

Antibiotic resistance potential of the healthy preterm infant gut microbiome

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Background: Few studies have investigated the gut microbiome of infants, fewer still preterm infants. In this study we sought to quantify and interrogate the resistome within a cohort of premature infants using shotgun metagenomic sequencing. We describe the gut microbiomes from preterm but healthy infants, characterising the taxonomic diversity identified and frequency of antibiotic resistance genes detected.

Results: Dominant clinically important species identified within the microbiomes included *C. perfringens*, *K. pneumoniae* and members of the *Staphylococci* and *Enterobacter* genera. Screening at the gene level we identified an average 13 genes per preterm infant, ranging across 8 different antibiotic classes, including aminoglycosides and fluoroquinolones. Some antibiotic resistance genes were associated with clinically relevant bacteria, including the identification of *mecA* and high levels of *Staphylococci* within some infants. We were able to demonstrate that in a third of the infants the *S. aureus* identified was unrelated using MLST or metagenome assembly, but low abundance prevented such analysis within the remaining samples.

Conclusions: We found that the healthy preterm infant gut microbiomes in this study harboured a significant diversity of antibiotic resistance genes. This broad picture of resistances and the wider taxonomic diversity identified raises further caution to the use of antibiotics without consideration of the resident microbial communities.

1 **Antibiotic resistance potential of the healthy preterm infant gut microbiome**

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11 Abstract

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13 infants. In this study we sought to quantify and interrogate the resistome within a cohort of
14 premature infants using shotgun metagenomic sequencing. We describe the gut microbiomes
15 from preterm but healthy infants, characterising the taxonomic diversity identified and frequency
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17 **Results:** Dominant clinically important species identified within the microbiomes included *C.*
18 *perfringens*, *K. pneumoniae* and members of the *Staphylococci* and *Enterobacter* genera.
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20 different antibiotic classes, including aminoglycosides and fluoroquinolones. Some antibiotic
21 resistance genes were associated with clinically relevant bacteria, including the identification of
22 *mecA* and high levels of *Staphylococci* within some infants. We were able to demonstrate that in a
23 third of the infants the *S. aureus* identified was unrelated using MLST or metagenome assembly,
24 but low abundance prevented such analysis within the remaining samples.

25 **Conclusions:** We found that the healthy preterm infant gut microbiomes in this study harboured a
26 significant diversity of antibiotic resistance genes. This broad picture of resistances and the wider
27 taxonomic diversity identified raises further caution to the use of antibiotics without
28 consideration of the resident microbial communities.

29 Introduction

30 Over recent years the composition of the gastrointestinal (GI) microbiota has been
31 increasingly implicated in health and disease, with bacterial populations harbouring both

32 beneficial commensals and pathogens. A diverse bacterial population results in greater genetic
33 content, but some of this additional genetic material is less welcome. Previous studies have
34 implicated the GI microbiota as a reservoir of antimicrobial resistance (AMR) genes (Penders et
35 al., 2013), held by, or capable of being transferred to, potential pathogens. Whilst often benign,
36 during bacterial infection transfer of AMR genes can occur, which - coupled with selection
37 pressures arising through antimicrobial therapy - can make treatment difficult, increasing the time
38 taken to cure the infection. Furthermore, antimicrobial therapies are generally (ideally) tailored
39 towards acute infections targeting a single pathogen, with little consideration of the wider
40 microbial communities which reside in the microbiome, leading to a situation in which the use of
41 antibiotics may cause unintentional harm to the host.

42 As our understanding of the microbiome has developed, the collection of AMR genes
43 within a bacterial population has recently been defined as the resistome (Penders et al., 2013).
44 Antibiotics have a role in shifting the profile of the resistome within the population (Jernberg et
45 al., 2007), with low antibiotic-use communities harbouring lower AMR gene frequencies (Walson
46 et al., 2001; Bartoloni et al., 2009). Heavy treatment of bacterial populations with antibiotics can
47 lead to the long term overrepresentation of AMR genes. Such dynamics are evident in the
48 microbiome of preterm neonates, who receive multiple antibiotic courses, and are cared for in an
49 Intensive Care Unit environment potentially contaminated with multi-resistant bacteria.
50 Antibiotic treatments for both term and preterm neonates have demonstrated lasting effects on the
51 microbiota (Tanaka et al., 2009; Arboleya et al., 2015), with the trajectory of population
52 development diverging from untreated controls, leading to a potential scenario of prolonged –
53 even life-long - high frequency AMR reservoirs through the selection of bacteria within the
54 population that are most resistant. A wide range of AMR genes have been found in neonatal
55 populations (de Vries et al., 2011; Zhang et al., 2011), some shown to be present from birth

56 (Alicea-Serrano et al., 2013; Gosalbes et al., 2015), whilst twin pairs have been shown to have GI
57 communities with similar distributions of both organisms and resistance genes (Moore et al.,
58 2015). These observations suggest vertical transmission as a source, with discrepancies between
59 mothers and babies being due to the substantial shifts in the microbiota adapting to the very
60 different environment of a newly born infant's GI tract (Gosalbes et al., 2015).

61 The GI tract of a premature neonate is a particularly unusual scenario for observation of
62 AMR genes, due to greatly reduced bacterial immigration as a result of the isolated, sterile
63 environment of incubators and very controlled enteral feeds; donor breast milk may be
64 pasteurised and, whilst unpasteurised maternal milk (which harbours specific bacteria (Beasley &
65 Saris, 2004; Jimenez et al., 2008; Martin et al., 2009)) is given where possible, there is a
66 likelihood of little or no breastfeeding due to extreme prematurity.

