

# Development and validation of a 36-gene sequencing assay for hereditary cancer risk assessment

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The past two decades have brought many important advances in our understanding of the hereditary susceptibility to cancer. Numerous studies have provided convincing evidence that identification of germline mutations associated with hereditary cancer syndromes can lead to reductions in morbidity and mortality through targeted risk management options. Additionally, advances in gene sequencing technology now permit the development of multigene hereditary cancer testing panels. Here, we describe the 2016 revision of the Counsyl Inherited Cancer Screen for detecting single-nucleotide variants (SNVs), short insertions and deletions (indels), and copy number variants (CNVs) in 36 genes associated with an elevated risk for breast, ovarian, colorectal, gastric, endometrial, pancreatic, thyroid, prostate, melanoma, and neuroendocrine cancers. To determine test accuracy and reproducibility, we performed a rigorous analytical validation across 341 samples, including 118 cell lines and 223 patient samples. The screen achieved 100% test sensitivity across different mutation types, with high specificity and 100% concordance with conventional Sanger sequencing and multiplex ligation-dependent probe amplification (MLPA). We also demonstrated the screen's high intra-run and inter-run reproducibility and robust performance on blood and saliva specimens. Furthermore, we showed that pathogenic Alu element insertions can be accurately detected by our test. Overall, the validation in our clinical laboratory demonstrated the analytical performance required for collecting and reporting genetic information related to risk of developing hereditary cancers.

1 **Development and validation of a 36-gene sequencing assay for hereditary**  
2 **cancer risk assessment**

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**14 ABSTRACT**

15 The past two decades have brought many important advances in our understanding of the  
16 hereditary susceptibility to cancer. Numerous studies have provided convincing evidence that  
17 identification of germline mutations associated with hereditary cancer syndromes can lead to  
18 reductions in morbidity and mortality through targeted risk management options. Additionally,  
19 advances in gene sequencing technology now permit the development of multigene hereditary  
20 cancer testing panels. Here, we describe the 2016 revision of the Counsyl Inherited Cancer  
21 Screen for detecting single-nucleotide variants (SNVs), short insertions and deletions (indels),  
22 and copy number variants (CNVs) in 36 genes associated with an elevated risk for breast,  
23 ovarian, colorectal, gastric, endometrial, pancreatic, thyroid, prostate, melanoma, and  
24 neuroendocrine cancers. To determine test accuracy and reproducibility, we performed a  
25 rigorous analytical validation across 341 samples, including 118 cell lines and 223 patient  
26 samples. The screen achieved 100% test sensitivity across different mutation types, with high  
27 specificity and 100% concordance with conventional Sanger sequencing and multiplex ligation-  
28 dependent probe amplification (MLPA). We also demonstrated the screen's high intra-run and  
29 inter-run reproducibility and robust performance on blood and saliva specimens. Furthermore,  
30 we showed that pathogenic Alu element insertions can be accurately detected by our test.  
31 Overall, the validation in our clinical laboratory demonstrated the analytical performance  
32 required for collecting and reporting genetic information related to risk of developing hereditary  
33 cancers.

## 34 INTRODUCTION

35 Tremendous advances in our knowledge of evaluating and treating patients with germline  
36 mutations associated with hereditary cancer syndromes have been realized in the past two  
37 decades. Multiple studies demonstrate the feasibility and clinical utility of genetic testing  
38 (Norton et al., 2007; Domchek et al., 2010; Kurian et al., 2014; Lynce and Isaacs, 2016). Most  
39 importantly, studies have provided convincing evidence that identification of hereditary cancer  
40 syndromes can lead to reductions in morbidity and mortality through targeted risk management  
41 options. For example, for unaffected women who carry a *BRCA1* or *BRCA2* mutation, risk-  
42 reducing salpingo-oophorectomy results in a significant reduction in all-cause mortality (3% vs.  
43 10%; hazard ratio [HR] 0.40; 95% CI, 0.26–0.6), breast cancer-specific mortality (2% vs. 6%;  
44 HR 0.44; 95% CI, 0.26–0.76) and ovarian cancer-specific mortality (0.4 vs. 3%; HR 0.21; 95%  
45 CI, 0.06–0.8) when compared with carriers who chose not to undergo this procedure (Domchek  
46 et al., 2010).

47 Until recently, the traditional approach for germline testing was to test for a mutation in a  
48 single gene or a limited panel of genes (syndrome-based testing) using Sanger sequencing  
49 (Sanger et al., 1977), quantitative PCR (Barrois et al., 2004), and MLPA (Hogervorst et al.,  
50 2003). With advances in next-generation DNA sequencing (NGS) technology and bioinformatics  
51 analysis, testing of multiple genes simultaneously (panel-based testing) at a cost comparable to  
52 traditional testing is possible. NGS-based, multigene panels of 25 to 79 genes have been  
53 developed and are offered by several clinical diagnostic laboratories (Easton et al., 2015; Kurian  
54 & Ford, 2015; Lynce & Isaacs, 2016). Panel-based testing has proven to provide improved  
55 diagnostic yield (Castéra et al., 2014; Cragun et al., 2014; Kurian et al., 2014; LaDuca et al.,  
56 2014; Lincoln et al., 2015; Minion et al., 2015; Rehm, 2013). Among clinic-based studies that  
57 collectively assessed more than 10,000 patients who tested negative for *BRCA1/2* mutations,  
58 mutation prevalence in non-*BRCA* genes ranged from 4% to 16% (Castéra et al., 2014; LaDuca  
59 et al., 2014; Kurian et al., 2014; Maxwell et al., 2015; Tung et al., 2015). Some mutations were  
60 clinically unexpected (e.g., a *MSH6* mutation, consistent with Lynch syndrome, was found in a  
61 patient with triple-negative breast cancer) (Kurian et al., 2014), prompting calls for a change in  
62 screening and prevention recommendations.

