

Anatomical mechanism of spontaneous recovery in regions caudal to thoracic spinal cord injury lesions in rats

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Background: The nerve fibre circuits around a lesion play a major role in the spontaneous recovery process after spinal cord hemisection in rats. The aim of the present study is: in the re-control process, do all spinal cord nerves below the lesion site participate, or do the spinal cord nerves of only one vertebral segment have a role in repair? **Methods:** First we made a T7 spinal cord hemisection in 50 rats. Eight weeks later, they were divided into 3 groups based on distinct second operations at T7: ipsilateral hemisection operation, contralateral hemisection, or transection. We then tested recovery of hindlimbs for another 8 weeks. The first step was to confirm the lesion had role or not in the spontaneous recovery process. Secondly, we performed T7 spinal cord hemisections in 125 rats. Eight weeks later, we performed a second single hemisection on the ipsilateral side at T8-T12 and then tested hindlimb recovery for another 6 weeks. **Results:** In the first part, the Basso, Beattie, Bresnahan (BBB) scores and the electrophysiology tests of both hindlimbs weren't significantly different after the second hemisection of the ipsilateral side. In the second part, the closer the second hemisection was to T12, the more substantial the resulting impairment in BBB score tests and prolonged latency periods. **Conclusions:** The nerve regeneration from the lesion area after hemisection has no effect on spontaneous recovery of the spinal cord. Repair is carried out by all vertebrae caudal and ipsilateral to the lesion, with T12 being most important.

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2 **thoracic spinal cord injury lesions in rats**

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20 **Abstract**

21 **Background:** The nerve fibre circuits around a lesion play a major role in the spontaneous
22 recovery process after spinal cord hemisection in rats. The aim of the present study is: in the re-
23 control process, do all spinal cord nerves below the lesion site participate, or do the spinal cord
24 nerves of only one vertebral segment have a role in repair?

25 **Methods:** First we made a T7 spinal cord hemisection in 50 rats. Eight weeks later, they were
26 divided into 3 groups based on distinct second operations at T7: ipsilateral hemisection operation,
27 contralateral hemisection, or transection. We then tested recovery of hindlimbs for another 8
28 weeks. The first step was to confirm the lesion had role or not in the spontaneous recovery
29 process. Secondly, we performed T7 spinal cord hemisections in 125 rats. Eight weeks later, we
30 performed a second single hemisection on the ipsilateral side at T8-T12 and then tested hindlimb
31 recovery for another 6 weeks.

32 **Results:** In the first part, the Basso, Beattie, Bresnahan (BBB) scores and the electrophysiology
33 tests of both hindlimbs weren't significantly different after the second hemisection of the
34 ipsilateral side. In the second part, the closer the second hemisection was to T12, the more
35 substantial the resulting impairment in BBB score tests and prolonged latency periods.

36 **Conclusions:** The nerve regeneration from the lesion area after hemisection has no effect on
37 spontaneous recovery of the spinal cord. Repair is carried out by all vertebrae caudal and
38 ipsilateral to the lesion, with T12 being most important.

39 **Keywords:** spinal cord injury, hemisection, transection, recovery, electrophysiology, nerve

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41

42 **1 Introduction**

43 Brain is plastic and mammals are capable of spontaneous recovery after spinal cord injury. The
44 mechanisms underlying this process are not yet clear and are disputed. After brain or spinal cord
45 injury, many researchers have found that transplantation of multifunctional three-dimensional
46 scaffolds and stem cells treatment with neurotrophic factors, administration of small molecules,
47 or genetic modifications in the lesion area promote neuronal regeneration in the lesion and
48 improve motor function recovery (Estrada et al. 2014; Fan et al. 2010; Jee et al. 2012; McCall et
49 al. 2012; Shi et al. 2015; Tan et al. 2016; Wright et al. 2011). In addition, several groups have
50 shown that, after hemisection of the thoracic spinal cord, both hindlimbs show significant
51 improvement 3-5 weeks later. Moreover, if a second hemisection on the side contralateral to the
52 lesion was performed, rats showed complete paralysis of both hind limbs with no signs of
53 recovery of locomotor function over 4 weeks. For example, Courtine et al. first produced a left-
54 side hemisection model at thoracic segment 12 (T12 refers to the spinal cord level). Then, 10
55 weeks later, they performed a second hemisection on the contralateral side (T7). The results
56 showed that the rats initially lost all movement on the T7 side and some of the movement on the
57 T12 side. However, when the rats were subjected to the T7 and T12 hemisection at the same time,
58 both hindlimbs instantly lost all movement (Courtine et al. 2008). This observation
59 demonstrates that nerve fibers around the lesion participate in repair. These fibers must originate
60 rostral to the lesion on the ipsilateral side, then cross the midline to the contralateral side, travel
61 down the spinal cord, and re-cross the midline caudal to the lesion (Ballermann & Fouad 2006;
62 Courtine et al. 2008; Etlin et al. 2010; Reed et al. 2008). These two different repair mechanisms
63 are in conflict with each other and further research is needed to confirm and explain the repair
64 process. If the mechanisms of repair in both contexts were resolved it would inform novel

65 treatments to promote recovery and further improve limb function in patients with spinal cord
66 injury.

67 Among the questions that remain to be answered is whether the nerve fiber circuits that
68 control the ipsilateral hindlimb after injury are comprised of spinal cord nerves in a single
69 vertebra or spinal cord nerves in multiple vertebrae contribute to these nerve fiber circuits and
70 participate in the recovery process. Accordingly, we designed a study to resolve these two
71 possibilities. We first carried out a hemisection of thoracic vertebrae 7 (T7) on the left side of
72 spinal cord, then 8 weeks later performed a second hemisection of thoracic vertebrae 8-12 (T8-
73 T12) on the ipsilateral side. We then compared the extent of recovery of hindlimb function
74 across each hemisection group. In this study, abbreviations such as T7 indicate the vertebral
75 segments.

76

77 **2 Materials and Methods**

78 **2.1 Animals**

79 In this study, we used adult Sprague–Dawley rats (200–220 g). All rats were allowed to
80 acclimate to the new environment for 7 days before the start of any experimental procedures. The
81 rats were housed on a 12 h light-dark cycle with food and water provided ad libitum. All rats
82 were deeply anesthetized before any surgical procedures were performed (10% chloral hydrate,
83 3.5 ml/kg). After surgery, antibiotic (Penicillin, 128000UI/kg) and 10 ml of sterile saline were
84 administered subcutaneously each day during the first week. After each operation, the rat was
85 placed in a separate cage for 7 days before it was housed with other rats. The rats in the study
86 were obtained from the Vital River Company. Ethical approval was obtained from the Beijing
87 Neurosurgical Institute Laboratory Animals Ethics Committee in China.

88 In the first part of study, there were 50 rats in total and 10 rats died throughout the study,
89 the mortality was 20%. In the second part of study, there were 125 rats in total and 16 rats died
90 throughout the study, the mortality was 12.8%.

