

# Asian elephants (*Elephas maximus*) reassure others in distress

Contact directed by uninvolved bystanders toward others in distress, often termed consolation, is uncommon in the animal kingdom (thus far only demonstrated in the great apes, canines, and corvids). Whereas the typical agonistic context of such contact is relatively rare within natural elephant families, other causes of distress may trigger similar, other-regarding responses. In a study carried out at an elephant camp in Thailand, we found that elephants affiliated significantly more with other individuals through directed, physical contact and vocal communication following a distress event than in control periods. In addition, bystanders affiliated with each other, and matched the behaviour and emotional state of the first distressed individual, suggesting emotional contagion. The initial distress responses were overwhelmingly directed toward ambiguous stimuli, thus making it difficult to determine if bystanders reacted to the distressed individual or showed a delayed response to the same stimulus. Nonetheless, the directionality of the contacts and their nature strongly suggest attention toward the emotional states of conspecifics. The elephants' behaviour is therefore best classified with similar consolation responses by apes (possibly based on convergent evolution of empathic capacities).

2        **Asian elephants (*Elephas maximus*) reassure others in distress**

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10      evolution

## 11 Introduction

12 Most empirical evidence for how animals react to others in distress comes from the study  
13 of conflict resolution (de Waal & van Roosmalen, 1979; de Waal & Aureli, 1996; de Waal, 2000).  
14 Peacekeeping mechanisms have evolved to manage conflict (see de Waal, 1996; de Waal, 2000  
15 for a review) in animal societies, including reconciliation (i.e. affiliative physical contact between  
16 former opponents soon after a conflict) and consolation (i.e. affiliative physical contact from an  
17 uninvolved bystander directed toward a recipient of aggression). The former is much more  
18 common than the latter in the animal kingdom, possibly due to differences in the complexity of  
19 underlying cognitive mechanisms (de Waal & Aureli, 1996; de Waal, 2008). Although  
20 reconciliation appears to be self-interested for all individuals involved (due to the need to  
21 maintain valuable relationships - de Waal, 2000), the significance of consolation for the bystander  
22 is still unclear. Recent work trying to identify the adaptive function(s) of consolation has focused  
23 on a) the identity of bystanders and their relationships with the consolation recipient (Romero,  
24 Castellanos & de Waal, 2010; Romero & de Waal, 2010; Romero, Castellanos & de Waal, 2011),  
25 b) the physiological changes in distressed individuals consoled by bystanders (Koski & Sterck,  
26 2007; Fraser, Stahl & Aureli, 2008), and c) possible benefits to the consolers themselves (Koski  
27 & Sterck, 2007; Koski & Sterck, 2009). All of these possible functions for such affiliative  
28 behaviour suggest that the parties involved initiate or accept contact as a way of mitigating  
29 emotional stress responses (de Waal, 2008; Koole, 2009).

30 Because of these functional uncertainties, some scientists remain reluctant to use  
31 functional or motivational terminology, such as consolation; instead, the aforementioned  
32 behaviour is sometimes described as "third-party affiliation" (a descriptive term that specifies  
33 only directed, physical contact with a distressed individual, e.g., Call, Aureli & de Waal, 2002;  
34 Koski & Sterck, 2007; Seed, Clayton & Emery, 2007). However, other studies argue that the  
35 mammalian capacity for empathy underlies consolation (Preston & de Waal, 2002), and compare

36 the morphology and motivation of the behaviour with “sympathetic concern” in humans (Clay &  
37 de Waal, 2013; Romero, Castellanos & de Waal, 2010). In general, demonstrations of consolation  
38 in animals are rare, with empirical evidence thus far provided only for the great apes, canines,  
39 and certain corvids (de Waal & van Roosmalen, 1979; de Waal & Aureli, 1996; Palagi, Paoli &  
40 Tarli, 2004; Cordoni, Palagi, Borgognini Tarli, 2006; Mallavarapu et al., 2006; Seed, Clayton &  
41 Emery, 2007; Cools, van Hout & Nelissen, 2008; Palagi & Cordoni, 2009; Fraser & Bugnyar,  
42 2010; Romero, Castellanos & de Waal, 2010; Romero & de Waal, 2010), but not for monkeys or  
43 any other species (e.g. de Waal & Aureli, 1996; Schino et al., 2004; Watts, Colmenares & Arnold,  
44 2000, but see  Call, Aureli & de Waal, 2002; Wittig et al., 2007). This rarity may be due to the  
45 potential cognitive underpinnings of consolation, or species-specific social dynamics that  
46 determine how animals mitigate social strife in a variety of relationships. In some monkey  
47 societies, for example, it may be  too risky or dangerous to associate with victims of aggression  
48 due to the rigidity of linear hierarchies (de Waal & Aureli, 1996; de Waal, 2000).

