

# Intraspecific variation in the diet of the Mexican garter snake *Thamnophis eques*

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The Mexican Garter Snake (*Thamnophis eques*) is a terrestrial-aquatic generalist because it feeds on both aquatic and terrestrial prey. We describe size-related variation and slight sexual variation in the diet of *Thamnophis eques* through analysis of 262 samples of identifiable stomach contents in snakes from 23 locations on the Mexican Plateau. The Mexican Garter Snakes we studied ate prey items mostly fish, followed in lesser amounts, respectively, by leeches, earthworms, frogs, and tadpoles. Correspondence analysis suggested that the frequency of consumption of various prey items differed between the categories of age and sex of snakes, and the general pattern was a reduction of prey item diversity with size of snake. Snake length was correlated positively with mass of ingested prey. Large snakes consumed large prey and continued to consume smaller prey. In general, no differences were found between the prey taxa of male and female snakes, although males ate two times more tadpoles than females. Males and females did not differ in the mass of leeches, earthworms, fishes, frogs and tadpoles that they ate, and males and females that ate each prey taxon were similar in length. We discuss proximate and functional determinants of diet and suggest that the observed intraspecific variation in Mexican Garter Snakes could be explored by temporal variation in prey availability, proportions of snake size classes and possible sexual dimorphism in head traits and prey dimensions to assess the role of intersexual resource competition.

# 1 **Intraspecific variation in the diet of the Mexican garter**

## 2 **snake *Thamnophis eques***

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### 17 **Abstract**

18 The Mexican Garter Snake (*Thamnophis eques*) is a terrestrial-aquatic generalist because it feeds

19 on both aquatic and terrestrial prey. We describe size-related variation and slight sexual variation

20 in the diet of *Thamnophis eques* through analysis of 262 samples of identifiable stomach contents

21 in snakes from 23 locations on the Mexican Plateau. The Mexican Garter Snakes we studied ate

22 prey items mostly fish, followed in lesser amounts, respectively, by leeches, earthworms, frogs,

23 and tadpoles. Correspondence analysis suggested that the frequency of consumption of various

24 prey items differed between the categories of age and sex of snakes, and the general pattern was  
25 a reduction of prey item diversity with size of snake. Snake length was correlated positively with  
26 mass of ingested prey. Large snakes consumed large prey and continued to consume smaller  
27 prey. In general, no differences were found between the prey taxa of male and female snakes,  
28 although males ate two times more tadpoles than females. Males and females did not differ in the  
29 mass of leeches, earthworms, fishes, frogs and tadpoles that they ate, and males and females that  
30 ate each prey taxon were similar in length. We discuss proximate and functional determinants of  
31 diet and suggest that the observed intraspecific variation in Mexican Garter Snakes could be  
32 explored by temporal variation in prey availability, proportions of snake size classes and possible  
33 sexual dimorphism in head traits and prey dimensions to assess the role of intersexual resource  
34 competition.

35 *Key words:* ontogenetic, size, sexual variation, *Thamnophis*.

## 36 **Introduction**

37 The Mexican Garter Snake (*Thamnophis eques*) is a medium-sized garter snake classified as a  
38 terrestrial-aquatic predator because it feeds on both aquatic and terrestrial prey; mostly frogs,  
39 tadpoles, and fish, supplemented by lizards and mice (Drummond & Macías Garcia, 1989;  
40 Manjarrez, 1998). Drummond & Macías Garcia (1989) found that *T. eques* at Tecocomulco,  
41 Hidalgo, is locally specialized in feeding on only two to three taxa. This snake forages in  
42 vegetative cover along the shore and an attack may include a sudden lunge across the surface  
43 toward prey (Drummond & Macías Garcia, 1989).