91

92 **2.2 Groups**

93 In the first part of the study, we investigated if regenerated axons coursed ipsilaterally or
94 contralaterally. All rats underwent two operations on T7 spinal cord and were divided into 5
95 groups (Fig. 1A-E). The first group was a sham operation group (N=10) in which both operations
96 were sham. Groups 2-5 all first received a hemisection of the left side of spinal cord at T7, but
97 had different second operations. The second group was the control group (N=6), in which the
98 second operation was sham, consisted a midline cut in the spinal cord at T7. The third group was
99 the ipsilateral experimental group (N=8), in which a second hemisection was conducted on the
100 ipsilateral side. The fourth group was the contralateral group (N=8), in which a second
101 hemisection was made on the contralateral side. The fifth was the transection group (N=8),
102 which received a full transection at T7 in the second operation.

103 In the second part of the study, we investigated the innervation of vertebrae downstream of
104 the lesion site to determine if regenerated axons target single or multiple vertebrae. These
105 experiments comprised 3 main groups, each of which were divided into 5 smaller sub-groups
106 defined according to the site of the second operation: T8-T12. The first group was the operation
107 group (N=37, Fig. 2A1-A2), in which all rats underwent 2 hemisection operations. The first
108 operation was at T7 on the left side; 8 weeks later the second operation was carried out
109 ipsilaterally at a single vertebra from T8-T12 depending on sub-group. The second group was the
110 control group (N=37, Fig. 2B1-B5). All received a hemisection at T7 on the left side, and 8

111 weeks later underwent a sham operation at a single vertebra at T8-T12 depending on sub-group.
112 The third was the sham operation group (N=35, Fig. 2C1-C5), in which rats in all sub-groups
113 received a sham operation at both time points.

114

115 **2.3 Hemisection operation**

116 **2.3.1 The first hemisection operation**

117 We generated the first hemisection operation according to previously published methods
118 (Arvanian et al. 2009). In the operation, we used sharp scalpel not scissors to separate along the
119 midline of spinal cord, which might cause less injury to the spinal cord. Before normal bladder
120 control returned, we manually expressed the bladder of each rat once per day.

121 **2.3.2 The second hemisection operation**

122 The second hemisection operation was performed 8 weeks after the first hemisection operation.
123 Except for the vertebra receiving a laminectomy, other operation procedures were the same as in
124 the first hemisection operation.

125

126 **2.4 Basso, Beattie, Bresnahan (BBB) score tests in both hindlimbs**

127 Motor performance was scored were performed according to the well-known Open Field BBB
128 locomotor scale (Basso et al. 1995). It was given each week after each hemisection operation. All
129 of the BBB score tests, each lasting 5 minutes, were performed in an open field (diameter 150
130 cm) with a wood floor. When we monitored the movement of the hindlimbs, all rats moved
131 freely without any disturbance. The paw placement, joint movements, weight bearing, and
132 coordination among the limbs were used to evaluate the BBB locomotion scale.

133 **2.5 Electrophysiological examinations:**

134 Before beginning electrophysiological examinations each rat was anesthetized. An
135 electrophysiological examination was given before and after each hemisection operation.

136 **2.5.1 Motor-evoked potential (MEP) studies on the body surface**

137 MEP examination and analyses were performed mainly according to previously published
138 methods (Shen et al. 2016; Yin et al. 2015; Ziegler et al. 2011). Before the examination, the rat
139 was in a relaxed state. Intramuscular electrode needles were implanted in the anterior tibial
140 muscle (TA) and little toe abductor muscle (LTA) on both sides. There were 5 wires used for
141 MEP examination, and each wire was connected to a stainless steel pin. The rostral-caudal
142 locations of the wires were as follows: the first needle was in the midline 5 mm from the nose;
143 the second needle was located subcutaneously in the midline of the head; the third needle was
144 located subcutaneously in the mid-belly; the fourth needle was located in the middle of the
145 muscle being tests; and the fifth needle was located in the tail 3 cm from the root. Stimulations of
146 10 mA at 1 Hz were administered once per time point: for 1 ms per stimulus. Each muscle
147 received 3 standard stimuli, and the interval time was 30 s.

148 **2.5.2 MEP on the spinal cord**

149 The purpose of the test in spinal cord was to observe the change of conduction from T7-T8 after
150 the operation. Eelectrophysiological examinations involved stimulating microelectrodes and
151 recording microelectrodes (Fig. 3F) (Arvanian et al. 2009; Schnell et al. 2011). The responses
152 evoked by stimulating the ventral horn from the rostral end of T7 to the caudal end of T8 on the
153 ipsilateral side were recorded on the same side or on the contralateral side. The stimulation
154 electrode was positioned approximately 0.7 mm from midline, with a depth of 1.3 mm, and an
155 angle of 25-30° from the vertical sagittal plane. The recording electrodes were positioned
156 approximately 0.7 mm from middle line, with a depth of 1.3 mm and an angle of 15-20° from the

157 vertical sagittal plane. We used the average of two recordings for each side. There was a 30 s
158 interval between the two stimuli. The ventral horn stimulus had a duration of 0.01 ms and a
159 current of 0.5 mA and was delivered at 1 Hz.

160

161 **2.6 Criteria for excluding animals**

162 Rats were excluded from the research according to the following criteria: (1) death during or
163 after the operation; (2) signs of autophagia and/or a serious skin infection; (3) an edematous
164 hindlimb that would affect the BBB score test; (4) death during the electrophysiological
165 recordings.

166

167 **2.7 Statistics**

168 The statistical analysis was performed using SPSS database (version 19.0; SPSS Inc., Chicago,
169 IL, USA). The BBB scores and electrophysiological examination data are shown as means \pm
170 SEM. When the data agreed with the Bartley Ball Test, the repeated measures general linear
171 model test was used to determine the overall differences in the different test times after the
172 operation (1 week to 6, 8, or 16 weeks), followed by LSD (least significant difference) tests to
173 make comparisons among groups. P values less than 0.05 were considered statistically
174 significant.

175

176 **3 Results**

177 **3.1 Part 1: Determination of an ipsilateral versus contralateral course**

178 **3.1.1 BBB score s after the first hemisection operation at T7**

179 After the first operation, none of the rats could move their left hindlimb or perform weight-

180 bearing movements, while the right hindlimb could move slightly. The most significant and rapid
181 improvements in BBB scores of both hindlimbs occurred over the first 2 weeks. BBB scores
182 continued to increase through the 3rd week after the operation and then reached a plateau phase
183 in the 4th week that persisted through the end of the evaluation period at week 8 (Fig. 4A).

184 **3.1.2 BBB scores after a second hemisection operation at T7**

185 A second hemisection at T7 had little effect on movement of either hindlimb in the ipsilateral
186 group. In 7 of 8 rats, BBB scores recovered to the pre-second operation level on the 3rd day and
187 the BBB scores of all rats recovered to the pre-second operation level by the end of the first week
188 following the second operation (Fig. 4D). No significant differences in the BBB scores between
189 the ipsilateral group and the control group were observed after the operation ($p>0.05$, Fig. 4C
190 and D).