63 Published validation studies demonstrate high analytical concordance between results  
64 from NGS and the traditional Sanger method for detection of sequence level variations (single-  
65 nucleotide variants, small deletions and insertions) (Bosdet et al., 2013; Chong et al., 2014;  
66 Judkins et al., 2015; Lincoln et al., 2015; Strom et al., 2015). However, detection of exon-level  
67 copy number variations and larger indels might be relatively challenging for NGS (Lincoln et al.,  
68 2015). To address this concern, some laboratories complement NGS with microarrays (Chong et  
69 al., 2014). Other laboratories achieve high accuracy of NGS-based copy number variation and  
70 indel detection using sophisticated bioinformatics pipelines (Lincoln et al., 2015; Kang et al.,  
71 2016; Schenkel et al., 2016). Although this is encouraging, it is important to consider the  
72 potential limitations of NGS for detection of larger insertions/deletions (indels) and copy number  
73 variants (CNVs, also known as deletions and duplications or large rearrangements). Samples  
74 with technically challenging classes of mutations should be included in analytical validation.

75 Here, we describe the development and validation of the 2016 revision of the Counsyl  
76 Inherited Cancer Screen, an NGS-based test to identify single nucleotide variants (SNVs), indels,  
77 and copy number variants in 36 genes associated with an elevated risk for breast, ovarian,  
78 colorectal, gastric, endometrial, pancreatic, thyroid, prostate, melanoma, and neuroendocrine  
79 cancers. To evaluate analytical performance of the test and ensure quality of results, we followed

80 the American College of Medical Genetics and Genomics (ACMG) guidelines for analytical  
81 validation of NGS methods (Rehm et al., 2013). The validation study included both well-  
82 characterized cell lines (N=118) and de-identified patient samples (N=223) with clinically  
83 relevant variants.

84

## 85 **MATERIALS AND METHODS**

### 86 **Institutional Review Board Approval**

87 The protocol for this study was approved by Western Institutional Review Board (IRB number  
88 1145639) and complied with the Health Insurance Portability and Accountability Act (HIPAA).  
89 The information associated with patient samples was de-identified in accordance with the  
90 HIPAA Privacy Rule. A waiver of informed consent was requested and approved by the IRB.

91

### 92 **Multigene Panel Design**

93 Thirty six genes associated with hereditary forms of cancer, including breast, ovarian, colorectal,  
94 gastric, endometrial, pancreatic, thyroid, prostate, melanoma, and neuroendocrine, were selected  
95 for development of the Counsyl Inherited Cancer Screen panel. The genes are: *APC*, *ATM*,  
96 *BARD1*, *BMPRIA*, *BRCA1*, *BRCA2*, *BRIP1*, *CDHI*, *CDK4*, *CDKN2A*, *CHEK2*, *EPCAM*,  
97 *GREM1*, *MEN1*, *MLH1*, *MRE11A*, *MSH2*, *MSH6*, *MUTYH*, *NBN*, *PALB2*, *PMS2*, *POLD1*,  
98 *POLE*, *PTEN*, *RAD50*, *RAD51C*, *RAD51D*, *RET*, *SDHA*, *SDHB*, *SDHC*, *SMAD4*, *STK11*, *TP53*,  
99 and *VHL* (Table 1). Twenty eight of the 36 genes were specifically included due to the  
100 availability of patient management guidelines by NCCN or other professional societies. Further  
101 details regarding the panel are available in Table S1.

102

103 The selected genes are tested for SNVs, indels, and CNVs throughout coding exons and 20 bp of  
104 flanking intronic sequences. Additionally, known deleterious variants outside the coding regions  
105 are sequenced. In *EPCAM*, only large deletions that include exon 9 are reported as these  
106 mutations are known to silence the *MSH2* gene (Tutlewska, Lubinski, and Kurzawski, 2013). In  
107 *GREM1*, specific pathogenic duplications in the promoter, which are commonly associated with  
108 individuals of Ashkenazi Jewish descent, are covered. Specifically, the screen targets the three  
109 most common promoter duplications in *GREM1* (coordinates with respect to GRCh37/hg19  
110 reference assembly):

- 111 ● chr15:32,964,939-33,004,759 (40kb)
- 112 ● chr15:32,986,220-33,002,449 (16kb)
- 113 ● chr15:32,975,886-33,033,276 (57kb)

114 For *PMS2*, exons 11-15 are excluded from the reportable region of interest (ROI) because of  
115 high similarity between this portion of *PMS2* and its highly homologous pseudogene *PMS2CL*.  
116 In *RET*, exon 1 is not sequenced due to high guanine-cytosine (GC) content.

