

1    **Barriers to implementation of an automated severe sepsis alert system in the ICU setting**

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20 **ABSTRACT**

21 **Background.** ~~Electronic Health Record (EHR)~~-based sepsis alert systems have failed to  
22 demonstrate improvements in clinically meaningful endpoints. However, the effect of  
23 implementation barriers on the success of new sepsis alert systems is rarely explored.

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24 **Objective.** To test the hypothesis ~~time to~~ severe sepsis alert ~~acknowledgement by critical care~~  
25 ~~clinicians in the ICU setting~~ would ~~be~~ reduced ~~using an EHR-based~~ alert acknowledgement  
26 ~~system~~ compared to ~~a~~ text paging-based system.

**Deleted:** an automated, EMR-based  
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**Deleted:** by critical care clinicians in the intensive care unit (ICU) setting

27 **Study Design.** In one arm of this simulation study, real alerts for patients in the medical ICU  
28 were delivered to critical care clinicians through the ~~EHR~~. In the other arm, simulated alerts  
29 were delivered through text paging. The primary outcome was time to alert acknowledgement.  
30 The secondary outcomes were a structured, mixed quantitative/qualitative survey and informal  
31 group interview.

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32 **Results.** The alert acknowledgement rate from the severe sepsis alert system was 3% (N=148)  
33 and 51% (N=156) from simulated severe sepsis alerts through traditional text paging. Time to  
34 alert acknowledgement from the severe sepsis alert system was median 274 minutes (N=5) and  
35 median 2 minutes (N=80) from text paging. The response rate from the ~~EHR~~-based alert system  
36 was insufficient to compare primary measures. However, secondary measures revealed  
37 important barriers.

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38 **Conclusion.** Alert fatigue, interruption, human error, and information overload are barriers to  
39 alert and simulation studies in the ICU setting.

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## 50 INTRODUCTION

51 Electronic health record (EHR)-based, automated sepsis alert systems have failed to  
52 demonstrate improvements in clinically meaningful endpoints, such as Intensive Care Unit  
53 (ICU)/hospital length of stay (LOS) and mortality (Hooper et al. 2012; LaRosa et al. 2012;  
54 Nelson et al. 2011; Sawyer et al. 2011). This includes CU-specific and non-ICU specific alert  
55 systems, as well as the detection of sepsis, severe sepsis, and/or septic shock (Dellinger et al.  
56 2013). Clinically meaningful endpoints range from compliance with the international Surviving  
57 Sepsis Campaign (SSC) guidelines to hospital LOS, ICU LOS, and mortality. There are ICU-  
58 based and hospital wide means to trigger an alert for the early recognition of sepsis. Most EHRs  
59 now have a built in system to support this alert

61 Time to alert acknowledgement has been validated as, one proxy for time to recognition of  
62 sepsis by critical care clinicians (Dziadzko et al. 2016). The failure of EHR-based, automated  
63 sepsis alert systems to be directly correlated with improvements in clinically meaningful  
64 endpoints is frequently attributed to limitations of detection algorithms and/or the need for  
65 clinical decision support (CDS) systems (Semler et al. 2015). Human factors, such as the  
66 impact of workflow changes or the influence of method of alert delivery, are known to be barriers  
67 to the implementation of new alert systems in the clinical setting (Harrison et al. 2015a).

69 As “alarm hazards” have been ranked as the top health technology hazard in the United States  
70 (ECRI-Institute 2013), it is important to explore the effect of implementation of new alert systems  
71 on workflow changes and other human factors in the clinical setting. Despite outcome  
72 improvements in recent decades (Kaukonen et al. 2014), sepsis remains one of the most  
73 expensive in-hospital conditions (Torio CM 2013). As one of the most technologically  
74 sophisticated hospital environments, the critical care setting serves as a model to explore the  
75 impact of implementation of new alert systems. We hypothesized that time to severe sepsis

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**Comment [HH1]:** This is a garbled sentence that conflates two issues – the previous sentence was about outcomes – so why are you mentioning systems here. This paragraph is generally hard to read.