191 After the second hemisection at T7 on the contralateral side, movement in both hindlimbs
192 was instantly obstructed and then started to recover 2 weeks later. By the 4th week, recovery
193 entered a plateau phase. Compared to the rats in transection group, there were no significant
194 differences in BBB scores of the ipsilateral group after the operation ($p>0.05$, Fig. 4E and F).
195 However, there were significant differences in BBB scores between the ipsilateral group and the
196 contralateral group ($p<0.05$, Fig. 4D and E).

197 **3.1.3 Electrophysiological examinations in part 1 of the study**

198 After the second hemisection at T7, the latency periods in both TA muscles and both LTA
199 muscles between rats in the ipsilateral group and control group were not significantly different
200 ($p>0.05$, Fig. 5A-D). However, they were longer in the contralateral group than in the control
201 group ($p<0.05$). There were no significant differences between the contralateral group and the
202 transection group ($p>0.05$). All experimental groups had significantly longer latency periods than

203 the sham group ($p < 0.05$).

204 There were not significant differences in latency periods in the spinal cord between the
205 sham, control, and ipsilateral groups ($p > 0.05$, Fig. 6A and B, and Fig. 3A-C). However, the
206 latency period and wave amplitude disappeared in the contralateral and transection groups after
207 the second hemisection ($p > 0.05$, Fig. 6A and B, and Fig. 3D1, D2, E1, E2).

208

209 **3.2 Part 2: Determination of the involvement of vertebrae T8-T12**

210 **3.2.1 BBB scores after a second hemisection operation at T8-T12**

211 In the T8 second hemisection group, BBB scores for the left hindlimb decreased slightly, while
212 BBB scores of the right hindlimb were barely affected. Approximately 3 weeks later, BBB
213 scores of both hindlimbs recovered to the level before the operation ($p > 0.05$, Fig. 7A1). In
214 comparisons of BBB scores 6 weeks after the second hemisection, the left hindlimbs in T8-T12
215 sub-groups displayed poorer and poorer improvement ($p < 0.05$, Fig. 7A1-A5). Seven of 8 rats in
216 T12 operation sub-groups exhibited no left hindlimb movement 6 weeks after the operation.

217 Compared to the operation group, BBB scores for both hindlimbs in the T8-T12 sub-groups
218 in the control group decreased significantly after the second hemisection ($p < 0.05$, Fig. 7A1-A5,
219 B1-B5).

220 BBB scores of both hindlimbs in all T8-T11 sub-groups in the sham operation group
221 recovered completely by the second week after the second hemisection ($p > 0.05$, Fig. 7 C1-C4).

222 Compared to the T12 sub-group, the T8-T11 sub-groups displayed better improvement ($p < 0.05$,
223 Fig. 7 C1-C5).

224 **3.2.2 Electrophysiological examinations in part 2 of the study**

225 After the second hemisection in the operation group, the latency period in left TA muscles and

226 left LTA muscles became progressively longer from the T8 sub-group to T12 sub-group ($p < 0.05$,
227 Fig. 8A, C).

228

229 **4 Discussion**

230 **4.1 Effects of a second hemisection operation at T7**

231 Many previous animal experiments have shown that after a hemisection operation of the spinal
232 cord, the transplantation of stem cells or various engineered tissue materials in the injury region
233 can improve movement of both hindlimbs. Immunohistochemical examinations have also shown
234 that the nerve fibers in regions rostral to the injury site increased and deeply innervated the lesion
235 site. This indicates that nerves fibers penetrating into the area of injury probably play important
236 roles in recovery after spinal cord injury (Estrada et al. 2014; Fan et al. 2010; Jee et al. 2012;
237 McCall et al. 2012; Wright et al. 2011).

238 However, some studies using animal models have reached conflicting conclusions. An
239 important example is the work of Courtine et al (Courtine et al. 2008), in which they carried out
240 two successive lesions of the rat spinal cord and showed that the contralateral but not ipsilateral
241 side was essential for recovery.

242 However, Courtine et al did not performed a second hemisection at the injury region, so
243 whether nerve regeneration within the injury region was attributable to hindlimb movements
244 recovery could not be ruled out (Courtine et al. 2008). Accordingly, in this study, we added an
245 additional experimental group that received a second hemisection in the region of injury.

246 BBB scores for both hindlimbs decreased significantly after the first hemisection at T7, and
247 4 weeks later, the improvement reached a plateau. When the second hemisection operation was
248 performed on the injury region, it had almost no effect on movement of either hindlimb ($p > 0.05$,

249 Fig. 4C and D, Fig. 3B1, B2, C1, C2). The MEP results from body surface and spinal cord also
250 displayed no significant differences ($p>0.05$, Fig. 5A-D, Fig. 6A and B, Fig. 3C1, C2, D1, D2).
251 However, in the contralateral and transection groups, hindlimb movement on both sides
252 disappeared after the second operation and there were no significant difference between groups
253 at 8 weeks post-injury ($p>0.05$, Fig. 4E and F). Moreover, MEP in the spinal cord disappeared
254 after the second operation in both groups (Fig. 6A, B and Fig. 3D1, D2, E1, E2). By contrast, we
255 found that, after the spinal cord transection operation MEP activities were still observed at the
256 body surface. For this reason, MEP examination of the spinal cord is a more accurate indicator of
257 injury and recovery than MEP at the body surface.

258 We thus conclude that the nerve repair in the injury region has no effect after the
259 hemisection operation at T7 on the ipsilateral side, and reparative responses involved nerve
260 fibers on the contralateral side.

261

262 **4.2 Effects of a second hemisection operation at T8-T12 on the ipsilateral side**

263 **4.2.1 T8 subgroup**

264 In T8 subgroup in operation group, the BBB scores of the left hindlimb decreased slightly, from
265 the third week on, all rats returned to the level exhibited before the second operation (Fig. 7A1).
266 Compared to the control group, there were significant differences in the BBB score of both
267 hindlimbs ($p<0.05$, Fig. 7A1, B1). And in the sham group, from the second week on, the sham
268 operation almost had no effect to the movements of both hindlimbs. These results showed that
269 the thoracic vertebra below and next to the spinal cord injury likely had a little assist in the
270 recovery process, which may be affected by neuronal apoptosis around the injury site.

271 **4.2.2 T9 subgroup**

272 In T9 subgroup in operation group, the BBB scores of both hindlimbs decreased slightly and
273 were approximately 1–2 points less than the level before the second hemisection in the 6th week
274 (Fig. 7A2). But the reduction of BBB scores was a little more than in the sham group ($p < 0.05$,
275 Fig. 7A2, C2) and were less than in the control group ($p < 0.05$, Fig. 7A2, B2). These results
276 showed that the spinal cord at thoracic vertebra T9 likely assisted with the recovery process to
277 some extent.