67 In these circumstances, the GI community and the resistance genes present are likely in
68 the main to be derived from the mother, and acquired during birth. Whilst limited bacterial
69 numbers and diversity will initially be transferred, mechanisms are available for the
70 dissemination of AMR through the expanding bacterial population (as reviewed by van Hoek *et*
71 *al* (2011)) with transfer having been documented within the gut environment (Shoemaker et al.,
72 2001; Karami et al., 2007; Trobos et al., 2009). Heavy use of antibiotics in the course of care of
73 premature infants would not only then skew the bacterial population and drive resistance
74 selection, but has been shown to increase the activity of some transposable elements due to
75 stressing of bacterial populations (Beaber, Hochhut & Waldor, 2004).

76 In this study, we present a detailed investigation of the resistome from the GI microbiota
77 of eleven premature infants, with detailed information on antibiotic receipt and maternal
78 antibiotic use. The microbiota of premature infants has been subjected to such investigations
79 before, but through targeted techniques such as PCR or qPCR (Gueimonde, Salminen & Isolauri,

80 2006; Alicea-Serrano et al., 2013; von Wintersdorff et al., 2016) or through functional
81 metagenomics (de Vries et al., 2011; Moore et al., 2015), which has the disadvantage of not being
82 able to quantify the antibiotic resistance potential of a community (Forslund et al., 2014). We
83 have used shotgun metagenomic sequencing to describe the resistome in its entirety, moving from
84 species level taxonomic profiling, to characterisation of the resistance landscape, including typing
85 of metagenomes identified as potentially harbouring *mecA*, conferring resistance to methicillin
86 and other β -lactam antibiotics.

87 **Materials & Methods**

88 **Study population**

89 The study was approved by West London Research Ethics Committee (REC) Two, United
90 Kingdom, under the REC approval reference number 10/H0711/39. Parents gave written
91 informed consent for their infant to participate in the study.

92 Faecal samples analysed were collected from premature infants, defined as less than 32
93 completed weeks of gestation. Premature infants were recruited to the study at the Imperial
94 College Healthcare National Health Service Trust neonatal intensive care unit (NICU), at Queen
95 Charlotte's and Chelsea Hospital, between January 2010 and December 2011.

96 **Sample collection**

97 Almost every faecal sample produced by each participant between recruitment and
98 discharge was collected by nursing staff from diapers using a sterile spatula. Samples were placed
99 in a sterile DNase-, RNase-free Eppendorf tube, stored at -20 °C within two hours of collection

100 and stored at $-80\text{ }^{\circ}\text{C}$ within five days. A single faecal sample from each of twelve infants who had
101 no diagnosis of necrotising enterocolitis or blood-stream infection during their admission was
102 selected for metagenomic sequencing. DNA from one faecal sample did not complete library
103 preparation (see below); clinical characteristics of the remaining eleven infants and faecal sample
104 metadata are presented in Table S1.

105 **DNA extraction and shotgun library preparation**

106 DNA extractions were performed as described previously (Rose et al., 2015), but with the
107 following modifications: DNA extracts were prepared from approximately 200 mg of faeces,
108 which were re-suspended in 10x volume:weight filtered 1x phosphate-buffered saline (PBS), with
109 addition of 1:1 (volume:volume) 2% 2-mercaptoethanol diluted in 1x filtered PBS. The MoLYsis
110 selective lysis kit (Molzym) was used for the selective lysis of eukaryotic cells, incorporating the
111 modifications previously described (Rose et al., 2015). Bacterial lysis was performed by addition
112 of 50 μl lysozyme (Sigma), 6 μl mutanolysin (Sigma) and 3 μl lysostaphin (Sigma) to 100 μl of
113 re-suspended bacterial pellet, and incubated at $37\text{ }^{\circ}\text{C}$ for 1 h. This was followed by addition of 2
114 μl proteinase K and 150 μl 2x Tissue and Cell lysis buffer (Epicentre) and incubated at $65\text{ }^{\circ}\text{C}$ for
115 30 min. Lysates were added to 2 ml tubes containing 0.25 ml of 0.5 mm beads and beaten on a
116 Fast Prep 24 system at 6 m/s for 20 s and repeated once after 5 min. Finally, DNA was purified
117 using the MasterPure complete kit (Epicentre) according to the manufacturer's instructions,
118 eluted in 50 μl 0.1 x TE buffer (Sigma) and stored at $-80\text{ }^{\circ}\text{C}$.

119 Extracted DNA was fragmented using the NEBNext dsDNA fragmentase kit (NEB)
120 according to the manufacturer's instructions. Shotgun DNA libraries were subsequently prepared
121 using the KAPA HyperPrep kit (KAPA Biosystems) according to the manufacturer's instructions.

122 Ligated libraries were amplified by PCR with the number of cycles being dependant on starting
123 material biomass, varying between 2 and 8 (mean 3 cycles). A negative extraction control was
124 included consisting of 1 ml filtered 1x PBS and processed alongside the samples. After library
125 amplification, the negative extraction control and one preterm infant faecal sample required >8
126 PCR cycles owing to very low starting pre-PCR biomass (DNA concentration <0.1 ng/ul),
127 therefore these samples were excluded from downstream analysis, leaving faecal samples from
128 eleven premature infants.

