

# Impact of enzymatic digestion on bacterial community composition in CF airway samples

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**Background.** Previous studies have demonstrated the importance of DNA extraction methods for molecular detection of *Staphylococcus*, an important bacterial group in cystic fibrosis (CF). We sought to evaluate the effect of enzymatic digestion (EnzD) prior to DNA extraction on bacterial communities identified in sputum and oropharyngeal swab (OP) samples from patients with CF.

**Methods.** DNA from 81 samples (39 sputum and 42 OP) collected from 63 patients with CF was extracted in duplicate with and without EnzD. Bacterial communities were determined by rRNA gene sequencing, and measures of alpha and beta diversity were calculated. Principal Coordinate Analysis (PCoA) was used to assess differences at the community level and Wilcoxon Signed Rank tests were used to compare relative abundance (RA) of individual genera for paired samples with and without EnzD.

**Results.** Shannon Diversity Index (alpha-diversity) decreased in sputum and OP samples with the use of EnzD. Larger shifts in community composition were observed for OP samples (beta-diversity, measured by Morisita-Horn), whereas less change in communities was observed for sputum samples. The use of EnzD with OP swabs resulted in significant increase in RA for the

genera *Gemella* ( $p < 0.01$ ), *Streptococcus* ( $p < 0.01$ ), and *Rothia* ( $p < 0.01$ ).

*Staphylococcus* ( $p < 0.01$ ) was the only genus with a significant increase in RA from sputum, whereas the following genera decreased in RA with EnzD: *Veillonella* ( $p < 0.01$ ), *Granulicatella* ( $p < 0.01$ ), *Prevotella* ( $p < 0.01$ ), and *Gemella* ( $p < 0.01$ ). In OP samples, higher RA of Gram-positive taxa was associated with larger changes in microbial community composition.

**Discussion.** We show that the application of EnzD to CF airway samples, particularly OP swabs, results in differences in microbial communities detected by sequencing. Use of

EnzD can result in large changes in bacterial community composition, and is particularly useful for detection of *Staphylococcus* in CF OP samples. The enhanced identification of *Staphylococcus aureus* is a strong indication to utilize EnzD in studies that use OP swabs to monitor CF airway communities.

1 **Impact of enzymatic digestion on bacterial community composition in CF airway samples**

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18

19 **Abstract**

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29 Rank tests were used to compare relative abundance (RA) of individual genera for paired  
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34 sputum samples. The use of EnzD with OP swabs resulted in significant increase in RA for the  
35 genera *Gemella* ( $p < 0.01$ ), *Streptococcus* ( $p < 0.01$ ), and *Rothia* ( $p < 0.01$ ). *Staphylococcus*  
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37 following genera decreased in RA with EnzD: *Veillonella* ( $p < 0.01$ ), *Granulicatella* ( $p < 0.01$ ),  
38 *Prevotella* ( $p < 0.01$ ), and *Gemella* ( $p < 0.01$ ). In OP samples, higher RA of Gram-positive taxa  
39 was associated with larger changes in microbial community composition.

40 **Discussion.** We show that the application of EnzD to CF airway samples, particularly OP swabs,  
41 results in differences in microbial communities detected by sequencing. Use of EnzD can result

42 in large changes in bacterial community composition, and is particularly useful for detection of  
43 *Staphylococcus* in CF OP samples. The enhanced identification of *Staphylococcus aureus* is a  
44 strong indication to utilize EnzD in studies that use OP swabs to monitor CF airway  
45 communities.

## 46 Introduction

47 Cystic Fibrosis (CF) is an autosomal recessive disease, characterized by chronic airway  
48 infection, whose predominant pathogens include *Staphylococcus aureus*, *Pseudomonas*  
49 *aeruginosa* and other Gram-negative bacteria (Heijerman 2005; LiPuma 2010). *Staphylococcus*  
50 *aureus* in particular has a rigid cell wall that can be hard to rupture, hindering the ability to  
51 efficiently extract DNA for molecular detection (Zhao et al. 2012). Previous studies have  
52 indicated that use of enzymatic digestion (EnzD) may enhance the ability to detect  
53 *Staphylococcus* (Zhao et al. 2012).