49       Elephants are interesting study species because of their complex social behaviour and  
50 close bonding with family members (Douglas-Hamilton & Douglas-Hamilton, 1975; Moss, 1988;  
51 Poole, 1996; Schulte, 2000; Payne, 2003; Bates et al., 2008). They often act as allomothers  
52 toward others’ offspring, and respond immediately to the vocalisations of these individuals (e.g.  
53 in response to infant distress – Lee, 1987; Bates et al., 2008). They are also known for their  
54 “targeted helping,” or directed assistance that takes the specific needs of others into account (e.g.  
55 helping to lift and coordinated bracing of injured, dying or otherwise prostrate family members –  
56 Douglas-Hamilton et al., 2006; Bates et al., 2008). Targeted helping is viewed as a sign of  
57 empathic perspective taking (e.g., Preston & de Waal, 2002; de Waal, 2008).

58       In the present study, we aim to assess the affiliative tendencies of Asian elephants  
59 (*Elephas maximus*) toward conspecifics in response to distress, using similar methodology to that  
60 used in the conflict resolution literature. To our knowledge, this is the first systematic

61 investigation of distress-related affiliation in elephants based on a priori hypotheses (but see  
62 Bates et al., 2008 and Hart, Hart & Pinter-Wollman, 2008 for other possible displays of empathy  
63 and stress-related emotional responses).

64         Relative to chimpanzees (de Waal, 1982; de Waal & Aureli, 1996), elephants do not often  
65 engage in conflict within their herd, which consists primarily of related females and immature  
66 offspring (Douglas-Hamilton & Douglas-Hamilton, 1975; Moss, 1988; Poole, 1996; Payne, 2003;  
67 de Silva, Ranjeewa & Kryazhumskiy, 2011). Thus, we measured how elephants affiliate or  
68 reassure others as a response to an individual's distress irrespective of its cause. We recognise  
69 that our inability to identify a clear stimulus for each distress event makes it difficult to  
70 differentiate between cases where individuals are reacting to the stimulus or to another elephant's  
71 distress. Because of this, it is unclear if all or most cases of affiliative contact can be classified as  
72 "consolation" in the way this label is used in post-conflict studies (e.g., Call, Aureli & de Waal,  
73 2002; Preston & de Waal, 2002; Koski & Sterck, 2007; Seed, Clayton & Emery, 2007; Cools, van  
74 Hout & Nelissen, 2008; Fraser, Stahl & Aureli, 2008; Koole, 2009; Koski & Sterck, 2009; Fraser  
75 & Bugnyar, 2010; Romero, Castellanos & de Waal, 2011). Instead, we refer to the elephants'  
76 affiliation with others as "reassurance" to note our focus on both affiliative contacts and  
77 emotional responses. We use this term instead of "consolation" to avoid implying the potential  
78 function of the elephants' behaviour.

79         This study ~~then~~ is a first attempt to distinguish the affiliative tendencies of elephants in  
80 response to behaviourally identified stress. Based on the aforementioned social complexity of and  
81 targeted helping in elephants, we predicted that reassurance behaviour toward distressed  
82 individuals should be identifiable through an assessment of physical and vocal contacts. If  
83 elephants are responsive to the distress of others, they should be expected to make physical or  
84 vocal contact with stressed conspecifics, and do so sooner than in control periods during which  
85 the conspecifics do not display distress. In addition, we might expect emotional contagion –

86 bystanders' adoption of the emotional state of those in distress - to be part of such a reaction if the  
87 elephants' affiliative behaviour is part of a more complex, emotionally driven social response (cf.,  
88 Zahn-Wexler, Hollenbeck & Radke-Yarrow, 1984; Zahn-Waxler & Radke-Yarrow, 1990; Zahn-  
89 Waxler et al., 1992; de Waal, 2003; de Waal, 2008; Clay & de Waal, 2013). Thus, we predicted  
90 that the elephants' behavioural and emotional responses would mimic physically and follow  
91 temporally those of distressed conspecifics. Due to the close social bonding within matriarchal  
92 elephant herds and multiple descriptions of emotional reactivity in elephants (e.g., Moss, 1988;  
93 Poole, 1996; Schulte, 2000; Payne, 2003; Bates et al., 2008), we also considered that emotional  
94 contagion – known of many mammals (cf., de Waal, 2003; de Waal, 2008) – might lead to  
95 affiliative interactions among bystanders as well. Thus, we also predicted that bystanders to  
96 distress would make physical or vocal contact with one another, in addition to, or instead of  
97 contact with the first stressed individual.

## 98 **Materials and methods**

### 99 Ethics statement

100 This project was approved by the National Research Council of Thailand and Emory University's  
101 Institutional Animal Care and Use Committee (ID 219-2007Y).

#### 102 (a) Study area and subjects

103 This study was conducted at the Elephant Nature Park (the "Park") in the Mae Tang district of  
104 Chiang Mai province, Thailand. Although the Park owns many of the elephants on-site, some are  
105 leased or contracted so that the general elephant population changed regularly during the study  
106 period. The data in this study refer to 26 elephants with approximate ages ranging from 3-60  
107 years old, although due to unverifiable records, ageing elephants precisely was impossible.