129 **Shotgun metagenomic sequencing**

130 Library insert size and quantity was assessed for each sample by Bioanalyser and qPCR
131 as described previously (Rose et al., 2015). Library insert size ranged from 244 bp to 288 bp with
132 a mean of 261 bp. Libraries were sequenced on either an Illumina NextSeq 500 system or part of
133 replicate runs on an Illumina MiSeq system. Prior to loading, libraries were normalised, pooled
134 and diluted to either 1.6 pM or 18 pM for sequencing on the NextSeq or on the MiSeq,
135 respectively. Paired end (PE) sequencing was performed on the NextSeq using a v2 300 cycle
136 high output reagent kit (Illumina) and on the MiSeq using the v3 600 cycle reagent kit (Illumina).

137 Prior to sequencing the complete dataset, three libraries from three infant faecal samples
138 were sequenced as part of separate multiplexed MiSeq runs, generating a mean 8.3 million PE
139 reads and 5.0 Gbp sequence yield per sample. Later sequencing on a NextSeq instrument
140 included the complete 11 sample set, and inclusion of a technical replicate (sample Q89). A mean
141 10.0 million PE reads were generated per sample, yielding 3.0 Gbp.

142 Sequencing data availability

143 All sequencing data generated for this study is available from the EBI European
144 Nucleotide Archive, under study accession PRJEB15257 (see
145 <http://www.ebi.ac.uk/ena/data/view/PRJEB15257>).

146 Processing of metagenomic sequences

147 Sequence quality was calculated using FastQC (v0.11.3) (Andrews, 2010). Read filtering
148 was performed using Trimmomatic (v0.32) (Bolger, Lohse & Usadel, 2014). This consisted of
149 adapter sequence removal based on an in house database of Illumina adapters, primers and index
150 sequences using non-default parameters (*ILLUMINACLIP 2:30:10*), and subsequent read
151 trimming consisting of an initial head crop of the first 15 bp, then iterative removal of leading
152 and trailing bp with phred qualities < 20, and internal bases where mean base phred qualities < 20
153 in 4 bp sliding windows (parameters were: *LEADING:20 TRAILING:20*
154 *SLIDINGWINDOW:4:20*). Finally sequences with less than 40 bp remaining were discarded
155 (*MINLEN:40*).

156 A mapping based approach was used to remove expected human host sequences from the
157 faecal samples, as well as any remaining vector contamination. Using FastQ Screen (v0.4.4)
158 (Babraham Institute) and the short read aligner Bowtie2 (v2.2.6) (Langmead & Salzberg, 2012),
159 reads were mapped against the human genome (GRCh38) and the UniVec (version 8) vector
160 database (non-default parameters were: *--aligner bowtie2, --nohits*). All unmapped PE reads were
161 output as new fastq files and continued within downstream analysis.

162 The MiSeq replicate datasets entered an identical workflow, except for an additional step
163 designed to utilise the longer read lengths by joining the read pairs using FLASH (v1.2.11)

164 (Magoč & Salzberg, 2011) (*--max-overlap 200*), thus generating longer single sequences (mean
165 length 207 bp).

166 **Species identification and relative abundances**

167 Primary metagenomic profiling was performed using DIAMOND (v.0.7.9.8) (Buchfink,
168 Xie & Huson, 2014) and MEGAN (v5.10.6) (Huson et al., 2007). All forward reads, or joined
169 reads in the case of the MiSeq dataset, were aligned against a protein reference database under
170 default parameters. The protein database was built using all 73,055,898 sequences from the NCBI
171 non-redundant (nr) database (downloaded 21-10-15).

172 Processing and taxonomic analysis of the sequence reads with matches to the nr database
173 was performed within MEGAN and under non-default parameters. Sequences were assigned to
174 the NCBI Taxonomy (1,266,115 individual taxa) using the Lowest Common Ancestor (LCA) and
175 the following thresholds: minimum bit-score: 80; max expectation value: 1.0×10^{-6} ; top
176 percentage of hits considered: 10%; minimum taxon support based on all assigned reads: 0.01%.
177 Relative abundances and extraction of species specific binned reads were calculated within
178 MEGAN.

179 A secondary taxonomic profiling method, MetaPhlAn (v.2.2.0) (Truong et al., 2015) was
180 used on all samples with the following parameters: *--mpa_pkl*
181 *metaphlan2/db_v20/mpa_v20_m200.pkl --bowtie2db metaphlan2/db_v20/mpa_v20_m200*
182 *--input_type fastq*. Relative abundance tables were combined using the packaged MetaPhlAn
183 script - *merge_metaphlan_tables.py*.

184 Identifying antimicrobial resistance genes

185 Presence/absence testing of AMR genes within the samples was performed on
186 unassembled reads. Reads were mapped using bowtie2 (v.2.2.6) (Langmead & Salzberg, 2012) as
187 part of SRST2 (v0.1.7) (Inouye et al., 2014) under default parameters to a clustered ARG-Annot
188 database of acquired resistance genes (Gupta et al., 2014) and all hits recorded (`--gene_db`
189 `srst2/data/ARGannot.r1.fasta`). Default parameters set AMR gene reporting at 90% minimum
190 coverage cutoff. Computational *S. aureus* sequence typing (ST) was also performed using SRST2
191 (Inouye et al., 2014) under default scoring parameters, and using the *S. aureus* MLST schema
192 downloaded on 18-04-16 from pubmlst.org. Alleles were flagged uncertain when below threshold
193 depths (`--min_edge_depth 2`, `--min_depth 5`).

194 Metagenome assembly and *S. aureus* phylogeny

195 Assemblies were performed using spades (v3.7.1) under default parameters except
196 identification of the data as metagenomic (`--meta`). Assembled contigs were used as blastn
197 queries against the NCBI nt database, and taxonomic labels attached using MEGAN, with all
198 contigs identified as *S. aureus* (NCBI taxon id: 1280) including summarised contigs extracted per
199 sample. As a reference, all *S. aureus* complete genomes were downloaded from PATRIC (Release
200 May 2016), totalling 118 genomes.