44 Although the Mexican Garter Snake is widely distributed over the Mexican Plateau, in  
45 this area, the disturbance of habitat and loss of habitat have caused the isolation and  
46 fragmentation of their populations (Conant, 2003; Manjarrez, Contreras-Garduño, & Janczur,

47 2014), with low population densities and constricted distribution (Rossman, Ford, & Seigel,  
48 1996; Manjarrez, 1998). In general, garter snakes show important ecological intraspecific  
49 variation (Rossman, Ford, & Seigel, 1996), but reports on diet are especially scant for *T. eques* in  
50 Mexico (Macías Garcia & Drummond, 1988; Drummond & Macías Garcia, 1989; Manjarrez,  
51 Contreras-Garduño, & Janczur, 2014). These studies of Mexican populations showed sexual,  
52 ontogenetic (newborns- adults) and seasonal (rainy-dry) divergence in prey size. For example, at  
53 Lake Tecocomulco, Mexico, small snakes fed mainly on aquatic invertebrates (leeches and  
54 earthworms), while large snakes fed on aquatic vertebrates (frogs, fish, and salamander larvae).  
55 Fluctuations in prey availability was associated with seasonal variation in prey (Macías Garcia &  
56 Drummond, 1988). At Toluca, Mexico, Mexican garter snake were detected to have eaten  
57 earthworms, tadpole, slugs and mice (Manjarrez, 1998; Manjarrez, Contreras-Garduño, &  
58 Janczur, 2014).

59         In this study, we provide the first broad description of the diet of the Mexican Garter  
60 Snake (*Thamnophis eques*) on the Mexican Plateau. We looked for variation in consumption of  
61 prey taxa and size-classes of snake. We analyzed sexual and size-related variation in diet using  
62 the data from three drainages. To permit more extensive and novel comparisons, we pooled our  
63 dietary records with those of Lozoya (1988) and Drummond & Macías Garcia (1989), (19% and  
64 13%, respectively, of the total regurgitations examined in this study.

65         Sexual differences in snake diets are not well documented (Shine, 1993; Daltry, Wuster,  
66 & Thorpe, 1998) but females sometimes ingest larger prey than males (Seigel, 1996) and this  
67 difference is usually attributed to snakes' sexual dimorphism in body size when females are  
68 bigger than males. The maximum size of prey that can be ingested is constrained by a snake's  
69 gape (e.g. King, 2002), and in most species, larger snakes take larger prey and appear to drop

70 small prey from their diet, although data from very young snakes is usually limited (review in  
71 Arnold, 1993). Garter snakes are sexually dimorphic in body size (Shine, 1993) and their diet can  
72 vary with age/size-classes (Mushinsky, 1987; Macías Garcia & Drummond, 1988). Female garter  
73 snakes are usually larger than males (Shine, 1994) but sexual differences in garter snake diets  
74 have not been well studied and may not exist (Seigel, 1996).

75 *Thamnophis eques* is sexually dimorphic with adult females being larger than males in  
76 snout-vent length (SVL) and head length (5.6% and 12%, respectively; Manjarrez & Macías  
77 García, 1993; Manjarrez, 1998; Manjarrez, Contreras-Garduño, & Janczur, 2014). Females reach  
78 sexual maturity at 39.5 cm SVL.

## 79 **Materials & Methods**

80 This study received the approval of the ethics committee of the Universidad Autónoma del  
81 Estado de México (Number 4047/2016SF). All subjects were treated humanely on the basis of  
82 guidelines outlined by the Society for the Study of Amphibians & Reptiles.

83 We collected snakes that we found under stones and other objects, and looked for basking  
84 snakes along streams, rivers, canals, ponds, and lakes. We measured each captured snake (SVL),  
85 and also recorded sex by visual inspection of the tail-base breadth (Conant & Collins, 1998).  
86 Then, we gently induced regurgitation of stomach contents by abdominal palpation (Carpenter,  
87 1952). After processing, snakes were released promptly at their capture sites. We measured the  
88 wet mass of each prey item and then fixed them in 10% formalin and preserved them in 70%  
89 alcohol.

90 We sampled snake stomach contents at 23 sites on the Mexican Plateau (Lerma, Tula, and  
91 Nazas, drainages, Table S1) sporadically during the active reproductive season (February to  
92 November) over a period of 16 years on  $1.5 \pm 0.9$  occasions each (mean  $\pm$  SD; range: 1 – 5;

93 Table S2). The sites in the Lerma and Tula drainages were sampled from 1980-1986 and 1991-  
94 1995. We obtained 194 regurgitations from 22 sites in Jalisco, Michoacán, México, Hidalgo, and  
95 Queretaro. The records obtained for these two drainages are partially reported by Lozoya (1988,  
96 19% of the total regurgitations), a reference that is inaccessible to most readers.