117

### 118 **Next Generation DNA Sequencing**

119 Our application of next-generation DNA sequencing is performed as described previously (Kang  
120 et al., 2016). Briefly, DNA from a patient's blood or saliva sample is isolated, quantified by a  
121 dye-based fluorescence assay and then fragmented to 200-1000 bp by sonication. The  
122 fragmented DNA is converted to a sequencing library by end repair, A-tailing, and adapter  
123 ligation. Samples are then amplified by PCR with barcoded primers, multiplexed, and subjected  
124 to hybrid capture-based enrichment with 40-mer oligonucleotides (Integrated DNA  
125 Technologies, Coral, IL) complementary to targeted regions. Next generation sequencing of the

126 selected targets is performed with sequencing-by-synthesis on the Illumina HiSeq 2500  
 127 instrument to a mean sequencing depth of ~650x. All target nucleotides are required to be  
 128 covered with a minimum depth of 20 reads.

129

### 130 **Bioinformatics Processing**

131 Sequencing reads are aligned to the hg19 human reference genome using the BWA-MEM  
 132 algorithm (Li, 2013). Single-nucleotide variants and short indels are identified and genotyped  
 133 using GATK 1.6 and FreeBayes (McKenna et al., 2010; Garrison & Marth, 2012). The calling  
 134 algorithm for copy number variants is described below. All SNVs, indels, and large  
 135 deletions/duplications within the reportable range are analyzed and classified by the method  
 136 described in the section “Variant Classification”. All reportable calls are reviewed by licensed  
 137 clinical laboratory personnel.

138

### 139 **CNV Calling Algorithm**

140 Copy number variants for samples are determined by inspecting the number of mapped reads  
 141 observed at targeted positions in the genome across samples in a flowcell lane. Our method is  
 142 based upon previous successful approaches applying hidden Markov models (HMMs) to exome  
 143 sequencing data (Plagnol et al. 2012) with modifications presented below that have been  
 144 optimized for accurate resolution of CNVs based on the particulars of the sequencing  
 145 technology. As sequencing depth is linearly proportional to the number of copies of the genome  
 146 at that position, we construct a statistical model for the likelihood of observing a given number  
 147 of mapped reads  $d_{i,j}$  at a given genomic position  $i$  for sample  $j$  with copy number  $c_{i,j}$ .

148

149 The expected number of reads is dependent upon 3 factors: the average depth for that targeted  
 150 location across samples  $\mu_i$ , the average depth for that particular sample across targeted positions  
 151  $\mu_j$ , and the local copy number of the sample’s genome at that targeted position. These are first  
 152 determined by finding the median depth at targeted region across all  $N_s$  samples in an analyzed  
 153 flowcell lane

$$\mu_i = \frac{\sum_j d_{i,j}}{N_s}$$

154 then the sample dependent factor  $\mu_j$  is found by taking the median across all  $N_p$  positions in  
 155 genome after normalizing for the expected number of reads at each position

$$\mu_j = \frac{\sum_i d_{i,j}/\mu_i}{N_p}$$

156 Combining these factors the observed data are modeled by the negative binomial distribution  
 $p(d_{i,j}|c_{i,j}) = \text{NegBinom}(d_{i,j}|\mu = c_{i,j}\mu_i\mu_j, r = r_i)$

157

158 This characterization has been found to accurately model the observed number of reads from  
 159 previous targeted sequencing experiments (Anders & Huber, 2010).

160

161 In the negative binomial model, the variance parameter  $r_i$  accounts for regions of the genome  
 162 where sequencing depth is observed to follow idealized Poisson statistics in the limit that  $r \rightarrow \infty$   
 163 and regions that are excessively noisy with respect to observed number of reads when  $r \rightarrow 0$ .  
 164  $r_i$  may be estimated as

$$r_i = \frac{\mu_i^2}{\text{Var}_j[d_{i,j}] - \mu_i}$$

165 which is found to closely model the empirical distribution over several orders of magnitude in  
166 read depth.

167  
168 Because duplications and deletions will simultaneously impact the expected depth of all genomic  
169 positions encompassing the variant, depth data from spatially adjacent positions are correlated.  
170 We leverage the HMM to account for this correlation. The HMM's state transition probabilities  
171 between wild-type and copy-number-variant are parameterized by matching the average length  
172 of such variations observed in human population (Sudmant et. al. 2015) through setting  
173  $p_{CNV \rightarrow WT} = 1/6200$  between each subsequent base-pair and a prior on the frequency of such  
174 variations

$$\frac{p_{WT \rightarrow CNV}}{p_{CNV \rightarrow WT}} = p_{CNV}$$

176  
177 The prior  $p_{CNV} = 0.001$  was determined by balancing the thresholds for confident calling and  
178 retesting of calls to achieve the desired sensitivity and specificity, and the prior was set  
179 independently of this validation.

180  
181 Detecting CNVs using this probabilistic framework invokes the Viterbi algorithm (Korn et. al.,  
182 2008) to determine the most likely number of copies at every targeted region within a sample.  
183 Any contiguous regions of duplication or deletion produce a reported variant, and the confidence  
184 of that call is determined by aggregating the posterior probability of the call  
185  $\sum_{i \in CNV} p(c_{i,j} \neq 2)$  not being wildtype over the called region.

186  
187 All copy-number called variants are inspected for quality of raw data by human review, and  
188 observed positive variants are rerun in our production SOP for verification of the call. Samples  
189 that emit low confidence called variants are additionally rerun to resolve a confident genotype.

