at F19 (**A**) and F57 (**B**). $N = 6-20$. For more information on genotypes and statistics, see legends to Figs. 2, 4 & 5.

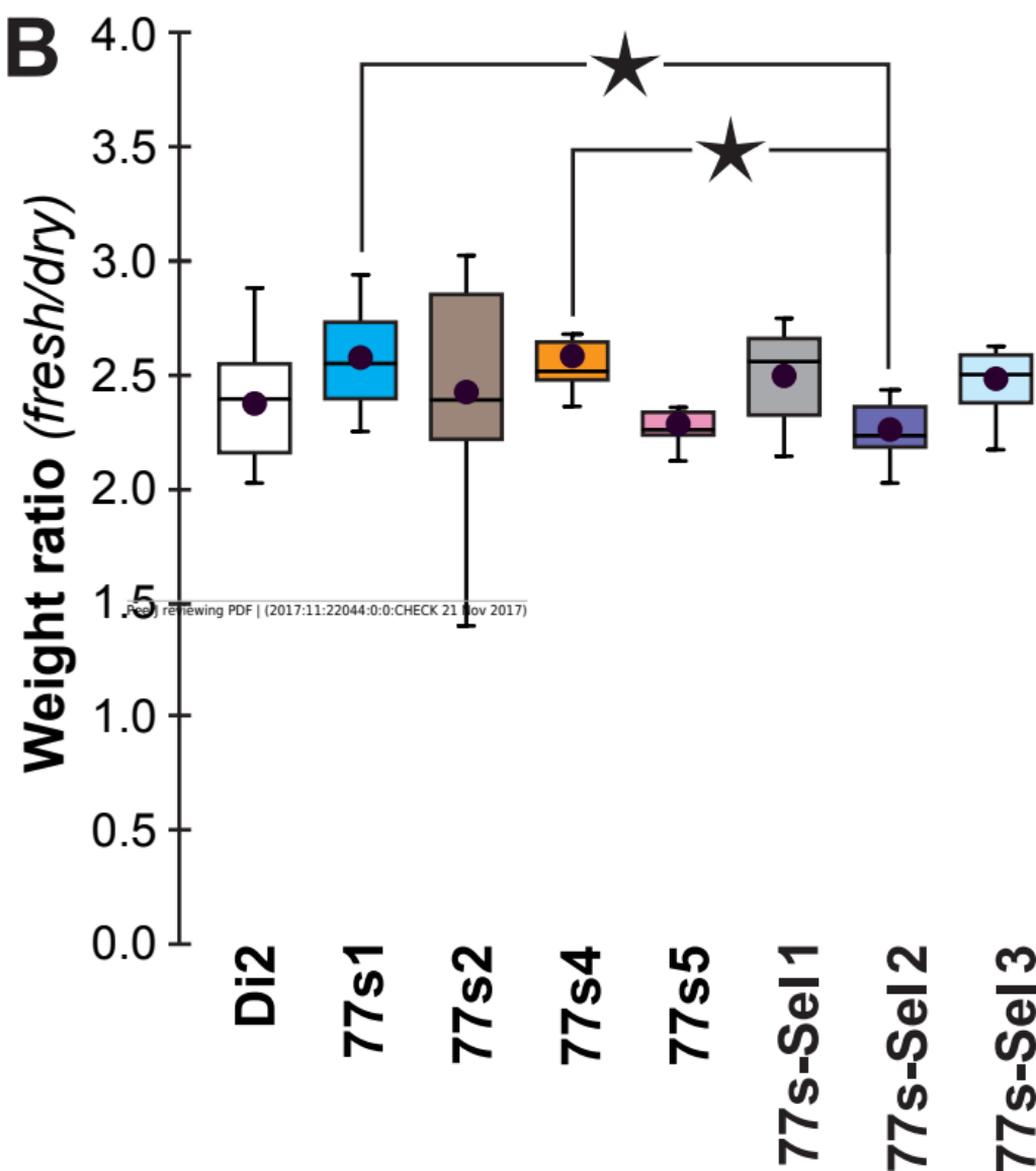
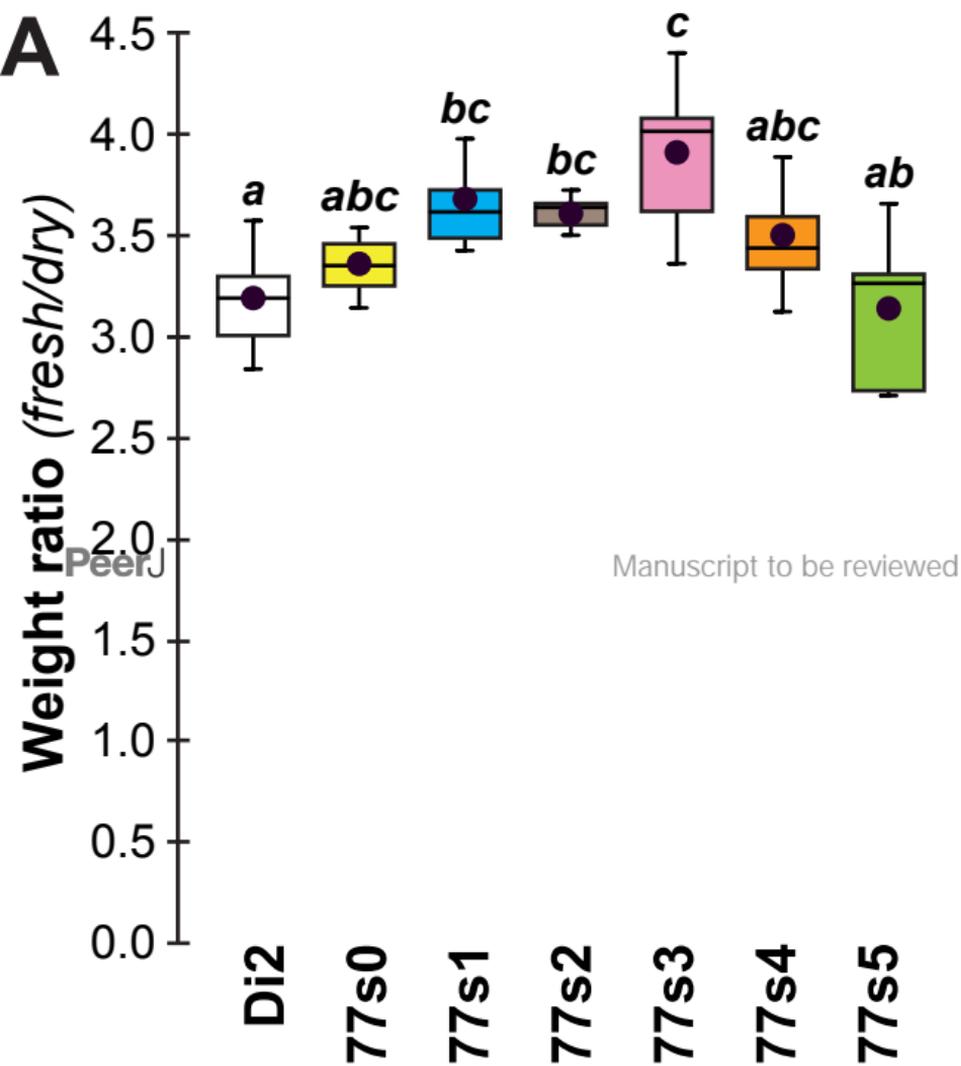