97 In the Nazas drainage we obtained 68 regurgitations. The Nazas population inhabits an  
98 isolated 0.36 ha spring-fed cattle pond in the Chihuahuan Desert with a rainy season from June  
99 through October. The records were obtained during 27 2-4 day visits, bimonthly during April to  
100 November 1981, and monthly during February through December 1982, and February through  
101 November 1983. Drummond & Macías Garcia (1989) previously reported 13% of these records.  
102 Snakes were captured on the first two days of each visit and released on the second day to  
103 prevent repeat sampling during the same visit. We counted and classified prey items as fish,  
104 leeches, frogs, tadpoles, and earthworms.

### 105 **Analysis**

106 We classified snakes as newborns (< 20.5 cm SVL), juveniles (20.5–39.5 cm) or adults (> 39.5  
107 cm), based on birth sizes and minimum sizes of gravid females (Manjarrez, 1998). Thirteen  
108 regurgitations (5.7% of total) included more than one prey species, and hence contributed more  
109 than one data point for some snakes. Percentages of regurgitations containing each prey taxon  
110 were normalized by arcsine transformation (Zar, 1984). We used MANCOVA (with snake length  
111 as a covariate) to explore variation in the mass of prey consumed by prey taxa and by the sex of  
112 each snake. We included complementary analyses of dietary variation in relation to snake size  
113 whenever these could contribute to understanding variation in diet. For analyses of prey mass we  
114 excluded taxa represented by fewer than five prey items. Prey mass and snake length were  
115 natural log transformed prior to calculating correlations. We report means  $\pm$  1.

116 The analysis of records from different locations and years can potentially reveal a pattern  
117 of geographical or temporal variation in the diet of *T. eques*, but in this study we focused on a  
118 description of the diet under ontogenetic and sexual criteria. Possible spatial or temporal  
119 variations of the diet will be discussed in a subsequent paper. To avoid making Type I or II  
120 errors when many  $X^2$  tests are performed, we used a correspondence analysis to identify prey  
121 items consumed more frequently by the combination of two related categories of sex of snake  
122 (male-female) and three categories of snake size (newborns, juveniles, and adults). We also  
123 performed a cluster analysis to determine the categories of age and sex of snakes with similar  
124 consumption of prey. We used the Morisita index of similarity between frequencies of prey  
125 consumed, and the Ward's Method of amalgamation (Rencher, 2002).

## 126 **Results**

### 127 **Prey items**

128 We obtained identifiable stomach contents from 262 *T. eques*. Prey items were primarily fish  
129 (42.4%; *Girardinichthys multiradiatus*, *Carassius auratus*), followed by leeches (23.7%;  
130 *Erpobdella punctata* and *Mooreobdella* sp.), earthworms (10.6%; *Eisenia foetida* and *Eisenia*  
131 sp.), frogs (10.2%; *Rana berlandieri* and *Rana* sp.), and tadpoles (9.8%; *R. berlandieri*, *Rana* sp.,  
132 and *Hyla* sp.). The remaining 3.6% were excluded from the analysis because they were  
133 recovered from only 6 stomachs (axolotls (*Ambystoma* sp.), a lizard, slug, and mouse within 1  
134 stomach).

135 Correspondence analysis suggests that there are differences in the frequency of  
136 consumption of different prey between categories of age and sex of snakes ( $X^2_{50} = 126.4$ ,  $P$   
137  $<0.001$ ). Two of the dimensions of correspondence analysis provided 77.2% of the variation of  
138 the consumption frequencies in the two main categories (sex and size). Cluster analysis indicated

139 three snake groups (Fig. 1) with similar consumption of prey: (1) adult females (consuming  
140 leeches, frogs and fishes; (2) juvenile males and females, and male adults (consuming  
141 earthworms, slugs, and tadpoles, and (3) newborn males and females (consuming earthworms  
142 and frogs while excluding fish and tadpoles). Juvenile females provided the largest contribution  
143 to the analysis ( $X^2 = 34.9$ ). This grouping of snakes suggests a scheme of ontogenetic change in  
144 the taxon of prey, with lower relevance of the grouping by sex (Fig. 1)

