

# Culture of equine fibroblast-like synoviocytes on synthetic tissue scaffolds towards meniscal tissue engineering: a preliminary cell- seeding study

**Introduction:** Tissue Engineering is a new methodology for addressing meniscal injury or loss. Synovium may be an ideal source of cells for *in vitro* meniscal fibrocartilage formation, however, favorable *in vitro* culture conditions for synovium must be established in order to achieve this goal. The objective of this study was to determine cellularity, cell distribution, and extracellular matrix (ECM) formation of equine fibroblast-like synoviocytes (FLS) cultured on synthetic scaffolds, for potential application in synovium-based meniscal tissue engineering. Scaffolds included open-cell poly-L-lactic acid (OPLA) sponges and polyglycolic acid (PGA) scaffolds cultured in static and dynamic culture conditions, and PGA scaffolds coated in poly-L-lactic (PLLA) in dynamic culture conditions. **Materials and Methods:** Equine FLS were seeded on OPLA and PGA scaffolds, and cultured in a static environment or in a rotating bioreactor for 12 days. Equine FLS were also seeded on PGA scaffolds coated in 2% or 4% PLLA and cultured in a rotating bioreactor for 14 and 21 days. Three scaffolds from each group were fixed, sectioned and stained with Masson's Trichrome, Safranin-O, and Hematoxylin and Eosin, and cell numbers and distribution were analyzed using computer image analysis. Three PGA and OPLA scaffolds from each culture condition were also analyzed for extracellular matrix (ECM) production via dimethylmethylene blue (sulfated glycosaminoglycan) assay and hydroxyproline (collagen) assay. PLLA coated PGA scaffolds were analyzed using double stranded DNA quantification as a reflection of cellularity and confocal laser microscopy in a fluorescent cell viability assay. **Results:** The highest cellularity occurred in PGA constructs cultured in a rotating bioreactor, which also had a mean sulfated glycosaminoglycan content of 22.3 $\mu$ g per scaffold. PGA constructs cultured in static conditions had the lowest cellularity. Cells had difficulty adhering to OPLA and the PLLA coating of PGA scaffolds; cellularity was inversely proportional to the concentration of PLLA used. PLLA coating did not prevent dissolution of the PGA scaffolds. All cell scaffold types and culture conditions produced non-uniform cellular distribution. **Discussion/ Conclusion:** FLS-seeding of PGA scaffolds cultured in a rotating bioreactor resulted in the most optimal cell and matrix characteristics seen in this study. Cells grew only in the pores of the OPLA sponge, and could not adhere to the PLLA coating of PGA scaffold, due to the hydrophobic property of PLA. While PGA culture in a bioreactor produced measurable GAG, no culture technique produced visible collagen. For this reason, and due to the dissolution of PGA scaffolds, the culture conditions and scaffolds described here are not recommended for inducing fibrochondrogenesis in equine FLS for meniscal tissue engineering.

1 **Culture of equine fibroblast-like synoviocytes on synthetic tissue scaffolds towards meniscal**  
2 **tissue engineering: a preliminary cell- seeding study**

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## 31 Introduction:

32 The knee menisci are semilunar-shaped fibrocartilages with extracellular matrix (ECM)  
33 composed primarily of types I and II collagen, glycosaminoglycans (GAGs), and water (Fithian  
34 et al. 1990). It is now well established that intact menisci are crucial for the maintenance of  
35 normal joint function, however these critical structures are frequently injured in humans and  
36 animals. Meniscal tears are the most common knee injury in people, and arthroscopic  
37 meniscectomy represents the most common human orthopedic surgery performed annually  
38 (Burks et al. 1997). Meniscal injuries are also a significant cause of lameness and decreased  
39 performance in horses (Peroni & Stick 2002; Walmsley 1995; Walmsley et al. 2003); equines  
40 affected by naturally occurring meniscal tears may also be a viable model for the study of human  
41 meniscal injury.

42 As the axial, avascular portion of the meniscus has a limited ability to heal spontaneously,  
43 (Arnoczky & Warren 1983; Kobayashi et al. 2004), the majority of meniscal injuries are treated  
44 with partial meniscectomy. However, this also results in eventual articular cartilage damage of the  
45 tibia and femoral condyles, and progression of debilitating osteoarthritis (Arnoczky & Warren  
46 1983; Cox et al. 1975). Thus tissue engineering new meniscal fibrocartilage is being investigated  
47 as a treatment for avascular meniscal injuries.

48 Synovium may be an ideal cell source for meniscal tissue engineering. Synovium plays an  
49 important role in attempted vascular zone healing and regeneration (Cisa et al. 1995; Kobuna et  
50 al. 1995; Ochi et al. 1996; Shirakura et al. 1997). Synovium has the ability to form  
51 fibrocartilaginous-like tissue *in vivo* in response to meniscectomy (Cox et al. 1975). In addition,  
52 synoviocytes have been reported to be an important element in cellular repopulation of meniscal  
53 allografts (Arnoczky & Warren 1983; Rodeo et al. 2000). Synovial tissue progenitor cells, grossly  
54 indistinguishable in culture from type B or fibroblast-like synoviocytes (FLS), can undergo  
55 chondrogenesis *in vitro* (De Bari et al. 2001; Nishimura et al. 1999). Taken together, these data

56 indicate that synovium may be able to serve as a source for functional fibrocartilage in  
57 engineering meniscal tissue, provided the chondrogenic potential of synoviocytes can be  
58 optimized.

59 Tissue engineering scaffolds must provide substrate and stability for cellular retention,  
60 intercellular communication, and cellular growth to allow seeded cells to proliferate extracellular  
61 matrix (ECM). As the scaffolds naturally degrade, the cellular ECM must be able to take on the  
62 biomechanical function and form previously designated by the scaffolds to maintain construct  
63 integrity. Thus a scaffold must be hydrophilic enough to allow cell adhesion but have a long  
64 enough half- life to not prematurely dissolve, which would prevent ECM proliferation and cell  
65 death. PGA (poly -glycolic acid) and PLA (poly-L- lactic acid) are biodegradable,  
66 biocompatible, poly-esters, that are attractive for tissue engineering because they are readily  
67 available, can be easily processed into a variety of structures, and are approved by the Food and  
68 Drug Administration for a number of biomedical applications (Lavik et al. 2002). PGA has been  
69 successfully used as a scaffold for meniscal fibrochondrocytes *in vivo* (Kang et al. 2006) and  
70 cultured *in vitro* (Aufderheide & Athanasiou 2005) to form meniscal-like tissue. Another scaffold  
71 type, PLLA, (poly-L lactic acid) has been successfully used for *in vitro* tissue engineering of  
72 leporine meniscal fibrochondrocytes (Esposito et al. 2013; Gunja & Athanasiou 2010),  
73 chondrocytes (Sherwood et al. 2002), and human fibroblasts (Hee et al. 2006). PGA –PLLA  
74 combinations have also been successfully used for *in vitro* meniscal culture (Ionescu & Mauck  
75 2013). In addition, chondrocytes cultured on PGA-PLLA mixtures versus collagen sheets contain  
76 more collagen type II and have stronger mechanical properties (Beatty et al. 2002) than single  
77 polymer scaffolds. Further investigation of combination use of PLLA combined with PGA for *in*  
78 *vitro* synoviocyte culture is warranted.

79 Cartilage and fibrocartilage engineering with biodegradable scaffolds is most successful if  
80 uniform cell distribution is achieved (Davisson et al. 1999; Pazzano et al. 2000; Smith et al.

81 1995), which is optimized through the use of rotating bioreactors(Aufderheide & Athanasiou  
82 2005; Kim et al. 1998; Pazzano et al. 2000). In addition, rotating bioreactors provide mechanical  
83 stimulation of cultured cells. This has a positive effects on cell differentiation, cell viability,  
84 extracellular matrix production, and compressive biomechanical properties, through  
85 mechanotransductive effects (Davisson et al. 1999; Imler et al. 2004; Pazzano et al. 2000; Smith  
86 et al. 1995). Thus scaffold culture in a rotating bioreactor may represent a useful technique for  
87 synoviocyte- based engineering of functional meniscal tissue.

88         Based on this prior research, we believe that both PGA and PLLA would be viable  
89 synthetic scaffolds for the *in vitro* culture of FLS for application in meniscal fibrocartilage tissue  
90 engineering. Thus, the first objective of this study was to 1) determine cell distribution and ECM  
91 formation of equine FLS seeded and cultured dynamically in a rotating bioreactor versus static  
92 seeding and culture, on two synthetic scaffold types, PGA and open- cell PLLA (OPLA). The  
93 second objective was to compare cell viability, distribution, and ECM formation of FLS cultured  
94 on 2% vs 4% PLLA coated PGA scaffolds, cultured for 14 or 21 days. Our hypothesis was that  
95 we would see no difference in equine FLS content, FLS distribution, and ECM formation  
96 between scaffold type, biomechanical culture environment, and culture duration.

## 97         **Materials and Methods:**

### 98         ***Experiment 1:***

99         *Tissue Collection and Monolayer Cell Culture*-- Six 8.0 mm x 8.0 mm biopsies of  
100 synovial intima and subintima were obtained from both stifles of an adult American Quarter  
101 Horse, euthanatized according the American Veterinary Medical Association's guidelines for  
102 humane euthanasia, for reasons unrelated to the study. The horse was determined to be free of  
103 orthopedic disease based on pre-mortem physical examination and post mortem gross  
104 examination of the joint. Tissue was placed in Dulbeccos' Modified Eagle's Media (DMEM) with  
105 10% fetal bovine serum, 0.008% Hepe's buffer, 0.008% non-essential amino acids, 0.002%

106 penicillin 100I.U./mL streptomycin 100ug/mL, amphoteroicin B 25ug/mL, 0.002% L-ascorbate,  
107 and 0.01% L-glutamine in preparation for monolayer culture.

108       Synovium was sectioned into 2.0mm x 2.0mm pieces using a #10 Bard Parker blade  
109 under sterile conditions. The tissue fragments were combined with sterile Type 1A clostridial  
110 collagenase solution (Type 1A Clostridial Collagenase, Sigma, St. Louis, MO) at a concentration  
111 of 7.5mg/mL of RPMI 1640 solution. The mixture was agitated at 37°C, 5% CO<sub>2</sub>, 95% humidity  
112 for six hours. Cells were recovered through centrifugation, the supernatant decanted and the  
113 cellular pellet re-suspended in 5mL of supplemented DMEM. The cell solution was transferred to  
114 a 25cm<sup>2</sup> tissue culture flask containing 5mL of supplemented DMEM. The flasks were incubated  
115 at 37°C, 5% CO<sub>2</sub>, 95% humidity, with sterile medium change performed every 3 days. Synovial  
116 cells were monitored for growth using an inverted microscope until observance of 95% cellular  
117 confluence per tissue culture flask. At second passage cells were transferred to 75cm<sup>2</sup> tissue  
118 culture flasks containing 11mL of media. At 95% confluence the cells were subcultured until the  
119 4<sup>th</sup> cell passage had been reached. At 4<sup>th</sup> passage cells were removed from flasks, counted using  
120 the Trypan Blue exclusion assay (Strober 2001), and transferred to scaffold culture as described  
121 below.