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88 alert acknowledgement by critical care clinicians in the ICU setting would be reduced using an  
89 EHR-based alert acknowledgement system compared to a text paging-based system.

**Comment [HH2]:** It would help here to say something about why a text-paging system. This article implies that text paging is current accepted practice, but it's not clear.

Furthermore, this hypothesis is fine, but it's not really about barriers – it's about comparison.

**Deleted:** would reduce time to alert acknowledgement by critical care clinicians in the ICU setting

**Comment [HH3]:** Suggest stating explicitly that this study was done in the actual care setting, as opposed to in a lab or simulation

## 91 METHODS

### 92 Study design and setting

93 This study was performed in February 2015 in the medical ICU at Mayo Clinic in Rochester,  
94 MN, USA (Figure 1). This medical ICU has been described previously from an intuitional  
95 improvement perspective (Afessa et al. 2005). Severe sepsis alerts were delivered to critical  
96 care clinicians, including attending physicians, fellows, residents, and nurse  
97 practitioners/physician assistants (NPs/PAs), using traditional HIPAA-compliant text paging. This  
98 study was approved by the Mayo Clinic Institutional Review Board (IRB) for clinician-participant  
99 enrollment by oral consent.

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### 101 Study participants and medical ICU workflow

102 The medical ICU at Mayo Clinic consists of 2 physically adjacent 12-bed units, in close proximity  
103 to a nearby 9-bed respiratory care unit (RCU). For any given month, there are approximately 15  
104 critical care attending physicians, 6 critical care fellows, 4 postgraduate year 3 internal medicine  
105 residents (PGY-3), 6 PGY-1 interns, and 9 dedicated medical ICU NPs/PAs. There are 2 shifts:  
106 6am to 6pm (AM) and 6pm to 6am (PM). On any given day, the morning shift is further divided  
107 into 2 teams. Team 1 is assigned to the majority of the medical ICU patients. Team 2 is  
108 assigned the remaining patients, as well as the RCU, which is further staffed by an additional  
109 fellow and dedicated NP/PA from the same group of approximately 40 clinicians in the medical  
110 ICU that month.

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### 112 AWARE (Ambient Warning and Response Evaluation)

120 AWARE is the ICU-specific EHR system used in this study for patient viewer/monitoring. It was  
121 developed at Mayo Clinic and has been in routine clinical use in the medical ICU at Mayo Clinic  
122 since July 2012 (Pickering et al. 2015; Pickering et al. 2010). AWARE has been demonstrated  
123 to improve clinician task load, errors of cognition, and performance (Ahmed et al. 2011).  
124 AWARE is accessible from every computer workstation in this medical ICU, including bedside  
125 desktops, nursing stations, and clinician workrooms.

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#### 127 Severe sepsis alert system

128 The severe sepsis detection algorithm was developed at Mayo Clinic and implemented into  
129 AWARE in December 2014 (Harrison et al. 2015b). Within AWARE, the severe sepsis alert  
130 system displays a passive, yellow alert icon when severe sepsis is detected. This yellow alert  
131 icon can also be activated manually by clinicians for specific patients, when severe sepsis is  
132 suspected, but not detected by the automated alert system. This yellow alert icon is  
133 automatically updated to display a passive, green alert icon within AWARE after completion of  
134 the 4 elements of the 3-hour Surviving Sepsis Campaign (SSC) bundle (Dellinger et al. 2013).  
135 Once activated, the yellow alert icon will persist for at least 6 hours, unless completion of the 6  
136 hour SSC bundle is detected (green alert icon) or manual deactivation by clinicians occurs. In  
137 the context of prolonged severe sepsis and/or septic shock, the yellow alert icon can persist  
138 indefinitely. The green alert icon automatically reverts back to “no sepsis detected” after 3  
139 hours, unless additional automatic (or manual) activation occurs.