108 Although genetic tests on the relatedness of the elephants were never done, it is reasonable to  
109 conclude based on the relayed life histories of the individual elephants that all individuals, except  
110 for mother-juvenile pairs brought to the Park together, were unrelated. Each elephant was taken

111 care of by one or two mahouts (elephant caretakers) every day. Adult male elephants ( $n = 4$ ) were  
112 completely excluded from the study as they were regularly prevented, for safety and husbandry  
113 reasons, from participating in most of the natural, social interactions within groups. When a  
114 female was first brought to the Park, she was generally allowed to integrate with a smaller group  
115 of elephants. In this study, these smaller, family-like social groups (generally of  $n = 5 - 7$   
116 individuals) were labeled “pseudo-families” because they consisted of closely bonded individuals  
117 akin to a family group but devoid of genetic relatedness. There was no single herd at the Park, but  
118 six individual pseudo-family groups that interacted at specific times during the day. These groups  
119 were delineated based on interviews with the Park mahouts during data collection but prior to  
120 data analysis.

121       Each day, elephants followed a specific routine established by Park management.  
122 Mahouts moved their elephants to a specific location on the property, as a pseudo-family group,  
123 beginning at 0700 hours. They ate at a central location at 1130 hours – fed either by their mahouts  
124 or visiting tourists – bathed communally at 1300 hours and 1630 hours, and returned to their  
125 night shelters, in which they were tethered for the night, at 1700 hours. Mahouts moved elephants  
126 with vocal commands or by grasping their ears or legs and walking them to different locations on  
127 the property. Throughout the day, elephants were left to graze or play in various parts of the  
128 property within their social groups. Although individual elephants were generally allowed to  
129 interact with members of other pseudo-family groups, the mahouts often intervened at  
130 unpredictable times to separate volatile pairings.

131 (b) Defining Distress

132 Because there is very little literature on Asian elephant behaviour in general (but see Sukumar,  
133 2003; Sukumar, 2006; de Silva, Ranjeewa & Kryazhimskiy, 2011), the more detailed literature on  
134 African elephant behaviour (*Loxodonta* genus - e.g., Douglas-Hamilton & Douglas-Hamilton,  
135 1975; Moss, 1988; Poole, 1996; Payne, 2003) is often applied to Asian elephants as well because

136 of their relatively close phylogenetic proximity (Payne, 2003). Douglas-Hamilton and Douglas-  
137 Hamilton (1975) and Lee (1987) describe distress in individual elephants, specifically infants,  
138 based on specific vocalisations and stimuli. Infants give a specific call – either an infant roar or  
139 squeal – and assume an alert posture where the head is raised, the ears are extended, the tail is  
140 raised and the trunk is either raised or stiffened outward (Olson, 2004). Roars, rumbles, and  
141 trumpets are often given in response to infant distress calls, or as a signal of an adult’s own  
142 distress. Using 1) Lee (1987)’s definition of distress events in calves as those that result in “a  
143 dramatic response on the part of other animals ... rushing to assist the calf” (p. 287), 2) Bates et  
144 al. (2008)’s definition of empathic responses to distress as: “A voluntary, active response to  
145 another individual’s current or imminent distress or danger, that actually or potentially reduces  
146 that distress or danger” (p. 208), and 3) a comprehensive ethogram of elephant behaviour with  
147 specific attention to those behaviours occurring when an infant or adult is distressed or agitated  
148 (adapted and expanded from Olson, 2004), we define a distress event in elephants as follows:

149 *A distress event is one resulting from an unseen or seen negative stimulus (e.g. negative*  
150 *mahout intervention, nonspecific intimidation or aggression, pseudo-family group separation,*  
151 *environmental threat or accident) that causes an individual to become agitated and to signal*  
152 *such agitation to others (which can be visually identified with specific changes in body state –*  
153 *ears forward, tail erect - and movement, and acoustically identified by various vocalisations,*  
154 *specifically trumpets, roars and rumbles).*

### 155 (c) General Data Collection

156 We chose locations on the property from which to collect data to ensure both a full view of pre-  
157 selected pseudo-family groups and the observer’s safety. These locations included viewing  
158 platforms constructed specifically for observations, and in fields in close proximity to mahouts.  
159 Observation locations were chosen based on three factors in decreasing priority: 1) safety of  
160 observation vantage point at any given time, 2) view of a maximum number of pseudo-family  
161 groups at the beginning of the observation period, and 3) view of the pseudo-family groups from  
162 which there were the least amount of data. The property was approximately 55 acres in total size,



163 but only 30 acres were observable for this study. The property was divided into four grids for  
164 observation purposes, and an observation location was chosen within a grid based on the  
165 aforementioned factors.