122       *Scaffolds*—A non- woven polyglycolic acid (PGA, Tissue Scaffold, Synthecon, Houston,  
123 TX) felt, 3mm thick, with 10µm diameter fibers was utilized for this study. The open-cell poly-  
124 lactic acid (OPLA sponge, BD Biosciences, Bedford, MA) utilized were 5.0mmx 3.0mm, non  
125 compressible, cylindrical sponges. The average OPLA sponge pore size was 100-200µm with a  
126 hydration capacity of 30µl/ scaffold. PGA and OPLA scaffolds were sterilized in ethylene oxide.  
127 Following sterilization, the PGA felt was cut using a sterile Baker's biopsy punch to create into  
128 5.0mm x 3.0mm discs prior to cell culture to match the dimensions of the OPLA scaffolds.

129       *Dynamic Culture*-- Twelve PGA scaffolds (PGA-D group) and 12 OPLA sponges (OPLA-  
130 D group) were placed in separate 110mL vessel flasks of a rotating bioreactor system (Rotating

131 Bioreactor System, Synthecon, Houston, TX (Fig. 1) containing 110mL of supplemented DMEM.  
132 The scaffolds were presoaked for 24 hours in the bioreactor at 37°C, 5% CO<sub>2</sub>, 95% humidity,  
133 prior to cell introduction. Fourth passage FLS were removed from the tissue culture flasks  
134 enzymatically (Accutase Innovative Cell Technologies, San Diego, CA) and counted. Cells were  
135 added to the 110mL bioreactor flasks at a concentration of 1 million cells/ scaffold via a 60cc  
136 syringe, slowly injected over several minutes. For the duration of the study the bioreactor vessels  
137 were rotated at 51.1 rpm to allow the scaffolds to free-float and rotate within the culture medium,  
138 without contacting the inner bioreactor surfaces. Cultures were maintained at 37°C, 5% CO<sub>2</sub>,  
139 95% humidity. Fifty percent of the cell culture medium volume was changed using sterile  
140 technique every 3 days. Cell counts were performed on discarded media for the first two media  
141 changes.

142       *Static Culture*-- Twelve PGA scaffolds (PGA-S group) and 12 OPLA sponges (OPLA-S  
143 group) were placed individually in non- treated 24 well tissue culture plates, each well containing  
144 2mL of supplemented DMEM (Fig. 2). The scaffolds were presoaked for 24 hours at 37°C, 5%  
145 CO<sub>2</sub>, 95% humidity, prior to cell introduction. Then FLS were transferred from monolayer  
146 culture as described above, and slowly over 3 minutes, pipetted on top of the scaffolds in  
147 solution, at 1 million cells per scaffold in each well. The plates were maintained at 37°C, 5%  
148 CO<sub>2</sub>, 95% humidity, with 50% cell culture medium changed every 3 days. Cell counts were  
149 performed on discarded media for the first 2 media changes.

150       *Histologic Analysis*-- All scaffolds were harvested on the 12<sup>th</sup> day of culture. Six scaffolds  
151 from each group (PGA-S, PGA-D, OPLA-S, OPLA-D) were fixed in 10% buffered formalin,  
152 embedded in paraffin, sectioned, and stained with Masson's Trichrome, Safranin -O, and  
153 Hematoxylin and Eosin. Histologic specimens were examined at 10x magnification (Zeiss  
154 Microscope, Carl Zeiss, Thornwood, NY). Images of each section, (three from the scaffold  
155 periphery and three from the scaffold center) at 2 o'clock, 6o'clock and 10o'clock positions (Fig.

156 3) were digitally captured by a digital camera (Olympus DP-70 Olympus, Melville, NY) and  
157 saved as tagged- image file format images. Digital image analysis was performed as previously  
158 validated (Amin et al. 2000; Benzinou et al. 2005; Girman et al. 2003; Goedkoop et al. 2005)  
159 whereby cellular density was assessed using a thresholding algorithm (Loukas et al. 2003) using  
160 computer image analysis (Fovea 3.0, Reindeer Graphics, Asheville, NC). This algorithm allows  
161 quantification of cellular nuclei based on their histogram values. All cell counts were  
162 additionally validated by hand counts. Safranin-O staining, indicating presence of GAG, and  
163 Masson's Trichrome staining, indicating presence of collagen, were subjectively evaluated and  
164 recorded.

165 *Biochemical ECM Analysis*-- Three cultured scaffolds from each group were analyzed for  
166 glycosaminoglycan (GAG) and collagen production. Wet weight of each scaffold was obtained.  
167 GAG content of the scaffold was performed using the Dimethyl-methylene Blue Sulfated  
168 Glycosaminoglycan assay (Farndale et al. 1986). Collagen content of the cultured scaffolds was  
169 assessed using the hydroxyproline assay, as described by Reddy et al.(Reddy & Enwemeka  
170 1996).

171 *Statistical Methods*—Data were tested for normality using a Shapiro-Wilk test.  
172 Data were then analyzed using a one way analysis of variance followed by a Tukey's test, to  
173 compare the effect of scaffold type and seeding technique on cell counts and ECM quantity. To  
174 determine significance between periphery and central cell counts within each scaffold, a paired,  
175 2-tailed student's t-test was performed. For all tests significance was set at  $P < 0.05$ . All  
176 statistical analyses were performed using a statistical software program, (GraphPad Prism  
177 Version 6, San Diego, CA).

178 .

179 ***Experiment 2:***

180           *Scaffolds*-- PLLA was dissolved in methylene chloride as a 2% or 4% solution. The 2%  
181 and 4% PLLA solution each was applied to a 3.0 mm thick sheet of the same, above- described,  
182 non- woven PGA felt, using an eye-dropper. Following PLLA treatment, the treated felt was  
183 placed in a vacuum dessicator overnight and then sterilized in ethylene oxide. Following  
184 sterilization, the 2% and 4% PLLA modified PGA felts were cut into fourteen 5mmx 7mmx 3mm  
185 square scaffolds using sterile scissors and a #10 bard parker blade (Fig 4).

186           *Tissue Collection and Monolayer Cell Culture* -- Synovial intima/ subintima was  
187 harvested from the stifles of two mixed breed, adult horses euthanatized according the American  
188 Veterinary Medical Association's guidelines for humane euthanasia, for reasons unrelated to the  
189 study. These horses were also determined to be free of orthopedic disease based on pre-mortem  
190 physical examination and post mortem gross examination of the joint. The tissue was  
191 transported, minced and digested as described above. Cells were recovered through  
192 centrifugation, the supernatant decanted and the cellular pellet re-suspended in 5mL of  
193 supplemented DMEM. The cell solution was transferred to a 25mL tissue culture flask containing  
194 5mL of supplemented DMEM. Cells were grown in monolayer culture, under the conditions  
195 described above, until the 4<sup>th</sup> cell passage had been reached.

196           *Dynamic Culture*-- Fourteen 2% PLLA coated PGA scaffolds and fourteen 4% PLLA  
197 coated PGA scaffolds were placed in separate 110mL vessel flasks of the rotating bioreactor  
198 system containing 110mL of supplemented DMEM. The scaffolds were presoaked for 24 hours in  
199 the bioreactor at 37°C, 5% CO<sub>2</sub>, 95% humidity, prior to cell introduction. After this time it was  
200 noted that the scaffolds were floating at the apex of the flasks. Using sterile surgical technique,  
201 scaffolds were sterily removed from the flasks, pierced centrally, and strung on loops of 3-0  
202 nylon surgical suture with knots placed adjacent to the scaffolds to prevent bunching on the line.  
203 Seven scaffolds were placed per suture. The strings of scaffolds were then placed back in to the

204 bioreactors and presoaked for another 12 hours, at which time complete hydration and  
205 submersion were achieved (Fig. 5).

206 Scaffolds were then dynamically seeded. Synovial membrane cells were removed from  
207 the tissue culture flasks using as described above and counted using the Trypan Blue exclusion  
208 assay (Strober 2001). Cells were added to the bioreactor flasks at a concentration of 475,000  
209 cells per mL.

210 For the duration of culture, the bioreactor was maintained at 37°C, 5% CO<sub>2</sub>, 95%  
211 humidity at 51.1 rpm. Fifty percent of the cell culture medium volume was changed using sterile  
212 technique every 3 days. Seven scaffolds were harvested on day 10 of culture, and 7 scaffolds  
213 were harvested on day 21 of culture.

214 *Determination of Cell Viability*-- Cell viability was determined with the use of ethidium  
215 homodimer-1 (4ul/ml PBS) and Calcein AM (Acetoxymethylester) (0.4ul/ml PBS) fluorescent  
216 stains (Invitrogen, Carlsbad CA) and the use of Confocal Laser Microscopy. The Confocal Laser  
217 Microscope consists of the BioRad Radiance 2000 confocal system coupled to an inverted  
218 microscope (Olympus IX70 Olympus, Melville, NY) equipped with Krypton-Argon and red  
219 diode laser. Approximately 1.0 mm sections were made from the halved scaffold using a rotary  
220 paper cutter. A section from each scaffold's cut center and a section from each scaffold's  
221 periphery was examined. Sections were incubated with the staining agents for 30 minutes at room  
222 temperature, placed on a glass microscope slide, moistened with several drops of PBS, and  
223 stained using the fluorescent double labeling technique. The sections were examined under 10x  
224 magnification. Images were taken of each specimen as described above, (three from the section  
225 periphery and three from the section center) at the 2 o'clock, 6 o'clock and 10 o'clock positions.  
226 Images were digitally captured as described above. Live and dead cell counts were determined by  
227 hand counts.

228           *DNA Quantification* -- One half of each construct was lyophilized and a dry weight  
229 obtained. Samples were incubated in 1.0ml Papain Solution (2mM Dithiothreitol and 300ug/ml  
230 Papain) at 60°C in a water bath for 12 hours. A double stranded DNA quantification assay  
231 (Quant-iT PicoGreen™ Invitrogen, Carlsbad, CA) was performed. Double stranded DNA  
232 extracted from bovine thymus was mixed with TE buffer (Invitrogen, Carlsbad, CA) to create  
233 standard DNA concentrations of 1,000, 100, 10, and 1 ng/mL. The standards and 100uL of each  
234 papain digested sample (used in the above GAG and hydroxyproline assays) were added to a  
235 black 96 well plate. 100uL of 2ug/mL of Pico Green reagent was added to each well and the  
236 plate was incubated for 5 minutes. Sample fluorescence was read at 485nm excitation/ 528nm  
237 emission by a spectrophotometric plate reader (Synergy HT – KC-4, BioTek, Winooski, VT).  
238 Absorbances were converted to ng/mL concentrations and total double stranded DNA yield in ng  
239 using FT4 software (BioTek, Winooski, VT).

240           *Statistical Methods*— Data were tested for normality using a Shapiro-Wilk test. Scaffold  
241 weights were compared using a 2-tailed paired t-test. Scaffold dsDNA content was analyzed  
242 using a repeated- measures analysis of variance with a Geisser-Greenhouse correction.  
243 Significance was set at  $p < 0.05$ . All statistical analyses were performed using a statistical  
244 software program, (GraphPad Prism Version 6, San Diego, CA).

## 245 **Results**

### 246 *Experiment 1:*

247           As determined by the Trypan Blue exclusion assay, viability of cells at the time of transfer  
248 from monolayer culture to static or dynamic seeding was 98.6%. No live cells were detected in  
249 any of the media changes for either static or dynamically cultured scaffolds, indicating that viable  
250 cells rapidly adhered to the scaffolds.

251 At the time of harvest upon gross examination, the fibers of the PGA scaffolds and the sponge  
252 surface of the OPLA scaffolds were still visible. PGA scaffolds subjectively appeared more  
253 translucent.