278 **4.2.3 T10 subgroup**

279 In T10 subgroup in operation group, the BBB scores of left hindlimbs disappeared instantly and
280 began at the 1st week (Fig. 7A3). When compared to the T9 subgroup within the operation group,
281 in the 6th week, the left hindlimb recovered were worse (Fig. 7A2, A3). This finding showed that
282 the spinal cord at thoracic vertebra T10 played an important role in the spontaneous recovery of
283 the spinal cord injury, and the function could not be completely compensated for by other
284 segments of the spinal cord in 6 weeks.

285 **4.2.4 T11 subgroup**

286 In T11 subgroup in operation group, the BBB scores of left hindlimb disappeared instantly and
287 began at the 2^{ed} week (Fig. 7A4). When compared to the T10 subgroup within the operation
288 group, the left hindlimb recovered were worse and the difference was significantly in 6 weeks
289 (Fig. 7A3, A4). This finding showed that the spinal cord at thoracic vertebra T11 played a very
290 important role in the spontaneous recovery of the spinal cord injury.

291 **4.2.5 T12 subgroup**

292 In T12 subgroup in operation group, the BBB scores of left hindlimb disappeared instantly and
293 were approximately 0–1 points from the 2^{ed} to 6th week (Fig. 7A5). These results showed that the
294 spinal cord at thoracic vertebra T12 played a major role in the spontaneous recovery of the spinal

295 cord injury.

296 In summary, results of hemisection at a single vertebra from T8-T12 after an initial
297 hemisection at T7 impaired hindlimb movement recovery in all instances, with the most
298 pronounced effects occurring at T11-T12. Therefore, we conclude based on the data in part 2 of
299 this study that, when caudal to the injury region area, spinal cord segments underlying the T8-
300 T12 vertebrae on the ipsilateral side all participated in the spontaneous recovery process after a
301 hemisection operation at T7. In this case, the T12 vertebral area appeared to be the most
302 important for nerve repair.

303

304 **4.3 Repair processes occurring rostral to the lesion**

305 Many findings have shown that, although the direct conduction pathway was destroyed in rats
306 with a spinal cord injury, commands from brain conducted by the corticospinal tract (CST) can
307 still be transmitted to the lumbar spinal cord below the lesion on the ipsilateral side (Bareyre et al.
308 2004; Courtine et al. 2008; Jankowska & Edgley 2006; Kerschensteiner et al. 2004; van den
309 Brand et al. 2012). After injury, an important mechanism of the spontaneous recovery process is
310 thus that the structure and course of nerve fibers in the CST are remodeled such that they make
311 contact with propriospinal neurons that form detour pathways bypassing the lesion (Nishimura &
312 Isa 2012; Pierrot-Deseilligny 2002; Rosenzweig et al. 2010; Zaaimi et al. 2012). However, the
313 CST is not the only descending tract that affects movement and is not be the only projection
314 system that conveys functional recovery (Han et al. 2013; Hurd et al. 2013). Spared
315 reticulospinal fibers play an important role in the recovery process through spontaneous
316 compensatory sprouting and increases in density after injury; they may also operate caudal to the
317 lesion by enhancing indirect access to reticulospinal commands (Ballermann & Fouad 2006;

318 Zorner et al. 2014). Therefore, we hypothesize that the nerve fiber circuit underlying repair in
319 this study was composed of CST and reticulospinal fibers and propriospinal neurons. We
320 speculate that around the T12 vertebra, which was the most important for nerve repair, there
321 were more nerve fibers relative to the other vertebrae that crossed the midline from the
322 contralateral side to the injury side. However, more research, particularly nerve fiber tracing
323 experiments, is needed to confirm this.

324

325 **4.4 Repair processes occurring caudal to the lesion**

326 Tillakaratne et al. showed that rats exhibited spontaneous recovery via a step-wise process after a
327 complete transection of the mid-thoracic spinal cord, even though the region caudal to the spinal
328 cord lesion did not make any connections to the brain and in absence of descending tracts
329 passing through the lesion (Tillakaratne et al. 2010). Thus, roles of activity of a locally acting
330 central pattern generator (CPG), which is present in many species, are important to consider
331 (Deliagina et al. 1999; Ekeberg & Pearson 2005; Grillner 1985). While, our research argues for
332 the presence of significant spontaneous locomotor recovery resulting from new forms of
333 dynamic control in the spinal CPG from newly generated or remodeled descending tracts, the
334 local CPG still may play the primary role in recovery following spinal cord injury (Rossignol et
335 al. 2007).

336 The CPG of the spinal cord is located in the lumbar enlargement at about the T10-12
337 segments (Magnuson et al. 1999). The second part of this study showed that areas closer to T12
338 vertebra are more important for nerve repair. Therefore, we could conceivably use various
339 treatments to reinforce the role of CPG and the nerve fibers that connect to it to promote
340 recovery. However, given that a second hemisection operation at T9 on the ipsilateral side could

341 also impair hindlimb movements, which could not recover to pre-operation levels, the CPG is
342 likely not the only factor playing a role in the recovery process.

343

344 **4.5 Study Limitations**

345 These studies assessed spontaneous recovery from spinal cord injury, but not the impact of any
346 treatment. Further research is needed to confirm if similar results are observed in the case of
347 using a therapeutic intervention within the same experimental injury paradigm; potential
348 therapies include targeting neuroinflammation, transplantation of engineered tissue materials,
349 stem cells, neurotrophic factors, or genetic modifications. We also did not directly assess the
350 path of newly projected nerve fibers to more conclusively and precisely define their course.

351

352 **5 Conclusions**

353 Our study demonstrates an anatomical mechanism for spontaneous repair processes caudal to
354 spinal cord injury sites in which regenerative fibers cross to the contralateral side, course around
355 the lesion, and then re-cross the midline innervating all caudal, ipsilateral vertebrae with T12
356 being most important. If we inject stem cells, neurotrophic factors, drugs in the spinal cord
357 around the injury region more than only in the injury region, it might had more effect in the
358 recovery process. Further studies should investigate therapeutic approaches that enhance this
359 process and identify the molecular mechanisms that control it.