166 On average, data were collected during 1-2 week periods each month from April, 2008 –  
167 February, 2009. General observation periods ran for no less than 30 minutes and no more than  
168 180 minutes per session from 0730 – 1030 and from 1400 – 1630, with scan samples taken every  
169 10 minutes. Data on proximity distance only were collected for relationship quality within  
170 elephant groups. All observation periods began after 10 minutes of no mahout interference on  
171 elephant behaviour, and individual scan samples were cancelled if such interference occurred  
172 within a given 10-minute period. All-occurrence sampling was used for distress behaviours and  
173 the reactions of others to these behaviours (Altmann, 1974). In addition, if an interaction was  
174 clearly and completely observed outside these specific observation periods, the same data were  
175 collected ad-libitum (<20% of total cases), and a subsequent control observation period (see  
176 below) was scheduled.

#### 177 (d) Post-distress data collection - PD and MC observations

178 Although the human staff responsible for the elephants' care artificially constructed the  
179 pseudo-family groups over several years, we focused on spontaneous, affiliative behaviour  
180 reflective of natural, social interactions (de Waal, 1982; Sukumar, 2003; Sukumar, 2006; de Silva,  
181 Ranjeewa, Kryazhimskiy, 2011). Post-distress data for this study were collected at the Park on 26  
182 semi-free ranging individuals in six pseudo-family groups following the PC (post-conflict, or PD,  
183 post-distress) / MC (matched-control) methodology developed for reconciliation and consolation  
184 behaviour in primates (de Waal & Yoshihara, 1983; see Materials and methods for details).

185 The PD period was an observation period in which all approach and affiliative behaviour  
186 was recorded (as was all data on potential stimuli for distress, individuals present within 50 m,  
187 and date, time and weather), for a 10-min block following the first distress display. Because

188 elephant interactions may involve multiple distressed individuals (Lee, 1987), the first individual  
189 to vocalise, or display a distress behaviour was labeled the victim and thus the focal individual in  
190 each PD period. If more than one individual responded simultaneously, the rarest case (if known,  
191 the least-often distressed individual) was chosen for observation. Each PD period was compared  
192 to an MC (matched control) period, or another 10-min block of observation taken of the victim  
193 and bystanders on the next possible day following the PD. An MC period was selected when as  
194 many variables from the PD – in prioritised order: high percentage of original individuals present,  
195 location, time of day and weather – could be maintained, and, most importantly, no new distress  
196 event occurred in the 30 minutes prior to (and during) the period of observation. An MC was  
197 collected within seven days of its corresponding PD (in 80% of PD/MC cases, the MC was  
198 collected within 48 hours). If an MC was conducted when an elephant that had made contact with  
199 the distressed individual in the corresponding PD was absent or more than 25 m away, that  
200 PD/MC observation was excluded from the analysis to avoid biasing the data in favor of our  
201 predictions.

#### 202 (e) Scan-Sampling for Proximity – “Friends” and “Non-Friends”

203 We attempted to differentiate between contact directed toward “friends” (closely-bonded  
204 individuals) and “non-friends” by collecting 68 hours of scan-sampling proximity data (for  
205 procedure, see Romero & de Waal, 2010). Although mahouts did not interfere with most social  
206 interactions within established, elephant pseudo-family groups (and thus we were able to specify  
207 controlled parameters for the PD/MC data), they often discriminately prevented outsiders from  
208 coming too close to avoid potential conflict. Such conflict between elephants at the Park was also  
209 not representative of natural, wild elephant groups (in which conflict is relatively rare), probably  
210 due to a high level of unrelatedness within and between pseudo-family groups at the Park. Thus,  
211 unfortunately, we were forced to exclude the scan-sampling data (and any measure of relationship  
212 quality) from our analysis due to circumstances beyond our control.

213 (f) Analysis

214 We used Wilcoxon signed-ranks tests (two-tailed) to analyse the differences between PD  
215 and MC pairs because of the relatively small sample size. The data were analysed by focal  
216 individual to avoid biasing the data toward any particularly well-represented focal elephant. In  
217 addition, the McNemar test was used to assess the presence or absence of elephant bunching  
218 behavior within PD/MC observations (Siegel & Castellan, 1988). All tests were two-tailed, and  
219 P-values were compared to an alpha level of  $\alpha = 0.05$ .

## 220 **Results**

### 221 *(a) Physical affiliation following distress*

222 To assess reassurance behaviour, we first recorded the timing of the first affiliative  
223 interaction between the victim (the first individual in a group to display distress behaviour, i.e.  
224 vocalisations and body state changes signaling emotional distress or agitation) and any  
225 bystander(s), with physical contact and affiliative vocalisations analysed separately. These data  
226 were collected during the 10-min PD period and then compared to the timing of the first  
227 affiliative interaction in the corresponding MC period. Following standard procedures developed  
228 in primate studies (e.g., de Waal & van Roosmalen, 1979; de Waal & Yoshihara, 1983; de Waal &  
229 Aureli, 1996; Romero & de Waal, 2010), PD/MC pairings were split into three categories:  
230 attracted (pairings in which the first affiliative contact occurred earlier in the PD than in the MC,  
231 or no contact occurred in the MC following contact in the PD), dispersed (contact occurred  
232 earlier in the MC than in the PD or not at all in the PD), and neutral (affiliative contact times did  
233 not differ in the PD and its corresponding MC, or no contact occurred in either) (c.f., de Waal &  
234 Yoshihara, 1983; Veenema, Das & Aureli, 1994; Verbeek & de Waal, 1997; Aureli & de Waal,  
235 2000).