#### 145 **Variation with snake length**

146 Snakes of different sizes ate a changing diversity of prey types. The general pattern was a  
147 reduction of prey item with size of snake (Fig. 2). Snakes < 65 cm SVL ate all prey types of all  
148 sizes, including invertebrates (leeches and earthworms) and vertebrates (tadpoles, fish, and  
149 frogs). Vertebrate prey were taken by only the largest snakes (> 60 cm SVL). At 15 cm SVL,  
150 snakes eat leeches as one of two major prey items, but at 55 cm SVL consumption of leeches  
151 decreases drastically and disappears completely in larger snakes >65cm SVL (Fig. 2). The  
152 consumption of fish and tadpoles increases when snake body size increases. However, the longer  
153 snakes > 75 cm SVL consume only fish and tadpoles while excluding all other prey, possibly  
154 because longer snakes were a very small part of the entire sample ( $n = 7$  stomach contents).

155 Snake length was correlated positively with mass of ingested prey ( $r = 0.42$ ,  $F_{1,326} =$   
156  $71.52$ ,  $P < 0.001$ ; Fig. 3). Large snakes consume large prey and continue to consume smaller  
157 prey. The same relationship was presented for leeches ( $r = 0.42$ ,  $F_{1,136} = 29.85$ ,  $P < 0.00$ ; Fig.  
158 4A) and fish ( $r = 0.43$ ,  $F_{1,88} = 20.30$ ,  $P < 0.001$ ; Fig. 4C), but not correlated with earthworm ( $r =$   
159  $0.14$ ,  $F_{1,32} = 18.32$ ,  $P = 0.806$ ) and tadpole mass ( $r = 0.2$ ,  $F_{1,25} = 2.36$ ,  $P = 0.136$ ).

#### 160 **Variation with snake sex**

161 Mean body lengths of captured snakes did not differ between sexes (Student  $t_{243} = 0.44$ ,  $P =$   
162  $0.66$ ), thus male and female snakes were similar in size.

163 No differences were found between the diets of male and female snakes. Pooling all sizes  
164 of snake, males ( $n = 124$ ) and females ( $n = 121$ ) ate similar proportions of the five main prey  
165 taxa ( $X^2 = 3.82$ ,  $P = 0.43$ ), both sexes eating mainly fishes, frogs, leeches, and earthworms, and  
166 in similar proportions. Males ate two times more tadpoles (0.13) than females (0.06).

167 Males and females did not differ in the mass of leeches, earthworms, fishes, frogs and  
168 tadpoles that they ate (MANCOVA  $F_{1, 193} = 0.79$ ,  $P = 0.37$ ), and males and females that ate each  
169 prey taxon were similar in length ( $F_{1, 235} = 0.91$ ,  $P = 0.34$ ).

## 170 Discussion

171 In this study, we provide a broad description of the diet of the Mexican Garter snake *T. eques* on  
172 the Mexican Plateau. The results indicate 69% of total regurgitations contain two major prey:  
173 leeches and fish, while the other three main prey are ingested in similar percentages  
174 (earthworms, 10.6%; frogs, 10.2%; tadpoles, 9.8%). The diet of *T. eques* included amphibious  
175 prey (frogs), terrestrial prey (earthworms) and aquatic prey (leeches, fish and tadpoles), and  
176 occasionally other prey such as slugs, axolotls, lizards, and mice. The main prey include three  
177 vertebrates (65%) and two invertebrates (35%).

178 The studies that have analyzed the diet of *T. eques* in Mexico included four local  
179 descriptions and in each study *T. eques* is locally specialized in feeding on only 2-3 prey taxa  
180 (Table 1) (Drummond & Macías García, 1989). This suggests a pattern of spatial variation in the  
181 diet of *T. eques*, presumably by the local availability of prey (Gregory & Nelson, 1991; Tuttle &  
182 Gregory, 2009).

183           The diet of *T. eques* can also present ontogenetic variations associated with individual  
184 size, changing from terrestrial to aquatic prey as snake size increases (Macías Garcia &  
185 Drummond, 1988; Drummond & Macías Garcia, 1989). Ontogenetic change by prey taxa in  
186 gartersnakes, could be attributed to proximate mechanisms such as morphological constraints  
187 that determine the size of ingested prey (Shine, 1991; Arnold, 1993), the availability of potential  
188 prey (Krebs, 2009), energy or nutritional needs (Britt, Hicks, & Bennett, 2006), habituation and  
189 learning (Halloy & Burghardt, 1990; Ford & Burghardt, 1993) or genetically programmed  
190 preferences (Arnold, 1977; Arnold, 1981; Britt, Hicks, & Bennett, 2006). In Tecocomulco,  
191 Hidalgo, the differential distribution of large and small snakes was interpreted as a possible  
192 cause of differences in diet of *T. eques* with differences in the pattern of foraging, so that the  
193 snake can be an effective predator in the air-water interface; preying on aquatic prey when they  
194 are particularly vulnerable and terrestrial prey being added to the diet only opportunistically  
195 (Drummond & Macías García, 1989).