360

361

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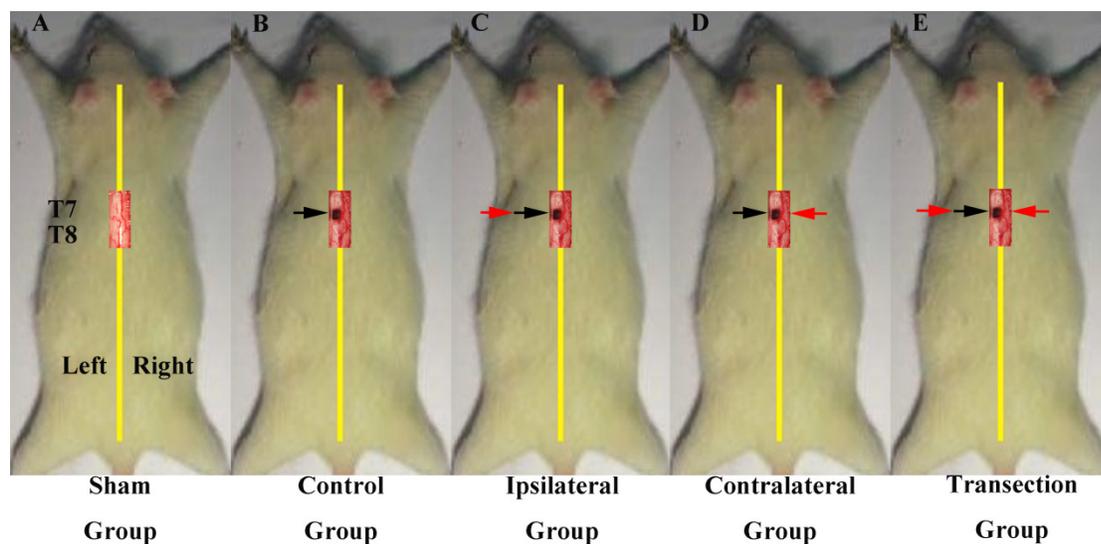
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457 **7 Figure Legends**

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459

460 **Fig 1.** Operations in first part of this study. All the operations were made at T7. A black arrow

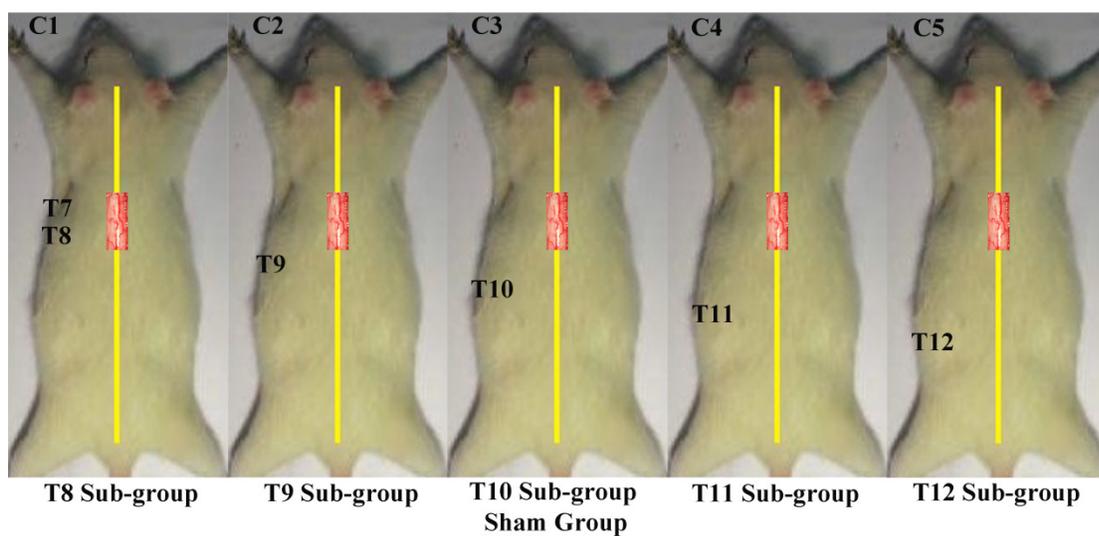
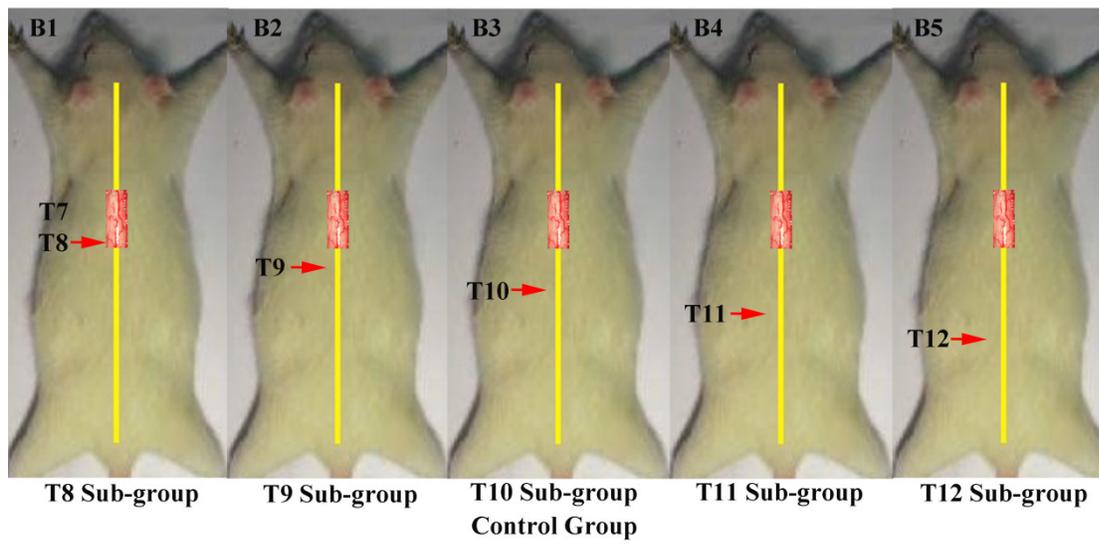
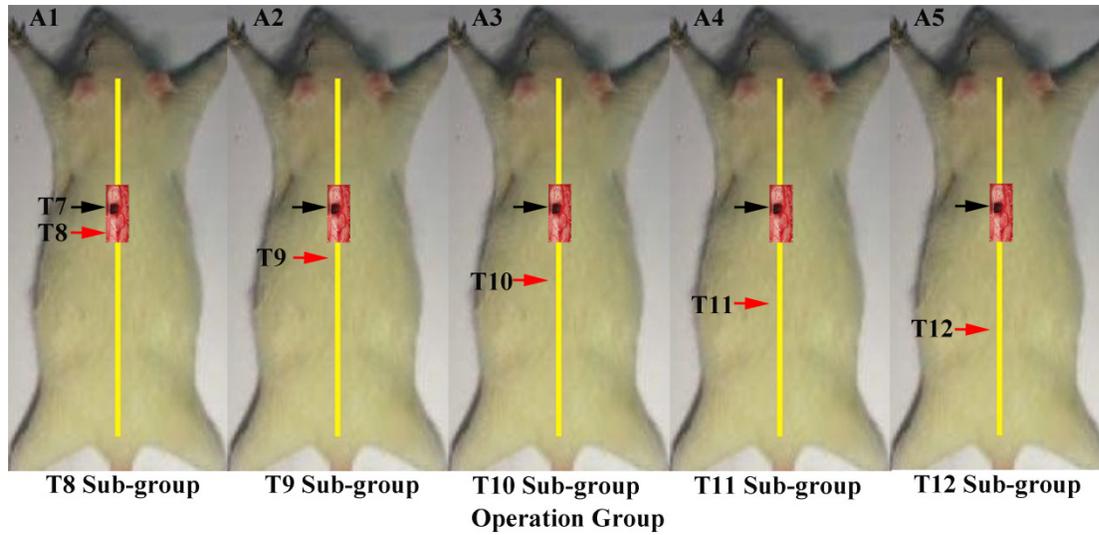
461 and a red arrow indicates the level of the first and second hemisection operation separately. (A)

462 The sham group. (B) The control group. (C) The ipsilateral group. (D) The contralateral group.

463 (E) The transection group.