236 There were 84 PD/MC observations (and thus 84 distinct initial instances of distress  
237 signals) across 18 different focal individuals (mean number of PD/MC observations per

238 individual = 9.5, range = 1- 38). Within the 84 PD/MC observations, there were a total of 183  
239 focal-bystander dyads, 171 of which involved at least one affiliative physical contact (e.g. Figure  
240 1) during the PD period (93.4%). 53 of the 84 PD/MC observations included affiliative contact by  
241 multiple individuals directed toward a single focal individual. 12 of the 84 observations were the  
242 result of an identifiable stimulus for distress – either directed aggression or a feature in the  
243 environment (e.g. helicopter, human or dog in close proximity) - that caused distress in a single  
244 individual. The sample size did not allow for further analysis by stimulus type. In our analysis of  
245 affiliative contacts, we were concerned only with the first contacts between bystanders and the  
246 focal individual in each of the 84 PD/MC observations. The majority of affiliative contacts  
247 occurred within the first minute following distress (Figure 2; see Movie S1 for an example of  
248 affiliative contact), and a Wilcoxon signed-ranks test performed on the data by focal individual  
249 showed that the difference in frequency of these contacts per individual subject in the first minute  
250 of the PD (mean  $\pm$  SD = 7.50  $\pm$  8.49) versus the MC (mean  $\pm$  SD = 0.44  $\pm$  0.86) was significant  
251 ( $Z = 3.56$ ,  $n = 18$ ,  $P < 0.001$ ).

252 We categorised attracted and dispersed pairs based on whether or not each interaction was  
253 “solicited” (the focal, distressed individual approached a bystander to seek reassurance) or  
254 “unsolicited” (a bystander was the first to approach the focal, which is sometimes called “true  
255 consolation” in primate studies – Koski & Sterck, 2007; Call, Aureli & de Waal, 2002). When the  
256 first affiliative contacts between the focal individual and bystanders in each of the 84 PD/MC  
257 observations were analysed (the usual first step in assessing consolation data – e.g., de Waal &  
258 van Roosmalen, 1979; de Waal & Yoshihara, 1983; de Waal & Aureli, 1996; Romero & de Waal,  
259 2010), a significant difference was found between the proportion of attracted and dispersed pairs  
260 in both unsolicited ( $Z = 3.31$ ,  $n = 18$ ,  $P < 0.001$ ) and solicited contacts ( $Z = 2.69$ ,  $n = 18$ ,  $P =$   
261  $0.007$ ; Table 1). Across the 18 focal individuals, unsolicited contacts (mean  $\pm$  SD = 8.83  $\pm$  11.93)  
262 occurred significantly more often than solicited contacts (mean  $\pm$  SD = 1.33  $\pm$  1.71;  $Z = 2.47$ ,  $n =$

263 18,  $P = 0.014$ ). The two most prevalent types of physical contact given by bystanders were trunk  
264 touches to another individual's genitals (38.6% of touches), and trunk touches around or inside  
265 another's mouth (35.1%; Figure 3).

266 *(b) Vocal affiliation following distress*

267 Because elephants primarily use acoustic modalities for communication (e.g. Poole, 1996;  
268 Payne, 2003; Nair et al., 2009; de Silva, 2010), we also looked at bystanders' vocalisations in  
269 response to distressed individuals. In a comparison of first bystander vocalisations in the PD and  
270 MC periods, we found that bystanders vocalised earlier following distress than in control periods  
271 in a significant number of PD/MC observations (proportion of attracted pairs: mean  $\pm$  SD =  
272  $97.11\% \pm 8.81\%$ ; dispersed pairs:  $2.22\% \pm 8.61\%$ ) across 18 focal individuals (incidentally, only  
273 three of these focal individuals never had a bystander vocalise when they were distressed:  $Z =$   
274  $3.42$ ,  $N=18$ ,  $P < 0.001$ ). Bystander elephants most often chirped (a vocalisation often emitted  
275 when individuals are in close-proximity to one another – 31.8% of vocalisations) or audibly  
276 trunk-bounced (interpreted as a sign of agitation and distress - 24.7% of vocalisations) following  
277 distress signals from the focal animal (Olson, 2004; Nair et al., 2009; de Silva, 2010, see Figure  
278 3).