196           In our study, the ontogenetic variation in diet of *T. eques* was also found in the  
197 relationship between snake size and prey mass. The ingested prey size gradually increases with  
198 snake size and large snakes continued eating small prey. This relationship could be interpreted as  
199 an ontogenetic telescope (Arnold, 1993), as previously reported for *T. eques* in a Zacatecas  
200 population with *Rana berlandieri* (Drummond & Macías García, 1989).

201           The ingestion of small prey by large snakes may also have a functional explanation in  
202 terms of reducing the costs of energy, foraging and predation (Shine, 1993; Rodriguez-Robles,  
203 2002; Britt, Hicks, & Bennett, 2006), for example when snakes are in vulnerable state (small  
204 snakes) that limits their locomotor performance (Bonnet et al., 2000), and promotes anorexia  
205 (O'Donnell, Shine, & Mason, 2004; Britt, Hicks, & Bennett, 2006).

206 The absence of ontogenetic variation in the regurgitated samples of tadpoles and  
207 earthworms in *T. eques*, is common because in a previous study the annelids were ingested by *T.*  
208 *eques* regardless of snake body size (Macías Garcia & Drummond (1988). The proximate  
209 explanation for this phenomenon is the availability of these prey during the annual active period  
210 of the snake or by a stable ontogenetic preference for invertebrates (Ford & Burghardt, 1993).  
211 The proximate and functional diet determinants of intraspecific variation in Mexican garter  
212 snakes could be explored by local and temporal variation in prey availability and proportions of  
213 snake size classes collected.

214 The intersexual variation in food habits has been associated with sexual differences in  
215 body size (Shine et al., 1998). *Thamnophis eques* has been reported as sexually dimorphic in  
216 body size, with males smaller than females in SVL (Manjarrez, 1998); however in this study, the  
217 average size of male and female *T. eques* were similar and there were no sexual differences in  
218 diet, except that adult females ate more number of leeches, frogs and fish than other age-sex  
219 groups, as suggested by cluster analysis. This sexual difference in diet can probably be attributed  
220 to real diet preference by adult females because females and males that ate each of these three  
221 prey taxon were similar in length (leech: Student  $t_{55} = 1.39$ ,  $P = 0.17$ ; frog:  $t_{23} = 1.07$ ,  $P = 0.29$ ;  
222 fish:  $t_{102} = 0.83$ ,  $P = 0.41$ ). Generally, large samples revealed no differences between male and  
223 female snakes in variety of prey taxa, proportions of different prey taxa and taxon specific prey  
224 weight (Shine, 1993), and the males and females that ate each taxon were similar in size. Overall,  
225 male and female Mexican Garter Snakes differ little in size (Manjarrez, Contreras-Garduño, &  
226 Janczur, 2014), microhabitat use (Venegas-Barrera, 2001), seasonal foraging pattern (Drummond  
227 & Macías Garcia, 1989), and diet (Macías Garcia & Drummond, 1988; Manjarrez, Contreras-  
228 Garduño, & Janczur, 2014). As was found in the present study, males and females of this species

229 do not differ in the body size of prey and type of prey consumed. The possible small differences  
230 in diet and microhabitat can be exposed by larger sample sizes. Prey size and energetic demands  
231 may determine developmental transitions to different prey sizes or taxa, whereas sex, in this  
232 snake lacking sexual size dimorphism, has little or no influence on diet. However, sexual  
233 dimorphism in head dimensions, and eaten prey shape have seldom been searched and it will be  
234 essential to measure prey and head traits for *T. eques* to evaluate the function of resource  
235 competition between sexes.