254 Despite equal cell seeding concentrations, the effect of dynamic bioreactor culture on cell  
255 content of PGA scaffolds (PGA-D versus PGA-S) was to increase scaffold cellularity ( $P<0.001$ ).  
256 This was also found in OPLA-D versus OPLA-S scaffolds ( $P=0.028$ ). The effect of scaffold type  
257 also significantly increased scaffold cellularity of PGA-D versus OPLA-D ( $P=0.017$ ), while  
258 OPLA-S had great cellularity than PGA-S ( $P=0.0217$ ; Table 1).

259 All groups, with the exception of OPLA-S, showed increased cellular distribution to the  
260 periphery of the scaffolds (Table 2). Due to the shape of the OPLA-S on histological sectioning,  
261 there was overlap of central and peripheral fields of view, precluding accurately localized cell  
262 counts; peripheral cell count was  $307 \pm 52$  and central cell count was  $287 \pm 80$  ( $P<0.464$ ). Cells  
263 grew in whorls, strands, and sheets on the PGA scaffolds, while cells grew in clumps on the  
264 surface pores of the OPLA sponges (Fig. 6).

265 Staining for collagen and glycosaminoglycan using Masson's Trichrome and Safranin-O,  
266 respectively, was negative for extracellular matrix production in all sections of all scaffold types  
267 and culture conditions evaluated.

268 In the PGA-D group, the dimethylmethylene blue assay detected a mean of  $22.29 \mu\text{g}$  of GAG  
269 per scaffold, (range  $19.34$ -  $28.13 \mu\text{g}$ ), with a mean % GAG scaffold content of  $0.0345\%$  ( $\mu\text{g}$  GAG  
270 per  $\mu\text{g}$  scaffold wet weight). No GAG was detected in OPLA constructs or PGA-S constructs.  
271 The hydroxyproline assay did not detect collagen production in any group.

## 272 ***Experiment 2:***

273 Post PLLA modification, mean scaffold dry weights before soaking and seeding were  
274  $1.01\text{mg}$  for 2% PLLA coating and  $1.52\text{mg}$  for 4% PLLA coating ( $P<0.001$ ). Scaffold dry weights

275 decreased over time. Mean lyophilized weight on day 10 for 2% PLLA coating was 0.533mg,  
276 which decreased to 0.257mg on day 21 ( $P=0.02$ ). Mean lyophilized weight on day 10 for 4%  
277 PLLA coating was 0.481mg, which decreased to 0.381mg on day 21 ( $P=0.043$ ).

278 Scaffold cellularity as measured by dsDNA content increased over time: for the 2%  
279 group, day 10 cellularity was 102.6 ng dsDNA/mg dry weight, and on day 21 it was 281.79  
280 ( $P=0.021$ ). On day 10 for the 4% group, dsDNA content was 111.01 ng dsDNA/mg dry weight  
281 and on day 21 it was 140.2ng dsDNA/mg dry weight ( $P= 0.032$ ; Fig. 7).

282 PLLA coating also affected scaffold dsDNA content. Scaffolds with the 2% PLLA coating  
283 had greater dsDNA content than the 4% PLLA coating on day 21 ( $P=0.003$ ), but not on day 10  
284 ( $P=0.602$ ; Fig 7).

285 As visible under confocal microscopy, cells only adhered to the surface of exposed PGA  
286 fibers and had poor to no penetration to the scaffold centers in all PLLA coated scaffolds. Viable  
287 cell numbers were estimated only because of the marked cellular clumping; all scaffolds showed  
288 mixtures of viable and non- viable cells localized in clumps on the scaffold outer margins (Figs 8-  
289 11). Histologic examination of H+E stained constructs revealed minimal cellular adhesion to the  
290 PLLA, in all groups at all times, with cells growing primarily on the exposed PGA scaffold, in  
291 tightly packed clumps, or adhering to exposed fibers of PGA. No extracellular matrix was  
292 observed in any scaffolds on histologic analysis, which also reflected the uneven cellularity (Fig  
293 12).

#### 294 **Discussion:**

295 The current study analyzed the effect of scaffold type, biomechanical stimuli, and culture  
296 duration on FLS seeding and production of specific meniscal ECM constituents. We found that  
297 FLS-seeded PGA constructs cultured in a rotating bioreactor had the highest cellularity, with a  
298 mean sulfated glycosaminoglycan content of 22.3 $\mu$ g per scaffold. PGA constructs cultured in

299 static conditions had the lowest cellularity. For PLLA coated PGA, increasing concentration of  
300 PLLA decreased scaffold cellularity, while increased culture time increased scaffold cellularity, as  
301 determined by the dsDNA assay. A non-uniform cellular distribution was observed for all scaffold  
302 types and culture conditions.

303 Bioreactor culture provides a number of benefits over static culture, which would account for  
304 the higher cellularity of PGA-D and OPLA-D versus PGA-S and OPLA-S scaffolds. The  
305 rotating wall bioreactor used in this study provided a dynamic, laminar fluid shear, which  
306 perfuses scaffold cultured cells (Bilodeau & Mantovani 2006), and thereby encourages cell  
307 survival and proliferation by providing efficient transport of nutrients, gases, catabolites, and  
308 metabolites and maintaining physiologic media pH (Gooch et al. 2001; Vunjak-Novakovic et al.  
309 1998). Mixing of culture media also promotes cell seeding by creating matched relative  
310 velocities of cells and scaffolds, particularly on non-woven PGA scaffolds (Vunjak-Novakovic et  
311 al. 1998). In addition, the rotating wall bioreactor limits cellular stress by reducing strong shear  
312 forces and cellular impact on the walls of the bioreactor (Bilodeau & Mantovani 2006).  
313 However, in our study, scaffold characteristics such as scaffold density and hydrophilicity may  
314 have negated the advantages of bioreactor culture, as seen with OPLA or PLLA coated scaffolds,  
315 which had fewer cells and markedly uneven cell distribution, respectively.

316 A higher cell count was found on PGA-D versus OPLA-D, indicating either better adherence  
317 or cell proliferation on PGA. Non-woven PGA scaffolds favor cellular capture and retention  
318 because of their polar surface properties and high surface area for cellular adhesion (Day et al.  
319 2004; Moran et al. 2003). Cellularity of PGA-D was further increased by the open weave and  
320 low density (45-77mg/cc) of PGA scaffolds supports cellular proliferation through superior flow-  
321 through of culture media and nutrient delivery (Vunjak-Novakovic et al. 1998). This is in contrast  
322 to the highly dense (871mg/cc) OPLA sponges with non-communicating pores, which could  
323 inhibit nutrient and gas transfer to seeded cells (Pazzano et al. 2004; Pazzano et al. 2000; Wu et

324 al. 1999). For PLLA covered PGA scaffolds, cells were located primarily on exposed PGA fibers,  
325 and scaffold cellularity was inversely proportional to the concentration of PLLA. Although PLLA  
326 is widely used in tissue-engineering applications because of its slower degradation  
327 characteristics, strength, and mechanical properties, its hydrophobic, inert nature can affect cell-  
328 matrix interactions and decrease cellular adhesion (Moran et al. 2003). While the PLLA coating  
329 of PGA scaffolds was intended to protect from premature scaffold dissolution, we observed that  
330 with longer duration of culture, scaffolds appeared to be more fragile to disruption with forceps  
331 manipulation, particularly on the outer edges as well as around the centrally placed suture. In  
332 agreement with this observation, all scaffold dry weights dropped over time, indicating scaffold  
333 dissolution. Thus PLLA did not prevent PGA hydrolysis and decreased scaffold integrity. PLLA  
334 coating also provided a hydrophobic barrier to centralized cell seeding and ingrowth. Thus, for  
335 the future study of scaffold seeded equine FLS, use of PLLA type scaffolds is not recommended.

336 Cell distribution across all scaffolds was uneven, in contrast to previous reports on bioreactor  
337 chondrocyte culture (Mahmoudifar et al. 2005; Pazzano et al. 2004). Lower central cell density  
338 in our scaffolds may have indicated poor axial cell penetration and in-growth. Alternatively,  
339 higher peripheral cellularity could reflect increased peripheral cell division caused by increased  
340 exposure to media nutrients, gas exchange, and mechanotransductive effects (Mahmoudifar et  
341 al. 2002). Additionally the OPLA scaffolds had clumped cell distribution in the outermost pores.  
342 The OPLA sponge porosity may not allow uniform cell distribution; the 100-200 $\mu$ m pores do not  
343 consistently communicate with each other. While OPLA-S did not have different peripheral and  
344 central cell counts, this was due to an artifact of the sponge shape and precluded distinction of  
345 peripheral cells from central cells. To increase central scaffold cell content, flow-through  
346 bioreactors (Bilodeau & Mantovani 2006) may have greater cell seeding efficiencies than rotary  
347 bioreactors. Alternatively, cells may be seeded at the time of scaffold formation, such as during  
348 hydrogel synthesis, to insure central scaffold cellularity (Narita et al. 2009).

349 The culture conditions utilized in the present study resulted in minimal to no ECM formation,  
350 in contrast to other studies. The mean GAG content of the PGA-D scaffold of 0.0345% (wet  
351 weight basis) was lower than the 0.6-0.8% wet weight in the normal meniscus, and thus  
352 represents a sub-optimal response for engineering purposes (AufderHeide & Athanasiou 2004).  
353 Synoviocytes typically produce collagen type I constitutively, (Garner & al. 2000; Levick 1996),  
354 however production and deposition of hydroxyproline was not detected in this study. The most  
355 likely reason for this failure of ECM formation was lack of culture with a specific  
356 fibrochondrogenic media. For example, culture with recombinant transforming growth factor-  
357 beta, insulin-like growth factor -1 and basic fibroblast growth factor have been shown to induce  
358 *in vitro* collagen formation in human synoviocytes (Pei et al. 2008). Treatment of equine FLS  
359 with recombinant chondrogenic growth factors, in addition to the scaffold and bioreactor culture  
360 conditions used in the present study, resulted in greater type II collagen and aggrecan gene  
361 expression (Fox et al. 20010). Reported scaffold seeding concentrations for cartilage tissue  
362 engineering include 30,000 fibroblasts/mL (Day et al. 2004); 600,000 chondrocytes/mL (Stading  
363 M & R 1999); 5 million chondrocytes/ mL (Griffon et al. 2005); and 10 million chondrocytes/mL  
364 (Hu et al. 2005). Our seeding density of 1 million equine FLS per scaffold may have been too  
365 low, as dense cell aggregates are required for meniscal developmental fibrochondrogenesis (Clark  
366 & Ogden 1983) due to the embryonic community effect (Gurdon et al. 1993). In the present study  
367 the FLS were exposed to the mild shear forces and hydrostatic pressurization in a rotating  
368 bioreactor (Mauck et al. 2002) which may not have been the optimal type of forces required for  
369 synovial collagen I formation. A combination of *in vitro* tensile and compressive  
370 forces (AufderHeide & Athanasiou 2004; Benjamin & Ralphs 1998) may be required to support  
371 formation GAG (Valiyaveettil et al. 2005) and types I and II collagen (Kambic & McDevitt  
372 2005), the major ECM components of fibrocartilage. Cell culture on scaffolds may also result in  
373 cellular stress shielding, thereby resulting in suboptimal matrix formation (Huey & Athanasiou

374 2011). Synovial macrophages may have contaminated our FLS cultures, thereby also decreasing  
375 ECM formation (Pei et al. 2008, Bilgen et al. 2009) and future studies should include negative  
376 isolation of macrophages. Additionally, co-culture with meniscal fibrochondrocytes as described  
377 by Tan and workers (Tan et al. 2010) may have also helped fibrochondrogenic differentiation of  
378 equine FLS and will be the focus of future studies. Increased culture time may also be beneficial  
379 to ECM formation; other studies show time dependent ECM expression (Griffon et al. 2005;  
380 Mueller et al. 1999; Sha'ban et al. 2008). One study of synovial chondrogenesis on PGA scaffolds  
381 utilized a longer culture duration of 60 days, with successful ECM formation (Sakimura et al.  
382 2006). Despite better cellularity, PGA scaffolds began losing integrity over the culture period,  
383 even when coated with PLLA. Unless rapid ECM formation can be achieved before dissolution  
384 occurs, PGA hydrolyzes too quickly ( $t_{1/2} = 16$  days) for the purpose of long term meniscal  
385 fibrocartilage synthesis. Treatment with chondrogenic or fibrochondrogenic media may induce  
386 production of ECM, thus making the culture systems described here more feasible for meniscal  
387 tissue engineering.