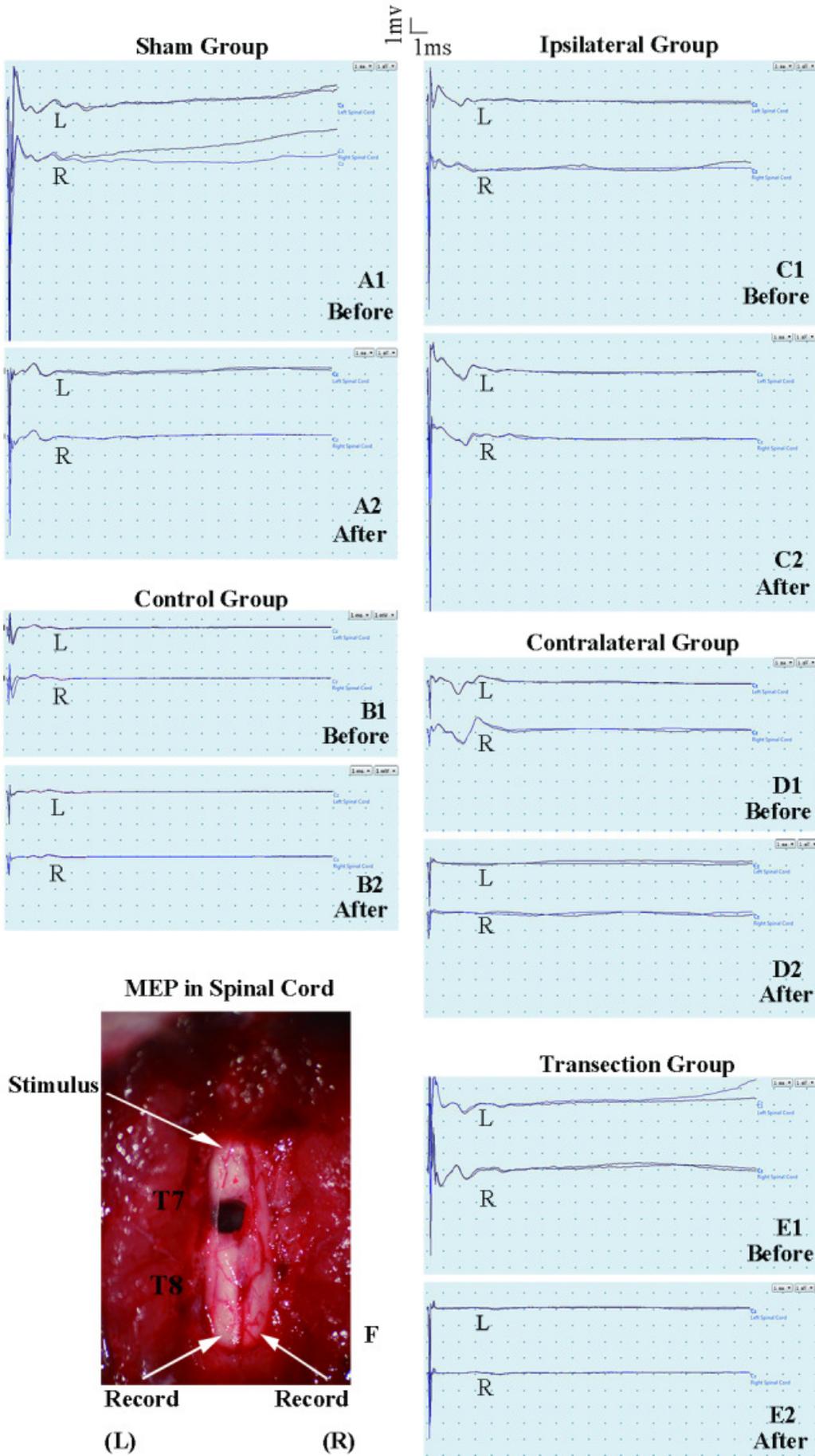
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467 **Fig 2.** Operations in second part of this study. A black arrow indicates the level of the first
468 hemisection operation; a red arrow indicates the level of the second hemisection operation. (A1-
469 A5) T8-T12 sub-groups in the operation group. (B1-B5) T8-T12 sub-groups in the control group.
470 (C1-C5) T8-T12 sub-groups in the sham group.

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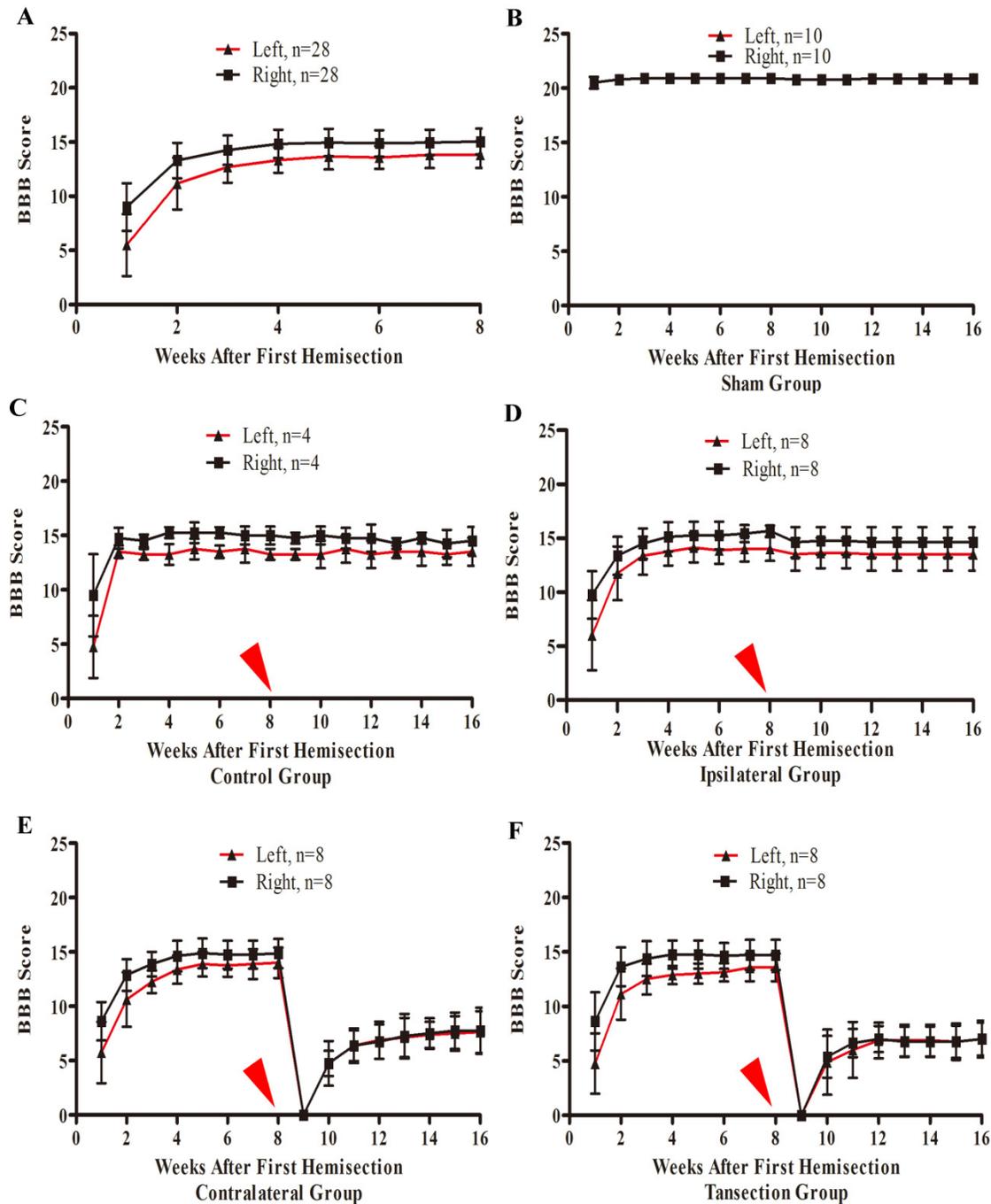