54 Sequencing is becoming more widely used to evaluate bacterial communities in CF  
55 airway samples (Cummings et al. 2016). DNA preparation prior to sequencing can have a  
56 profound effect on microbial community composition especially in detecting certain organisms  
57 such as *Staphylococcus aureus* (Lozupone et al. 2013; Pérez-Losada et al. 2016; Willner et al.  
58 2012; Zhao et al. 2012). Given the differing results provided from various DNA extraction  
59 methods and the use of sequencing, it has become increasingly important to understand how  
60 these different methods impact sequencing results. We therefore sought to evaluate the effect of  
61 DNA extraction using enzymatic digestion (EnzD) on bacterial communities detected from  
62 oropharyngeal swab (OP) and sputum samples collected from patients with CF.

63

## 64 Materials & Methods

65 *Patient demographics and samples.* Sputum and OP samples were obtained from patients  
66 with CF as part of standard of care for monitoring bacterial infection during routine patient visits.  
67 Further explanation of selection of samples to be used for this study are included in a previous

68 publication(Johnson et al. 2016). Excess specimen was stored frozen at -80 °C for molecular  
69 assessment of infection. Standard sputum processing protocol was performed for sample  
70 homogenization and standard CF culture was performed following CF Foundation  
71 guidelines(Burns et al. 1998). The Colorado Multiple Institutional Review Board approved the  
72 study (COMIRB 07-0835). Written informed consent was obtained from patients or guardians.  
73 Written informed assent was obtained for children 10-17 years of age.

74 *DNA extraction methods.* DNA was extracted using the Qiagen EZ1 Advanced automated  
75 extraction platform using the Tissue kit and bacterial card per manufacturer's instructions. One  
76 replicate of each sample was digested with Lysostaphin (0.18 mg/ml) and Lysozyme (3.6 mg/ml)  
77 for 30 min at 37 °C, followed by treatment with Proteinase K (Qiagen) at 65 °C for 10 min.  
78 Enzymes were heat inactivated at 95 °C for 10 min (Johnson et al. 2016; Zhao et al. 2012).

79 *16S Amplicon Library Construction.* Bacterial profiles were determined by broad-range  
80 amplification and sequence analysis of 16S rRNA genes following our previously described  
81 methods (Hara et al. 2012; Markle et al. 2013). Amplicons were generated using primers that target  
82 approximately 300 base pairs of the V1/V2 variable region of the 16S rRNA gene. Each DNA was  
83 amplified in triplicate along with a barcode specific negative PCR control. PCR reactions  
84 contained 1X HotMaster Mix (5Prime), 150 nM each PCR primer and template in a reaction  
85 volume of 25µl. Cycling conditions were 94 °C denaturation for 120 seconds followed by 30 cycles  
86 of 95 °C 20 seconds, 52 °C 20 seconds and 65 °C 60 seconds. Amplification was confirmed using  
87 agarose gel electrophoresis. None of the negative PCR controls showed evidence of amplification.  
88 PCR products were normalized based on agarose gel densitometry, pooled, lyophilized, purified  
89 and concentrated using a DNA Clean and Concentrator Kit (Zymo, Irvine, CA). Pooled amplicons  
90 were quantified using Qubit Fluorometer 2.0 (Invitrogen, Carlsbad, CA). The pool was diluted to

91 4nM and denatured with 0.2 N NaOH at room temperature. The denatured DNA was diluted to  
92 15pM and spiked with 10% of the Illumina PhiX control DNA prior to loading the sequencer.  
93 Illumina paired-end sequencing was performed on the MiSeq using a 500 cycle version 2 reagent  
94 kit.

95 *Analysis of Illumina Paired-end Reads.* As previously described, paired-end sequences  
96 were sorted by sample via barcodes in the paired reads with a python script (Markle et al. 2013)  
97 Sorted paired end sequence data were deposited in the NCBI Short Read Archive under  
98 accession number SRP043334. The sorted paired reads were assembled using phrap (Ewing and  
99 Green 1998; Ewing et al.1998.). Pairs that did not assemble were discarded. Assembled  
100 sequence ends were trimmed over a moving window of 5 nucleotides until average quality met  
101 or exceeded 20. Trimmed sequences with more than 1 ambiguity or shorter than 250 nt were  
102 discarded. Potential chimeras identified with Uchime (usearch6.0.203\_i86linux32) (Edgar et al.  
103 2011) using the Schloss Silva reference sequences (Schloss and Westcott 2011) were removed  
104 from subsequent analyses. Assembled sequences were aligned and classified with SINA (1.3.0-  
105 r23838)(Pruesse, Peplies, and Glöckner 2012) using the 479,726 bacterial sequences in Silva  
106 115NR (Quast et al. 2013) as reference configured to yield the Silva taxonomy. Sequences with  
107 identical taxonomic assignments were grouped into Operational taxonomic units (OTUs). This  
108 process generated 4,302,223 sequences for 162 samples (average sequence length: 316 nt;  
109 average sample size: 26,557 sequences/sample; minimum sample size: 7,527; maximum samples  
110 size: 63,105). The median Good's coverage score was  $\geq 99.70\%$  at the rarefaction point of 7,527.  
111 The software package Explicet (v2.10.5, [www.explicet.org](http://www.explicet.org)) (Robertson et al. 2013) was used to  
112 calculate rarefied values for diversity measurements.