### 388 **Conclusion:**

389 In conclusion, we reject the null hypothesis; dynamic cell seeding and culture, as well as  
390 increased culture duration, increased scaffold cellularity. Scaffold type also affected cellularity;  
391 for bioreactor culture, PGA had higher cell counts versus OPLA, while OPLA had higher cell  
392 counts versus PGA in static culture. Cells could only grow unevenly in the pores of the OPLA  
393 sponge, and cells could not adhere to the PLLA coating of PGA scaffolds. Increasing the  
394 concentration of PLLA coating on a PGA scaffold decreased the cellularity of the scaffold, and  
395 did not prevent scaffold dissolution. While PGA culture in a bioreactor produced measurable  
396 GAG, no culture technique produced visible collagen. For this reason, and due to the dissolution  
397 of PGA scaffolds, the exact culture of conditions described here are not recommended for  
398 inducing equine fibrochondrogenesis towards meniscal tissue engineering. Further research is

399 recommended to enhance extracellular matrix production through additional biomechanical and  
400 biological stimulation, including treatment with chondrogenic media, increased culture duration,  
401 and increased cell seeding concentrations.

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580 **Figures**

581 Figure 1. Rotating wall bioreactor flask (110mL) containing media and PGA scaffolds seeded  
582 with equine fibroblast-like synoviocytes (**A**). Flasks loaded on the rotating base apparatus; flasks  
583 rotate around their longitudinal axis (**B**).

584 Figure 2. Static culture of equine fibroblast-like synoviocytes on PGA scaffolds in a 24 well  
585 tissue culture plate, with each well containing 2mL of supplemented DMEM.

586 Figure 3. Method for viewing all scaffolds to standardize cell counts and determine regional cell  
587 count differences between the scaffold center and periphery. Cells were counted at the periphery  
588 and central regions (dark dotted circles) of each scaffold (cross-hatched circle) using digital  
589 image analysis; peripheral cell counts (light dotted circles) were obtained at the 2o'clock,  
590 6o'clock and 10o'clock positions. Circles represent a low power (10X objective) field of view.

591 Figure 4. Scanning electron microscopy of a 2% PLLA coated PGA scaffold (**A**) and a 4% PLLA  
592 coated scaffold (**B**) prior to cell seeding; bar = 100µm.

593 Figure 5. Rotating wall bioreactor flask containing 2% PLLA coated PGA scaffolds, strung on  
594 suture to ensure equal submersion and positioning in the rotating flask.

595 Figure 6. Micrographs of scaffolds seeded with equine fibroblast-like synoviocytes; Hematoxylin  
596 and Eosin staining, 10x objective magnification; bar = 100µm. **A**) PGA scaffold cultured in a  
597 static environment; **B**) PGA scaffold cultured in a dynamic environment (rotating bioreactor); **C**)  
598 OPLA scaffold cultured in a dynamic environment (rotating bioreactor); **D**) OPLA scaffold  
599 cultured in a static environment. Note the intact PGA fibers (open arrow) and the cells located in  
600 clumps in the pores of the OPLA scaffold (closed arrows).

601 Figure 7. Mean  $\pm$ Standard Error of the Mean (SEM) of dsDNA content of PGA scaffolds coated  
602 in 2% PLLA and 4% PLLA, seeded dynamically and cultured in a rotating bioreactor for 14 days  
603 and 21 days. A bar and (\*) indicates a significant difference between two treatment  
604 groups ( $P < 0.05$ ).

605 Figure 8. Photomicrographs of 2% PLLA coated PGA constructs harvested on day 10, under  
606 standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein  
607 AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections  
608 (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained  
609 cells are dead. 10x objective magnification; bar = 100µm.

610 Figure 9. Photomicrographs of 2% PLLA coated PGA constructs harvested on day 21, under  
611 standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein  
612 AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections  
613 (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained  
614 cells are dead. Note the spurious red staining of scaffold PGA fibers. 10x objective  
615 magnification; bar = 100µm.

616 Figure 10. Photomicrographs of 4% PLLA coated PGA constructs harvested on day 10, under  
617 standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein

618 AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections  
619 (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained  
620 cells are dead. Note the spurious red staining of PGA fibers. 10x objective magnification; bar =  
621 100 $\mu$ m.

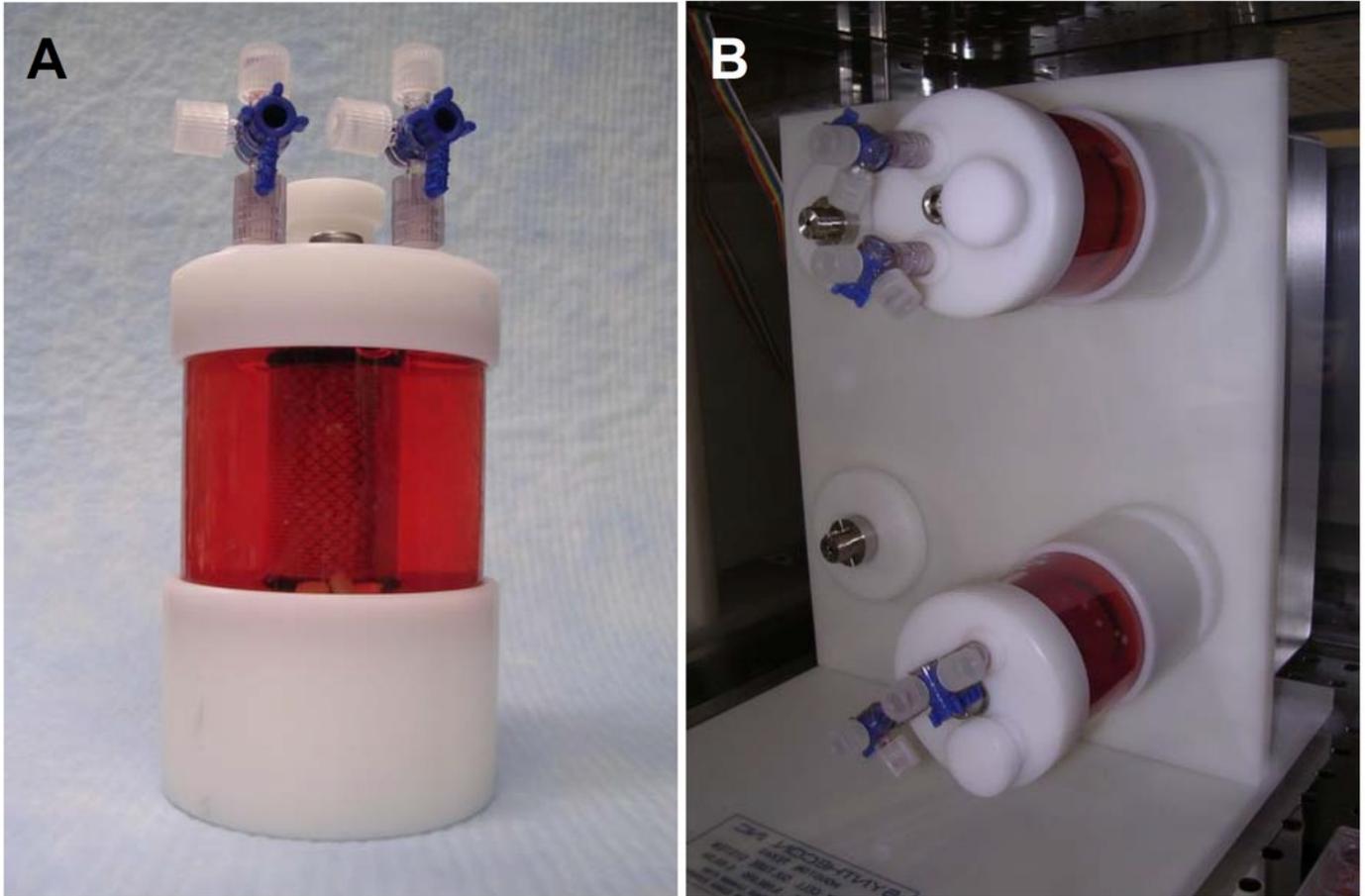
622 Figure 11. Photomicrographs of 4% PLLA coated PGA constructs harvested on day 21, under  
623 standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein  
624 AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections  
625 (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained  
626 cells are dead. Note the spurious red staining of PGA fibers. 10x objective magnification; bar =  
627 100 $\mu$ m.

628 Figure 12. Photomicrographs of 2% PLLA coated PGA scaffolds harvested on day 10 (row **1**)  
629 and day 21 (row **2**), and 4% PLLA coated PGA scaffolds harvested on day 10 (row **3**) and day 21  
630 (row **4**), H+E staining. Column **A** represents images of the center of the construct and column **B**  
631 represents images taken of the scaffold periphery. Note that the cells have grown in dense  
632 clusters; 10x objective magnification; bar = 100 $\mu$ m.

# Figure 1

Dynamic culture: rotating bioreactor apparatus.