473 **Fig 3.** Electrophysiological examinations of the spinal cord in first part of this study before and
474 after the second hemisection operation at T7: (A) Sham group, (B) Control group, (C) Ipsilateral
475 group, (D) Contralateral group, (E) Transection group.

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480 **Fig 4.** The BBB scores for part 1 of the study. A red arrow indicates the time point for the second

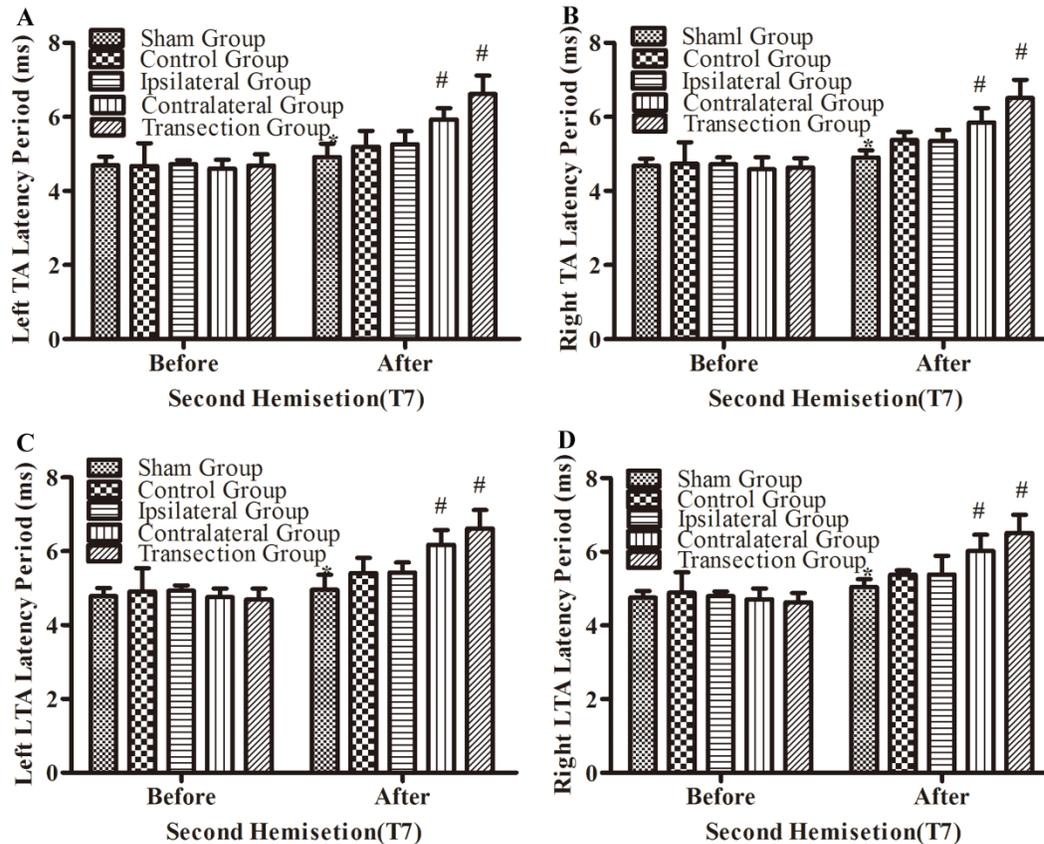
481 hemisection. (A) The trend in BBB scores of all rats before the second hemisection operation.

482 (B-E) Trends in BBB scores:(B) Sham group, (C) Control group, (D) Ipsilateral group, (E)

483 Contralateral group, (F) Transection group. Data are presented as mean \pm SEM.

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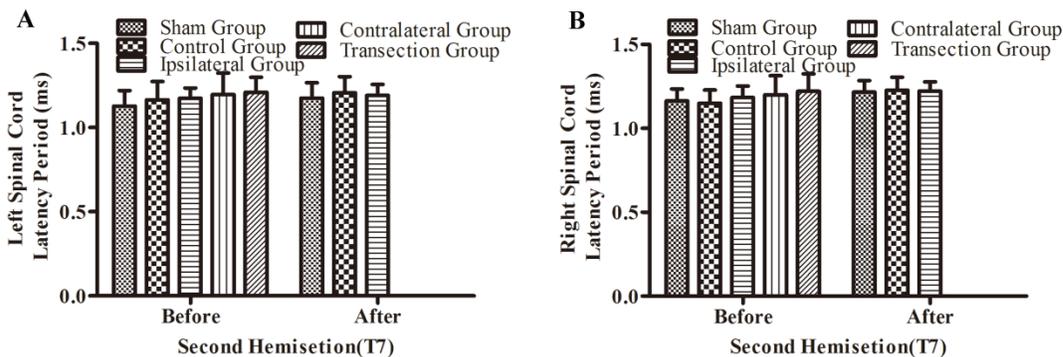


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487 **Fig 5.** Electrophysiological examinations (MEP, latency periods) in body surface in part 1 part of488 this study. (A-D) The latency periods in both TA muscles and both LTA muscles. *, $P < 0.05$,489 compared to the control group. #, $P < 0.05$, compared to the other 4 groups. Data are presented as490 mean \pm SEM.