### 190 **Detection of Alu Insertions**

191 Alu positives were detected by looking for Alu sequences in reads overlapping with Alu  
192 insertion positions. All insertions were only tested for at positions where the sequence had been  
193 previously confirmed by Sanger sequencing. At the site of an Alu insertion, the Alu sequence is  
194 soft-clipped by BWA alignment. These soft-clipped reads were compiled; duplicate reads were  
195 discarded; and the remaining reads with sequences matching the known Alu sequence at this site  
196 were tallied. Sites with three unique reads matching the Alu sequence were called as Alu  
197 positive.

### 198 **Pre- and Post-sequencing Quality Metrics**

199  
200 To ensure the quality of the results obtained from the assay, 27 different review checkpoints  
201 (Table S2) were developed. Ancillary quality-control metrics are computed on the sequencing  
202 output and used to exclude and re-run failed samples, and include the fraction of sample  
203 contamination (<5%), extent of GC bias, read quality (percent Q30 bases per Illumina  
204 specifications), depth of coverage (per base minimum coverage  $\geq 20x$  and mean coverage of  
205  $>250x$ ), and region of interest (ROI) coverage (100%). Calls that do not meet criteria listed in  
206

207 Table S2 are set to “no-call”. To ensure clinical calling accuracy, all calls and no-calls for  
208 potentially deleterious, variants of unknown significance, and uncurated variants are manually  
209 reviewed by laboratory personnel and are subject to override if warranted, based on a pre-  
210 established protocol.

211

### 212 **Variant Classification**

213 Variants are classified using multiple lines of evidence according to the ACMG Standards and  
214 Guidelines for the Interpretation of Sequence Variants (American College of Medical Genetics  
215 and Genomics, 2015; Richards et al., 2015). Variants that are known or predicted to be  
216 pathogenic are reported; patients and providers have an option to have variants of uncertain  
217 significance reported as well. Final variant classifications are regularly uploaded to ClinVar  
218 (Landrum et al., 2014), a peer-reviewed database created with a goal of improving variant  
219 interpretation consistency between laboratories.

220

### 221 **Statistical Analysis**

222 Variant calls were defined as true positive for variants identified by the Counsyl Inherited Cancer  
223 Screen and by independent testing (the 1000 Genomes Project or MLPA/Sanger data), false  
224 positive for variants identified by the Counsyl test but not by the independent data, and false  
225 negative for variants identified by the independent data but not by the Counsyl test. To estimate  
226 true negatives, we counted polymorphic sites (positions at which we observed non-reference  
227 bases in any sample) with concordant negative results across all considered samples. No-calls  
228 were censored from the analysis. As no-calls have the potential to introduce clinically relevant  
229 false negatives, we separately examined the no-calls containing potentially deleterious alleles by  
230 treating no-calls as homozygous reference and comparing to the 1000 Genomes calls. We found  
231 all no-calls when treated as homozygous reference were concordant with the exception that one  
232 comparison was inconclusive due to low allele balance in both our data and the exome data from  
233 the 1000 Genomes Project (Table S8).

234 Validation metrics were defined as: Accuracy =  $(TP + TN) / (TP + FP + TN + FN)$ ;  
235 Sensitivity =  $TP / (TP + FN)$ ; Specificity =  $TN / (TN + FP)$ ; FDR =  $FP / (TP + FP)$ , where  
236 TP=true positives, TN=true negatives, FP=false positives, FN=false negatives, and FDR=false  
237 discovery rate. The confidence intervals (CIs) were calculated by the method of Clopper and  
238 Pearson (Clopper & Pearson, 1934). To estimate reproducibility within and between runs, the  
239 ratio of concordant calls to total calls was calculated.

240

### 241 **Study Samples**

242 The validation sample set comprised (a) 111 genomic DNA reference materials purchased from  
243 the Coriell Cell Repositories (Camden, NJ), (b) MLH1/MSH2 exon copy number reference panel  
244 from the National Institute for Biological Standards and Control (NIBSC) (N=7), and (c) 223  
245 deidentified patient samples used for MLPA- and Sanger-based confirmation (Tables 2, S3, and  
246 S4).

247

248 The validation set included samples with reference data for SNVs and indels (the 1000 Genomes  
249 Project), a broad range of indels (both short  $\leq 10$  bp and long  $> 10$  bp) characterized by Sanger  
250 sequencing, homopolymer-associated variants, Alu element insertions, and both single- and  
251 multi-exon copy-number variants characterized by MLPA (Table 3). Validation material was  
252 derived from cell lines, blood, and saliva samples. Collectively, the validation set provides broad

253 coverage of known relevant types of genomic variation across the reportable region of the test  
254 (Table 3). A list of the validation samples from Sanger and MLPA confirmation is provided in  
255 Table S4.

256

## 257 **RESULTS**

### 258 **Test description**

259 We developed an NGS-based test that interrogates 36 genes associated with hereditary cancer  
260 risk (Table 1). The majority of the 36 genes were selected based on the availability of patient  
261 management guidelines developed by NCCN or other professional societies. The reportable  
262 region of interest (ROI) of the test is 124,245 bp representing coding exons, intron boundaries  
263 and non-exonic mutation-containing regions (Table 1). The wet lab protocols and reagents are  
264 carefully optimized to ensure 100% coverage of targeted base pairs at an average depth of 650  
265 reads and a minimal depth of 20 reads sufficient for robust detection of multiple classes of  
266 genomic alterations: single-nucleotide variations, indels, and copy number variations.