113 *Statistical Analysis.* Shannon-H alpha diversity and Morisita Horn (MH) beta diversity  
114 were calculated in Explicit. MH beta diversity is a measure of similarity between two  
115 communities and ranges from 0 (no similarity) to 1 (identical communities). Principal  
116 Coordinate Analysis (PCoA) was used to assess differences at the community level utilizing 1-  
117 MH. 1-MH distances were used to show the dissimilarity between with EnzD and without EnzD  
118 in PCoA plots instead of MH distances, which are a measure of similarity. Relative abundance  
119 (RA) for each genus was calculated by dividing the genera-specific sequence counts by the total  
120 number of sequences obtained for each sample. Differences in phyla and genera between EnzD  
121 samples versus non-EnzD samples with a median RA of at least 1% were evaluated using  
122 Wilcoxon Signed rank test for paired samples. Spearman correlations were used to assess  
123 associations between MH for paired samples and RA of specific genera from the non-digested  
124 sample. Analyses were calculated using R version 3.2.4 Revised (2016-03-16 r70336).

125

## 126 **Results**

### 127 *Sample Collection*

128 We analyzed 81 airway samples (39 sputum and 42 OP, Figure S1) collected from 63 patients  
129 with cystic fibrosis ranging in age from 1.5 to 24 years. Half of the subjects were female (51%),  
130 the majority of subjects were non-Hispanic white (89%) and 52% of subjects were homozygous  
131 F508. The median number of samples collected per subject was 1 and ranged between 1 and 3  
132 samples. Seven samples (9%) were negative for standard CF pathogens by culture.

### 133 *Changes in individual organisms*

134 Individual taxa were assessed at the phyla and genera level by sample type (OP and  
135 Sputum). For OP samples, we observed a significantly lower RA for the phyla *Bacteroidetes*,  
136 *Fusobacteria* and *Proteobacteria* when EnzD was used. *Firmicutes* and *Actinobacteria* both  
137 were detected in higher RA with the use of EnzD. For sputum, the RA for *Bacteroidetes* and  
138 *Proteobacteria* were lower with EnzD (Table 1) consistent with findings in OP samples (Figure  
139 1A).

140 Genera with a statistically significantly higher RA following EnzD for OP swabs  
141 consisted of: *Gemella*, *Streptococcus*, *Actinomyces*, *Johnsonella*, and *Rothia*. Genera with a  
142 statistically significantly lower RA for OP swabs consisted of: *Prevotella*, *Veillonella*,  
143 *Neisseria*, *Haemophilus*, *Leptotrichia*, *Campylobacter*, *Fusobacterium*, and *Granulicatella*.  
144 These genera, while statistically significant, may not be clinically meaningful. The largest  
145 changes in RA (>5%) are seen in *Streptococcus*, *Prevotella*, and *Veillonella* (Table 2).  
146 *Staphylococcus* was the only genus with a significantly higher RA in sputum following EnzD.  
147 Genera with a statistically significantly lower RA in sputum consisted of: *Veillonella*,  
148 *Granulicatella*, *Prevotella*, and *Gemella* (Table 2). The largest estimated change in RA for  
149 sputum samples is attributed to *Staphylococcus* (Table 2). *Gemella* was higher in OP samples  
150 with EnzD while it was lower in sputum samples with EnzD (Figure 1B).