#### 141 Study procedures

142 Clinicians agreed to participate in this study from February 02 through February 28 in 2015. The  
143 evening before each AM shift and the next PM shift, clinician participants for these upcoming  
144 shifts received a detailed email reminder with instructions (Figure 2). The number of severe  
145 sepsis system alerts per shift through AWARE (yellow or green icon alerts) was entirely

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149 dependent on the number of septic patients in the medical ICU during any specific shift.  
150 Clinician participants randomly received no more than 3 simulated severe sepsis alerts per shift  
151 via text paging. In both cases, clinician participants were instructed to acknowledge all AWARE  
152 and traditional text paging severe sepsis alerts by email response. The difference between the  
153 time to severe sepsis alert activation in AWARE (or alert delivery via text page) and email  
154 response was defined as the time to alert acknowledgement.

155

## 156 Survey design

157 To compare clinician satisfaction between the EHR-based alert acknowledgement system and  
158 text paging-based system, clinician participants completed a structured, mixed  
159 quantitative/qualitative survey, upon completion of the severe sepsis alert acknowledgement  
160 portion of this study (full survey facsimile in Results, Figure 3). These questions were designed  
161 partially on existing clinician satisfaction surveys of alert methods for use in the hospital and  
162 critical care settings (Embi et al. 2008; Wagner et al. 1998).

163

## 164 Statistical analysis

165 Severe sepsis alert system data was extracted directly from AWARE using METRIC Data Mart,  
166 a near-real time relational database of the complete EHR, which was developed at Mayo Clinic  
167 and has been described previously (Herasevich et al. 2010). Data was queried using JMP Pro  
168 (SAS Institute, Inc). Data collection and statistical analyses, such as the two-sided Student's t-  
169 test and the Chi-squared test, were also performed in JMP Pro. For all statistical analyses, a *p*-  
170 value of less than 0.05 was considered to be statistically significant. For all median values from  
171 the survey results, interquartile range (IQR) was reported.

172

## 173 RESULTS

**Deleted:** Upon completion of the severe sepsis alert acknowledgement portion of this study,

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177 Prior to initiation of this study, a 1-day feasibility pilot was performed in January 2015 using 7  
178 medical ICU clinicians. Based on the result of this feasibility study (data not shown), it was  
179 determined that a sufficiently high clinician participant alert acknowledgement rate could be  
180 obtained from both severe sepsis system alerts through AWARE (yellow or green icon alerts)  
181 and simulated severe sepsis alerts through traditional text paging in the ICU setting. Based on  
182 the results of this feasibility pilot, participant instructions were optimized (Figure 2).

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183  
184 Of the 40 clinicians staffing the medical ICU in February 2015, 13 (32%) were recruited to  
185 participate in this study. However, it was decided after 2 weeks (February 02 AM through  
186 February 15 PM) to prematurely terminate this study, due to sufficient statistical power for time  
187 to alert acknowledgement analysis, as well as feedback from clinician participants. As a result, it  
188 was necessary to exclude 1 NP/PA due to unavailability in the medical ICU during this  
189 shortened study period (RCU only). Ultimately, 12 clinicians participated: 5 NPs/PAs (out of 9),  
190 3 attending physicians (out of 15), 2 fellows (out of 6), 2 PGY-3s (out of 4), and 0 PGY-1s (out  
191 of 6). The median number of potential AWARE alert acknowledgements per shift was 2 (IQR 1  
192 to 4). The minimum and maximum numbers were 0 and 5. The number of patients who triggered  
193 at least 1 severe sepsis system alert through AWARE (yellow or green icon alert) was 28. Of the  
194 28 shifts that occurred during this shortened study period, 23 shifts (82%) were covered by at  
195 least 1 participant (Table 1).