201 An anchor based phylogenetic method, `andi` (v.0.10) (Haubold, Klötzl & Pfaffelhuber,
202 2015), was used to estimate the evolutionary distances between the study and global *S. aureus*
203 genomes set, using `Phylip` (v.3.696) (Felsenstein, 2009) to infer the neighbour-joining phylogeny.
204 Following assembly, very short binned *S. aureus* contigs (<1 kb) and partial assemblies, in this
205 case those with less than half of the median *S. aureus* genome size (<1.5 Mb), were excluded

206 from andi and phylogenetic tree construction as based on recommended guidelines (Haubold,
207 Klötzl & Pfaffelhuber, 2015).

208 ***S. aureus* typing**

209 Experimental confirmation of *mecA* was attempted for all eleven samples. Faecal samples
210 were cultivated on the *Staphylococcal* selective growth media manitol salt agar. Sweeps of the
211 presumptive *Staphylococcus* colonies from each sample were propagated and extracted by the
212 following protocol: half a 10 µl loop of overnight growth at 35 °C was inoculated into 2 ml tubes
213 containing 0.5 mm silica/ zirconia beads filled to the 0.25 ml mark and 350 µl of Master Pure
214 Tissue Cell Lysis Buffer (EpiCentre). Bead beating was performed using a Fast Prep (MPBio) at
215 6 m/s for 20 seconds. This was repeated three times with a 5 minute pause between each pulse.
216 Lysates were centrifuged at 8,000 xg for 10 minutes and 300 µl of supernatant transferred to a
217 new tube. A known *mecA* positive strain (NCTC strain 12232) and a *mecA* negative clinical
218 isolate were used as control strains.

219 A multiplexed PCR method was used to type the SCCmec element within the samples
220 according to the protocol described previously (Milheiriço, Oliveira & De Lencastre, 2007), but
221 with the following exceptions. Each 50 µl PCR reaction consisted of 1x HotStart Ready Mix
222 (KAPA Biosystems), 25 ng genomic DNA, and primers at the described concentration. The
223 cycling conditions were as follows: 95 °C for 3 minutes followed by 30 cycles of 98 °C for 20
224 seconds, 53 °C for 30 seconds and 72 °C for 30 seconds followed by a final extension of 72 °C for
225 4 minutes. Amplicons were purified using the AgenCourt AMpure XP PCR purification kit
226 (Beckman Coulter) following manufacturer's instructions. Amplicon sizes were determined
227 measured by BioAnalyser (Agilent) on a high sensitivity DNA chip, with classification of a

228 positive result based on on fragment sizes ± 5 bp of those expected, and peak concentration \geq
229 500 pg/ul. In addition to the above controls, extraction and PCR negative controls were included,
230 which substituted input genomic DNA for purified water.

231 **Statistics**

232 Species richness and the evenness of their abundance were quantified using the Shannon–
233 Weaver index ecological measure, calculated within MEGAN. Visualisation of samples was
234 performed by hierarchical clustering using the UPGMA method and principal coordinates
235 analysis (PCoA), all based on a matrix of Bray-Curtis distances calculated within MEGAN.
236 Correlations and t-tests were performed within R (v 3.2.5) (R Development Core Team, 2015).

237 **Results**

238 **The healthy preterm metagenome**

239 Using shotgun metagenomic sequencing we have captured an early snapshot of the
240 antimicrobial resistance landscape within the gut microbiota of eleven premature infants who did
241 not have proven sepsis or necrotizing enterocolitis. Infants were born either vaginally (N=6) or
242 by caesarean section (N=5), with gestational ages ranging 24-31 weeks (mean 26.9 weeks). Ages
243 of the infants at which the samples were taken ranged from 5 - 43 days (mean 25.7 days) (Table
244 S1). A mixture of benchtop to medium throughput Illumina platforms were used to generate a
245 dataset of 145.6 million paired end (PE) reads (51.4 Gbp sequence data) (Table 1), enabling us to
246 characterise taxonomic and antimicrobial resistance profiles.

247 The eleven sequenced samples and four replicates were analysed using a blastx type
248 analysis with filtering by the Lowest Common Ancestor (Huson et al., 2007; Buchfink, Xie &
249 Huson, 2014), which enabled assignment of taxonomic labels for 71.5% of the reads within the
250 complete dataset to at least the level of Kingdom (Table S2). As an alternative method, we also
251 profiled the dataset using a marker based approach (Truong et al., 2015), which was highly
252 congruent to species level relative abundances, as well as higher taxonomic ranks, to the blast
253 based method used (Pearson R = 0.9 - 1.0) (Table S3). Replicate sequencing of samples also
254 demonstrated reproducibility of the method, either by cluster analysis (Figure 1) or pairwise
255 correlations (Figure S1).

256 Moving to taxonomic composition, each sample was marked by a few highly abundant
257 species, such as sample Q216 with 85.1% *Clostridium perfringens*, Q189 with 73.1% *Klebsiella*
258 *pneumoniae*, and Q83 with 85.9% *Enterococcus faecalis* (Figure 1A). In terms of prevalence, the
259 previous three species, as well as *Enterobacter cloacae* and *Staphylococcus epidermidis*, were
260 found at over 50% relative abundance in one or more samples. Furthermore, *S. epidermidis* and
261 *S. aureus* were ubiquitous, ranging from 0.06% to 57.1% abundance in all samples (Figure 1B).
262 Principal coordinate analysis (PCoA) demonstrated three loose sample groups based on a high
263 abundance of *S. epidermidis*, *K. pneumoniae*, and either *B. breve*, *S. aureus* or *C. perfringens*
264 (Figure 1C). In total we identified a non-redundant set of 172 species across all samples (see
265 Table S4 for complete dataset).