### 236 **Conclusions**

237 In this study, we provide the first broad description of the diet of the Mexican Garter snake  
238 on the Mexican Plateau. The two major prey were leeches and fish. The diet of *T. eques* included  
239 amphibious, terrestrial and aquatic prey with ontogenetic variations associated with individual  
240 size, changing from terrestrial to aquatic prey as snake size increases. The ontogenetic variation  
241 in diet of *T. eques* was also found in the relationship between snake size and prey mass. The  
242 average size of male and female *T. eques* were similar and there were no sexual differences in  
243 diet. The proximate and functional diet determinants of intraspecific variation in Mexican garter  
244 snakes could be explored by local and temporal variation in prey availability and proportions of  
245 snake size classes collected.

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326 disponibilidad de alimento en la distribución y temperatura corporal de la culebra de agua  
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329 **Table 1.** Percentage of prey reported in the diet of *Thamnophis eques* in Mexico.

	Tecocomulco 1	Cerrillo <sup>2</sup>	Toluca Valley <sup>3</sup>	Fresnillo <sup>4</sup>	Present study
	126 snakes	18 regurgitations	148 snakes	64 snakes	262 regurgitations
Invertebrate					
prey					
Earthworm	41	22	20.2	2.9	10.6
Leech	39	---	8.7	---	23.7
Other	1.0	5.5	---	---	0.4
Vertebrate					
prey					
Fish	11	---	29.0	---	42.4
Frog	5	28	10.1	69.0	10.2
Tadpole	1.5	33	22.2	23.4	9.8
Other	4.5	11.0	9.4	4.7	3.2

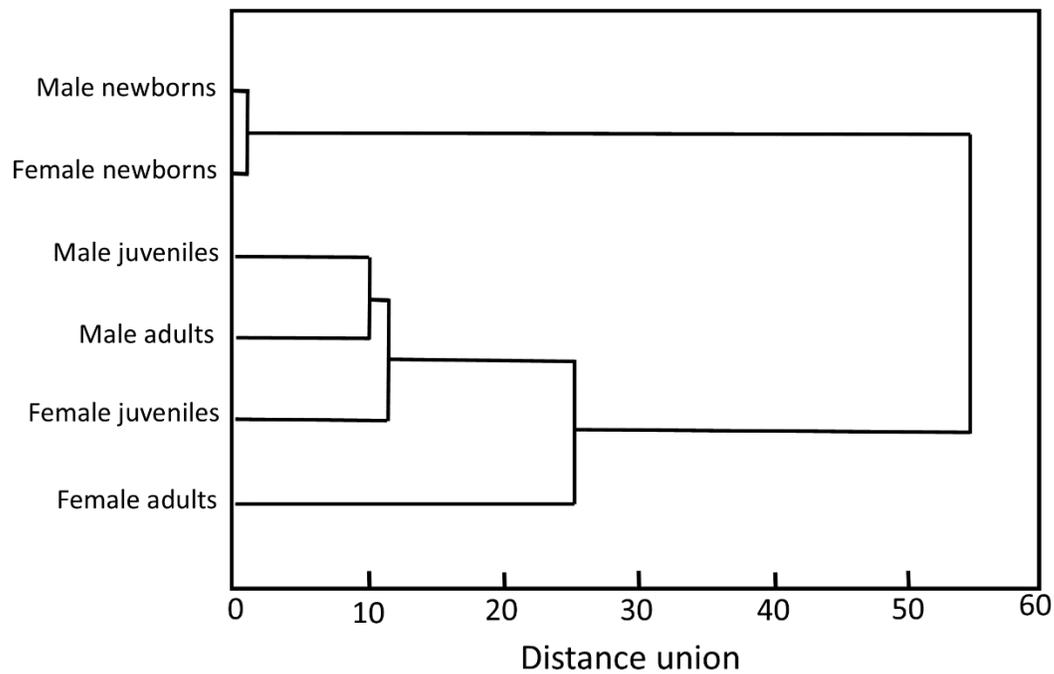
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331 <sup>1</sup>Macías García & Drummond, 1988; <sup>2</sup>Manjarrez, 1998; <sup>3</sup>Manjarrez, Contreras-Garduño &332 Janczur; <sup>4</sup>Drummond & Macías García, 1989.