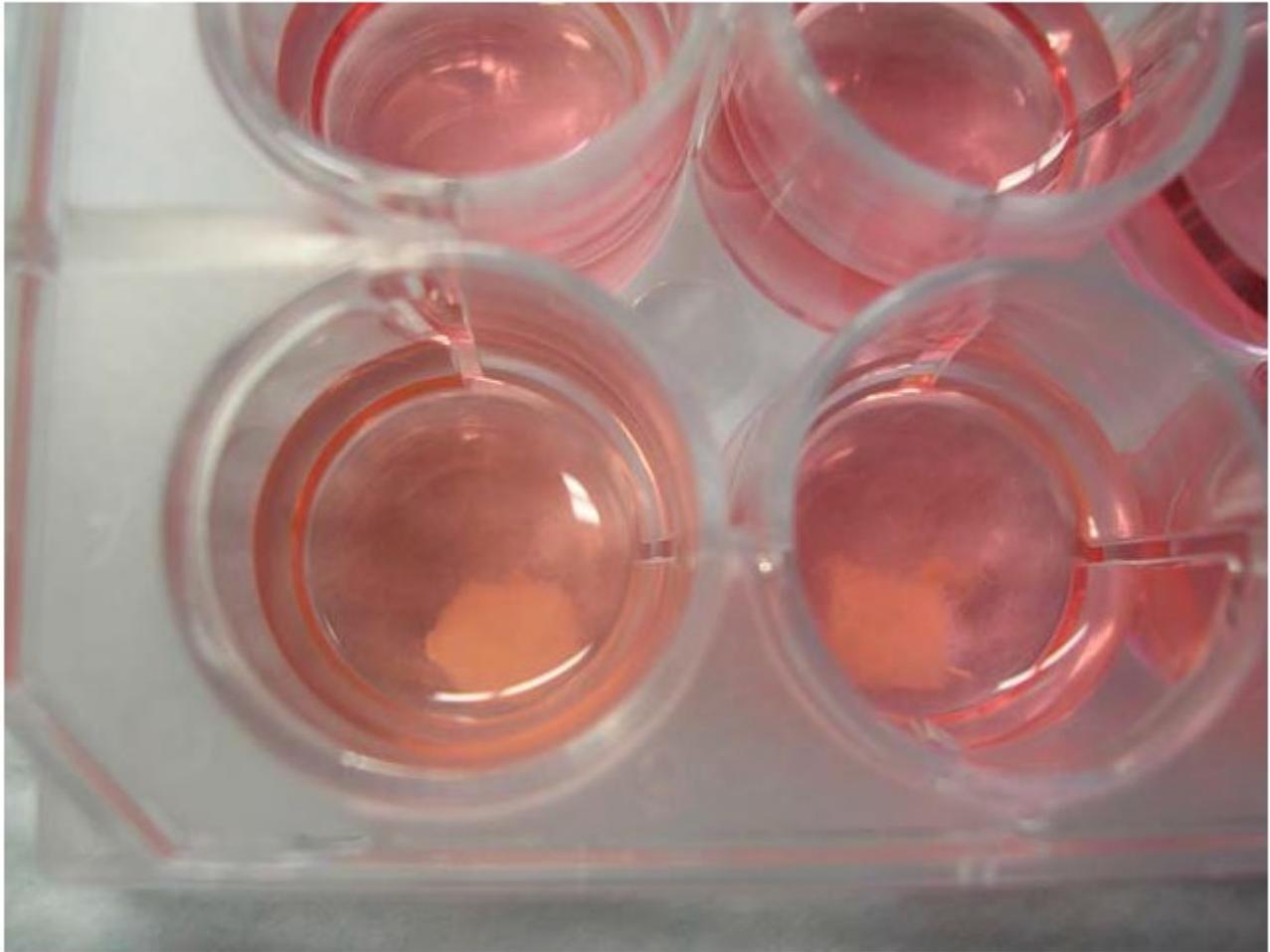
Rotating wall bioreactor flask (110mL) containing media and PGA scaffolds seeded with equine fibroblast-like synoviocytes (A). Flasks loaded on the rotating base apparatus; flasks rotate around their longitudinal axis (B).



# Figure 2

Static culture.

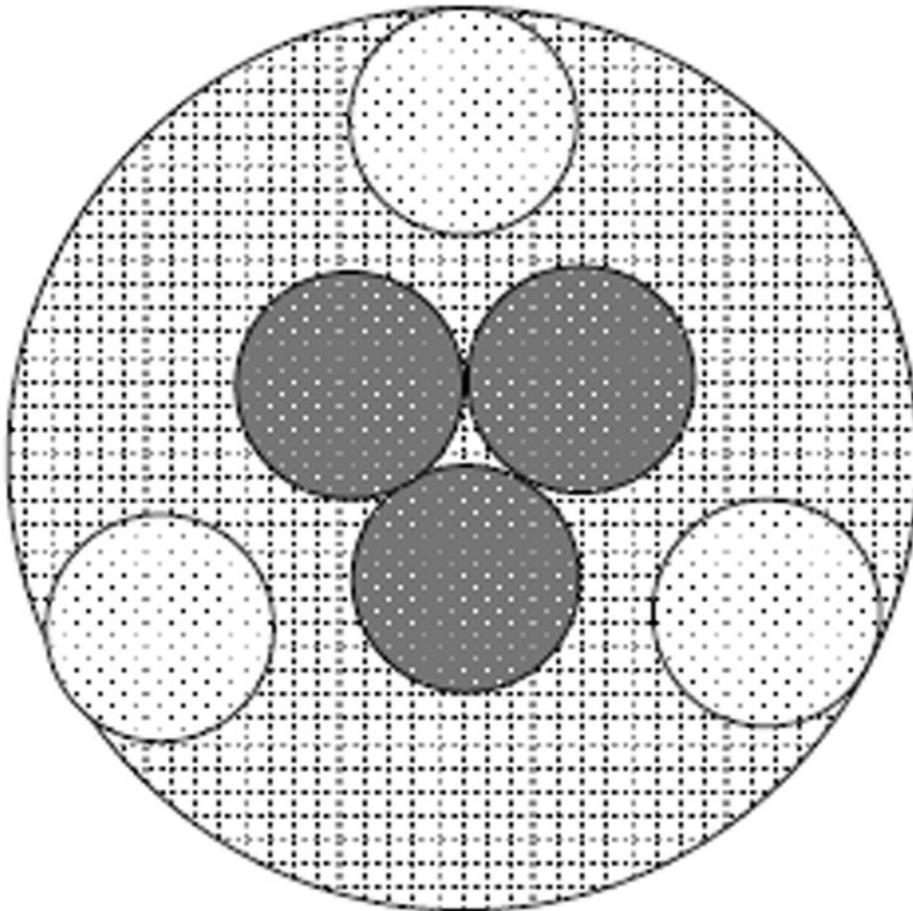
Static culture of equine fibroblast- like synoviocytes on PGA scaffolds in a 24 well tissue culture plate, with each well containing 2mL of supplemented DMEM.



# Figure 3

Histologic cell counting method.

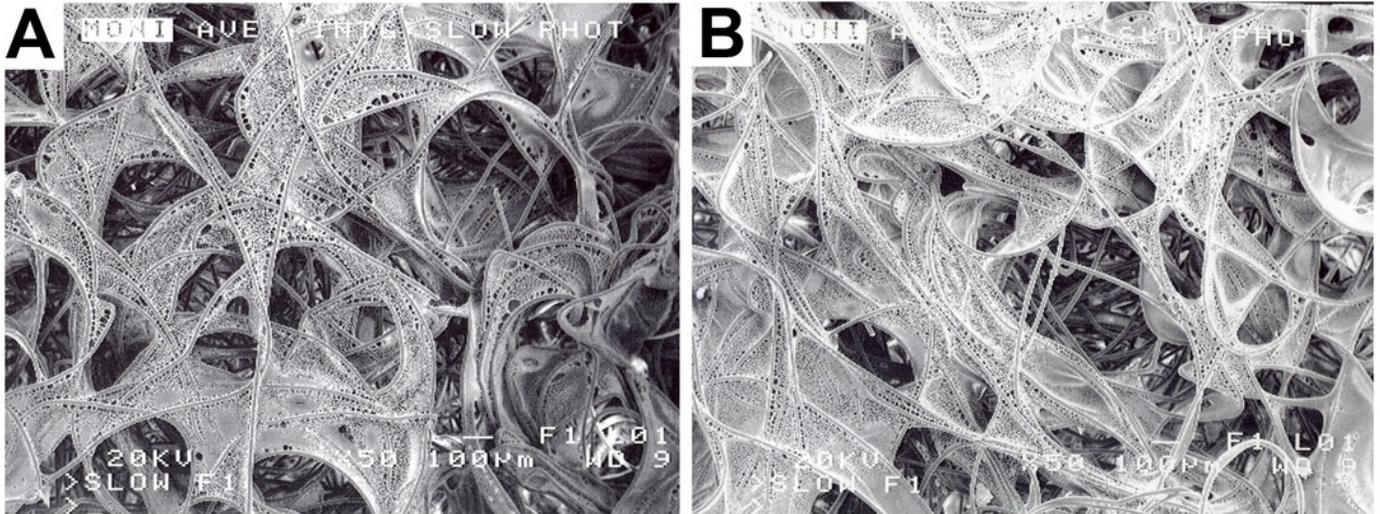
Method for viewing all scaffolds to standardize cell counts and determine regional cell count differences between the scaffold center and periphery. Cells were counted at the periphery and central regions (dark dotted circles) of each scaffold (cross-hatched circle) using digital image analysis; peripheral cell counts (light dotted circles) were obtained at the 2o'clock, 6o'clock and 19o'clock positions. Circles represent a low power (10X objective) field of view.



# Figure 4

PLLA coated scaffolds.

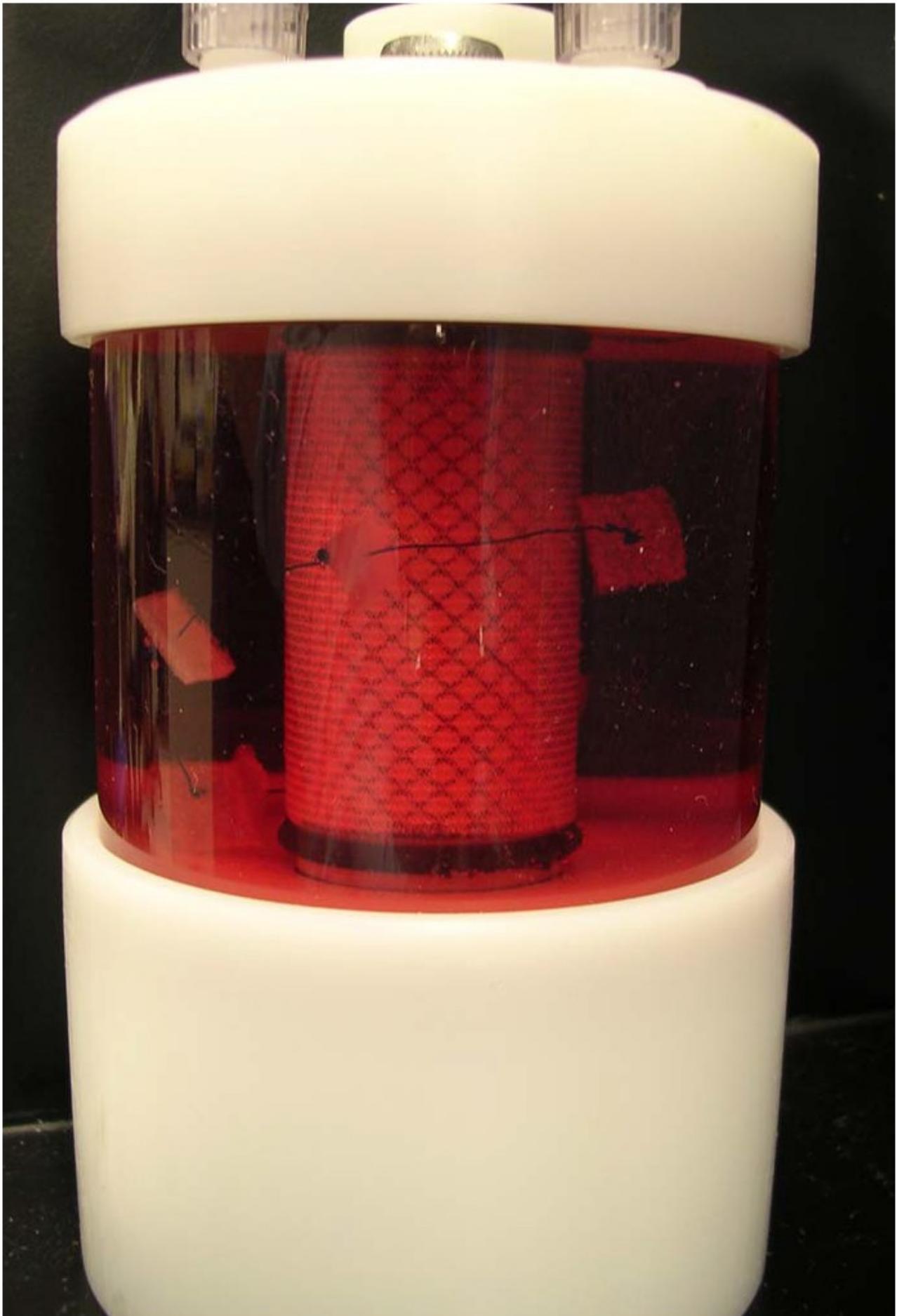
Scanning electron microscopy of a 2% PLLA coated PGA scaffold (**A**) and a 4% PLLA coated scaffold (**B**) prior to cell seeding; bar = 100 $\mu$ m.