Figure 7 (on next page)

Desiccation resistance in various *desat1* transgenic females.

To test the effect of *desat1* knock-down expression in various *desat1*-expressing tissues, we used the female progeny of matings between transgenic females carrying the UAS-*desat1*-IR transgene (IR) and transgenic males either carrying each *desat1* putative regulatory region fused with Gal4 (PRR-Gal4) corresponding to each *desat1* transcript (RA, RC, RE, RB, RD, RD_{iO}), or the complete *desat1* regulatory region (6908bp = 6908). Di2 control females and female progeny resulting of matings between IR females and Di2 males were also tested (Di2; Di2-IR; left box plots). The LT50 (**A**) and the lethality slope (**B**) of all these genotypes were determined. To control for the effect of each *desat1* PRR-Gal4 transgene on the LT50 (**C**) and lethality slope (**D**), we used flies from matings between Di2 females and PRR-Gal4 males, alongside Di2-IR and Di2 control females. $N = 5-13$. For more information on parameters and statistics, see Fig. 2 legend.

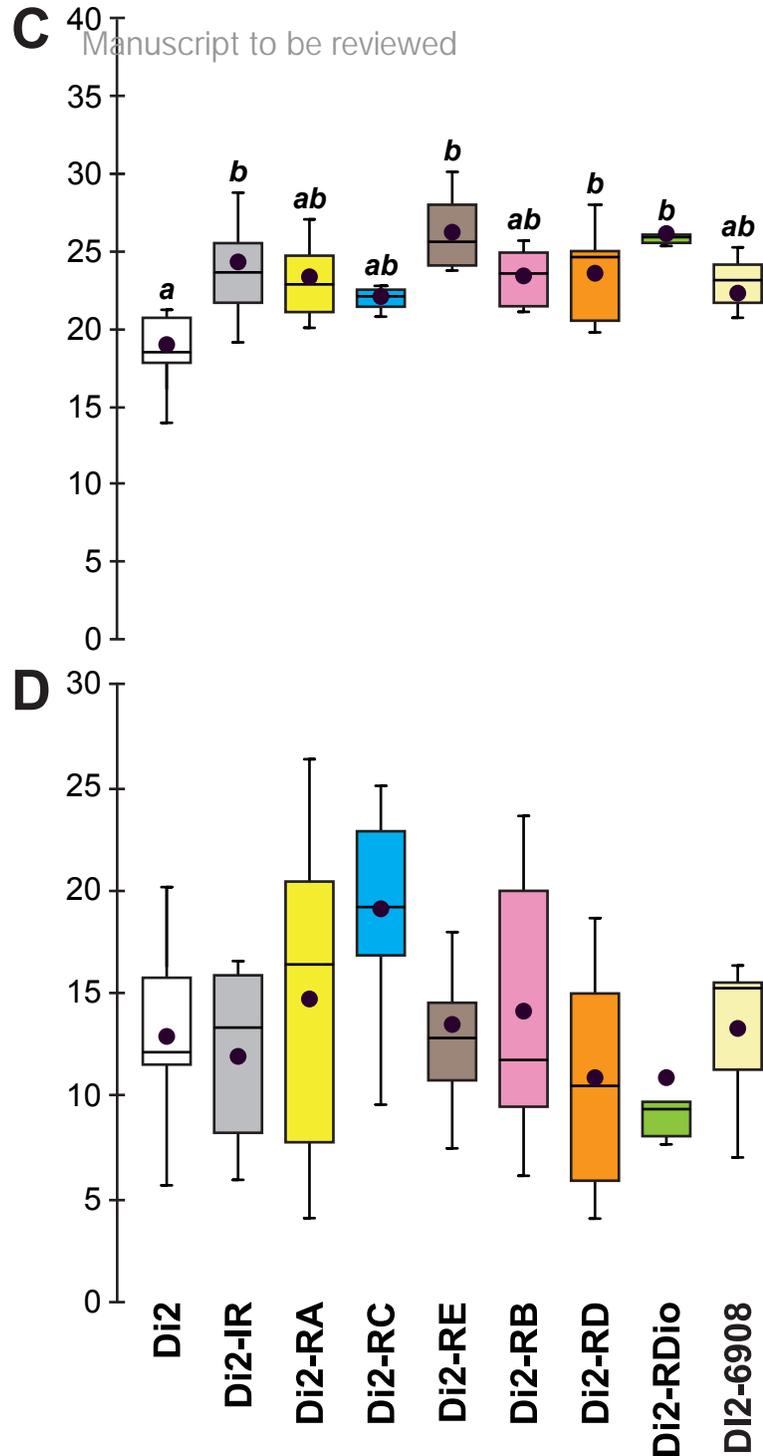
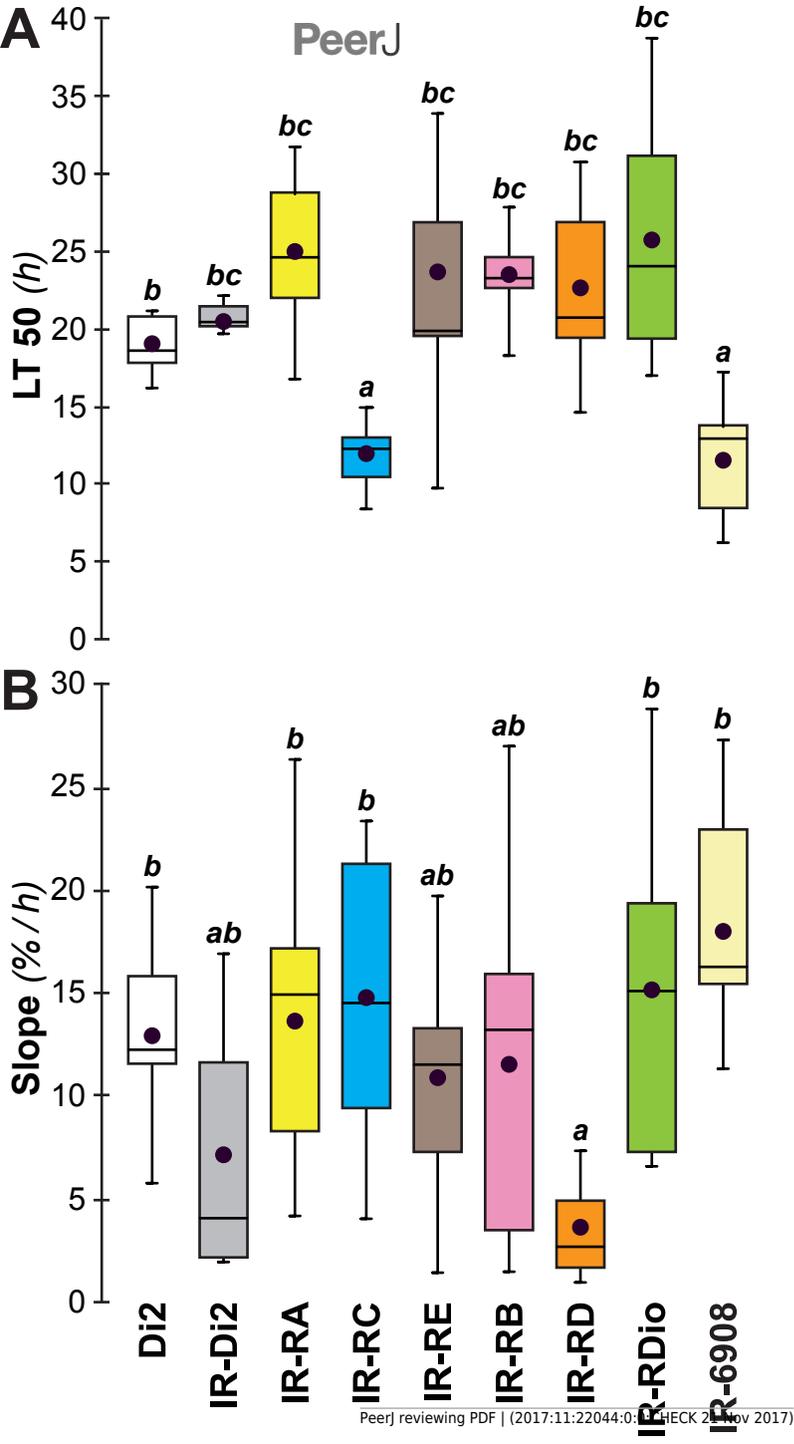