266 Prevalence of antimicrobial resistance

267 Before focusing on individual AMR genes, we measured the α -diversity (Shannon–
268 Weaver index) within each sample and, although a small sample set, compared this to the known

269 antibiotic exposure of the preterm infants (Figure S2). Eight of the eleven infants had received a
270 course of prophylactic antibiotic treatment consisting of co-amoxiclav (Table S1), whilst a second
271 course was administered to four infants, consisting of combinations of co-amoxiclav, tazocin or
272 vancomycin. In total, exposure ranged from 2 - 8 days of antibiotics before samples were taken,
273 excluding infants Q87 and Q89 which received no antibiotics. Antibiotics were also administered
274 maternally to three infants (Q26, Q117 & Q189), but this did not include the two above infants
275 with no antibiotic treatment. Sample diversity ranged from 0.9 - 2.9 (SD \pm 0.5), but when
276 compared to cumulative antibiotic exposure expressed in days, no significant difference was
277 found between the taxonomic diversity and amount of antibiotic exposure for untreated and
278 treated infants (unpaired *t* test, $P = 0.17$) (Figure S2). It is important to stress however that the
279 small and heterogeneous nature of the sample set will have reduced the power to detect
280 differences between antibiotic exposure in this study, and so prevented any meaningful
281 stratification by other clinical variables such as mode of delivery or day of life.

282 A mapping based approach against a comprehensive collection of acquired antibiotic
283 resistance genes was next used to quantify AMR within the eleven metagenomes (Inouye et al.,
284 2014). In total 143 AMR genes were identified, consisting of a non-redundant set of 39 different
285 AMR genes (Figure 2 and Table S5). Per infant, the average number of genes identified was 13
286 (ranging 5 – 22 genes), and AMR genes were found across eight different antibiotic classes,
287 including aminoglycosides and fluoroquinolones (Table S6). Mean sequence coverage across the
288 sequence database was 99.0%, and sequence divergence ranged from no difference to 12.3%
289 (Table S6). In total over 1,600 alleles were searched for, and notable AMR genes not detected
290 included those involved in carbapenem and vancomycin resistance, the latter of which was
291 administered to three preterm infants prior to sample collection (Table S1). The class most
292 frequently detected were β -lactamases, comprising ten different genes (Table 2), of which the

293 *blaZ* gene was present in every infant. Interestingly, within this set of β -lactamasae genes, *mecA*
294 was found in four infants (Q87, Q117, Q175, and Q189), and at a mean depth of coverage
295 ranging from 3.9 to 52.2 bp (Figure 2). *mecA* confers resistance to methicillin as well as other β -
296 lactam antibiotics, and is carried on the SCCmec mobile element found across several
297 *Staphylococci* species. Identification of four infants with potential methicillin resistant *S. aureus*
298 (MRSA) or *S. epidermidis* (MRSE) carriage, along with high abundances and prevalence of both
299 *S. aureus* and *S. epidermidis* species across the dataset, could indicate a significant reservoir for
300 AMR transfer between the species, as well as highlight the seeding of the infant gut microbiome
301 from an early stage.

302 **Focus on *S. aureus* species detected**

303 We next wanted to understand the relationship of the *S. aureus* species within the *mecA*
304 positive as well as negative samples, as the premature infants overlapped in time and so could
305 harbour closely related strains. This was undertaken to firstly confirm *in silico* prediction of
306 *mecA* using an established molecular based typing method, but also to push the metagenomic
307 analysis further on what was known to be a challenging dataset owing to the range of identified
308 *S. aureus* as described above, with relative abundance ranging from 0.06% - 39.8% (Table S4).
309 We first tested the computational prediction of *mecA* experimentally using a multiplexed PCR
310 typing method (Milheiriço, Oliveira & De Lencastre, 2007), which provides detection of the
311 *mecA* gene, in addition to typing of the mobile element carrying the gene (SCCmec), although
312 this component of the assay was beyond the scope of this study. Using this method we detected
313 *mecA* presence correctly within the control strains, a methicillin resistant (MRSA) and
314 susceptible (MSSA) strain (see Methods), and three out of the four predicted *mecA* positive
315 samples generated a positive *mecA* result (Table S7). The exception, sample Q87, generated the

316 expected *mecA* amplicon size but the concentration of this fell below the threshold for detection
317 (<500pg/ul) and so was excluded.

318 In an attempt to understand strain relatedness directly from the metagenomic data we
319 undertook *in silico* MLST analysis using an *S.aureus* schema as well as metagenome assembly.
320 The MLST was able to classify four of the eleven samples, all with different ST types – ST8,
321 ST1027, ST22, ST25, although the last two had some degree of uncertainty in their assignment
322 (Table S8). This suggests that for at least these four samples, the *S. aureus* strains are unrelated
323 and unlikely a result of transmission. We were interested to know if *de novo* assembly of the
324 metagenome could be utilised to resolve these and any of the remaining unclassifiable samples
325 further. Following assembly and identification of *S. aureus* contigs (see Methods), we found that
326 it was not possible to capture more than a fifth of the expected genome size for the above
327 unclassified samples, with an abundance of > 3% necessary to achieve over 90% estimated
328 capture, which was achieved in four cases (Table S9). Phylogenetic reconstruction of these four
329 genomes alongside a collection of published *S. aureus* genomes (Table S10), provided
330 confirmation of the diversity of *S. aureus* identified (Figure S3), enabling placement across a
331 global collection of strains.