151 *Overall community changes.*

152 The Shannon-H alpha Diversity Index was significantly lower ( $p < 0.01$ ) with EnzD in  
153 sputum samples due to higher RA of *Staphylococcus* resulting in a less even community. For OP  
154 samples, the Shannon-H alpha Diversity Index was also lower likely due to higher RA of  
155 *Streptococcus* with EnzD, although this result did not reach statistical significance ( $p = 0.06$ ).

156 Changes in alpha diversity due to use of EnzD do not necessarily correspond to changes in  
157 microbial community composition as measured using beta diversity (Figure S2).

### 158 *Beta Diversity Changes*

159         There was less impact of EnzD on community composition in sputum compared to OP  
160 samples as measured by MH beta diversity values for each sample pair. The majority of the MH  
161 values (79.5%) for sputum were greater than 0.8, whereas only 38.1% of OP samples were above  
162 that level. For the OP swabs the lowest MH was 0.4 for sputum samples the lowest MH was  
163 0.48. The distributions between the two sample types were statistically different ( $p < 0.01$ , Figure  
164 2). We further investigated these changes using the MH distance matrix in Principal Coordinate  
165 Analysis (PCoA). OP samples changed more consistently in ordination space with EnzD (Figure  
166 3A). The consistent changes observed in the OP samples were largely due to the change in  
167 *Streptococcus*, *Gemella*, and *Rothia* (all Gram-positive) as well as *Neisseria*, *Leptotrichia*,  
168 *Prevotella*, and *Veillonella* (Gram-negative); with the samples undergoing EnzD primarily  
169 clustered around *Streptococcus*, *Gemella*, and *Rothia* (Figure 3A). Findings here align with  
170 previously discussed individual level changes in genera where Gram-positive bacteria were  
171 found in significantly higher RA while Gram-negative bacteria was found in significantly lower  
172 RA with EnzD (Table 2). As indicated in Figure 3B, sputum samples showed less impact from  
173 EnzD, with a large group of samples having limited changes in MH. A subset of the sputum  
174 samples demonstrated large changes in MH with EnzD, but with no consistent direction of  
175 change as was seen in the OP samples (Figure 3B). Sputum appears to be more heterogeneous  
176 compared to OP samples; Figure 3B shows three distinct clusters in sputum samples  
177 corresponding to communities primarily represented by *Staphylococcus*, *Streptococcus*, and a  
178 combination of *Veillonella*, and *Prevotella*. Sputum was primarily influenced by enhanced

179 extraction of *Staphylococcus*, *Veillonella*, and *Streptococcus* (Figure 3B). This result is  
180 consistent with Table 2 where *Staphylococcus* and *Veillonella* are shown to have a larger change  
181 than *Streptococcus*.

182 *Associations between community composition and MH.*

183 We found no striking evidence of a single phylum or genus whose relative abundance  
184 was associated with MH (Figure S3). Combination of Gram-positive bacteria was calculated  
185 using the summation of (Actinobacteria + Firmicutes (-*Veillonella*)). For the OP samples with  
186 large changes in their communities with EnzD, the relative abundance of Gram-positive  
187 organisms was lower compared to those samples with limited changes in their communities  
188 (Figure 4). For all the OP samples, the relative abundance of Gram-positive organisms was  
189 higher with EnzD. There was an association between change in relative abundance of Gram-  
190 positive organisms with EnzD and MH values for the pairs ( $r = -0.60$ ;  $p < 0.01$ ; Figure 4B).

## 191 **Discussion**

192 In this work, we demonstrate that EnzD of airway samples changes the bacterial  
193 community detected by sequencing primarily due to increased detection of organisms with a  
194 Gram-positive cell wall structure. From the biplots (Figure 3A) we can see that for OP samples  
195 there is a clear shift in microbial composition between those without EnzD and those with EnzD.  
196 With EnzD the OP samples are highly clustered around *Gemella*, *Rothia*, and *Streptococcus*  
197 whereas those without EnzD are dispersed around *Neisseria*, *Prevotella* and *Veillonella*. These  
198 observations are consistent with cell wall structure; we would predict that given their rigid cell  
199 wall Gram-positive bacteria would drive changes in community composition for those samples  
200 with EnzD. *Streptococcus*, *Gemella*, and *Rothia* explain a large amount of the variability in the  
201 OP samples. *Streptococcus* and *Staphylococcus* are Gram-positive taxa explaining a large

202 amount of the variability in the sputum samples. Among the Gram-negative taxa explaining a  
203 large amount of variability in OP and sputum samples are *Neisseria*, *Veillonella*, and *Prevotella*  
204 due to decreasing relative abundance with EnzD. Difference in OP and sputum samples can be  
205 due to differences in the microbial communities which may be related to multiple factors  
206 including anatomic location, inter individual variability and disease severity. The samples used  
207 in this study were collected for clinical evaluation of airway infection. The patients that were not  
208 capable of expectorating sputum tend to be younger with presumably less lung disease (i.e.,  
209 fewer pathogens). There are also differences between upper and lower airways (Zemanick et al.  
210 2015) that could also impact the community composition observed.