196  
197 The alert acknowledgement rate from the severe sepsis alert system through AWARE was 3%  
198 (N=148) and 51% (N=156) from simulated severe sepsis alerts through text paging (Table 2).  
199 Time to alert acknowledgement from the severe sepsis alert system through AWARE was  
200 median 274 minutes (N=5) and median 2 minutes (N=80) from simulated severe sepsis alerts  
201 through text paging. The 5 alert acknowledgements from the severe sepsis alert system through

203 AWARE came from only 3 clinician participants (NP/PA #01, NP/PA #04, and NP/PA #05), while  
204 all 12 participants acknowledged at least 1 simulated severe sepsis alert through text paging.

205

206 All participants completed a structured, mixed quantitative/qualitative survey. For the  
207 quantitative portion of the survey (Figure 3), clinicians found alert by AWARE to be slightly less  
208 disruptive than alert by text paging. Clinicians found acknowledgement of AWARE and text  
209 paging alerts to be equally disruptive. When AWARE and text paging alerts were directly  
210 compared, a clear preference for text paging for both "urgent" and "non-urgent" alerts was  
211 present. When asked to "select one or more" (text paging, AWARE, email, phone call, text  
212 message, or other), the results for non-urgent alerts were mixed. However, when asked the  
213 same question for urgent alerts, the preference was once again clearly for text paging.

214

215 For the qualitative portion of the survey (Figure 4), 11 out of 12 clinician participants provided "at  
216 least one suggestion for improving alert/notification delivery". Clinicians commented on  
217 inhomogeneous overall use of AWARE in the medical ICU, despite implementation several  
218 years prior (July 2012). Of the same 11 clinicians, 4 provided "any additional comments": the  
219 same 3 NPs/PAs who responded to at least 1 alert acknowledgement from the severe sepsis  
220 alert system through AWARE, as well as Attending #03. A clear theme concerning alert fatigue,  
221 interruption, human error, and information overload was present.

222

223 An informal group interview in the form of a noon pizza party was held to thank all clinician  
224 participants and gather additional feedback on the barriers to clinician participation and  
225 engagement in this implementation study. The 4 clinicians who attended were once again the  
226 same 4 clinicians who provided "any additional comments" on the survey. The statements  
227 regarding alert fatigue, interruption, human error, and information overload were reinforced,  
228 despite a strong interest from these clinicians to participate. Regarding inhomogeneous overall

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231 use of AWARE in the medical ICU, specific attention was drawn to a particular lack of interest  
232 from residents to use AWARE, as well as a lack of interest from both residents and fellows to  
233 participate in any research study during their required rotations through the medical ICU,  
234 including implementation of the severe sepsis alert system.

235

## 236 DISCUSSION

237 ~~We hypothesized that time to severe sepsis alert acknowledgement by critical care clinicians in~~  
238 ~~the ICU setting would be reduced using an EHR-based alert acknowledgement system~~  
239 ~~compared to a text paging-based system.~~ Based on the limited alert acknowledgement  
240 response rate using the severe sepsis alert system compared to traditional text paging, it was  
241 not possible to answer this hypothesis. However, feedback from the structured, mixed  
242 quantitative/qualitative survey, as well as the informal group interview, provided invaluable  
243 insight into the sources of this limited acknowledgement response rate. Implementation barriers  
244 included human factors, such as alert fatigue, interruption, human error, and information  
245 overload.

246

247 With the implementation of increasingly sophisticated EHR systems, interest in the development  
248 of novel automated detection and alert systems has increased (Bourgault et al. 2014). However,  
249 investigation into best methods of alert delivery (text paging, EHR systems, email, phone calls,  
250 and/or text messaging) for urgent and non-urgent alerts in the hospital setting is limited (Gill et  
251 al. 2012). Investigation into the most appropriate clinician for alert delivery is also limited (Zhang  
252 et al. 2003). Monitoring and alert systems have been developed for patient use in the home  
253 setting (Steinman et al. 2011; Tchalla et al. 2012). However, there has been comparatively  
254 limited investigation into methods of alert delivery to clinicians in the hospital setting (Loo et al.  
255 2011). Interestingly, many of these studies have been performed in the geriatric patient  
256 population, but not in the ICU setting, where the average patient age is often 65 or older

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261 (Seferian & Afessa 2006). Thus, there is a clear need for further systematic exploration of  
262 human factors barriers to the implementation of new alert systems in the ICU setting, such as  
263 the impact of workflow changes and the influence of method of alert delivery.