332 **Discussion**

333 It is recognised that one of the most important public health threats worldwide is
334 antimicrobial resistance. Here we report on the gut composition and AMR diversity for eleven
335 healthy but premature infants. Recent studies have shown that the initial seeding of the infant gut
336 microbiome is influenced by the microorganisms in the immediate environment, and whilst
337 colonisation by bacteria with AMR genes has been demonstrated (Brooks et al., 2014),

338 comparatively far fewer studies have investigated the gut microbiome of infants, fewer still
339 preterm healthy infants. Interest has also increased on how the trajectory of the early gut
340 microbiome is influenced to form the ‘stable’ adult microbiome. The preterm infant gut
341 microbiome is very different compared to full-term infants (Groer et al., 2014), displaying a
342 much lower diversity, particularly in anaerobes, with an increase in coagulase-negative
343 *Staphylococci* and *Enterobacteriaceae* (Adlerberth & Wold, 2009); adult microbiomes are
344 characterised by several hundred, mostly anaerobic bacterial species (Adlerberth & Wold, 2009).
345 We found a similarly low level of species diversity across all metagenomes, with each sample
346 dominated by a few highly abundant species, including *C. perfringens*, *K. pneumoniae* and
347 members of the *Staphylococci* and *Enterobacter* genera. Presence of such species are in common
348 with previous studies on the premature gut microbiome (Groer et al., 2014; Gibson et al., 2016).

349 Interestingly, each metagenome profile displayed a different dominant few species,
350 clustering into three loose groupings. This could reflect the dynamic nature of the early
351 establishing gut, with the preterm infant microbiome acquiring an increased diversity of bacteria
352 and subjected to a great amount of change until it matures into what is recognised as a more
353 ‘stable’ microbiome. Although we found no correlation between diversity and antibiotic
354 exposure, with infants treated with either no antibiotics (including during pregnancy), to up to 8
355 days of antibiotic administration, effects such as relatively small sample size, as well as day of
356 life of sample and normal gut development are biases to this finding, which is contrary to other
357 studies within infants (Greenwood et al., 2014; Merker et al., 2015). It could be that at this very
358 early stage, the microbiota is influenced to a greater extent by seeding during birth from the
359 mother and environment than antibiotic treatment, or that not enough time has passed to detect
360 differences from the antibiotics administered; larger sample numbers would be required,

361 alongside longitudinal studies and parallel maternal sampling to better understand the
362 development of diversity.

363 A threat to this development is the acquisition of antibiotic resistant bacteria, which can
364 potentially seed the infant microbiome. Coupled with the high rate of horizontal gene transfer
365 within the commensal community (Stecher et al., 2012), the preterm infant gut microbiome has
366 the potential to be a reservoir for AMR. With dominance of the preterm gut by species known to
367 carry clinically relevant antibiotic resistance, we next quantified the burden of antibiotic
368 resistance genes within the infant's faecal flora, which identified an average 13 genes per infant.
369 Previous targeted or functional studies based on infants have found some of the AMR genes also
370 identified here, including those for Tetracycline (*tet*) (Gueimonde, Salminen & Isolauri, 2006;
371 Alicea-Serrano et al., 2013) and β -lactam (*bla*) (Fouhy et al., 2014). In a wider context, it is
372 known that AMR genes are a common feature of bacterial populations, found in communities
373 inhabiting the soil, rivers and even deep-sea sediment (Knapp et al., 2010; Qin et al., 2011;
374 Kittinger et al., 2016). Therefore, whilst their presence in the human gut microbiome should be of
375 little surprise (Bailey et al., 2010), identification of genes such as *mecA* demonstrates the
376 prevalence of some clinically significant resistant bacteria from birth.

377 One of the advantages of the method used in this study is the utility of the results
378 generated, enabling multiple avenues of questions to be addressed. However, short read
379 sequencing remains a challenge when applied to the linkage of resistance elements, such *mecA*, to
380 specific genome sequences (strains), which is made difficult by the nature of metagenomic
381 samples containing multiple alleles from different closely related species, as well as potentially
382 multiple strains of the same species. Secondly, the methods used here were inherently restricted
383 to identification of known AMR genes found within the ARGannot database used in this study,
384 which contains those genes involved in acquired resistance only, therefore chromosomal

385 mutations, such as those conferring resistance to rifampicin as well as novel resistance genes
386 would have been missed, leading to potential underrepresentation of resistance in this study.

387 **Conclusions**

388 The healthy preterm infants sampled within this study harboured multiple AMR genes,
389 representing a potential reservoir for later disease onset. In particular, detection of clinically
390 important AMR genes, such as *mecA*, highlights the need to further understand the impact that
391 this reservoir could have on later treatment regimes.. From a methodology point, this approach
392 was able to provide a comprehensive snapshot of the complete taxonomic diversity and resistome
393 in one assay. Although tracking of the movement of such AMR genetic elements would be
394 enhanced by improved handling of the dynamic ranges of abundances; different methods at the
395 level of sample preparation, such as sample normalisation, may offer potential answers to such
396 hurdles. Overall this study leads to questions such as how this resistance potential contributes to
397 later clinical intervention or disease onset, and if antibiotic treatment without knowledge of prior
398 AMR burden could lead to unintentional harm. More broadly, this and other studies show the
399 great promise that shotgun metagenomics holds for clinical microbiology.