# Figure 5

Positioning of PLLA coated scaffolds in the rotating bioreactor.

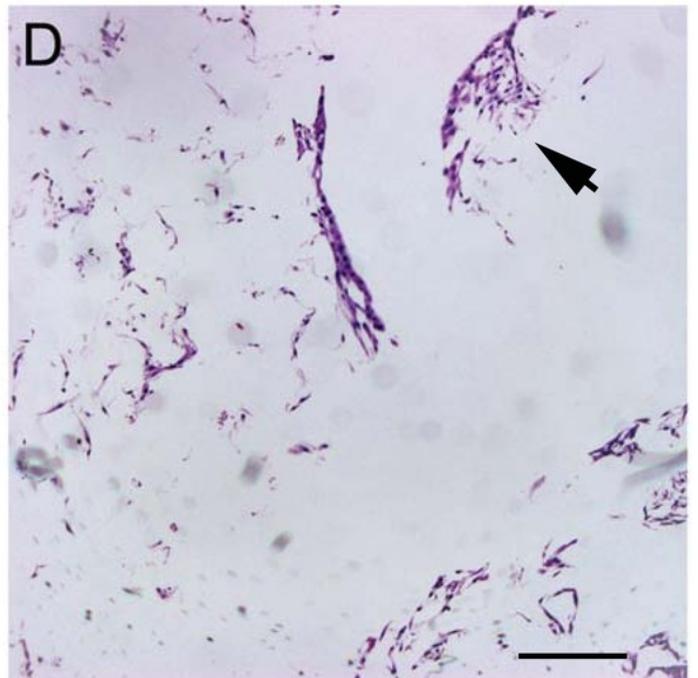
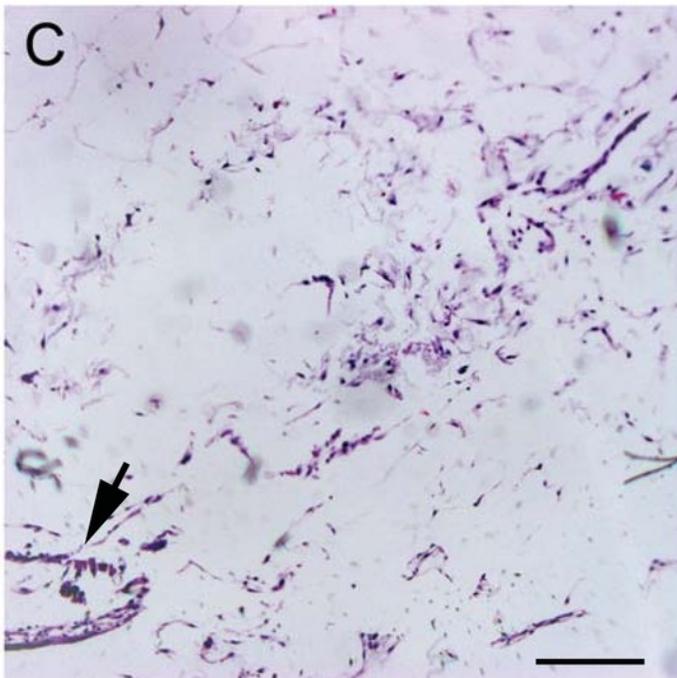
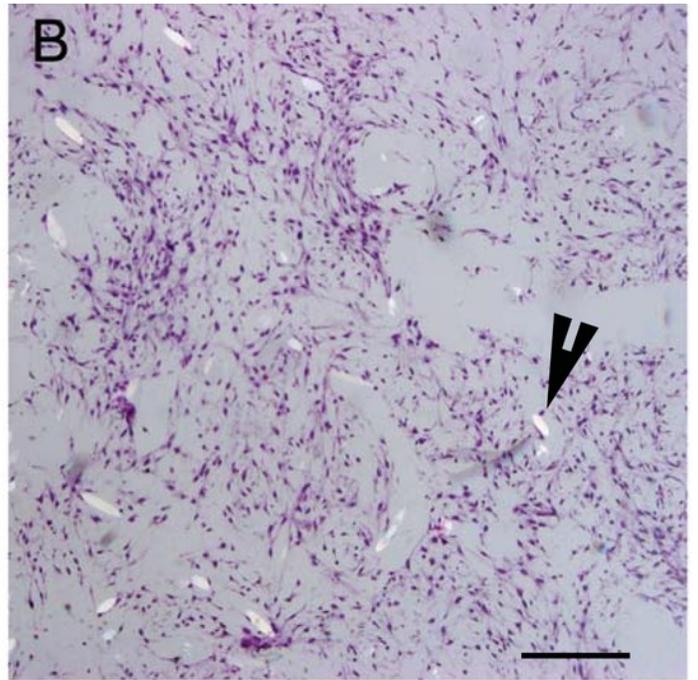
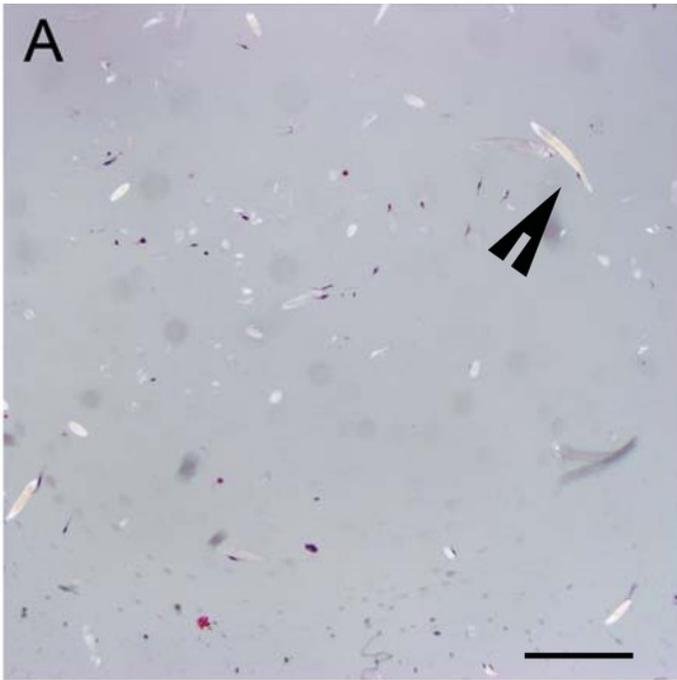
Rotating wall bioreactor flask containing 2% PLLA coated PGA scaffolds, strung on suture to ensure equal submersion and positioning in the rotating flask.



# Figure 6

Histologic cell distribution on PGA and OPLA scaffolds.

Micrographs of scaffolds seeded with equine fibroblast-like synoviocytes; Hematoxylin and Eosin staining, 10x objective magnification; bar = 100 $\mu$ m. A) PGA scaffold cultured in a static environment; B) PGA scaffold cultured in a dynamic environment (rotating bioreactor); C) OPLA scaffold cultured in a dynamic environment (rotating bioreactor); D) OPLA scaffold cultured in a static environment. Note the intact PGA fibers (open arrow) and the cells located in clumps in the pores of the OPLA scaffold (closed arrows).

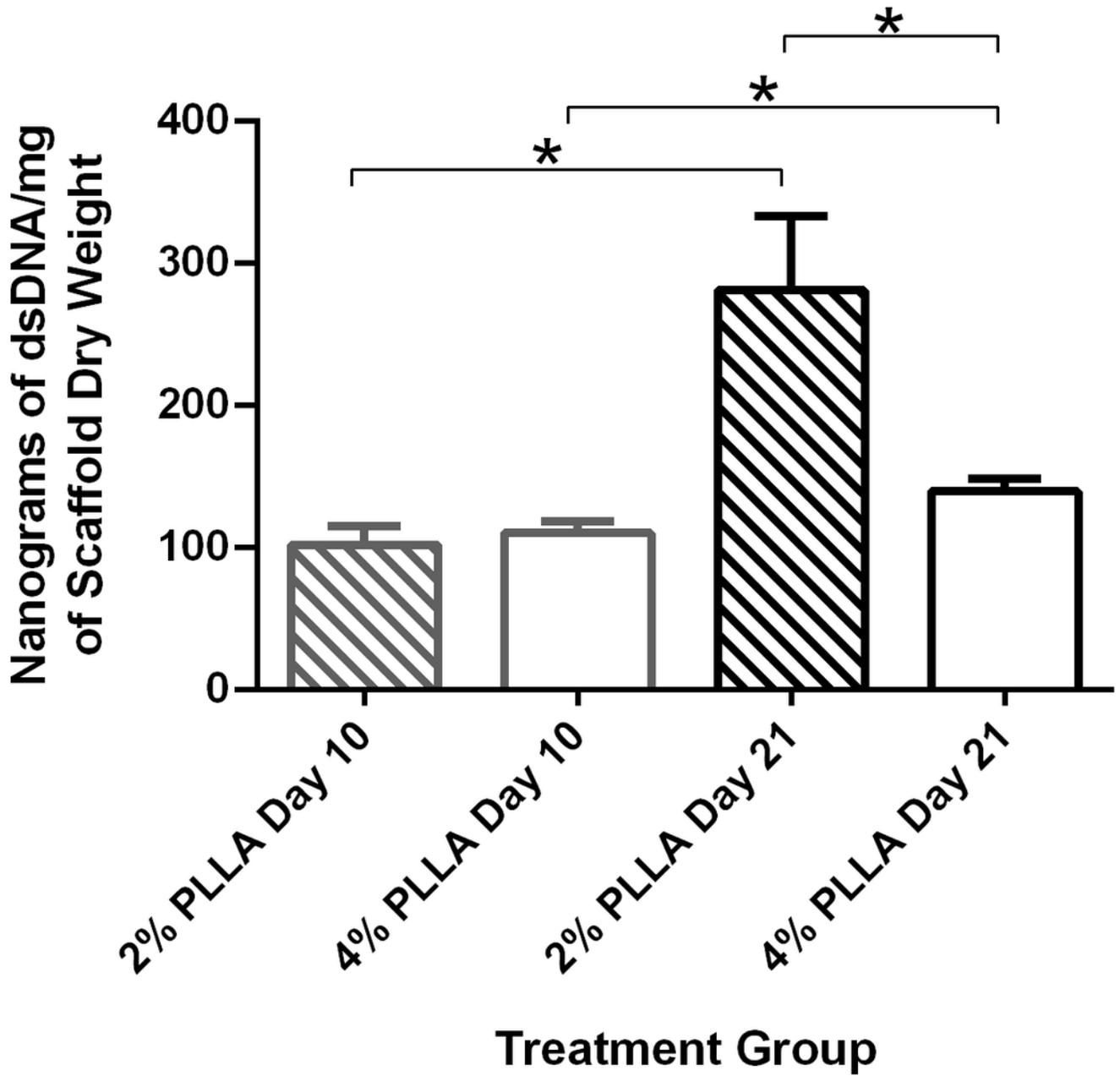


# Figure 7

Double stranded DNA content of PLLA coated scaffolds.