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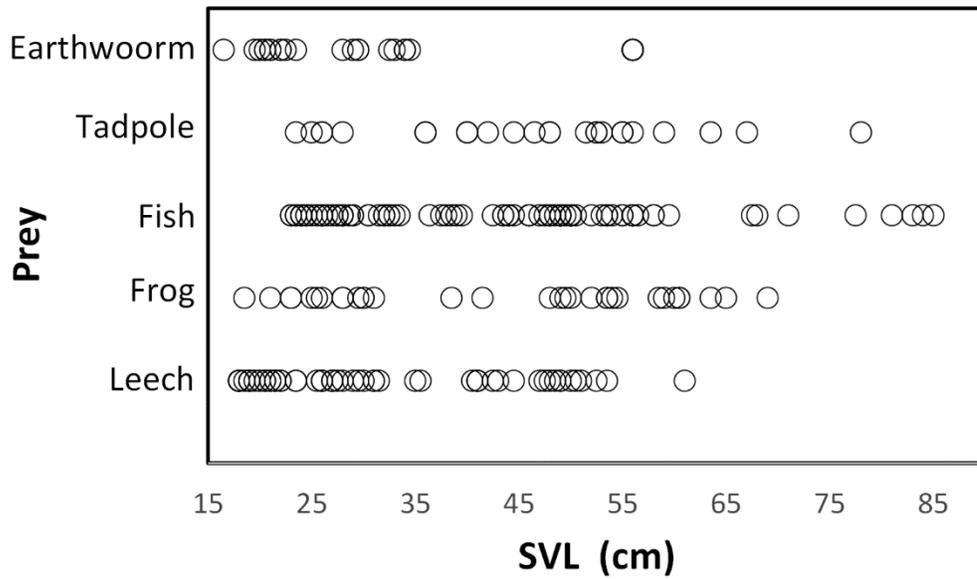
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337 Fig. 1. Dendrogram for clustering the variables of age and sex of *T. eques* with similar

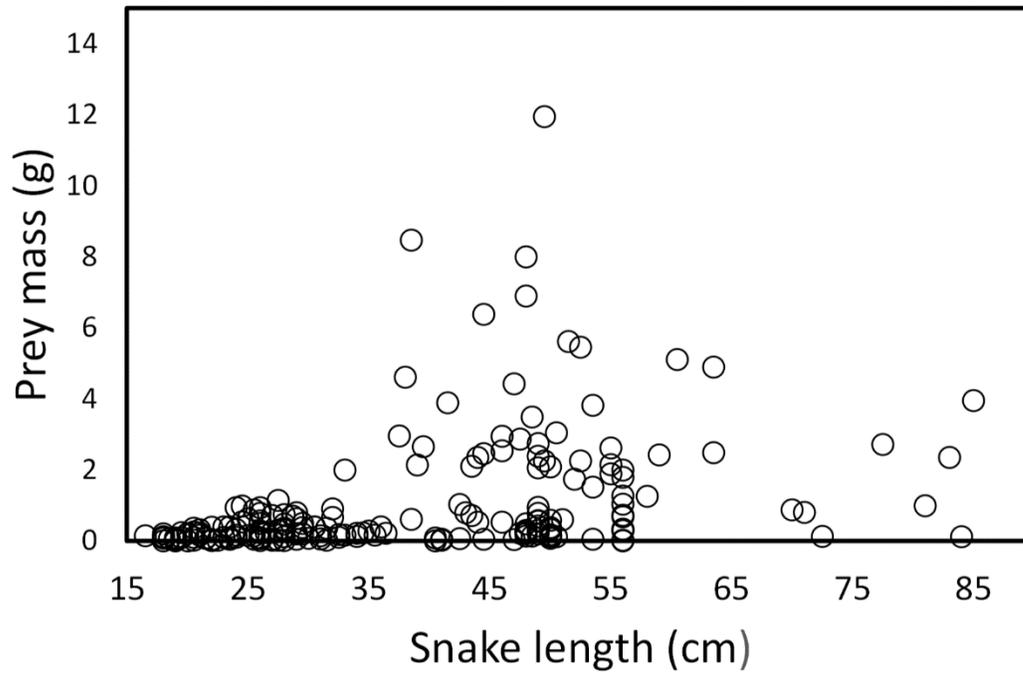
338 consumption of prey using Ward's method of amalgamation.