279 In addition, we assessed differences in the behaviour of bystanders in relation to the  
280 behaviour of distressed individuals between PD and MC periods. Vocalisations often signal  
281 agitation or excitement in elephants and are usually paired with similarly functioning physical  
282 and postural displays (cf., Olson, 2004). Bystanders adopted the agitated behaviour of the  
283 originally distressed focal individual in the PD (i.e. ears presented forward with an erect tail,  
284 usually followed by vocalisation and simultaneous urination and defecation – Olson, 2004; Bates  
285 et al., 2008), yet showed no such signs of agitation or distress in the MC in 157 of the 171 dyads



286 (91.8%: mean  $\pm$  SD = 8.72  $\pm$  9.51 dyads per focal individual) in which physical contact occurred  
287 (Z = 3.56, n = 18, P < 0.001).

288 (c) *Behaviour among bystanders*

289 The previous results refer to contact by bystanders to a distressed, focal individual, but we  
290 also analysed contact between bystanders in PDs in which there were multiple individuals  
291 present. Bystander-bystander physical contact occurred in 37 of the 84 PD periods, and, like in  
292 victim-bystander contacts, occurred earlier following the victim's distress in the PD period than  
293 in the MC in a significant number of interactions across 19 possible bystanders (proportion of  
294 attracted pairs: mean  $\pm$  SD = 97.37%  $\pm$  8.36%; dispersed pairs: 2.63%  $\pm$  8.36%; Z = 3.85, n = 19,  
295 P < 0.001).

296 Elephants may quickly form a close circle, known as "bunching," around their young in  
297 anti-predator defense (e.g., Moss, 1988; Poole, 1996; Bates et al., 2008). Bunching involves the  
298 coming together of multiple individuals around the distressed elephant so that all individuals are  
299 within trunk's reach of one another (Nair et al., 2009). To systematically assess whether  
300 individual signs of distress trigger such behaviour, we looked at the occurrence/non-occurrence  
301 of bunching in PD/MC observations. We excluded all observations in which less than four  
302 individuals were present (this excluded n = 7 focal individuals altogether). In 30 of the 42  
303 qualifying PD/MC observations, bunching around both juveniles and other adults occurred  
304 following distress and never in the corresponding control periods (McNemar change test  
305 comparing presence or absence of bunching in PD and control periods:  $\chi^2 = 28.03$ , df=1, P <  
306 0.001).

307 **Discussion**

308  Here, we set out to study the affiliative responses of elephants to others,  and found that  
309 they engage in more such responses following distress than during control periods. The elephants  
310 engaged significantly more often in unsolicited physical contacts (bystanders approached and  
311 affiliated with the first-distressed individual) than in solicited contacts (the first-distressed  
312 individual is the initiator of the contact). Bystanders also vocalised toward or in response to  
313 distressed individuals, and made contact with each other significantly more often than in controls.

314 In the study of consolation in animals, the stimulus event is almost always a conflict, and  
315 the roles of the individual participants – victim, aggressor, bystander – are clearly differentiated.  
316 In the present study, in contrast, the labels of “victim” and “bystander” were applied by labeling  
317 the first individual to show distress following a known or unknown stimulus as the “victim”,  
318 while all nearby individuals were labeled “bystanders.” In our study, temporal differences  
319 between displays of distress were rather clear within these pseudo-family groups, with the  
320 bystanders responding with a considerable delay following the victim’s first display of distress.  
321 This makes it unlikely that these responses concerned the same stimulus, and suggests that they  
322 rather concerned the other’s distress. If so, the observed behaviour is to be interpreted in the same  
323 way as consolation in primates, including chimpanzees (Romero, Castellanos & de Waal, 2010;  
324 Romero & de Waal, 2010). Since our study shows that, across distressed individuals, bystanders  
325 initiated affiliative contact more often than did victims, the observed reactions seem similar to  
326 “true consolation” in nonhuman primates (de Waal & Aureli, 1996; Romero, Castellanos & de  
327 Waal, 2010; Romero & de Waal, 2010).

328 In studies of consolation, the matching of another’s emotional state through emotional  
329 contagion (Hatfield, Cacioppo & Rapson, 1994; de Waal, 2003) may imply that the behaviour has  
330 empathic underpinnings. In our study, the emotional response of multiple individuals to mostly  
331 unknown stimuli could be either contagious (multiple individuals adopt the emotional state of  
332 one) or universal (all individuals react with similar emotion to the same stimulus). Substantial

333 anecdotal evidence of emotional contagion in elephants (e.g., Douglas-Hamilton & Douglas-  
334 Hamilton, 1975; Moss, 1988; Poole, 1996; Schulte, 2000; Payne, 2003; Bates et al., 2008)  
335 suggests that they do have the capacity for it, and the aforementioned temporal differences  
336 between the responses of victims and bystanders suggests emotional contagion in this study as  
337 well. However, we acknowledge that both interpretations are possible.