Mean  $\pm$ Standard Error of the Mean (SEM) of dsDNA content of PGA scaffolds coated in 2% PLLA and 4% PLLA, seeded dynamically and cultured in a rotating bioreactor for 14 days and 21 days. A bar and (\*) indicates a significant difference between two treatment groups ( $P < 0.05$ ).

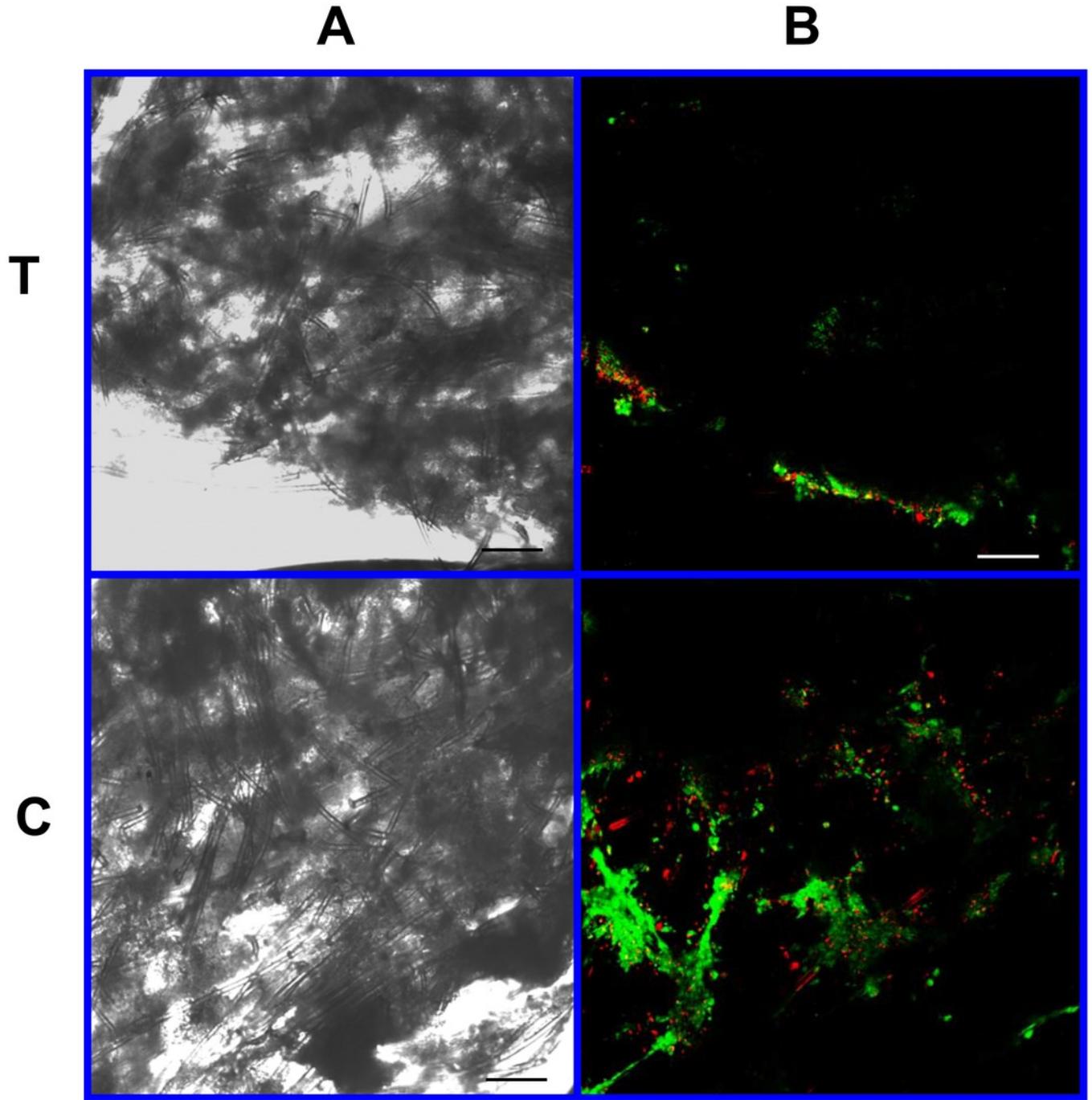
# Scaffold Cellularity as Measured by dsDNA content



# Figure 8

Cell viability: 2% PLLA scaffolds

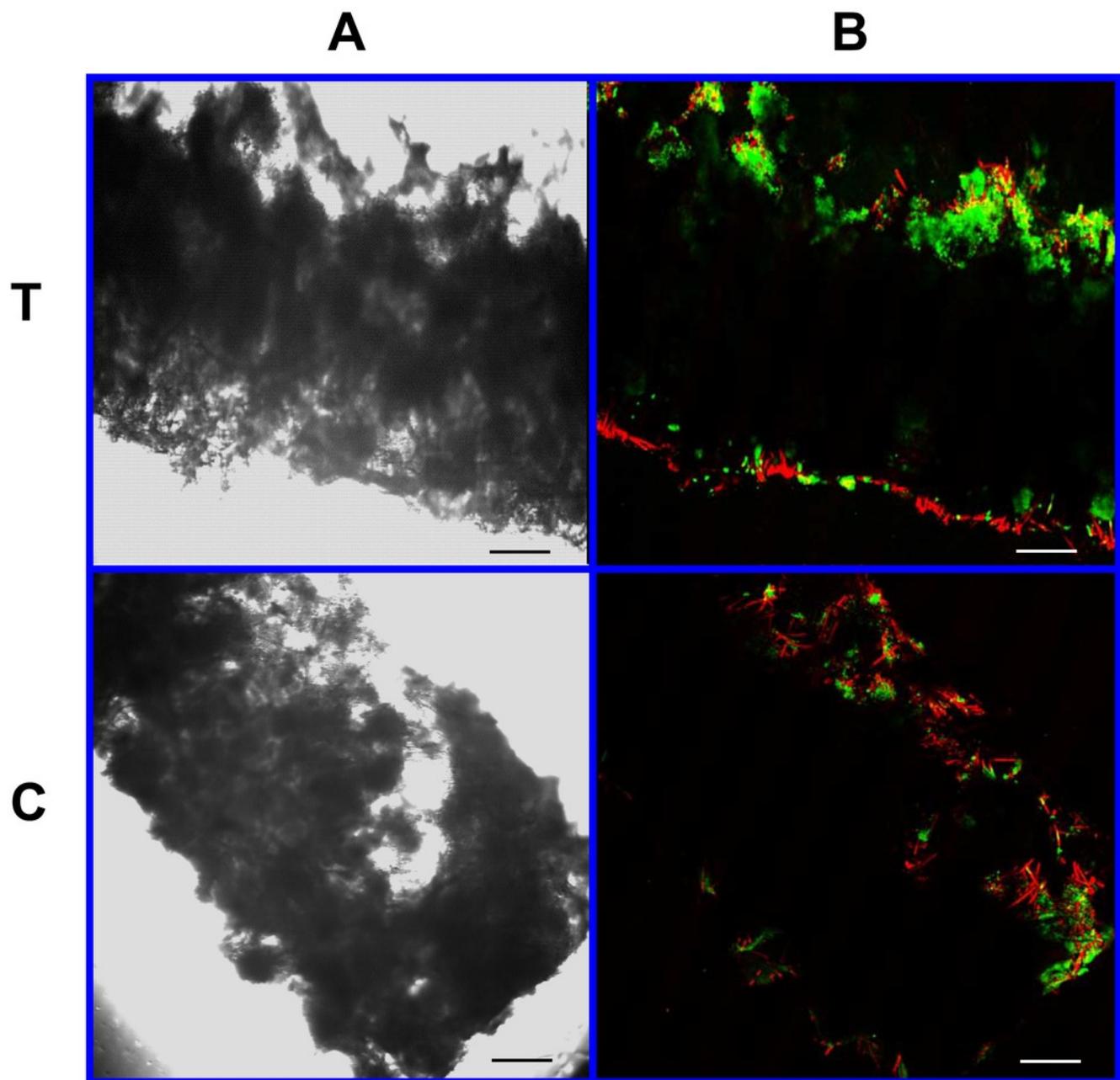
Photomicrographs of 2% PLLA coated PGA constructs harvested on day 10, under standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained cells are dead. 10x objective magnification; bar = 100 $\mu$ m.



# Figure 9

Cell viability: 2% PLLA scaffolds

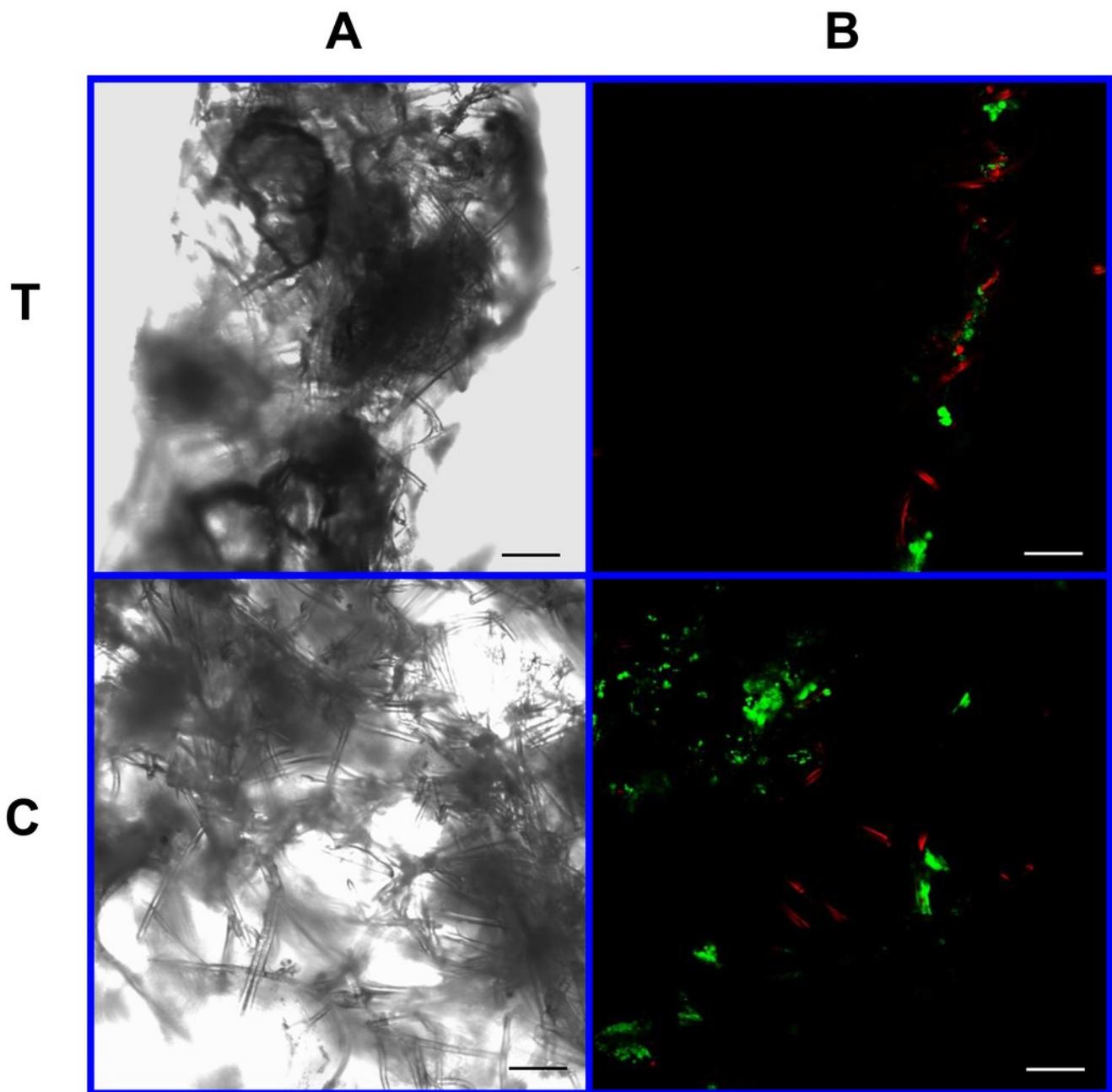
Photomicrographs of 2% PLLA coated PGA constructs harvested on day 21, under standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained cells are dead. Note the spurious red staining of scaffold PGA fibers. 10x objective magnification; bar = 100 $\mu$ m.