339

340 Fig. 2. Relationship between prey type and snake size (SVL, cm) of *T. eques* in México (n =  
341 262). Each circle represents a single prey item.

342

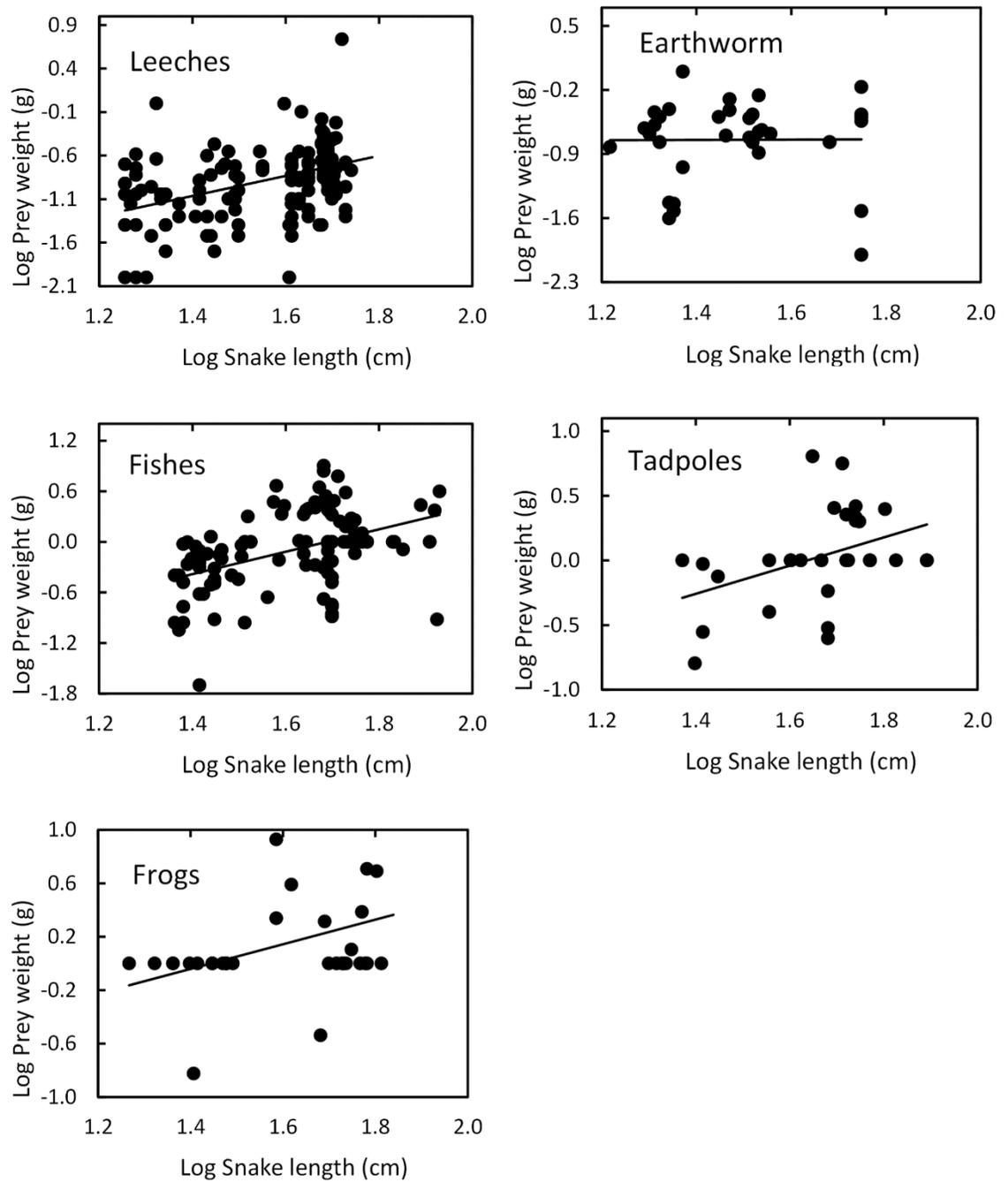


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344 Fig. 3. Prey mass as a function of snake length (SVL, cm) of (*T. eques*) in México. (N = 262).

345 Each dot represents an individual prey item.

346



347

348 Fig. 4. Relation between prey mass and snake length of *T. eques*.