338       It is important to note that this is the first systematic assessment of post-distress affiliative  
339 behaviour in elephants, and that this captive population provided sufficient opportunities to  
340 observe this species' social capacity for reassurance. Future studies on wild elephants should  
341 confirm these results and those presented in anecdotal reports (e.g., Douglas-Hamilton et al.,  
342 2006; Bates et al., 2008; Hart, Hart & Pinter-Wollman, 2008), even though limitations exist on  
343 wild Asian elephant social observations (e.g. dense forest cover and the rarity of consistent, large  
344 family group sightings – Lair, 1997; Sukumar, 2006; de Silva, Ranjeewa & Kryazhimskiy, 2011).  
345 After all, the original studies of consolation in non-human primates were conducted on captive  
346 animals (e.g., de Waal & van Roosmalen, 1979; de Waal & Aureli, 1996) and were confirmed  
347 only later in the wild (e.g., Wittig & Boesch 2003; Kutsukake & Castles 2004).

348       This study of post-distress behaviour is unique in that it goes beyond the traditional  
349 attention to physical contact. The consistent use of vocalisations by bystanders to distress may  
350 serve to reassure others, perhaps independent of or to complement physical touches. Both the  
351 overwhelming number of unsolicited contacts, and the prevalence of specific vocalisations (e.g.  
352 chirping, which may serve as a reassurance vocalisation used when elephants are in close  
353 proximity to each other – Nair et al., 2009; de Silva, 2010) lend support to the notion that  
354 elephants use multiple communicative modalities (tactile and acoustic) in their affiliative  
355 interactions with others (e.g., Langbauer, 2000; McComb et al., 2000; Douglas-Hamilton et al.,  
356 2006; Bates et al., 2008). In addition, a bystander often affiliated physically with a distressed  
357 individual by touching or putting its trunk inside the victim's mouth. This may mirror similar



358 vulnerable contact behaviour seen in chimpanzees, whereby individuals put a finger or a hand  
359 into the mouth of a distressed other (de Waal, 1982; de Waal, 1990; Nishida et al., 2010).

360 Bystander affiliation directed toward others in distress, either in the form of consolation  
361 following conflict or reassurance following another stressful event, is rare in the animal kingdom  
362 possibly due to the unique cognitive mechanisms that may underlie it. Similarities in the  
363 complexity of chimpanzee and elephant social relationships (de Waal, 1982; Payne, 2003; Plotnik  
364 et al., 2006; Bates et al., 2008; de Waal, 2008; Byrne, Bates & Moss, 2009; de Waal, 2009; de  
365 Silva, Ranjeewa, Kryazhimskiy, 2011; Moss, Croze & Lee, 2011; Plotnik et al., 2011) suggest  
366 convergent cognitive evolution that should be further explored through careful analysis of social  
367 networks (de Silva, Ranjeewa & Kryazhimskiy, 2011) and these species' use of multi-modal  
368 communication in negotiating their physical and social environments.

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**Table 1** (on next page)

Solicited and unsolicited affiliative contacts for each focal individual across all 183 focal-bystander dyads, within 84 PD/MC observations.

Columns indicate numbers of attracted (A), dispersed (D) and neutral (N) pairs per individual in both solicited (S) and unsolicited (US) contacts. Totals are provided in italics. The Mean  $\pm$  SD indicates the mean proportion of attracted and dispersed pairs  $\pm$  the standard deviation.

<b>Focal</b>	<b>A (S)</b>	<b>D (S)</b>	<b>N (S)</b>	<b>A (US)</b>	<b>D (US)</b>	<b>N (US)</b>
AU	3	0	0	11	1	1
BT	3	0	0	7	0	1
F	2	0	0	12	0	1
JB	0	0	0	2	0	0
JK	0	0	0	26	0	2
MB	2	0	0	11	0	0
MD	0	0	0	3	0	0
MEL	3	0	0	0	0	0
MK	0	0	0	2	0	0
ML	1	0	0	0	0	1
MLT	0	0	0	2	0	0
MP	6	0	0	1	0	0
MTK	3	0	0	0	0	0
MVL	0	0	0	3	1	0
SB	0	0	0	0	0	1
TD	0	0	0	2	0	0
TJ	1	0	0	33	1	9
TT	0	0	0	19	4	2
<i>Group</i>	<i>24</i>	<i>0</i>	<i>0</i>	<i>134</i>	<i>7</i>	<i>18</i>
Mean $\pm$	100% $\pm$			80.31%	3.19% $\pm$	
SD	0			$\pm$ 32.71	7.23	

*Table 1.* Solicited and unsolicited affiliative contacts for each focal individual across all 183 focal-bystander dyads, within 84 PD/MC observations. Columns indicate numbers of attracted (A), dispersed (D) and neutral (N) pairs per individual in both solicited (S) and unsolicited (US) contacts. Totals are provided in italics. The Mean  $\pm$  SD indicates the mean proportion of attracted and dispersed pairs  $\pm$  the standard deviation.