400 **Additional Information**

401 **Abbreviations**

402 AMR, antimicrobial resistance; GI, gastrointestinal; PCR, polymerase chain reaction; qPCR,
403 quantitative polymerase chain reaction; *BLAST*, basic local alignment search tool; SCC*mec*,
404 staphylococcal chromosome cassette *mec*; LCA, lowest common ancestor; MLST, multilocus

405 sequence typing; MALDI-TOF, Matrix-assisted laser desorption/ionization – time of flight;
406 PCoA, principal coordinates analysis.

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Figure 1(on next page)

Healthy premature infant gut microbiome

A) Metagenomic profiles for the eleven preterm samples and four replicates at the species level. Samples clustered by UPGMA using Bray-Curtis distances shown on left, with replicates highlighted by filled nodes. Relative abundances by rank order shown on right, with the top 8 most abundant species coloured and labelled, leaving remaining species in white. **B)** Dominant species, based on $\geq 50\%$ abundance, shown on x-axis, with overall prevalence of the species across samples shown on y-axis. Sample number reflects eleven neonates as replicates are averaged. The five labelled species are present in five or more samples with at least one in $>50\%$ abundance. **C)** Principle coordinates analysis (PCoA) using Bray-Curtis distances at the species level for all fifteen samples. Separation of the three broad sample groups shown by biplot of the top five species.

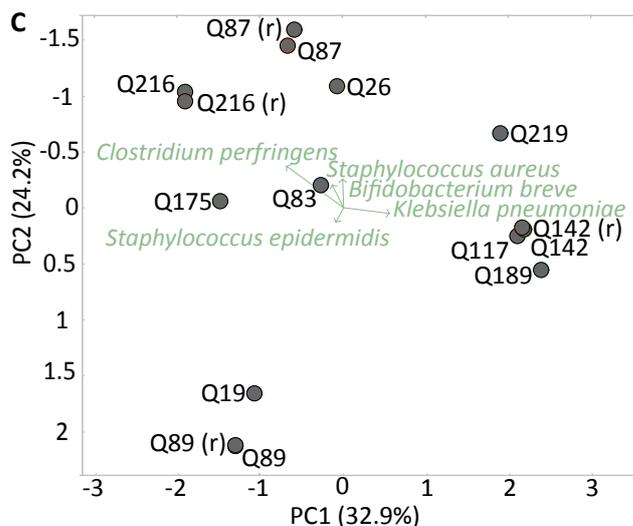
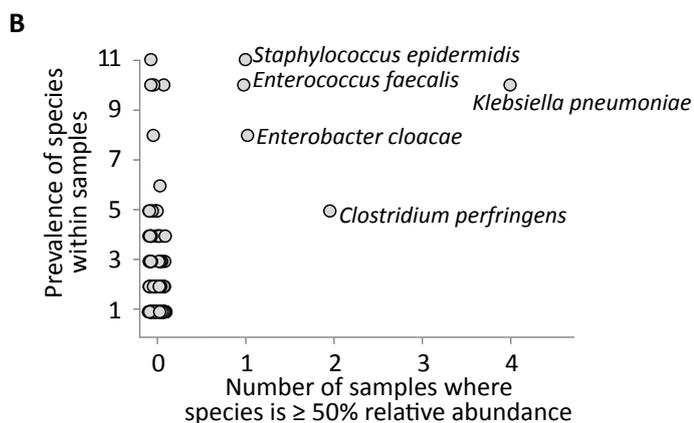
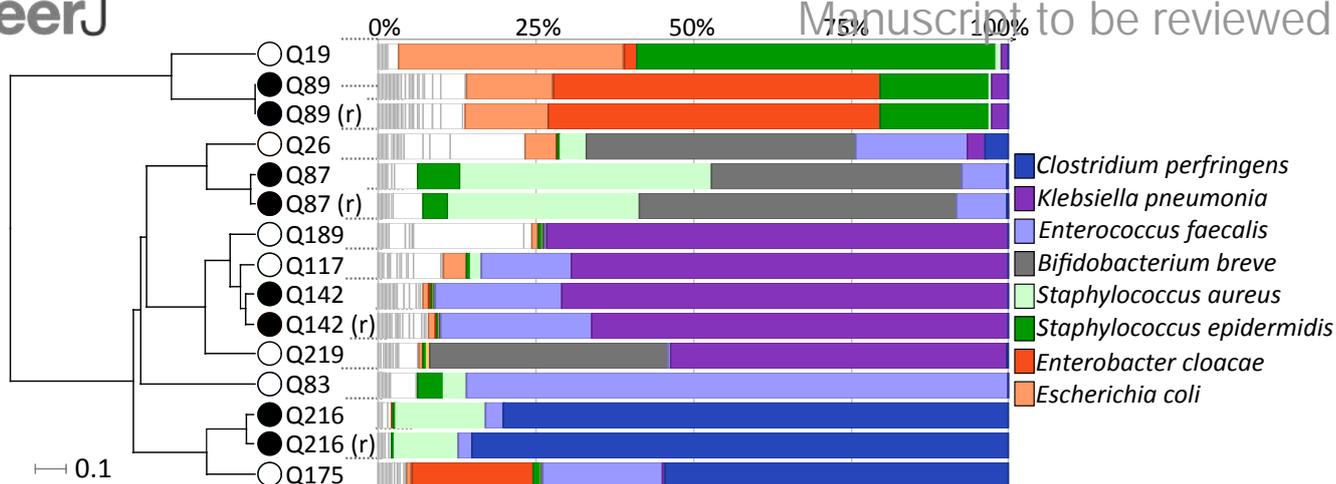


Figure 2(on next page)

Antibiotic resistance genes detected.