264

265 Implementation of automated detection and alert systems without consideration of these factors  
266 is known to have the potential to result in alert fatigue (Singh et al. 2013), interruption (Hodgetts  
267 & Jones 2007), human error (Bates et al. 1998), and information overload (Stokstad 2001).  
268 Recognition of the importance of alert fatigue in the hospital setting has increased significantly  
269 in recent years (Herasevich et al. 2013). However, implementation of automated alert systems  
270 generally must be performed in the context of information overload and complex task  
271 interruption (Eppler & Mengis 2004). It is also known that information overload can alter alert  
272 perception in the medical setting (Glassman et al. 2006). This can cause clinicians to perceive  
273 alert systems negatively and deter future use (Harrison et al. 2016). Thus, the task of generating  
274 clinically meaningful alerts while concurrently minimizing information overload and task  
275 interruption is challenging.

276

277 Clinician-participant comments provided valuable insight regarding preferences for method of  
278 alert delivery. Although there was a clear preference for receiving urgent alerts through text  
279 paging, additional investigation is required to specifically explore the rationale for this  
280 preference. Understanding the rationale for this preference may reduce the barriers to  
281 answering the primary objective of this study, which was comparison of time to severe sepsis  
282 alert acknowledgement methods by critical care clinicians in the ICU setting. These secondary  
283 outcomes revealed important barriers to the inability to answer the primary outcome, which are  
284 applicable and generalizable to future studies.

285 This study has several limitations. (1) This was a single-center study at an academic medical  
286 center. Well-established biases and potential confounders are known to be present with this

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288 particular study design (Straus et al. 2005). (2) Unlike the severe sepsis system alerts through  
289 AWARE (yellow or green icon alerts), the severe sepsis alerts through text paging were  
290 simulated. Comparing non-simulated alerts to simulated alerts may introduce additional  
291 confounders into the interpretation of the results of this study. (3) Although not investigated in  
292 this study, the feasibility of severe sepsis alert delivery using an EHR-based, automated mobile  
293 app for smartphones has been validated (Dziadzko et al. 2016). (4) The significant range of  
294 clinical experience of clinician-participants introduces study bias. The potential application of  
295 this technology for the future of clinical practice and clinical research should not be ignored.  
296 Ultimately, a multi-center, non-simulated study in the ICU setting is required to address various  
297 aspects of these limitations.

298

## 299 CONCLUSION

300 It could not be determined whether an automated alert for severe sepsis reduced time to alert  
301 acknowledgement by critical care clinicians in the ICU setting compared to text paging. This was  
302 due to an extremely limited alert acknowledgement response rate using the severe sepsis alert  
303 system compared to traditional text paging. Implementation barriers, including human factors—  
304 such as alert fatigue, interruption, human error, and information overload—were determined to  
305 be an important source of this finding.

306

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421

422 **TABLE LEGEND**

423 Table 1: Number of shifts per clinician participant and number of participants per shift  
424 Table 2: Comparison of alert response rate and median time to alert acknowledgement between  
425 the severe sepsis alert system through AWARE and simulated severe sepsis alerts through  
426 traditional text paging

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428 **FIGURE LEGEND**

429 Figure 1: Schematic illustration of study design

430 Figure 2: Detailed daily email reminder to clinician participants with complete instructions

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431 Figure 3: Facsimile of the structured, mixed quantitative/qualitative survey provided to the  
432 clinician participants with all quantitative results overlaid: median (IQR)

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433 Figure 4: All qualitative responses to the structured, mixed quantitative/qualitative survey  
434 reproduced in their entirety, including typographical errors

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