Figure 8(on next page)

Principal cuticular hydrocarbons in various *desat1* transgenic females.

CH levels were measured in all transgenic and control female flies tested for desiccation resistance (see Fig. 7). Transgenic females combining a maternal IR transgene with a paternal PRR-Gal4 or 6908 transgene were tested at both F55 (**A**) and F57 (**B**). Di2, Di2/w and Di2-IR control females were tested (left box-plots) either at F55 (**A**) or at F57 (**B**). Control genotypes carrying a paternal copy of each PRR-Gal4 transgene or of the 6908 transgene combined with a maternal Di2 genome were also tested (**C**). Alongside these control genotypes, we also tested the effect of the IR transgene in the Di2 background (second box-plot from the left. $N = 7-16$. For more information on CHs, genotypes and statistics, see legends to Figs. 4 & 7.

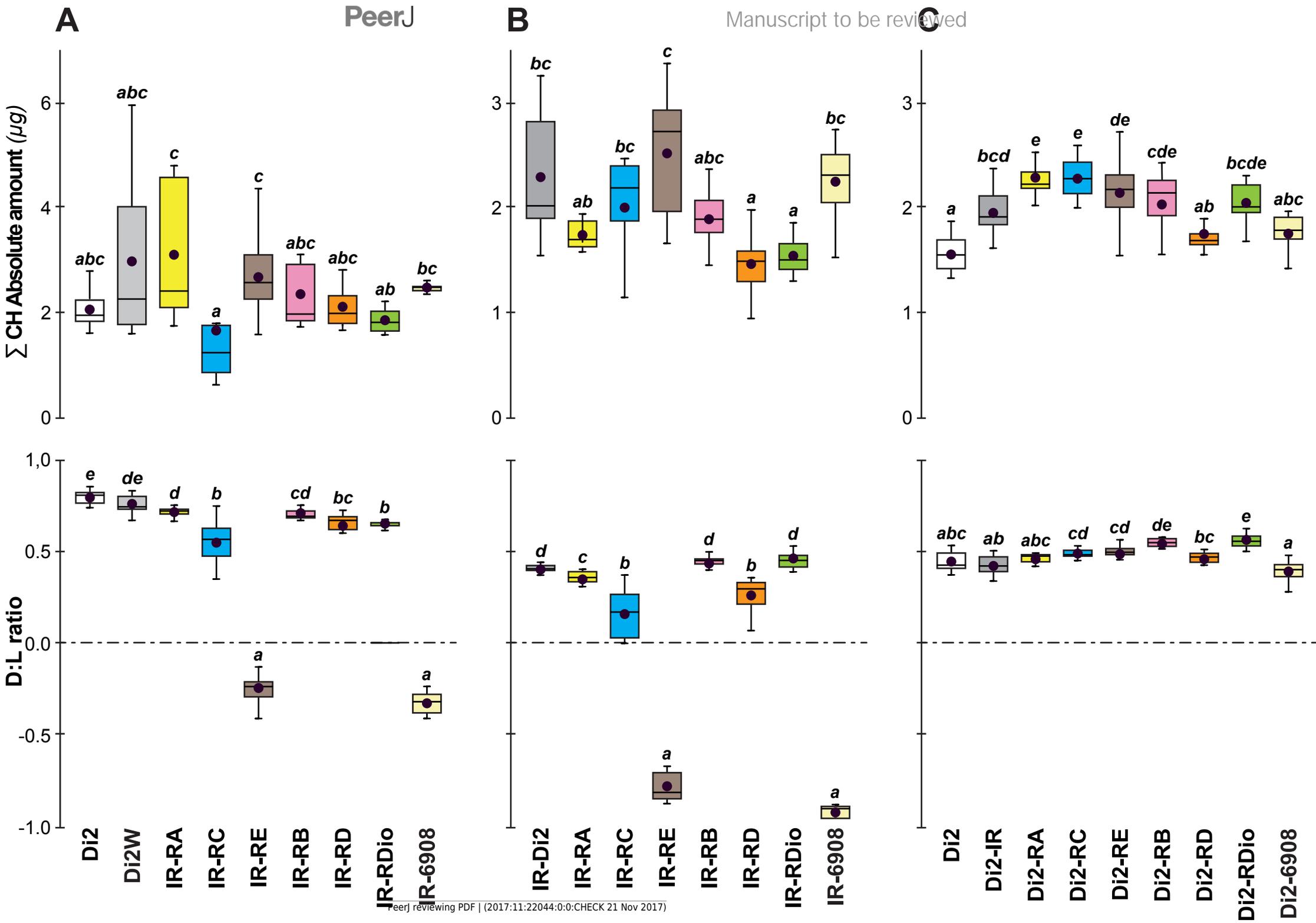


Figure 9 (on next page)

Fresh : dry weight ratio in various *desat1* transgenic females.