211 Willner et al. demonstrated that genera detection varied significantly between 5  
212 commonly used extraction methods with *Staphylococcus* being detected with varying efficiency  
213 (Willner et al. 2012). Support for these findings showed the largest difference in microbial  
214 proportions between two DNA extraction methods (Norgen and Qiagen) was found in  
215 *Staphylococcus* (Pérez-Losada et al. 2016). Consistent with previous findings, EnzD revealed a  
216 higher RA of *Staphylococcus* in OP samples. Further, when evaluated in both OP swab and  
217 sputum samples from pediatric subjects with CF, variations in detection of *Staphylococcus* were  
218 observed (Johnson et al. 2016). Total RA for *Staphylococcus* in sputum samples was higher  
219 overall, but had less of a change before and after EnzD (Johnson et al. 2016). Zhao et al. looked  
220 at sputum and saw an increase in *Staphylococcus*, which we corroborate (Zhao et al. 2012). We  
221 also found a higher RA of *Streptococcus* in OP samples. Johnson et al. found that for OP  
222 samples DNA concentration consistently increased with EnzD. This indicates that in addition to  
223 observing changes in RA, EnzD probably better represents the absolute amounts of genera  
224 present in OP samples.

225           *Limitations.* There are certain limitations to our study. First, only two airway sample  
226 types collected from subjects with CF were evaluated, thus limiting more general inferences  
227 regarding the effects of EnzD in other samples types. However, this study does include OP  
228 samples, which have not previously been evaluated and represents an important sample type in  
229 early CF. Because only a single replicate with and without EnzD was evaluated, we are unable to  
230 compare effects due to EnzD versus technical variability. However, the observation of the  
231 consistent differences for the majority of the sample pairs provides some evidence that the  
232 change is due to EnzD rather than technical variability. In our study we considered beta-diversity  
233 values of 0.8 or greater to be within the limits of change due to biological variability.

234           The utility of EnzD is difficult to predict due to the strong influence of the community  
235 composition in any given sample on the results. There is a compelling argument to utilize EnzD  
236 in studies that rely on OP swabs due to the increased sensitivity for detection of *Staphylococcus*;  
237 while less compelling for sputum, EnzD should be applied consistently. Other sample types  
238 would require evaluation to determine how much impact is observed. However, increasing the  
239 RA of any group makes it harder to identify minor components in the community. EnzD could  
240 negatively impact the ability to identify Gram-negative organisms as seen through the decrease  
241 in Gram-negative genera shown in Table 2. This includes many important pathogens in CF (e.g.  
242 *Pseudomonas*) and should be considered carefully.

## 243 **Conclusions**

244           In summary, we found that the use of EnzD on airway samples prior to DNA extraction  
245 and sequencing alters microbiome community composition results, likely due to improved  
246 detection of gram-positive bacterial taxa (e.g. *Streptococcus* and *Staphylococcus*). The use of  
247 EnzD appears particularly important for analysis of OP swab samples. EnzD use with sputum

248 samples may be less critical and has the potential to decrease sensitivity for low abundance taxa.

249 Our findings highlight the need for a consistent approach to airway sample processing and

250 analysis, and suggest that EnzD should be applied routinely in studies using OP swabs and

251 studies requiring sensitive detection of *Staphylococcus* and *Streptococcus*.