# Figure 10

Cell viability assay: 4% PLLA scaffolds

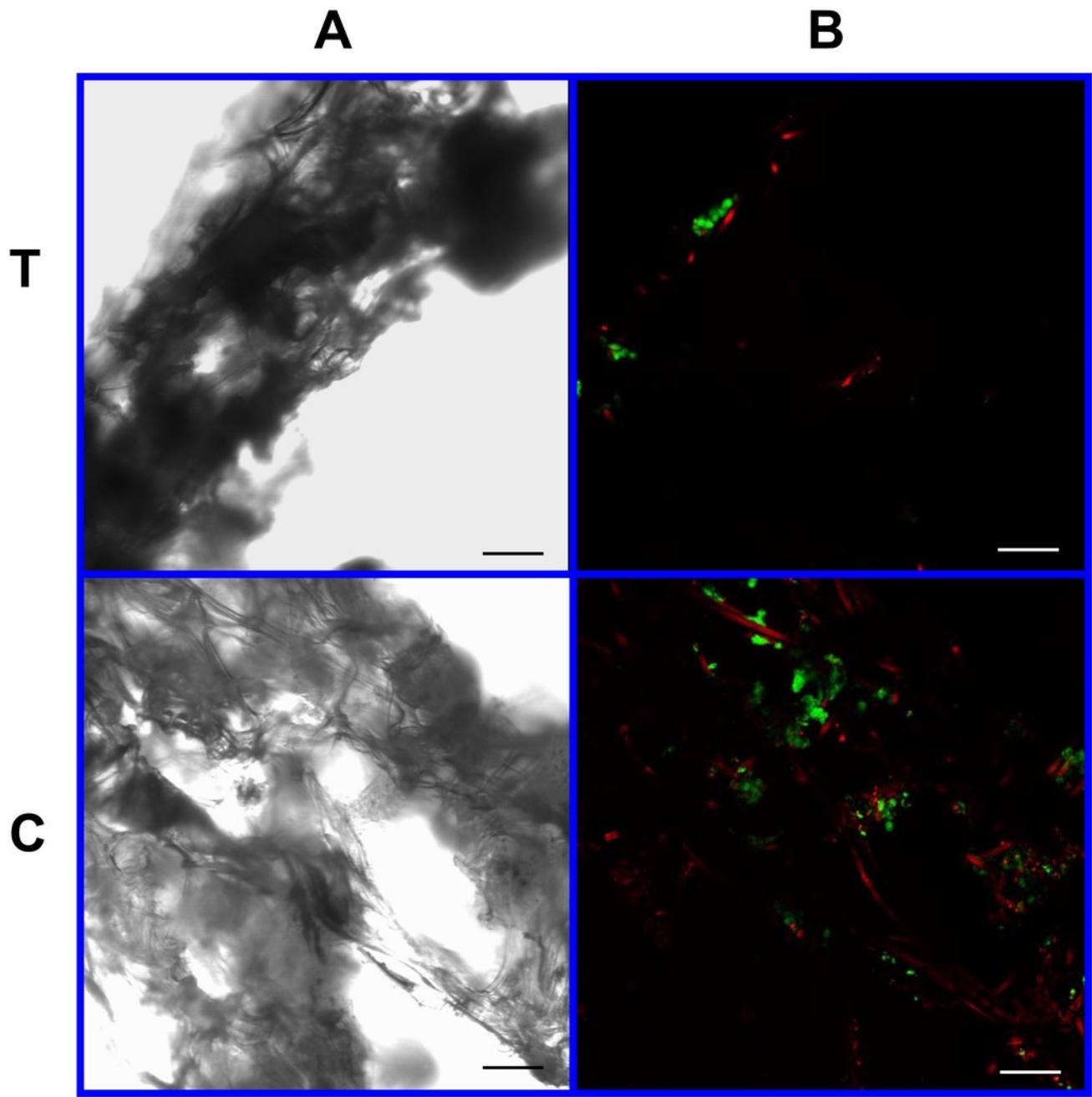
Photomicrographs of 4% PLLA coated PGA constructs harvested on day 10, under standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained cells are dead. Note the spurious red staining of PGA fibers. 10x objective magnification; bar = 100 $\mu$ m.



# Figure 11

Cell viability: 4% PLLA scaffolds

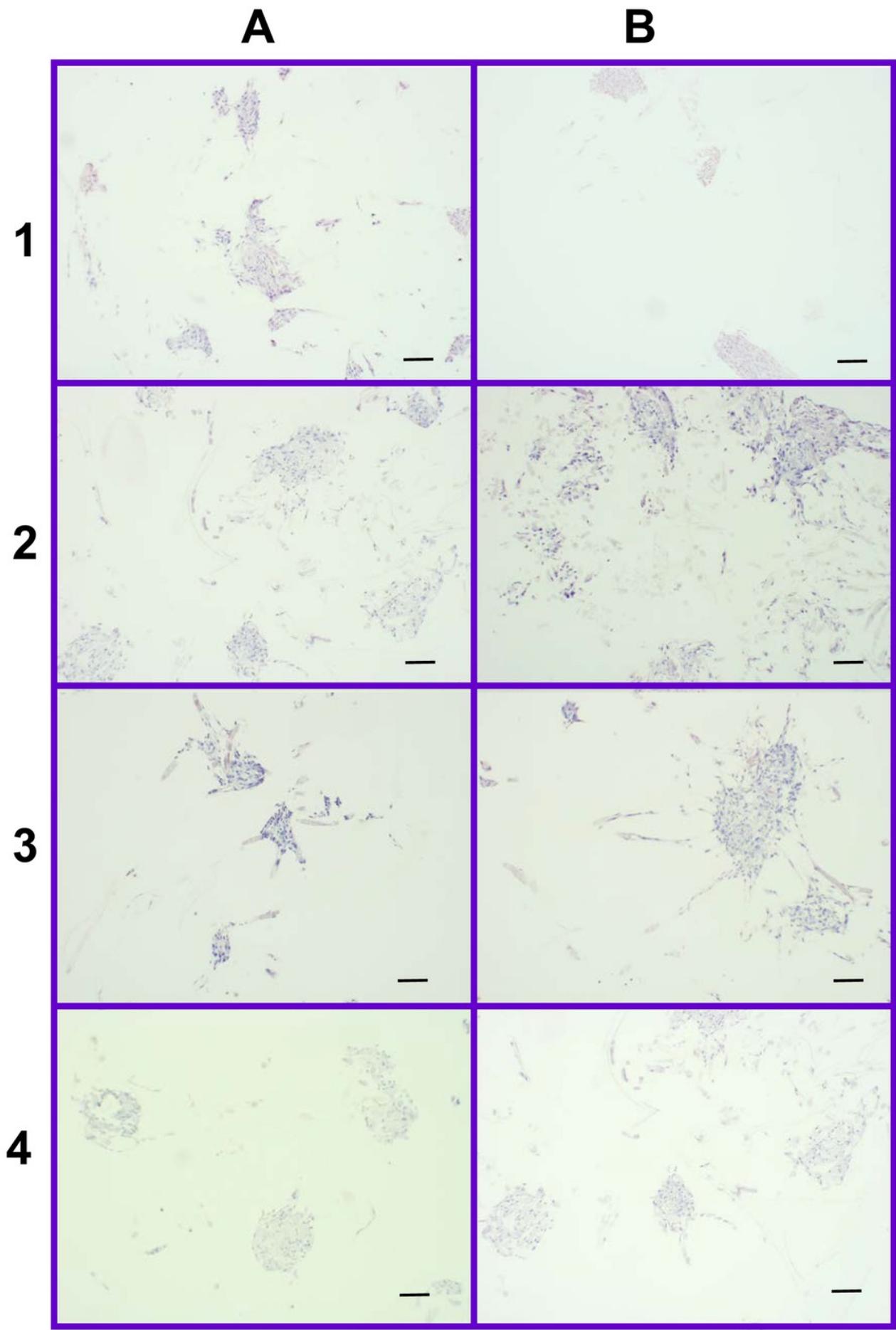
Photomicrographs of 4% PLLA coated PGA constructs harvested on day 21, under standard light (column **A**) and under laser confocal microscopy (column **B**), using the calcein AM-ethidium homodimer live-dead assay. Images represent scaffold transverse cross sections (row **T**) and scaffold surface coronal sections (row **C**). Green stained cells are alive, red stained cells are dead. Note the spurious red staining of PGA fibers. 10x objective magnification; bar = 100 $\mu$ m.



# Figure 12

Distribution of cells on 2% and 4% PLLA coated PGA scaffolds

Figure 12. Photomicrographs of 2% PLLA coated PGA scaffolds harvested on day 10 (row **1**) and day 21 (row **2**), and 4% PLLA coated PGA scaffolds harvested on day 10 (row **3**) and day 21 (row **4**), H+E staining. Column **A** represents images of the center of the construct and column **B** represents images taken of the scaffold periphery. Note that the cells have grown in dense clusters; 10x objective magnification; bar = 100 $\mu$ m.



**Table 1** (on next page)

The effect of seeding and cell culture biomechanical environment and the effect of scaffold type on scaffold cellularity.

	Cell Count (Mean number of cells per 10x objective field $\pm$ SD)		Effect of biomechanical environment (dynamic vs static culture)
Scaffold type:	Biomechanical environment:		
	Dynamic culture	Static culture	
PGA	1128 $\pm$ 575 cells	54 $\pm$ 34 cells	P<0.001
OPLA	375 $\pm$ 118 cells	301 $\pm$ 65 cells	P= 0.028
Effect of scaffold type (PGA vs OPLA)	P=0.017	P=0.0217	

**Table 2**(on next page)

Peripheral and central cell count (Mean number of cells per 10x objective field  $\pm$ SD).

Scaffold	Peripheral cell count	Central cell count	P- value
PGA-D	1433 $\pm$ 487	724 $\pm$ 314	P<0.001
PGA-S	80 $\pm$ 28	28 $\pm$ 11	P<0.001
OPLA-D	476 $\pm$ 90	295 $\pm$ 55	P<0.001