267

### 268 **Validation approach**

269 Several regulations, including the Clinical Laboratory Improvement Act of 1988 (CLIA), the  
270 ACMG guidelines for analytical validation of NGS methods (Rehm et al., 2013), as well as  
271 various quality standards for diagnostic laboratories require rigorous analytical validation of  
272 panel tests for clinical use. In contrast to diagnostic assays for a single gene or a limited panel of  
273 genes (syndrome-based testing), analytical validation of a NGS-based test assaying 36 genes for  
274 multiple types of genomic alterations is a complex task. To address this challenge, we developed  
275 a representative validation approach with reference samples selected to cover variant and  
276 specimen variability that may affect test accuracy and reproducibility for clinical use.

277 To measure the accuracy of SNV and indel detection, we tested samples from the 1000  
278 Genomes Projects with reference data for SNVs and indels in all 36 genes. Testing on the 1000  
279 Genomes Project samples allows us to assess the ability to call commonly observed variant types  
280 and the ability to test calling in regions that may be difficult for NGS due to considerable  
281 sequence homology (e.g. *CHEK2*, *SDHA*, and *PMS2*) or low complexity (homopolymer runs).  
282 However, the 1000 Genomes reference samples provide limited validation for technically  
283 challenging variants like CNVs, larger indels, and Alu insertions. To build a collection of  
284 reference material to test such challenging variants, we identified relevant patient samples tested  
285 with a previous version of the Counsyl test (a 24-gene panel) and orthogonally confirmed each of  
286 the positive samples by either Sanger or MLPA. Using these cohorts of reference samples (e.g.  
287 samples with CNVs), we could then assess call accuracy for each type of technically challenging  
288 variant on this newly designed 36-gene panel. Finally, to validate test reproducibility, we  
289 examined SNV, indel, and CNV calls in cell line and patient (blood and saliva) samples  
290 processed independently in several batches (inter-run reproducibility) or tested repeatedly in the  
291 same batch (intra-run reproducibility).

292

### 293 **Analytical validation for SNVs and indels**

294 The analytical validation of the Inherited Cancer Screen was performed according to ACMG  
295 guidelines (Rehm et al., 2013) and in accordance with the requirements of CLIA for medical  
296 laboratories. SNV and indel detection was examined on a 101-sample validation set consisting of  
297 reference samples from the 1000 Genomes Project with known SNV and indel sites across the  
298 targeted regions (Tables 3 and S5). Counsyl sequence data for 36 genes were compared to

299 reference data obtained from the 1000 Genomes Projects. Out of 42,925 total calls validated, 18  
300 calls were discordant between Counsyl and the 1000 Genomes Project (Table S6). One of the 18  
301 discordances was a potential false positive variant call, identified as a variant by the Counsyl  
302 test, but identified as reference by the 1000 Genomes Project. The remaining 17 calls were  
303 potential false negative variants identified by the 1000 Genomes Project, but not by the Counsyl  
304 test. Manual review of the 1000 Genomes reference data for each of the discordant sites using  
305 the Integrated Genomics Viewer (IGV) (Robinson et al., 2011; Thorvaldsdóttir, Robinson,  
306 Mesirov, 2013) found that a large portion of the discordant calls came from hard-to-sequence  
307 (e.g., highly homologous *SDHA* gene) or low-coverage regions, which is a reported limitation in  
308 the 1000 Genomes Project (1000 Genomes Project Consortium, 2012). With that in mind, each  
309 of the discordant sites was subjected to Sanger sequencing as an independent testing method and  
310 the data from Sanger sequencing supported all 18 of Counsyl's calls as true positives or true  
311 negatives (Table S6).

312 Analytical validation results of Counsyl's test for SNV and indel detection is presented in  
313 Table 4. Counsyl's test identified 5182 true positive calls, 37,743 true negative calls, and no false  
314 positive nor false negative calls, resulting in 100% sensitivity (95% CI, 100%-99.93%), 100%  
315 specificity (95% CI, 100%-99.99%) and 0% FDR (95% CI, 0-0.0007%) of the test for detecting  
316 SNVs and indels.

317

## 318 **Validation of challenging variants**

### 319 **CNVs**

320 To assess the accuracy of CNV detection, we measured the concordance between Counsyl's test  
321 results on 44 blood and saliva samples with CNV positives confirmed by MLPA (N=43) or  
322 Sanger (N=1) (Tables 2 and S4b). For one CNV positive sample (Counsyl\_147), Sanger  
323 sequencing was used for orthogonal confirmation; MLPA analysis of this sample failed to  
324 identify the partial deletion of exon 15 in *APC* because the deletion was relatively small and fell  
325 between the MLPA probes (Table S4b). For the patient sample Counsyl\_128, two duplications  
326 affecting exons 8-9 of *EPCAM* and exons 1-16 of *MSH2* were detected and confirmed by MLPA.  
327 Additionally, 5 NIBSC reference samples with known CNVs in the *MLH1* and *MSH2* genes  
328 were included in the validation. Among the 49 tested samples (a total of 50 CNVs), 12 had a  
329 single-exon deletion or duplication, which can be technically challenging for a NGS-based assay  
330 (Table 3).

331 As shown in Table 5, we detected all 50 CNVs, including 12 single-exon events,  
332 demonstrating the high sensitivity of the assay (100%; 95% CI, 100%-93%). Furthermore, no  
333 additional CNV calls were made in the 49 sample cohort, resulting in 100% specificity (Table 5).