252

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319

**Table 1** (on next page)

Table 1

Median absolute relative abundance in Non-EnzD groups and EnzD groups; estimated change (EnzD- Non-EnzD); in Median RA by Phyla

OP				
Phyla	EnzD %	Non-EnzD %	Estimated Change in RA %	P-Value
Actinobacteria	5.60	1.25	3.79	<0.01
Bacteroidetes	7.80	19.35	-12.73	<0.01
Firmicutes	68.31	48.32	16.78	<0.01
Fusobacteria	3.50	8.83	-1.97	<0.01
Proteobacteria	2.88	7.71	-5.52	<0.01
Sputum				
Phyla	EnzD %	Non-EnzD %	Estimated Change in RA %	P-Value
Actinobacteria	0.03	0.01	1.12	0.06
Bacteroidetes	0.01	0.06	-3.52	<0.01
Firmicutes	0.84	0.72	4.77	0.08
Proteobacteria	0.01	0.02	-1.36	<0.01

**Table 2** (on next page)

Table 2

Median absolute relative abundance in Non-EnzD groups and EnzD groups; estimated change (EnzD- Non-EnzD); in Median RA by Genera

OP				
Genera	EnzD %	Non-EnzD %	Estimated Change in RA %	P-Value
Streptococcus	36.51	14.81	21.75	<0.01
Prevotella	6.62	16.20	-10.90	<0.01
Veillonella	9.27	19.22	-7.86	<0.01
Neisseria	0.72	1.94	-3.62	<0.01
Actinomyces	2.93	0.73	2.50	<0.01
Granulicatella	1.80	2.44	-0.62	<0.01
Gemella	1.89	0.64	1.23	<0.01
Leptotrichia	1.16	3.79	-1.44	<0.01
Fusobacterium	1.47	3.08	-0.56	<0.01
Rothia	1.70	0.27	1.25	<0.01
Haemophilus	0.45	1.69	-0.91	<0.01
Johnsonella	0.97	0.40	1.19	<0.01
Firmicutes	0.65	0.89	-0.14	0.16
Campylobacter	0.50	0.75	-0.25	<0.01

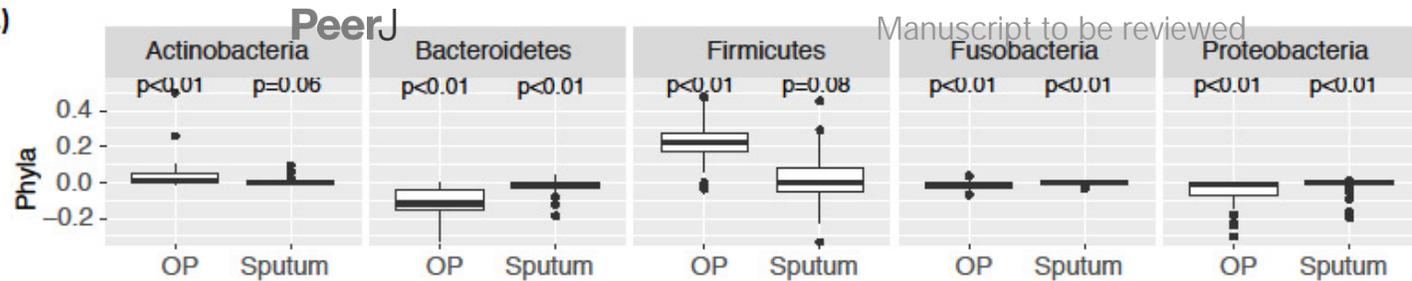
Sputum				
Genera	EnzD %	Non-EnzD %	Estimated Change in RA %	P-Value
Streptococcus	27.85	22.48	1.33	0.5
Staphylococcus	1.39	0.62	5.47	<0.01
Prevotella	0.88	3.54	-1.91	<0.01
Veillonella	1.09	6.01	-3.55	<0.01
Granulicatella	0.53	1.77	-1.30	<0.01
Gemella	0.53	1.68	-0.62	<0.01
Rothia	0.84	0.57	0.21	0.24