Heatmap showing distribution of the 39 AMR genes detected within the eleven metagenomic samples. Genes grouped by antibiotic class: AGly (aminoglycosides), Bla (beta-lactamases), Fos (Fosfomycin), Flq (fluoroquinolones), MLS (macrolide-lincosamide- streptogramin), Phe (phenicols), Tet (tetracyclines), Tmt (trimethoprim). Colours show read depth in bp: undetected (grey), 3-199 bp (blue), 200 - 399 bp (yellow), 400 - 1437 (red). Rows clustered by UPGMA method using Euclidean distances.

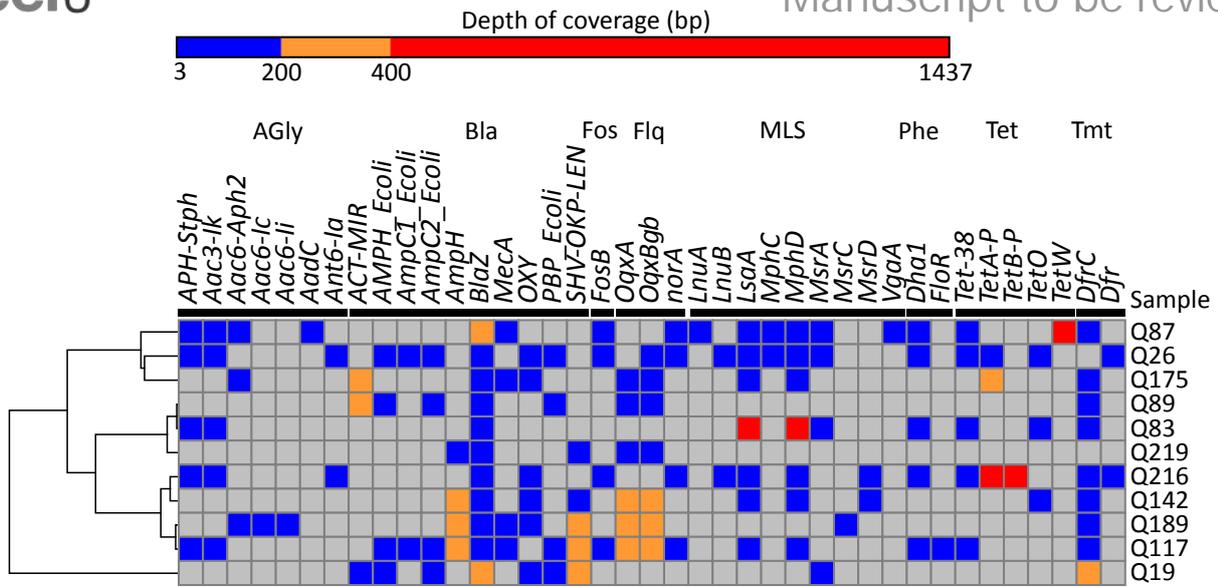


Table 1 (on next page)

Metagenomic study dataset.

Sequencing results for the eleven preterm samples sequenced and four replicates.

1

Sample	Instrument	Read length	Raw PE reads	Surviving PE reads*	Surviving PE reads %*	Mean read length (bp)	Yield (Gbps)
Q19	NextSeq	151	10,765,181	9,748,620	90.6	118.5	2.3
Q26	NextSeq	151	10,515,261	9,675,994	92.0	125.3	2.4
Q83	NextSeq	151	10,272,541	9,434,574	91.8	128.1	2.4
Q87	NextSeq	151	9,771,928	9,031,166	92.4	126.3	2.3
Q89	NextSeq	151	10,573,383	9,686,447	91.6	130.5	2.5
Q89 (r)	NextSeq	151	10,746,440	9,824,221	91.4	129.1	2.5
Q117	NextSeq	151	9,718,743	8,943,195	92.0	124.4	2.2
Q142	NextSeq	151	9,847,000	9,059,108	92.0	129.0	2.3
Q175	NextSeq	151	11,442,761	10,404,737	90.9	121.1	2.5
Q189	NextSeq	151	9,385,745	8,667,469	92.3	125.2	2.2
Q216	NextSeq	151	11,842,425	10,963,555	92.6	125.8	2.8
Q219	NextSeq	151	5,761,388	5,295,708	91.9	118.4	1.3
Q87 (r)	MiSeq	301	8,061,151	5,710,557	70.8	193.0	1.1
Q142 (r)	MiSeq	301	4,101,014	3,234,121	78.9	204.1	0.7
Q216 (r)	MiSeq	301	12,778,363	10,848,709	84.9	224.0	2.4
Mean	-	-	9,705,555	8,701,879	-	-	2.1
Total	-	-	145,583,324	130,528,181	89.7	-	-

2

3 * Three MiSeq replicate samples paired reads were merged during QC, therefore read number represent
4 single reads

5 (r) signifies replicate samples

Table 2 (on next page)

Antibiotic classes identified.

Major antibiotic resistant classes of genes identified within the eleven samples by srst2.

Columns show antibiotic type and number of genes found within class.

1

Antibiotic type	Number of identified genes within class
Beta-lactamases (Bla)	10
Macrolide-lincosamide- streptogramin (MLS)	9
Aminoglycosides (AGly)	7
Tetracyclines (Tet)	5
Fluoroquinolones (Flq)	3
Phenicol (Phe)	2
Trimethoprim (Tmt)	2
Fosfomicin (Fcyn)	1

2