334

### 335 **Challenging indels**

336 To measure accuracy for detecting indels, we built a cohort (N=82) of patient samples with  
337 variants of a range of sizes, including both short ( $\leq 10$ bp) and the more technically challenging  
338 long ( $> 10$ bp) deletions or insertions (Tables 3 and S6a). These samples were identified using a  
339 previous version of the Counsyl test (a 24-gene panel) and orthogonally confirmed by Sanger.  
340 We then tested these samples with the newly developed 36-gene panel and confirmed all of the  
341 expected indel calls; no false-positives nor false-negatives were observed in the 36-gene panel  
342 results (Table 5).

343

### 344 **Alu insertions**

345 Alu elements represent a special class of insertions and are known to be clinically important  
346 (Belancio et al., 2010). Alu insertions have been reported in *ATM*, *BRCA1*, *BRCA2*, and *BRIP1*  
347 (Belancio et al., 2010; Kennemer et al., 2016), including known examples of Alu insertion  
348 founder mutations (e.g., c.156\_157insAlu in *BRCA2* exon 3 in Portuguese populations) (Peixoto  
349 et al., 2014). Accurate detection of Alu insertions is challenging, especially for traditional Sanger  
350 sequencing where longer Alu-containing alleles are usually out-competed during PCR (De  
351 Brakeleer et al., 2013). To test the sensitivity of our assay and bioinformatics pipeline for Alu  
352 insertion detection, we included 7 positive cases (Portuguese founder mutation in exon 3 of  
353 *BRCA2*, Alu insertion in *BRCA2* exon 25 and intronic Alu insertions in *ATM* and *MSH6*) in our  
354 validation study (Table 6). We confirmed that the Alu insertions identified by the Counsyl  
355 Inherited Cancer Screen were also detected by Sanger sequencing.

356

### 357 **Reproducibility**

358 In addition to establishing the test's analytical sensitivity and specificity, Counsyl's Inherited  
359 Cancer Screen was validated for intra- and inter-run call reproducibility. Intra-run reproducibility  
360 of SNV and indel calls was established by testing 8 cell lines and 13 blood or saliva samples in  
361 2-3 replicates in the same batch, split across sequencer lanes. Inter-run reproducibility was  
362 validated by testing 8 cell lines and 84 patient blood or saliva samples in 2-3 different batches  
363 (Table S7a). Concordance between replicates was > 99.99%, with just one discordant call at a  
364 known benign homopolymer site in an intron of *ATM* (Table S7a).

365 For CNVs, intra-run and inter-run reproducibility was established using the Coriell  
366 sample NA14626 with a duplication of *BRCA1* exon 12 (Table S7b). Concordance between 8  
367 replicates was 100%, with no differences between inter- and intra-run replicates observed.

368

### 369 **DISCUSSION**

370 The evidence base for genetic testing, counseling, risk assessment and management for  
371 hereditary cancer syndromes is rapidly evolving. The expansion of knowledge regarding cancer-  
372 risk associated genes and advances in gene sequencing technology now permit the development  
373 of multigene hereditary cancer testing panels. Recently, we have expanded the Counsyl Inherited  
374 Cancer Screen to 36 genes known to impact inherited risks for ten important cancers: breast,  
375 ovarian, colorectal, gastric, endometrial, pancreatic, thyroid, prostate, melanoma, and  
376 neuroendocrine. Twenty eight of the 36 genes were specifically selected for inclusion due to the  
377 availability of patient management guidelines by NCCN or other professional societies.

378 Accurate detection of clinically relevant genomic alterations in the targeted genes is  
379 critical and requires the interrogation of coding exons as well as selected non-coding regions  
380 with known pathogenic mutations. Furthermore, robust detection of a broad range of clinically  
381 relevant genomic alterations in routine clinical specimens, such as blood and saliva, is also  
382 required for a clinical-grade test. To address these challenges, we developed a clinical-grade,  
383 targeted NGS test for 36 genes. We carefully optimized and validated the probe design and NGS-  
384 based workflow using reference cell lines and clinical samples. We performed a comprehensive  
385 validation study and did not identify any false positives or false negatives. High sensitivity,  
386 specificity, accuracy and call reproducibility were observed across all call types, including those  
387 challenging for NGS, such as single- and multi-exon deletions/duplications (N=50), >10 bp  
388 indels (N=19) and Alu insertions (N=7).

389 Although some NGS validation studies report a higher false positive rate and require  
390 orthogonal confirmation of positive calls (Chong et al., 2014; Mu et al., 2016), high sensitivity

391 and specificity consistent with this report have been achieved in similar studies, both in our  
392 laboratory (Kang et al, 2016) and in other laboratories (Bosdet et al., 2013; Judkins et al., 2015;  
393 Lincoln et al., 2015; Strom et al., 2015). No false negatives were observed in our study,  
394 corroborating previous reports of high analytic accuracy of NGS relative to Sanger sequencing  
395 (99.965%) (Beck et al., 2016). However, another recent publication uses data from 20,000 NGS  
396 panel tests performed in a clinical setting (Ambry Genetics, Aliso Viejo, CA) to claim the  
397 necessity of Sanger confirmation of variants detected by NGS (Mu et al., 2016). This study  
398 observed a 99/7845 (1.3%) false positive rate and concluded that Sanger confirmation is needed  
399 to maintain high accuracy, particularly in difficult-to-sequence regions. In contrast to other work  
400 in the field, Mu et al. state that it was impossible with their pipeline to reach a zero false negative  
401 rate when filtering NGS variant calls for a zero false positive rate. For example, the  
402 *MSH2*:c.942+3A>T variant, which falls at the end of a stretch of 27 adenines, was missed by Mu  
403 et al. in 5 of 6 patients when they tuned their false positive rate to zero.