**Figure 1** (on next page)

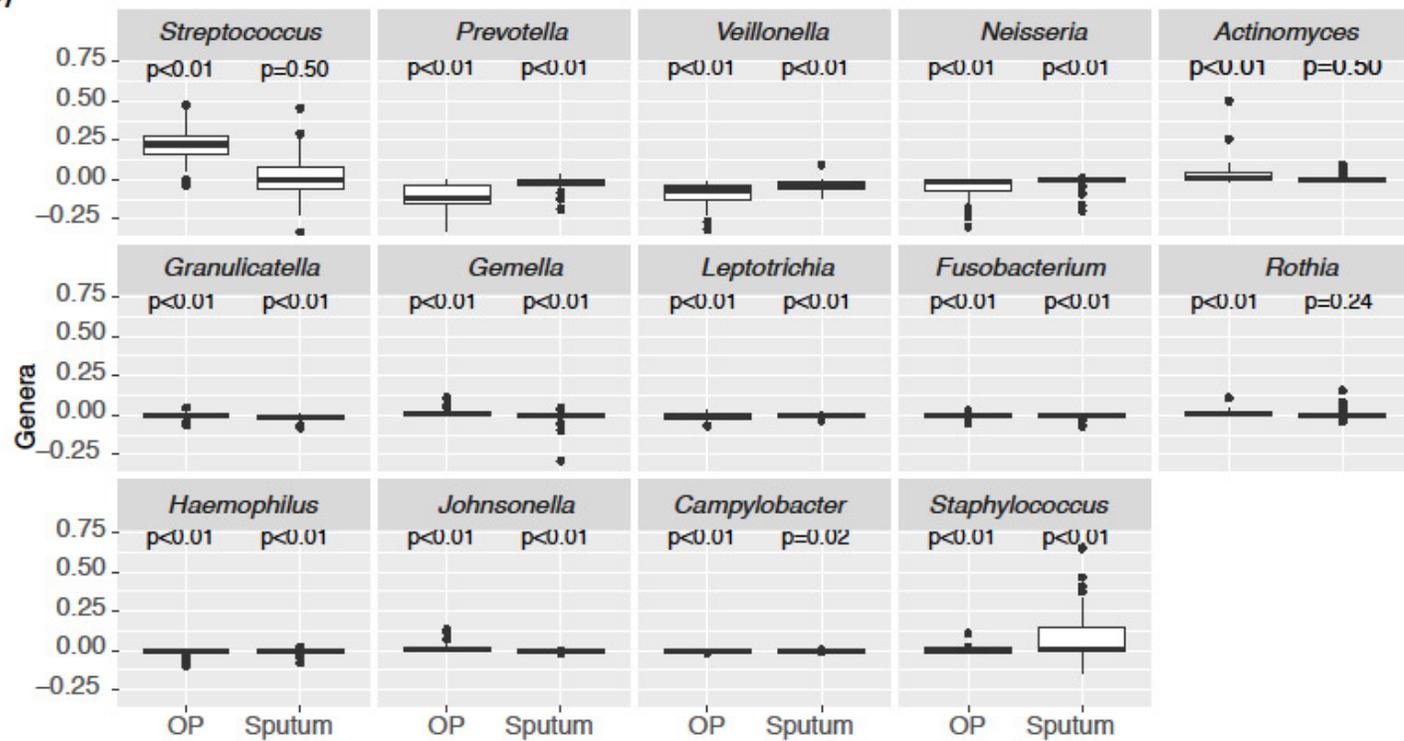
## Figure 1

Boxplots for those individual genera that change within paired samples. The distribution for differences in paired samples is shown for phyla (top) and genera (bottom). Genera with limited differences between the paired samples are tightly distributed around zero, and those with increased relative abundance after EnzD have positive distributions. Note the median RA for *Fusobacteria* in sputum is less than 1%.

A)



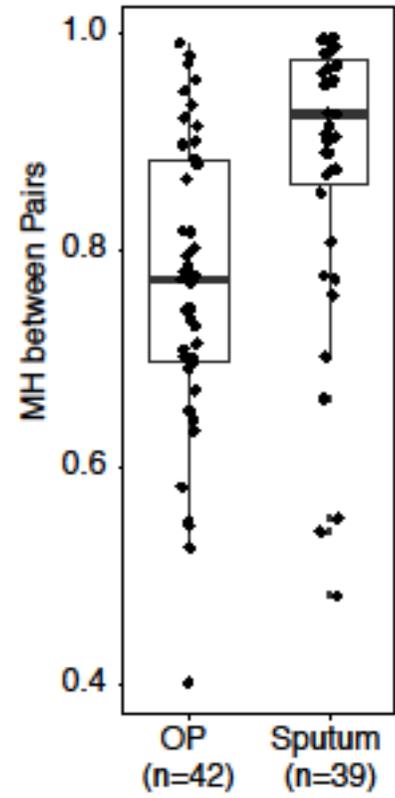
B)