$N = 5-15$. For more information on genotypes and statistics, see legends to Figs. 2 & 7.

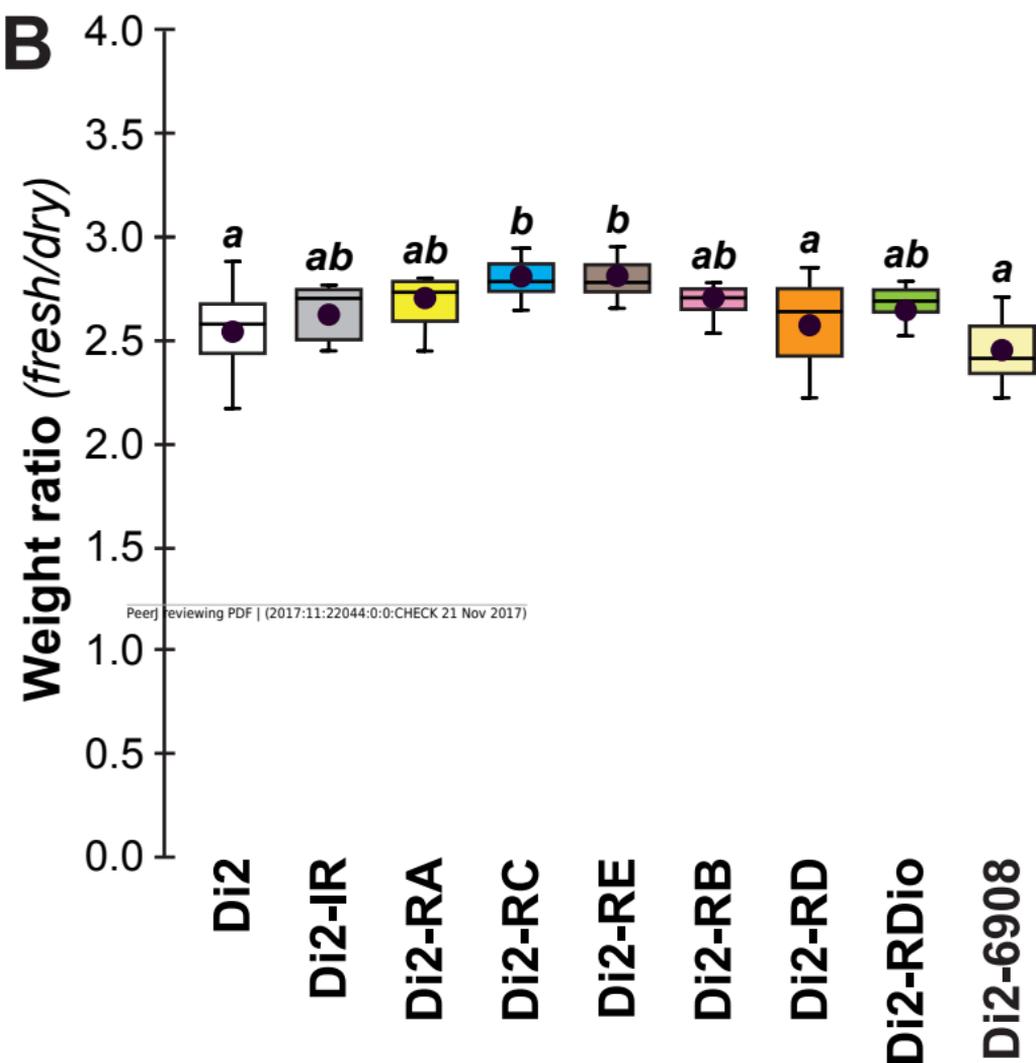
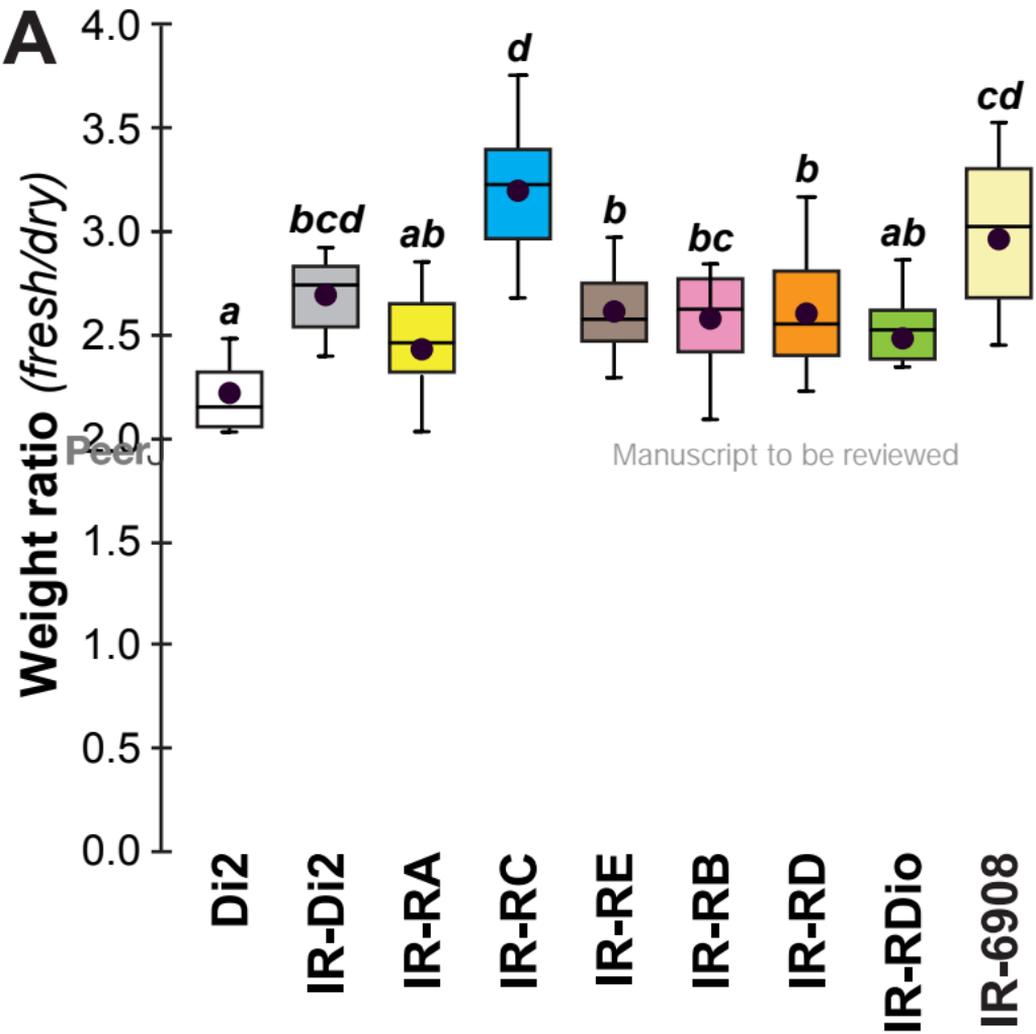


Figure 10(on next page)

Survival to desiccation in various cuticular hydrocarbon variant females.

The LT50 (**A**) and lethality slope (**B**) of various CH variants was measured. We also assayed the resistance of flies from these lines: control Di2, Di2/w (combining the Di2 genome with the w^{1118} white-eye mutation), Zimbabwe 30 line (Z30), *ricket^{1/4}* double trans-heterozygote mutant (rk^1/rk^4), *rk* heterozygotes carrying the SM2 balancer ($rk/CyO = rk^1/CyO$ and rk^4/CyO), and Di2/w flies carrying the SM2 balancer (CyO/w). $N = 10-30$ (except for CyO/w line: $N = 3$). For more information on statistics, see legend to Fig. 2.