404 The results presented here support the high accuracy for NGS calls, including challenging  
405 variants in hard-to-sequence regions, and demonstrate that the requirement for secondary  
406 confirmation is a property of each particular NGS pipeline, not a generic property of all NGS  
407 protocols. The *MSH2*:c.942+3A>T variant, highlighted as difficult in the Mu et al. publication,  
408 was included and correctly called in our validation data. Indeed, our cell line and patient  
409 validation cohorts included 3,421 pathogenic and nonpathogenic variants (Table S5) in the gene  
410 set that exhibited false positives in Mu et al.'s study; for all 3,421 variants, we observed 100%  
411 analytical concordance with reference (1000 Genomes) and orthogonal confirmation  
412 (Sanger/MLPA) data.

413 The high accuracy reported here underlines the importance of using metrics beyond  
414 simple base and variant call quality to assess NGS variant calls. Table S2 shows the  
415 comprehensive set of metrics by which we assess each variant call. As one example, information  
416 on read directionality ("strand bias LOD") is incorporated into our pipeline, and would have  
417 eliminated many of the false positives encountered by Mu et al (in particular, the *MSH2*  
418 homopolymer site) without sacrificing sensitivity. Finally, the call review process described here  
419 includes visual inspection of all potentially deleterious calls.

420 For copy number variants, the low throughput of non-NGS-based CNV analysis methods  
421 combined with the low prevalence of CNVs makes it difficult to assess CNV calling sensitivity  
422 with precision. While in principle orthogonal testing of all negative CNV calls using MLPA,  
423 qPCR, or microarrays may uncover additional samples with copy number variants, this would  
424 constitute a large discovery effort with low probability of discovering a false negative. The  
425 development of a set of reference samples with a diverse deeply-characterized collection of copy  
426 number variants (analogous to the efforts of the Genome in a Bottle project) would be a great  
427 benefit to laboratory validation procedures.

428 In conclusion, we developed a 36-gene sequencing test for hereditary cancer risk  
429 assessment. We assessed test performance across a broad range of genomic alteration types and  
430 clinical specimen properties to support clinical use. We confirmed high analytical sensitivity and  
431 specificity in this validation study consisting of 5315 variants, including many technically  
432 challenging classes. The test is now offered by Counsyl's laboratory, which is CLIA certified  
433 (05D1102604), CAP accredited (7519776), and NYS permitted (8535).

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**Table 1:** List of 36 genes included in the Inherited Cancer Screen panel.

Gene	Transcript:Exon Sequenced	SNV/Indel Reportable ROI, bp	Variants Reported
<i>APC</i>	NM_000038: 2-16	9433	SNVs, indels, CNVs
<i>ATM</i>	NM_000051: 2-63	11853	SNVs, indels, CNVs
<i>BARD1</i>	NM_000465: 1-11	2776	SNVs, indels, CNVs
<i>BMPRIA</i>	NM_004329: 3-13	2046	SNVs, indels, CNVs
<i>BRCA1</i>	NM_007294: 2-23	7351	SNVs, indels, CNVs
<i>BRCA2</i>	NM_000059: 2-27	11652	SNVs, indels, CNVs
<i>BRIPI</i>	NM_032043: 2-20	4556	SNVs, indels, CNVs
<i>CDHI</i>	NM_004360: 1-16	3350	SNVs, indels, CNVs
<i>CDK4</i>	NM_000075: 2-8	1229	SNVs, indels, CNVs
<i>CDKN2A</i>	NM_000077: 1-3	1343	SNVs, indels, CNVs
<i>CHEK2</i>	NM_007194: 2-15	2199	SNVs, indels, CNVs
<i>EPCAM</i>	NM_002354: 9		CNVs
<i>GREMI</i>	NM_013372: upstream duplications		CNVs
<i>MEN1</i>	NM_000244: 2-10	2306	SNVs, indels, CNVs
<i>MLH1</i>	NM_000249: 1-19	3295	SNVs, indels, CNVs
<i>MRE11A</i>	NM_005591: 2-20	2897	SNVs, indels, CNVs
<i>MSH2</i>	NM_00025: 1-16	3692	SNVs, indels, CNVs
<i>MSH6</i>	NM_000179: 1-10	4566	SNVs, indels, CNVs
<i>MUTYH</i>	NM_001048171: 1-16	2321	SNVs, indels, CNVs
<i>NBN</i>	NM_002485: 1-16	2905	SNVs, indels, CNVs
<i>PALB2</i>	NM_024675: 1-13	4090	SNVs, indels, CNVs
<i>PMS2</i>	NM_000535: 1-10	1649	SNVs, indels, CNVs
<i>POLD1</i>	NM_001256849: 2-27	4435	SNVs, indels, CNVs
<i>POLE</i>	NM_006231: 1-49	8823	SNVs, indels, CNVs
<i>PTEN</i>	NM_000314: 1-9	1866	SNVs, indels, CNVs
<i>RAD50</i>	NM_005732: 1-25	4944	SNVs, indels, CNVs
<i>RAD51C</i>	NM_058216: 1-9	1509	SNVs, indels, CNVs
<i>RAD51D</i>	NM_002878: 1-10	1862	SNVs, indels, CNVs
<i>RET</i>	NM_020975: 2-20	4167	SNVs, indels, CNVs
<i>SDHA</i>	NM_004168: 1-15	2606	SNVs, indels, CNVs
<i>SDHB</i>	NM_003000: 1-8	1188	SNVs, indels, CNVs
<i>SDHC</i>	NM_003001: 1-6	864	SNVs, indels, CNVs
<i>SMAD4</i>	NM_005359: 2-12	2148	SNVs, indels, CNVs
<i>STK11</i>	NM_000455: 1-9	1717	SNVs, indels, CNVs
<i>TP53</i>	NM_000546: 2-11	1818	SNVs, indels, CNVs
<i>VHL</i>	NM_000551: 1-3	789	SNVs, indels, CNVs