**Figure 2** (on next page)

Figure 2

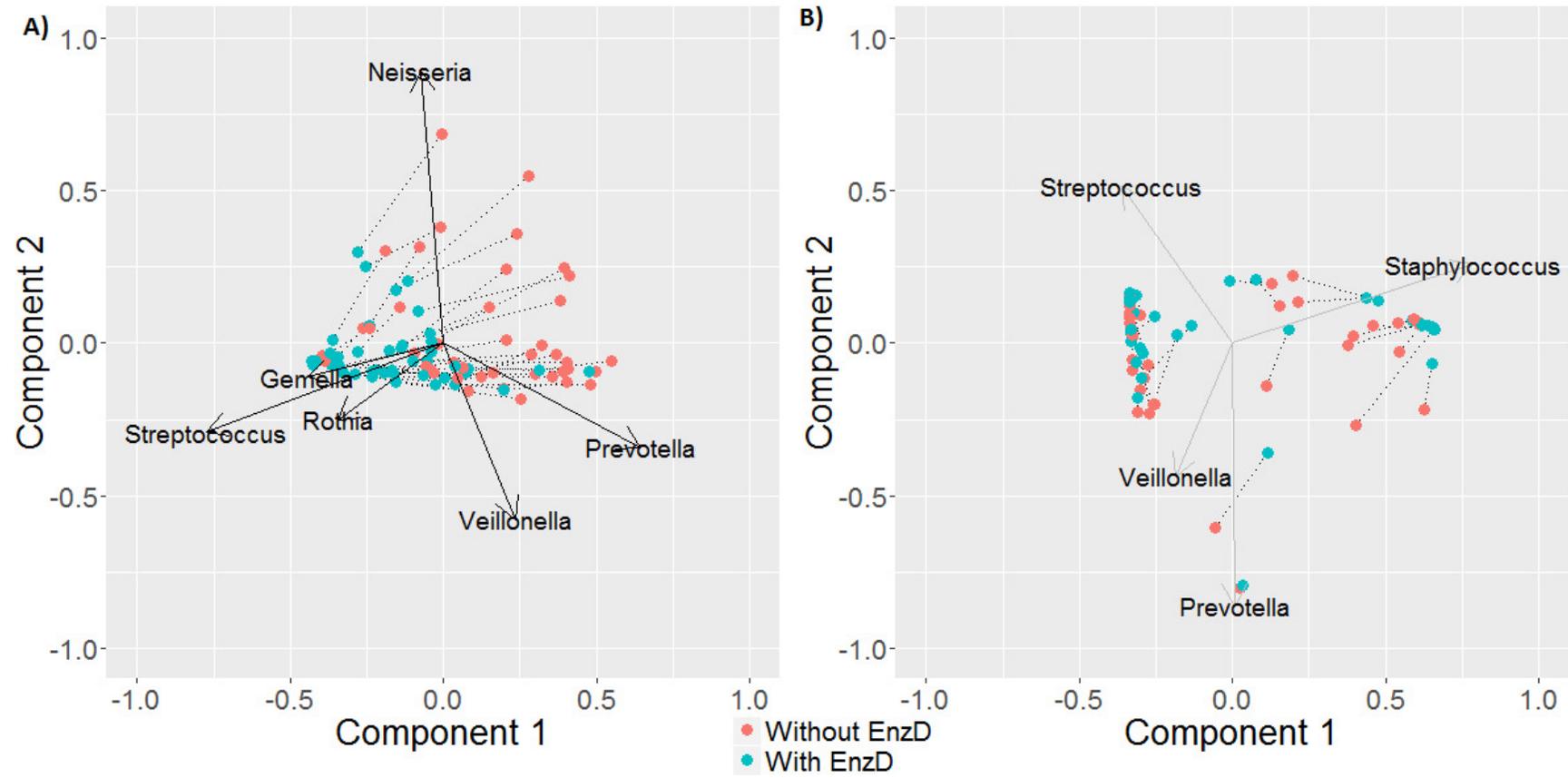
Boxplots showing distribution of MH for paired samples in op and sputum



**Figure 3** (on next page)

## Figure 3

Ordination biplot, using 1-MH beta diversity values for sputum (left) and OP (right). Paired samples are connected with a line, vectors for the genera with at least 1% RA and  $p < .005$  of the loading.



**Figure 4** (on next page)

Figure 4

Scatterplots of relative abundance of gram positive in non-EnzD sample versus MH of paired samples OP samples are shown in red and sputum in blue.