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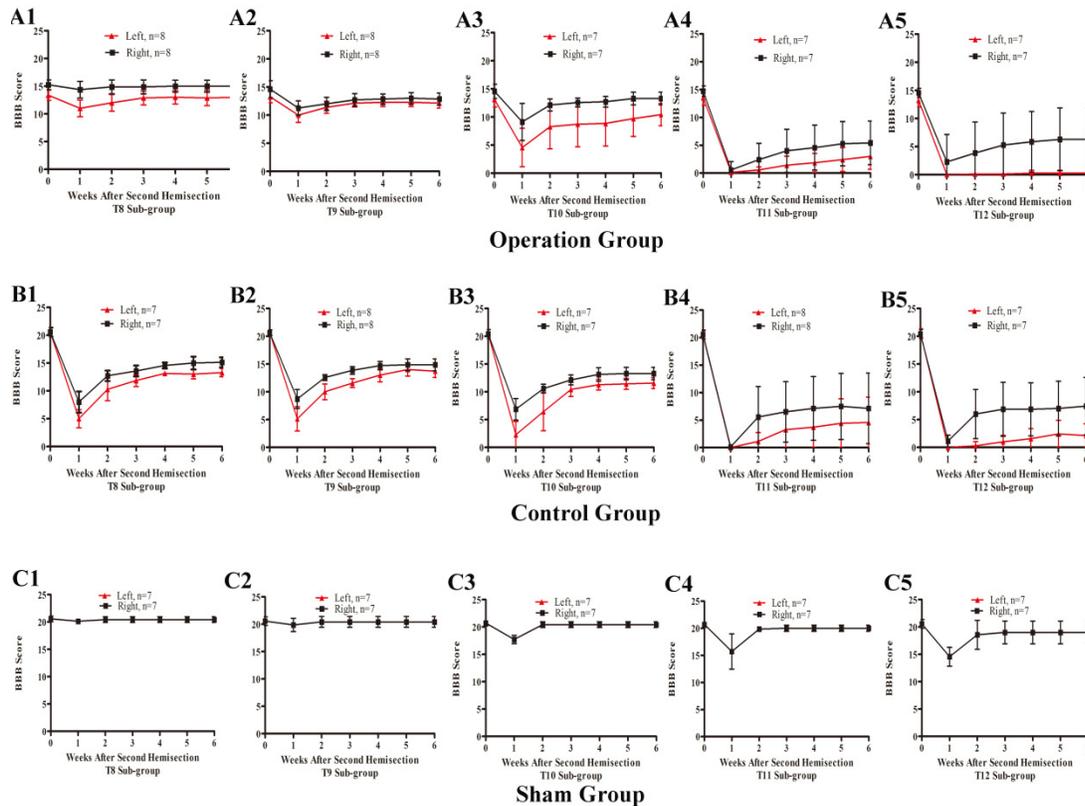
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Fig 6.

494 Electrophysiological examinations (MEP, latency periods) of the spinal cord in part 1 of this
 495 study. (A-B) The latency periods on both sides of the spinal cord before and after the second
 496 hemisection operation. Data are presented as mean \pm SEM.

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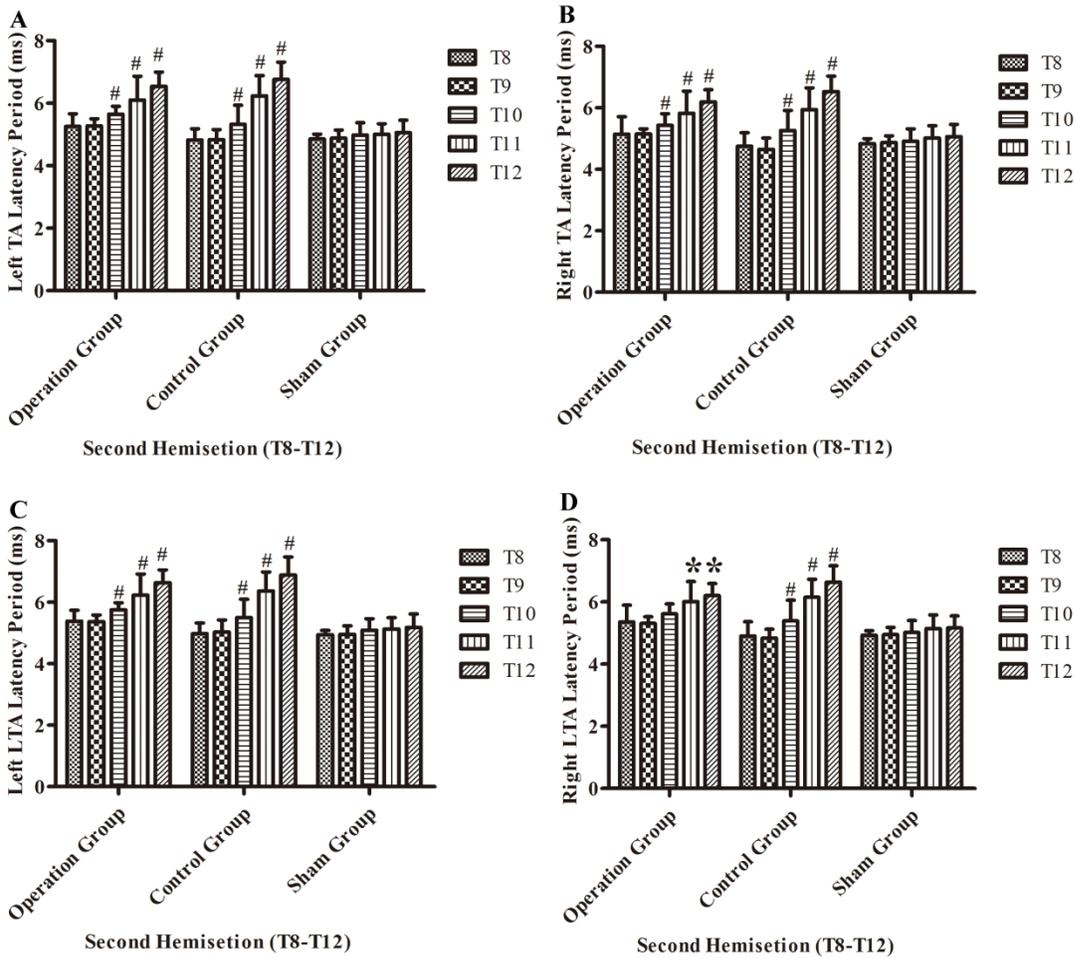
Fig 7.

500 Trends in BBB scores tendency for the T8 to T12 sub-groups in part 2 of the study: (A1-A5)

501 Operation group, (B1-B5) Control group, (C1-C5) Sham group. Data are presented as mean \pm

502 SEM.

503



504

505 **Fig 8.** Electrophysiological examinations (MEP, latency periods) in part 2 of this study after the

506 second hemisection operation at the (A) left TA muscle, (B) right TA muscle, (C) left LTA

507 muscle, (D) right LTA muscle. *, $P < 0.05$, compared to T8 sub-group in each main group. #,508 $P < 0.05$, compared to the other 4 sub-groups. Data are presented as mean \pm SEM.

509

510