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765 **Table 2:** Source of samples and reference data used in validation.

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Measures	Variant Type	Test Samples	Reference Data
Accuracy Sensitivity Specificity	SNV Indel	101 Coriell cell line samples	1000 Genomes project exomes
		2 Coriell cell lines with specific mutations	Coriell data
		2 NIBSC samples	NIBSC reference data
		82 mutation-positive patient samples	Orthogonal confirmation by Sanger
Accuracy Sensitivity Specificity	CNV	5 NIBSC samples	NIBSC reference data
		44 CNV-positive patient samples	Orthogonal confirmation by MLPA
Intra-run reproducibility	SNV Indel CNV	8 Genome-in-a-Bottle (GiaB) cell line samples	
		13 patient samples	
Inter-run reproducibility	SNV Indel CNV	8 GiaB cell line samples	
		84 patient samples	

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771 **Table 3:** Variants in validation study.

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Variant Type	Deletion/Insertion Size	Number of Variants	
		Reference Data	Orthogonal Confirmation
SNV		5182	
Indel	Indels $\leq$ 10 bp		57
	Indels >10 bp		19
Alu insertion			7
CNV	Single-exon deletions or duplications	3	9
	Multiple exon deletions or duplications	2	36

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**Table 4:** Performance of Counsyl Inherited Cancer Screen for SNVs and indels.

	Counsyl test	1000 Genomes Project data		Results (95% confidence interval)
		Variant present	Variant not present	
<b>SNV &amp; Indel</b>	Variant detected	5182 true positives	0 false positives	100% accuracy (99.991- 100%) 100.0% sensitivity (99.93-100%) 100% specificity (99.990- 100%) 0% FDR (0-0.0007%)
	Variant not detected	0 false negatives	37743 true negatives	

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Validation metrics were defined as: Accuracy =  $(TP + TN) / (TP + FP + TN + FN)$ ; Sensitivity =  $TP / (TP + FN)$ ; Specificity =  $TN / (TN + FP)$ ; FDR =  $FP / (TP + FP)$ . For true negative calculations, all polymorphic positions (positions at which we observed non-reference bases in any sample) across all samples were considered.

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**Table 5:** Performance of Counsyl Inherited Cancer Screen for indels and CNVs.

	Counsyl test	Sanger or MLPA reference data		Results (95% confidence interval)
		Variant present	Variant not present	
<b>Indel</b>	Variant detected	76 true positives	0 false positives	100% accuracy (99.88-100%) 100% sensitivity (95-100%) 100% specificity (99.88-100%) 0% FDR (0-5%)
	Variant not detected	0 false negatives	3040 true negatives	
<b>CNV</b>	Variant detected	50 true positives	0 false positives	100% accuracy (99.5-100%) 100% sensitivity (93-100%) 100% specificity (99.5-100%) 0% FDR (0-7.1%)
	Variant detected	0 false negatives	685 true negatives	

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Validation metrics were defined as: Accuracy =  $(TP + TN) / (TP + FP + TN + FN)$ ; Sensitivity =  $TP / (TP + FN)$ ; Specificity =  $TN / (TN + FP)$ ; FDR =  $FP / (TP + FP)$ . For indels, true negatives defined as the number of homozygous reference calls made at sites for which an alternative variant was observed in at least one sample in the cohort. For CNVs, true negatives defined as the number of genes assigned the reference copy number in the CNV validation cohort, and the summation included only genes for which a known CNV positive was tested (N=15 genes with a CNV positive).

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**Table 6:** List of Alu insertions confirmed in validation.

Sample ID	Gene	Variant Description
Counsyl 24	<i>ATM</i>	Intron 54-55, NM_000051.3: c.8010+13_8010+14insAlu
Counsyl 25	<i>ATM</i>	Intron 54-55, NM_000051.3: c.8010+13_8010+14insAlu
Counsyl 26	<i>ATM</i>	Intron 54-55, NM_000051.3: c.8010+13_8010+14insAlu
Counsyl 27	<i>BRCA2</i>	Exon 3, NM_000059.3: c.156_157insAlu
Counsyl 28	<i>BRCA2</i>	Exon 3, NM_000059.3: c.156_157insAlu
Counsyl 85	<i>BRCA2</i>	Exon 25, NM_000059.3:c.930_931insAlu
Counsyl 84	<i>MSH6</i>	Intron 2-3, NM_000179: c.458-19_458-18insAlu

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