# Figure 1

Physical contact between elephants following distress included trunk touches to the genitals, mouth and the rest of the head (as seen here).

Photograph taken by E. Gilchrist at the Golden Triangle Asian Elephant Foundation, Chiang Rai, Thailand.

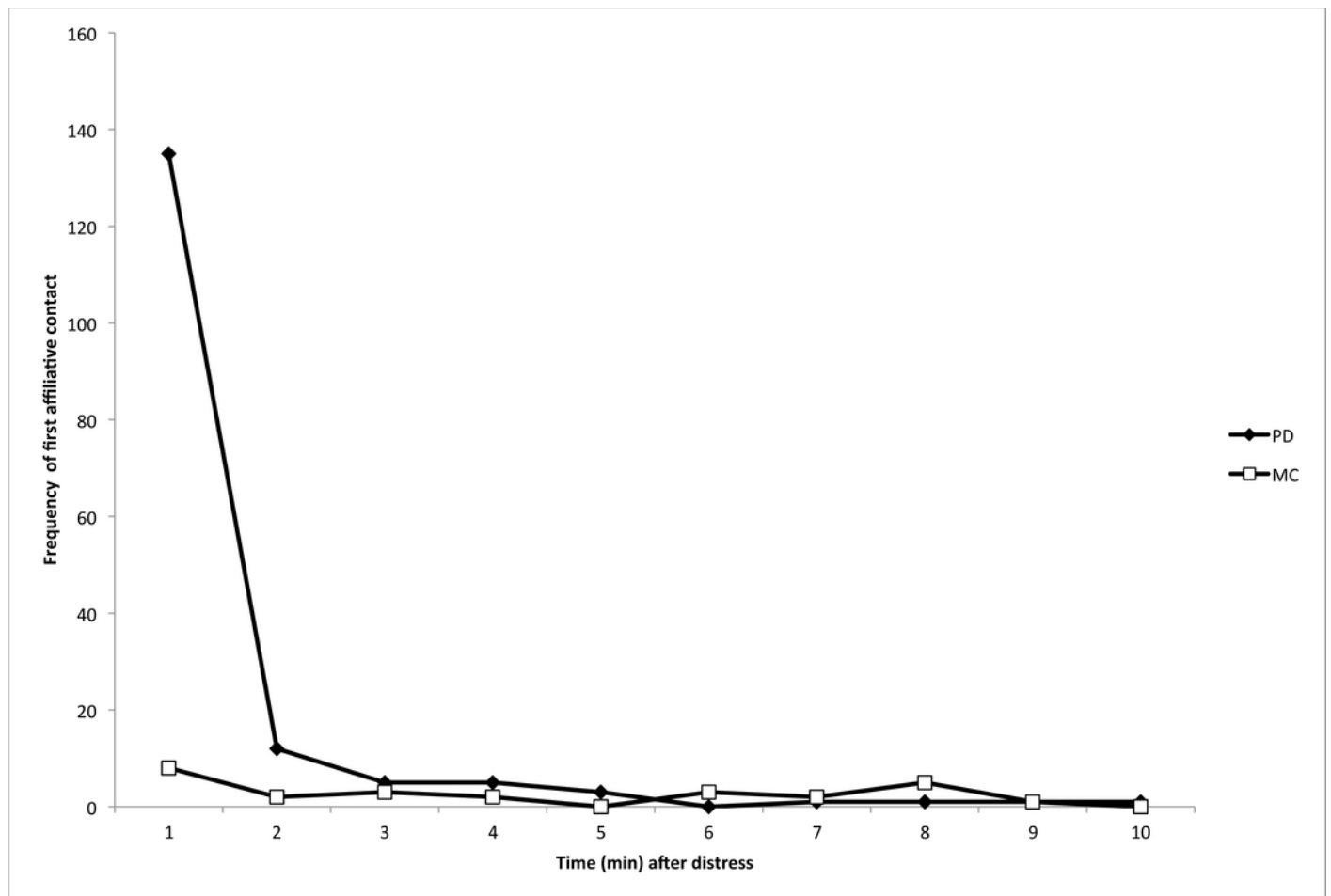




## Figure 2

Temporal distribution of the first affiliative, physical contacts in PD (closed diamonds) and MC (open squares) periods across all dyads.

The number of first contacts occurred overwhelmingly in the first minute following the distress signal, which is consistent with consolation studies in other species (Aureli, van Schaik & van Hooff, 1989). See Movie S1 for an example of physical and vocal contact.



## Figure 3

Frequency of each type of first contact or bystander response.

Vocalisations: VC – chirp, TS – trunk smack or trunk bounce, VT – trumpet, VS – roar, VR – rumble. Touches: TG – genitals, TM – mouth, TF – rest of face / head, TB – rest of body, TT – trunk/trunk, BF – breast-feeding. The y-axis indicates the percent (%) occurrence of each type of vocalisation or trunk touch as the first affiliative contact or response across all dyads.

